

# Intraspecific Convergence of Flower Size Correlates With Pollinator Size on Different Mountains: A Case Study of a Bumblebee-Pollinated *Lamium* (Lamiaceae) Flowers in Japan

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## Research Article

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# Abstract

## Background

Geographic differences in flower size sometimes reflect geographic differences in pollinator size. However, we know little about whether this flower size specialization to the regional pollinator size occurred independently at many places or occurred once and then spread across the distribution range of the flower species.

## Results

We investigated the relationship between the local corolla tube length of flowers and morphological traits of local pollinators in 12 populations of *Lamium album* var. *barbatum* on two different mountains in the Japan Alps. Then, using 10 microsatellite markers, we analyzed genetic differentiation among the 12 populations. The results showed that local corolla tube length was correlated with the average size of relevant morphological traits of the local pollinators: corolla tube length was greater in populations visited frequently by the largest flower visitors, *Bombus consobrinus* queens, than it was in other populations. We also found that the degree of genetic similarity between populations more closely reflected interpopulation geographic proximity than interpopulation similarity in corolla tube length.

## Conclusions

Although genetic similarity of populations was highly associated with geographic proximity, corolla tube length varied independently of geographic proximity and was associated with local pollinator size. These results suggest that in *L. album* var. *barbatum*, long corolla tube length evolved independently in populations on different mountains as a convergent adaptation to locally abundant large bumblebee species.

# Introduction

Plant–pollinator interaction, one of the main mutualistic relationships between angiosperms and animals, greatly influences the reproductive success of plants [1–7]. Floral adaptation to pollinators is thought to be a key mechanism leading to the diversification of flower traits and speciation in angiosperms [8–11], and variations in floral characteristics, including in flower shape [12, 13], size [14, 15], color [16, 17], and odor [18, 19], have been recognized to have resulted from adaptation to pollinators. In fact, many studies have shown that geographic variation of flower traits is associated with geographic variation of pollinator assemblages [4, 13, 20–32].

Local adaptation of plants to pollinators can lead to plant speciation through the establishment of prezygotic reproductive isolation, because specialization to specific pollinators may preclude pollinator sharing between related plant lineages [4, 22, 33]. In fact, according to the Grant–Stebbins model of floral divergence [8, 9, 11, 34], prezygotic reproductive isolation through pollinator-based selection is the main pathway of floral trait diversification. The Grant–Stebbins model proposes that local adaptation of plants to local pollinator assemblages results in trait diversification and reinforcement of reproductive isolation. Thus, a geographic mosaic of flower visitors may promote allopatric divergence in plants into ecotypes. Accordingly, if divergence in allopatry is followed by secondary contact, we can hypothesize that local adaptation to pollinators may prevent gene flow between the two ecotypes even after the secondary contact. One useful approach to understanding trait diversification and speciation in angiosperms, therefore, is to combine an ecological evolutionary analysis of local plant adaptations with an analysis of population genetics to assess the degree of genetic isolation between populations. Given that about 25% of angiosperm diversification events may be associated with a shift in pollinators [35], this combination of analytical approaches can shed considerable light on plant diversity mechanisms [36, 37]. Nevertheless, researchers focusing on plant diversification have only recently begun to use these two approaches in combination [34, 38, 39]. In particular, knowledge of the patterns of morphological changes associated with intraspecific genetic structures can contribute to our understanding of the early stages of divergence [34].

In this study, we posit two hypotheses to explain geographic differences in floral characteristics. The first hypothesis is that allopatric flower size divergence occurred a long time ago because of allopatric pollinator-mediated ecotypic ‘speciation’. In this scenario, two pollination ecotypes (e.g., with long or short corolla tubes) were already genetically distinct so that current gene flow occurs only between populations with similar flower and near physical distance size. The second hypothesis is that flower-size ecotypic ‘speciation’ did not occur, but allopatric flower size divergence is currently maintained due to selection caused by local pollinator size, so that gene flow occurs not only between nearby populations but also distantly populations. In this scenario, the degree of genetic similarity among populations should reflect geographic proximity rather than flower size similarity.

In Japan, corolla tube length varies geographically in *Lamium album* L. var. *barbatum* Franch (Lamiaceae) [40]. In Europe, *L. album* var. *barbatum* is reported to be visited mainly by bumblebees [40], whereas *L. album* is visited by small wild bees and honeybees [41]. Flower–pollinator trait matching has been demonstrated in a Japanese population of *L. album* var. *barbatum* by Hattori et al. (in press) [42], who observed that as the difference between bumblebee tongue length and the corolla tube length of *L. album* var. *barbatum* becomes larger in a population, fruit set per single pollinator visit becomes smaller. Thus, we expect corolla tube length to be greater in Japanese populations of *L. album* var. *barbatum* visited by large pollinators, and we can expect to find a relationship between corolla tube length and the size of relevant pollinator traits in those populations.

In this study, we investigated the relationship between corolla tube length and pollinator size in 12 populations of *L. album* var. *barbatum* in two different mountain areas and confirmed plant–pollinator trait matching in these populations: plants in populations visited by long-tongued pollinators characteristically had long corolla tubes, whereas plants in populations visited by short-tongued pollinators had short corolla tubes. In addition, using 10 microsatellite markers, we estimated the population genetic structures of the 12 *L. album* var. *barbatum* populations and found that corolla tube length correlated with local pollinator size but not with the genetic similarity of populations. This finding supports the second of the two hypotheses formulated above.

## Results

### Geographic variation of corolla tube length

We found that corolla tube length of *L. album* var. *barbatum* and the pollinator assemblage greatly differed among populations (Tukey's HSD,  $P < 0.05$ ; Table 1). In particular, only small bees visited flowers of the Shimashima I population. There was no spatial autocorrelation of average corolla tube length between populations (Moran's  $I = -0.028$ ;  $P = 0.332$ ).

Table 1 Survey results from the 12 *L. album* var. *barbatum* populations. Pollinator visitation frequencies in each 1 m × 1 m quadrat during the indicated observation time. The census days of each population are within the approximate peak flowering period of that population. Different lowercase letter superscripts to average corolla tube length indicate significant differences between the populations (Tukey's honestly significant difference (HSD) test,  $P < 0.05$ )

	Location									
	West area							East area		
	Shimashima I	Shimashima II	Ohmizusawa	Onosawa	Mitsumata	Norikura	Ougisawa	Fujiidani	Santanda	Ushifu
Visitation frequency										
Small bees (whole-body pollinators) total	7	87	189	20	7	13	-	29	26	28
Large bees (thrust pollinators) total	0	7	63	3	28	61	4	33	2	16
<i>Eucera</i> ssp. & <i>Apis</i> ssp.	-	7	-	-	-	-	-	33	2	16
<i>Bombus ardens</i> worker	-	-	-	-	-	12	-	-	-	-
<i>B. honshuensis</i> worker	-	-	14	-	-	40	-	-	-	-
<i>B. honshuensis</i> queen	-	-	29	-	1	-	-	-	-	-
<i>B. diversus</i> worker	-	-	-	3	-	1	-	-	-	-
<i>B. diversus</i> queen	-	-	-	-	-	-	-	-	-	-
<i>B. consobrinus</i> worker	-	-	3	-	-	8	2	-	-	-
<i>B. consobrinus</i> queen	-	-	17	-	27	-	2	-	-	-
Observation time (min)	540	230	600	270	215	357	90	450	450	410
Visitation rate (individual/h)	0.78	26.35	31.50	5.78	17.58	22.69	5.33	12.67	4.00	8.78
Average pollinator size (mm, all visitors)	11.38	11.78	13.41	10.05	23.61	14.05	24.91	12.44	11.91	12.57
Average pollinator size (mm, only large bees)	-	13.45	19.11	17.48	26.72	15.43	24.91	12.66	12.08	13.12
Average pollinator size (mm, only small bees)	11.38	11.65	11.60	11.11	11.18	8.85	-	12.20	11.89	12.26
Average corolla tube length (mm)	25.91 <sup>a</sup>	28.57 <sup>d</sup>	29.21 <sup>e</sup>	27.71 <sup>c</sup>	30.53 <sup>fg</sup>	28.55 <sup>d</sup>	31.12 <sup>g</sup>	27.06 <sup>b</sup>	25.93 <sup>a</sup>	26.78 <sup>b</sup>
Census days	4 Apr–16 May 2018	20 May–6 Jun 2018	11 May–18 Jun 2018	1–6 Jun 2019	4–14 Jun 2019	17 Jun–9 Jul 2018	26 Jun–3 Jul 2019	17–23 May 2019	2–30 May 2019	10–31 May 2018

#### Pollinator size variation

In the survey of insect visitors, large bees, small bees (whole-body pollinators), small bees (without attached pollen grains), and nectar robbers were observed (Additional file 1: Table S1). In our analysis, we treated only the first two groups as valid pollinators. The average pollinator size varied among populations: for

all pollinators (first two groups only), it was 10.05–24.91 mm; for large bees, it was 12.08–26.72 mm, and for small bees (whole-body pollinators), it was 8.85–12.26 mm (Table 1). The largest bees were queens of *Bombus consobrinus*, which were observed in particularly high proportions in the Mitsumata, Ougisawa, and Hirokoba populations (Additional file 1: Table S1). Bees that were not considered to contribute to pollination were excluded from the size measurements. These included small bees without attached pollen grains (*E. nipanicus*, *L. nipponense*, *L. occidentis*, *N. comparata*, and *Nomada* spp.), which were observed only at Onosawa and Fujiidani, and nectar robbers (*A. mellifera*, *B. hypocrita*, *X. appendiculata circumvolans*), which forage for nectar by drilling a hole in the lower part of the corolla tube (Additional file 1: Table S1).

### Factors influencing local corolla tube length

The model with the lowest Akaike information criterion (AIC) value was that in which the average pollinator size of large bees and plant height were included as predictive variables (Additional file 2: Table S2). In this model, only the average pollinator size of large bees was a statistically significant variable (Table 2). By a regression analysis between corolla tube length and the average pollinator size of only large bees, we detected significant covariation ( $R^2 = 0.807$ ,  $P < 0.001$ ; Fig. 1)

Table 2 Outcome of the generalized linear mixed model with the lowest AIC value.

Factor	Coefficient	SE	<i>t</i>	<i>P</i> -value
Intercept	20.906	1.552	13.468	$8.86 \times 10^{-7}$
Average pollinator size of large bees (mm)	$2.539 \times 10^{-1}$	$4.125 \times 10^{-2}$	6.155	$2.73 \times 10^{-4}$
Plant height (cm)	$5.243 \times 10^{-2}$	$2.823 \times 10^{-2}$	1.857	0.100

### Genetic structure of *Lamium album* var. *barbatum* populations

In the STRUCTURE analysis result, the  $\Delta K$  value indicated that the most appropriate number of genetic clusters was  $K = 2$  (Fig. 2a), and, for the most part, the populations in the east area were found to differ genetically from those in the west area (Fig. 2b). However, the Shimashima I population, although located in the west area, was genetically closer to populations in the east area, whereas the Fujiidani population, which was in the east area, was genetically closer to populations in the west area. The analysis of molecular variance (AMOVA) result based on 10 microsatellite loci also indicated a significant difference in genetic structure between the two mountain areas (Table 3;  $\phi_{CT} = 0.031$ ;  $P < 0.022$ ). This result is consistent with the results of the STRUCTURE analysis, in which populations in the east and west areas tended to be in separate genetic clusters. However, in the AMOVA result, most of the genetic variation was detected within populations (79.56%) and among populations within areas (17.31%).

Table 3 Analysis of molecular variance (AMOVA) results for the 12 *L. album* var. *barbatum* populations.

Source of variance	df	SS	Variation (%)	$\phi$ statistic	<i>P</i> -value
Among mountain areas (west or east)	1	34.52	3.13	$\phi_{CT} = 0.031$	0.022
Among populations within areas	10	170.24	17.31	$\phi_{SC} = 0.179$	<0.001
Within populations	494	832.75	79.56	$\phi_{ST} = 0.204$	<0.001

## Discussion

### Relationship between flower size and pollinator size

Both the corolla tube length and pollinator assemblages of *L. album* var. *barbatum* showed geographic variations (Table 1; Fig. 3), but the lack of any spatial autocorrelation of corolla tube length suggests that populations that are spatially close are not necessarily similar in corolla tube length. In fact, the model that best explained corolla tube length of a population was that in which the average size of large bees was an explanatory variable (Table 2). Moreover, in the regression analysis of the 12 populations, corolla tube length was strongly correlated with the average size of large bee pollinators (Fig. 1).

Unlike large bees, small bees can forage successfully in flowers with both short and long corolla tubes because they crawl into the flower tube to forage. Therefore, a match between the body size of small bees and corolla tube length is not necessary for successful pollination. Interspecific variation in body size and tongue length is a prominent feature of large bees, *Bombus* spp., and many studies have demonstrated correlations between flower size in a plant species and the *Bombus* species composition of its pollinator assemblage [3, 13, 31, 43]. Our results indicate that in *L. album* var. *barbatum*, corolla tube length at a particular location is correlated with the local average body size of large bees. However, it is possible that the correlation between corolla tube length and local pollinator size reflects selection on a co-varying characteristic or selection mediated by other agents [44]. In this context, the observation that the correlation between corolla tube length and local pollinator size was associated with seed set per single visit by a bumblebee in a *L. album* var. *barbatum* population at Norikura [42] is good evidence that variation in this floral trait represents an adaptation to pollinator size.

At the Mitsumata and Hirokoba locations, the herb *Meehanian urticifolia*, which has a long corolla tube (over 40 mm), was abundant, and *B. consobrinus* queens visited the flowers of this herb during its flowering season, just prior to that of *L. album* var. *barbatum*. Similarly, at Ougisawa, the shrub *Weigela hortensis*, which also has a long corolla tube, blooms a little earlier than *L. album* var. *barbatum*, and *B. consobrinus* queens were observed to visit flowers of both species (T. Toji personal observation). Thus, at sites with populations of *L. album* var. *barbatum* flowers having long corolla tubes, other flower species

also tended to have long corolla tubes. These observations suggest that the local evolution of long corolla tube length in *L. album* var. *barbatum* may reflect interactions with large bumblebees in these local areas.

### Genetic structure and independent flower size adaptation

The STRUCTURE analysis and AMOVA results suggest that, in general, populations within each mountain area were more closely related to each other than they were to populations in the other mountain area (Table 3; Fig. 2). The largest flower visitors, *B. consobrinus* queens, visited four populations, Ohmizusawa, Mitsumata and Ougisawa in the west area and Hirokoba in the east area, and corolla tube length in these four populations was significantly longer than it was in other populations (Table 1). However, in the genetic clustering analysis results, Ohmizusawa, Mitsumata and Ougisawa belonged to one of the two genetic clusters detected whereas Hirokoba belonged to the other (Fig. 2). This result suggests that corolla tube length in *L. album* var. *barbatum* evolved independently in each genetic cluster.

The large genetic gap between the Shimashima I and Shimashima II populations is interesting because these two populations are only 0.4 km apart in straight line distance (Fig. 3). This genetic difference may reflect a history of colonization. In these two populations, *L. album* var. *barbatum* plants bloom at different times of the year (Table 1), and the pollinator assemblages and corolla tube length distributions also differ between them. Given these differences in the timing of flowering and in the flower visitor assemblages, we infer that these populations are able to maintain genetic independence despite their proximity. Similarly, in Matsumoto, Japan, the shrub *Cimicifuga simplex* comprises multiple parapatric ecotypes that appear to be maintained by differences in the flowering season and flower visitor assemblage among the ecotypes [18, 45]. Further study is needed to determine what factors maintain the genetic differentiation between the Shimashima I and II populations in *L. album* var. *barbatum*.

Although Shimashima I is located in the west area, it is genetically more closely related to populations in the east area. Similarly, Fujiidani is in the east area but is genetically more closely related to populations in the west area (Fig 2b). Clear evidence to explain these discrepancies in the genetic structure of these populations is currently lacking.

The most striking aspect of our results is that the evolutionary geographic mosaic displayed by flower tube length variation reflects the regional distribution of the large bumblebee *B. consobrinus*, whereas the genetic similarity among populations reflects geographic proximity rather than flower trait similarity. Our results thus support the second hypothesis (flower-size ecotypic 'speciation' did not occur, and trait divergence is independent of population genetic structure) proposed in the introduction. Sympatric ecotypic divergence in different mountain areas in Japan has also been reported in the alpine herb *Potentilla matsumurae* [46]. In this species, two ecotypes have been found, one favoring growth in fellfields and the other favoring growth in snowbeds. This ecotype divergence has occurred independently in at least two geographically separated mountain areas in Japan (Hokkaido and Tohoku), and the different ecotypes in the same region are genetically close. This pattern is similar to the results of this study. Thus, the independent divergence of floral traits can be detected by comparing floral traits and genetic structures across mountain ranges.

## Conclusions

We presented evidence for convergent intraspecific floral trait evolution by showing that changes in floral morphology in populations of *L. album* var. *barbatum* were associated with a shift to a morphologically different pollinator assemblage, but did not reflect the degree of genetic relatedness among the *L. album* var. *barbatum* populations. This study showed that a comparative approach to plant traits and genetic structure between mountain areas can be useful for demonstrating intraspecific genetic divergence and convergence of plant traits. To verify the Grant-Stebbins model, described in the introduction, it will be necessary in the future to examine a larger clade with more transitions in pollinating systems together with information on pollinator ranges, plant migration patterns (biogeography), and the direction of pollination system transitions [39].

## Methods

### Plant species

*Lamium album* L. var. *barbatum* (Lamiaceae) is a perennial herb that grows along forest edges throughout East Asia [47]. It produces creamy white, two-lipped, entomophilous, and self-incompatible flowers [40, 41]. The flowers are frequently visited by various bumblebee species, and in Japan, the corolla tube length of the flowers may correlate with the size (proboscis length and head length) of their bumblebee pollinators. Flower–pollinator morphological matching has been reported to improve seed set in a population of *L. album* var. *barbatum* located near the populations of this study [42]. A bumblebee visiting a flower of *L. album* var. *barbatum* inserts its tongue into the inner part of the corolla tube to forage for nectar and in the process rubs its head and thorax against the anthers and the stigma. In addition to bumblebees, honeybees and wild bees have been observed to visit *L. album* var. *barbatum* flowers, but in Japan bumblebees are their main pollinators [40].

### Study site

Populations of *L. album* var. *barbatum* were surveyed at 12 sites in two mountain areas in Matsumoto, Nagano Prefecture, the central Japan Alps. All surveys were conducted between April and July, during the flowering season of each population, in 2018 or 2019. The two mountain areas were around Mt. Norikura, west of the Matsumoto basin (the "west area"), and around the Utsukushigahara highland, which is east of the basin (the "east area") (Fig. 3). Each population of *L. album* var. *barbatum* was a geographically cohesive group of densely distributed plants located along a forest road in deciduous broad-leaved forest. The distance between the populations ranged from 0.4 to 52.4 km.

### Corolla tube length measurement

First, 18–170 individuals were haphazardly selected from each population. Then, following the method of Hattori et al. (2015) [40], we measured the corolla tube length of 1–6 flowers per individual plant with a digital caliper (precision, 0.01 mm). The corolla tube length was defined as the distance from the flower's base at the stem to its tip (Fig. 4). Preliminary measurements showed that the variation of corolla tube length among flowers on an individual plant was less than the variation among plants. Therefore, we used the average value of the measured corolla tube lengths of 1–6 flowers on an individual plant as the corolla tube length of that plant. We also measured plant height, as a proxy for plant size, of 20 haphazardly selected individuals in each population. Average corolla tube lengths were compared between populations by using Tukey's honestly significant difference (HSD) test. In addition, we used the Moran's I test for spatial autocorrelation to determine to what degree correlations could be explained by the sampling of populations in close proximity to one another. For this test, we used the `moran.test` function in the "spdep" package in the R software environment ver. 4.0.2 [48].

### Pollinator assemblages and size variation

To observe the pollinator assemblages of *L. album* var. *barbatum*, we selected the largest patch of plants (ranging in area from about 10 to 200 m<sup>2</sup>) in each of the 12 populations and haphazardly established a 1 m × 1 m quadrat (about 100 individuals) within the patch on each census day (Table 1). We then recorded the insects that visited the flowers in this quadrat. Observations were made on several days between 8:00–14:00 local time, when flower visitors were active in each population. At each location, we observed all flower visitors for a total of 90–660 minutes spread over 1–4 days during the peak flowering period. Since bumblebee species (*Bombus* spp.) can be easily distinguished while they are visiting a flower, the species of each bumblebee was recorded as they visited a flower, and the observed species were regarded as the bumblebee pollinator assemblage. In contrast, it is difficult to distinguish among *Eucera* spp. and species of small bees during their flower visits, so we estimated the species-level pollinator assemblage of these taxa from capture survey results (see below).

To define the size of each pollinator species, we measured morphological traits of each species relevant to the pollinating behavior of that species. For this survey, flower-visiting insects were haphazardly captured following their flower visitation, and the size of each of the selected traits was measured with a digital caliper (precision, 0.01 mm). We collected visiting insects following their flower visitation. *Bombus* spp., *Eucera* spp., and *Apis cerana japonica* (hereafter, "large bees") are "thrust pollinators"; they forage for nectar by thrusting their heads into flowers and extending their tongues. Thus, we defined the pollinator size of large bees as the sum of the tongue length and the head length. (Fig. 4). In contrast, *Ceratia* spp., *Lasioglossum* spp., and *Andrena* spp. (hereafter, "small bees") are "whole-body pollinators"; they forage for nectar by crawling into the corolla tube. The small bees first land at the entrance to the flowers (upper or lower lip), and then crawl into the flowers to forage, moving through the anthers and stigma to the nectary. As a result, pollen grains become attached to both the head and the ventral side of the abdomen of small bees; thus, we defined the pollinator size of small bees as the body length from the tip of its tongue to the caudal end of the abdomen (Fig. 4). Nectar robbers (*Apis mellifera*, *Bombus hypocrita*, *Xylocopa appendiculata circumvolans*) and small bees on which we did not observe attached pollen grains (*Euodynerus nipanicus*, *Lasioglossum nipponense*, *L. occidens*, *Nomada comparata* at Onosawa, *Nomada* spp. at Onosawa) were excluded from this calculation of average pollinator size. We checked for attached pollen grains soon after a bee's visit to a flower and identified *L. album* var. *barbatum* pollen grains under a microscope (× 2–10). Pollinator size was measured separately for each plant population, even for insects of the same species. Although *B. diversus* workers were observed in the quadrat surveys at Onosawa and Norikura, and *B. honshuensis* workers at Ohmizusawa, they were not captured and their sizes in those populations were not measured. Therefore, the mean size of all *B. diversus* (*B. honshuensis*) individuals captured from the other populations was used as the size of *B. diversus* at Onosawa and Norikura (*B. honshuensis* at Ohmizusawa).

As the average pollinator size for each plant population, the weighted arithmetic mean was calculated from the relative abundance of each pollinator species in the pollinator assemblage and the size of that species:

$$\text{Average pollinator size} = \sum_{i=1}^n P_i (N_i/N_t)$$

where  $n$  = the total number of insect species visiting a *L. album* var. *barbatum* population (patch),  $P_i$  = mean size of the  $i$ th insect species,  $N_i$  = the number of flowers in the patch that the  $i$ th insect species visited, and  $N_t$  = the number of flowers in the patch that any of the insect species visited. Thus,  $N_i/N_t$  is the relative abundance of the  $i$ th insect species visiting the population. For each population, average pollinator size was calculated for three groups of flower visitors: all flower visitors, only large bees, and only small bees.

### Factors influencing local corolla tube length

To examine factors influencing corolla tube length, we used a generalized linear model (GLM) with a Gaussian error distribution and identity as the link function. In this analysis, average corolla tube length of each population was the objective variable, and the average pollinator size (all pollinators), average pollinator size (only large bees), plant height, and the altitude of each population were predictive variables. The calculated average pollinator size of only small bees differed little among populations, and we judged their size variation to be not meaningful because of their crawling style of flower visitation. Therefore, average pollinator size (only small bees) was excluded from the GLM analysis. Plant height (mean of 20 individuals in each population) was included as an indicator of plant size, and altitude was included as a proxy for clinal abiotic environmental changes (e.g., meteorological changes). The Shimashima I population was excluded from the GLM for the average pollinator size of only large bees, because only small bees visited flowers of that population. The GLM analysis was performed with the `glm` function in the R software environment ver. 4.0.2 [48]. First, we performed model selection on the entire dataset, starting from a global model including corolla tube length, small bee size, large bee size, and plant height. We then compared the global model with all simpler models using the dredge function in the "MuMIn" package in the R software environment ver. 4.0.2 [48]. This function returned the model with the lowest Akaike information criterion (AIC), and we adopted this model (Additional file 2: Table S2). The results of this model selection procedure informed which average pollinator size variable (all pollinators or only large bees) was used in a least-squares regression analysis. Using these results, therefore, we explored covariation between corolla tube length and the average pollinator size of only large bees across populations by a least-squares regression analysis.

## Genetic similarities of *Lamium album* var. *barbatum* populations

To examine the genetic structure of *L. album* var. *barbatum*, we used 10 polymorphic microsatellite primers originally developed for *L. album* [49] (Additional file 3: Table S3). For this analysis, fresh leaf material was collected randomly from 8–16 individual plants in each of the 12 *L. album* var. *barbatum* populations during 2018–2019. DNA was extracted by the CTAB method [50], and the extracted DNA was diluted or concentrated to a final concentration of 10 µg/ml.

Each of the forward microsatellite primers was synthesized after adding one of four different universal fluorescent sequences: 5'-GCCTCCCTCGCGCCA-3', 5'-GCCTTGCCAGCCCGC-3', 5'-CAGGACCAGGCTACCGTG-3', or 5'-CGGAGAGCCGAGAGGTG-3' [51]. Polymerase chain reaction (PCR) analyses were performed in a thermal cycler using a reaction mixture consisting of 1 µl template DNA, 3 µl of 2 × Type-it Microsatellite PCR Kit (QIAGEN, Valencia, California, USA), 0.7 µl of 0.1 µM forward primer, 0.7 µl of 0.2 µM reverse primer, and 0.7 µl of 0.1 µM fluorescent-labeled universal primer. The DNA amplification program consisted of an initial denaturation step of 5 min at 95 °C, followed by 35 cycles at 95 °C for 30 s, 60 °C for 90 s, and 72 °C for 30 s, and final elongation at 60 °C for 30 min. The PCR products were detected by using an ABI Prism 3130 Genetic Analyzer (Applied Biosystems, Waltham, Massachusetts, USA) and GeneScan™ 500 LIZ™ dye Size Standard (Applied Biosystems). Fragment lengths were calculated with GeneMapper version 4.0 software (Applied Biosystems).

A cluster analysis of the fragment length datasets was performed with STRUCTURE software version 2.3.4 [52, 53]. Simulations were conducted with 100 k burn-in iterations and 100 k Markov chain Monte Carlo repetitions. The number of genetic clusters (*K*) was calculated 10 times for each of 1–12, and the  $\Delta K$  value [54] was used as the criterion for selecting the appropriate number of clusters, that is, the number of genetic clusters from which the 12 populations of *L. album* var. *barbatum* were derived.

In addition, we tested analysis of molecular variance (AMOVA) models estimating the percentage of molecular variance accounted for by each level of the nested sampling hierarchy, in which the 12 populations were grouped according to the mountain area (east or west areas). AMOVA was run using Arlequin ver 3.5.2.2 [55]. The significance of variance components in the AMOVA models was tested by 1000 random permutations.

## Declarations

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### Authors' contributions

T.Toji, M. Hattori, and T. Itino conceived the ideas and wrote the manuscript. T. Toji and N. Ishimoto collected field data. T. Toji and S. Egawa conducted the molecular biology experiments and analysis. Y. Nakase provided support in the statistical analysis and helped with insect species identification. All authors contributed critically to the manuscript drafts and gave final approval for publication.

### Ethics approval and consent to participate

Not applicable

### Consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests.

### Availability of data and materials

The datasets used and/or analysed during the current study available from the corresponding author on reasonable request.

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## Figures

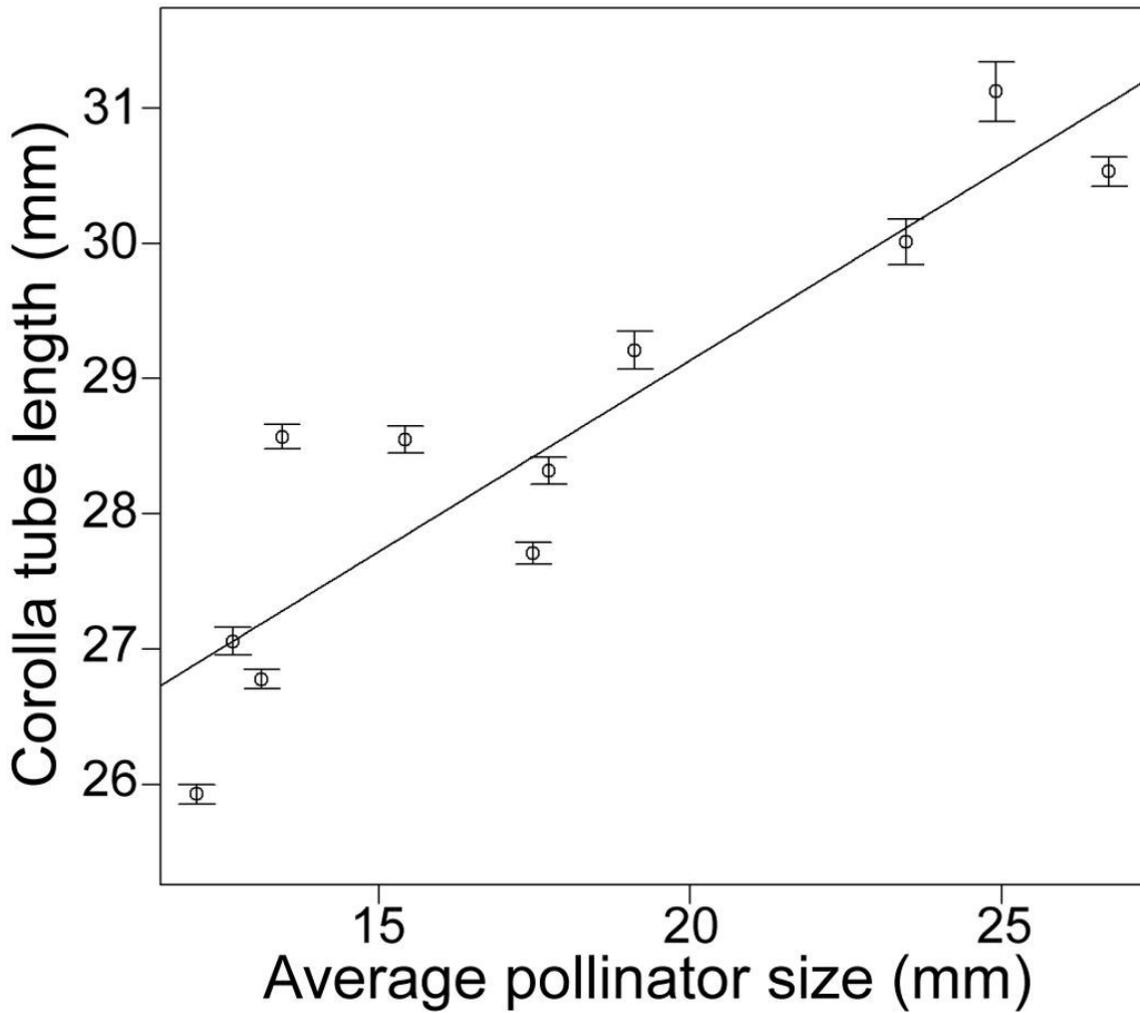


Figure 1  
 Relationship between corolla tube length and average size of large bee pollinators. The line was fitted to the data by least-squares regression ( $R^2 = 0.807$ ,  $p < 0.001$ ). Data for Shimashima I, where no large bees visited the flowers, were not included in the regression analysis and are not shown in the figure. Error bars for corolla tube length indicate the standard error.

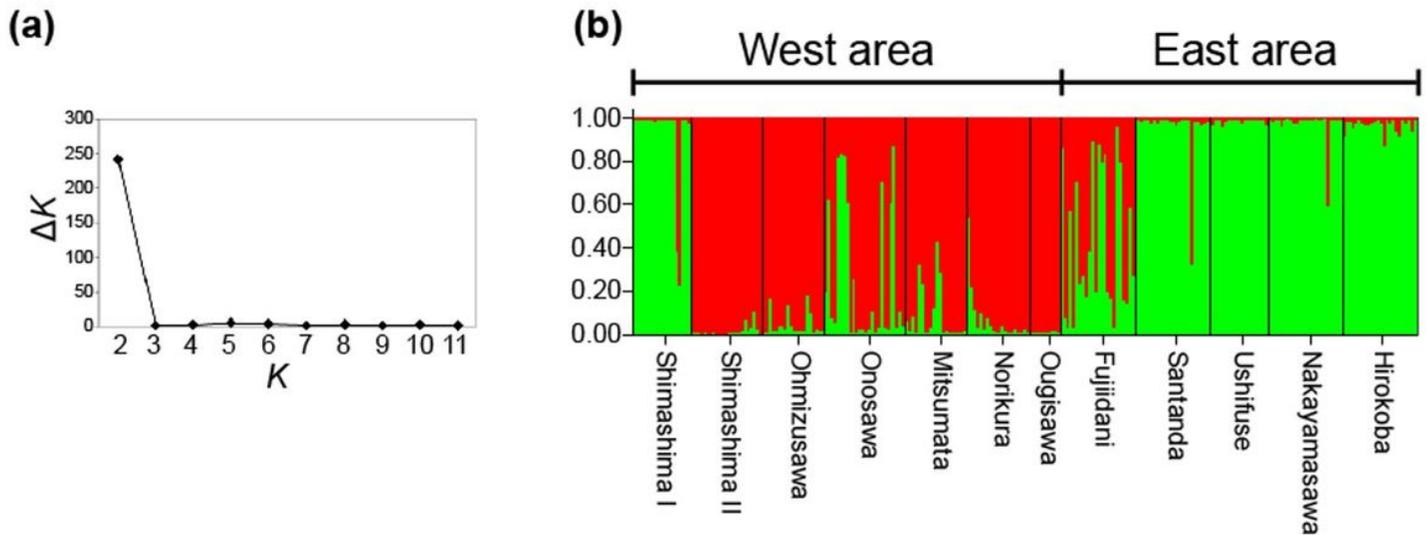


Figure 2

Population genetic structure of *L. album* var. *barbatum* populations. (a)  $\Delta K$ , an index used to determine the appropriate number of genetic clusters ( $K$ ), peaked at  $K = 2$ . (b) Genetic structure of *L. album* var. *barbatum* inferred by using Bayesian clustering implemented in STRUCTURE with  $K = 2$ . Different genetic clusters are represented by different colors.

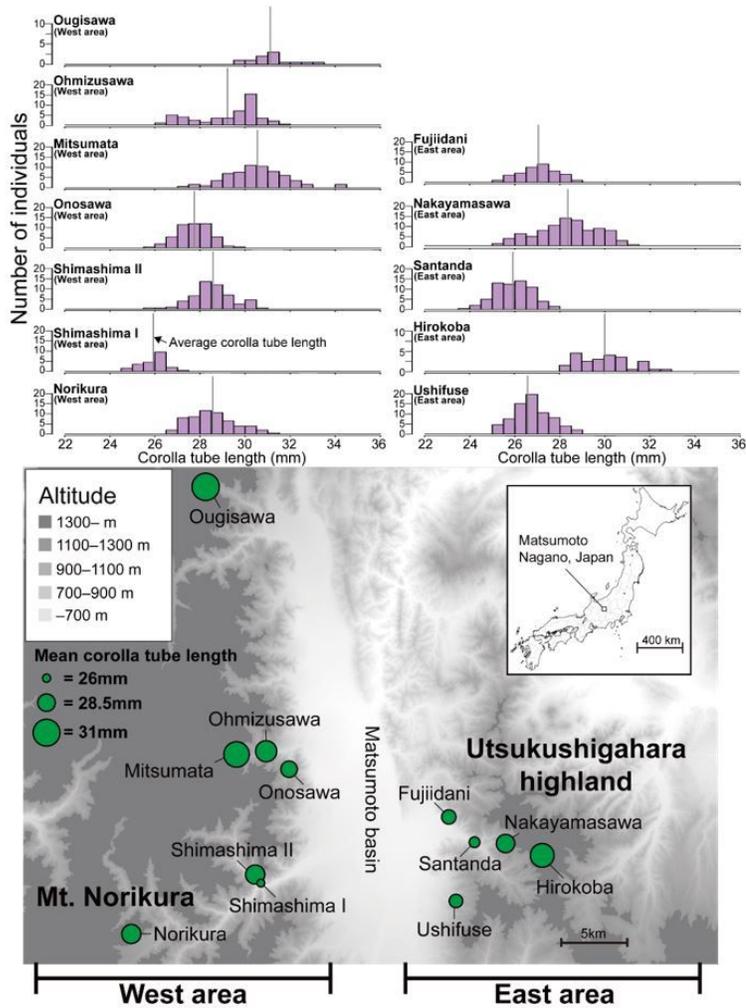
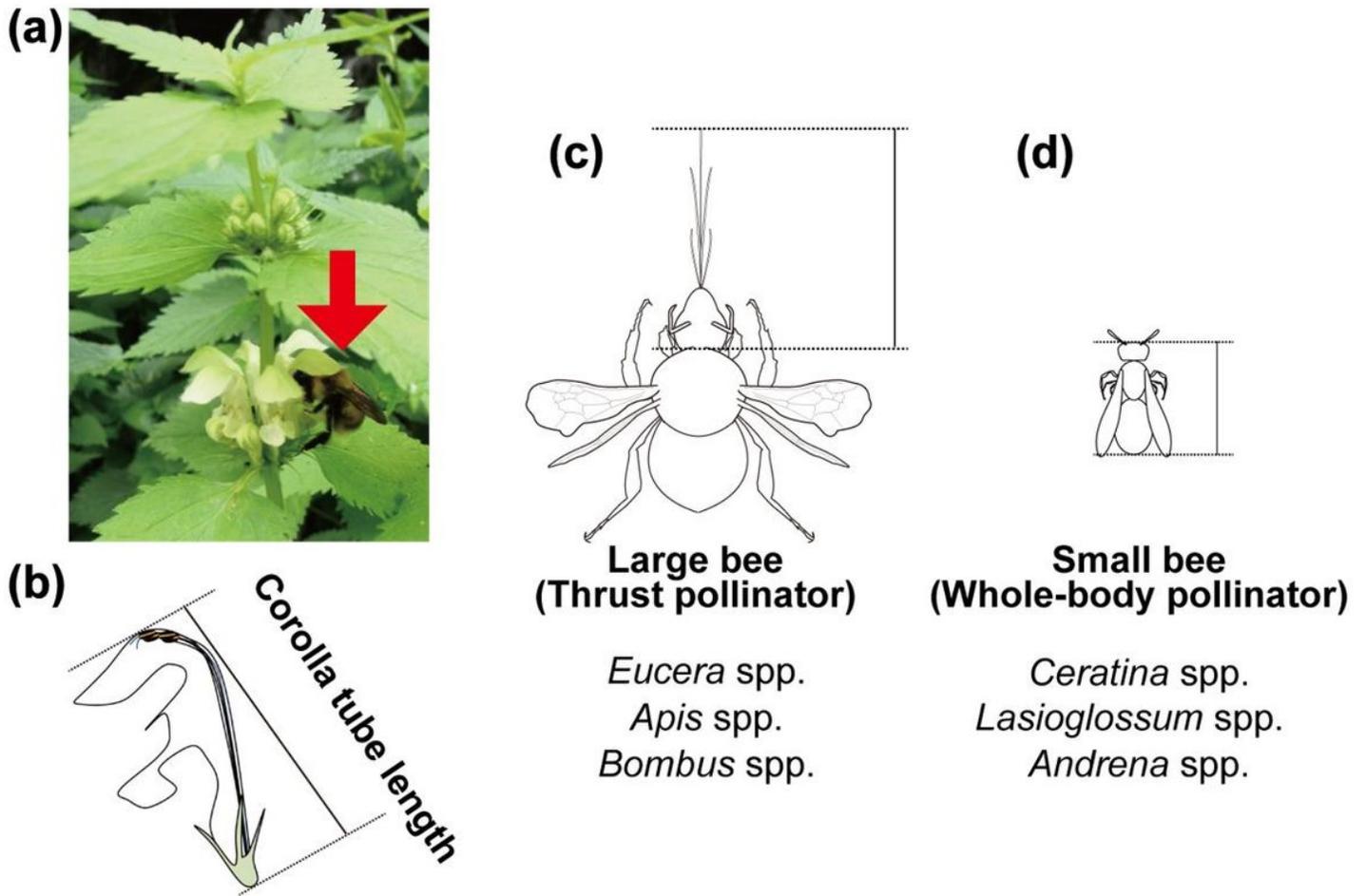


Figure 3

Study sites and mean corolla tube length in each population. Distribution of corolla tube length in the 12 populations (top) and the locations of the studied *L. album* var. *barbatum* populations (bottom). The vertical gray line in each histogram indicates the average corolla tube length in that population. The size of the circles on the map indicates the average corolla tube length of the indicated population. The west area comprises populations in the Mt. Norikura region, and the east area comprises populations in the Utsukushigahara highland region.



**Figure 4**  
*Lamium album* var. *barbatum* flowers and pollinators. (a) A *Bombus consobrinus* queen (red arrow) visiting a *L. album* var. *barbatum* flower in the Mitsumata population. (b) Measurement of corolla tube length. (c) Mouthpart measurement in large bees that forage for nectar by thrusting their head into the flowers. (d) Measurement of body size of small bees that forage for nectar by crawling into the flowers.

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