

C-reactive protein/albumin ratio and modified Glasgow prognostic score are associated with prognosis and infiltration of Foxp3+ or CD3+ lymphocytes in colorectal liver metastasis

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Abstract

Background: Inflammatory indices and tumor-infiltrating lymphocytes (TILs) have prognostic value in many cancers. This study aimed to assess the prognostic value of inflammatory indices and evaluate their correlation with survival and the presence of TILs in colorectal liver metastasis (CRLM).

Methods: Medical records of 117 patients who underwent hepatectomy for CRLM were retrospectively reviewed. We calculated inflammatory indices such as neutrophil/lymphocyte ratio, platelet/lymphocyte ratio, C-reactive protein/albumin ratio (CAR), and modified Glasgow prognostic score (mGPS) and evaluated their relationship with survival rates and immunohistochemical results of tumor-infiltrating CD3+, CD8+, and Foxp3+ lymphocytes.

Results: Patients with low CAR values and low mGPS had significantly better overall survival in the log-rank test ($p=0.0246$ and $p=0.0121$, respectively). In multivariate analysis using the Cox proportional hazard model, CAR (hazard ratio [HR], 0.5717; 95% confidence interval [CI], 0.3288–0.9939; $p=0.0475$) and mGPS (HR, 0.4000; 95% CI, 0.1934–0.8270; $p=0.0134$) were independent prognostic factors. Additionally, Foxp3+ lymphocytes were more common in samples of patients with low CAR ($p=0.0409$), and the number of CD3+ TILs was significantly higher in patients with low mGPS ($p=0.0152$).

Conclusions: CAR and mGPS are simple, inexpensive, and objective markers associated with survival of patients with CRLM. Moreover, they can predict the presence of Foxp3+ and CD3+ lymphocytes in the invasive margin of the tumor.

Background

Colorectal cancer (CRC) is the third leading cause of cancer-related deaths worldwide [1]. Approximately 33% of patients with CRC develop metastasis during their clinical course, which worsens their survival. Liver is the most common site of metastasis in CRC, and liver resection remains the only potential curative treatment for colorectal liver metastasis (CRLM), with a 5-year survival rate of approximately 44–49.6% [2,3]. Nevertheless, the recurrence rate after hepatectomy for CRLM is approximately 62% [4]. Therefore, it is necessary to identify effective biomarkers to predict the risk of CRLM recurrence and the chances of survival.

Systemic inflammation and cancer are closely related. Cancer-related inflammation can affect tumor progression, which in turn induces systemic inflammation [5,6]. In several cancers, including CRLM, inflammatory indices such as neutrophil/lymphocyte ratio (NLR), platelet/lymphocyte ratio (PLR), C-reactive protein/albumin ratio (CAR), and modified Glasgow prognostic score (mGPS)—which assigns categorical values between 0 and 2 depending on the combination of serum levels of C-reactive protein and albumin—have been proven to have good prognostic value [7–11]. Thus, systemic inflammation is a key factor in tumorigenesis. However, the detailed mechanism remains unclear.

The host tumor microenvironment plays a pivotal role in cancer progression. Some studies have reported that the presence of tumor-infiltrating lymphocytes (TILs) influences the long-term outcome of many cancers [12-14]. In CRC, a high number of CD3+ and/or CD8+ TILs is associated with better prognosis, whereas a high number of Foxp3+ TILs can be indicative of either better or worse prognosis, depending on the primary tumor site and other accompanying factors [15,16]. Although several studies have investigated the relationship between inflammatory indices and the presence of TILs [17,18], there have been no reports on this topic in CRLM.

Therefore, the present study aimed to explore the prognostic value of inflammatory indices, such as NLR, PLR, CAR, and mGPS, and their correlation with the presence of TILs in CRLM.

Methods

Patients

The present study was approved by the Research Ethics Committee of Kurume University, Kurume, Japan (approval number: 21228) and conducted in accordance with the Declaration of Helsinki. The requirement for informed consent was waived because of the retrospective nature of the study. The medical records of 202 Japanese patients who underwent hepatectomy for CRLM at Kurume University between January 2006 and December 2019 were retrospectively analyzed. Among them, 85 cases were excluded because of the following reasons: 34 cases had undergone repeated hepatectomy for CRLM, and 33 cases had metastases in other sites, including the lungs, lymph nodes, and/or peritoneum. Curative resection was not achieved in 5 cases. In 13 cases, pathological evaluation was not performed due to missing samples. Therefore, the data of pathological confirmed 117 patients were reviewed.

Data collection

Clinicopathological data were obtained from the patients' medical records. Blood samples were collected during the week prior to surgery. For neoadjuvant chemotherapy (NAC), we selected oxaliplatin- or irinotecan-based regimens with/without therapeutic monoclonal antibodies. Postoperative follow-up was conducted as follows: levels of tumor markers such as carcinoembryonic antigen (CEA) and/or carbohydrate antigen 19-9 were measured every three months after surgery. Computed tomography was performed every 3–6 months after surgery. Recurrence-free survival (RFS) was defined as the time from surgery to recurrence or death. Overall survival (OS) was defined as the time from surgery to death.

Calculation and cutoff value of each inflammatory index

Each inflammatory index was calculated as follows: NLR, ratio between peripheral blood neutrophil count and peripheral blood lymphocyte count; PLR, ratio between peripheral blood platelet count and peripheral blood lymphocyte count; CAR, ratio between serum C-reactive protein (CRP) concentration and

serum albumin concentration. The mGPS was calculated using both CRP and albumin concentrations. The corresponding cutoff values were <1.0 mg/dL for CRP and ≥ 3.5 g/dL for albumin. If both CRP and serum albumin concentrations were within reference values, the mGPS was set to 0. If either one of them was out of reference, the mGPS was set to 1. If both CRP and albumin concentrations were out of reference values, mGPS was set to 2. Median values were used as cutoff values for NLR, PLR, and CAR. For each index, we categorized patients in two groups ("low" or "high") depending on their results with respect to the cutoff. For mGPS, "low" corresponds to mGPS = 0 and "high" corresponds to mGPS = 1 or 2.

Immunohistochemistry

Formalin-fixed paraffin-embedded tissue slides were cut at 4 μm , examined on a coated glass slide, and labeled with the following antibodies using the Bond-III autostainer (Leica Microsystems, Newcastle, UK): anti-CD3 antibody ($\times 300$, clone LN10, Leica Microsystems, Newcastle, UK), anti-CD8 antibody ($\times 200$, clone 4B11, Leica Microsystems), and anti-Foxp3 antibody ($\times 100$, clone 236A/E7, Abcam, Cambridge, MA, USA). Briefly, samples for anti-CD3, -CD8, and -Foxp3 antibodies were heat-treated using epitope retrieval solution 2 (pH 9.0) at 99°C for 15, 15, and 30 min, respectively, and then incubated with each antibody for 30 min at room temperature. This automated system uses a Refine detection system (Leica Microsystems, Newcastle, UK) with a horseradish peroxidase-conjugated polymer as the secondary reagent and 3,3' diaminobenzidine as the chromogen.

Evaluation of tumor-infiltrating lymphocytes

The total number of TILs (expressing CD3, CD8, and Foxp3) in the tumor center (TC) and invasive margin (IM) was counted separately. To reduce the effect of tumor heterogeneity, three well-stained spots at $\times 400$ magnification were evaluated in all samples, and the average of the three measurements was used for analyses. Representative immunohistochemistry images are shown in Figure 1.

Statistical analyses

Clinicopathological characteristics of the patients were compared using the chi-square test for categorical variables and Mann–Whitney U test for continuous variables. Survival curves were created using the Kaplan–Meier method and compared using the log-rank test. A Cox proportional hazards model was used for univariate and multivariate analyses, and hazard ratios (HRs) and 95% confidence intervals (CIs) were calculated. The variables showing significant associations with RFS or OS in the univariate analysis were included in the multivariate analysis. All statistical analyses were performed using the JMP Pro version 15 (SAS Institute, Cary, NC, USA). A p value <0.05 was considered statistically significant.

Results

Patient characteristics

Clinicopathological characteristics of patients with low or high NLR, PLR, CAR, and mGPS values are summarized in Table 1. There were more male patients in the high NLR group ($p=0.0166$). Liver tumor diameter was significantly larger in the high PLR, CAR, and mGPS groups ($p=0.0011$, $p<0.0001$, and $p=0.0108$, respectively). The percentage of patients receiving NAC was significantly higher in the high CAR group ($p=0.0449$).

Comparison of RFS and OS between low and high NLR, PLR, CAR, and mGPS groups

The RFS and OS curves of the low and high NLR, PLR, CAR, and mGPS groups are shown in Figure 2. RFS curves were not significantly different between groups. However, the low CAR and low mGPS groups were associated with significantly better OS ($p=0.0246$ and $p=0.0121$, respectively). In NLR and PLR, there were no significant differences between the two groups.

Univariate and multivariate analyses for RFS and OS

The results of univariate and multivariate analyses for RFS and OS are shown in Tables 2 and 3. Univariate analysis showed that NAC (no vs. yes; HR, 0.4191; 95% CI, 0.2668–0.6585; $p=0.0002$), onset (metachronous vs. synchronous; HR, 0.3681; 95% CI, 0.2308–0.5873; $p<0.0001$), tumor location (bilobar vs. hemilobar; HR, 1.6491; 95% CI, 1.0518–2.5856; $p=0.0292$), and tumor number (solitary vs. multiple; HR, 0.5973; 95% CI, 0.3796–0.9401; $p=0.0260$) were prognostic factors for RFS. In multivariate analysis, onset (metachronous vs. synchronous; HR, 0.4656; 95% CI, 0.2776–0.7810; $p=0.0038$) was an independent prognostic factor. Univariate analysis demonstrated that NAC (no vs. yes; HR, 0.5780; 95% CI, 0.3384–0.9871; $p=0.0447$), onset (metachronous vs. synchronous; HR, 0.5014; 95% CI, 0.2887–0.8710; $p=0.0143$), tumor location (bilobar vs. hemilobar; HR, 1.8626; 95% CI, 1.0853–3.1966; $p=0.0240$), CAR (<0.030 vs. $0.030\leq$; HR, 0.5386; 95% CI, 0.3113–0.9318; $p=0.0269$), and mGPS (0 vs. 1/2; HR, 0.4095; 95% CI, 0.1992–0.8418; $p=0.0152$) were the prognostic factors for OS. On multivariate analysis, CAR (<0.030 vs. $0.030\leq$; HR, 0.5717; 95% CI, 0.3288–0.9939; $p=0.0475$) and mGPS (0 vs. 1/2; HR, 0.4000; 95% CI, 0.1934–0.8270; $p=0.0134$) were the independent prognostic factors.

Relationship between each inflammatory index and the presence of TILs

We evaluated the relationship between each inflammatory index and the presence of TILs. Foxp3+, a marker of regulatory T-cells, was expressed more intensely in the IM of patients with low CAR ($p=0.0409$), and the number of CD3+TILs in the IM was significantly higher in patients of the low mGPS group

($p=0.0152$) (Figure 3). Differences in the number of other TILs between groups were not significant (Additional files 1-3).

Discussion

In this study, we investigated the utility of inflammatory indices, such as NLR, PLR, CAR, and mGPS, in terms of the long-term outcomes of CRLM after hepatectomy. Clinicopathological features differed between groups in terms of sex, tumor diameter, and percentage of patients who underwent NAC. The low CAR and mGPS groups showed significantly better OS in the log-rank test, and low CAR and low mGPS were independent prognostic factors of better OS in univariate and multivariate analyses. Moreover, the low CAR group was related to high infiltration of Foxp3+ lymphocytes, and a low mGPS was associated with a high number of CD3+ TILs.

Both CAR and mGPS comprise CRP and albumin levels. CRP is an acute phase protein secreted by hepatocytes in response to acute inflammatory stimuli through the production of interleukin-1 (IL-1) and interleukin-6 (IL-6). Some cytokines, including IL-1 and IL-6, are released during cancer progression [19]. Thus, CRP levels may reflect tumor activation. Serum albumin level is an indicator of immune nutritional status. Hypoalbuminemia induces an impaired immune response, which in turn, promotes cancer growth. Additionally, decreased albumin levels demonstrate an increased inflammatory status with elevated levels of cytokines, such as tumor necrosis factor-alpha, IL-1, and IL-6, which may contribute to cancer progression [20]. Therefore, high CAR or high mGPS may reflect impaired tumor immunity and suggest tumor progression.

The present study showed that Foxp3+ and CD3+ lymphocytes were more commonly found in samples of the low CAR and low mGPS groups, respectively. Nakayama et al. revealed an association between CRP and TILs in renal cell carcinoma: higher CRP levels indicated a stronger infiltration of CD8+, Foxp3+, and CD163+ TILs [18]. Martin et al. showed that lower CAR levels were related to the presence of CD8+ TILs [17]. Foxp3+ lymphocytes have been reported to suppress anti-tumor immunity, which worsens survival [21,22]. However, many studies have revealed that the presence of Foxp3+ lymphocytes is associated with favorable prognosis in primary colorectal cancer [12,15,16,23]. Ladoire et al. described that a possible reason for this discrepancy may be the characteristics of the gut microbiota. They suggest that Foxp3+ lymphocytes may prevent bacteria-driven inflammation and carcinogenesis [24]. However, there are generally no microbiomes in the liver. Alternatively, high Foxp3 expression has been associated with better OS in hepatocellular carcinoma patients based on its capacity to inhibit the expression of the oncogenic protein c-Myc and induce apoptosis in tumor cells [25]; thus, the association of high Foxp3 expression with good prognosis in CRLM needs further investigation.

The International Study Group of Pancreatic Surgery recommends preoperative determination of the mGPS in patients with borderline resectable pancreatic cancer [26]. The present study demonstrated that both CAR levels and mGPS have prognostic value for OS in CRLM. While CAR consists of continuous

variables such as CRP and serum albumin levels, mGPS consists of categorical variables. In the present study, only 11.1% of patients were categorized as having mGSP 1 or 2. Other reports on CRLM also show that only 11–14% of cases are categorized as mGPS 1 or 2 [27,28]. Thus, we believe that CAR may sufficiently represent the systemic inflammatory status and have a good predictive value for survival in patients with CRLM.

In CRLM, multidisciplinary therapy, including NAC, is pivotal; therefore, effective predictors of chemotherapy or immune checkpoint inhibitors responses are warranted to prolong survival. Some researchers have reported that the response to immune checkpoint inhibitors differs according to the number of TILs [29,30]. However, TILs can only be evaluated using surgical specimens, and biopsy samples cannot overcome sampling errors and tumor heterogeneity. Our study indicates that some inflammatory indices are associated with the presence of TILs. This means that inflammatory indices, rather than TILs' status, may be good predictors of response to neoadjuvant therapy.

The present study had some limitations. First, there is a potential risk of selection bias due to the single-center retrospective design. Second, NAC was administered to some patients, which might have influenced the systemic inflammatory status and the presence of TILs. Third, other immune cells, such as CD4+, CD163+, PD-1+, and PD-L1+ TILs, were not evaluated in the present study, which could be helpful for the comprehensive understanding of the relationship between systemic inflammation and the tumor microenvironment.

In conclusion, CAR and mGPS are simple, inexpensive, and objective assessment tools for evaluating the inflammatory status of patients with CRLM and predicting survival. In addition, they can indicate the presence of certain types of TILs in the IM of the tumor.

Abbreviations

CAR: C-reactive protein to albumin ratio, CEA: carcinoembryonic antigen, CI: confidence interval, CRC: colorectal cancer, CRLM: colorectal liver metastasis, CRP: C-reactive protein, HR: hazard ratio, IM: invasive margin, mGPS: modified Glasgow prognostic score, NAC: neoadjuvant chemotherapy, NLR: neutrophil to lymphocyte ratio, OS: overall survival, PLR: platelet to lymphocyte ratio, TC: tumor center, TILs: tumor-infiltrating lymphocytes, RFS: recurrence-free survival

Declarations

Ethics approval and consent to participate

The present study was approved by the Research Ethics Committee of Kurume University, Kurume, Japan (approval number: 21228) and conducted in accordance with the Declaration of Helsinki. The requirement for informed consent was waived by the Research Ethics Committee of Kurume University because of the retrospective nature of the study.

Consent for publication:

None declared.

Availability of data and materials:

All the data generated or analyzed during this study are included in this published article [and its supplementary information files].

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Authors' contributions:

Conception and design: H. Kanno, Development of methodology: H. Kanno, J. Akiba.

Data collection: H. Kanno, F. Fujita, Analysis and interpretation of data: H. Kanno, Writing, review and/or revision of the manuscript: H. Kanno, T. Hisaka, Study supervision: T. Hisaka, Y. Akagi.

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Tables

Table 1

Clinicopathological characteristics of the patients according to the level of inflammatory indices

	Low NLR	High NLR	P-value	Low PLR	High PLR	P-value	Low CAR	High CAR	P-value	mGPS: 0	mGPS: 1/2	P-value
	N=58	N=59		N=58	N=59		N=58	N=59		N=104	N=13	
Sex			0.0166*			0.4006			0.2198			0.2919
Male	31	44		35	40		34	41		65	10	
Female	27	15		23	19		24	18		39	3	
Age (median, range), years	66 (38-81)	66 (33-83)	0.5948	65.5 (33-81)	67 (41-83)	0.7537	68 (33-83)	64 (38-83)	0.1960	65.5 (33-83)	70 (45-83)	0.1460
BMI (median, IQR)	21.9 (20.1-23.5)	22.1 (20.3-25.6)	0.4600	23.2 (20.5-24.8)	21.2 (19.6-24.2)	0.0963	22.5 (20-23.9)	21.8 (20.4-25.5)	0.6391	21.8 (20.1-24)	23.6 (21-25.8)	0.2038
Primary tumor location			0.9548			0.4391			0.7202			0.3550
Right sided	16	16		14	18		15	17		27	5	
Left sided	42	43		44	41		43	42		77	8	
NAC			0.5211			0.1621			0.0449*			0.4568
No	33	37		31	39		40	30		61	9	
Yes	25	22		27	20		18	29		43	4	
Preoperative CEA (median, IQR)	8.8 (3.7-19.7)	12.5 (3.9-45.2)	0.0890	8.8 (3.7-19.8)	12.3 (5.1-47.9)	0.0546	8.8 (6-28.3)	12.2 (4.5-34)	0.2626	9.4 (3.9-26.4)	1.3 (3.7-174.9)	0.1918
Onset			0.7783			0.6464			0.6464			0.8958
Metachronous	27	29		29	27		29	27		50	6	
Synchronous	31	30		29	32		29	32		54	7	
Metastatic tumor location			0.0738			0.3058			0.6191			1.0000
Bilobar	27	18		25	20		21	24		40	5	
Hemilobar	31	41		33	39		37	35		64	8	
Liver tumor diameter (median, IQR)	25 (17.8-39.3)	25 (20-53)	0.1968	24 (15-34.3)	33 (22-60)	0.0011*	23 (16.8-32.3)	38 (22-61)	<.0001*	25 (20-40)	60 (21.5-87.5)	0.0108*
Tumor number			0.4078			0.6480			0.4078			0.5558
Solitary	29	25		28	26		29	25		47	7	
Multiple	29	34		30	33		29	34		57	6	

BMI: body mass index, CAR: C-reactive protein/albumin ratio, CEA: carcinoembryonic antigen, IQR: interquartile range, mGPS: modified Glasgow prognostic score, NAC: neoadjuvant chemotherapy, NLR: neutrophil/lymphocyte ratio, PLR: platelet/lymphocyte ratio

Table 2

Univariate and multivariate analyses of recurrence-free survival

	Univariate			Multivariate		
	95% CI	HR	p-value	95% CI	HR	p-value
Sex (male vs. female)	0.7419-1.9042	1.1189	0.4725			
Age (<70 vs. ≥70 years)	0.8058-2.0697	1.2914	0.2879			
Primary tumor location (Right vs. Left)	0.7097-1.8874	1.1574	0.5580			
NAC (No vs. Yes)	0.2668-0.6585	0.4191	0.0002*	0.3663-1.0498	0.6201	0.0752
Preoperative CEA (<5 vs. ≥5)	0.5179-1.4161	0.8564	0.5457			
Onset (Metachronous vs. Synchronous)	0.2308-0.5873	0.3681	<.0001*	0.2776-0.7810	0.4656	0.0038*
Tumor location (Bilobar vs. Hemilobar)	1.0518-2.5856	1.6491	0.0292*	0.6720-2.1618	1.2053	0.5310
Tumor diameter (<50 vs. ≥50)	0.4175-1.2264	0.7156	0.2234			
Tumor number (Solitary vs. Multiple)	0.3796-0.9401	0.5973	0.0260*	0.5345-1.8025	0.9815	0.9521
NLR (<2.03 vs. ≥2.03)	0.5812-1.4138	0.9065	0.6651			
PLR (<134 vs. ≥134)	0.6019-1.4672	0.9397	0.7844			
CAR (<0.030 vs. ≥0.030)	0.4996-1.2149	0.7791	0.2708			
mGPS (0 vs. 1/2)	0.4342-1.7453	0.8706	0.6961			

CAR: C-reactive protein/albumin ratio, CEA: carcinoembryonic antigen, CI: confidence interval, HR: hazard ratio, mGPS: modified Glasgow prognostic score, NAC: neoadjuvant chemotherapy, NLR: neutrophil/lymphocyte ratio, PLR: platelet/lymphocyte ratio

Table 3

Univariate and multivariate analyses of overall survival

	Univariate			Multivariate ^a					
	95% CI	HR	p-value	95% CI	HR	p-value	95% CI	HR	p-value
Sex (male vs. female)	0.5744-1.7583	1.0049	0.9862						
Age (<70 vs. ≥70 years)	0.6042-1.9074	1.0735	0.8089						
Primary tumor location (Right vs. Left)	0.6096-2.0102	1.1070	0.7384						
NAC (No vs. Yes)	0.3384-0.9871	0.5780	0.0447*	0.4703-1.5853	0.8635	0.6358	0.4355-1.4607	0.7976	0.4639
Preoperative CEA (<5 vs. ≥5)	0.3442-1.2055	0.6442	0.1690						
Onset (Metachronous vs. Synchronous)	0.2887-0.8710	0.5014	0.0143*	0.3254-1.1478	0.6111	0.1257	0.3208-1.0860	0.5902	0.0901
Tumor location (Bilobar vs. Hemilobar)	1.0853-3.1966	1.8626	0.0240*	0.8446-2.6897	1.5072	0.1650	0.8480-2.6596	1.5017	0.1632
Tumor diameter (<50 vs. ≥50)	0.3323-1.2071	0.6333	0.1651						
Tumor number (Solitary vs. Multiple)	0.3648-1.0950	0.6321	0.1018						
NLR (<2.03 vs. ≥2.03)	0.5023-1.4621	0.8570	0.5713						
PLR (<134 vs. ≥134)	0.4571-1.3407	0.7828	0.3724						
CAR (<0.030 vs. ≥0.030)	0.3113-0.9318	0.5386	0.0269*	0.3288-0.9939	0.5717	0.0475*	—	—	—
mGPS (0 vs. 1/2)	0.1992-0.8418	0.4095	0.0152*				0.1934-0.8270	0.4000	0.0134*

^aAdjusted for the following variables: NAC, Onset, Tumor location

CAR: C-reactive protein/albumin ratio, CEA: carcinoembryonic antigen, CI: confidence interval, HR: hazard ratio, mGPS: modified Glasgow prognostic score, NAC: neoadjuvant chemotherapy, NLR: neutrophil/lymphocyte ratio, PLR: platelet/lymphocyte ratio

Figures

Figure 1

Representative immunohistochemical images of CD3+, CD8+ and Foxp3+ lymphocytes in the tumor center (TC) and invasive margin (IM).

Figure 2

Kaplan–Meier curves of RFS and OS according to the levels of inflammation indices.

CAR, C-reactive protein/albumin ratio; mGPS, modified Glasgow prognostic factor; NLR, neutrophil/lymphocyte ratio; OS, overall survival; PLR, platelet/lymphocyte ratio; RFS, recurrence-free survival

Figure 3

Relationship between the level of inflammatory indices and the presence of tumor-infiltrating lymphocytes.

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