

# High neutrophils and triglycerides lead to critical illness in COVID-19 and reveal CDK6 inhibitors as potential treatment

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2 **COVID-19 and reveal CDK6 inhibitors as potential treatment**

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23 **Abstract**

24 Despite the recent development of vaccines and monoclonal antibodies preventing  
25 SARS-CoV-2 infection, treating critically ill COVID-19 patients still remains a top goal.  
26 In principle, drug repurposing – the use of an already existing drug for a new indication  
27 – could provide a shortcut to a treatment. However, drug repurposing is often very  
28 speculative due to lack of clinical evidence. We report here on a methodology to find  
29 and test drug target candidates for drug repurposing. Using UK Biobank data, we  
30 screened for significant differences in 33 blood cell types, 30 blood biochemistries,  
31 and body mass index between an infectious disease phenotype and healthy controls.  
32 We then matched critically ill COVID-19 cases with controls that exhibited mild or no  
33 symptoms after SARS-CoV-2 infection. Using data from the UK Biobank, we describe  
34 a workflow to find evidence for high neutrophil cell count and high concentrations of  
35 blood triglycerides as predictors of the immune overreaction in critical illness due to  
36 COVID-19. Based on these findings, we identified the enzyme CDK6 as a potential  
37 drug target to prevent in high risk individuals with high neutrophil cell count the immune  
38 overreaction in critical illness due to COVID-19. Three existing CDK4/6 inhibitors --  
39 abemaciclib, ribociclib, and palbociclib -- have been approved for the treatment of  
40 breast cancer. Clinical evidence for CDK4/6 inhibitors in treating critically ill COVID-19  
41 patients has been reported. Further clinical investigations are ongoing.

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45

## 46 **Introduction**

47 The phenotype of critically ill coronavirus disease 2019 (COVID-19) status  
48 substantially differs from mild or moderate disease, even among hospitalized cases,  
49 by an uncontrolled overreaction of the host's immune system[1–3] – a so-called virus-  
50 induced immunopathology[4] – resulting in acute respiratory distress syndrome  
51 (ARDS). The molecular mechanism leading to critical illness due to COVID-19 is still  
52 unclear. Identifying causal risk factors is central for prevention and treatment.  
53 Nonetheless, there is evidence that susceptibility and overreaction of the immune  
54 system to respiratory infections are both strongly heritable.[5,6] A series of genome-  
55 wide association (GWA) studies have been conducted to investigate disease  
56 pathogenesis in order to find mechanistic targets for therapeutic development or drug  
57 repurposing.[7–10] Treating the disease remains a top priority despite the recent  
58 development of vaccines preventing severe acute respiratory syndrome coronavirus 2  
59 (SARS-CoV-2) infection due to the threat of new vaccine-resistant variants.

60 The results of 46 GWA studies comprising 46,562 COVID-19 patients from 19  
61 countries have been combined in three meta-analyses by the COVID-19 Host  
62 Genetics Initiative.[10] Overall, 15 independent genome-wide significant loci  
63 associations were reported for COVID-19 infection in general, of which six were found  
64 to be associated with critical illness due to COVID-19: 3p21.31 close to *CXCR6*, which  
65 plays a role in chemokine signaling, and *LZTFL1*, which has been implicated in lung  
66 cancer; 12q24.13 in a gene cluster that encodes antiviral restriction enzyme activators;  
67 17q21.31, containing the *KANSL1* gene, which has been previously reported for  
68 reduced lung function; 19p13.3 within the gene that encodes dipeptidyl peptidase 9  
69 (*DPP9*); 19p13.2 encoding tyrosine kinase 2 (*TYK2*); and 21q22.11 encoding the  
70 interferon receptor gene *IFNAR2*. The functions of the genes associated with these

71 six loci are either related to host antiviral defense mechanisms or are mediators of  
72 inflammatory organ damage. These results are a very good starting point for a better  
73 understanding of host genetics in viral infections. Unfortunately, none of these genes  
74 encodes for an established drug target. Consequently, these studies provide no  
75 starting point for drug repurposing.

76 We present here an approach for drug repurposing based not on disease genetics but  
77 on the genetics of disease-causing traits. Using UK Biobank data[11], critically ill  
78 COVID-19 cases are matched with mild COVID-19 cases as controls. Traits that  
79 significantly differ in cases and controls are further investigated for their relationship  
80 to critical illness in COVID-19 (Fig. 1). The genetics of these traits may be further  
81 investigated to identify and test established target genes for drug repurposing.

82

## 83 **Results**

### 84 **Screening for traits associated with infectious disease**

85 Using UK Biobank data[11], we identified 42,065 individuals with respiratory infections,  
86 acute respiratory distress syndrome (ARDS), influenza and pneumonia, which serve  
87 as our infectious disease cohort. In order to explore how the infectious disease cohort  
88 differs from healthy controls, we screened 64 candidate predictive traits (33 blood cell  
89 types, 30 blood biochemistries, and body mass index) that had been measured years  
90 before the individuals were affected. We observed Bonferroni-corrected statistically  
91 significant differences ( $p < \alpha/n = 0.05/64$ )[12] in 53 traits confirmed by independent  
92 two-sample t-test and Mann-Whitney U-test[13] (Fig. 1 and SI Fig. 1).

93

## 94 **Regression modeling**

95 Furthermore, we identified 1,505 patients who were hospitalized due to SARS-CoV-2  
96 infection and who required respiratory support and/or died due to infection.[14] These  
97 patients were defined as cases and matched to controls that were infected with SARS-  
98 CoV-2, but showed no and only mild symptoms. Carrying over the 53 traits identified  
99 in the previous step, we used regression modeling to investigate the effect of these  
100 traits on critically ill COVID-19 status. Out of the 53 traits, 21 traits were significant  
101 predictors of critical illness due to COVID-19 with a Bonferroni-corrected significance  
102 threshold of  $p < \alpha/n = 0.05/53$  (Fig. 1 and SI Tab. 1).

103

## 104 **Propensity score analysis**

105 Propensity score analysis is a technique for estimating the effect of a treatment on an  
106 outcome independent of any observed factors that covary with that treatment. We  
107 employed propensity score stratification using the propensity function of Imai and van  
108 Dyk[15] in order to estimate the effect of the treatment on critical illness in COVID-19  
109 independent of the covariates. We iteratively defined each of the 21 predictive traits  
110 as treatment and then determined the effect of that treatment when setting one of the  
111 remaining traits as covariate, totalling 420 analyses (see Supplementary Information).  
112 We built models with pairs of traits rather than moving straight to an all-predictor  
113 model, because of the close relationship between some predictor pairs (such as  
114 leukocyte and neutrophil count, as neutrophils are leukocytes). The results revealed  
115 eleven independent traits that showed a significant effect on severe COVID-19  
116 independently of any other trait (Fig. 2): Body mass index (BMI), neutrophil cell count,  
117 cystatin C, glucose, glycated haemoglobin, triglycerides, and five traits related to  
118 reticulocytes.

119

## 120 **Drop1 analysis**

121 The drop1 analysis compares all possible models that can be constructed by dropping  
122 a single model term and evaluating its impact on the regression model. As shown in  
123 Fig. 2 we here investigated the remaining independent traits obtained by the  
124 propensity score analysis. As the five measures of reticulocytes are highly  
125 interdependent, immature reticulocyte fraction can be used as a proxy. This leads to  
126 seven traits in our drop1 analysis: BMI, neutrophil cell count, immature reticulocyte  
127 fraction, Cystatin C, glucose, glycated hemoglobin and triglycerides. The drop1  
128 analysis revealed that only neutrophil count and triglycerides explain unique variance  
129 in critically ill COVID-19 status to a Bonferroni-corrected significance threshold of  $p <$   
130  $\alpha/n = 0.05/7$  (Fig. 1 and Tab. 1).

131

## 132 **Trait genetics analysis**

133 We next focused on the genetics of neutrophil cell count and triglycerides. We ran  
134 GWA analyses for these traits and compared our results with previously reported  
135 statistics available from the NHGRI-EBI GWAS Catalog[16] (SI Fig. 2). The identified  
136 genes were further investigated for already approved drug molecules. We did not find  
137 a gene reported for triglycerides measurement and an approved drug molecule. More  
138 importantly, elevated triglyceride levels have been previously described to increase  
139 neutrophil cell count[17] giving evidence that triglycerides regulate neutrophils.  
140 Therefore, we focused on the genetics of neutrophil cell count. We found *CDK6*,  
141 encoding for cyclin-dependent kinase 6 (CDK6), reported for neutrophil cell count[18].  
142 Therefore, we envision CDK6 as a potential drug target to decrease neutrophil cell  
143 count and, from there, to prevent in high risk individuals with high neutrophil cell count

144 the immune overreaction in critical illness due to COVID-19. Three existing CDK6  
145 inhibitors - abemaciclib, ribociclib, and palbociclib - have been approved for the  
146 treatment of breast cancer.

147

### 148 **Mendelian randomization**

149 Mendelian randomization (MR) is a robust and accessible tool to examine the causal  
150 relationship between an exposure variable and an outcome from GWAS summary  
151 statistics.[19] We employed two-sample summary data Mendelian randomization to  
152 further validate causal effects of neutrophil cell count genes on the outcome of critical  
153 illness due to COVID-19. We used independent GWAS summary data for neutrophil  
154 cell count (exposure) published by Vuckovic *et al.*[20] and summary data for critical  
155 illness in COVID-19 (outcome) published by the COVID-19 Host Genetics  
156 Initiative[10]. As shown in the Supplementary Information Tab. 2, instrumental variable  
157 weight (IVW) was significant with a  $p$  value of 0.01199 when we used a lenient  
158 clumping parameter of  $r = 0.2$  and 1,581 SNPs whereas we observed no significant  
159 IVW when we used strict clumping parameters of  $r = 0.01$  and 567 SNPs.

160

### 161 **Discussion**

162 Using data from the UK Biobank, we describe a workflow to find hints for a causal  
163 relationship between high neutrophil cell count and high concentrations of blood  
164 triglycerides as a predisposition of the immune overreaction in critical illness due to  
165 COVID-19. Based on these findings, we identified the enzyme CDK6 as a potential  
166 drug target to prevent in high risk individuals with high neutrophil cell count and  
167 triglycerides the immune overreaction in critical illness due to COVID-19. Three

168 existing CDK4/6 inhibitors - abemaciclib, ribociclib, and palbociclib - have been  
169 approved for the treatment of breast cancer.

170 Our procedure worked as follows. First, we identified significant differences in 64  
171 candidate predictive traits between an infectious disease cohort and healthy controls.  
172 We used regression models to investigate the effect of these traits on critically ill  
173 COVID-19 cases compared to asymptomatic controls. Because highly dependent  
174 traits (such as leukocyte and neutrophil count, as neutrophils are leukocytes) would  
175 not be significant in drop1 analysis, we first used propensity-score-based multi-model  
176 analysis to filter for independently predictive traits. The obtained seven traits then  
177 underwent a drop1 analysis. We here identified neutrophil cell count and triglycerides  
178 as traits that have a unique effect on critical illness in COVID-19 independent of other  
179 traits. These traits are connected as it has been shown that triglycerides activate  
180 neutrophils.[17] It is important to note that our Mendelian randomization (MR) results  
181 do not confirm a causal role of neutrophil count genes similar to previous reports.[10]  
182 However, MR is typically used where there is a direct relationship between gene and  
183 outcome.[21] In our case, we are looking for a trait to predict disease progression, and  
184 it is irrelevant whether the trait is triggered genetically or by other factors such as prior  
185 disease. Type 2 diabetes, cardiovascular disease, and obesity have previously been  
186 described as risk factors for the severe course of COVID-19.[22] We could show here  
187 that these diseases are confounders of high triglycerides and neutrophil cell count.  
188 Especially a high neutrophil cell count already before infection seems to be the reason  
189 for critical illness in COVID-19 and should therefore be in the focus of possible  
190 preventive therapies.

191 The role of neutrophil cell count in COVID-19 can be explained by the previously  
192 reported disease mechanism.[23] Neutrophils are white blood cells and an important

193 component of our host defense against invading pathogens. Critical illness in COVID-  
194 19 is characterized by infiltration of the lungs with macrophages and neutrophils that  
195 cause diffuse lung alveolar damage, the histological equivalent to ARDS (Fig. 3).[24–  
196 26] Neutrophils develop so-called neutrophil extracellular traps (NETs), web-like  
197 structures of nucleic acids wrapped with histones that detain viral particles, through  
198 NETosis, a regulated form of neutrophil cell death.[27] However, ineffective clearance  
199 and regulation of NETs result in pathological effects such as thromboinflammation.[28]  
200 Cyclin-dependent kinases (CDK) 4 and 6 have been previously described as  
201 regulators of NETosis. CDK4/6 inhibitors block NETs formation in a dose-responsive  
202 manner but does not impair oxidative burst, phagocytosis, or degranulation.[29] This  
203 indicates that CDK4/6 inhibition specifically affects NET production rather than  
204 universally modulating inflammatory pathways (in contrast to immunosuppressants  
205 such as dexamethasone or interleukin-6 inhibitors). This is supported by Grinshpun *et*  
206 *al.*'s report that COVID-19 progression was halted for a breast cancer patient on  
207 CDK4/6 inhibitor therapy. Once the drug was withdrawn, the full classic spectrum of  
208 illness appeared, including oxygen desaturation necessitating a prolonged hospital  
209 stay for close monitoring of the need for invasive ventilations.[30] Selective inhibition  
210 of NETosis is a particularly attractive treatment because CDK4/6 inhibitors can prevent  
211 the cytokine storm and, thus, later intensive care.

212 Several drug classes, each with different mechanisms of action, have been postulated  
213 for the treatment of COVID-19.[31] However, clinically relevant effects were only  
214 confirmed for two drug classes: Antivirals such as passive immunity through  
215 monoclonal antibodies show an effect at the beginning of the infection,[32] while  
216 immunosuppressants are only beneficial for the treatment of the later immune  
217 overreaction.[33,34] Therefore, a therapeutic gap exists if the infection is not detected

218 early and a possible immune overreaction is to be prevented (Fig. 3). The immune  
219 overreaction and, from there, intensive care must be circumvented in order to avoid  
220 overwhelming the health care system and triggering lockdowns in the event of further  
221 waves. This gap urgently needs to be closed in order to be prepared for any future  
222 variants able to evade vaccine protection.

223 In particular, CDK4/6 inhibitors represent a swift solution to this problem, as they have  
224 already been approved for the treatment of breast cancer (abemaciclib, ribociclib, and  
225 palbociclib). In the case reported by Grinshpun *et al.*,[30] the CDK4/6 inhibitor was  
226 administered prior to infection, therefore it was not harmful in the early course of the  
227 disease (like immunosuppressants[33]), but protected against thromboinflammation  
228 and thus prevented the necessity of intensive care. Another advantage rendering  
229 CDK6 an attractive drug target is that since it is a human protein, mutations of the virus  
230 do not influence drug action - in stark contrast to antivirals. Ultimately, CDK4/6  
231 inhibitors might become so-called magic bullets, as they could be used against all  
232 virus-induced immune pathologies, and thus also contain future pandemics of novel  
233 viruses. Further clinical investigation will reveal whether high neutrophil counts are  
234 causative for critical illness in COVID-19, and whether reducing neutrophil cell counts  
235 with CDK4/6 inhibitors is a therapeutic option.

236

## 237 **Methods**

### 238 **Recruitment of cases and controls**

239 We downloaded the rich information made available by the UK Biobank project on  
240 October 25, 2021. COVID-19 test results up until 18<sup>th</sup> October 2021 were collected,  
241 and cases were defined as reported previously.[8]

242 The infectious disease phenotype was created based on UK Biobank data for  
243 respiratory infections, acute respiratory distress syndrome (ARDS), influenza, and  
244 pneumonia with hospitalization or death as a result. We aggregated hospital in-patient  
245 and death register data for ICD codes corresponding to J00-J06 (“Acute upper  
246 respiratory infections”), J09-J18 (“Influenza and pneumonia”), J20-J22 (“Other acute  
247 lower respiratory infections”), and J80 (ARDS), yielding 42,065 cases. The remaining  
248 individuals from the UK Biobank were defined as potential controls.

249 Briefly, 1,505 severe cases were defined as patients who died or were hospitalized  
250 due to COVID-19 (cause of death or diagnosis containing ICD10 codes U07.1 or  
251 U07.2) or were ventilated (operation codes E85.\*) in 2020 or 2021 and tested positive  
252 for SARS-CoV-2 infection. Individuals that were tested positive for SARS-CoV-2, but  
253 did not die or were critical due to COVID-19 and were not ventilated, were defined as  
254 potential controls.

255 For both cohorts, cases and controls were filtered for European ancestry (“British”,  
256 “Irish”, and “Any other white background”), and individuals with missing age and sex  
257 information were discarded. Controls were then randomly matched to the same  
258 number of cases based on age and sex. Variants reported by Pairo-Castineira *et al.*[8]  
259 and Ellinghaus *et al.*[7] as well as variants reported by the ClinVar database[35] for  
260 the genes reported by the papers were included in the dataset.

261

## 262 **Screening for significant traits**

263 The UK Biobank contains data on biological samples taken years before potential  
264 infection upon registration of individuals to the program, including blood cell counts  
265 and blood biochemistry. In order to identify traits that are significantly different between  
266 the infectious disease cohort and age- and sex-matched healthy controls, we

267 performed independent two-sample t-tests and Mann-Whitney U-test using the  
268 function of the scipy package in Python 3. We applied a Bonferroni-corrected p-value  
269 threshold of  $p < \alpha/n = 0.05/64$ . In four instances, the p-values were too small to be  
270 represented properly, and were instead set to 1.0E-297.

271

## 272 **Regression modeling**

273 Logistic regression models were fitted using the *glm* function in R ([www.R-project.org](http://www.R-project.org)).

274

## 275 **Propensity score analysis**

276 Using the method of Imai and Van Dyk[15], the individuals are split into deciles who  
277 have a similar propensity for a treatment (one of 21 predictive traits) given the  
278 covariates (another predictive trait, age, sex). We then estimated the effect of  
279 treatment on severe COVID-19 within each of the groups. The effect across these  
280 groups is examined and the average effect of treatment is calculated over the groups  
281 to give an estimate of effect of treatment independent of the covariates. The estimate  
282 of effect of treatment independent of the covariates was defined as significant if  $p <$   
283  $\alpha/n = 0.05/(20*21) = 1.1905E-4$ . There were only slight differences in the results using  
284 quintiles or deciles.

285

## 286 **Drop1 analysis**

287 A drop1 model comparison procedure was performed using the *drop1()* function in R  
288 ([www.R-project.org](http://www.R-project.org)) in order to determine whether each of a set of traits accounts for  
289 unique variance in critically ill COVID-19 disease status. The formula of BMI +  
290 neutrophil cell count + immature reticulocyte fraction + cystatin C + glucose + glycated  
291 haemoglobin + triglycerides was used to predict critical illness due to COVID-19.

292 Single terms were deleted and the F value is calculated to perform an F-test to derive  
293 the  $\text{Pr}( > F )$  value, where low values indicate that a model that does not include this  
294 term is significantly different from the full model.

295

## 296 **GWAS**

297 The UK Biobank genotypes for the cases and controls were extracted to create a  
298 dataset that was then submitted to a series of quality control steps with an aim to  
299 remove biases in the downstream analysis as described in Marees *et al.*[36] First we  
300 filtered SNPs and individuals based on their missingness in the dataset. This excludes  
301 SNPs that have a high proportion of subjects where genotyping information is  
302 unavailable or of poor quality. Similarly, individuals where a large proportion of SNPs  
303 could not be measured were excluded. This was achieved in two steps, where first a  
304 lenient threshold of 0.2 (i.e. > 20%) was applied to remove the clear outliers, followed  
305 by a more stringent threshold of 0.02 (i.e. > 2%). SNP filtering was performed before  
306 individual filtering. Next, all variants not on autosomal chromosomes were removed.  
307 Next, variants that deviate from Hardy-Weinberg equilibrium were removed in a two-  
308 step process whereby we first applied a lenient threshold of  $1e-6$ , followed by a more  
309 stringent threshold of  $1e-10$ . This is a common indicator of genotyping errors.  
310 Thereafter, individuals were filtered out based on their heterozygosity rates which can  
311 indicate sample contamination. Individuals deviating by more than 3 standard  
312 deviations from the mean of the rate from all samples were filtered out. To assess the  
313 heterozygosity rate per sample, those variants that were in linkage disequilibrium with  
314 each other were extracted by scanning the genome at a window size of 50 variants, a  
315 step size of 5, and a pairwise correlation threshold of 0.2. Next, related individuals  
316 were removed. To achieve this, their identity by descent coefficients (IBD) were

317 calculated and only one individual per related cluster was kept. Then, the small  
318 proportion of missing genotypes were imputed and additional variants reported by  
319 Pairo-Castineira *et al.*[8] and Ellinghaus *et al.*[7] as well as variants reported by ClinVar  
320 database[35] were included in the dataset from the UK Biobank imputed variants. This  
321 yielded a dataset with a total number of 335,332 quality-controlled variants. Finally,  
322 the population structure of the samples was analyzed in two stages to identify internal  
323 stratifications, which was used to filter out any individuals not predicted close enough  
324 to a European reference cohort. A genome-wide association analysis was performed  
325 with the R-package SAIGE[37].

326

### 327 **Mendelian randomization**

328 We used independent GWAS summary data for neutrophil cell count (exposure)  
329 published by Vuckovic *et al.*[20] (GCST90002398 downloaded January 15th 2021)  
330 and summary data for critically ill COVID-19 status (outcome) published by the  
331 COVID-19 Host Genetics Initiative (<https://www.covid19hg.org/results> - COVID19hg  
332 GWAS meta-analyses round 5 release date January 18th 2021). Two-sample MR  
333 analyses were done as previously described.[10]

334

### 335 **Author contribution**

336 HAB, JLC, CNJR, CB, JEK, and MFS contributed to conception and design of the  
337 study. HAB, JLC, CNJR, CB, MRJL and ARECS organized the database and  
338 performed the statistical analysis. MS wrote the first draft of the manuscript. HAB, JLC,  
339 CB, JEK, CNJR, and MFS wrote sections of the manuscript. All authors contributed to  
340 manuscript revision, read, and approved the submitted version.

341

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349

## 350 **Availability of data and materials**

351 The dataset supporting the conclusions of this article is included within the article (and  
352 its supplementary information).

353

## 354 **Declarations**

### 355 **Ethical Approval and Consent to participate**

356 The research has been conducted using the UK Biobank Resource under Application  
357 no. 36226. All methods were performed in accordance with the relevant guidelines and  
358 regulations. Ethical approval and consent to participate was obtained from UK  
359 Biobank.

360

### 361 **Consent for publication**

362 Not applicable.

363

364

365

366

367 **Competing interest**

368 HAB, JLC, CNJR, MRJL, JEK, and MFS are employees of biotx.ai GmbH. ARES was  
369 an employee of biotx.ai GmbH. CB is not an employee of biotx.ai GmbH and has no  
370 competing interest.

371

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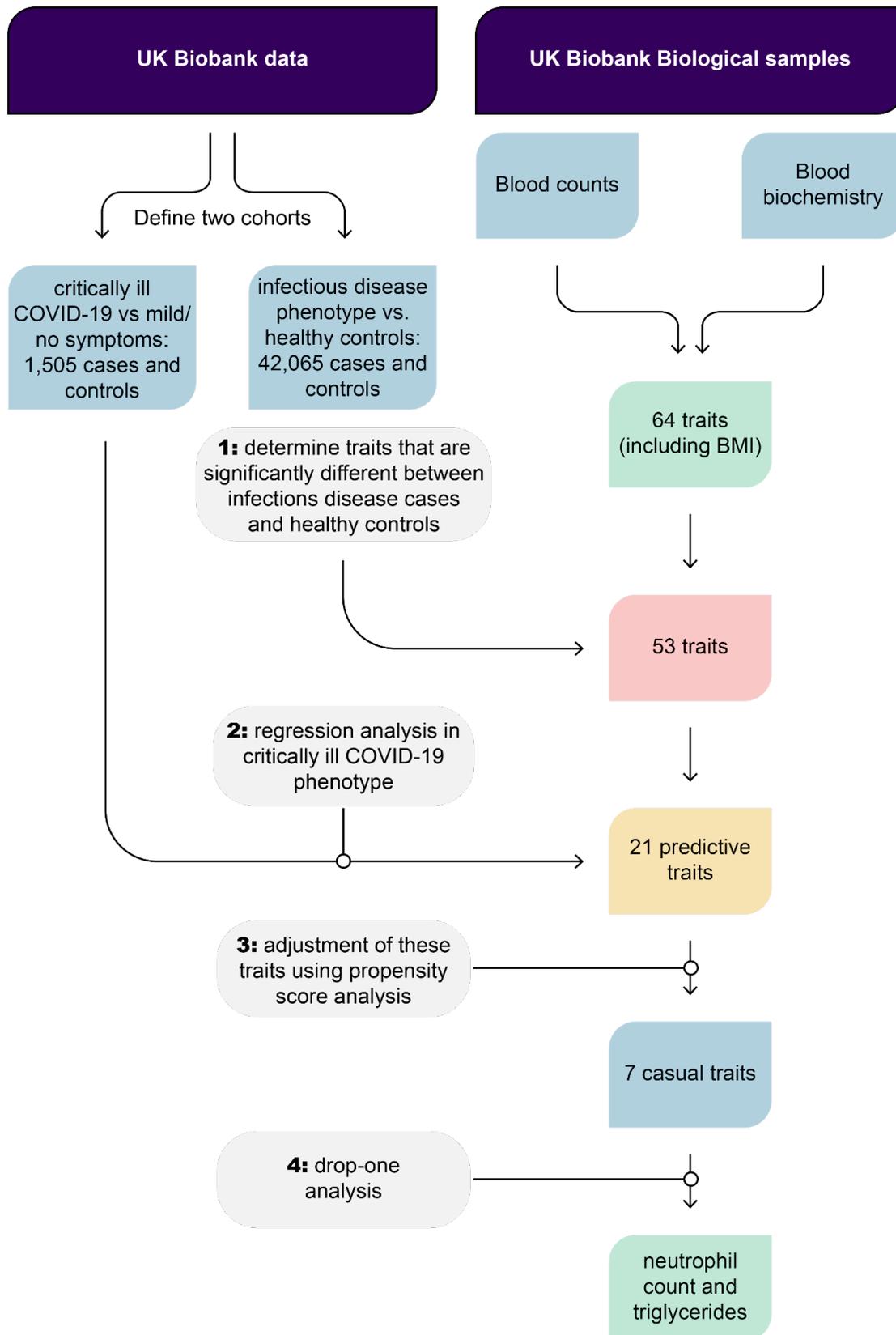
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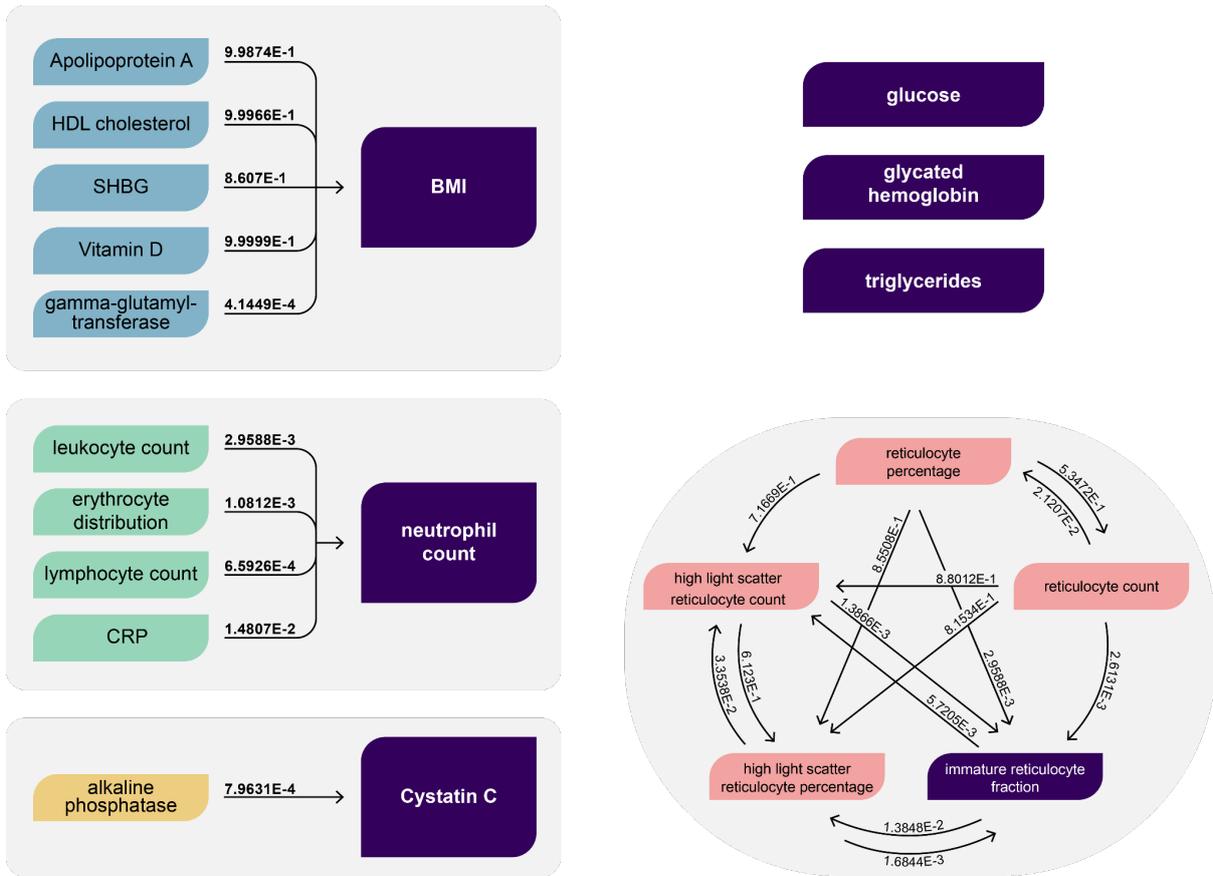
468 **Figure 1**



470 **Fig. 1.** Workflow to identify traits leading to critical illness due to COVID-19. We  
471 identified significant differences in 64 candidate predictive traits between an infectious  
472 disease cohort and healthy controls. We used regression models to investigate the  
473 effect of these traits on critically ill COVID-19 cases compared to asymptomatic  
474 controls. Because highly dependent traits (such as leukocyte and neutrophil count, as  
475 neutrophils are leukocytes) would not be significant in drop1 analysis, we first used  
476 propensity score analysis to filter for independently predictive traits. The obtained  
477 seven traits underwent a drop1 analysis. We here identified neutrophil cell count and  
478 triglycerides as traits that have a unique effect on critical illness in COVID-19  
479 independent of other traits.

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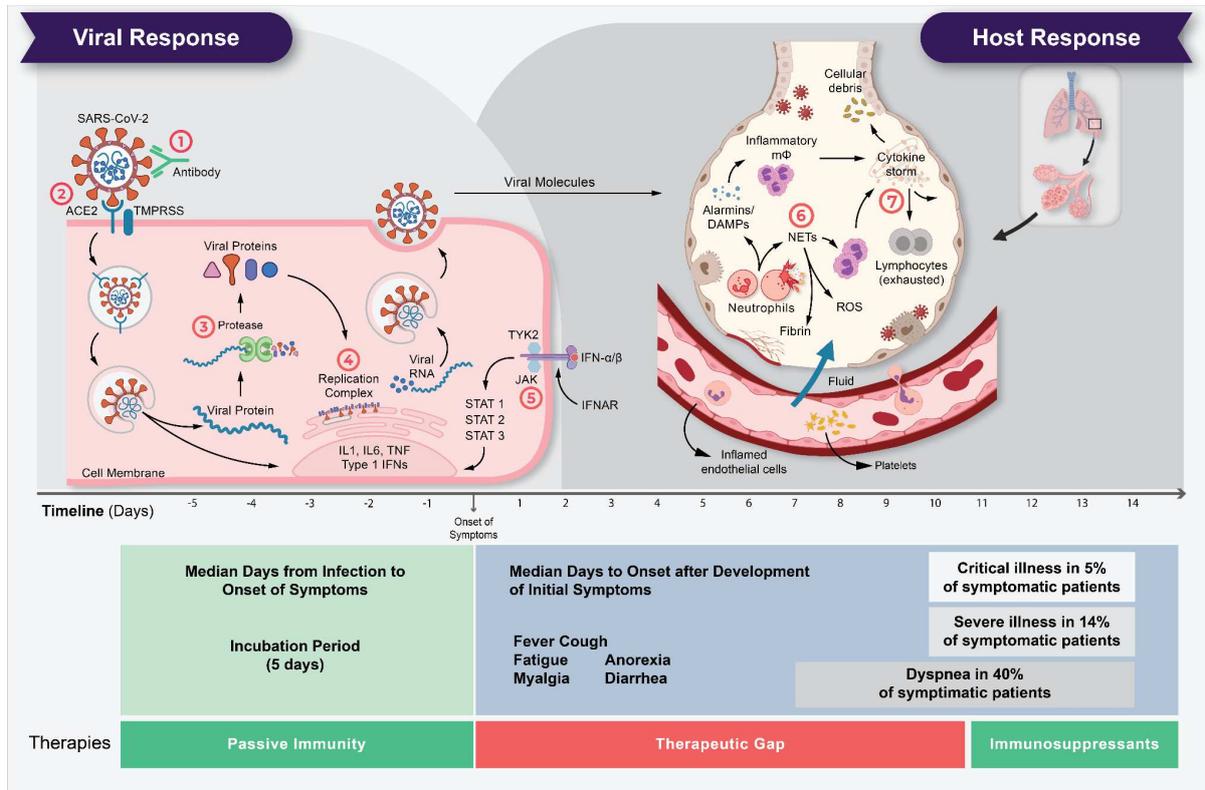
486 **Figure 2**



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 488 **Fig. 2.** Propensity score analysis to identify independent traits. Arrows indicate that  
 489 the covariate in the donor node (treatment) does not have a significant effect on the  
 490 outcome (severe COVID-19) independent of the covariate in the acceptor node (and  
 491 age and sex) as indicated by p-values above the threshold of 1.1905E-4. In total,  
 492 seven traits were identified as independent (in purple) and were further analyzed in  
 493 drop1 analysis. The five reticulocyte-related covariates cannot be accounted for by  
 494 any other covariate. Each of the three covariates immature reticulocyte fraction, high  
 495 light-scatter count/percentage can control for all five covariates though. It is important  
 496 to note that not all statistical relationships are depicted.

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501 **Figure 3**



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503 **Fig. 3.** The life cycle of SARS-CoV-2 and the corresponding pathogenesis of COVID-  
 504 19 display two phases: a viral response and a host-response phase. In the viral  
 505 response phase, the virus enters the host cell and viral replication begins.  
 506 Approximately five days after infection and successful replication, initial mild and  
 507 moderate symptoms such as fever, cough, fatigue, anorexia, myalgia, and diarrhea  
 508 are observed in conjunction with a decrease in lymphocyte cell count (lymphopenia).  
 509 The following host-response phase determines the severity of the disease: in some  
 510 patients, uncontrolled overreaction of the immune system – so-called virus-induced  
 511 immunopathology – requires hospitalization and respiratory support due to acute  
 512 respiratory distress syndrome (ARDS). Thus, severe cases of COVID-19 originate  
 513 from an immune overreaction rather than from the viral infection itself. Currently, there  
 514 are seven drug mechanisms described: ① Passive immunity; ② Entry inhibitors; ③

515 Protease inhibitors; ④ Polymerase inhibitors; ⑤ JAK inhibitors; ⑥ NETosis inhibitors;

516 ⑦ Immunosuppressants.

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537 **Table 1**

538 **Tab. 1.** Pr(>F) values of seven traits determined in drop1 analysis. Significance  
539 thresholds are indicated by asterisks, where two asterisks indicate p-values below  
540 0.05/7.

Trait	Pr(>F)
BMI	0.109666
Neutrophil cell count	0.000252 **
Immature reticulocyte fraction	0.028504
Cystatin C	0.054143
Glucose	0.630619
Glycated haemoglobin	0.013758
Triglycerides	0.000179 **

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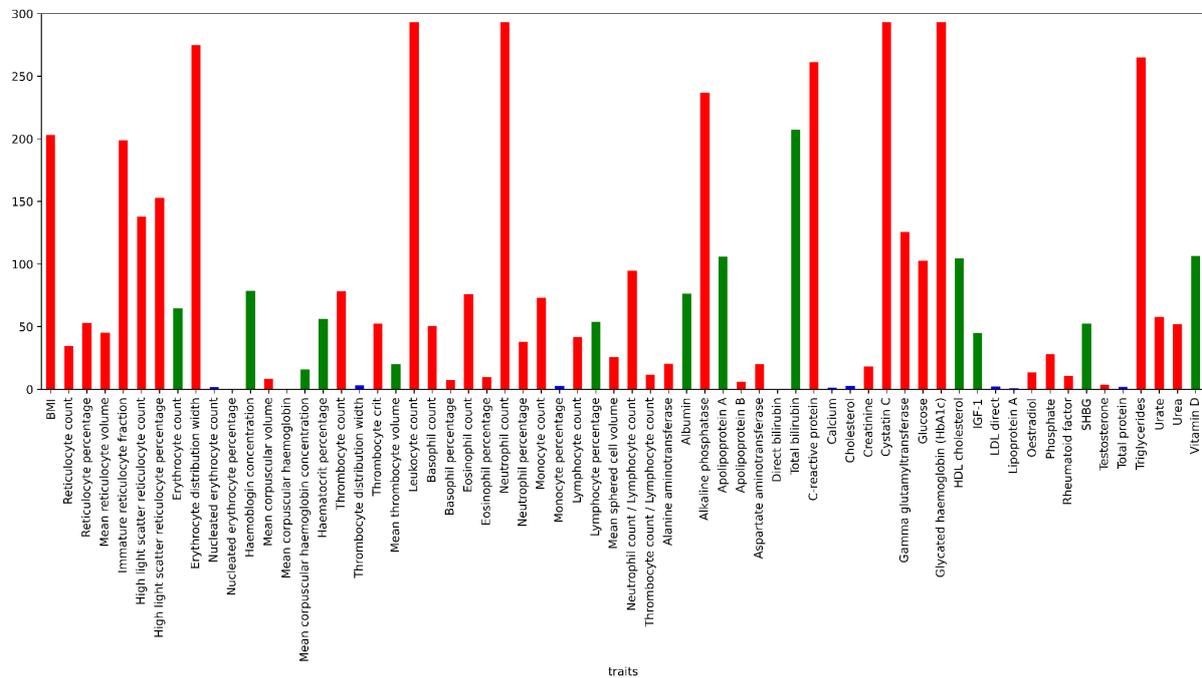
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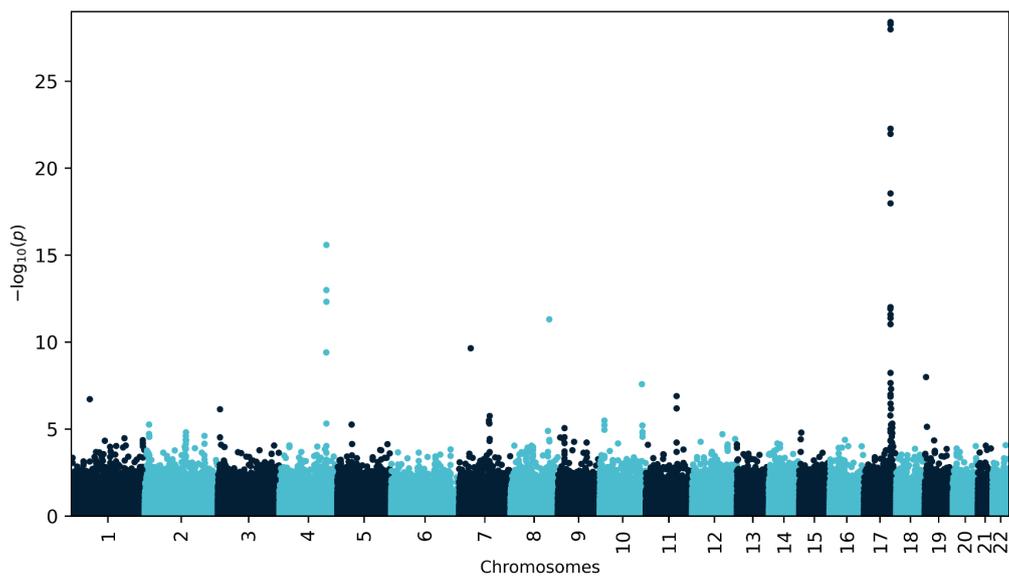
545 **Supplementary information**

546 **SI Figure 1**



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 548 **SI Fig. 1.** Bonferroni-corrected statistically significant differences in 64 traits identified  
 549 using independent two-sample t-test and confirmed by Mann-Whitney U-test. Red and  
 550 green columns indicate traits that are significantly increased in infectious disease  
 551 cases or healthy controls, respectively. In these measures, taken years prior to  
 552 infection, cases showed significant differences in the characteristics in various traits  
 553 that have been later described as phenotypes associated with critical illness due to  
 554 COVID-19.

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558 **SI Fig. 2.** Manhattan plot of neutrophil cell count showing that we reproduce the  
 559 reported *CDK6* signal (rs445) on chromosome 7.

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579 **SI Table 1**

580 **SI Tab. 1.** Critical illness in COVID-19 was regressed on the traits significantly  
 581 different between infectious disease cases and healthy controls. Traits age, alanine  
 582 aminotransferase, BMI, C-reactive protein, and neutrophil cell count. All traits other

583 than age were found to explain unique variance in disease status. This table reports  
584 log likelihood ratios, standard errors and likelihood ratio tests from the drop one  
585 procedure for each. Significance thresholds are indicated by asterisks, where three  
586 asterisks indicate p-values below 0.001/53, two indicate p-values below 0.01/53, and  
587 one asterisk indicates p-values below 0.05/53.

Trait	Estimate	SE	p-value
<b>BMI</b>	0.04719	0.00703	1.890E-11 ***
<b>Reticulocyte count</b>	7.60920	1.49690	3.710E-07 ***
<b>Reticulocyte percentage</b>	0.37950	0.07100	9.020E-08 ***
<b>Mean reticulocyte volume</b>	0.00414	0.00467	3.750E-01
<b>Immature reticulocyte fraction</b>	3.64820	0.61050	2.290E-09 ***
<b>High light scatter reticulocyte count</b>	22.60823	3.76537	1.920E-09 ***
<b>High light scatter reticulocyte percentage</b>	1.06815	0.17382	7.980E-10 ***
<b>Erythrocyte count</b>	-0.01703	0.08626	8.430E-01
<b>Erythrocyte distribution width</b>	0.16615	0.03953	2.630E-05 **
<b>Haemoglobin concentration</b>	-0.00891	0.02967	7.640E-01
<b>Mean corpuscular volume</b>	-0.00217	0.00805	7.880E-01
<b>Mean corpuscular haemoglobin concentration</b>	0.02570	0.03528	4.660E-01
<b>Haematocrit percentage</b>	-0.00465	0.01027	6.510E-01
<b>Thrombocyte count</b>	0.00168	0.00060	5.250E-03
<b>Thrombocyte crit</b>	1.72370	0.73100	1.840E-02
<b>Mean thrombocyte volume</b>	-0.04106	0.03445	2.330E-01
<b>Leukocyte count</b>	0.14942	0.01993	6.500E-14 ***
<b>Basophil count</b>	2.35277	0.79549	3.100E-03
<b>Basophil percentage</b>	0.08412	0.06923	2.240E-01
<b>Eosinophil count</b>	0.23842	0.26624	3.710E-01
<b>Eosinophil percentage</b>	-0.03716	0.02074	7.320E-02
<b>Neutrophil count</b>	0.17078	0.02531	1.500E-11 ***
<b>Neutrophil percentage</b>	0.00943	0.00422	2.520E-02
<b>Monocyte count</b>	0.33506	0.15561	3.130E-02
<b>Lymphocyte count</b>	0.23706	0.05576	2.120E-05 **
<b>Lymphocyte percentage</b>	-0.00802	0.00487	9.960E-02
<b>Mean spheroid cell volume</b>	0.00048	0.00680	9.440E-01
<b>Neutrophil count / Lymphocyte count</b>	0.08736	0.02874	2.370E-03

Thrombocyte count / Lymphocyte count	-0.00045	0.00059	4.450E-01
Alanine aminotransferase	0.00507	0.00247	4.040E-02
Albumin	-0.00503	0.01399	7.190E-01
Alkaline phosphatase	0.00637	0.00144	9.620E-06 ***
Apolipoprotein A	-0.53990	0.14550	2.070E-04 *
Apolipoprotein B	0.18340	0.15460	2.360E-01
Aspartate aminotransferase	0.00525	0.00352	1.356E-01
Total bilirubin	-0.02864	0.00906	1.560E-03
C-reactive protein	0.03173	0.00831	1.350E-04 **
Creatinine	-0.00022	0.00204	9.140E-01
Cystatin C	1.09560	0.19520	2.000E-08 ***
Gamma glutamyltransferase	0.00315	0.00080	8.300E-05 **
Glucose	0.13716	0.02671	2.810E-07 ***
Glycated haemoglobin (HbA1c)	0.03611	0.00502	6.380E-13 ***
HDL cholesterol	-0.47520	0.10700	8.920E-06 ***
IGF-1	-0.01185	0.00650	6.820E-02
Oestradiol	-0.00038	0.00041	3.580E-01
Phosphate	0.01507	0.23191	9.480E-01
Rheumatoid factor	0.00997	0.00376	8.030E-03
SHBG	-0.00587	0.00162	2.840E-04 *
Testosterone	0.00502	0.00644	4.355E-01
Triglycerides	0.24894	0.03707	1.870E-11 ***
Urate	0.00142	0.00045	1.610E-03
Urea	0.04115	0.02234	6.550E-02
Vitamin D	-0.00998	0.00177	1.790E-08 ***

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589 **SI Table 2**

590 **SI Tab. 2.** The two sample MR analyses here showed that for neutrophil cell count as  
591 exposure and critically ill COVID-19 status as outcome no significant effect was  
592 detected while using strict clumping parameters.

Clumping	SNPs	Beta	SE	IWV p-value	Pleiotropy test
lenient (r = 0.2)	1,581	-0.11139	0.04433	0.01199*	negative

strict (r = 0.01)	567	0.01135	0.06987	0.87095	negative
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