

# Investigating the physicochemical properties of permeate-based orange beverage powder prepared by foam mat drying method

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## Research Article

**Keywords:** Egg white, Basil gum, Beverage powder, Foam mat drying, waste product.

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1           **Investigating the physicochemical properties of**  
2           **permeate-based orange beverage powder prepared**  
3           **by foam mat drying method**

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9           **Abstract**

10          Permeate is the by-product of the ultrafiltration in a kind of cheese making process, and as a  
11          waste disposal of dairy companies, was applied in production of orange beverage. The purpose  
12          of this study was to investigate the possibility of using the foam mat drying method to prepare  
13          permeate-based orange beverage powder while maintaining its physicochemical properties. In  
14          order to prepare the beverage foam, the desired amounts of egg white 4% and basil gum  
15          solution 0.2% were added to the orange beverage and were mixed for 6 minutes. Drying was  
16          performed under different temperatures (45, 65, and 80°C) and microwave power (360, 600  
17          and 900 W) and freeze-dryer with (3 mm) thickness. Some properties of the beverage powder  
18          including moisture content, water activity, solubility, water binding capacity, rehydrating the  
19          powder, hygroscopy, flowability, porosity, pH, color, DSC, and FTIR characteristics were  
20          investigated. It was observed that freeze dried beverage powder had the maximum solubility  
21          and highest flowability.

22 **Keywords:** Egg white, Basil gum, Beverage powder, Foam mat drying, waste product.

### 23 **Statement of Novelty**

24 In this study Production of orange beverage powder, especially based on local products and  
25 with the aim of optimal use of permeate was evaluated, and different drying condition with  
26 oven (45, 65, and 80) temperatures and microwave power (360, 600 and 900) and freeze-dryer  
27 with (3 mm) thickness.

### 28 **1. Introduction**

29 Production of powdered beverage, especially based on local products and with the aim of  
30 optimal use of waste, is one of the research fields considered by the food industry. Beverage  
31 powder is more economical than ready-to-drink beverage, due to its weight, packaging, ease of  
32 transportation and use, and higher shelf life. In addition, the physical state of the powder makes  
33 it possible to use it as a stable natural compound and easy to use in many food, pharmaceutical  
34 and health products. However, drying beverage is not an easy task [1].

35 Milk permeate, which is the by-product of ultrafiltration process of milk, has been regarded as  
36 a waste product. It is a rich source of lactose and nutraceutical ingredients such as the essential  
37 amino acids and soluble proteins, immunoglobulin, lactoferrin, lactoperoxidase, vitamins,  
38 growth factors, and minerals[2].

39 Basil with the scientific name (*Ocimum basilicum*) is from the genus of Mint. This plant is  
40 found in many parts of the world, especially in the tropics of Asia, Africa and South America.

41 Basil seeds contain large amounts of hydrocolloids with remarkable rheological properties that  
42 make it comparable to other commercial hydrocolloids. The seeds of this plant contain a  
43 heteropolysaccharide structure including glucomannan, xylan and glucan. Basil seed gum is  
44 classified as anionic gum with pH = 7.78. This gum contains 63.79% carbohydrates and 32.1%

45 protein. Glucose, galactose and mannose are 6.29, 1.16, 9.8% of the major constituent sugars  
46 respectively and potassium with 64.2% is the major ions in this gum [3].

47 Albumin is the major component of egg white protein (about 54%) and its molecular weight is  
48 about 42.7 kDa. This protein is widely used in the food industry due to its emulsifying  
49 properties and foam production [4].Albumin is a heterogeneous protein system in which  
50 protein-protein interactions occur during the foaming process. The mechanism of egg white  
51 foam production is due to the surface denaturation of albumin proteins at the liquid-air surface  
52 and the foam stability mechanism is related to the insolubility of albumin. The most important  
53 performance of albumin in the foam is to increase the storage time of a large volume of air in  
54 the system [5].

55 Foam mat drying is a method that has been considered by researchers in recent years. Decreased  
56 density, increased porosity, better rehydration, and greater uniformity are the salient features  
57 of food that is dried in this way [6].

58 The advantages of the foam mat drying process include simplicity, fast speed of drying at lower  
59 temperatures, less expensive processing compared to other drying methods, maintaining  
60 nutritional and sensory quality. Other advantages of this method include being suitable for all  
61 types of liquid, semi-liquid, heat-sensitive, sticky and viscous foods. Also, there is no burning  
62 taste in the product produced by this method due to the minimal heat damage to the product.  
63 The high drying speed is due to the increase in the surface of the substances by the combination  
64 of air and gas and the formation of a porous structure, which gives high quality and immediate  
65 properties to the dried products. Dried powders are easily absorbed by water, are fast dissolving  
66 and are used as a starter in the production of products such as food condiments, soups, sauce  
67 powders, snacks, desserts, baby food, etc [7,8].

68 In 2017, Affandi et al. produced beverage powder of *Nigella Sativa* by using foam mat drying  
69 method. For this purpose, different amounts of egg whites (2.5, 8.75 and 15% w / w), methyl  
70 cellulose (0, 0.5 and 1% w / w), stirring time of 2, 5 and 8 minutes, foam thickness of 1, 2 and  
71 3 mm and drying temperature of 50-70 ° C were examined. The results showed that the optimal  
72 process conditions for the prepared foam sample was 15% egg white 0.69% methyl cellulose,  
73 stirring time of 8 minutes and the foam thickness of 2 mm at 60 °C [9].

74 In 2015, Abbasi et al. investigated the physicochemical properties of cherry powder by foam  
75 mat drying method. For this purpose, different amounts of egg white powder (1, 2 and 3 g /  
76 100g) and methyl cellulose (1, 1.5 and 2 g / 100g) and drying temperature (50, 65 and 80 °C)  
77 on the properties of cherry powder were examined. The results showed that increasing the  
78 concentration of methylcellulose and egg white, could decrease drainage volume, foam density,  
79 browning index and drying time. The dried samples at 65 °C showed the highest solubility  
80 [10]. The purpose of this study was to investigate the possibility of using the foam mat drying  
81 method to prepare permeate-based orange beverage powder while keeping its quality attributes.

## 82 **2. Materials and methods**

### 83 **2.1 Materials**

84 The raw materials used in this research include orange concentrate (Noush Company  
85 Mazandaran), permeate powder (Kaleh factory of Amol), basil seeds, egg white powder and  
86 sugar were prepared from a store in Sari, Iran.

### 87 **2.2 Gum extraction**

88 Basil seeds are first placed in distilled water with a pH of 7 and the water-to-grain ratio of 30  
89 to 1(vol/weight). Separation of gum from seeds is done using the Pars Khazar juicer (JC-700P  
90 model, Iran). It was kept in the freezer at -20 ° C and dried by the freeze dryer (VaCo 5, Zirbus

91 technology, Germany) at -50 ° C for 24 hours and after powdering, it is used for experiments.  
92 The gum solution was made by adding the required amounts of gum powder by weight to  
93 distilled water to create a concentration of 2% and was mixed with a magnetic stirrer (  
94 MS300HS model, Korea ). The gum solution was then kept in the refrigerator temperature (4  
95 °C) for 18-24 hours to fully hydrate the gum.

### 96 **2.3 beverage preparation**

97 The ingredients, including permeate and orange concentrate, sugar were each weighed in terms  
98 of °Brix which provided 50% of the total Brix of the beverage and specified (w/w) ratio until a  
99 final °Brix of 12 was weighed with a certain percentage and the compounds were mixed by  
100 magnetic stirrer until they were completely dissolved (Nemati et al., 2020).

### 101 **2.4 Preparation of foam samples**

102 According to the design of the study, the desired amounts of egg white 4% and basil gum  
103 solution 0.2% were added to the orange beverage and the mixture was stirred with a home  
104 electric mixer (GOSONIC, GHM-818 model, China), at the highest speed at room temperature  
105 for 6 minutes. Drying was performed under different oven treatments with different  
106 temperatures (45, 65 and 80), microwave power (360, 600 and 900) and freeze-dryer with one  
107 thickness (3) mm.

### 108 **2.5 Evaluating the properties of the beverage powder**

#### 109 **2.5.1 Moisture content**

110 The sample was poured into plates that had already reached a constant weight and weighed  
111 with digital scale (HS-300S model, Germany) with an accuracy of 0.001, and then the plates  
112 were placed in the oven at 105° C until they reached a constant weight. The samples were then  
113 placed inside a desiccator until they were cool. The samples were then weighed and the

114 moisture content was calculated from the weight difference between the samples before and  
115 after the drying process and expressed in terms of dry matter (AACC, 2000).

### 116 **2.5.2 water activity**

117 Powder samples were placed in the cell of the device (Novasina model: lab swift-aw) and its  
118 water activity was reported after 30 minutes when it was remaining constant at room  
119 temperature ( $24.5 \pm 0.5^\circ \text{C}$ ).

120

### 121 **2.5.3 Solubility**

122 One gram of the sample was dissolved in 100 ml of distilled water at  $25^\circ \text{C}$ , then mixed for 10  
123 minutes by placing on a stirrer, and also separated by centrifugation at 4000 rpm for 10 minutes.  
124 Then 25 ml of the supernatant solution it was placed in an oven at  $105^\circ \text{C}$ , then the remaining  
125 solids were weighed after drying and the following formula was used to calculate the solubility  
126 [7].

127 **Eq. (2)**       $S = \frac{m_2 - m_1}{0/25}$

128  $m_1$ : plate weight and  $m_2$ : plate weight containing sample after reaching constant weight.

### 129 **2.5.4 Water binding capacity**

130 4 grams of the sample was weighed in 30 ml of distilled water into 50 ml Falcon tubes, then  
131 vortexed for 4 minutes and then centrifuged at 4000 rpm for 20 minutes. The upper transparent  
132 layer was discarded and the Falcon was re-weighed. The water binding capacity was calculated  
133 according to the following formula

134 **Eq. (3)**       $\text{WBC} = \frac{A-B}{c}$

135  $A$  = The amount of water added to the beverage powder before centrifugation in grams

136  $B$  = The amount of water extracted from the beverage powder after centrifugation in grams

137  $c$  = sample weight in grams

### 138 **2.5.5 Rehydrating the powder**

139 The amount of 5 grams of the sample was immersed in 50 ml of distilled water for 60 minutes  
140 and after filtering, the amount of rehydration of the samples was calculated using the following  
141 equation [10].

142 **Eq. (4)      Rehydration=  $W_2/W_1$**

143 In this equation,  $W_2$  is the weight of the discharged material and  $W_1$  is the weight of the dried  
144 material in grams.

### 145 **2.5.6 Hygroscopy**

146 To measure the moisture content of the produced powders, 1 gram of the sample powder was  
147 placed in a container impermeable to moisture, containing a saturated solution of sodium  
148 chloride (RH =75%) at 25 °C. After one week and reaching a constant weight, the moisture  
149 content of the samples was calculated from the equation (5) [12].

150 **Eq. (5)      Hygroscopicity=  $\Delta m/(m+m_1)/ 1+ (\Delta m/m)$**

151  $\Delta m$ : increase in powder weight,  $m$ : initial mass of powder

### 152 **2.5.7 Powder flowability**

153 The flow rate of the powder was calculated by the Carr Index and the Hausner ratio through  
154 the following equations.

155 **Eq. (6)       $CI = \rho_T - \rho_B / \rho_T \times 100$**

156 **Eq. (7)**  $HR = \rho_T / \rho_B$

157 In these relationships,  $\rho_B$  is bulk density and  $\rho_T$  is tapped density [13].

### 158 **2.5.8 Porosity**

159 To obtain this index, 2 grams of each sample was poured into a pycnometer and filled with a  
160 specified volume of petroleum ether. The use of petroleum ether is due to the penetration  
161 between the smallest external cavities attached to the particle surface (without dissolving the  
162 material). Particle density was obtained from the ratio of powder weight to powder volume and  
163 based on Equation (8), the amount of bulk porosity was obtained by measuring the particle  
164 density to bulk density. The porosity of the beverage powder was calculated by the relationship  
165 between the tapped density ( $\rho_t$ ) and the particle density ( $\rho_p$ ) according to the following  
166 formula.

167 **Eq. (8)**  $\varepsilon = \rho_p - \rho_t / \rho_p \times 100$

### 168 **2.5.9 pH**

169 First, the samples were mixed with distilled water in a ratio of 1 to 10 and then the pH of each  
170 solutions was measured using a pH meter (CP-511 model, Poland) at 25 °C [14].

### 171 **2.5.10 Colorimetry**

172 Color analysis was performed using image processing technique. Imaging of the samples was  
173 done using the IMG-Pardazesh Cam-System colorimeter and the images were separated from  
174 the background image in the next step, the image were converted to  $L^* a^* b^*$  using the color  
175 space converter plugin by Image J software, and the average for each component was  
176 calculated according to Eq. 9, 10, 11. [14].

177 **Eq. (9)**  $Chroma = \sqrt{a^2 + b^2}$

178 **Eq. (10)**      **Hue angle =  $\tan^{-1}\frac{b}{a}$**

179 **Eq. (11)**      **TCD =  $\sqrt{(L_0 - L)^2 + (a_0 - a)^2 + (b_0 - b)^2}$**

### 180 **2.5.11 Glass transition temperature**

181 Differential scanning calorimeter (400-Ci Sanaf, Iran) was used to measure the glass transition  
182 temperature. The device was calibrated by indium in an aluminum pan. After calibration, 15  
183 mg of the sample was poured into a sample pan. An empty aluminum pan was used as a  
184 reference. Nitrogen gas at constant flow of 30 ml / min was used. The glass transition  
185 temperature was in the temperature range of 20 to 200° C with a heating rate of 10° C / min.  
186 Finally, the obtained thermogram was used to measure the glass transition temperature [16].

### 187 **2.5.12 FTIR**

188 In this method, infrared radiation was used to determine the chemical properties of each  
189 sample. When an infrared beam strikes a sample, each of the chemical bond states (expansion,  
190 contraction, and bending) causes infrared light to be absorbed at a given wavelength. From the  
191 FTIR spectrum, various types of chemical and physical bonds and interactions between  
192 compounds can be investigated and identified. The FTIR spectrum were collected using an  
193 FTIR spectrometer (Cary 630, Agilent Technologies Incs., Danbury, CT, USA). For this test,  
194 about 2 mg of the sample was turned into a completely soft powder in an agate mortar and then  
195 about 10 mg of potassium bromide powder was added to it. This mixture was completely  
196 homogeneous and was formed into a very thin transparent tablet with the help of a special mold  
197 with a pressure of about 10  
198 tons. The tablet was placed in the device compartment and scanned the range of 400 to 400  
199  $\text{cm}^{-1}$  and a resolution of 2  $\text{cm}^{-1}$ [17].

## 200 **2.6 Statistical analysis**

201 In order to compare the mean of the samples with the control sample, a completely randomized  
202 design with one-way analysis of variance (ANOVA) in SPSS software was used. In order to  
203 reduce the error, all tests would be performed in 3 replications. The software used for the  
204 analysis was SPSS v.20. Excel 2007 was used to draw different figures from the mean of the  
205 data.

206

207

## 208 **3. Results and discussion**

### 209 **3.1 Moisture**

210 The results of moisture content of produced samples are shown in Figure (1). The results  
211 showed that different heat levels had a significant effect on moisture ( $P \leq 0.01$ ). By increasing  
212 the microwave voltage and oven temperature which generate the higher heat and increase  
213 temperature, the speed of heat transfer to the particles during drying time increases and the  
214 final particles lose more moisture. Therefore, moisture decreased with increasing temperature.  
215 Moisture content is an important factor in the stability of the final powder. The optimum  
216 moisture range for powder samples is less than 5%. Less moisture reduces the adhesion of the  
217 powder and provides more surface contact with water during dissolution. If the moisture  
218 content of food powders is high, the possibility of undesirable physical changes increases,  
219 resulting in an increase in density and a decrease in flowability and solubility of the powders.

220 Kolawol et al. (2010) and Kadam and Blasubramanian (2011) reported similar results on  
221 banana and tomato powder, respectively [19, 20].

### 222 **3.2 Water activity**

223 The activity of water or the amount of water available is equal to the ratio of the water vapor  
224 pressure in the food to the saturated vapor pressure at the same temperature. Due to the fact  
225 that water is one of the most important causes of microbial, enzymatic and chemical spoilage  
226 in food, reducing and controlling water activities is a very effective way to increase shelf life  
227 and prevent adverse reactions in food. The presence of a porous structure in the foam and the  
228 outflow of most of the free water during the drying process and the presence of gum with high  
229 hydrophilicity is one of the main reasons for the low amount of water activity in beverage  
230 powders. Since most of the microbial, chemical and enzymatic reactions stop in the water  
231 activity of less than 0.6, it can be said that the powder prepared by foam mat drying, if properly  
232 maintained and does not absorb moisture, would have a long shelf life. According to Figure  
233 (2), the freeze-dried sample shows lower water activity due to its more porous structure.  
234 Krasaekoopt et al. 2012 achieved different results in their research on the production of yogurt  
235 powder using foam mat drying [23]. The water activity of the powders in this study was less  
236 than 0.22. Therefore, powders can be considered microbiologically stable during storage.

### 237 **3.3 Solubility**

238 Water reabsorption involves several processes that occur simultaneously. These processes  
239 include the infiltration of water into solid particles, the transfer of liquid from cavities to the  
240 solid matrix, the swelling of solid particles, and finally the dispersion of particles into the  
241 liquid. Water reabsorption is an important process for powders, as most powders dissolve in  
242 water or an aqueous system before use. Optimal properties in reabsorption of the powder lead  
243 to faster wetting and spreading of the powder. Poor reabsorption of the powder for  
244 manufacturers leads to increased processing time, production costs and low product quality.  
245 According to Figure (3), the effect of drying temperature on the solubility of beverage powder  
246 showed that the drying temperature was significantly ( $P \leq 0.01$ ) effective on the solubility of  
247 the resulting powders. The increase in temperature increased the condition of the beverage

248 powder samples. At 900 voltage of microwave, the solubility decreased with increasing drying  
249 temperature due to changes in the hydrophilic structure of carbohydrates or denaturation of the  
250 protein. The freeze-dried sample showed more solubility compared to other samples.

251 According to the research of Affandi et al. (2017) on foam mat drying of Fennel flower; it was  
252 found that with increasing temperature, the solubility of the powder also increased. They  
253 attributed this to the increase in temperature-induced porosity. More porosity causes more  
254 surface area in the powders, which leads to an increase in the surface contact between the  
255 powder and water [ 9, 24 ]. Increasing the temperature reduces the interparticle forces of the  
256 powder and the degree of the

257 powder cohesion. As cohesion decreases, the space between the powder particles increases.  
258 This causes faster and more water absorption [25]. Increasing the temperature helps to better  
259 preserve the bubbles until the end of drying and thus increases the porosity and solubility [26].

### 260 **3.4 water binding capacity**

261 Absorption of water is one of the most important properties of the powder and indicates the  
262 ability of the powder to absorb and retain water against gravity and it depends on the chemical  
263 composition of the powder such as protein, moisture and carbohydrates, its physical state such  
264 as particle shape and size, surface properties, microstructure and the presence of additives [27].

265 Gums, due to their hydrophilic nature, are important factors in water absorption in beverage  
266 powder prepared by foam mat method. Figure (4) shows the water binding capacity of beverage  
267 powder samples. The results showed that the drying temperature had a significant effect ( $P \leq$   
268 0.01) on the water binding capacity of the resulting powders. Increasing the drying temperature  
269 first increases the water absorption capacity of the prepared powder and then, due to the  
270 denaturation of proteins and the placement of hydrophobic groups on the protein surface, the  
271 water absorption capacity decreases at high drying temperatures.

### 272 **3.5 Rehydrating the powder**

273 Wettability is a measure of the infiltration of water through the capillary forces into the powder  
274 mass. Wettability is often considered to be equal to the time required for complete wetting of  
275 the surface of the powder particles [28]. In addition, increasing the temperature leads to  
276 changes in water properties such as viscosity and surface tension of water. Reduction of surface  
277 tension of water leads to a decrease in the cohesion between water molecules and as a result  
278 water penetrates faster on the surface of powder particles. The results of the evaluation of the  
279 rehydration of the produced powder samples are given in Figure (5). The results showed that  
280 different levels of heat had a significant effect ( $P \leq 0.01$ ) on the rate of rehydration of the  
281 powder. At high drying temperatures, a decreasing trend was observed, which could be due to  
282 damage to the structure of carbohydrates and proteins. Freeze-drying method resulted in the  
283 production of more porous powders. Rehydration is important in most food powders, which  
284 means that the powders should be able to get wet in the shortest amount of time and stay less  
285 floating. In addition, powders should be able to be easily dissolved or dispersed in water  
286 without the formation of lumps [29].

### 287 **3.6 Hygroscopy**

288 Hygroscopy shows the ability to absorb water at high relative moisture. Increasing the  
289 temperature led to the production of a powder with the ability to absorb more moisture. The  
290 lower the moisture content of the product, the higher the tendency to absorb the moisture [30].  
291 Figure (6) shows the hygroscopic extent of beverage powder samples. Studies showed that  
292 drying temperature has a significant ( $P \leq 0.01$ ) effect on moisture absorption in the resulting  
293 powders.

294 Moisture absorption capacity or hygroscopicity of freeze-dried powders depends on their  
295 particle size. The smaller the particle size, the larger the surface area exposed to the

296 environment, thus leading to more water absorption. Products with smaller particles have a  
297 higher contact surface and therefore the number of active sites for water absorption increases  
298 [31]. Freeze-dried powder had more porous structure and open pores than other samples.

299

### 300 **3.7 Powder flowability**

301 The flowability usually depends on the physical properties of the powder such as size, shape,  
302 surface structure, particle density, bulk density, moisture content, temperature, pressure and  
303 fat. The flowability of the powder is measured by the Carr index (CI) and this index is inversely  
304 related to the flowability, so that as the powder Carr index increases, the flowability of the  
305 powder becomes weaker. Powder cohesion can be calculated by the Hausner ratio (HR), which  
306 is a measure of the state transfer from free flow to adhesion of powders. By monitoring this  
307 factor, it is possible to predict relatively stable operating and processing points in terms of  
308 particle size and relative moisture. The values of the Carr index and the Hausner ratio of  
309 beverage powders are shown in Figure (7). Different heat levels had a significant effect on  
310 powder flowability rate ( $P \leq 0.01$ ).

311 The adhesion between the particles due to its high sugar content is also affected by the glass  
312 transition of amorphous sugars. By dissolving the powder in water and preparing the beverage,  
313 water molecules moisten the surface of the particles, reducing the intrinsic binding of the  
314 particles and allowing water to penetrate more rapidly throughout the food. Powders with  
315 higher setting angles are unlikely to sink easily due to their intrinsic binding after pouring into  
316 the liquid surface.

317 The density and porosity of the powder, which is affected by the amount of air and free space  
318 between the particles, has a positive correlation with the wetting time, which decreases as

319 particle size increases. Increasing the particle size not only increases the rate of water  
320 penetration into the interparticle space of the powders, but also creates a flow of water capillary  
321 system inside the powder space, which mainly reduces the wetting time of the powder. As the  
322 contact surfaces increase and the particle size decreases, the wetting time of the powders  
323 decreases significantly. Bulk density is a measure of the compaction properties of particulate  
324 solids, and this measure indicates the amount of empty space between the powder particles, so  
325 it depends on the particle density and the arrangement of particles in the powder bed.

326 During freeze-drying, the texture is well preserved, while in drying in hot air, the sample  
327 shrinks significantly. Hence the density of the samples is much lower than drying in hot air.  
328 Smaller particles can easily enter the space between the particles while tapping. Tapped  
329 densities were higher in hot air dried powders than in freeze-dried powders [18].

### 330 **3.8 Porosity**

331 Bulk density decreased with increasing temperature. In general, with increasing temperature  
332 due to the formation of more resistant crust around the particles, the porosity created is more  
333 stable and as a result the bulk density decreases. As the moisture in the produced powder  
334 increases, the amount of trapped air decreases and as a result the bulk density will increase  
335 [22].

336 Bulk density is a measure of the compaction properties of particulate solids. In some granular  
337 foods, an increase in bulk density is associated with an increase in moisture content, and some  
338 researchers have reported a negative linear relationship. The effect of moisture content on the  
339 bulk density of particulate food can be very different and depends on the nature of the  
340 constituent particles and their interaction [23]. Figure (9).

### 341 **3.9 pH**

342 As shown in Figure (10), the pH range of beverage powders is 4 to 4.25. Due to the presence  
343 of egg white powder and gum and higher pH of these compounds, the pH of the beverage  
344 powder showed higher values than the pH range of the orange beverage. According to previous  
345 research, it has been shown that with increasing temperature, an increasing range is observed  
346 in pH values. Flade et al. 2010 reported similar results on banana powder [31].

### 347 **3.10 Colorimetry**

348 Color is one of the first and most important physical properties of the powder, which directly  
349 reflects the conditions applied during the drying process and the quality of the final product.  
350 The results of color component evaluation ( $L^*$   $a^*$   $b^*$ ) are shown in Table (1). As the results  
351 show, different microwave voltages and different oven temperatures had a significant effect of  
352 1% on the amount of color components of the product and its color intensity. So that the highest  
353 amount of color component was related to the sample dried with freeze-dryer, while the lowest  
354 amount was observed in the dried sample with a voltage of 900 microwaves. Reduction of this  
355 color component means darkening of the samples, which was directly related to the increase in  
356 product microwave voltage and oven temperature. The type of dryer and increasing the  
357 temperature of the dryer can also be very effective and can reduce the quality of the final  
358 product. On the other hand, the findings showed that the highest amount of component  $L^*$  was  
359 allocated to the sample sample dried with freeze-dryer. Also, the highest amount of color  
360 component  $b^*$  was in the sample with a voltage of 900 microwaves. Hawlader et al. (2006)  
361 stated that the low value of the Hue color index indicates an increase in the amount of brown  
362 color due to browning reactions [30].

### 363 **3.11 Glass transition temperature**

364 Glass transfer temperature is the main indicator of amorphous phase temperature changes of  
365 materials. It is the temperature at which materials change phase from brittle and glassy to  
366 rubbery and viscous. Therefore, with increasing the glass transition temperature, the adhesion  
367 of the powder decreases [28]. In general, low glass transition temperatures cause problems such  
368 as sticking to the wall, reducing production efficiency and increasing operational problems.  
369 The thermophysical properties of food and beverages such as specific heat, glass transition  
370 temperature, etc. are very important for estimating the process time in cooling, freezing, heating  
371 and drying of food and beverages.

372 Powders are very sensitive to the temperatures and moisture of the storage environment and  
373 their structure can change from glass to rubber, which causes changes in the glass transition  
374 temperature. Also, higher moisture content reduces the glass transition temperature and  
375 produces a powder with high viscosity. Preserving dried foods above their glass transition  
376 temperature, due to the increased internal movement of the reactants, leads to increased  
377 changes and various chemical reactions in them, and as a result, they will have less stability  
378 and shelf life. It should be noted that moisture, temperature and components of the product to  
379 be dried have a very important role on the glass transition temperature. The glass transition  
380 temperature of water is very low (-135 degrees) and the presence of a small amount of it is  
381 sufficient to drastically reduce the glass transition temperature of the powder produced [29].

382 Figure (11) shows the glass transition values of beverage powder under different drying  
383 conditions. This shows the stability of the powder during production. higher glass transition  
384 temperature results in the higher resistance of the powder.

385 The low glass transition temperature in the beverage foam is due to the presence of sugar in  
386 the sample. These sugars have a low glass transition temperature and due to the low molecular  
387 weight of the components, they show high molecular mobility when the temperature is slightly

388 higher than the glass transition temperature [33]. Destructive reactions can be prevented by  
389 keeping the product at a temperature lower than the glass transition temperature and proper  
390 capping to prevent moisture exchange with the environment.

### 391 **3.12 FTIR**

392 The results of FTIR analysis of beverage powder samples are shown in Figure (12). Significant  
393 differences were observed in the regions between 800 -1650 and 2900-3300 which can be  
394 attributed to intermolecular interactions between protein and polysaccharide. Peaks below  
395 1200 have been attributed to gum, according to Ma and Pawlik (2007). The peaks obtained in  
396 900-1200 are attributed to c-o and c-o-c bonds and also the adsorption in 1229-1301 is  
397 attributed to C-N and N-H bonds. The peak 2800-3000 is related to the C-H bond in the methyl  
398 group. The peak at point 3300 refers to the o-H bond in the water molecule [16, 35].

### 399 **Conclusion**

400 In this study, the effect of different drying condition of foam mat drying method on some  
401 physicochemical properties of orange beverage powder was investigated. Due to the porous  
402 structure of the foam, the rate of mass and heat transfer during the drying process in the foam  
403 mat drying method is increased. Also, the possibility of drying the food at a lower temperature  
404 and shorter drying time causes the porous structure of the dried foam sample to absorb water  
405 faster and increases the dissolution rate of the product. Freeze dried beverage powder had the  
406 maximum solubility and highest flowability and it was evaluated as a desirable sample. Due to  
407 the efficiency of this method in drying food with high concentration and producing a product  
408 with suitable physical and chemical properties and low energy consumption, this method can  
409 be used for industrial production of food powders.

### 410 **ACK N OWLED GMENT**

411 The authors thank research fellows at food science laboratories in the Sari Agricultural Science  
412 and Natural Resource University for their technical assistance.

413

#### 414 **CONFLICT OF INTEREST**

415 The authors declare no conflict of interest.

#### 416 **ETHICAL APPROVAL**

417 The human and animal testing was unnecessary in the current study.

#### 418 **DATA AVAILABILITY STATEMENT**

419 The authors declare that data supporting the findings of this study are available within the  
420 article.

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521 peppermint extract. *LWT.* **115**, 108440 (2019).

522

## 523 **List of table captions**

524 **Table 1.** Effect of drying condition on color values of foam mat dried orange beverage powder.

525

526

## 527 **Figure Legends**

528 **Figure 1.** Effect of drying condition on moisture of foam mat dried orange beverage powder.  
529 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
530 power, (FD).Freeze-dryer.

531 **Figure 2.** Effect of drying condition on water activity of foam mat dried orange beverage  
532 powder. (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and  
533 900) power, (FD).Freeze-dryer.

534 **Figure 3.** Effect of drying condition on solubility of foam mat dried orange beverage powder.  
535 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
536 power, (FD).Freeze-dryer.

537

538 **Figure 4.** Effect of drying condition on water binding capacity of foam mat dried orange  
539 beverage powder. (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360,  
540 600 and 900) power, (FD).Freeze-dryer.

541

542 **Figure 5.** Effect of drying condition on rehydration of foam mat dried orange beverage powder.  
543 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
544 power, (FD).Freeze-dryer.

545

546 **Figure 6.** Effect of drying condition on hygroscopicity of foam mat dried orange beverage  
547 powder. (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and  
548 900) power, (FD).Freeze-dryer.

549

550 **Figure 7.** Effect of drying condition on carr index of foam mat dried orange beverage powder.  
551 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
552 power, (FD).Freeze-dryer.

553

554 **Figure 8.** Effect of drying condition on haunser ratio of foam mat dried orange beverage  
555 powder. (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and  
556 900) power, (FD).Freeze-dryer.

557

558 **Figure 9.** Effect of drying condition on porosity of foam mat dried orange beverage powder.  
559 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
560 power, (FD).Freeze-dryer.

561

562 **Figure 10.** Effect of drying condition on pH of foam mat dried orange beverage powder. (OD).  
563 Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900) power,  
564 (FD).Freeze-dryer.

565

566 **Figure 11.** Effect of drying condition on the DSC thermogram of orange beverage powder.  
567 (OD). Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900)  
568 power, (FD).Freeze-dryer.

569

570 **Figure 12.** FTIR spectra of orange beverage powder at different drying temperature. (OD).  
 571 Oven with (45, 65 and 80) temperatures, (MW).Microwave with (360, 600 and 900) power,  
 572 (FD).Freeze-dryer.

573

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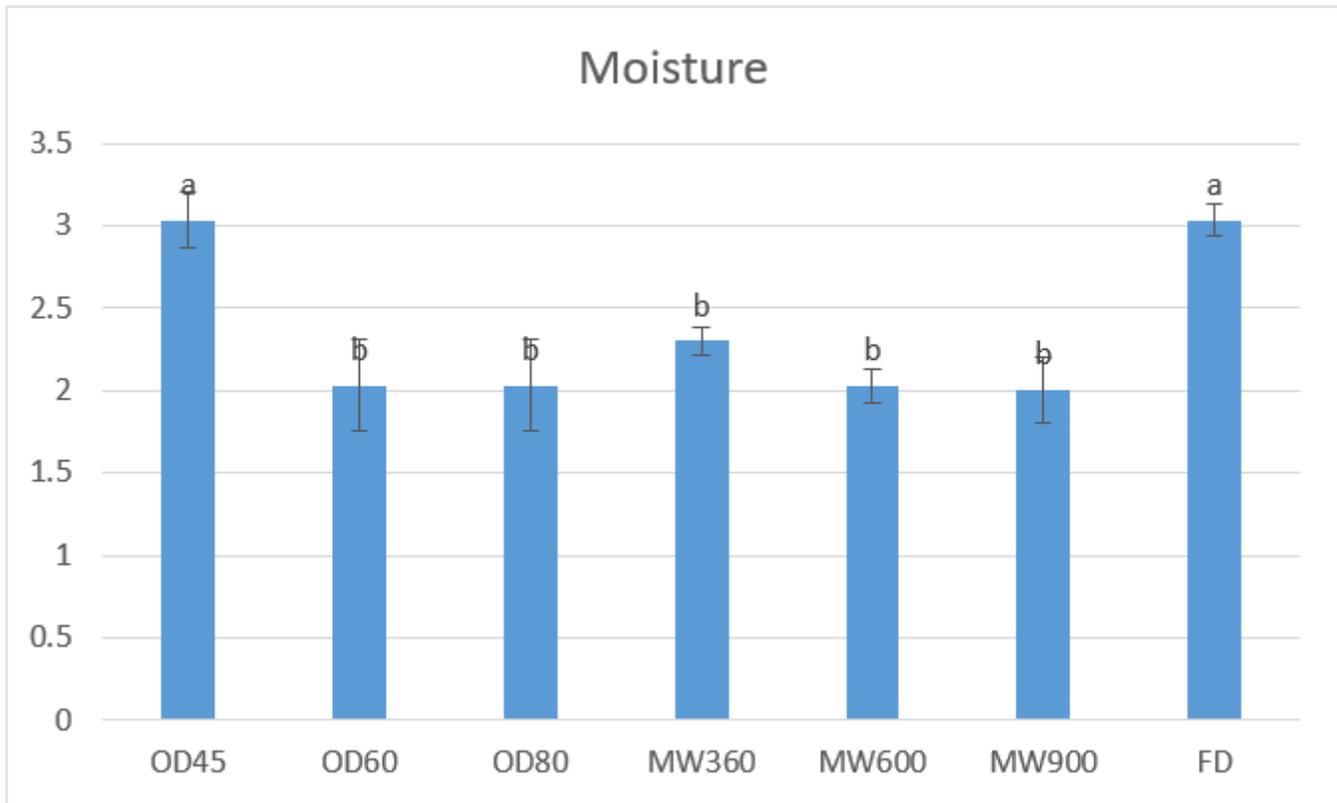
575

576 **Table 1.** Effect of drying condition on color values of foam mat dried orange beverage  
 577 powder.

Treatment	L	a	b	TCD	chroma	$\tan^{-1}b/a$
OD45	83.42± 9.9 <sup>ab</sup>	-6.6± 0.4 <sup>c</sup>	74.19±2.9 <sup>bc</sup>	117.23±0.11 <sup>a</sup>	71.04±0.03 <sup>e</sup>	84.91±0.01 <sup>e</sup>
OD60	84.74±7.8 <sup>ab</sup>	-2.27±0.5 <sup>bc</sup>	74.49±1.4 <sup>bc</sup>	116.74±0.24 <sup>b</sup>	75.34±0.3 <sup>c</sup>	88.25±0.02 <sup>a</sup>
OD80	75.4±8.02 <sup>b</sup>	6.84± 6.1 <sup>a</sup>	71.31±5 <sup>c</sup>	113.78±0.24 <sup>c</sup>	76.09±0.08 <sup>b</sup>	84.52±0.002 <sup>f</sup>
MW360	81.66±81.66 <sup>ab</sup>	4.44±0.08 <sup>a</sup>	70.33±0.26 <sup>c</sup>	107.76±0.14 <sup>f</sup>	70.57±0.06 <sup>f</sup>	86.38±0.003 <sup>d</sup>
MW600	83.10±83.10 <sup>ab</sup>	3.76±0.4 <sup>ab</sup>	76.04±1.1 <sup>ab</sup>	112.38±0.06 <sup>d</sup>	74.56±0.4 <sup>d</sup>	87.16±0.001 <sup>c</sup>
MW900	81.70±81.70 <sup>ab</sup>	3.33±0.23 <sup>ab</sup>	79.18±0.7 <sup>a</sup>	113.95±0.04 <sup>c</sup>	79.13±0.11 <sup>a</sup>	87.59±0.002 <sup>b</sup>
FD	89.36±89.36 <sup>a</sup>	-7.46±0.06 <sup>c</sup>	62.2±0.05 <sup>d</sup>	109.11±0.09 <sup>e</sup>	62.42±0.35 <sup>g</sup>	83.16±0.002 <sup>g</sup>

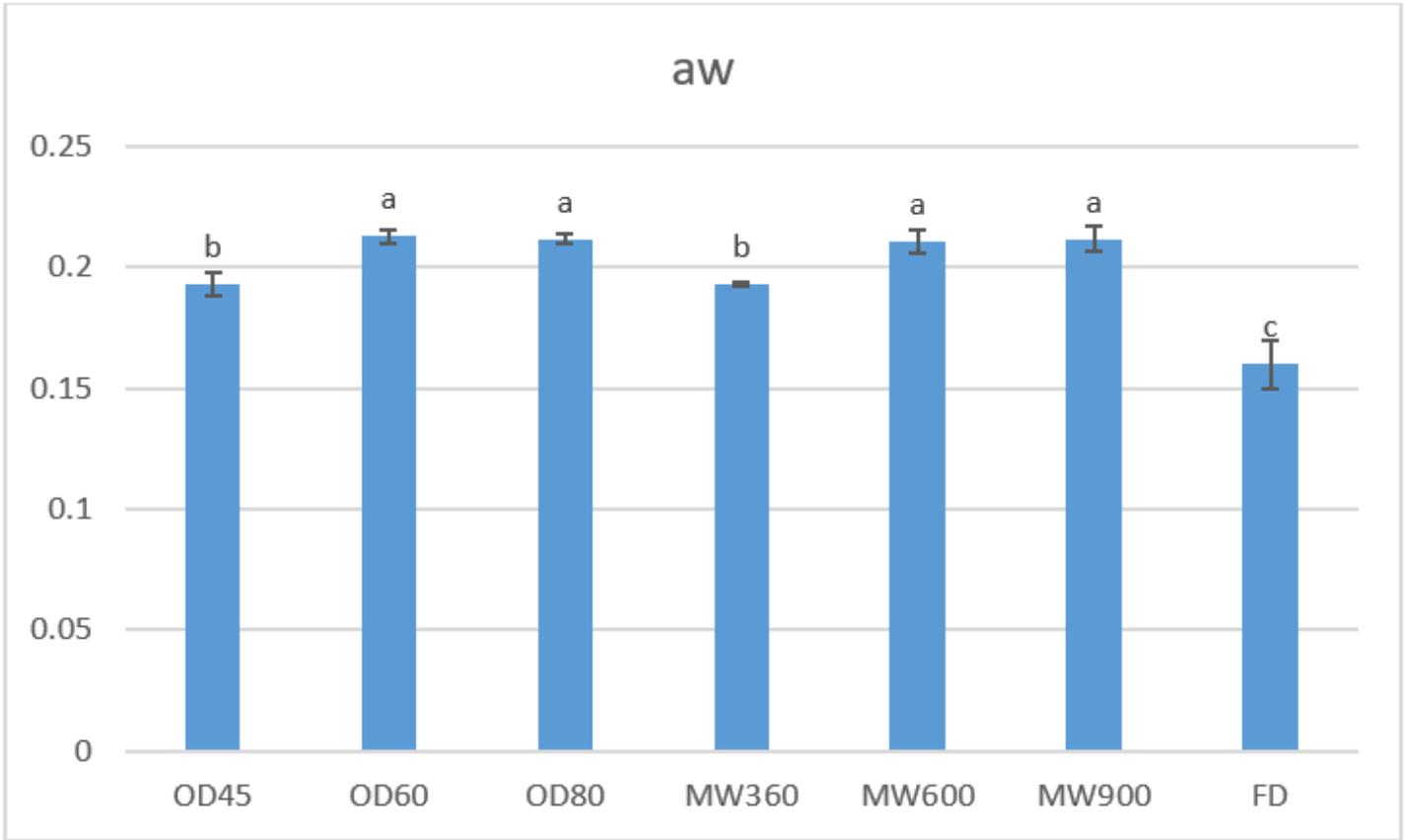
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# Figures



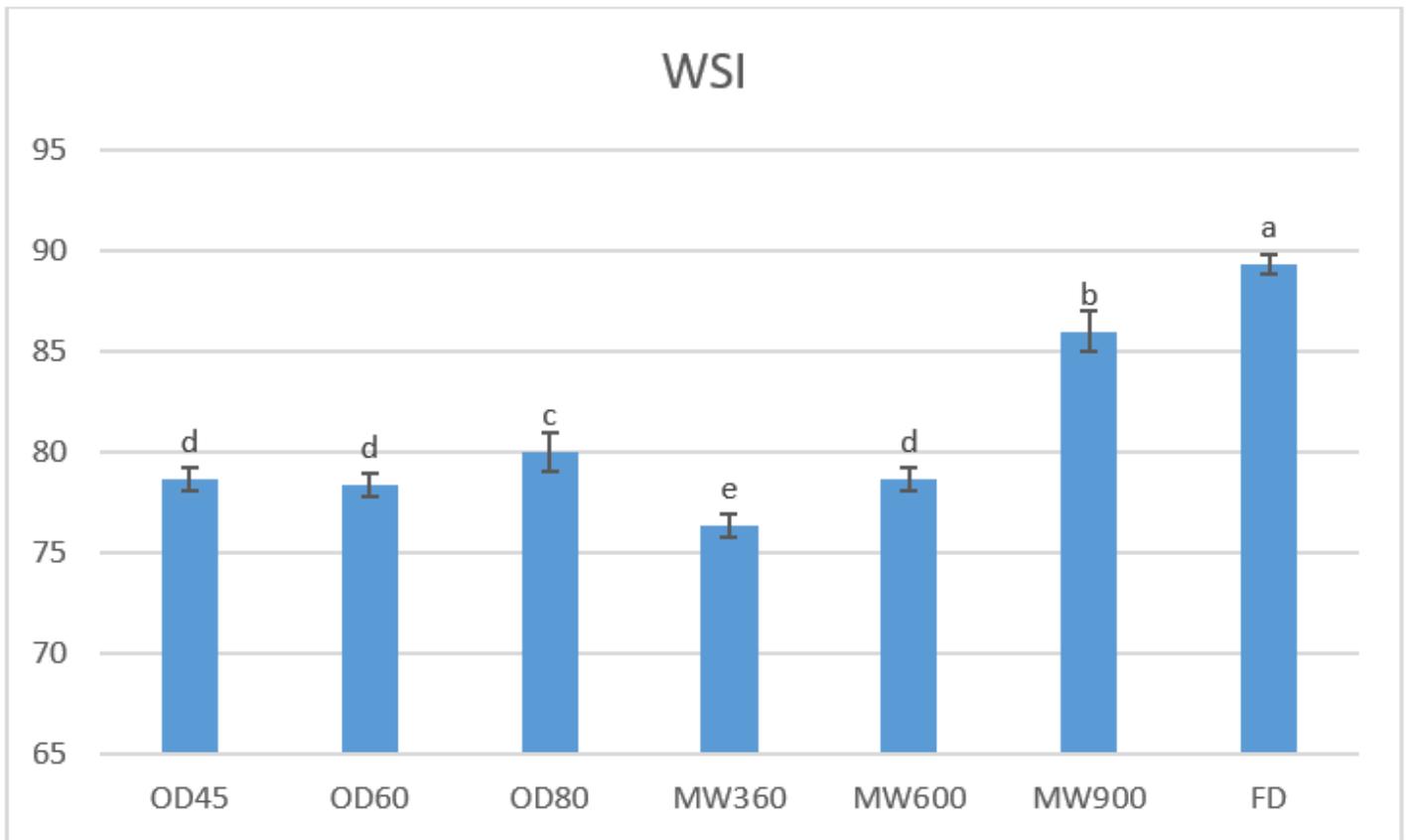
**Figure 1**

Effect of drying condition on moisture of foam mat dried orange beverage powder.



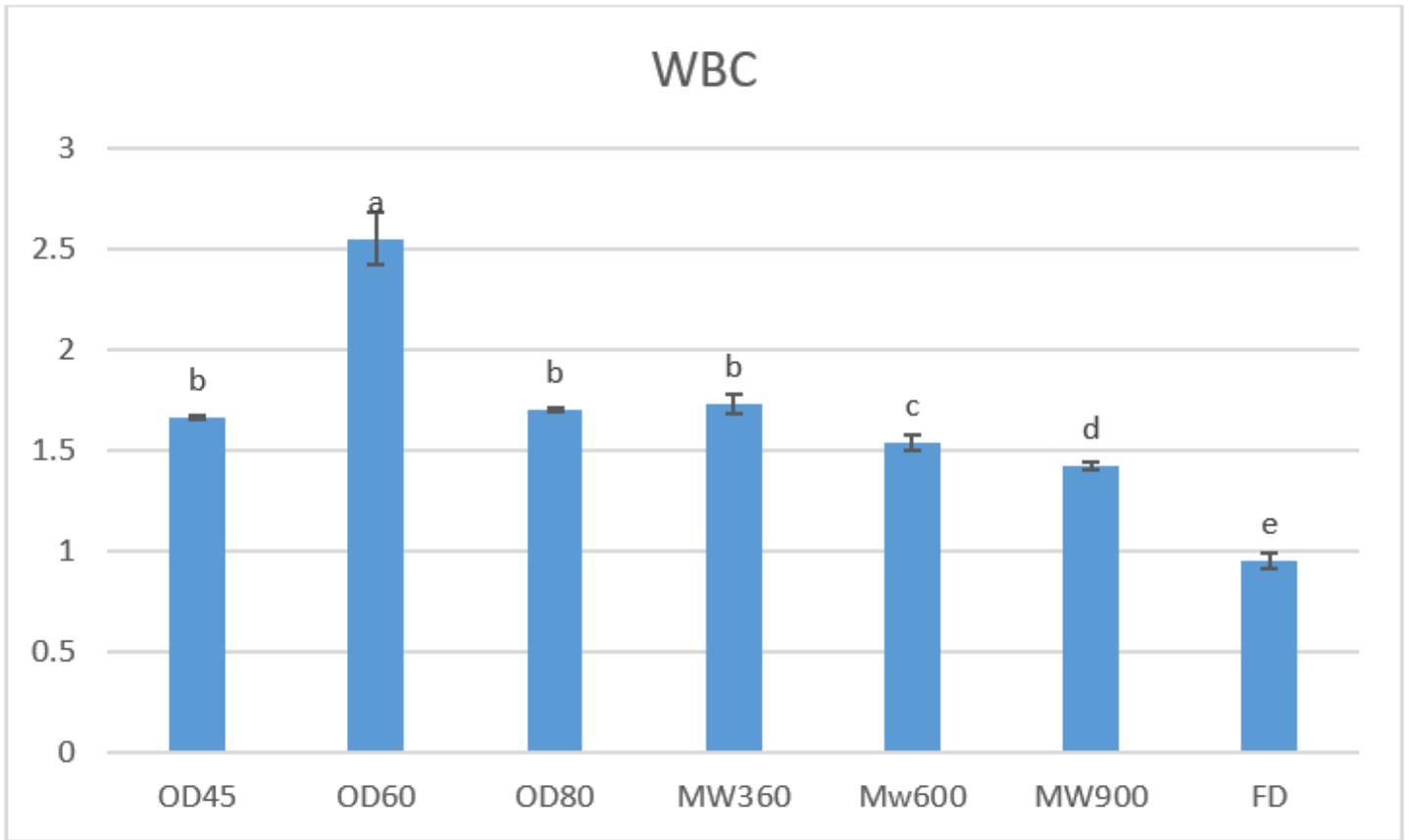
**Figure 2**

Effect of drying condition on water activity of foam mat dried orange beverage powder.



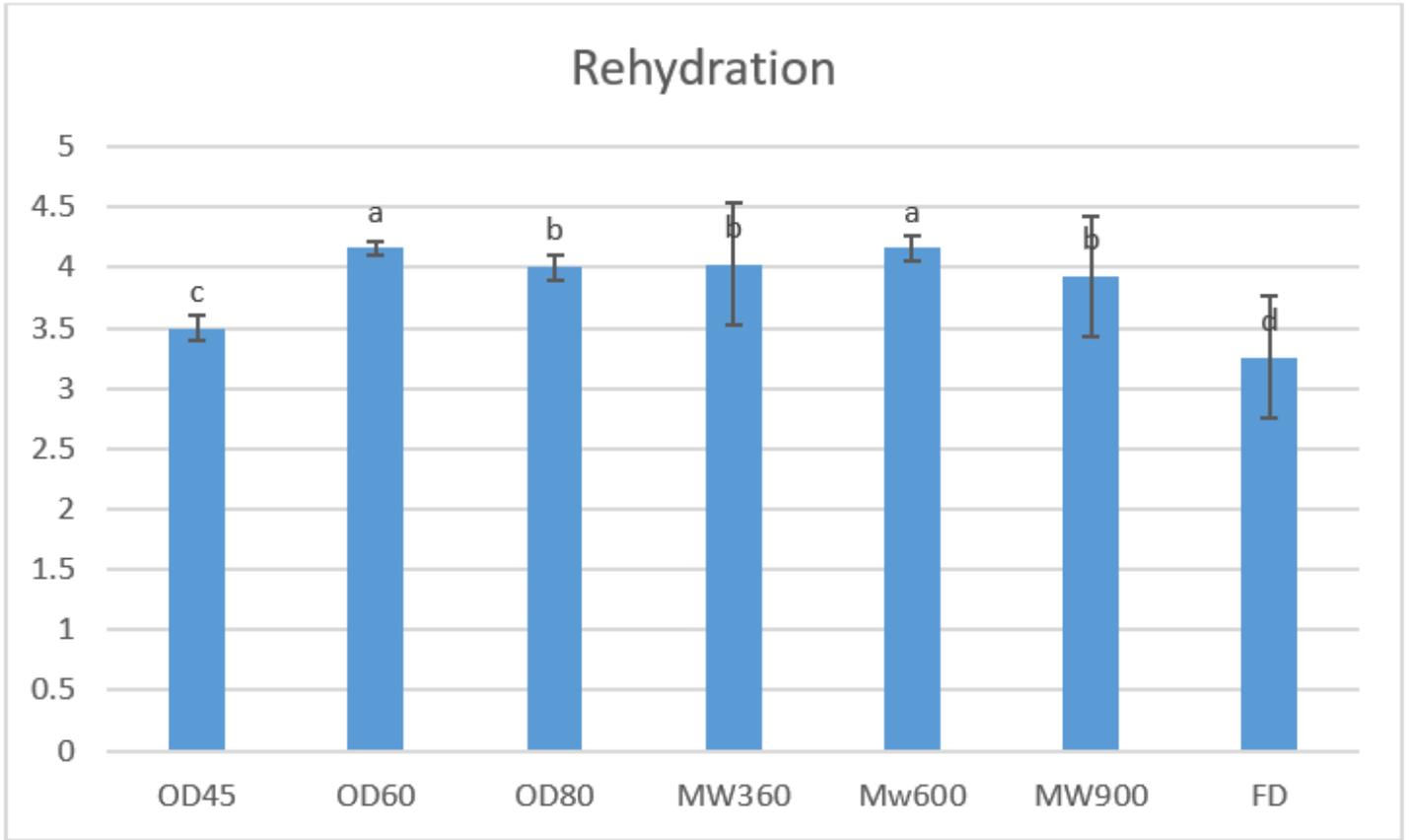
**Figure 3**

Effect of drying condition on solubility of foam mat dried orange beverage powder.



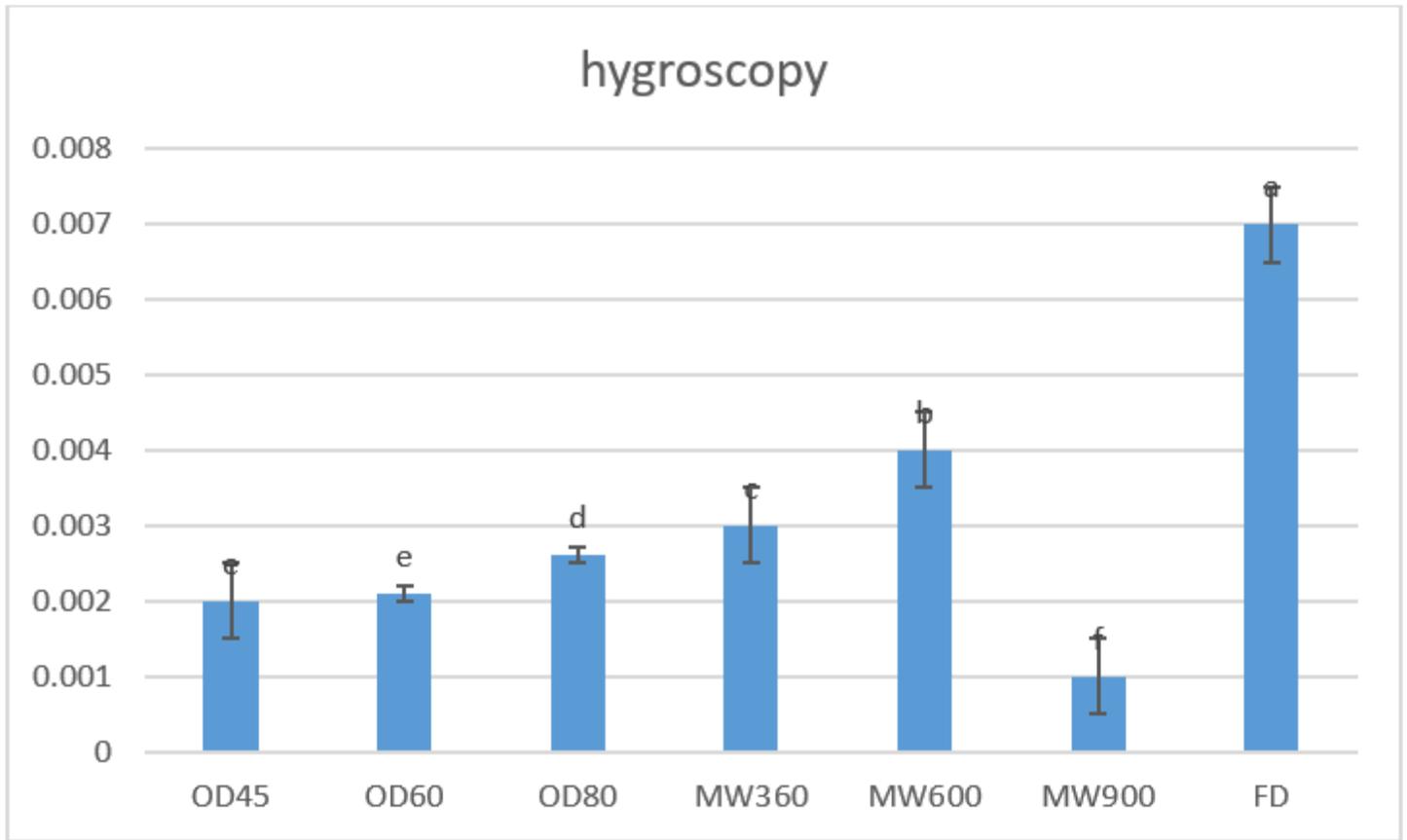
**Figure 4**

Effect of drying condition on water binding capacity of foam mat dried orange beverage powder.



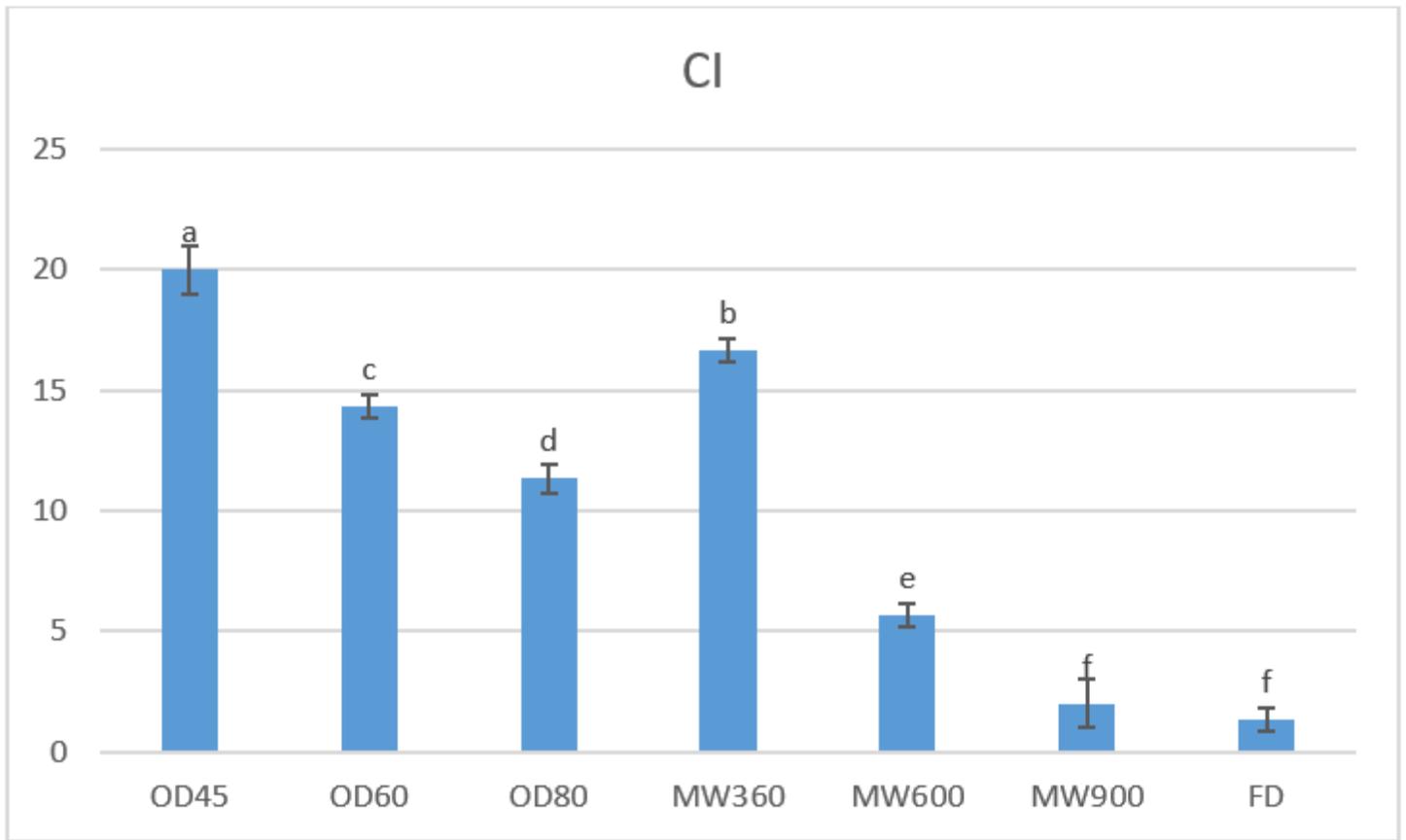
**Figure 5**

Effect of drying condition on rehydration of foam mat dried orange beverage powder.



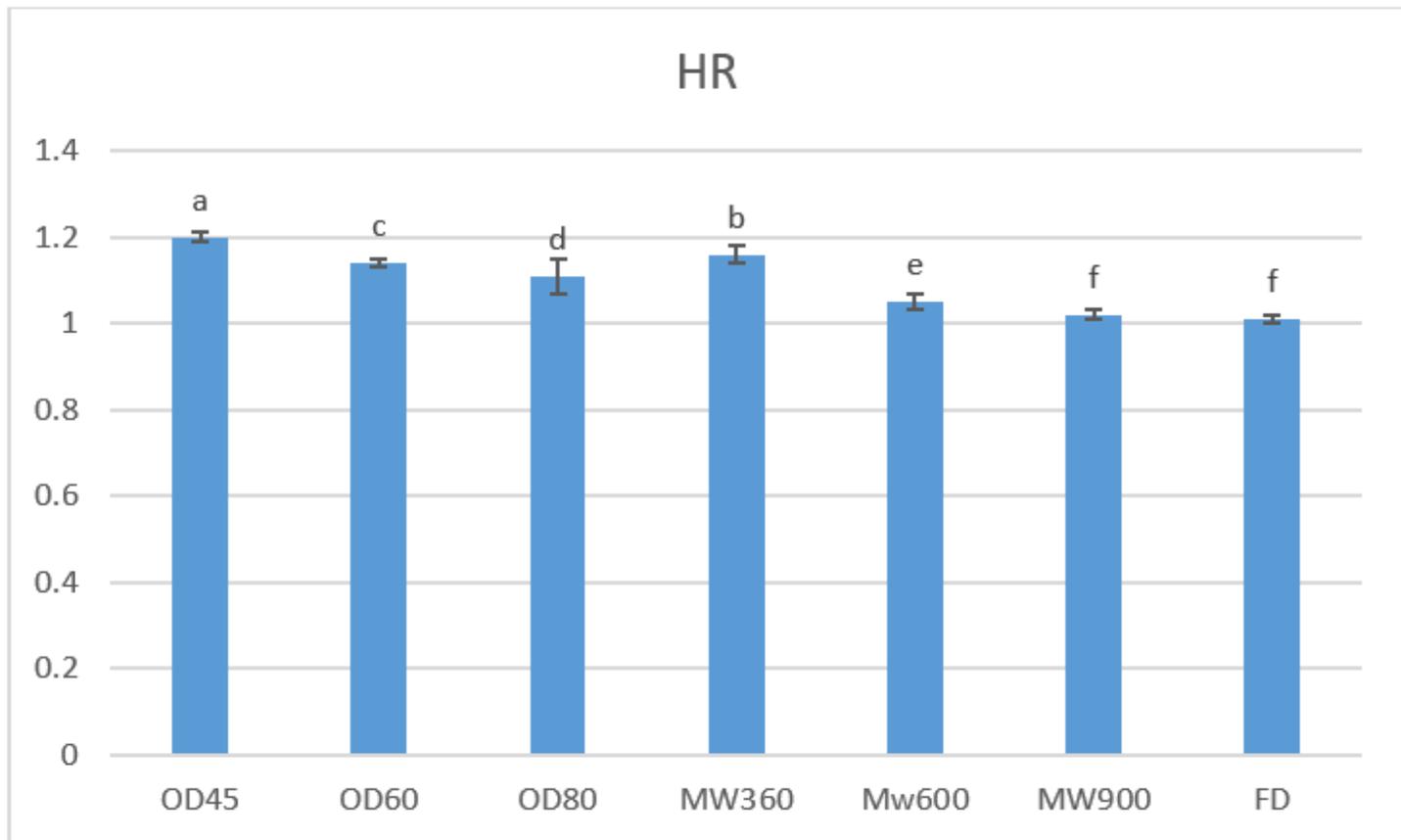
**Figure 6**

Effect of drying condition on hygroscopicity of foam mat dried orange beverage powder.



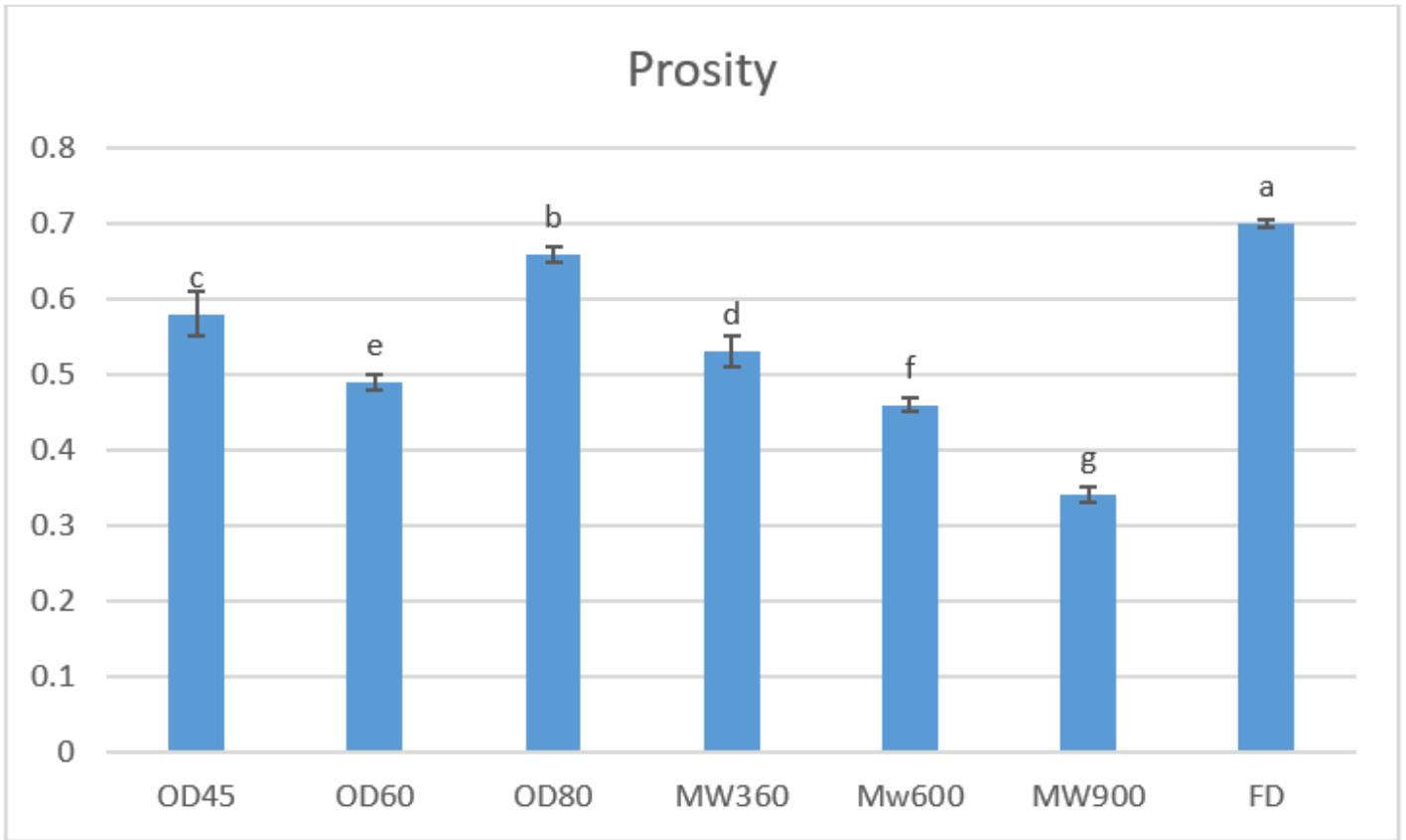
**Figure 7**

Effect of drying condition on carr index of foam mat dried orange beverage powder.



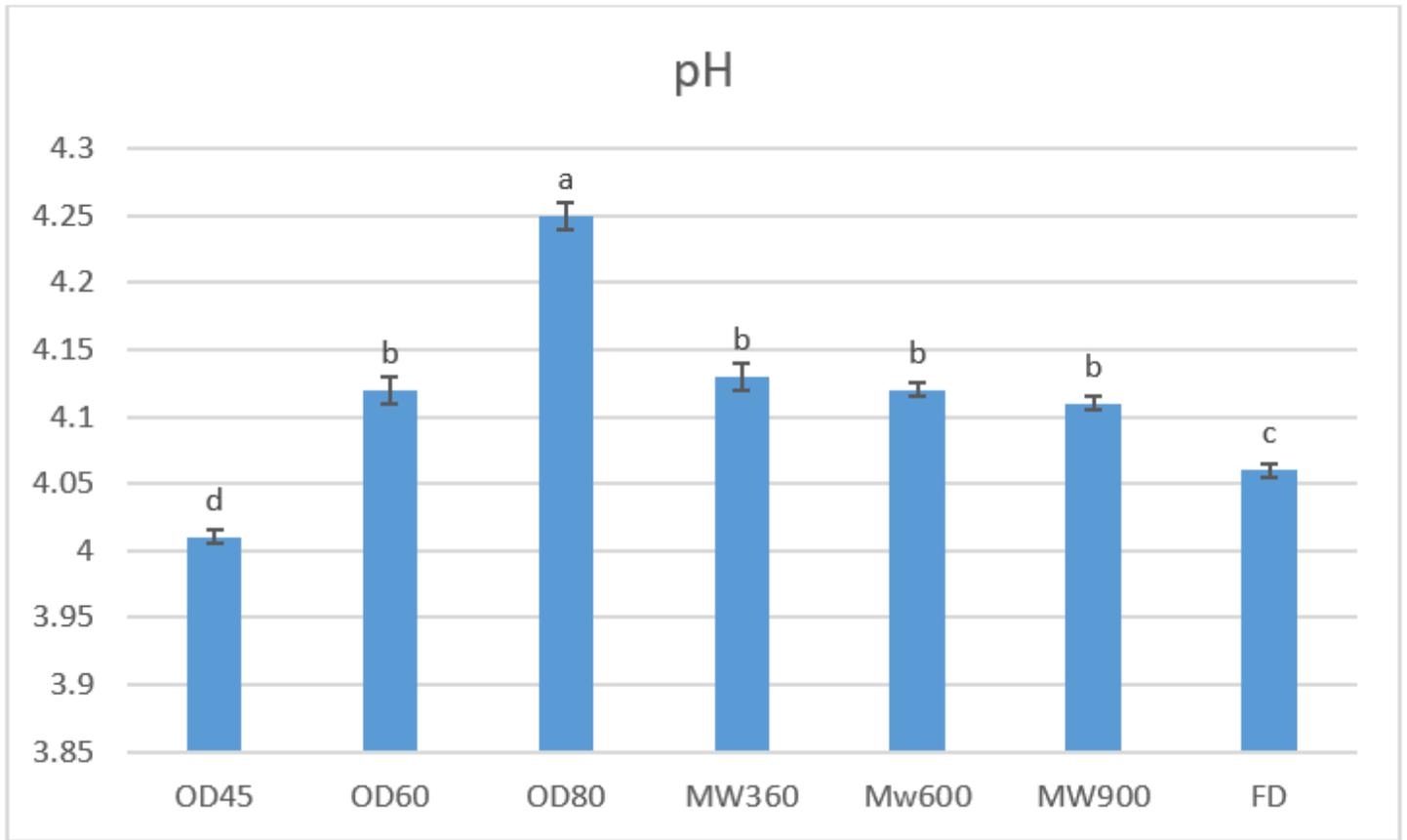
**Figure 8**

Effect of drying condition on haunser ratio of foam mat dried orange beverage powder.



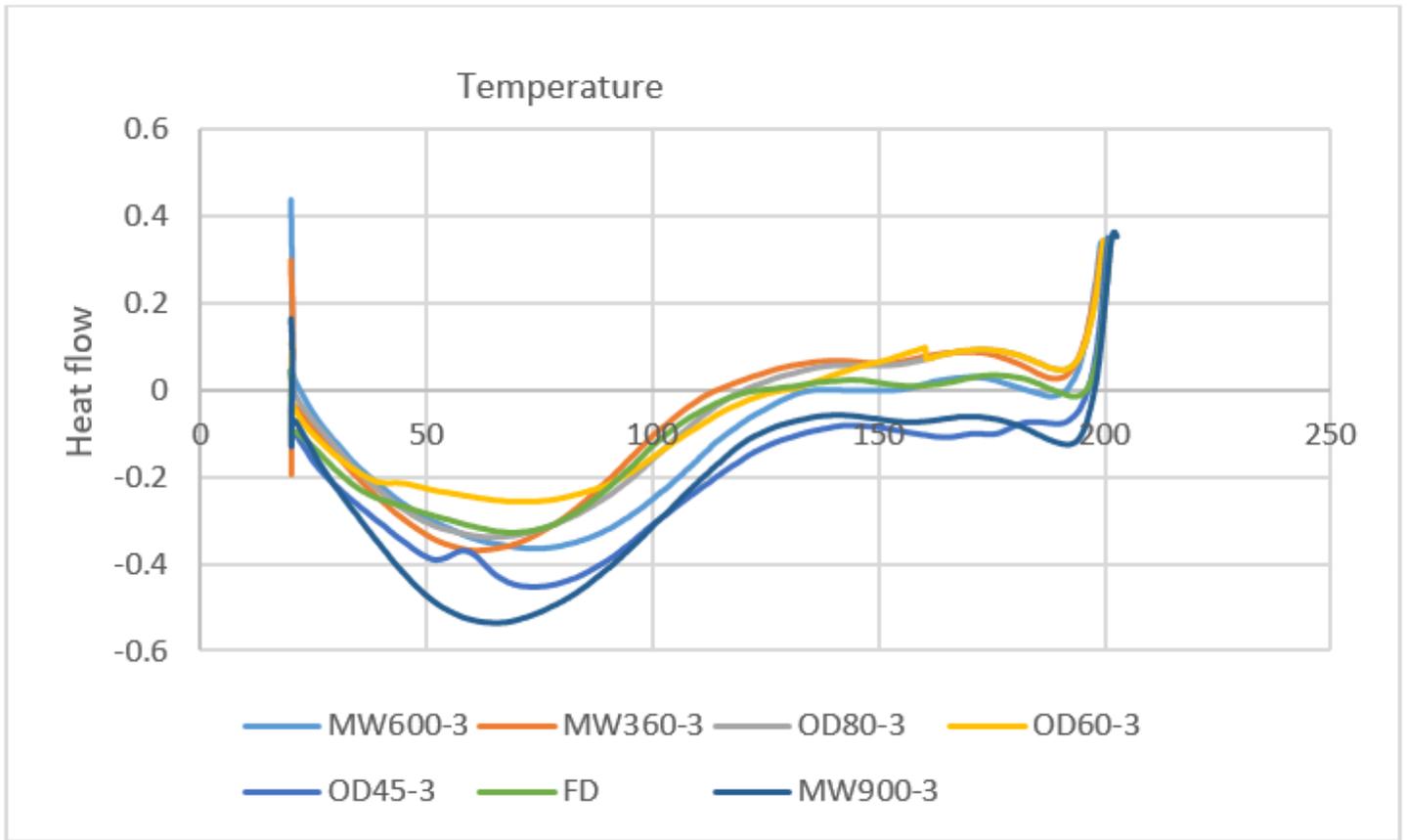
**Figure 9**

Effect of drying condition on porosity of foam mat dried orange beverage powder.



**Figure 10**

Effect of drying condition on pH of foam mat dried orange beverage powder.



**Figure 11**

Effect of drying condition on the DSC thermogram of orange beverage powder.

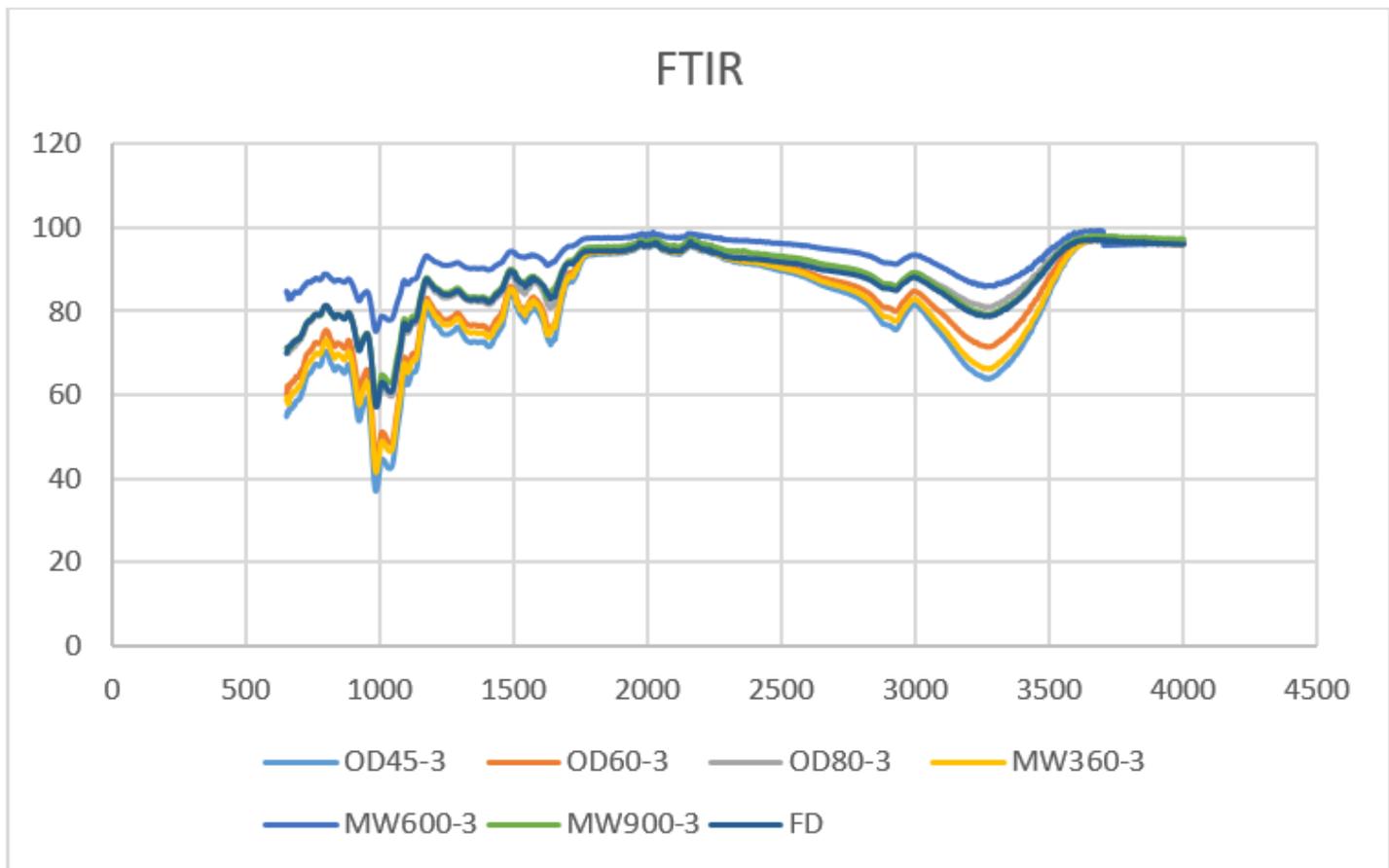


Figure 12

FTIR spectra of orange beverage powder at different drying temperature