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Demographic transition hinders climate change mitigation in the aging and shrinking Japanese residential sector

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Summary:

The residential sector is one of the major sources of greenhouse gases, and as such it is key for achieving decarbonization targets. However, very diverse household characteristics affect energy use and emissions at the household level. Furthermore, demographic transitions characterized by ageing and shrinking in both total and household size can have enduring effects for some of these household characteristics at the societal level. Here, we explore how demographic transitions in Japan may affect the long-term emissions in the residential sector based on the scenarios to the year 2040. First, we draw from a large-scale survey conducted by the Japanese government (9,996 households) to develop a nuanced typology of households using an integrated clustering approach. This helps us identify high variability in emissions and adoption of emission mitigation technologies between households with different characteristics. We found that household size and age both play important role in terms of emissions. Finally, through different scenarios we identify that indeed the projected demographic transitions with the increasing prevalence of smaller and more elderly households in Japan will likely hinder emission mitigation in the residential sector, imposing significant constraints for achieving decarbonization in the long-term.

Keywords: Aging society; Demographic transition; Emission characteristics; Carbon mitigation; Data mining.

Introduction

Containing the increase in global average temperature to well below 2 °C above pre-industrial levels requires substantial cross-sectoral efforts¹, including extensive reductions in the use of fossil fuels and promotion of electricity generation through renewable and carbon-free pathways^{2,3}. Many of these efforts have focused on the supply side (e.g. industrial and energy generation sectors) and have emphasized on increasing energy efficiency^{4,5} or finding/mobilizing green energy sources^{6,7}.

42 However, in the post-Paris Agreement era there have been strong calls to also
43 design effective emission mitigation plans on the final demand-side. For example,
44 several campaigns have been sought to promote the uptake of green technologies
45 and transition to low-carbon lifestyles⁸⁻¹⁰, especially for the residential sector¹⁰⁻¹⁵.
46 Household sector accounts for both a large fraction of final energy consumption and
47 total greenhouse gas (GHG) emissions and have high GHG emission mitigation
48 potential¹⁶⁻¹⁹. For example, the US residential sector directly and indirectly
49 contributed for nearly 80% of total indirect GHG emissions^{8,20,21}. In Japan, residential
50 consumption are responsible for >60% of total GHG emission²²⁻²⁴, with expected
51 contribution for nearly 50% of the emission reduction commitment under the Paris
52 Agreement²⁵. Despite the increasing number of efforts to boost household-level
53 decarbonization measures²⁵⁻²⁷, the sector is facing two major challenges on the
54 effective design and decarbonization measures implementation.

55
56 First, it is widely accepted that emission mitigation technologies targeting households
57 or individual consumers are not universally appealing considering the variability of
58 household demand^{28,29}, technology acceptance levels^{30,31}, and affordability^{32,33} across
59 demographic groups, which are essentially dictated by consumer/household
60 characteristics. At the same time demand-side emission mitigation efforts need to
61 consider issues of fairness (e.g. climatic justice^{19,34}, inequality^{13,35}), feasibility^{36,37}, and
62 effectiveness. The design of feasible and effective measures is highly relying on a
63 good understanding of household consumption preference, and how they are
64 affected by household characteristics. Previous studies have identified household
65 characteristics such as income, age, composition and location as key factors
66 affecting energy demand and consumption behaviors^{38-43,41,44-46}. For example,
67 affluent families and elderly families tend to have higher energy consumption^{19,33,47,49},
68 while household size is a major determinant of domestic energy consumption⁴⁸.
69 Furthermore, certain lifestyle decisions also vary between genders and generations,
70 with for example households with school-aged children having higher electricity
71 demand for lighting and elderly households for TV⁴⁶. The above translate to that
72 households with different characteristics have different GHG emissions and
73 acceptance of end-use energy technologies (primarily due to their differentiated
74 needs and financial status)^{49,50}.

75
76 Second, it is important to know that the promotion and adoption of decarbonization
77 measures for households are closely links with multiple unfolding demographic,
78 socioeconomic, and environmental transitions^{7,11,51}. One of the most importance
79 demographic transitions is the population ageing and shrinking that affect, among
80 others, household composition, age distribution, and size, and essentially lifestyles.
81 As a result a result, the population ageing and shrinking has major implications for
82 the adoption of energy end-use measures⁴⁸, and achieving sustainability in general⁵².
83 Population ageing is now visible in most developed countries and an increasing
84 number of developing countries^{16,18,53-56} (see **Figure S1, Supplementary Material**),

85 having major ramifications for energy use and GHG emissions many parts of the
86 world^{55,57-60}.

87

88 Faced by these two challenges, previous studies have explored the consequences of
89 household characteristics and demographic change on energy technology adoption
90 and GHG emissions, but often with mixed findings due to methodological differences
91 and limited data availability^{40,60-66}. Generally, there is a wide acceptance that small
92 households with higher income, elderly members, and small size households are
93 more likely to have higher GHG emissions, partially due to the scale effect of
94 household energy consumption and lifestyles such as the longer time spent in-home
95 among elderly^{13,40,67-69}. Here, household shrinking make shareability of energy
96 decreased since its scale effect declines^{18,70-72}, which is of increasing interest in
97 depopulation and household size shrinking countries.

98

99 The above make a strong case for detailed household-level studies estimating
100 differentiated emissions reduction potentials taking into consideration the effects of
101 household characteristics and technology acceptance rates. However, there are
102 some very important knowledge gaps that have complicated such studies in the past.
103 First, there is often a lack of nuance when creating household taxonomies. Although
104 many household-level studies on energy use and GHG emission have been
105 conducted across different grouping (e.g. divided by income, age, family size, or
106 specific lifestyles and energy consumption behaviors) this is usually discussed from
107 one specific dimension (i.e. different income or age groups, etc.). Furthermore, this is
108 usually based on experience and the focus of the study, rather than a nuanced
109 understanding of multiple intersecting household characteristics. Second, whether
110 the promotion of emission mitigation measurements can really realize their
111 expectation still remind questionable, since promoting high efficiency end-use
112 technology are not sure that be accepted to each household^{21,73-78}. Third, there is a
113 general lack of robust studies exploring how demographic transitions intersect with
114 decarbonization efforts at the household level, despite the clear trends towards
115 population ageing and shrinking in many of the largest emitting economies.

116

117 Although many studies have explored how this heterogeneity in household
118 characteristics affects both energy use patterns^{79,80} and adoption of mitigation
119 technologies^{80,81}, most studies have relied on mono-dimensional and/or subjective
120 divisions across household characteristics. For example, although many studies find
121 generally higher emissions of richer, aging and small size of household^{9,82-84}. Under
122 the classic framework of household-feature analysis, the emission features are
123 manually being grouped and ignored if they derived similar emission features, such
124 as income level and age of reference person. This single-dimension grouping is apt
125 to provide biased information or loss some. For example, richer household are found
126 emit more emission than poor, while their higher emission may be driven from richer
127 household having larger household size or they are elder citizen, etc. The

128 mismatching from household grouping and emission features lay potential
129 uncertainty for following measurements generation.

130

131 Here we first estimate household carbon emissions across income and age groups
132 with different household size, then we discuss how household characteristics and
133 demographic transitions affect the adoption of climate change mitigation technologies
134 at the household level, and their potential effect on emissions. Our focus is Japan, as
135 it makes for an ideal case considering that it is the 3rd largest economy globally, the
136 5th largest GHG emitter, has made a recent political commitment towards
137 decarbonization by 2050⁸⁵ and has experienced strong demographic transitions in
138 recent decades. Regarding the latter, single-member households already account for
139 34.6% of the entire population in 2015 (expected to increase to >50% by 2035⁸⁶),
140 while the population aging and shirking rates are some of the highest in the
141 world^{40,64,65}. Collectively the above can provide valuable information for other major
142 economies that are increasingly facing deep demographic transitions⁵² in the next
143 few decades.

144

145 Through a data mining and multi-dimensional cluster method we develop a
146 household taxonomy across six groups using data from a large national household
147 survey on energy consumption and emissions. For each of the identified groups we
148 explore the adoption rates and performance of the two major emission mitigations
149 measures currently promoted in Japanese households, namely roof solar
150 photovoltaics (PV) and new-energy vehicles (NEV)⁸⁷⁻⁹⁰. For the six study groups we
151 explore patterns for the year 2017-2018, and future trajectories up to the year 2050
152 based on the expected demographic transition in Japan.

153

154 **Main text**

155

156 **Differentiated emission patterns between groups**

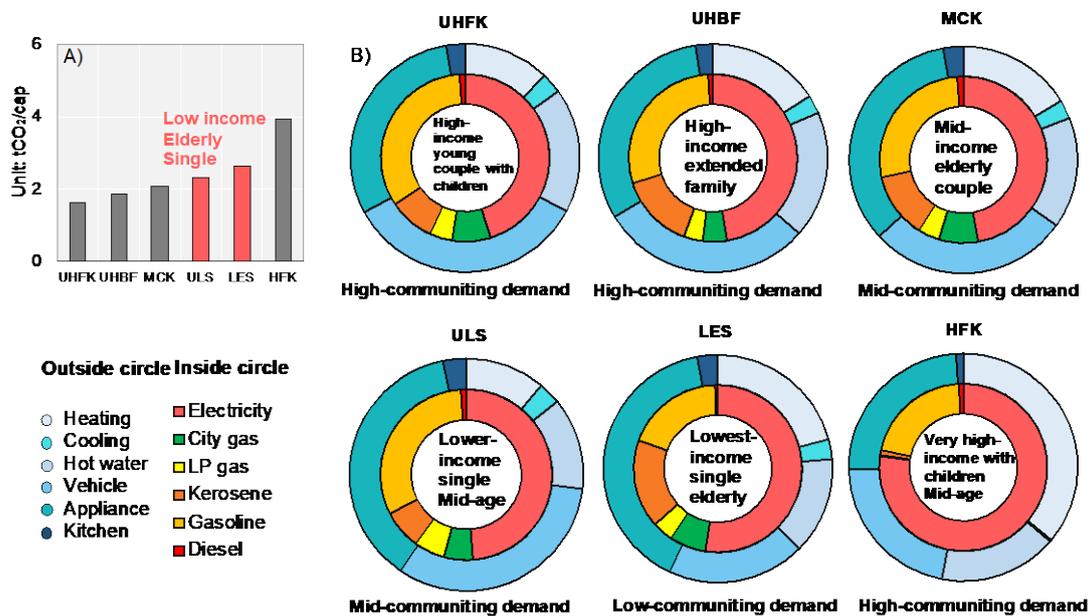
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158 The clustering analysis performed using the least absolute shrinkage and selection
159 operator (LASSO) model which identifies five most important variables (from a total
160 of 27 variables) affecting direct energy use and related GHG emissions, including
161 income, household size, average household age, driving demand and whether the
162 household contains children. We use these variables to create a household
163 taxonomy consisting of six groups that have the largest disparity in direct energy use
164 and related emissions. **Figure S5** in the **Supplementary Material** provides a
165 detailed description of each of the six groups in the taxonomy.

166

167 **Figure 1A** compares the emission between the six household groups. Here, we
168 found that high-income households with children (HFK) have the highest emissions
169 compared to the any other groups. In addition to the income, we found that lower-
170 income elderly single person households (LES) and lower-income single person

171 households (ULS) have even higher per capita emissions than (see pink bars in
 172 **Figure 1A**).
 173



174
 175 **Figure 1: Per capita household emissions across six household groups.** Panel
 176 (A) shows the total per capita household emissions for each of the six groups. Panel
 177 (B) shows a decomposition of the household emissions by household activity (outer
 178 circle) and fuel (inner circle)

179
 180 **Figure 1B** suggests that home appliances and vehicles account for the highest
 181 share of household emissions for all groups. For each group except for the high-
 182 income households with children (HFK), emissions from appliances and vehicles
 183 account for >60% of overall emissions. However, for the HFK group space heating is
 184 the largest source of emissions (36.4%), followed by appliances (24.5%) and
 185 vehicles (21.9%). For the lower-income elderly single person household (LES) group
 186 and the lower-income single person households (ULS), appliances account for most
 187 of the emissions, followed by space heating. When we zoom into the three groups
 188 outlined above, for household with children (e.g. UHFK and UHBF), >30% of their
 189 emissions are from vehicles indicating their propensity for a more car-oriented
 190 lifestyle.

191
 192 When looking at the fuel consumption, we found large kerosene demand for space
 193 heating from the lower-income elderly single-person households (LES), although
 194 electricity generally tends to be the main fuel for space heating for most groups,
 195 especially in mountainous regions of the country. This indicates the strong
 196 dependence of LES group on less efficient fuel for space heating. In contrast,
 197 emissions from space heating for HFK group account for a large fraction of the total
 198 emissions but their emissions are mainly from electricity-based heating and the

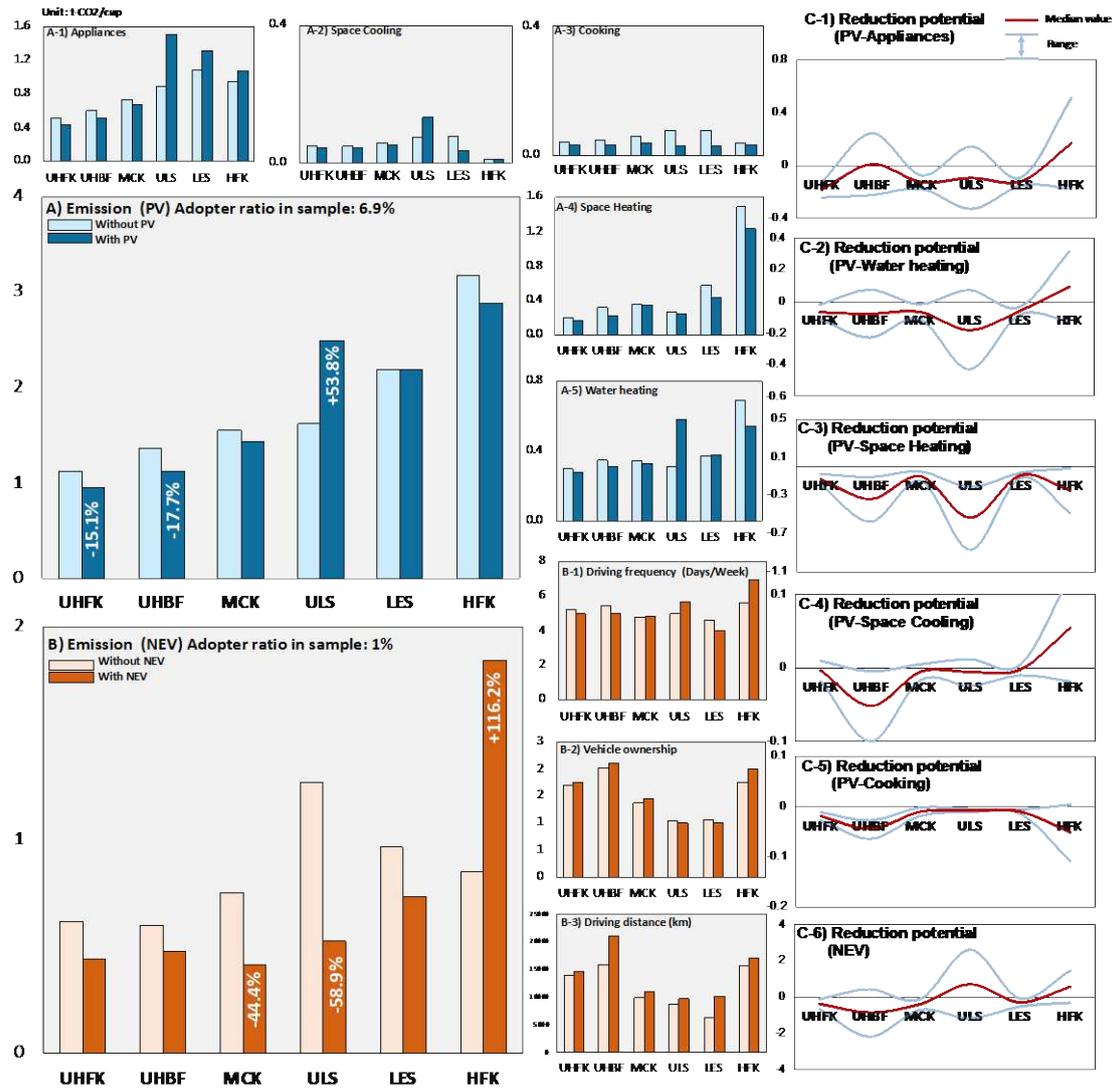
199 electricity-related emissions are as much as 2.16 times greater than the LES group.
200 This first part of results provides two important clues for next step analysis. Firstly,
201 from the total emission across six groups, the highest income with highest commute
202 demand is found with the highest level of emission. However, the second highest
203 does not turn into second rich group. Two other group featured by aged family
204 member above 60 years old (LES), lowest (LES) and second lowest (ULS) income,
205 and single household (both LES and ULS's average household member are 1) are
206 also found with higher per capita emission. Therefore, if the LES and ULS takes large
207 ratio of total population, the mitigation effort of them can not been neglected.
208 Second, although the listed three groups (HFK, LES, ULS) are found with higher
209 emission, the reason that contributed to that (see emission source mix in **Figure 1B**)
210 are different. For example, the space heating of HFK take the majority responsibility
211 of highest emission, while the LES and ULS shows their appliance contribute mostly.

212

213 **Emission mitigation potential analysis from limited samples**

214 To mitigate household emission, the next step analysis is conducted for revealing the
215 current green technology promotion and its mitigation performance. Here, we
216 estimate mitigation potential of adoption of emission mitigation measure (namely PV
217 and NEV) for each household group. PV and NEV are two major household green
218 technology applied in Japan. However, the current PV and NEV promotion still
219 located early-stage and demands for further development, which result in limited
220 samples in our survey dataset. Although it seems not statistical-significant, we still
221 think our current limited sampling could provide some interesting clues to describe
222 the current dilemma and even the possibility. For example, **Figure 2A** suggests that
223 most households have lower per capita emissions through adopting PV, except for
224 the lower-income single person households (ULS), where households with PV emit
225 up to >53.8% than those households without PV. To note, the electricity consumption
226 from PV is not included in total emission, the reason of higher emission of LES that
227 adopted PV is contributed by two reasons: firstly, the sample number of PV adoption
228 in LES is the smallest which reflect the PV promotion of this groups still insufficient
229 (6.9% of total PV adoption but LES only has 2%). Second, the household that
230 adopted PV are found with higher ratio of electric appliance highest demand of water
231 heating demand (e.g. everyday bath). Conversely, per capita emissions from
232 households adopting PV are 15.1% and 17.7% lower than households not PV for
233 groups with larger sizes such as high-income households with children (UHFK) and
234 high-income extended family households (UHBF).

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Figure 2. Direct emissions reductions in 2017-2018 for each household group considering the adoption and not adoption of PV and NEV. Panel (A) highlights differences in direct per capita emissions for each household group adopting and not-adopting residential PV. The five sub-panels (A1-A5) indicate the differences in direct per capita emissions for each group for PV adopters and non-adopters for different household activities. Panel (B) highlights the difference in direct per capita emissions from vehicle use for each household groups adopting and not adopting NEV. The three sub-panels (B1-B3) indicate differences in direct per capita emissions between NEV adopters and non-adopters based on driving frequency, driving distance, and vehicle ownership. Panel (C) estimates the effects of PV and NEV adoption on direct per capita emissions for each household group for different activities (C1-C6). The lines present the coefficients of the OLS estimations in each group, where the red lines indicate the average effect and blue lines denote the lower or upper confidence intervals at 95% confidence level. These are patterns for 2017-2018 based on data from Japanese household energy use survey (HEUS) (see Methods).

Therefore, the reasons for these patterns depend by group. In particular, the PV adopters within the lower-income single person households (ULS), the lower-income

253 elderly single person households (LES), and the high-income households with
254 children (HFK) tend to have higher emissions from appliance use than non-adopters
255 (**Figure 2A-1**). This is also visible for water heating for the ULS group (**Figure 2A-5**).
256 But generally, PV adopters for all other groups tend have lower per capita emissions
257 for other household activities compared to non-adopters. PV adoption in groups
258 characterized by higher family sizes (whether extended or nuclear families) such as
259 UHFK, UHBF or even HFK, has higher emissions reduction potential for all
260 household activities. These groups with larger families will benefit from adopting PV
261 to significantly offset their consumption of electricity or the other fuels, especially from
262 space heating and water heating. Generally, the PV adopted household's annual
263 energy consumption is 32.2GJ while without PV is 40.5GJ. However, the total PV
264 installation ratio of sample data is only 6.9%. Therefore, although the PV already
265 show its energy conservation potential, the current PV adoption is still insufficient in
266 Japan, especially for the LES and ULS group. And to the further promotion of PV in
267 Japan, the home appliance efficiency improvement of LES and ULS should also be
268 conducted simultaneously.

269
270 **Figure 2B** shows the emission reduction effect of NEV adoption for the six
271 household groups. To note, the samples only show 1% of NEV adopter, therefore the
272 results from NEV may also biased due to insufficient data. However, the current NEV
273 adopter still can show some important clues for future promotion. Firstly, the results
274 show that the adoption of NEV tend to lower the emissions for all groups, with the
275 only exception being the very high-income households with children (HFK), for which
276 emissions more than double (116.2% higher). This reflects the generally high levels
277 in terms of driving distance, driving frequency, and vehicle ownership (Figure 2B1-3).
278 Beyond the generally high transport demand within this group, many households are
279 also highly likely to own multiple cars. For the other groups, households adopting
280 NEVs tend to emit significantly less. It is also interesting to see that households
281 adopting NEVs tend to have above average driving distances but lower per capita
282 emissions than those without NEV (Fig 2B-3). This is particularly evident in single
283 and lower-income household groups such as the MCK and the ULS groups, where
284 per capita emissions from for NEV-adopting households are 44.4% and 58.9% lower
285 than those from households without NEV. In contrast, the average driving distances
286 for the MCK and ULS groups are 10,871 km/year and 9,667 km/year, which lower
287 than the average driving distance by 21.6% and 15.2% respectively. Therefore, the
288 lower-income and single households such as those in the MCK, ULS, and LES
289 groups tend to have higher emission reduction potential in terms of the NEV
290 adoption.

291
292 **Figure 2C** outlines the estimated effects of PV and NEV adoption on per capita
293 emission from various activities for each group. We observe relatively significant
294 emission reduction potentials for the high-income extended family households
295 (UHBF), lower-income single person households (ULS) and lower-income elderly
296 single person households (LES) through the adoption of either PVs or NEVs. In

297 contrast, for the very high-income households with children (HFK) the results do not
298 suggest a significant emission reduction potential except for cooking. Again, this
299 reflects what was mentioned above that for this group the adoption of these
300 technologies might be followed by greater energy use, negating any emission
301 mitigation benefits. Tables S4-5 in the Supplementary Material provide the emission
302 reduction estimates for each group and activity.

303

304 **Effects of demographic transition on emissions**

305 In the previous section we estimated the current per capita mitigation potential of
306 green technology adoption for household groups with different characteristics. Here,
307 we explore the overall future reduction potential considering the expected
308 demographic change over the period 2025-2040, This is done through regressions
309 on group-level per capita emissions for different scenarios (see “**Research**
310 **Approach**”).

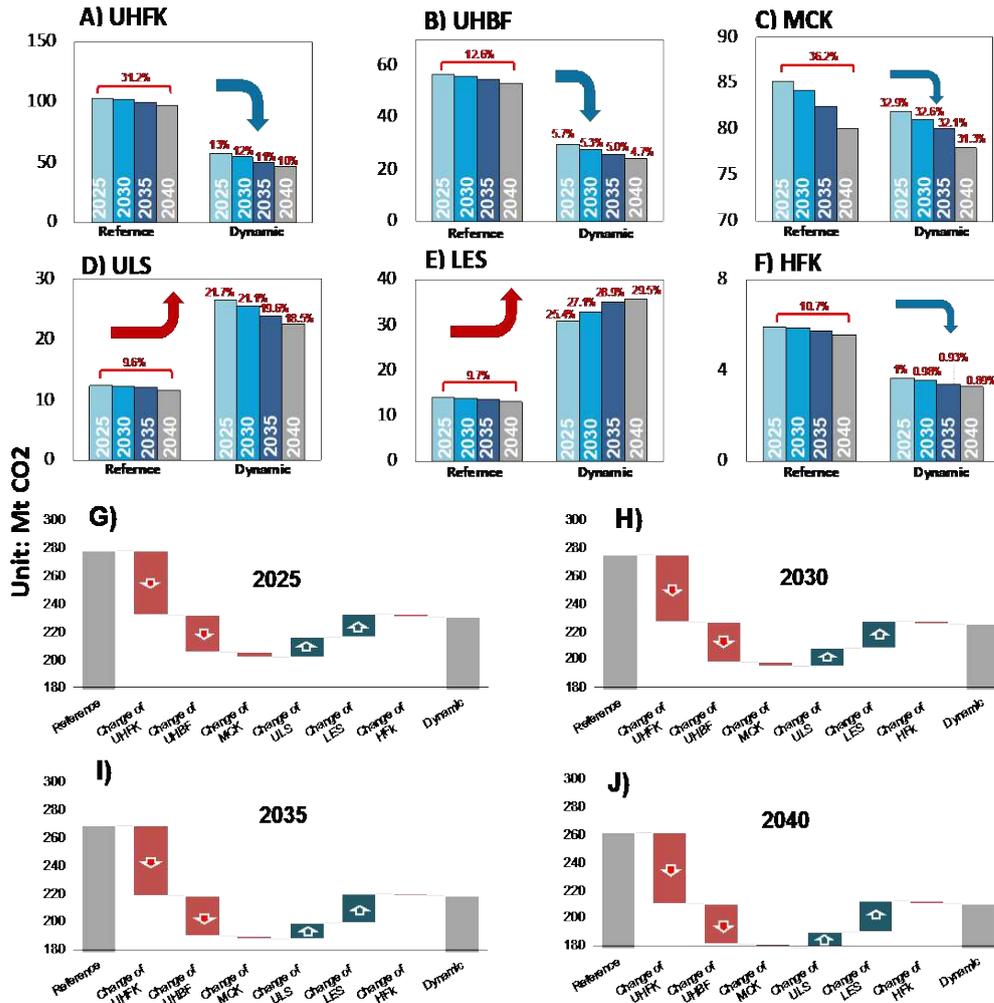
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312 **Figure 3a-f** show for each household group the projected differences in their
313 contribution to future emissions from the residential sector based on different
314 population structure. Here, we consider the future household structures under two
315 scenarios (i.e. baseline: using current demographic mix and dynamic: using dynamic
316 demographic promotion). When trying to understand the factors dictating the
317 differences between the two scenarios outlined above, **Figure 3g-j** suggest that for
318 each of the future study years the emissions from the increasing prevalence of single
319 and elderly households (i.e. ULS and LES) are countered by the reduced prevalence
320 of households with larger household sizes (i.e. UHFK and UHBF). However, although
321 during the demographic transition between 2025 and 2040 the emissions from the
322 increasing prevalence of LES grows by 34.7%, the emission reduction caused by the
323 decreased prevalence of UHFK and UHBF grow by 10.5% and 7.1%. When
324 considering these trends, the results suggest that emission mitigation efforts in the
325 residential sector will be hindered by the increasing emissions from the single and
326 ageing households.

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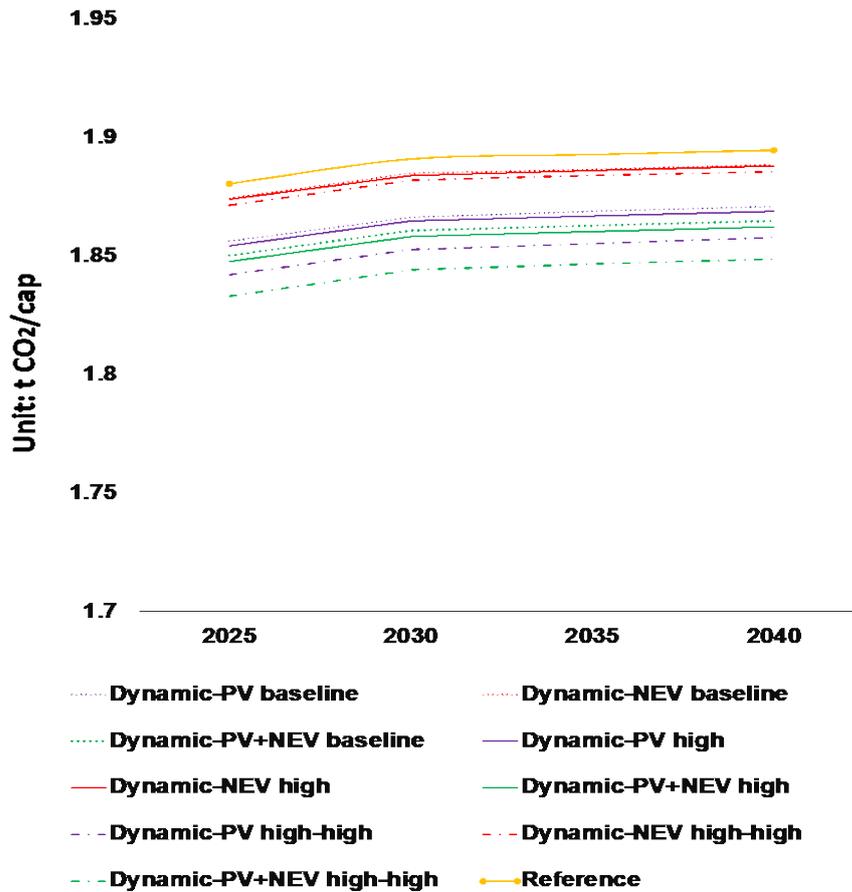
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Figure 3: Effects of demographic change on direct emissions from the residential sector. Panel (A-F) show the direct emissions for each group for the baseline reference scenario and the dynamic population structure scenario (see “Research approach” for scenario description and underlying assumptions). Percentages above bars indicate the expected fraction of each household group in the total population for the specific year (i.e. all percentages for the reference scenario add up to 100%, while all the percentages for the same year in the dynamic scenario add up to 100%). Fractions of household groups in the reference scenario are assumed to be the same as for 2017-2018, while fractions for each group and year for the dynamic scenario are allocated following the process outlined in “Future prevalence of study groups”. Panel (G-J) explain for each year which group changes explain the differences levels between the baseline reference scenario and the dynamic scenario.



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Figure 4: Effects of PV and NEV adoption rates on residential sector emissions. The yellow line depicts emissions for the entire residential sector assuming for each year both the same distribution of household groups as in 2017-2018 and PV/NEV adoption rates for each group as in 2017-2018. All other lines depict emissions from the entire residential sector using the distribution of household groups estimated for the dynamic scenario in each year (Figure 5) and different levels of PV and NEV adoption (see “Estimation of future mitigation potential”).

Figure 4 shows the per capita emissions from the residential sector considering different levels of emissions mitigation technology adoption. The underlying household group allocation here is the population scenario here is the dynamic scenario, with dots line in purple, red and green shows the projected per capita emission after demographic transition with current adoption of NEV, EV or both. The solid lines show the projected per capita emission with a higher rate of technology adoption. The dash lines show the projected per capita emission with the highest rate (the most optimistic scenario) of technology adoption.

The results indicate that, in the coming decades, while the total direct emission from the Japanese household sector would likely gradually decline (mainly due to the declining population, see Figure 3), the actual per capita emissions will increase for practically each scenario (Figure 4). This reflects the strong expected demographic transition in Japan.

367 Furthermore, PV and NEV are not always receiving an expected reduction potential
368 in some groups (See **Figure 2**) by total. For example, group ULS and LES do not see
369 much reduction potential by introducing PV, because ULS has higher demand on
370 electric appliance, cooling, and hot water because of the elderly are sensitive to
371 temperature variance but most of them keep their out-of-date home appliance for
372 more than 15 years old⁹¹, and thus more emissions are generated. Furthermore, both
373 elder and single household will select wooden living environment, featured by a
374 worse isolation living condition. Therefore, in both winter and summer those families
375 need more energy to keep the in-house temperature comfortable. Similarly, HFK also
376 shows a limited reduction expectation by adopting NEV. The reason is high income
377 core family often have multiple vehicles and featured by the highest frequency driving
378 frequency (7 days/week), by introducing the NEV will not significantly lower the per
379 capita emission from vehicles like other groups. Therefore, although PV and NEV are
380 two of most promising end-use green technology, the reduction potential varies
381 among household groups and may not receive much difference in certain groups,
382 which provides vital information of groups-target promotion of green technologies.
383 Detailed discussion about reduction potential of PV and NEV in different household
384 segments can be found in **Figure S7 Supplementary Material**.

385

386 In the **Figure 3K**, we give out one more step to answer to what extent the household
387 per capita emission will be affected by introducing PV and NEV aggregating the
388 potential emission changes brought by future demographic transition. The reference
389 line denotes a slightly upward trend of per capita emissions after demographic
390 transition by excluding any additional technology adoption. The emission intensity is
391 estimated to grow from 1.880 to 1.894 tCO₂/cap (about 1.4%) at the reference level.
392 Under the baseline scenario, adoption of PV and NEV can reduce the emission
393 intensity by 0.03 tCO₂/cap (about 1.6%) in 2025, 2030, 2035, and 2040. However,
394 due to the higher penetration rate of residential PV, it shows a slightly greater
395 emission mitigation potential than NEV by 0.018 tCO₂/cap. In addition, under
396 optimistic scenarios, with technology adoption, the emission intensity decreases by
397 0.033 tCO₂/cap (high scenario) and 0.047 tCO₂/cap (high-high scenario). According
398 to our definition of optimistic scenarios, higher penetration rates of technologies
399 prove effective to lower emission intensity, and the potentials under high and high-
400 high scenario are about 79% and 156% higher than the baseline scenario.

401

402 Overall, due to the trend of aging and depopulation, holding the penetration rate of
403 technologies constant, the emission mitigation potential declines across all scenarios
404 in 2025, 2030, 2035, and 2040, and thus will potentially lead to an upward emission
405 intensity in Japan's future. More efforts are needed to offset the excessive part and
406 then reduce the overall emission level of the whole society, by overlapped pressure
407 from both 2030 NDCs and well as zero emission target in 2050.

408

409 **DISCUSSION**

410 The nuanced understanding of energy consumption and emission patterns, as well as
411 of the propensity to adopt green technologies, are pre-requisites for designing effective
412 and fit-for-purpose measures to influence transitions to low-carbon lifestyles, and
413 eventually achieve the decarbonization of the residential sector^{67,92,93}. This is because
414 household characteristics (e.g. age, income, household composition) not only affect
415 energy use and emissions^{21,9}, but also the acceptance of different emission mitigation
416 technologies^{95,9}. At the same time, demographic transitions might alter drastically
417 some of these household characteristics (e.g. age, composition) at the national scale,
418 essentially affecting the overall emissions of the residential sector^{58,66}. With many
419 societies around the world currently experiencing rapid and deep demographic
420 transitions exemplified by population shrinking and/or ageing (see Introduction), it
421 becomes critical to understand how these transitions will affect the prevalence of
422 households with different characteristics (and essentially different energy use and
423 emission profiles, and propensity to adopt mitigation strategies).

424

425 These realisations have influenced us to adopt a multi-stage approach to (a) develop
426 a multi-dimensional household typology in relation to their energy use and emissions
427 (**Figure 1**), (b) estimate the current emissions variability and potential emissions
428 savings for each group based on the adoption and non-adoption of mitigation
429 technologies (PV/NEV) (**Figure 2**), (c) explore sensitivity of future emissions
430 estimations for the residential sector in the face of unfolding demographic transitions,
431 based on different scenarios about the prevalence of different household groups in the
432 future population (**Figure 3**), and (d) assess the effects of variable PEV and NEV
433 adoption rates between groups, on residential sector emissions in the context of future
434 demographic transitions (**Figure 4**). Below we discuss some of the major observations
435 and implications for each of these points.

436

437 For (a) we observe that while income affects both the emissions and the adoption of
438 mitigation technologies, other demographic factors such as age and household
439 composition play equally important roles. Sometimes these characteristics may exhibit
440 endogenous correlations, having a synergistic effect on household emissions. This is
441 evident by the fact that it is not always the higher-income households emitting more,
442 but that sometimes also lower-income households may have high emissions due to,
443 for example, reliance on low-efficiency appliances⁹⁴. Our integrated clustering analysis
444 found that for Japan family size, number of children, average age, income per capita,
445 and driving frequency factors affect significantly energy use and direct emissions and
446 were thus used to develop a household typology that explains between their trends in
447 the Japanese residential sector (**Figure 1**).

448

449 For (b) we find that the adoption of PV and NEV has different emission mitigation
450 potential across the different household groups (**Figure 2**). This mostly reflects the
451 energy demand variability for the different household activities for each group (**Figure**
452 **1**). Although the PV and NEV adopters have mostly lower emissions compared to non-
453 adopters, there are some exceptions. In particular, in some groups PV adopters exhibit

454 higher emissions from appliance use (**Figure 2A**). This possibly indicates the existence
455 of rebound effects in that although PVs are adopted for energy savings, the adopting
456 households might end up increasing electricity use, and thus associated emissions^{95,96}.
457 Although we also observe higher emissions from NEV adopters in some groups, it is
458 not clear-cut whether this is due to rebound effects. Although in some cases the driving
459 distance and car use might be higher for adopters (**Figure 2B-1** and **2B-3**), vehicle
460 ownership also tends to be higher (**Figure 2B-2**).

461

462 For (c), we observe the sensitivity of future emission projections for the residential
463 sector, to the prevalence of different household types in the future population (**Figure**
464 **3**). We argue that in the context of the profound demographic transitions currently
465 observed in Japan and other developed countries (see Introduction), multi-dimensional
466 household typologies, such as the one developed in this study, can increase the
467 accuracy of emissions projections. This can be appreciated when understanding the
468 cascading effects of ageing. Firstly, currently 47.1% households in in Japan can be
469 characterized as aged (>65 years old), of which 57.8% consist of less than 2 persons⁹¹.
470 After reaching the retirement age (currently 65 years old in Japan), household income
471 tends to decrease significantly, as they depend on pensions that are much lower than
472 salaries. This reduces both their ability to adopt emission mitigation technologies such
473 as PV or NEV (**Figure 2**), and increases their dependency on low-efficiency home
474 appliances. According to the survey conducted by the Ministry of Economy, Trade and
475 Industry (METI), the ageing household owned more outdated appliances than younger
476 generation and some appliances have been used for over 15 years or above. These
477 collectively increase the emissions of such households to levels almost comparable to
478 the emissions of households with higher sizes and incomes (**Figure 1**), only standing
479 below of very high-income households^{11,13}.

480

481 For (d) we see signs that the expected demographic transition towards older and
482 smaller households, will likely pose constraints in emissions mitigation from the
483 residential sector. It seems that regardless of the PV and NEV adoption scenario, the
484 per capita emissions slightly increase over time (**Figure 4**). This is indeed driven by
485 the increasing numbers of these types of households in the future population (Figure
486 3), which both tend to have relatively high emissions (**Figure 1**) and comparatively
487 lower adoption rates of emissions mitigation technologies (**Figure 2**). Considering the
488 above it becomes obvious that in order to achieve decarbonization in the residential
489 effort there should be a conscious effort to enable such groups reduce their emissions,
490 through a combination of measures that seek to enhance the efficiency of their energy
491 use⁹⁷ and reduce the emission intensity of their energy sources^{66,94}.

492

493 **METHODOLOGY**

494

495 **Research approach**

496 For this study we follow four main research steps: (a) delineate study groups through
497 developing a household taxonomy (Step 1), (b) estimate household emissions for the

498 study groups (Step 2), (c) identify adoption patterns for emission mitigation options
499 for each group, and estimate emissions for adopters and non-adopters for each
500 group (Step 3), and (d) simulate future adoption and emissions considering the
501 ongoing demographic transition. **Figure S2** in the Supplementary Material
502 summarizes the research approach.

503

504 During Step 1 we develop a taxonomy of the study households through data mining
505 and a multi-dimensional cluster method (see “**Integrated-clustering Method**”). We
506 use household-level data from the Japanese household energy use survey (HEUS)
507 conducted by the Ministry of the Environment (MOE) over the period 2017-2018,
508 after appropriate treatment (see “**Data preparation**”). This marks a major departure
509 from conventional approaches that group households across specific characteristics
510 for emission estimation, which is usually performed through expert judgment and
511 across single dimensions/characteristics. This type of conventional grouping can
512 provide misleading information, as it does not consider the multiple dimensions
513 affecting emissions (see Introduction). For example, higher-income households tend
514 to have higher emissions compared to lower-income households, although this may
515 be also driven by the fact that the former use more efficient appliances and houses
516 with higher energy needs^{98,99}. Such mismatching may introduce uncertainties in
517 emissions calculation¹⁰⁰.

518

519 For this reason, our study groups households across five dimensions: (a) income, (b)
520 household size, (c) average age of household members, (d) driving demand and (e)
521 children. These five household characteristics form the basis of the study group
522 taxonomy and are identified through the Least Absolute Shrinkage And Selection
523 Operator (LASSO) method, after the filtered characteristics expected to significantly
524 affect the variations of per capita emission across households (**Figure S3**,
525 **Supplementary Material**). The household characteristics evaluated through the
526 LASSO method are selected and filtered by matching variables from survey data with
527 variables in existing studies^{69,98}, resulting in a more nuanced household taxonomy
528 across six household groups (**Figure S4, Supplementary Material**).

529

530 During Step 2 we estimate the per capita emissions of each group, for common
531 household activities and fuel use using data from the HEUS survey outlined above
532 (see “Data preparation”). We focus on direct energy use in households (rather than
533 indirect emissions embedded in goods and services^{101,102} (see “Emissions
534 estimation”). The results of this analysis are included in the first sub-section of the
535 Results.

536

537 During Step 3 we identify for the six study groups the differentiated adoption rates
538 and related emissions for the two major home emission mitigations measurements
539 currently promoted in Japanese households: roof solar photovoltaics (PV) and new-
540 energy vehicles (NEV)⁸⁷⁻⁹⁰. NEVs include electric, plug-in hybrid electric, LPG and

541 fuel cell vehicles. For each group we estimate for the year 2017-2018 total direct
542 emissions and direct emissions by different household activities for households
543 adopting PV/NEV and households not adopting. This analysis is included in the
544 second sub-section of the Results.

545

546 Steps 4-5 explore future trajectories of emissions from the residential sector
547 considering the expected demographic transition and adoption of PV and NEV. This
548 is achieved through two scenario analyses for the years 2025, 2030, 2035 and 2040.

549

550 The first scenario analysis (Step 4), highlights why it is important to consider properly
551 household structure when estimating future emissions from the residential sector in
552 the face of demographic change. We use two main scenarios for each study year: (a)
553 a business-as-usual scenario that assumes the same household structure as
554 currently (i.e. the proportion of the six groups in the projected population remains the
555 same as in the base year 2017-2018), and (b) a dynamic scenario that varies the
556 proportion of the different groups in the projected population (see “Future prevalence
557 of study groups” below for the allocation method). Both these scenarios assume for
558 each of the six groups the same energy consumption patterns and PV/NEV adoption
559 rates as estimated for the year 2017-2018 (see Step 1-2).

560

561 The second scenario analysis (Step 5), highlight what are the emissions due to the
562 differentiated adoption rates of PV and NEV in the face of demographic change.
563 Here, to reflect the demographic change we use the dynamic scenario developed in
564 Step 4, as we believe that it offers a better approximation of the makeup of the
565 Japanese residential sector in the future study years. Then for each household group
566 we establish three PV/NEV adoption scenarios namely: (a) Baseline, (b) Optimistic
567 (High), and (c) Highly optimistic (High-high). The “Baseline” scenario assumes for
568 each household group the same PV/NEV adoption rates as for the base year 2017-
569 2018 (Step 2). The two optimistic scenarios reflect different assumptions for PV and
570 NEV adoption rates through the estimation of different acceptance rates (see
571 “Estimation of Future Mitigation Potential”).

572

573 **Data preparation**

574 Household emissions can be estimated through top-down or bottom-up approaches.
575 The latter are data-intensive and entail the statistical analysis and aggregation of
576 micro-level data of direct and indirect energy consumption by individual households.
577 The former generally require macro-level data usually derived from input-output
578 tables. Although input-output tables can be connected to micro-level consumption
579 data at the household level, they usually have a low resolution up to the level of
580 prefecture in most countries (though there have been efforts to develop such tables
581 at the city-scale with large, however, uncertainty). Furthermore, household

582 consumption data is generally reported in aggregated form, which complicates
583 analysis. Such data availability challenges usually underpin efforts to estimate
584 accurately energy use and emissions at the household level.
585

586 In this study we use household level data collected through the Japanese household
587 energy use survey (HEUS) conducted by the Ministry of the Environment Japan
588 (MOEJ) over the period 2017-2018. The HEUS covers a nationally representative
589 sample of 9,996 individual households across all 47 Japanese prefectures, capturing
590 demographic characteristics, socioeconomic status, energy use, and property
591 characteristics.

592
593 Initially, after exploring the data we removed surveys with incomplete or problematic
594 data (see **Section S1, Supplementary Methods**). This applied to 1,008 records for
595 households: (a) not having valid records about their building space (332 households),
596 (b) showing difference between the reported total emissions and the sum of
597 emissions estimated for individual household activities (i.e. space heating, space
598 cooling, water heating, appliances, cooking, vehicle use) that is >0.01 tCO₂ (676
599 households). It is important to remove anomalies from these individual emissions
600 categories to avoid possible biases from estimating the emission reduction potentials.
601

602 Furthermore, to facilitate the clustering process we select the most relevant variables
603 explaining household emissions contained the HEUS survey and transform them into
604 numeric or categorical variables (**Section S2, Supplementary Methods**). First, we
605 select all relevant quantitative variables after filtering them through comparisons to
606 existing studies⁶⁹ that identify significant household characteristics explaining
607 household emissions. This includes variables related to family size, income, energy
608 use, and transportation behavior. This amounts to 65 variables, for which we apply a
609 z-score normalization method to eliminate possible biases (see normalized variables
610 in **Table S1, Supplementary Material**).

611

612 **Integrated-clustering Method.** By integrating the supervised- and unsupervised-
613 learning modules, we develop a simplified two-stage clustering approach to develop
614 a taxonomy of households based on various household characteristics (see Step 1,
615 “Research Approach”). This method is considered to be efficient and appropriate for
616 pattern recognition in household survey data^{103,104}.

617 First, we select all the possible quantitative variables related to household energy
618 consumption from the survey and filter them based on the literature^{69,94} to identify the
619 significant household characteristics that explain household emissions. We convert
620 the input data from the HEUS survey and fit them on emission per capita data
621 through a LASSO model¹⁰⁵. The LASSO model is fitted by minimizing the following
622 cost function:

623
$$J = \frac{1}{2m} \left[\sum_{i=1}^m (y_i - \alpha - \sum_j \beta_j x_{ij})^2 + \lambda \sum_j |\beta_j| \right] \quad (\text{Eq. 1})$$

624 where m is the total number of observations, α is the intercept, y_i is the dependent
625 variable, λ is a non-negative regularization parameter, and β_j is the coefficient of
626 independent variable.

627 The value of λ controls the entry of variables trained by the model. The higher the
628 value of λ , the more variables would have their coefficients be zero. Therefore, this
629 parameter is crucial for the clustering and can be optimized by minimizing the fitting
630 error, i.e. the mean-square error (MSE). By applying a grid searching strategy with
631 values of λ ranging from 0.0001 to 0.01 (with a step equal to 0.0005) for the optimal
632 model output, we find that 0.026 is the optimal parameter value for the LASSO model
633 that results the highest performance. Then, after applying the LASSO model¹⁰⁵ (see
634 **Figure S3, Supplementary Material**), we keep only 24 variables that have an
635 importance of over 0.05. Table S2 in the Supplementary Material contains the
636 complete list of the selected variables for the subsequent analysis.

637 Second, we develop the actual household taxonomy. To achieve this we apply the K-
638 means method based on the selected variables, which is one of the prevailing
639 unsupervised learning approaches that fits well in high-dimensional datasets¹⁰⁶.
640 However, as the K-means clustering cannot automatically produce an optimal
641 number of clusters, we search for the optimal number of clusters iteratively. The
642 performance of the clustering process is assessed through the Silhouette coefficient
643 ^{107,108}. Additionally, we impose another constraint to ensure that each cluster contains
644 no less than 50 households. The number of clusters obtained through K-means
645 method is 6, which is optimized by maximizing the Silhouette score using the
646 selected variables as a 24-dim input data. This process is described in more details
647 in Figure S4 (**Supplementary Material**). The clusters are further categorized
648 according to five dimensions, namely household income, household size, average
649 age, driving frequency and whether the household has children, as these are the five
650 most important dimensions affecting emissions recognized in the LASSO model.
651 Figure S4 (Supplementary Material) provides a simplified description of the
652 household taxonomy. Table S3 (Supplementary Material) suggests that households
653 are not clustered in specific geographic regions and the distributions is almost
654 random.

655 To validate the output of the integrated-clustering method, we make comparisons
656 between the clustering and the socioeconomic groups (**Figure S6, Supplementary**
657 **Material**). In **Figure 3**, the differences in per capita emission among household
658 groups are magnified because given the top five factors affecting emissions outlined
659 above, the clustering method minimizes the intra-group differences and maximizes
660 the inter-group differences. Although we do not directly use the emission per capita
661 as a dependent variable in the analysis, the significant differences among groups are
662 still identified by the unsupervised learning method.

663 **Estimation of direct emissions**

664 To estimate the household-level emissions for each group, the survey we adopted
 665 use a bottom-up emission accounting method. Firstly, energy uses related to Scope
 666 1 and Scope 2 emissions are accounted including various fuels and electricity.
 667 Secondly, in terms of various energy types, the survey collects household energy
 668 uses and then emissions are estimated on the basis of adjusted emission factors in
 669 our previous study. Therefore, the aggregate emission of a household is the sum of
 670 all subsidiary emissions from uses of electricity and primary energy, and besides the
 671 aggregate emission is consistent with the sum of emissions from household energy
 672 demand including electric appliance, transportation, space heating, space cooling,
 673 water heating, and etc. The detailed information of carbon emission survey are
 674 conducted directly by Ministry of Environment Japan, which can be referred from for
 675 further details(<https://www.env.go.jp/earth/ondanka/ghg/kateiCO2tokei.html>).

676

677 **Estimation of Current Mitigation Potential.**

678 Initially, we estimate the current emission mitigation potential for each group due to
 679 the adoption of residential photovoltaics (PV) and new-energy vehicles (NEV)
 680 through Ordinary Least Squares models as follows:

$$681 \quad e_i = \alpha + \beta x_i + \gamma \mathbf{Z}_i + \varepsilon_i \quad (\text{Eq. 2})$$

682 where e_i represents the emissions per capita, x_i is a dummy variable indicating that a
 683 household adopts PV/NEV or not, β is the emission mitigation potential coefficient to
 684 be estimated, \mathbf{Z}_i represents a vector of control variables (i.e. the 24 variables
 685 selected in the LASSO model), α is the intercept and ε_i is the error term. The
 686 regressions are performed for each household group in order to estimate
 687 differentiated emission mitigation potentials. Table S4-S5 (Supplementary Material)
 688 contains the regression results for PV and NEV for each of the six study groups.

689

690 **Future prevalence of study groups**

691 We divide the projected population data for Japan for the years 2025, 2030, 2035
 692 and 2040 provided by the National Institute of Population and Social Security
 693 Research (IPSS, <https://www.ipss.go.jp/index-e.asp>), to match the household
 694 taxonomy developed above. This is done by fixing the age and family structures as
 695 follows: (a) we divide projected population from 14-84 years old in 15 age groups (i.e.
 696 at five years intervals), and those “>85 years old” as a separate groups, and then (b)
 697 we cross-map the family types from the projected population data (i.e. single, couple,
 698 single with kids, couple with kids and others) to the family types from the survey data
 699 (i.e. single, couple, single with kids, couple with kids, single elderly (>60 years old),
 700 couple elderly (>60 years old) and big family (exclusive to the others). The mapping
 701 process is described precisely in **Section S3, Supplementary Methods.**

702

703 To calculate the projected number/population of each household group for 2025,
 704 2030, 2035 and 2040, we measure the distribution of households by age and family
 705 type D_{ab}^k for household segment k where a, b represent the age and family type
 706 dimensions for the matrix (see details in Section S3, Supplementary Methods). By
 707 multiplying with the projection population data P_{abt} , the future number/population for
 708 a given household group is calculated through Eq. 3 as:

$$P_t^k = \sum \sum D_{ab}^k \times P_{abt} \quad (\text{Eq. 3})$$

713 **Estimation of Future Mitigation Potential.**

714 We incorporate the dynamics of technological advance and household preferences
 715 on technology adoption through logit models that estimate the conditional probability
 716 that a household adopts PV or NEV, given their pre-adoption features^{109,110}. The
 717 propensity can be expressed as:

$$p(\mathbf{X}) = \Pr(\text{adopt} = 1 | \mathbf{X}) \quad (\text{Eq. 4})$$

719 where \mathbf{X} represents the pre-adoption features of households. The logit regression
 720 model is defined as:

$$\ln\left(\frac{p(\mathbf{X})}{1-p(\mathbf{X})}\right) = \beta_0 + \beta_i \mathbf{X}_i + \epsilon_i \quad (\text{Eq. 5})$$

722
 723 Notably, PV installation costs or NEV costs are not included in the set of pre-adoption
 724 features because the HEUS survey data does not provide detailed information about
 725 the adoption time of PV and NEV technologies for households. This makes it hard to
 726 give accurate cost estimation on technology adoption.

727
 728
 729 We also define the penetration rate of PV or NEV that expresses the ratio of the
 730 willing-to-adopt households to that of unwilling-to-adopt ones. We use three
 731 scenarios by applying different probability thresholds. As the penetration rates of PVs
 732 and NEVs are currently relatively low among the households captured in the HEUS
 733 survey, the estimated propensity scores are also relatively low. For this reason, data
 734 in the HEUS survey is insufficient to estimate the household willingness to purchase
 735 PV or NEV because the costs and timing of purchases are not available in the data.

736
 737 Since it is not clear whether household willingness to purchase mitigation
 738 technologies will increase or decrease as advanced low-carbon technologies are
 739 emerging, including willingness increases the uncertainty of the modeling. Therefore,
 740 we assume that the future willingness of household groups to adopt PV/NEV is the
 741 same as currently. The probabilities of adopting PV and NEV range from 0%-91.4%
 742 and 0%-44% respectively depending on the group, with the mean probabilities being
 743 6.9% and 1.3%.

744

745 We use the penetration rates from the survey data as the baseline scenario and use
 746 the following thresholds to define optimistic (high) and very optimistic (high-high)
 747 scenarios for PV and NEV adoption. For the high adoption scenario the adoption
 748 propensity thresholds are 25% and 10% for PV and NEV respectively, and (b) for the
 749 high-high scenario, the adoption propensity thresholds are 15% and 5% for PV and
 750 NEV respectively. Here the threshold means the minimum probability that
 751 households with estimation probabilities higher than the threshold will be willing to
 752 adopt.

753
 754 Finally, the future emission reduction potential is estimated through Eq. 4:

$$755 \quad r_t^k = \widehat{\beta}^k P_t^k \left(\frac{N_{adopt=1}^k}{N^k} \right), k = 1, \dots, 6 \quad (\text{Eq. 4})$$

756 where r_t^k is the total emission mitigation potential for household group k in the year t ,
 757 $\widehat{\beta}^k$ is the estimated emission mitigation potential of PV or NEV for household group k
 758 in Eq. (2), P_t^k is the projected population for group k , $\frac{N_{adopt=1}^k}{N^k}$ is the penetration rate of
 759 PV or NEV for group k . where $N_{adopt=1}$ is the number of households for group who
 760 have acceptance probabilities over the scenario threshold, and N is the total number
 761 of households for group k . In different scenarios, $N_{adopt=1}^k$ varies according to their
 762 acceptance probabilities.

763

764 **Limitations and uncertainty**

765 We acknowledge a series of limitations in this study, which should be taken into
 766 consideration when interpreting the results. Firstly, different algorithm-based
 767 clustering methods can be tested for robustness, and populated with future survey
 768 data to validate the clustering.

769 Second, we made a series of assumptions that might have inserted uncertainties in
 770 the modeling process. For instance, the acceptance thresholds for the adoption of
 771 emission mitigation technologies are unlikely to be verified with real-world data, while
 772 from the perspective of the simulation the different thresholds only indicate different
 773 offset levels (which will not affect our findings). Using different models to estimate
 774 acceptance rates may affect the penetration rates of PV and NEV in the projection
 775 population. In this sense as the current penetration rates are relatively low, it is
 776 difficult to accurately extend our data to the year 2040, as there is possibility for
 777 major disruptions in the NEV and PV markets ^{111,112}. In contrast, the effects of aging
 778 and increase of single households is of great significance for emission patterns. Here
 779 we make assumptions about the constant willingness to purchase PV and NEV,
 780 which may increase or decrease subject to policy signals and availability/price of low-
 781 carbon technologies in the future ^{113,114}. In this case, in order to reduce model
 782 uncertainty, sensitivity analyses could be further conducted in future studies to offer
 783 more accurate prediction ranges, or conduct primary data collection to precisely
 784 describe the willingness of adoption (e.g. through choice experiments or other similar
 785 techniques).

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788

789 **AUTHOR CONTRIBUTIONS**

790 Y.L. designed the study. Y.L. and Y.W conducted the analysis. All the authors wrote
791 the first draft of the manuscript and revised the manuscript. G.A supervised this
792 research.

793

794 **DECLARATION OF INTERESTS**

795 The authors declare no competing interests.

796

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