Can a Virtual Microbiology Laboratory Simulation be as Effective as the Traditional Wetlab for Pharmacy Student Education?

Lyndsee Baumann Birkbeck

School of Pharmacy and Pharmacology, Griffith University, Gold Coast, QLD, 4222, Australia

Shailendra Anoopkumar-Dukie

School of Pharmacy and Pharmacology, Griffith University, Gold Coast, QLD, 4222, Australia

Sohil A Khan

School of Pharmacy and Pharmacology, Griffith University, Gold Coast, QLD, 4222, Australia

Matthew J Cheesman

School of Pharmacy and Pharmacology, Griffith University, Gold Coast, QLD, 4222, Australia

Margaret O'Donoghue

School of Nursing, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong

Gary Dean Grant (✉ g.grant@griffith.edu.au)

Griffith University Queensland Pharmaceutical Research Institute: Griffith University Eskitis Institute for Cell and Molecular Therapies <https://orcid.org/0000-0002-2574-5442>

Research article

Keywords: Simulation, pharmacy, education, clinical, microbiology

Posted Date: January 14th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-144147/v1>

License: © ⓘ This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Abstract

Background: Pharmacy practice education requires the development of proficiencies and an understanding of clinical microbiology. Learning in this area could be delivered using practical laboratory exercises, or potentially, simulation-based education. The current global climate due to COVID-19 has further highlighted the important role of technology-enhanced learning in delivering outcomes that meet the requisite learning objectives of a course. The aim of the present study was to compare the impact of a commercially available virtual microbiology simulation (VUMIE™) with a traditional wet laboratory (wetlab) on learner engagement and learning outcomes in a second-year integrated pharmacotherapeutics course for Bachelor of Pharmacy students.

Methods: A randomised, controlled, crossover study was employed to determine whether the simulation intervention (VUMIE™) improves learning outcomes (knowledge, skills and confidence) of pharmacy students, when compared to a traditional wetlab intervention. Each student completed three 1-2 hour length sessions, for both the wetlab and VUMIE™ interventions (6 sessions total). Data was collected using surveys deployed at baseline (pre-interventions), post-intervention (VUMIE™ or wetlab) and endpoint (post-interventions). Statistical analysis was conducted using SPSS Statistics 25 and InStat™ software.

Results: Both interventions produced statistically significant differences for mean scores compared to baseline (pre-VUMIE™ and wetlab) across the domains of knowledge, skills and confidence. VUMIE™ produced higher post-intervention mean scores for knowledge, skills and confidence compared to post-intervention mean scores for the wetlab, however there was no statistical significance between the mean score for the two interventions, thus the VUMIE™ activity produced learning outcomes comparable to the wetlab activity.

Conclusion: These findings demonstrated that VUMIE™ was just as effective as traditional wetlab activities for student learning outcomes. The simulation's implementation was not cost-prohibitive, provided students with a physically and psychologically safe learning environment, and the benefit of being able to repeat activities, supporting deliberate practice.

Background

Clinical skills education relies on the attainment of competencies that typically require clinical placement or wet laboratory (wetlab) experience. For pharmacy education, these competencies include pharmaceutical knowledge, professional skills and attitudes to provide care and advice across all healthcare settings, to promote good health and reduce the incidence of illness [1]. Replacement or adjunct use of clinical simulations or technology-enhanced learning activities is becoming more common among clinical courses, primarily due to a number of advantages including; cost limitation, no requirement for placement sites, flexible delivery and repeatability in order to acquire mastery of the content [2, 3].

Pharmacy practice education requires the development of clinical proficiencies and healthcare knowledge. Whilst this still involves development of laboratory skills including drug design and compounding, as well as clinical microbiology, these areas are recognised as 'speciality areas' [4, 5]. Pharmacy practice mostly involves the clinical aspect of microbiology, core knowledge of the skills and practice underpinning antibiotic selection and use should be demonstrated by graduates. Although practising pharmacists should have an understanding of these core elements, manual skillsets involved in such specialty areas, like microbiology, may not be required [6]. To create an understanding, the information regarding practical areas (not taken on in a typical pharmacy practice role) could be achieved using practical laboratory exercises, or potentially, simulation-based digital education modalities. In addition, the current climate surrounding the SARS-CoV-2 pandemic, and the need for replacement of face-to-face learning activities with flexible computer-based platforms, requires education facilitators to teach students through on-line tools [7]. Educators have been afforded very little time to prepare for such online learning, so an awareness of available software programs is beneficial when facilitating delivery of learning that is not able to be conducted face-to-face [8, 9].

Previously the cost of simulation training was high, however they have proven to be a very flexible and durable form of clinical education and training [10, 11]. Simulation-based education offers advantages including saving on consumables and promoting learning flexibility. Simulations can expand student opportunities to gain clinical skills, despite the challenges of finding clinical placement/practice sites, which has resulted from large student numbers as well as ethical and indemnity issues that arise when student actions may have negative consequences for real patients [3, 12, 13]. Technology-enhanced clinical education can also provide greater efficiency and opportunities for diligence, compared to the limited opportunities afforded by clinical experiences, and can be flexibly scheduled and repeated as necessary to allow learning consolidation through deliberate practice [14, 15].

Feasibility and acceptability of implementing virtual simulation for education in health fields has been noted as a significant issue, and has been the subject of a number of recent investigations [16, 17]. In addition to feasibility and acceptability, researchers have noted that where simulation has been considered a replacement for face-to-face learning, the modality needs to provide similar learning outcomes for students compared to traditional or existing methods [18, 19]. Recent literature focuses primarily on these two issues, as researchers and academics seek to fully appreciate where simulation education should apply, not just can apply.

The implementation of a tool allowing clinical microbiology skills training in a virtual environment may act to bridge the gap between clinical knowledge and practical application. The tool would permit flexible learning and save on consumables costs, as well as promote measurable active and outcome-based learning. Examining the outcomes following integration of the tool would help to develop a research framework for the incorporation of virtual clinical skills training into fundamental health education at a tertiary level. The aim of this study was to compare the impact of a commercially available virtual microbiology simulation (VUMIE™) with a traditional wetlab on learner engagement and learning outcomes in a second-year integrated therapeutics course for Bachelor of Pharmacy students. Informed

by Bloom's Taxonomy, learning outcomes examined the domains of knowledge, skills and confidence for a number of core clinical microbiology competency areas, including Gram staining, selection and use of media and biochemical tests, and susceptibility [20]. This research is timely, given the urgent need for education to be delivered in digital formats due to SARS-CoV-2.

Methods

The VUMIE™ software was incorporated into a second-year integrated pharmacotherapeutics course in the Bachelor of Pharmacy degree, during the years 2016 to 2019. Ethical clearance was granted by the relevant human research ethics committee (HREC 2016/231). A randomised, controlled, crossover study was employed to determine whether the simulation intervention (clinical skills training in a virtual environment with VUMIE™) improves learning outcomes of pharmacy students, when compared to a traditional wetlab experience. Students were allocated a license for the VUMIE™ software. Participation in the activity was compulsory, although completion of the surveys was voluntary. Each student completed three sessions of each activity (VUMIE™ and traditional wetlab). Sessions were 1–2 hours in length, for both the wetlab and VUMIE™ intervention. The wetlab activities involved the identification of microbial organisms, including Gram staining, plating and growth of organisms, and testing susceptibility of organisms to antibacterial treatments, to inform clinical decision-making. The VUMIE™ sessions involved comparable activities, however these were simulated with the virtual laboratory software, in a workshop classroom.

Students were randomly allocated into two groups. The first group undertook traditional (wetlab) laboratory activities (three sessions completed over three weeks). The second group undertook a similar virtual laboratory activity using VUMIE™, completed over those same three weeks. Both groups then swapped over and completed the other respective activity over the following three-week period.

Students who consented to data collection were invited to complete a baseline survey, a survey following the completion of their first activity (wetlab or VUMIE™) and an endpoint survey, after completing both the wetlab and VUMIE™ (Fig. 1). The surveys were anonymous and coded to protect students' identity. The baseline survey detailed demographic data including grade point average (GPA), gender and prior laboratory/microbiology experience. Each survey required students to report a score on a 5-point Likert scale that they believed corresponded to their level of agreement or disagreement with a statement regarding their knowledge, skills and confidence in a number of topics relating to clinical microbiology. These topics included Gram staining, growth media, biochemical tests and susceptibility testing. The Likert scale included the following points; 1 = strongly disagree, 2 = disagree, 3 = neutral, 4 = agree and 5 = strongly agree. The surveys also contained five knowledge-based multiple-choice questions, some open-questions and rating-based questions relating to students' engagement with the activity type. Survey construction was informed by the revised Bloom's taxonomy and the Quality and Safety Education for Nurses (QSEN) model of competencies [20, 21]. Data was collected using Jotform. The items for knowledge, skills and confidence were tested for reliability using Cronbach's alpha analysis on SPSS 25. The 16-item knowledge scale had good reliability with a Cronbach's alpha of 0.971 (baseline), 0.964

(post-wetlab), 0.976 (post-VUMIE™) and 0.974 (endpoint). The 12-item skills scale also had a good reliability with a Cronbach's alpha of 0.973 (baseline), 0.943 (post-wetlab), 0.972 (post-VUMIE™), and 0.966 (endpoint). The 12-item confidence scale demonstrated Cronbach's alpha of 0.983 (baseline), 0.976 (post-wetlab), 0.970 (post-VUMIE™) and 0.966 (endpoint).

A total of 124 students consented to their data being collected and analysed for this study (84% participation). These students all completed the baseline questionnaire. Thirty-nine students completed the post-VUMIE™ survey and 20 students completed the post-wetlab activity after 3 weeks of the respective activity (response rate approximately 50%). Thirty-five students completed the endpoint survey after the total 6 weeks of the two activities, giving the study suitable power. Learning outcome data were analysed using Instat™ software and statistical analyses of self-reported scores was conducted using SPSS Statistics 25. Cronbach's alpha was employed to determine reliability for the survey items. The authors further acknowledge that ordinal survey data would typically be analysed using a paired samples Wilcoxon signed rank test. Considering the unique study design and the uneven group numbers of survey respondents, it was deemed that the most appropriate statistical analysis for the survey data was a t-test. The pre- and post- test data were regarded as independent.

Results

Students who completed the surveys were on average, female, under 25 years of age, with a GPA between 4 and 6 (7 being highest, below 4 being a fail). Approximately 92% of students had completed a previous course which included aspects of microbiology, as part of their degree at university and they had spent an average time of 5–10 hours in a laboratory.

Knowledge, skills and confidence self-reported scores

Tables 1, 2 and 3 below show the data for student responses to the surveys, which were deployed at baseline, post-VUMIE™ or post-wetlab (depending on the activity assigned), and at the endpoint. Total average scores (knowledge, skills and confidence) were compared, as were individual item overall scores (Gram stain, media, biochemical tests and susceptibility). Total average scores, indicated at the bottom of each table, were calculated on raw scores for all individual learning outcome items. The overall item (indicated in bold) required students to respond based on their 'overall' knowledge regarding the given topic. For example, a student's response to 'Gram stain – overall' encompassed their self-reported learning outcome for the Gram stain process, performing a Gram stain and interpreting a Gram stain, considered holistically. For this reason, the overall scores for each main item (Gram stain, media, biochemical tests and susceptibility) were compared statistically, rather than separate responses (e.g. Gram stain process, interpreting a Gram stain etc.). Baseline outcomes were compared to post-wetlab, post-VUMIE™ and endpoint scores. Post wet-lab and post-VUMIE™ scores were also compared. Endpoint scores were compared to both post-wetlab and post- VUMIE™ scores.

Technology acceptance

To establish students' attitudes toward technology, prior to use of VUMIE™, technology acceptance was surveyed at baseline. Student responses (n = 124) regarding technology acceptance were overwhelmingly positive, with over 90% (113) of respondents either willing or very willing to use technology ordinarily. Similarly, over 85% (107) of respondents reported that they felt having a virtual microbiology training tool available to them would be somewhat or very useful. The baseline survey results also reported that approximately 46% (57) of students reported feeling that a virtual microbiology program would be either somewhat useful or very useful *instead* of a practical microbiology laboratory.

Table 1
Self-reported scores for the knowledge learning domain.

KNOWLEDGE	Baseline	Post-wetlab	Post-VUMIE™	Endpoint
Learning outcome	N = 124	N = 20	N = 39	N = 35
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
Gram stain – Process	3.6 (0.99)	4.2 (0.77)	4.0 (0.99)	4.5 (0.56)
Gram stain – Perform	3.5 (1.03)	4.0 (0.83)	3.8 (1.03)	4.4 (0.60)
Gram stain – Interpret	3.5 (1.00)	4.2 (0.79)	4.4 (0.79)	4.5 (0.56)
Gram stain – Overall	3.4 (1.04)	4.0 (0.83)*	4.0 (0.92)**	4.4 (0.61)** #
Media – Types	3.2 (0.96)	3.9 (0.71)	4.1 (0.76)	4.3 (0.63)
Media – Choice	3.1 (0.98)	3.7 (0.73)	3.9 (0.81)	4.1 (0.87)
Media - Interpret	3.1 (0.95)	3.8 (0.63)	4.1 (0.77)	4.3 (0.66)
Media – Overall	3.2 (0.97)	3.7 (0.73)*	4.0 (0.79)**	4.2 (0.65)** #
Biochemical Tests – Type	3.1 (0.89)	3.8 (0.89)	4.1 (0.74)	4.3 (0.53)
Biochemical Tests – Choice	3.0 (0.91)	3.7 (1.04)	4.0 (0.78)	4.2 (0.63)
Biochemical Tests -Interpret	3.0 (0.89)	3.6 (0.99)	4.1 (0.72)	4.3 (0.57)
Biochemical Tests – Overall	3.0 (0.92)	3.7 (0.93)**	4.1 (0.76)**	4.2 (0.60)** #
Susceptibility – Determine	3.0 (1.02)	3.9 (0.72)	4.1 (0.81)	4.4 (0.61)
Susceptibility – Perform	2.9 (1.00)	3.9 (0.72)	4.1 (0.76)	4.3 (0.63)
Susceptibility – Interpret	3.0 (1.00)	3.9 (0.67)	4.0 (0.78)	4.4 (0.60)
Susceptibility – Overall	3.0 (1.01)	3.9 (0.72)**	4.1 (0.77)**	4.3 (0.63)** #
Average Knowledge	3.2 (0.99)	3.9 (0.80)*	4.0 (0.81)**	4.3 (0.63)**#

* = $p < 0.05$ (compared to baseline)

** = $p < 0.01$ (compared to baseline)

= $p < 0.05$ (compared to post-wetlab)

Table 2
– Self-reported scores for the skills learning domain.

SKILLS	Baseline	Post-wetlab	Post-VUMIE™	Endpoint
Learning outcome	N = 124	N = 20	N = 39	N = 35
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
Gram stain – Perform	3.6 (0.95)	3.9 (0.72)	3.7 (1.02)	4.4 (0.36)
Gram stain – Interpret	3.6 (0.96)	4.1 (0.51)	4.3 (0.80)	4.6 (0.25)
Gram stain – Overall	3.5 (0.97)	3.9 (0.64)	3.9 (0.89)**	4.5 (0.26)** #Δ
Media – Choice	3.1 (0.89)	3.7 (0.92)	4.0 (0.77)	4.1 (0.49)
Media – Interpret	3.2 (0.91)	3.9 (0.64)	4.0 (0.81)	4.2 (0.49)
Media – Overall	3.1 (0.91)	3.7 (0.88)*	4.0 (0.81)**	4.2 (0.55)** #
Biochemical Tests – Perform	3.2 (0.91)	3.7 (0.80)	4.0 (0.83)	4.2 (0.41)
Biochemical Tests -Interpret	3.2 (0.91)	3.7 (0.73)	4.0 (0.79)	4.3 (0.37)
Biochemical Tests - Overall	3.2 (0.90)	3.7 (0.73)*	4.0 (0.79)**	4.2 (0.42)** #
Susceptibility – Perform	3.0 (0.90)	3.8 (0.69)	4.0 (0.78)	4.4 (0.42)
Susceptibility – Interpret	3.0 (0.93)	3.8 (0.63)	4.1 (0.75)	4.4 (0.48)
Susceptibility – Overall	3.0 (0.89)	3.8 (0.63)**	4.0 (0.76)**	4.4 (0.48)** #
Average Skills	3.2 (0.94)	3.8 (0.71)**	4.0 (0.82)**	4.3 (0.65)**#

* = $p < 0.05$ (compared to baseline)

** = $p < 0.01$ (compared to baseline)

= $p < 0.05$ (compared to post-wetlab)

Δ = $p < 0.05$ (compared to post-VUMIE™)

Table 3
– Self-reported scores for the confidence learning domain.

CONFIDENCE	Baseline	Post-wetlab	Post-VUMIE™	Endpoint
Learning outcome	N = 124	N = 20	N = 39	N = 35
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)
Gram stain – Perform	3.4 (0.98)	3.7 (1.00)	3.7 (1.08)	4.3 (0.37)
Gram stain – Interpret	3.4 (0.98)	3.9 (0.85)	4.2 (0.80)	4.5 (0.26)
Gram stain – Overall	3.4 (0.97)	3.8 (0.83)	3.9 (0.85)**	4.4 (0.37)** #Δ
Media – Choice	3.0 (0.91)	3.6 (0.94)	3.9 (0.79)	4.1 (0.48)
Media – Interpret	3.2 (0.95)	3.8 (0.83)	4.1 (0.79)	4.2 (0.48)
Media – Overall	3.1 (0.91)	3.7 (0.86) **	3.9 (0.79)**	4.1 (0.48)** #
Biochemical Tests – Perform	3.1 (0.95)	3.7 (0.86)	3.9 (0.82)	4.3 (0.37)
Biochemical Tests -Interpret	3.1 (0.94)	3.7 (0.86)	4.0 (0.75)	4.3 (0.38)
Biochemical Tests – Overall	3.1 (0.95)	3.7 (0.86)*	4.0 (0.82)**	4.2 (0.42)** #
Susceptibility – Perform	3.1 (0.96)	3.9 (0.59)	4.0 (0.78)	4.3 (0.46)
Susceptibility – Interpret	3.1 (0.96)	3.9 (0.59)	4.1 (0.76)	4.4 (0.36)
Susceptibility – Overall	3.1 (0.96)	3.9 (0.59)**	3.9 (0.76)**	4.3 (0.46)** #Δ
Average Confidence	3.2 (0.96)	3.8 (0.80)**	4.0 (0.82)**	4.3 (0.64)** #

* = $p < 0.05$ (compared to baseline)

** = $p < 0.01$ (compared to baseline)

= $p < 0.05$ (compared to post-wetlab)

Discussion

Learning outcomes

At baseline, students reported their knowledge of the clinical microbiology topics (Gram staining, media, biochemical tests and susceptibility). Students were expected to have some knowledge of these topics, as they had likely completed a microbiology subject as a prerequisite to them undertaking the pharmacology and therapeutics course in their Bachelor of Pharmacy degree, from which this study draws its data. Both interventions produced statistically significant differences ($p < 0.05$) in mean scores

compared to baseline across the domains of knowledge, skills and confidence. As seen in Tables 1, 2 and 3, VUMIE™ produced higher post-intervention mean scores for knowledge, skills and confidence compared to post-intervention mean scores for the wetlab, however there was no statistical significance between the mean score for the two interventions. This suggests that the VUMIE™ activity produces learning outcomes that are comparable to the wetlab activity. Statistically significant differences ($p < 0.05$) were also recorded for endpoint compared to baseline for knowledge, skills and confidence, which suggests that completing the VUMIE™ activity in addition to the wetlab made a positive impact on student learning outcomes. Of the individual items assessed in the surveys, the largest mean score was reported for Gram staining interpretation, again across all three learning domains. These findings are consistent with a number of other studies which demonstrate that virtual simulation can produce comparable learning outcomes compared to traditional teaching methods [15, 17, 22, 23]. The current pandemic has meant that some students' progression in their degree has been stalled, due to the inability to complete practical laboratory components. A simulation, such as VUMIE™, which produces comparable results to traditional education modes, may allow some health programs to deliver teaching which previously required a traditional laboratory, thereby allowing students to complete pre-requisite modules that may otherwise have been postponed.

Use of a virtual simulation also provides benefits for students who are able to repeat processes and skills that in a traditional wetlab they may only be able to practice once, due to time, cost, supervision and consumables availability. According to this study, the wetlab did not produce statistically significant improvement from baseline for overall Gram stain skills ($p = 0.09$), where the VUMIE™ did ($p < 0.01$). This may indicate that students did not feel that they had mastered Gram stain skills during the wetlab, because skills are often only able to be completed once due to time and consumables limitations. The virtual simulation, however, allows for deliberate practice (where a learner undertakes a specifically designed activity to improve performance in that given area or skill) and can be used in the domain of mastery learning, where learners participate in an iterative cycle, repeating the learning process until a certain outcome is met [24, 25]. These concepts are particularly applicable to simulations when used to teach or assess a procedure or technique (process-oriented or procedural simulation), like VUMIE™ which teaches the aseptic procedure for various microbiological testing processes [26]. The repeatability of the VUMIE™, also means that it could potentially be used as an assessment tool. Computer simulations as assessment have the advantage of removing bias and enhancing reliability in contrast to assessments involving humans (eg Objective Structured Clinical Examinations) [27]. The exact case study can be repeated for all students and will perform in the same manner each time. The results of this study also suggest that VUMIE™ could be beneficial as an orientation tool prior to wetlab activities being undertaken, which may improve both the performances and the safety of students during the live laboratory exercises. Similar findings have been reported for other virtual laboratory experiences, particularly for promotion of confidence and more efficient completion of laboratory activities [28, 29].

The delivery of the traditional wetlab allowed for feedback from a demonstrator during the lab session, though students were required to wait until the following week's session before seeing whether their aseptic technique had been adequate, and their plates had recorded growth. VUMIE™ however, provided

instant results and allowed the generation of a lab report where students could see any errors made during the activity. Timely feedback on simulation performance is a critical component of effective learning, encouraging reflective thinking and analysis of learning, so that improvements can be made based on feedback acquired during prior attempts [14, 26].

The 'anywhere, anytime' access to virtual learning tools for students has been referred to as 'simulation on-demand' and also 'distributed simulation', though for the latter term it traditionally referred to a high-fidelity physical unit [26]. Provided the VUMIE™ program is downloaded onto a user's computer, it can be used anywhere with an internet connection. In addition to the convenience of off-campus use, the VUMIE™ software provided a suitable alternative for a number of students who were unable to physically take part in the wetlabs. Results measuring learning outcomes from this study indicate that VUMIE™ was non-inferior to the wetlab, indicating that it could be used again in future where students have contraindications to participating in traditional wetlab activities. In addition to physical safety, the software allows the learner to feel safe in their actions, without fear of negative consequences (such as those that come from making an error in the wetlab). Feeling psychologically safe is associated with better learning outcomes, as students are more likely to treat mistakes as learning opportunities, rather than perceiving them as failures [30, 31].

Not every simulation or virtual laboratory activity will produce successful learning outcomes. Technology-mediated laboratory activities should be used in accordance with preferred instructional design methods and based on sound teaching theories, as well as aligned to curriculum [32, 33]. When virtual activities are used as mere 'add-ons' to existing course content, and not directly related to the learning objectives, their usefulness is limited [34, 35]. We have demonstrated that the VUMIE™ software is a useful tool for teaching clinical microbiology to second-year Bachelor of Pharmacy students, however, as is the case with many commercial simulation products, there are components that users might wish to alter. Whilst the program provides an excellent opportunity to practice the interpretation of Gram stains, it does not demonstrate the staining process or the agar plate streaking process. Commercially available products will often deliver the majority of the requisite educational objectives, however, may not address all of these. As long as the employer of the simulation is aware of the limitations, learning outcomes can usually still be met using supplementary teaching. Another consideration for future use might be a program that allows modification by the educator or institution.

Another consideration for use of simulations is technology acceptance. For this study, self-reported technology acceptance was overwhelmingly positive. The majority of respondents were either willing or very willing to use technology ordinarily and reported that they felt having a virtual microbiology training tool available to them would be somewhat or very useful. The technology-acceptance model explains that perceived usefulness and ease of use are predictors of intention to use a simulation or computer-based activity [36]. Incorporating a simulation into a curriculum requires educators to consider the learner and their willingness to use technology, in order to design a learning activity that will suit the students.

Several factors should be noted when considering future implications and considerations of this research. The VUMIE™ program was accessible by students from the time they attended their first workshop and could be accessed from anywhere provided the student had internet access. Due to privacy reasons there was no way to track how frequently students logged in and used the simulation, including duration of use, or how often simulations were repeated, though this information may assist in understanding and explaining the impact on learning outcomes. Due to ethical guidelines at this institution, surveys must be completely voluntary, which contributed to uneven group numbers (due to attrition). However, a response rate of approximately 50%, which was observed for the post-activity survey compared to the baseline response, is a typical rate of response for data collected from individuals [37]. Additionally, this study examined short-term learning outcomes (approximately 8 weeks), whereas long-term retention of learning using the program in comparison to the live wetlab should be investigated for a more rigorous assessment of student learning. Further studies could also examine the integration of the simulation at a chosen time (as is the case with just-in-time simulation), to examine the effects on learning outcomes.

Conclusion

Our study indicated that the VUMIE™ virtual clinical microbiology simulation program was equally effective as a traditional wetlab activity in their impact on student learning outcomes. The simulation provided students with a physically and psychologically safe learning environment, with the additional benefits of providing opportunities for students to repeat activities, thus supporting deliberate practice. This suggests that virtual learning tools can, to some extent, replace face-to-face laboratory or clinical teaching or assessment, this being especially useful in a global climate where live teaching is becoming far less frequent.

While the results of this study suggest that a virtual clinical microbiology simulation can produce similar learning outcomes to a traditional wetlab, the research team does not believe that this evidence is sufficient to completely replace the traditional laboratory experience of pharmacy students within their course of study, rather, that it could be considered as a means of training before exposure to a traditional laboratory activity, to enhance deliberate practice for skill acquisition, and as a way of providing a standardised assessment for clinical microbiology education.

Abbreviations

GPA – Grade point average

QSEN - Quality and Safety Education for Nurses

Declarations

Ethics approval and consent to participate

Ethical clearance was granted by the Griffith University Human Research Ethics Committee (HREC 2016/231). Participation in the simulation and wetlab activities was compulsory, however completion of the surveys (data collection) was voluntary.

Consent to publish

Not applicable

Availability of data and materials

The datasets used and analysed during the current study are available from the corresponding author on reasonable request.

Competing interests

The authors declare that they have no competing interests

Funding

This study was funded by a Griffith University and Hong Kong Polytechnic University Collaborative Research Grant. Only the authors (and not the funding bodies) were involved in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript.

Authors contributions

LBB, GG, SK, SA and MO designed the study. LBB, MC and GG collected the data. LBB and GG analysed the data. All authors have been involved in the drafting of the paper. All authors have read and approved the final manuscript.

Acknowledgements

The authors wish to thank Raewyn Mai, Simi Sandhu and Jarrah Dadd for their administration assistance during the study.

References

1. Pharmaceutical Society of Australia. National competency standards framework for pharmacists in Australia 2010: Pharmaceutical Society of Australia; 2010.

2. Drennan J, Kennedy J, Pisarski A. Factors affecting student attitudes toward flexible online learning in management education. *J Educ Res*. 2005;98:331–8. doi:10.3200/JOER.98.6.331-338.
3. Harder BN. Use of simulation in teaching and learning in health sciences: a systematic review. *J Nurs Educ*. 2009;23–8. doi:/10.1016/j.ecns.2009.04.092.
4. Olans RD, Nicholas PK, Hanley D, DeMaria A. Defining a role for nursing education in staff nurse participation in antimicrobial stewardship. *J Contin Educ Nurs*. 2015;46:318–21.
5. Weller JM. Simulation in undergraduate medical education: bridging the gap between theory and practice. *Med Educ*. 2004;38:32–8. doi:10.1111/j.1365-2923.2004.01739.x.
6. Figg WD, Cox MC. Pharmacy education: back to the basics? *Pharmacotherapy*. 2003;23:1381.
7. Zhou L, Wu S, Zhou M, Li F. 'School's Out, But Class' On', The Largest Online Education in the World Today: Taking China's Practical Exploration During The COVID-19 Epidemic Prevention and Control As an Example. *Best Evid Chin Edu*. 2020;4(2):501–19. doi:/10.2139/ssrn.3555520.
8. Crawford J, Butler-Henderson K, Rudolph J, Malkawi B, Glowatz M, Burton R, et al. COVID-19: 20 countries' higher education intra-period digital pedagogy responses. *J Appl Learn Teach*. 2020;3:1–20. doi:10.37074/jalt.2020.3.1.7.
9. Evans DJ, Bay BH, Wilson TD, Smith CF, Lachman N, Pawlina W. Going Virtual to Support Anatomy Education: A STOPGAP in the Midst of the Covid-19 Pandemic. *Anat Sci Educ*. 2020;13:279–83. doi:10.1002/ase.1963.
10. Lateef F. Simulation-based learning: Just like the real thing. *J Emerg Trauma Shock*. 2010;3:348.
11. Zendejas B, Wang AT, Brydges R, Hamstra SJ, Cook DA. Cost: the missing outcome in simulation-based medical education research: a systematic review. *Surgery*. 2013;153:160–76.
12. McCallum J. The debate in favour of using simulation education in pre-registration adult nursing. *Nurse Educ Today*. 2007;27:825–31.
13. Ziv A, Wolpe PR, Small SD, Glick S. Simulation-based medical education: an ethical imperative. *Acad Med*. 2003;78:783–8.
14. McGaghie WC, Issenberg SB, Petrusa ER, Scalese RJ. A critical review of simulation-based medical education research: 2003–2009. *Med Educ*. 2010;44:50–63. doi:/10.1111/j.1365-2923.2009.03547.x.
15. Weller JM, Nestel D, Marshall SD, Brooks PM, Conn JJ. Simulation in clinical teaching and learning. *Med J Aust*. 2012;196:594. doi:10.5694/mja10.11474.
16. Hao L, Han N, Zhang J, Chi Y. A Study of Application of Multimedia Virtual Simulation Teaching Method in Microbiology Experiments. *Transactions on Computer Science Technology*. 2019;7(1):76–80.
17. Makransky G, Thisgaard MW, Gadegaard H. Virtual simulations as preparation for lab exercises: Assessing learning of key laboratory skills in microbiology and improvement of essential non-cognitive skills. *PLoS One*. 2016;11. doi:/10.1371/journal.pone.0155895.

18. Dubovi I, Levy ST, Dagan E. Now I know how! The learning process of medication administration among nursing students with non-immersive desktop virtual reality simulation. *Comput Educ.* 2017;113:16–27.
19. Makransky G, Mayer RE, Veitch N, Hood M, Christensen KB, Gadegaard H. Equivalence of using a desktop virtual reality science simulation at home and in class. *PLoS One.* 2019;11(4):e0214944. 14(.
20. Alaoutinen S, Smolander K, editors. Student self-assessment in a programming course using bloom's revised taxonomy. *Conference Proceedings of the 15th Annual Conference on Innovation and Technology in Computer Science Education 2010 Jun 26* (pp. 155–159) doi: 10.1145/1822090.1822135.
21. Dycus P, McKeon L. Using QSEN to measure quality and safety knowledge, skills, and attitudes of experienced pediatric oncology nurses: An international study. *Qual Manag Healthcare.* 2009;18:202–8. doi:10.1097/QMH.0b013e3181aea256.
22. Cant RP, Cooper SJ. Simulation in the Internet age: The place of Web-based simulation in nursing education. An integrative review. *Nurse Educ Today.* 2014;34:1435–42.
23. Sancho P, Corral R, Rivas T, González MJ, Chordi A, Tejedor C. A blended learning experience for teaching microbiology. *Am J Pharm Educ.* 2006;70(5). doi:10.5688/aj7005120.
24. Ericsson KA, Krampe RT, Tesch-Römer C. The role of deliberate practice in the acquisition of expert performance. *Psychol Rev.* 1993;100:363–406.
25. Gonzalez L, Kardong-Edgren S. Deliberate practice for mastery learning in nursing. *Clinical Simulation in Nursing.* 2017;13:10–4. doi:10.1016/j.ecns.2016.10.005.
26. Lopreiato JO. *Healthcare simulation dictionary*: Agency for Healthcare Research and Quality; 2016.
27. McGrath JL, Taekman JM, Dev P, Danforth DR, Mohan D, Kman N, et al. Using virtual reality simulation environments to assess competence for emergency medicine learners. *Acad Emerg Med.* 2018;25:186–95. doi:/10.1111/acem.13308.
28. Cheesman MJ, Chen S, Manchadi M-L, Jacob T, Minchin RF, Tregloan P. Implementation of a virtual laboratory practical class (VLPC) module in pharmacology education. *Pharmacognosy communications.* 2014;4:2–10.
29. Dalgarno B, Bishop AG, Bedgood DR Jr, Adlong W. What factors contribute to students' confidence in chemistry laboratory sessions and does preparation in a virtual laboratory help? *Proceedings of The Australian Conference on Science and Mathematics Education (formerly UniServe Science Conference)*; 2012 Nov 13 (Vol. 10).
30. Ganley BJ, Linnard-Palmer L. Academic safety during nursing simulation: Perceptions of nursing students and faculty. *Clin Simul Nurs.* 2012;8:e49–57. doi:/10.1016/j.ecns.2010.06.004.
31. Roussin CJ, Larraz E, Jamieson K, Maestre JM. Psychological safety, self-efficacy, and speaking up in interprofessional health care simulation. *Clin Simul Nurs.* 2018;17:38–46. doi:10.1016/j.ecns.2017.12.002.

32. Mills RJ, Lawless KA, Merrill MD. Designing instructional templates for web-based training. *Web-based Training*. 2001:99–105.
33. Yuza SC. Science laboratory depth of learning: Interactive multimedia simulation and virtual dissection software: Doctoral Dissertation, Capella University, USA. Yayın Dağıtım. 2010.
34. Baumann-Birkbeck L, Florentina F, Karatas O, Sun J, Tang T, Thaung V, et al. Appraising the role of the virtual patient for therapeutics health education. *Curr Pharm Teach Learn*. 2017;9:934–44. doi:/10.1016/j.cptl.2017.05.012.
35. Stuckey-Mickell TA, Stuckey-Danner BD. Virtual labs in the online biology course: Student perceptions of effectiveness and usability. *J Online Learn Teach*. 2007;3:105–11.
36. Fagan M, Kilmon C, Pandey V. Exploring the adoption of a virtual reality simulation: The role of perceived ease of use, perceived usefulness and personal innovativeness. *Campus-Wide Information Systems*. 2012;29:117–27.
37. Baruch Y, Holtom BC. Survey response rate levels and trends in organizational research. *Human relations*. 2008;61:1139–60. doi:/10.1177/0018726708094863.

Figures

Figure 1

Flowchart of investigation and surveys completed.