

# How miRNAs can protect humans from coronaviruses COVID-19, SARS-CoV, and MERS-CoV

#### Anatoliy Ivashchenko ( a.iavashchenko@gmail.com)

SRI of Biology and Biotechnology Problems, al-Farabi Kazakh National University, Almaty, 050040, Kazakhstan https://orcid.org/0000-0002-7969-2016

#### Aizhan Rakhmetullina

SRI of Biology and Biotechnology Problems, al-Farabi Kazakh National University, Almaty, 050040, Kazakhstan https://orcid.org/0000-0002-0117-7110

#### Dana Aisina

SRI of Biology and Biotechnology Problems, al-Farabi Kazakh National University, Almaty, 050040, Kazakhstan https://orcid.org/0000-0002-7137-3408

#### Research Article

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### **Abstract**

Viral diseases cause significant harm to human health and often cause high mortality. In the past twenty years, humanity has undergone infection by SARS-CoV (severe acute respiratory syndrome), MERS-CoV (Middle East respiratory syndrome) and COVID-19 coronaviruses, which spread from animals to humans and from person to person. These diseases have led to large economic losses. To fight coronaviruses and other viruses, it is proposed to use miRNAs, which regulate protein synthesis at the translational level. MirTarget program was used to determine the following binding characteristics: the locations of miRNA binding sites in the 3'UTR, 5'UTR, and CDS; the free energy interaction  $\Delta G$  between miRNA and mRNA; the  $\Delta G/\Delta Gm$  value, where  $\Delta Gm$  is equal to the free energy binding of miRNA with its full complementary nucleotide sequence; and the nucleotide interaction schemes between miRNAs and mRNAs. Out of 2565 miRNAs, miR-4778-3p, miR-6864-5p and miR-5197-3p were identified as the most effectively interacting with the gRNA of SARS-CoV, MERS-CoV and COVID-19, respectively. Based on the miR-4778-3p, miR-6864-5p and miR-5197-3p sequences, complete complementary miRNA (cc-miR) binding sites in the gRNA coronaviruses were created. The detected binding sites of these cc-miRs did not form intramolecular complexes in the 2D structure of the gRNA of SARS-CoV, MERS-CoV, and COVID-19 with a value of more than 85%. Therefore, the cc-miRs will bind gRNA at these sites without competition. The cc-miRs for SARS-CoV, MERS-CoV, and COVID-19 did not have target genes among the 17508 human coding genes with a  $\Delta G/\Delta Gm$  of more than 85%, which implies the absence of side effects of these cc-miRs on the translation of human mRNAs. cc-miRs can be used as therapeutic agents by incorporating them into exosomes or other vesicles and introducing them into the blood or lung by inhalation. The introduction of cc-miR into the blood will suppress the reproduction of the virus in the blood and in all organs into which it can enter. The proposed method of inhibiting the reproduction of coronaviruses can be used for other viruses.

## Introduction

Viral diseases are difficult to predict, which requires prompt responses to their occurrence. Unfortunately, at present, specific drugs do not exist for all viruses. Coronaviruses COVID-19, SARS-CoV (severe acute respiratory syndrome) and MERS-CoV (Middle East respiratory syndrome) are highly pathogenic, and currently, there are no effective drugs to treat them (Alburikan, Abuelizz, 2020; Cheng, Shan, 2010: Liu et el., 2020; Nguyen et al., 2020; Sardar et al., 2020; Shirato et al., 2020; Tian et al., 2020; Zhang et al., 2020; Zou et al., 2020). Therefore, new approaches to the treatment of viral diseases are required. All viruses multiply using a nucleic acid synthesis system and a protein synthesis system in an infected cell. In animal cells, protein synthesis is controlled by miRNA (mRNA-inhibiting RNA).. These nanosized molecules specifically interact with the mRNAs of target genes and can reversibly suppress translation or contribute to the degradation of mRNA (Bartel, 2018; Krol et al., 2010; Zhdanov, 2018). This biological role of miRNAs can help in the fight against viral reproduction, since the synthesis of viral proteins occurs in the host cell. The use of miRNAs for this purpose requires with the fulfillment of a number of conditions.

The miRNA must highly specifically bind to the mRNA of the viral genome (gRNA) or parts of its genome, which can be translated as a whole or in fragments. An arbitrary set of nucleotides in synthetic miRNAs that bind with complete complementarity to the RNA genomes of viruses can have many side effects consisting of the binding of these miRNAs to human mRNAs (Trobaugh, Klimstra, 2017; Cui et al., 2020; Kemp et al., 2020; Wu et al., 2020; Xu et al., 2020; Zheng et al., 2020). To identify target miRNAs of genes, a program that adequately evaluates the interaction of this miRNA with all genes of the human genome is required. The MirTarget program we created successfully determines the characteristics of the interaction of known miRNAs with any RNA nucleotide sequences. Using this method, the effect of known human miRNAs on the mRNA of plant (Bari et al., 2013; Bari et al., 2013) and animal (Ivashchenko et al., 2014; Atambayeva et al., 2017; Aisina et al., 2019; Kondybayeva et al., 2018; Kondybayeva et al., 2019) genes was evaluated. It is currently relevant to identify human miRNAs that can affect the expression of the COVID—19, SARS-CoV and MERS-CoV coronavirus genomes at the translation stage. It is necessary to select miRNAs that can most effectively bind to the nucleotide sequence of the RNA genomes of these coronaviruses. The aim of this work was to construct miRNAs specific for coronaviruses COVID—19, SARS-CoV, and MERS-CoV that will not affect the expression of human or animal genes.

# **Materials And Methods**

The nucleotide sequences of 2565 miRNAs were downloaded from miRBase (http://mirbase.org, release 22.1). The nucleotide sequences of genes and the coronavirus genome COVID-19(Accession MN908947), MERS-CoV (Accession NC\_019843), SARS- CoV (Accession NC\_004718) were obtained from NCBI (http://www.ncbi.nlm.nih.gov). A search for the target genes of miRNAs was performed using the MirTarget program (Ivashchenko et al., 2016). The MirTarget program works with the miRNA and mRNA nucleotide sequences in a special format. This program determines the following binding characteristics: the start of the miRNA binding site on the mRNA; the location of the miRNA binding site (3'UTR, 5'UTR, CDS); the interaction free energy ( $\Delta$ G, kJ/mole); and the nucleotide interaction schemes between miRNAs and mRNAs. The ratio of  $\Delta$ G/ $\Delta$ Gm (%) was determined for each binding site, where  $\Delta$ Gm is equal to the free energy binding of miRNA with its full complementary nucleotide sequence. The MirTarget program found hydrogen bonds between adenine (A) and uracil (U), guanine (G) and cytosine (C), G and U, A and C. The distances between A and C were equal to 1.04 nanometers, between G and C, and between A and U were equal to 1.03 nanometers, and between G and U equal to 1.02 nanometers. The numbers of hydrogen bonds in the G-C, A-U, G-U and A-C interactions were found to be 3, 2, 1 and 1, respectively (Leontis et al., 2002).

## Results

To compile the nucleotide sequence of a fully complementary miRNA (cc-miR) to its binding site in the gRNA of COVID-19, it was necessary to find the cc-miR precursor. Despite the large size of the COVID-19 genome, in comparison with the human protein coding genes, only a few human miRNAs could bind to the viral genome with a  $\Delta G/\Delta Gm$  value of 89% (Figure 3). We chose this value as a criterion for the

adequacy of determining binding sites based on the requirement that different miRNAs with a length of 22 nt differ in two or more nucleotides, which allows them to act specifically. A decrease in this criterion, for example, by 5%, leads to an exponential increase in the number of putative target genes of a particular miRNA, which results in an uncertainty in the selectivity to the target genes of this miRNA. To create ccmiR, we selected miR-5197-3p, which out of the 2565 known miRNAs (miRBase), binds to the gRNA of the COVID-19 virus with the largest  $\Delta G/\Delta Gm$  value of 89% and a miRNA length of 23 nt (Figure 1).

Of the 17,508 human genes available in our gene database, miR-5197-3p bound to the mRNA of only a few genes with similar characteristics (Figure 3). Therefore, the use of miR-5197-3p as a therapeutic agent will cause side effects on the identified genes. Fig. 2 shows the scheme of the interaction of miR-5197-3p with the gRNA.

Note: The schemes above are shown as follows: miRNA; the position at the beginning of the binding site (nt); the value of the free binding energy  $\Delta G$  (kJ/mole); the  $\Delta G/\Delta Gm$  value (%); and the length of the miRNA (nt). Bold letters indicate nucleotides forming non-canonical pairs and nucleotides that do not form hydrogen bonds.

Based on this scheme, a structure for cc-miR2 (cc-miR for the gRNA of COVID-19) with a length of 25 nt was proposed with the replacement of non-canonical nucleotide pairs by canonical ones and the addition of G and U nucleotides at the ends of miR-5197-3p to increase the free interaction energy of cc-miR2 with the gRNA of COVID-19. The interaction characteristics of cc-miR2 with the gRNA of COVID-19 are given in the Figure 1 and the diagram in Fig. 2a. The miRNAs with a length of 25 nt are found among natural miRNAs (miRBase) and can interact with gRNA as part of RISC (RNA-induced silencing complex). The created cc-miR2 was completely complementary to the gRNA and interacted weakly with mRNA of 17508 genes, some of which are presented in Figure 3. This result gives confidence that cc-miR2 can interact with gRNA without side effects on the human protein-coding genes.

Similarly, cc-miRs were designed to bind to the MERS-CoV (cc-miRm) and SARS-CoV (cc-miRs) genomes. Of the 2565 known human miRNAs, miR-6864-5p and miR-4778-5p could interact more strongly than other miRNAs with the gRNA of MERS-CoV and SARS-CoV, respectively (Figure 1, Figure 4). The cc-miRm and cc-miRs do not bind to mRNAs of the 17,508 studied human genes with  $\Delta G/\Delta Gm$  values above 85%.

Therefore, these synthetic miRNAs are not expected to have any side effects upon interacting with human genes. The nucleotides of the cc-miR2, cc-miRm, cc-miRs binding sites during intramolecular interactions in the COVID=19, SARS-CoV, and MERS-CoV genomes can bind to other gRNA sites with a value of  $\Delta G/\Delta G$  less than 85%. Consequently, synthetic cc-miR2, cc-miRm, and cc-miRs will interact with the binding sites in the genomes of the three coronaviruses without competition with other gRNA sites.

Generating cc-miR is an inexpensive and relatively short procedure, similar to the synthesis of primers. In cell culture, the effects of cc-miR and miRNA on coronaviruses need to be tested. The proposed hypothesis can be confirmed in the laboratory with the approval and ability to conduct inexpensive and time-saving tests of the proposed cc-miR as a means of combating coronavirus. Since the size of cc-miR

is approximately 10 nm, it can be delivered with blood to many organs as a component of ordinary exosomes in human blood, which measure 30–60 nm (Karothia et al., 2019; Mnyandu et al., 2020; Zhang et al., 2020). The cc-miR contained in exosomes can be introduced into the lungs by inhalation. The proposed method for combating coronaviruses using miRNA does not have side effects and is economically inexpensive. Like all human miRNAs, cc-miR is susceptible to degradation by nucleases, and its removal from the body is not difficult.

A well-known observation that COVID-19 infects children under the age of 15 less than adults over 60 (http://www.cidrap.umn.edu/news-perspective/2003/05/estimates-sars-death- rates-revised-upward) can be explained by the expression of piwi-interacting RNA (pi-RNA) and miRNA, whose concentrations change during ontogenesis: the proportion of pi-RNA decreases with age, and the proportion of miRNA increases (Li et al., 2018). It is possible that the expression of one or more pi-RNAs that can bind to the viral gRNA decreases during ontogenesis, and the virus begins to multiply. Similarly, the concentration of miRNAs capable of binding to the gRNA and are expressed in the early stages of ontogenesis can decrease, and the virus begins to multiply.

# Conclusion

The results show that it is not difficult to select the nucleotide composition of miRNA, siRNA or pi-RNA for target binding to mRNA. The challenge is to predict and verify the absence of side effects of the small RNA on other genes. Unfortunately, this mandatory analysis is performed only at the stage of experimental testing, which will take a long time and is not guaranteed to end successfully. Our proposed method of searching for synthetic miRNA and evaluating its side effects can significantly simplify the generation of the miRNA of interest.

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## **Figures**

mRNA	miRNA	Start of site, nt	ΔG, kJ/mole	$\Delta G/\Delta Gm$ , %	Length,
gRNA COVID-19	miR-5197-3p	21894	-104	89	23
gRNA COVID-19	cc-miR2	21893	-132	100	25
gRNA MERS-CoV	miR-6864-5p	1188	-110	88	24
gRNA MERS-CoV	cc-miRm	1188	-127	100	24
gRNA SARS-CoV	miR-4778-3p	1449	-102	91	22
gRNA SARS-CoV	cc-miRs	1448	-140	100	25

#### Figure 1

Characteristics of the interaction of miRNAs with the gRNA of COVID-19, MERS-CoV and SARS-CoV coronaviruses

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cc-miR2; 21893; -132; 100; 25
                            miR-5197-3p; 21894; -104; 89; 23
a 5'-GAUUCGAAGACCCAGUCCCUACUUA-3'
                             5'-AUUCGAAGACCCAGUCCCUACUU-3'
    3'-CUAAGCUUCUGGGUCAGGGAUGAAU-5'
                             3'-UAAGCUACUGAGUCAGAGAAGAA-5'
b cc-miRm; 1188; -127; 100; 24
                            miR-6864-5p; 1188; -110; 88; 24
  5'-GGCGUUUCUGACUUGUCCCUCAAA-3'
                             5'-GGCGUUUCUGACUUGUCCCUCAAA-3'
    3'-CCGCAAAGACUGAACAGGGAGUUU-5'
                             3'-CCGUAUAGACUGAACAGGGAAGUU-5'
c cc-miRs; 1448; -140;
                     100; 25
                            miR-4778-3p; 1449; -102; 91; 22
  5'-CUCGACUCCGCAAGGGAGGUAGGAC-3'
                             5'-UCGACUCCGCAAGGGAGGUAGGA-3'
    3'-GAGCUGAGGCGUUCCCUCCAUCCUG-5'
                             3'-AGUUGAGACGUUUCCUUC-UUCU-5'
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Figure 2

Schemes of the interaction of miRNA and cc-miR nucleotides with the gRNA of COVID-19 (a), MERS-CoV (b) and SARS-CoV (c).

Object	miRNA	Start of site, nt	Region of RNA	ΔG, kJ/mole	ΔG/ΔGm. %	Length,
gRNA COVID-19	miR-106a-3p	4390	CDS	-100	89	22
gRNA COVID-19	miR-511-3p	19139	CDS	-89	89	20
gRNA COVID-19	miR-3914	4775	CDS	-98	88	22
mRNA SYNJ1	miR-5197-3p	830	CDS	-104	89	23
mRNA RRP9	miR-5197-3p	504	CDS	-104	89	23
mRNA CEP72	miR-5197-3p	986	CDS	-102	87	23
mRNA CKMT1A	miR-5197-3p	900	CDS	-102	87	23
mRNA CKMT1B	miR-5197-3p	900	CDS	-102	87	23
mRNA ACTR3C	cc-miR2	83	5'UTR	-113	85	25
mRNA LRP8	cc-miR2	2971	CDS	-113	85	25
mRNA NOL9	cc-miR2	153	CDS	-113	85	25
mRNA PASK	cc-miR2	1775	CDS	-113	85	25

Figure 3

Characteristics of miRNA interactions with the gRNA of COVID-19 and mRNA of human genes

Объект	miRNA	Start of site, nt	Region of RNA	ΔG, kJ/mole	ΔG/ΔGm. %	Length nt
Characteristic	es of the interaction	of miRNA	with gRNA MI	ERS-CoV an	d human gen	
gRNA MERS-CoV	miR-3591-3p	3168	CDS	-100	87	22
gRNA MERS-CoV	miR-4796-3p	363	CDS	-98	87	22
gRNA MERS-CoV	miR-3976	124	CDS	-102	86	24
mRNA AOC2	miR-6864-5p	56	CDS	-113	88	24
mRNA CSRNP2	miR-6864-5p	2645	3'UTR	-110	87	24
mRNA DYXICI	miR-6864-5p	416	CDS	-110	87	24
mRNA QRFPR	miR-6864-5p	281	5'UTR	-110	87	24
Characteristi	cs of the interaction	n of miRNA	with gRNA SA	RS-CoV and	d human gene	es
gRNA SARS-CoV	miR-148b-3p	18470	CDS	-102	91	22
gRNA SARS-CoV	miR-511-3p	19069	CDS	-89	89	20
gRNA SARS-CoV	miR-3611	24755	CDS	-89	89	21
gRNA SARS-CoV	miR-2113	15235	CDS	-98	88	21
gRNA SARS-CoV	miR-548d-3p	7507	CDS	-98	88	22
mRNA SYNDIGIL	miR-4778-3p	149	5'UTR	-123	88	25
mRNA TGFB2	miR-4778-3p	801	5'UTR	-121	86	25

Figure 4

Characteristics of miRNA interactions with the gRNA of coronaviruses and human mRNA genes