

Free Leptin Index is Elevated in Preeclamptic but not Healthy Women throughout Gestation. A Prospective Cohort Study

María Carolina Páez - Leal

Department of Public Health, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

María Fernanda Garces

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

María Alejandra Cano – Bermudez

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Luis Miguel Maldonado - Acosta

Division of Endocrinology - Department of Internal Medicine. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Jhon Jairo Peralta - Franco

Division of Endocrinology - Department of Internal Medicine. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Álvaro Javier Burgos - Cardenas

Department of Internal Medicine. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Edith Ángel - Müller

Department of Obstetrics and Gynecology. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Arturo José Parada – Baños

Department of Obstetrics and Gynecology. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Javier Eslava – Schmalbach

Department of Surgery, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Haiver Antonio Rodríguez - Navarro

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Julieth Daniela Buell - Acosta

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Justo Castaño

Maimonides Institute of Biomedical Research of Cordoba (IMIBIC); Department of Cell Biology, Physiology and Immunology, University of Córdoba; Reina Sofia University Hospital

Rubén Nogueiras

Department of Physiology (CIMUS), School of Medicine - Instituto de Investigaciones Sanitarias (IDIS), Universidad de Santiago de Compostela, Santiago de Compostela

Carlos Dieguez

Department of Physiology (CIMUS), School of Medicine - Instituto de Investigaciones Sanitarias (IDIS), Universidad de Santiago de Compostela, Santiago de Compostela

Elizabeth Sanchez

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Ariel Iván Ruiz – Parra

Department of Obstetrics and Gynecology. School of Medicine Universidad Nacional de Colombia, Bogota Colombia

Jorge Eduardo Caminos (✉ jecaminosp@unal.edu.co)

Department of Physiology, School of Medicine Universidad Nacional de Colombia, Bogota Colombia

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Abstract

The ratio leptin/soluble leptin receptor (sOB-r), free leptin index (FLI), is used as a marker of leptin sensitivity/resistance in different pathologies. The aim of this study was to evaluate FLI in healthy non-pregnant, healthy pregnant and mild preeclamptic women during pregnancy. We conducted a nested case-control study within a longitudinal observational prospective cohort study. Serum leptin ($p=0.0001$) and sOB-r ($p=0.0000$) levels rose significantly throughout pregnancy in healthy pregnant and preeclamptic women [leptin ($p=0.0000$); sOB-r ($p=0.0380$)]. Serum leptin levels were significantly higher in preeclamptic compared to healthy pregnant women at 2nd ($p=0.0245$) and 3rd trimesters of pregnancy ($p=0.0016$). Additionally, serum sOB-r levels were significantly lower in preeclamptic women during the 2nd ($p=0.0236$) and 3rd trimester ($p=0.0024$) of pregnancy compared to healthy pregnant women. Moreover, we found that FLI did not vary significantly during any of the three periods studied in healthy pregnant women ($p=0.7640$), whereas, increased throughout preeclamptic pregnancy ($p=0.0037$). Indeed, FLI was significantly higher at 2nd ($p=0.0053$) and 3rd ($p=0.0003$) trimesters of pregnancy in preeclamptic compared to healthy pregnant women. Additionally, FLI was significantly higher during luteal phase compared to the follicular phase ($p=0.0039$). These results demonstrate that FLI increases significantly in preeclamptic pregnant women towards the end of pregnancy.

1. Introduction

Leptin is an adipokine predominantly synthesized and secreted by adipocytes, but it is also produced at lower levels in other tissues, including the placenta, therefore playing pleiotropic roles in the control of energy metabolism, reproductive function, immunity, and bone metabolism, where it exerts these actions by binding to specific cell surface receptor¹. Leptin receptors belong to the class I cytokine receptor family, and six splice variants with identical ligand-binding domains and alternative or truncate cytoplasmic domains have been described (LepRa, LepRb, LepRc, LepRd, LepRe and LepRf)^{1,2}. Furthermore, the soluble leptin receptor (Ob-Re or sOB-r) represents the major leptin binding protein in blood, and plays an important role in leptin signaling³⁻⁹.

Previous studies have demonstrated that circulating leptin levels increase significantly during normal pregnancy, reaching a nadir in the third trimester and returning to preconception values in the postpartum period¹⁰. Additionally, some studies have shown that chronically higher plasma leptin levels are associated with obesity, metabolic syndrome and gestational diabetes mellitus^{7,11-16}. Leptin also affects blood pressure and contribute to hypertension through sympathetic nervous system activation on both vasculature and the kidney^{17,18}. During normal pregnancy basal sympathetic nerve activity increases¹⁹ and deregulation of leptin levels has been correlated with the pathogenesis of preeclampsia^{10,20-23}. For instance, leptin expression is increased in preeclamptic placentas and leptin concentrations are higher in preeclamptic women compared with normotensive pregnant women²⁴⁻²⁶.

The ratio between circulating leptin and sOB-r, known as free leptin index (FLI = leptin/sOB-r), has been widely used to study leptin sensitivity/resistance^{26,27}. FLI is significantly increased in obese patients, due to higher circulating levels of leptin and lower levels of sOB-r compared to healthy normal weight control or obese subjects undergoing a weight reduction diet²⁸⁻³⁰. Thus, high FLI values have been associated with progressive and chronic diseases such as obesity, type 2 diabetes (T2D), reproductive diseases and nonalcoholic fatty liver disease (NAFLD)^{13,31-34}. In this way, FLI has been associated with a number of pathological pregnancy states, including gestational diabetes mellitus (GDM) and preeclampsia^{7,13,35}.

To date, some cross-sectional studies have reported that FLI is increased in preeclamptic compared with healthy pregnant women³⁵⁻³⁷. However, FLI has not been evaluated longitudinally in mild preeclamptic pregnant women. Therefore, the current study aims to investigate this index throughout pregnancy in healthy and mild preeclamptic pregnant women in a case-control study nested within a longitudinal prospective cohort.

2. Material And Methods

2.1. Ethical consideration

The study protocol was approved by the Institutional Ethics Committee of the School of Medicine of the Universidad Nacional de Colombia (Ref. No. 011-165-18; June 2018). The study was conducted according to the revised Declaration of Helsinki and all participants were informed about the study and those who agreed to participate read and signed a consent form to participate in the study. This study was conducted in the Gynecology and Obstetrics Department of the School of Medicine – Universidad Nacional de Colombia and The Engativa Hospital – Bogotá, between May 2012 and November 2015.

2.2. Study Design and Participants

A nested case-control study within a longitudinal observational prospective cohort study ($n = 465$) was carried out to compare maternal FLI in healthy and preeclamptic pregnant women, across the three trimesters of pregnancy and three months postpartum. Study participants were recruited among pregnant women attending the obstetrics and gynecology health promotion and disease prevention program at the Engativa Hospital - Bogota. Pregnant women were recruited at 1st trimester (11–13 weeks) of pregnancy and followed until delivery and up to three months postpartum. Gestational age was calculated according to the last menstrual period or ultrasound examination in the first trimester. Study subjects included healthy pregnant women ($n = 43$) and woman diagnosed with mild preeclampsia ($n = 20$) randomly selected from the original cohort ($n = 465$). Furthermore, twenty healthy non-pregnant women with regular menstrual cycles were included in the study during the follicular and luteal phases of the menstrual cycle.

Demographic, medical and reproductive clinical history was obtained by verbal interview. Systolic blood pressure (SBP) and diastolic blood pressure (DBP) were determined and mean arterial pressure (MAP) was calculated. Additionally, follow-up assessments of mothers as part of routine antenatal care visit included anthropometric, biochemical and hormonal determinations. Women with mild preeclampsia and late-onset preeclampsia, were delivered at ≥ 34 weeks' gestation and diagnosed and classified according to the ACOG guidelines and elsewhere [Systolic blood pressure (BP) ≥ 140 mmHg and/or diastolic BP ≥ 90 mmHg on two occasions taken separated by a 4 to 6 hour period, and proteinuria ≥ 300 mg/24 hour or $\geq 2+$ dipstick]^{38,39}. Mild to moderate

preeclampsia with clinical manifestation occurring after 34 weeks were detected through routine prenatal screening and diagnosed with systolic blood pressure between 140 to 159 mmHg or diastolic blood pressure measures between 90 to 109 mmHg, non-elevated liver enzymes, absence of renal insufficiency, pulmonary edema, cyanosis, new-onset headaches or visual disturbances, and/or right upper quadrant or epigastric pain⁴⁰. Data about maternal health complications, time and type of delivery, and neonatal characteristics at birth were retrieved from medical records.

Additionally, for the present study we excluded women with multiple gestations or the development of any complications during pregnancy, including pre-pregnancy hypertension, gestational diabetes mellitus, autoimmune and metabolic disorder, thyroid disease, liver and renal disease, acute and chronic infections, and diseases of the hematopoietic system, as well as women who were taking medications that affected metabolism.

2.3. Biochemical analysis

All biochemical and hormonal laboratory measurements were performed in the morning hours (07:00–08:00 hours) following an overnight fast (10:00–12:00 hours). Blood samples from the pregnant and non – pregnant women were collected at each visit into BD - Vacutainer® tubes from veins in the antecubital area. Serum glucose, total serum cholesterol (TC), triglyceride (TG), low density lipoprotein cholesterol (LDL-c) and high density lipoprotein cholesterol (HDL-c) levels were measured by enzymatic methods (Labkit Kits, Spain).

Additionally, serum insulin levels were measured by electrochemiluminescence immunoassay using Roche Modular detection system (Roche, Basel, Switzerland) and serum C-reactive protein (CRP) were measured by colorimetric enzyme-linked immunosorbent assay (ELISA). The Homeostasis Model Assessment of Insulin Resistance index (HOMA-IR) was determinate according to the following formula: $HOMA-IR = [fasting\ glucose\ (mmol/L) \times fasting\ insulin\ (mU/mL)] / 22.52^{41}$. Serum progesterone levels were measured in healthy non-pregnant women by immunoassay (Roche Elecsys 1010 Immunoanalyzer Boulder, Colorado, USA) in serum samples obtained during the follicular and luteal phases of the menstrual cycle.

Human serum leptin (Invitrogen, KAC2281) and sOB-r (DOBR00, R&D Systems) were determined in duplicate using the commercially available ELISA kits and assays were performed as described by the manufacturer. For serum human leptin, the analytical sensitivity was < 3.5 pg/mL, the assay range 15.6–1000 pg/mL and the intra- and inter-assay coefficient of variation (CV) were 4.6% and 3.6%, respectively. Additionally, for human serum sOB-r ELISA, the analytical sensitivity was < 0.128 ng/mL, the assay range 0.3–20 ng / mL and the intra- and inter-assay coefficient of variation (CV) were 5.5 % and 5.5 %, respectively. The ratio between circulating leptin to sOB-r levels (leptin/sOB-r) (FLI) was determined as described elsewhere^{26,27}.

2.4. Statistical analyses

Variables were expressed as means ± standard deviation (SD) or median and interquartile range (IQR) if they were parametric or not parametric. Parametric variables were compared using the Student t-test and one-way analysis of variance (ANOVA). We used the Bonferroni test, if the results were statistically significant. Non-parametric variables were evaluated with the Mann-Whitney test. For the longitudinal study, where the data were normally distributed, a repeated measures ANOVA was used with a Bonferroni post hoc test. For non-parametric longitudinal data, a Kruskal Wallis test was used with a Dunn's post hoc test. A p-value < 0.05 was considered statistically significant in all analyses, with a 95% confidence interval (CI). We used STATA 15- IC® version for statistical analyses.

3. Results

3.1. Serum leptin levels are elevated throughout gestation and are higher in preeclamptic women

Demographic characteristics, clinical data and biochemical parameters of the study group are present in Tables 1 and 2. Serum leptin concentrations were significantly increased in the luteal phase compared to follicular phase of the menstrual cycle in the non-pregnant women ($p = 0.0000$) (Fig. 1 and Supplementary Table 1). In healthy pregnant women, circulating leptin levels increased significantly throughout gestation ($p = 0.0000$). This increment was statistically different between first and second trimester of pregnancy, whereas no significant differences were found between second and third trimester (Fig. 1 and Supplementary Table 1). After delivery, leptin levels markedly dropped (Fig. 1 and Supplementary Table 1).

Table 1

Demographic, clinical and biochemical parameters in the studied population of healthy pregnant women and healthy non – pregnant women.

Variables	Non-pregnant (n=19)	Healthy Pregnant Women (n = 43)			Post-partum (n = 18)
		1 st trimester	2 nd trimester	3 rd trimester	
Age (years)	22,26 (± 3,75)	25,06 (± 6,65)	-	-	-
	19 - 25	19 - 31	-	-	-
Gestational age (weeks)	-	12,12 (± 0,63)	24,45 (± 0,69)	34,75 (± 0,95)	-
		11,5 - 12,5	24,1 - 24,6	34,2 - 35,4	-
BMI (kg/m ²)	21,26 (± 1,75)	22,73 (± 2,28)	24,63 (± 2,42)	26,49 (± 2,57)	23,12 (± 2,47)
	19,9 - 22,9	20,8 - 23,8	22,7 - 25,9	24,4 - 27,9	21 - 24,4
PAS (mmHg)	106,94 (± 9,74)	93,37 (± 7,53)	90,88 (± 9,05)	96,09 (± 8,48)	105,66 (± 24,22)
	99 - 115	90 - 100	82 - 100	90 - 102	108 - 116
PAD (mmHg)	69 (± 5,93)	60,58 (± 6,10)	59,48 (± 6,40)	62,09 (± 8,01)	68,06 (± 4,87)
	65 - 75	58 - 62	58 - 60	58 - 64	65 - 70
PAM (mmHg)	81,64 (± 6,34)	71,51 (± 5,83)	69,95 (± 6,04)	73,42 (± 7,54)	80,59 (± 7,74)
	76,67 - 87,3	69,33 - 74	66,67 - 73,33	69,3 - 78	78,3 - 84
Blood glucose (mg/dL)	82,2 (± 7,46)	78,87 (± 5,91)	74,54 (± 5,33)	74,23 (± 5,73)	81,44 (± 5,92)
	78 - 86	74 - 83	69 - 79	71 - 77	77 - 84
Insulin (µUI/mL)	9,14 (± 5,67)	9,61 (± 4,26)	11,34 (± 4,26)	11,95 (± 5,21)	6,57 (± 3,79)
	4,5 - 14,1	5,9 - 11,7	8,5 - 14,3	7,7 - 16,7	3,9 - 9
HOMA Index	1,69 (± 1,25)	1,88 (± 0,89)	2,10 (± 0,86)	2,21 (± 1,02)	1,33 (± 0,79)
	0,84 - 2,35	1,17 - 2,22	1,52 - 2,64	1,41 - 3,05	0,73 - 1,87
Total cholesterol (mg/dL)	157,31 (± 27,26)	166,69 (± 31,61)	221,41 (± 39,25)	251,44 (± 50,56)	158,66 (± 28,3)
	129 - 178	145 - 190	190 - 255	219 - 287	140 - 181
HDL (mg/dL)	47,84 (± 8,69)	58,60 (± 9,92)	70,32 (± 12,35)	66,48 (± 11,27)	45,88 (± 10,26)
	43 - 52	51 - 65	62 - 78	64 - 74	44 - 53
LDL (mg/dL)	109,52 (± 27,24)	122,48 (± 34,43)	146,18 (± 47,06)	162 (± 44,77)	94,66 (± 29,69)
	90 - 127	94 - 148	109 - 177	134 - 190	74 - 113

VLDL (mg/dL)		15,26 (± 4,70)	22,44 (± 8,11)	37,39 (± 12,41)	49,69 (± 15,14)	18,33 (± 10,71)
		12 - 19	16 - 27	28 - 44	41 - 58	12 - 23
Triglycerides (mg/dL)		76,05 (± 23,36)	112,16 (± 40,26)	187,04 (± 62,02)	248,44 (± 75,75)	92 (± 53,67)
		59 - 63	81 - 133	140 - 221	205 - 291	59 - 116
C-Reactive protein		1,55 (± 1,46)	5,41 (± 2,69)	4,82 (± 2,42)	5,38 (± 3,30)	3,51 (± 3,93)
		0,56 - 1,64	3,7 - 7,44	3,07 - 6,55	2,59 - 8,37	1,3 - 4,33
Progesterone	Fo	0,50 (± 0,23)	-	-	-	-
		0,33 - 0,67	-	-	-	-
	Lu	10,75 (± 5,52)	-	-	-	-
		4,64 - 15,65	-	-	-	-
Leptin (ng/mL)	Fo	16,52 (± 6,63)	22,83 (± 9,34)	34,38 (± 18,22)	38,24 (± 19,51)	16,03 (± 4,89)
		13,78 - 17,32	16,38 - 30,07	21,98 - 46,67	21,68 - 52,65	11,6 - 20,17
	Lu	22,94 (± 6,37)	-	-	-	-
		19,22 - 27,31	-	-	-	-
sOB-r (ng/mL)	Fo	20,90 (± 2,12)	32,40 (± 7,46)	43,69 (± 9,31)	45,01 (± 10,78)	26,67 (± 3,54)
		19,94 - 22,73	28,13 - 36,61	37,94 - 49,16	35,70 - 53,34	23,55 - 29,96
	Lu	21,60 (± 2,61)	-	-	-	-
		18,89 - 23,52	-	-	-	-
FLI	Fo	7,87 (± 2,62)	7,80 (± 4,85)	8,62 (± 6,38)	9,35 (± 5,87)	6 (± 1,57)
		6,21 - 8,46	4,64 - 10,26	4,38 - 10,79	4,16 - 11,92	4,85 - 7,67
	Lu	10,85 (± 5,56)	-	-	-	-
		7,90 - 13,60	-	-	-	-

Demographic, clinical and biochemical parameters in the studied population of healthy pregnant and healthy non – pregnant women. Normal distribution was indicated as mean (SD) and non-normal parameters were indicated as median (IQR). BMI: body mass index; SBP: systolic blood pressure; DBP: diastolic blood pressure; MBP: mean blood pressure; HOMA-IR: homeostasis model assessment-estimated insulin resistance; FLI: free leptin index. A p-value < 0.05 was considered statistically significant.

Table 2
Demographic, clinical and biochemical parameters in the studied population of preeclamptic women.

Variables	Preeclamptic women (n= 20)		
	1 st trimester	2 nd trimester	3 rd trimester
Age (years)	22,35 (± 6,58)	-	-
	18 - 26,5	-	-
Gestational age (weeks)	12,17 (± 0,69)	24,45 (± 0,57)	35 (± 0,86)
range	11,5 - 12,6	24,05 - 24,5	34,2 - 35,55
BMI, kg/m ²	23,97 (± 2,81)	26,36 (± 2,82)	29,37 (± 2,73)
	21,8 - 25,25	24,35 - 28,05	27,7 - 30,55
PAS (mmHg)	104 (± 7,57)	104,2 (± 8,63)	108,55 (± 12,46)
	99 - 110	100 - 110	100 - 115
PAD (mmHg)	65,7 (± 7,6)	65,4 (± 7,45)	65,25 (± 6,64)
	60 - 70	60 - 70	60 - 70
PAM (mmHg)	78,46 (± 7,09)	78,33 (± 6,93)	79,68 (± 9,22)
	73 - 82,65	74 - 83,35	74,5 - 81,65
Blood glucose (mg/dL)	80,48 (± 6,77)	77,05 (± 7,72)	74,68 (± 9,25)
	75,3 - 84	70 - 83	69,5 - 78
Insulin (µUI/mL)	17,25 (± 23,75)	15,28 (± 4,46)	15,28 (± 6,57)
	9,75 - 13,85	11,2 - 18,15	11,45 - 18,55
HOMA Index	3,68 (± 5,9)	2,9 (± 0,86)	2,85 (± 1,36)
	1,84 - 2,86	2,22 - 3,61	2,13 - 3,52
Total Cholesterol (mg/dL)	171,05 (± 32,95)	220,65 (± 44,41)	235,75 (± 48,47)
	159,5 - 191,5	189 - 244	207,5 - 258,5
HDL (mg/dL)	52,25 (± 12,11)	63,65 (± 14,75)	57,65 (± 17,59)
	44 - 58,5	51,5 - 74	51 - 63,5
LDL (mg/dL)	122,65 (± 38,89)	152,85 (± 57,97)	157,9 (± 68,28)
	91,5 - 143	113 - 174,5	110 - 198,5
VLDL (mg/dL)	23,05 (± 9,47)	35,9 (± 14,85)	49,85 (19,32)
	16 - 27	26,5 - 42	33,5 - 64
Triglycerides (mg/dL)	115,15 (± 47,28)	179,45 (± 73,87)	258,9 (± 85,37)
	78 - 134,5	133 - 208,5	187 - 321
C-reactive protein (CRP)	115,15 (± 47,28)	7,42 (± 2,99)	7,09 (± 3,46)
	78 - 134,5	5,27 - 10	5,24 - 8,73
Leptin (ng/mL)	24,91 (± 9,91)	47,11 (± 25,11)	63,01 (± 30,92)
	16,97 - 31,78	29,25 - 61,15	32,2 - 83,31
sOB-r (ng/mL)	32,09 (± 6,97)	37,54 (± 6,33)	36,97 (± 7,66)
	25,7 - 37,85	32,88 - 43,8	30,97 - 42,9
FLI	8,69 (± 4,969)	13,54 (± 8,78)	18,06 (± 10,35)
	4,62 - 12,38	7,36 - 19,54	7,73 - 25,69

Demographic, clinical and biochemical parameters of preeclamptic women. Normal distribution was indicated as mean (SD) and non-normal parameters were indicated as median (IQR). BMI: body mass index; SBP: systolic blood pressure; DBP: diastolic blood pressure; MBP: mean blood pressure; HOMA-IR: homeostasis model assessment-estimated insulin resistance; FLI: free leptin index. A p-value < 0.05 was considered statistically significant.-

In preeclamptic women, leptin levels are also significantly elevated throughout gestation (p = 0.0000) (Fig. 1 and table 2). When second (p = 0.0245 and third (p = 0.0016) trimester of preeclamptic women are compared to second and third trimester of healthy pregnant women, a statistically significant difference is

found in serum leptin levels (Fig. 1 and Supplementary Table 2).

3.2. Serum sOB-r levels are increased during pregnancy in healthy and preeclamptic women

On the other hand, serum sOB-r concentrations were not statistically different between follicular and luteal phases of the menstrual cycle in the non-pregnant women ($p = 0.3969$) (Fig. 2 and Supplementary Table 3). In healthy pregnant women, a significant increase was observed in serum sOB-r concentrations from first to second and third trimesters of pregnancy ($p = 0.0000$) and there were no statistically significant differences between second and third trimesters ($p = 0.3999$) (Fig. 2 and Supplementary Table 3). Serum sOB-r levels were significantly decreased after delivery (Fig. 2 and Supplementary Table 3).

Circulating sOB-r was also significantly elevated throughout gestation in preeclamptic women ($p = 0.0174$) (Fig. 2), where serum sOB-r levels during the second ($p = 0.0236$) and third trimester ($p = 0.0024$) were higher than in the first trimester. In addition, serum sOB-r levels were similar between healthy pregnancy and preeclamptic women (Fig. 2 and Supplementary Table 4).

3.3. Free leptin index is increased throughout pregnancy in preeclamptic, but not in healthy women

The FLI was lower in the follicular than in luteal phase of menstrual cycle of non-pregnant women (Fig. 3 and Supplementary Table 5) ($p = 0.0039$). FLI was not significantly different at any trimester of pregnancy in healthy pregnant women ($p = 0.7640$) (Fig. 3). Conversely, FLI increased significantly from the first to third trimesters of pregnancy in preeclamptic pregnant women (Fig. 3) ($p = 0.0037$). The FLI was significantly elevated during the second ($p = 0.0053$) and third trimester ($p = 0.0003$) of gestation in preeclamptic women when compared to healthy pregnant women (Fig. 3 and Supplementary table 6).

4. Discussion

The present study demonstrates, for the first time that, at variance to pregnant healthy women, FLI is significantly elevated during pregnancy in mild preeclamptic women. The FLI in the second and third trimesters of gestation in mild preeclamptic women was higher than in healthy pregnant women at the same periods, in a nested case-control study within a prospective cohort study. This significant increase occurs particularly in the second and third trimesters of pregnancy as result of the notable increased circulating levels of leptin and the moderated elevation in serum levels of sOB-r in preeclamptic women. These results are consistent with the previous findings reported by Andersson-Hall et al. in healthy pregnant women in a longitudinal prospective cohort study¹³. Additionally, it is important to note that FLI was significantly higher in the luteal versus follicular phase of the menstrual cycle, in response to higher serum leptin concentrations in the luteal phase.

Preeclampsia is a multisystem hypertensive disorder of pregnancy and one of the major causes of maternal and fetal morbidity and mortality worldwide⁴². In addition, it has been associated with endothelial dysfunction, coagulopathies, imbalance between angiogenic and anti-angiogenic factors, acute kidney injury, edema, and development of cardiovascular diseases, systemic inflammatory response and oxidative stress⁴³. Furthermore, preeclampsia has been associated with a dysregulated secretion profile of maternal and placental circulating factor, including growth factors, hormones and some adipokines such as leptin⁴⁴. Leptin is an adipokine produced and secreted primarily by white adipose tissue, which crosses the blood-brain barrier through a saturable transport system to reach the hypothalamus and activate the sympathetic nervous system that can lead to hypertension⁴⁵⁻⁴⁷. Previous studies have shown that high-circulating leptin levels are present in animals and humans with hypertension⁴⁵⁻⁴⁹. Here, we found that circulating levels of leptin are significantly elevated during the second and third trimesters of gestation in both healthy and preeclamptic women. However, this increase is more remarkable in preeclamptic pregnant women, suggesting that high leptin levels could contribute to the pathophysiology and underlying mechanisms of hypertensive disorders during pregnancy. Consequently, this index might be helpful as an early predictive biomarker for this hypertensive disorder during pregnancy. Moreover, our study reveals that elevated serum leptin levels and a slightly increased concentration of sOB-r exist in mild preeclamptic women when compared with normotensive pregnant women in the second and third trimesters of pregnancy. These results are consistent with findings reported in patients with primary hypertension, and support the hypothesis that there is a strong relationship between hypertension, leptin and its sOB-r⁵⁰. Of note, our present results compare favorably and extend those of a previous report showing that hyperleptinemia may precede and contribute to the development of hypertension, rather than being a major cause of it, inasmuch as, in the present study, hyperleptinemia occurs in preeclamptic pregnant women from the second trimester of gestation³³. Also, FLI was more strongly related with adverse clinical outcomes and associated with masked hypertension than leptin or sOB-r alone; suggesting that leptin and its receptor acting conjointly may be involved in the hypertensive disorders of pregnancy.

5. Conclusions

This longitudinal study indicates that circulating levels of leptin and sOB-r could be considered an independent risk factor for hypertensive disorders that occur in pregnant women. We suggest that higher leptin concentration might play an important role in the pathophysiology of preeclampsia, and FLI could be useful in predicting the onset of hypertensive disorders during pregnancy.

Declarations

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Conflict of Interest:

The authors report no conflicts of interest in this work.

Author Contributions:

All authors have contributed to the intellectual content of this manuscript: a) A.I.R.P, E.A.M, J.E.C, J.P.C, C.D, R.N, JES, L.M.M.A and M.C.PL conceived and designed the experiments, b) M.F.G, H.A.R.N, M.AC.B and J.D.B.A performed the experiments, c) J.E.C, J.E.C, A.I.R.P, A.J.PB, J.J.PF and A.J.B.C analyzed the data and d) A.I.R.P, E.A.M, J.E.C, J.P.C, C.D, R.N, JES, L.M.M.A, A.J.PB, J.J.PF and M.C.PL prepared the original draft and edited manuscript.

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Figures

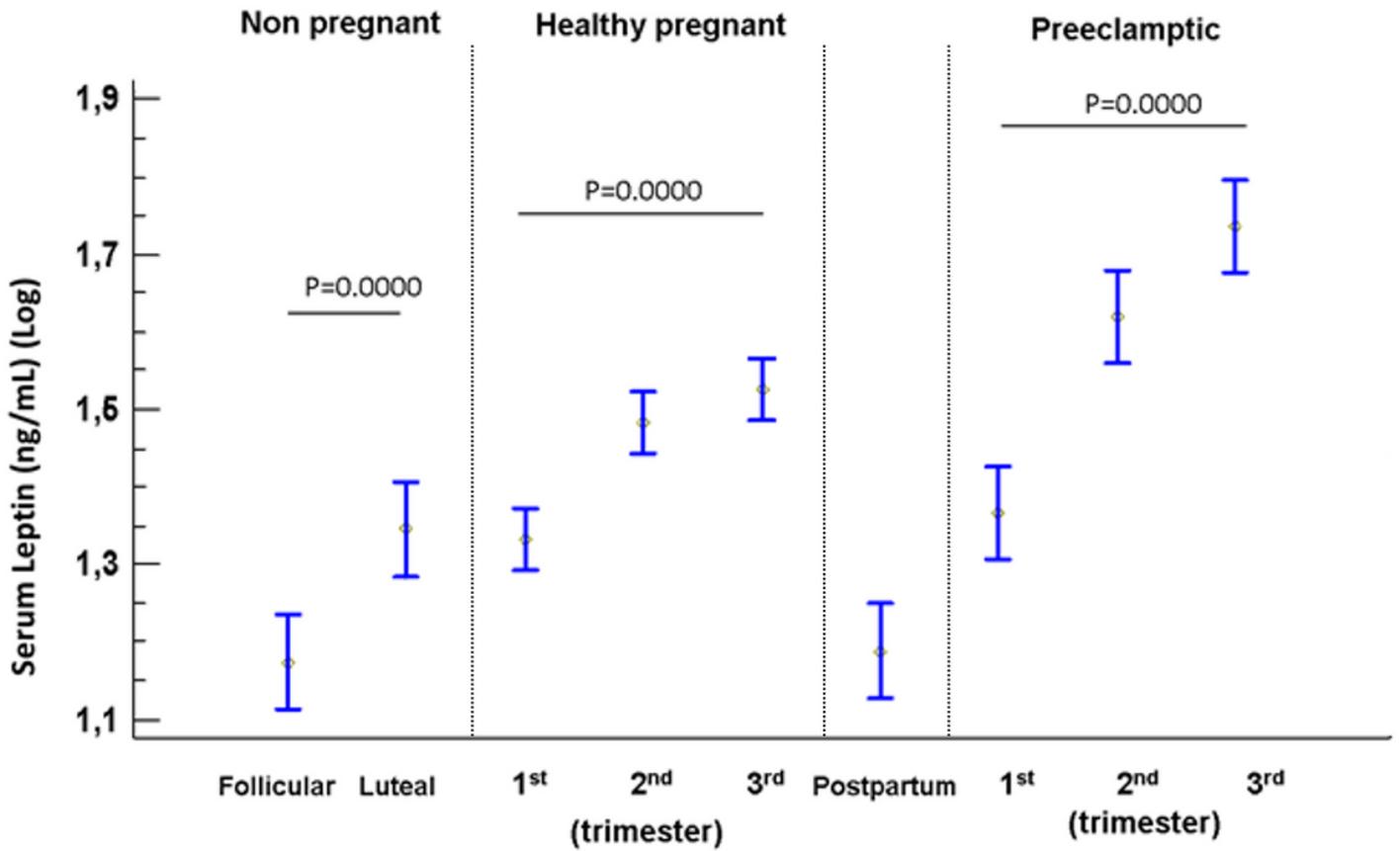


Figure 1

Logarithm of serum leptin levels during pregnancy and postpartum in healthy pregnant and preeclamptic women.

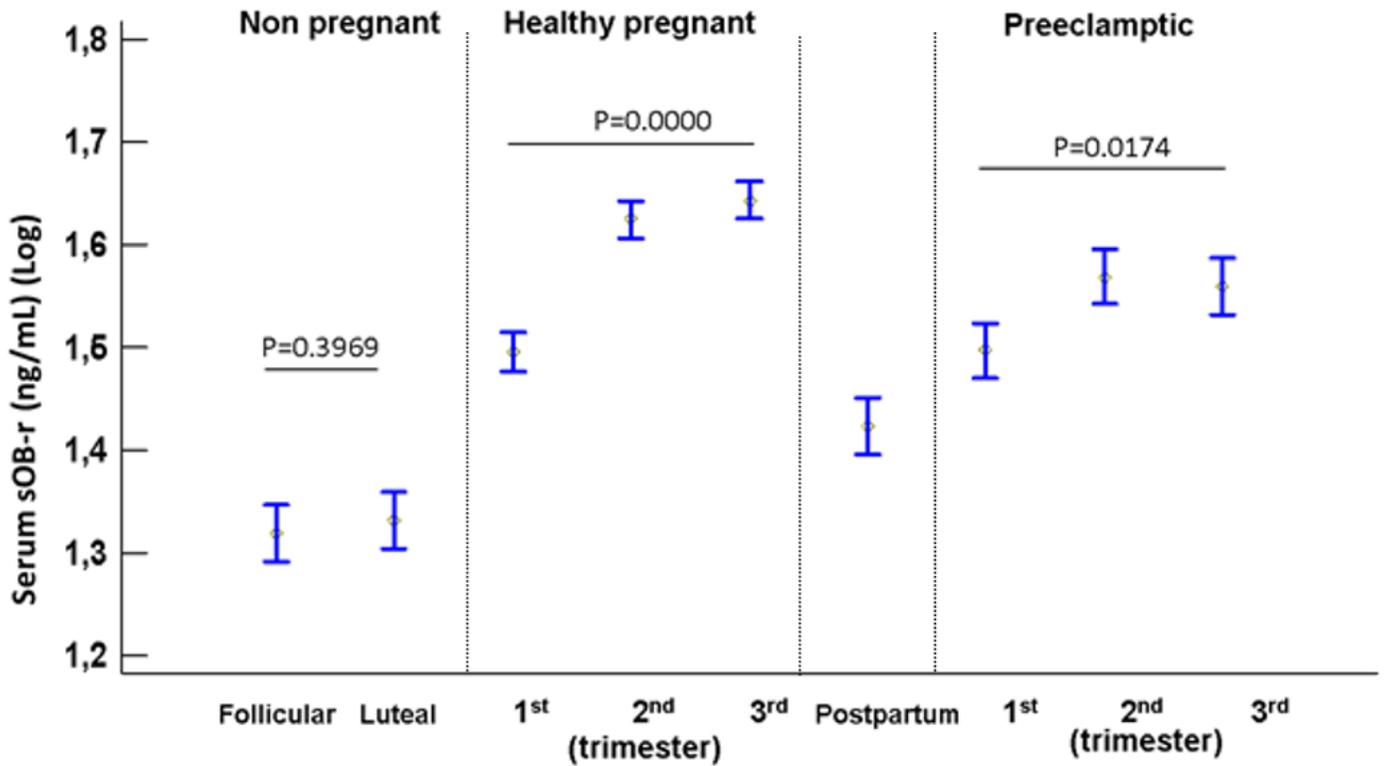


Figure 2

Logarithm of serum sOB-r levels during pregnancy and postpartum in healthy pregnant and preeclamptic women.

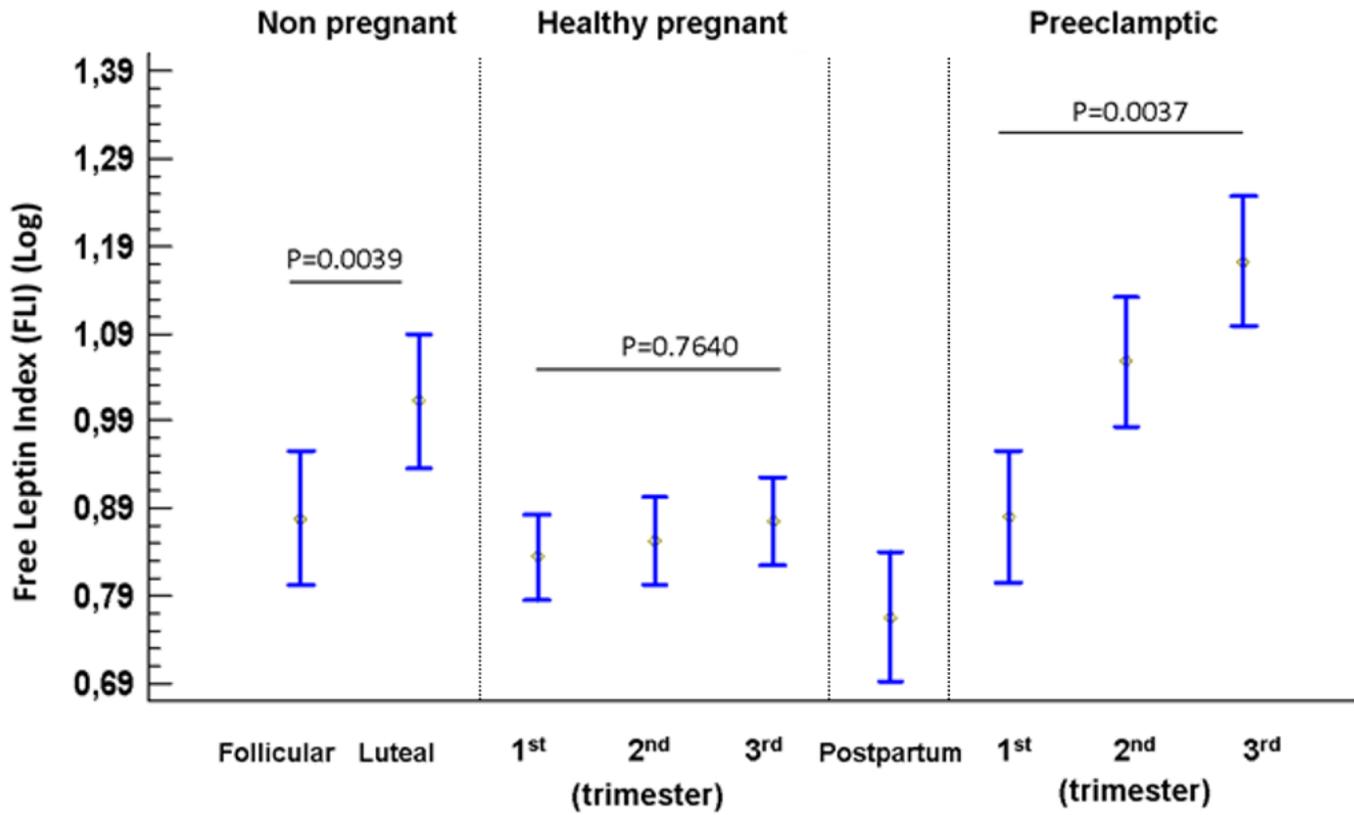


Figure 3

Logarithm of free leptin index (FLI) during pregnancy and postpartum in healthy pregnant and preeclamptic women.

Supplementary Files

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