

# Spatiotemporal Patterns and Determinants of Undernutrition Among Late Adolescent Girls in Ethiopia Using Ethiopian Demographic and Health Surveys 2000 to 2016: Spatiotemporal and Multilevel Approach.

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## Research Article

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1 **Spatiotemporal Patterns and Determinants of Undernutrition among Late**  
2 **Adolescent Girls in Ethiopia using Ethiopian Demographic and Health Surveys**  
3 **2000 to 2016: Spatiotemporal and Multilevel approach.**

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1 **Abstract**

2 **Introduction:** Under-nutrition of late adolescent girls in Ethiopia is the highest among Southern  
3 and Eastern African countries. However, the spatial and temporal variations of under-nutrition as  
4 a national context is not well understood. This study aimed the spatiotemporal patterns and  
5 determinants of under-nutrition among Late Adolescent Girls in Ethiopia.

6 **Methods:** An in-depth secondary data analysis was conducted from women’s data of four  
7 consecutive Ethiopian Demographic and Health Surveys (EDHS) 2000 to 2016. A total of 12,056  
8 late adolescent girls were included in this study. The global spatial autocorrelation was assessed  
9 using the Global Moran’s I statistic to evaluate the presence of geographical clustering and  
10 variability of undernutrition. The significant cluster scan statistics using Bernoulli model to detect  
11 local clusters of significant high rate and low rates of under-nutrition was explored. Multilevel  
12 binary logistic regression model with cluster level random effects was fitted to determine factors  
13 associated with under-nutrition among Late Adolescent girls in Ethiopia.

14 **Results:** undernutrition was clustered nationally during each survey (Global Moran’s I=0.009-  
15 0.045, Z-score= 5.55-27.24, p value < 0.001). In the final model, individual and community level  
16 factors accounted about 31.67% of the variations for under-nutrition. The odds of being under-  
17 nourished girls in the age groups of 18 -19 years were 57 % (AOR = 0.43; 95 % CI: 0.35 - 0.53)  
18 less likely than those from 15-17 years old. Being in higher educational status was 4.50 times  
19 (AOR= 4.50; 95% CI: 2.33–8.69) more likely to be under-nourished compared with no educational  
20 status. Undernutrition with occupation of sales was 40% (AOR=0.60; 95% CI: 0.43 – 0.84) lower  
21 than those with not working. The odds of being undernourished adolescents were 1.77 times  
22 (AOR=1.77; 95% CI: 1.24 - 2.53) higher than participants with unimproved latrine type. Rural  
23 residents were 2. 35 times (AOR=2.35; 95% CI: 1.41 - 3.92) more likely to be under nourish  
24 compared with urban residents.

25 **Conclusion:** undernutrition among late adolescent girls was spatially clustered in Ethiopia. The  
26 significant high rate of undernutrition was observed in Northern and Eastern Ethiopia. Those  
27 regions with high rates of under-nutrition should design interventions to combat under-nutrition.

28 **Key words:** Spatiotemporal patterns, Undernutrition, Late adolescent girls, Ethiopia  
29

## 1 **Introduction**

2 Adolescence is the period of transition between childhood and adulthood (1) and late adolescent  
3 girls is defined as those female adolescents aged 15–19 years (2). Adolescent girls are vulnerable  
4 to undernutrition because of increased demand of nutrition for growth and development including  
5 sexual development, maturation, and the onset of menarche (3). Adolescent females aged 15-19  
6 years are more affected than women aged 20-49 years for under-nutrition in developing and middle  
7 income countries (2). Under-nutrition among late adolescent girls is the major neglected public  
8 health problem in developing countries including Ethiopia. South Asian region was the highest  
9 burden for undernutrition among adolescent girls in the world (2), followed by Eastern Asian  
10 region (2).

11 Sub-Saharan Africa was also the affected region with the burden of under-nutrition among late  
12 adolescents girls (2). Ethiopia is the second populous country in Africa, next to Nigeria with an  
13 increasing burden of household food insecurity that was affected by recurrent drought and land  
14 degradation, population pressure, instability and social conflict that is linked with adolescent  
15 undernutrition (4). Ethiopia was the first among Eastern and Southern African countries for late  
16 adolescent girls under-nutrition (5). Under-nutrition among adolescent girls in Ethiopia is higher  
17 compared with other African countries and continued to be the major public health problem (6).  
18 During 2016 the prevalence of under-nutrition among late adolescence girls in Ethiopia was 29%,  
19 whereas the proportion of overweight or obese was low (3%) (7). A local study conducted in  
20 Northwestern Ethiopia remarked that nearly 50% of adolescent girls were chronically  
21 malnourished (8).

22 Under-nutrition results in many public health problems. It can affect educational attainment,  
23 future productivity, and increased likelihood of infections like TB, pneumonia and even early  
24 death (9). Evidence showed that undernourished adolescent girls are mostly from stunted young  
25 and preschool children and they will continue to become malnourished mothers in the future who  
26 in turn give birth of low birth weight babies which continues to become intergenerational cycle (10,  
27 11). One in three (33%) late adolescent girl gives birth during her adolescence period that is more  
28 likely to be stunted compared to babies born to mothers who are older than 19 years of age (9).

1 The impact of undernutrition also leads to stillbirths, small-for-gestational-age neonates,  
2 complicated delivery and even maternal death among married late adolescent girls (7).

3 Undernourished adolescent girls are often highly vulnerable to multiple micronutrient deficiencies  
4 such as iron deficiency anemia, Iodine deficiency disorder, Vitamin D and Vitamin A deficiencies;  
5 all of which contribute to the risk of infectious and chronic diseases and leads to DALYs and  
6 premature deaths (3, 12-14). A study done in rural Ethiopia revealed that 27% of undernourished  
7 adolescent girls were anemic and late adolescents were four times higher than early adolescent for  
8 developing anemia (15).

9 Therefore, an intervention of adolescent girls' under-nutrition contributes not only improving their  
10 quality of lives, but also a key target for MCH improvement. It reduces under five children stunting  
11 by 40%, maternal anemia by 50%, LBW by 30% globally (9).

12 Evidence showed that the causes of malnutrition are diverse and complex, but they are categorized  
13 as in to two dimensions: immediate causes like inadequate diet and diseases; underlying causes  
14 such as food insecurity, limited knowledge, local taboos, culture , inadequate health care access  
15 and poor hygiene-sanitation practices (10). Scholars also reported that age groups, being rural  
16 residence, having family size  $\geq 5$ , parents' educational status, dietary diversity score, absence of  
17 latrine in HH, unprotected water source for drinking and food insecure households were  
18 determinant factors of under-nutrition among late adolescent girls (6, 8, 16, 17).

19 In Ethiopia, despite the increased health care coverage, and the government's good commitment  
20 towards agricultural production and productive safety net programs, under-nutrition among  
21 adolescent girls is the continued the major public health problem (5-7). A spatio-temporal study  
22 is useful for exploring high burden of under-nutrition overtime in specific geographical areas  
23 within a community in order to design community-based interventions in such areas. Therefore,  
24 understanding the spatio-temporal patterns and determinates of under-nutrition among late  
25 adolescent girls are important for evidence-based decision making to improve adolescents, women  
26 and also future childhood nutritional status in Ethiopia. However, the spatio-temporal distributions  
27 and determinants of under-nutrition among late adolescent girls at national context is not well  
28 understood in Ethiopia. Therefore, this study contributed spatio-temporal patterns and associated  
29 factors of under-nutrition among late adolescent girls in Ethiopia that is important to design better  
30 interventions at community levels in the country.

## 1 **Methods**

### 2 **The study settings**

3 This was national level study represented 11 regions of urban and rural areas of Ethiopia from data  
4 collected Ethiopia Demographic and Health Surveys (EDHS) 2000 to 2016. EDHS is the  
5 comprehensive and nationally representative surveys conducted in Ethiopia since 2000 as a part  
6 of worldwide DHS program every five years interval (7). Ethiopia is located in the horn of African  
7 and lies between latitudes between 3° and 15° North, and longitudes between 33° and 48° East. It  
8 has a total area of 1,100,000 km<sup>2</sup>. There are nine ethnic based and politically autonomous regional  
9 states and two administrative cities (Addis Ababa and Dire-Dawa) in Ethiopia. The Regions are  
10 subdivided into sixty-eight zones, and then further into 817 districts which are further divided into  
11 around 16,253 Kebeles, the lowest local administrative units (7). Ethiopia is a country with great  
12 geographical diversity; its topographic features range from the highest peak at Ras Dashen, which  
13 is 4,550 meters above sea level, down to the Afar Depression at 110 meters below sea level. The  
14 climatic condition of the country varies with the topography and temperatures as high as 47°C in  
15 the Afar Depression and as low as 10°C in the highlands. Ethiopia is an agrarian country, and the  
16 agriculture is the backbone of the national economy (18). Ethiopian population growth is fast (53.5  
17 million in 1994 census increased to be 114,963,588 in 2020 and under 25 years are 60% (19).

### 18 **Study design and period**

19 This was community based nationally representative cross-sectional survey study in four  
20 consecutive time periods from 2000 to 2016.

### 21 **Population and Eligibility criteria**

22 The source population for this study were all non-pregnant and non-postpartum adolescent girls  
23 aged 15 to 19 years preceding 5 years before the survey in Ethiopia, while the study population  
24 were all non-pregnant and non-postpartum adolescent girls aged 15 to 19 years in Ethiopia who  
25 were in the selected EAs and included in the analysis. Adolescent girls whose outcome variable  
26 was not measured were excluded from the study, but their characteristics had no major difference  
27 from others.

## 1 **Data source, sample size and Sampling techniques of each EDHS data**

2 We accessed the datasets using the website [www.measuredhs.com](http://www.measuredhs.com) after requested from the DHS  
3 program database. A total of 12, 056 late adolescent girls (3, 545 in 2000, 1,550 in 2005, 3,700 in  
4 2011 and 3, 261 in 2016) were included in this study. Sampling weight was done to make  
5 representativeness in each survey. EDHS sample was a representative sample of randomly selected  
6 from the target population. Each interviewed unit (household and individual) represented a certain  
7 number of similar units in the target population (20). A two-stage stratified cluster sampling  
8 techniques for each EDHS data was used and details of methodology was presented from each  
9 EDHS report. In the first stage; a stratified sample of census enumeration areas (EAs) in the urban  
10 and rural areas were selected with complete household listing using systematic probability  
11 sampling based on sampling frame with population and household information from the 1994 and  
12 2007 PHC. In the second-stage: the selection of households was carried out by equal probability  
13 systematic sampling in the selected EAs. In each selected household, late adolescents were  
14 interviewed with an individual questionnaire (5, 7, 21, 22).

## 15 **Study Variables**

16 **The outcome variable:** was late adolescent girls' under-nutrition. It was measured with body  
17 mass index less than 18.5kg/m<sup>2</sup> which was recorded as binary outcome (1- for under-nourished  
18 (BMI < 18.5 BMI kg/m<sup>2</sup>) and else was recorded as 0).

19 **Independent variables:** individual level factors (level one) like Scio-Demographic and Socio-  
20 Economic characteristics and community level factors (level two), are considered to be  
21 determinants of under-nutrition.

### 22 **Individual level factors (level one):**

23 **Socio-demographic factors:** Age of adolescent girls, educational status of adolescents, literacy,  
24 marital status of adolescents, occupation of adolescents, media exposure, religion, head of HH sex  
25 and age, number of HH members, number of < 5 children.

26 **Socio-economic characteristics:** Wealth index, source of drinking water, time to get water, type  
27 of latrine, toilet facilities shared with other HH, anemia status, type of cooking fuel, khat chewing,  
28 alcohol drinking, covered by health insurance

29

1 **Community level factors (level Two):**

2 Region, residence, un-protected water source in the community, community poverty status,  
3 community adolescent's educational achievement, unimproved latrine type in the community.

4 **Operational Definitions**

5 **Under-nutrition:** is defined as nutritional status for which Body Mass Index is less than 18.5  
6 kg/m<sup>2</sup> which is either stunting or underweight (thinness) (23)

7 **Stunting:** Is chronic malnutrition status that is measured by height-for-age z-score of less than -  
8 2SD of the World Health Organization or height <145 cm (2).

9 **Total underweight (thinness):** is defined as both acute and chronic malnutrition status that is  
10 measured by BMI-for-age z-score less than -2SDs from median or BMI <18.5  
11 kg/m<sup>2</sup> (2).

12 **Normal:** is defined as well-nourished individuals with BMI-for-age z-score -2SD to  
13 +1SD or BMI 18.5 kg/m<sup>2</sup> to 24.9 kg/m<sup>2</sup> (2).

14 **Wealth index:** A composite measure of a household's cumulative living standard divided into  
15 5 quintiles using the wealth quintiles data, are derived using principal  
16 component analysis (7).

17 **Community adolescent girls' educational achievement:** A composite measure of adolescent  
18 girls' educational achievement in the community measured with aggregation  
19 of primary, secondary and higher educations categorized in to (1) low [0-0.75]  
20 (2) moderate [0.75-0.99] (3) high [1] divided in to 3 quintiles (7).

21 **Community un-protected water source of drinking:** It is the proportions of un-protected dug  
22 well and spring, tanker truck and surface water in the community measured  
23 above and below median value which was categorized in to (1) not big problem  
24 [0-0.125] (2) big problem [0.125-1] (7).

25 **Data collection and tools**

26 EDHS data was collected through face-to-face interviews using questionnaires at the individual  
27 and house-hold levels. During each EDHS data collection period, women aged 15 to 19 were  
28 asked to give important sociodemographic and economic status and maternal characteristics  
29 related to adolescent under-nutrition in chronological order before five years of each survey (5, 7,  
30 21, 22).

## 1 **Data management and analysis**

2 After extraction, the data were further cleaned, recoded, labeled for further analysis using STATA  
3 version 14 and Microsoft excel. Sampling weight of each variable was done before conducting  
4 analysis to restore for the unequal probability of selection between the strata.

5 **Spatial Analysis:** The global spatial autocorrelation was assessed using the Global Moran's I  
6 statistic (Moran's I) to evaluate the presence of geographical clustering and variability using  
7 ArcGIS Version.10.6. A positive value for Moran's Index indicated a geographical clustering for  
8 undernutrition, while a negative value for Moran's Index indicated a dispersion and if zero value  
9 distributed randomly, when Moran's Index is statistically significant. The local Getis-Ord spatial  
10 statistical tool was used to identify statically significant hotspot and cold spot areas. Hotspot refers  
11 to the occurrence of high prevalence of under-nutrition clustered together on the map, whereas  
12 cold spots refers to the occurrence of low prevalence of undernutrition clustered together on the  
13 map.

14 Kriging interpolation method was used to predict the spatial distribution of undernutrition from  
15 unsampled areas in Ethiopia.

16 We explored spatio-temporal scan statistics using Bernoulli probability model to detect local  
17 clusters of significant high rate and low rates of undernutrition using SaTScan 9.6 software. A  
18 cluster is reported to be statistically significant when its log likelihood ratio (LLR) is greater than  
19 the Standard Monte Carlo critical value (C.V) for  $p\text{-value} < 0.05$ . The maximum likelihood ratio  
20 test statistic showed the most primary cluster compared with the overall distribution of maximum  
21 values. The primary and secondary clusters were identified and LLR was assigned and the p-value  
22 was obtained through the Monte Carlo hypothesis testing with 999 Monte Carlo replicates.

23 **Multilevel analysis:** Multilevel binary logistic regression model was fitted to identify the possible  
24 factors associated with under-nutrition among late adolescent girls in Ethiopia using STATA 14.  
25 We considered to use multilevel models, because each interviewed unit (household and  
26 individual) are hierarchical and nested to EAs (7). Therefore, a two-level model was adopted, by  
27 taking secondary sampling unit (individuals and households) as level-1 units and primary sampling  
28 units (EAs) as level-2 units. The multilevel binary logistic regression model incorporates fixed  
29 effects and cluster-specific random effects to account for the within-cluster correlation of clustered

1 data. Therefore, the two-level fixed and random-effect logistic regression model was presented as  
2 follow:

$$\begin{aligned} 3 \text{ Logit } (Y_{ij}) &= \beta_{0j} + \sum \beta X_i + \gamma Z_j + \epsilon_j \\ 4 \beta_{0j} &= \beta_0 + \mu_j, \mu_j \sim N(0, \sigma^2_\mu) \\ 5 \epsilon_j &= \epsilon_0 + \epsilon_j, \epsilon_j \sim N(0, \sigma^2_\epsilon) \text{-----}(24) \end{aligned}$$

6 In this model,  $\text{logit}(Y_{ij}) = \ln(Y_{ij} / (1 - Y_{ij}))$  is log-odds for undernutrition called ‘the logit link’.  
7 The symbol, ‘ $Y_{ij}$ ’ is a probability of under-nutrition for an adolescent girl  $i$  in any EA, rural/urban  
8 region, ‘ $j$ ’. ‘ $\beta_{0j}$ ’ is the cluster random intercept. ‘ $\epsilon_j$ ’ is the residual for each cluster ‘ $j$ ’. ‘ $\beta$ ’ is fixed  
9 effect regression coefficients and ‘ $X_i$ ’s are level-1 predictors and ‘ $Z_j$ ’ are level-2 factors  
10 (community level) in cluster  $j$ .

11 We considered four models to be fitted for multilevel analysis:

12 **Model I:** Empty model which has no any individual or community level variables; **Model II:**  
13 adjusted for individual-level variables, **Model III:** adjusted for the community level variables and  
14 **Model IV:** adjusted for both the individual and community level variables.

15 Model comparison was done using Akaike’s Information Criterion (AIC) and the model with the  
16 smaller value of AIC was selected as the final best fitted model.

17 Adjusted Odds Ratios (AOR) with their corresponding 95% CI was calculated to identify the  
18 determinants of under-nutrition with P-value of <0.05.

19 In random effects model, we computed Intra-class Correlation Coefficient (ICC), Median Odds  
20 Ratio (MOR) and Proportional Change in Variance (PCV) statistics for measures of variation  
21 between clusters.

22 The fixed effects model has only one source of variability ( $\epsilon_j$ , with its variance  $\sigma^2_\mu$ ), while the  
23 random effects model has two components of variabilities ( $\epsilon_j$  and  $\epsilon_0$  with variances  $\sigma^2_\mu$  and  $\sigma^2_\epsilon$   
24 respectively). These two sources of variability showed the variability between predictors that are  
25 in the same group, measured by the within-group variance  $\sigma^2_\mu$ , and the variability between  
26 observations that are in different groups, measured by the between-group variance  $\sigma^2_\epsilon$ . The  
27 proportion of between-group variance ( $\sigma^2_\epsilon$ ) to total variance ( $\sigma^2_\mu + \sigma^2_\epsilon$ ) is called intra-class  
28 correlation (ICC) (25). It is calculated using the formula:

1 
$$\text{ICC} (\rho) = \frac{\sigma^2 \epsilon}{\sigma^2 \epsilon + \sigma^2 \mu} \text{-----}(26)$$

2 
$$\sigma^2 \mu = \frac{\pi^2}{3} = 3.29 \text{ ----- within-group variance } (\sigma^2 \mu)$$

3 The ICC quantifies the variation of the under-nutrition within clusters. The ICC may range from  
 4 0 to 1. ICC = 0 showed perfect independence of residuals and the observations do not depend on  
 5 clusters. However, ICC = 1 or less than one indicates interdependence of residuals i.e. the variation  
 6 of observations between clusters (26).

7 The MOR (Median Odds Ratio) is defined as the median value of the odds ratio between the area  
 8 at highest risk and the area at lowest risk when comparing two individuals from two different  
 9 randomly selected clusters and it measures the unexplained cluster heterogeneity. The variation is  
 10 between clusters by comparing two persons from two randomly chosen different clusters. It is  
 11 calculated as the following formula:

12 
$$\text{MOR} = \exp\sqrt{2}x VA^2 x 0.6745 = \exp (0.95xVA) \text{ .....}(26)$$

13 VA is the estimated variance of clusters. The MOR is always greater than or equal to 1. If the  
 14 MOR is 1, there is no variation between clusters.

15 The total variation attributed to individual and cluster level factors at each model was measured  
 16 by the proportional change in variance (PCV), which is computed as:

17 
$$\text{PCV} = \frac{VA-VB}{VA} \text{ X } 100 \text{ .....}(26)$$

18 VA is variance of the initial model and VB variance of the model with more terms

19 **Results**

20 **Socio-Demographic and Economic characteristics of participants**

21 During EDHS 2016, more than half 1,949 (60%) of late adolescent girls were from the age group  
 22 of 15–17 years and their median age and its IQR were 17 and 2.00 respectively. The majority of  
 23 the study participants 2,513 (78%) were never married. The majority 2,569 (80%) of them were  
 24 from household of un-improved latrine type. Nearly 1,022 (32%) of households had unprotected  
 25 drinking water source. Among participants 455 (14.12%) and 536 (16.63%) were the poorest and  
 26 the poorer respectively (Table 1).

1 **Table 1: Socio-demographic and economic characteristics of respondents included in the EDHS**  
 2 **2016 analysis.**

<b>Socio-Demographic and Economic characteristics</b>		<b>Weighted frequency</b>	<b>Percent</b>
Age groups:	15-17	1,948.94	60.5
	18-19	1,273.42	39.5
Religion:	Orthodox	1,374.31	42.65
	Catholic	20.23	0.63
	Protestant	793.01	24.61
	Muslim	1,013.12	31.44
	Others	21.69	0.67
Current marital status:	never married	2,513.15	77.99
	Married	545.59	16.93
	living with partner	19.12	0.59
	Widowed	1	0.03
	Divorced	96.31	2.99
	Separated	20	0.61
source of drinking water:	protected	2,084.92	64.70
	un-protected	1,021.77	31.71
	Others	115.67	3.59
Time get drinking water:	Less than 30 minutes	988.07	30.66
	30 minutes or longer	1,366.99	42.42
	Water on premises	742.71	23.05
	Others	124.58	3.87
Type of toilet facility:	Improved	533.53	16.56
	Not improved	2,568.62	79.71
	Others	120.21	3.73
Wealth index	poorest	454.99	14.12
	Poorer	535.94	16.63
	Middle	608.87	18.90
	Richer	687.32	21.33
	Richest	935.23	29.02

3 **Community level characteristics of late adolescent girls' under-nutrition in Ethiopia**

4 Among under-nourished late adolescent girls, the majority (83.89%) of them were living in rural  
 5 areas of Ethiopia (Table 2). This study showed that the prevalence of under-nutrition among late  
 6 adolescent girls had decreased over time for the past 15 years. It had decreased from 36.79% (95%  
 7 CI: 34.11-39.54) in EDHS 2000 to 28.22%, 95% (CI: 26.02-30.52%) in EDHS 2016, but it was

1 increased from 30.86 (95% CI: 27.84 -34.04) in 2005 to 34.82% (95% CI: 32.27-37.47) in  
 2 2011(Table 3).

3 **Table 2: Community level characteristics of respondents included in the EDHS 2016.**

Community variables	not under-nourished Weighted Freq. (%)	under-nourished Weighted Freq. (%)	Total (%)
Residence: Urban	604.049 (80.49)	146.45 (19.51)	750.50 (100)
Rural	1,709.06 (69.14)	762.80 (30.86)	2,471.86 (100)
Community poverty status: Lower	1,234.12 (70.74)	510.56 (29.26)	1,744.67 (100)
Higher	1,078.99 (73.02)	398.69 (26.98)	1,477.68 (100)
Community un-improved latrine not big problem	747.76 (72.85)	278.61 (27.15)	1,026.37 (100)
big problem	1,565.35 (71.28)	630.64 (28.72)	2,195.99 (100)

4 **Table 3: The prevalence of under-nutrition among late adolescent girls in Ethiopia, EDHS 2000,**  
 5 **2005, 2011 and 2016**

Sr.No.	EDHS	Weighted Prevalence of under-nutrition %	95% CI
1	2000	36.79	34.11 – 39.54
2	2005	30.86	27.84 – 34.04
3	2011	34.82	32.27 – 37.47
4	2016	28.22	26.02 – 30.52

6 There was temporal and regional variation of under-nutrition among late adolescent girls in  
 7 Ethiopia. In EDHS 2000 the prevalence of under-nutrition was higher (greater than national  
 8 average) in regions of Afar (38.93%), SNNPR (40.94%), Tigray (42.55%), Amhara (42.72%),  
 9 Ben-Gumuz (48.16%), and Somali region (54.64%), whereas in regions of Addis Ababa (23.28%),  
 10 Oromia (31.93%), Harari (33.43%) and Dre-Dawa (34.95%) was lower. Similarly, in EDHS 2005  
 11 the prevalence of under-nutrition was higher in Somali (57.39%), Tigray (46.43%), Afar (46.34%),  
 12 Amhara (37.87%) and Dre-Dawa (37.50%) regions, while Addis Ababa (18.15%), Harari  
 13 (21.95%), Oromia (25.43%) and SNNPR (27.13%) were observed as lower. Likewise, in 2011,  
 14 the under-nutrition among late adolescent girls was reported as higher in regions of Tigray  
 15 (52.31%), Afar (46.74%), Amhara (44.86%) and Somali (42.48%), while Addis Ababa (21.25%),  
 16 SNNPR (24.33%), Gambela (26.08) and Dire-Dawa (29.22%) were reported as lower. During

1 EDHS 2016, the higher prevalence of under-nutrition was observed in the regions of Somali  
2 (45.14%), Tigray (43.31%) and Afar (42.99%), Gambela (38.29%) Amhara (34.32%), regions  
3 whereas SNNPR (17.37%), Addis Ababa (20.35% and Benishangul Gumuz (20.78%) were  
4 reported as lower prevalence. Four regions (Tigray, Afar, Amhara and Somali) had higher  
5 prevalence in 2000 to 2016 EDHS period, while Addis Ababa and Oromia were in lower  
6 prevalence (Table 4).

### 7 **Spatiotemporal distributions of under-nutrition among late Adolescent girls in** 8 **Ethiopia, EDHS 2000, 2005, 2011 and 2016**

9 During EDHS 2000, the prevalence of under-nutrition among late adolescent girls was spatially  
10 distributed with regional variations. In the figure below, the red color showed the highest  
11 prevalence of under-nutrition that was observed in Eastern & Southern Tigray, eastern Amhara,  
12 Somali region, southwestern Oromia region, SNN, while the green color was with the lowest  
13 prevalence which covered Tigray, Amhara, Oromia, SNNPR, Gambela regions (Fig. 1 A);

14 Similarly, in EDHS 2005, the highest prevalence of under-nutrition was observed in central and  
15 southern Tigray, Amhara region eastern, SNNPR and Gambela region, while the lowest prevalence  
16 was distributed throughout the regions in the country (Fig. 1 B);

17 In EDHS 2011, the highest prevalence was determined in regions of Tigray, Afar, Eastern Amhara,  
18 Gambela, whereas the low prevalence (blue color) was distributed throughout all of the regions,  
19 (Fig.1 C);

20 Likewise, EDHS 2016 showed that the highest prevalence of under-nutrition among late  
21 adolescent girls was observed in Southern Tigray, Eastern Amhara, Gambela, Somali region and  
22 Harari, while western Amhara region, Oromia region, Benishangul Gumuz, SNNPR, Addis Ababa,  
23 Dire-Dawa were in the lowest prevalence of under-nutrition (Fig. 1, D).

24 Each point data on the map below represents one cluster that showed a number of under-nutrition  
25 cases. The rate of under-nutrition was persistent over 15 years in regions Tigray, Afar, Northern  
26 & Eastern Amhara, Southern Somali region and Gambela region.

27 **Figure 1: Spatial distribution of late adolescent girls' under-nutrition in Ethiopia, EDHS 2000 to**  
28 **2016.**

## 1 Global spatial autocorrelation analysis (Moran's I) of undernutrition

2 The spatiotemporal patterns of under-nutrition among late adolescent girls were not-random in  
3 Ethiopia in each consecutive EDHS period. The global spatial autocorrelation analysis of each  
4 survey showed that there were significant clustered patterns of under-nutrition across the country  
5 (Global Moran's  $I=0.042$ , Z-score= 5.55, p value < 0.001 in EDHS 2000; Global Moran's  $I=0.009$ ,  
6 Z-score= 5.94, p value < 0.001 in EDHS 2005; Global Moran's  $I=0.045$ , Z-score =27.24, p value  
7 <0.001 in EDHS 2011 and Global Moran's  $I=0.030$ , Z-score =21.92, p value < 0.001 in EDHS  
8 2016). Generally, in each output, the Z-score is high and positive with highly significant p-value  
9 which showed 99% confidence for clustering of under-nutrition across regions in Ethiopia (Fig.2  
10 A-D). The figures bellow showed that the clustered patterns (on the right side) of high rates of  
11 under-nutrition across regions in Ethiopia. The bright red and blue colors (to the right and left  
12 side) indicated increased significance level for which the likelihood of clustered patterns occurred  
13 by random chance were less than 1% (Fig.2 A-D).

14 **Figure 2:** Spatial patterns of undernutrition among late adolescent girls in Ethiopia (2000, 2005,  
15 2011 and 2016).

## 16 Hot spot Analysis (Getis-Ord $G_i^*$ ) of undernutrition among late adolescent girls in 17 Ethiopia, EDHS 2000 to 2016

18 During EDHS 2000, the hot spot areas of under-nutrition among late adolescent girls were  
19 observed in regions of Tigray, Afar, Eastern Amhara, Southwest and South East Oromia, Somali,  
20 SNNPR, whereas western Amhara region and Northern and Eastern Oromia were reported as cold  
21 spots (Fig. 3 A). Similarly, in 2005, the hot spot areas of under-nutrition were observed in regions  
22 of Tigray, Afar, Northern and Eastern Amhara, while, the cold spot areas were seen in southern  
23 parts of Amhara region, Oromia region, Benishangul Gumuz, SNNPR and Addis Ababa (Fig.3 B).

24 Likewise, in 2011, the hot spot areas of under-nutrition among late adolescent girls in Ethiopia  
25 were identified in Tigray, Western and Eastern Afar, Northern and Eastern Amhara, while the cold  
26 spot areas were seen Southern Amhara, Eastern Oromia, Southern Somali, and Benishangul  
27 Gumuz and Gambela regions (Fig. 3 C). During EDHS 2016, statistically significant hot spot  
28 areas were observed in regions of Tigray, Northern and eastern Amhara region, Afar, Eastern  
29 Somali region, and Gambela. The statistically significant cold spot areas were observed in regions

1 of Southern Amhara, Oromia, SNNR, Benishangul Gumuz, Harari, Addis Ababa, Dire-Dawa  
2 (Fig.3 D). From the figure below, red and yellow colors showed significant clusters of high risk  
3 (hotspot) areas of undernutrition while green and blue colors showed significant clusters of low  
4 risk (cold spot areas)

5 **Figure 3: Hotspot analysis of under-nutrition among late adolescent girls in Ethiopia, 2000, 2005,**  
6 **2011 and 2016**

### 7 **Cluster and Outlier Analysis (Anselin Local Moran's I) of undernutrition among late** 8 **adolescent girls in Ethiopia, 2000, 2005, 2011 and 2016**

9 During EDHS 2000, statistically significant high-high local clusters (high rates of undernutrition)  
10 were observed in Tigray, southern Afar region, Eastern Amhara, Southwest and Southeast Oromia,  
11 Somali region, Northern SNNPR region whereas, the local low-low clusters were observed in  
12 Addis Ababa and around its borders, Southern Oromia, Gambela and Dire-Dawa. The significant  
13 outliers such as low-high were happened in Central Tigray, Eastern Amhara, Southwest Oromia,  
14 Somali region, SNNPR, while high-low outliers were observed in Eastern Amhara, Northern,  
15 Southern and Eastern Oromia and Benishangul Gumuz (Fig. 4 A).

16 Likewise, EDHS 2005 showed that the significant high-high clusters were observed in Tigray and  
17 Northern Amhara regions, while the low-low clusters were occurred in most parts of Oromia,  
18 Addis Ababa, SNNPR and Benishangul Gumuz regions. The low-high outlier was seen in Eastern  
19 and southern Tigray; Northern and Eastern Amhara and Eastern Afar; whereas high-low clusters  
20 were seen in East Amhara, Northern and Southwest Oromia, Northern and western SNNPR and  
21 Benishangul Gumuz (Fig. 4 B).

22 The local cluster and outlier analysis of EDHS 2011 revealed that the significant high-high  
23 significant clusters were identified in Tigray, Amhara (Northern and Eastern) and Afar, whereas  
24 the low-low clusters were occurred in Addis Ababa, Oromia, SNNPR, and Benishangul Gumuz  
25 regions. The low-high outliers were observed in Tigray, Afar and Eastern Amhara, while Addis  
26 Ababa, Oromia, SNNPR and Benishangul Gumuz were reported as high-low outliers. (Fig. 4 C).  
27 Similarly, EDHS 2016 showed that the high-high significant cluster areas were observed in regions  
28 of Tigray, Northern and Eastern Amhara, Afar, Eastern Somali and Gambela region, whereas the  
29 low-low significant clusters were observed in Southern Amhara, Addis Ababa, Dre-Dawa,

1 Oromia, SNNPR and Benishangul Gumuz regions. The low-high outliers were observed in Tigray  
2 region, Afar, Northern and Eastern Amhara and Gambela regions while Addis Ababa, Dire-Dawa,  
3 Southern Amhara, Oromia region, SNNPR, Southern Somali and Benishangul Gumuz regions  
4 were reported as high-low outliers (Fig. 4D). From the figure below, High-High means high rates  
5 of undernutrition surrounded by high rates; High-Low means high rates of undernutrition  
6 surrounded by low rates of undernutrition; Low-High means low rates of undernutrition  
7 surrounded by high rates. Low-Low means low rates of undernutrition surrounded by low rates.

8 **Figure 4: Cluster and Outlier Analysis of undernutrition among late adolescent girls in Ethiopia,**  
9 **EDHS 2000 to 2016.**

### 10 **Spatial interpolation of undernutrition among late adolescent girls in Ethiopia**

11 Ordinary Kriging method of interpolation analysis in EDHS 2000 showed that there was the  
12 highest prediction of under-nutrition among late adolescent girls from unsampled areas in Tigray,  
13 Afar, Eastern Amhara region, Southwestern and Southeastern Oromia, Somali, Southwestern  
14 NNPR and parts of Beninshangul Gumuz regions, while the lowest rates of under-nutrition were  
15 being predicted in Addis Ababa and its surrounding and some parts of Gambela region. From the  
16 figure below the red color represented the highest predicted risk while, the green color indicated  
17 the lowest rates of prediction (Fig. 5 A).

18 Similarly, EDHS 2005 revealed that the highest prediction of under-nutrition among late  
19 adolescent girls from unsampled enumeration areas were in Tigray, Northern Afar, Northeastern  
20 Amhara region. The lowest rates of under-nutrition during EDHS 2005 were observed in Addis  
21 Ababa, most parts of Oromia region and SNNPR (Fig.5 B).

22 Ordinary Kriging interpolation analysis of EDHS 2011 remarked that the highest prediction of  
23 under-nutrition risk among late adolescent girls from unsampled cluster areas were observed in  
24 Tigray, Afar, Northern and Eastern Amhara region while, the lowest rates of under-nutrition  
25 were observed in Addis Ababa, Oromia and SNNPR region (Fig. 5 C).

26 Likewise, during EDHS 2016, the highest prediction of under-nutrition risk among late adolescent  
27 girls from unsampled cluster areas were identified in Tigray, Afar, Eastern Amhara region and

1 eastern Somali region, while, the lowest rates of under-nutrition were observed in Addis Ababa;  
2 Oromia and SNNPR (Fig.5 D).

3 **Figure 5: Ordinary kriging interpolation of under-nutrition among late adolescent girls in Ethiopia,**  
4 **EDHS 2000-2016**

### 5 **Spatiotemporal scan statistical analysis of under-nutrition among late adolescent** 6 **girls in Ethiopia, EDHS 2000 to 2016 using SaTScan software 9.6**

7 During EDHS 2000, a total of 153 significant clusters were identified in three clusters. The primary  
8 significant big cluster of spatial windows encompassed Tigray, most parts of Afar and Northern  
9 and Eastern Amhara regions. It was located at 13.883741 N, 39.162985 E with 364.77 km radius.  
10 Clusters in the primary windows were 1.31 times higher risk of undernutrition than those outside  
11 the window (RR=1.31, LLR=13.46, P-value <0.001). The primary small significant window  
12 included Harari and Northern Somali region which was centered at 9.506756 N, 42.621090 E with  
13 51.27 km radius. It was 1.73 times higher risk of undernutrition than outside the windows  
14 (RR=1.73, LLR=11.69 P-value < 0.01. The second spatial window covered Southwest Oromia and  
15 Northern borders of SNNPR that was located at 8.245203 N, 37.785581 E with 74.06 kms radius.  
16 Clusters in the second widow was 1.59 times more risk than outside this window RR=1.59, LLR=  
17 10.03, P-Value < 0.05), respectively (Table 5 and Fig. 6 A). In EDHS 2005, a total of 36 significant  
18 the most likely clusters were identified that encompassed mainly Tigray region but also touched  
19 borders of Northern Amhara region. It was located at 14.108312 N, 38.288215 E with 134.64 km  
20 radius. Clusters in primary windows were 1.79 times more risk than those outside the window  
21 (RR=1.79, LLR=13.02, P-value<0.001) (Table 5 and Fig. 6 B). During EDHS 2011, a total of 129  
22 significant clusters were identified in the primary cluster. The significant cluster of spatial  
23 windows encompassed mainly Eastern and Southern Tigray region Afar, Eastern and Northern  
24 Amhara and parts of Northern Somali region. It was located at 12.635948 N, 40.297925 E with  
25 308.64 km radius. Clusters in primary windows were 1.71 times higher risk than those outside the  
26 window (RR=1.71, LLR=67.07, P-value<0.001) (Table 5 and Fig. 6 C). During EDHS 2016 a  
27 total of 208 significant clusters were identified in three clusters. The most likely significant cluster  
28 of spatial windows encompassed central, Eastern and Southern Tigray, Afar and Eastern Amhara  
29 region and some parts of Northern Somali region. It was located at 12.569937 N, 40.396640 E

1 with 322.17 km radius. Clusters in the primary window were 1.77 times more risk than those  
 2 outside the window (RR=1.77, LLR=54.45, P-value<0.001). The second significant window  
 3 included mainly Gambela region but also borders of Western Oromia region. The third spatial  
 4 window encompassed most of parts Somali region and around a boundary of Oromia region. The  
 5 second and the third windows were located at 8.309769 N, 33.805118 E / 105.98 km radius and  
 6 5.589269 N, 44.175032 E with 355.80 km radius. Clusters in second and third windows were 1.78  
 7 and 1.66 more higher risk of undernutrition than outside these windows (RR=1.78, LLR=14.92,  
 8 P-value < 0.001 and RR=1.66, LLR= 11.19, P-Value < 0.01), respectively (Table 5 and fig6).

9 [Figure 6: Cluster analysis of under-nutrition among late adolescent girls in Ethiopia, 2000, 2005,](#)  
 10 [2011 and 2016.](#)

11 **Multilevel analysis**

12 **Model comparison and cluster variation**

13 Model comparison was done using AIC. Model IV or full model with the smallest value of AIC  
 14 (3511.477) was taken as the best fitted model (Table -6).

15 **Table 6: Model comparison between DIC, AIC and BIC**

Model	AIC
I	3721.823
II	3561.566
III	3650.787
IV	3511.477*

16 \*Best fitted model: AIC is the best fitted model (the smallest one)

17 The ICC value for null model was 15.53% which informed us to choose GLMM over the basic  
 18 model. (Table -7). The null model showed that under-nutrition among late adolescent girls was not  
 19 random across the communities ( $VA^2 = 0.60$ ;  $P < 0.001$ ).

20 Intercept only model revealed that 15.53% of variation in the odds of late adolescent girls' under-  
 21 nutrition could be attributed to community level factors based on the output of ICC value. The full  
 22 model after adjusting the individual and community level factors revealed that the variation in

1 under-nutrition across the communities is statistically significant. About 11.6% of the odds of  
 2 under-nutrition variation across communities was observed in the full model (Table-7).

3 The MOR also showed that under-nutrition among late adolescent girls was attributed to  
 4 community level factors. The MOR for under-nutrition was 1.78 in the intercept only model; this  
 5 indicated that there is variation between communities (clustering). The MOR value was decreased  
 6 to 1.48 in model IV, when we added all variables that indicated the community level variations of  
 7 under-nutrition (Table-7).

8 The total variation attributed to individual and cluster level factors at each model was measured  
 9 by the proportional change in variance (PCV) which was computed as 1.87%, 39.76%, and 31.67%  
 10 in model II, model III and model IV respectively. This showed that there is clustering within  
 11 communities that informed us to use multilevel analysis (Table-7).

12 **Table 7: The measure of variation for under-nutrition among late adolescent girls at cluster level**  
 13 **by multilevel binary logistic regression analysis**

Measure of variation	Model – I <sup>a</sup>	p-value	Model-II <sup>b</sup>	P-value	Model-III <sup>c</sup>	P-value	Model- IV <sup>d</sup>	P-value
Community level Variance (SE)	0.6047 (0.1057)	<0.001	0.5934 (0.1259)	<0.001	0.3643 (0.079)	<0.001	0.4132 (0.0945)	<0.001
ICC %	15.53		5.39		9.97		11.16	
PCV %	Ref.		1.87		39.76		31.67	
MOR	1.78		1.76		1.41		1.48	
Model fit statistics for best fitted model								
AIC	3721.823		3561.566		3650.787		3511.477*	

14 SE= standard error; ICC= intraclass correlation; PCV = Proportional Change in Variance,  
 15 expresses the change in the cluster level variance between the null model and the individual  
 16 level model, and between the individual level model and the model further including the  
 17 community level covariates; MOR=Median Odds Ratio; DIC=Devian's information criteria

18 Model I<sup>a</sup>–Empty model without any explanatory variable.

19 Model II<sup>b</sup> - Adjusted for individual-level factors

20 Model III<sup>c</sup> - Adjusted for community-level factors

21 Model IV<sup>d</sup> – Full model adjusted for both individual and community-level factors

## 1 **Determinants of under-nutrition among late adolescent girls in Ethiopia**

2 Individual and community level factors were selected using enter methods at 0.2 significance level  
3 in bi-variable analysis.

4 The results of multilevel logistic regression models for individual and community level factors are  
5 showed in Table below. In the final full model, that means all individual and community level  
6 determinants are combined, factors such as late adolescent girls' age, educational status, marital  
7 status and occupational status, age of household head, time to get drinking water, listening to radio  
8 type of toilet facility, region and place of residence were significantly associated with late  
9 adolescent girls' under-nutrition (Table -8).

### 10 **Individual level factors**

11 The odd of being under-nourished among late adolescent girls in the age group of 18 -19 years  
12 were 57 % (AOR = 0.43; 95 % CI: (0.35 - 0.53) lower than those 15-17 years old. Late adolescent  
13 girls with higher educational status were 4.50 times (AOR=4.50; 95% CI: (2.33 – 8.69) more likely  
14 to be under-nourished than those with no educational status. Late adolescents with divorced  
15 marital status were 46% (AOR=0.54, 95% CI: (0.30 – 0.97) less likely for undernutrition compared  
16 with never married. The odd of being under-nourished among late adolescent girls with occupation  
17 of sales were 40% (AOR=0.60; 95% CI: 0.43 – 0.84) lower than not working adolescents. Late  
18 adolescent females with household head in the age group of 35-44 were 1.79 times (AOR=1.79,  
19 95% CI: (1.13 - 2.83) than 15-24 years. The odds of undernutrition were 1.77 times (AOR=1.77;  
20 95% CI: (1.24 - 2.53) higher than those participants with un-improved latrine type. Participants  
21 with frequency of listening to radio at least once a week were 28% (AOR= 0.72; 95% CI: (0.56  
22 – 0.93) less likely to be under-nourished than those without listening radio (Table -8).

### 23 **Community level factors**

24 The odds of late adolescent girls' under-nutrition in Amhara, 47% (AOR= 0.53; 95% CI: (0.35 -  
25 0.81), Oromia 67% (AOR=0.33; 95% CI: (0.21 - 0.53), Benishangul 77% (AOR=0.23; 95% CI:  
26 (0.08 - 0.65) and SNNPR 82% (AOR= 0.18; 95% CI: 0.10 - 0.30) were lower compared with  
27 Tigray region respectively.

28 The odds of late adolescent girls' under-nutrition among rural residents was 2.35 times higher  
29 (AOR=2.35; 95% CI: 1.41- 3.92) than urban residents (Table -8).

## 1 Discussion

2 The current study showed that the prevalence of under-nutrition among late adolescent girls was  
3 decreased through over time on the past 15 years in Ethiopia. It had decreased from 36.79%, 95%  
4 CI: (34.11-39.54) in EDHS 2000 to 28.22%, 95% CI: (26.02-30.52%) in EDHS 2016. This could  
5 be due to the fact that the government gives attention for improvement of agricultural production  
6 and productive safety net programs in Ethiopia. However, there was regional variation of under-  
7 nutrition. Four regions namely, Tigray, Afar, Amhara and Somali had higher prevalence (greater  
8 than national average) during each survey period, while Addis Ababa and Oromia regions were in  
9 the lower prevalence. This might be due to the fact that decreased amount of rainfall distribution  
10 and recurrent drought attack in Northern and Eastern parts of the country. Under-nutrition was  
11 spatially clustered nationally during each survey. The spatial distribution of under-nutrition during  
12 each survey period was mainly in Northern, Eastern and some Western parts of the country  
13 including Tigray, Afar, Eastern Amhara, Harari, Somali and Gambela regions. These variations  
14 might be because of recurrent attack of drought, climate changes and rain fall distributions, land  
15 degradation and soil erosion for crop production in above regions of Ethiopia in different time  
16 periods. In this study, the local spatial statistics showed that spatial variation of under-nutrition in  
17 different parts of Ethiopia. In 2000 survey, statistically significant hotspot areas of late adolescent  
18 girls' under-nutrition were observed in regions of Northern and Eastern Tigray, Afar, Eastern  
19 Amhara, Southwest & Southeast Oromia, Somali and Northern and Western SNNPR, where as in  
20 2005 survey, the hot spot areas of under-nutrition were restricted in Northern and North Eastern  
21 parts of the country. This might be related with seasonal attack of drought and decreased rainfall  
22 distributions which makes difficulties for crop production. Likewise, during 2011, the hot spot  
23 areas of under-nutrition were observed mainly in three regions (Tigray, Western and Eastern Afar  
24 and Northern and Eastern Amhara regions), while in 2016 survey, statistically significant hot spot  
25 areas were observed in the regions of Tigray, Northern eastern Amhara, Afar, Eastern Somali  
26 region, and Gambela region. This might be attributed with recurrent attack of drought in Northern  
27 and Eastern parts of the country. Agriculture is mainly affected by climate changes in Ethiopia  
28 (27). During 2015, El Niño drought which was one of the strongest droughts in Ethiopian that  
29 caused more than 27 million people for became food insecure that is one of the determinants of  
30 undermatron (4).

1 This study also revealed that the highest prediction of under-nutrition prevalence was observed in  
2 different regions in different time periods. In 2000 survey, the highest prediction of undernutrition  
3 prevalence among late adolescent girls from unsampled areas were observed in regions of Tigray,  
4 Afar, Eastern Amhara region, Southeast and Southwest Oromia, Somali region, Western NNPR  
5 and parts of Beninshangul Gumuz regions. Likewise, EDHS 2005 revealed that the highest  
6 prediction of under-nutrition from unsampled enumeration areas were seen in Tigray, Northern  
7 Afar, Northern and Eastern Amhara region. Similarly, EDHS 2011 showed that the highest  
8 prediction was restricted in three regions ( Tigray, Afar and Northern & Eastern Amhara). During  
9 EDHS 2016, the highest prediction of under-nutrition among late adolescent girls from unsampled  
10 enumeration areas were observed in Tigray, Afar, Eastern Amhara region, Southern Somali  
11 region and Gambell region.

12 This study showed that a number of statistically significant clusters with high and low rates that  
13 were mainly observed in Northern and Eastern parts of Ethiopia during survey periods. In 2000  
14 survey, there were a total of 153 statistically significant SaTScan clusters detected for under-  
15 nutrition with high prevalence that encompassed Tigray, Afar and Amhara regions, whereas during  
16 2005 survey, a total of 36 significant clusters were identified in the primary cluster that  
17 encompassed mainly Tigray region. Likewise, during EDHS 2011 a total of 129 significant  
18 clusters with high prevalence of under-nutrition were identified in the primary cluster that  
19 encompassed mainly Eastern and Southern Tigray region, Afar, Eastern Amhara and Northern  
20 Somali region. during EDHS 2016 a total of 208 significant clusters were identified in three  
21 clusters in which the primary significant cluster of spatial windows encompassed central, Eastern  
22 and Southern Tigray, Afar and Eastern Amhara region and Northern Somali region. The second  
23 significant window included Gambela and Western Oromia regions and the third spatial window  
24 encompassed most of parts Somali region and around a boundary of Oromia region. These high  
25 rates of undernutrition with significant clusters in different regions may be attributed to because  
26 of 2015 El Nino drought that affected food securities in above regions because of significant  
27 rainfall decrement and many livestock deaths in Afar, Somali and Oromia pastoralists (4, 28).

28 The current study identified that the regional variation of under nutrition among late adolescent  
29 girls was attributed to both individual and community level factors. In the final full model,  
30 individual and community-level factors accounted for about 31.67% of the variations for under-

1 nutrition among late adolescent girls. Multilevel analysis of this study showed that different  
2 individual and community level factors influenced under-nutrition among late adolescent girls in  
3 Ethiopia.

4 In individual level factors, the age groups of late adolescent girls were significantly associated  
5 with under-nutrition: The odds of being under-nourished among late adolescent girls in the age  
6 group of 18 -19 years were 57% less likely than those 15-17 years old. This may be because of  
7 synergistic effect of growth velocity during puberty when peak height velocity occurs and  
8 endocrine factors are also essential for promoting normal adolescent growth and are sensitive to  
9 under-nutrition (12). This was supported by a study in Northwestern Ethiopia (29), the age  
10 groups of 15–17 years were 2 times more higher for being under-nourished than 18-19 years old  
11 adolescents. On the other hand, adolescent girls after 18 years may be engaged into marriage and  
12 may be better access to eating patterns in economically limited families. In contrast with above,  
13 study from India (30) showed late adolescents were less likely for undernutrition compared with  
14 early adolescents.

15 The current study identified that late adolescent girls with higher educational status were 4.50  
16 times more likely to be under-nourished compared with no educational status. This may be  
17 attributed to girls are more vulnerable for the influences of cultural and gender norms, which often  
18 discriminate against frequent feeding and when dietary intakes are suboptimal, anemia and  
19 micronutrient deficiencies are high among adolescent girls (12). On the other hand, during higher  
20 education, those adolescents may go to place far from their parents, so that they are limited to get  
21 timely feeding and food varieties due to economic barriers. A study stated that eating patterns and  
22 behaviors are influenced by peer pressure, food availability, food preferences and cost, personal  
23 and cultural beliefs (1). A study from low and middle-income countries also remarked that about  
24 40% of adolescent girls reported skipping their breakfast (31).

25 This study identified that late adolescent girls with occupation of sales were 40% lower for being  
26 under-nourished than those with not working. This might be because of they have their own money  
27 who easily to purchase varieties of food items.

28 The current study stated that the odds of under-nutrition was 1.77 times higher than participants  
29 with un-improved latrine type. This may be attributed to poor sanitation could expose infestation

1 of intestinal parasites that leads to illness, poor appetite and micronutrient deficiencies that leads  
2 to undernutrition. This was consistent with SRMA study in Ethiopia (6).

3 Participants with frequency of listening to radio at least once a week were 28% less likely to be  
4 under-nourished than those without listening radio. This could be because of better awareness and  
5 information gain regarding importance of variety of food items and frequency of feeding patterns  
6 among those with listening radio.

7 In the current study, community level factors were significantly associated with under-nutrition.  
8 The odds of late adolescent girls' under-nutrition in the regions of Amhara, Oromia, Benishangul  
9 Gumuz and SNNPR was 47%, 66%, 82% and 77% lower compared with Tigray region,  
10 respectively. This might be because of divergence to access of food security across regions in  
11 Ethiopia due to climate changes, rain fall distributions and soil degradation and erosion for crop  
12 production (4). This was supported with study done in Amhara region that showed adolescent girls  
13 living in food secured households were 35% less likely to be undernourished than their counter  
14 parts (29). Additionally, SRMA study in Ethiopia showed that adolescent girls from food  
15 insecure households were 2.38 times more higher for being short stature than food secured  
16 families (6).

17 This study revealed that the odds of late adolescent girls' under-nutrition among rural residents  
18 was increased by 2.35% compared with urban residents. This was consistent with a recent SRMA  
19 study in Ethiopia that remarked being rural residence was 2.19 times more higher for being under-  
20 nourished than urban residents (6). This might be attributed to cultural influences, lack of  
21 awareness about importance of variety of foods and due to food insecurity in rural areas because  
22 of recurrent drought, climate changes and land degradation and soil erosion (4). It was supported  
23 by a research in North western Amhara region (8) which stated that the odds of stunting was 45%  
24 higher among adolescents of rural areas with food insecure households. On the other hand,  
25 systematic review study done among adolescent girls in low- and middle-income countries that  
26 showed the mean energy intake was lower in rural settings compared to urban settings (31).

27 **Strength and limitation of the study:** Since we used four consecutive large data sets of EDHS,  
28 the study was nationally representative. Spatiotemporal analysis was used to explore hotspot and  
29 high-rate significant cluster analysis that would be important to design interventions at community  
30 level. Multilevel analysis was used to account cluster level effect of correlations that helped for

1 better estimate of level of association. Since it was secondary data analysis, we didn't find some  
2 important variables, such as food security, variety of foods and clinical related variables and  
3 variables like husband educational status and occupational status were not consistently collected  
4 in each survey.

## 5 **Conclusion:**

6 The current study found that under-nutrition among late adolescent girls was clustered across  
7 regions in Ethiopia in each survey. The spatio-temporal patterns of this study showed that there  
8 was high spatial dependency across regions. The spatial scan statistics revealed that the significant  
9 clusters with high prevalence of under-nutrition encompassed Northern, Eastern and also Western  
10 parts of Ethiopia recently. Age groups, educational status and occupational status of adolescents,  
11 un-improved latrine type, frequency of listening to radio, head of household head, being rural  
12 residents and region, were significantly associated with undernutrition. Therefore, the government  
13 of Ethiopia and stakeholders should take responsibilities in these areas to intervene undernutrition  
14 early. Awareness creation via mass-media and health education regarding on importance of using  
15 an improved latrine is mandatory.

## 16 **List of abbreviations:**

17 AIC- Akaike's Information Criterion; AOR- Adjusted Odds Ratio; ArcGIS- Geographic  
18 Information System; BMI- Body Mass Index; DALIS- Disability Adjusted Life Years; DHS-  
19 Demographic Health Survey; EAs - Enumeration Areas; EDHS- Ethiopian Demographic and  
20 Health Survey; GLMM- Generalized Linear Mixed Model; HH- Household; ICC- Intra-class  
21 Correlation Coefficient; IQR- Inter Quartile range; LLR- Log Likelihood Ratio; LBW- Low Birth  
22 Weight; MCH- Maternal and Child Health; MOR- Median Odds Ratio; PCV- Proportional  
23 Change in Variance; SD- Standard Deviation; SNNPR- South Nations Nationalities and Peoples  
24 Representatives; TB- Tuberculosis

## 25 **Declarations:**

### 26 **Ethical approval and consent to participate:**

27 Permission from DHS program data base was obtained after being registered and submitted our  
28 research question. Ethical approval was obtained from University of Gondar Research Ethics  
29 Review committee. Data was handled with confidentially during all phases of research activities.

1 Consent to participant for this particular study is not applicable since the study was a secondary  
2 data analysis of publicly available survey data from MEASURE DHS program.

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### 8 **Authors contribution:**

9 NMD: conceived and designed the study, data extraction, writing the original draft and review,  
10 conducted analysis and interpretation, report writing and critically reviewed the manuscript and  
11 did final editing.

12 KAG: conceptualised and designed the study, validation and visualization, critically reviewed the  
13 manuscript

14 AGM: conceptualised and designed the study, assisted in the data analysis and interpretation,  
15 validation and Visualization and critically reviewed the manuscript. All of the authors read and  
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18 **Competing interests:** The authors declare that they have no competing interests.

### 19 **Availability of data and materials:**

20 The availability of data for this particular study was from the DHS program datasets using the  
21 website [www.measuredhs.com](http://www.measuredhs.com), after we had sent the research question

### 22 **Consent for publication:**

23 It is not applicable for this study since the study was secondary data analysis of national survey  
24 collected by central statistics agency.

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- 19

# Figures

Spatial distribution of late adolescent girls' under-nutrition EDHS 2000)

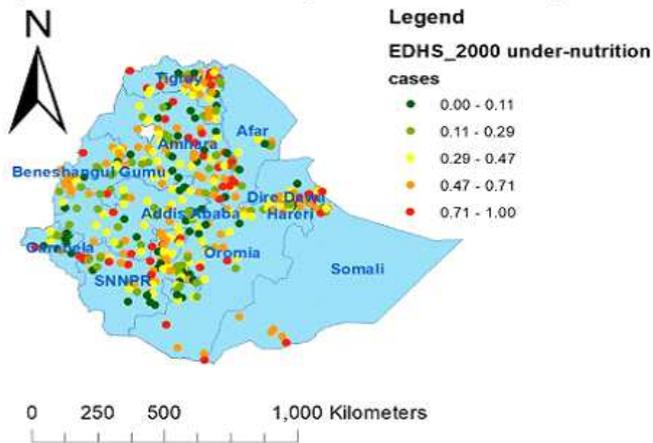


Fig. 1A

Spatial distributions of under-nutrition among late adolescent girls, EDHS 2005

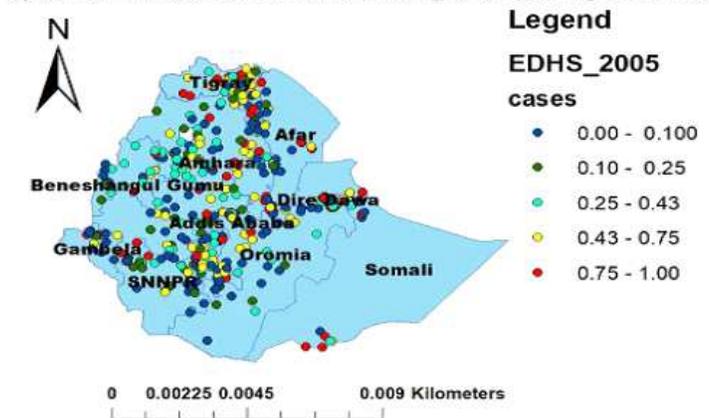


Fig. 1B

Spatial distribution of under-nutrition across regions, EDHS 2011

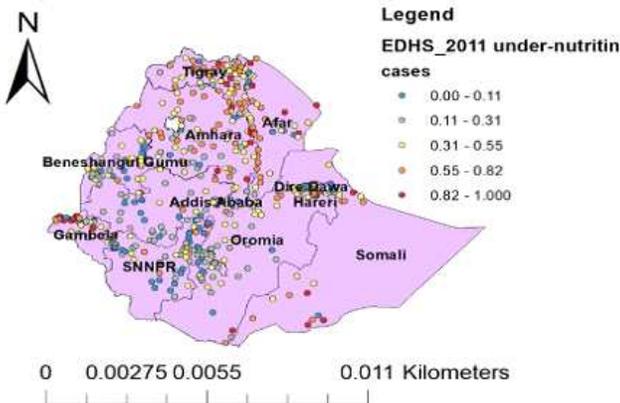


Fig. 1C

Spatial Distribution of under-nutrition among late adolescent girls, EDHS 2016

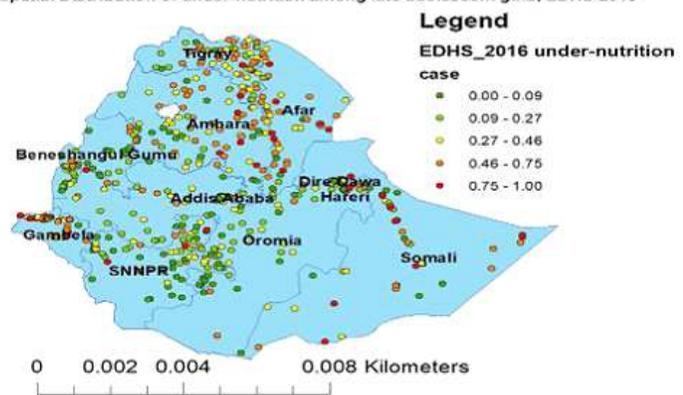


Fig. 1D

Source: Ethiopian CSA, 2013

Figure 1

Spatial distribution of late adolescent girls' under-nutrition in Ethiopia, EDHS 2000 to 2016.

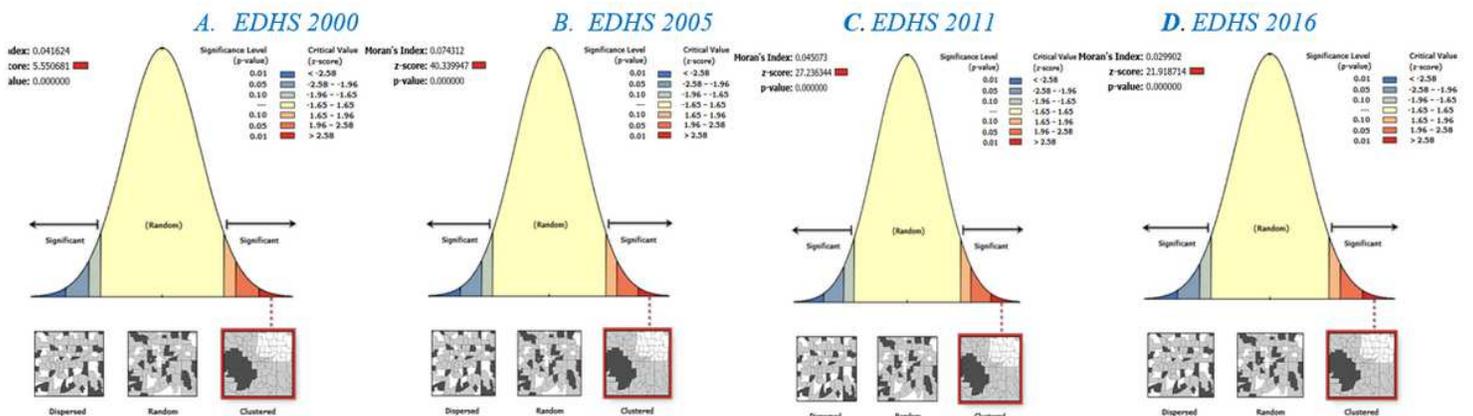


Figure 2

Spatial patterns of undernutrition among late adolescent girls in Ethiopia (2000, 2005, 2011 and 2016).

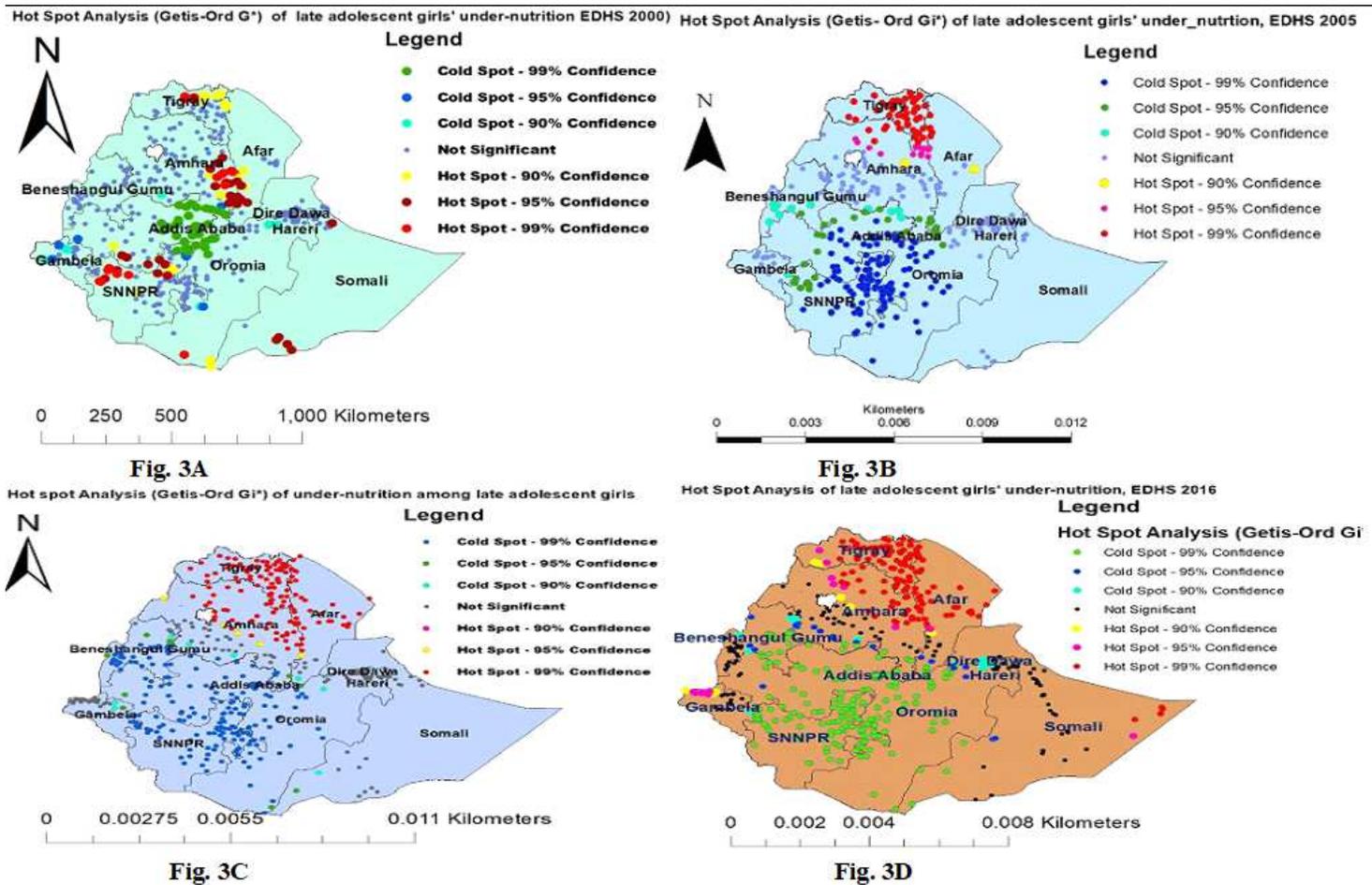


Figure 3

Hotspot analysis of under-nutrition among late adolescent girls in Ethiopia, 2000, 2005, 2011 and 2016

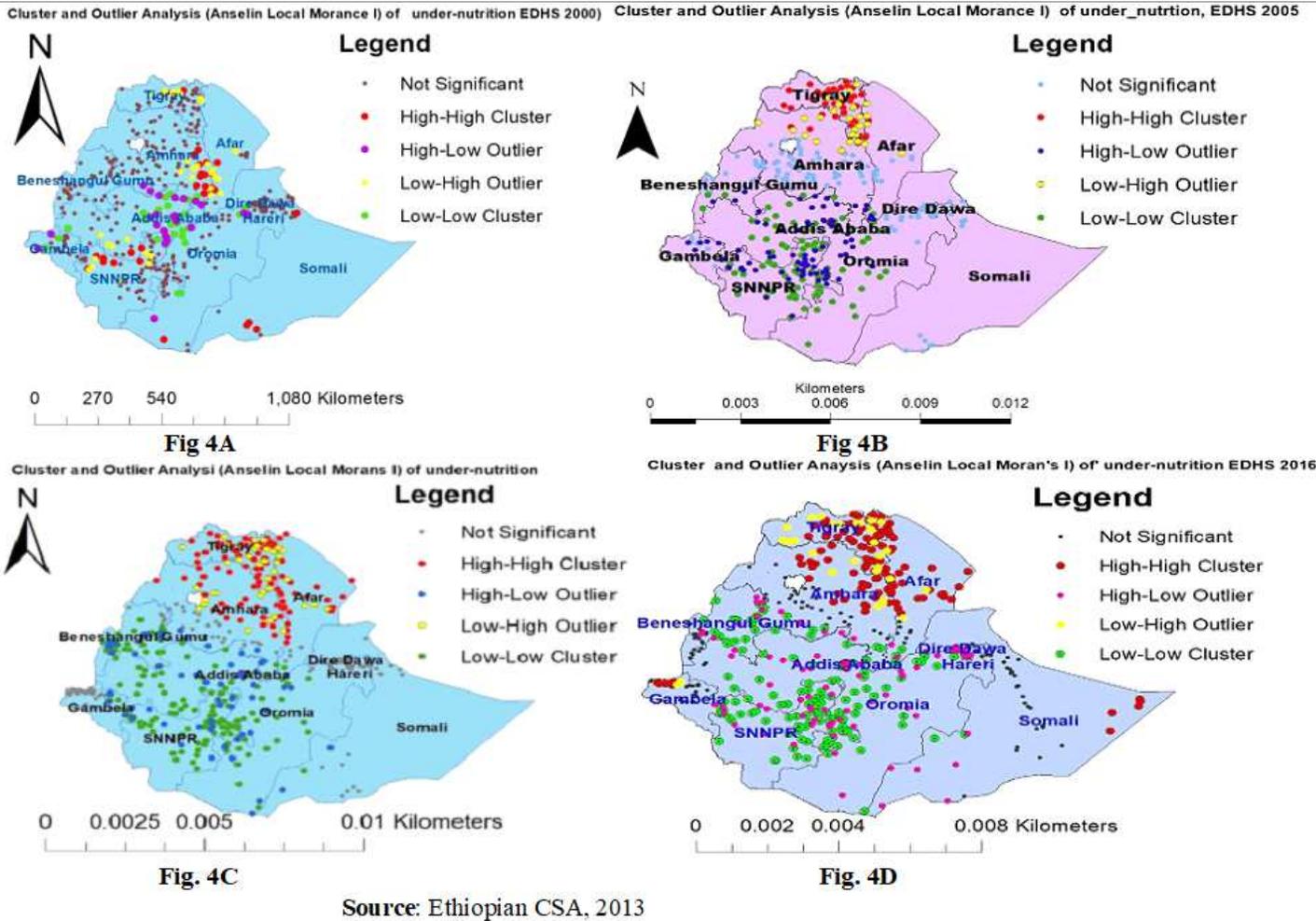


Figure 4

Cluster and Outlier Analysis of undernutrition among late adolescent girls in Ethiopia, EDHS 2000 to 2016.

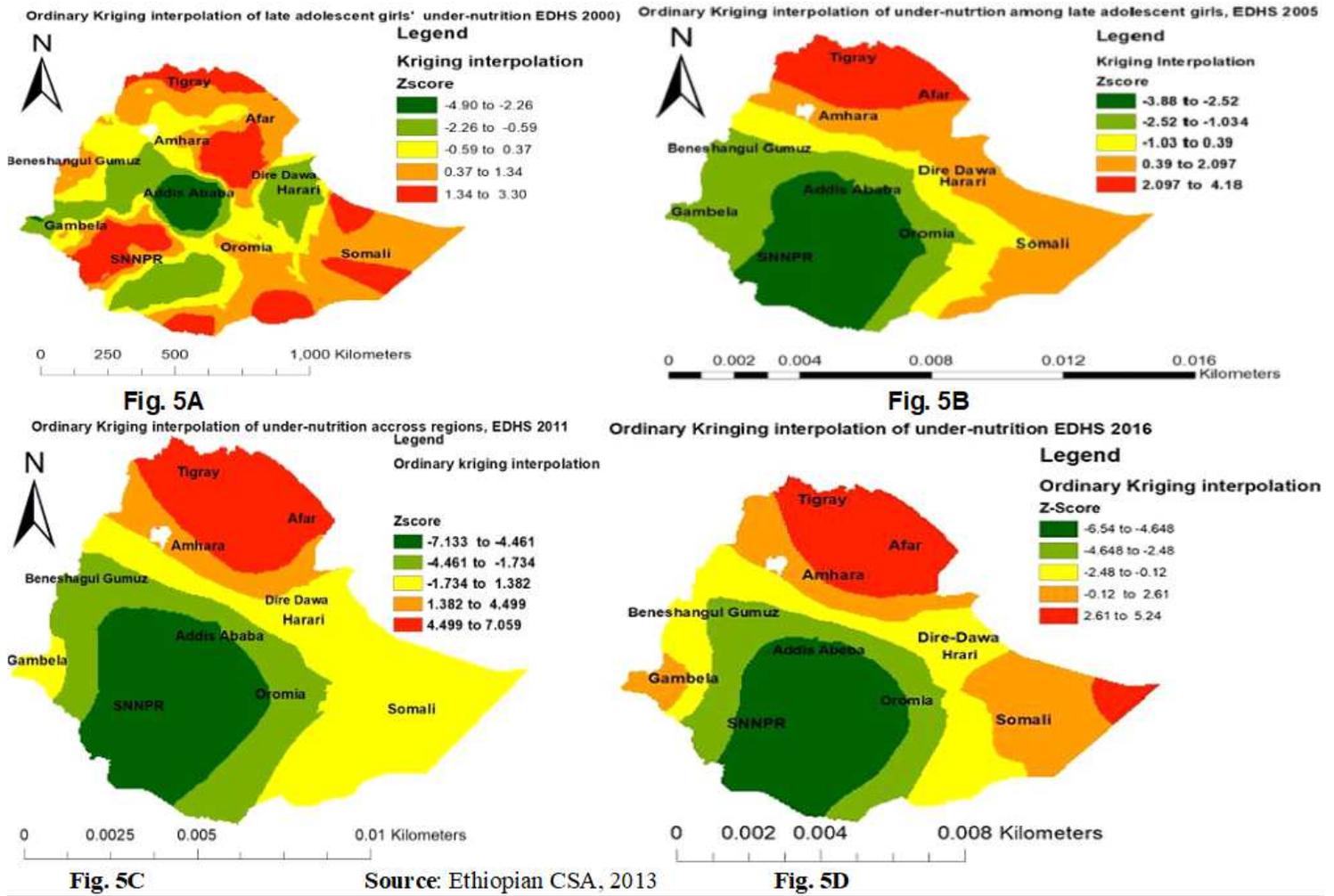
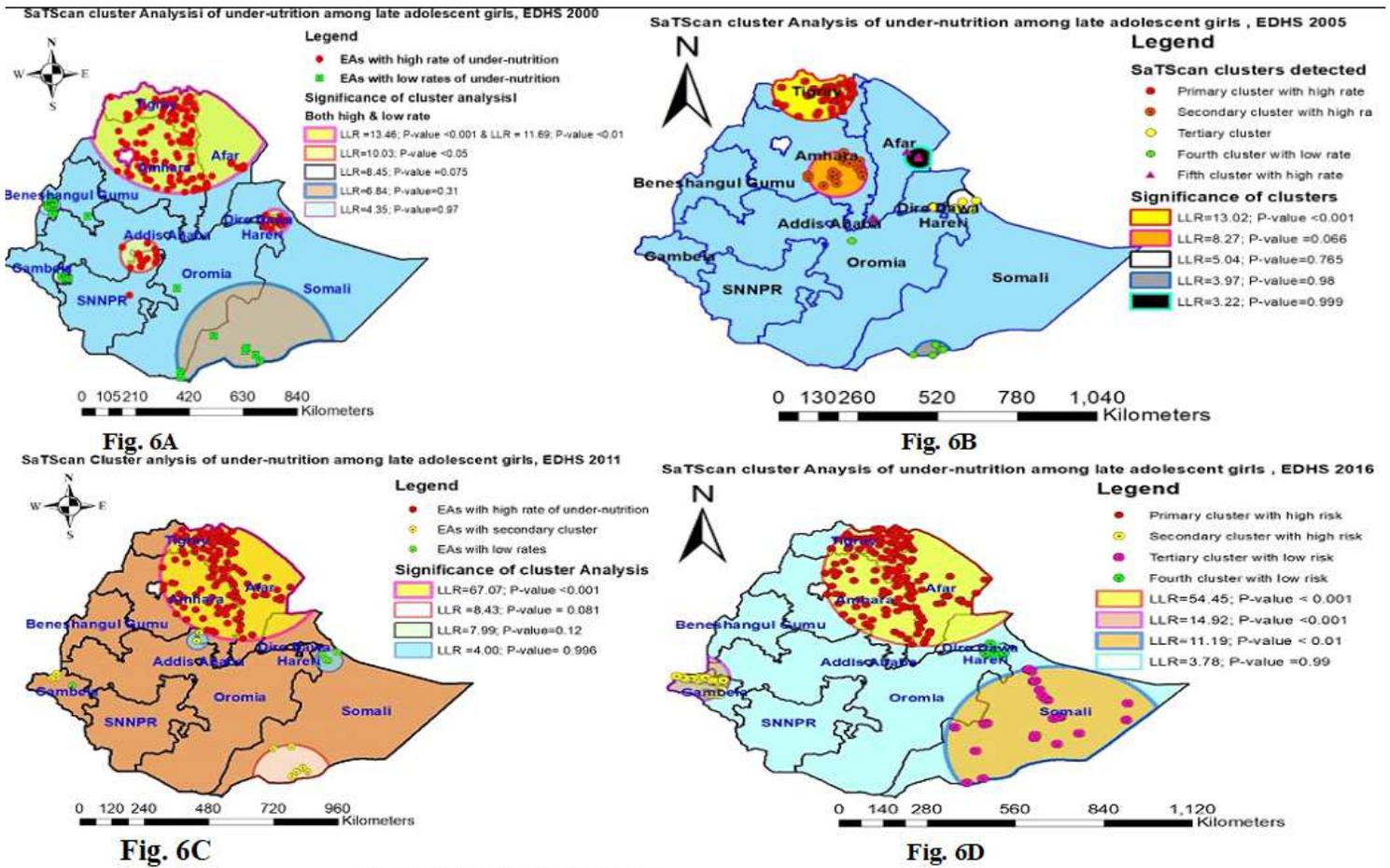


Figure 5

Ordinary kriging interpolation of under-nutrition among late adolescent girls in Ethiopia, EDHS 2000-2016



Source: Ethiopian CSA, 2013

Figure 6

Cluster analysis of under-nutrition among late adolescent girls in Ethiopia, 2000, 2005, 2011 and 2016.

## Supplementary Files

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