

Chronic ER stress promotes cGAS/mtDNA-induced autoimmunity via ATF6 in myotonic dystrophy type 2

Claudia Günther (✉ Claudia.Guenther@ukdd.de)

Technische Universität Dresden, Department of Dermatology

Sarah Rösing

Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden

Fabian Ullrich

University Hospital Bonn, Institute of Clinical Chemistry and Clinical Pharmacology, Institute of Experimental Haematology and Transfusion Medicine

Susann Meisterfeld

Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden

Franziska Schmidt

Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden

Nadia Eberl

Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden

Julia Wegner

Institute of Clinical Chemistry and Clinical Pharmacology, University Hospital Bonn

Martin Schlee

University Hospital Bonn <https://orcid.org/0000-0003-3671-7639>

Anja Wieland

Institute of Clinical Chemistry and Clinical Pharmacology, University Hospital Bonn

Daniel Hilbig

Department of Oncology, Hematology, Rheumatology and Immune-Oncology, University Hospital Bonn

Ulrike Reuner

Department of Neurology, University Hospital Carl Gustav Carus

Peter Mirtschink

Institute for Clinical Chemistry and Laboratory Medicine, Faculty of Medicine, TU Dresden

Stephan Drukewitz

Core Unit for Molecular Tumor Diagnostics (CMTD), National Center for Tumor Diseases (NCT), Partner Site Dresden, Institute of Human Genetics, University of Leipzig Medical Center

Alexander Rapp

TU Darmstadt <https://orcid.org/0000-0001-9108-3929>

Thomas Zillinger

Institute of Clinical Chemistry and Clinical Pharmacology, University Hospital Bonn

Stefan Beissert

Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden

Katrin Paeschke

Department of Oncology, Hematology, Rheumatology and Immune-Oncology, University Hospital Bonn

Gunther Hartmann

<https://orcid.org/0000-0003-1021-2018>

Eva Bartok

University Hospital, University of Bonn <https://orcid.org/0000-0003-0556-1950>

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1 **Chronic ER stress promotes cGAS/mtDNA-induced autoimmunity via ATF6 in myotonic dystrophy**
2 **type 2**

3 Sarah Rösing¹, Fabian Ullrich^{2,3}, Susann Meisterfeld¹, Franziska Schmidt¹, Nadia Eberl¹, Julia Wegner²,
4 Martin Schlee², Anja Wieland², Daniel Hilbig⁴, Ulrike Reuner⁵, Peter Mirtschink⁶, Stephan Drukewitz⁷,
5 Alexander Rapp⁸, Thomas Zillinger², Stefan Beissert¹, Katrin Paeschke⁴, Gunther Hartmann², Eva
6 Bartok^{2,3,9*}, Claudia Günther^{1*}

7 ¹Department of Dermatology, University Hospital Carl Gustav Carus, TU Dresden, 01307 Dresden,
8 Germany

9 ²Institute of Clinical Chemistry and Clinical Pharmacology, University Hospital Bonn, 53127 Bonn,
10 Germany

11 ³Institute of Experimental Haematology and Transfusion Medicine, University Hospital Bonn, 53127
12 Bonn, Germany

13 ⁴Department of Oncology, Hematology, Rheumatology and Immune-Oncology, University Hospital
14 Bonn, 53127, Bonn, Germany

15 ⁵Department of Neurology, University Hospital Carl Gustav Carus, TU Dresden, 01307 Dresden,
16 Germany

17 ⁶Institute for Clinical Chemistry and Laboratory Medicine, Faculty of Medicine, TU Dresden, 01307
18 Dresden, Germany

19 ⁷Core Unit for Molecular Tumor Diagnostics (CMTD), National Center for Tumor Diseases (NCT), Partner
20 Site Dresden, Institute of Human Genetics, University of Leipzig Medical Center, Leipzig, Germany

21 ⁸Department of Biology, Cell biology and Epigenetic, Technical University of Darmstadt, Darmstadt,
22 Germany

23 ⁹Unit of Experimental Immunology, Department of Biomedical Sciences, Institute of Tropical Medicine,
24 Antwerp, Belgium

25

26 *equal contribution

27

28 Address correspondence to: Claudia Günther, Department of Dermatology, Medizinische Fakultät Carl
29 Gustav Carus, Technische Universität Dresden, Fetscherstr. 74, 01307 Dresden, Germany. Phone:
30 0049.351.458 2344; E-mail: claudia.guenther@ukdd.de

31

32 **Abstract**

33 Nucleic acid accumulation in repeat expansion disease poses multiple challenges to cellular integrity.
34 Myotonic dystrophy type 2 (DM2) results from large CCTG repeats in the CNBP gene leading to
35 myopathy and an increased prevalence of autoimmunity. Here, we observed that DM2 patients
36 exhibited a type-I interferon signature in blood and cultured fibroblasts. RNA repeat accumulation was
37 prevalent in the cytosol of DM2 patient fibroblasts, facilitating repeat-associated non-AUG translation.
38 The ensuing chronic endoplasmic reticulum (ER) stress response led to an ATF6-controlled induction
39 of type-I IFN dependent on the cGAS/STING pathway. Recapitulating chronic ER stress in the monocytic
40 THP-1 cell line revealed its dependence on mitochondrial DNA (mtDNA). Correspondingly,
41 mitochondrial stress and cytosolic leakage of mtDNA was observed in DM2 patient fibroblasts.
42 Altogether, our study demonstrates a novel mechanism by which large repeat expansions cause

43 chronic ER and mitochondrial stress and induce a type-I interferon response that predisposes to
44 autoimmunity.

45 Keywords: ER stress, ATF6, Autoimmunity, type I IFN, repeat expansions

46

47 **Introduction**

48

49 Dystrophic myotonia (DM) is the most common form of muscular dystrophy and characterized by
50 autosomal dominant myopathy with myotonia, progressive muscle weakness and multiorgan
51 involvement¹. Both major types of DM are caused by tri- or tetranucleotide repeat expansions in DNA².
52 Early onset myotonic dystrophy type 1 (DM1) is induced by expanded CTG repeats (>50 repeats) within
53 the 3' untranslated region of the dystrophin myotonia protein kinase (DMPK) gene³. At the mRNA
54 level, the expansions of the noncoding CUG repeats result in the formation of stem-loop dsRNA
55 structures that bind and sequester the RNA-binding proteins muscleblind-like 1 (MBNL1) and CUG-
56 binding protein 1 (CUGBP1) preventing their normal function as antagonistic regulators of alternative
57 splicing⁴. MBNL1 sequestration results in fetal isoform expression in adult muscle, a reversion to
58 developmentally inappropriate splicing that leads to muscle dysfunction^{5 6}.

59 In contrast, symptoms of myotonic dystrophy type 2 (DM2) usually begin in the second to sixth decade
60 and include proximal muscle weakness, grip myotonia, muscle pain and cataracts¹. Myotonic dystrophy
61 type 2 is induced by expanded CCTG repeats (>75-11,000 repeats) in intron 1 of cellular nucleic acid-
62 binding protein (CNBP) gene (previously known as zinc finger 9 gene, ZNF9)⁷. In normal individuals, the
63 size of the CCTG repeats in this region is below 30¹. In DM2, these repeats may expand over the
64 patient's lifetime but usually contract from one generation to the next generation, which might explain
65 the late onset of the disease and the lack of congenital form of the disease¹. CNBP is an RNA-binding
66 protein that binds G-rich elements in target mRNA coding sequences and supports translation by
67 resolving stable mRNA secondary structures^{8,9}. However, a previous report has also not demonstrated
68 an effect of CCUG RNA repeat expansion on expression levels of CNBP protein¹⁰.

69 Among the complex organ manifestations in DM2, Tieleman et al. described an enhanced frequency
70 of autoimmune diseases and autoantibodies compared with healthy controls and patients with DM1¹¹.
71 Increased incidence of autoimmune phenomena in DM2 patients currently lacks a mechanistic
72 explanation. However, the extended RNA expansions in DM2 compared to DM1¹² suggest a direct role
73 for the unrestricted nucleic-acid accumulation in its pathogenesis. It has been shown that CUG and
74 CCUG mRNA repeats can form stable base-paired hairpin structures that translocate from the nucleus
75 to the cytoplasm¹³⁻¹⁶. Disturbances in nucleic acid metabolism have been linked to autoimmune
76 diseases mediated by the induction of type I interferons (IFN)¹⁷. Prominent examples include
77 hypomorphic variants of DNase or RNase genes, such as the DNase TREX1 or the SKIV2L RNA exosome,
78 which lead to accumulation of nucleic acids in the cytoplasm and the activation of innate immune
79 receptors that induce IFN and pro-inflammatory cytokine release¹⁸. While activation of the cytosolic
80 dsDNA sensor cGAMP-synthase (cGAS) / Stimulator of Interferon Genes (STING) pathway is central to
81 IFN-driven disease resulting from DNA accumulation, a number of possible innate immune RNA sensors
82 are potentially downstream of accumulated, aberrantly-structured RNA, including TLR3, TLR7, TLR8,
83 PKR, RIG-I and MDA5¹⁹.

84 In the present study, we show that patients with DM2 have a significantly enhanced risk for
85 development of autoimmune diseases associated with an enhanced type-I IFN-stimulated gene (ISG)
86 signature in blood and tissue. While we did not detect evidence of direct sensing of expanded RNA

87 repeats by innate RNA sensors in patient cells, we instead observed that RNA and protein repeat
88 expansions induced a cGAS-STING dependent ISG signature. While the expanded RNA repeats cannot
89 directly activate cGAS, their presence was associated with chronically-enhanced endoplasmic
90 reticulum (ER) stress via the ATF6 pathway and associated mitochondrial dysfunction leading to
91 mitochondrial DNA (mtDNA) release and cGAS-STING dependent type-I IFN upregulation. Altogether,
92 our study provides a mechanistic rationale for autoimmune disease in DM2 by linking RNA repeat
93 expansion with ER-mitochondrial stress and the induction of systemic autoinflammation and
94 autoimmunity, with significance for the further study of other RNA repeat-expansion associated
95 diseases.

96 **Results**

97 *Enhanced prevalence of autoimmunity in patients with DM2*

98 Driven by the observation of cutaneous autoimmune diseases in patients with DM2, we systematically
99 screened 37 patients with DM2, which revealed an enhanced frequency of autoimmune diseases
100 (40.5%) among these patients compared with the overall prevalence of autoimmune diseases in 5-10%
101 of the general population²⁰ (Figure 1a). Autoimmune phenomena covered a wide spectrum including
102 morphea, vitiligo, alopecia areata, sicca syndrome, Raynaud's syndrome, rheumatoid arthritis,
103 systemic sclerosis, and type I diabetes (suppl. table 1, suppl. Fig 1). Furthermore, the frequency of
104 antinuclear antibodies was significantly enhanced in patients with DM2 (75.7 %) and in patients with
105 DM1 (61.5 %) compared with a cohort of healthy controls (n=1000) (Figure 1b). Disease-specific
106 antibodies directed against SSA(Ro), centromere, SM/RNP and mitochondrial antigens (AMA) were
107 detected (suppl. table 2).

108 *ISG signature in patients with myotonic dystrophy type 2*

109 In line with the increased prevalence of autoimmune disease, we detected an enhanced type I IFN-
110 stimulated gene (ISG) signature in the blood of DM patients, as calculated by an IFN score²¹ of 7
111 different genes (Figure 1c). Elevated protein levels of the ISG myxovirus resistance protein A (MxA)
112 was detected in lesional skin of patients with DM2 and morphea (Figure 1d). For further analysis, we
113 obtained fibroblasts from skin biopsies of 7 patients with DM2, 4 patients with DM1 and 5 healthy
114 controls for RNA sequencing analysis. Among the 313 genes upregulated in DM2 patients (suppl. table
115 3), we detected 32 ISGs (Figure 1e). ISG expression was higher in fibroblasts of patients with DM2
116 compared with DM1 ($p < 0.05, *$). Together with the higher prevalence of autoimmunity in DM2 patients
117 (Figure 1a), this demonstrates both a higher prevalence of type I IFN stimulation and autoimmunity in
118 DM2. This finding is supported by the previous report of Tieleman et al.¹¹, which also observed
119 autoimmune diseases predominantly in DM2 when compared to DM1 and to the general population.
120 Therefore, we concentrated on DM2 for further exploration of the pathogenic mechanisms that could
121 be responsible for ISG upregulation and autoimmunity in those patients. Analysis of IFN β expression
122 and secretion in fibroblasts of DM2 patients revealed that patient cells maintained an elevated IFN
123 expression in culture that was not detected in the healthy controls (Figure 1f). This chronic type I IFN
124 priming led to elevated IFN β expression after stimulation with poly (I:C) (Figure 1g). In line with the
125 chronic type I IFN priming, we detected ISG upregulation in cultured DM2 fibroblasts compared with
126 healthy controls (Figure 1h).

127 *Cytosolic RNA repeat accumulation in DM2 fibroblasts*

128 Improper restriction and compartmentalization of nucleic acids acts as a danger signal for the innate
129 immune system and induces type-I IFN signaling¹⁹. To investigate whether RNA repeats accumulate in
130 the fibroblasts of DM2 patients and in which subcellular compartment(s), we performed RNA
131 fluorescence *in situ* hybridization. Using a GGAC fluorescently labelled probe for detection of CCUG
132 repeats, we detected accumulation of repeat RNA in the nucleus as well as the cytoplasm of DM2
133 fibroblasts which could be eliminated by RNase treatment and was undetectable in healthy controls
134 (Figure 2a). Quantification of RNA-FISH staining also confirmed that RNA repeats accumulate not only
135 in the nucleus but also in the cytoplasm (Figure 2b).

136 *CNBP expression and function is not impaired in DM2 fibroblasts*

137 Repeat expansion in DM2 affects the first intron of the CNBP gene. In DM2 patient fibroblasts, we saw
138 increased mRNA expression of CNBP, but protein levels were in the normal range (suppl. Fig 2a, b).
139 Since CNBP is involved in the resolution of stable secondary mRNA and DNA structures and binds to G-
140 rich elements^{8,9}, we compared the number of such G-quadruplex structures in patient cells with
141 healthy controls. G-quadruplex levels were slightly elevated in nuclei of DM2 fibroblasts, which may
142 result from the repeat expansions (suppl. Fig 2c, d). In general, less G-quadruplex structures were
143 detected in the cytoplasm, and there was no difference in G-quadruplex levels between patients and
144 controls (suppl. Fig 2e). These findings suggest that G-quadruplex structures in repeat-RNAs might be
145 continuously controlled in both patients and healthy individuals. G-quadruplex unwinding is mainly
146 done by helicases, in particular ATP-dependent RNA helicase DHX36⁸. To investigate if DHX36 is
147 differently expressed in DM2 patients, we analyzed DHX36 expression levels by RT-PCR. Interestingly,
148 mRNA expression of DHX36 was increased, correlating with the upregulation of CNBP mRNA levels
149 (suppl. Fig 2f, g). However, CNBP and DHX36 protein levels were in the normal range (suppl. Fig 2h).

150 *Cytosolic RNA repeats are not recognized by RNA sensors*

151 Cytoplasmic RNA with specific structures or modifications can be sensed by the innate immune
152 system²². The cytosolic sensors retinoic acid inducible gene I (RIG-I) and melanoma differentiation-
153 associated protein 5 (MDA5) recognize short and phosphorylated (5'ppp or 5'pp blunt, base-paired
154 RNA ≥ 19 bp) or long double-stranded (ds)RNA (>300 bp) respectively²². Both receptors are broadly
155 expressed and utilize mitochondrial antiviral-signalling protein (MAVS) for their downstream
156 signaling²². Toll like receptors (TLR) 3, 7 and 8 recognize RNA in the endosome. While the expression
157 of Toll-like receptor (TLR) 7 and TLR8 is restricted to specific immune cell subsets¹⁹, and there are no
158 reports of their expression in fibroblasts, TLR3 is expressed on the surface and endosome of
159 fibroblasts²² and could potentially sense RNA released from dying cells into cell culture medium.

160 To analyze whether RIGI, MDA5, MAVS and TLR3 might contribute to type I IFN induction in patient
161 fibroblasts, we downregulated their expression using siRNA and determined the effect on ISG
162 expression. Although siRNA transfection reduced the levels of all RNA receptors (suppl. Figure 3a-d),
163 we did not observe changes in expression levels of ISGs (Figure 2c-f). To further investigate potential
164 MDA5 activation, we also isolated whole RNA from patient and control cells and transfected it into
165 MDA5-expressing and non-MDA5-expressing Hela cells. Although the positive control high molecular
166 weight poly I:C induced a specific response in MDA5 transfected cells, we did not observe upregulation
167 of CXCL10 after transfection of patient RNA (suppl. Fig 3e). Moreover, cytosolic transfection of DM2
168 patient-derived RNA into THP1 dual sensor cells did not induce activation of an ISRE reporter (suppl.

169 Fig 3f), although these cells can respond to RIG-I, MDA5, TLR7 and TLR8 activation. Altogether, our
170 data demonstrate that there is no relevant recognition of RNA repeats by cytosolic and endosomal
171 RNA sensors and no indication for direct RNA sensing as the driver of the type-I IFN response in DM2
172 fibroblasts.

173 Another sensor for long dsRNA (>33 base pairs [bp]) or stretches of dsRNA is dsRNA-activated protein
174 kinase (PKR), an RNA restriction factor which upon RNA binding undergoes autophosphorylation and
175 phosphorylates its substrate translation initiation factor eIF2 α at serine 51^{23,24}, thereby inhibiting
176 translation initiation and halting protein synthesis²³. Western blot analysis of DM2 patient fibroblasts
177 did not show increased phosphorylation of PKR, indicating that RNA repeats are also unlikely to
178 activate the PKR pathway (suppl. Fig 3g).

179 *RAN translation in DM2*

180 Unrestricted RNA repeats can cause a cellular stress response and can be transcribed by repeat
181 associated non-AUG (RAN) translation. It has been reported that in DM2, CCTG and CAGG expansion
182 mutation are bidirectionally transcribed, and the resulting RNAs are RAN translated, producing
183 tetrapeptide expansion proteins with Leu-Pro-Ala-Cys (LPAC) from the sense strand or Gln-Ala-Gly-Arg
184 (QAGR) repeats from the antisense strand²⁵ (Figure 3a). These proteins were shown to accumulate in
185 DM2 patient brains²⁵. Analysis of DM2 fibroblasts revealed accumulation of LPAC proteins in patient
186 fibroblasts by western blot (Figure 3b). The sensitivity of the method was not sufficient to quantify
187 QAGR proteins. However using the previously by Zu et al.²⁵ established and validated antibodies QAGR
188 as well as LPAC proteins were detected in skin biopsies from DM2 patients with morphea (Figure 3c,d).
189 To investigate possible cellular consequences of accumulating RAN proteins and RNA repeats, we next
190 analyzed the cellular stress response.

191 *Chronic activation of the ER Stress response in DM2 fibroblasts*

192 During cell culture, we observed that patient fibroblasts grew significantly more slowly compared with
193 the fibroblasts of healthy controls (Figure 4a) and exhibited a stronger formation of reactive oxygen
194 species (ROS), indicative of cellular stress (Figure 4b). Further unbiased analysis of RNAseq data
195 revealed activation of genes involved in protein processing in the ER, indicating a possible stress
196 response (Figure 4c). Accumulation of RNA repeats and nonsense proteins can cause cellular toxicity
197 and induce ER stress^{26,27}. A stressed ER aims to overcome the disturbance in its homeostasis by
198 activating a complex set of signaling pathways together representing the UPR signaling. The UPR
199 involves a multifaceted interaction between three main signaling pathways, each of which is activated
200 by a different ER-sessile sensor of ER stress, i.e., pancreatic ER kinase (PKR)-like ER kinase (PERK),
201 inositol requiring enzyme 1 (IRE1), and activating transcription factor 6 (ATF6)²⁸. The sensors remain in
202 an inactive conformation enforced by the direct binding of the chaperone 78 kDa glucose-regulated
203 protein (GRP78 or BiP) to their luminal domains under homeostatic conditions. If BiP is released due
204 to binding of accumulating unfolded or misfolded proteins, the UPR pathways are activated²⁸ (Figure
205 4d).

206 In patient fibroblasts, we detected an increased mRNA expression of BiP (Figure 4e), that is in line with
207 the previously reported increase of BiP mRNA in DM1 muscle fibres²⁹ and further models of ER stress
208 induced by misfolded proteins³⁰ Further analysis demonstrated enhanced protein expression of PERK
209 and its target eIF2 α . However, there was no phosphorylation of PERK or eIF2 α under steady state
210 conditions, although this could be induced in fibroblasts by thapsigargin (TG), an ER stress inductor

211 used as a positive control (Figure 4f). Since PERK levels were raised in DM2 fibroblasts, we used siRNA
212 to knockdown this gene in DM2 and healthy control fibroblasts (suppl. Fig 4a). While a knockdown of
213 PERK did not decrease ISG mRNA expression (Figure 4g), it did ameliorate the increased ROS levels in
214 DM2 fibroblasts (Figure 4h). This connection of PERK with ROS induction is in line with a previous study
215 demonstrating that PERK is required at ER-mitochondrial contact sites to convey apoptosis after ROS
216 based ER stress³¹.

217 Moreover, patient fibroblasts also demonstrated a reduced expression of IRE1 α protein and no
218 increase in splicing of the IRE1 α target XBP1, indicating that the IRE1 α pathway was not activated in
219 DM2 fibroblasts (Figure 4i, 4j). In contrast, we found increased expression of ATF6 mRNA in patients
220 compared with healthy controls (Figure 4k). Moreover, while protein expression of full-length ATF6
221 was in the range of healthy control fibroblasts, we detected significantly higher levels of N-terminal
222 cleaved ATF6 in patient fibroblasts (Figure 4l), indicating activation of the ATF6-mediated ER stress
223 pathway. To determine the influence of ATF6 signaling on the patients' fibroblasts, siRNA-mediated
224 downregulation of ATF6 was performed (suppl. Fig 4b). Strikingly, depletion of ATF6 reduced the ISG
225 mRNA levels in DM2 fibroblasts to the level of the healthy controls (Figure 4m), suggesting that the
226 ATF6 pathway is required for ISG upregulation in DM2 fibroblasts.

227 Although an acute ER stress response would generally result in activation of all three ER-stress
228 pathways³², chronic ER stress has been reported to induce selective activation of ATF6 accompanied
229 by increased levels of BiP, reduced levels of IRE1 α and a lack of IRE1 α and PERK signaling³³, in line with
230 our observations in DM2 fibroblasts. We could also confirm these findings using low-dose thapsigargin
231 (0.2nM, 1nM, 5nM) in healthy control fibroblasts over one week. Chronic ER stress induced BiP mRNA
232 expression as did acute ER stress (suppl. Fig 5a). In contrast, XBP1 splicing was strongly activated after
233 acute ER stress but not detectable after chronic stress (Figure 4n). Chronic ER stress also did not induce
234 phosphorylation of PERK (Figure 4p). However, ATF6 mRNA expression was increased by chronic ER
235 stress, and ATF6 protein was cleaved in response to chronic thapsigargin stimulation in fibroblasts
236 (Figure 4o,p). These findings confirmed the pattern of chronic ER-stress observed in DM2 patient
237 fibroblasts and link chronic ER stress and ATF6 activation to ISG induction in DM2 patient cells.

238 *Activation of ATF6 mediates ER mitochondrial crosstalk and cGAS dependent ISG induction*

239 In order to further investigate the signalling pathways potentially leading to ISG induction downstream
240 of ER-Stress, we used a monocytic cell line, THP-1, which possesses intact pathways for most known
241 RNA sensors and for which CRISPR/Cas9-genome editing is well established³⁴. Initially, we tested
242 whether typical inducers of ER-Stress lead to type-I IFN induction in these cells, including the N-
243 glycosylation inhibitor tunicamycin (TN), the SERCA inhibitors thapsigargin (TG), cyclopiazonic acid
244 (CPA) and 2,5-di-*t*-butyl-1,4-benzohydroquinone (BHQ) (Figure 5a). Induction of the ISG CXCL10 could
245 be observed at the protein level for all compounds, albeit at different optimal concentrations. For
246 further experiments, we used representative concentrations of each compound, for which CXCL10
247 induction (Figure 5a) was observed.

248 We then generated THP-1 cells deficient in PERK, ATF6A/B and IRE1 α using CRISPR/Cas9 genome
249 editing (suppl. table 4) to determine the ER pathway that is responsible for ISG induction in this model.
250 Here, as well, we could clearly observe that deficiency in IRE1 α or PERK did not affect ISG induction,
251 while ATF6A/B deficiency completely ablated the ISG response downstream of ER-Stress (Figure 5b),
252 confirming the finding of ATF6-dependent ISG induction in DM2 fibroblasts. We then investigated
253 which upstream sensor might be responsible for ISG induction, using THP-1 deficient in cGAS, STING,

254 RIG-I, MAVS and IRF3. For all 4 activators of ER stress, CXCL10 induction was dependent on the DNA
255 sensor cGAS, its downstream adaptor STING and the transcription factor IRF3 but not MAVS or RIG-I,
256 linking DNA sensing with IFN induction downstream of acute ER stress (Figure 5c). We then
257 investigated the effect of ATF6 and STING deficiency on IFN β resulting from chronic ER Stress, induced
258 by low-dose thapsigargin. Here, as well, STING and ATF6 were critically required for IFN β induction
259 (Figure 5d). To also investigate non-myeloid cells, we also performed the experiments in the epithelial
260 colon carcinoma cell line HT-29. Although these cells were not amenable to experiments with chronic
261 ER stress (data not shown), under acute ER-Stress conditions, they also demonstrated cGAS and STING-
262 dependent CXCL10 induction (suppl. Fig 4e).

263
264 Since ER-stress has been associated with release of mitochondrial DNA (mtDNA)³⁵, a potential cGAS
265 ligand, albeit in conjunction with activation of the NLRP3 inflammasome³⁶, we then treated THP-1 cells
266 with ethidium bromide to deplete their mtDNA (suppl. Figure 4f). EtBr-treatment significantly reduced
267 mtDNA in THP-1 and, strikingly, also specifically blunted the type I-IFN response to ER-stress but not
268 to exogenous dsDNA (Figure 5e).

269 MtDNA release is also a hallmark of apoptosis, both downstream of the UPR and due to other causes,
270 and, at the same time, apoptotic cell death is also known to suppress mtDNA-mediated cGAS/STING
271 activation^{37,38}. Thus, we investigated whether caspase-3 activation correlated with type-I IFN induction
272 during ER stress. Using titrated amounts of all 4 ER-stress activators, we could observe that, while high
273 levels of activation could efficiently induce apoptosis, these high levels were no efficient inducers of
274 IFN release (as indicated by STAT1 phosphorylation) (suppl. Fig 5b). In contrast, lower levels of the
275 compounds could induce higher levels of STAT1 activation downstream of IFNAR but did not induce
276 apoptotic cell death (suppl. Fig 5b). Thus, ER-stress induces type-I IFN release at subapoptotic levels
277 which still allow for the release of mtDNA. Accordingly, despite ER stress, DM2 fibroblasts did not show
278 signs of apoptosis, and the rate of cells in subG1 was below 0.5 percent (suppl. Fig 5c).

279 *Mitochondrial DNA release triggers cGAS dependent ISG induction in DM2*

280 To analyze whether this ER-mitochondrial connection is also responsible for ISG induction in DM2, we
281 performed siRNA-mediated knockdown of cGAS and STING in DM2 fibroblasts (suppl. Fig 4c, d). Indeed,
282 after reducing cGAS or STING expression, the IFN score was significantly reduced in patient fibroblasts
283 (Figure 6a, b), indicating that the ISG signature in DM2 is cGAS and STING dependent. As fibroblasts
284 did not survive mtDNA depletion with EtBr (data not shown), we analyzed the mitochondrial
285 membrane potential and activation status of DM2-patient fibroblasts to investigate whether these
286 cells also demonstrate mitochondrial activation. Staining with MitoTracker Red (MTR) and flow
287 cytometric analysis showed reduced mean fluorescence intensity (MFI) in patient fibroblasts compared
288 with healthy controls, indicating a lower membrane potential in patient cells that is characteristic for
289 an uncoupling of the mitochondrial membrane and mitochondrial stress (Figure 6c, d). Although the
290 mitochondrial mass was not significantly different between patient and controls (Figure 6e), a cellular
291 response to mitochondrial stress was reflected by upregulation of genes involved in mitophagy (Figure
292 6f). We observed an upregulation of the mitochondrial genes MFN and OPA (Figure 6f), which have
293 been shown to convey enhanced mitochondrial oxygen consumption during aging³⁹. In line with this,
294 we detected an enhanced senescence rate in DM2 fibroblasts by beta-galactosidase staining compared
295 with age-matched controls (Figure 6g). To investigate the oxygen consumption rate more closely, a
296 seahorse assay was performed. Oxygen consumption was increased both with and without stimulation
297 with Carbonyl cyanide-4 (trifluoromethoxy) phenylhydrazone (FCCP) in DM2 fibroblasts compared

298 with healthy controls (Figure 6h), and ATP production of mitochondria was enhanced after treatment
299 with oligomycin, an inhibitor of ATP synthase (Figure 6h). To further understand the impact of
300 mitochondrial stress on DM2 fibroblasts the release of mtDNA was monitored. Immunofluorescence
301 staining of DNA, cGAS and mitochondria in patient cells using confocal Airyscan microscopy showed
302 cytosolically localized DNA, in proximity to the mitochondria, which colocalized with the DNA sensor
303 cGAS (Figure 6i,j).

304 Discussion

305 Here, we report that patients with myotonic dystrophy have an increased prevalence of concomitant
306 autoimmunity associated with a cGAS/STING-dependent activation of the type I IFN response. First,
307 we demonstrate that type I IFN-stimulated genes are upregulated in blood, lesional skin and isolated
308 fibroblasts of patients with DM and especially DM2. This finding is further substantiated by the
309 increased levels of autoantibodies in patients with DM2 that can be regarded as a first sign of
310 autoimmunity. The prevalence of ANA in DM2 patients was elevated compared to healthy controls and
311 is about twice as high as in the general German population (76% versus 36%, respectively)⁴⁰. Two
312 previous reports either demonstrated autoimmunity in DM2 patients¹¹ or showed an ISG signature in
313 cataract samples from DM2⁴¹ and thus support the association of DM2 with autoimmunity. The stable
314 expression of ISGs in DM2 fibroblasts in culture in comparison with healthy controls suggested that a
315 cell intrinsic mechanism is responsible for this type I IFN signature.

316 DM2 has the highest number of RNA repeats among all repeat expansion diseases. The number of
317 repeat expansions ranges from 75 to >11,000 repeats which form stable RNA aggregates in the cell^{1,10}.
318 We demonstrated that these RNA repeats not only accumulate in the nucleus but also can be
319 frequently detected in the cytoplasm. This nuclear egress of repeat-expansion RNA has previously been
320 reported in a model using repeat-transfected CHO cells¹³ but not yet in patient cells. Unrestricted RNA
321 can act as a danger signal in the cell, yet we did not observe evidence for a direct sensing of repeat
322 RNA by specific RNA sensors of the innate immune system. This could potentially be explained by the
323 fact that this self RNA is fully modified and also lacks the specific structures required for recognition
324 by RIG-I, MDA5 or PKR²². However, we did observe that repeat RNA led to RAN translation and
325 accumulation of nonsense proteins in fibroblasts and skin of patients, as previously described in the
326 brain of DM2 patients²⁵. These proteins can induce cellular stress which may act as a positive feedback
327 loop and further enhance RAN translation^{25,42}. The upregulation of eIF2 α and PERK indicates such a
328 possible feedback loop because both factors have been recently shown to support RAN translation of
329 LPAC and QAGR in DM2 as alternative initiation factors⁴³. An active RAN translation might also be
330 initiated by the ATP-dependent RNA helicase DHX36, which was upregulated at the mRNA level in
331 patient cells and has been shown to facilitate RAN translation of GGGGCC repeat RNAs in cells of
332 patients with amyotrophic lateral sclerosis⁴⁴. The observed enhanced ATP production by mitochondria
333 in DM2 fibroblasts would support the ATP-dependent function of DHX36.

334 Repeat accumulation in the cell was associated with a chronic ER stress response in fibroblasts from
335 patients with DM2 characterized by activation of the ATF6 pathway. The IRE1 α pathway, which is
336 typically induced by acute ER stress and leads to XBP1 splicing and IRE1 α upregulation was not
337 activated, and IRE1 α itself was downregulated. Interestingly, it has been shown that ATF6 is involved
338 in the downregulation of the protein IRE1 α during sustained ER stress⁴⁵. Upon ER stress, ATF6 traffics
339 from the ER to the Golgi apparatus followed by a sequential cleavage⁴⁶. The cleaved active form acts
340 as a transcription factor of various genes controlling organelle homeostasis beyond ER stress⁴⁶.
341 Embryonic mouse fibroblasts deficient in the ER stress sensor ATF6 showed increased apoptosis and
342 decreased adaptation to prolonged or recurrent stress⁴⁷. Our finding in DM2 fibroblasts was
343 substantiated by demonstrating that chronic stimulation of healthy fibroblasts by thapsigargin also

344 induced selective ATF6 pathway activation, indicating that chronic and acute ER stress responses differ.
345 Interestingly, chronic ER stress in THP1 cells was associated with a similarly low-level type I IFN
346 response as observed in DM2 fibroblasts and, most importantly, in both cell types, the ISG response
347 was dependent on ATF6. These findings demonstrate that chronic ER stress can lead to ATF6-
348 dependent ISG upregulation in fibroblasts and myeloid cells.

349 The ER is closely connected with mitochondria and physical interactions between these organelles
350 maintain mitochondria-ER contact sites⁴⁶. The UPR member PERK is part of the mitochondria
351 associated ER-membrane and upregulation of this protein in DM2 fibroblasts might be relevant for
352 stabilizing these connections^{31,46}. Interestingly, we found that depletion of mitochondrial DNA
353 (mtDNA) completely abrogated the ISG response in THP1 cells, indicating that the ER-mitochondrial
354 connection is required for ISG induction. It has been previously established that mitochondrial stress
355 engages cytosolic antiviral signaling to enhance the expression of a subset of ISGs^{48,49}. Aberrant mtDNA
356 packaging promotes escape of mtDNA into the cytosol, where it engages the DNA sensor cGAS and
357 promotes STING dependent ISG upregulation if not inhibited by apoptotic caspases⁴⁸. Our data
358 demonstrate that uncoupling of the mitochondrial membrane chain in response to stress can explain
359 mitochondrial DNA release that can engage cGAS signaling without triggering fulminant apoptosis
360 which would inhibit this pathway⁵⁰. Altogether, these data demonstrate that enabled by the anti-
361 apoptotic effect of the ATF6 pathway chronic ER stress can lead to mitochondria-dependent
362 cGAS/STING induced ISG upregulation.

363 Chronic, low-level activation of the ISG response in cells of DM2 patients likely promotes the
364 manifestation of autoimmune diseases. We know that autoimmunity can be induced by chronic low-
365 level ISG induction in monogenic interferonopathies caused by mutations that impair intracellular
366 restriction of nucleic acids¹⁷. For example, familial chilblain lupus is caused by loss-of-function
367 mutations in the DNase TREX1^{51,52} which induce accumulation of DNA in the cytoplasm that is sensed
368 by the cGAS-STING-pathway and leads to chronic low level ISG upregulation⁵³. Trigger factors such as
369 UV-irradiation or cold exposure enhance the type I IFN response and elucidate diseases flares⁵⁴.
370 Similarly, SLE is promoted by mutations in RNASEH2 that impair ribonucleotide excision from DNA and
371 cause DNA damage and repair-associated chronic ISG upregulation⁵⁵. Thus, our findings place DM2
372 among other autoimmune diseases manifesting due to cGAS/STING induced chronic ISG upregulation
373 and autoimmunity and into the larger context of type-I interferon driven disease.

374 In conclusion, we provide evidence for a new disease pathway that connects ATF6 controlled ER Stress
375 in DM2 fibroblasts with mitochondrial DNA release and ISG upregulation (Figure 7). Elucidating this
376 pathway opens new avenues for understanding other illnesses, both monogenetic and multifactorial,
377 that are accompanied by increased ER stress. For instance, ER stress plays a role in the elevated
378 production of ISGs after PRR sensing²⁸. In addition, a proinflammatory western diet has been
379 associated with both ER stress and ISG upregulation although these phenomena have not been linked
380 mechanistically to date^{56,57}. Furthermore, thapsigargin-induced ER stress has recently been proposed
381 for the treatment of coronavirus infections⁵⁸, and ATF6-dependent type-I IFN induction is also likely to
382 be relevant for these reported antiviral effects.

383 Importantly, our data demonstrate that, like other type-I IFN-associated diseases, DM2 is potentially
384 druggable by compounds interfering with type I IFN activation such as Janus kinase inhibitors or IFNAR
385 receptor blockers. Thus, altogether, this study also provides new potential therapeutic approaches to
386 treating the concomitant manifestation of autoimmune diseases in DM2 patients.

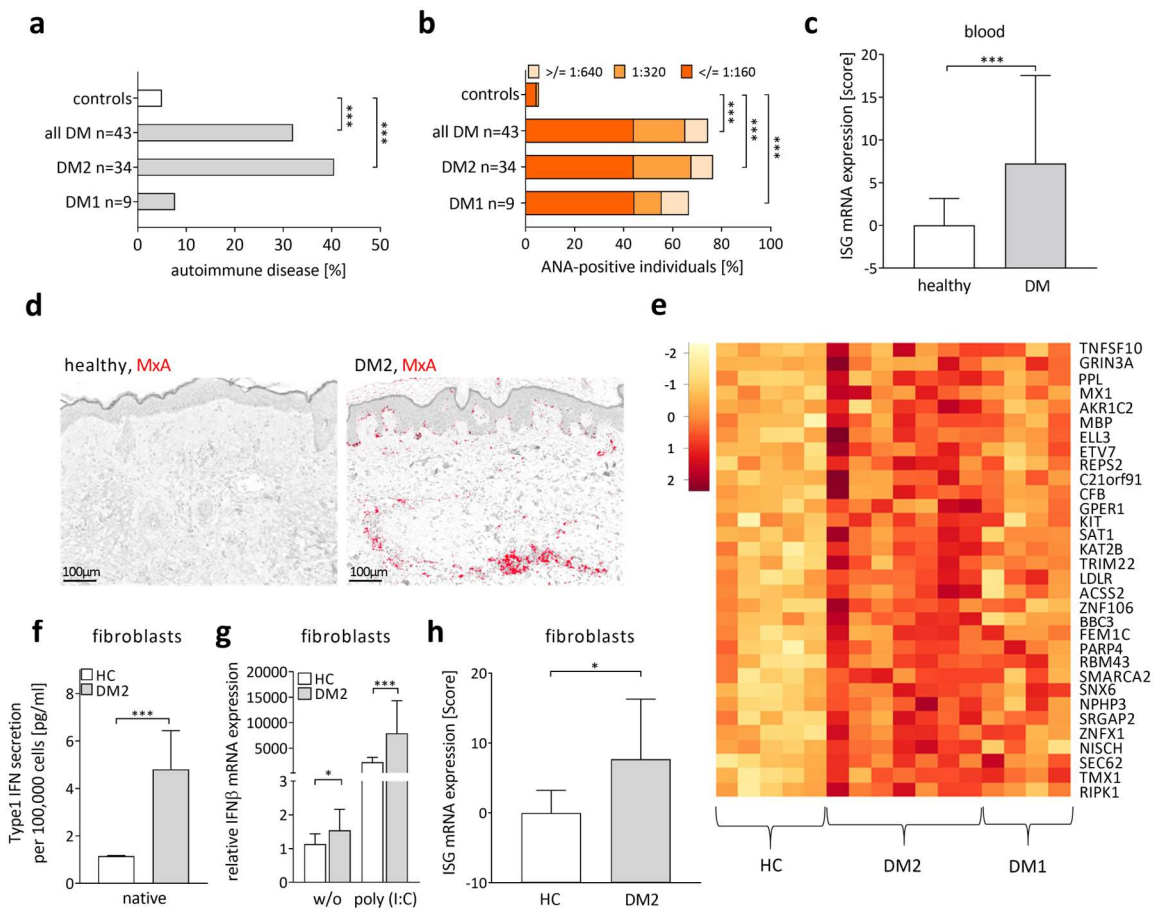
387

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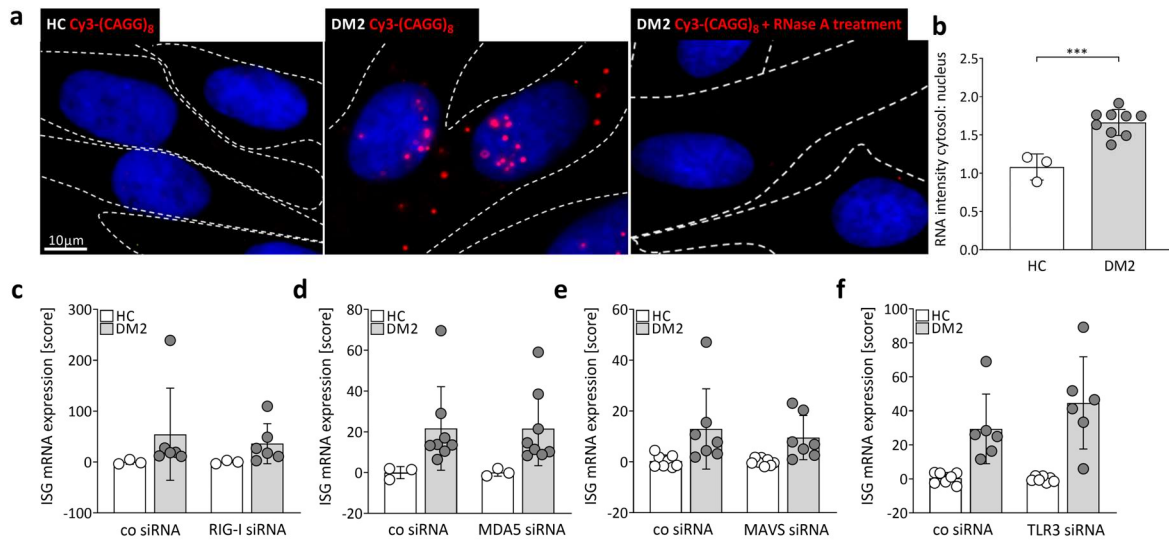
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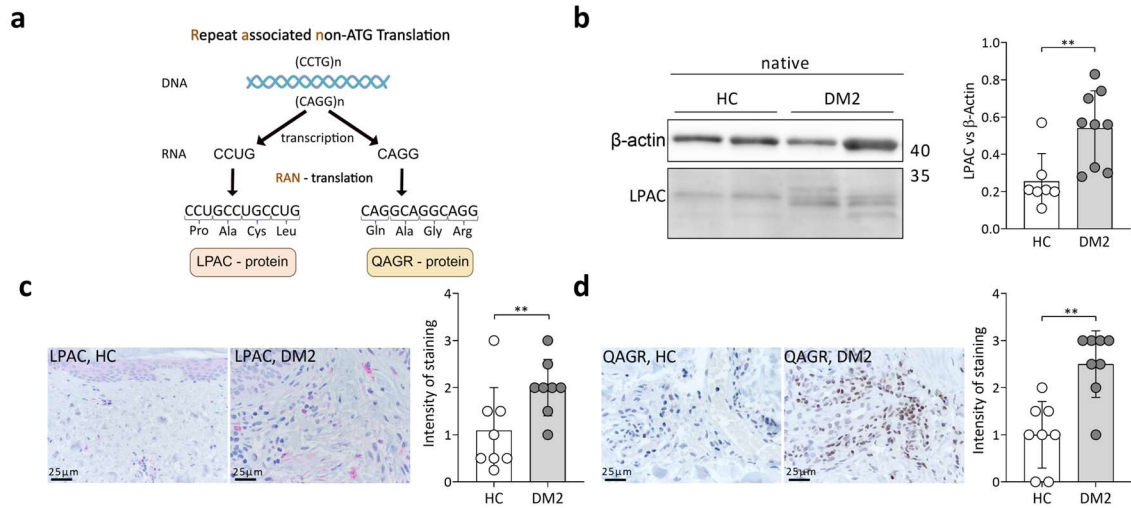
398 **Figure 1: Enhanced type I IFN activation and autoimmunity in patients with myotonic dystrophy.** **a**,
 399 frequency of autoimmune diseases among 43 patients with DM (DM1 n=9, DM2 n=34) compared with
 400 the frequency of autoimmune diseases in the general population²⁰ **b**, Antinuclear antibodies (ANA)
 401 were determined on Hep-2 cells in the serum of 9 DM1 and 34 DM2 patients compared with data from
 402 a control population (n = 1,000) measured in the same laboratory⁵⁵. Shown is the percentage of ANA-
 403 positive DM1 and DM2 patients (Mann-Whitney p= 0.001) **c**, calculated IFN score²¹ from the blood of
 404 17 healthy controls, 34 DM2 patients and 9 DM1 patients of mRNA expression of the ISGs, IFIT1, IFI44,
 405 IFI44L, CXCL10, ISG15, IFI27, and Viperin. **d**, Immunohistochemistry of myxovirus resistance protein A
 406 (MxA = red) in 4% formaldehyde-fixed lesional skin sections from a healthy control and a DM2 patient.
 407 **e**, Heatmap of ISGs that are significantly increased in 7 DM2 and 4 DM1 fibroblasts cell lines compared
 408 to 5 control fibroblasts. Each column represents one cell line. The heatmap depicts log₁₀ values of z-
 409 score. **f**, Determination of type-I IFN expression in the supernatant of 3 control (HC) and 9 DM2
 410 fibroblasts cell lines. **g**, Fibroblasts were treated with 10 μg/ml polyinosinic:polycytidylic acid (Poly I:C),
 411 and relative mRNA expression of IFNβ in 3 healthy and 4 DM2 fibroblasts. Relative expression (n-fold)
 412 was calculated to the mean of three native healthy controls. **h**, calculated IFN score²¹ from 6 healthy
 413 control (HC) and 9 DM2 fibroblasts using mRNA expression of the ISGs, IFI44, IFI27, ISG15, Viperin,
 414 IFI16, IRF7, TLR3. f-h show data of at least three independent experiments, * = p < 0.05, ** = p < 0.01,
 415 *** = p < 0.001; f depict mean ± SEM. c, g, h show mean ± SD.

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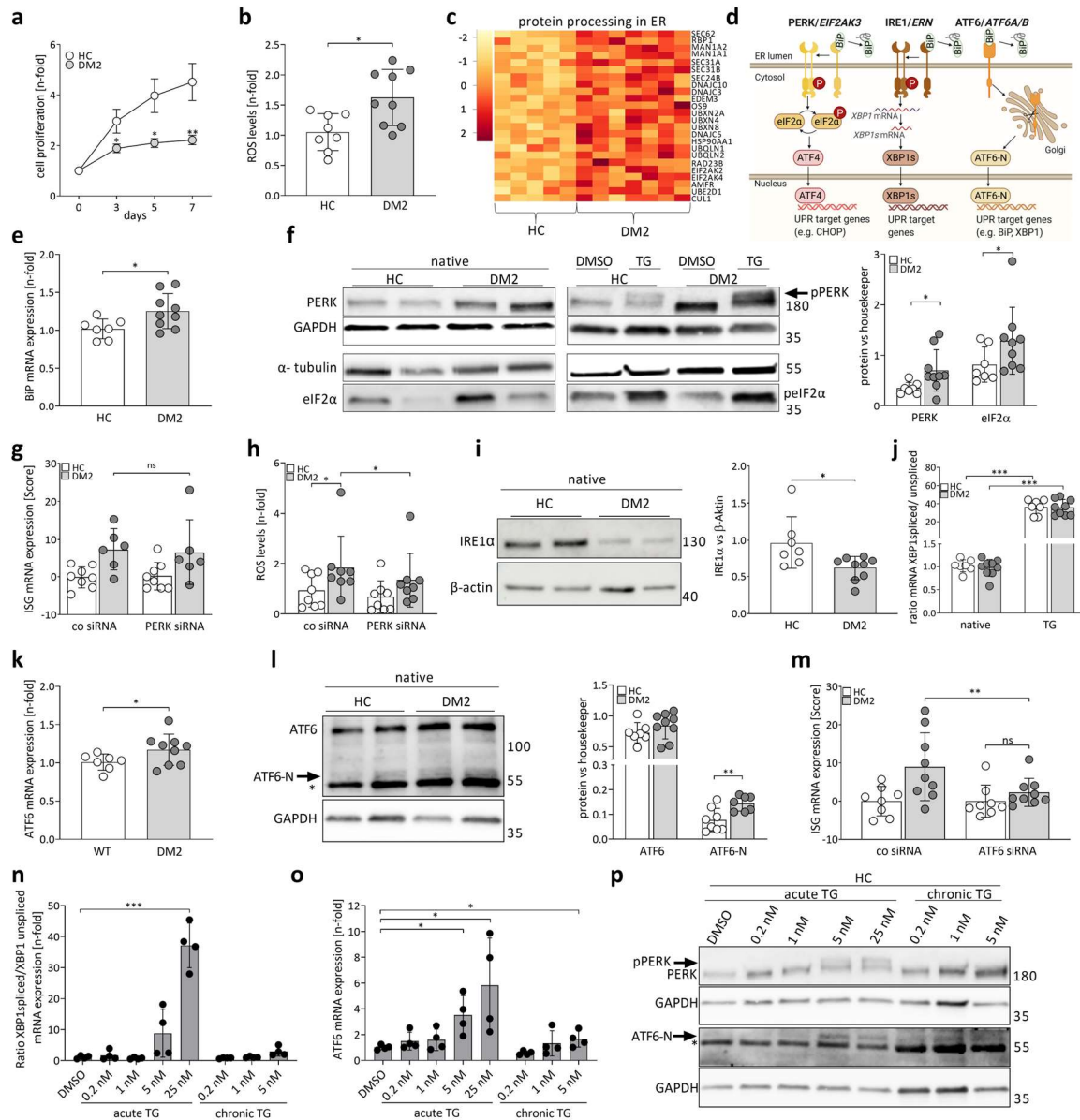


417

418 **Figure 2: Accumulation of RNA-Repeats in the nucleus and the cytoplasm in DM2 fibroblasts.** a,
 419 Fluorescence In Situ Hybridization (FISH) of RNA Repeats in fibroblasts. Shown is a representative
 420 labeling with the CAGG probe (red) and nuclear staining by DAPI (blue) in one control and one DM2
 421 patient. Pretreatment with 0.5 mg/ml RNase A completely resolved the staining. b, Ratio of nuclear
 422 versus cytoplasmatic integrated intensity of RNA FISH staining in DM2 patients. c-f, calculated IFN
 423 score²¹ using mRNA expression of 4 ISGs (IFI44, IFI27, IRF7, Viperin) after siRNA knockdown of RIG-I
 424 (e), MDA5 (f), MAVS (g) or TLR3 (h). a,b, are representative of three independent experiments. c-f,
 425 include data from three (c,d), four (f) or six (e) independent experiments. All bars depict mean \pm SD,
 426 *= $p < 0.05$, **= $p < 0.01$

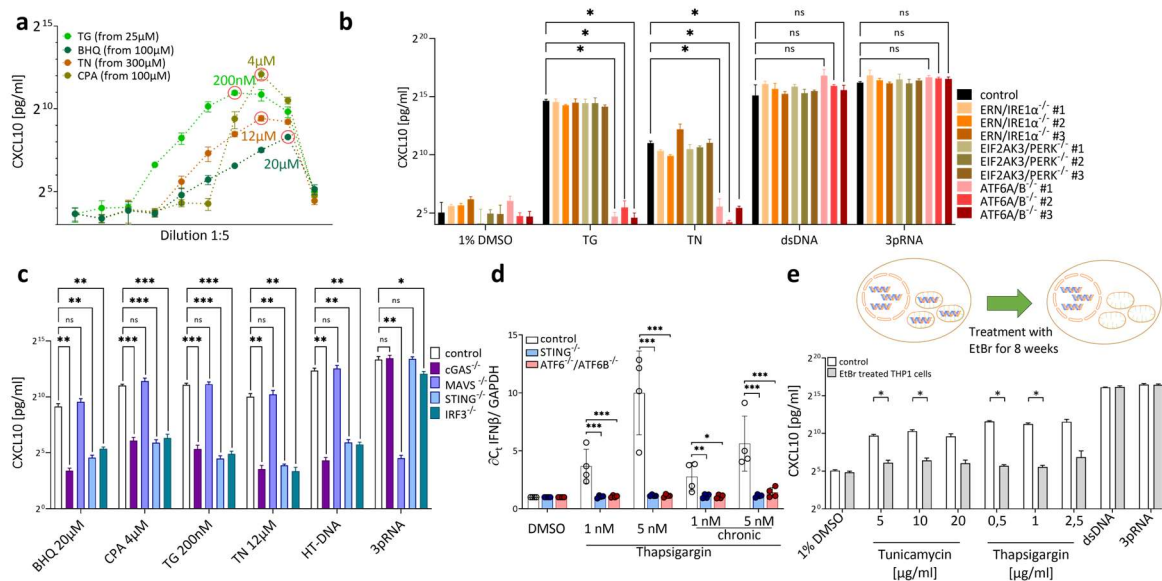


427
 428 **Figure 3: RAN translation in DM2 fibroblasts.** **a**, Schematic representation of the repeat associated non-ATG (RAN) Translation. **b**, protein concentration of LPAC in DM2 and control fibroblasts was
 429 determined by western blotting. **c,d** Immunohistochemistry (IHC) showing LPAC (red) and QAGR
 430 (brown) immunostaining in skin section in healthy control (n = 8) and DM2 (n=7) patients. **b**, is
 431 representative for 9 DM2 patients. **c-d**, include data from least three (d) independent experiments. All
 432 bars depict mean \pm SD, *= $p < 0.05$, **= $p < 0.01$, ***= $p < 0.001$;



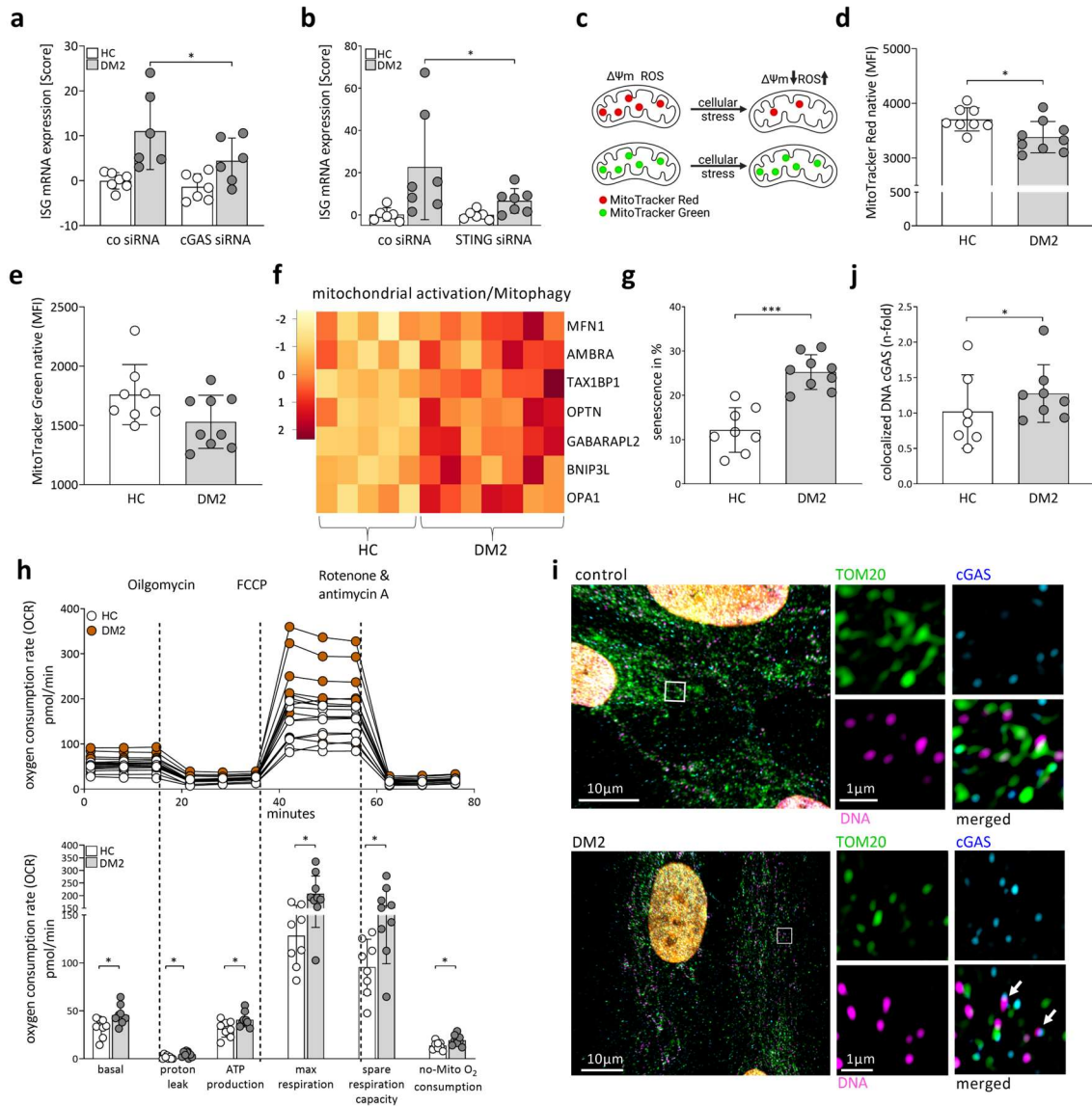
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 435 **Figure 4: Chronic activation of the ER Stress response in DM2 fibroblasts.** **a**, Proliferation of fibroblasts
 436 was measured by staining the DNA with Hoechst 33258 at four different time points (day 0, day 3, day
 437 5, day 7) in 8 fibroblasts controls and 9 DM2 patients. **b**, ROS levels of 9 DM2 patient fibroblasts relative
 438 to 8 controls. **c**, RNAseq analysis of 6 DM2 and 5 control fibroblast cell lines reveals significant
 439 upregulation of genes from the KEGG pathway “Protein processing in ER”. The heatmap depicts log 10
 440 values of z-score. **d**, Schematic representation of the unfolded protein response (UPR). **e**, relative
 441 mRNA expression of ER stress factor BiP in 8 controls (HC) and 9 DM2 fibroblasts. **f**, Representative
 442 western blot analysis of ER stress factor PERK and eIF2 α in fibroblasts of 9 DM2 patients or 7 healthy
 443 controls under native conditions (left) and after stimulation with thapsigargin (TG, 50nM), right. **g**,
 444 calculated IFN score²¹ using mRNA expression of the ISGs IFI44, DDX58, IRF7, Viperin, and Mx1 in
 445 fibroblasts after siRNA knockdown of PERK (DM2: n= 6, HC: n=8). **h**, Analysis of ROS levels in 9 DM2
 446 fibroblasts and 8 controls after siRNA knockdown of PERK. **i**, Representative western blot analysis of
 447 ER stress factor IRE1 α in fibroblasts of 9 DM2 patients or 8 healthy controls under native conditions. **j**,
 448 Ratio of unspliced and spliced XBP1 relative mRNA expression under native conditions and after TG
 449 (50nM) stimulation in 8 controls and 9 DM2 patients. **k**, relative mRNA expression of ER stress sensor
 450 ATF6 in 8 controls (HC) and 9 DM2 fibroblasts. **l**, Representative western blot analysis of ER stress factor

451 ATF6 (DM2: n=9, HC: n=8) and ATF6-N (DM2: n= 7, HC: n=8) in fibroblasts under native conditions. A
 452 nonspecific band is indicated with *. **m**, calculated IFN score²¹ using mRNA expression of the ISGs IFI44,
 453 DDX58, IRF7, Viperin, and Mx1 in fibroblasts after siRNA knockdown of ATF6. (DM2: n= 9, HC: n=8). **n**,
 454 relative mRNA expression of ER stress factors XBP1 (**n**) and ATF6 (**o**) in fibroblasts. To induce acute ER
 455 stress, fibroblasts were treated once with 25 nM, 1nM, 5nM and 0.2nM TG. For chronic ER stress,
 456 fibroblasts were treated with 5nM, 1nM or 0.2nM TG for one week. **p**, Representative western blot
 457 analysis of ER stress factor PERK and ATF6-N in control fibroblasts which were treated with TG to
 458 induce acute or chronic ER stress. **b,h** ROS expression was determined using dihydrorhodamine 123.
 459 **e,g,i,j,m-o**, mRNA expression was determined using RT-PCR. **a,b,c-m**, include data from three (**a,m**) or
 460 at least three (**b, e-l**) independent experiments. **n-p** are representative for 4 healthy donors. **a**, shows
 461 mean \pm SEM. **b, e-o** bars depict mean \pm SD, *=p<0.05, **=p<0.01, ***=p<0.001.



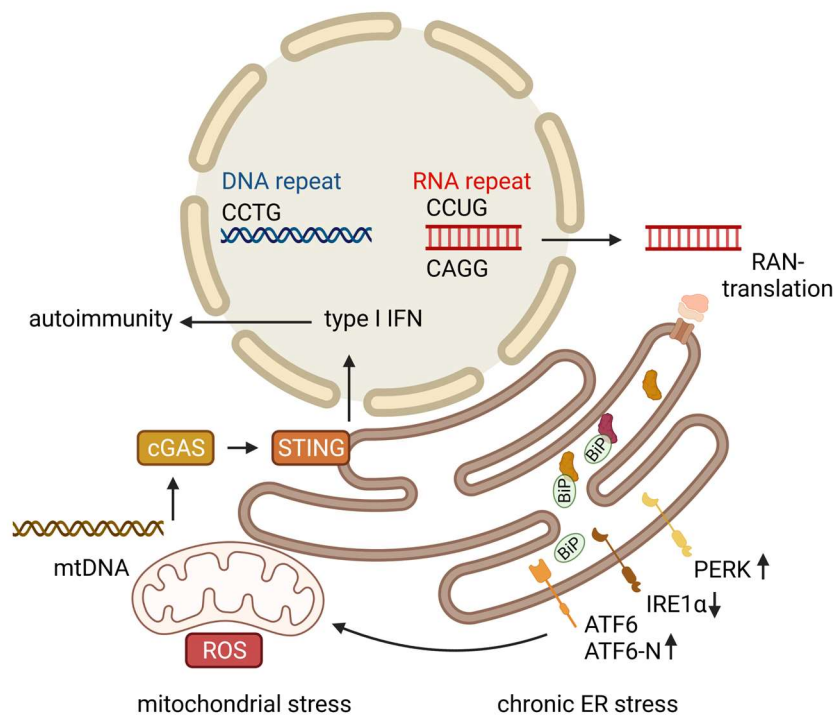
462

463 **Figure 5: ER stress leads to ATF6 dependent ISG upregulation that depends on sensing of DNA from**
 464 **mitochondria via the cGAS-STING-pathway. a-c**, THP1 cells of the indicated genotype were stimulated
 465 with the ER-stress inducers cyclopiazonic acid (CPA), 2,5-di-*t*-butyl-1,4-benzohydroquinone (BHQ),
 466 thapsigargin (TG) and tunicamycin (TN) at the indicated concentrations or with herring testis (HT)-DNA
 467 or 3pRNA. Wildtype THP-1 cells were used in **a** and as a “control” in **b** and **c**. Supernatants were
 468 harvested 24h after stimulation and probed for CXCL10 levels using ELISA. In **a**, optimal concentrations
 469 for CXCL10 release are circled. **d**, Relative mRNA expression of IFNB in STING^{-/-} and ATF6^{-/-} THP1 cells
 470 after acute and chronic ER stress induction. For acute ER stress, THP1 cells were treated once with 1nM
 471 and 5nM TG. For chronic ER stress, THP1 cells were treated with 1nM and 5 nM TG for one week. **e**,
 472 THP1 cells were treated with EtBr for 8 weeks to deplete mitochondrial DNA. Cells were then
 473 stimulated as indicated, and CXCL10 release was determined using ELISA. **a-d**, show data of three
 474 independent experiments, *=p<0.05, **=p<0.01, ***=p<0.001; all error bars represent SD.
 475



476
477 **Figure 6: cGAS STING dependent ISG upregulation and mitochondrial stress in fibroblasts of DM2**
478 **patients.** **a**, calculated IFN score²¹ using mRNA expression of the ISGs IFI44, IRF7, Viperin, Mx1, and
479 DDX58 in the fibroblasts of DM2 patients and healthy controls (HC) after siRNA knockdown of cGAS
480 (DM2 n=6, HC n=7) and STING (**b**, DM2 n=7, HC n=7). **c**, Schematic representation of the function of
481 the MitoTracker red (MTR) and MitoTracker green (MTG). A reduction of membrane potential $\Delta\Psi_m$
482 induced by cell stress leads to reduced uptake of MTR and ROS induction. **d,e** fibroblasts of 9 DM2
483 patients and 8 controls were analyzed by flow cytometry using MTR (**d**) and MTG (**e**). Mean
484 fluorescence intensity (MFI) is shown. **f**, Percentage of senescent cells in fibroblasts cultures from 9
485 DM2 patients and 8 controls as determined by β -galactosidase assay. **g**, RNAseq analysis in fibroblast
486 of 6 DM2 patients and 5 controls revealed significant upregulation of genes from the KEGG pathway
487 "Mitophagy". The heatmap depicts log₁₀ values of z-score. **h**, Measurement of oxygen consumption
488 rate (OCR) in fibroblasts from 9 DM2 patients and 8 controls. One representative experiment out of
489 three is shown. **i**, Representative confocal immunofluorescence stainings of mitochondria (TOM20,
490 green), DNA (red) and cGAS (blue) in fibroblasts of DM2 patients and controls. **j**, Quantification of
491 immunofluorescence staining of mitochondria, DNA and cGAS using Arivis Vision 4D 3.5.1 Software.
492 The colocalization between DNA and cGAS outside the mitochondria is shown for 8 DM2 and 7 healthy
493 control (HC) fibroblasts. **a, b**, mRNA expression was determined using RT-PCR. **a,b,d-f**, show data of at

494 least three independent experiments. i,j, representative for 8 DM2 patient, *= $p < 0.05$, **= $p < 0.01$; all
 495 bars depict mean \pm SD.



496

497 **Figure 7: Graphical summary on the proposed mechanism inducing of autoimmunity in DM2.** DM2 is
 498 characterized by CCTG repeat expansion in DNA that can be transcribed into RNA. RNA repeats
 499 accumulate in the nucleus and are transported into the cytoplasm. The cytosolic RNA repeats can be
 500 translated by repeat-associated non ATG (RAN) translation. These processes are associated with
 501 chronic ER stress indicated by increased BiP, PERK and ATF6-N expression. IRE1α is downregulated,
 502 which might be a consequence of ATF6 activation. Depending on ATF6 activation, chronic ER stress
 503 leads to mitochondrial activation, DNA release, ROS production and a cGAS-STING dependent
 504 upregulation of type I IFN and ISGs. Chronic type I IFN upregulation predisposes to autoimmunity in
 505 patients with DM2.

506 Methods

507 **Patients.** Patients with DM2 and DM1 and healthy controls were enrolled after written, informed
 508 consent. Human primary fibroblasts were derived from skin biopsies. Control samples were obtained
 509 from skin discarded during plastic surgery. The study was approved by the ethics committee of the
 510 Medical Faculty, Technische Universität Dresden.

511 **Cell culture and stimulation.** Fibroblasts were cultured in DMEM (Gibco) supplemented with 10 % FCS,
 512 1 % antibiotics and 1 mM sodium pyruvate. In all experiments passage-matched cells (passages 6-13)
 513 were used. For stimulation of fibroblasts with poly I:C, 10μg/ml (Invivogen #tlrl-pic) was used. Poly I:C
 514 was diluted in medium and incubated for 3h. To induce chronic ER stress, fibroblasts were seeded in
 515 6-well plates and incubated with 5nM, 1nM or 0.2 nM thapsigargin (Cayman Chemical Company) for
 516 seven days. The medium containing thapsigargin was changed every two days. Acute ER stress was
 517 induced in fibroblasts by incubation with 50 nM, 25nM, 5nM, 1nM or 0.2nM thapsigargin for 6h.

518 THP-1 cells were cultivated in RPMI supplemented with 10 % FCS, 1 % antibiotics and 1 mM sodium
519 pyruvate. dsDNA(1µg/mL) and 3pRNA(200ng/mL) were complexed with Lipofectamine 2000
520 (Invitrogen) prior to transfection according to the manufacturer's instructions. The ER-stress inducers
521 cyclopiazonic acid (Cayman Chemical Company), 2,5-di-*t*-butyl-1,4-benzohydroquinone (Merck/Sigma-
522 Aldrich), thapsigargin (Cayman Chemical Company) and tunicamycin (Merck/Sigma-Aldrich) were
523 added directly to the cell culture medium at the concentrations indicated in the respective subfigures.
524 Supernatants were harvested for ELISA or RT-PCR 24h after stimulation.

525 **Autoantibody testing.** Routine serological tests were carried out at the diagnostic laboratory of the
526 Department of Dermatology and Institute of Immunology, Technische Universität Dresden. ANAs were
527 determined using Hep-2 cells; extractable nuclear antigens were analyzed by immunoblot. Data on
528 ANAs from a reference population were obtained from 1,000 blood donors (samples collected at the
529 Institute of Immunology, Technische Universität Dresden) as described before⁵⁵.

530 **RT-PCR.** Total RNA from fibroblasts was extracted with the RNeasy Mini Kit (Qiagen) followed by DNase
531 I digestion. Total RNA from blood was extracted with the PAXgene Blood RNA Kit (PreAnalytiX
532 #762174). mRNA expression of DHX36, CNBP, cGAS, STING, RIG-I, MAVS, MDA5, TLR3, IFNβ, ISGs (IFIT1,
533 IFI44, IFI44L, CXCL10, ISG15, IFI27, Viperin, IFI16, IRF7, TLR3, Mx1, DDX58) and ER stress factors (BiP,
534 ATF6, XBP1 spliced, XBP1 unspliced) were determined using iQ SYBR Green Supermix (Bio-Rad
535 #1725124) on an Mx3005P RT-PCR system (Agilent) and normalized to HPRT1. The IFN score was
536 calculated as described by Kirou et al.²¹

537 **Cytokine detection.** IFNβ secreted to the supernatants of fibroblasts was quantified using the HEK-
538 Blue™ IFN-α/β reporter system by InvivoGen and normalized to the cell number. Cell number was
539 determined by Hoechst 33258 staining. CXCL10 release was measured using the human IP10 ELISA set
540 (BD Bioscience), performed according to the manufacturer's instructions.

541 **Western blotting.** Fibroblasts were lysed in 2x Laemmli buffer (125m M Tris/HCl, pH6.8, 4% SDS, 10%
542 glycerol, 0.02% Bromophenol blue) or RIPA buffer (50 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1 mM EDTA,
543 1% Triton X-100, 1 mM sodium orthovanadate, 20 mM sodium fluoride) supplemented with 1x
544 Complete Protease Inhibitor Cocktail (Roche) and 1x PhosSTOP phosphatase inhibitors (Roche). THP-1
545 cells were lysed using 1x Laemmli buffer. 20 µg total protein was subjected to SDS-PAGE
546 electrophoresis followed by Western blotting using antibodies against PKR (Cell Signaling #12297),
547 phospho-STAT1 (Cell Signaling #9167) and cleaved caspase 3 (Cell Signaling #9661), pPKR (Abcam
548 ab32036), LPAC (Merck ABN2258), QAGR (Merck ABN2271), PERK (Cell Signaling #5683) ATF6 (Cell
549 Signaling #65880), ATF6-N (Novus biologicals 75478), IRE1α (Cell Signaling #3294), eIF2α (Cell Signaling
550 #9722), CNBP (Sigma SAB2100453), DHX36 (santa cruz sc-377485) and GAPDH (Cell Signaling #2118),
551 β-actin (Cell Signaling #4970), α-Tubulin (Neomarker MS-581-P1). Immunoreactive signals were
552 detected by chemiluminescence (Super Signal West or Super Signal Pico; Thermo Scientific) Images
553 were taken on Image Quant LAS 4000 (GE Healthcare)

554 **Immunohistochemistry.** Paraffin-embedded skin biopsies were cut into 2 to 5-µm sections,
555 rehydrated, and boiled in sodium citrate buffer (pH 6.0). Sections were stained with mouse anti-MxA
556 (provided by O. Haller, Freiburg University, Breisgau, Germany; 1:400 dilution) followed by staining
557 with EnVision G|2 System/AP Rabbit/Mouse (Dako) or antibodies against LPAC (Merck ABN2258) and
558 QAGR (Merck ABN2271). Sections were counterstained with Mayer's hematoxylin (Merck).

559 **Analysis of RNA-Sequencing data.** Within the framework of the bioinformatic workflow, raw reads
560 were inspected using fastqc (<https://www.bioinformatics.babraham.ac.uk/projects/fastqc/>), trimmed
561 using trimmomatic
562 (<https://academic.oup.com/bioinformatics/article/30/15/2114/2390096?login=true>) and aligned
563 using STAR (<https://academic.oup.com/bioinformatics/article/29/1/15/272537?login=true>), GRCh37
564 was used as reference genome. Read counts were extracted from the alignments using the
565 featureCounts method of the subread package
566 (<https://academic.oup.com/bioinformatics/article/30/7/923/232889>), afterwards DESeq2 was
567 applied to identify differentially expressed genes
568 (<https://genomebiology.biomedcentral.com/articles/10.1186/s13059-014-0550-8>). Only genes with
569 multiple testing adjusted p-values (padj from DESeq2) < 0.05 were considered significant. The
570 Interferome database was used to identify ISGs⁵⁹. Heatmaps were created using RStudio with the
571 plugin heatmap.2. Data were submitted to National Center for Biotechnology Information (NCBI) under
572 Bioproject ID SUB11601756.

573

574 **siRNA transfection.** Fibroblasts were transfected with 10 nM of RIG-I (Invitrogen 10620319-360113),
575 MDA5 (Invitrogen 10620319-348588), MAVS (Invitrogen 10620319-361473), TLR3 (Invitrogen
576 10620319-367493), STING (Invitrogen 10620319-361473), cGAS (Invitrogen 10620319-383441), PERK
577 (Invitrogen 21255167) or ATF6 (Invitrogen 10620319-439921) siRNAs. According to the guanine
578 content of the individual siRNAs, the cells were transfected with medium or high control siRNAs
579 (Invitrogen) using Lipofectamine[®]2000 or Lipofectamine[®] RNAiMAX (Invitrogen). Cells were prepared
580 72h after transfection for RT-PCR.

581 **Proliferation.** Seeding was done simultaneously for four different time points (day 0, 3, 5, 7). The cells
582 were incubated at 37 °C until the specific time point and then fixed with 4% formaldehyde for 10
583 minutes, followed by a treatment with 0.25 % TritonX-100 for 10 minutes, both at room temperature.
584 Fibroblasts were then treated with Hoechst 33258 (5 µg/ml) for 15 minutes at room temperature
585 before measurement on a microplate fluorometer. The cell number for each well was determined
586 based on a standard curve using set numbers of cells.

587 **β-galactosidase staining.** Fibroblasts were synchronized by serum starvation for 24 hours. The
588 detection of senescence was performed with the Senescence Detection Kit from BioVision (Biozol
589 #K320-250). To enable long-term storage at 4 °C, 1 ml of 70 % glycerol was added to the cells. The
590 plates were analyzed under a light microscope. For each well, four areas were defined, and the blue
591 stained and non-stained cells were counted manually.

592 **MitoTracker staining.** To detect mitochondrial stress, 100.000 fibroblasts were incubated for 30
593 minutes at 37 °C with MitoTracker[™] Red FM (200 nM, Invitrogen M22425) and MitoTracker[™] Green
594 FM (25 nM, Invitrogen M7514). After incubation, the staining was analyzed by flow cytometry on a
595 FACS Canto II instrument. The analysis of the data was performed using FlowJo software.

596 **ROS detection.** For detection of ROS cells were incubated with dihydrorhodamine 123 (DHR 123,
597 Molecular Probes, 1 µg/ml, ChemCruz sc-203027) in DMEM without phenol red. After incubation for
598 15 minutes at 37 °C, ROS-induced fluorescence was measured on a Tecan microplate reader (excitation
599 488 nm, emission 530 nm).

600 **Immunofluorescence staining.** Fibroblasts were fixed with 4% formaldehyde for 10 minutes at room
601 temperature, followed by permeabilization of the membrane using PBS containing 0.1% Triton X-100.
602 After treatment of the cells with blocking buffer (5% normal goat serum and 0.3% Triton X-100 in 1x
603 PBS), the fibroblasts were incubated with the primary antibody (TOMM20 Abnova #H00009804,
604 1:1000; anti DNA Progen #61014, 1:100; cGAS Novus Biologicals #NBP1-86761, 1:50) for 2 hours at
605 room temperature, followed by incubation with the appropriate secondary antibody (goat anti-mouse
606 IgM -AF647 (LifeTechnologies, #A-21238); goat anti-rabbit IgG-AF488 (LifeTechnologies, #A-11008);
607 goat anti-mouse IgG1-AF546 (LifeTechnologies, #A-21123)) for 1 hour at room temperature. The
608 images of the fibroblasts were taken with the confocal LSM980/MP. The 63x oil objective was used
609 and a Z-stack was recorded. Images of patients and healthy controls were analyzed using a pipeline
610 created with the Arivis Vision 4D 3.5.1 Software.

611 **RNA-FISH.** Cells were seeded in a 24-well plate. Fibroblasts were fixed with 3.7% formaldehyde.
612 Permeabilization was performed using 70% ethanol. RNase A (Thermo Scientific, #EN0531) treatment
613 followed for 1 hour at room temperature. Hybridization of the (CAGG)₈ (Eurofine) probe was then
614 performed at 37 °C overnight. Cells were mounted in antifade medium containing DAPI (Thermo
615 Scientific). Cells were imaged using Perkin Elmer Operetta System. The imaging settings were 4 planes
616 per position (DAPI, GFP, mCherry), 40x 0.95 NA objective. Images were then analyzed using the
617 software Cellprofiler (version 3.1.8).

618 **Seahorse Assay.** Oxygen consumption rate (OCR) was measured in fibroblasts with Seahorse XFe96
619 Analyzer (Agilent Technologies) using Seahorse XF Cell Mito Stress Test Kit (103015-100). Fibroblasts
620 (1.5×10^4) were seeded in Agilent Seahorse XF96 cell culture microplates. The assay was carried out in
621 assay medium containing 1mM pyruvate, 2mM glutamine and 10 mM glucose. The modulators used
622 were Oligomycin (2.5 μ M), Carbonyl cyanide-4 (trifluoromethoxy) phenylhydrazone (FCCP, 1.0 μ M),
623 Rotenone (0.5 μ M) and Antimycin (0.5 μ M).

624 **CRISPR/Cas9:** ATF6A, ATF6B, cGAS, EIF2AK3, ERN1, IRF3, MAVS and STING gRNAs (suppl. table 4) were
625 selected with the CRISPR design tool (Zhang Lab, MIT, crispr.mit.edu) and introduced into an EF1a-
626 Cas9-U6-sgRNA expression plasmid via Gibson assembly. Single-cell clones were obtained by limiting
627 dilution plating; loss of expression was confirmed by immunoblot, and InDels were determined by
628 Sanger sequencing (suppl. table 4). The cGAS and MAVS deficient THP-1 clones have been published
629 previously⁶⁰.

630 **mtDNA-depletion/ ρ -zero THP1 cells:** mitochondrial DNA (mtDNA) was depleted by incubation of
631 wild type (WT) THP1 cells with 50 ng/ml of Ethidium Bromide (EtBr) in standard cell culture medium
632 as described in Widdrington et al.³⁶. After four weeks, mtDNA depletion was assessed using RT-PCR
633 for B2M and MT-ND1, which were used as reference genes for nuclear DNA and mtDNA, respectively.

634 **Statistical Analysis.** Data are presented as mean \pm SD and representative of at least three independent
635 experiments unless otherwise was indicated. Statistical analysis was performed using Graphpad prism
636 version 9.3.1. The normality of distributions was tested using the Shapiro Wilk test. In normally
637 distributed samples, two-tailed Student's t-test was used for comparison of two groups. Samples that
638 were not normally distributed were analyzed by Mann Whitney U test for comparison of two groups.
639 p-values < 0.05 were considered statistically significant. Stars indicate levels of significance: *, ** and
640 *** correspond to $p < 0.05$, $p < 0.01$ and $p < 0.001$, respectively. Images were created with
641 BioRender.com.

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