

Heat-Transfer Performance of Twisted Tubes for Highly Viscous Food Waste Slurry from Biogas Plants

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Research Article

Keywords: food waste slurry, rheological properties, twisted tubes, computational fluid dynamics, heat-transfer enhancement

Posted Date: March 24th, 2022

DOI: <https://doi.org/10.21203/rs.3.rs-1478391/v1>

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2 from Biogas Plants

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13
14 **Highlights**

- 15 ● Rheological properties of food waste slurry were tested and modeled
- 16 ● Pilot test of twisted tube heat exchanger validated the CFD-based simulations
- 17 ● Twisted hexagonal tubes exhibited better performance at low-temperature differences
- 18 ● Heat-transfer enhancement was due to strong and continuous shear effect close to tube walls

19
20 **Abstract**

21 ***Background***

22 The use of food waste as feedstock shows high production of biogas via anaerobic digestion but

1 requires efficient heat transfer in food waste slurry at heating and cooling processes. The lack of
2 rheological properties hampered the research on the heat-transfer process for food waste slurry.
3 Referentially, the twisted hexagonal and elliptical tubes have been proved as the optimal enhanced
4 geometry for heat transfer of medium viscous slurries with non-Newtonian behavior and Newtonian
5 fluids, respectively. It remains unknown whether improvements can be achieved by using twisted
6 geometries in combination with food waste slurry in processes including heating and cooling.

7 ***Results***

8 Food waste slurry was observed to exhibit highly viscous, significant temperature-dependence,
9 and strongly shear-thinning rheological characteristics. Experiments confirmed the heat-transfer
10 enhancement of twisted hexagonal tubes for food waste slurry and validated the computational fluid
11 dynamics-based simulations with an average deviation of 14.2 %. Twisted hexagonal tubes were
12 observed to be more effective at low-temperature differences and possess an enhancement factor of
13 up to 2.75; while twisted elliptical tubes only exhibited limited heat-transfer enhancement at high
14 Reynolds numbers. The heat-transfer enhancement achieved by twisted hexagonal tubes was
15 attributed to the low dynamic viscosity in the boundary layer induced by the strong and continuous
16 shear effect near the walls of the tube.

17 ***Conclusions***

18 This study determined the rheological properties of food waste slurry, confirmed the heat-transfer
19 enhancement of the twisted hexagonal tubes experimentally and numerically, and revealed the
20 mechanism of heat-transfer enhancement based on shear rate distributions.

21 **Keywords:** food waste slurry, rheological properties, twisted tubes, computational fluid dynamics,
22 heat-transfer enhancement

1

2 **1. Background**

3 Food waste, a type of typical organic solid waste, is produced in large quantities and can severely
4 contaminate air, water, and soil if it is not collected, transported, and stored properly [1]. Fortunately,
5 food waste is degradable and is used as a desirable substrate in the production of biogas via the
6 anaerobic digestion (AD) process [2-4]. Mohsen et al. [5] designed a laboratory-scale semi-
7 continuous membrane-assisted anaerobic reactor to produce biogas from food waste slurry (FWS)
8 with a total solid (TS) content of 13 %. They found that a considerable amount of biogas can be
9 produced while consuming extremely low amounts of chemicals, such as alkalis and active carbon.
10 Charles et al. [3] investigated FWS with TS = 10 % in a pilot-scale 900 m³ AD reactor and reported
11 a high production rate of 600 m³ of biogas (60 % of methane) per ton of volatile solids (i.e., the
12 flammable part of solids at 550 °C). In practice, food waste has emerged as a vital feedstock in the
13 AD process in biogas plants in several European countries, including Ireland [6], Denmark [7], and
14 Sweden [8].

15 Usually, the thermal energy used to maintain the temperature of AD reactors and preheat feed
16 streams accounts for more than 70 % of the total energy utilization in a biogas plant [9]. Especially
17 when food waste is used as the substrate, sanitation at a high temperature (70 °C) is required to
18 pasteurize the feeding slurries [10], leading to the consumption of additional thermal energy
19 compared to processes based on other substrates. Moreover, following sanitation, a cooling process
20 is required to decrease the temperature from 70 °C to 50 °C to fulfill the temperature requirements
21 of AD reactors. This makes the use of highly efficient thermal systems essential to reduce thermal
22 energy utilization. The heat exchanger is an important component in such systems. Although,

1 currently, shell-and-tube heat exchangers with circular tubes are the most popular variant,
2 developing novel heat exchangers to improve the efficiency of thermal systems is one of the most
3 important topics of research in this field.

4 The slurries in AD have been identified as shear-thinning fluids, and their rheological properties
5 strongly depends on temperature and substrates. Manure and corn straw slurries shows medium high
6 viscosity and totally different rheological behaviors [11, 12]. The rheological properties are the key
7 to determine the flow and heat-transfer process for slurries [13]. However, to the best of our
8 knowledge, the rheological properties of food waste slurry are missing. This hindered the
9 quantifications of experimental and numerical studies on the heat-transfer process for the food waste
10 slurries.

11 In our previous studies, we screened twisted hexagonal tubes (THTs) from multiple twisted
12 equilateral tubes using computational fluid dynamics (CFD)-based simulations and then integrated
13 them into thermal systems of biogas plants. Our observations indicated that the implementation of
14 optimally structured THTs in waste-heat recovery and the external heating processes significantly
15 increase the net production of biofuel by up to 17 % in a full-scale biogas plant and conserve thermal
16 energy by up to 39 %. Our previous studies used manure slurry (MS) [14] and corn straw slurry
17 (CSS) [15] as substrates with a focus on the heat-transfer performance including the heat-transfer
18 coefficient, friction coefficient, and enhancement factor compared to the circular tube in heating
19 process (cool slurries and hot heat-exchange wall). However, the improvements achieved using
20 THTs in combination with other kinds of slurries, e.g., food waste, and in other processes, including
21 heating and cooling, are yet to be established.

22 Twisted elliptical tubes (TETs) have also been identified to be one of the most successful types

1 of commercial heat exchangers in water treatment and chemical industries, and its enhancement
2 factor (1.3–2.5) for simple fluids [16] is comparable to those of THTs for slurries. For slightly high
3 viscous fluids, e.g., oil in the laminar region (0.030 Pa·s), significantly high enhancement factors
4 up to 1.5 were obtained [17]; for engine oil (0.0033 Pa·s) and ethylene glycol (0.016 Pa·s), the
5 enhancement factor was bounded by 0.94, and it was observed to decrease as the Reynolds number
6 (Re) increased [18]. These results indicate that it might be worthwhile to extend the application of
7 commercialized TET to slurries and compare its performance with that of the THT. However, to the
8 best of our knowledge, this topic has not yet been researched.

9 In this study, the heat-transfer performances of FWS in THT and TET were evaluated, using the
10 circular tube (CT) as the reference. To this end, the rheological properties of FWS with TS = 10 %
11 obtained from a biogas plant were tested and modeled. Based on these data, CFD-based simulations
12 were conducted to predict the performance of heat exchangers with different geometries, and pilot-
13 scale testing was performed to validate the numerical simulation results. Moreover, the
14 performances of THT and TET in heating and cooling systems at different temperature differences
15 were analyzed and compared to those of CT. Finally, the mechanism of heat-transfer enhancement
16 was revealed.

17

18 **2. Results and discussion**

19 In this section, the determination and modeling of the rheological properties of FWS are described,
20 and their implementation in the CFD-based simulation of the heat-transfer process is discussed.

21 Subsequently, the experimental data on the heat-transfer performance of FWS in THT obtained via
22 pilot-scale testing is described. Further, the validations of CFD simulations are determined, and

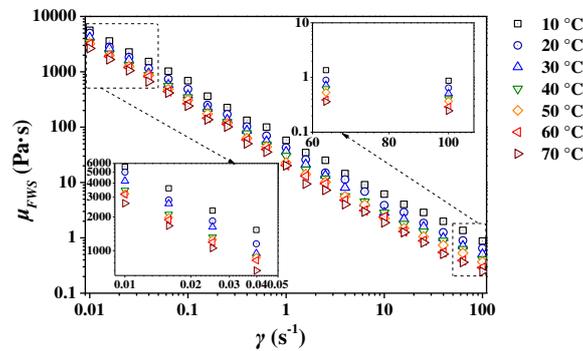
1 heat-transfer coefficients, friction coefficients during heating and cooling phases in THT and TET
 2 are determined using CFD and compared to those of CT. Thereafter, the enhancement factors of
 3 THT and TET are calculated based on the numerical results. Moreover, the relationships between
 4 operating conditions, flow state, and heat-transfer performance of FWS in THT are established with
 5 respect to practical applications. Finally, the mechanism of heat-transfer enhancement is revealed.

6

7 2.1 Rheological properties of food waste slurry

8 2.1.1 Testing results

9 The rheological properties for FWS with TS = 10 % at temperatures between 10 °C and 70 °C
 10 and shear rates between 0.01 s⁻¹ and 100 s⁻¹ are listed in Table S1 and depicted in Fig. 1. The dynamic
 11 viscosity of FWS is observed to be strongly dependent on temperature; it decreased by a factor of
 12 1–2 when the temperature increased from 10 °C to 70 °C. Shear rate is also observed to have a
 13 profound impact on the rheological properties of FWS. Low shear rates ($\gamma = 0.1 \text{ s}^{-1}$) induced ultra-
 14 high dynamic viscosities ($\mu = 263\text{--}543 \text{ Pa}\cdot\text{s}$) in FWS, which is similar to that of polymers, such as
 15 polyphenylene sulfide [19].



16

17 Fig. 1: Rheological properties of food waste slurry (FWS).

18

2.1.2 Comparison of different slurries

A comparison of the rheological properties of different slurries is presented in Table 1. The viscosity of FWS was higher than those of MS and CSS by 1–2 orders of magnitude. However, at high shear rates ($\dot{\gamma} = 100 \text{ s}^{-1}$), the dynamic viscosity of FWS was 2–3 times that of MS and one order of magnitude higher than that of CSS. The difference between the rheological properties of different slurries can be explained as follows. FWS and MS substrates comprise hydrophilic particles and soluble organics, while CSS is a typical lignocellulosic fiber suspension with hydrophobic behavior. In addition, FWS consists of larger organic molecules, e.g., starch, proteins, oils, and fats, compared to MS. Hence, the dynamic viscosity of FWS is higher than that of MS and much higher than that of CSS under identical shear conditions.

Table 1. Comparison of the dynamic viscosities of different slurries

Slurries	T, °C	μ , Pa·s	
		$\dot{\gamma} = 100 \text{ s}^{-1}$	$\dot{\gamma} = 0.1 \text{ s}^{-1}$
FWS, TS = 10 %	10	0.72	543
(This study)	55	0.22	263
MS, TS = 10 %	10	0.32	38
[20]	55	0.081	2.2
CSS, TS = 8 %	10	0.035	1.6
[15]	55	0.032	0.75

2.1.3 Modeling

According to previous studies [21], slurries obtained from biogas plants are typical shear-thinning and highly viscous fluids. The power law model, given by Eq. (1), has been used to describe non-Newtonian behavior reliably in previous studies [20, 22]. Moreover, it is necessary to determine the

1 critical-shear viscosity (CSV) and zero-shear viscosity (ZSV) of the rheology for application in the
 2 CFD-based simulations of the heat-transfer process of the slurries [23]. In this study, the tested
 3 rheological properties of FWS with TS = 10% were modeled using Eq. (1). The characteristic
 4 parameters, including the consistency coefficient, k , the flow behavior index, n , the CSV, μ_{CSV} , and
 5 the ZSV, μ_{ZSV} , were modeled using Eqs. (2), (3), (4), and (5), respectively. Considering the flattening
 6 tendency of γ in the range between 60 s^{-1} and 100 s^{-1} , as depicted in Fig. 1, μ_{CSV} was selected to be
 7 equal to μ at $\gamma = 100 \text{ s}^{-1}$, and for the convergence of the simulation, μ_{ZSV} was selected to be equal to
 8 μ at $\gamma = 0.01 \text{ s}^{-1}$.

$$9 \quad \mu = k\gamma^{n-1} \quad (1)$$

$$10 \quad k = 0.101e^{\frac{1806.0}{T}}, R^2 = 0.968 \quad (2)$$

$$11 \quad n = -0.00117T + 0.358, R^2 = 0.970 \quad (3)$$

$$12 \quad \mu_{CSV} = 5.63 \times 10^{-4}e^{2072.8/T}, R^2 = 0.990 \quad (4)$$

$$13 \quad \mu_{ZSV} = 74.4e^{1224.0/T}, R^2 = 0.973 \quad (5)$$

14 The characteristic parameters involved in the modeling of different slurries are listed in Table 2.
 15 For non-Newtonian fluids, a lower n represents stronger shear-thinning behavior. Thus, FWS slurry
 16 was observed to exhibit extremely strong shear-thinning behavior with the flow behavior, n being
 17 approximately equal to and less than zero at $10 \text{ }^\circ\text{C}$ and $55 \text{ }^\circ\text{C}$, respectively. In comparison, the values
 18 of n for CSS and MS are intermediate between 0.1 and 0.519. This indicates that the dynamic
 19 viscosity of FWS is much more sensitive to the shear effect compared to those of CSS and MS. k is
 20 a measure of the average viscosity of non-Newtonian fluids. The value of k for FWS is higher than
 21 those of CSS and MS by more than one order of magnitude. This explains the much higher viscosity
 22 of FWS compared to those of CSS and MS.

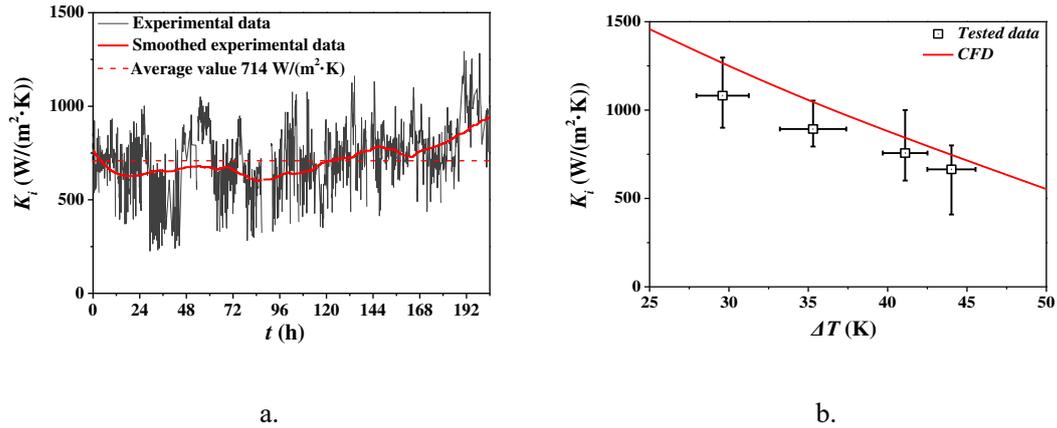
1 Table 2. Rheological parameters of different slurries

Slurries	T, °C	k	n
FWS, TS = 10 %	10	59.7	0.0409
(This study)	55	24.9	-0.0239
MS, TS = 10 %	10	7.68	0.308
[20]	55	0.739	0.519
CSS, TS = 8 %	10	1.57	0.178
[15]	55	0.754	0.312

2

3 2.2 Results of the pilot test

4 A continuous test (5–10 h per day; 204 h in aggregate; between 1st and 30th April, 2021) was
5 conducted to determine the K_i of FWS with TS = 10 % in THT heat exchangers at the Boden Biogas
6 Plant, Sweden. The results of the pilot-scale experiment are illustrated in Fig. 2(a). During the
7 continuous test, obvious fluctuations were observed in the K_i values of the THTs. The flow rate of
8 FWS was maintained at 5 m³/h, while the temperature of the stream of FWS varied owing to the
9 operations. Hence, the fluctuations of K_i were induced by the unstable temperature differences. The
10 average value of K_i is 714 W/(m²·K), which is 2.20 times that of CT heat exchangers (325 W/(m²·K)
11 obtained in our previous tests [23]. The relationship between the K_i and the temperature difference,
12 ΔT_m , was extracted from Fig. 2(a) and is illustrated in Fig. 2(b). The results confirmed that K_i of
13 FWS in THT decreased with the increasing temperature difference.



1 Fig. 2: K_i of FWS in THT at 5 m³/h: (a) experimental values and (b) comparison of experimental
 2 data and simulated results.

3

4 2.3 Heat-transfer performance of food waste slurry in twisted tubes

5 2.3.1 Validation

6 Before systematically evaluating the heat-transfer performance of FWS in twisted tubes, the
 7 numerical results were validated by simulating the K_i values of FWS with TS = 10 % in THTs
 8 corresponding to temperature differences (ΔT , absolute value of $T_w - T_s$) ranging from 25 to 50 °C.

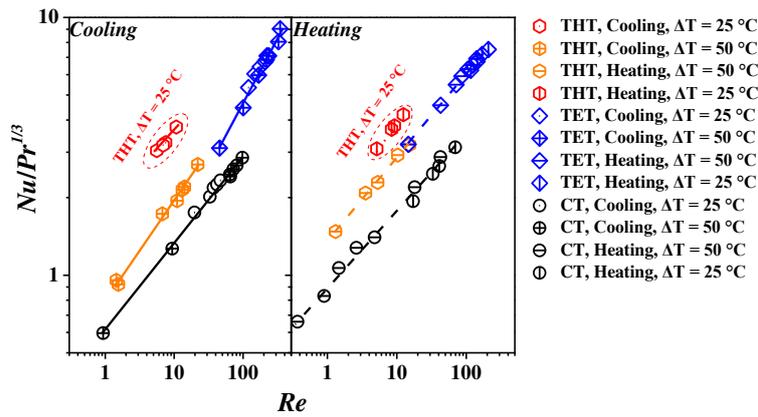
9 The numerical CFD results, depicted in Fig. 5(b), were validated by comparing them with the results
 10 obtained via pilot test. The average relative deviation (ARD) between the experimental and
 11 simulated results was 13.8 %. Usually, ARDs between experimental and numerical results in the
 12 range of 10–15 % represent reliable results in engineering [24]. Therefore, the CFD-based
 13 simulations are reliable.

14

15 2.3.2 Heat-transfer coefficients

16 Next, the heat-transfer coefficient K_i values of FWC in THT, TET, and TC during both heating

1 and cooling processes (different wall and fluid-inlet temperatures (T_w and T_s)) were estimated
 2 numerically. The K_i values corresponding to different temperature differences are depicted in Fig 3.
 3 FWS was observed to exhibit significantly higher $Nu/Pr^{1/3}$ in THT and TET than in CT at the same
 4 Re . Further, the K_i values of FWS in different tubes during heating and cooling phases were quite
 5 different.



6
 7 Fig. 3: K_i values of FWS under different operating conditions in different tubes.

8
 9 The numerical results were also correlated with Re and Pr , as recorded in Table 3. The correlation
 10 of the K_i of FWS in THT exhibited the same tendency as that in TET corresponding to large $\Delta T =$
 11 50 °C (see Eqs. (3) and (5); 4 and 6 in Table 5). Significantly, FWC exhibited better heat transfer in
 12 THT compared to TET at $\Delta T = 25$ °C. K_i of FWC in TET and CT was observed to be hardly
 13 dependent on ΔT . This indicates that THT possesses an advantage in terms of heat exchange during
 14 various thermal processes, including heating, cooling, sanitation, and waste-heat recovery, in FWS-
 15 based biogas plants, over TET and CT at low-temperature differences.

16 Table 3. Correlations between K_i values of FWS in different tubes

Tubes	Equations
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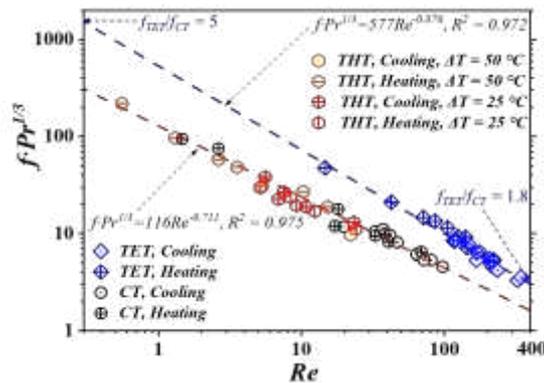
	Cooling	Heating
THT, $\Delta T = 25\text{ }^\circ\text{C}$	1. $Nu = 1.69Re^{0.335}Pr^{1/3}$, $R^2 = 0.973$	2. $Nu = 1.76Re^{0.346}Pr^{1/3}$, $R^2 = 0.999$
THT, $\Delta T = 50\text{ }^\circ\text{C}$	3. $Nu = 0.798Re^{0.387}Pr^{1/3}$, $R^2 = 0.993$	4. $Nu = 1.54Re^{0.265}Pr^{1/3}$, $R^2 = 0.943$
TET	5. $Nu = 0.422Re^{0.523}Pr^{1/3}$, $R^2 = 0.984$	6. $Nu = 1.36Re^{0.325}Pr^{1/3}$, $R^2 = 0.996$
CT	7. $Nu = 0.617Re^{0.337}Pr^{1/3}$, $R^2 = 0.995$	8. $Nu = 0.902Re^{0.295}Pr^{1/3}$, $R^2 = 0.993$

1

2 2.3.3 Friction coefficients

3 The friction coefficient f should be considered during the application of an enhanced geometry to
4 a heat-transfer process. Thus, the values of f for THT, TET, and CT corresponding to different values
5 of Re and Pr were determined using CFD-based simulations. The results are illustrated in Fig. 4.

6 The values of f of THT and CT exhibited similar trends ($fPr^{1/3} = 116Re^{0.711}$), while that of TET
7 followed the equation, $fPr^{1/3} = 577Re^{0.876}$. This indicates that the flow resistance in THT is similar
8 to that in CT and much lower than that in TET. For Newtonian fluids, the friction can be reportedly
9 increased by up to 1.9 times in TET compared to that in CT ($f_{TET}/f_{CT} = 1.9$) [25] in the laminar region,
10 and a decrease in the relative value, f_{TET}/f_{CT} , is observed at Reynolds numbers ranging between 250
11 and 400 [26]. In the present study, for the highly viscous FWS, f_{TET}/f_{CT} was observed to be 5–1.8
12 corresponding to Re lying in 0.3–400, indicating its advantage over TET in terms of the flow
13 resistance, especially corresponding to low values of Re .



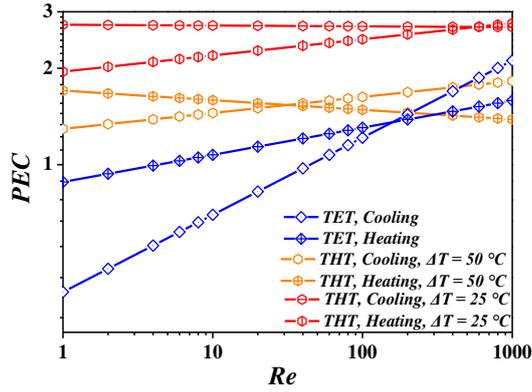
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1 Fig. 4: Friction coefficient f of FWS in different tubes.

2

3 2.3.4 Enhancement factors

4 In principle, the comprehensive enhancement factor—the performance evaluation criteria
5 (PEC)—should be considered while designing enhanced geometries; the value of PEC is directly
6 proportional to the quality of the heat-transfer performance, and $PEC > 1.5$ has been recommended
7 for engineering applications [27]. The values of PEC of THT, TET, and CT were calculated based
8 on the obtained Nu and f . The results are illustrated in Fig. 5. A considerable heat-transfer
9 enhancement (with PEC up to 2.75) was achieved for FWS in THT with $\Delta T = 25$ °C, while PEC
10 was in the range of 1.2–1.8 for $\Delta T = 50$ °C. Usually, ΔT decreases as the heat-transfer process
11 progresses. For example, when the temperature of the working fluid is gradually increased by
12 increasing the temperature of the walls of the tube, the transferred heat from the wall to the working
13 fluid gradually decreases because the heat-transfer coefficient Nu changes slightly for normal heat
14 exchangers (refer TET and CT in Fig. 3). Hence, THT is promising for practical applications of
15 FWS in biogas plants for its increased K_i at low-temperature differences. Moreover, TET performs
16 worse than even CT at $Re < 5$ and 50 for heating and cooling processes, respectively, while it
17 exhibits relatively weak advantages over CT at $Re > 400$ compared to THT. Therefore, TET heat
18 exchangers are not recommended for application in biogas plants handling FWS.



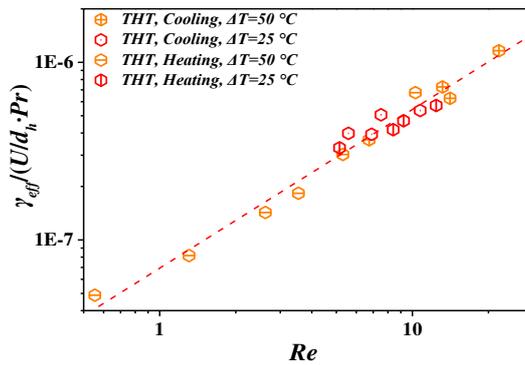
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2 Fig. 5: Enhancement factors of different twisted tubes corresponding to different temperature
3 differences.

4

5 *2.3.5 Engineering Equation*

6 For practical applications, the effective shear rate γ_{eff} has been used to quantify the effective
7 dynamic viscosity, μ_{eff} [14, 28]. The relationship between γ_{eff} and the operating conditions is
8 displayed in Fig. 6 and regressed using Eq. (6). Using this relationship, K_i and PEC of FWS in THT
9 can be determined directly from the tested properties and operating conditions, including d_h and U ,
10 using Eqs. (1)–(3), (6) sequentially.



11

12 Fig. 6: Enhancement factors of different twisted tubes corresponding to different temperature
13 differences.

1 $\gamma_{eff} = 7.09 \times 10^{-8} \frac{U}{d_h} Re^{0.881} Pr, R^2 = 0.920$ (6)

2

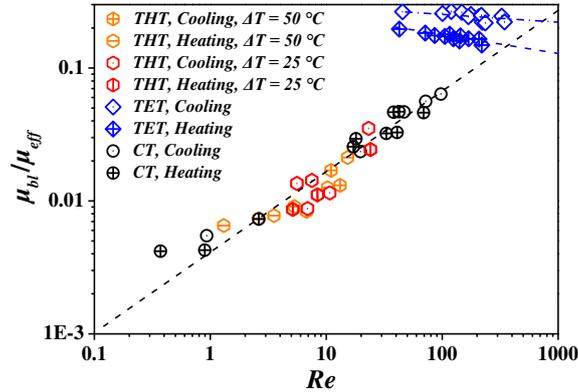
3 2.4 Mechanism of heat-transfer enhancement

4 2.4.1 Viscosities in boundary layer

5 For highly viscous FWS, THT exhibits a considerably high value of K_i with relatively low friction
6 compared to TET, leading to superior enhancement compared to CT. Moreover, THT exhibits better
7 heat transfer at lower temperature differences. To reveal the mechanism of this enhancement, it is
8 essential to understand the dynamic viscosity and shearing state inside tubes, especially in the
9 boundary layer. In our previous study [15], the average value of the shear rate, γ_{avg} , inside twisted
10 tubes was observed to be much higher than γ_{eff} , which can be used to represent the shear effect near
11 the walls of the tubes. Hence, the dynamic viscosity in the boundary layer, μ_{bl} , was calculated based
12 on γ_{avg} (refer Tables S2.1, S2.2, and S2.3 in supplementary material) obtained using CFD-based
13 simulation following Eq. (4). The ratio of the dynamic viscosity in the boundary layer and bulk
14 (μ_{bl}/μ_{eff}) and shear rate distributions in different tubes were sampled from the numerical results and
15 analyzed.

16 The values of μ_{bl}/μ_{eff} in different tubes are illustrated in Fig. 7. THT and CT exhibited similar
17 trends in dynamic viscosity with respect to Re , while TET exhibited a much higher dynamic
18 viscosity in the boundary layer. This explains the lower flow resistance in THT compared to that in
19 TET. However, the trend of μ_{bl}/μ_{eff} of THT indicates increased mixing, as represented by Re , and
20 lower contribution to the reduction of the dynamic viscosity in the boundary layer compared to bulk
21 flow. In TET, μ_{bl}/μ_{eff} was observed to decrease with an increase in Re . Such dependence trends of
22 μ_{bl}/μ_{eff} on Re explain the heat-transfer enhancements achieved using THT and TET at low and high

1 values of Re , respectively, as depicted in Fig. 5.



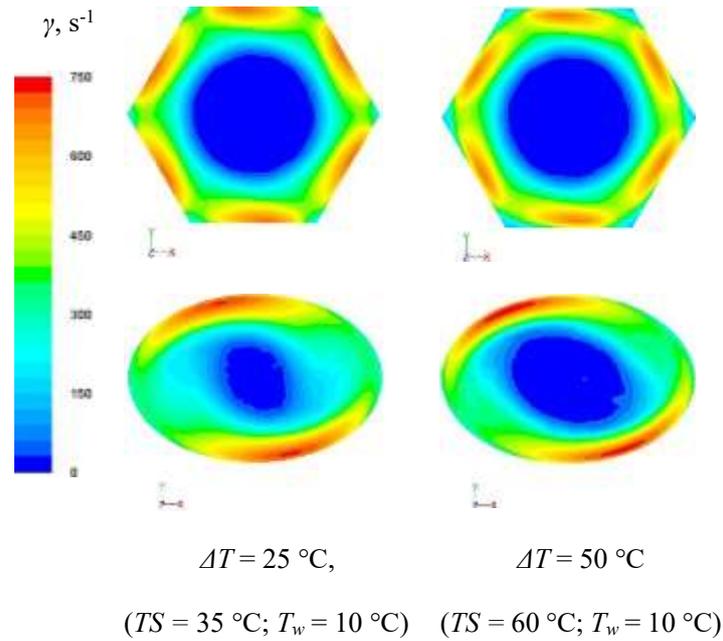
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3 Fig. 7: Dynamic viscosity of FWS in different tubes.

4

5 2.4.2 Shear rate distributions

6 The dynamic viscosities in the boundary layer in THT corresponding to varying values of ΔT
7 were observed to exhibit the same tendency as that depicted in Fig. 7. However, the performance at
8 different values of ΔT were quite different in the case of THT. A comparison of the shear-rate
9 distributions in THT and TET is depicted in Fig. 8. As established in our previous study [15], the
10 strong and continuous shear effect near the walls of the tube leads to the strong and continuous local
11 K_i . The region near the walls in THT where the shear force was strong ($\gamma > 600 \text{ s}^{-1}$) was observed
12 to be larger than its counterpart in TET. This explains the superior performance of THT compared
13 to TET. Moreover, although FWS exhibited a high dynamic viscosity at the low $\Delta T = 25^\circ C$, it is
14 apparent that the strong and continuous shear effect in this case is constrained to a region that is
15 closer to the walls than in the case of $\Delta T = 50^\circ C$, leading to a boundary layer with a lower viscosity.
16 This explains the higher degree of heat-transfer enhancement achieved using THT corresponding to
17 low values of ΔT .



1 Fig. 8: Shear rate distribution inside THT and TET at $U = 2.5 \text{ m/s}$.

2

3 3. Conclusions

4 This study determined the rheological properties of food waste slurry, confirmed the heat-transfer
 5 enhancement of the twisted hexagonal tubes experimentally and numerically, and revealed the
 6 mechanism of heat-transfer enhancement based on shear rate distributions.

7 FWS was observed to exhibit a strong temperature dependence and an extremely high shear-
 8 thinning dynamic viscosity. The numerical method used in this study was verified to be reliable.
 9 Enhancement factors of up to 2.75 were achieved in THT at low-temperature differences. In contrast,
 10 TET exhibited a weakened performance compared to even CT at a low Re and limited enhancement
 11 at a high Re . Moreover, the cause of the heat-transfer enhancement in THT was identified as the
 12 strong and continuous shear rate close to wall.

13 The methodologies proposed in this study are expected to be useful as a reference for future
 14 studies on heat-transfer characteristics of non-Newtonian fluids with high dynamic viscosities.

1

2 **4. Materials and methods**

3 In this section, the methodology used to test and model the rheology of FWS are described.

4 Details of the numerical models used to determine the heat-transfer performance of THT, TET, and

5 CT as well as those of the pilot-scale testing in a biogas plant are presented.

6

7 4.1. Rheological properties of food waste slurry

8 FWS with TS = 10 % was sampled from Boden Biogas Plant, Sweden, as depicted in Fig. 9. Its

9 rheological properties were measured using a rheometer (ARES G2, TA Instruments, New Castle,

10 DE, USA) equipped with a helical ribbon impeller in a 34 mm diameter cup located at the Research

11 Institutes of Sweden. The samples were pre-sheared at a shear rate of 50 s^{-1} for 10 s to compensate

12 for any possible sedimentation. Pre-tests were repeated three times using fresh samples at $10 \text{ }^\circ\text{C}$,

13 and an average deviation of 11.8 % was observed. During testing, shearing was initiated using a low

14 shear rate, and it was increased slowly to avoid sedimentation ($\dot{\gamma} = 100\text{--}0.01 \text{ s}^{-1}$) at a specific

15 temperature. Rheological properties were tested over a range of temperatures—at 10, 20, 30, 40, 50,

16 60, and $70 \text{ }^\circ\text{C}$. The tested rheology was modeled and used as input for the CFD-based model.



17

18 Fig. 9: FWS with TS = 10 % obtained from Boden Biogas Plant, Sweden.

1

2 4.2 Numerical modeling of food waste slurry in twisted tubes

3 In our previous studies [14, 15, 23], the optimal numerical schemes and meshes for CTs and
4 twisted tubes corresponding to slurries obtained from biogas plants were addressed and
5 experimentally validated. Hence, the geometries and boundary conditions adopted in this study are
6 discussed briefly. In addition, the method used for the data reduction of numerical results is also
7 provided below.

8

9 4.2.1 Geometries and computational domains

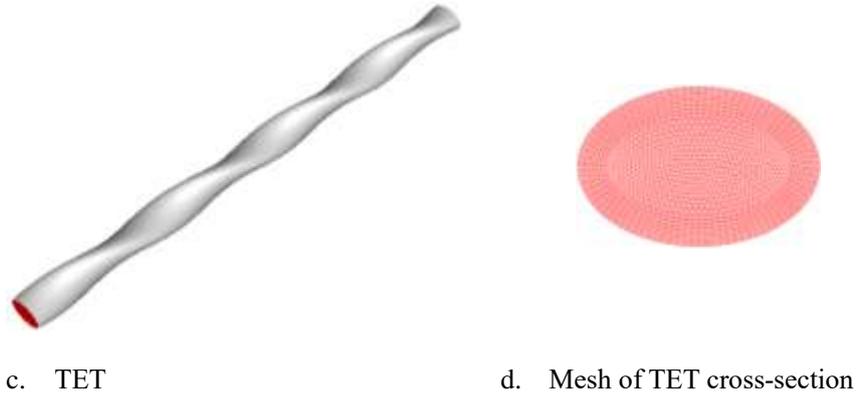
10 Fig. 10 depicts the geometrical characteristics of THT and TET. The meshes are also illustrated,
11 with cross-sections centered on the centerline. The geometrical parameters of THT, TET, and CT
12 are listed in Table 4. The cross-section at the position, $z = 0.8$ m, in the axial direction was selected
13 to display the details of shear-rate distributions in twisted tubes, where the flow is fully developed,
14 stable, and ready for analysis.



a. THT



b. Mesh of THT cross-section



1 Fig. 10: Schematic diagram of the two types of twisted tubes.

2

3 Table 4. Details of the geometries

	Feature size, m	d_h , m	L , m	S , m	δ , mm
THT	$l = 0.030$ m	0.0520	1	0.5	1
TET	$a = 0.0326$ m $b = 0.0224$ m	0.0506	1	0.5	1
CT	-	0.0573	1	-	1

4

5 *4.2.2 Boundary conditions*

6 The flow of the slurry within the twisted tubes and the associated heat-transfer processes were
 7 simulated assuming the thermostatic wall condition under constant wall temperature (T_w). The
 8 specific boundary values of the inlet velocity (U) and inlet temperature (T_s) are summarized in Table
 9 5. Combinations of these boundary conditions used in specific simulation cases are listed in Tables
 10 S2, S3, and S4 in the supplementary material. The no-slip boundary condition was assumed in all
 11 simulation cases.

12 Table 5. Boundary conditions applied in CFD-based simulation

State	T_s , °C	T_w , °C	U , m/s
-------	------------	------------	-----------

Heating	10	60	1.0, 1.5,
	35	60	2.0, 2.25,
Cooling	60	10	2.5, 2.75,
	35	10	3.0

1

2 4.2.3 Data reduction of numerical results

3 In the convergent cases, the effective dynamic viscosity (μ_{eff}), inner wall temperature ($T_{w,i}$),
4 volumetric average of the temperature of FWS ($T_{s,avg}$), wall-heat flux (q), and pressure drop (ΔP),
5 were obtained directly from the CFD-based simulations. The dimensionless parameters, i.e., Re ,
6 Prandtl number (Pr), Nusselt number (Nu), and friction coefficient (f), were determined using Eqs.
7 (7)–(11). Subsequently, the comprehensive parameter, i.e., PEC was calculated using Eq. (12) as the
8 enhancement factor for twisted tubes.

$$9 \quad Re = \frac{d_h U \rho}{\mu_{eff}} \quad (7)$$

$$10 \quad Pr = \frac{\mu_{eff} c_p}{\lambda} \quad (8)$$

$$11 \quad K_i = \frac{q}{T_{w,i} - T_{s,avg}} \quad (9)$$

$$12 \quad Nu = \frac{K_i d_h}{\lambda} \quad (10)$$

$$13 \quad f = \frac{2 d_h \Delta P}{\rho U^2} \quad (11)$$

$$14 \quad PEC = \frac{Nu}{\left(\frac{f}{f_{CT}}\right)^{1/3}} \quad (12)$$

15 where heat flux q , temperature of inner wall $T_{w,i}$, and average temperature of slurry in tubes $T_{s,avg}$
16 are obtained from CFD simulations; the properties of slurry density ρ , heat capacity c_p , and thermal
17 conductivity λ were calculated according to previous study.

18

1 4.3 Pilot-scale testing

2 THTs were manufactured and installed as a type of shell-and-tube heat exchanger at the Boden
3 Biogas Plant, Sweden. Their geometric parameters were taken to be identical to those of the “model,”
4 as listed in Table 4. The diameter of the shell side was 0.08 m and the total length of the heat
5 exchangers was 4.4 m. As depicted in Fig. 11, the working fluid was taken to be FWS with TS =
6 10 %. The inlet volume flow rate and temperature of the FWS on the tube side were maintained at
7 10 m³/h and 55 °C, respectively. The inlet volume flow rate and temperature of the cooling water
8 on the shell side were maintained at 10 m³/h and 10 °C, respectively. The outlet temperatures on
9 both the tube and shell sides were recorded using Pt-100 temperature sensors. The heat-transfer
10 coefficient (K_i), of THT was calculated using the method described in our previous study [15].



11
12 Fig. 11: Setup used for pilot test at the Boden Biogas Plant, Sweden; S1: inlet of the FWS (tube side,
13 55 °C, 5 m³/h); S2: outlet of the FWS; S3: inlet of cold water (shell side, 10 °C, 10 m³/h); S4: outlet
14 of cold water.

15
16 **Abbreviations**

17 ***Nomenclature***

- 1
- 2 AD: anaerobic digestion
- 3 FWS: food waste slurry
- 4 TS: total solid
- 5 THT: twisted hexagonal tube
- 6 CFD: computational fluid dynamics
- 7 MS: manure slurry
- 8 CSS: corn straw slurry
- 9 TET: twisted elliptical tube
- 10 CT: circular tube
- 11 CSV: critical shear viscosity
- 12 ZSV: zero shear viscosity
- 13 ARD: average relative deviation
- 14 *PEC*: performance evaluation criteria
- 15 *Re*: Reynolds number
- 16 *Nu*: Nusselt number
- 17 *Pr*: Prandtl number
- 18 *k*: consistency coefficient
- 19 *n*: flow behavior index
- 20 *K_i*: heat-transfer coefficient, W/(m²·K)
- 21 *T*: temperature, °C
- 22 ΔT : temperature difference of wall and fluid, °C

- 1 ΔP : pressure drop, Pa
- 2 f : friction coefficient
- 3 U : velocity, m/s
- 4 d_h : hydraulic diameter, m
- 5 L : length of the tubes, m
- 6 S : torque of tubes, m
- 7 c_p : heat capacity, J/(kg·K)
- 8 q : heat flux, W/m²
- 9 ***Greek alphabet***
- 10 γ : shear rate, s⁻¹
- 11 μ : dynamic viscosity, Pa·s
- 12 δ : thickness of tubes, m
- 13 ρ : density, kg/m³
- 14 λ : thermal conductivity of slurry, W/(m·K)
- 15 ***Subscript***
- 16 s : slurry
- 17 w : wall
- 18 eff : effective
- 19 avg : average
- 20 bl : boundary layer
- 21 i : inner
- 22

1 **Declarations**

2 *Ethics approval and consent to participate*

3 Not applicable.

4 *Consent for publication*

5 Not applicable.

6 *Availability of data and materials*

7 The data supporting the conclusions of this article are included with the article and its supplementary
8 material.

9 *Competing interests*

10 The authors declare that they have no competing interests.

11 *Funding*

12 This work was supported by the Swedish Energy Agency (Grant No. 45957-1) and the National
13 Natural Science Foundation of China (Grant Nos. 21838004 and 91934302).

14 *Authors' contributions*

15 Jingjing Chen tested and modeled the rheological properties, validated the numerical models,
16 conducted the CFD simulations, evaluated the results, and wrote the manuscript. Mikael Risberg
17 and Lars Westerlund provided the numerical methods for CFD simulations. Urban Jansson installed
18 the twisted-hexagonal-tube heat exchanger in Boden Biogas Plant and provided the samples of the
19 food waste slurry. Changsong Wang and Xiaohua Lu participated in the planning. Xiaoyan Ji edited
20 the paper and contributed with results and discussion.

21 *Acknowledgements*

22 Not applicable.

1

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