

# Serum proteomics analysis from rheumatoid arthritis patients receiving combination therapy of imrecoxib, total glucosides of paeony and two DMARDs

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## Research Article

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# Abstract

**Background** Rheumatoid arthritis (RA) is a chronic autoimmune disease. Imrecoxib, disease-modifying anti-rheumatic drugs (DMARDs) and total glucosides of paeony (TGPs) are common clinical therapies for RA. However, the exact mechanism of combination therapy for rheumatoid arthritis is still unclear. This study aims to explore the potential mechanism of this combination therapy for RA.

**Methods** Five RA patients who used this combination drug therapy were enrolled. Serum was collected at the first visit and the second visit after 3 months of continuous use of the combination treatment. Label-free quantitative proteomics was used to perform a comparative analysis of protein expression in serum after depletion of high-abundance proteins. The GO database was used to annotate the functions of differentially expressed proteins (DEPs).

**Results** A total of 257 reliable proteins were identified. Six proteins (IGKV3-20, TTR, LRG1, SERPINA3, F10 and NMNAT3) were downregulated, and one protein (HBD) was upregulated after three months of continuous combination drug treatment. Bioinformatics analysis showed that DEPs were primarily involved in various biological processes, such as metabolic processes, cellular processes and biological regulation. The identified DEPs have been reported to be involved in inflammation, cell proliferation, angiogenesis and oxidative stress. Therefore, these proteins have played important roles in RA progression.

**Conclusion** This combination drug therapy could alleviate the symptoms of RA by regulating these DEPs associated with RA in different ways. The DEPs identified may help to predict the treatment outcome of therapy for RA in the future.

## Introduction

Rheumatoid arthritis (RA) is a chronic inflammatory disease predominantly affecting the surrounding joints, with synovitis, cartilage destruction, bone erosion, and disability as its main clinical manifestation [1, 2]. It is believed that the earlier RA is diagnosed and treated, the better the disease remission and prognosis [3]. To date, even extensive studies have been performed on the pathogenesis of RA, and its specific pathogenesis is still unclear. Clinically, there are many drugs used to alleviate the development of RA, and combination drug therapy with synthetic disease-modifying anti-rheumatic drugs (DMARDs) is a recommended treatment strategy.

DMARDs, including methotrexate (MTX) and leflunomide (LEF), are a class of slowly regulating drugs that can not only improve RA symptoms but also mitigate clinical and radiographic progression [4]. MTX is an immunosuppressant with an anti-inflammatory effect that improves the progression of RA. MTX-based treatment plays an increasingly important role during the early stage of RA treatment [5, 6]. In the clinical treatment of RA, MTX is often required in combination with other drugs to improve the treatment effect, such as LEF [7, 8]. LEF is also an immunomodulator that can improve the condition of RA [9]. Total glucosides of paeony (TGPs) have the functions of regulating immunity and anti-inflammatory and

analgesic effects and have become a choice for the treatment of autoimmune diseases in China [10]. Furthermore, TGP has been reported to reduce drug-induced liver injury during combination treatment with LEF and MTX for patients with active RA [11]. RA is an inflammatory disease, and nonsteroidal anti-inflammatory drugs (NSAIDs) as the first-line therapy are used to suppress inflammation, which can rapidly relieve the pain and swelling degree [4]. Imrecoxib is a new NSAID that selectively inhibits cyclooxygenase-2 (Cox-2) and is approved for the treatment of osteoarthritis [12]. Compared with monotherapy, the combination of these drugs shows a higher efficacy and lower toxicity in the treatment of RA [13]. The exact mechanism of the combination of these drugs to alleviate the disease remains unclear. Therefore, we studied the mechanism at the protein level to explore whether the combination of drugs achieves the remission of RA through specific proteins.

With the development of advanced mass spectrometers (MS) and the continuous optimization of methods, mass spectrometer-dependent proteomics has gradually become an important and reliable tool to study the mechanism of drugs at the protein level [14]. Therefore, we used label-free quantitative proteomics to screen for differentially expressed proteins (DEPs) in serum after combination drug therapy and serum after 3 months of continued use of combination drug therapy. The gene ontology (GO) annotation analysis of the DEPs was analysed by the PANTHER Classification System. We explored the specific mechanism of the combination therapy by screening for DEPs to better clarify the mechanism of combined drug therapy for RA and to explore a better method for the treatment of RA through these mechanisms.

## Materials And Methods

### Patients

Subjects with RA were recruited from the Department of Rheumatology, the First Affiliated Hospital of Anhui Medical University. Subjects were recruited on the basis of these criteria: (1) conforming to 2010 criteria for RA of the American College of Rheumatology or European League Against Rheumatism; (2) taking a combination of four drugs, imrecoxib (0.1 g, bid), MTX (10 mg, qw), LEF (5 mg, qd) and TGP (0.3 g, bid) for more than three months. Serum samples were taken at the first visit and the second visit after 3 months of continuous use of the combination treatment. Samples were divided into two groups: serum samples collected at the first visit (control group) and serum samples collected at the second visit after 3 months (treatment group) (Fig. 1a). Subjects were excluded from these criteria if they (1) had other connective tissue diseases and (2) were pregnant or lactating women. Finally, we collected 5 eligible patients for this study.

### Ethical approval

and sample collection

The study was conducted at the recommendation of the Clinical Medical Research Ethics Committee of the First Affiliated Hospital of Anhui Medical University, and the approval number of ethical reviews is

PJ2020-03-19. In addition, the subjects were informed of this study. We obtained written informed consent from the participants to publish the material. All work conducted in accordance with the Declaration of Helsinki (1964). Two milliliters of venous blood was collected and centrifuged for 5 min at 3000 rpm, and then the serum was collected and stored at -80°C for further use.

## Proteomic analysis

Extraction and digestion of proteins: Twelve high-abundance proteins in serum, including  $\alpha$ 1-Acid Glycoprotein,  $\alpha$ 1-Antitrypsin,  $\alpha$ 2-Macroglobulin, Albumin, Apolipoprotein A-I, Apolipoprotein A-II, Fibrinogen, Haptoglobin, IgA, IgG, IgM and Transferrin, were removed by Pierce Top 12 Abundant Protein Depletion Spin Columns (Thermo Fisher Scientific, Massachusetts, USA). Protein concentration was detected by a BCA kit (Beyotime Biotechnology, Shanghai, China). Four times the volume of precooled acetone was added to the protein solution overnight. The above mixed liquid was centrifuged at 10000 g for 5 min, acetone was poured out, and the precipitate was redissolved in urea and 50 mM ammonium bicarbonate solution. Dithiothreitol (10 mM) and iodoacetamide (30 mM) were added to the protein solution and incubated separately for 15 min. Trypsin (Promega, Wisconsin, USA) was added to the solution at a ratio of 1:40 to cleave proteins into peptides at 37°C overnight. A ZipTip pipette (Thermo Fisher Scientific, Massachusetts, USA) was used to desalt the lysate. Then, the desalted lysate was freeze-dried.

LC-MS/MS: The dried peptides were redissolved in 0.1% formic acid and centrifuged at 20,000 g for 10 min, and the supernatant was injected. Separation was performed by a nano-ESI HPLC system (Dionex, Thermo Fisher Scientific, Massachusetts, USA), which was configured with a C18 column (5 mm, 100 mm  $\times$  0.1 mm, 300 A). Peptides were separated at a flow rate of 300 nL/min through the following gradient elution program. The gradient elution was set as follows: 5% buffer B for 5 min; 5%-35% buffer B for 40 min; 35%-90% buffer B for 5 min; 90% buffer B for 5 min; 90%-5% buffer B for 1 min; buffer A (5% acetonitrile (ACN), 0.1% formic acid (FA)) was mobile phase A; and buffer B (95% ACN, 0.1% FA) was mobile phase B.

A Q-Exactive Focus Orbitrap MS high-resolution mass spectrometer (Thermo Fisher Scientific, Massachusetts, USA) was used to detect peptides separated in the liquid phase. The operating parameters were set as follows: (1) full MS: 70000 resolution; automatic gain control (AGC) target of  $1e6$ ; maximum injection time (MIT) of 50 ms; 350–2000 (m/z); 20 loop count; NCE 27; (2) dd-MS/MS: 17,500 resolution; AGC target of  $1e5$ ; MIT of 50 ms; charge exclusion, exclusion 1, 7, 8, > 8; filter dynamic exclusion duration 20 s; and 1.6 m/z isolation window.

The collected mass spectrometry data were analysed with Protein Discoverer (Version 2.4, Thermo Fisher Scientific, Massachusetts, USA) against the human protein database. The false discovery rate was controlled to be under 1% with 10 ppm mass tolerance for precursor ions and 0.02 Da mass tolerance for product ions. The quantitative data were normalized by the sum of all peptides. The boxplot shows the abundance of all proteins in each sample after normalization.

## Bioinformatics analysis

GO annotation analysis of identified proteins and DEFs was performed using the Panther Classification System (<http://www.pantherdb.org/>), which includes molecular functions, biological processes and cell components.

## Statistical analysis

The correlation coefficient between each sample was calculated by the Pearson method. *P* value values were adjusted by Bonferroni correction, and values smaller than 0.05 were considered to represent statistically significant differences. Commonly, Student's *t* test was applied to compare the distribution of variables between two cohorts. The waterfall displayed all the identified and quantified proteins ranked based on the protein expression level, and the absolute value of fold change was displayed for the differentially expressed proteins with the significantly expressed proteins labeled. To identify DEPs, a *p* value  $\leq 0.05$  and fold change  $> 1.25$  or  $< 0.8$  were used as filter thresholds, as shown in volcanoes. Heatmaps and principal component analysis with hierarchical clustering analysis were applied to visualize the characteristics of all DEPs based on their normalized values.

## Results

### Clinical characteristics of patients

The Disease Activity Score in 28 Joints (DAS28) score is now the basis for the treatment of RA, allowing us to evaluate the remission of disease and the effectiveness of current treatment regimens. Rheumatoid factor (RF) can help to diagnose and detect remission of the disease. As shown in Fig. 1b and 1c, all 5 investigated patients presented a significant reduction in the DAS28 and serum RF after three months of continuous use of the combination regimen, including imrecoxib, LEF, TGP and MTX, suggesting the effectiveness of the combination regimen for RA.

### Quality control and unsupervised analysis for mass spectrometry data

First, the result of mass error analysis showed that the mass error was within 10 ppm, indicating the high accuracy of the collected data (Fig. 2a). Before differential expression analysis of the sample proteins, we performed quality control analysis by boxplots and principal component analysis (PCA). Boxplot analysis of samples is shown in Fig. 2b. After normalization, the median protein abundance was basically on a horizontal line in each sample. In addition, we performed PCA for the identified DEPs. In Fig. 2c, the PCA results of the two groups showed that the DEPs were segregated into two separate clusters that could distinguish the treatment group from the control group. We performed correlation coefficient analysis for each serum sample by the Pearson correlation coefficient method. From the analysis results, we found that the correlation coefficient between each serum sample was close to 1, indicating a high correlation coefficient (Fig. 2d).

### Quantitative protein detection

In our study, proteins were quantified and identified in serum collected from subjects before and after three months of combination treatment with imrecoxib, MTX, LEF and TGP by label-free quantitative proteomics. As a result, peptides and 257 proteins were identified. Then, we identified DEPs by standard fold change  $> 1.25$  or  $< 0.8$  and  $p \leq 0.05$ . Compared with the control group, a total of 7 proteins were differentially expressed in the treatment group. Among these DEPs, 6 proteins were downregulated and 1 protein was upregulated after treatment. The details of DEPs are shown in Table 1. Waterfall analysis vividly showed the 7 DEPs with different distributions in all identified proteins (Fig. 3a). The DEPs are also shown in a volcano map (Fig. 3b). Significantly upregulated proteins are shown as red dots, and 6 significantly downregulated proteins are shown as blue dots. Then, these DEPs were used to draw a cluster analysis heatmap, which intuitively reflected expression differences between the two groups (Fig. 3c). The abundance of 7 DEPs in serum is shown in Fig. 4.

Table 1  
list of DEPs

Accession	Gene name	Description	FC (Treatment/Control)
P01619	IGKV3-20	Immunoglobulin kappa variable 3–20	0.18
P02766	TTR	Transthyretin	0.74
P01011	SERPINA3	Alpha-1-antichymotrypsin	0.75
P00742	F10	Coagulation factor X	0.65
D6RHHV4	NMNAT3	Nicotinamide/nicotinic acidmononucleotide adenylyltransferase 3 (Fragment)	0.33
P02750	LRG1	Leucine-rich alpha-2-glycoprotein	0.69
P02042	HBD	Hemoglobin subunit delta	6.72

## GO annotation analysis

The molecular functions, biological processes and cell components of the identified proteins are shown in Fig. 5a. The most enriched molecular functions (out of 6 GO terms) were located in catalytic activity, binding and molecular function regulator. The most enriched biological processes (out of 13 GO terms) were located in metabolic process, cellular process and biological regulation. For cellular components, most of the identified proteins were located in cellular anatomical entities (out of 3 GO terms). Next, we carried out GO enrichment analysis of the identified DEPs (Fig. 5b). The molecular functions of these DEPs were molecular function regulators, transporter activity, binding and catalytic activity. For biological processes, DEPs were located in response to stimulus, immune system process, biological regulation, cellular process and metabolic process. For cellular components, these DEPs were located in protein-containing complexes and intracellular and cellular anatomical entities.

## Discussion

RA is a chronic autoimmune disease that is characterized by inflammation of the joints and the subsequent destruction of cartilage and erosion of the bone [15]. The exact causes of RA are unclear, but some factors are believed to increase the risk of developing the disease, including genetic, environmental, hormonal and psychological factors [1]. Currently, the main drugs for RA treatment are anti-inflammatory drugs and immunosuppressants. Celecoxib, a COX-2 enzyme inhibitor, has been proven for osteoarthritis treatment [12]. Immunosuppressants are used to treat RA by suppressing the immune response, including MTX and LEF. TGP is reported to show anti-inflammatory and immunomodulatory effects [4, 10]. In our study, proteomics analysis was used to explore DEPs after three months of combined treatment with these four drugs to discover the specific mechanism of the combination drug treatment for RA.

In our study, the results showed that 7 proteins were differentially expressed after combination drug treatment for 3 months through label-free quantitative proteomics. Six proteins (IGKV3-20, TTR, LRG1, SERPINA3, F10 and NMNAT3) were downregulated, and one protein (HBD) was upregulated. Four of the DEPs were directly or indirectly involved in the development of RA. These proteins may be the target of drug combination therapy.

GO enrichment analysis in our present study indicates that the DEPs identified herein are related to transporter activity. Transthyretin (TTR), a transporter of thyroxine, was downregulated after combination drug therapy. TTR is a highly conserved homotetrameric protein and is enriched in human plasma and cerebrospinal fluid [16, 17]. Previous proteomics studies have reported that TTR expression in RA patients was higher than that in healthy people, indicating that TTR might be a potential marker for RA progression [18, 19]. Reactive oxygen species (ROS), as intracellular signaling molecules, are associated with various inflammatory and chronic joint diseases, including RA [20, 21]. In myeloid cells, TTR treatment increases ROS production, suggesting that TTR may promote the development of RA by affecting the production of ROS [22]. Therefore, combination therapy may improve RA by decreasing TTR.

Leucine-rich  $\alpha$ -2-glycoprotein 1 (LRG1), a member of the leucine-rich repeat family of proteins, is reported to be involved in a wide variety of pathophysiological processes, such as angiogenesis, tumor formation and osteoarthritis. A previous study showed that the level of serum LRG1 was increased in RA patients compared with normal controls and decreased by anti-TNF treatment. Moreover, serum LRG1 was positively correlated with C-reactive protein (CRP), erythrocyte sedimentation rate (ESR) and DAS28-CRP score, suggesting that LRG1 might be used as an additional marker for RA [23]. In addition, another study reported that serum LRG1 levels were reduced after treatment with the anti-IL-6 receptor antibody tocilizumab [24]. T cells can differentiate into T helper 17 cells (Th17) or regulatory T cells (Tregs) under different stimulations [25]. The level of Th17 cells is positively associated with the disease activity of RA [26]. Experiments in mice with collagen-induced RA reveal the important role of LRG in RA development and Th17 differentiation. LRG promoted the differentiation of naive CD4 T cells into Th17 cells by activating the TGF- $\beta$ -smad2 pathway [27]. Angiogenesis is a notable characteristic feature of RA. LRG1

has been found to promote angiogenesis by regulating endothelial cell mitosis [28]. LRG1 may be involved in the process of RA by promoting angiogenesis. Therefore, RA may also be improved by combination therapy by regulating LRG1.

F10 is vitamin K-dependent coagulation factor X of the blood coagulation cascade, which is considered a key factor in the activation of inflammation. A previous study reported that the levels of serum FXa in CFA-treated rats were significantly higher than those in control rats [29]. Moreover, Gang et al. demonstrated that F10 expression was elevated in patients with RA compared with normal subjects by using microarray datasets [30]. RA is an autoimmune disease characterized by inflammation of the synovial membrane. It is well known that the activation of the mitogen-activated protein kinase (MAPK) pathway is closely related to the inflammatory development of RA [31]. Meanwhile, F10 could boost MAPK activation to release chemokines and inflammatory cytokines [32]. F10 also has a proinflammatory action via protease-activated receptor 2 (PAR2) in many cell types [33]. It has been reported that FXa induces JAK2, STAT3 and MAPK phosphorylation through activation of PAR2, PDGF and IL-6, which may have a drastic role in RA progression [29]. Hence, we hypothesize that the reduction in F10 expression may be a target for combination drug therapy to alleviate RA.

SERPINA3, also called alpha-1-antichymotrypsin (ACT), is a member of the serine protease inhibitor family. It is believed that SERPINA3 contributes to the activation of proinflammatory cytokines, pathogen degradation and tissue remodeling via cathepsin G [34, 35]. SERPINA3 is a positive acute-phase reactant in the inflammatory process. When inflammation occurs, SERPINA3 is released into the circulation and inhibits the activities of various serine proteases [36]. In the early stage of RA, the level of SERPINA3 in serum is increased and positively correlated with the levels of CRP, ESR and morning stiffness, suggesting that it may be used as an additional marker for RA [37]. There are several limitations in this study. Due to the small sample size and significant individual differences, only a few DEPs were screened out. In a follow-up study, we will enroll more patients via a multicenter study and examine the details of these DEPs.

## Conclusions

This proteomics study provides reference proteins for future research on RA treatment. The results of our differential protein expression analysis provide a preliminary mechanism for the combination of imrecoxib, MTX, LEF and TGP and help to improve RA through these mechanisms.

## Declarations

### Conflicts of interest

The authors have no conflict of interest to declare.

### Funding statement

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## Acknowledgements

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## Author contribution

Quan Xia contributed to the study conception and design. Material preparation and sample processing were performed by Haixia Yu and Xing Fang. Pathological diagnosis, collection of serum from patients were performed by Xuejing Ma and Chunlan Yang. Data analysis was performed by Tingting Wang and Lanxin Qin. The first draft of the manuscript was written by Haixia Yu and revised by Xianjun Fang. All authors commented on previous versions of the manuscript. All authors read and approved the final manuscript.

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## Figures

Figure 1

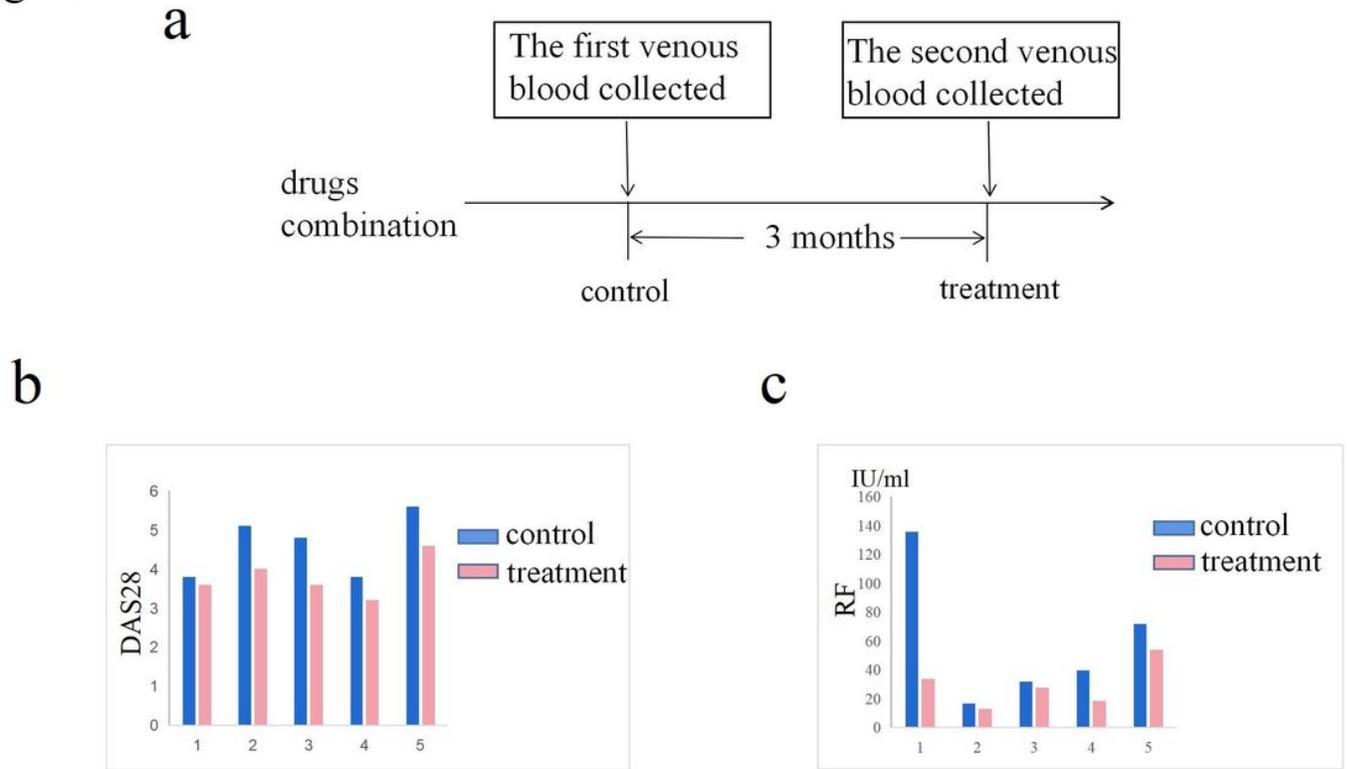
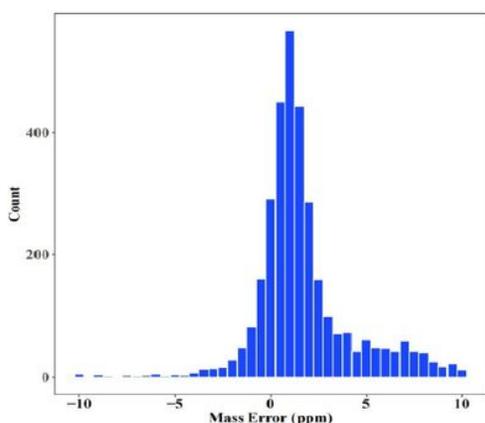


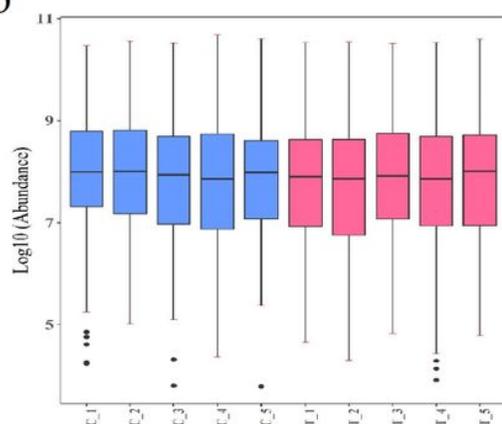
Figure 1

The treatment outcome of the combination therapy for RA. (A) The schematic of serum sampling. (B) DAS28 score of 5 patients before and after the combination treatment. (C) The RF values of 5 patients before and after the combination treatment.

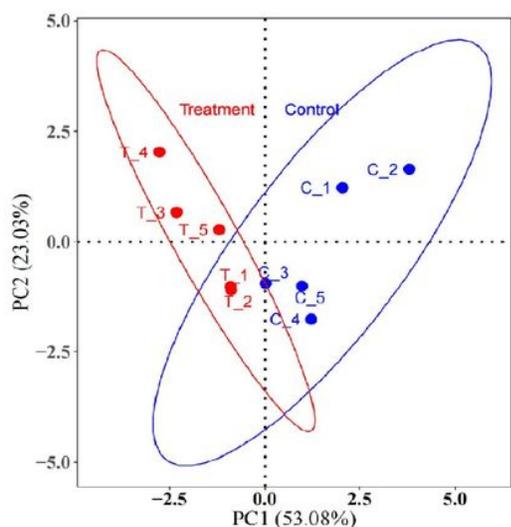
Figure 2  
a



b



c



d

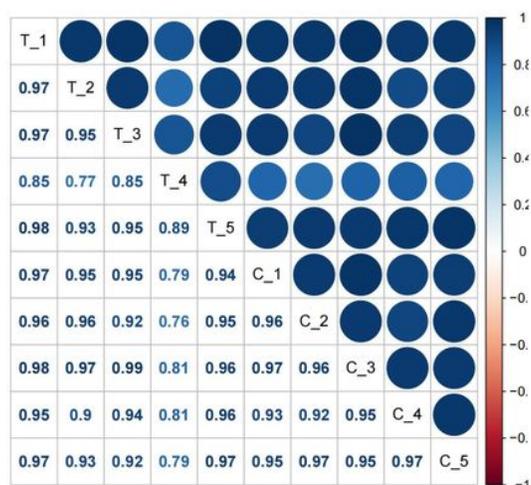
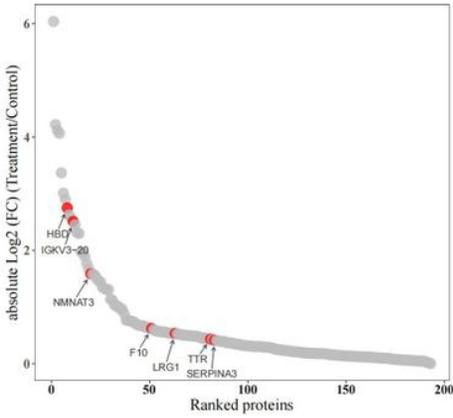


Figure 2

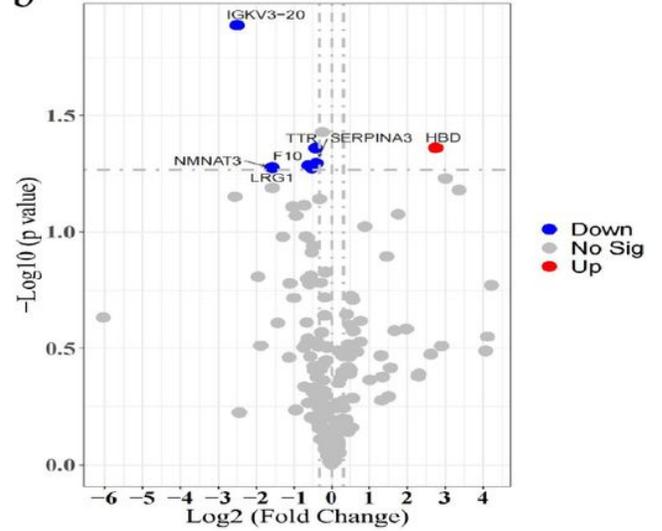
Quality control and unsupervised analysis of mass spectrometry data. (A) Mass error distribution of all identified peptides. The Y axis represents the count of PSMs (peptide-spectrum matches), and the X axis represents mass error. (B) Box-plot analysis of standardized protein abundance in all samples. The samples are presented on the horizontal axis, and the normalized amount of expression is shown on the vertical axis. (C) Principal component analysis. The data revealed two separate DEP clusters that can distinguish the samples taken before combination treatment from those taken after the treatment. (D) Analysis of the correlation coefficient between each sample. T indicates the serum of RA patients collected at the second visit after 3 months of combination drug therapy. C indicates the serum of RA patients collected at the first visit.

Figure 3

a



b



c

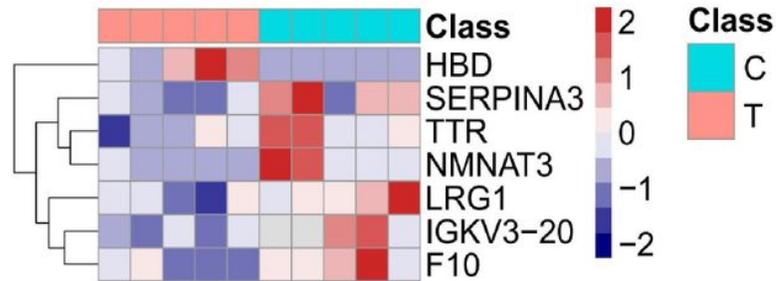


Figure 3

Identification of DEPs in serum. (A) Waterfall analysis of identified proteins. The fold changes of expression values for all identified proteins are log<sub>2</sub> transformed, and the fold changes are absolute values. (B) Volcano plots of identified proteins. Red dots represent upregulated proteins, and blue dots represent downregulated proteins. (C) Hierarchical clustering heatmap showing the DEPs between the treatment and control groups.

Figure 4

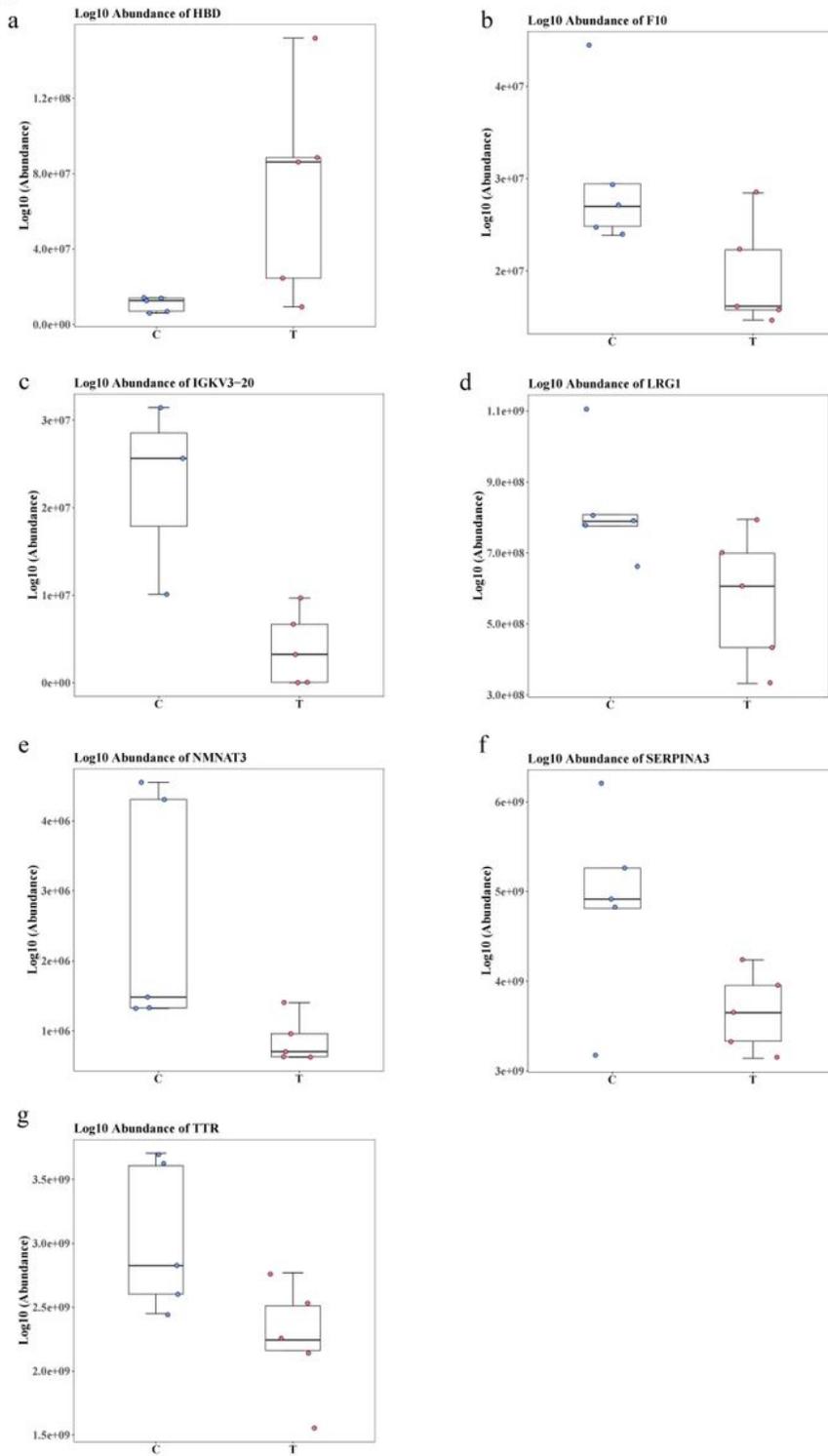
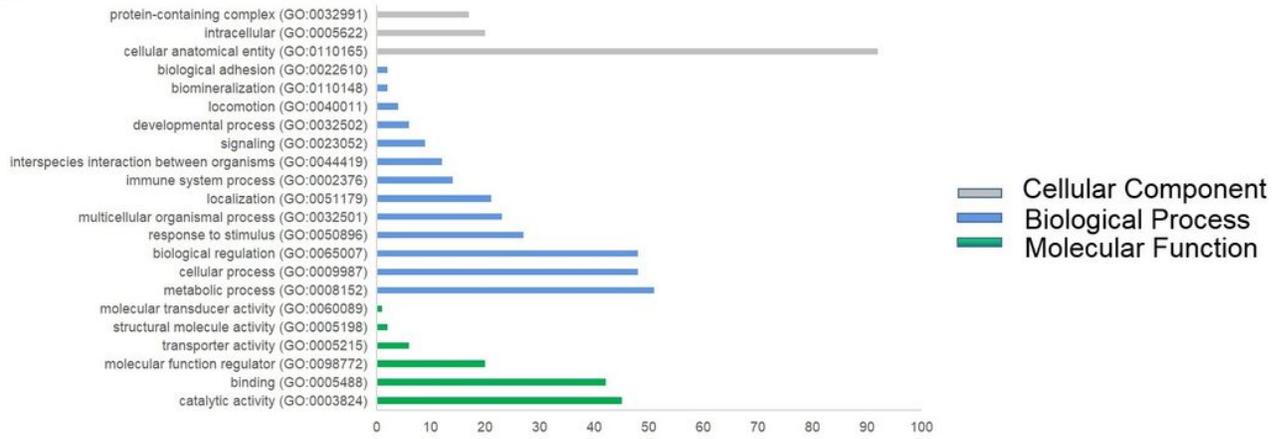


Figure 4

Abundance of DEPs in proteomics analysis.

Figure 5<sub>a</sub>



b

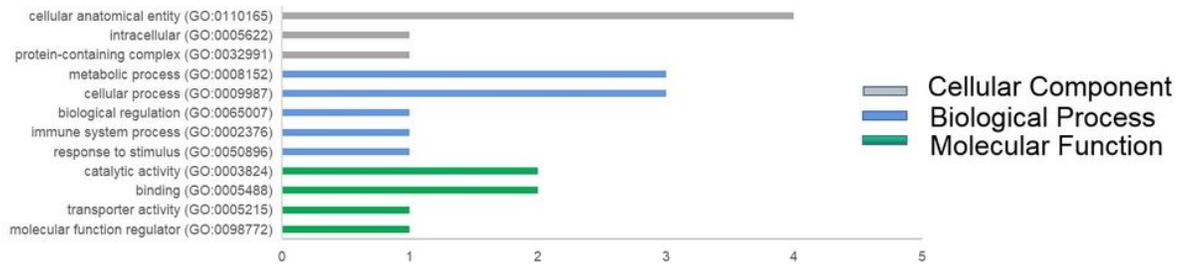


Figure 5

Functional GO classification analysis. (A) Functional GO classification of identified proteins. (B) Functional GO classification of DEPs.