

Loading Harmine On Nanographene Changes The Inhibitory Effects of Free Harmine Against MCF7 and Fibroblast Cells

Newsha Mortazavi

National Institute for Genetic Engineering and Biotechnology

Mahboobeh Heidari

National Institute for Genetic Engineering and Biotechnology

Zohreh Rabiei

National Institute for Genetic Engineering and Biotechnology

sattar tahmasebi (✉ tahmasebi@nigeb.ac.ir)

National Institute for Genetic Engineering and Biotechnology

Maryam Monazzah

National Institute for Biotechnology and Genetic Engineering

Original Article

Keywords: nanographene, drug delivery, graphene oxide, cancer cells, cancer therapy, harmine

Posted Date: February 10th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-171554/v1>

License:  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Version of Record: A version of this preprint was published at Medicinal Chemistry Research on March 16th, 2021. See the published version at <https://doi.org/10.1007/s00044-021-02714-9>.

Abstract

Today cancer is one of the main causes of death all over the world. Chemotherapy, which is one of the main therapies in the treatment of cancer, causes several side effects by damaging healthy cells. Therefore, carbon nanomaterial systems have been developed to optimize therapeutics procedures with the least negative consequences. Targeting nanographene oxide (NGO) with folic acid (FA) molecules allows the recognition of MCF-7 cells, which are folic acid receptor (FR) positive. Harmine is a pharmacologically active secondary metabolite that is produced by *Peganum harmala*. It is found that this metabolite induces apoptosis to human breast cancer cell lines by intercalating DNA molecules. In this study, harmine was loaded on FA-NGO (FA-NGO/harmine) via π - π stacking and hydrophobic interactions and the cytotoxicity against MCF-7, as FR positive cancerous cell, and fibroblast cells, as normal FR negative cell, were investigated. The in vitro studies illustrated that FA-NGO/harmine have remarkably higher cytotoxicity against MCF-7 cells, about 60% cell loss, in comparison with free harmine with 40% cell loss (in the concentration of 40 $\mu\text{g. mL}^{-1}$). However, the released amount of harmine into normal fibroblast cells was considerably low, only 28% cell loss in dose of 40 $\mu\text{g. mL}^{-1}$. Our results suggest that the controlled release of harmine into FR positive cancerous cells might have a substantially high cytotoxicity effect.

Introduction

Cell membranes, as cellular barriers, lessen drugs' therapeutic efficacy, so small molecules need to be passed from these membranes and delivered into cells. Various targeted cell delivery systems have been developed in the last decade to tackle this issue. These delivery systems are helpful in different therapeutic areas, such as cancer therapy[1–3].

Cancer is one of the most life-threatening diseases, and cancer therapy has received a significant attention due to these serious health threats. Physicians use chemotherapy to cure cancer; however, chemotherapy itself can cause various undesired and toxic side effects. Medicines with natural sources may decrease these toxic and noxious side effects[4, 5]. Harmine, which is derived from *Peganum harmala*, has been used in folk medicine for a long time[6][7]. According to the studies, this natural β -carboline alkaloid has DNA intercalating and topoisomerase I and II inhibiting functions[8]. It causes DNA frameshift mutation and cytotoxic effects that is occurred by a significant inhibition of telomerase activity [9][10]. Also, harmine was found to induce apoptosis in human breast cancer cell line by downregulation of TAZ gene which encodes tafazzin protein[11].

Researchers examine different cancer-targeted delivery strategies in the last decade in order to establish a promising targeted delivery system and control the specified release of drugs. Graphene oxide [GO] is a two-dimensional nanomaterial[12] constructed from single-layer sheets of sp^2 , in which each carbon is bonded to three carbon atoms with the bond angle of 120° and length of 1.42 Å [13]. Its intrinsic physical-chemical and structural properties have attracted much attention in various fields[14]. GO has been widely used in drug delivery due to its extensive hydrophobic surface area, high biocompatibility, and

various surface functionalization (15). A wide range of aromatic biomolecules can be loaded on this nanomaterial owing to its large specific surface area, and it could be efficient for gene transfection as well[5].

One way of achieving specific and targeted delivery is to modify the surface of nanomaterials with determined ligands, including small molecules such as folic acid [1]. Studies have shown that employing folic acid as a targeting agent would ensure the intercellular uptake of nanoparticles[2, 16]. Surface functionalization leads nanocarriers to identify the target tumor cells. This feature reduces the adverse effects of therapy while enhances its therapeutic potential. A high selective tendency exists between folate receptors [FR] (which are overexpressed on some specific cancerous cells) and folic acid molecules. Therefore, cancer therapy could become more efficient after targeting nanocarriers with FA[17].

Deb and Vimala in 2019 loaded anticancer drug, camptothecin [CPT] on GO- polyethylene glycol-FA and studied the enhanced cytotoxicity of CPT against the MCF-7 cell line by MTT assay [3-(4,5-Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide] [18]. Kun Ma and his colleagues in 2018 developed a nanocarrier for the first time and targeted it with FA. In this study, the doxorubicin [DOX] loaded on GO was delivered to cells by soy phosphatidylcholine [SPC] nanocarriers. They represented GO/DOX@SPC-FA as a novel targeted nanohybrids that could improve delivery and cellular uptake[1]. Zhang and colleagues investigated the controlled loading of two anticancer drugs, DOX and CPT, on GO-FA nanocarriers for the first time in 2010. They found that the ratio loading of nanoscale graphene oxide [NGO] for DOX could reach about 400%, which is much higher than other nanocarriers. They applied a targeted-delivery system with folic acid conjugated GO to observe the effective delivery of DPX/CPT into cells through receptor-mediated endocytosis [17]. Naxin et al., in 2016, constructed folic acid-bovine serum albumin decorated graphene oxide [FA-BSA/GO/DOX] as nanohybrids to enhance anticancer activity. Their work proved that FA-BSA/GO is a safe drug carrier. Also, cellular uptake analysis showed that this construct could have more efficiency than doxorubicin, individually[19].

Along with the vast applications of graphene and other carbon-based nanomaterials, some investigations have evaluated the cytotoxicity of them against different types of cell lines[20, 21]. These recent experiments have demonstrated that graphene could have toxicity effect depend on the type of cell line, the injected dosage and the time duration of treating. Gurunathan et al in 2013 [22] found that only doses up to $60 \mu\text{g. mL}^{-1}$ of GO and bacterially reduced graphene oxide [B-rGO] decrease MCF-7 cell viability. Meanwhile, Wang et al [23] demonstrated dose dependent toxicity of GO against fibroblast cells is only for doses higher than $50 \mu\text{g. mL}^{-1}$. A noticeable study [24] showed obvious evidence about the reduced toxicity effect of GO or pristine graphene, when some molecules were tied to their surfaces. Lactobionic acid-polyethylene glycol-graphene oxide [LA-PEG-GO], PEG-GO and polyethylenimine-graphene oxide [PEI-GO] could not damage human lung fibroblast cells as much as GO alone[23].

In this work, nanocarriers were synthesized, and harmine was loaded on nanocarriers as an anticancer drug. In order to enhance nanomaterials stability under physiological conditions, sulfonate groups were

attached to NGOs, and also folic acid molecules were introduced to NGOs to target particular cells with FA receptors. Here, two groups of cells were used; MCF-7 cells, human breast cancer cells with overexpressed FA receptors, and fibroblast cells, as normal cells with minor FA receptors. Breast cancer was chosen as the disease model because it is one of the most prevalent diseases among women in the world[25, 26]. Harmine, a β -carboline alkaloid that has a water-insoluble aromatic structure, were loaded on NGO via π - π stacking and hydrophobic interactions. The loading capacity and releasing ratio of harmine were measured, and its *in vitro* cytotoxic effects against MCF-7, and fibroblast cells were determined. Furthermore, the effect of folic acid and targeted drug delivery against FR positive cells (MCF-7) was observed by a fluorescent microscope.

Materials And Methods

Graphite flake was provided from Santa Cruz; sulfuric acid, potassium persulfate, hydrochloric acid, phosphorus pentoxide, potassium permanganate, Rhodamine G, sodium monochloroacetate, and folic acid were purchased from Sigma; and harmine freebase was purchased from Sigma. DMEM (Dulbecco's Modified Eagle's medium), the culture medium, pen/strep antibiotics, and fetal bovine serum (FBS) were obtained from Gibco.

FTIR spectra were measured by a Bruker optics IFS 66v/S Vacuum FT-IR spectrum. UV/Vis spectral measurement was carried out by SPECORD® 50 plus Analytik Jena. Fluorescence imaging was captured by Canon EOS 350D. Targeted cells were observed by Mshot MF31 LED fluorescence microscopy. Absorbance in the MTT assays was read by the Elisa spectrum. Cells were incubated with a water-jacketed CO₂ Thermo fisher 3010 incubators. Ultrasonication of nanocarriers was fulfilled by Jac-2010 ultrasonic.

1. Nanocarrier synthesis

GO was synthesized based on literature[17], by hummer's method with minor modification[32, 33]. The obtained GO was cracked by an ultrasonic bath at 500 W for 100 minutes to generate nanoscale graphene oxide dispersion.

1.1. NGO-COOH preparation

First, COOH groups were substituted for hydroxyl, ester, and epoxide groups in graphene oxide to increase its water solubility as well as promoting the interaction of NGOs with FA. Therefore, as first step, 10 mL of NGO dispersion with 1 mg. mL⁻¹ concentration was prepared, then 0.5 g NaOH and 0.5 g ClCH₂COONa were added to NGO dispersion, and sonicated for 2 hours in order to convert the hydroxyl groups into the carboxyl groups. The resulting product was neutralized by a diluted HCl, followed by repeated centrifugation and washing the suspension since the pellet was well dispersed in deionized water (DW). Then the resulted suspension, NGO-COOH, was dialyzed against DW for 48 hours to remove the ions in solution [34].

1.2. NGO-SO₃H preparation

For enhancing the stability of nanocarriers in physiological solutions and preventing their precipitation, sulfonate groups were introduced to the NGO. Moreover, sulfonate groups boost the stability of these carriers in the presence of fetal bovine serum, which exists in the flask cultures. For this purpose, the diazonium salt solution was prepared. Sulfanilic acid (20 mg) and sodium nitrite (8 mg) was dissolved in 2 mL of 0.25% NaOH, and then in an ice bath, this solution was added to 2.5 mL of 0.1 N HCl. The diazonium salt solution was added to NGO-COOH dispersion, stirred and kept in an ice bath for 2 hours, then dialyzed for 48 hours against DW. The NGO-SO₃H dispersion was stored at 4°C.

1.3. FA-NGO preparation

A protocol introduced in 2005, was used to conjugate folic acid molecules with the NGO-SO₃H [35]. 182.5 mg of N-hydroxysuccinimide [NHS] and 125 mg of 1-Ethyl-3-(3-dimethylaminopropyl) carbodiimide [EDC] were added to NGO-SO₃H (200 mg) and ultra-sonicated for 2 hours. Eventually, 5 mL of 2% FA was regulated to pH 8.0 by using sodium bicarbonate solution and added to the mixture; then, the result was stirred overnight in cold room. The free folic acids were separated by dialysis against sodium bicarbonate solution with pH 8.0 for 48 hours followed by dialysis against DW for 24 hours. Structural study of the result product was evaluated by Fourier-Transform Infrared spectroscopy [FTIR] and ultraviolet-visible spectroscopy [UV/Vis spectroscopy].

2. Study of controlled loading and release of harmine:

In order to load drugs on nanocarriers, different concentrations of harmine (1, 2, 3, 4, 5, 6, 12 mg. mL⁻¹ dissolved in dimethyl sulfoxide, DMSO) was added to FA-NGO aqueous suspension (50:50 V/V) and stirred for 24 hours. The product was repeatedly centrifuged at 6000 rpm, to remove undissolved drug molecules, until no pellet was observed. The loading ratio was calculated by UV/Vis spectra at 250 nm absorbance (λ_{\max} of harmine), while the FA-NGO absorbance was subtracted. According to the Beer-Lambert equation, harmine loading ration was drawn, and the concentration with the highest loading ratio was measured.

The mixture of loaded harmine on FA-NGO was added to phosphate-buffered saline (PBS) at different pH values of 5 and 7 to measure the release ratio of the drug from FA-NGO. The resulted mixture incubated in 37°C for 24 hours and 48 hours. Then the mixtures were repeatedly centrifuged at 6000 rpm to remove released drugs, and after subtracting FA-NGO absorbance, the remain drugs absorbance at 250 nm were calculated by UV/Vis spectra.

3. MTT assay

MCF-7 human breast cancer cells (FA receptor-positive) were purchased from Iranian Biological Resource Center, and fibroblast cells (FA receptor negative) were extracted from primary human foreskin in national institute of genetic engineering and biotechnology. Cells were maintained in DMEM medium supplemented with 10% FBS and 1% pen/strep. For the colorimetric MTT assay, cells were seeded in 96-

well plates with a density of 10000 cells per well for MCF-7 and 6000 cells per well for fibroblast cells. After treating by different concentrations of harmine, FA-NGO/harmine, and NGO-SO₃H/harmine, cells were incubated at 37°C containing 5% CO₂ for 24 hours. After the treatment period, cells were incubated with 0.5 mg. mL⁻¹ MTT reagent for 6 h. When the medium was removed, 100 µL of DMSO were added to each well to dissolve the formazan crystals formed by the cells.

4. Targeted uptake

MCF-7 cells were applied to investigate the cellular uptake of FA-NGO and NGO, and also the effect of folic acid receptors on targeted drug delivery. In this experiment, 10 µL Rho G (10 µmol. L⁻¹) was loaded on 2 mL FA-NGO and NGO, separately, and stirred for 2 hours; then, the excess Rho G was washed by repeated centrifuge. The MCF-7 cells were seeded in 96-well plates and treated by the FA-NGO/Rho G and NGO/Rho G. After incubating for 2 hours, and cellular uptake was observed, using a fluorescent microscope.

Statistical analysis

Statistical analysis of the data in this article was evaluated using two-way ANOVA. All the data are presented as mean result ± SD, and the differences between the experimental data groups were considered statistically significant (p-value < 0.05).

Results And Discussion

Study the changes in surface functionalities:

Figure 1a shows β-carboline structure of harmine, as well as the schematic diagram of nanocarriers' preparation (Fig. 1b). The chemical structure of these nanocarriers was characterized using FTIR spectroscopy. FTIR is a fast, accessible, and simple instrumental technique which has helped efficiently to determine the chemical structure of several biomasses.

As revealed in Fig. 2, the FTIR spectra of NGO-SO₃H and FA-NGO demonstrated the same bands at 1630–1660 cm⁻¹, 1640 cm⁻¹, 1100 cm⁻¹, 1046 cm⁻¹, 1186 cm⁻¹ and several bands at 660–800 cm⁻¹. The range of 1630–1660 cm⁻¹ correspond to aromatic cycles. The peak at 1640 cm⁻¹ is assigned to C = O stretching vibration of COOH groups, and the considerable band at 1100 cm⁻¹ is allocated to C-O stretching vibration. The sulfonate groups which exist in both structures produce a number of significant absorption spectra. The range of 660–800 cm⁻¹ is assigned to S-O bending vibration, while 1046 cm⁻¹ and 1186 cm⁻¹ peaks correspond to symmetrical stretching and asymmetrical stretching of S = O, respectively[27].

In FA-NGO, the reaction between NH₂ groups in FA and COOH in NGO-SO₃H formed an amide bond, which creates new peaks in the FTIR spectrum. Absorption peaks at 1293 and 1700 represent C-N stretching band and C = O stretching in amide ν vibration, respectively. Also, a broad peak in 3100–3500 cm⁻¹ refers

to amide stretch (NH) vibration. A distinct further absorption peak in 1593 cm^{-1} is observed, which indicates C = N in folic acid structure[27].

In order to confirm the FA-NGO and FA-NGO/harmine formation, UV-vis spectroscopy was carried out. The signature absorption peak of the NGO is at 235 nm, which shifted to 280 nm through the formation of an amide bond in FA-NGO (Fig. 3). After loading harmine on the nanocarrier sheets, in Fig. 4, the loading of the drug is recognizable.

Loading and releasing harmine, as an anticancer alkaloid

According to the wide two-dimensional surface of the NGO, and its large capacity of loading, we utilized targeted NGO to carry harmine into the cells. Harmine, which was investigated in our previous studies in terms of cytotoxicity features [7], was chosen as an anticancer drug, and its loading and releasing ratio on the graphene surface was evaluated.

Loading drug

After mixing harmine with FA-NGO aqueous suspension and removing the unbound excess harmine by repeated centrifugation, the resulted product was measured by UV-Vis spectroscopy. Figure 4 compares the absorbance plot of FA-NGO/harmine with harmine. It shows that harmine has been loaded on the nanographene surface. The characteristic absorbance peaks of harmine in 250, 300, and 370 nm can be observed in the mixed product at 255, 285, and 365 nm, respectively. The loading of harmine on the nanosheets resulted in this slight fluctuate. The main interaction between harmine and FA-NGO is π - π stacking and hydrophobic interactions, and the aromatic groups in both of these structures are the main cause of this linkage.

Different concentrations of harmine, which were dissolved in DMSO, were mixed with FA-NGO to measure the loading ratio of harmine on the graphene sheets. After removing the unbound drugs, the best-loaded concentration of harmine on NGOs was chosen for the next steps. The amount of harmine loaded on FA-NGO was assessed by measuring harmine absorbance at 250 nm, after deducting FA-NGO absorbance.

As shown in Fig. 5, the loading ratio of $4000\text{ }\mu\text{g}\cdot\text{ml}^{-1}$ harmine on FA-NGO is 180%. It is a remarkable percentage for loading drugs on nanographene sheets. This efficient loading has occurred due to the high number of π - π stacking interactions between harmine and nanographene. The surface of the sheets saturates gradually when harmine concentration increases. Therefore, after sheet saturation, the interactions among harmine molecules reduces the loading ratio, and the loaded molecules release from the sheets' surface.

Releasing ratio

The release of drug at pH 5 and 7 were investigated during 24 and 48 hours. A direct correlation between drug-releasing and acidic pH was observed. In acidic pH, the hydrophilicity of harmine (mainly because of nitrogen atoms in the harmine structure) increases. Its hydration causes the release from the

nanocarriers. It was found that after 48 hours, the cumulative release of harmine at pH 5 is 65%. However, it is only 35% at neutral conditions (Fig. 6). Most of the malignant tumors' environments are acidic with pH 6.5–6.9, while normal cells pH changes between 7.2 to 7.4 [28]. The acidic environment of tumor cells may lead to an increased risk in metastases occurrence [27, 29]. Therefore, due to this acidic environment of MCF-7 cells, pH-dependent releasing of drugs is beneficial.

Cellular uptake

Folate receptors mediated pathway

The entrance mechanism of FA-NGO/harmine into MCF-7 cells through folate receptors mediated pathway is shown in Fig. 7, as a scheme. After endocytosis, endosomes turn into lysosomes in an acidic environment. Then their release ratio enhances, and the free drugs could pass through the lysosome membrane and spread out into the cytosol. In order to intercalate DNA and inhibit DNA topoisomerase enzymes, free harmine can enter the cell nucleus.

Rhodamine 6G uptake

The effect of folic acid molecules on targeted uptake of MCF-7 cells was analyzed by Labeling FA-NGO and NGO with a fluorescent dye, Rhodamine 6G. Rho 6G can be loaded on FA-NGO and GO by π - π stacking, hydrogen bonding, and hydrophobic interactions. After treating the cells with FA-NGO/Rho6G and NGO/Rho6G, the targeted uptake of MCF-7 by FA receptors was observed through the fluorescence microscope. Figure 8 demonstrates that FA receptors on MCF-7 surface cells could determine the FA molecules and improve the absorption of drugs. The results also represent that in extracellular environment, when Rho 6G is tied to FA-NGO or NGO, the fluorescent quenching occurs. However, in intercellular environment, in which pH condition is different, Rho releases from nanocarrier surface and therefore, the fluorescence emission of Rho 6G occurs.

MTT assays against MCF-7 cell lines and primary fibroblast cells were also carried out to investigate the targeted delivery of harmine. MCF-7 was used as cancerous FR positive cell, and primary fibroblast cell, as the normal FR negative cell.

Targeted drug delivery against MCF-7

The viability of MCF-7 cells, which was treated by $15 \mu\text{g. mL}^{-1}$, $30 \mu\text{g. mL}^{-1}$ and $40 \mu\text{g. mL}^{-1}$ of FA-NGO/harmine, NGO-SO₃H/harmine, free harmine, and FA-NGO is shown in Fig. 9. $40 \mu\text{g. mL}^{-1}$ of FA-NGO/harmine and NGO-SO₃H could reduce cell viability to 42% and 47%, respectively, while $40 \mu\text{g. mL}^{-1}$ of harmine as a free drug could decline cell viability to 60%. These assays were done in 24 hours. The loaded harmine on nanocarriers at higher concentrations, whether targeted via FA or not, was more capable of killing cancerous cells in comparison with free harmine. The controlled release of harmine from nanographene surface in acidic environment of MCF-7 cells has effectively raised its cytotoxicity. Each nanosheet contains a large number of harmine molecules (according to loading ratio of 180%)

which are being released in the cell, cumulatively. The cytotoxicity of harmine when it is bonded to FA-NGO is higher than harmine bonded to untargeted NGO due to the delivery of harmine into cells by receptor-mediated endocytosis. The toxicity of FA-NGO without harmine was also evaluated using MTT assay for MCF-7, and no apparent toxicity was found.

Targeted drug delivery against fibroblast cells

The cytotoxic effects of FA-NGO/harmine were investigated against normal cells, and lower harmful effects of FA-NGO/Harmine were observed, in comparison with free harmine. The primary fibroblast cells could not appropriately uptake the drug via the endocytosis-mediated pathway due to having a few FA receptors. Therefore, the released harmine and its cytotoxic effect on cells were much lower, especially at the lower concentrations. As it is evident in Fig. 10, $15 \mu\text{g. mL}^{-1}$ of loaded FA-NGO/harmine had no significant effect against fibroblast cells. However, $15 \mu\text{g. mL}^{-1}$ of free harmine reduced fibroblast cell viability to 80%. 30 and $50 \mu\text{g. mL}^{-1}$ concentrations of FA-NGO/harmine decrease the fibroblast cell growth to only 94% and 72%, respectively. In contrast, the same concentrations (30 and $50 \mu\text{g. mL}^{-1}$) of free harmine demonstrated more cytotoxic effect against normal cells and lessen cell viability to 73% and 48%, respectively. Moreover, loading drugs on targeted nanosheets at 15 and $30 \mu\text{g. mL}^{-1}$ doses significantly protected normal cells compared with untargeted nanocarriers. However, as drug dosage increased (at $50 \mu\text{g. mL}^{-1}$) no remarkable difference observed between targeted and untargeted drugs. But still due to slow controlled release of harmine in neutral condition of fibroblast cell environment, the loaded harmine caused less cytotoxic effect. Furthermore, it should be mentioned that NGO and FA-NGO have no cytotoxic effect on the concentrations we used [30]. In overall, fibroblast cells by expressing less FA receptors, absorbed lower concentrations of loaded harmine, and accordingly, illustrated a higher resistance to it. Furthermore, pH environment of normal cells is almost neutral, hence the release ratio of the drug would be lower in normal cells, and the cytotoxic effect of FA-NGO/Harmine after 24 hours was much less.

Other similar investigations have been carried out recently which contained the same procedures and results. In 2020, Singh G. et al developed nanocarriers containing gelatin coated graphene oxide conjugated with FA, in order to experiment controlled and targeted delivery of chlorambucil [CLB] drug. Strong pi-pi stacking interactions between CLB and their constructed nanocomposite resulted in a continues release rate in acidic conditions of Human cervical adenocarcinoma cell line as well as demonstrating a significant toxicity against this cell line[27]. Furthermore, another researcher team in 2020 studied anticancer activity of doxorubicin loaded on double-targeted graphene oxide (transferrin /folic acid-NGO). Their high stability and non-toxicity nanocarrier construction depict desirable drug loading and drug releasing functions. They also observed a higher cytotoxicity of loaded DOX at high concentrations rather than free DOX[31].

Conclusion

Overall, the aim of this research was enhancing the cytotoxicity efficacy of cancer drugs against breast cancer cells by loading it on nanoparticle, and in particular to decrease this effect in normal cells by means of assembling a targeted nanocarrier. In this study, the loading of harmine on targeted nanographene oxide increased not only the drug stability but also it led harmine to be released cumulatively from the FA-NGO surface in acidic environments of tumoral cells. Furthermore, we used the high loading capacity of graphene oxide to load the highest percentage of harmine. Therefore, harmine could be delivered into MCF-7 cells with improved lethal efficacy. To conclude, this investigation which demonstrated applying functionalized NGO for loading cancer drugs on its surface, seems potentially helpful to target several tumoral cells and eliminate them with less side effects. This promising system can be utilized in future clinical studies.

References

1. Ma K, Fu D, Liu Y, Dai R, Yu D, Guo Z et al (2018) Cancer cell targeting, controlled drug release and intracellular fate of biomimetic membrane-encapsulated drug-loaded nano-graphene oxide nanohybrids. *J Mater Chem B* 6:5080–5090
2. Yan L, Zhang J, Lee CS, Chen X (2014) Micro- and nanotechnologies for intracellular delivery. *Small*. p. 4487–504
3. Keklikcioğlu Çakmak N, Küçükyazıcı M, Eroğlu A. Synthesis and stability analysis of folic acid-graphene oxide nanoparticles for drug delivery and targeted cancer therapies. *Int Adv Res Eng J*. 2019;81–5
4. Sultana S, Asif HM, Nazar HMI, Akhtar N, Rehman JU, Rehman RU (2014) Medicinal plants combating against cancer - A green anticancer approach. *Asian Pacific J. Cancer Prev.* p. 4385–94
5. Yang K, Feng L, Liu Z (2016) Stimuli responsive drug delivery systems based on nano-graphene for cancer therapy. *Adv. Drug Deliv. Rev.* p. 228–41
6. Mamedov NA, Pasdaran A, Mamadalieva NZM (2017) Pharmacological studies of Syrian rue (*Peganum harmala* L., Zygophyllaceae). *Int J Second Metab* 5:1–6
7. Tehrani SSH, Shabani SHS, Enferadi ST, Rabiei Z. Growth inhibitory impact of *Peganum harmala* L. on two breast cancer cell lines. *Iran J Biotechnol.* 2014;12
8. Li C, Wang Y, Wang C, Yi X, Li M, He X (2017) Anticancer activities of harmine by inducing a pro-death autophagy and apoptosis in human gastric cancer cells. *Phytomedicine* 28:10–18
9. Zhao L, Wink M. The β -carboline alkaloid harmine inhibits telomerase activity of MCF-7 cells by down-regulating hTERT mRNA expression accompanied by an accelerated senescent phenotype. *PeerJ*. 2013;2013
10. Kumar S, Singh A, Kumar K, Kumar V (2017) Recent insights into synthetic β -carbolines with anti-cancer activities. *Eur. J. Med. Chem.* p. 48–73
11. Ding Y, He J, Huang J, Yu T, Shi X, Zhang T et al (2019) Harmine induces anticancer activity in breast cancer cells via targeting TAZ. *Int J Oncol* 54:1995–2004

12. Castro Neto AH, Guinea F, Peres NMR, Novoselov KS, Geim AK (2009) The electronic properties of graphene. *Rev Mod Phys* 81:109–162
13. Hosnedlova B, Kepinska M, Fernandez C, Peng Q, Ruttkay-Nedecky B, Milnerowicz H et al (2019) Carbon Nanomaterials for Targeted Cancer Therapy Drugs: A Critical Review. *Chem. Rec.* p. 502–22
14. De Sousa M, Visani De Luna LA, Fonseca LC, Giorgio S, Alves OL (2018) Folic-Acid-Functionalized Graphene Oxide Nanocarrier: Synthetic Approaches, Characterization, Drug Delivery Study, and Antitumor Screening. *ACS Appl Nano Mater* 1:922–932
15. Wang X, Sun G, Routh P, Kim DH, Huang W, Chen P (2014) Heteroatom-doped graphene materials: Syntheses, properties and applications. *Chem. Soc. Rev.* p. 7067–98
16. Huang P, Xu C, Lin J, Wang C, Wang X, Zhang C et al (2012) Folic Acid-conjugated Graphene Oxide loaded with Photosensitizers for Targeting Photodynamic Therapy. *Theranostics* 1:240–250
17. Zhang L, Xia J, Zhao Q, Liu L, Zhang Z (2010) Functional graphene oxide as a nanocarrier for controlled loading and targeted delivery of mixed anticancer drugs. *Small* 6:537–544
18. Deb A, Vimala R (2018) Camptothecin loaded graphene oxide nanoparticle functionalized with polyethylene glycol and folic acid for anticancer drug delivery. *J Drug Deliv Sci Technol* 43:333–342
19. Ma N, Liu J, He W, Li Z, Luan Y, Song Y et al (2017) Folic acid-grafted bovine serum albumin decorated graphene oxide: An efficient drug carrier for targeted cancer therapy. *J Colloid Interface Sci* 490:598–607
20. Mullick Chowdhury S, Lalwani G, Zhang K, Yang JY, Neville K, Sitharaman B (2013) Cell specific cytotoxicity and uptake of graphene nanoribbons. *Biomaterials* 34:283–293
21. Ou L, Song B, Liang H, Liu J, Feng X, Deng B et al. Toxicity of graphene-family nanoparticles: A general review of the origins and mechanisms. Part. *Fibre Toxicol.* 2016
22. Gurunathan S, Han JW, Eppakayala V, Kim JH (2013) Green synthesis of graphene and its cytotoxic effects in human breast cancer cells. *Int J Nanomedicine* 8:1015–1027
23. Wang A, Pu K, Dong B, Liu Y, Zhang L, Zhang Z et al (2013) Role of surface charge and oxidative stress in cytotoxicity and genotoxicity of graphene oxide towards human lung fibroblast cells. *J Appl Toxicol* 33:1156–1164
24. Sasidharan A, Panchakarla LS, Chandran P, Menon D, Nair S, Rao CNR et al (2011) Differential nano-bio interactions and toxicity effects of pristine versus functionalized graphene. *Nanoscale* 3:2461–2464
25. International agency for research on cancer [Internet]. *Asian Pacific J. Cancer Prev* (2003) Available from: http://globocan.iarc.fr/Pages/fact_sheets_cancer.aspx
26. Abrahams HJG, Gielissen MFM, Schmits IC, Verhagen CAHHVM, Rovers MM, Knoop H (2016) Risk factors, prevalence, and course of severe fatigue after breast cancer treatment: A meta-analysis involving 12 327 breast cancer survivors. *Ann. Oncol.* p. 965–74
27. Singh G, Nenavathu BP, Imtiyaz K, Moshahid A, Rizvi M. Fabrication of chlorambucil loaded graphene- oxide nanocarrier and its application for improved antitumor activity. *Biomed*

28. Wike-Hooley JL, Haveman J, Reinhold HS (1984) The relevance of tumour pH to the treatment of malignant disease [Internet]. *Radiother. Oncol.* p. 343–66. Available from: doi: 10.1016/s0167-8140(84)80077-8
29. Robey IF, Nesbit LA. Investigating mechanisms of alkalinization for reducing primary breast tumor invasion. *Biomed Res Int.* 2013;2013
30. Ruiz ON, Fernando KAS, Wang B, Brown NA, Luo PG, McNamara ND et al (2011) Graphene oxide: a nonspecific enhancer of cellular growth. *ACS Nano* 5:8100–8107
31. Lu T, Nong Z, Wei L, Wei M, Li G, Wu N et al. Preparation and anti-cancer activity of transferrin/folic acid double-targeted graphene oxide drug delivery system. *J Biomater Appl.* 2020
32. Hummers WS, Offeman RE (1958) Preparation of Graphitic Oxide. *J Am Chem Soc ACS Publications* 80:1339
33. Kovtyukhova NI (1999) Layer-by-layer assembly of ultrathin composite films from micron-sized graphite oxide sheets and polycations. *Chem Mater ACS Publications* 11:771–778
34. Sun X, Liu Z, Welsher K, Robinson JT, Goodwin A, Zaric S et al (2008) Nano-graphene oxide for cellular imaging and drug delivery. *Nano Res Springer* 1:203–212
35. Bharali DJ, Lucey DW, Jayakumar H, Pudavar HE, Prasad PN (2005) Folate-receptor-mediated delivery of InP quantum dots for bioimaging using confocal and two-photon microscopy. *J Am Chem Soc ACS Publications* 127:11364–11371

Figures

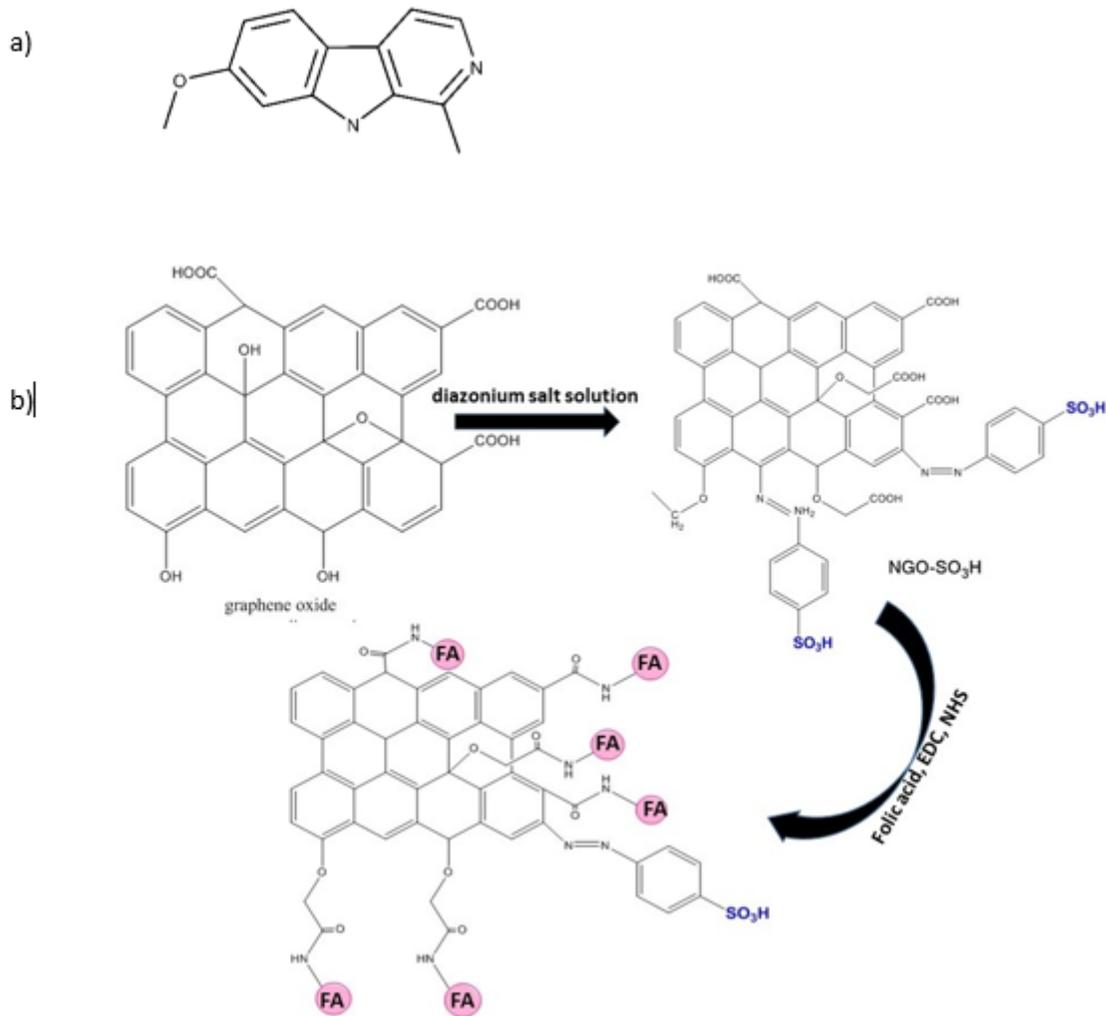


Figure 1

a) Structure of harmine b) Nanocarrier formation; NGO-SO₃H is formed by adding diazonium salt to GO. EDC (1-Ethyl-3-(3-dimethyl aminopropyl)-carbodiimide) is a crosslinking agent for coupling carboxyl groups to primary amines (e.g., folic acid). When EDC linked to the nanocarrier, an intermediate compound forms which are unstable. Then NHS is substituted for EDC, NHS (N-hydroxysulfosuccinimide) were used to increase the stability of the ester compound (EDC-NGO/COOH). Finally, NHS was replaced by folic acid (primary amine) and a stable conjugate via an amide bond formed.

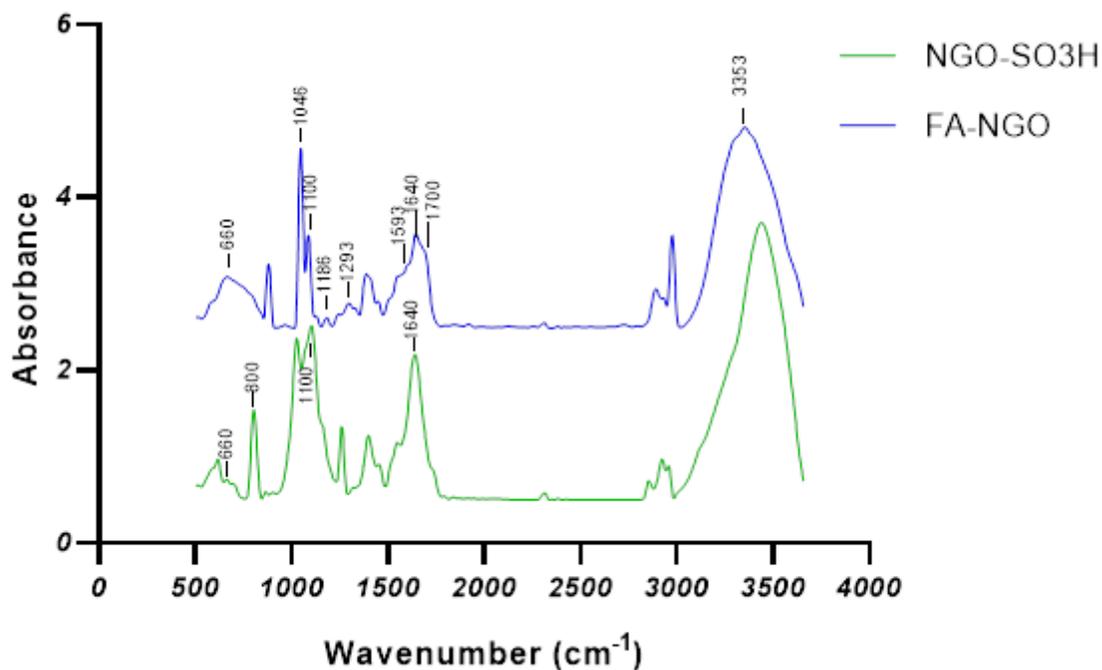


Figure 2

The FTIR spectra of NGO-SO₃H and FA-NGO; in addition to the same bands existing in their spectra, some significant bands are appeared for the new functional group. In FA-NGO, a significant wide peak in 3300-3500 cm⁻¹ corresponds to the N-H stretching of amide, after a sharp band in 1640 which is assigned to C=O stretching of carboxyl groups in GO, another band detected at 1700 cm⁻¹ corresponds to the C=O stretching in amide ν vibration (due to amide bond formation in FA-NGO), and a new peak at 1293 cm⁻¹ is assigned to the C-N stretching of amide.

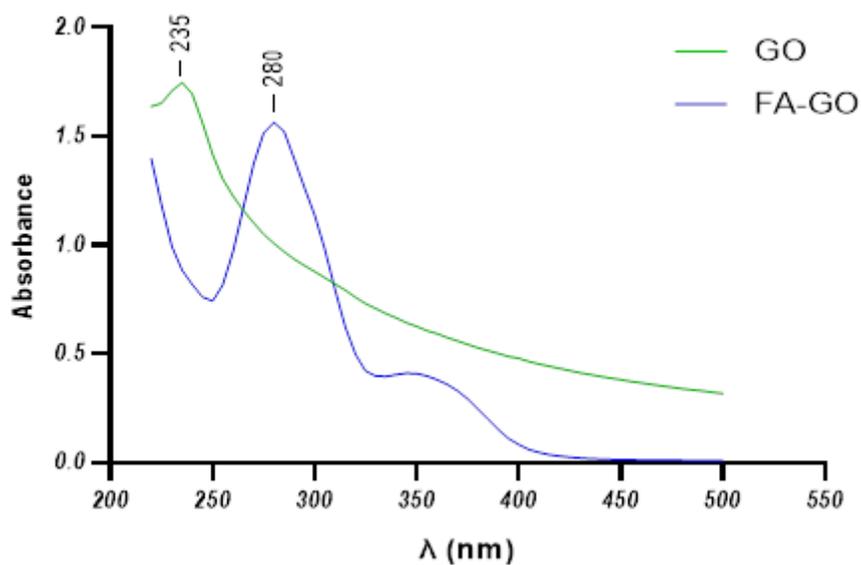


Figure 3

UV-Vis spectra of NGO and FA-NGO; the characteristic peak of NGO at 235 is shifted to 280 nm due to the coating of folic acid on nanosheets surface. In this figure, the red-shift of NGO (increase in wavenumber) due to its interaction with FA through amide bonds is observed.

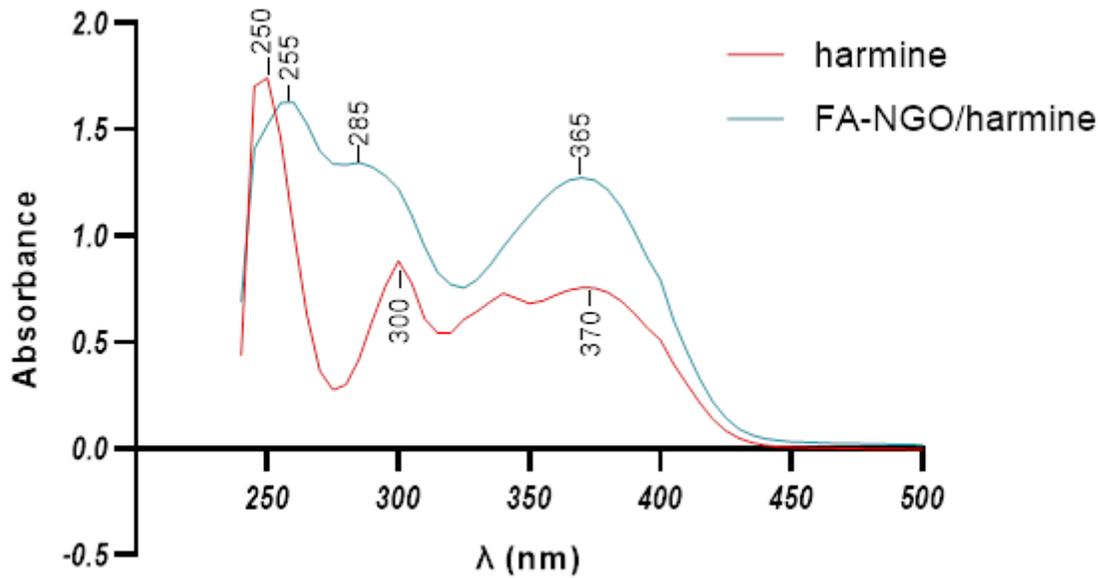


Figure 4

UV-Vis spectra of harmine and FA-NGO/Harmine; loading of harmine on the nanosheets. Harmine signature absorption peaks are observed in 250, 300, and 370 nm (harmine spectra). The interaction of harmine with nanocarrier shift these absorbance peaks to 255, 285, and 365 nm, respectively (FA-NGO/Harmine spectra).

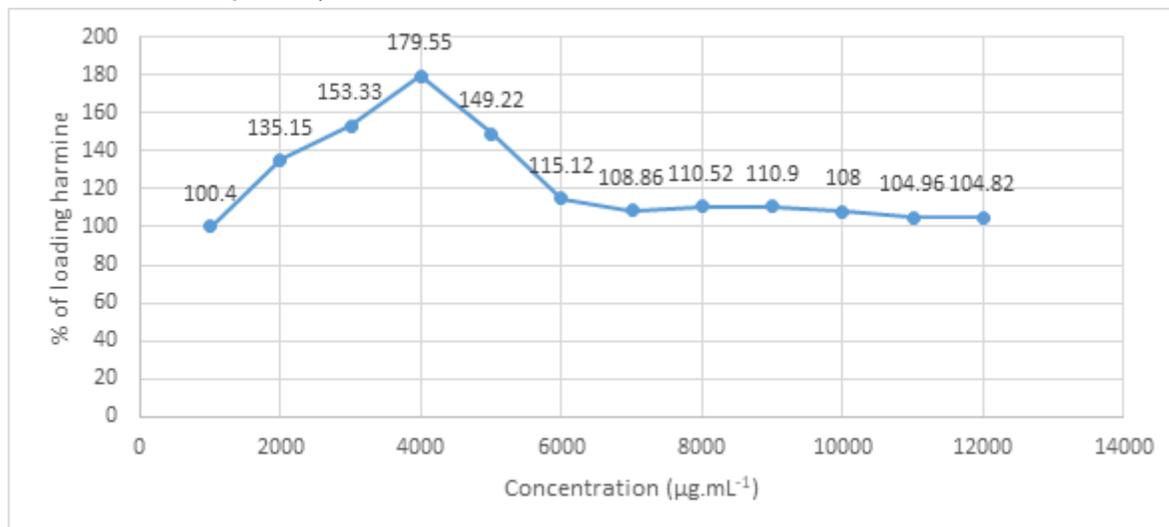


Figure 5

The plot of the loading ratio of harmine with different concentrations. The loading percentage of harmine is related to its concentration. 4 mg/mL of harmine is the most appropriate concentration to utilize owing to the significant loading ratio.

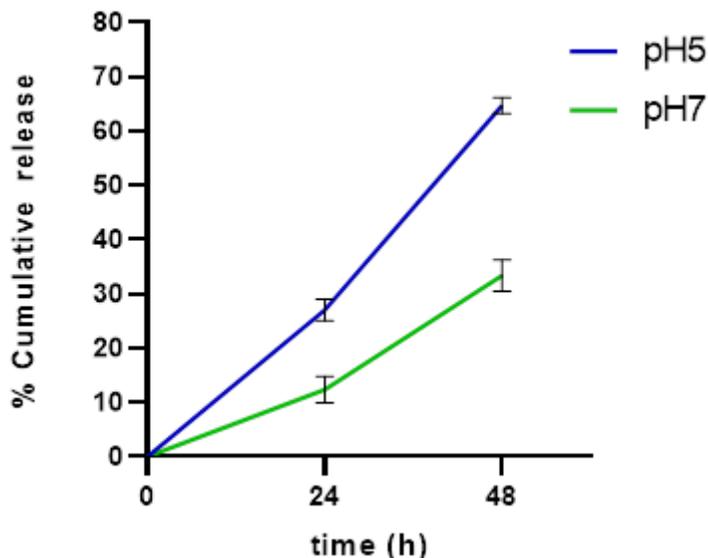


Figure 6

The plot of the in vitro cumulative release of harmine at pH 5 and 7, after 24 and 48 hours. At pH 7, only 35% of harmine was released from FA-NGO within 48 hours, while at pH 5, 65% of harmine is released from the nanocarrier, and this result illustrates the pH-responsive of releasing harmine from FA-NGO within a determined time. Data are presented as mean \pm SD (n=3).

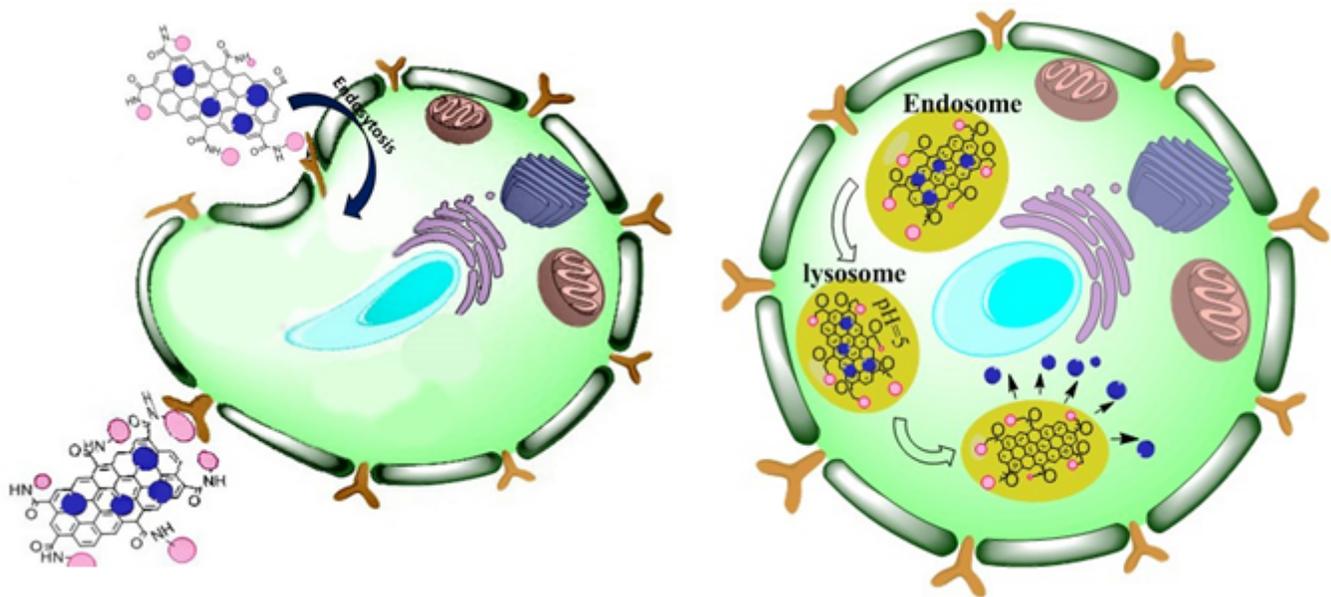


Figure 7

FA-NGO/Harmine endocytosis into MCF-7 cells via the folic acid receptor-mediated pathway. The blue spheres represent harmine molecules, and the pink ones represent folic acid molecules. The FA existing

on the surface of nanographene sheets can bind to folate receptor, and therefore the absorbance of harmine in MCF-7 cells would be promoted by folate motifs.

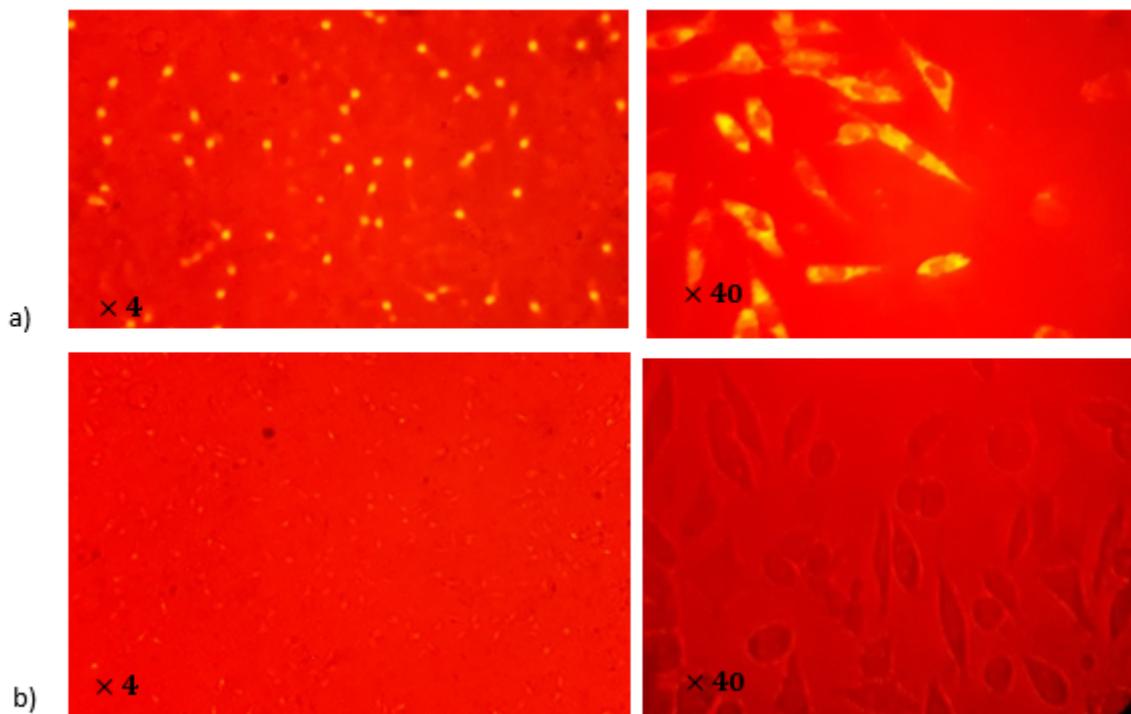


Figure 8

Fluorescent images of MCF-7 cells treated by a) FA-NGO/Rho 6G b) NGO/Rho 6G. The intercellular delivery of Rho 6G is observed under a fluorescent microscope. a) Rho 6G is released into MCF-7 cells and emits fluorescent. The remarkable role of FA as the target motif is comprehensible. b) the uptake of Rho 6G by MCF-7 cells is less efficient due to lack of FA. No fluorescent emission is observed in the $\times 40$ figure of MCF-7 cells.

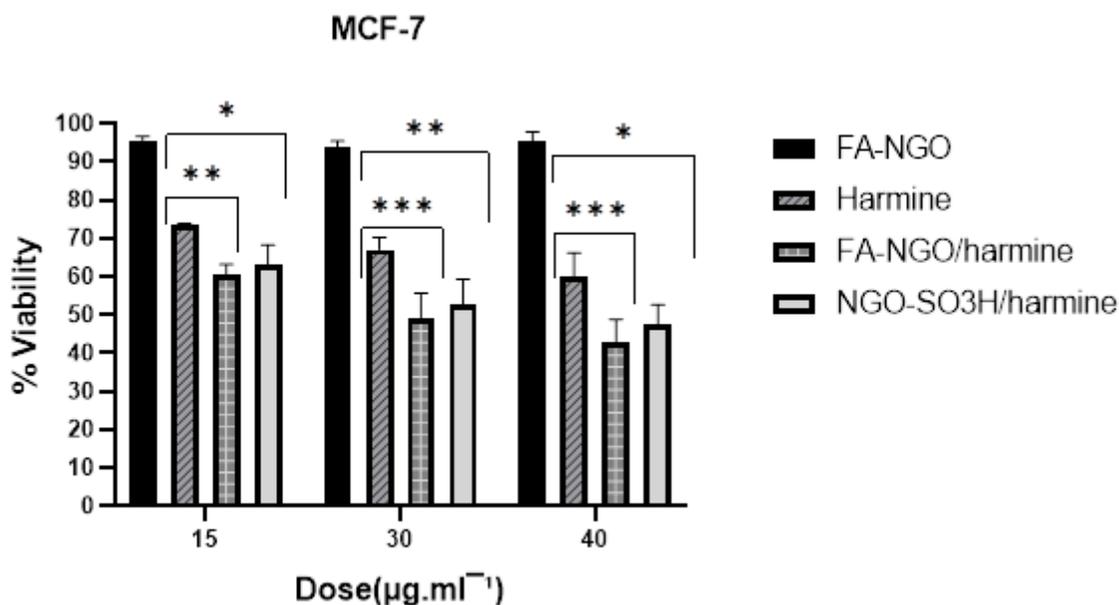


Figure 9

Relative cell viability of MCF-7 treated with FA-NGO/harmine, NGO-SO₃H/harmine, and free harmine, at different concentrations of 15, 30, and 40 $\mu\text{g}/\text{mL}$ for 24 hours. At all different concentrations, the loaded harmine on nanosheets could significantly reduce cell viability compared to free harmine. Nanosheets containing folic acid demonstrated even more significant fatal outcomes in comparison with NGO-SO₃H. Data are presented as mean \pm SD throughout three independent experiments. Cell viability evaluation for NGO constructions were also carried out and no cytotoxicity for these concentrations were observed. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ compared with cells treated via free harmine.

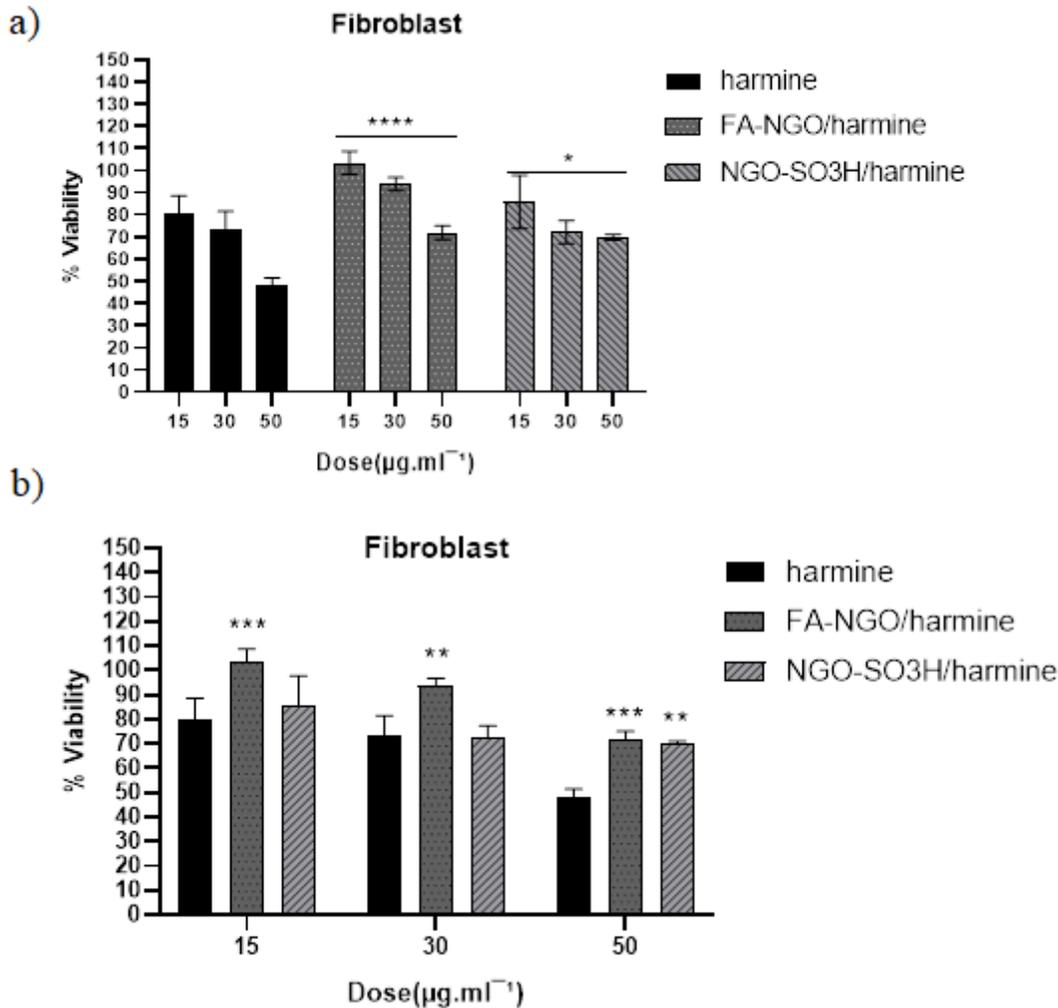


Figure 10

Cell viability of fibroblast cells treated by 15 $\mu\text{g} \cdot \text{mL}^{-1}$, 30 $\mu\text{g} \cdot \text{mL}^{-1}$ and 50 $\mu\text{g} \cdot \text{mL}^{-1}$ of harmine, FA-NGO/harmine, and NGO-SO₃H/harmine for 24 hours. Data are arranged in terms of a) types of treatment and b) different doses. Data are presented as mean \pm SD throughout three independent experiments. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $p < 0.0001$ compared with cells treated by free harmine.