

Multi-omics study of keystone species in the cystic fibrosis lung microbiome

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Research

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1 Multi-omics study of keystone species in the cystic fibrosis lung

2 microbiome

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17

18 **Kew words:** clindamycin, anaerobes, fermentation, mucus plugs, WinCF, metagenomics,

19 metabolomics, transcriptomics

20 **Abstract**

21 **Background:** Ecological networking and *in vitro* studies have predicted that anaerobic, mucus-
22 degrading bacteria are keystone species in cystic fibrosis (CF) microbiomes by sustaining the
23 growth of canonical CF pathogens. Here, a multi-omics approach was deployed to test this
24 hypothesis *in vivo* and in real time during a transition in antibiotic therapy of a CF patient with a
25 hypervariable lung function phenotype.

26 **Results:** Quantitative meta-omics and community culturing demonstrated that the use of a non-
27 traditional clindamycin therapy targeting gram-positives and gram-negative anaerobes re-
28 structured the entire CF microbial community. During rapid lung function loss, when the patient
29 was off antibiotics, the microbial community was dominated by anaerobic mucus-degrading
30 *Streptococcus* sp., *Veilonella* sp., and *Prevotella* sp. that produced fermentation gas and led to
31 the accumulation of fermentation products in sputum. The rise of anaerobes was followed within
32 6 days by an increase in *Pseudomonas aeruginosa* transcripts encoding the acquisition of
33 fermentation products from anaerobes and the production of virulence factors. The initiation of
34 clindamycin treatment reduced the fermentation and the abundance of anaerobes. Clindamycin
35 also lowered the abundance and transcription of *P. aeruginosa*, which is resistant to this
36 antibiotic. The treatment stabilized the patient's lung function and improved respiratory health
37 for two months, lengthening by a factor of four the between-hospitalization time for this patient.

38 **Conclusions:** The results presented here show that killing anaerobes, the weakest link in the
39 community in terms of antibiotic resistance, effectively limited the growth of classic CF
40 pathogen by disrupting community cross-feeding. The role that anaerobic, mucus-degrading
41 bacteria played in structuring the CF microbiome corroborates *in vivo* their position as keystone
42 bacteria, with high impact on community function despite lower relative abundances.

43 **Introduction**

44 Keystone species are members of a community that have a disproportionately high importance in
45 ecosystem stability despite being less abundant than other community members [1]. In the
46 ecology of macro-organisms, these species commonly include top predators and first-level
47 consumers, which control ecosystem energy flow and, therefore, structure trophic relationships
48 [2, 3]. In the human microbiome, this ecological concept gave rise to the keystone-pathogen
49 hypothesis, which posits that “certain low-abundance microbial pathogens can orchestrate
50 inflammatory disease by remodeling a normally benign microbiota into a dysbiotic one” [4].
51 However, microbial ecology studies identify keystone species mainly based on their central
52 position in network analyses [5, 6]. One caveat of this approach is that metabolic networks are
53 often built based on co-occurrence relationships in microbiomes (metagenomics) or their
54 activities (transcriptomics) [7, 8]. Identifying true keystone species require manipulative studies
55 of the microbiome [9, 10]. Clinical treatment of polymicrobial diseases using narrow spectrum
56 antibiotics mimics this experimental approach and offers an invaluable opportunity to investigate
57 keystone species of the human microbiome *in vivo*.

58

59 Cystic fibrosis (CF) patients suffer from chronic polymicrobial infections throughout their lives
60 and are often treated with multiple antibiotics since early age [11]. Altered anion (Cl^- and
61 bicarbonate) transport in the CF respiratory epithelium result in decreased mucociliary clearance
62 and antimicrobial innate defenses, allowing the chronic colonization by a polymicrobial
63 community [12–15]. These communities elicit strong innate immune responses that drive the
64 airway wall remodeling and gas exchange abnormalities, eventually resulting in respiratory
65 failure or a need for lung transplantation in over 80 % of CF patients. The polymicrobial nature

66 of CF airway infections [11, 16–20] led to Climax-Attack ecological model the of the CF lung
67 microbiome [21]. The Attack community consists of transient members that elicit strong innate
68 immune responses and acute deterioration [22, 23]. In contrast, Climax communities cause
69 chronic infections and include most of the classic CF pathogens, including *P. aeruginosa*, which
70 are inherently resistant to anti-microbial therapy, grow slowly forming biofilms, and generate
71 suboxic environments in mucus plugs [24–26]. Hypoxic metabolisms are common in CF patients
72 with advanced lung disease or during exacerbations, when microbes use alternative electron
73 acceptors (nitrates, sulfates, iron, and fumarate) and fermentation [22, 27, 28], accumulating
74 toxic metabolic products in the lung [29, 30].

75

76 Previous network analysis and *in vitro* studies suggested that anaerobic bacteria function as
77 keystone species sustaining the microbial community and disease progression in CF [31, 32].

78 The mechanistic basis of this hypothesis is the cross-feeding that occurs as mucin-degrading
79 anaerobes release fermentation products that sustain the growth of pathogens such as *P.*

80 *aeruginosa*, an inefficient mucus-degrading bacterium. Long-term 16S rRNA studies have also
81 shown an association between higher relative abundance of anaerobic bacteria including

82 *Streptococcus sp.* and *Veillonella sp.* with better health when *P. aeruginosa* is absent [33]. Here,

83 the onset of clindamycin treatment specifically targeting gram-positives and gram-negative

84 anaerobes during the clinical care of a CF patient offered an invaluable opportunity to test *in vivo*

85 the hypothesis that anaerobes are keystone species in CF. Quantitative multi-omics combined

86 with a community culture system showed that clindamycin suppressed not only anaerobes but

87 also *P. aeruginosa*. The disturbance of microbial cross-feeding improved the health of this

88 patient by extending the between-hospitalization time by a factor of four.

89

90 **Results**

91

92 *Clinical data:* Patient 146 is part of the highly variable lung function group according to his
93 percent predicted Forced Expiratory Volume in 1 second (ppFEV1) [34]. In the year preceding
94 this study, the patient experienced 10 periods of rapid lung function loss that led to
95 hospitalization and intravenous (IV) antibiotic treatments (Supplementary Figure 1). The
96 ppFEV1 varied between 38 and 67 % during that year (median = 53 ± 5.7 SD). The clinical
97 microbiology tests were positive for *P. aeruginosa*, however the patient could not be stabilized
98 with oral antibiotic treatment after each hospital discharge. With the goal of identifying potential
99 causes for this hypervariable phenotype, a CF Rapid Response (CFRR) was launched at the time
100 of an exacerbation event in which the patient was admitted to the hospital for intravenous
101 antibiotic treatment [35]. During the Rapid response, metagenomes, transcriptomes and
102 metabolomes, community cultures and direct microbial counts were obtained from expectorated
103 sputum samples and analyzed in real-time (see Methods). At Day 0 (First day of CFRR), the
104 patient displayed acute decline in respiratory health characterized by severe cough, dyspnea and
105 a drop in his ppFEV1 to 44 %, 9 % below his median ppFEV1 (Figure S1). In the 27 days of
106 hospitalization that followed, the patient was treated with colistin, vancomycin, piperacillin-
107 tazobactam, and ceftazidime-avibactam, and the ppFEV1 increased to 59 %, leading to the
108 patient's discharge. This hospitalization period will be referred to as period A in this study.
109 During the following 8 days, named period B, he was off antibiotics. On day 33, six days after
110 hospital discharge, his ppFEV1 rapidly decreased to 50% and the patient complained of intense
111 cough and shortness of breath. Oral clindamycin treatment was initiated, and improved overall

112 symptoms including cough and shortness of breath and maintained ppFEV1 at 49 %. This is
113 referred to as period C. The clinical microbiology tests were positive for *P. aeruginosa* before
114 CFRR, and a targeted search detected *Rothia mucilaginosa* in the clinical laboratory after it was
115 detected in the meta-omics data through CFRR (the dates of clinical microbiology tests are
116 shown in Figure S1). The patient was not under CFTR modulator treatment.

117

118 *Microbial community structure:* To investigate the community structure transitions across
119 changes in antibiotic regime and health status in Periods A, B and C, data from taxon-specific
120 microbial abundances, transcriptional activities, *in vitro* community culture (WinCF in Methods)
121 and total microbial abundances were analyzed by unsupervised random forest, a statistical
122 learning algorithm for identification of sample clusters and variables of importance. The random
123 forest identified three clusters of samples characterized by the patient's health status (Figure 1a
124 shows a 2D projection of the samples from a non-metric multidimensional scaling (NMDS)
125 analysis and clusters identified by the random forest are indicated by the dotted ellipses). The
126 first cluster includes samples from periods of lowest ppFEV1 and worst symptoms (cough and
127 shortness of breath) and coincides with highest WinCF fermentation and highest *P. aeruginosa*
128 abundance and transcriptional activity (cluster in the center of the NMDS plot in Figure 1a). The
129 antibiotic treatment in period A drove the community to a state of low microbial load and
130 correlated with the abundance and transcriptional activity of *Rothia mucilaginosa* (cluster on
131 right side of Figure 1a). As health deteriorated in period B, the abundance of *Streptococcus*,
132 *Staphylococcus* and *Veillonella* increased (also identified as cluster 2 in Figure 1a). This state
133 was followed by a return to low lung function with high fermentation, and high *Pseudomonas*
134 abundance and transcriptional activity (cluster 1 in the center Figure 1a). The onset of

135 clindamycin treatment in period C drove the community to a third state, characterized by
136 *Neisseria* sp. and *Haemophilus* sp. abundance and transcriptional activity, with low total
137 microbial load and fermentation (cluster on the left side of Figure 1a). The random forest
138 indicated that the abundance of *Streptococcus* was the most important variable differentiating the
139 three clusters, followed by the abundance of *Pseudomonas* and *Streptococcus* transcriptional
140 activities. A second random forest analysis supervised by the antibiotic regimes (periods A, B
141 and C) showed an out of bag error rate estimate of 11.1 %, in which *Streptococcus* abundance
142 was the variable with highest importance differentiating the periods, followed by *Rothia*,
143 *Staphylococcus*, and *Haemophilus* transcriptional activities (Figure 1b, p-values in the
144 permutational random forest test were 0.002, 0.009, 0.02, and 0.04, respectively).

145

146 The results of this multivariate statistical analysis led to the hypothesis that fermentation
147 products of mucus-degrading facultative anaerobes facilitated the rise of *Pseudomonas*
148 *aeruginosa*, a classical CF pathogen, through cross-feeding (Figure 1c). This mechanism of
149 interaction has been previously shown *in vitro* [32] and generated the following specific
150 predictions that could be tested with our dataset: 1- Facultative anaerobes, including
151 *Streptococcus* and *Rothia*, efficiently degrade mucus producing free-amino acids and short-chain
152 fatty acids (SCFA, i.e., propionate, acetate, butyrate, and butanediol). 2- The free amino acids
153 and SCFAs open a niche for the growth of *Pseudomonas*, which degrades mucins poorly.
154 *Pseudomonas* grows forming an anaerobic biofilm and produces phenazines. 3- The anoxic
155 biofilm created by *Pseudomonas* facilitates the growth of strict anaerobes, including *Veillonella*
156 and *Prevotella*. The whole microbial community grows, with *Pseudomonas* benefitting from the
157 metabolic products from anaerobes. 4- The onset of clindamycin treatment suppresses mucus-

158 degrading anaerobes, destabilizing the community by the removal of the main nutritional source
159 for *Pseudomonas*, and decreasing total microbial abundances. How the meta-omics dataset met
160 the predictions of this working model is explored in detail in the following sections.

161

162 *Bacterial abundances:* Direct epifluorescence counts of bacterial cells were combined with
163 sputum metagenomes to quantify total bacterial load and taxon-specific abundances in cells per
164 ml. The bacterial load in the sputum sample collected at Day 1 was 6.71×10^8 cells per ml, and
165 the community was dominated by *Rothia mucilaginosa* (78 % of the community, Figure 2a).
166 After 2 weeks of intravenous antibiotic in Period A, the bacterial load decreased to 2.9×10^7 ,
167 with most members of the community decreasing their absolute abundance, except for
168 *Staphylococcus aureus* and *Veillonella dispar*. In Period B, when the patient was off antibiotics,
169 the microbial abundance increased to 2.6×10^8 . At this point, *S. aureus* and *Streptococcus*
170 *sanguinis* were the most abundant bacteria, followed by *R. mucilaginosa* and *P. aeruginosa*. The
171 clindamycin treatment (Period C) decreased microbial load to 2.4×10^7 , and the community
172 became dominated by *Haemophilus* sp. and *Neisseria* sp. Both *Haemophilus* sp. and *Neisseria*
173 sp. decreased in abundance to less than 0.001 % of the community after 2 months.

174

175 *Bacterial transcriptional activity:* Transcriptomes were mapped to the draft genome sequences
176 of *Rothia mucilaginosa*, *Streptococcus sanguinis*, *Staphylococcus aureus*, *Veillonella dispar*, and
177 *Pseudomonas aeruginosa* obtained from colonies isolated from the patient's sputum. The most
178 active community members were *R. mucilaginosa*, *S. sanguinis*, *V. dispar*, and *P. aeruginosa*,
179 respectively (Figure 2b). *S. aureus* was not among the most transcriptionally active, despite
180 representing up to 54 % of the community three days post hospital discharge, according to

181 metagenomic data. Antibiotic treatments changed the transcriptional activity: during intravenous
182 colistin, *R. mucilaginosa* was the most active member, followed by *S. sanguinis* and *V. dispar*.
183 Upon release from antibiotics, *V. dispar* transcripts increased, followed by *S. sanguinis* and *R.*
184 *mucilaginosa*. After six days off antibiotics, *P. aeruginosa* became the most active member of
185 the community, followed by *S. sanguinis*. Oral clindamycin treatment decreased transcript
186 abundance not only in the target species *S. sanguinis*, but also in *V. dispar*, *R. mucilaginosa* and
187 *P. aeruginosa*.

188
189 *Fermentation:* On Day 1, the WinCF community culture system produced the fermentation gas
190 that occupied 19 % of the WinCF tube (Figure 3a). Simultaneously, the pH decreased in the tube
191 from 7.4 to below 5 starting at 0.33 mm (Figure 3b). The depth of tube where the pH changes
192 corresponds to the transition from the oxic to anoxic environment and is analogous to the oxygen
193 penetrance in the mucus plugs in the lung [29]. The amount of fermentation gas decreased to
194 non-detectable after 2 weeks of antibiotic treatment in period A (Figure 3a), and the depth of pH
195 change in the tubes increased (Figure 3b). After the hospital discharge, gas production increased
196 to 42 % (Figure 3a). This period corresponded to a decrease in pH change depth to 0 mm (Figure
197 3b), loss of lung function, and overall deterioration of his health. The patient initiated
198 clindamycin treatment 9 days after the hospital discharge, causing a sustained decrease in the
199 fermentation levels, down to to 4 % after the first day of clindamycin and remaining below 3 %
200 for 60 days.

201
202 *Metabolomes:* The GC-MS metabolomic profiles showed that during the period the patient was
203 off antibiotics, there was an increase in the abundance of fermentation products (Figure 3c).

204 Lactic acid, acetic acid and propanoic acid peaked 6 to 8 days after the patient stopped
205 intravenous colistin treatment and coincided with the increase in fermentation gas and
206 deterioration of health (Figure 3a). There was also an increase in the abundance of free amino
207 acids and butanedioic acid, a product of the metabolism of 1,4-butanediol.

208

209 *Transcription of fermentation-related genes:* The acetoin metabolism genes responsible for the
210 synthesis of the 2,3-butanediol and butanedione, a key metabolite in the cross-feeding between
211 *Streptococcus* and *Pseudomonas*, were transcriptionally active in patient CF146 [30]. The genes
212 encoding acetoin biosynthesis acetolactate synthase (*budB*), acetolactate decarboxylase (*budA*),
213 and butanediol dehydrogenase (*budC*) were expressed by *Streptococcus* sp. and *Staphylococcus*
214 sp. at higher levels in periods of lung function loss (Figure 4a). *Rothia* also expressed *budB* early
215 in the sampling period, and *Haemophilus* and *Neisseria* expressed these genes after the onset of
216 clindamycin treatment. *Pseudomonas aeruginosa* was the main taxon expressing the genes *acoA*
217 and *acoB*, whose products catabolize acetoin for utilization in central metabolism (Figure 4b).
218 The expression of *aco* genes was followed by the expression of phenazine by *P. aeruginosa*
219 (Figure 4b), a virulence factor that acts as alternative electron acceptor allowing *P. aeruginosa*
220 thrive in anoxic regions of biofilms and mucus plugs.

221

222 **Discussion**

223

224 Microbial colonization of the lungs in CF patients represents a case of complex microbial
225 dysbiosis driving disease progression, often without the identification of an individual causative
226 pathogen [25]. Metabolic networks have predicted that *Streptococcus*, *Prevotella* and

227 *Veillonella* are the genera with the highest *keystoneness* in CF [31]. These species are efficient
228 mucus-degraders, and their anaerobic metabolism releases short-chain fatty acids that sustain the
229 growth of *P. aeruginosa* [32]. Our community-culture and multi-omics data show that these
230 pathways are active in the lungs of CF146. The growth of *Streptococcus* and *Veillonella* was
231 followed within two days by the growth of *Rothia* and *Pseudomonas* when the patient was off
232 antibiotics (Figures 3 and 4). The production of fermentation gas in the WinCF tubes and the
233 increase in abundance of short-chain fatty acids in the metabolomes demonstrates the activity of
234 fermenting bacteria and the release of metabolic by-products in sputum. Volatile fermentation
235 products such as lactic acid and 2,3-butanediol have been previously detected in CF breath gas
236 [30, 36]. These molecules can induce pyocyanine production, dormancy and biofilm formation in
237 *P. aeruginosa*, stimulating its growth and virulence [37, 38]. 2,3-butanediol has a direct toxic
238 effect on human cells [30]. The combined effects of fermentation products by direct attack to
239 host tissue and by stimulation of pathogen growth were the likely cause of the patient's lung
240 function decline in this study (ppFEV1 dropped from 59 to 50 % six days post hospital
241 discharge).

242

243 The drop in lung function with an increase in anaerobic taxa and fermentation during period B
244 (no antibiotics) triggered the initiation of clindamycin treatment, a semisynthetic derivative of
245 lincomycin acting on ribosome translocation that inhibits protein synthesis in facultative gram-
246 positives such as *Staphylococcus* and *Streptococcus*, and anaerobic gram-negatives including
247 *Bacteroides*, *Fusobacterium* and *Prevotella* [39]. Clindamycin reduced the abundance and
248 activity of not only anaerobes, but also that of *P. aeruginosa*, which is resistant to this drug
249 (Figure 2). The decrease in *Pseudomonas* indicates its dependency on *Streptococcus* and

250 *Veillonella* byproducts for growth. *Pseudomonas*'s large genome is highly adapted to mucus
251 plugs, encoding alternate oxidative metabolism and virulence factors [40]. Yet, *P. aeruginosa*
252 grows poorly on mucins and depends on cross-feeding by mucus-fermenting anaerobes [32]. *In*
253 *vitro* antibiotic challenge targeting a mucin-fermenting community containing *Veillonella*
254 *parvula*, *Fusarium nucleatum*, *Prevotella melaninogenica*, and *Streptococcus parasanguis* in co-
255 cultures with *P. aeruginosa* controlled both the fermenters and *P. aeruginosa* [41]. These
256 experiments demonstrated that the whole community minimum inhibitory concentration drops to
257 that of the weakest link – the least resistant species that provides resources to other community
258 members [41]. The dataset presented here provides evidence that this phenomenon occurs *in vivo*
259 and corroborates the role of *Streptococcus* and *Veillonella* as keystone genera in the CF
260 microbiome.

261

262 The conclusions presented here are based on an in-depth study of the lung disease progression in
263 one patient. Given the highly personalized nature of the CF microbiome, this pattern should be
264 tested in a larger cohort in the future. Previous studies with larger samples sizes based on 16S
265 rRNA data have shown that low diversity and dominance of a single pathogen are indicative of
266 rapid lung function loss [33]. This pattern is consistent with the concept of keystone species
267 presented here, where microbial community members with low abundance in the microbiome
268 have disproportionality high importance in community function, such as nutritionally sustaining
269 a dominant pathogen. While the multi-omics strategy presented here is still expensive for wide
270 deployment in the CF patient population, the WinCF cultures can be easily performed to indicate
271 fermentation, allowing selection of patients for in-depth studies. Regarding the non-traditional
272 application of clindamycin to treat CF lung infections, its long-term use can facilitate the

273 development of colitis by *Clostridium difficile* colonization [42]. The suppression of keystone
274 species and metabolisms presented here offers a potential new focus for the the development of
275 novel strategies to manipulate the CF microbiome.

276

277 **Conclusion**

278

279 Here we show that a transition in antibiotic treatment of a CF patient re-structures the entire CF
280 microbiome by the suppression of keystone species that nutritionally sustained the growth of a
281 pathogen. Clindamycin therapy targeting anaerobes reduced fermentation and the abundance of
282 both anaerobes and *P. aeruginosa*, which is resistant to this antibiotic. The treatment improved
283 respiratory health for 2 months, lengthening by a factor of four the between-hospitalization time
284 for this patient. These results corroborate in vivo the hypothesis that anaerobes are keystone
285 members of the CF microbiome providing structure and stability to the whole microbial
286 community through cross-feeding.

287

288 **Methods**

289

290 *Clinical data:* Sample collection procedures and access to clinical data were approved by the
291 institutional review boards (IRBs) of the University of California San Diego (UCSD) (HRPP
292 081510), and San Diego State University (IRB approval number 1711018R). Clinical
293 microbiology and spirometry tests were performed for clinical indications during the normal care
294 of the patient. Spirometry tests were used to calculate the percentage of predicted FEV1 (forced
295 expiratory volume in one second), as previously described [43]. The age*FEV1% predicted

296 product is a derived variable calculated by multiplying the age of the individual at the most
297 recent FEV1 by the best FEV1% during the previous year and is used to assess disease risk [34,
298 44].

299

300 *WinCF community culture*: Winogradsky CF community culture was modified from Quinn *et al*
301 *2015* by adjusting the pH 7.4 prior to use in WinCF experiments [29, 45–47]. Briefly, sputum
302 samples were collected by expectoration, homogenized, and diluted 10-fold into sterile ASM.
303 The mixture was inoculated into capillary tubes that were plugged at one end and then laid
304 horizontally in a 100% humidity environment at 37 °C. At the end of incubations, capillary tubes
305 were imaged in the dark on white backlight (Logan 5.5 X 9 inches² light box) using a Canon
306 EOS Rebel T3 camera (Canon U.S.S Inc., Melville, NY, USA). All images were taken under
307 identical settings (manual focus, ISO 3,200, Aperture F4.5) and saved in raw and JPEG format.
308 Gas production was quantified as the percentage of capillary tube length occupied by gas. The air
309 penetrance in the capillary was defined as depth of the tube where pH dropped below 5, as
310 indicated by color change in the phenol red/bromocresol purple tubes (pH drops due to
311 fermentation products).

312

313 *Metagenomes*: Total DNA was extracted from sputum samples using an adapted PowerSoil
314 DNA Isolation kit protocol (Qiagen, Germany). The samples were subject to 5 freeze-thaw
315 cycles (5 minutes flash-freeze, 5 minutes at 100 °C) followed by bead-beating for 45 minutes
316 using the bead tubes from the Power Soil kit. The DNA was eluted in molecular-grade water and
317 metagenome libraries were constructed using a Nextera DNA library preparation kit (Illumina,
318 CA). Libraries were sequenced on an Illumina MiSeq platform. Quality filtering and

319 dereplication were done using PRINSEQ++ [48] with minimum quality threshold 20,
320 dereplication and entropy threshold 50. Cloning vector sequences were removed using SMALT
321 [49] with 80 % identity against the NCBI UniVec database. Human genome sequences were
322 removed using SMALT with 80 % identity against the human reference genome GRCh38.
323 Microbial taxonomy assignments at the genus level were made from SMALT a with 96 %
324 identity against the NCBI RefSeq database of complete bacterial genomes.

325

326 *Bacterial isolation and genome sequencing:* Fresh sputum sample from the first day of
327 hospitalization in this study (Day 0) were resuspended in saline buffer and plated on BHI agar.
328 Plates were incubated overnight at 37 °C. Colonies with distinct morphologies were picked and
329 re-plated on BHI plates. The five species that represented the most abundant members in the
330 metagenomes (by sequence recruitment at 96% identity) were selected for full genome
331 sequencing: *Rothia mucilaginosa*, *Streptococcus sanguinis*, *Staphylococcus aureus*, *Veillonela*
332 *dispar* and *Pseudomonas aeruginosa*. Total DNA was extracted and prepared for sequencing
333 using KAPA HyperPlus (KAPA Biosystems, IN). The libraries were sequenced on an Illumina
334 MiSeq platform. Quality filtering, dereplication and cloning vector removal were performed as
335 above. Sequences were assembled using Spades [50].

336

337 *Metabolomics:* Sputum samples (1 ml) were lyophilized before extraction to concentrate all
338 metabolites. Samples were extracted and subjected to fast chemical derivatization reaction using
339 methyl chloroformate [51]. Samples were analyzed by gas chromatography–mass spectrometry
340 (GC-MS). The data was analyzed using Automated Mass Deconvolution and Identification
341 System (AMDIS).

342

343 *Metatranscriptomics:* Total RNA was extracted from raw sputum samples using guanidinium
344 thiocyanate according to manufacturer's protocol (TRIzol, Invitrogen, CA). RNA was resuspended
345 in 50 μ l of RNase-free water and DNase treatment was performed by adding 2 μ l of TURBO
346 DNase (Thermo Fischer Scientific, CA). First strand RNA was synthesized using Superscript II
347 reverse transcriptase (Invitrogen, CA). Sequencing libraries were prepared using the Ovation
348 Complete Prokaryotic RNA-Seq System (NuGEN Technologies, CA). Libraries were sequenced
349 in an Illumina HiSeq Platform. Quality filtering, dereplication and cloning vector removal were
350 performed as above. The transcripts were mapped to the NCBI RefSeq database of complete
351 bacterial genomes using SMALT at 96 % identity. The number of transcripts mapping to a
352 genome was normalized by genome size using the FRAP to calculate relative number of
353 transcripts mapping to a given taxon within a sample. This relative transcriptional activity was
354 then multiplied by the number of cells per ml of sputum sample to obtain the taxon-specific
355 transcriptional activity per ml of sputum and allow between-sample comparison. This scaling
356 assumes that the total bacterial transcriptional activity per ml of sputum is proportional to the
357 bacterial abundance per ml of sputum. We also mapped the transcripts to the genomes of
358 bacterial isolates obtained from the same patient at 96 % identity using SMALT. The relative
359 transcript abundance was normalized by absolute microbial abundances per ml of sample to
360 allow between-sample comparisons. The transcript recruitment to the isolates genomes was
361 visualized using ANVI'O [52].

362

363 *Multivariate analyses:* The absolute abundance of each genus of bacteria per ml was calculated
364 as the product of the fractional abundance in the metagenome [53] and the total microbial

365 abundances determined by direct epifluorescence counts. The absolute abundances were
366 combined with taxon-specific transcriptomic activity per ml, WinCF fermentation and total
367 microbial abundances in one dataset (Supplementary Data 1) and analyzed through a non-metric
368 multi-dimensional scaling (NMDS) using Bray-Curtis distances in the vegan package in R. The
369 two first dimensions are visualized in 2D in Figure 1A. Samples were clustered using the
370 proximity matrix from an unsupervised random forest in the R package randomForest using 5000
371 trees and Ward method for hierarchical clustering. Random forest is a robust non-parametric,
372 statistical learning method for the identification of clusters and variables of importance in
373 complex multi-omics data [54, 55]. The effect of different antibiotic regimes (clindamycin, no
374 antibiotics and the combination of colistin, piperacillin-tazobactam, ceftazidime-avibactam, and
375 vancomycin) on was tested using a supervised permutational random Forest (5000 trees 1000
376 permutations) where the three antibiotic regimes were used as supervising variable in the
377 package rfPermute.

378 **Declarations**

379

380 **Ethics approval and consent to participate**

381 Sample collection procedures and access to clinical data were approved by the institutional
382 review boards (IRBs) of the University of California San Diego (UCSD) (HRPP 081510) and
383 San Diego State University (IRB approval number 1711018R).

384

385 **Consent for publication**

386 No identifiable data is included in this manuscript and this study was approved by the
387 institutional review boards of the University of California San Diego (UCSD) (HRPP 081510)
388 and San Diego State University (IRB approval number 1711018R)..

389

390 **Availability of data and materials**

391 Metagenomic data is available in the NCBI Short Read Archive (SRA) under BioProject ID
392 PRJNA580503. Genome sequences of clinical isolates are provided as contigs and associated
393 annotation files in the Pathosystems Resource Integration Center (PATRIC) server in the public
394 workspace csilveira / CF146. Transcriptomic data are available through the Gene Expression
395 Omnibus (GEO) server in NCBI record GSE139943. Codes used for statistical analysis are
396 provided in github under cbsilveira/CF146 and csv files used as input are provided as Additional
397 Data along with the manuscript.

398

399 **Competing Interests**

400 The authors declare no competing interests.

401

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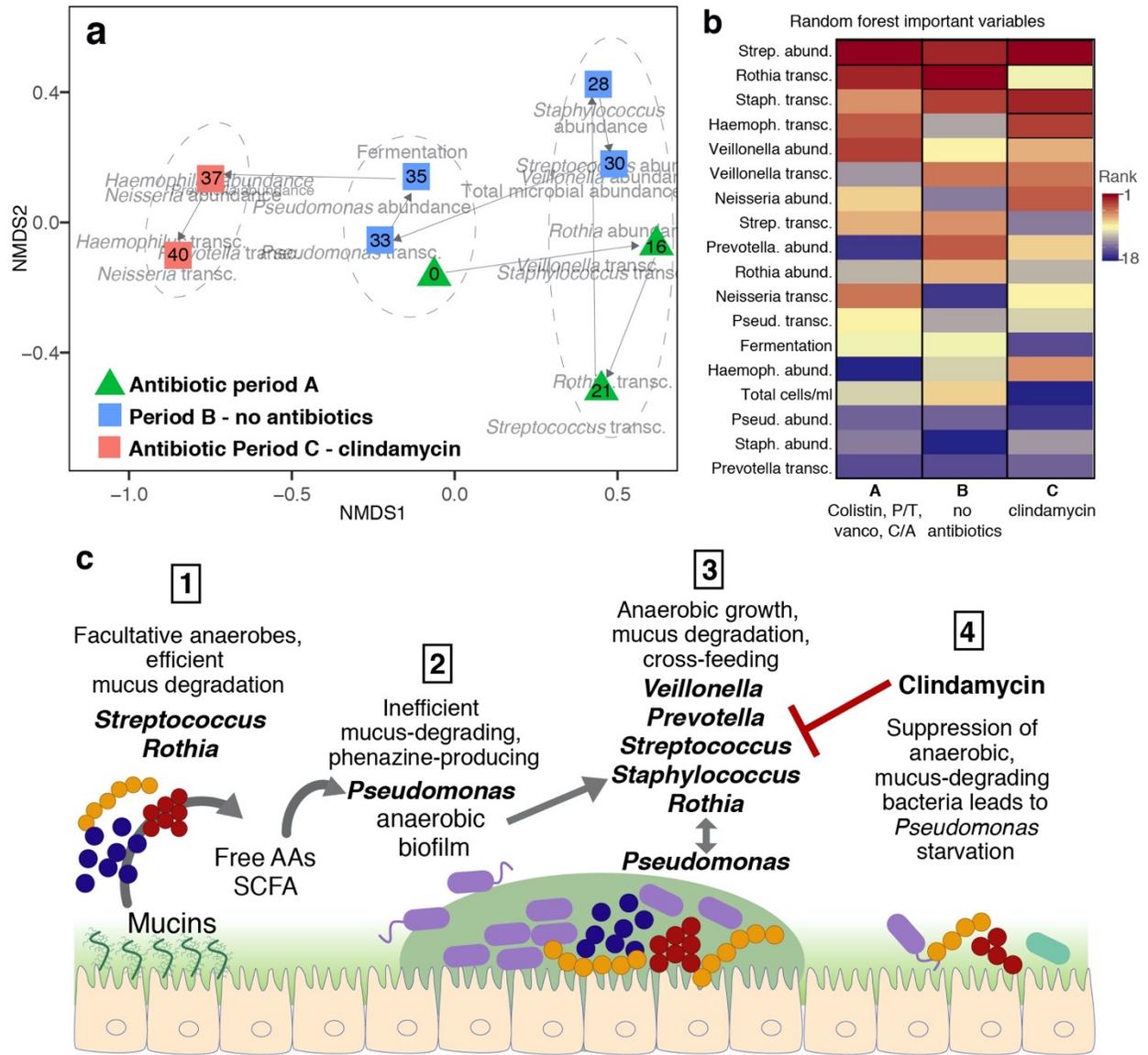
406 **Authors' contributions**

407 CBS, FR and DC designed the study; CBS, AGCG, CU, JB and AE performed experiments,
408 analyses; CS wrote the manuscript and all authors contributed with revisions.

409

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412 criticisms on cross-feeding, keystone species, and metabolomic data that significantly improved
413 this manuscript.



416

417 **Figure 1. Microbial community succession.** a) Non-metric multidimensional scaling (NMDS)

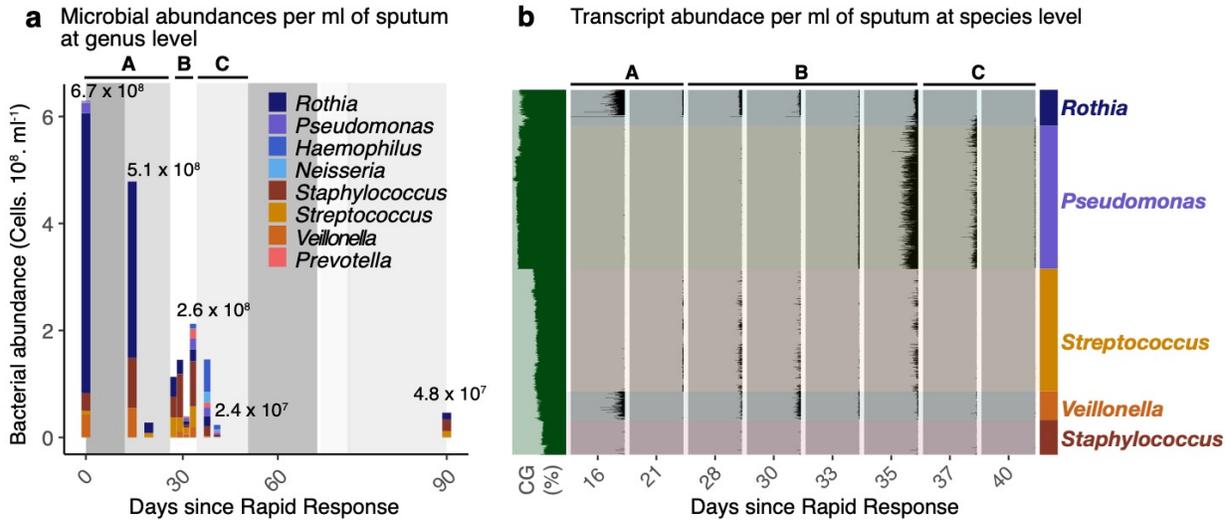
418 of sputum samples over time. The variables used as input for the NMDS were WinCF

419 fermentation, total microbial abundances, genera-specific microbial abundances, and genera-

420 specific transcriptomic activity. Symbols are color-coded by antibiotic treatment periods (green:

421 A - colistin, vancomycin, ceftazidime-avibactam, and piperacillin-tazobactam; blue: B - no

422 antibiotics; pink: C - clindamycin), and numbers inside the symbols indicate days since hospital
423 admission event when Rapid Response was initiated. The dotted ellipses indicate health status
424 groups supported by an unsupervised random forest analysis followed by clustering using Ward
425 distances (out of bag error = 11.1 %). **b)** Important variables differentiating treatment periods in
426 a classification random forest analysis supervised by treatments. The ranks surrounded by a
427 black box indicate variables with p-values less than 0.05 in the permutational test. **c)** Conceptual
428 model of succession events in patient CF146: 1- The mucosal surfaces are colonized by
429 facultative anaerobes, including *Streptococcus* and *Rothia*, capable of efficient mucus
430 degradation producing free-amino acids and short-chain fatty acids (SCFA, i.e., propionate,
431 acetate, butyrate, and butanediol). 2- The free amino acids and SCFAs open a niche for the
432 growth of *Pseudomonas*, which degrades mucins poorly. *Pseudomonas* grows forming an
433 anaerobic biofilm, and produces phenazines. 3- The *Pseudomonas* biofilm facilitates the growth
434 of anaerobes, including obligate anaerobes such as *Veillonella* and *Prevotella*. There is an overall
435 growth of the whole microbial community, with *Pseudomonas* benefitting from the metabolic
436 products from anaerobes. 4- The onset of clindamycin treatment suppresses the growth of gram-
437 positive anaerobes, such as *Streptococcus* and *Staphylococcus*. The suppression of mucus-
438 degrading bacteria removes the main nutritional source for *Pseudomonas*, leading to an overall
439 decrease in microbial abundances. Period A corresponds to 28 days of hospitalization when the
440 patient was treatment with colistin, vancomycin, piperacillin-tazobactam, and ceftazidime-
441 avibactam; in period Period B the patient was released and was off antibiotics; Period C is the
442 clindamycin treatment.

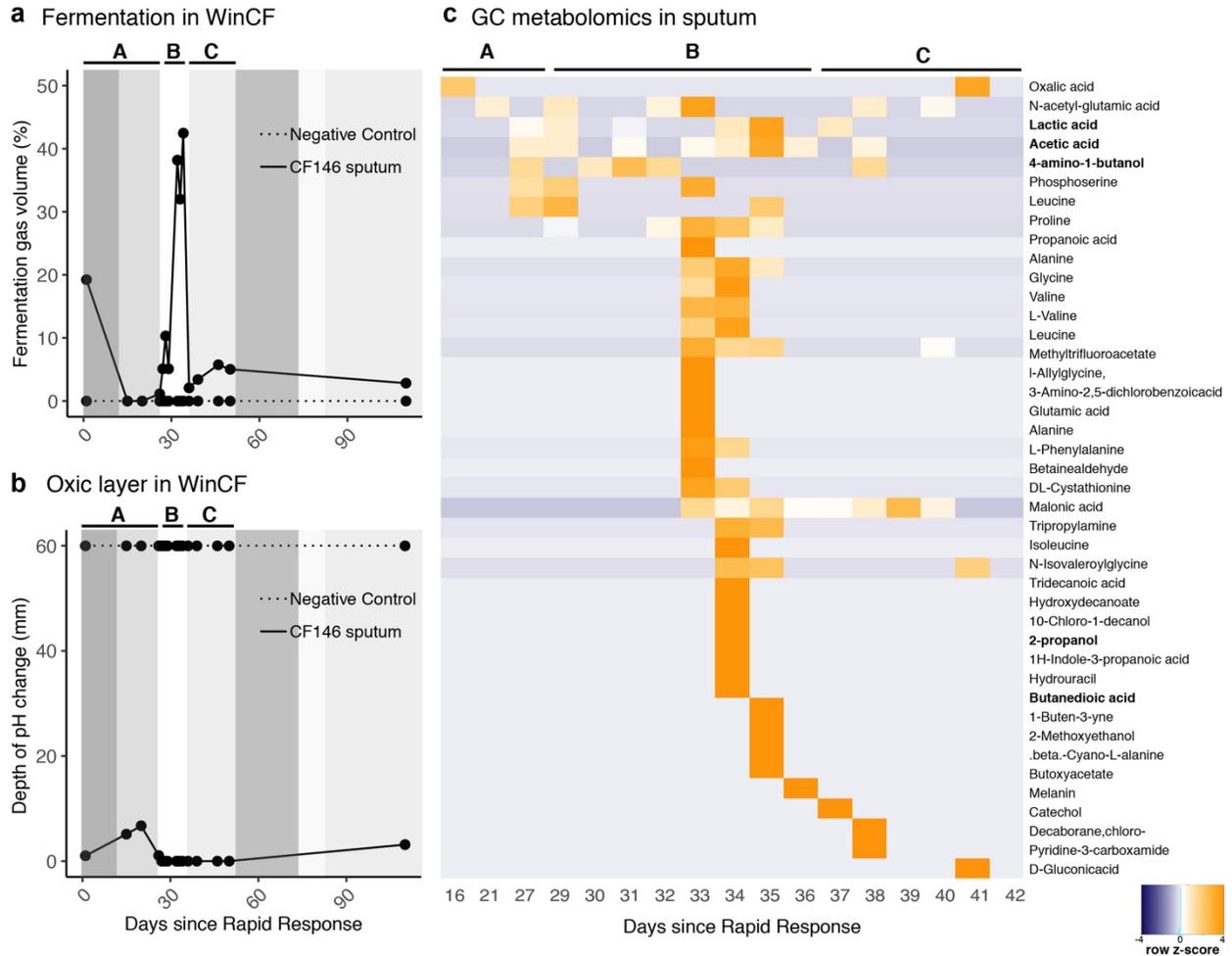


443

444 **Figure 2. a)** Changes in abundance of most abundant bacterial genera in the sputum from patient
 445 CF146. Absolute abundances (in cell counts per ml of sputum) were obtained by multiplying the
 446 fractional abundance from metagenomes by the total cell counts from epifluorescence
 447 microscopy. **b)** Recruitment of metatranscriptomic reads to contigs obtained from sequencing the
 448 genomes of clinical bacterial isolates. The height of each peak in the plot denotes mean coverage
 449 of a contig divided by overall sample mean coverage and scaled to the absolute microbial
 450 abundances per ml of sputum sample. As these are draft and not complete genomes, the position
 451 of each contig along the y axis is defined by k-mer similarity (k = 4) rather than position in the
 452 genome. The letters A, B and C within the plot area indicate the different antibiotic treatment
 453 periods.

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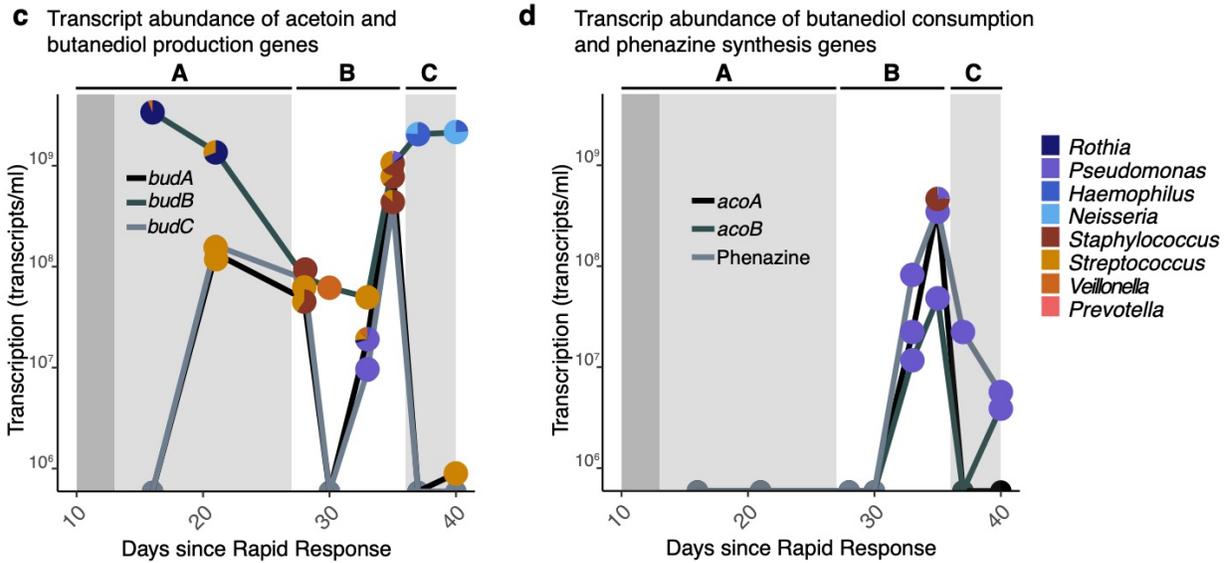
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456

457 **Figure 3.** Fermentation in the sputum of patient CF146. **a)** production of fermentation gas in in
 458 WinCF capillary tubes inoculated with sputum microbial communities in artificial sputum
 459 media; **b)** depth of pH change in WinCF capillary tubes. The depth of tube where the pH changes
 460 corresponds to the transition from the oxidic to anoxic environment and is analogous to the oxygen
 461 penetrance in the mucus plugs in the lung [29]. The letters A, B and C within the plot area
 462 indicate the different antibiotic treatment periods.

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466 **Figure 4. Microbial transcriptome dynamics. a)** Abundance of transcripts involved in the

467 pathway of acetoin and butanediol production (*budA*, *budB*, and *budC*). Each point in the plot is

468 divided by the taxonomic assignment of the transcripts. The transcript abundance per ml (y axis)

469 was calculated as the product of the number of transcripts per Kb of a given taxon and the total

470 number of Kbs of a that same taxon, calculated from the absolute abundances and genome sizes.

471 **b)** Abundance of transcripts involved in the pathway of acetoin and butanediol consumption

472 (*acoA* and *acoB*) and phenazine production (*phzABCDEFGG*, shown as a sum of all transcripts in

473 this gene cluster). Each point in the plot is divided by the taxonomic assignment of the

474 transcripts. The transcript abundance per ml (y axis) was calculated as in 4B.

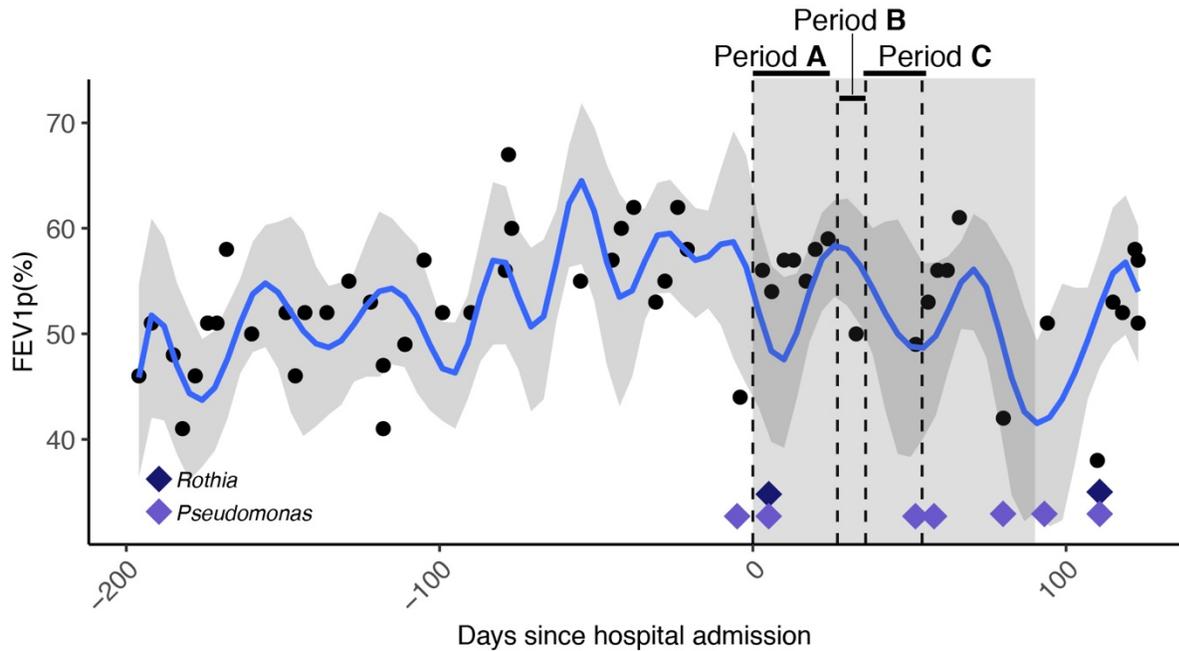
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479 **Supplementary Figures**



480

481 **Figure S1.** Patient's lung function over time. Day zero indicates the first day of hospitalization
482 in the period focused on in this study. Percent predicted FEV1 (forced expiratory volume in one
483 second) are shown by the dots; the blue line shows the median spline regression (effective
484 degrees of freedom = 29). The shadow block indicates the window of time analyzed here by
485 multi-omics. The diamond symbols indicate clinical microbiology tests positive for
486 *Pseudomonas aeruginosa* and *Rothia* sp. during stand care. The vertical dotted lines indicate the
487 three periods of interest in this study: Period A corresponds to 28 days of hospitalization when
488 the patient was treatment with colistin, vancomycin, piperacillin-tazobactam, and ceftazidime-
489 avibactam; in period Period B the patient was released and was off antibiotics; Period C is the
490 clindamycin treatment.

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Figures

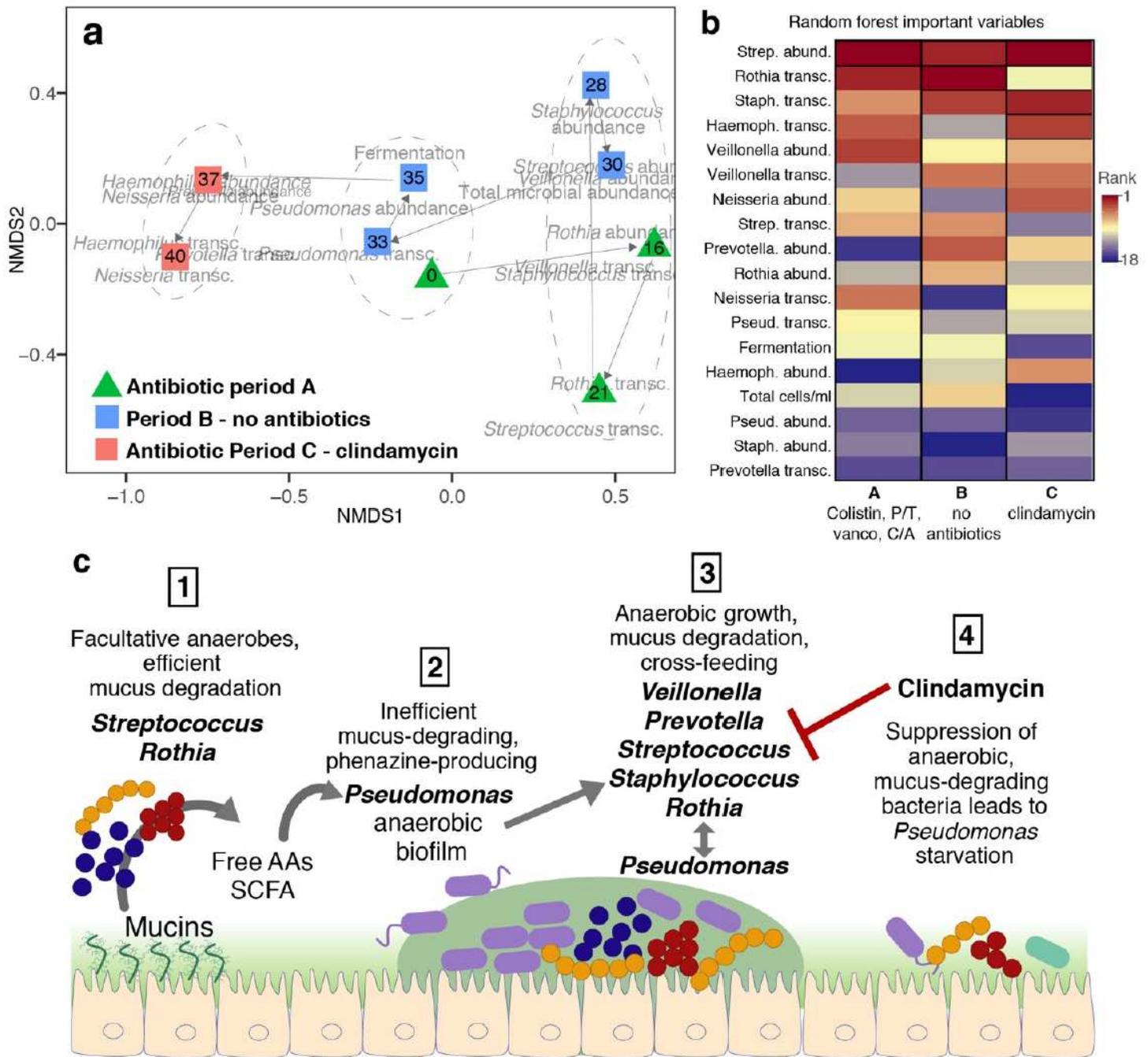


Figure 1

Microbial community succession. a) Non-metric multidimensional scaling (NMDS) of sputum samples over time. The variables used as input for the NMDS were WinCF fermentation, total microbial abundances, genera-specific microbial abundances, and genera specific transcriptomic activity. Symbols are color-coded by antibiotic treatment periods (green: A - colistin, vancomycin, ceftazidime-avibactam, and piperacillin-tazobactam; blue: B - no antibiotics; pink: C - clindamycin), and numbers inside the

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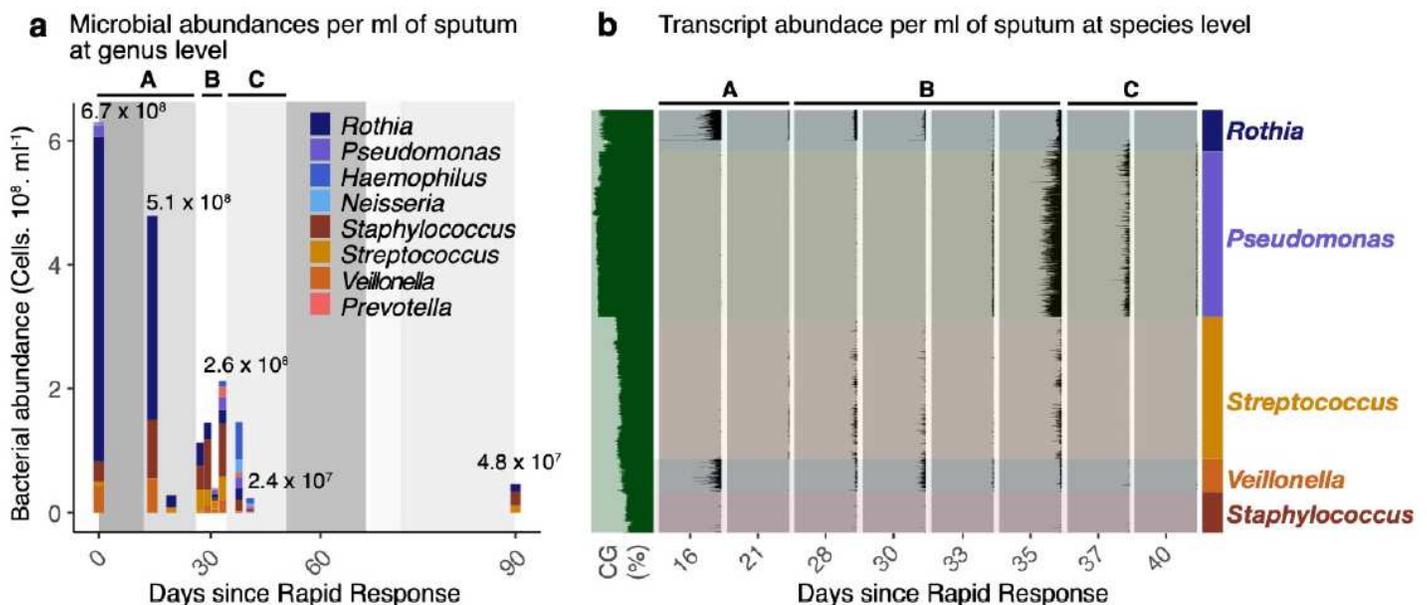


Figure 2

a) Changes in abundance of most abundant bacterial genera in the sputum from patient CF146. Absolute abundances (in cell counts per ml of sputum) were obtained by multiplying the fractional abundance from metagenomes by the total cell counts from epifluorescence microscopy. b) Recruitment of metatranscriptomic reads to contigs obtained from sequencing the genomes of clinical bacterial isolates.

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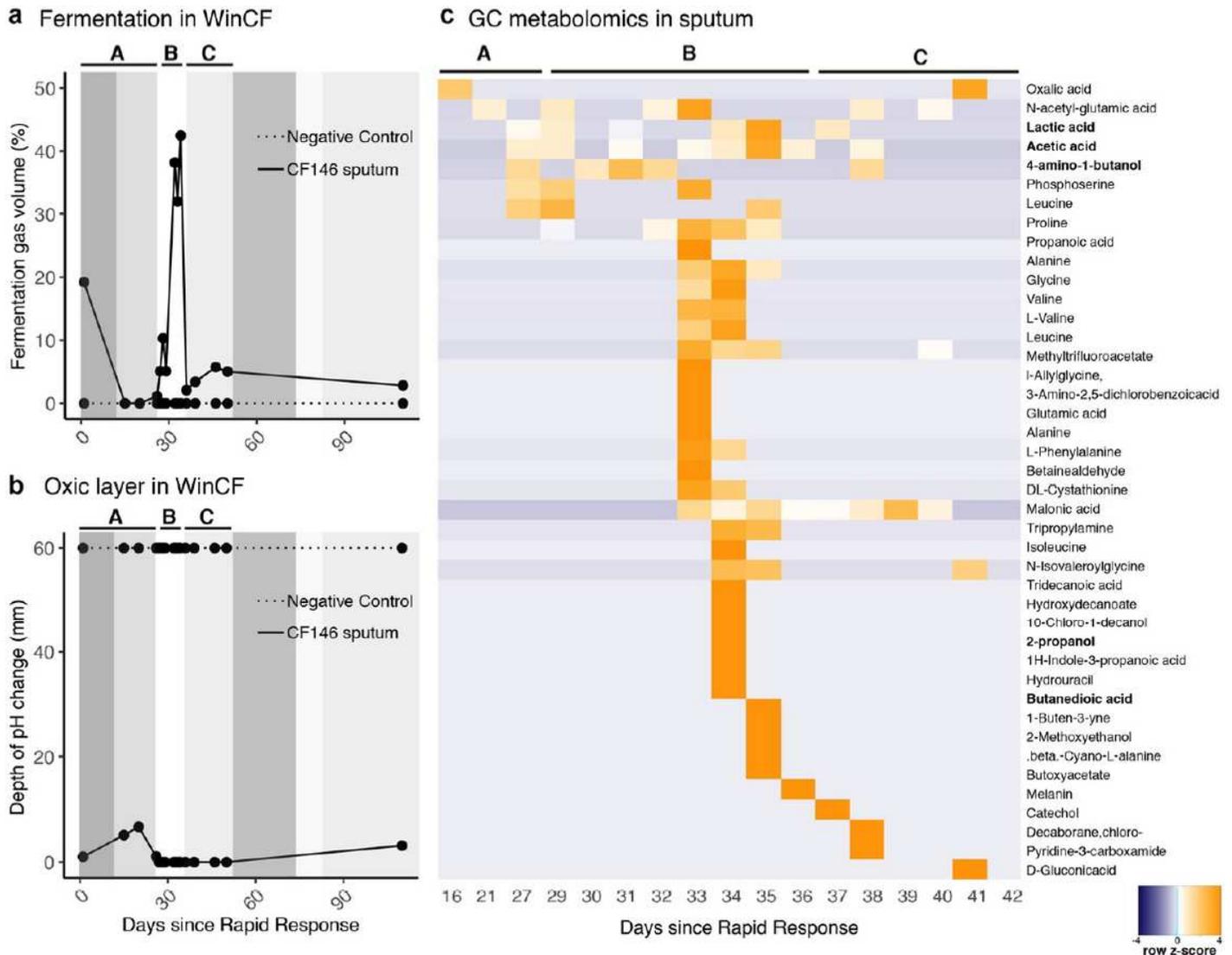
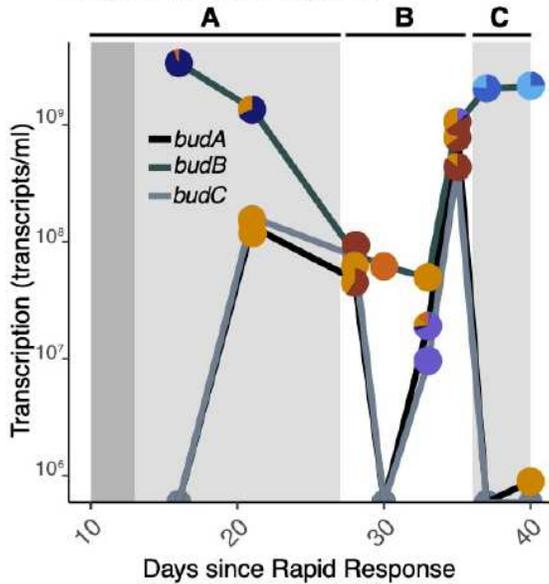


Figure 3

Fermentation in the sputum of patient CF146. a) production of fermentation gas in in WinCF capillary tubes inoculated with sputum microbial communities in artificial sputum media; b) depth of pH change in WinCF capillary tubes. The depth of tube where the pH changes corresponds to the transition from the oxidic to anoxic environment and is analogous to the oxygen penetrance in the mucus plugs in the lung [29]. The letters A, B and C within the plot area indicate the different antibiotic treatment periods.

c Transcript abundance of acetoin and butanediol production genes



d Transcript abundance of butanediol consumption and phenazine synthesis genes

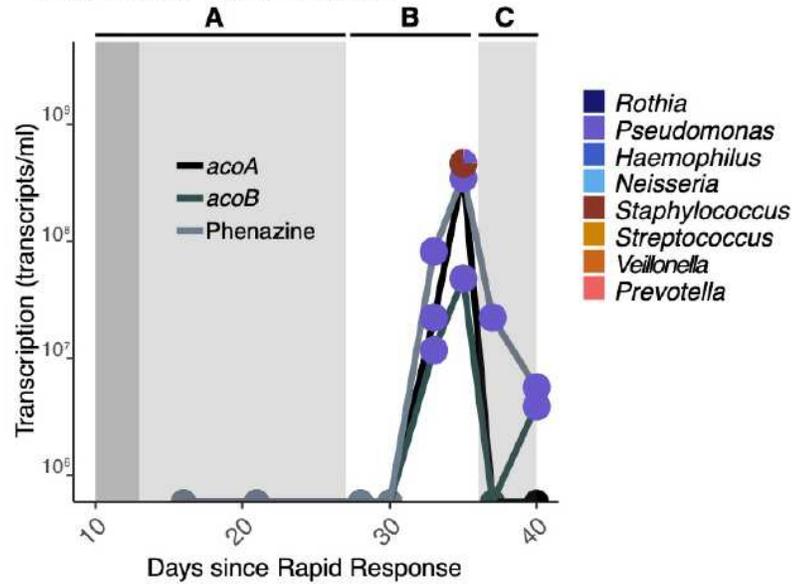


Figure 4

Microbial transcriptome dynamics. c) Abundance of transcripts involved in the pathway of acetoin and butanediol production (*budA*, *budB*, and *budC*). Each point in the plot is divided by the taxonomic assignment of the transcripts. The transcript abundance per ml (y axis) was calculated as the product of the number of transcripts per Kb of a given taxon and the total number of Kbs of a that same taxon, calculated from the absolute abundances and genome sizes. d) Abundance of transcripts involved in the pathway of acetoin and butanediol consumption (*acoA* and *acoB*) and phenazine production (*phzABCDEFGG*, shown as a sum of all transcripts in this gene cluster). Each point in the plot is divided by the taxonomic assignment of the transcripts. The transcript abundance per ml (y axis) was calculated as in 4d.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [CF146alldataforstats.csv](#)
- [CF146Rscriptsforpublication.R](#)
- [CF146fev.csv](#)