

# Feasibility of Using Infant Testing during Immunization to Estimate HIV Mother-to-Child-Transmission Rates in Zambia

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## Research article

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RESEARCH

# Feasibility of Using Infant Testing during Immunization to Estimate HIV Mother-to-Child-Transmission Rates in Zambia

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## Abstract

**Background:** This study piloted the feasibility of infant testing in immunization services as a strategy for estimating MTCT rates among the population of HIV exposed infants at national and subnational levels in Zambia.

**Methods:** The study recruited a cross-sectional nationally representative sample of 8,042 caregiver-baby pairs in 38 high volume immunization sites in 7 towns across 3 provinces of Zambia. All mothers who brought their children below the age of one year for immunization at the study facilities were invited to participate in the study. All consenting mothers were interviewed and blood drawn from their babies for; rapid HIV antibody test to determine exposure and DNA PCR test for samples of all HIV-exposed babies to determine HIV infection.

**Results:** Of 8,042 recruited caregiver-baby pairs, 1,409 (17.5 %) babies were HIV-exposed. Approximately 90.2 percent of all mothers of HIV exposed infants reported that they attended ANC visits more than two times and facility based deliveries stood at 91.6 percent. Exclusive breastfeeding among HIV exposed infants reduced with increase in age of infant; it was highest at 6 weeks (82.2 %) followed by 10 weeks (74.0 %) and 14 weeks (58.2 %). MTCT rates were relatively lower than what was reported before in subnational studies and stood at 4.7 percent among Penta 1 seekers, 2.8 percent among Penta 2 seekers, 2.1 percent among Penta 3 seekers and 5.0 percent among Measles vaccination seekers. The overall MTCT rate stood at 3.8 percent. About 48.1 percent of HIV positive babies were male compared to 51.9 percent females. Babies of mothers below the age of 25 years accounted almost half (51.9 %) of all HIV infected babies in the study. Reported exclusive breastfeeding among HIV positive babies was 77.8 percent for Penta 1 seekers, 75.0 percent for Penta 2 seekers and 100 percent for Penta 3 seekers.

**Conclusion:** The study succeeded in estimating the MTCT rates using infant testing in immunization services, thereby demonstrating that it is feasible to use routine infant testing in immunization services as a strategy for estimating MTCT rates among the population of HIV-exposed infants in countries with high HIV burden and immunization coverage.

**Keywords:** HIV; Mother-to-child transmission; Africa; Children

## Background

- <sup>1</sup> Vertical transmission of Human Immunodeficiency Virus (HIV) is the most common source of paediatric HIV infection in Zambia [1]. In 2016, around 8,900 children became newly infected with HIV in Zambia indicating a 56 percent decline from

4 20,000 new paediatric infections in 2009 [2, 3]. Mother-to-Child Transmission of HIV  
5 (MTCT) ranges from 15 percent to 45 percent in the absence of any intervention.  
6 MTCT can however be reduced to below 5 percent with effective interventions  
7 during pregnancy, labour, delivery and breastfeeding. Intervention include inter alia;  
8 Antiretroviral Treatment (ART) for the HIV positive pregnant woman or mother  
9 and a short course of antiretroviral drugs for the exposed infant, facility based  
10 delivery, and appropriate breastfeeding practice [4, 5].

11 Zambia first introduced its rigorous Prevention of Mother-to-Child Transmission  
12 of HIV (PMTCT) programme in 1999 and has been committed to virtual elimina-  
13 tion of MTCT since 2010 [6]. Zambia's prevention and treatment of HIV infection  
14 guidelines requires the testing of all women receiving Antenatal Care (ANC) and  
15 enrolment of all those that are found positive into HIV care and treatment [7].

16 Despite Zambia's continued efforts to eliminate MTCT, measuring of MTCT at  
17 national level remains a challenge despite the routine documentation of infant test-  
18 ing data through the PMTCT programme. Previous studies on efficacy of routine  
19 HIV testing data from PMTCT programmes have indicated that the data is largely  
20 unavailable and when it is available, it is usually incomplete, inaccurate and not  
21 available on time [8, 9, 10, 11, 12], thus partly explaining the reluctance to use it for  
22 estimating MTCT rates. Previous efforts to measure MTCT rates have therefore  
23 primarily focused on subnational levels.

24 Measurement of MTCT is critical in planning and meeting the needs of paediatric  
25 HIV prevention, care, and treatment services for children, as well as evaluating the  
26 effectiveness of PMTCT interventions [13, 14]. The Government of the Republic of  
27 Zambia and the international community are cognizant of the challenge in measuring  
28 MTCT. This study was therefore conducted with the aim of assessing the feasibility  
29 of infant testing in immunization services as a strategy for estimating MTCT rates  
30 among the population of HIV exposed infants (HEI).

31 The Zambia Programme on Immunization seeks to immunize infants against:

- 32 • Tuberculosis with the Bacille Calmette Guerin (BCG) vaccine at birth;
- 33 • Polio with oral polio vaccine (OPV) at 0 (birth), 6, 10 and 14 weeks and  
34 inactive polio vaccine (IPV) at 14 weeks;
- 35 • Diphtheria, Pertussis, Tetanus, Haemophilus Influenza type B, Hepatitis B  
36 with three doses of the Penta vaccine at 6, 10 and 14 weeks of age (DPTHib-  
37 Hep1, DPTHibHep2 and DPTHibHep3 respectively);
- 38 • Diarrhoea with Rota vaccine at 6 and 10 weeks;
- 39 • Streptococcal Pneumonia with the pneumococcal conjugate vaccine (PCV) at  
40 6, 10 and 14 weeks
- 41 • Measles and Rubella vaccines at 9 and 18 months of age;

42 HIV testing for HEI in Zambia is aligned to immunization and is done at birth (43 during BCG and OPV), 6 weeks (during OPV, DPT1 and Rota), 14 weeks (during  
44 OPV, IPV, and PCV), 9 months (during Measles and Rubella), 12 months, 18  
45 months (during measles and rubella), and 24 months [7]. This study was guided by  
46 immunization service statistics which suggest that client flow is fairly evenly divided  
47 among the three Penta vaccines and Measles vaccine, with the highest proportion  
48 at DPTHibHep1 and the lowest at measles.

## 49 Methods

50 This was a variant of sentinel surveillance study which followed a cross-sectional  
51 approach. The study took advantage of Zambia's highly successful childhood im-  
52 munization program which starts at birth (BCG) through to 18 months (measles  
53 and rubella). Using these services, the study recruited mothers and infants for HIV  
54 testing to provide data for measuring the MTCT rates. The study sought to obtain  
55 blood samples from 8,000 infants under the age of 12 months distributed across  
56 38 health facilities from across three provinces (Copperbelt, Lusaka and Southern  
57 provinces of Zambia). It was estimated that this would yield a sample of approxi-  
58 mately 1,240 HEI.

59 The sample of 1,240 was determined using an average HIV prevalence among  
60 women 15-49 of 21.6% in 2007 [15] and adjusting for lower prevalence among preg-  
61 nant women than non-pregnant women (11.6% vs. 16.6% nationally) and the preg-  
62 nancy rate (8% currently pregnant), it was estimated that 15.5% of women with a  
63 recent birth are HIV-positive. Assuming no differential mortality, equal likelihood  
64 of seeking vaccination and equal refusal rates, 1,240 (15.5%) out of 8,000 infants  
65 tested would be HIV-exposed. The precision of the estimated age-specific MTCT  
66 rates would depend on the age distribution of HIV-exposed infants in the sample.

67 In light of national vaccination norms promoting Penta vaccine booster shots  
68 (Penta-2 and Penta-3) at 4-week intervals, data collection at any one vaccination  
69 site was limited to a 4-week period to avoid re-peat testing of infants. Participants  
70 were concurrently recruited at all vaccination sites in the study until a total sample  
71 of 8,000 consenting participants was achieved.

72 During the data collection period, all consenting caregivers of infants between 0  
73 and 12 months of age who were receiving vaccinations in study sites were recruited.  
74 Inclusion criteria for care-givers were: Caregiver of age 16 and over, attending vac-  
75 cination for DPT1, DPT2, DPT3 or measles with infants younger than 12 months  
76 of age; and physically and mentally capable of providing informed consent for the  
77 interview.

78 This study involved interviewing the caregivers and taking blood samples from  
79 participating infants and testing them for both HIV antibodies (all recruited infants)  
80 and HIV DNA (infants with positive antibody tests). As part of obtaining informed  
81 consent, all caregivers were informed about the need for and difference between the  
82 two tests and that the presence of HIV antibodies in the baby's blood meant that  
83 the mother was HIV-positive. However, anti-body test results were only availed  
84 to the caregivers on request and upon receiving adequate counselling. For quality  
85 assurance and infant safety purposes, the study used certified HIV counsellors and  
86 Nurses working at the respective health facility with experience in DBS collection.  
87 All study counsellors and nurses received additional training from the research team  
88 to ensure that they had the knowledge and skills to educate mothers about the  
89 testing procedures and to properly take and preserve infant blood samples. To  
90 avoid irritating the child, only one sample was drawn from which an antibody test  
91 was done to determine exposure as well as DBS to determine actual HIV infection.

92 Data from the survey was entered using EpiData V3.1. Rapid test results to de-  
93 termine infant exposure were collected separately and linked to both the survey and  
94 the DBS data. The three datasets were merged for analysis. Frequency of key demo-  
95 graphic and other health-seeking behaviour variables were performed. The MTCT

rate was calculated as a proportion of infant blood samples with a positive PCR test result among infants with a positive HIV antibody test result; the numerator was the number of all PCR positive babies and the denominator was the number of all HIV exposed infants. The Pearson Chi-Square test was used to measure the association between HIV exposed infants and primary caregiver characteristics. Because of the small sample, the Fisher's exact test was used for the HIV infected infants and demographic and health seeking characteristics of the primary caregivers. Reported P-values should be interpreted as descriptive rather than inferential statistics applicable to the larger population. A multivariate logistic model using robust standard errors was applied to assess the associations between infant HIV exposure and vertical transmission rates, and the population characteristics. We estimated odds ratios along with 95% confidence intervals separately for infant HIV exposure and infant HIV infection. Missing data were ignored. Analyses were performed using STATA version 16.

## Results

### Study Population

The population for the study encompassed all caregiver-infant pairs attending immunisation for Penta vaccine 1, to 3, and measles vaccine for 9 months at the study sites. Of the 8,522 caregiver-infant pairs that were approached, 8,289 pairs consented for interviews and 8,042 consented for infant HIV testing representing a 97.3 percent and 94.4 percent response rates for interviews and infant testing respectively as shown in Table 1. Copperbelt province had the highest interview response rate (98.6%) followed by Southern (97.0%) and Lusaka (96.0 %) provinces and there was an almost equal distribution of infant testing response across provinces.

Table 1 further shows that Southern province recruited the highest number of participants (2,960) followed by Copperbelt (2,713) and Lusaka (2,369). A total of seven districts participated in the study; Ndola, Kitwe and Chingola from Copperbelt Province, Livingstone, Choma, and Mazabuka from Southern Province, and Lusaka from Lusaka Province.

TABLE 1 HERE

### Social demographics

Male babies accounted for about 52.1 percent of the sample while female babies accounted for 47.9 percent (Figure 1). Overall, slightly more babies recruited for the study came to the facility to receive Penta 1 (26.7 %). The rest came for Penta 2 (22.6 %), Penta 3 (24.7 %) and Measles (26.0 %).

FIGURE 1 HERE

The majority (47.1 %) of the mothers were aged less than 25 years old. Similarly, the majority were married (81.6 %), had secondary education (62.1 %) and were not employed (67.2 %) (Table 2).

TABLE 2 HERE

### HIV Infant Exposure

The HEI accounted for 17.5 percent of the overall infants tested for HIV antibody. Slightly more male infants (18.8 %) were HIV exposed than females (16.1 %). Of all

139 HEI (N=1,409), more male babies (55.9 %) were exposed than female babies (44.1  
140 %). Slightly below half (45.2 %) of all HEI had mothers above 30 years old while  
141 about a quarter (25.9 %) had mothers in the age range of 25 to 29 years (Table 2).

142 There were more HEI who came for Penta 1 (27.5 %) and Measles (27.5 %)  
143 vaccinations than those who came for Penta 2 (20.7 %) or Penta 3 (24.3 %). Overall,  
144 about 91.6 percent of all exposed infants were delivered in a health facility. Almost  
145 all mothers of exposed babies had tested for HIV (99 %) and had attended three  
146 or more ANC visits (90.7 %) (Table 4). Figure 2 presents the number of HII at  
147 national and provincial levels by immunization stage/type the baby came to receive  
148 at the time of drawing the sample. A total of 19 HIV positive results were detected  
149 in infants who came for Penta 1. Penta 2 and Penta 3 each had 9 babies testing  
150 positive to PCR test while Measles had 20.

151 FIGURE 2 HERE

#### 152 MTCT Rates in immunization services

153 Of the 1,409 exposed infants, 1,389 samples were successfully tested for HIV using  
154 DNA PCR. A total of 12 samples were rejected and 4 had missing results at the  
155 time of study completion. A total of 52 samples were reactive to the PCR test  
156 representing an overall rate of transmission of 3.75 percent for infants aged 6 weeks  
157 to 9 months. The MTCT rates at 6 weeks, 10 weeks, 14 weeks and 9 months were  
158 4.7 percent, 2.8 percent, 2.1 percent and 5.0 percent respectively (Table 3).

159 TABLE 3 HERE

160 The highest proportion of HII was among infants who came to seek Measles vacci-  
161 nation (36.5 %) at 9 months followed by those who came to seek Penta 1 (34.6%) at  
162 6 weeks. Penta 2 Penta 3 accounted for 15.4 percent and 13.5 percent of HII respec-  
163 tively. There were more female HII (51.9 %) than male HII (48 %). Slightly over half  
164 (51.9%) of all HII were among infants whose mothers were less than 25 years old.  
165 The majority (80.8 %) HII were delivered in health facilities while 17.3 percent were  
166 delivered at home. The overall number of ANC attendance visits among mothers  
167 of HII was high (90.4% had at least 3 ANC visits) and so was reported exclusive  
168 breastfeeding (51.9%).

169 TABLE 4 HERE

170 Estimating the Adjusted Odds Ratio (95% Confidence Intervals) for HIV exposure  
171 and primary caregiver characteristics, we found that the lowest exposure rates were  
172 associated with mothers who were married, had education levels higher than pri-  
173 mary school and were currently enrolled in college. Higher exposure rates were found  
174 for mothers older than 25 years of age and those who were widowed. The lowest  
175 rate of positive PCR test results were associated with the mother being older than  
176 25 years of age, delivery using health facilities and the mother having higher than  
177 primary school level education (Table 5).

178 TABLE 5 HERE

#### 179 Discussion

180 The study tested the feasibility of infant testing in immunization settings as a  
181 technique to determine MTCT rates among infants. The findings indicate that it is  
182 feasible, provided adequate resources for supplies (HIV test kids and reagents) are

183 made available to cater for massive tests of all infants in immunization clinics. This  
184 will take a strain on existing supplies and will need adequate planning to ensure that  
185 all infants in immunization clinics are tested for exposure and all exposed infants  
186 are tested for HIV using DNA PCR. The success of the program, as indicated  
187 by previous studies will also depend on a strong data capture and documentation  
188 system, and robust routine data quality assessment (RDQA)[8, 10, 16, 17, 18].

189 Our study is the first to test the feasibility of this approach to determine MTCT  
190 rates in Zambia. However, this method is recommended by the World Health  
191 Organisation[19] and has been used and proven to be feasible in Malawi[20] and  
192 KwaZulu Natal in South Africa [21]. Our study makes a significant contribution  
193 to this growing body of knowledge and demonstrates the feasibility of using this  
194 approach to estimate HIV MTCT rates by other countries in the region. The study  
195 recruited an even distribution of babies across the four immunization types (Penta  
196 1, Penta 2, Penta 3 and Measles) below the age of one year.

197 The transmission rate at 6 weeks stood at 4.7 percent and was consistent with  
198 the 2017 Joint United Nations Programme on HIV/AIDS (UNAIDS) estimate of 5  
199 percent. The MTCT rate between 6 weeks and 9 months stood at about 3.8 percent,  
200 lower than the reported rates in earlier studies. Copperbelt (3.9 percent) and Lusaka  
201 (4.2) provinces had the highest overall proportion of HIV exposed babies who tested  
202 positive to HIV. This is in line with the national HIV prevalence trends which are  
203 high in Lusaka (15.7 %) and Copperbelt provinces (13.8 %) [14].

204 As expected, the highest rate of vertical transmission was detected among infants  
205 who came for Measles vaccination (5.0 %) This was followed by those who came for  
206 Penta 1 (4.7 %). It is likely that babies continue to become infected at all stages of  
207 immunization. This implies that the risk of infection is continuous and interventions  
208 are required throughout the PMTCT cascade until breastfeeding cessation. The  
209 majority of infants who tested PCR positive are of mothers below the age of 25  
210 years. This is suggestive of the treatment naive mothers who either recently became  
211 aware of their status or are struggling to settle in their new sero-status.

212 In the multivariate analysis, we found a higher rate of infant exposure for mothers  
213 1) older than 25 years of age 2) unmarried and 3) with primary school level edu-  
214 cation. The association was significant for older mothers, those who were widowed  
215 (when compared to those who were single mothers), those who had secondary school  
216 education and those enrolled in college (compared to those who were unemployed).  
217 A higher rate of MTCT was associated with 1) female infants 2) mother being  
218 younger than 25 years of age 3)home delivery 4)lower than 5 ANC visits 5)exclu-  
219 sive breastfeeding 6)primary education schooling attainment and 7) unemployment  
220 (Table 6). The MTCT association was significant for maternal age, place of delivery  
221 and secondary school attainment of the mother.

222 The study was successful in estimating the MTCT rates for infants below the age  
223 of 12 months thus indicating that infant testing in immunization services is a feasible  
224 strategy for estimating MTCT rates among the population of HIV exposed infants.  
225 Success of this strategy however requires mobilisation of resources and focusing them  
226 on inter alia; timely procurement and delivery of infant testing supplies, training on  
227 infant testing, timely testing of DBS and communication of results, establishment  
228 of robust RDQA to ensure that infant testing data is available on time, complete,

229 accurate, reliable and is of high precision and integrity[22], and improving follow of  
230 mother-baby pairs[23].

231 The findings of this study must be interpreted within the following three limita-  
232 tions: The first limitation of this approach is that it misses some infants who may  
233 never be brought to the clinic for their immunizations during the period of data  
234 collection for different reasons. In addition, infants brought by caregivers other than  
235 their biological parents were excluded from the study. Although these constituted  
236 less than 1 percent, it biases the sample of infants included in the study. Therefore,  
237 not including HIV exposed children who never made it to the clinic for immuniza-  
238 tion or excluded for different reasons may underestimate the true MTCT rate. This  
239 limitation was also reported by [1].

240 The second limitation of this study relates to its cross-sectional nature. Because  
241 the study did not have a follow-up component for surveyed mother-baby pairs, it  
242 is not possible to distinguish early transmission from post-natal transmission. This  
243 distinction is important for Zambia because it is a breastfeeding nation [19].

244 The third limitation is that HIV status and ART uptake data were not collected  
245 from mothers due to the unreliability of such self-reported data. This limits the  
246 number of variables for multivariate analysis to isolate which factors contribute to  
247 infant HIV exposure and infection [19].

## 248 Conclusion

249 This study suggests that it feasible to use immunization clinics to monitor both the  
250 maternal and infant HIV infections rates and that routine testing in immunization  
251 clinics can be used to identify exposed and infected infants early and link them  
252 to treatment. This finding is consistent with studies that have been conducted  
253 in the region and thus can be used by other countries in the region with high  
254 immunization coverage to estimate MTCT rates. Follow-up mechanisms however,  
255 need to be put in place to ensure that mother-baby pairs who are not enrolled in  
256 the HIV treatment program are tracked and linked to treatment and care. There is  
257 further need for routine data quality assessment of PMTCT programme data in all  
258 facilities providing PMTCT services. Although this will require increased resources  
259 to implement, the long-term cost of estimating MTCT rates and evaluating the  
260 effectiveness of the PMTCT program will be reduced.

## 261 Abbreviations

262 ANC: Antenatal Care

263 ART: Antiretroviral treatment

264 BCG: Bacille Calmette Guerin

265 DBS: Dried Blood Spot

266 DNA: Deoxyribonucleic Acid

267 DPTHibHep: Diphtheria, Pertussis, Tetanus, Haemophilus Influenza type B, Hep-  
268 atitis B

269 HEI: HIV Exposed Infant

270 HII: HIV Infected Infant

271 HIV: Human Immunodeficiency Virus

272 IPV: inactive Polio Vaccine

273 MTCT: Mother-to-Child Transmission  
274 OPV: Oral Polio Vaccine  
275 PCR: Polymerase Chain Reaction  
276 PCV: Pneumococcal Conjugate Vaccine  
277 PMTCT: Prevention of Mother-to-Child Transmission  
278 RDQA: Routine Data Quality Assessment Joint United Nations Programme on  
279 HIV/AIDS (UNAIDS)

280 **Declarations**

281 **Ethics approval and consent to participate**

282 Ethical approval for the study was sought from the University of Zambia Biomedical Research Ethics Committee  
283 (UNZABREC), a local institutional review board (IRB). Additional approvals were obtained from National Health  
284 Research Authority and the Zambian Ministry of Health at national, provincial, district and health facility levels.  
285 Only children whose biological parents consented were included in the study. Informed written consent was obtained  
286 from the biological parents of the infants before the interview. Additional written consent was obtained from the  
287 biological parents to draw blood from their infant.

288 **Consent for publication**

289 Not applicable

290 **Competing interests**

291 The authors declare that they have no competing interests.

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293 The study was supported with funding from Centers for Disease Control and Prevention (CDC). The funding  
294 covered data collection, analysis and report writing.

295 **Availability of data and materials**

296 The datasets used and/or analysed during the current study are available from the corresponding author on  
297 reasonable request.

298 **Author's contributions**

299 JS led on study design, data collection, participated in the data analysis and interpretation of results, prepared the  
300 first draft and participated in later drafts of the article. PF participated in data analysis and interpretation and  
301 drafting of the article. AM participated in data collection, data analysis, interpretation and drafting of the article.  
302 JM participated in the study design, training of data collectors and drafting of the article. CK participated in the  
303 study design and review of the article. All authors have seen and approved the final version.

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374 24. **Figures**

Figure 1: **Infant Sex, HIV Exposure and Vaccination Type.** Panel A and B of the figure shows the distribution, in percentage, of sampled infants and HIV exposure by sex. Panel C shows the infant distribution by vaccination type while Panel D shows the infant HIV exposure rate disaggregated by vaccine type and sex.

Figure 2: **Number of HIV positive babies by district and infant age/immunization type.** The figure shows the number of HIV positive babies by immunization type tested using DNA PCR. The distribution is illustrated at both national level and disaggregated by province.

Table 1: Study Participation Rates per Province

Province	District	Clients	Contacted				Consenting				Refusals			
			For Interviews		For Blood Test		Interview		For Blood Test					
		n	%	n	%	n	%	n	%	n	%	n	%	
Copperbelt	Ndola	980	965	98.5	950	96.9	15	1.5	30	3.1				
	Kitwe	987	970	98.3	950	96.3	17	1.7	37	3.8				
	Chingola	939	930	99.0	813	86.6	9	1.0	126	13.4				
	Total	2906	2865	98.6	2713	93.4	41	1.4	193	6.6				
Southern	Livingstone	958	940	98.1	939	98.0	18	1.9	19	2.0				
	Choma	1053	1033	98.1	1027	97.5	20	1.9	26	2.5				
	Mazabuka	1105	1051	95.1	994	90.0	54	4.9	111	10.1				
	Total	3116	3024	97.1	2960	95.0	92	3.0	156	5.0				
Lusaka	Lusaka	2500	2400	96.0	2369	94.8	100	4.0	131	5.2				
All		8522	8289	97.3	8042	94.4	233	2.7	480	5.6				

Table 2: Infant HIV exposure by primary caregiver demographic characteristics

	N	%	Infants exposed	% exposed	P-Value
<b>Age of mother</b>					
Less than 25	3,787	47.1	407	10.8	P < 0.001
25-29	1,962	24.4	365	18.6	
30+	2,293	28.5	637	27.8	
<b>Marital Status</b>					
Single	1,303	16.2	194	14.9	P < 0.001
Cohabiting	55	0.7	14	25.5	
Married	6,561	81.6	1,158	17.7	
Divorced	39	0.5	11	28.2	
Separated	57	0.7	17	29.8	
Widowed	27	0.3	15	55.6	
<b>Highest level of Education</b>					
Primary	2,300	28.6	476	20.7	P < 0.001
Secondary	4,991	62.1	793	15.9	
Higher	457	5.7	85	18.6	
None	294	3.7	55	18.7	
<b>Occupation (Employment Status)</b>					
Formal employment	625	7.8	127	20.3	P < 0.001
Self-employed/business	1,899	23.6	403	21.2	
Not employed	5,405	67.2	865	16.0	
School	70	0.9	2	2.9	
Other	43	0.5	12	27.9	
Total	8,042	100	1,409	17.5	

Table 3: Overall MTCT rates by Province and age of infant/immunization type

Province	Immunization type Infant age	Penta 1 6 Weeks	Penta 2 10 Weeks	Penta 3 14 Weeks	Measles 9 months	Total
		2.6	2.9	2.6	6.7	3.9
Copperbelt Province		4.1	4.4	2.4	2.9	3.4
Southern Province		6.9	1.1	1.1	6.6	4.2
All		4.7	2.8	2.1	5.0	3.8

Overall MTCT rates calculated as the proportion of PCR positive infants from the number of HIV exposed infants

Table 4: Characteristics of HEI and HII

	HEI	HII	MTCT	P-Value*
<b>Sex</b>				
Male	788 (55.9 %)	25 (48.1 %)	3.2	P = 0.258
Female	621 (44.1 %)	27 (51.9 %)	4.4	
All	1,409 (100 %)	52 (100 %)	3.8	
<b>Age of mother</b>				
Less than 25	407 (28.9 %)	27 (51.9 %)	6.7	P = 0.002
25-29	365 (25.9 %)	9 (17.3 %)	2.5	
30+	637 (45.2 %)	16 (30.8 %)	2.6	
All	1,409 (100 %)	52 (100 %)	3.8	
<b>Current Vaccination</b>				
Penta 1	387 (27.5 %)	18 (34.6 %)	4.7	P=0.115
Penta 2	292 (20.7 %)	8 (15.4 %)	2.8	
Penta 3	342 (24.3 %)	7 (13.5 %)	2.1	
Measles	388 (27.5 %)	19 (36.5 %)	5.0	
All	1,409 (100 %)	52 (100 %)	3.8	
<b>Place of Delivery</b>				
Home	113 (8.0 %)	9 (17.3 %)	8.1	P=0.010
Health Facility	1,291 (91.6 %)	42 (80.8 %)	3.3	
Other	5 (0.4 %)	1 (1.9 %)	25.0	
All	1,409 (100 %)	52 (100 %)	3.8	
<b>Number of ANC Visits</b>				
None	5 (0.4 %)	0 (0.0 %)	0	P=0.151
1-2	125 (8.9 %)	5 (9.6 %)	4.1	
3	432 (30.8 %)	23 (44.2 %)	5.4	
4	634 (45.3 %)	21 (40.4 %)	3.4	
5+	205 (14.6 %)	3 (5.8 %)	1.5	
All	1,409 (100 %)	52 (100 %)	3.8	
<b>Exclusive Breast Feeding</b>				
Yes	733 (52.0 %)	27 (51.9 %)	3.7	P=1.000
No	676 (48.9 %)	25 (48.1 %)	3.8	
All	1,409 (100 %)	52 (100 %)	3.8	

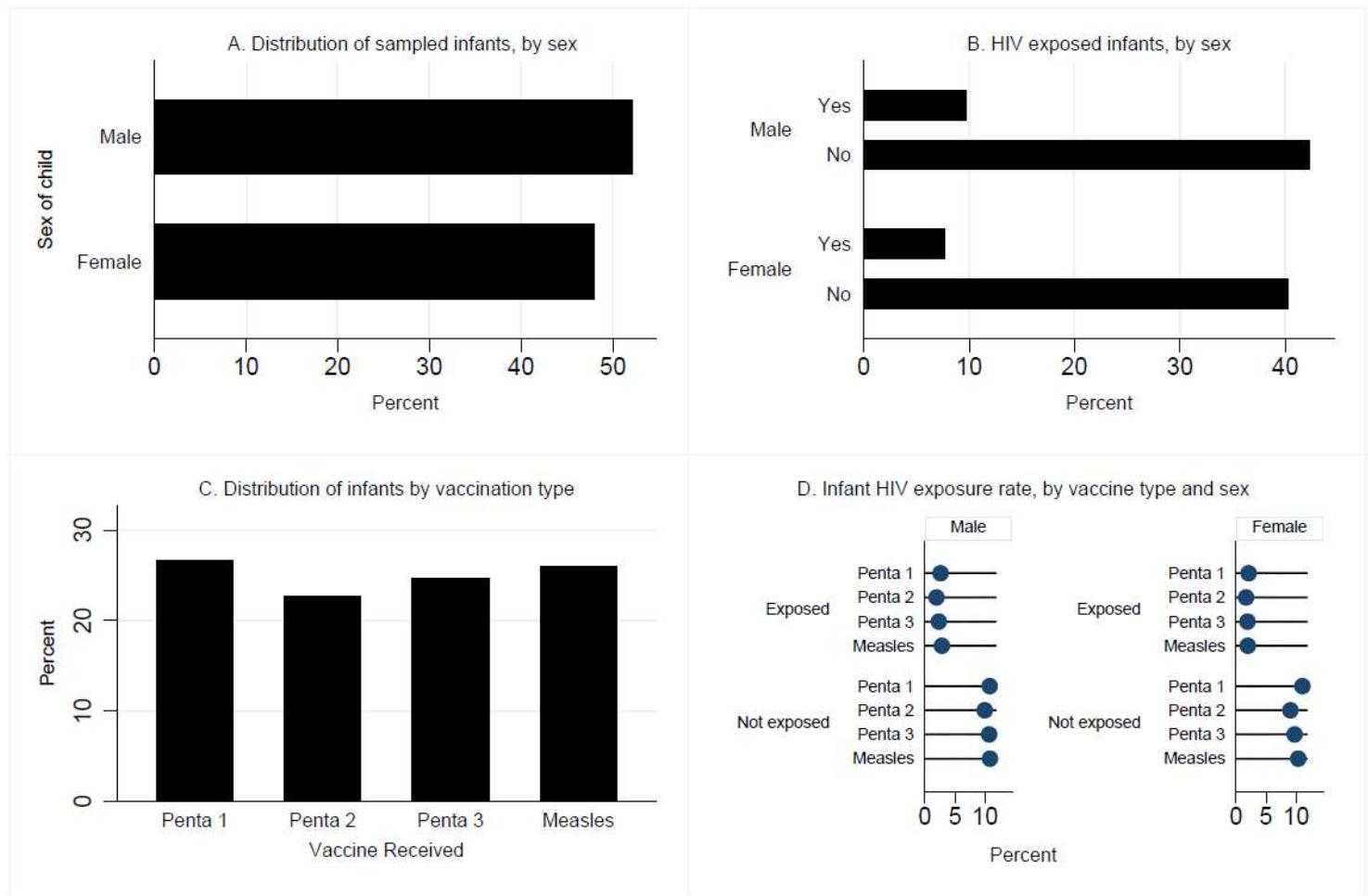
\*Fisher exact test

Table 5: Estimated Adjusted Odds Ratio and 95% Confidence Intervals for Infant HIV Exposure MTCT

PMTCT interventions/characteristic of primary caregiver	HEI	HII
<b>Sex of Infant</b>		
Male	1	
Female	0.4 (-0.2,1.0 )	
<b>Age of mother</b>		
Less than 25	1	1
25-29	0.7*** (0.5,0.8)	-1.1** (-1.9,-0.3)
30+	1.2*** (1.0,1.3)	-1.2*** (-1.9,-0.5)
<b>Current Vaccination</b>		
Penta 1	1	
Penta 2	-0.5 (-1.5,0.4)	
Penta 3	-0.7 (-1.7,0.3)	
Measles	0.6 (-0.6,1.9)	
<b>Place of Delivery</b>		
Home	1	
Health Facility	-0.9* (-1.8,-0.1 )	
Other	1.4 (-1.0,3.8)	
<b>Number of ANC Visits*</b>		
1-2	1	
3	0.7 (-0.4,1.8)	
4	0.1 (-1.1,1.2)	
5+	-0.9 (-2.3,0.6)	
<b>Exclusive Breast Feeding</b>		
Yes	1	
No	-0.5 (-1.5,0.6)	
<b>Marital Status*</b>		
Single	1	1
Cohabiting	0.4 (-0.2,1.1)	1.1(-0.6,2.7)
Married	-0.2**(-0.4,-0.1)	-0.3(-1.1,0.4)
Divorced	0.3(-0.5,1.0)	
Separated	0.4( -0.2,1.0)	1.3(-0.3,2.9)
Widowed	1.3**(0.5,2.1)	0.7(-1.4,2.8)
<b>Highest level of Education</b>		
Primary	1	1
Secondary	-0.2** (-0.3,-0.1)	-0.7*(-1.3,-0.0)
Higher	-0.2 (-0.5,0.0)	0.8 (-0.2,1.9)
None	-0.2 (-0.5,0.1)	-1.1(-3.1,0.9 )
<b>Occupation (Employment Status)*</b>		
Not employed	1	1
Formal employment	0.0(-0.2,0.3)	-1.3(-2.7,0.1)
Self-employed/business	0.1(-0.0,0.2)	-0.1 (-0.8,0.6)
In School	-1.6* (-3.1,-0.2)	
Other	0.7 (-0.0,1.5)	-0.1(-2.5,2.3 )

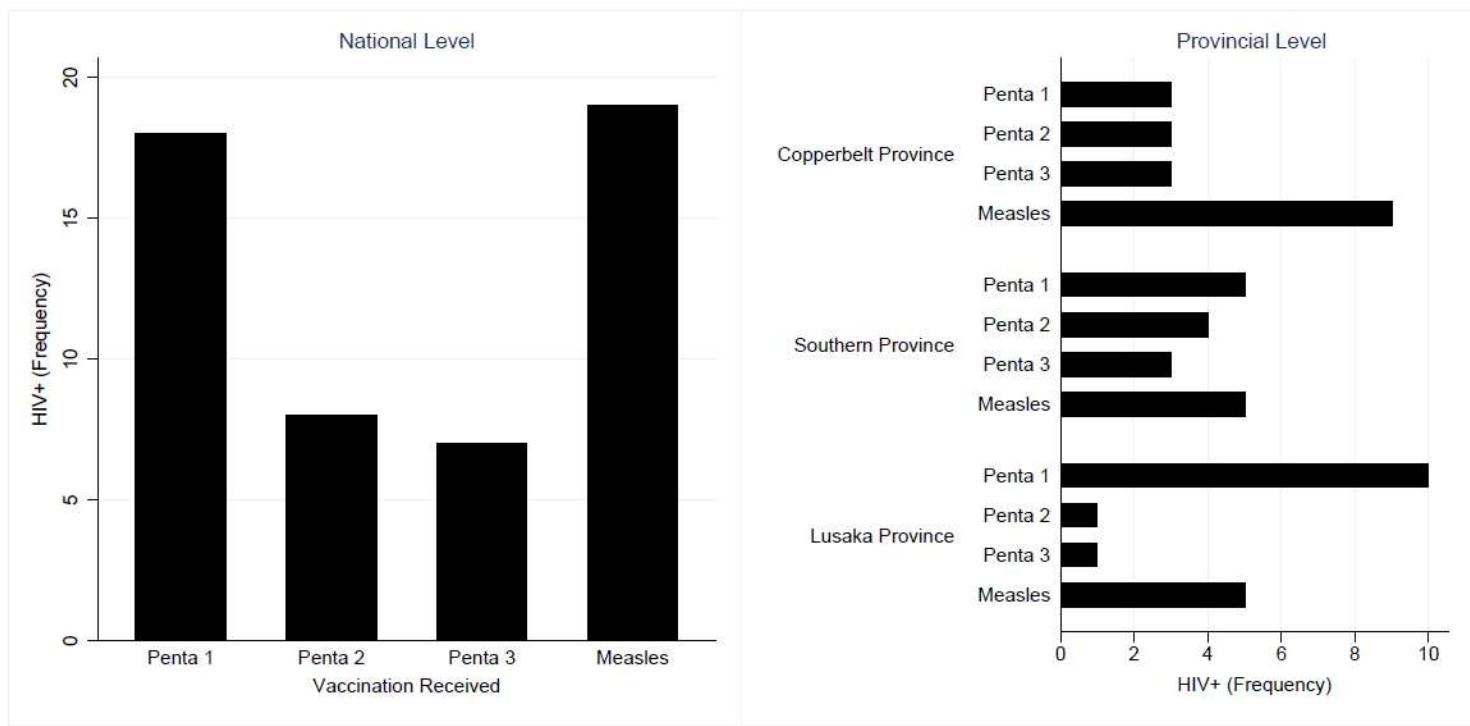
\*Excluded from the HII analysis were those who did not go for ANC (5), were divorced (9) or in school(2). N for HEI (8042), HII (1361). \*p<0.05, \*\* p<0.01, \*\*\* p<0.001

# Figures



**Figure 1**

Infant Sex, HIV Exposure and Vaccination Type. Panel A and B of the figure shows the distribution, in percentage, of sampled infants and HIV exposure by sex. Panel C shows the infant distribution by vaccination type while Panel D shows the infant HIV exposure rate disaggregated by vaccine type and sex.



**Figure 2**

Number of HIV positive babies by district and infant age/immunization type. The figure shows the number of HIV positive babies by immunization type tested using DNA PCR. The distribution is illustrated at both national level and disaggregated by province.