

Temporal and Spatial Evolution and Obstacle Diagnosis of Resource and Environment Carrying Capacity in the Loess Plateau

Huan Huang

Chengdu University of Technology

Rui Wang

Chengdu University of Technology

Jue Wang (✉ wangjue19@cdut.edu.cn)

Chengdu University of Technology

Jixing Chai

Chengdu University of Technology

Research Article

Keywords: Loess Plateau, resources and environment, carrying capacity, entropy-weight-based TOPSIS method, obstacle indicators

Posted Date: February 9th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-172784/v1>

License:  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

1 Temporal and Spatial Evolution and Obstacle Diagnosis of 2 Resource and Environment Carrying Capacity in the 3 Loess Plateau

4 Huan Huang ¹, Rui Wang ², Jue Wang ^{1,*}, Jixing Chai ²

5 **Abstract:** In the Loess Plateau, natural resources are scarce and the ecological environment is fragile.
6 Sustainable development requires special attention paid to resource and environmental carrying capacity
7 (RECC). This paper selects 24 representative cities in five natural areas of the Loess Plateau, uses the entropy-
8 weight-based TOPSIS method to evaluate and analyze the RECC of each city and region from 2013 to 2018,
9 establishes a diagnosis model to identify the obstacle factors restricting the improvement of RECC and
10 constructs the theoretical framework of RECC' system mechanism. Results show that the RECC of Loess
11 Plateau is increasing in general but relatively small. The environmental and social subsystem have the highest
12 and lowest carrying capacity respectively. There is an obvious contradiction between economic development
13 and the environment. Population density, investment in technological innovation, per capita sown area of
14 crops, and per capita water resources are the main obstacles affecting the improvement of RECC in the Loess
15 Plateau. Such evaluation and diagnosis could support ecological civilization and sustainable development.

16 **Keywords:** Loess Plateau; resources and environment; carrying capacity; entropy-weight-based TOPSIS
17 method; obstacle indicators

18 Introduction

19 The current global sustainable development is facing challenges such as population growth (Warner and
20 Jones 2017), climate change (Lam and Law 2016, Mavi et al. 2019), over-exploitation of resources (Barrett
21 1996), and resource depletion (Wunderlich and Martinez 2018). Human needs are continually increasing, but
22 the natural resources and environment available for human use are limited. The rapid social and economic
23 development often comes at the expense of natural resources and the environment, resulting in increasingly
24 severe resource and environmental problems, and such costs will restrict the further development of human
25 society. How to deal with resource and environmental issues and realize the harmonious co-generation of
26 humans and nature is a major problem to be solved urgently. The antagonistic relationship between humans
27 and nature has led people to enter a reflective development model. From "*The Limits of Growth*" in the 1970s

* Correspondence: wangjue19@cdut.edu.cn

¹ Business School, Chengdu University of Technology, Chengdu 610059, China,

² School of Management Science, Chengdu University of Technology, Chengdu 610059, China

28 (Meadows et al. 1972) to the United Nations Conference on Environment and Development in the 1990s,
29 people gradually began to pursue sustainable development.

30 China is currently under tremendous pressure from economic growth, energy consumption, and
31 environmental crisis (Peng and Deng 2020). Greenhouse gas emissions, energy shortages, and reduced
32 environmental capacity restrict China's sustainable development (Yang et al. 2010). With rapid economic
33 development, the contradiction between the social economy and the ecological environment has become
34 increasingly prominent in most resource-based cities in China. The coordinated development between the
35 two is significant for the sustainable development of resource-based cities (Li et al. 2020). Evaluating the
36 resource and environmental carrying capacity (RECC) of a region provides solutions for realizing the
37 harmonious coexistence of humans and nature. Analyzing the relationship between regional resources,
38 environment, and human activities plays a vital role in regional sustainable development (Bao et al. 2020).

39 The Loess Plateau is located in western China and is one of the four largest plateaus in China. It is the
40 most concentrated and largest loess region in the world, with a total area of 640,000 square kilometers, which
41 scope mainly includes most or a part of the administrative region of Shanxi, Inner Mongolia, Henan, Shaanxi,
42 Gansu, Qinghai, and Ningxia of China. The Loess Plateau is the birthplace of Chinese civilization.
43 Historically, the forest coverage rate has exceeded 50%. At that time, soil erosion had a slight impact on the
44 Yellow River (Shi and Shao 2000). Nowadays, the vegetation status in the Loess Plateau has changed to a
45 great extent. Due to unreasonable human production activities and excessive development, ignoring the
46 destruction and deterioration of the environment, the grassland boundary of the Loess Plateau has moved
47 south, the forest area is gradually shrinking, soil erosion is severe, and it is now a barren land (Chen et al.
48 2007, Zhou et al. 2013). The reason is that the extraction and transport of resources driven by societal and
49 economic pressures influence biodiversity and redefine the ecological status of the ecosystem (Cornelia et al.
50 2007). Paying attention to RECC analysis, we can understand the current status and development trend of
51 regional carrying capacity, which is of great significance for promoting ecological balance, achieving
52 harmony between man and land, and promoting the coordinated development of resources and environment
53 (Liao et al. 2020).

54 The Loess Plateau is a typical ecologically fragile area in China. Exploring whether the socio-economic
55 development is in harmony with the resources and environment, and evaluating and analyzing the RECC is
56 of great significance to the construction of local ecological civilization and sustainable development. The
57 resource environment and the social economy are complex and dynamic systems. Scholars comprehensively
58 use different methods for different research objects and constantly improve and innovate the research
59 methods of RECC.

60 By combining human activities with resources and the environment in carrying capacity analysis, this
61 paper constructs a RECC evaluation system, which includes social, economic, resource, and environmental
62 factors. It discusses the resource and environment carrying level of the representative region of the Loess
63 Plateau. This paper will supplement the existing research in the following ways:

64 (1) Comprehensively evaluate regional RECC from the social, economic, resource, and environmental

65 dimensions. Combining the classification of RECC with each subsystem, and an independent and
66 comprehensive evaluation of each subsystem, it is helpful for researchers to evaluate the carrying level of
67 each index of the Loess Plateau.

68 (2) From a regional perspective, according to the characteristics of the natural areas, the Loess Plateau
69 is subdivided into five representative regions, and several representative cities are selected in each natural
70 region. These cities represent typical cities in the Loess Plateau. Studying the RECCs of these cities can not
71 only help understand the urbanization process of some cities in Northwest China but also help establish early
72 warning mechanisms in the Loess Plateau and other ecologically vulnerable areas.

73 (3) Using the obstacle factors diagnosis model to identify the RECC obstacle factors in the urban
74 agglomeration of the Loess Plateau, and explore the greatest resistance to the improvement of RECC.

75 (4) Taking the Loess Plateau as an example, this article puts forward theoretical suggestions for
76 sustainable development and the construction of ecological civilization in ecologically fragile areas. It
77 establishes the conceptual framework of the RECC influence mechanism to further explain the process of
78 regional ecological development.

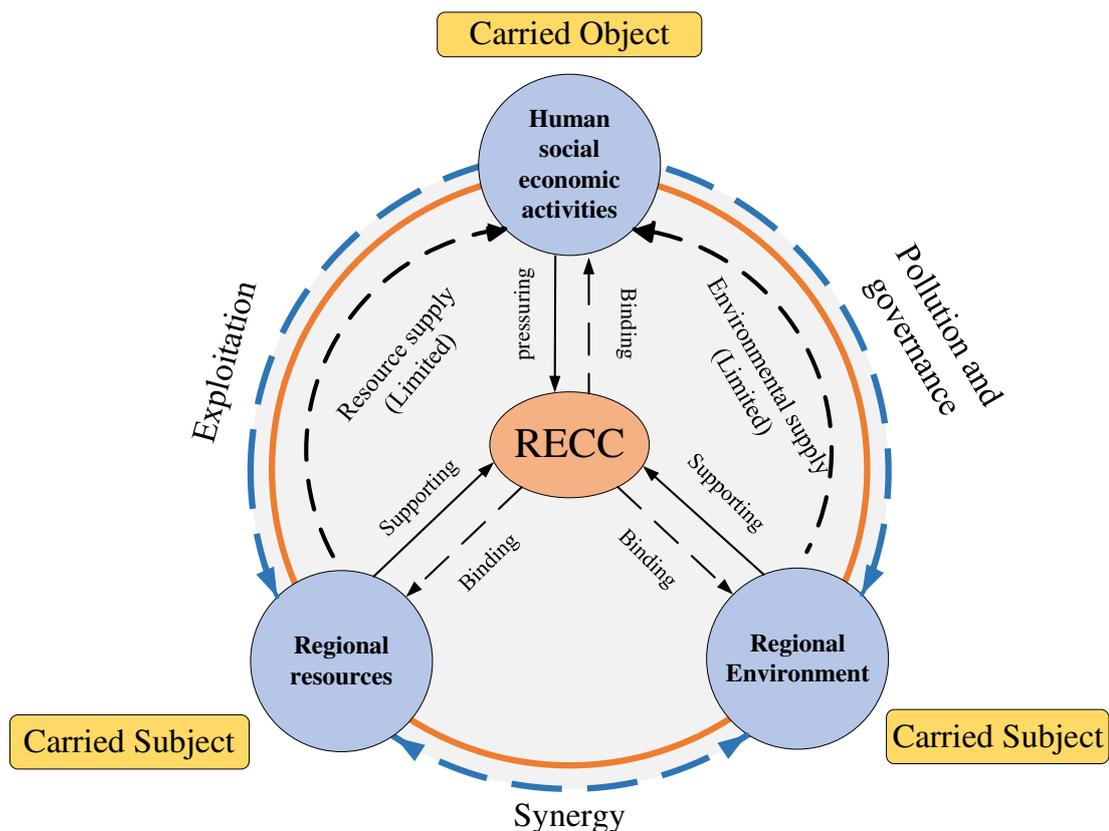
79 Following this section, Section Two illustrates the RECC interactive framework; Section Three presents
80 the research methods and data sources; Section Four presents the RECC evaluation results of representative
81 cities and regions in the Loess Plateau and discusses the obstacle factors to improving RECC; Section Five
82 discusses the deficiencies of this paper and the possibility of future research, and further proposes the impact
83 mechanism of RECC; Section Six summarizes the findings of the research and presents some policy
84 suggestions.

85 **Interactive framework of RECC**

86 The evaluation of RECC is mainly based on the theory of resources scarcity (Malthus et al. 1992), the
87 theory of growth limit (Meadows et al. 1972), the theory of harmony between man and nature (Marsh 2003),
88 and the theory of sustainable development (McManus 2014), etc. There is abundant research on RECC, which
89 covers the water resources carrying capacity (Ait-Aoudia and Berezowska-Azzag 2016), the land resources
90 carrying capacity (Thapa and Paudel 2000, Nakajima and Ortega 2016), and the atmospheric environment
91 carrying capacity (Su and Yu 2020), the urban resources and environment carrying capacity (Zhang et al.
92 2018) in different countries and regions. The results revealed that most countries consumed too many
93 resources, thereby decreasing the overall global sustainability of the natural resources that sustain human
94 society (Lei and Zhou 2012). After the scholars have continuously enriched the definition of RECC, they
95 have begun to study methods and models. At present, the evaluation methods of RECC mainly include
96 entropy method and analytic hierarchy process (Zhao et al. 2020, Jayanthi et al. 2020, Diao et al. 2019),
97 strategic environmental assessment, and environmental impact assessment (Martinez-Grana et al. 2014),
98 ecological footprint method (Volodya et al. 2018), fuzzy evaluation method (Yin et al. 2020), emergy analysis
99 (Jung et al. 2018, Paoli et al. 2017), cluster analysis (Reghunathan et al. 2016, Souza Filho et al. 2014),

100 system dynamics model (Cui et al. 2019), logistic growth model (Streimikiene and Girdzijauskas 2008),
 101 artificial neural network model (Wu et al. 2019, Wang et al. 2018), state-space model (Tang et al. 2016),
 102 dynamic modeling (Lane et al. 2014) and other models are used to evaluate the status quo and predict the
 103 future of RECC. The entropy-weight-based TOPSIS method has high credibility and accuracy and avoids the
 104 subjectivity of weight determination (Li et al. 2019).

105 After more than a hundred years of development, RECC has developed from single element research on
 106 land resources, water resources, and ecological resource carrying capacity to comprehensive multi-element
 107 research involving resources, environment, and ecology. Furthermore, RECC is considered to be the
 108 extension and development of carrying capacity, ecological carrying capacity, resource carrying capacity, and
 109 environmental carrying capacity. RECC is mainly influenced by regional resources, environment, and human
 110 activities. Regional resources and environment, as the carried subject, play a supporting role in RECC, while
 111 human social and economic activities endow RECC with bearing pressure. Generally speaking, regional
 112 resources and environment provide resources and environmental supplies for human activities, while human
 113 social and economic activities will, in turn, exploit resources and pollute the environment. The coordination
 114 among the three is the key to influence the RECC level. Fig.1 illustrates the interactive framework of the
 115 influencing factors of RECC.



116

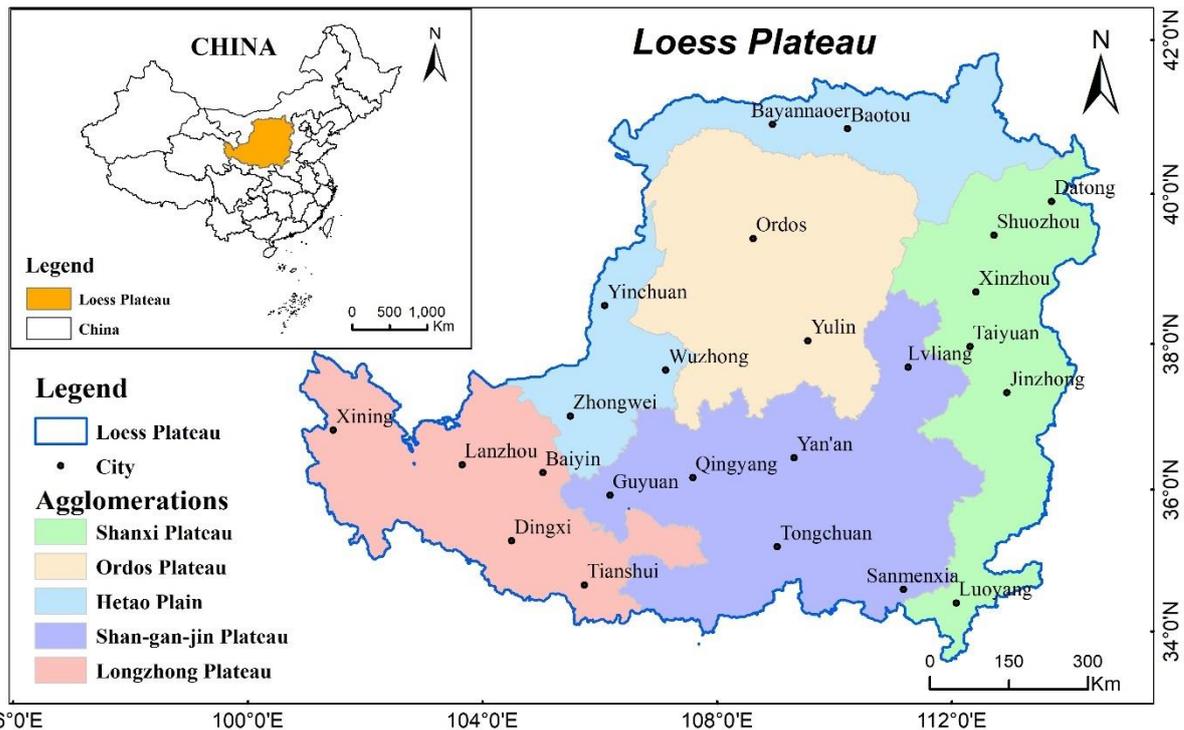
117

Fig.1 Interaction between the influencing factors of RECC

118 **Research methods and data sources**

119 Overview of the Research area

120 This paper divides the Loess Plateau into five plateau or plain areas according to the different regional
 121 characteristics: Shanxi Plateau, Shan-Gan-Jin Plateau, Longzhong Plateau, Ordos Plateau, Hetao Plain. This
 122 paper selects 24 representative cities in each region to evaluate and analyze the RECC of the Loess Plateau.
 123 Table 1 and Fig.2 show the locations of specific natural areas and cities.



124 96°0'E 100°0'E 104°0'E 108°0'E 112°0'E
 125 **Fig.2 The spatial location of the Loess Plateau region and its representative cities**

126 **Table 1 Classification of natural areas in the Loess Plateau**

Natural area	Representative cities
Shanxi Plateau	Taiyuan, Datong, Shuozhou, Luoyang, Xinzhou, Jinzhong
Shan-Gan-Jin Plateau	Yan'an, Tongchuan, Qingyang, Guyuan, Sanmenxia, Lvliang
Longzhong Plateau	Lanzhou, Tianshui, Xining, Dingxi, Baiyin
Ordos Plateau	Yulin, Ordos
Hetao Plain	Bayannaoer, Baotou, Wuzhong, Zhongwei, Yinchuan

127 **Data sources and RECC evaluation index system construction**

128 Most data in this paper derive from *China City Statistical Yearbook (2014-2019)*, *Provincial Statistical*
 129 *Yearbook (2014-2019)*, *Provincial Water Resources Bulletins (2013-2018)*, *Statistical Communiques on*
 130 *National Economic and Social Development of Cities (2013-2018)*, the remaining missing data is
 131 supplemented according to the statistical yearbooks of each city.

132 Given the regional characteristics of the Loess Plateau and the complexity of RECC, this paper
 133 comprehensively considers multiple dimensions when establishing the RECC index system, taking economy,

134 society, resources, and the environment as the system layer, and combines practical issues in the selection of
 135 the criteria layer, such as residents' quality of life, environmental pollution, energy consumption, etc. The
 136 specific evaluation index system is shown in Table 2.

137

Table 2 Indicator systems of RECC

Target layer	System layer	Criteria layer	Basic index layer (units)	Indicator type	
RECC	Economic subsystem	Economic development	Per capita GDP (yuan) (X ₁)	+	
			The tertiary industry share of GDP (%) (X ₂)	+	
			Expenditure for science and technology share of GDP (%) (X ₃)	+	
		Social progress	Per capita general budget revenue of local finance (yuan) (X ₄)	+	
			Per capita fixed asset investment (yuan) (X ₅)	+	
			Urbanization rate (%) (X ₆)	+	
			Population pressure	Natural population growth rate (‰) (X ₇)	-
		Social subsystem	Population density (person/km ²) (X ₈)	-	
			Health services	Number of beds of medical and health institutions (bed) (X ₉)	+
			Urban Construction	Per capita area of paved roads (m ²) (X ₁₀)	+
		Resource subsystem	Water resources	Per capita water resources (m ³) (X ₁₁)	+
	Water consumption in municipal districts of per unit GDP (ton/10,000 yuan) (X ₁₂)			-	
	Land resources		Sown area of crops per capita (hectares/10,000 people) (X ₁₃)	+	
			Urban construction land area per capita (km ² /10,000 people) (X ₁₄)	+	
	Energy resources		Energy consumption of per unit GDP (a ton of standard coal/10,000 yuan) (X ₁₅)	-	
	Environmental governance capability		Environmental	Ratio of industrial solid wastes comprehensively utilized (%) (X ₁₆)	+
			Ratio of wastewater centralized treated of sewage work (%) (X ₁₇)	+	
			Environmental pollution intensity	Volume of industrial wastewater discharged per capita (ton) (X ₁₈)	-
	Environmental resource supply		Volume of SO ₂ emission per capita (ton/10,000 people) (X ₁₉)	-	
			Environmental resource	Per capita area of green land (hectares/10,000 people) (X ₂₀)	+
		Green coverage ratio of built-up areas (%) (X ₂₁)	+		

138 Entropy TOPSIS model

139 Entropy originated in physics and was later used in the system's multi-objective decision-making. The
 140 weight is determined by collecting raw data. The smaller the entropy index, the greater the entropy weight,
 141 which means the index is more important, and vice versa. TOPSIS method is a common and effective method
 142 in multi-objective decision analysis. This paper adopts the entropy-weight-based TOPSIS method, which can
 143 avoid the interference of the results caused by subjective factors, and make its conclusions objective and

144 effective. This paper calculates the specific methods and steps of each city over the years as follows:

145 1) Construction of standardized evaluation matrix

146 The original evaluation matrix of the RECC index is expressed by formula (1). In the original matrix,
 147 the positive correlation index (the greater the better) (formula (2)) and the negative correlation index (the
 148 smaller the better) (formula (3)) are subjected to the range transformation method to obtain a standardized
 149 matrix (formula (4)).

$$150 \quad U = \begin{bmatrix} V_{11} & L & V_{1n} \\ M & O & M \\ V_{m1} & L & V_{mn} \end{bmatrix} \quad (1)$$

$$151 \quad r_{ij} = \frac{V_{ij} - \min(V_{ij})}{\max(V_{ij}) - \min(V_{ij})} \quad (2)$$

$$152 \quad r_{ij} = \frac{\max(V_{ij}) - V_{ij}}{\max(V_{ij}) - \min(V_{ij})} \quad (3)$$

$$153 \quad R = \begin{bmatrix} r_{11} & L & r_{1n} \\ M & O & M \\ r_{m1} & L & r_{mn} \end{bmatrix} \quad (4)$$

154 In Eqs. (2), (3), (4), R is the standardized evaluation matrix where r_{ij} is the standardized value of
 155 the j index in the i city. $i = 1, 2, K, m$, where m is the number of cities evaluated and $j = 1, 2, K, n$,
 156 n is the number of indicators evaluated. r represents the data value of different evaluation indicators in
 157 different cities after the range change.

158 2) Determination of indicator weights

$$159 \quad W_j = \frac{1 - e_j}{n - \sum_{j=1}^n e_j} \quad (5)$$

160 In Eqs. (5), W_j is the entropy weight of the evaluation index, e_j is the entropy of the evaluation

161 index, in which $e_j = -\frac{1}{\ln m} \left(\sum_{i=1}^m p_{ij} \ln p_{ij} \right)$, $p_{ij} = \frac{r_{ij}}{\sum_{i=1}^m r_{ij}}$, when $p_{ij} = 0$, $p_{ij} \ln p_{ij} = 0$.

162 3) Construction of the evaluation matrix

163 The calculated weights are assigned to each indicator with corresponding weights through formula (6)
 164 to carry out comprehensive evaluation objectively.

$$Y = \begin{bmatrix} y_{11} & L & y_{1n} \\ M & O & M \\ y_{m1} & L & y_{mn} \end{bmatrix} = \begin{bmatrix} r_{11} \times W_1 & L & r_{1n} \times W_n \\ M & O & M \\ r_{m1} \times W_1 & L & r_{mn} \times W_n \end{bmatrix} \quad (6)$$

166 4) Determination of positive and negative ideal solutions

167 Y^+ is the maximum value of the j_{th} evaluation index in the i_{th} evaluation object (formula (7)); Y^-
 168 is the minimum value of the j_{th} evaluation index in the i_{th} evaluation object (formula (8)).

$$169 \quad Y^+ = \{ \max y_{ij} \mid i = 1, 2, K, m \}, 1 \leq i \leq m \quad (7)$$

$$170 \quad Y^- = \{ \min y_{ij} \mid i = 1, 2, K, m \}, 1 \leq i \leq m \quad (8)$$

171 5) Calculation of relative closeness

172 The Euclidean metric calculation formula (Equations (9) (10)) is used to calculate the relative closeness.
 173 (Equation (11)), among which, the closer the closeness is to 1, the stronger the carrying capacity of the city.

$$174 \quad D_i^+ = \sqrt{\sum_{j=1}^n (y_j^+ - y_{ij})^2} \quad (9)$$

$$175 \quad D_i^- = \sqrt{\sum_{j=1}^n (y_j^- - y_{ij})^2} \quad (10)$$

$$176 \quad CI_i = \frac{D_i^-}{D_i^+ + D_i^-} \quad (0 \leq CI_i \leq 1, i = 1, 2, K, m) \quad (11)$$

177 Obstacle factors diagnosis model

178 Based on the analysis of the temporal and spatial changes of RECC over the years, to further explore
 179 the obstacles restricting the improvement of RECC in the Loess Plateau, the obstacle degree model is
 180 introduced to diagnose the obstacle factors (Chen and Liu 2006, Wu and Hu 2020). The obstacle degree
 181 model is expressed as in Eqs. (12)

$$182 \quad P_{jk} = \frac{(1 - r_{jk}) \times w_j \times 100\%}{\sum_{j=1}^n (1 - r_{jk}) \times w_j} \quad (12)$$

183 In formula (12), w_j is the weight of the j indicator, P_{jk} is the obstacle degree of the j_{th} index
 184 in the k_{th} year.

185 Results

186 RECC of 24 cities

187 The carrying capacity index of each subsystem and the RECC index of 24 cities were calculated using
188 the abovementioned model. In general, the RECC of most cities is on the rise (Fig.3 and Table 3). The
189 carrying capacity of various subsystems and the RECC of Ordos have all ranked first in six years, and its
190 performance is relatively excellent. Taiyuan, Baotou, and Yinchuan ranked second to fourth. Among all cities,
191 Luoyang has the highest growth rate of index value in six years. The largest increase in the ranking is
192 Sanmenxia, which rose from 20th in 2013 to 10th in 2018. Besides, there is a significant difference in RECC
193 among the 24 cities. Taking 2018 as an example, Ordos (0.6554) has the best carrying capacity, and Lvliang
194 (0.1944) has the worst carrying capacity. The problem of uneven regional development on the Loess Plateau
195 is obvious.

196 From the perspective of the economic subsystem, the carrying capacity of the economic subsystem in
197 most cities has increased to varying degrees in six years (Fig. 3-a, Table 3), among which Tongchuan has the
198 highest economic subsystem index growth rate among 24 cities in six years.

199 From the perspective of the social subsystem, the urban agglomerations showed a rapid and positive
200 development trend from 2013 to 2018 (Fig. 3-b, Table 3). In 2018, the average carrying capacity of all urban
201 social subsystems increased by 33.58% compared with 2013. After 2013, the carrying capacity of the social
202 subsystem of Ordos showed a continuous downward trend, and it rebounded slightly in 2018. The carrying
203 capacity of the social subsystem of the urban agglomeration tended to be average. As the city with the lowest
204 social subsystem carrying capacity in 2013, Guyuan has the highest growth rate of social subsystem carrying
205 capacity.

206 From the perspective of resource and environmental subsystems (Fig. 3-c, 3-d, Table 3), 70.83% of the
207 cities have a downward trend in the resource subsystem carrying capacity, with the highest growth rate of
208 Xining, the capital of Qinghai Province. According to the data in 2018, except for the Ordos, the carrying
209 capacity of the resource subsystems in Bayannaer, Yinchuan, Baotou, Xining, and Taiyuan are relatively
210 high. And there is 29.17% of the urban resource subsystem carrying capacity index is still below 0.3, which
211 is a relatively low level. Some cities in the upper reaches of the economic ranking, such as Ordos and Yulin,
212 have experienced a decline in the carrying capacity of the environmental subsystem. Meanwhile, some cities,
213 such as Bayannaer, experienced a decline in the carrying capacity of the environmental subsystem when the
214 carrying capacity of the resource subsystem increased. Statistics show that the carrying capacity of the
215 environmental subsystem in Sanmenxia has the highest growth rate in six years, while Yulin has the largest
216 decline.

217

218

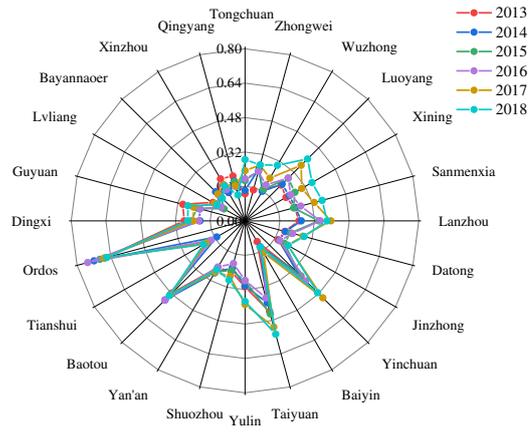


Fig. 3-a The calculation results of economic carrying capacity

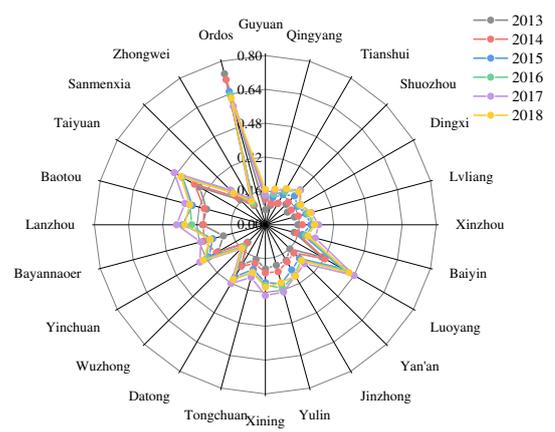


Fig. 3-b The calculation results of social carrying capacity

219

220

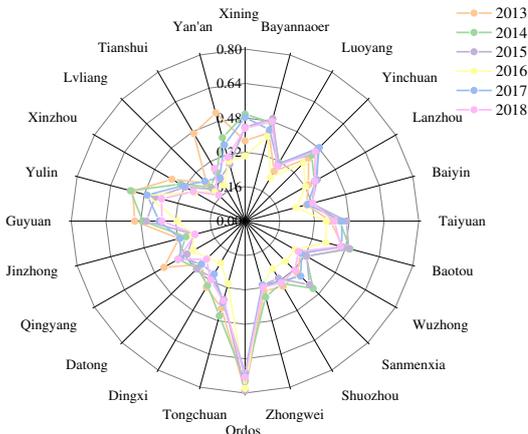


Fig. 3-c The calculation results of resource carrying capacity

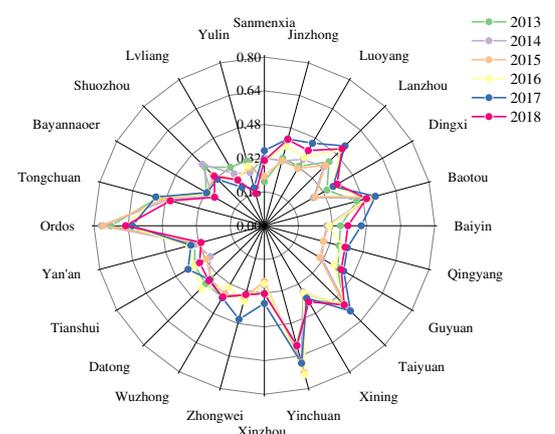


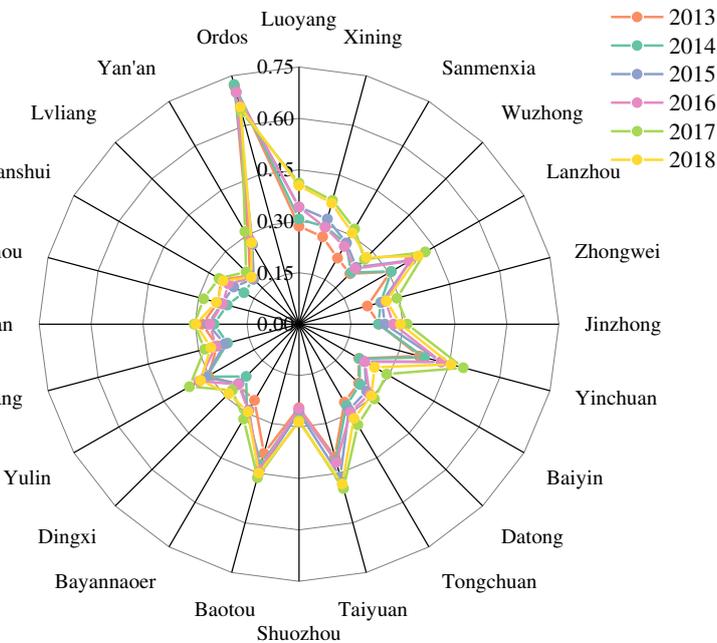
Fig. 3-d The calculation results of environmental carrying capacity

221

222

223

224



Note: The growth rate of the carrying capacity of each city decreases clockwise at 12 o'clock

Fig.3 The calculation results of RECC in 24 cities from 2013 to 2018

Table 3 The growth rate of the carrying capacity of each subsystem in 24 cities from 2013 to 2018 (%)

Economic subsystem	Social subsystem	Resource subsystem	Environmental subsystem	RECC
--------------------	------------------	--------------------	-------------------------	------

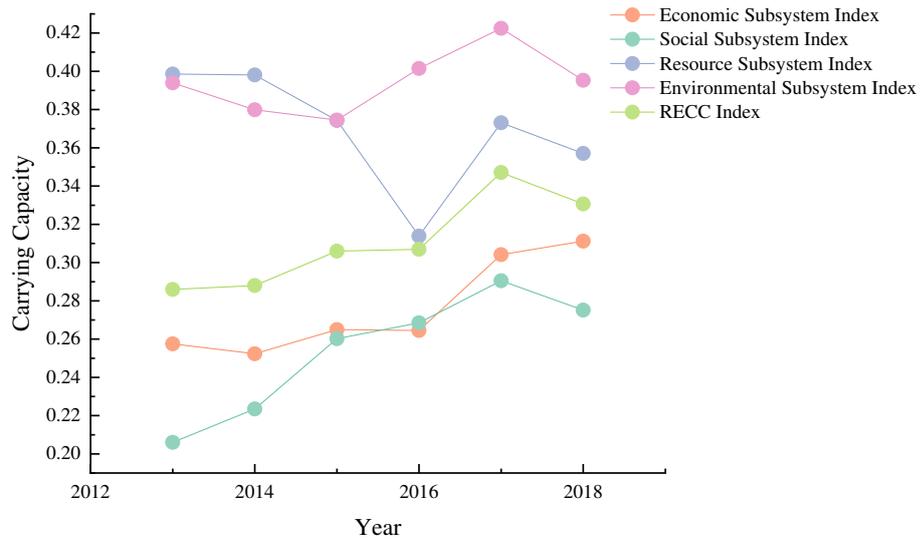
Luoyang	73.21	48.52	10.62	26.40	41.53
Xining	63.54	41.18	15.73	2.04	38.53
Sanmenxia	55.37	26.98	-5.21	47.97	38.01
Wuzhong	77.06	33.56	-3.80	-0.52	32.54
Lanzhou	52.19	28.77	10.20	20.19	30.20
Jinzhong	81.38	22.46	-5.79	-0.35	27.80
Yinchuan	30.71	43.83	-24.26	27.71	26.58
Zhongwei	29.58	32.02	10.35	1.02	26.23
Baiyin	26.57	48.83	10.12	9.73	26.18
Datong	48.44	37.12	-11.77	-5.24	21.36
Tongchuan	125.94	37.94	-8.44	-11.07	20.92
Taiyuan	24.95	28.17	4.42	2.44	20.63
Shuozhou	16.95	61.64	-5.23	-15.60	17.06
Baotou	3.69	28.52	-2.33	10.54	15.19
Dingxi	-14.10	31.26	12.61	-14.33	15.00
Bayannaoer	-5.77	58.88	-10.98	16.34	14.64
Qingyang	21.90	43.19	-25.69	-50.11	8.47
Yulin	-42.14	83.41	-17.76	8.02	7.83
Guyuan	-8.29	134.27	-24.72	4.41	6.62
Xinzhou	-16.87	52.02	-29.23	0.58	1.95
Tianshui	2.87	70.70	-40.09	-7.01	-2.30
Lvliang	-12.74	53.64	-31.56	-21.79	-3.20
Yan'an	4.22	48.00	-40.93	-9.05	-5.96
Ordos	-1.70	-16.18	-8.12	-9.84	-8.65

225 RECC analysis of five natural areas

226 From 2013 to 2018, the carrying capacity of the economic and social subsystems of the Loess Plateau
227 region fluctuated upwards, the carrying capacity of the resource subsystems fluctuated downwards, and the
228 carrying capacity of the environmental subsystems remained generally stable (Fig. 4-a). RECC has increased
229 by 15.61% in six years. Overall, the carrying capacity of the resource subsystem and the environmental
230 subsystem have exceeded the average level of RECC. From the perspective of growth rate, from 2013 to
231 2018, the carrying capacity of each subsystem is social, economic, environmental, and resource in descending
232 order.

233 From 2013 to 2018, the RECC of the Hetao Plain, Shanxi Plateau, Longzhong Plateau, and Shan-Gan-
234 Jin Plateau showed an upward trend, and their overall growth rates decreased sequentially (Fig. 4-b, Fig. 5).
235 The Ordos Plateau remained stable overall, with a decrease of 3.57% in six years. The data shows that from
236 2013 to 2018, the average RECC index of the Ordos Plateau was the highest (0.5070), and the Shan-Gan-Jin

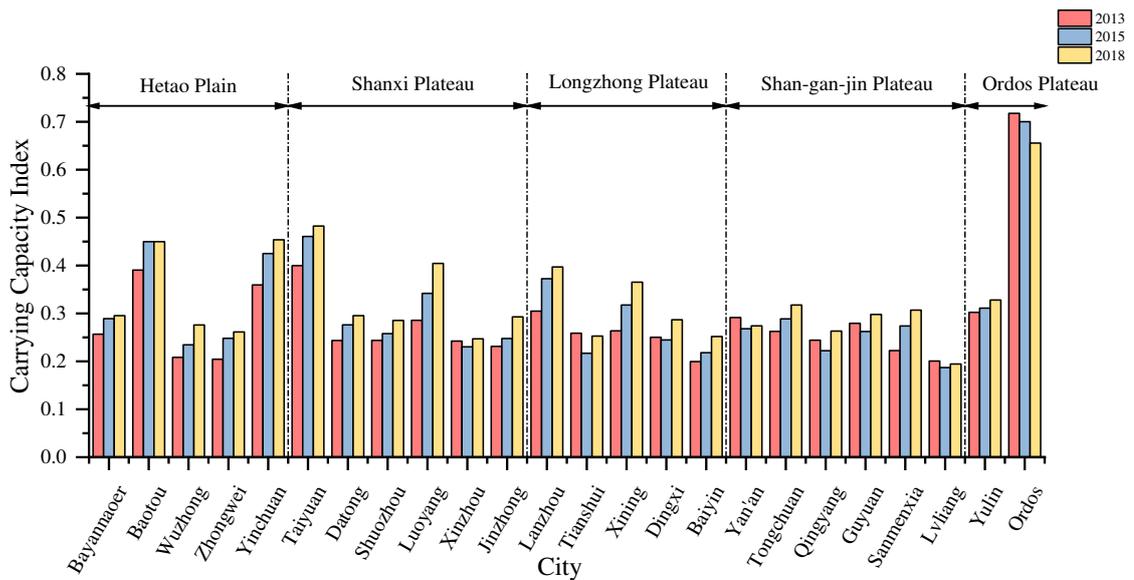
237 Plateau was the lowest (0.2618).



238

239

Fig. 4-a Average RECC between 24 cities from 2013 to 2018



240

241

Fig. 4-b RECC performances against the 24 cities in 2013, 2015 and 2018

242

Fig. 4 The RECC performance of 24 cities

243 **Economic subsystem**

244 From the perspective of economic subsystems, the carrying capacity of the economic subsystems of the
 245 five natural areas showed an overall upward trend from 2013 to 2018 (Fig. 5-a). Shanxi Plateau has the
 246 highest overall growth rate at 28.56%. The data shows that the economic subsystem carrying capacity index
 247 of the Ordos Plateau is the highest, reaching 0.5167 in 2018, which is much higher than the other four natural
 248 areas.

249 **Social subsystem**

250 From the perspective of social subsystems, the carrying capacity of the social subsystems of the five
 251 natural areas showed an overall upward trend from 2013 to 2018 (Fig. 5-a). Shan-Gan-Jin Plateau has the

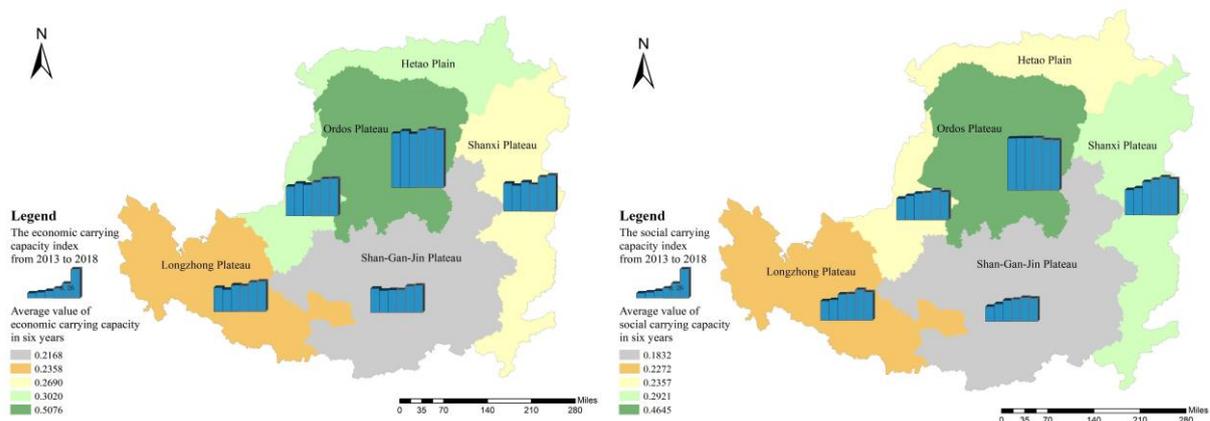
252 highest overall growth rate at 54.37%. The overall carrying capacity of the social subsystem of the Ordos
 253 Plateau has not changed much in six years. It increased slightly from 2014 to 2016 and then showed a
 254 downward trend in the next two years. The Ordos Plateau has the highest social subsystem carrying capacity,
 255 with an average value of 0.4645 in six years. The growth rate of the social subsystems of Guyuan and
 256 Qingyang in the Shan-Gan-Jin Plateau ranks in the top two of the 24 cities, increasing the index value of the
 257 Shan-Gan-Jin Plateau substantially.

258 **Resource subsystem**

259 From 2013 to 2018, only the resource subsystem carrying capacity of the Hetao Plain increased slightly,
 260 while the index value of the other natural areas decreased to varying degrees. Fig. 5-b shows that the overall
 261 decline rate of Shan-Gan-Jin Plateau is the highest at 22.15%. The data shows that the resource subsystem
 262 carrying capacity index of the Ordos Plateau is the highest, with an average value of 0.6414 in six years,
 263 which is far ahead of the other four natural areas.

264 **Environmental subsystem**

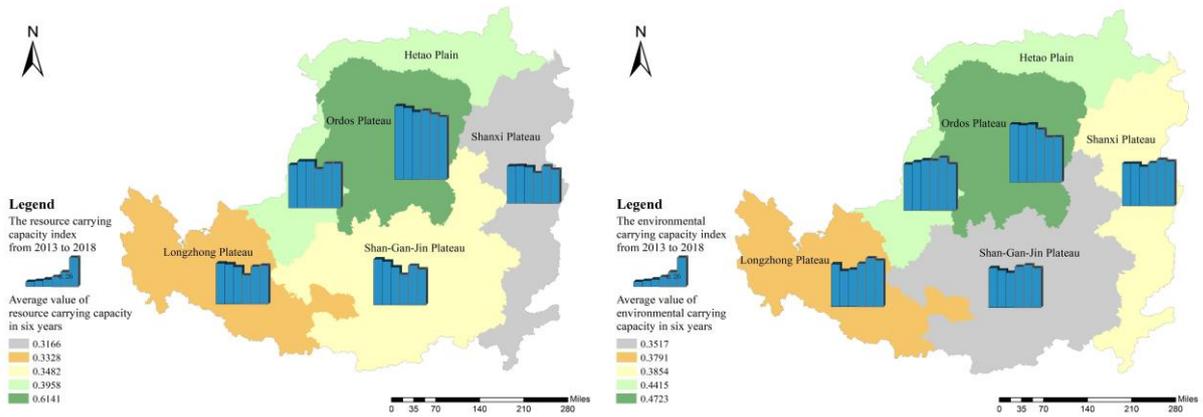
265 From 2013 to 2018, the environmental subsystems carrying capacity of the Longzhong Plateau and
 266 Shanxi Plateau showed an upward trend, while the carrying capacity of the Hetao Plain and the Shan-Gan-
 267 Jin Plateau remained stable, while the carrying capacity of the Ordos Plateau showed a downward trend (Fig.
 268 5-b). Overall, the difference in the carrying capacity of environmental subsystems among the five natural
 269 areas is relatively small, which is the index with the smallest difference among all the subsystems. In the six
 270 years, the highest average value of the environmental subsystem index is the Ordos Plateau (0.4723), and the
 271 lowest average value is the Shan-Gan-Jin Plateau (0.3517). From the perspective of resource and
 272 environmental systems, the best performing area is the Hetao Plain, where the carrying capacity of the
 273 resource subsystem and the environmental subsystem have both improved. While in areas where the carrying
 274 capacity of the environmental subsystem has increased, the carrying capacity of the resource subsystem of
 275 the Longzhong Plateau and Shanxi Plateau has shown a downward trend. The carrying capacity of the
 276 resource subsystem and the environmental subsystem of the Shan-Gan-Jin Plateau and the Ordos Plateau
 277 both decreased. It shows that the economic-resource-environmental development in most areas of the Loess
 278 Plateau is not coordinated.



279

280

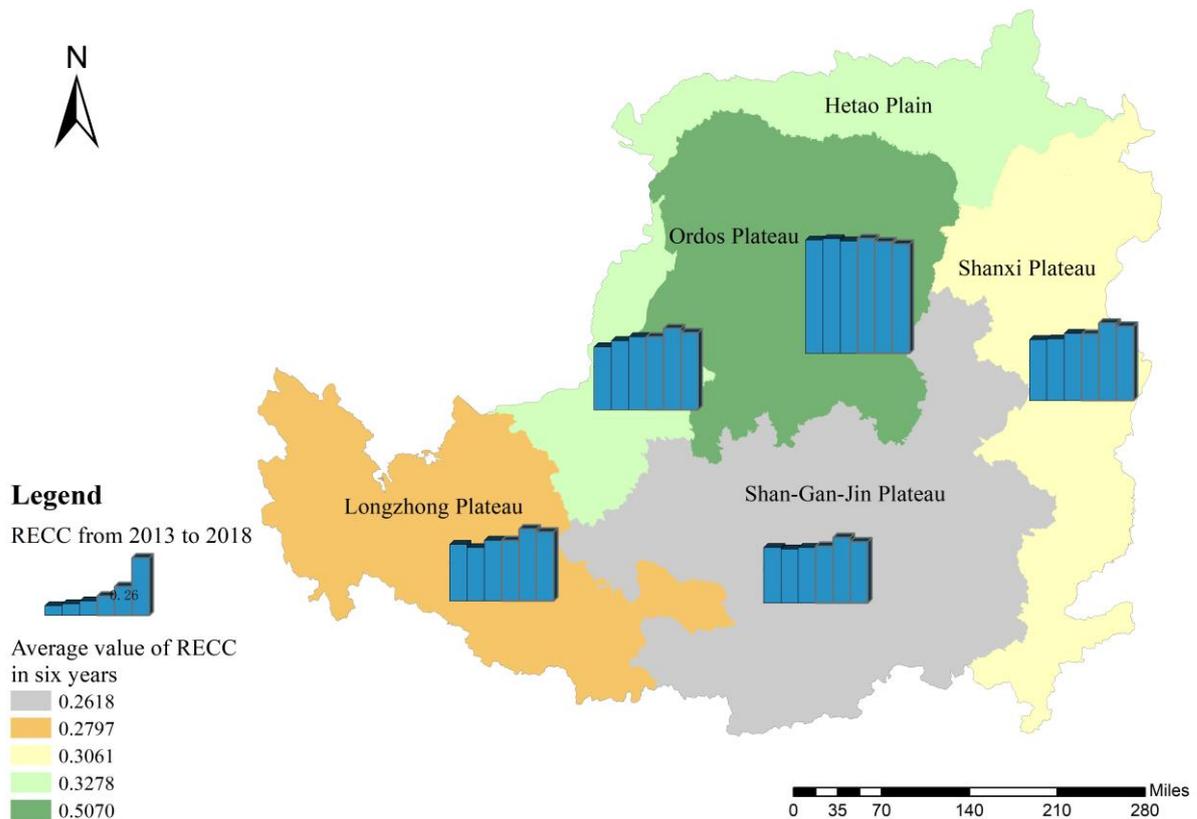
Fig. 5-a Temporal and spatial pattern of carrying capacity (left: economic carrying capacity; right: social carrying capacity)



281

282

Fig. 5-b Temporal and spatial pattern of carrying capacity (left: resource carrying capacity; right: environmental carrying capacity)



283

284

Fig. 5 Temporal and spatial pattern of RECC index

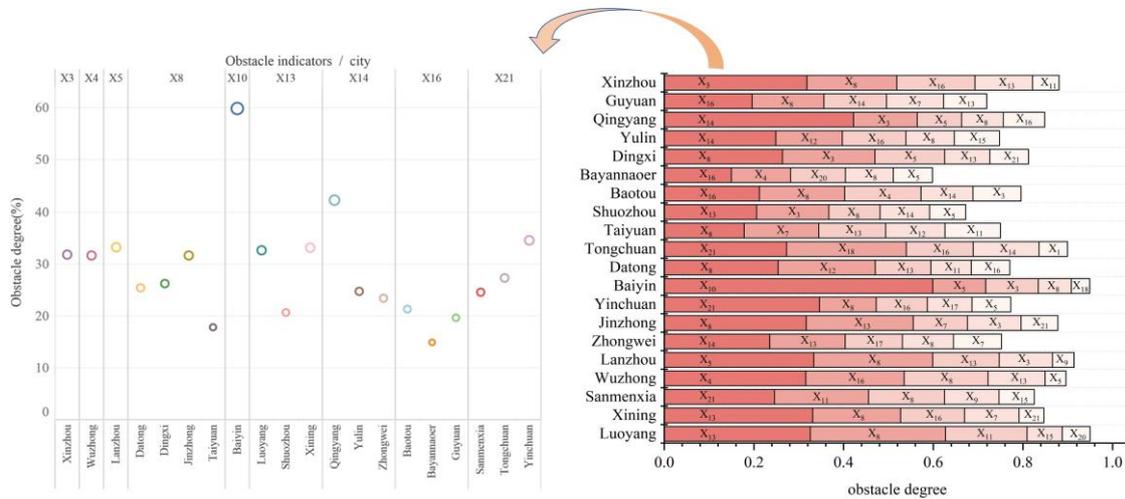
285 Obstacle factors diagnosis

286 According to the obstacle factors diagnosis model, we measured the RECC index data of 24 cities from
 287 2013 to 2018 to explore and identify obstacles restricting the improvement of RECC in these cities, which
 288 could put forward reasonable countermeasures and suggestions for the optimal development of the Loess
 289 Plateau.

290 Twenty cities have shown improved RECC from 2013 to 2018. Fig. 6 shows the top five obstacles for
 291 these cities. The primary obstacles belong to the resource subsystem (in six cities), environmental subsystem
 292 (in six cities), and social subsystem (in five cities). Resources, environmental, and social factors put pressure
 293 on the improvement of RECC in most cities.

294 The left side of Fig. 6 shows the primary obstacle indicators of each city. The top obstacle factor is

295 population density (X_8), which is the primary obstacle to the improvement of RECC in Jinzhong, Datong,
 296 Taiyuan, and Dingxi. Followed by the four indicators of per capita sown area of crops (X_{13}), per capita urban
 297 construction land area (X_{14}), the ratio of industrial solid wastes comprehensively utilized (X_{16}), and green
 298 coverage ratio of built-up areas (X_{21}), all of which appear three times. The largest value among all obstacle
 299 indicators is the per capita area of paved roads in Baiyin (X_{10}), which reached 59.88%.



300
 301

Fig. 6 Obstacle indicators for RECC in 20 cities in 2018 (top five)

302 Tianshui, Lvliang, Yan'an, and Ordos showed a downward trend in RECC from 2013 to 2018. As shown
 303 in Table 4, the main obstacles affecting these four cities in recent years are resource, environmental and social
 304 factors. Tianshui and Ordos have the most indicators belonging to the resource subsystem, each accounting
 305 for 36.67%, while Lvliang and Yan'an have the most indicators belonging to the environmental subsystem,
 306 accounting for 33.33% and 36.67% respectively. The obstacle factors belonging to the social subsystem rank
 307 second in Tianshui, Yan'an, and Ordos, accounting for 30%, 23.33%, and 30% respectively.

308 In 2018, the five major obstacles to the improvement of RECC in the four cities are expenditure for
 309 science and technology share of GDP (X_3), population density (X_8), per capita sown area of crops (X_{13}), ratio
 310 of industrial solid wastes comprehensively utilized (X_{16}) and per capita water resources (X_{11}), among which
 311 the indicator of population density (X_8) appears in all four cities. It indicates that the Loess Plateau is facing
 312 a severe population concentration problem, which has become the main factor restricting the improvement
 313 of RECC in the Loess Plateau.

314

Table 4 Obstacle indicators for cities with negative RECC growth from 2013 to 2018 (top five)

Year		2013	2014	2015	2016	2017	2018	
items		obstacle indicators / obstacle degree						
Obstacle ranking	Tianshui	1	$X_7/12.20$	$X_7/11.50$	$X_7/14.94$	$X_{11}/17.63$	$X_{11}/17.16$	$X_3/25.07$
		2	$X_{18}/9.34$	$X_{18}/8.47$	$X_{11}/11.27$	$X_7/16.24$	$X_7/15.53$	$X_8/16.01$
		3	$X_{14}/7.91$	$X_{11}/8.07$	$X_{18}/11.18$	$X_3/12.95$	$X_3/12.20$	$X_{13}/14.35$
		4	$X_2/7.26$	$X_{14}/7.95$	$X_1/9.46$	$X_9/9.20$	$X_{14}/9.35$	$X_{16}/13.86$
		5	$X_{17}/6.58$	$X_9/7.16$	$X_{14}/8.16$	$X_{14}/7.30$	$X_8/8.88$	$X_{11}/12.78$
	Lvliang	1	$X_{20}/14.83$	$X_{20}/12.98$	$X_{20}/11.21$	$X_{20}/13.40$	$X_8/17.44$	$X_{13}/24.02$

	2	X ₁₄ /10.52	X ₁₄ /8.83	X ₂₁ /8.16	X ₂₁ /9.61	X ₇ /15.18	X ₈ /23.00
	3	X ₁₉ /9.18	X ₁₁ /8.75	X ₁₁ /8.02	X ₄ /8.63	X ₁₃ /14.66	X ₃ /20.04
	4	X ₉ /9.02	X ₁₉ /7.98	X ₄ /7.19	X ₁₄ /8.63	X ₁₆ /10.59	X ₁₁ /8.67
	5	X ₁₀ /7.75	X ₉ /7.53	X ₁ /6.79	X ₁ /7.39	X ₄ /8.49	X ₁₆ /7.44
	1	X ₁₂ /13.41	X ₁₂ /17.21	X ₁₂ /14.88	X ₁₂ /15.90	X ₅ /15.61	X ₁₇ /19.78
	2	X ₅ /9.98	X ₂₀ /10.76	X ₁₇ /13.22	X ₁₇ /12.17	X ₁₀ /12.52	X ₈ /15.63
Yan'an	3	X ₂₀ /8.23	X ₂₁ /9.73	X ₁₀ /8.89	X ₅ /10.22	X ₈ /11.99	X ₃ /14.09
	4	X ₂₁ /7.67	X ₁₃ /7.05	X ₁₉ /7.52	X ₁₀ /8.24	X ₁₇ /11.61	X ₅ /13.93
	5	X ₁₄ /6.55	X ₁₀ /6.09	X ₂₀ /6.96	X ₈ /7.31	X ₃ /6.74	X ₁₆ /10.26
	1	X ₁₁ /13.11	X ₁₄ /19.19	X ₁₁ /18.04	X ₁₄ /25.13	X ₁₄ /16.87	X ₁₄ /29.32
	2	X ₁₉ /11.77	X ₁₁ /14.75	X ₁₉ /12.73	X ₁₈ /12.45	X ₁₁ /11.84	X ₈ /14.17
Ordos	3	X ₇ /10.26	X ₁₉ /10.58	X ₁₃ /8.67	X ₃ /10.38	X ₇ /10.30	X ₁₈ /9.78
	4	X ₁₃ /9.74	X ₇ /8.82	X ₅ /7.85	X ₇ /9.82	X ₂₀ /8.24	X ₁₀ /9.35
	5	X ₂₀ /9.16	X ₁₃ /8.57	X ₉ /6.26	X ₈ /8.01	X ₈ /7.15	X ₁ /8.97

315 Discussion

316 Specific issues in the social context

317 The results show that the carrying capacity of the economic subsystem of the Ordos Plateau is
318 significantly ahead of other natural areas. According to the latest data from the comprehensive statistical
319 information of cities in western China, in 2019, Yulin and Ordos, located in the Ordos Plateau, ranked sixth
320 and eighth among the cities in Western China with GDP of 413.628 billion yuan and 360.503 billion yuan,
321 respectively. In the Loess Plateau, it is second only to Xi'an, and its economic level is developing well. The
322 resources and energy advantages of the Ordos Plateau have made significant contributions to the economic
323 development of the region. The outstanding performance of the economic subsystem carrying capacity of the
324 Hetao Plain is due to its developed Hetao economy, where the soil is fertile, with developed animal husbandry
325 and aquaculture, and is also the most important agricultural area in Northwest China. The carrying capacity
326 of the economic subsystem of Tongchuan City, which is located on the Shan-Gan-Jin Plateau, has increased
327 the most. This is mainly due to the implementation of the Western Development Strategy, the economic
328 construction goals set out in the 13th Five-Year Plan for National Economic and Social Development of
329 Tongchuan city, and Tongchuan city's support for high-tech industries in recent years.

330 From the perspective of social subsystems, Guyuan has performed best in recent years. The reason is
331 that between 2013 and 2018, the per capita area of paved roads and the number of beds in medical and health
332 institutions in Guyuan City increased significantly, the allocation of health resources was more reasonable,
333 and the level of urban construction continued to increase. The urbanization rate of Guyuan has increased by
334 44.72% in six years, meeting the social development and the increasing service demand of the people.

335 From the perspective of the resource subsystem, the Shan-Gan-Jin Plateau has declined the most. The
336 reason is that the Shan-Gan-Jin Plateau has serious soil erosion, low vegetation coverage, and the destruction
337 of forestry resources, which restrict the carrying capacity of its resource subsystem. The total water resources
338 per capita of Yan'an and Sanmenxia, located in the Shan-Gan-Jin Plateau, have different degrees of decline,
339 while Lvliang, Guyuan, and Qingyang are limited by the impact of the reduction in the sown area of crops
340 per capita.

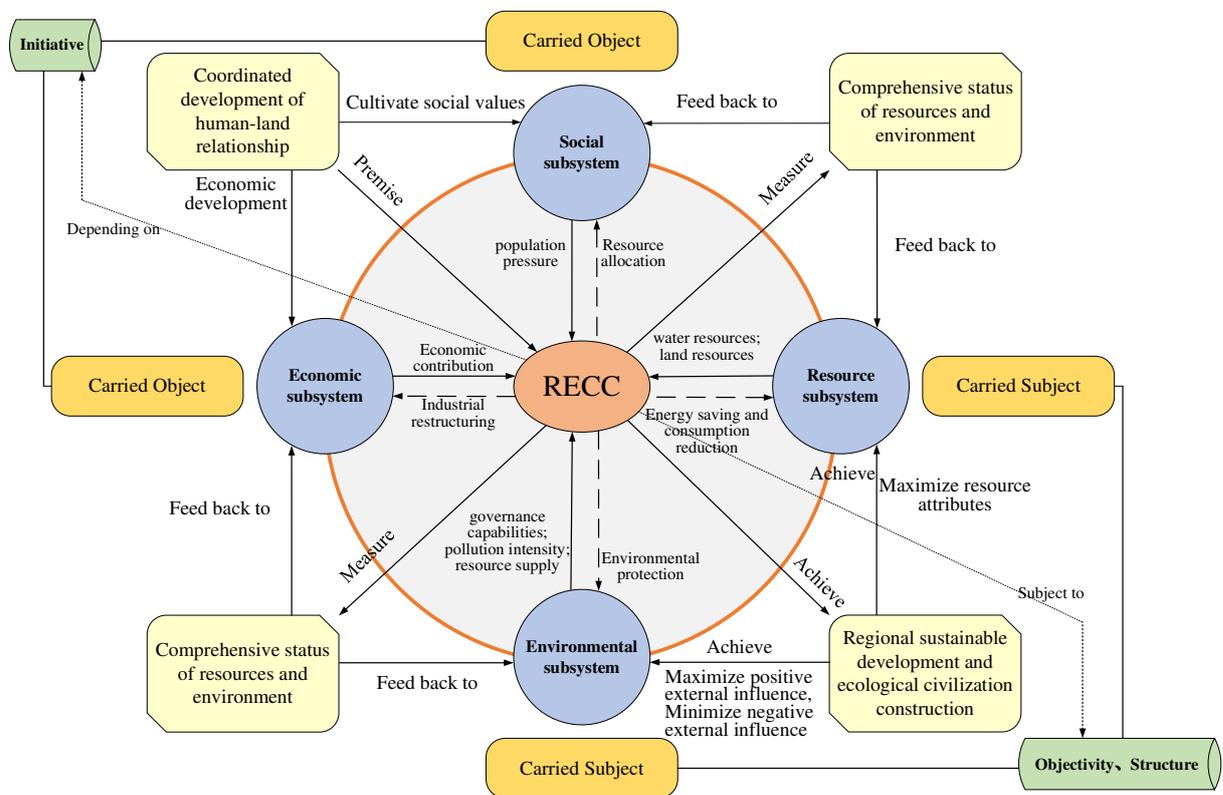
341 From the perspective of environmental subsystems, the Ordos Plateau has declined the most. The reason
342 is that the carrying capacity of the environmental subsystems of Ordos and Yulin in the Ordos Plateau has
343 different degrees of decline. Besides, the ecological environment of the loess area is very fragile. At the same
344 time, the ecological environment protection measures are not enough in the process of resource extraction,
345 which causes the ecological environment to continue to deteriorate, and further leads to a decline in the
346 carrying capacity of the environmental subsystem. Yulin is the city with the most decline among the 24 cities.
347 The comprehensive utilization rate of general industrial solid waste in Yulin City continued to decline in 2017
348 and 2018, and its utilization rate in 2018 was only 30.29% of 2013. According to the *Bulletin of the State of*
349 *the Ecological Environment in Shaanxi Province in 2018*, the comprehensive index of environmental air
350 quality in Yulin City in 2018 was 5.38 lower than the average value of 5.72 in Shaanxi Province. The number
351 of days with good ambient air quality in Yulin City in 2018 decreased by 13 days compared with 2017, the
352 city with the largest decrease in Shaanxi Province. Yulin's ecological environment index also ranks low in
353 the province. In general, the carrying capacity of the environmental subsystem of the Ordos Plateau needs to
354 be further strengthened.

355 Conceptual framework of the RECC influence mechanism

356 This paper divides the RECC system into two parts: the carried subject and the carried object. The
357 carried subject includes the resource and environmental system, reflecting their ability to support the RECC
358 system, while the carried object includes economic and social systems, reflecting their bearing pressure on
359 the RECC system. This paper uses the entropy-weight-based TOPSIS model to measure and analyze the
360 urban RECC in the Loess Plateau and finds that Ordos is the best city with RECC. Although its RECC has
361 declined in the past two years, its index has remained almost stable from 2013 to 2016, showing an inverted
362 "U" shape, which is similar to existing research (Zheng et al. 2020). The carrying capacity of the resource
363 subsystem has shown a decreasing trend in recent years. According to indicator data, Datong, Shuozhou,
364 Yan'an, and Tianshui are facing problems such as the reduction of total water resources. Taiyuan, Lvliang,
365 Jinzhong, Xinzhou, Baotou, and Dingxi are facing problems such as the reduction of sown area of crops, and
366 this is also a common problem faced by most first-tier cities in China, which is similar to existing research
367 (Zhao et al. 2018, Zhang et al. 2019). Besides, this paper introduces the obstacle factors diagnosis model and
368 finds that the population density (X_8) is the main obstacle to the improvement of RECC for most cities. For
369 cities with a low or negative RECC growth rate, the investment in technological innovation (X_3) also plays a
370 major inhibitory role. The difference between this paper and the existing research (Yang and Yang 2017) is

371 that the RECC fluctuations in Qingyang, Dingxi, and Tianshui are more frequent, caused by the different
 372 research areas and research time. Besides, this paper finds that cities with better RECC on the Loess Plateau
 373 are mainly located in the north, such as Ordos, Baotou, Taiyuan, and Yinchuan, while cities with higher
 374 RECC growth rates in recent years are mainly located in the south, such as Luoyang, Xining, Sanmenxia,
 375 Lanzhou, and Zhongwei.

376 The coordinated development of human-land relationships has a positive effect on sustainable economic
 377 development and the cultivation of social values. It is also a prerequisite for improving regional RECC, and
 378 further is a guarantee for regional sustainable development and ecological civilization construction. The
 379 construction of ecological civilization must take into account economic and social development and the
 380 protection of resources and the environment, and respect the rigid constraints of resources and the
 381 environment, and correctly understand the regional RECC (Fig. 7). Based on the empirical analysis of the
 382 Loess Plateau, this paper finds that the pressure from the social subsystem and the constraints of the resource
 383 and environmental subsystems mainly restrict the improvement of RECC. Among them, population pressure,
 384 water resources, land resources, environmental governance capabilities, environmental pollution intensity,
 385 and environmental resource supply are particularly prominent. The results show that the current economic-
 386 resource-environmental development of the Loess Plateau is not coordinated, among which the problem
 387 between resource exploitation and environmental protection is a prominent contradiction. The coordinated
 388 development and synergy among regional economic and social factors, resource factors, and ecological
 389 environment factors are the key to achieving sustainable development.



390
 391

Fig. 7 Conceptual framework of RECC impact mechanism

392 Limitations

393 This paper establishes a specific index system to evaluate the regions and cities of the Loess Plateau to
394 hope to analyze and compare the actual RECC levels in various regions more comprehensively. However, it
395 should be noted that this paper selects cities as representative objects, and does not take into account the vast
396 rural areas. The RECC evaluation of the entire Loess Plateau still needs to be further strengthened, and the
397 consideration of rural area indicators can be added in the future. Besides, this paper did not choose cities such
398 as Xi'an, Xianyang, Baoji, and Weinan located in the Loess Plateau to participate in the evaluation because
399 they are geographically closer to the Guanzhong Plain and are representative cities in the Guanzhong Plain
400 urban agglomeration. It can be included in the comprehensive analysis when discussing the carrying capacity
401 of the Loess Plateau in the future.

402 **Conclusions and policy implications**

403 This paper selects 24 representative cities in the five natural areas of the Loess Plateau, establishes an
404 index system that includes economic, social, resource, and environmental carrying capacity, and uses the
405 entropy-weight-based TOPSIS model and obstacle factors diagnosis model to evaluate the RECC and
406 diagnosis its inhibited factors which could support regional sustainable development. The main conclusions
407 of this paper are as follows:

408 (1) Ordos is the city with the best RECC on the Loess Plateau. However, the carrying capacity of each
409 subsystem and the RECC have been decreasing.

410 (2) In the Loess Plateau, except for the Ordos Plateau, the RECCs of all other natural areas have
411 increased. The highest growth rate is 22.32% in Hetao Plain, and the least growth rate is 10.22% in Shan Gan
412 Jin Plateau.

413 (3) The contradiction between economic development and the environment in the Loess Plateau is
414 obvious. The overall RECC of the Loess Plateau is relatively low. The average RECC index in 2018 was
415 0.3306, with an increase of 15.61% in six years. The rate of increase is low, and there is still a lot of room
416 for improvement.

417 (4) Population density, investment in technological innovation, per capita sown area of crops, and per
418 capita water resources are the main obstacles to the improvement of RECC.

419 The research results show that the regional economic and social development level, resource
420 optimization capabilities, and environmental pollution control efforts will affect the regional RECC to
421 varying degrees. To improve the RECC continuously, this paper puts forward the following suggestions: First,
422 focus on solving the contradiction between resources and the environment in the Loess Plateau; second,
423 increase the proportion of tertiary industry and fiscal expenditures, and vigorously develop emerging
424 industries; third, focus on the coordinated development of the Loess Plateau; fourth, appropriate
425 implementation of the city-building plan to solve the problem of excessive population concentration.

426 **Ethics approval and consent to participate**

427 Not applicable.

428 **Consent for publication**

429 Not applicable.

430 **Availability of data and materials**

431 The datasets used and/or analyzed during the current study are available from the corresponding author
432 on reasonable request.

433 **Competing interests**

434 The authors declare that they have no competing interests.

435 **Funding**

436 This paper is supported by the National Natural Science Foundation of China (41790445), Independent
437 Project Foundation of the State Key Laboratory of Geohazard Prevention and Geo-environment Protection
438 (SKLGP2015Z004), and the Social Science Foundation of Chengdu University of Technology (YJ2019-
439 JX004、YJ2017-JD003).

440 **Authors' contributions**

441 Huan Huang: Conceptualization, Funding acquisition, Supervision. Rui Wang: Writing - original draft,
442 Software, Methodology, Formal analysis. Jue Wang: Writing - review & editing, Methodology, Formal
443 analysis. Jixing Chai: Formal analysis, Validation.

444 **Acknowledgements**

445 We thank the municipal governments for providing us with statistical data to establish the RECC
446 evaluation index system. We also thank the anonymous reviewers and editors for their valuable and
447 constructive comments.

448 **References**

449 Ait-Aoudia MN, Berezowska-Azzag E (2016) Water resources carrying capacity assessment: The case of
450 Algeria's capital city. *Habitat International* 58:51-58. <https://doi.org/10.1016/j.habitatint.2016.09.006>.

451 Bao HJ, Wang CC, Han L, Wu SH, Lou LM, Xu BG, Liu YF (2020) Resources and Environmental Pressure,
452 Carrying Capacity, And Governance: A Case Study of Yangtze River Economic Belt. Sustainability
453 12(4):1576. <https://doi.org/10.3390/su12041576>.

454 Barrett CB (1996) Fairness, stewardship and sustainable development. *Ecological Economics* 19(1):11-17.
455 [https://doi.org/10.1016/0921-8009\(96\)00047-X](https://doi.org/10.1016/0921-8009(96)00047-X).

456 Chen G, Liu Q (2006) Evaluation of sustainable land management and diagnosis of obstacle at county scale
457 in Sichuan basin: taking Lezhi County as example. *Wuhan Univ. J. Nat. Sci.* 11, 1046–1051.

458 Chen LD, Huang ZL, Gong J, Fu BJ, Huang YL (2007) The effect of land cover/vegetation on soil water
459 dynamic in the hilly area of the loess plateau, China. *Catena* 70(2):200-208.
460 <https://doi.org/10.1016/j.catena.2006.08.007>.

461 Cui D, Chen X, Xue YL, Li R, Zeng WH (2019) An integrated approach to investigate the relationship of
462 coupling coordination between social economy and water environment on urban scale - A case study of
463 Kunming. *Journal of Environmental Management* 234:189-199.
464 <https://doi.org/10.1016/j.jenvman.2018.12.091>.

465 Diao S, Yuan J, Wu YY (2019) Performance evaluation of urban comprehensive carrying capacity of Harbin,
466 Heilongjiang Province in China. *Chinese Geographical Science* 29(4):579-590.
467 <https://doi.org/10.1007/s11769-019-1056-9>.

468 Jayanthi M, Thirumurthy S, Samynathan M, Manimaran K, Duraisamy M, Muralidhar M (2020) Assessment
469 of land and water ecosystems capability to support aquaculture expansion in climate-vulnerable regions
470 using analytical hierarchy process based geospatial analysis. *Journal of Environmental Management*
471 270:110952. <https://doi.org/10.1016/j.jenvman.2020.110952>.

472 Jung C, Kim C, Kim S, Suh K (2018) Analysis of environmental carrying capacity with energy perspective
473 of Jeju Island. *Sustainability* 10(5):1681. <https://doi.org/10.3390/su10051681>.

474 Lam PTI, Law AOK (2016) Crowdfunding for renewable and sustainable energy projects: An exploratory
475 case study approach. *Renewable & Sustainable Energy Reviews* 60:11-20.
476 <https://doi.org/10.1016/j.rser.2016.01.046>

477 Lane M, Dawes L, Grace P (2014) The essential parameters of a resource-based carrying capacity assessment
478 model: An Australian case study. *Ecological Modelling* 272:220-231.
479 <https://doi.org/10.1016/j.ecolmodel.2013.10.006>.

480 Lei KP, Zhou SQ (2012) Per capita resource consumption and resource carrying capacity: A comparison of
481 the sustainability of 17 mainstream countries. *Energy Policy* 42:603-612.
482 <https://doi.org/10.1016/j.enpol.2011.12.030>.

483 Li M, Sun H, Singh VP, Zhou Y, Ma MW (2019) Agricultural Water Resources Management Using Maximum
484 Entropy and Entropy-Weight-Based TOPSIS Methods. *Entropy* 21(4):364.
485 <https://doi.org/10.3390/e21040364>.

486 Li WW, Yi PT, Zhang DN, Zhou Y (2020) Assessment of coordinated development between social economy
487 and ecological environment: Case study of resource-based cities in Northeastern China. *Sustainable*

488 Cities and Society 59:102208. <https://doi.org/10.1016/j.scs.2020.102208>

489 Liao SJ, Wu Y, Wong SW, Shen LY (2020) Provincial perspective analysis on the coordination between
490 urbanization growth and resource environment carrying capacity (RECC) in China. Science of The Total
491 Environment 730:138964. <https://doi.org/10.1016/j.scitotenv.2020.138964>.

492 Malthus TR, Winch D, James P (1992) *Malthus: 'An Essay on the Principle of Population'*. Cambridge
493 University Press.

494 Marsh GP (2003) *Man and nature*. University of Washington Press.

495 Martinez-Grana AM, Goy JLG, Gutierrez ID, Cardena CZ (2014) Characterization of environmental impact
496 on resources, using strategic assessment of environmental impact and management of natural spaces of
497 "Las Batuecas-Sierra de Francia" and "Quilamas" (Salamanca, Spain). Environmental earth sciences
498 71(1):39-51. <https://doi.org/10.1007/s12665-013-2692-5>.

499 Mavi NK, Mavi RK (2019) Energy and environmental efficiency of OECD countries in the context of the
500 circular economy: Common weight analysis for malmquist productivity index. Journal of Environmental
501 Management 247:651-661. <https://doi.org/10.1016/j.jenvman.2019.06.069>.

502 McManus P (2014) Defining sustainable development for our common future: a history of the World
503 Commission on Environment and Development (Brundtland Commission). Australian Geographer
504 45(4):559-561. <https://doi.org/10.1080/00049182.2014.953722>.

505 Meadows DH, Meadows DL, Randers J, Behrens WW (1972) *The limits to growth*. New American Library.

506 Nakajima ES, Ortega E (2016) Carrying capacity using emergy and a new calculation of the ecological
507 footprint. Ecological Indicators 60(01):1200-1207. <https://doi.org/10.1016/j.ecolind.2015.08.054>.

508 Ohl C, Krauze K, Gruenbuehel C (2007) Towards an understanding of long-term ecosystem dynamics by
509 merging socio-economic and environmental research: Criteria for long-term socio-ecological research
510 sites selection. Ecological Economics 63(2-3):383-391. <https://doi.org/10.1016/j.ecolecon.2007.03.014>.

511 Paoli C, Vassallo P, Dapuetto G, Fanciulli G, Massa F, Venturini S, Povero P (2017) The economic revenues
512 and the emergy costs of cruise tourism. Journal of Cleaner Production 166:1462-1478.
513 <https://doi.org/10.1016/j.jclepro.2017.08.130>.

514 Peng T, Deng HW (2020) Comprehensive evaluation for sustainable development based on relative resource
515 carrying capacity-a case study of Guiyang, Southwest China. Environmental Science and Pollution
516 Research 27(16): 20090-20103. <https://doi.org/10.1007/s11356-020-08426-8>.

517 Reghunathan VM, Joseph S, Warriar CU, Hameed AS, Moses SA (2016) Factors affecting the environmental
518 carrying capacity of a freshwater tropical lake system. Environmental Monitoring and Assessment
519 188(11):615. <https://doi.org/10.1007/s10661-016-5636-1>.

520 Shi H, Shao MG (2000) Soil and water loss from the Loess Plateau in China. Journal of Arid Environments
521 45(1):9-20. <https://doi.org/10.1006/jare.1999.0618>.

522 Souza Filho JR, Santos RC, Silva IR, Elliff CI (2014) Evaluation of recreational quality, carrying capacity
523 and ecosystem services supplied by sandy beaches of the municipality of Camaçari, northern coast of
524 Bahia, Brazil. Journal of Coastal Research (70):527-532. <https://doi.org/10.2112/SI70-089.1>.

525 Streimikiene D, Girdzijauskas SA (2008) Logistic growth models for analysis of sustainable growth.
526 Transformations in Business & Economics 7(3):218-235.

527 Su Y, Yu YQ (2020) Dynamic early warning of regional atmospheric environmental carrying capacity.
528 Science of the Total Environment, 714:136684. <https://doi.org/10.1016/j.scitotenv.2020.136684>.

529 Tang BJ, Hu YJ, Li HN, Yang DW, Liu JP (2016) Research on comprehensive carrying capacity of Beijing–
530 Tianjin–Hebei region based on state-space method. Natural Hazards 84(1):113-128.
531 <https://doi.org/10.1007/s11069-015-1891-7>.

532 Thapa GB, Paudel GS (2000) Evaluation of the livestock carrying capacity of land resources in the Hills of
533 Nepal based on total digestive nutrient analysis. Agriculture Ecosystems & Environment 78:223-235.
534 [https://doi.org/10.1016/S0167-8809\(99\)00128-0](https://doi.org/10.1016/S0167-8809(99)00128-0).

535 Volodya E, Yeo MJ, Kim YP (2018) Trends of Ecological Footprints and Policy Direction for Sustainable
536 Development in Mongolia: A Case Study. Sustainability 10(11):4026.
537 <https://doi.org/10.3390/su10114026>.

538 Wang ZH, Yang L, Yin JH, Zhang B (2018) Assessment and prediction of environmental sustainability in
539 China based on a modified ecological footprint model. Resources, Conservation and Recycling 132:301-
540 313. <https://doi.org/10.1016/j.resconrec.2017.05.003>.

541 Warner KJ, Jones GA (2017) A population-induced renewable energy timeline in nine world regions. Energy
542 Policy 101:65-76. <https://doi.org/10.1016/j.enpol.2016.11.031>.

543 Wu MY, Wei YG, Lam PT, Liu FZ, Li Y (2019) Is urban development ecologically sustainable? Ecological
544 footprint analysis and prediction based on a modified artificial neural network model: a case study of
545 Tianjin in China. Journal of Cleaner Production 237:117795.
546 <https://doi.org/10.1016/j.jclepro.2019.117795>.

547 Wu XL, Hu F (2020) Analysis of ecological carrying capacity using a fuzzy comprehensive evaluation
548 method. Ecological Indicators, 113:106243. <https://doi.org/10.1016/j.ecolind.2020.106243>.

549 Wunderlich SM, Martinez NM (2018) Conserving natural resources through food loss reduction: Production
550 and consumption stages of the food supply chain. International Soil and Water Conservation Research
551 6(4):331-339. <https://doi.org/10.1016/j.iswcr.2018.06.002>

552 Yan SX, Liu K, Guo LF (2020) Research on the evaluation of resource and environmental carrying capacity
553 in western resource-rich areas—a case study of Yulin City, a national energy and chemical base.
554 Chinese Journal of Agricultural Resources and Regional Planning 41(07):57-64.
555 <https://doi.org/10.7621/cjarrp.1005-9121.20200707>.

556 Yang LJ, Yang YC (2017) The spatiotemporal variation in resource environmental carrying capacity in the
557 Gansu Province of China. Acta Ecologica Sinica 37(20):7000-7017.
558 <https://doi.org/10.5846/stxb201608011577>.

559 Yang X, Song YH, Wang GH, Wang WS (2010) A Comprehensive Review on the Development of
560 Sustainable Energy Strategy and Implementation in China. IEEE Transactions on Sustainable Energy
561 1(2):57-65. <https://doi.org/10.1109/TSTE.2010.2051464>.

- 562 Yin BL, Guan DJ, Zhou LL, Zhou J, He XJ (2020) Sensitivity assessment and simulation of water resource
563 security in karst areas within the context of hydroclimate change. *Journal of Cleaner Production*
564 258:120994. <https://doi.org/10.1016/j.jclepro.2020.120994>.
- 565 Zhang F, Wang Y, Ma XJ, Wang Y, Yang GC, Zhu L (2019) Evaluation of resources and environmental
566 carrying capacity of 36 large cities in China based on a support-pressure coupling mechanism. *Science*
567 *of the Total Environment* 688:838-854. <https://doi.org/10.1016/j.scitotenv.2019.06.247>.
- 568 Zhang M, Liu YM, Wu J, Wang TT (2018) Index system of urban resource and environment carrying capacity
569 based on ecological civilization. *Environmental Impact Assessment Review* 68:90-97.
570 <https://doi.org/10.1016/j.eiar.2017.11.002>.
- 571 Zhao LL, Li JY, Shao QL (2020) Evaluation of urban comprehensive carrying capacity: case study of the
572 Beijing–Tianjin–Hebei urban agglomeration, China. *Environmental Science and Pollution Research*
573 27(16): 19774-19782. <https://doi.org/10.1007/s11356-020-08463-3>.
- 574 Zhao HF, He HM, Wang JJ, Bai CY, Zhang VJ (2018) Vegetation Restoration and Its Environmental Effects
575 on the Loess Plateau. *Sustainability* 10(12):4676. <https://doi.org/10.3390/su10124676>.
- 576 Zheng X, Cheng YM, Ren CF, Zhou LZ (2020) Evaluation of the resource and environmental carrying
577 capacity of Ordos City based on the TOPSIS model of entropy weight. *Ecological Science* 39(2): 95-
578 103. <https://doi.org/10.14108/j.cnki.1008-8873.2020.02.013>.
- 579 Zhou P, Wen AB, Zhang XB, He XB (2013) Soil conservation and sustainable eco-environment in the Loess
580 Plateau of China. *Environmental Earth Sciences* 68(3):633-639.
581 <https://link.springer.com/article/10.1007%2Fs12665-012-1766-0>.

Figures

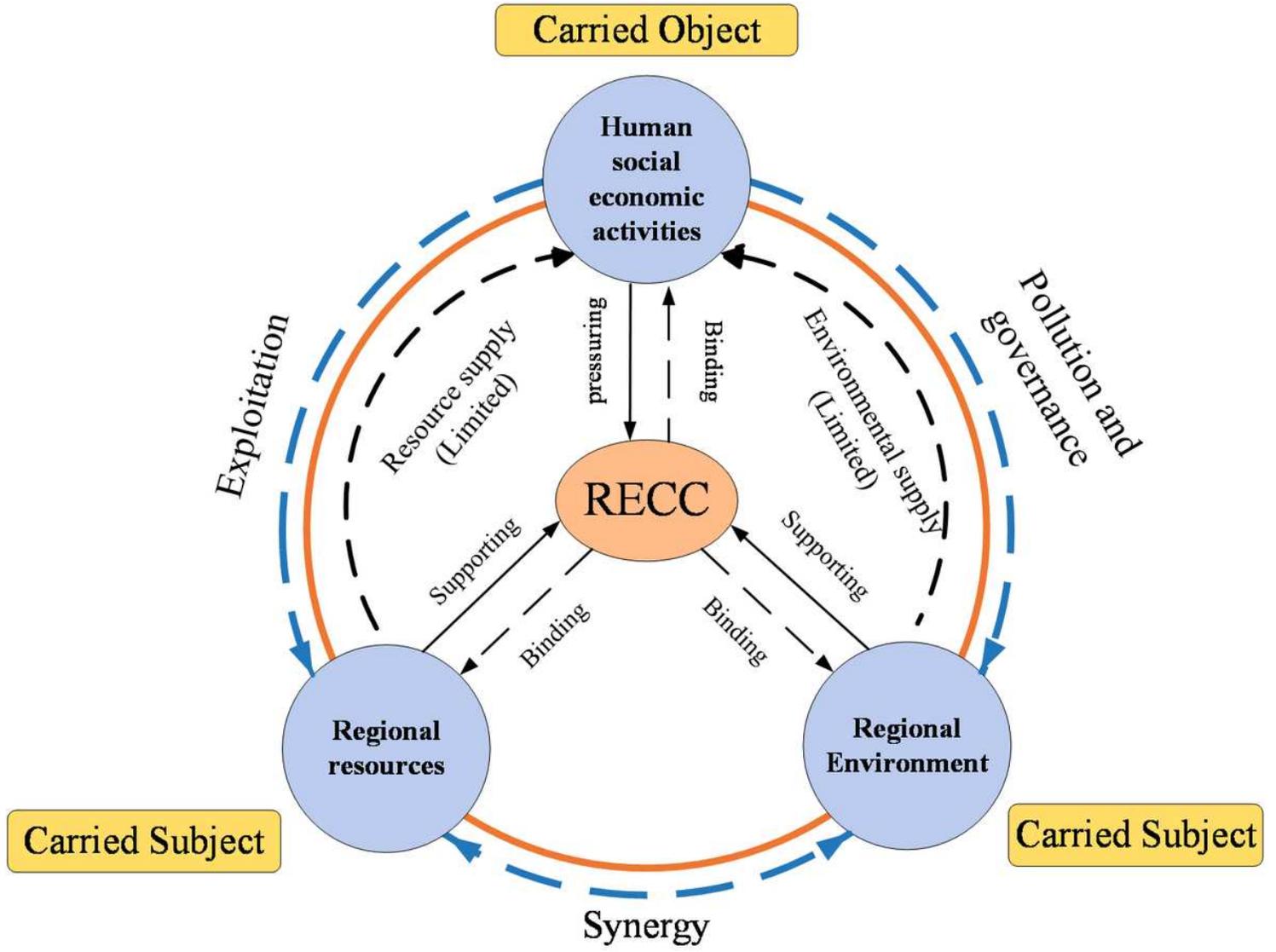


Figure 1

Interaction between the influencing factors of RECC

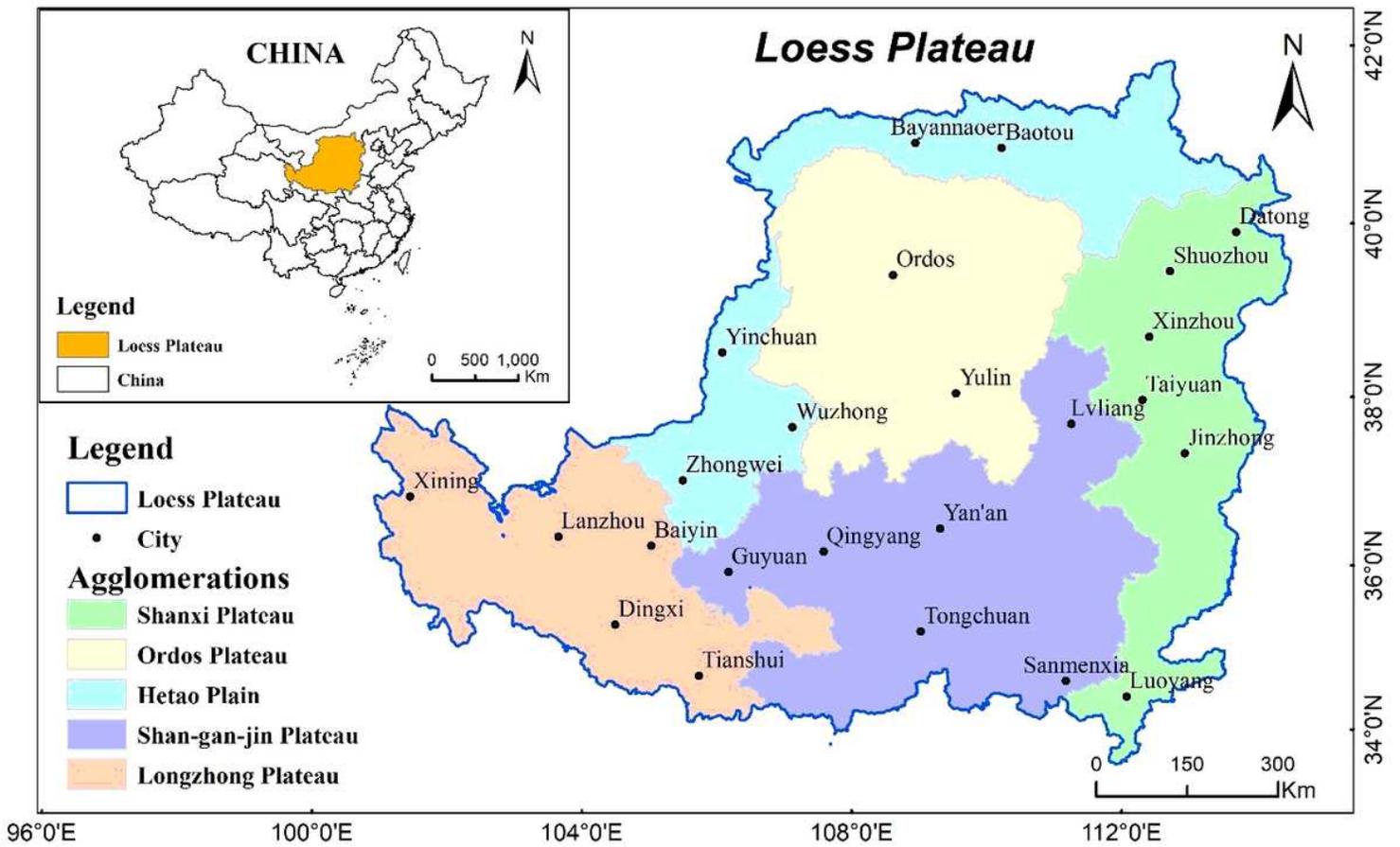


Figure 2

The spatial location of the Loess Plateau region and its representative cities Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

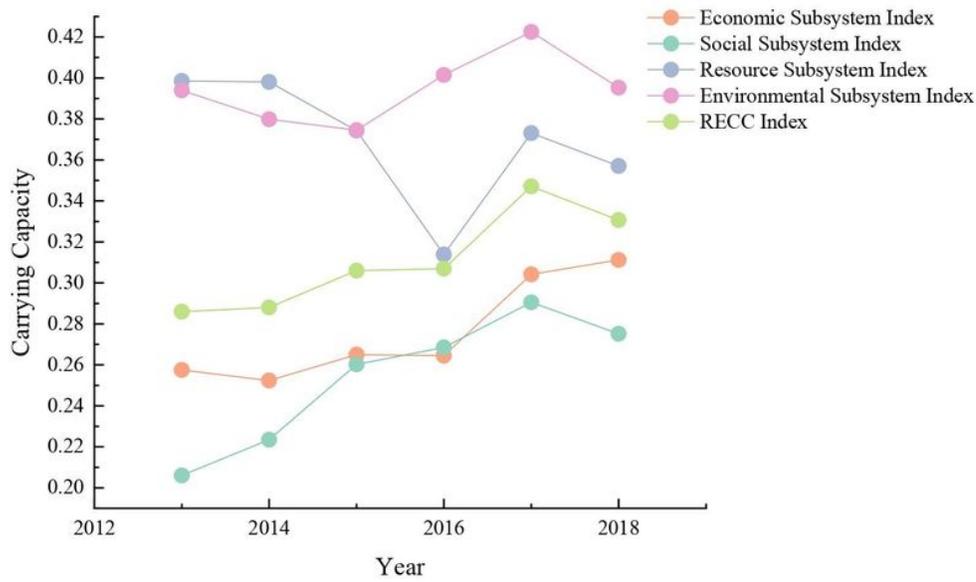


Fig. 4-a Average RECC between 24 cities from 2013 to 2018

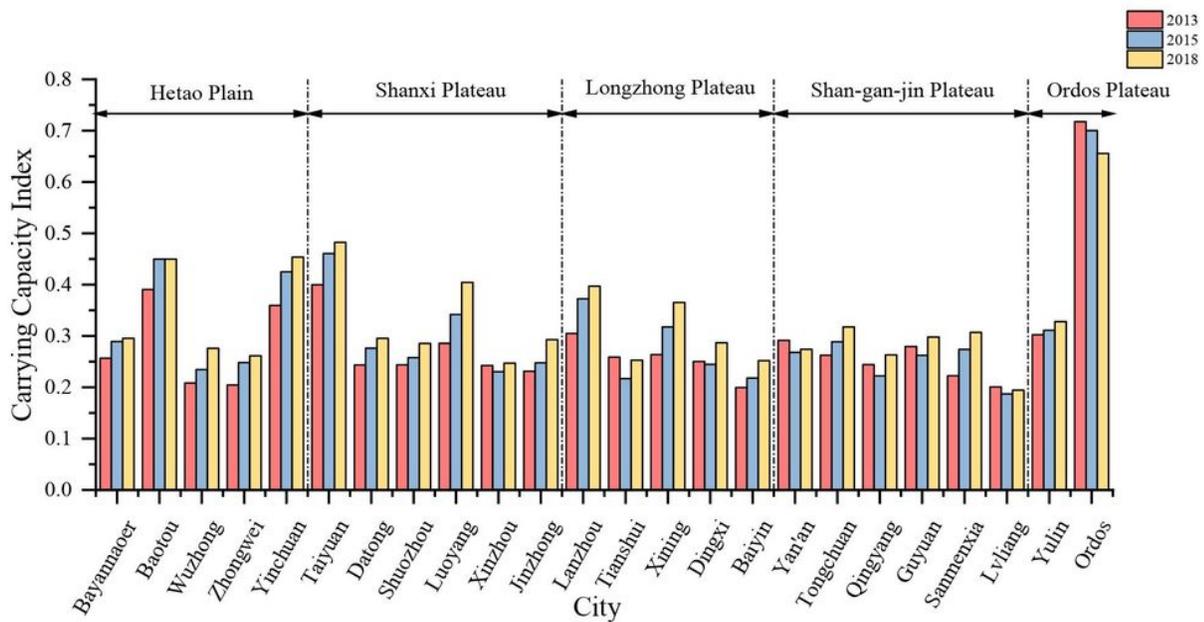


Figure 4

The RECC performance of 24 cities 4-a Average RECC between 24 cities from 2013 to 2018 4-b RECC performances against the 24 cities in 2013–2015 and 2018

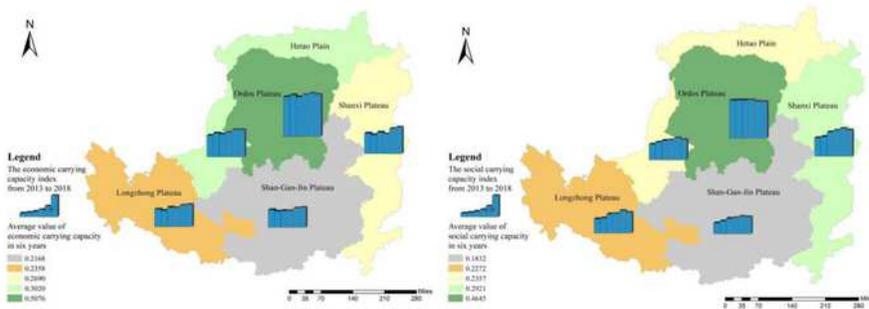


Fig. 5-a Temporal and spatial pattern of carrying capacity (left: economic carrying capacity; right: social carrying capacity)

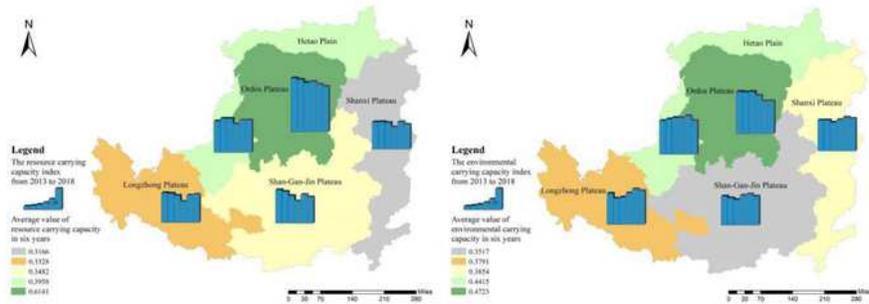


Fig. 5-b Temporal and spatial pattern of carrying capacity (left: resource carrying capacity; right: environmental carrying capacity)

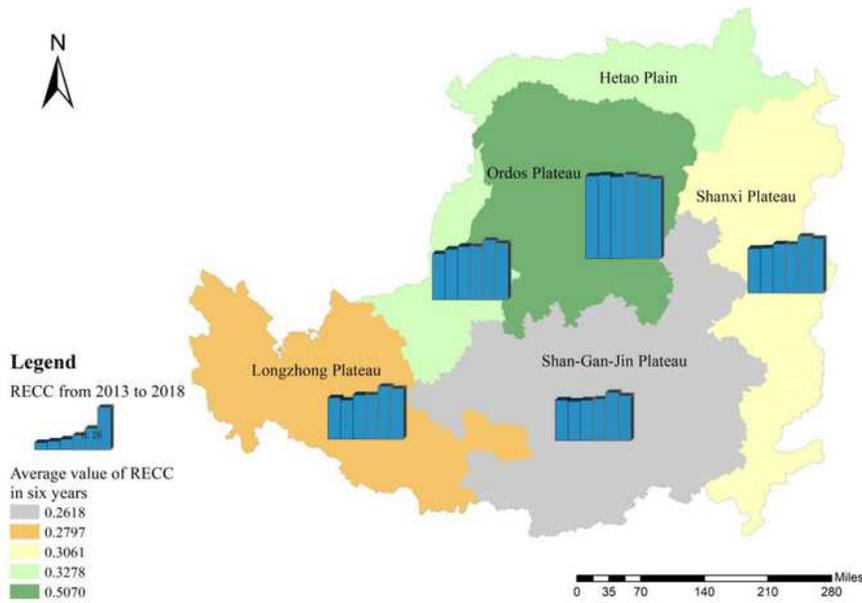


Figure 5

Temporal and spatial pattern of RECC index Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

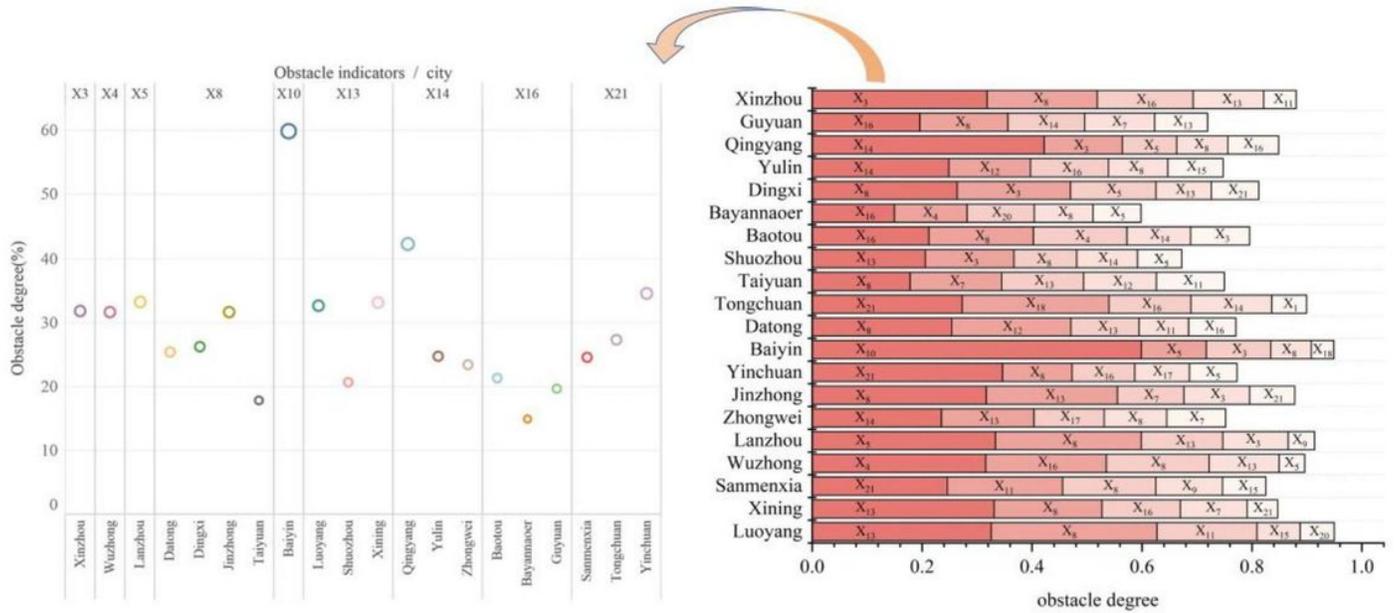


Figure 6

Obstacle indicators for RECC in 20 cities in 2018 (top five)

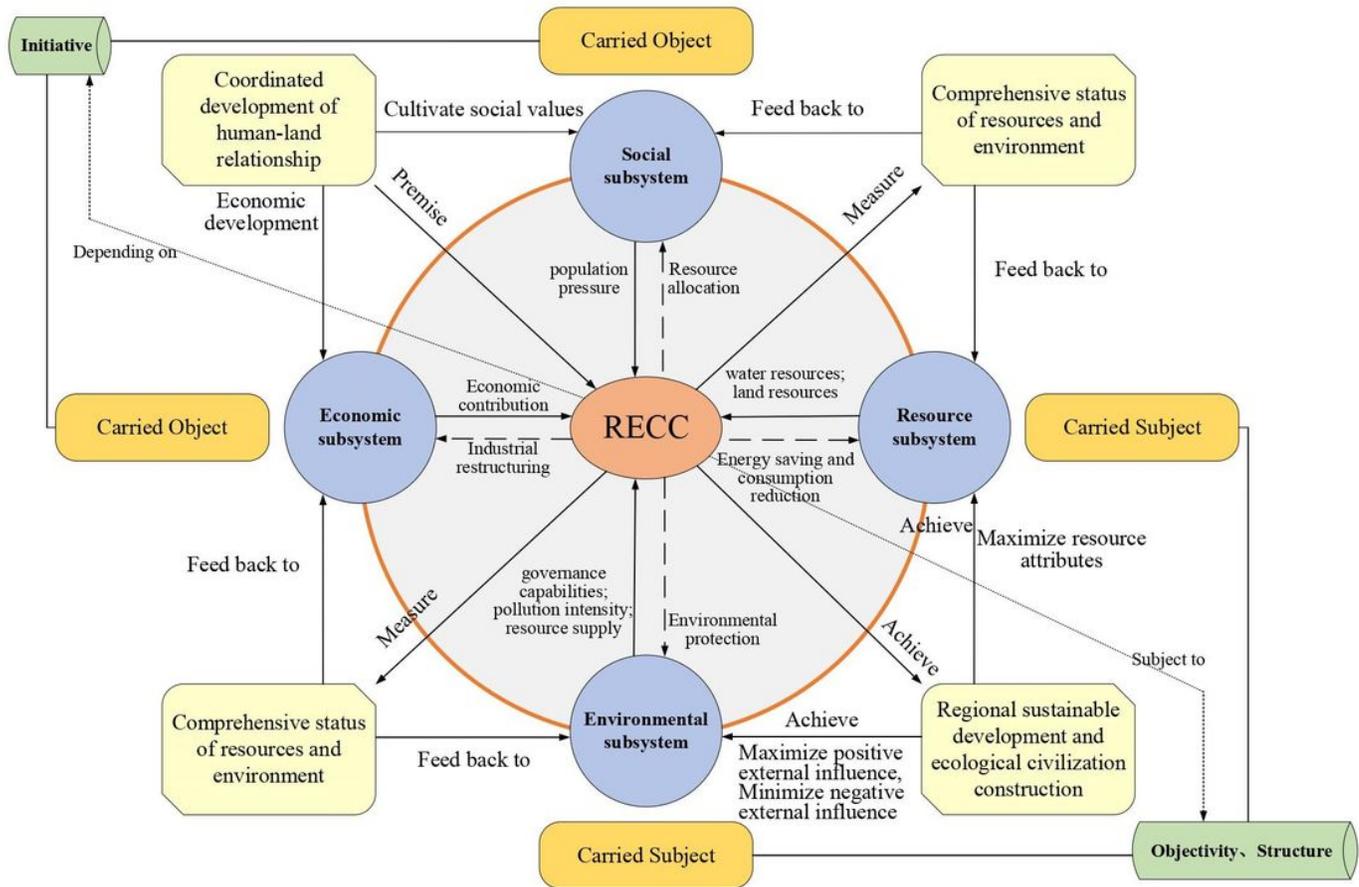


Figure 7

Conceptual framework of RECC impact mechanism

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupplementaryFile.docx](#)