

Suppression of Heterotopic Ossification in Fibrodysplasia Ossificans Progressiva Using AAV Gene Delivery

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1 **Suppression of Heterotopic Ossification in Fibrodysplasia Ossificans Progressiva Using AAV**
2 **Gene Delivery**

3

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38 **Abstract**

39 Progressive heterotopic ossification (HO) is the most disabling and defining feature of fibrodysplasia
40 ossificans progressiva (FOP), an ultra-rare genetic disorder. More than 95% of FOP patients harbor a
41 heterozygous activating mutation (c.617G>A;p.R206H) in the Activin A Receptor Type 1 (ACVR1).
42 Currently, there are no definitive preventions or treatments. Gene therapy is thus an attractive
43 treatment strategy. Here, we identify recombinant adeno-associated virus 9 (rAAV9) as the most
44 effective serotype for transduction of the major cells-of-origin of HO in soft tissues. Using AAV-
45 mediated gene delivery, three gene therapy approaches for FOP, including gene replacement by
46 expression of codon-optimized human *ACVR1* (*ACVR1^{OPT}*), *ACVR1^{R206H}* allele-specific silencing by
47 AAV-compatible artificial miRNA (amiR, amiR-*ACVR1^{R206H}*), and a combination of gene replacement
48 and silencing (*ACVR1^{OPT}*;amiR-*ACVR1^{R206H}*), were developed. AAV gene therapy ablated aberrant
49 Activin A signaling and chondrogenic and osteogenic differentiation of mouse skeletal cells harboring a
50 conditional knock-in allele of human *ACVR1^{R206H}* (*Acvr1^{(R206H)KI}*) and human FOP patient-derived
51 induced pluripotent stem cells (iPSCs). Accordingly, trauma-induced HO was markedly reduced in
52 *Acvr1^{(R206H)KI}* mice treated locally in early adulthood or systemically at birth. These mice displayed a
53 significant decrease in endochondral bone formation in injured muscle while inflammation and
54 fibroproliferation responses to injury remained largely intact. Remarkably, spontaneous HO in juvenile
55 and adult *Acvr1^{(R206H)KI}* mice was also substantially decreased by AAV gene therapy. Compared to gene
56 replacement or silencing, combination gene therapy was the most potent in preventing both traumatic
57 and spontaneous HO in FOP mice. Collectively, our results identify novel gene therapeutics that can
58 prevent disabling HO in FOP mice and provide evidence to support clinical translation to FOP patients.

59

60 **Introduction**

61 Fibrodysplasia ossificans progressiva (FOP, OMIM 135100) is an ultra-rare genetic disorder with a
62 defining feature of progressive, disabling heterotopic ossification (HO) that forms within skeletal muscle,
63 tendons, ligaments, fascia and aponeuroses^{1,2}. HO develops in childhood and early adulthood during
64 episodic flare-ups that occur spontaneously or are triggered by minor trauma, injury, intramuscular
65 injection or inflammation². The new bone leads to progressive immobility and severe pain².

66 All patients with FOP have gain-of-function mutations in the bone morphogenetic protein (BMP)
67 type I receptor *ACVR1*, and ~97% of FOP patients harbor a recurrent *ACVR1*^{R206H} mutation
68 (c.617G>A;p.R206H)^{3,4}. Recent studies showed that *ACVR1*^{R206H} confers dysregulated BMP-
69 pSMAD1/5 signaling in response to Activin A, which normally inhibits BMP signaling through the wild-
70 type (WT) *ACVR1* receptor^{5,6}. Notably, the therapeutic effect of anti-Activin A antibody is specific to
71 FOP, with no effect on acquired forms of HO, suggesting that Activin A acts as a congenic ligand of the
72 *ACVR1*^{R206H} receptor^{7,8}. Although multiple cell types leading to HO, such as Tie2⁺ endothelial cells⁹,
73 Scx1⁺ cells¹⁰, and PDGFR α ⁺Sca1⁺ fibroadipogenic progenitors (FAPs)¹¹, have been identified¹², FAPs
74 appear to be the most consistent cell type and major contributor to HO. However, molecular
75 mechanisms of such findings in coordination with a niche environment have yet to be fully elucidated.

76 FOP treatment is challenging due to the early age of onset of ectopic bone formation and the
77 difficulty in selectively suppressing BMP signaling by the *ACVR1*^{R206H} mutation. Presently, there is no
78 definitive prevention or treatment for the progressively disabling HO except for symptomatic
79 management with high-dose corticosteroids for episodic flare-ups, which can reduce symptoms like
80 pain and edema¹³. Although several new drugs, including a retinoic acid receptor γ agonist
81 (palovarotene), an anti-Activin A antibody (REGN 2477), an immunosuppressant (rapamycin), and
82 *ACVR1* kinase inhibitors (IPN60130), are currently in clinical trials, use of these drugs is limited¹⁴.
83 Given that gene therapy using recombinant adeno-associated viral (rAAV) vectors holds promise for
84 treating many genetic disorders¹⁵, AAV gene therapy may be a plausible therapeutic strategy for FOP.
85 rAAVs have demonstrated high transduction efficiencies to skeletal muscle and the skeleton *in vivo*,^{16,17}

86 long-term durability of therapeutic gene expression¹⁸, and acceptable safety profiles in clinical studies.

87 Of note, rAAVs have been evaluated in over 145 clinical trials and 2,000 patients worldwide¹⁹.

88 This study identifies AAV gene therapy as a promising therapeutic option for blocking HO in
89 FOP. We demonstrate that the rAAV9 serotype effectively transduces the identified cells-of-origin of
90 HO, FAPs in mice harboring a conditional knock-in allele of human *ACVR1*^{R206H} (*Acvr1*^{(R206H)KI}).
91 *Acvr1*^{(R206H)KI} mice can be used to test the efficacy of AAV gene therapy on the skeletal and
92 extraskelatal features of FOP as they model both the skeletal malformations and progressive HO found
93 in human FOP patients⁷. Remarkably, AAV-mediated delivery of gene replacement, *ACVR1*^{R206H} allele-
94 specific silencing, or a combination of gene replacement and silencing, was highly effective in
95 suppressing both traumatic and spontaneous HO in these mice when administered t.d. or i.v. at birth or
96 early adulthood. Mechanistically, AAV gene therapy ablated aberrant Activin A signaling and
97 chondrogenic and osteogenic differentiation of human FOP patient-derived iPSCs and mouse
98 *Acvr1*^{(R206H)KI} skeletal cells. Taken together, our proof-of-concept study using AAV gene therapy
99 provides fundamental insights into a critical step toward clinical translation for FOP patients.

100 Results

101 AAV gene therapy targets the human *ACVR1*^{R206H} receptor

102 FOP is caused by a heterozygous, activating mutation of *ACVR1* (c.617G>A;p.R206H) in
103 approximately 97% of patients⁴. Given recent evidence that wild-type *ACVR1* (*ACVR1*^{WT}) blocks BMP
104 signaling and leads to an inhibition of HO in FOP mice¹¹, we hypothesized that dilution of dysregulated
105 BMP signaling of *ACVR1*^{R206H} with overexpressed *ACVR1*^{WT} might inhibit dysregulated BMP signaling
106 and HO in FOP (hereafter, referred to gene replacement, **Extended Data Fig. 1**). To inhibit the
107 dysregulated BMP signaling of human *ACVR1*^{R206H}, a codon-optimized version of human *ACVR1*
108 complementary DNA (*ACVR1*^{opt}, 74% nucleotide identity compared to wild-type coding sequence) was
109 cloned into the AAV vector genome containing a CMV enhancer, chicken β -actin promoter (CBA), and
110 intron. To reduce the size of the AAV vector, the 1027 bp CBA intron was replaced by a 384 bp
111 MassBiologics (MBL) intron or a 172 bp synthetic intron (**Fig. 1a**), validating abundant expression of the
112 *ACVR1*^{opt} receptor driven by all three promoters (**Fig. 1b**). Since high levels of AAV-delivered shRNAs
113 can perturb native RNAi machinery and cause off-target silencing effects^{20,21}, we developed AAV-
114 compatible artificial miRNA (amiR) by inserting the guide strand of a small silencing RNA into a mouse
115 miR-33-derived miRNA scaffold, which substantially improved conventional shRNA-related toxicity and
116 off-target silencing²². Using a sequence walk methodology, twelve amiRs targeting human *ACVR1*^{R206H}
117 mRNA, but not human *ACVR1*^{WT} and *ACVR1*^{opt} mRNAs, were designed and inserted in the intron
118 between the CBA promoter and the mCherry reporter gene (**Fig. 1c**). Additionally, the sensor plasmids
119 encoding firefly luciferase (Fluc), *Renilla* luciferase (RLuc), and complimentary sequences of human
120 *ACVR1*^{R206H}, *ACVR1*^{WT}, or *ACVR1*^{opt} in 3'-UTR of RLuc, were generated to screen *ACVR1*^{R206H} allele-
121 specific *amiRs* (**Extended Data Fig. 2a**). RLuc activity was normalized to Fluc activity and lower
122 luciferase activity represents higher silencing efficiency of amiRs (**Fig. 1d**). Moreover, mammalian
123 expression vectors of human *ACVR1*^{R206H}, *ACVR1*^{WT}, or *ACVR1*^{opt} were co-transfected with amiRs, and
124 protein or mRNA levels of *ACVR1* receptor were assessed (**Fig. 1e, Extended Data Fig. 2, b and c**).

125 Among the twelve amiRs, *amiR-RH6* and *amiR-RH7* were selected as the most effective gene silencers
126 specific to *ACVR1^{R206H}*, with little to no silencing effect on *ACVR1^{WT}* and *ACVR1^{opt}*. Finally, the
127 combination of *amiR-RH6* or *amiR-RH7* and *ACVR1^{opt}* cDNA was cloned into the AAV vector genome
128 containing the CBA promoter with MBL or synthetic (Syn) intron (**Fig. 1f**). The knockdown efficiency of
129 *ACVR1^{R206H}* receptor by *amiR-RH6* or *amiR-RH7* (**Fig. 1g**), protein levels of *ACVR1^{opt}* receptor (**Fig.**
130 **1h**), and the ability of these plasmids to inhibit Activin A-induced luciferase activity (**Fig. 1i**). Thus, AAV
131 plasmids designed to reduce the dysregulated signaling by *ACVR1^{R206H}* through gene replacement with
132 *ACVR1^{opt}* expression, through gene silencing by *ACVR1^{R206H}* allele-specific amiRs, or through the
133 combination (**Extended Data Fig. 1**) were successfully generated and their functions were validated *in*
134 *vitro*.

135

136 **AAV gene therapy inhibits osteogenic potentials of human FOP iPSCs**

137 To identify the optimal AAV serotype for transducing human and mouse osteogenic progenitors *in vitro*,
138 a self-complementary AAV (scAAV) vector genome expressing the enhanced green fluorescent protein
139 (*Egfp*) reporter gene was packaged into 15 conventional AAV capsids (rAAV1, rAAV2, rAAV2-TM²³,
140 rAAV3b, rAAV4, rAAV5, rAAV6, rAAV6.2²⁴, rAAV7, rAAV8, rAAV9, rAAVrh8, rAAVrh10, rAAVrh39, and
141 rAAVrh43)²⁵, and incubated with induced pluripotent stem cells (iPSCs) derived from dermal fibroblasts
142 of human FOP patients^{26,27}, human bone marrow-derived mesenchymal stromal cells (BMSCs), human
143 adipose-derived mesenchymal stromal cells (ASCs)^{28,29}, or mouse skeletal muscle progenitors
144 (C2C12). Expression of EGFP in transduced cells was assessed by immunoblotting (**Fig. 2a**) and
145 fluorescence microscopy (**Extended Data Fig. 3**). Four AAV serotypes, rAAV2, rAAV5, rAAV6, and
146 rAAV6.2, were able to transduce all four cell types, while rAAV4 was only able to transduce ASCs and
147 C2C12 cells, and rAAV9 was only able to transduce BMSCs. Since rAAV6.2 showed the highest
148 transduction efficacy in all four cell types, the constructs expressing *amiR-RH6* or *amiR-RH7* and
149 *ACVR1^{opt}* were packaged into the AAV6.2 capsid, and their genome integrity was validated (**Fig. 2b**).

150 Since large amounts of tissue from FOP patients cannot be obtained due to the substantial risks
151 of inducing more HO, human FOP iPSCs were generated. iPSCs have been well established for *in vitro*
152 FOP modeling and for applications in drug screening^{26,27,30}. To test effects of AAV gene therapy on
153 human FOP iPSCs *in vitro*, cells were transduced with rAAV6.2 carrying *egfp* (control), *amiR-*
154 *RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* (combination therapy). Silencing specificity of *amiR-RH6* or -
155 *RH7* was examined by next-generation sequencing (NGS), demonstrating that while EGFP control-
156 expressing FOP iPSCs displayed 65.4% *ACVR1^{R206H}* vs. 34.6% *ACVR1^{WT}* transcripts, the transcript
157 pattern was substantially shifted to 36.7% vs. 63.3% (*amiR-RH6.ACVR1^{opt}*) and 39.5% vs. 60.5%
158 (*amiR-RH7.ACVR1^{opt}*, **Fig. 2c, top**). Expression of *ACVR1^{opt}* and EGFP was also confirmed in these
159 cells (**Fig. 2c, bottom, Extended Data Fig. 4a**). Whole transcriptome analysis further demonstrated
160 that compared to control, *amiR-RH6.ACVR1^{opt}* and *amiR-RH7.ACVR1^{opt}* induced upregulation of 45
161 and 140 genes and downregulation of 27 and 87 genes, respectively (**Fig. 2d**), whereas the numbers of
162 differentially expressed genes were markedly reduced to 8 (upregulation) and 1 (downregulation) genes
163 when comparing *amiR-RH6.ACVR1^{opt}* and *amiR-RH7.ACVR1^{opt}* (**Extended Data Fig. 4b**). These
164 results suggest similar silencing specificity of *amiR-RH6* and *amiR-RH7*. Finally, we examined the
165 ability of these AAVs to suppress osteogenic differentiation of FOP iPSCs and demonstrated a
166 significant decrease in alkaline phosphatase (ALP) activity (an early osteogenic marker), mineral
167 deposition (a late osteogenic marker), and mRNA expression of *RUNX2* (a marker of early osteoblastic
168 gene expression, **Fig. 2e and f**). Since only *amiR-RH6.ACVR1^{opt}* treatment did not alter ALP,
169 mineralization, or *RUNX2* expression in human WT iPSCs generated from healthy donors, the
170 therapeutic effects of *amiR-RH6.ACVR1^{opt}* might be more specific to the human *ACVR1^{R206H}* mutation
171 in iPSCs than those of *amiR-RH7.ACVR1^{opt}*.

172 Previous studies demonstrated that the *ACVR1^{R206H}* mutation activates SMAD1/5-mediated
173 BMP signaling in response to Activin A, whereas Activin A does not normally activate BMP-pSMAD1/5
174 signaling via the *ACVR1^{WT}* receptor^{6,5,7}. As expected, Activin A treatment significantly upregulated the
175 expression of BMP-responsive genes, *ID1* and *MSX2*, in control-expressing FOP iPSCs, but this

176 induction was markedly reduced in the presence of *amiR-RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* (**Fig.**
177 **2g, Extended Data Fig. 4c**). Thus, the combined approach of silencing *ACVR1^{R206H}* expression and
178 expressing the *ACVR1^{opt}* receptor is a potent inhibitor of Activin A-induced aberrant BMP signaling and
179 osteogenic differentiation in human FOP iPSCs.

180

181 **AAV gene therapy suppresses dysregulated BMP signaling in mouse *Acvr1^{(R206H)KI}* skeletal cells**

182 Given that FAPs were identified as the cell-of-origin of HO in a mouse model of FOP^{11,12}, a subset of
183 FAPs were isolated from the skeletal muscle of 4-week-old *Acvr1^{(R206H)Fl};PDGFR α -cre* mice using cell
184 surface markers (PDGFR α ⁺Scal⁺CD31⁻CD45⁻)¹¹. As seen in human FOP iPSCs, treatment with *amiR-*
185 *RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* resulted in a significant decrease in Activin A-induced ALP
186 activity and osteogenic gene expression (**Fig. 2h and i**). These results demonstrate therapeutic
187 effectiveness of combination treatment in both human and mouse FOP cells.

188 To further define the potential therapeutic effects of *ACVR1^{R206H}* allele-specific silencing, gene
189 replacement, or the combination in FOP, rAAV6.2 carrying *amiR-RH6*, *ACVR1^{opt}*, or *amiR-*
190 *RH6.ACVR1^{opt}* were transduced into mouse *Acvr1^{(R206H)KI}* osteogenic progenitors isolated from
191 *Acvr1^{(R206H)Fl};PRRX1-cre* mice. Knockdown efficiency of *ACVR1^{R206H}* and expression of *ACVR1^{opt}* were
192 validated in these cells (**Extended Data Fig. 5a**). Since *amiR-RH6.ACVR1^{opt}* shows a higher specificity
193 to the human *ACVR1^{R206H}* mutation in iPSCs than *amiR-RH7.ACVR1^{opt}* (**Fig. 2d-f**), *amiR-RH6.ACVR1^{opt}*
194 and *amiR-RH6* were selected for further studies. *amiR-RH6.ACVR1^{opt}* markedly reduced Activin A-
195 induced SMAD1/5 phosphorylation and *Id1* expression in *Acvr1^{(R206H)KI}* cells, whereas little to mild
196 reduction was detected in the presence of *amiR-RH6* or *ACVR1^{opt}* alone, compared to EGFP control
197 (**Fig. 3a and b**). Notably, control-expressing *Acvr1^{(R206H)Fl}* (*Acvr1^{WT}*) cells were unresponsive to Activin
198 A. As a result, ALP and mineralization activities of *Acvr1^{(R206H)KI}* osteogenic progenitors were more
199 reduced by *amiR-RH6.ACVR1^{opt}* than *amiR-RH6* and *ACVR1^{opt}*, demonstrating inhibitory effects of this
200 combination strategy on both early and late osteogenic differentiation (**Fig. 3c, Extended Data Fig. 5b-**

201 **d).** This inhibitory effect is specific to Activin A-induced osteogenesis of *Acvr1^{(R206H)KI}* cells since BMP4-
202 induced mineralization in these cells was not affected by *amiR-RH6.ACVR1^{opt}* (**Fig. 3d**).

203 Next, we tested therapeutic effects of AAV gene therapy on Activin A-induced chondrogenesis
204 of *Acvr1^{(R206H)KI}* chondrogenic progenitors isolated from the knee joints of *Acvr1^{(R206H)Fl};PRRX1-cre*
205 neonates at postnatal day 2 (P2). After AAV treatment, knockdown efficiency of *ACVR1^{R206H}* and
206 expression of *ACVR1^{opt}* were validated in these cells (**Extended Data Fig. 5e**). *amiR-RH6.ACVR1^{opt}*
207 almost completely ablated Activin A-induced chondrogenesis, as shown by significant decrease in the
208 expression of early (Sox9 and Type 2 Collagen) and late (Aggrecan) chondrogenic genes and the
209 production of cartilage matrix proteoglycans (alcian blue staining) (**Fig. 3e, Extended Data Fig. 5f**).
210 Collectively, these results suggest that AAV-mediated delivery of a combined *ACVR1^{R206H}* allele-
211 specific amiR and *ACVR1^{opt}* could potentially suppress Activin A-induced aberrant BMP signaling,
212 osteogenesis, and chondrogenesis of human and mouse FOP cells, with little to no effect on the
213 *ACVR1^{WT}* receptor-mediated signaling and BMP-induced signaling.

214

215 **Local delivery of AAV gene therapy suppresses traumatic HO in *Acvr1^{(R206H)KI}* FOP mice**

216 Determining the transduction efficiencies of rAAVs *in vitro* is essential to test different AAV-based
217 strategies in relevant cell types; however, the efficacy of an rAAV *in vivo* is impacted by multiple factors,
218 including the route of administration, serum factors, circulating neutralizing antibodies, and multiple
219 physiological barriers including the ability to evade immune activation²⁵. Therefore, to examine the
220 ability of rAAV6.2 to transduce the skeletal muscle where HO primarily develops in FOP mice,
221 rAAV6.2.*egfp* was administered intravenously (i.v.) to mice, and EGFP expression in individual tissues
222 was monitored by IVIS-100 optical imaging (**Extended Data Fig. 6a**). As previously reported³¹, EGFP
223 expression was only detected in the liver, whereas the skeletal muscle (hindlimb) and heart showed
224 weak expression when i.v. administered together with vascular agents, including recombinant vascular
225 endothelial growth factor (VEGF)-166, sodium heparin, and serum albumin (**Extended Data Fig. 6b**).

226 Thus, rAAV6.2 was excluded as a candidate serotype for *in vivo* FOP gene therapy due its low
227 transduction efficiency in the skeletal muscle.

228 For our *in vivo* experiments, we turned to rAAV9, as this serotype has been reported to be
229 highly effective for transducing skeletal muscle and bone^{16,17} and it can transduce ~80% of muscle-
230 resident mesenchymal stem cells via intramuscular (i.m.) injection³². Our optical imaging data also
231 confirmed a high transduction efficiency of i.v. administered rAAV9 in the skeletal muscle (**Extended**
232 **Data Fig. 6c**). Since i.m. injection often induces muscle trauma in FOP patients, causing HO lesions³³,
233 skeletal muscle was transduced with rAAV9.*mCherry* via transdermal (t.d.) injection using a hollow
234 microneedle³⁴ to minimize muscle trauma (**Extended Data Fig. 6d and e**). To examine its ability to
235 transduce HO-inducing FAP-lineage cells in the skeletal muscle via t.d. injection, a mouse model
236 representing the highest incidence forms of HO, muscle trauma/BMP-induced HO^{35,36}, was employed in
237 *Tie2-cre;Rosa26^{mCherry}* reporter mice that express mCherry in a subset of FAP-lineage cells and
238 endothelial cells^{9,37}. One week after blunted muscle injury and i.m. administration of recombinant BMPs
239 and matrigel into the quadriceps of 2-month-old mice, rAAV9.*egfp* was injected t.d., and three weeks
240 later, HO and EGFP expression were assessed by radiography and fluorescence microscopy,
241 respectively (**Extended Data Fig. 7a**). In addition to the muscle fibers, a subset of Tie2⁺ FAP-lineage
242 cells and osteoblasts within forming HO lesions also showed EGFP expression (**Fig. 3f**) while little to
243 no expression was detected in the HO lesions treated with rAAV6.2.*egfp* (**Extended Data Fig. 7b**).
244 These results demonstrated that t.d. delivery of rAAV9, not rAAV6.2, can transduce skeletal muscle
245 cells and Tie2⁺ FAP- and osteoblast-lineage cells within forming HO lesions.

246 Since constitutive expression of human *Acvr1^{R206H}* allele results in perinatal lethality in mice^{38,39},
247 mice harboring a conditional *Acvr1^{R206H}* knock-in allele (*Acvr1^{(R206H)Fl}*) were crossed with Cre-ER^{T2} mice
248 (*Acvr1^{(R206H)Fl};Cre-ER^{T2}*) where tamoxifen-induced expression of Cre recombinase mediates *Acvr1^{R206H}*-
249 driven HO in early adulthood. Traumatic HO was induced by tibial muscle injury in these mice four
250 weeks after t.d. injection of rAAV9 expressing the Cre recombinase (**Extended Data Fig. 7c**). Cre-
251 mediated expression of *Acvr1^{(R206H)KI}* in the gastrocnemius muscle resulted in HO following pinch

252 injury/cardiotoxin injection (**Fig. 3g and h**), confirming the effectiveness of t.d. delivery of rAAV9 to HO-
253 inducing cells in skeletal muscle.

254 To examine the ability of AAV gene therapy to suppress trauma-induced HO in FOP mice, 6-
255 week-old *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice were treated with tamoxifen to induce Cre recombinase
256 expression, followed by t.d. injection of rAAV9 carrying EGFP control, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-*
257 *RH6.ACVR1^{opt}*. Three days later, pinch injury/cardiotoxin injection was introduced into the
258 gastrocnemius muscle (**Extended Data Fig. 7d**). Knockdown efficiency of *ACVR1^{R206H}* or *ACVR1^{opt}*
259 expression in AAV-treated gastrocnemius muscle was validated four weeks after muscle injury
260 (**Extended Data Fig. 7e**). AAV treatment significantly reduced HO in the gastrocnemius muscle (**Fig.**
261 **3i**), demonstrating that local delivery of *ACVR1^{R206H}* allele-specific silencing by *amiR-RH6*, gene
262 replacement by *ACVR1^{opt}* expression, and the combination of both was all effective in suppressing
263 trauma-induced HO in the skeletal muscle of FOP mice. Notably, as BMP4-induced osteogenesis of
264 *Acvr1^{(R206H)KI}* osteogenic progenitors treated with *amiR-RH6.ACVR1^{opt}* was largely intact (**Fig. 3d**), t.d.
265 delivery of *amiR-RH6.ACVR1^{opt}* did not affect muscle trauma/BMP-induced HO (**Fig. 3j**), suggesting
266 that therapeutic effectiveness of rAAV9.*amiR-RH6.ACVR1^{opt}* is specific to *ACVR1^{R206H}*-mediated
267 genetic HO. Thus, AAV gene therapy is likely to act by inhibiting *ACVR1^{R206H}*-induced aberrant BMP
268 signaling and resultant chondrogenesis and osteogenesis in the skeletal muscle of *Acvr1^{(R206H)KI}* mice.
269

270 **Systemic delivery of AAV gene therapy at birth prevents traumatic HO in *Acvr1^{(R206H)KI}* FOP mice**

271 All FOP patients with the classic *ACVR1^{R206H}* mutation present with great toe malformations at birth and
272 experience episodic flare-ups following minor trauma and HO in childhood or early adulthood¹³. We
273 examined the ability of AAV gene therapy given at birth to prevent trauma-induced HO in adult FOP
274 mice. To examine whether systemic delivery of rAAV9 at birth can transduce HO-inducing FAP-lineage
275 cells in the skeletal muscle, a single dose of rAAV9.*mCherry* was injected i.v. into P1 *PDGFR α -GFP*
276 reporter neonates⁴⁰ (**Extended Data Fig. 8a**), demonstrating mCherry expression in a subset of

277 PDGFR α -GFP⁺ FAP-lineage cells in the skeletal muscle and PDGFR α -GFP⁺ osteoblasts and
278 osteocytes in the trabecular and cortical bone compartments in addition to the heart, lung, liver, and
279 kidney (**Fig. 4a, Extended Data Fig. 8b and c**). These results were also confirmed in WT mice treated
280 with rAAV9 expressing β -galactosidase (rAAV9.LacZ, **Extended Data Fig. 8d**). Notably, no expression
281 of GFP and mCherry proteins in the growth plate suggests that chondrocyte-lineage cells in the growth
282 plate are negative for PDGFR α expression and not rAAV9-transducible. Thus, systemic delivery of
283 rAAV9 at birth can transduce FAP-lineage cells in the skeletal muscle as well as osteoblast-lineage
284 cells in the bone.

285 Next, rAAV9 carrying EGFP control, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* were
286 administered i.v. to P1 *ACVR1^{(R206H)Fl};Cre-ER^{T2}* neonates, and six weeks later, pinch injury/cardiotoxin
287 injection was introduced to the gastrocnemius muscle three days after tamoxifen treatment (**Extended**
288 **Data Fig. 8e**). Four weeks later, knockdown efficiency of *ACVR1^{R206H}* and *ACVR1^{opt}* expression in the
289 gastrocnemius muscle was validated by RT-PCR analysis (**Fig. 4b**). Remarkably, *amiR-RH6.ACVR1^{opt}*
290 ablated the development of heterotopic bone and chondrogenic anlagen in the skeletal muscle while
291 inducing nearly complete regeneration and reestablishment of normal muscle architecture. HO was
292 markedly decreased in the presence of *amiR-RH6* or *ACVR1^{opt}*, but the therapeutic effect of *amiR-RH6*
293 was highly variable compared to that of *amiR-RH6.ACVR1^{opt}* and *ACVR1^{opt}* (**Fig. 4c and d**). These
294 results demonstrated that systemic delivery of AAV gene therapy at birth could prevent trauma-induced
295 HO in *Acvr1^{(R206H)KI}* FOP mice and that combination gene therapy is more effective than *ACVR1^{opt}*
296 expression or *ACVR1^{R206H}* allele-specific silencing alone.

297 Muscle injury in a mouse model of FOP has been reported to induce the sequential pathological
298 changes in HO lesion progression, including perivascular immune cell infiltration (Day 1-3), muscle
299 degeneration and fibroproliferative response (Day 3-7), chondrogenesis (Day 7-14), and osteogenesis
300 with heterotopic bone marrow establishment (Day 14-28).^{9,41,42} To define the stage at which *amiR-*
301 *RH6.ACVR1^{opt}* acts in HO pathogenesis, radiography and histopathological evaluation of AAV-treated,

302 injured muscle were performed at various time points. 6 weeks after i.v. injection into *Acvr1^{(R206H)Fl};Cre-*
303 *ER^{T2}* neonates at P1, pinch injury/cardiotoxin injection was introduced to the gastrocnemius muscle
304 three days post-injection of tamoxifen and HO pathogenesis was assessed at day 3, 7, 14, and 28 after
305 muscle injury (**Extended Data Fig. 8f**). As expected, positive HO control muscle from EGFP control-
306 treated *Acvr1^{(R206H)KI}* FOP mice showed early injury responses at day 3, including muscle degeneration,
307 immune cell infiltration, and fibroblast proliferation, while chondrogenic anlagen appeared at day 7, and
308 began to transform into heterotopic bone with bone marrow at day 14. HO was fully developed at day
309 28 post-injury (**Fig. 4d-f**). By contrast, there was little to no cartilage or heterotopic bone formation in
310 *amiR-RH6.ACVR1^{opt}*-treated muscle and fibroproliferative responses were markedly reduced at day 14,
311 resulting in the nearly complete reestablishment of normal muscle architecture at day 28 (**Fig. 4d-f**).
312 This corresponds to reduced levels of phosphorylated SMAD1/5 in the skeletal muscles treated with
313 *amiR-RH6.ACVR1^{opt}* relative to control, suggesting a potent inhibitory effect of *amiR-RH6.ACVR1^{opt}* on
314 aberrant activation of BMP signaling within the injured muscle of FOP mice (**Fig. 4f**). Notably, early
315 injury responses at day 3, including infiltration of inflammatory macrophages/monocytes (F4/80) and
316 mast cells (toluidine blue), muscle degeneration, and fibroproliferation, were relatively comparable
317 between the skeletal muscles treated with control and *amiR-RH6.ACVR1^{opt}* (**Fig. 4f**). Likewise, 84
318 genes associated with inflammatory responses showed comparable expression patterns between
319 control- and *amiR-RH6.ACVR1^{opt}*-treated muscles except for *Tnfsf13/April*, *IL-11*, and *Ccl22* (**Fig. 4g**
320 **and h**). *Tnfsf13/April* is a key cytokine that promotes B cell development by protecting from apoptosis,⁴³
321 *IL-11* is an IL-6 family member that contributes to hematopoiesis, bone development, tissue repair, and
322 tumor development,⁴⁴ and *Ccl22* is a macrophage-derived chemokine that recruits TH2 cells into the
323 inflammatory sites and the regulation of TH2-related immune responses.⁴⁵ Further studies will be
324 necessary to define the contribution of these factors to trauma-induced HO in FOP mice. Consistent
325 with our *in vitro* data showing the ability of *amiR-RH6.ACVR1^{opt}* to suppress Activin A-induced aberrant
326 BMP signaling, chondrogenesis, and osteogenesis of human FOP iPSCs (**Fig. 2e-g**) and mouse
327 *Acvr1^{(R206H)KI}* skeletal progenitors (**Fig. 2h and I, 3a-e**), these results demonstrate that i.v.

328 administration of rAAV9.*amiR-RH6.ACVR1^{opt}* at birth prevented trauma-induced development of
329 heterotopic endochondral ossification in *Acvr1^{(R206H)KI}* FOP mice but showed minimal effects on early
330 post-traumatic injury responses. Thus, systemic delivery of combination AAV gene therapy at birth is a
331 promising approach to preventing trauma-induced HO in FOP mice at early adulthood.

332

333 **AAV gene therapy given at birth prevents spontaneous HO in juvenile *Acvr1^{(R206H)KI}* FOP mice**

334 Since PDGFR α ⁺ FAP-lineage cells in the skeletal muscle interstitium are a major cell of origin thought
335 to be responsible for HO^{9,37}, mice harboring a conditional knock-in allele of *Acvr1^{(R206H)FI}* were crossed
336 with PDGFR α -cre mice (*Acvr1^{(R206H)FI};PDGFR α -cre*), resulting in early-onset and widely distributed HO
337 phenotypes of the musculature, tendons, and ligaments at multiple anatomical locations, including
338 cervical spine, jaw, forelimb, hindlimb, hip and ankle (**Extended Data Fig. 9a**)¹¹. 3-week-old
339 *Acvr1^{(R206H)FI};PDGFR α -cre* mice were i.v. injected with rAAV9 expressing LacZ and β -galactosidase
340 expression in multiple HO lesions was assessed by histology two weeks post-injection. These results
341 confirmed the effectiveness of systemically delivered rAAV9 to transduce HO-residing cells in the
342 skeletal muscle, ligament, and tendon throughout the body (**Fig. 5a, Extended Data Fig. 9b**). We next
343 tested whether a single dose of i.v. administration with the rAAV9 at birth can prevent spontaneous HO
344 during skeletal development. P1 *Acvr1^{(R206H)FI};PDGFR α -cre* neonates were i.v. injected with rAAV9
345 carrying EGFP control, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* and a full phenotypic
346 characterization of these mice, including the natural history of progressive HO, bone remodeling, rate of
347 disease progression, and survival rate, was performed. Compared to control-treated WT littermate
348 control mice (*Acvr1^{WT};ctrl*) showing a 100% survival rate, control-treated *Acvr1^{(R206H)FI};PDGFR α -cre*
349 mice (*Acvr1^{R206H};ctrl*) displayed a significant reduction in survival rate: 19% at 5 weeks and 100%
350 lethality by 8 weeks (**Fig. 5b**). This survival rate was substantially improved by treatment with *amiR-*
351 *RH6.ACVR1^{opt}*: 93% at 5 weeks, 67% at 8 weeks. Treatment with *amiR-RH6* or *ACVR1^{opt}* also
352 increased survival rate: 50% or 67% at 5 weeks, 17% or 25% at 8 weeks, respectively. Likewise,

353 control-treated FOP mice weighed an average of 59% less than littermate control WT mice, and weight
354 loss was markedly ameliorated by the treatment with *amiR-RH6.ACVR1^{opt}* relative to *amiR-RH6* or
355 *ACVR1^{opt}* alone (**Fig. 5c**). Intriguingly, the majority of control-treated FOP mice developed HO
356 bilaterally at the temporomandibular joints (TMJ) by the age of 7 weeks old, failed to open their mouths,
357 and died early due to starvation (**Fig. 5d and e, Extended Data Fig. 10a**), suggesting that jaw
358 ankylosis is the primary reason for the reduced survival rate and substantial weight loss of
359 *Acvr1^{(R206H)Fl};PDGFR α -cre* mice. These phenotypes were also significantly ameliorated by treatment
360 with *amiR-RH6.ACVR1^{opt}* while only mild improvement was seen in mice treated with *amiR-RH6* or
361 *ACVR1^{opt}* alone (**Fig. 5b-e**). Thus, systemic delivery of *amiR-RH6.ACVR1^{opt}* at birth, not *amiR-RH6* or
362 *ACVR1^{opt}* alone, almost completely prevented early-onset, spontaneous HO at the TMJs in juvenile
363 FOP mice, resulting in an increase in survival rate and body weight.

364 Since osteoporosis is a clinical feature in many advanced FOP patients^{46,13}, bone mass and
365 architecture in the lumbar vertebrae (L4) of AAV-treated *Acvr1^{(R206H)Fl};PDGFR α -cre* mice were
366 assessed by microCT and histology (**Fig. 5d and f, Extended Data Fig. 10b**). Control-treated FOP
367 mice showed ~70% decrease in vertebral bone mass compared to littermate control WT mice, and this
368 bone loss was prevented by systemic delivery of *amiR-RH6.ACVR1^{opt}* at birth, but not *amiR-RH6* or
369 *ACVR1^{opt}* alone. Notably, fluorescence microscopy of *PDGFR α -EGFP* reporter mice demonstrated high
370 expression of PDGFR α in osteoblasts and osteocytes within alveolar bone and dental pulp
371 mesenchymal stem cells and odontoblasts within tooth (**Extended Data Fig. 10c**)⁴⁷. Control-treated
372 *Acvr1^{(R206H)Fl};PDGFR α -cre* mice displayed low alveolar bone mass in both maxillary and mandibular
373 bones. However, tooth morphology and dentin mass were largely normal in these mice, suggesting that
374 the *ACVR1^{R206H}* mutation may not directly affect tooth development. Similar to vertebral bone, alveolar
375 bone loss in FOP mice was also almost completely prevented by treatment with *amiR-RH6.ACVR1^{opt}*
376 (**Fig. 5g, Extended Data Fig. 10d and e**). Further studies will be necessary to define the contribution of
377 the *ACVR1^{R206H}* mutation to this process using a tooth specific Cre mouse line⁴⁸.

378 As previously reported^{49,11}, whole body microCT scanning and radiography of control-treated, 5-
379 week old *Acvr1*^{(R206H)*Fl*};*PDGFRα* mice showed spontaneous HO at multiple anatomical locations,
380 including cervical spine, jaw, forelimb, hindlimb, hip and ankle (**Fig. 5d and h, Extended Data Fig.**
381 **11a**). Remarkably, systemic delivery of *amiR-RH6.ACVR1^{opt}* at birth almost completely prevented the
382 incidence and severity of spontaneous HO throughout the body. Spontaneous HO was also reduced by
383 treatment with *amiR-RH6* or *amiR-RH6.ACVR1^{opt}* while *ACVR1^{opt}* treatment showed a slight
384 discrepancy between spontaneous HO incidence and severity (**Fig. 5d, h, i**). Daily i.p. injections of 2
385 week old FOP mice with a retinoic acid receptor γ agonist (palovarotene) has been reported to cause
386 untoward skeletal toxicities, including synovial joint overgrowth and growth plate deformity in the long
387 bone⁴⁹. As systemic delivery of rAAV9 at birth was not effective for transduction of chondrocytes in the
388 growth plates (**Extended Data Fig. 8c**), a single dose of i.v. injection with *amiR-RH6.ACVR1^{opt}* at birth
389 did not perturb the development of proliferating and hypertrophic chondrocytes in the growth plate and
390 articular cartilage (**Fig. 5j, Extended Data Fig. 11a**). Thus, unlike palovarotene that requires daily
391 dosing and shows potential side effects, a single dose of systemic delivery of rAAV9.*amiR-*
392 *RH6.ACVR1^{opt}* at birth is sufficient to prevent early onset, spontaneous HO in *Acvr1*^{(R206H)*KI*} FOP mice
393 without disturbing cartilage development.

394 Finally, to visualize how *amiR-RH6.ACVR1^{opt}* treatment prevents the pathogenesis of
395 spontaneous HO in FOP mice, *Acvr1*^{(R206H)*Fl*};*PDGFRα-cre* mice were further crossed with *PDGFRα-*
396 *GFP* reporter mice and P1 *Acvr1*^{(R206H)*Fl*};*PDGFRα-cre*;*PDGFRα-GFP* (*PDGFRα-GFP*;*Acvr1*^{R206H}) mice
397 were i.v. injected with rAAV9 carrying mCherry control or *amiR-RH6.ACVR1^{opt}*. Five weeks later,
398 *PDGFRα*⁺ FAPs in the skeletal muscle were monitored by fluorescence microscopy using GFP
399 expression (**Fig. 5k**). As expected, a subset of GFP-expressing *PDGFRα*⁺ FAPs expressed mCherry,
400 confirming AAV's transduction to *PDGFRα*⁺ FAPs within forming HO lesions. mCherry control-
401 expressing *PDGFRα*⁺ FAPs differentiated into heterotopic bone-forming osteoblasts and primarily
402 resided within forming HO lesions. By contrast, little to no evidence of heterotopic bone or

403 chondrogenic anlagen in the skeletal muscle expressing *amiR-RH6.ACVR1^{opt}* (**Extended Data Fig.**
404 **11b**); GFP-expressing *PDGFR α* ⁺ FAPs were primarily present in muscle interstitium (**Fig. 5k**), similar to
405 WT *PDGFR α* ⁺ FAPs (**Fig. 4a, right**). Thus, systemic delivery of *amiR-RH6.ACVR1^{opt}* at birth is likely to
406 suppress the initiation process of spontaneous HO in the skeletal muscle. Our data demonstrate that
407 with a single dose of i.v. injection at birth, rAAV9.*amiR-RH6.ACVR1^{opt}* almost completely prevents
408 spontaneous HO during early skeletogenesis and trauma-induced HO at early adulthood. Overall
409 mobility, activity levels, and body stature were also substantially ameliorated in these mice (**Movie 1**).

410

411 **Early adulthood treatment with AAV gene therapy prevents spontaneous HO in adult**

412 ***Acvr1^{(R206H)KI}* FOP mice**

413 To examine tissue biodistribution of systemically delivered rAAV9 during early adulthood in
414 *Acvr1^{(R206H)KI}* FOP mice, 6-week-old *Acvr1^{(R206H)FI};Cre-ER^{T2}* mice were i.v. injected with rAAV9.*mCherry*
415 three days after tamoxifen treatment. 12 weeks later, mCherry expression in the heart, kidney, liver,
416 and skeletal muscle and knockdown efficiency of *ACVR1^{R206H}* and expression of *ACVR1^{opt}* in the liver
417 were validated (**Fig. 6a, Extended Data Fig. 12a and b**). Alternatively, these mice were i.v. injected
418 with a single dose of rAAV9.*amiR-RH6.ACVR1^{opt}* and 12 weeks later, control-treated *Acvr1^{(R206H)FI};Cre-*
419 *ER^{T2}* mice progressively developed osteochondromas in the tibia, osteoarthritis in the knees, and
420 spontaneous HO at multiple anatomical locations, including the cervical spine, hips and knees –
421 skeletal features that are commonly seen in individuals with FOP⁵⁰. Systemic delivery of *amiR-*
422 *RH6.ACVR1^{opt}* at early adulthood prevented spontaneous HO from the cervical spine (**Fig. 6b and c**),
423 while total HO mass and incidence throughout the body were substantially reduced in these mice (**Fig.**
424 **6d-f**). Additionally, control-treated mice often developed HO bridging the femur to the fibular head (**Fig.**
425 **6g, Movie 2 and 3**) and severe osteoarthritis in the knees (**Fig. 6h**), resulting in immobility of hindlimbs
426 in *Acvr1^{(R206H)KI}* FOP mice. Thus, *Acvr1^{(R206H)FI};Cre-ER^{T2}* mice resemble multiple clinical FOP features
427 found in human FOP patients, including progressive HO, orthotopic fusion of cervical vertebrae, fusion

428 of thoracic and lumbar vertebrae, osteochondromas, and early onset degenerative joint disease⁵⁰,
429 which were all substantially prevented by the treatment with *amiR-RH6.ACVR1^{opt}* (**Fig. 6i**). Accordingly,
430 these mice displayed normal mobility, activity levels, and body posture (**Movie 4**). Moreover, tissue
431 morphology and structure in *amiR-RH6.ACVR1^{opt}*-treated mice are largely normal, suggesting little to no
432 obvious anatomic off-target side effects of rAAV9.*amiR-RH6.ACVR1^{opt}* in non-HO tissues of FOP mice
433 (**Extended Data Fig. 12c**). Previous studies demonstrated that BMP signaling plays critical roles in
434 skeletal growth, joint patterning, and cartilage development during skeletogenesis, and that
435 dysregulated BMP signaling by the *ACVR1^{R206H}* mutation disturbs these procedures.^{39,51} However,
436 tamoxifen treatment of *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice at early adulthood did not develop any apparent
437 abnormalities in growth plates in the presence of control or *amiR-RH6.ACVR1^{opt}* (**Fig. 6h**), suggesting
438 minimal effects of the *ACVR1^{R206H}* mutation on the development of growth plates during early
439 adulthood.

440 FOP patients have chronically elevated levels of hyper-inflammatory immune cells and pro-
441 inflammatory cytokines^{33,52,53}. FOP macrophages and mast cells are primed toward inflammatory
442 responses⁵⁴, and depletion of these cells reduces HO in mice⁴². To examine the potential impact of i.v.
443 injected rAAV9.*amiR-RH6.ACVR1^{opt}* on systemic immunity in *Acvr1^{(R206H)Kl}* FOP mice, complete blood
444 counts, flow cytometry for immune cells, and spleen histology were performed in 18-week-old
445 *Acvr1^{(R206H)Fl}* (control) and *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice treated with control or *amiR-RH6.ACVR1^{opt}*. The
446 numbers of platelets and immune cells, including T cells, B cells, dendritic cells, monocytes,
447 macrophages, and neutrophils in the plasma and spleen, were comparable between control- and *amiR-*
448 *RH6.ACVR1^{opt}*-treated mice (**Fig. 6j, Extended Data Fig. 13a and b**). Likewise, there was little to no
449 alteration of germinal center architecture in AAV-treated spleens (**Extended Data Fig. 13c**). These
450 results suggest that a single dose of i.v. administered rAAV9.*amiR-RH6.ACVR1^{opt}* is a potent inhibitor
451 of spontaneous HO in adult FOP mice but no grossly apparent effects on cellular or tissue components
452 of the immune system. Taken together, an AAV-mediated combination gene therapy that executes

453 *ACVR1*^{R206H} allele-specific silencing and *ACVR1*^{opt} expression at birth or early adulthood is a promising
454 approach to prevent disabling HO, providing the potential for clinical translation to FOP patients.

455

456 **Discussion**

457 More than 95% of FOP patients have a heterozygous, *ACVR1*^{R206H} activating mutation that promotes
458 dysregulated BMP signaling and subsequent transformation of soft connective tissues to heterotopic
459 bone. AAV gene therapy is attractive for treating patients with FOP, due to the highly recurrent genetic
460 cause, the lifelong progression of the severe extraskeletal formation, and high burden of taking a
461 lifelong medication. In this study, we developed three AAV-based gene therapy approaches for FOP,
462 including dilution of *ACVR1*^{R206H} receptor by over-expression of WT *ACVR1* receptor (gene
463 replacement), *ACVR1*^{R206H} allele-specific silencing by an AAV-compatible artificial miRNA, and the
464 combination of gene replacement and silencing. These approaches function as potent suppressors of
465 Activin A-induced aberrant BMP signaling, chondrogenesis, and osteogenesis of human FOP iPSCs
466 and mouse *ACVR1*^{(R206H)KI} skeletal cells while selectively inhibiting and/or diluting aberrant BMP
467 signaling by the *ACVR1*^{R206H} mutation. We have shown that both t.d. and i.v. administration of the
468 rAAV9 serotype can target early- and late-stages of HO-inducing cells, including FAP-lineage cells and
469 mature osteoblasts. Importantly, AAV9-mediated gene therapy is effective when introduced at birth and
470 early adulthood and can suppress both traumatic and spontaneous HO without causing detrimental
471 effects on cartilage development, bone growth, or bone remodeling. Thus, our findings provide the first
472 *in vivo* evidence that AAV-based gene therapy is a promising option for the prevention of HO in FOP.

473 In contrast to commercialized gene therapy for lipoprotein lipase deficiency⁵⁵, inherited retinal
474 dystrophy⁵⁶, and spinal muscular atrophy⁵⁷, which introduces genes encoding missing proteins or
475 encoding corrective proteins, our gene therapy approaches for FOP were designed to 1) dilute
476 dysregulated BMP signaling effect of the mutant *ACVR1*^{R206H} receptor with the WT *ACVR1* receptor, 2)
477 silence the expression of the *ACVR1*^{R206H} receptor at the mRNA level using *ACVR1*^{R206H} allele-specific

478 amiR, or 3) remove the effects of the ACVR1^{R206H} receptor and express WT ACVR1 receptors
479 simultaneously (**Extended Data Fig. 1**). While the therapeutic effects of these three approaches on
480 trauma-induced HO were comparable in FOP mice with t.d. administration, when systemically delivered
481 at birth, the combination gene therapy was most effective in suppressing both traumatic and
482 spontaneous HO. This discrepancy may result from lower transduction efficiency of rAAV9 to targeted
483 tissues via systemic delivery than direct local delivery. Alternatively, differential expression levels of
484 ACVR1^{R206H} vs. ACVR1^{WT} within forming HO lesions at different anatomical locations may affect the
485 therapeutic efficacy of these three different approaches on spontaneous HO in ACVR1^{(R206H)KI} FOP
486 mice. Nonetheless, further studies will be necessary to define the stoichiometry of ACVR1^{R206H} and WT
487 ACVR1 receptors in AAV-treated HO lesions and the long-term therapeutic outcomes of AAV gene
488 therapy at different doses in preventing both traumatic and spontaneous HO in ACVR1^{(R206H)KI} FOP
489 mice. Finally, correction of the classic ACVR1^{R206H} mutation (c.617G>A) at the genomic level using the
490 clustered regularly interspaced short palindromic repeats (CRISPR)/Cas9-based adenine base editor
491 (ABE) system was considered for FOP treatment by directly converting adenine to guanine in the
492 human ACVR1^{R206H} allele without creating double-stranded DNA breaks⁵⁸. However, it is challenging to
493 use an AAV-based CRISPR/ABE system as *in vivo* gene therapy for FOP because ABE is a large
494 bacteria-derived protein that exceeds the AAV packaging size limit (~4.7kb), and this system has low
495 gene editing efficiency and high immunogenicity.

496 Our data demonstrate for the first time that the rAAV9 serotype is a highly effective vector for
497 transducing FAP-lineage cells and osteoblasts within forming HO lesions. Accordingly, rAAV9-mediated
498 gene therapy suppressed HO in ACVR1^{(R206H)KI} FOP mice when administered t.d. at early adulthood or
499 i.v. at birth. Notably, despite a high transduction efficiency of the rAAV6.2 serotype in human and
500 mouse osteogenic cells *in vitro*, rAAV6.2 was not effective for *in vivo* transduction of FAPs and
501 osteoblasts in forming HO lesions. This discrepancy may be due to multiple physiological barriers,
502 including the route of administration, serum factors, circulating neutralizing antibodies, and trans-
503 vascularity²⁵. rAAV9-mediated gene therapy is currently the leading platform for treating neurological

504 and musculoskeletal disorders, such as Parkinson's disease⁵⁹, amyotrophic lateral sclerosis (ALS)⁶⁰,
505 type 1 spinal muscular atrophy (SMA)⁶¹, and Duchenne muscular dystrophy (DMD)⁶², in part, due to
506 rAAV9's ability to target the central nervous system (CNS) and skeletal muscle when i.v.
507 administered⁶³⁻⁶⁴. Previous studies have demonstrated that activating mutations in the human ACVR1
508 receptor that cause FOP, including the *ACVR1*^{R206H} mutation (c.617G>A)⁴, are also involved in the
509 tumorigenesis of diffuse intrinsic pontine glioma (DIPG)^{65,66}. However, the activating mutations of
510 ACVR1 in FOP are germline driving mutations whereas in DIPG, they are somatic within the tumor and
511 are not associated with HO. DIPG is a pediatric brain tumor with a highly infiltrative malignant glial
512 neoplasm of the ventral pons. The median survival time is 9–12 months, but neither surgical resection
513 nor chemotherapeutic agents show any substantial survival benefit in clinical trials. Since treatment with
514 ACVR1 inhibitors markedly prolonged the survival of DIPG mice⁶⁷⁻⁶⁹, brain-transducible AAV9-mediated
515 gene therapy for FOP might be also useful to treat tumorigenesis of DIPG. Further studies are needed
516 to define the transduction efficiency of rAAV9 in the ventral pons and the therapeutic effects of rAAV9
517 vectors in DIPG mice with the *ACVR1*^{R206H} mutation. Since this study mainly focused on HO in
518 *ACVR1*^{(R206H)KI} FOP mice, effects of AAV gene therapy on non-HO phenotypes in FOP may not be
519 addressed. Additionally, adult *Acvr1*^{(R206H)Fl};Cre-ER^{T2} mice with tamoxifen-induced expression of
520 *ACVR1*^{R206H} receptor after skeletal development may not recapitulate developmental aspects of FOP
521 contributing to later HO phenotypes. Finally, since *Acvr1*^{(R206H)Fl};PDGFR α -cre and tamoxifen-induced
522 *Acvr1*^{(R206H)Fl};Cre-ER^{T2} mice express *ACVR1*^{R206H} receptor only in a subset of HO-causing cells, these
523 mouse models may not fully recapitulate HO phenotypes seen in patients with FOP.

524 Our proof-of-concept studies demonstrate AAV gene therapy is a potent inhibitor of traumatic
525 and spontaneous HO in FOP mice, providing a potential clinical translation to FOP patients. However,
526 since immunological triggers are known to pose a high risk for HO induction in FOP patients, any
527 consideration of AAV gene therapy needs to be scrupulously approached. Although rAAVs have low
528 post-infection immunogenicity¹⁵, and FOP mice showed little to no immune responses to systemically
529 delivered AAVs, a high dose administration of rAAVs could potentially induce systemic immune

530 responses in FOP patients complicating reliable delivery of therapeutic genes to HO-causing cells and
531 may compromise the subsequent safety of this method as well as any therapeutic benefit. A cocktail
532 therapy of rAAVs with immunosuppressors, FOP inhibitors, and/or non-immunogenic liposomes or
533 nanoparticles might minimize FOP-associated immune responses. Alternatively, AAV capsid-specific
534 chimeric antigen receptor-expressing regulatory T cells (AAV-CAR Tregs) have been shown to
535 suppress immune responses to AAV capsids and transgenes⁷⁰, and might be engineered for AAV gene
536 therapy for FOP. Further vector improvements to limit AAV expression in non-HO tissues and/or to
537 specifically deliver therapeutic genes to HO-causing cells may address these issues. Finally, long-term
538 durability and safety of therapeutic gene expression are of paramount importance in considering these
539 approaches for potential use in FOP patients where lifelong HO suppression will be necessary. Clearly,
540 future investigation for vector biodistribution, toxicity, and dose-ranging in large animals is required
541 before any consideration can be given to applying AAV gene therapy to individuals who have FOP.

542

543

544 **Methods**

545 **Plasmids**

546 To screen human ACVR1^{R206H}-specific amiRs, endogenous complementary DNA sequences of
547 human ACVR1^{R206H}, ACVR1^{WT}, or ACVR1^{opt} were inserted into 3-UTR of the Renilla luciferase gene of
548 pcDNA3 RLUC POLIRES FLUC (Addgene, #45642, **Extended Data Figure. 2a**). Mammalian
549 expression vectors (pcDNA6) encoding human ACVR1^{WT} and ACVR1^{R206H} ORF were obtained from Dr.
550 Hyun-Mo Ryoo (Seoul National University, **Extended Data Figure. 2b**).⁷¹

551

552 **rAAV vector design and production**

553 The pAAVsc-CB6-ACVR1^{opt} was generated by replacing the *mCherry* reporter with a codon-
554 optimized version of the human ACVR1 complementary DNA (ACVR1^{opt}), and then, the chicken β actin
555 (CBA) intron in the plasmid was replaced with the MassBiologics (MBL) or synthetic intron to reduce the
556 AAV vector genome size (**Fig. 1a**). The artificial miRNA (amiR) against human ACVR1^{R206H} was
557 designed by using a custom Excel macro, which considers miR-33 scaffold design rules to generate
558 optimized amiR cassettes. The tool will be shared upon request. Plasmids were constructed by Gibson
559 assembly and standard molecular biology methods. DNA sequences for *amiR-33-ctrl* and *amiR-33-*
560 *human ACVR1^{R206H}* were synthesized as gBlocks and cloned into the intronic region of the pAAVsc-
561 *CB6-mCherry* plasmid at the restriction enzyme sites (PstI and BglII, **Fig. 1c**)⁷². Constructs were
562 verified by sequencing. Additionally, the pAAVsc-CB6-*Egfp* construct was packaged into AAV1
563 (1.8E+13 GC/ml), AAV2 (1.5E+12 GC/ml), AAV2TM (1.5E+12 GC/ml), AAV3 (6E+12 GC/ml), AAV4
564 (6.5E+12 GC/ml), AAV5 (2.4E+13 GC/ml), AAV6 (8E+12 GC/ml), AAV6.2 (8E+12 GC/ml), AAV7
565 (1.5E+13 GC/ml), AAV8 (7E+12 GC/ml), AAV9 (1.5E+13 GC/ml), AAVrh8 (8E+12 GC/ml), AAVrh10
566 (8E+12 GC/ml), AAVrh39 (1.0E+13 GC/ml), and AAVrh43 (6E+12 GC/ml) capsids. Alternatively, the
567 constructs of pAAVsc-CB6.*mCherry* or pAAVsc-CB6.*LacZ* were packaged into AAV6.2 (1.0E+13
568 GC/ml) or AAV9 (1.0E+13 GC/ml) capsids. rAAV production was performed by transient transfection of
569 HEK293 cells, purified by CsCl sedimentation, titered by droplet digital PCR (ddPCR) on a QX200

570 ddPCR system (Bio-Rad) using the *Egfp* or *mCherry* prime/probe set as previously described⁷³. The
571 sequences of gBlocks™ and oligonucleotides for ddPCR are listed in **Extended Data Table 1**.

572

573 **Cell culture and reagents**

574 HEK293T cells and C2C12 cells were purchased from ATCC and human bone marrow-derived
575 mesenchymal stromal cells (BMSCs) were purchased from ScienCell Research Laboratories. They
576 were cultured according to the manufacturers' manuals. Human adipose tissue-derived stromal cells
577 (ASC) were kindly gifted from Dr. Silvia Corvera (UMass Chan Medical School) and cultured as
578 described in the previous publications^{28,29}. Induced pluripotent stem cells (iPSC) were generated from
579 dermal fibroblasts of healthy human donors (WT) or FOP patients by Dr. Edward Hsiao (UCSF) and
580 cultured as described in the previous publications^{26,27}. Mouse fibroadipogenic progenitors (FAPs) were
581 FACS sorted from the digested skeletal muscle of 4-week-old *Acvr1^{(R206H)Fl};PDGFR α -cre* mice using
582 cell surface markers (PDGFR α ⁺Sca1⁺CD31⁻CD45⁻) and cultured as previously described¹¹. Mouse
583 bone marrow-derived stromal cells (BMSCs) were isolated from 4-week-old *Acvr1^{(R206H)Fl}* or
584 *Acvr1^{(R206H)Fl};PRRX1-cre* femurs. Cells were maintained in α -MEM medium (Gibco) containing 10%
585 FBS (Corning), 2 mM L-glutamine (Corning), 1% penicillin/ streptomycin (Corning), and 1%
586 nonessential amino acids (Corning) while they were differentiated into mature osteoblasts under
587 osteogenic medium containing ascorbic acid (200 μ M, Sigma, #A8960) and β -glycerophosphate (10
588 mM, Sigma, G9422). Mouse chondrogenic precursors were isolated from the knee joints of P2
589 *Acvr1^{(R206H)Fl};PRRX1-cre* neonates using collagenase D (Sigma #11088866001) and cultured in DMEM
590 (Corning) containing 10% FBS (Corning), 2 mM L-glutamine (Corning) and 1% penicillin/ streptomycin
591 (Corning) as previously described⁷⁴. Recombinant BMP4 (#314-BP), BMP2/7 (#3229-BM), and Activin
592 A (#338-AC) proteins were purchased from R&D systems.

593

594 **Mice**

595 *Acvr1^{(R206H)Fl}* mice⁷⁵ were kindly gifted from the International FOP Association and maintained
596 on C57BL/6J background. *Cre-ER^{T2}*, *Pdgfr α -Cre*, and *Prrx1-Cre* mice were purchased from Jackson
597 Laboratory and crossed with *Acvr1^{(R206H)Fl}* mice to obtain *Acvr1R^{(R206H)Fl};Cre-ER^{T2}*,
598 *Acvr1R^{(R206H)Fl};Pdgfr α -cre*, and *Acvr1R^{(R206H)Fl};Prrx1-cre* mice, respectively, and maintained on
599 C57BL/6J background. To label *Pdgfr α* -expressing FAPs, *Acvr1R^{(R206H)Fl};Pdgfr α -cre* mice were further
600 crossed with *Pdgfr α -GFP* reporter mice (Jackson Laboratory, C57BL/6J). To label *Tie2*-expressing
601 FAPs, *Tie2-cre* mice (Jackson Laboratory, C57BL/6J) were crossed with Ai9-mCherry mice
602 (*Rosa26^{mCherry}*, Jackson Laboratory). For postnatal activation of *Cre-ER^{T2}*, 100 mg/kg tamoxifen (Sigma,
603 #T5648) in sunflower seed oil (Sigma, #S5007) was intraperitoneally (i.p.) injected to 6-week-old mice
604 once a day for 5 consecutive days. Mouse genotypes were determined by PCR using tail genomic
605 DNA. Primer sequences are available upon request. Control littermates were used and analyzed in all
606 experiments. All animals were used in accordance with the NIH Guide for the Care and Use of
607 Laboratory Animals and were handled according to protocols approved by the University of
608 Massachusetts Chan Medical School Institutional Animal Care and Use Committee (IACUC).

609

610 **MicroCT and radiography**

611 MicroCT (uCT35; SCANCO Medical AG; Bruttisellen, Switzerland) was used for qualitative and
612 quantitative assessment of trabecular and cortical bone microarchitecture and performed by an
613 investigator blinded to the genotypes of the animals under analysis. MicroCT scanning was performed
614 at 55 kVp and 114 mA energy intensity with 300-ms integration time. Specific voxel size used for femur,
615 maxilla and mandibular body is 7 μ m and 12 μ m for vertebrae. All images were reconstructed using
616 image matrices of 1024 X 1024 pixels. For trabecular bone analysis of the distal femur, an upper 2.1
617 mm region beginning 280 μ m proximal to the growth plate was contoured. For the cortical bone
618 analysis of femurs, a midshaft region of 0.6 mm in length was used. L4 spinal segments were used for
619 vertebrae analysis. 3D reconstruction images were obtained from contoured 2D images by methods

620 based on distance transformation of the binarized images. Alternatively, the Inveon multimodality 3D
621 visualization program was used to generate fused 3D viewing of multiple static or dynamic volumes of
622 microCT modalities (Siemens Medical Solutions USA, Inc). All images presented are representative of
623 the respective genotypes (n > 5).

624 Trident Specimen Radiography system (Hologic, USA) was used to generate detailed
625 radiographic images of the whole mouse body after euthanasia. The X-ray beam intensity was 1 mA 28
626 kv ~ 30 KV with AEC (automatic exposure control) for fast image acquisition.

627

628 **Histology and immunohistochemistry**

629 For histological analysis, femurs, vertebrae, and skulls were dissected from AAV-treated mice,
630 fixed in 10% neutral buffered formalin for two days at room temperature, and decalcified by 14% EDTA
631 tetrasodium salt, pH 7.6 for 3 - 4 weeks at 4°C. Samples were kept in 70% ethanol until processed on a
632 vacuum infiltration tissue processor. Sections were done on a microtome (HistoCore Multicut; Leica,
633 USA) at a thickness of 6 µm along the coronal plate from anterior to posterior. Slides were stained with
634 hematoxylin and eosin (H&E), alcian blue hematoxylin-orange G, or toluidine blue.

635 For immunohistochemistry, paraffin sections were dewaxed and stained following the
636 manufacturer's procedure using the Discovery XT automated immunohistochemistry stainer (Ventana
637 Medical Systems, Inc., Tucson, AZ, USA). Citrate-based antigen unmasking solution (Vector
638 Laboratories, H-3300) and BLOXALL endogenous blocking solution (Vector laboratories, SP-6000)
639 were used for antigen retrieval and blocking, respectively. Sections were incubated with antibodies
640 specific to F4/80 (Cell Signaling Technology #70076, 1:100), phospho-SMAD1/5 (Cell Signaling
641 Technology # 9516, 1:100) for overnight at 4°C, and a secondary antibody of VisUCyte™ HRP Polymer
642 antibodies for 40 min at room temperature, then incubated with the substrate working solution (DAB
643 substrate kit, Vector Sk-4100) at room temperature for 1- 2 minutes followed by hematoxylin staining
644 (Vector laboratories H-3404). Reaction buffer (pH 7.6 Tris buffer) was used as a washing solution. The

645 stained samples were visualized either using an Olympus microscope Bx50 (Olympus, USA) or EVOS
646 M7000 (Life technology, USA).

647 For frozen sectioning, dissected specimens were fixed in 4% paraformaldehyde for 2 ~3 days
648 followed by 15 days of semi-decalcification using 14% EDTA tetrasodium salt, pH 7.6 at 4°C. Infiltration
649 were processed using 20% sucrose solution prior to OCT embedding. Slides were prepared on
650 Cryostat (LM3050s; Leica USA) at a thickness of 12 µm.

651

652 **Quantitative RT-PCR, RT² profiler PCR arrays, and immunoblotting**

653 The total RNA was purified from cells and tissues using QIAzol (QIAGEN) and cDNA was synthesized
654 using the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, #4368814). Quantitative
655 RT-PCR was performed using iTaq™ Universal SYBR® Green Supermix (Bio-Rad, #1725122) with
656 CFX connect RT-PCR detection system (Bio-Rad). To measure mRNA levels of the indicated genes in
657 the injured areas or HO lesions of AAV-treated mice, the tibialis muscles were snap-frozen in liquid
658 nitrogen for 30 sec and in turn homogenized in 1 ml of QIAzol for 1 min. Alternatively, HEK293T cells,
659 human WT or FOP iPSCs, mouse FAPs, and osteogenic or chondrogenic progenitors were lysed using
660 QIAzol and total RNA was subjected for RT-PCR analysis. Primers used for PCR are described in the
661 **Extended Data Table 1**. Finally, RT² profiler PCR arrays (QIAGEN) were used to measure mRNA
662 levels of 84 inflammatory cytokines and receptors, including *Ccl1*, *Ccl11*, *Ccl12*, *Ccl17*, *Ccl19*, *Ccl2*,
663 *Ccl20*, *Ccl22*, *Ccl24*, *Ccl3*, *Ccl4*, *Ccl5*, *Ccl6*, *Ccl7*, *Ccl8*, *Ccl9*, *Cx3cl1*, *Cxcl1*, *Cxcl10*, *Cxcl11*, *Cxcl12*,
664 *Cxcl13*, *Cxcl15*, *Cxcl5*, *Cxcl9*, *Ccr1*, *Ccr10*, *Ccr2*, *Ccr3*, *Ccr4*, *Ccr5*, *Ccr6*, *Ccr8*, *Cxcr2*, *Cxcr3*, *Cxcr5*,
665 *Il11*, *Il13*, *Il15*, *Il16*, *Il17a*, *Il17b*, *Il17f*, *Il1a*, *Il1b*, *Il1m*, *Il21*, *Il27*, *Il3*, *Il33*, *Il4*, *Il5*, *Il7*, *Il10ra*, *Il10rb*, *Il1r1*,
666 *Il2rb*, *Il2rg*, *Il5ra*, *Il6ra*, *Il6st*, *Aimp1*, *Bmp2*, *Cd40lg*, *Csf1*, *Csf2*, *Csf3*, *Fasl*, *Ifng*, *Lta*, *Ltb*, *Mif*, *Nampt*,
667 *Osm*, *Pf4*, *Spp1*, *Tnf*, *Tnfsf10*, *Tnfsf11*, *Tnfsf13*, *Tnfsf13b*, *Tnfsf4*, *Vegfa*, and *Tnfrsf11b*.

668 Cells were lysed in TNT lysis buffer (150 mM NaCl, 1% Triton X-100, 1 mM EDTA, 1 mM EGTA,
669 50 mM NaF, 1 mM Na₃VO₄, 1 mM PMSF and protease inhibitor cocktail (Sigma)) and protein amounts
670 from cell lysates were measured using DC protein assay (Bio-Rad). Equivalent amounts of proteins

671 were subjected to SDS-PAGE, transferred to Immobilon-P membranes (Millipore), immunoblotted with
672 anti-ACVR1 antibody (1:1000, Sigma #SAB3500435), anti-GAPDH antibody (1:1000, EMD Millipore
673 #CB1001), anti-phospho-SMAD1/5 antibody (1:1000, Cell Signaling Technology # 9516), anti-GFP
674 antibody (1:1000, Takara, #632381), anti-HSP90 antibody (1:1000, BioLegend, #675402), and
675 developed with ECL (ThermoFisher Scientific). Immunoblotting with anti-HSP90 antibody or anti-
676 GAPDH antibody was used as a loading control.

677

678 ***In vitro* transduction assay of rAAV serotypes**

679 Human FOP iPSCs, BMSCs, or ASCs were plated at a density of 1×10^4 cells/well in 24-well
680 plate and 24 hours later, they were incubated with rAAV1, rAAV2, rAAV2-TM, rAAV3, rAAV4, rAAV5,
681 rAAV6, rAAV6.2, rAAV7, rAAV8, rAAV9, rAAVrh8, rAAVrh10, rAAVrh39, or rAAVrh43 vectors
682 packaging the *CBA-Egfp* reporter transgene at three different titers (10^9 - 10^{11} /mL genome copies). 48
683 hours later, cells were washed with PBS and EGFP expression was monitored by the EVOS FL
684 imaging system (ThermoFisher Scientific). Alternatively, cells were lysed in TNT lysis buffer and EGFP
685 expression was assessed by immunoblotting with anti-EGFP antibody.

686

687 **Osteoblast or chondrocyte differentiation analysis**

688 To assess extracellular matrix mineralization in AAV-treated osteoblasts, cells were washed
689 twice with 1X phosphate-buffered saline (PBS) and fixed in 70% EtOH for 15 min at room temperature.
690 Fixed cells were washed twice with distilled water and then stained with 2% Alizarin red solution
691 (Sigma, #A5533) for 5 min. Cells were then washed three times with distilled water and examined for
692 the presence of calcium deposits. Mineralization was quantified by the acetic acid extraction method⁷⁶.
693 For alkaline phosphatase (ALP) staining, osteoblasts were fixed with 10% neutral buffered formalin and
694 stained with the solution containing Fast Blue (Sigma, #FBS25) and Naphthol AS-MX (Sigma, #855).
695 Alternatively, osteoblasts were incubated with 10-fold diluted Alamar Blue solution (Invitrogen,
696 #DAL1100) for cell proliferation. Subsequently, cells were washed and incubated with a solution

697 containing 6.5 mM Na₂CO₃, 18.5 mM NaHCO₃, 2 mM MgCl₂, and phosphatase substrate (Sigma,
698 #S0942), and ALP activity was measured by a spectrometer (BioRad).

699 To assess chondrogenic differentiation of AAV-treated chondrogenic progenitors, cells were
700 washed with PBS and fixed with 4% glutaraldehyde for 15 min at room temperature. Fixed cells were
701 washed with 0.1N HCL and stained with 1% alcian blue (Sigma, #A3157) for 30 min at room
702 temperature. After washing with 0.1N HCL, stained proteoglycans in the extracellular matrix were
703 detected as previously described⁷⁴.

704

705 **Next-generation sequencing (NGS)**

706 Transcripts of *ACVR1*^{WT} and *ACVR1*^{R206H} in AAV-treated human FOP iPSCs were quantitated
707 by PCR amplicons using Next-Generation Sequencing (NGS). Briefly, 5 x 10¹⁰ GCs of the AAV6.2
708 vectors carrying EGFP control, *amiR-RH6.ACVR1*^{opt}, or *amiR-RH7.ACVR1*^{opt} were transduced to
709 human FOP iPSCs for three days. The cDNAs synthesized from total RNA were amplified using
710 *ACVR1*-targeting primers and the PCR products was subjected for NGS in the Massachusetts General
711 Hospital Center for Computational & Integrative Biology DNA Core (Boston, MA).

712 **Transcriptome analysis**

713 RNA-seq samples were obtained from human FOP iPSCs treated with rAAV6.2 vector carrying
714 EGFP contrl, *amiR-RH6.ACVR1*^{opt}, or *amiR-RH7.ACVR1*^{opt} and mapped to the human reference
715 genome (GCF_000001405.38_GRCh38.p12) with STAR aligner (v.2.6.1b)^{77,78}. After mapping, read
716 counts were generated by using HTSeq-count (v.0.11.3)⁷⁹. The read counts were used for a differential
717 expression analysis between EGFP control (ctrl) vs. *amiR-RH6.ACVR1*^{opt}, EGFP control (ctrl) vs.
718 *amiR-RH7.ACVR1*^{opt} and *amiR-RH6.ACVR1*^{opt} vs. *amiR-RH7.ACVR1*^{opt} using DESeq2 (v.1.28.1)⁸⁰ with
719 the ashR shrinkage estimator (v.2.2.47)⁸¹. Genes with statistical significance were determined as having
720 absolute log-fold change larger than 1.5 and having a P-value less than 0.005.

721

722 **Complete blood cell count (CBC)**

723 CBC tests were performed to evaluate cellular components in the blood of AAV-treated mice,
724 including white blood cells (WBCs), red blood cells (RBCs), lymphocytes, monocytes, neutrophils, and
725 platelets (PLTs). Blood drops were collected into a microtainer EDTA tube and tested within one hour at
726 room temperature using an automated hematology analyzer (VetScan HM5, Zoetis.USA).

727

728 **Flow cytometry for immune cell population**

729 To isolate the splenocytes from AAV-treated mice, the spleens were quickly removed under
730 aseptic conditions, then placed on wire mesh and gently teased with sterile forceps. Similarly, to isolate
731 bone marrow cells, bone marrow was aspirated from mouse femurs of AAV-treated mice. Collected
732 splenocytes and bone marrow cells were washed with 1 X Phosphate-buffered saline (PBS) and then
733 incubated with RBC lysis buffer (BioLegend, #420301) for 2 - 5 min at room temperature to eliminate
734 red blood cells (RBC). Further, cells were washed twice with cold fluorescence-activated cell sorting
735 (FACS) buffer and filtered through sterile 40 µm cell strainer before resuspending into FACS buffer and
736 then incubated with Fc blocking buffer (BD Biosciences, #564765) for 15 min at 4°C. After Fc receptor
737 blocking, cells were treated with fluorochrome labelled antibody cocktail including anti-mouse/human
738 CD11b APC (1:100, BioLegend, #101212), anti-mouse CD45R (B220) PerCP Cy 5.5 (1:100, Tonbo,
739 #65-0452), anti-mouse CD3 FITC (1:100, BioLegend, #100203), anti-Mouse CD11c Brilliant Violet 510
740 (1:100, BioLegend, #117337), anti-mouse Ly6G PE-Cy7 (1:100, BioLegend, #127618) and anti-mouse
741 Ly6C FITC (1:100, BioLegend, #128006) in cold FACS buffer. After treatment with Ghost Dye red 780
742 (1:1000, Tonbo, #13-0865-T100) for live/dead cell discrimination, cells were then subjected to
743 acquisition on a BD LSR II flow cytometer (BD Biosciences). The data were analyzed using FlowJo
744 (v.10.1).

745

746 **Mouse models of acquired heterotopic ossification**

747 5 x 10¹² vector genomes vg/kg (50 µl) of rAAV6.2 or rAAV9 vectors were t.d. injected into the
748 quadriceps muscle of 2-month-old wild-type or *Tie2-cre;Rosa26^{mCherry}* mice (C57BL/6J) using a hollow
749 microneedle (micronjet600, NanoPass Technologies)³⁴ one week post-injection of rBMP2/7-matrigel
750 and muscle injury, and three weeks later, radiography of hindlimbs and frozen sections of HO tissues
751 were performed in AAV-treated mice. For muscle injury/BMP-induced HO model^{35,36}, blunt muscle
752 trauma was induced by dropping an aluminum ball onto the mouse adductor muscle (right next to the
753 femur) and a mixture of recombinant BMP2/7 (1 µg) and Matrigel (20 µl) was injected into the injured
754 area. Subcutaneous injection of buprenorphine was provided for analgesia. Mice were euthanized and
755 HO was assessed by radiography, microCT, and histology at four weeks post-injury.

756

757 **Administration of rAAVs to *Acvr1R^{(R206H)KI}* FOP mice**

758 **Trauma-induced HO:** 5 x 10¹² vg/kg (50 µl) of rAAV9 vectors carrying CRE recombinase was
759 t.d. injected into hindlimbs of 6-week-old *Acvr1R^{(R206H)Fl}* mice and three days later, 1 µM
760 cardiotoxin/pinch injury was employed into AAV-injected sites. Alternatively, 6-week-old
761 *Acvr1R^{(R206H)Fl};Cre-ER^{T2}* mice were daily treated with intraperitoneal (i.p.) injection of tamoxifen (10
762 mg/kg) for five days and three days later, 5 x 10¹² vg/kg (50 µl) of rAAV9 vectors carrying *mCherry*,
763 *EGFP control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* was t.d. injected into hindlimbs. 1 µM
764 cardiotoxin/pinch injury was employed into the gastrocnemius muscle three days after AAV injection.
765 Finally, P1 *Acvr1R^{(R206H)Fl};Cre-ER^{T2}* neonates were treated with 10¹¹ GCs (50 µl) of rAAV9 carrying
766 *mCherry*, *EGFP control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* via facial vein injection and six
767 weeks later, mice were i.p. injected with tamoxifen (10 mg/kg), followed by 1 µM cardiotoxin/pinch injury
768 of the gastrocnemius muscle three days after AAV injection. Four weeks later, *ACVR1^{R206H}* and *Cre*
769 recombinase mRNA levels and heterotopic bone mass in the gastrocnemius muscle were assessed by
770 RT-PCR, radiography, and microCT.

771 **Spontaneous HO:** P1 *Acvr1^{(R206H)Fl}*, *Acvr1^{(R206H)Fl};PDGFR α -cre*, or *Acvr1^{(R206H)Fl};PDGFR α -*
772 *cre;PDGFR α -GFP* neonates were treated with 10¹¹ GCs (50 μ l) of rAAV9 carrying *mCherry*, *EGFP*
773 *control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* via facial vein injection and a full phenotypic
774 characterization was performed until mice were 8 weeks old. Alternatively, 6-week-old *Acvr1^{(R206H)Fl}* or
775 *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice were i.v. administered 5 x 10¹³ vg/kg (200 μ l) of rAAV9 carrying *EGFP*
776 *control* or *amiR-RH6.ACVR1^{opt}* three days after i.p. injection of tamoxifen (10 mg/kg). 12 weeks later,
777 mRNA levels of *ACVR1^{R206H}* and *ACVR1^{opt}* in the liver and HO were assessed by RT-PCR, microCT,
778 radiography, and histology, respectively.

779

780 **Clinical HO scoring**

781 Euthanized mice were processed for whole body radiography and microCT analyses. Each mouse was
782 independently scored by a minimum of two researchers, blinded as to the identity of the groups, and
783 the average score was recorded. Clinical HO incidence or severity was calculated by adding the
784 cumulative score of HO and skeletal deformity at all targeted sites per mouse. HO lesions and skeletal
785 deformity were scored as mild (1), moderate (2), or severe (3) based on estimated size and fused
786 condition at targeted sites (jaw; left/right, thoracic/cervical vertebrae, forelimb; left/right, hip, Knee;
787 left/right, hindlimb; left/right and ankle; left/right).

788

789 **Statistical Methods**

790 All data were presented as the mean \pm SD. Sample sizes were calculated on the assumption
791 that a 30% difference in the parameters measured would be considered biologically significant with an
792 estimate of sigma of 10-20% of the expected mean. Alpha and Beta were set to the standard values
793 of .05 and 0.8, respectively. No animals or samples were excluded from analysis and animals were
794 randomized to treatment versus control groups, where applicable. For relevant data analysis, where
795 relevant, we first performed the Shapiro-Wilk normality test for checking normal distributions of the
796 groups. If normality tests passed, two-tailed, unpaired Student's *t*-test was used and if normality tests

797 failed, and Mann-Whitney tests were used for the comparisons between two groups. For the
798 comparisons of three or four groups, we used one-way ANOVA if normality tests passed, followed by
799 Tukey's multiple comparison test for all pairs of groups. If normality tests failed, the Kruskal-Wallis test
800 was performed and was followed by Dunn's multiple comparison test. The GraphPad PRISM software
801 (v6.0a, La Jolla, CA) was used for statistical analysis. $P < 0.05$ was considered statistically significant.
802 *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; and ****, $P < 0.0001$.

803

804 **Data availability**

805 Data supporting the findings of this manuscript are available from the corresponding authors upon
806 reasonable request.

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987

988

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999

1000 **Author Contributions**

1001 Y.S.Y. and J.M.K. designed, executed, and interpreted the experiments. H.M. and J.X. designed and
1002 generated all of the AAVs. C.L. and S.C. analyzed dental/alveolar bone and immune responses in FOP
1003 mice, respectively. E.H. provided healthy and FOP patient-derived iPSCs and assisted with editing of
1004 the manuscript. J.H.H. and H.H.C. performed whole transcriptome analysis. F.S.K. and E.M.S.
1005 supervised the research and manuscript development. G.G. and J.H.S. supervised the research and
1006 prepared the manuscript. All authors revised the manuscript and approved the final draft.

1007

1008 **Competing Interests**

1009 G.G. and J.H.S. have submitted a patent application concerning the methodology described in this
1010 study. G.G. and J.H.S. are scientific co-founders of AAVAA Therapeutics and hold equity in this
1011 company. G.G. is also a scientific co-founder of Voyager Therapeutics and Aspa Therapeutics and
1012 holds equity in these companies. G.G. is an inventor on patents with potential royalties licensed to
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1018 past-President of the International Clinical Council (ICC) on FOP. F.S.K. serves in a volunteer capacity
1019 on the registry advisory board of the IFOPA. F.S.K. is an investigator on clinical trials sponsored by
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1023

1024 **Figure 1: Development of AAV vector targeting the human ACVR1^{R206H} receptor**

1025 **a.** Schematic diagram of the plasmids expressing a codon-optimized version of the human ACVR1

1026 complementary DNA (*ACVR1^{opt}*) with the CBA promoter and three different introns. CBA: CMV

1027 enhancer/chicken β -actin promoter. **b.** Validation of the expression of the ACVR1^{opt} receptor. Plasmids

1028 expressing *ACVR1^{opt}* were transiently transfected into HEK293 cells and cell lysates were subjected to

1029 immunoblotting with anti-ACVR1 antibody. Anti-HSP90 antibody was used as a loading control. **c.**

1030 Schematic diagram representing 12 amiRs that target different sequence sites of human *ACVR1^{R206H}*

1031 mRNA (*amiR-ACVR1^{R206H}*). The red box indicates the R206H mutation site (c.617G>A). Adenine

1032 (green) was mismatched to increase the selectivity of gene silencing. **d.** Plasmids encoding *amiR-ctrl* or

1033 12 different *amiRs* were transiently transfected into HEK293 cells along with amiR-sensor plasmids

1034 (sensor-Luc) that contain *Renilla* luciferase and aimR complimentary sequences for human

1035 *ACVR1^{R206H}*, *ACVR1^{WT}*, and *ACVR1^{opt}*. One day later, a luciferase assay was performed to measure

1036 *Renilla* luciferase and normalized to firefly luciferase. Lower activities indicate higher silencing efficacy

1037 of amiRs. **e.** Plasmids encoding *amiR-ctrl* or 12 different *amiRs* were transiently transfected into

1038 HEK293 cells along with a plasmid expressing human *ACVR1^{R206H}*, *ACVR1^{WT}*, or *ACVR1^{opt}* cDNA and

1039 immunoblotted for ACVR1. Anti-HSP90 antibody was used for loading control. **f.** Schematic diagram of

1040 the combination gene therapy constructs expressing *amiR-ACVR1^{R206H}* (RH6 or RH7) and *ACVR1^{opt}*

1041 cDNA under the CBA promoter and MBL intron (MBLi) or synthetic intron (Syni). **g, h.** Plasmids

1042 encoding *amiR-ctrl* (ctrl), Syni.amiR-RH6.ACVR1^{opt}, Syni.amiR-RH7.ACVR1^{opt}, MBLi.amiR-

1043 RH6.ACVR1^{opt}, or MBLi.amiR-RH7.ACVR1^{opt} were transiently transfected into HEK293 cells along with

1044 sensor-Luc plasmids. Luciferase assay (**g**) or immunoblotting analysis for ACVR1 (**h**) was performed.

1045 Anti-HSP90 antibody was used for loading control. **i.** Plasmids were transiently transfected into

1046 HEK293 cells along with the BMP SMADs-responsive reporter gene (BRE-luc) and treated with Activin

1047 A (100 ng/ml). 24 hours later, Activin A signaling activity was measured by luciferase assay. Values

1048 represent mean \pm SD: *, $P < 0.05$ by an unpaired two-tailed Student's *t*-test or one-way ANOVA test (**i**).

1049

1050 **Figure 2: Effects of AAV gene therapy in human FOP iPSCs and mouse *Acvr1*^{(R206H)KI} cells**
1051 **a.** Human FOP iPSCs were treated with PBS or 5×10^{10} genome copies (GCs) of 15 different AAV
1052 capsids packaged with the same *CBA-Egfp* transgene. 2 days later, EGFP expression was assessed
1053 by immunoblotting with an anti-GFP antibody. Anti-HSP90 antibody was used for loading control. **b.**
1054 Genome integrity of rAAV6.2 carrying *amiR-RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* was assessed by
1055 electrophoresis in native gel. ssFL: single-stranded full-length. **c, d.** 5×10^{10} GCs of rAAV6.2 carrying
1056 *EGFP control (ctrl)*, *amiR-RH6.ACVR1^{opt}*, or *amiR-RH7.ACVR1^{opt}* were transduced to human FOP
1057 iPSCs, cultured under osteogenic conditions for 4 days, and subjected to next-generation sequencing
1058 (NGS) for ratio expression: *ACVR1^{R206H}* vs. *ACVR1^{WT}* (**c, top**) or RT-PCR for *ACVR1^{opt}* expression (**c,**
1059 **bottom**). Alternatively, total RNA was subjected to bulk RNA sequencing (**d**). A volcano plot showing
1060 the gene expression for up/downregulated genes in the cells expressing *amiR-RH6.ACVR1^{opt}* or *amiR-*
1061 *RH7.ACVR1^{opt}* relative to *control*-expressing cells is displayed. **e-g.** AAV-treated, human WT or FOP
1062 iPSCs were cultured under osteogenic conditions and alkaline phosphatase activity (ALP) and alizarin
1063 red staining were performed to assess early and late osteoblast differentiation, respectively (**e**).
1064 Alternatively, osteogenic gene expression (Runx2) was assessed by RT-PCR (**f**). AAV-treated, human
1065 FOP iPSCs were incubated with PBS or Activin A (100 ng/ml) for 6 hours, and *ID1* mRNA levels were
1066 measured by RT-PCR (**g**). **h, i.** $PDGFR\alpha^+Sca1^+CD31^-CD45^-$ FAPs were sorted by FACS from the
1067 digested skeletal muscle of 4-week-old *Acvr1*^{(R206H)Fl};*PDGFR* α -cre mice and transduced with 5×10^{10}
1068 GCs of AAV6.2 carrying *EGFP control*, *amiR-RH6.ACVR1^{opt}*, or *amiR-RH7.ACVR1^{opt}*. 2 days later,
1069 AAV-treated FAPs were cultured under osteogenic conditions with PBS or Activin A (50 ng/ml) for 6
1070 days, and ALP activity (**h**) and osteogenic gene expression (BGLAP, IBSP, **i**) were assessed for
1071 osteoblast differentiation. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***,
1072 $P < 0.001$; ****, $P < 0.0001$ by an unpaired two-tailed Student's t-test or one-way ANOVA test (**e-i**).

1073

1074 **Figure 3: AAV gene therapy suppresses Activin A signaling and trauma-induced HO**

1075 **a–d.** *PRRX1*⁺ osteogenic progenitors were isolated from the long bones of 4-week-old *PRRX1-cre*
1076 (*Acvr1*^{WT}) or *Acvr1*^{(R206H)Fl};*PRRX1-cre* mice and transduced with 5 x 10¹⁰ GCs of AAV6.2 carrying *EGFP*
1077 *control*, *amiR-RH6*, *ACVR1*^{opt}, or *amiR-RH6.ACVR1*^{opt}. 2 days later, AAV-treated cells were stimulated
1078 with Activin A (100 ng/ml) for 30 min and immunoblotted for phospho-SMAD1/5. Anti-GAPDH antibody
1079 was used for loading control (**a**). 6 hours after Activin A stimulation, *Id1* mRNA levels were assessed by
1080 RT-PCR (**b**). AAV-treated cells were cultured under osteogenic conditions with PBS, Activin A (50
1081 ng/ml, **c**), or BMP4 (50 ng/ml, **d**) for 12 days, and Alizarin red staining was performed to detect
1082 mineralization. **e.** *PRRX1*⁺ chondrogenic progenitors were isolated from the knee joints of P2
1083 *Acvr1*^{(R206H)Fl};*PRRX1-cre* neonates, transduced with AAV6.2 carrying *EGFP control* or *amiR-*
1084 *RH6.ACVR1*^{opt}, and cultured under chondrogenic conditions for 4 or 6 days. *Aggrecan* mRNA levels or
1085 Alcian blue staining were performed for chondrogenesis assessment. **f.** 5 x 10¹² vg/kg of rAAV9.*egfp*
1086 was t.d. injected into the quadriceps of 2-month-old *Tie2-cre*;*Rosa26*^{mCherry} mice that label Tie⁺ FAPs and
1087 endothelial cells (red, n=3) using a hollow microneedle 1 week after i.m. injection with rBMP2/7/matrigel
1088 and muscle injury. 3 weeks later, radiography of hindlimbs and histology on frozen sections of HO
1089 tissues were performed to visualize GFP-expressing FAP-lineage cells. The red box indicates a
1090 heterotopic bone (HB) in the skeletal muscle. DAPI was used for nuclear staining. M, muscle; HB-BM,
1091 heterotopic bone-bone marrow. Scale bars: 5 mm, **left top**; 500 μm, **left bottom**; 400 μm, **right**. **g, h.** 5
1092 x 10¹² vg/kg of rAAV9 expressing vector control (Vec) or Cre recombinase was t.d. injected into the
1093 hindlimb of 6-week-old *Acvr1R*^{(R206H)Fl} mice (n=8), and 1 μM cardiotoxin/pinch injury was introduced into
1094 the gastrocnemius muscle 3 days post-injection. 4 weeks later, mRNA levels of *ACVR1*^{R206H} and *Cre*
1095 recombinase were assessed by RT-PCR (**g**) and heterotopic bone volume was detected by
1096 radiography and quantified by microCT (**h**). 3D reconstruction images and quantification of HO volume
1097 are displayed. Scale bars: 5 mm, **left top**; 1 mm, **left bottom**. **i.** For trauma-induced HO in FOP mice, 5
1098 x 10¹² vg/kg of rAAV9 carrying *EGFP control*, *amiR-RH6*, *ACVR1*^{opt}, or *amiR-RH6.ACVR1*^{opt} was t.d.
1099 injected into the hindlimbs of 6-week-old *Acvr1R*^{(R206H)Fl};*Cre-ER*^{T2} mice (n=8) 3 days post-injection of
1100 tamoxifen (10 mg/kg). A 1 μM cardiotoxin/pinch injury was applied to the gastrocnemius muscle 3 days

1101 post-injection. 4 weeks later, HO was assessed by microCT. 3D reconstruction images and
1102 quantification of HO volume are displayed. Scale bar: 1 mm. **j.** For trauma-induced HO in WT mice, 5 x
1103 10^{12} vg/kg of rAAV9 expressing *EGFP control* or *amiR-RH6.ACVR1^{opt}* was t.d. injected into the
1104 quadriceps of 2-month-old WT mice (n=5) followed by an rBMP2/7/matrigel injection and a muscle injury.
1105 4 weeks later, HO was assessed by radiography and microCT. 3D reconstruction images and
1106 quantification of HO volume are displayed. Scale bars: 5 mm, **top**; 1 mm, **bottom**. Values represent
1107 mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; and ****, $P < 0.0001$ by an
1108 unpaired two-tailed Student's t-test or one-way ANOVA test (**b-e, g-j**).

1109

1110 **Figure 4: Systemic delivery of AAV gene therapy at birth prevents traumatic HO in FOP mice**

1111 **a.** P1 PDGFR α -GFP reporter neonates (n=3) were i.v. injected with 10^{11} GCs of rAAV9 expressing
1112 mCherry and 2 weeks later, mCherry and GFP expression in frozen sections of AAV-treated tibia and
1113 muscle was assessed by fluorescence microscopy. BM: bone marrow. Scale bars: 100 μ m, **left**; 50 μ m,
1114 **right. b-d.** P1 *Acvr1^{(R206H)Fl}; Cre-ER^{T2}* neonates (n=10) were i.v. injected with 10^{11} GCs of rAAV9
1115 carrying *EGFP control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* and 6 weeks later, mice were
1116 treated with tamoxifen (10 mg/kg). A 1 μ M cardiotoxin/pinch injury was applied to the gastrocnemius
1117 muscle 3 days post-tamoxifen treatment. 4 weeks later, mRNA levels of *ACVR1^{R206H}* and *ACVR1^{opt}*
1118 were measured by RT-PCR (**b**) and HO in the gastrocnemius muscle was assessed by microCT and
1119 histology (**c, d**). 3D reconstruction images (**d**) and quantification of HO volume (**c**) are displayed. Alcian
1120 blue staining of HO tissues (**d**) was performed to assess chondrogenic anlagen. Scale bars: 1 mm, **top**;
1121 200 μ m, **bottom. e-h.** To investigate the progression of HO pathogenesis, P1 *Acvr1^{(R206H)Fl}* or
1122 *Acvr1^{(R206H)Fl}; Cre-ER^{T2}* neonates (n=3) were i.v. injected with 10^{11} GCs of rAAV9 carrying *EGFP*
1123 *control* or *amiR-RH6.ACVR1^{opt}* and 6 weeks later, mice were i.p. injected with tamoxifen. 3 days later, a
1124 1 μ M cardiotoxin/pinch injury was applied to the gastrocnemius muscle, and HO pathogenesis was
1125 assessed at a series of time points post-injury by radiography (heterotopic bone, **e**), at Day 3 by

1126 immunohistochemistry for F4/80 (monocytes/macrophages, **f**) and at Day 7 by Alcian blue staining
1127 (fibrosis, chondrogenesis, **f**), Toluidine blue staining (mast cells, **f**), and phospho-SMAD1/5 (BMP
1128 signaling, **f**). In (**e**), the red boxes indicate injured areas. RT₂ profiler PCR array (**g**) and RT-PCR
1129 analysis (**h**) for inflammatory gene expression were performed on the gastrocnemius muscle 3 days
1130 post-injury (day 3). AAV-treated *Acvr1R^{(R206H)Fl}* (control) and *Acvr1R^{(R206H)Fl};Cre-ER^{T2}* muscle RNA with
1131 and without *amiR-RH6.ACVR1^{opt}* (gray boxes) are displayed (**h**). Scale bars: 5 mm, **e**; 100 μm, **f**.
1132 Values represent mean ± SD: ns, non-significant; *, *P* < 0.05; **, *P* < 0.01; ***, *P* < 0.001; ****, *P* <
1133 0.0001 by one-way ANOVA (**b**, **c**, **h**).

1134

1135 **Figure 5: Systemic delivery of AAV gene therapy at birth prevents spontaneous HO in juvenile**
1136 **FOP mice**

1137 **a.** 5×10^{13} vg/kg of rAAV9.*LacZ* was i.v. injected into 3-week-old *Acvr1^{(R206H)Fl};PDGFR α -cre* mice (n=3)
1138 and, 2 weeks later, radiography of the whole body was performed to locate HO lesions. Frozen sections
1139 of HO tissues were stained for β -galactosidase. Scale bars: 2 mm, **top**; 100 μm, **bottom**. For data
1140 shown in (**b-j**), P1 *Acvr1^{(R206H)Fl}* or *Acvr1^{(R206H)Fl};PDGFR α -cre* neonates (n=12) were i.v. injected with
1141 10^{11} GCs of rAAV9 carrying *EGFP control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* and AAV-
1142 treated mice were analyzed weekly up to 8 weeks of age. **b-c.** Survival curve (**b**) and body weight (**c**)
1143 for the AAV-treated groups. **d.** MicroCT analysis for skulls and lumbar vertebrae (L4) of 4 to 5-week-old
1144 AAV-treated mice are shown in 3D reconstructed images (**d, top**) and 2D transverse sections (**d,**
1145 **middle and bottom**). Scale bars: 5 mm, **top, middle**; 1 mm, **bottom**. Arrows indicate
1146 temporomandibular joint ankylosis. **e-f.** Plots showing the distance of open mouth in 4 to 5-week-old
1147 AAV-treated mice (**e**) and the quantification of vertebral bone mass (**f**). AAV-treated *Acvr1R^{(R206H)Fl}*
1148 (control) and *Acvr1^{(R206H)Fl};PDGFR α -cre* mice (gray boxes) are displayed (**c, e, f**). Tra. BV/TV:
1149 trabecular bone volume per tissue volume. **g.** MicroCT analysis showing the maxillary and mandibular
1150 bone mass of AAV-treated mice. 2D cross-section images are displayed. Scale bar: 1 mm. **h.** MicroCT

1151 analysis showing spontaneous HO from whole body scans of AAV-treated mice. 3D reconstructed
1152 images (**left**) and 2D transverse sections (**right**) are displayed. Scale bars: 4 mm. **i.** Clinical HO
1153 incidence and severity were scored using whole body microCT and radiography. **j.** Safranin O staining
1154 of AAV-treated tibias showing normal chondrocyte zones in the growth plate. Scale bars: 50 μ m. **k.** P1
1155 *Acvr1^{(R206H)Fl};PDGFR α -cre;PDGFR α -GFP* reporter neonates were i.v. injected with 10^{11} GCs of rAAV9
1156 carrying mCherry control or *amiR-RH6.ACVR1^{opt}* (n=3) and 5 weeks later, mCherry- and/or GFP-
1157 expressing cells in the frozen-sectioned muscle were visualized by fluorescence microscopy. The right
1158 panels are enlarged images of the white boxed regions on the left. Scale bars: 100 μ m, **left**; 50 μ m,
1159 **right**. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; ****, P
1160 < 0.0001 by one-way ANOVA test (**c, e, f, i**).

1161

1162 **Figure 6: Systemic delivery of AAV gene therapy at early adulthood prevents spontaneous HO**
1163 **in adult FOP mice**

1164 5×10^{13} vg/kg of rAAV9 carrying EGFP control or *amiR-RH6.ACVR1^{opt}* was i.v. injected into 6-week-old
1165 *Acvr1^{(R206H)Fl}* or *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice (n=10) 3 days after tamoxifen treatment. 12 weeks later,
1166 mRNA levels of *ACVR1^{R206H}* and *ACVR1^{opt}* in the liver were assessed by RT-PCR (**a**). MicroCT
1167 analysis showing whole body (**b**), torso (**c**), and lower body (**e**) of AAV-treated mice. Arrows indicate
1168 HO lesions. Scale bars: 5 mm, **b**; 1 mm, **c, e**. Total HO volume (**d**) and numbers of HO lesions (**f**)
1169 throughout the body were quantitated. MicroCT (**g, left**) and histology of knee joints were performed to
1170 assess bridging HO (**g, right**), degeneration of articular cartilage (**h, top**), and chondrocytes in the
1171 growth plate (**h, bottom**). In (**g**), the red box, bridging HO; yellow box, articular cartilage and growth
1172 plate. Scale bars: 1 mm, **g, left**; 100 μ m, **g, right**. Total percentage of clinical HO incidence in AAV-
1173 treated mice was assessed (**i**). Frequency of immune cells within the population of total splenocytes
1174 suggests that rAAV9.*amiR-RH6.ACVR1^{opt}* has little to no effect on systemic immunity (n=6~8, **j**). AAV-
1175 treated *Acvr1^{(R206H)Fl}* (control) and *Acvr1^{(R206H)Fl};Cre-ER^{T2}* mice (gray boxes) are displayed (**d, f, j**).

1176 Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; and ****, $P <$
1177 0.0001 by an unpaired two-tailed Student's t-test (**a**) or ANOVA test (**d, f, j**).

Figures

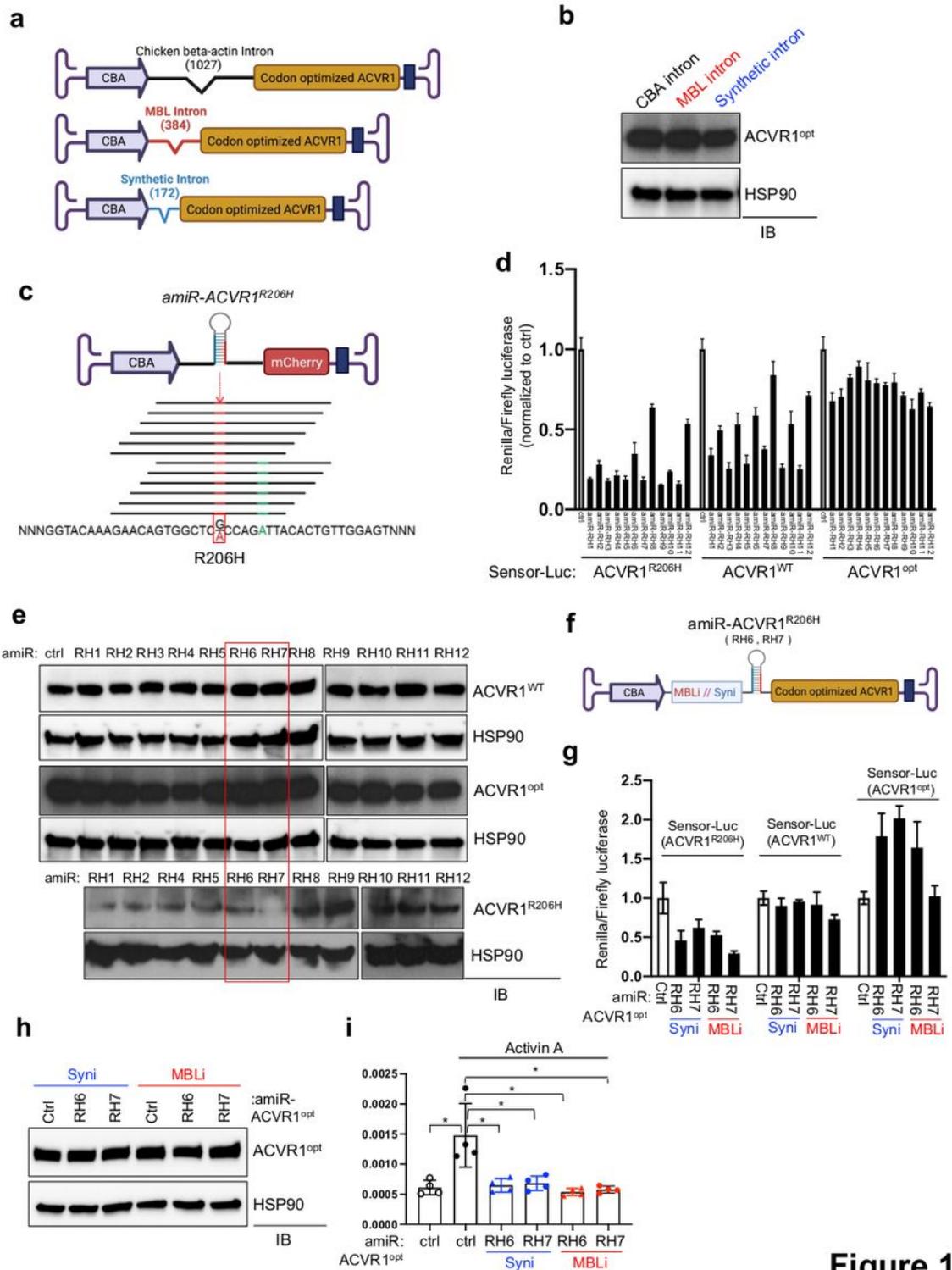


Figure 1

Figure 1

Development of AAV vector targeting the human *ACVR1*^{R206H} receptor

a. Schematic diagram of the plasmids expressing a codon-optimized version of the human ACVR1

complementary DNA (*ACVR1^{opt}*) with the CBA promoter and three different introns. CBA: CMV enhancer/chicken -actin promoter. **b.** Validation of the expression of the *ACVR1^{opt}* receptor. Plasmids expressing *ACVR1^{opt}* were transiently transfected into HEK293 cells and cell lysates were subjected to immunoblotting with anti-ACVR1 antibody. Anti-HSP90 antibody was used as a loading control. **c.** Schematic diagram representing 12 amiRs that target different sequence sites of human *ACVR1^{R206H}* mRNA (*amiR-ACVR1^{R206H}*). The red box indicates the R206H mutation site (c.617G>A). Adenine (green) was mismatched to increase the selectivity of gene silencing. **d.** Plasmids encoding *amiR-ctrl* or 12 different *amiRs* were transiently transfected into HEK293 cells along with amiR-sensor plasmids (sensor-Luc) that contain *Renilla* luciferase and aimR complimentary sequences for human *ACVR1^{R206H}*, *ACVR1^{WT}*, and *ACVR1^{opt}*. One day later, a luciferase assay was performed to measure *Renilla* luciferase and normalized to firefly luciferase. Lower activities indicate higher silencing efficacy of amiRs. **e.** Plasmids encoding *amiR-ctrl* or 12 different *amiRs* were transiently transfected into HEK293 cells along with a plasmid expressing human *ACVR1^{R206H}*, *ACVR1^{WT}*, or *ACVR1^{opt}* cDNA and immunoblotted for ACVR1. Anti-HSP90 antibody was used for loading control. **f.** Schematic diagram of the combination gene therapy constructs expressing *amiR-ACVR1^{R206H}* (RH6 or RH7) and *ACVR1^{opt}* cDNA under the CBA promoter and MBL intron (MBLi) or synthetic intron (Syni). **g, h.** Plasmids encoding *amiR-ctrl* (ctrl), Syni.amiR-RH6.ACVR1^{opt}, Syni.amiR-RH7.ACVR1^{opt}, MBLi.amiR-RH6.ACVR1^{opt}, or MBLi.amiR-RH7.ACVR1^{opt} were transiently transfected into HEK293 cells along with sensor-Luc plasmids. Luciferase assay (**g**) or immunoblotting analysis for ACVR1 (**h**) was performed. Anti-HSP90 antibody was used for loading control. **i.** Plasmids were transiently transfected into HEK293 cells along with the BMP SMADs-responsive reporter gene (BRE-luc) and treated with Activin A (100 ng/ml). 24 hours later, Activin A signaling activity was measured by luciferase assay. Values represent mean \pm SD: *, $P < 0.05$ by an unpaired two-tailed Student's *t*-test or one-way ANOVA test (**i**).

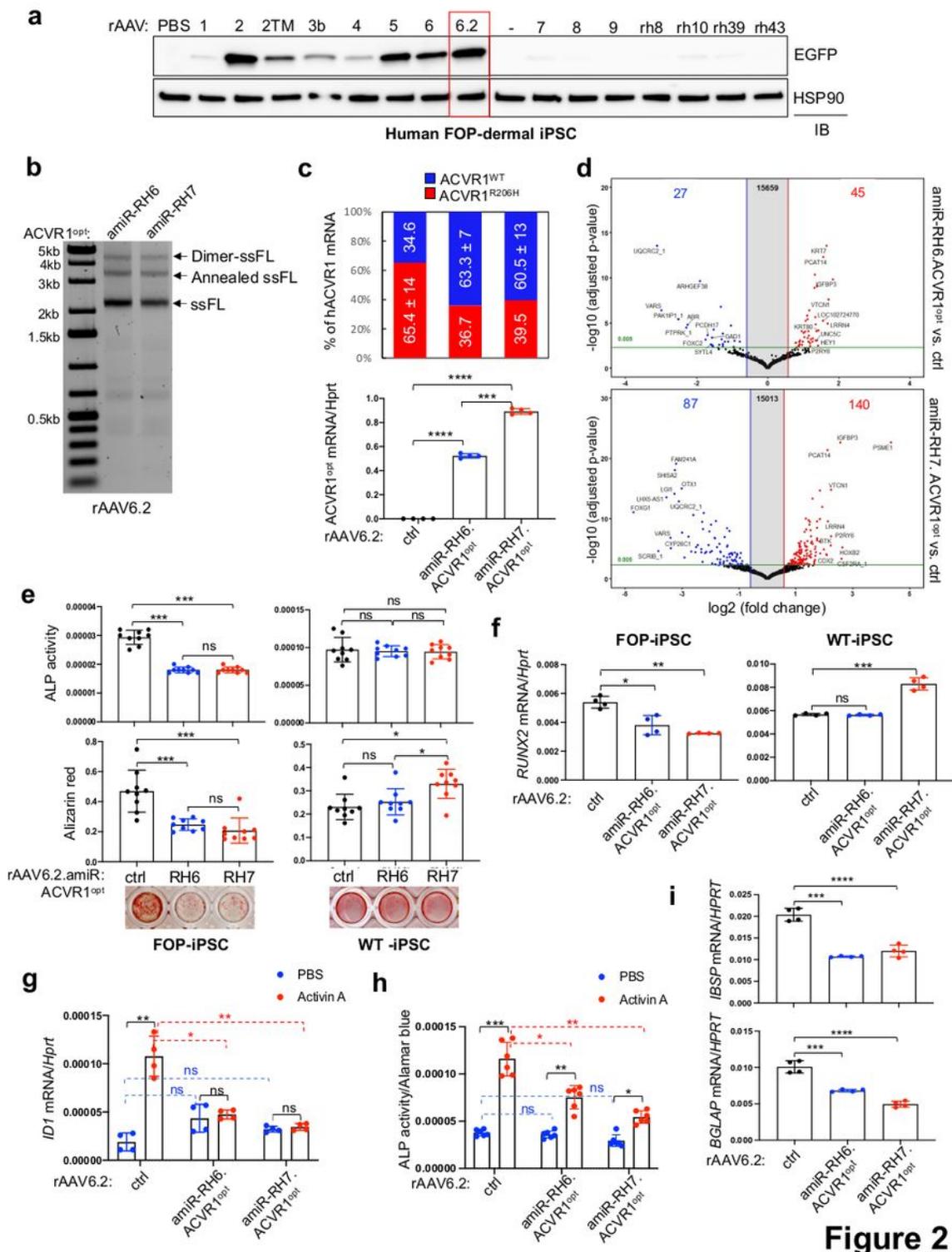


Figure 2

Figure 2

Effects of AAV gene therapy in human FOP iPSCs and mouse *Acvr1*^{(R206H)KI} cells

a. Human FOP iPSCs were treated with PBS or 5×10^{10} genome copies (GCs) of 15 different AAV capsids packaged with the same *CBA-Egfp* transgene. 2 days later, EGFP expression was assessed

by immunoblotting with an anti-GFP antibody. Anti-HSP90 antibody was used for loading control. **b.** Genome integrity of rAAV6.2 carrying *amiR-RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* was assessed by electrophoresis in native gel. ssFL: single-stranded full-length. **c, d.** 5×10^{10} GCs of rAAV6.2 carrying *EGFP control (ctrl)*, *amiR-RH6.ACVR1^{opt}*, or *amiR-RH7.ACVR1^{opt}* were transduced to human FOP iPSCs, cultured under osteogenic conditions for 4 days, and subjected to next-generation sequencing (NGS) for ratio expression: *ACVR1^{R206H}* vs. *ACVR1^{WT}* (**c, top**) or RT-PCR for *ACVR1^{opt}* expression (**c, bottom**). Alternatively, total RNA was subjected to bulk RNA sequencing (**d**). A volcano plot showing the gene expression for up/downregulated genes in the cells expressing *amiR-RH6.ACVR1^{opt}* or *amiR-RH7.ACVR1^{opt}* relative to *control*-expressing cells is displayed. **e-g.** AAV-treated, human WT or FOP iPSCs were cultured under osteogenic conditions and alkaline phosphatase activity (ALP) and alizarin red staining were performed to assess early and late osteoblast differentiation, respectively (**e**). Alternatively, osteogenic gene expression (Runx2) was assessed by RT-PCR (**f**). AAV-treated, human FOP iPSCs were incubated with PBS or Activin A (100 ng/ml) for 6 hours, and *ID1* mRNA levels were measured by RT-PCR (**g**). **h, i.** PDGFR⁺Sca1⁺CD31⁻CD45⁻ FAPs were sorted by FACS from the digested skeletal muscle of 4-week-old *Acvr1^{(R206H)Fl};PDGFR-cre* mice and transduced with 5×10^{10} GCs of AAV6.2 carrying *EGFP control*, *amiR-RH6.ACVR1^{opt}*, or *amiR-RH7.ACVR1^{opt}*. 2 days later, AAV-treated FAPs were cultured under osteogenic conditions with PBS or Activin A (50 ng/ml) for 6 days, and ALP activity (**h**) and osteogenic gene expression (BGLAP, IBSP, **i**) were assessed for osteoblast differentiation. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; ****, $P < 0.0001$ by an unpaired two-tailed Student's t-test or one-way ANOVA test (**e-i**).

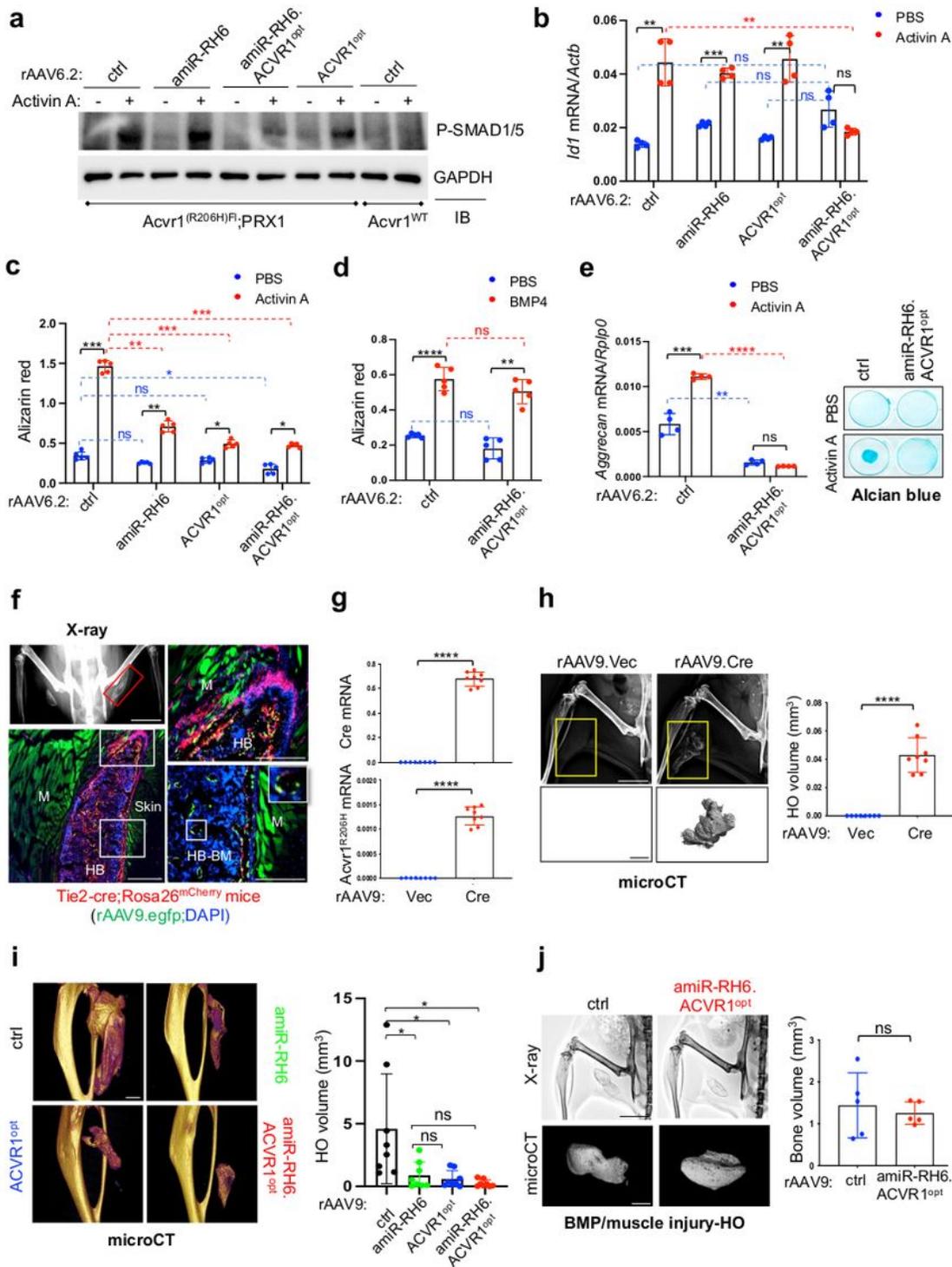


Figure 3

Figure 3

AAV gene therapy suppresses Activin A signaling and trauma-induced HO a–d. *PRRX1*⁺ osteogenic progenitors were isolated from the long bones of 4-week-old *PRRX1-cre*

(*Acvr1*^{WT}) or *Acvr1*^{(R206H)FI};*PRRX1-cre* mice and transduced with 5×10^{10} GCs of AAV6.2 carrying *EGFP*

control, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}*. 2 days later, AAV-treated cells were stimulated with Activin A (100 ng/ml) for 30 min and immunoblotted for phospho-SMAD1/5. Anti-GAPDH antibody was used for loading control **(a)**. 6 hours after Activin A stimulation, *Id1* mRNA levels were assessed by RT-PCR **(b)**. AAV-treated cells were cultured under osteogenic conditions with PBS, Activin A (50 ng/ml, **c**), or BMP4 (50 ng/ml, **d**) for 12 days, and Alizarin red staining was performed to detect mineralization. **e.** *PRRX1⁺* chondrogenic progenitors were isolated from the knee joints of P2 *Acvr1^{(R206H)Fl};PRRX1-cre* neonates, transduced with AAV6.2 carrying *EGFP control* or *amiR-RH6.ACVR1^{opt}*, and cultured under chondrogenic conditions for 4 or 6 days. *Aggrecan* mRNA levels or Alcian blue staining were performed for chondrogenesis assessment. **f.** 5×10^{12} vg/kg of rAAV9.*egfp* was t.d. injected into the quadriceps of 2-month-old *Tie2-cre;Rosa26^{mCherry}* mice that label Tie⁺ FAPs and endothelial cells (red, n=3) using a hollow microneedle 1 week after i.m. injection with rBMP2/7/matrigel and muscle injury. 3 weeks later, radiography of hindlimbs and histology on frozen sections of HO tissues were performed to visualize GFP-expressing FAP-lineage cells. The red box indicates a heterotopic bone (HB) in the skeletal muscle. DAPI was used for nuclear staining. M, muscle; HB-BM, heterotopic bone-bone marrow. Scale bars: 5 mm, **left top**; 500 μ m, **left bottom**; 400 μ m, **right**. **g, h.** 5×10^{12} vg/kg of rAAV9 expressing vector control (Vec) or Cre recombinase was t.d. injected into the hindlimb of 6-week-old *Acvr1R^{(R206H)Fl}* mice (n=8), and 1 mM cardiotoxin/pinch injury was introduced into the gastrocnemius muscle 3 days post-injection. 4 weeks later, mRNA levels of *ACVR1^{R206H}* and *Cre* recombinase were assessed by RT-PCR **(g)** and heterotopic bone volume was detected by radiography and quantified by microCT **(h)**. 3D reconstruction images and quantification of HO volume are displayed. Scale bars: 5 mm, **left top**; 1 mm, **left bottom**. **i.** For trauma-induced HO in FOP mice, 5×10^{12} vg/kg of rAAV9 carrying *EGFP control*, *amiR-RH6*, *ACVR1^{opt}*, or *amiR-RH6.ACVR1^{opt}* was t.d. injected into the hindlimbs of 6-week-old *Acvr1R^{(R206H)Fl};Cre-ER^{T2}* mice (n=8) 3 days post-injection of

tamoxifen (10 mg/kg). A 1 mM cardiotoxin/pinch injury was applied to the gastrocnemius muscle 3 days post-injection. 4 weeks later, HO was assessed by microCT. 3D reconstruction images and quantification of HO volume are displayed. Scale bar: 1 mm. **j**. For trauma-induced HO in WT mice, 5×10^{12} vg/kg of rAAV9 expressing *EGFP control* or *amiR-RH6.ACVR1^{opt}* was t.d. injected into the quadriceps of 2-month-old WT mice (n=5) followed by an rBMP2/7/matrigel injection and a muscle injury. 4 weeks later, HO was assessed by radiography and microCT. 3D reconstruction images and quantification of HO volume are displayed. Scale bars: 5 mm, **top**; 1 mm, **bottom**. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; and ****, $P < 0.0001$ by an unpaired two-tailed Student's t-test or one-way ANOVA test (**b-e, g-j**).

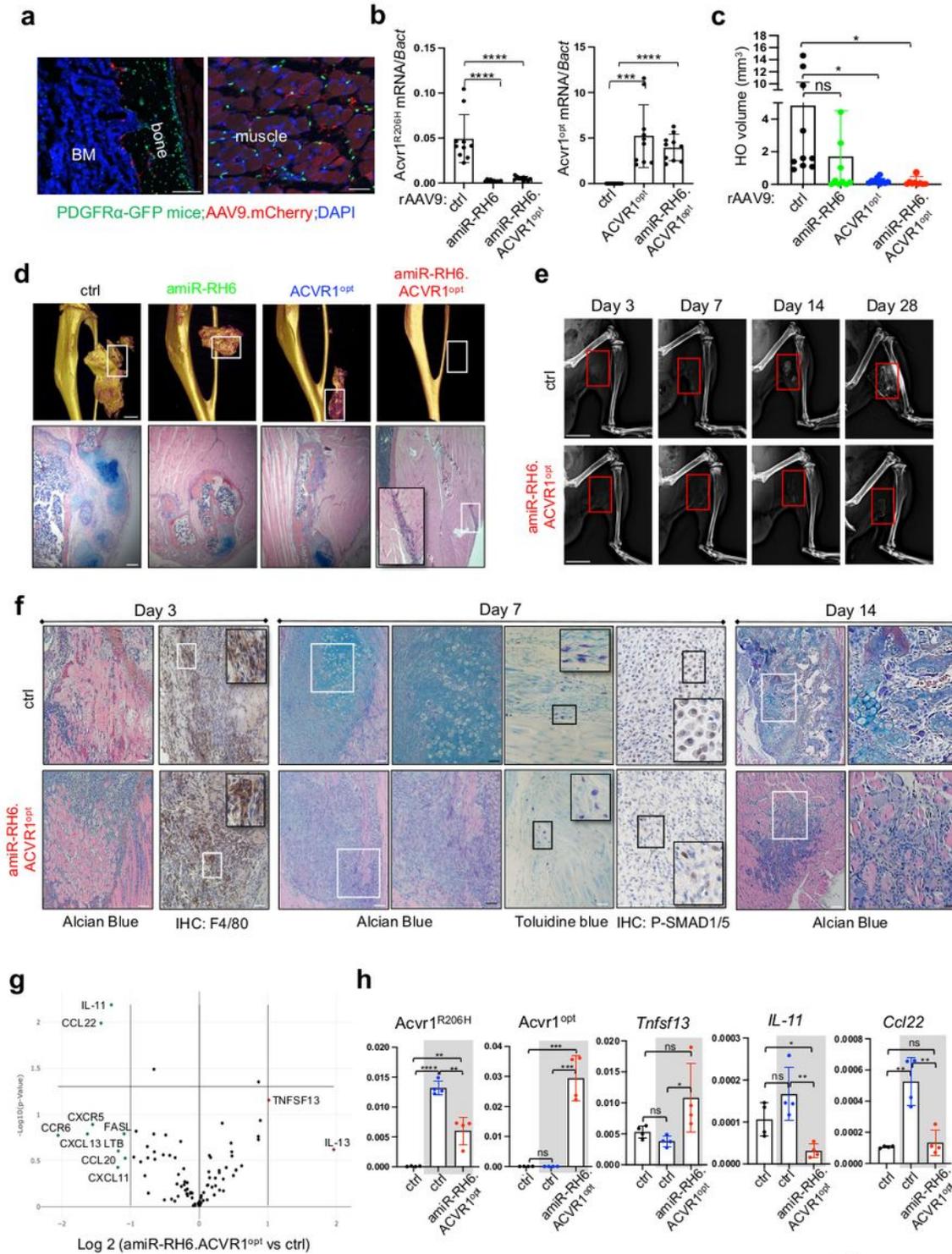


Figure 4

Figure 4

Systemic delivery of AAV gene therapy at birth prevents traumatic HO in FOP mice

a. P1 PDGFR α -GFP reporter neonates (n=3) were i.v. injected with 10^{11} GCs of rAAV9 expressing mCherry and 2 weeks later, mCherry and GFP expression in frozen sections of AAV-treated tibia and

muscle was assessed by fluorescence microscopy. BM: bone marrow. Scale bars: 100 μ m, **left**; 50 μ m, **right**. **b-d**. P1 *Acvr1*^{(R206H)Fl};*Cre-ER*^{T2} neonates (n=10) were i.v. injected with 10¹¹ GCs of rAAV9 carrying *EGFP control*, *amiR-RH6*, *ACVR1*^{opt}, or *amiR-RH6.ACVR1*^{opt} and 6 weeks later, mice were treated with tamoxifen (10 mg/kg). A 1 mM cardiotoxin/pinch injury was applied to the gastrocnemius muscle 3 days post-tamoxifen treatment. 4 weeks later, mRNA levels of *ACVR1*^{R206H} and *ACVR1*^{opt} were measured by RT-PCR (**b**) and HO in the gastrocnemius muscle was assessed by microCT and histology (**c, d**). 3D reconstruction images (**d**) and quantification of HO volume (**c**) are displayed. Alcian blue staining of HO tissues (**d**) was performed to assess chondrogenic anlagen. Scale bars: 1 mm, **top**; 200 μ m, **bottom**. **e-h**. To investigate the progression of HO pathogenesis, P1 *Acvr1*^{(R206H)Fl} or *Acvr1*^{(R206H)Fl};*Cre-ER*^{T2} neonates (n=3) were i.v. injected with 10¹¹ GCs of rAAV9 carrying *EGFP control* or *amiR-RH6.ACVR1*^{opt} and 6 weeks later, mice were i.p. injected with tamoxifen. 3 days later, a 1 mM cardiotoxin/pinch injury was applied to the gastrocnemius muscle, and HO pathogenesis was assessed at a series of time points post-injury by radiography (heterotopic bone, **e**), at Day 3 by immunohistochemistry for F4/80 (monocytes/macrophages, **f**) and at Day 7 by Alcian blue staining (fibrosis, chondrogenesis, **f**), Toluidine blue staining (mast cells, **f**), and phospho-SMAD1/5 (BMP signaling, **f**). In (**e**), the red boxes indicate injured areas. RT2 profiler PCR array (**g**) and RT-PCR analysis (**h**) for inflammatory gene expression were performed on the gastrocnemius muscle 3 days post-injury (day 3). AAV-treated *Acvr1*^{(R206H)Fl} (control) and *Acvr1*^{(R206H)Fl};*Cre-ER*^{T2} muscle RNA with and without *amiR-RH6.ACVR1*^{opt} (gray boxes) are displayed (**h**). Scale bars: 5 mm, **e**; 100 μ m, **f**. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; ****, $P < 0.0001$ by one-way ANOVA (**b, c, h**).

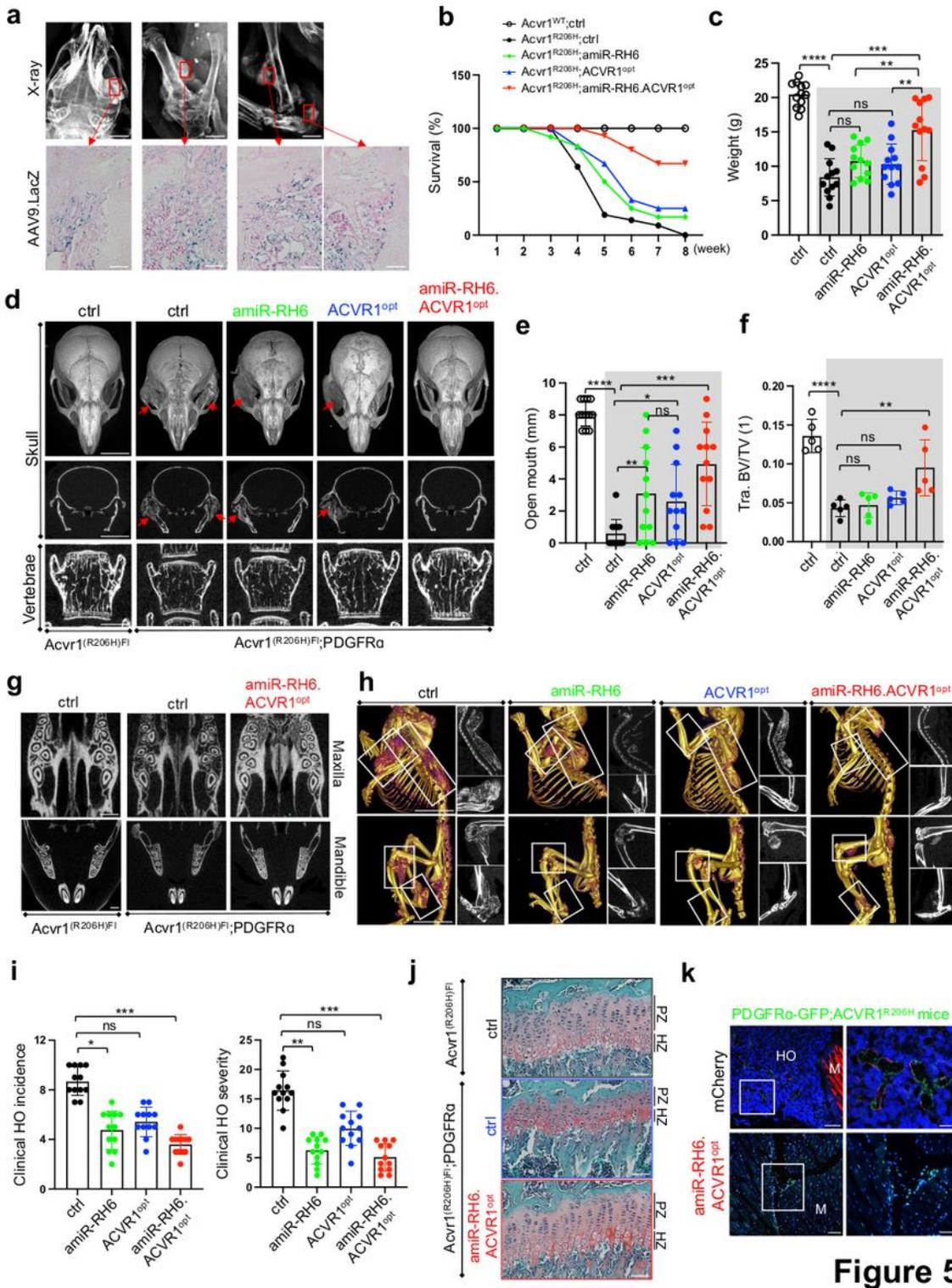


Figure 5

Figure 5

Systemic delivery of AAV gene therapy at birth prevents spontaneous HO in juvenile

FOP mice

a. 5×10^{13} vg/kg of rAAV9.LacZ was i.v. injected into 3-week-old *Acvr1*^{(R206H)FI};PDGFR-cre mice (n=3)

and, 2 weeks later, radiography of the whole body was performed to locate HO lesions. Frozen sections of HO tissues were stained for α -galactosidase. Scale bars: 2 mm, **top**; 100 μ m, **bottom**. For data shown in **(b-j)**, P1 *Acvr1*^{(R206H)Fl} or *Acvr1*^{(R206H)Fl};*PDGFR*-cre neonates (n=12) were i.v. injected with 10¹¹ GCs of rAAV9 carrying *EGFP control*, *amiR-RH6*, *ACVR1*^{opt}, or *amiR-RH6.ACVR1*^{opt} and AAV-treated mice were analyzed weekly up to 8 weeks of age. **b-c**. Survival curve **(b)** and body weight **(c)** for the AAV-treated groups. **d**. MicroCT analysis for skulls and lumbar vertebrae (L4) of 4 to 5-week-old AAV-treated mice are shown in 3D reconstructed images **(d, top)** and 2D transverse sections **(d, middle and bottom)**. Scale bars: 5 mm, **top, middle**; 1 mm, **bottom**. Arrows indicate temporomandibular joint ankylosis. **e-f**. Plots showing the distance of open mouth in 4 to 5-week-old AAV-treated mice **(e)** and the quantification of vertebral bone mass **(f)**. AAV-treated *Acvr1*^{(R206H)Fl} (control) and *Acvr1*^{(R206H)Fl};*PDGFR*-cre mice (gray boxes) are displayed **(c, e, f)**. Tra. BV/TV: trabecular bone volume per tissue volume. **g**. MicroCT analysis showing the maxillary and mandibular bone mass of AAV-treated mice. 2D cross-section images are displayed. Scale bar: 1 mm. **h**. MicroCT analysis showing spontaneous HO from whole body scans of AAV-treated mice. 3D reconstructed images **(left)** and 2D transverse sections **(right)** are displayed. Scale bars: 4 mm. **i**. Clinical HO incidence and severity were scored using whole body microCT and radiography. **j**. Safranin O staining of AAV-treated tibias showing normal chondrocyte zones in the growth plate. Scale bars: 50 μ m. **k**. P1 *Acvr1*^{(R206H)Fl};*PDGFR*-cre;*PDGFR*-GFP reporter neonates were i.v. injected with 10¹¹ GCs of rAAV9 carrying mCherry control or *amiR-RH6.ACVR1*^{opt} (n=3) and 5 weeks later, mCherry- and/or GFP-expressing cells in the frozen-sectioned muscle were visualized by fluorescence microscopy. The right panels are enlarged images of the white boxed regions on the left. Scale bars: 100 μ m, **left**; 50 μ m, **right**. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; ****, $P < 0.0001$ by one-way ANOVA test **(c, e, f, i)**.

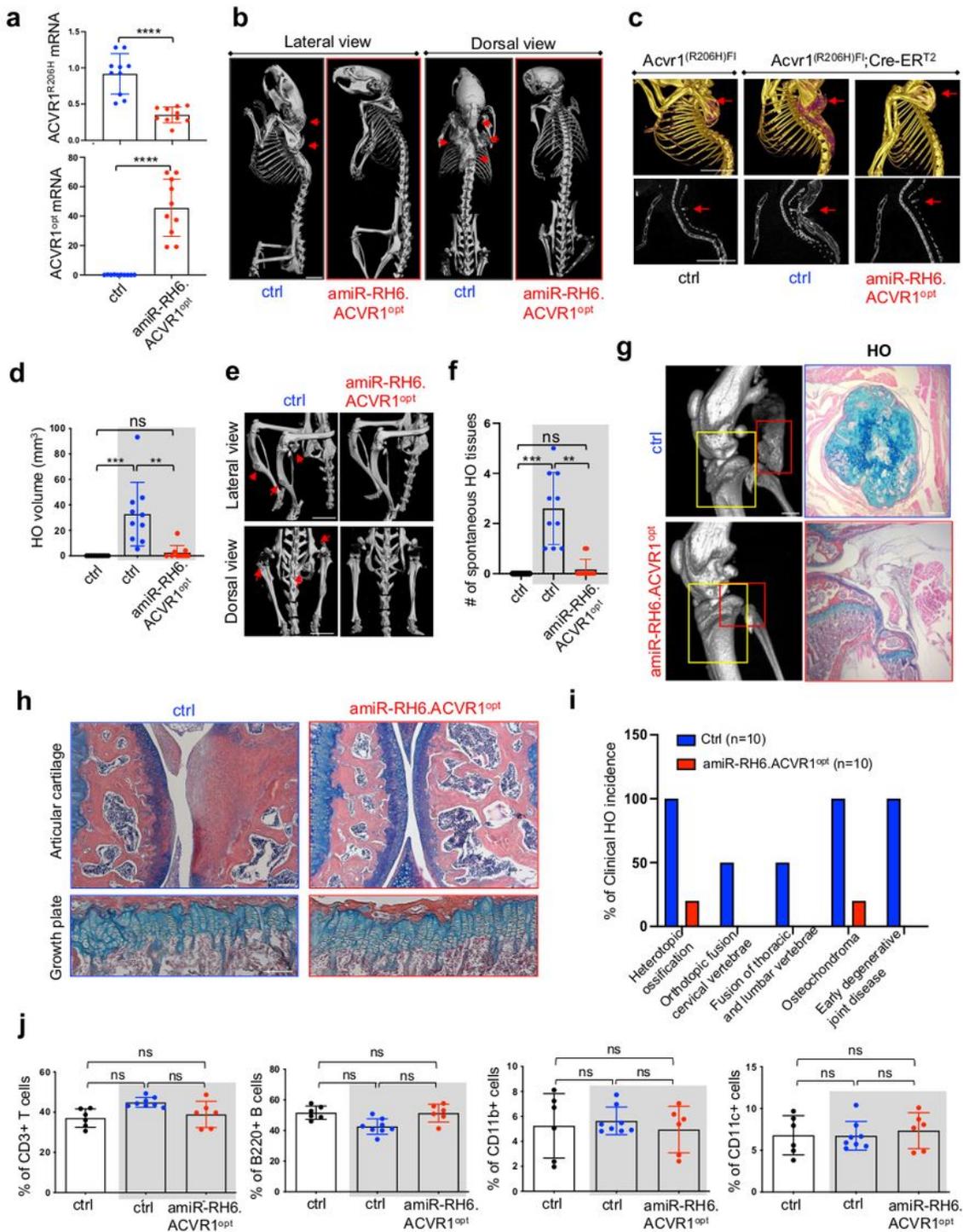


Figure 6

Figure 6

Systemic delivery of AAV gene therapy at early adulthood prevents spontaneous HO

in adult FOP mice

5×10^{13} vg/kg of rAAV9 carrying EGFP control or *amiR-RH6.ACVR1^{opt}* was i.v. injected into 6-week-old

Acvr1^{(R206H)Fl} or *Acvr1*^{(R206H)Fl;Cre-ER^{T2}} mice (n=10) 3 days after tamoxifen treatment. 12 weeks later, mRNA levels of *ACVR1*^{R206H} and *ACVR1*^{opt} in the liver were assessed by RT-PCR **(a)**. MicroCT analysis showing whole body **(b)**, torso **(c)**, and lower body **(e)** of AAV-treated mice. Arrows indicate HO lesions. Scale bars: 5 mm, **b**; 1 mm, **c, e**. Total HO volume **(d)** and numbers of HO lesions **(f)** throughout the body were quantitated. MicroCT **(g, left)** and histology of knee joints were performed to assess bridging HO **(g, right)**, degeneration of articular cartilage **(h, top)**, and chondrocytes in the growth plate **(h, bottom)**. In **(g)**, the red box, bridging HO; yellow box, articular cartilage and growth plate. Scale bars: 1 mm, **g, left**; 100 μ m, **g, right**. Total percentage of clinical HO incidence in AAV-treated mice was assessed **(i)**. Frequency of immune cells within the population of total splenocytes suggests that rAAV9.*amiR-RH6.ACVR1*^{opt} has little to no effect on systemic immunity (n=6~8, **j**). AAV-treated *Acvr1*^{(R206H)Fl} (control) and *Acvr1*^{(R206H)Fl;Cre-ER^{T2}} mice (gray boxes) are displayed **(d, f, j)**. Values represent mean \pm SD: ns, non-significant; *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$; and ****, $P < 0.0001$ by an unpaired two-tailed Student's t-test **(a)** or ANOVA test **(d, f, j)**.

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