

Knitted Structural Design of MXene/Cu₂O Based Strain Sensor for Smart Wear

Yuan-Ming Cao

Soochow University

Yi-Fei Li

Soochow University

Ke-Qin Zhang

Soochow University

Ming-Peng Zhuo (✉ mpzhuo@suda.edu.cn)

Soochow University

Wang-Yi Zhai

Soochow University

Mi Zheng

Soochow University

Min Zheng

Soochow University

Zuo-Shan Wang

Soochow University

Liang-Sheng Liao

Soochow University

Research Article

Keywords: MXene/Cu₂O nanocomposite, conductive textile, strain sensor, antibacterial, smart wear

Posted Date: August 1st, 2022

DOI: <https://doi.org/10.21203/rs.3.rs-1887824/v1>

License: © ⓘ This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Abstract

Electronic textiles present an enticing prospect for personal health assessment and physical monitoring, owing to their strong stretchability, highly flexibility, mechanical robustness and high capacity in sensing small deformations in human motions. Herein, a multifunctional robust flexible knitting-shaped strain sensor based on the functional heterostructure composing with the conductive MXene ($\text{Ti}_3\text{C}_2\text{T}_x$) nanosheet and the antimicrobial Cu_2O nanoparticles is prepared via a solution-processable dip-dry coating approach. The textile-based strain sensor exhibits a highly stable and immediate response over a wide range, which shows great advantages in detecting and monitoring human activities, such as smiling, swallowing, and wrist/finger/joint bending. Significantly, these prepared strain sensors present a promising application in smart wear, which was typically employed as the smart sensing gloves in barrier-free communication for hearing-impaired people. Notably, the strain sensor displays a reliable antibacterial efficiency of $\sim 99.1\%$ for *Escherichia coli* and an outstanding breathability as high as 190 mm/s, benefiting for their application in smart wear and artificial intelligence futures.

Introduction

Flexible and wearable electronic devices have drawn considerable research attention in both fundamental research and practical applications of smart wear and artificial intelligence (Dong et al. 2020; Li et al. 2017; Shi et al. 2021; Wang et al. 2018; Xu et al. 2021). Fiber-based strain sensors are interfaced with conductive fibers or battery fibers show great potential in the integrated-circuit textile for smart wear (Taylor et al. 2021; Yang et al. 2021), robotics (Gao et al. 2020), safety clothing (Lin et al. 2020), and programmable and computational textiles (Wang et al. 2020a). Immense efforts have been devoted to developing an expansive range of the flexible and wearable strain sensors by different sensing mechanisms of piezoelectric (Cheng et al. 2020), piezocapacitive (Wei et al. 2021), triboelectric (He et al. 2020) and strain-resistance effect (Wang et al. 2014). Notably, metal nanoparticles/nanowires (Li et al. 2016; Zou et al. 2021), carbon black (Wu et al. 2016), carbon nanotubes (CNTs) (Zhang et al. 2019), graphene (Luo et al. 2020), and conductive polymers (He et al. 2018), have been employed as the building blocks for the knitted strain sensor textiles, which is attributed to their high sensitivity, excellent reproducibility, and simple manufacturing process. For example, the thermoplastic polyurethane strain sensing network based on the CNT bridged Ag nanoparticles shows an excellent gauge factor of 250 upon stretching to 100% and an ultra-high stretching of more than 550% (Huang et al. 2019). However, the practical requirement in holding lightweight, softness and breathability, while avoiding the non-deformability, low comfort, single function, high cost or complicated manufacturing process remains a challenge for knitted strain sensor textiles.

The two-dimensional (2D) conductive materials with unique atomic-level structure exhibit exceptional biocompatibility, (Pang et al. 2020) high stretchability, (Jang et al. 2016) large specific surface area, (Cao et al. 2021) and mechanically compliant, (Yun et al. 2021) making them promising building blocks for the knitted strain sensor textiles. As the pioneer example, the MXene with an excellent electrical conductivity of $\sim 10^4$ S/cm (Zhang et al. 2017) demonstrates the potential applications in catalysis, (Wang et al. 2019)

energy storage,(Ghidiu et al. 2014) biochemical/strain sensors(Yu et al. 2015) and electromagnetic wave shielding.(Liu et al. 2017) The MXene based strain sensor achieved a sensitivity of ~ 363 , a wide working strain range from 0 to 100%, as well as excellent gas permeability, which shows great potential in the synthesis of desired strain sensor.(Wang et al. 2021) Notably, the intermolecular forces and electrostatic interactions of MXene is favorable for producing MXene nanocomposites with semiconductor nanoparticles(Wang et al. 2020b), metal nanoparticles(Wang et al. 2019), organic materials(Chen et al. 2018), and polymer(Liu et al. 2018). The poor air permeability and the discomfort of the wearable devices for close skin contact will pose a health risk of allergic reactions and potential bacterial infections, limiting their practical applications in smart wear(Schwartz et al. 2013). In this context, one way in meeting such requirements of lightweight, softness and breathability is to make the sensor in the form of conformable textiles. Furthermore, MXene presents the bacterial biofilm inhibition activity of 64%, which is higher than that of 38% for contrast MXene after being modified by Au nanoclusters(Zheng et al. 2020). Interestingly, as a result of its promising economic applicability, biocompatible Cu_2O has been widely used in antibacterial materials(Tao et al. 2019). The copper-based nanomaterials can regulate intracellular oxidative stress and help bacterial cell lysis with nearly 100% antibacterial efficiency for *Staphylococcus aureus*(Qiao et al. 2020). Directed by these successes, the MXene nanocomposite fabric with desired sensing performance is coordinated with textile materials, which provides a valuable strategy for the wearable design of flexible devices.

Herein, based on the fiber braiding structure, a 2D MXene ($\text{Ti}_3\text{C}_2\text{T}_x$)/ Cu_2O loaded conductive fabric as a new flexible strain sensor-based smart-textile is developed for multifunctional biomechanical detect and recognize gesture signals. With the knitted fabric as the flexible substrate and the MXene/ Cu_2O nanocomposite-coated as the conductive layer, the MXene/ Cu_2O based conductive fabric with the merits of high flexibility, exhibit good linearity under 0 ~ 100% strain, desirable mechanical stability (3000 stretching/releasing cycles), machine washability, excellent bacteriostasis (99.1% and 96.3% against *E. coli* and *S. aureus*, respectively) and excellent reliability (low latency for signal acquisition) is realized through a facile, readily implementable two-step technology of HCL/LiF etching with in-situ growth. Significantly, conductive fabric strain sensors demonstrate significant benefits in detecting and monitoring both small and major human motions such as smiling, swallowing, and wrist/finger/leg bending, as well as perceiving different bending amplitudes of the joint motion. Interestingly, an intelligent sensing gloves system based on the integrated strain sensors for human motion monitoring is designed and demonstrated. The MXene ($\text{Ti}_3\text{C}_2\text{T}_x$)/ Cu_2O loaded conductive fabric provides useful insights into the design and development of wearable electronic systems, further prove the great potential of the conductive textile for wearable electronic products.

Experimental Method

Synthesis of MXene.

MXene was prepared by etching Ti_3AlC_2 through LiF/HCl. Briefly, 1.5 g of LiF was added to 20 mL of HCl (9M), stirred in a Teflon beaker for 10 minutes until the salt was dissolved, and 1 g of Ti_3AlC_2 powder (400 mesh) was slowly added to the above solution within 10 minutes. After magnetic stirring in a water bath at 40°C for 24 h. The obtained product was washed with deionized water for 5 times until pH > 5 and then the mixture was dispersed in 100 mL of absolute ethanol followed by sonication for 1 h. After centrifugation, the precipitate was dispersed in 100 mL of deionized water and sonicated for 30 min. Finally, the product was centrifuged at 3500 rpm for 10 min to obtain MXene supernatant with an average concentration of 1.225 g/L.

Synthesis of MXene/ Cu_2O Nanocomposite.

5 mL of MXene supernatant (1.2 g/L) and 2 mL $Cu(Ac)_2$ (0.1 M) solution was added into 50 mL Ethylene Glycol (EG) which contain 0.4 g PVP under vigorous stirring. Subsequently, 1 mL $N_2H_4 \cdot H_2O$ (1M) was slowly added in to the mixture solution dropwise. After 30 min of stirring in room temperature, the product was centrifuged, and rinsed in deionized water and absolute ethanol for several times to remove the byproducts. Finally, the sediment was collected and vacuum dried at 60 °C for 4 h.

Preparation of Conductive Fabric.

The strain sensor-based smart-textile was fabricated through commonly used dip-dry method. 0.4 g MXene/ Cu_2O was dispersed into 50 mL distilled water and sonicated for 1 hour. The fabrics were impregnated in the dispersion for 10 min, and then keep 100% liquid ratio after dipping. The obtained strain sensor were dried in electric heating air-blowing drier at 80°C for 5 min, followed by 3 min of curing at 150°C. The dip-dry procedure was repeated 1 ~ 5 times to achieve better conductivity and antibacterial property. The MXene/ Cu_2O content of strain sensor ranges from 0.51 ~ 1.4 wt%.

Preparation of smart Sensing Glove.

Cut the conductive fabric into strips of 10×70 mm according to the warp direction, and paste the copper foil on both ends of the strip with silver paste as electrodes, and keep the distance between the copper foil electrodes at 50 mm. After drying, the stretch sensor is obtained, and 5 sensors are integrated on the sports glove to test the signal response from the 5 finger joints. Since the recording of the signals of the five finger joints in the test must ensure synchronization, we use the multi-channel acquisition function of the data acquisition card to collect the voltage signals at both ends of the fixed-value resistor. Since the sensor will move when it follows the gesture, we collect the voltage signal of the fixed fixed-value resistor, eliminate the unstable factors when collecting the sensor voltage signal, and then convert it into the voltage across the sensor according to the formula of $V_{\text{sensor}}=U-V_R$. Where the V_{sensor} is the voltage of the sensor, V_R is the voltage of the fixed-value resistor, and U is the power supply voltage.

Results And Discussion

Synthesis and Characterization of MXene/Cu₂O Nanocomposite.

Ti₃C₂T_x MXene nanosheets were prepared via HCl/LiF etching method, which was further applied to synthesize MXene/Cu₂O nanocomposite (NMC) through liquid reduction method at room temperature (Fig. 1a) (detailed experiment in Supporting Information). As shown in the transmission electron microscope (TEM) image (Fig. 1b), the high transparency indicates the small thickness and the slightly stacked of the prepared MXene nanosheets with a 2D structure. The atomic force microscopy (AFM) image (Fig. 1c) shows the thickness of the MXene is ~ 2.4 nm, suggesting the monolayer feature (Yun et al. 2020). The substantial active sites and the high specific surface area on the surface of MXene nanosheets is favorable for the in-situ growth of Cu₂O nanoparticles. The Cu₂O nanoparticles with a diameter of 50 ~ 100 nm were successfully introduced on the surface of the MXene nanosheet, constructing the MXene/Cu₂O nanocomposite as verified by the TEM image (Fig. 1d). Furthermore, the typical high-resolution TEM images show that clear lattice fringes of 0.246 and 0.214 nm respectively corresponding to (111) and (200) facets of Cu₂O (Fig. S1a). The MXene/Cu₂O nanocomposite has been coated onto the fabrics (NMCF) to form the conductive textile via a hot-blast dip-dry method. Typically, the weaving structure of the fabric (the content of MXene/Cu₂O is 1.4wt%) is clearly visible as presented in the scanning electron microscope (SEM) image (Fig. 1e), suggesting the successful preparation of MXene/Cu₂O nanocomposite-based fabric. As shown in Fig. 1f, MXene/Cu₂O uniformly forms a film on the surface of cotton fiber via dip-drying and baking at 150°C for 3 min process. The corresponding EDS mapping images (Fig. S2) show that MXene/Cu₂O have nearly a homogeneous distribution across the conductive surface. The 2D MXene nanosheets and Cu₂O nanoparticles are clearly observed in high-resolution SEM (Fig. 1g), indicating that the MXene/Cu₂O nanocomposite is uniformly deposited on the cotton fiber.

The crystal structure of MXene/Cu₂O composite was further analyzed by X-ray diffraction (XRD) patterns (Fig. 1h). The characteristic peak (104) at 39° of Ti₃AlC₂ disappeared (green curve) after the etching process by HCl/LiF solution and sonication treatment, confirming complete movement of the Al atoms. Meanwhile, the (002) peak of Ti₃AlC₂ at 2θ = 9.6° shifts to around 6.2° due to the expansion of the 2D MXene-basal plane, further confirming the formation of Ti₃C₂T_x (Liu et al. 2017). Moreover, the diffraction peaks at 29.7°, 36.5°, 42.3°, 61.5° and 73.9° can be indexed to the cubic phase of Cu₂O (JCPDS-05-0667) (Azimi et al. 2014), suggesting the formation of the MXene/Cu₂O nanocomposite. As given in Fig. 1i, the X-ray photoelectron (XPS) spectra confirm the presence of Ti, C, O, and Cu elements in the MXene/Cu₂O nanocomposite, which is consistent with XRD results. The corresponding elemental mapping images (Fig. S1b) confirm the high-density distribution of Cu and O elements on the surface of Ti elements, indicating the successful introduction of Cu₂O on the surface of MXene. The high-resolution XPS spectrum of Ti 2p (Fig. 1j) demonstrates two dominant peaks of C-Ti-T_x 2p_{3/2} at 457.5 eV and C-Ti-T_x 2p_{1/2} at 463.2 eV, indicating the presence of terminal groups on MXene nanosheets (Wang et al. 2016). The fitted peaks of Ti 2p located at 456.9 (461.7), 457.6 (463) and 458.3 (464.1) eV, respectively, correspond to Ti-C, Ti²⁺ and Ti³⁺ (Liu et al. 2018). Compared with the pure MXene nanosheets, the two

main peaks at 463.3 (Ti 2p_{1/2}) and 457.5 (Ti 2p_{1/2}) display a positive shift in the XPS spectrum of the MXene/Cu₂O nanocomposite (Fig. S3), which confirms the formation of the strong interaction network between Cu₂O and MXene. The primary peaks at 932.2 and 951.9 eV, as shown in Fig. 1k, correspond to Cu 2p_{3/2} and Cu 2p_{1/2}, respectively, and are attributed to Cu₂O (Tian et al. 2014). Moreover, the two extra weak peaks at 933.4 eV and 953.5 eV are attributed to the Cu²⁺ of Cu 2p_{1/2} and Cu 2p_{3/2} in the material, indicating the slight oxidation of Cu₂O during the liquid reduction process (Li et al. 2018). For a short conclusion, the MXene/Cu₂O nanocomposite was finely prepared and successfully introduced into the cotton fabric to form the conductive fibers.

Conductivity of Conductive Textile.

The amount of the prepared MXene/Cu₂O nanocomposite on the conductive textile could be modulated via the dip-dry times in the scalable dip-dry method (Fig. S4a). The amount of MXene/Cu₂O nanocomposite on the surface of the conductive textile enhances from 0.51 to 1.4 wt% through 1 to 5 dip-dry times in a scalable dip-dry process. Accordingly, the corresponding surface resistance of the conductive textile decreases from 3.9 to 0.6 kΩ/sq (Fig. S4b). The larger surface resistance value of the conductive textile with the lower load amount of the MXene/Cu₂O nanocomposite indicates the inhomogeneous conductivity of the fabric, which is caused by a discontinuous conductive layer on the fiber after one single dip-dry process. Interestingly, the fabrics after 5 times dip-drying process have the best washable property, and the surface resistance is still lower than 5 kΩ/sq after 100 washings (Table S1), suggesting the attractive robustness as a fabric sensor. The MXene/Cu₂O nanocomposite-based fabric sensor is integrated into a closed circuit as a stretchable conductor. During the increasing amount of MXene/Cu₂O nanocomposite from 0.51 to 1.4 wt%, the LED lamps become more bright (Fig. S5a). Correspondingly, the color of the conductive fabric changed from gray to black (Fig. S5b), the softness and flexibility of the prepared conductive cotton fabric show almost no change after the dip-dry process.

Sensing Performances of the Conductive Fabric.

The conductive features of the prepared conductive fabric were evaluated depending on the homemade test circuit (Fig. S6), which is beneficial for the further investigation of the corresponding sensing performances. The relationships between the relative resistance value ($(R-R_0)/R_0$) of the conductive fabric and the dynamic strain were demonstrated in Fig. 2, where R and R_0 are the resistance of conductive fabric with or without the external stress, respectively. As shown in Fig. 2a, the resistance of the prepared conductive fabric with 0.51 wt % MXene/Cu₂O nanocomposite increased dramatically under strain, suggesting the sensitive electrical response. With 1.16 wt% MXene/Cu₂O nanocomposite loading, the conductive fabric presents a smaller change in electrical resistance under strain, which is clarified the better conductive stability. For a higher loading ratio of 1.40 wt%, the MXene/Cu₂O nanocomposite coating on the fiber is thicker and leads to the formation of the denser network for a better conductive. Furthermore, the gauge factor (GF) of the conductive fabric is calculated via the equation: $GF = \Delta R / (R_0 \cdot \varepsilon) \times 100\%$, where ε is the strain (expressed as a percentage) (Liu et al. 2015). As presented in Fig. 2b, the GF

curves exhibit good linearity under 0 ~ 100% strain, which is guaranteed work stability under the whole sensing range. As well as the GF values of sensing range corresponding to the strain range of 0–20%, 20–80%, and 80–100% are - 1.12, -1.42, and - 0.94, respectively, suggesting the sensitive response for both the low and high-level strain. It is noteworthy that the conductive sensitivity of the functional fabric also could be influenced by tensile speed (Fig. S7). Typically, the $\Delta R/R_0$ value is decreased from - 50 to -40 with the strain rate increasing from 0.1 to 2.0 mm/s under the strain of 40%. As shown in Fig. 2c, the relative resistance variation of the conductive fabric under 20% strain with the strain rates of 0.005 ~ 1 Hz (the strain rates of 0.1 ~ 20 mm/s corresponding to the stretching frequencies from 0.005 ~ 1 Hz) displays no frequency dependence. The cyclic response of conductive fabric presents the uniform signal output during tuning the strain rates. Remarkably, the corresponding response stability of electrical signals is of vital importance for their practical application of wearable devices (Shi et al. 2018). The conductive fabric demonstrates a uniform and continuous response of the resistance for the strain range from 10–70% as verified in Fig. 2d. Importantly, the symmetric curves during loading and unloading steps imply that the quick resistance recovers as the strain changes, which is a desired property for in situ tests of the strain. The resistance change of the conductive fabric during the bending or compression process is detected by the test system of Fig. S8a and b. The bending angle of the conductive fabric is recorded as α , which is a positive value when bent and a negative value when compressed. From Fig. S8c and d, the conductive fabric has a resistance change in the range of -90–90°, and the response within 0–90° is obviously stronger than - 90 – 0°, the resistance response of the conductive fabric exhibits good repeatability and stability in each cycle during periodic bending or compression. There is slight friction at the interface in the textile constructure under sliding conditions. Thus, the conductive fabric shows desirable maintenance after 3000 cyclic tests under the 20% strain, except for a small attenuation of the signal (Fig. 2e). Compared with the pure fabric, the coated MXene/Cu₂O layers play a key effect in increasing the mechanical strength of the conductive fabric (Fig. S5c). Hence, the efficient conductive network and the enhanced mechanical strength was successfully achieved via loading MXene/Cu₂O onto the textile substrate. The real-time strain response was assessed based on the intensity relationship between the relative resistance value and the responded time through offering a rapid response in a quick stretching and release process. As shown in Fig. 2f, the response time of the stretching and release process are 110 and 80 ms, respectively. The low latency for signal acquisition is critical for monitoring human motion monitoring. The stretch of the conductive fabric is maintained at 10%, 30%, and 50% (Fig. S9a), the resistance value of the conductive fabric remains constant. It shows that the resistance of the conductive fabric has good stability under creep conditions. As shown in Fig. S9b, a sharp change in conductive fabric resistance was observed when the tensile force was applied in the initial stage, and the resistance remained basically unchanged when the tensile force was constant. The results show that the resistance of the sensor is not affected by stress relaxation, and the stability of the sensor signal output can be guaranteed. Therefore, the prepared conductive fabric has excellent strain sensing properties, which is a promising building block for the wearable device.

The alternating current impedance analysis result of the conductive fabric is shown in Fig. S10. The phase angle is maintained at 0° in the mid-low frequency range from 1 to 10³ Hz, indicating that the

conductive fabric maintains the characteristics of pure resistance without capacitance and inductance effects (Fig. S10a and S10b)(Sharma et al. 2021). Numerical fluctuations appear in the high frequency range, which is caused by the scan time being too short when scanning in the high frequency range. The impedance Z' of the conductive fabric remains basically unchanged, showing a straight line (Fig. S10c). The introduction of Cu_2O in MXene/ Cu_2O only reduces the resistance of MXene/ Cu_2O conductive fabrics, has not changed their properties as pure resistive elements. Which is due to reducing the specific gravity of MXene nanosheets under the same loading conditions. Correspondingly, when the content of MXene/ Cu_2O is increased from 0.48 to 1.36 wt% (Fig. S10d), the resistance of the conductive fabric decreases, and the characteristic of the pure resistance element of the conductive fabric is not will change. Therefore, it can be considered that the work of the prepared MXene-based conductive fabric is mainly based on the principle of resistive sensing. Furthermore, the relationship between the microstructural change of the conductive fabric and external tensile force is useful to further study the sensing mechanism. The micrograph and a diagrammatic sketch of the conductive fabric are presented in Fig. 2g and 2h. By applying an external force, tensile strain generates a larger contact area between yarns than that of the initial state, forming more conductive pathways to decrease the electrical resistance (Fig. 2g). Furthermore, as the elongation continues to increase, the yarn becomes more compacted and thinner with a highly stretched state under the larger strain (Fig. 2h), the increment of the contact area between the cotton fibers in a yarn could reduce the resistance. Significantly, the resistance change is mainly ascribed to the microstructure changes in the textile network under the external forces, leading to an effective force-sensitive component for the conductive fabric. The conductive fabric serves as a textile-based efficient conductive network with pretty sensing ability, natural comfort, which can well satisfy the practical demands of the flexible and stretchable sensors. Inspiring the excellent strain sensing properties of the conductive fabric based on MXene/ Cu_2O nanocomposite, a strain sensor is assembled on an elastic fabric substrate, the copper electrode and conductive fabric are bonded with silver paste, and the contact points are fixed with elastic fabric (Fig. 2i). Based on the strain sensor module, the integrated and portable strain sensors were constructed as shown on the right of Fig. 2i. The manufactured strain sensors are predicted to capture and analyze the detailed process of various human activities due to their desired strain detecting behavior.

As a proof-of-concept, the prepared strain sensor was attached to the corners of the mouth and throat to monitor small-scale human physiological activities of the facial expression and the muscle motions near the throat via a tester to noninvasively. As presented in Fig. 3a and 3b, the sensor-generated two discernable characteristic current patterns according to the smiling and swallowing actions. This is an attribute to each action caused specific form of movement of corners muscle at the mouth and throat, resulting in a distinguishable resistance change signal. The significant characteristic difference between these resistance change signal indicates that the strain sensor has the potential as a voice and expression recognition devices. The electrical signals are almost identical during each smiling and swallowing cycle, manifesting the sensitivity and stability of the strain sensor. Aside from detecting small-scale physiological activity, the strain sensor also could be employed to monitor the joint action of bending wrist, finger, elbow, and leg due to their good stretchability. As shown in Fig. 3c, the strain sensor-

generated two characteristic current signals for the response of the wrist bending and straightening activities. Similarly, the relevant characteristic signals for the bending/straightening activities of the finger and leg could also be obtained as verified in Fig. 3d and 3e. Furthermore, for responding to repeated motion, essentially invariable resistance change patterns were obtained, demonstrating that strain sensors for wearable devices had outstanding repeatability and reliability in practical applications. Notably, the bending/straightening activities of the arm, such as keeping the bending angles of 0°, 30°, 45°, 90°, 120° and 150° for a few seconds, also could be fine tested (Fig. 3f). This elucidates that the strain sensor could perceive different motion amplitudes.

Smart Sensing Glove Detect and Recognize Gesture Signals.

Considered their outstanding sensitivity, reproducibility and durability, the strain sensors were further made into wearable sensors and integrated into a versatile strain-sensing platform, such as the smart sensing glove (Fig. 4a). The smart sensing glove is useful to detect and recognize gesture signals for the communication needs of hearing-impaired people to realize barrier-free communication. Through wearing the prepared sensing glove, the strain sensors were attached to the joints of the thumb, index finger, middle finger, ring finger and little finger, which is applied to read the sign language via a more convenient method. Its circuit diagram is shown in Fig. 4b by which the voltage variation is measured. As given in Fig. 4c, the smart sensing glove generates different characteristic current patterns associated with the gesture signals of "1", "2", "3", "4", and "5". The simple letters of "C", "S", "L", "O", and "Y" also could be translated and presented (Fig. 4d). Importantly, these sign languages could be quickly cached in a continuous test-time, indicating good sensitivity. Furthermore, the combination of sensor array and glove can realize more accurate gesture recognition, further supporting the application prospects of MXene/Cu₂O nanocomposite-based conductive fabric strain sensor on electronics and biomedical devices.

Breathability and Antibacterial Properties of the MXene/Cu₂O Nanocomposite-based Fabric Sensor.

In addition to sensing performance, the strain sensor also exhibits great wearability including breathability and antibacterial properties. The bactericidal activity of the MXene/Cu₂O nanocomposite-based fabric sensor was evaluated via 24 h shake flask test. The bacteria colonies showed that samples with pure MXene have no obvious antibacterial activity against *Escherichia coli* (*E. coli*) and *Staphylococcus aureus* (*S. aureus*) in comparison with MXene/Cu₂O nanocomposite-based fabric (Fig. 5a). While the bacteriostatic rates of *S. aureus* and *E. coli* were 96.3% and 81.3% respectively, when the MXene/Cu₂O content is 1.16 wt%. Samples with loaded MXene/Cu₂O of 1.4 wt% show the highest bacteriostatic rates, which were 99.1% to *E. coli*, 96.3% to *S. aureus* (Fig. 5b). The strain sensor showed stronger inhibitory activity against *S. aureus* than *E. coli*. The introduction of Cu₂O has substantially improved the antibacterial ability of the strain sensor. More interestingly, the treated fabric still remains an excellent air permeability of 233.75 mm/s with a margin drop from 297.5 mm/s (Fig. 5c) after one dip-dry process, even after being treated 5 times, the fabric still remains desirable breathability (190 mm/s). The results have revealed that MXene/Cu₂O nanocomposite-based fabric sensor possesses a great

advantage in smart sensing while creating a skin-friendly and sterile environment on the skin-sensor interface, ensuring favorable wearability as a wearable sensor.

Conclusion

In summary, we have created a shape-adaptable and highly flexible MXene/Cu₂O nanocomposites-based smart-textile for multifunctional strain sensing using a simple and industrially scalable two-step dip-coating process. Due to the strong interaction conductive network braiding structure, the conductive strain sensor has been qualified with high flexibility, the low surface electrical resistance of 600 Ω/sq, a large sensing range from 0-100%, improved strain sensitivity of 1.42, and excellent working durability. Due to the sensitive response of conductive fabrics under a wide strain range, conductive fabric strain sensors show great advantages in detecting and monitoring both subtle and large human activities such as smiling, swallowing, wrist/finger/leg bending, and perceiving different bending amplitudes of joint movement. Interestingly, smart sensing gloves based on integrated strain sensors generate different characteristic current patterns associated with the gesture signals of simple letters. This study offers a reasonable design strategy for strain sensors and provides new insight reference for smart e-textiles in wearable electronics fields.

Declarations

Ethics approval and consent to participate (Not applicable)

Consent for publication (Not applicable)

Availability of data and materials (Not applicable)

Competing interests

The authors declare that they have no competing interests.

Funding

This work was supported by a key project for Industry-Academia-Research in Jiangsu Province (BY2016043-01), the Enterprise Cooperation Projects (P110900316), and the National Postdoctoral Program for Innovative Talents (no. BX20190228). Furthermore, this project is funded by Jiangsu Naton Science & Technology Co., Ltd, the Collaborative Innovation Center of Suzhou Nano Science and Technology (CIC-Nano), the Priority Academic Program Development of Jiangsu Higher Education Institutions (PAPD), and the “111” Project of the State Administration of Foreign Experts Affairs of China.

Authors' contributions

Yuan-Ming Cao and Yi-Fei Li wrote the main manuscript text, Mi Zheng and Wang-Yi Zhai prepared Simulation diagram, Ming-Peng Zhuo, Min Zheng, Zuo-Shan Wang present concepts, Ke-Qin Zhang and

Liang-Sheng Liao revised the manuscript, All authors reviewed the manuscript.

Acknowledgement

The authors also thank Yan-Ling Xiao for the help of atomic force microscope (AFM) measurement.

References

1. Azimi H et al. (2014) Effective ligand passivation of Cu₂O nanoparticles through solid-state treatment with mercaptopropionic acid *J Am Chem Soc* 136:7233-7236. <https://doi.org/10.1021/ja502221r>
2. Cao YM et al. (2021) Smart Textiles Based on MoS₂ hollow nanospheres for personal thermal management *ACS Appl Mater Interfaces* 13:48988-48996. <https://doi.org/10.1021/acscami.1c13269>
3. Chen C, Boota M, Urbankowski P, Anasori B, Miao L, Jiang J, Gogotsi Y (2018) Effect of glycine functionalization of 2D titanium carbide (MXene) on charge storage *J Mater Chem A* 6:4617-4622. <https://doi.org/10.1039/c7ta11347a>
4. Cheng S, Han S, Cao Z, Xu C, Fang X, Wang X (2020) Wearable and ultrasensitive strain sensor based on high-quality GaN pn junction microwire arrays *Small* 16:1907461. <https://doi.org/10.1002/smll.201907461>
5. Dong K et al. (2020) Shape adaptable and highly resilient 3D braided triboelectric nanogenerators as e-textiles for power and sensing *Nat Commun* 11:2868. <https://doi.org/10.1038/s41467-020-16642-6>
6. Gao Y et al. (2020) Winding-Locked Carbon Nanotubes/Polymer Nanofibers Helical Yarn for Ultrastretchable Conductor and Strain Sensor *ACS Nano* 14:3442-3450. <https://doi.org/10.1021/acsnano.9b09533>
7. Ghidui M, Lukatskaya MR, Zhao MQ, Gogotsi Y, Barsoum MW (2014) Conductive two-dimensional titanium carbide 'clay' with high volumetric capacitance *Nature* 516:78-81. <https://doi.org/10.1038/nature13970>
8. He F et al. (2020) Stretchable, Biocompatible, and Multifunctional silk fibroin-based hydrogels toward wearable strain/Pressure sensors and triboelectric nanogenerators *ACS Appl Mater Interfaces* 12:6442-6450. <https://doi.org/10.1021/acscami.9b19721>
9. He Y, Gui Q, Wang Y, Wang Z, Liao S, Wang Y (2018) A polypyrrole elastomer based on confined polymerization in a host polymer network for highly stretchable temperature and strain sensors *Small* 14:1800394. <https://doi.org/10.1002/smll.201800394>
10. Huang J et al. (2019) Highly sensitive and stretchable CNT-bridged AgNP strain sensor based on TPU electrospun membrane for human motion detection *Adv Electron Mater* 5:1900241. <https://doi.org/10.1002/aelm.201900241>
11. Jang H, Park YJ, Chen X, Das T, Kim MS, Ahn JH (2016) Graphene-based flexible and stretchable electronics *Adv Mater* 28:4184-4202. <https://doi.org/10.1002/adma.201504245>

12. Li L, Bai Y, Li L, Wang S, Zhang T (2017) A Superhydrophobic smart coating for flexible and wearable sensing *Electronics Adv Mater* 29:1702517. <https://doi.org/10.1002/adma.201702517>
13. Li Q et al. (2016) Wide-range strain sensors based on highly transparent and supremely stretchable Graphene/Ag-nanowires hybrid structures *small* 12:5058-5065. <https://doi.org/10.1002/sml.201600487>
14. Li W, Feng X, Zhang Z, Jin X, Liu D, Zhang Y (2018) A controllable surface etching strategy for well-defined spiny yolk@shell CuO@CeO₂ cubes and their catalytic performance boost *Adv Funct Mater* 28:1802559. <https://doi.org/10.1002/adfm.201802559>
15. Lin R et al. (2020) Wireless battery-free body sensor networks using near-field-enabled clothing *Nat Commun* 11:444. <https://doi.org/10.1038/s41467-020-14311-2>
16. Liu J, Zhang HB, Sun R, Liu Y, Liu Z, Zhou A, Yu ZZ (2017) Hydrophobic, flexible, and lightweight MXene foams for high-performance electromagnetic-interference shielding *Adv Mater* 29:1702367. <https://doi.org/10.1002/adma.201702367>
17. Liu J, Zhang HB, Xie X, Yang R, Liu Z, Liu Y, Yu ZZ (2018) Multifunctional, superelastic, and lightweight MXene/Polyimide aerogels *Small* 14:1802479. <https://doi.org/10.1002/sml.201802479>
18. Liu Z et al. (2015) Thickness-Gradient Films for High Gauge Factor Stretchable Strain Sensors *Adv Mater* 27:6230-6237. <https://doi.org/10.1002/adma.201503288>
19. Luo Z et al. (2020) In situ dynamic manipulation of Graphene strain sensor with drastically sensing performance enhancement *Adv Electron Mater* 6:2000269. <https://doi.org/10.1002/aelm.202000269>
20. Pang Y, Yang Z, Yang Y, Ren TL (2020) Wearable electronics based on 2D materials for human physiological information detection *Small* 16:1901124. <https://doi.org/10.1002/sml.201901124>
21. Qiao Y et al. (2020) Light-activatable synergistic therapy of drug-resistant bacteria-infected cutaneous chronic wounds and nonhealing keratitis by cupriferous hollow nanoshells *ACS Nano* 14:3299-3315. <https://doi.org/10.1021/acsnano.9b08930>
22. Schwartz G, Tee BC, Mei J, Appleton AL, Kim DH, Wang H, Bao Z (2013) Flexible polymer transistors with high pressure sensitivity for application in electronic skin and health monitoring *Nat Commun* 4:1859. <https://doi.org/10.1038/ncomms2832>
23. Sharma S et al. (2021) Hydrogen-bond-triggered hybrid nanofibrous membrane-based wearable pressure sensor with ultrahigh sensitivity over a broad pressure range *ACS Nano* 15:4380-4393. <https://doi.org/10.1021/acsnano.0c07847>
24. Shi X et al. (2021) Large-area display textiles integrated with functional systems *Nature* 591:240-245. <https://doi.org/10.1038/s41586-021-03295-8>
25. Shi XL, Liu SR, Sun Y, Liang JJ, Chen YS (2018) Lowering internal friction of 0D-1D-2D ternary nanocomposite-based strain sensor by fullerene to boost the sensing performance *Adv Funct Mater* 28:1800850. <https://doi.org/10.1002/adfm.201800850>
26. Tao C, An L, Lin J, Tian Q, Yang S (2019) Surface plasmon resonance-enhanced photoacoustic imaging and photothermal therapy of endogenous H₂ S-triggered Au@Cu₂ O *Small* 15:1903473.

<https://doi.org/10.1002/sml.201903473>

27. Taylor LW, Williams SM, Yan JS, Dewey OS, Vitale F, Pasquali M (2021) Washable, sewable, all-carbon electrodes and signal wires for electronic clothing *Nano Lett* 21:7093-7099.
<https://doi.org/10.1021/acs.nanolett.1c01039>
28. Tian Q et al. (2014) Tube-like ternary $\alpha\text{-Fe}_2\text{O}_3@\text{SnO}_2@\text{Cu}_2\text{O}$ sandwich heterostructures: synthesis and enhanced photocatalytic properties *ACS Appl Mater Interfaces* 6:13088-13097.
<https://doi.org/10.1021/am5029439>
29. Wang B et al. (2020a) Flexible and stretchable metal oxide nanofiber networks for multimodal and monolithically integrated wearable electronics *Nat Commun* 11:2405.
<https://doi.org/10.1038/s41467-020-16268-8>
30. Wang C et al. (2016) Carbonized silk fabric for ultrastretchable, highly sensitive, and wearable strain sensors *Adv Mater* 28:6640-6648. <https://doi.org/10.1002/adma.201601572>
31. Wang C et al. (2018) Monitoring of the central blood pressure waveform via a conformal ultrasonic device *Nat Biomed Eng* 2:687-695. <https://doi.org/10.1038/s41551-018-0287-x>
32. Wang H, Zhao R, Qin J, Hu H, Fan X, Cao X, Wang D (2019) MIL-100(Fe)/ Ti_3C_2 MXene as a schottky catalyst with enhanced photocatalytic oxidation for nitrogen fixation activities *ACS Appl Mater Interfaces* 11:44249-44262. <https://doi.org/10.1021/acsami.9b14793>
33. Wang H et al. (2021) High-performance foam-shaped strain sensor based on carbon nanotubes and $\text{Ti}_3\text{C}_2\text{T}_x$ MXene for the monitoring of human activities *ACS Nano* 15:9690-9700.
<https://doi.org/10.1021/acsnano.1c00259>
34. Wang X et al. (2020b) 2D/2D 1T-MoS₂/Ti₃C₂ MXene heterostructure with excellent supercapacitor performance *Adv Funct Mater* 30:1910302 <https://doi.org/10.1002/adfm.201910302>
35. Wang Y et al. (2014) Wearable and highly sensitive Graphene strain sensors for human motion monitoring *Adv Funct Mater* 24:4666-4670. <https://doi.org/10.1002/adfm.201400379>
36. Wei J et al. (2021) Bioinspired 3D printable, self-healable, and stretchable hydrogels with multiple conductivities for skin-like wearable strain sensors *ACS Appl Mater Interfaces* 13:2952-2960.
<https://doi.org/10.1021/acsami.0c19512>
37. Wu X, Han Y, Zhang X, Zhou Z, Lu C (2016) Large-area compliant, low-cost, and versatile pressure-sensing platform based on microcrack-designed carbon black@polyurethane sponge for human-machine interfacing *Adv Funct Mater* 26:6246-6256. <https://doi.org/10.1002/adfm.201601995>
38. Xu K et al. (2021) A wearable body condition sensor system with wireless feedback alarm functions *Adv Mater* 33:2008701. <https://doi.org/10.1002/adma.202008701>
39. Yang Y et al. (2021) A non-printed integrated-circuit textile for wireless theranostics *Nat Commun* 12:4876. <https://doi.org/10.1038/s41467-021-25075-8>
40. Yu XF et al. (2015) Monolayer Ti_2CO_2 : A promising candidate for NH_3 sensor or capturer with high sensitivity and selectivity *ACS Appl Mater Interfaces* 7:13707-13713.
<https://doi.org/10.1021/acsami.5b03737>

41. Yun T et al. (2020) Electromagnetic shielding of monolayer MXene assemblies Adv Mater 32:1906769. <https://doi.org/10.1002/adma.201906769>
42. Yun T et al. (2021) Multidimensional Ti₃C₂T_x MXene architectures via interfacial electrochemical self-assembly ACS Nano 15:10058-10066. <https://doi.org/10.1021/acsnano.1c01727>
43. Zhang C et al. (2019) Rational design of a flexible CNTs@PDMS film patterned by bio-inspired templates as a strain sensor and supercapacitor Small 15:1805493. <https://doi.org/10.1002/sml.201805493>
44. Zhang CJ et al. (2017) Transparent, flexible, and conductive 2D titanium carbide (MXene) films with high volumetric capacitance Adv Mater 29:1702678. <https://doi.org/10.1002/adma.201702678>
45. Zheng K, Li S, Jing L, Chen PY, Xie J (2020) Synergistic antimicrobial titanium carbide (MXene) conjugated with gold nanoclusters Adv Healthc Mater 9:2001007. <https://doi.org/10.1002/adhm.202001007>
46. Zou Q, He K, Ou-Yang J, Zhang Y, Shen Y, Jin C (2021) Highly sensitive and durable sea-urchin-shaped silver nanoparticles strain sensors for human-activity monitoring ACS Appl Mater Interfaces 13:14479-14488. <https://doi.org/10.1021/acscami.0c22756>

Figures

Figure 1

(a) Schematic illustration of synthesis process of MXene/Cu₂O nanocomposite and MXene/Cu₂O nanocomposite-based fabric sensor. (b) TEM image of MXene nanoflakes. (c) AFM image of MXene nanosheets dispersed in ethanol. (d) TEM image of MXene/Cu₂O nanocomposite. (e-g) SEM images of MXene/Cu₂O nanocomposite-based fabric sensor. (h) XRD spectrum and (i) XPS spectra of MXene and MXene/Cu₂O, high resolution XPS spectrum of (j) Ti 2p and (k) Cu 2p of MXene/Cu₂O.

Figure 2

(a) Relative resistance value change for different MXene/Cu₂O contents in one stretch. (b) The gauge factor of MXene/Cu₂O nanocomposite-based fabric sensor (1.4 wt%). (c) Stretch/release (20%) cycles of 0.1, 0.5, 2, 5, 10, and 20 mm/s. (d) Stretch/release cycles under various strain from 10~70%. (e) 3000 stretching cycles (40%) of a MXene/Cu₂O nanocomposite-based fabric sensor. (f) Response time test in stretch/release cycles. (g) Micrograph and schematic diagram of the MXene/Cu₂O nanocomposite-based fabric sensor under various tensile strain. (h) Diagram of structure change in cotton yarns under tensile

force. (i) Schematic illustration and digital image of the MXene/Cu₂O nanocomposite-based fabric sensor.

Figure 3

Monitoring of human action applying MXene/Cu₂O nanocomposite-based fabric sensor on human body (a) smiling, (b) swallowing, (c) wrist bending, (d) finger bending, (e) leg bending, (f) elbow bending at different angles from 30 ~ 150°.

Figure 4

(a) Diagram and digital image of smart glove components for sign language recognition. (b) Circuit diagram of smart sensing glove. (c, d) Sign language response of smart sensing glove for letters and numbers.

Figure 5

(a) Antibacterial activity of fabric samples against *S. aureus* and *E. coli*. (b) Bacterial reduction of fabric samples. (c) Air permeability of fabric samples with different dip-dry times.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupportingInformation.doc](#)
- [floatimage6.png](#)