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Article

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1 **Surfactant-Free Stain Removal by a Sustainable Protein Nanofilm**

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31 **Abstract**

32 The extensive use of detergents in modern life and industry has seriously impeded
33 ecologically sustainable development. Facing this unresolved global challenge, we
34 herein propose a CAW (coating at will) concept to endow virtually arbitrary surfaces
35 with underwater superoleophobicity that supports the fast and easy removal of oily
36 stains by mere use of water. The key selling point of this CAW concept is its ability to
37 sustainably regenerate the coating throughout an infinite life cycle. The foundation of
38 this concept is to make use of rapid amyloid-like aggregation of lysozyme (Lyz)
39 conjugated with zwitterionic poly(sulfobetaine methacrylate) (pSBMA). The resultant
40 phase-transitioned Lyz-pSBMA (PTL-pSBMA) could quickly prime versatile surfaces
41 to afford a robust colourless ultrathin nanofilm on surfaces with high hydrophilicity. As
42 a result, the hydrophilic PTL-pSBMA layer endows materials with excellent
43 underwater superoleophobicity and provides outstanding detergent-free cleaning
44 efficiency to remove oily stains (e.g., greater than 95% on silk surfaces and 99% on
45 dishes). With excellent optical transparency, biocompatibility and negligible effects on
46 wearing comfort, the PTL-pSBMA further showed extraordinary cost-effectiveness
47 (\$675/ton) and great savings on water and energy by 40%-50%. Overall, this work
48 proposes an ingenious CAW design that breaks down the long-standing surfactant
49 contamination barriers in the traditional detergent industry. Such surfactant-free water
50 washing strategy holds great promise towards scale-up application to replace
51 commercial detergents in the removal of common stains from fabrics and kitchenware
52 surfaces, thereby greatly inhibiting the negative environmental pressures caused by
53 surfactant emissions and providing a transformative response to ecosystems and water
54 resource protection on Earth.

55

56 **Keywords:** amyloid-like protein, superoleophobicity, surfactant, zwitterionic polymer

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61 **1. Introduction.**

62 As a major global challenge, ecological sustainable development is continuously
63 challenged by the aggravated use of chemical surfactants in daily life and industrial
64 production. For instance, the amount of surfactants reached 15.93 million tons in 2014,
65 which is expected to increase to 24.19 million tons in 2022¹. Among the numerous uses
66 of surfactants, homecare detergents (e.g., laundry and kitchenware detergents) account
67 for more than 40% of the global market²⁻⁹. As a result, the ever-increasing use of
68 detergents has pressed the treatment of surfactant-containing wastewater to become a
69 growing burden. For instance, wastewater treatment in 2017 consumed approximately
70 4% of all the electrical power produced in the United States^{10,11}. It is further estimated
71 that the electricity required for wastewater treatment will increase by 20% over the next
72 15 years in developed countries, leading to a significant climb in CO₂ emissions and
73 energy consumption^{12,13}. Moreover, in economically underdeveloped regions,
74 household detergents are directly discharged into the ecological environment without
75 pretreatment¹⁴⁻¹⁶, resulting in the long-term accumulation of surfactants in the
76 ecosystem. Such detergent invasion would have significant adverse effects on aquatic
77 life, plants, animals and humans¹⁷⁻¹⁹. Regarding to the above-mentioned surfactant
78 issue, although a few commercially available natural detergents have emerged²⁰⁻²⁴, their
79 low production yields, high production costs, poor cleaning efficiency, irritation to
80 sensitive skin and damage to wool or silk fabrics have limited their scale-up
81 applications²⁵.

82 In principle, the main function of detergents is to detach oily stains adhered onto
83 solid surfaces by entrapping them through micellization and then dispersing them into
84 water. In this process, the stronger intermolecular interaction between the detergent and
85 the oily stain would replace the interaction between the oily stain and solid surface. In
86 this regard, a superoleophobic surface that easily repels oil staining due to the ultralow
87 intermolecular forces between the solid surface and oily stain would be beneficial to
88 reduce detergent usage. However, few marketed examples or literature studies based on
89 such recognition have been engineered on a large scale to significantly reduce detergent
90 usage due to the following inevitable problems. First, in contrast to the formation of

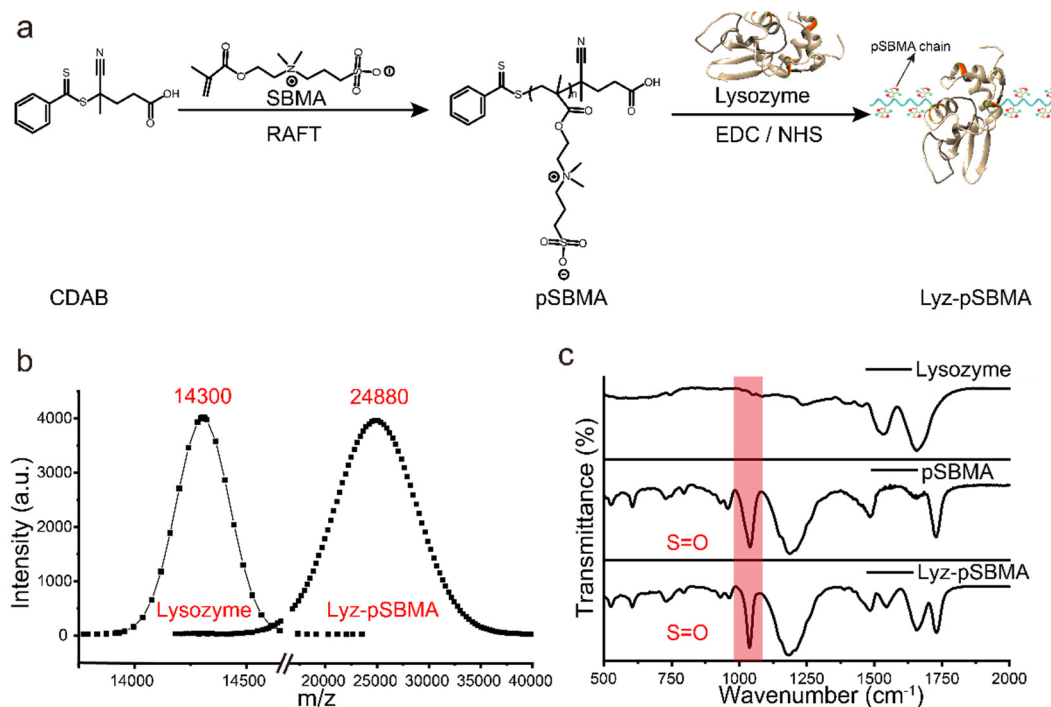
91 superhydrophobic surfaces, the fabrication of superoleophobic surfaces is more
92 complicated and often requires the construction of delicate micro/nanotopography on a
93 surface. Subsequently, nearly all of the as-prepared micro/nanoconstructed surfaces in
94 the existing approaches are very easily recontaminated by particles and pollutants or
95 re-abraded by external forces, which leads to a loss of the oil repellence capability in a
96 short service period. Second, to fabricate superoleophobic surfaces, most materials
97 need to be modified with a low surface energy layer after the formation of rough
98 microstructures, which often involves the use of fluoro-containing compounds that are
99 undesirable in food/life-related applications. Third, to overcome the interfacial
100 adhesion weakness of conventional vapour deposition techniques, complex chemical
101 reactions²⁶ are often required, which typically suffers from several disadvantages that
102 restrain the commercial potential of these techniques, such as high cost, complex and
103 unfriendly procedures and poor eco-compatibility. Moreover, classical surface priming
104 methods, such as polydopamine (PDA) and polyphenol/Fe complex chemistry,
105 typically impart surfaces with undesirable dark colour and rough topography, and the
106 resultant coating has poor stability in alkaline pH environment²⁷⁻³⁰.

107 In contrast to conventional postfunctionalization techniques on surfaces, we herein
108 propose a distinctive coating at will (CAW) pathway to impart any kind of surface with
109 underwater superoleophobicity that can be durably maintained for an unlimited life
110 cycle. The core feature of this CAW concept is that any target surface could be reformed
111 to have autonomous underwater anti-oil staining properties via a rapid one-step aqueous
112 coating with an antifouling hydrophilic biopolymer. This coating process can be
113 repeated on demand at any time to regenerate the coating layer, and the long-lasting
114 underwater oil repellent state could be stably maintained. Similar to normal washing,
115 the whole coating and regeneration process could be simply achieved by the end user
116 in a facile and friendly one-step aqueous soaking step that could be repeated for an
117 unlimited number of times. As a result, oily staining on fabrics and kitchenware could
118 be easily removed by simply rinsing with water without the addition of detergents, and
119 the perfect oil-repellent state could be maintained for an infinite number of washing-
120 staining cycles.

121 In the present work, we prove this CAW concept by making use of an amyloid-like
122 protein-mediated interfacial adhesion system. The rapid amyloid-like aggregation of
123 lysozyme (Lyz) conjugated with zwitterionic poly(sulfobetaine methacrylate) (pSBMA)
124 was manipulated in water to afford a robust ultrathin nanofilm (PTL-pSBMA) on solid
125 surfaces. This process was finished in minutes by simple dip coating and could instantly
126 prime virtually any surface (e.g., metal, plastic, glass, ceramic) to become highly
127 hydrophilic and superoleophobic under water through oil exclusion from the
128 hydrophilic polymer chains. As a result, after soaking in or flushing with water,
129 hydrophobic oily stains would be easily removed from the primed surfaces of fabrics
130 (e.g., linen, flannel, cotton, vinylon, silk, modal cotton, and Dacron) and kitchenware
131 (e.g., ceramic dishes), leading to a detergent-free cleaning procedure. Compared with
132 normal detergent-based washing protocols, such a detergent-free cleaning mode has a
133 lower required dosage, higher cleaning efficiency on fabrics and kitchenware and
134 significant water and energy savings of at least 40~50%. In contrast to all other known
135 approaches, this detergent-free washing mode is further highlighted by its ready-to-use
136 regeneration feature, by which any kind of primed surface coated with the PTL-pSBMA
137 nanofilm could be regenerated upon request by simply resoaking the surface in aqueous
138 solution containing 0.005% w.t. PTL-pSBMA. By this coating regeneration process
139 (CAW concept), the excellent detergency performance of PTL-pSBMA-modified
140 fabrics could be well maintained for at least 200 cycles of washing-regeneration. In
141 combination with its colourlessness, optical transparency and biocompatibility as well
142 as good functional extendibility³¹⁻³⁴ (e.g., being easily endowed with antimicrobial
143 properties), fast surface priming with PTL-pSMBA offers a universal strategy to create
144 stealthy coatings on versatile material surfaces for autonomous stain resistance. In light
145 of its extraordinary cost-effectiveness (\$675/ton) and low recommended dosage (0.9
146 g/kg clothes), this method thus holds great commercial potential to transform current
147 mainstream laundry detergent-based cleaning protocol for fabrics and kitchenware
148 washing, which accounts for a large portion of global surfactants. This concept would
149 open a door to develop a series of CAW-derived coating methods to greatly power the
150 sustainable development of a green modern society with a low carbon footprint.

151 **2. Results and Discussion.**

152 To obtain the protein-polyzwitterionic polymer conjugate, zwitterionic
153 poly(sulfobetaine methacrylate) (pSBMA) was first synthesized by reversible addition-
154 fragmentation chain transfer (RAFT) polymerization (**Figure 1a**), and the resultant
155 polymer product had a molecular weight of 4640 (degree of polymerization=17) and a
156 polydispersity index (PDI) of 1.17, as analysed by ¹H NMR (**Figure S1**) and gel
157 permeation chromatography³⁵ (GPC) (**Figure S2**). Then, a typical protein-polymer
158 conjugate was obtained via a 1-ethyl-3-(3-(dimethylamino)propyl)carbodiimide
159 (EDC)/N-hydroxysuccinimide (NHS)-mediated coupling reaction between the amine
160 groups of native lysozyme and carboxyl groups of pSBMA (**Figure 1a**). By this process,
161 one lysozyme molecule could attach to 1, 2, or 3 pSBMA graft chains, affording the
162 protein-polymer conjugates Lyz-1pSBMA, Lyz-2pSBMA, and Lyz-3pSBMA,
163 respectively (**Figure S3**). These products were properly characterized by matrix-
164 assisted laser desorption ionization time-of-flight (MALDI-TOF), Fourier transform
165 infrared (FTIR) and corresponding X-ray photoelectron spectroscopy (XPS) spectra,
166 reflecting an exact shift in the molecular mass of the protein after polymer grafting
167 (**Figure 1b**) and displaying the characteristic signals for the sulfobetaine side chains in
168 the FTIR (the symmetric S=O stretching at 1039 cm⁻¹ in **Figure 1c**) and XPS (S_{2p} (167.5
169 eV) and N_{1s} (402.5 eV) in **Figure S4**) spectra of the Lyz-pSBMA conjugate^{36,37}. The
170 native bioactivity of lysozyme was highly preserved after polymer conjugation, further
171 indicating a negligible influence of the conjugation process and polymer chain on
172 protein conformation and bioactivity (**Figure S5**). For simplicity, the present work
173 mainly used Lyz-2pSBMA (herein unless otherwise noted, Lyz-2pSBMA was referred
174 as Lyz-pSBMA for simplicity) to complete the experiments.

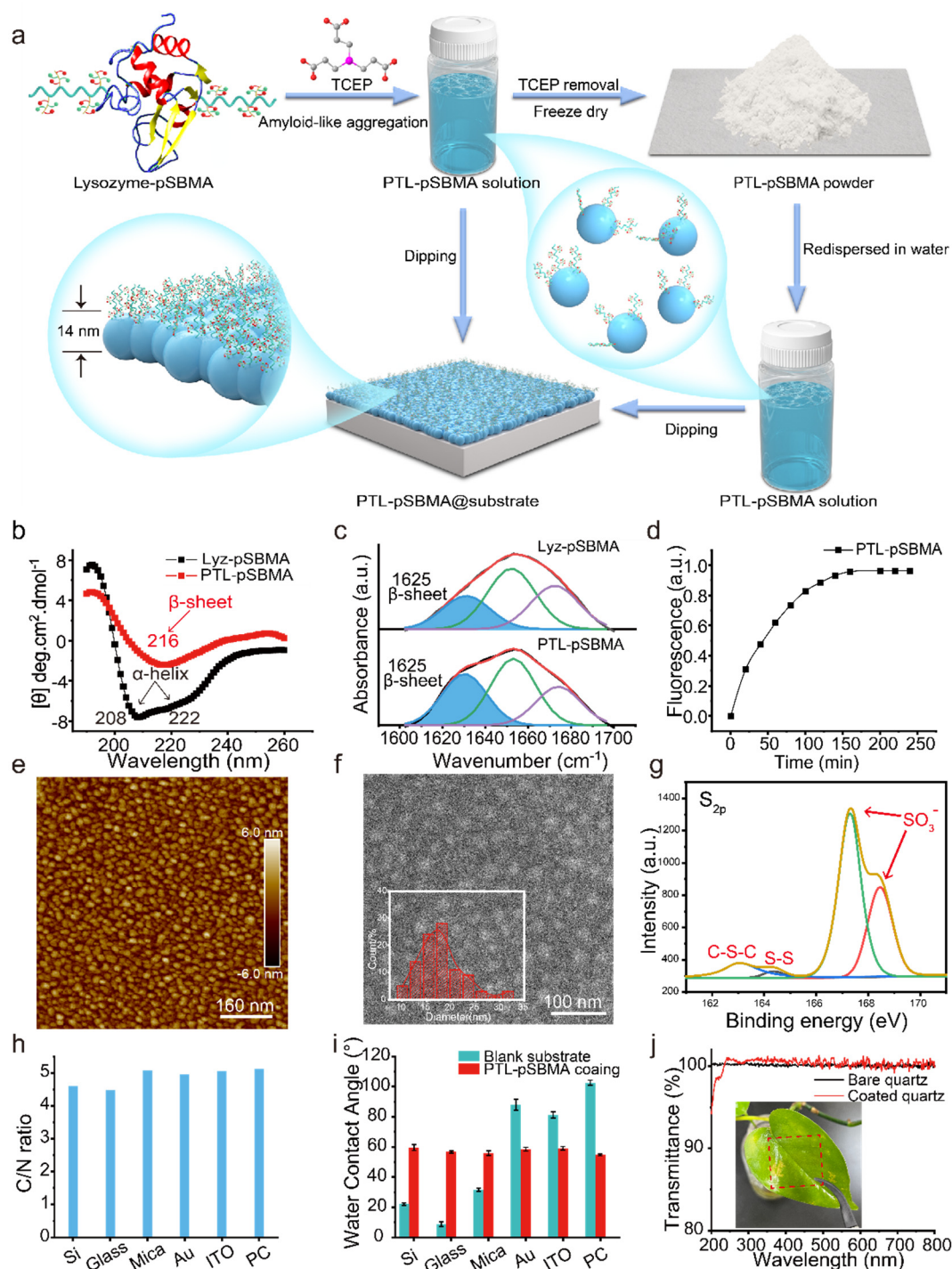


175
 176 **Figure 1.** Synthesis and Characterization of Lyz-pSBMA. (a) Synthesis of Lyz-pSBMA.
 177 (b) MALDI-TOF spectra of lysozyme and Lyz-pSBMA. (c) FTIR characterization of
 178 Lyz-pSBMA and the characteristics of the S=O peaks.

179
 180 Starting from the Lyz-pSBMA conjugate, amyloid-like aggregation of Lyz-
 181 pSBMA could be triggered after reducing the intramolecular disulfide bond in the
 182 protein to afford a conformal nanofilm coating on articles of daily use. Such amyloid-
 183 like aggregation, termed the protein phase transition, was pioneeringly developed by
 184 our group in 2012^{38,39}. Typically, after reducing the intramolecular disulfide bond of
 185 Lyz-pSBMA with tris(2-carboxyethyl)phosphine (TCEP), the corresponding amyloid-
 186 like aggregation of Lyz-pSBMA rapidly formed a stable two-dimensional phase-
 187 transitioned Lyz-pSBMA nanofilm (PTL-pSBMA) on various substrates (**Figure 2a**).
 188 During this aggregation process, the conformational transition of the proteins from an
 189 α -helix to a β -sheet was reflected by the signal enhancement from the β -sheet structure
 190 in the circular dichroism (CD) (216 nm) and Fourier transform infrared (1625 cm^{-1})
 191 spectra of PTL-pSBMA (**Figures 2b, 2c, S6**)^{40,41}. The time-resolved growth monitored
 192 by the aniline-1-naphthalene sulfonate (ANS) assay (**Figure 2d**) and thioflavin T (ThT)
 193 staining reflected the rapid amyloid-like aggregation driven by hydrophobic residue
 194 exposure and subsequent hydrophobicity-induced aggregation. In this process, the
 195 exposure of the free thiol groups by TCEP-induced disulfide bond reduction of Lyz-

196 pSBMA was also reflected by N- (1-Pyrenyl) maleimide (NPM) staining (**Figures S7,**
197 **S8**)⁴².

198 By the phase transition, the atomic force microscopy (AFM) and transmission
199 electron microscopy (TEM) results then clearly showed the formation of nanoparticles
200 approximately 20 nm in size from the protein oligomeric aggregation in the reaction
201 solution (**Figure 2e, 2f; Figures S9, S10**). The nanoparticles in the resultant PTL-
202 pSBMA emulsion showed excellent colloidal stability, since the size of these colloids
203 did not continuously increase upon storage under ambient conditions for >56 days and
204 the resultant emulsion remained clear without precipitation (**Figures S11, S12**). More
205 importantly, the stock solution maintained high interfacial activity to reform the
206 nanofilms on the substrate surface (**Figures S13, S14**). In addition to the colloidal
207 stability, the PTL-pSBMA also presented good redispersion property. For instance, after
208 the PTL-pSBMA nanoparticles were subjected to dialysis to remove unreacted reactants
209 (e.g., TCEP) and freeze-dried (**Figure S15**), the resultant freeze-dried PTL-pSBMA
210 powder could be quickly redispersed in water to reform a stable emulsion. When the
211 nanofilm formation is desired, the emulsion can be simply utilized as the dipping
212 solution to form the high-quality PTL-pSBMA nanofilm on solid surface (**Figure S16**).
213 By this process, a dense PTL-pSBMA nanofilm with a water contact angle of 65° and
214 a thickness of approximately 11-14 nm formed on virtually any material surface
215 (**Figure S17**). This result suggests that at the scale-up/commercial application stage,
216 PTL-pSBMA could possibly be offered to the consumer in a convenient powder form.
217 This state noticeably enhances the ease of use, transportation convenience, and storage
218 stability and corresponding shelf life of the product.



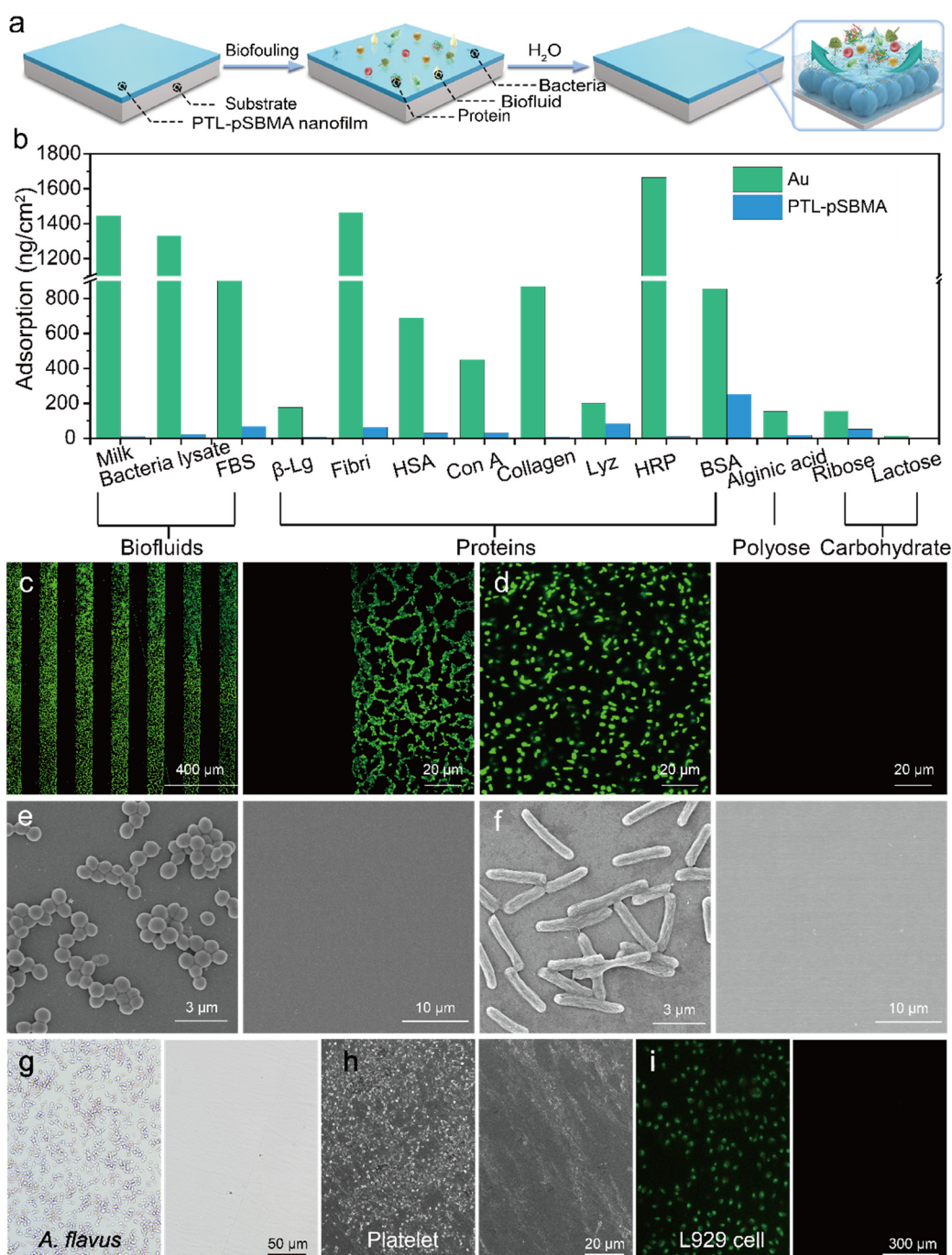
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220 **Figure 2.** Synthesis and rapid adhesion of the PTL-pSBMA nanofilm on a substrate. (a)
 221 Schematic illustration of the formation of PTL-pSBMA nanofilms on substrates by dip
 222 coating in freshly prepared PTL-pSBMA emulsion without or with dialysis, freeze-
 223 drying and re-dispersion in water; (b) CD spectra of Lyz-pSBMA and PTL-pSBMA
 224 solutions; (c) FTIR characterization of the Lyz-pSBMA and PTL-pSBMA powders and
 225 the corresponding deconvolution of the amide I regions; (d) ANS fluorescence of the
 226 PTL-pSBMA solution; (e-i) the tests of AFM (e), TEM (f), S_{2p} XPS (g), C/N ratio from
 227 the XPS (h) and WCA (i) on the PTL-pSBMA nanofilm; j) the optical transmittance of
 228 PTL-pSBMA nanofilm-coated quartz glass.

229 After forming the PTL-pSBMA nanofilm on a given surface, the XPS signals
230 corresponding to the core electrons of S_{2p} (167.5 eV) and N_{1s} (402.5 eV) from the
231 zwitterionic sulfobetaine side chains further reflected that the polymer chains were
232 significantly exposed on the nanofilm surface (**Figure 2g**). The XPS signals also
233 indicated the simultaneous presence of anionic groups (carboxyl and sulfo) and cationic
234 groups (amine) on the nanofilm surface (**Figure S18**). In addition to the good water
235 dispersity and stable storage properties, PTL-pSBMA also exhibited high interfacial
236 adhesion activity (10 times higher than common detergents) (**Figure S19**) and
237 robustness under various harsh conditions, which further strengthens its use for scale-
238 up applications. First, simply dipping the target surface in the PTL-pSBMA solution for
239 just 1-5 min is enough to form a dense PTL-pSBMA nanofilm on various substances,
240 such as mica, silica wafers, glass, Au, polycarbonate (PC) and indium tin oxide (ITO).
241 The nanofilm on these substrates showed a dense monolayer of oligomers with a
242 consistent thickness (approximately 11-14 nm) (**Figure S20**), C/N atomic ratio from
243 the XPS spectra and water contact angle (approximately 60°) (**Figure 2h, 2i**) as well as
244 almost uniform 100% optical transmittance between 350 and 800 nm (**Figure 2j**). The
245 corresponding C_{1s} and N_{1s} signals in the XPS spectrum of the PTL-pSBMA nanofilm
246 further reflected the presence of a variety of functional groups, including amino,
247 guanidyl, carboxyl, hydroxyl, and grafted pSBMA, on the film surface (**Figure S21**),
248 which are responsible for the stable interfacial adhesion onto a variety of solid
249 surfaces⁴³. Second, the PTL-pSBMA nanofilm did not show notable changes in surface
250 topography or film thickness (**Figures S22-S24**) after being subjected to stringent
251 treatments, such as extreme pH (2-11), organic solvents (dimethyl sulfoxide (DMSO),
252 acetonitrile, petroleum ether, and ethyl acetate), adhesive tape peeling and even plasma
253 irradiation, indicating the robustness of the PTL-pSBMA nanofilm under a wide range
254 of external conditions.

255 Based on the classical antifouling property of the pSBMA block, the good features
256 of the PLT-pSBMA layer were further highlighted by its excellent biofouling resistance,
257 which is another highly desirable property for functional textiles (**Figure 3a**). As
258 examined by quartz crystal microbalance with dissipation (QCM-D), in contrast to bare

259 Au, the PTL-pSBMA nanofilm showed superior resistance to nonspecific adsorption of
260 a series of biofluid mixtures (e.g., milk, foetal bovine serum [FBS], bacterial lysate),
261 adhesive proteins (e.g., β -lactoglobulin [β -Lg], fibrinogen [Fibri], human serum
262 albumin [HSA], concanavalin A [Con A], lysozyme [Lyz], horseradish peroxidase
263 [HRP], bovine serum albumin [BSA]), and extracellular matrix (ECM) components
264 (e.g., proteins, polysaccharides and carbohydrates) (**Figure 3b**)⁴⁴. For example, the adsorption
265 capacity of the PTL-pSBMA film to milk and human serum albumin was as low as 10
266 ng/cm², while the adsorption capacity of blank Au to those substances is >1400 ng/cm²
267 (**Figure S25**). The resistance to bacterial adhesion by the nanofilm was then directly
268 visualized by incubating the micropatterned PTL-pSBMA nanofilm (**Figure S26**) in
269 bacterial liquid (*E. coli*, *S. aureus*) for a certain culture period. In this way, the
270 micropatterned bacterial adsorption was observed on the blank area (**Figure 3c**) but not
271 the PTL-pSBMA-coated region (**Figure 3d-3f**). The clear contrast between blank and
272 the PTL-pSBMA-coated surfaces indicated the effective inhibition of nonspecific
273 bacterial adhesion on the PTL-pSBMA nanofilm. In addition to bacteria, the PTL-
274 pSBMA nanofilm also showed good resistance to the adhesion of typical fungi, such
275 as *Aspergillus flavus*, *Aspergillus niger*, *Penicillium citrinum*, and *Candida albicans*
276 (**Figure 3g, Figure S27**)⁴⁵. In addition to microbes, the nonspecific adsorption of
277 human platelets and a fibroblast cell line (L929) was also largely suppressed on the
278 PTL-pSBMA-modified surface (**Figure 3h, 3i**). Accordingly, the above results showed
279 the great potential of PTL-pSBMA-modified fabrics to prevent mildew and rot in
280 commodity articles, clothes, kitchenware and foods. By further doping PTL-pSBMA
281 with antibacterial peptides such as ϵ -polylysine (PL)^{46,47}, the bactericidal functions on
282 agar plates and in simulated sweat (65% RH, 25°C for 20 days) presented 99.9%
283 antibacterial activity towards *E. coli* (ATCC25922) and *S. aureus* (ATCC6538) (**Figure**
284 **S28-S31**)⁴⁸. This result is promising for constructing self-bactericidal anti-staining
285 coatings on textiles and kitchenware.



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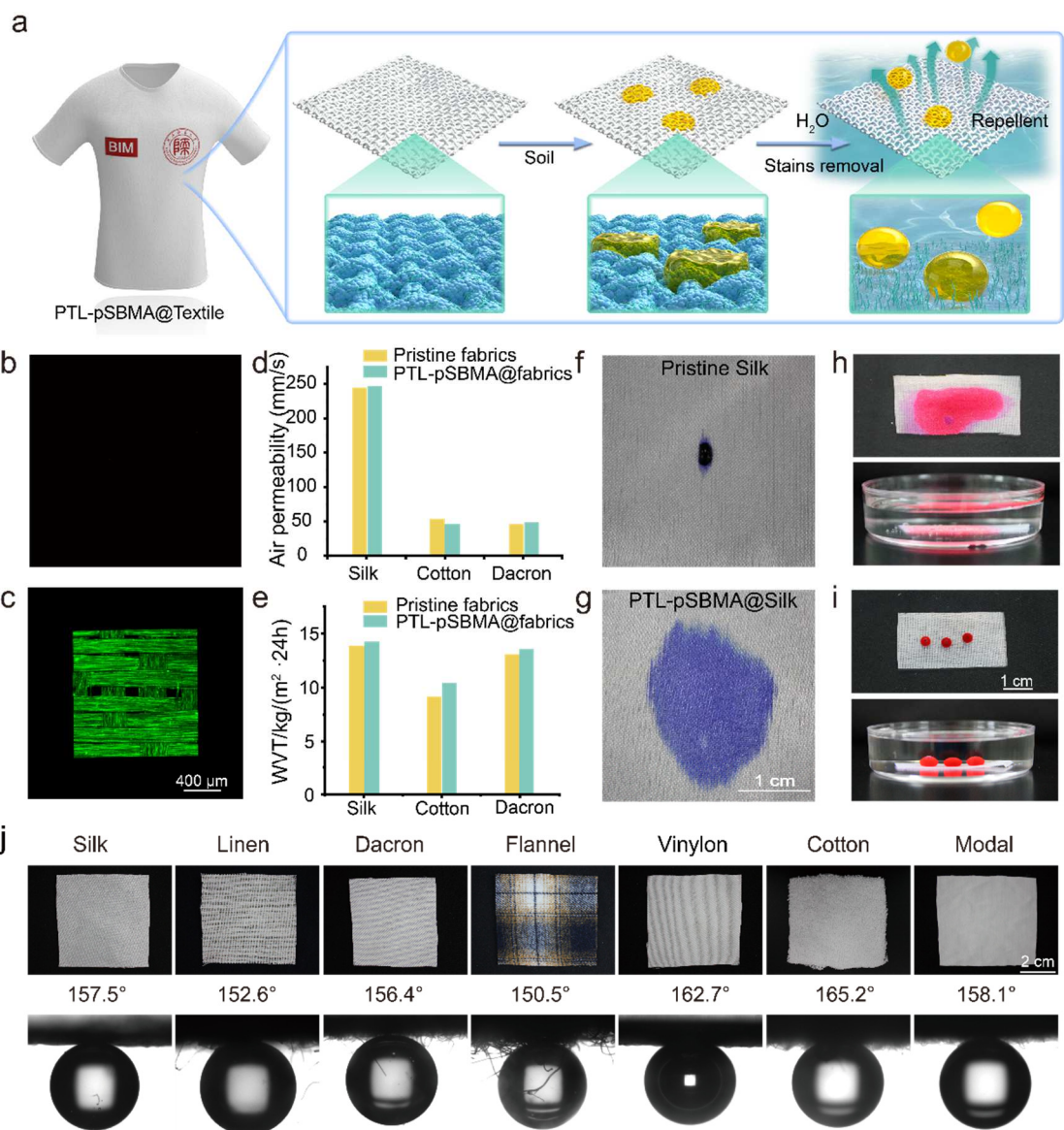
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Figure 3. Antifouling property of the PTL-pSBMA nanofilm. (a) Schematic illustration of the formation of the PTL-pSBMA nanofilm and its antifouling property towards various fouling agents. (b) Biofluid, protein, polyose and carbohydrate adsorption on bare Au chips and PTL-pSBMA nanofilm-coated Au chips. (c) Laser scanning confocal microscopy (LSCM) images showing the patterned adherence of *S. aureus*. (d) *E. coli* cultured on bare glass and PTL-pSBMA@glass. FE-SEM images showing *S. aureus* (e) and *E. coli* (f) adherence to a bare silicon wafer (left) and the PTL-pSBMA nanofilm (right). (g) Optical microscopy images showing *A. flavus* adherence to the PS culture dish (left) and PTL-pSBMA nanofilm (right). (h) FE-SEM images showing the platelets adhered to the bare glass (left) and PTL-pSBMA nanofilm (right), and (i) LSCM images showing L929 cells adhered to the bare glass (left) and PTL-pSBMA nanofilm (right).

298 The robustness and universal adhesion capability of PTL-pSBMA highlighted its
299 great value for the development of functionalized fabrics and smart textiles. To date,
300 few universal methods can functionalize fabric surfaces without changing the original
301 properties of the fabric, such as its optical appearance, biocompatibility and
302 breathability. In this context, the present work offers a universal strategy to create
303 stealthy coatings on a variety of mainstream fabrics, such as linen, flannel, cotton,
304 vinylon, silk, modal cotton, and Dacron (**Figure 4a**). By using FITC-labelled Lyz-
305 pSBMA in the phase transition, the resultant PTL-pSBMA coating on the textile surface
306 was clearly visualized under a fluorescence microscope (**Figure 4b, 4c, S32**)⁴⁹. In
307 contrast to conventional universal coatings, such as black or brown polydopamine or
308 polyphenol/Fe complexes, the PTL-pSBMA coating was optically transparent and had
309 a thickness of 14 nm. Such a thin proteinaceous coating with stealth optical properties
310 did not affect the wearing comfort of clothing, as the air and moisture permeability of
311 silk, cotton and Dacron after PTL-pSBMA modification were basically the same as
312 those of the unmodified fabrics (**Figure 4d, 4e**). With the introduction of the
313 hydrophilic zwitterionic pSBMA polymer, the subsequent WCA test indicated a large
314 increase in hydrophilicity on the modified fabrics, since after modification, the WCAs
315 on silk, gunny and modal changed from 130°, 130° and 50° to 10.2°, 0° and 0°,
316 respectively (**Figure S33**). As a result, water-based ink droplets spread completely on
317 the PTL-pSBMA-coated silk surface while maintaining poor wetting on the pristine silk
318 surface (**Figure 4f, 4g**). The high hydrophilicity of PTL-pSBMA offered a surface
319 hydration layer on the modified fabric surface, which supported good underwater oil
320 repellence by blocking oil droplets from approaching the fabric surface. For this reason,
321 while Nile red-dyed dichloromethane (DCM) droplets completely diffused into pristine
322 silk cloth (**Figures 4h, S34**), such oil droplets exhibited an underwater oil contact angle
323 (OCA) >150° on the modified fabric surfaces (**Figure 4i, S35**). In addition to organic
324 solvents, edible oils such as rapeseed oil also showed OCAs >150° on a series of typical
325 fabric surfaces (**Figures 4j**). This underwater superoleophobic property of PTL-
326 pSBMA is also robust, as it did not change substantially after doping with different
327 concentrations of external molecules (e.g., antibacterial PL) (**Figure S36**).

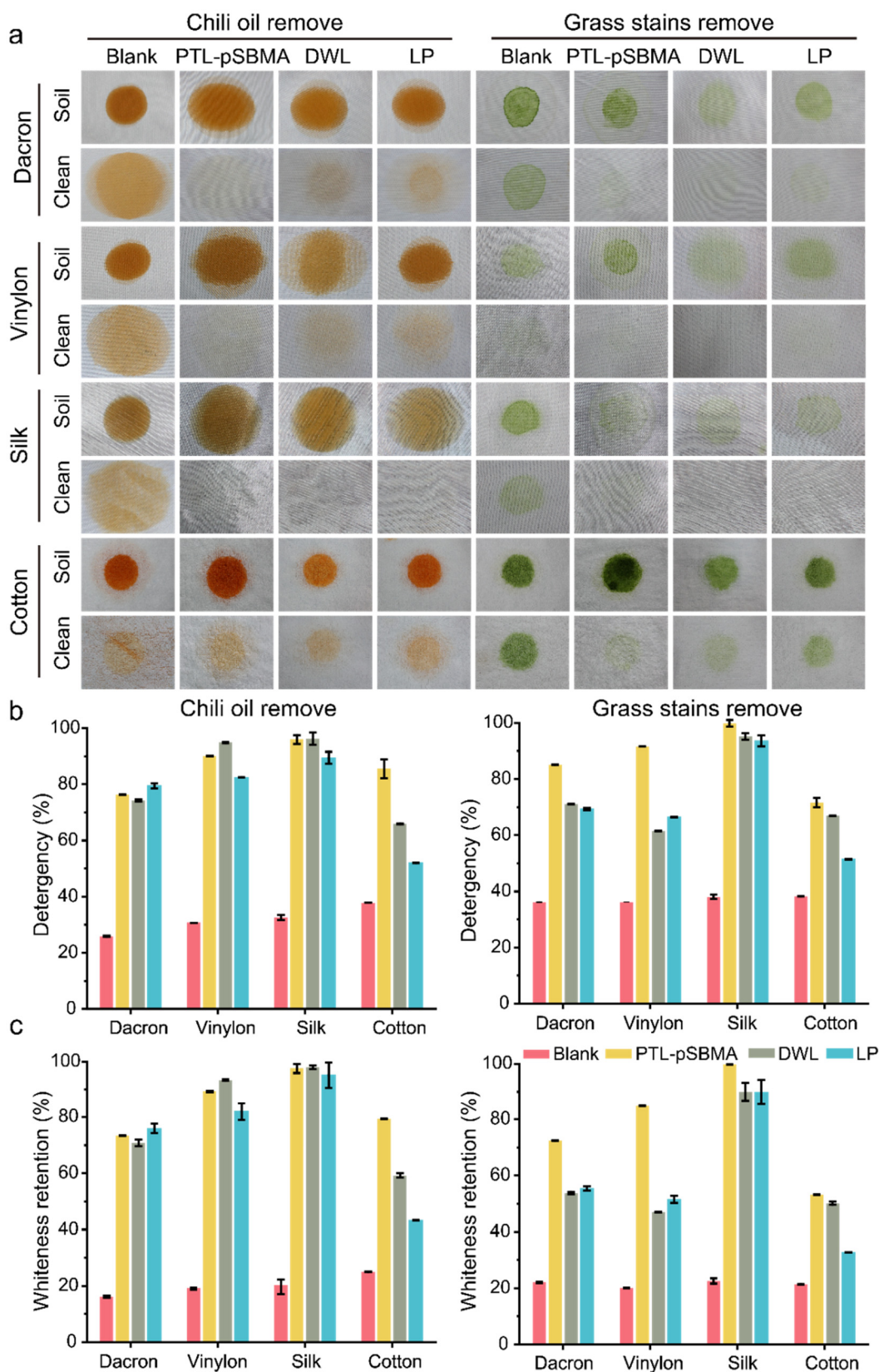


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 329 **Figure 4.** Surface modification of fabrics by PTL-pSBMA. (a) Schematic diagram of
 330 the surface modification of fabrics by PTL-pSBMA and stain removal with water. (b,
 331 c) LSCM images showing the PTL-pSBMA@fabrics modified by FITC labelled Lyz-
 332 pSBMA. (d, e) Air (d) and moisture (e) permeability tests before and after the PTL-
 333 pSBMA modification. (f, g) Photographs of pristine silk (f) and PTL-pSBMA@silk (g)
 334 after the deposition of an ink droplet. (h, i) Photographs of pristine silk (h) and PTL-
 335 pSBMA@silks (i) after dropping Nile red-dyed dichloromethane droplets under water.
 336 (j) Photographs of PTL-pSBMA-modified fabrics and the underwater oil contact angles.

337

338 The above results shed important light on easy oil removal from textile surfaces,
 339 since oil stains on fabric (i.e., clothes) is a big issue that consumes large amounts of
 340 water, detergent and energy during washing. In this context, the hydrophilicity
 341 enhancement and resultant superoleophobicity after attachment of the PTL-pSBMA
 342 nanofilm coating to the fabric surface is highly desirable and holds great promise to

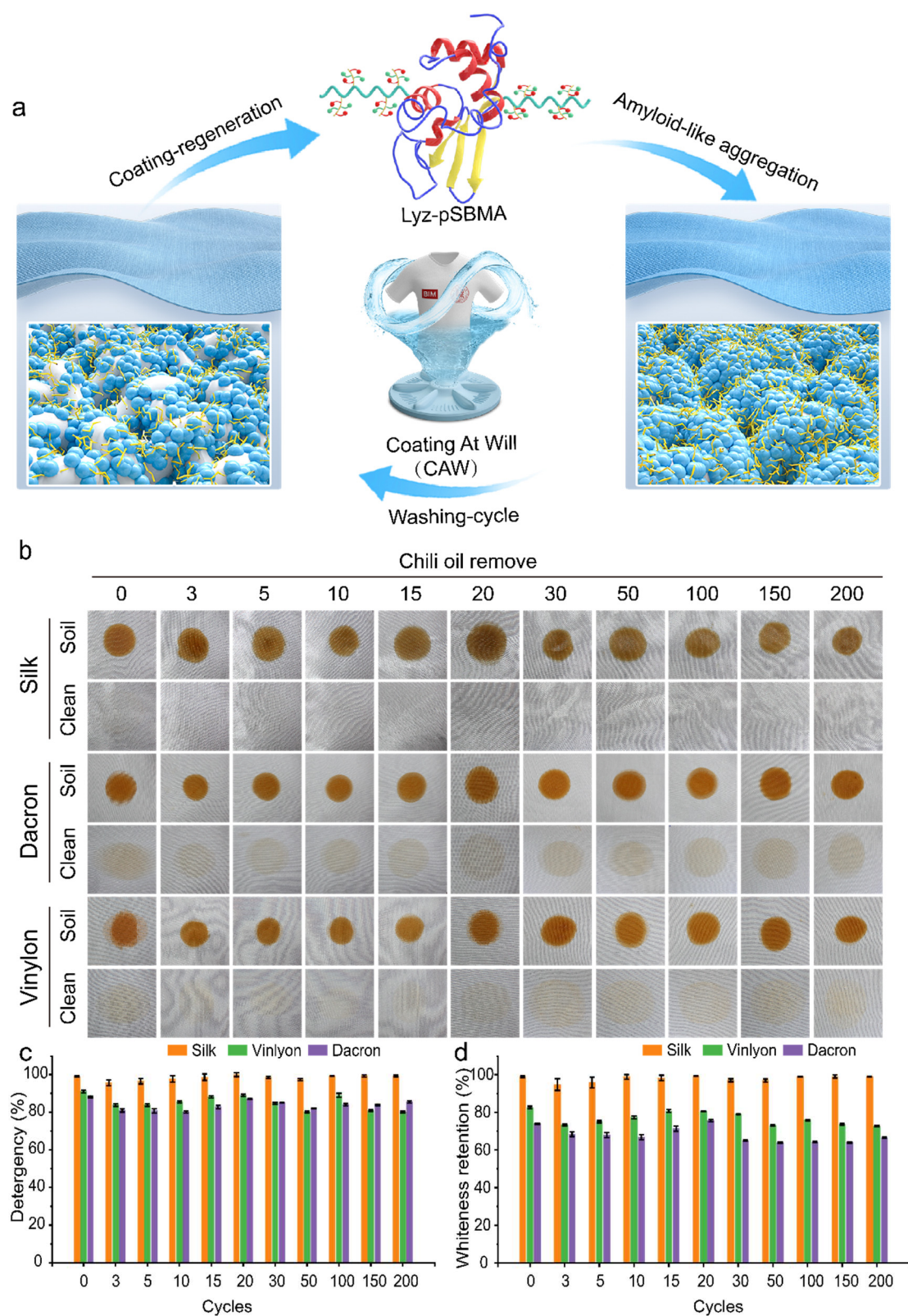
343 develop a detergent-free oil removal protocol by pure water washing, which would
344 significantly reduce the consumption of precious water and energy resources and
345 decrease the ecological impact from detergents (**Movie S1**). For this purpose, the ability
346 of PTL-pSBMA-modified fabrics to resist common stains, including chili oil, ketchup,
347 grass, and coffee, was then examined (**Figure S37**). In this test, the same amounts of
348 these four kinds of stains were applied to the surfaces of pristine fabrics and PTL-
349 pSBMA@fabrics (Dacron, vinylon, silk and cotton). The following washing steps were
350 divided into four groups: (1) the blank group consisting of pristine cloth with the four
351 stains followed by machine washing with water; (2) the PTL-pSBMA@fabrics group
352 consisting of the PTL-pSBMA-modified cloth with the four stains followed by machine
353 washing with water; (3) the DWL group consisting of pristine cloth with the four stains
354 followed by machine washing with dishwashing liquid (DWL); and (4) the LP group
355 consisting of pristine cloth with the four stains followed by machine washing with
356 laundry powder (LP). By photographing and determining the detergency and whiteness
357 retention of the fabrics⁵⁰, it was clearly observed that for water-soluble stains (e.g.,
358 ketchup and coffee), the detergency and whiteness retention in the PTL-pSBMA, DWL
359 and LP groups were basically the same, and all were greater than those in the blank
360 group (**Figures S38, S39**). This result indicated that with the use of the PTL-pSBMA
361 coating, simple machine washing by water without the use of detergent is enough to
362 achieve conventional detergent-based cleaning performance for water-soluble stains.
363 Further, by quantifying the detergency and whiteness retention of the four groups of
364 fabrics polluted with oil-soluble stains including chili oil and grass, it was then found
365 that the PTL-pSBMA-modified fabric group presented the same or even better cleaning
366 performance than the DWL and LP groups, and the values in these three groups were
367 ~4-fold enhancement from those in the blank group (**Figure 5 and Movie S2**). For
368 another control, the anti-oil stain performance of the fabrics after dip-coating in the PTL
369 (phase-transitioned lysozyme) or pSBMA was basically the same as that in the blank
370 group, and both were lower than that of PTL-pSBMA (**Figure S40**). This result further
371 proved that the phase transition of Lyz-pSBMA is a key step to support excellent oil
372 resistance for detergent-free water cleaning.



373

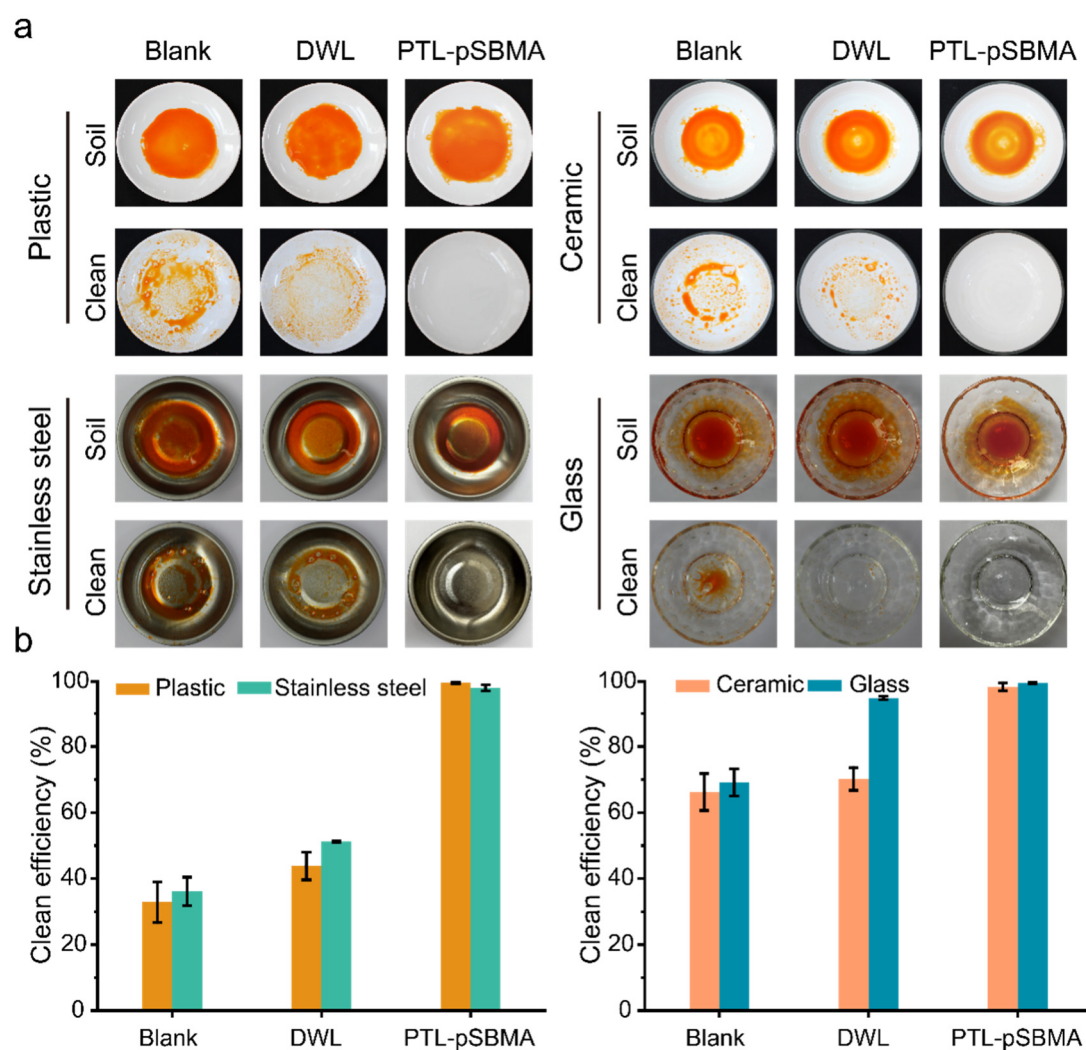
374 **Figure 5.** The stain resistance of PTL-pSBMA-modified fabrics. (a, b) Optical images
 375 showing removal of chili oil and grass stains from white Dacron, vinylon, silk and
 376 cotton fabrics in the groups of blank, PTL-pSBMA, conventional DWL and LP; (c, d)
 377 the corresponding detergency and whiteness tests to (a, b).

378 The scale-up application of the PTL-pSBMA technique is closely correlated to
379 three factors, including long-lasting oil stain resistance, application breadth and
380 additional biological impact on the ecosystem. First, the long-lasting oil stain resistance
381 of PTL-pSBMA-modified fabrics strongly depends on the easy adhesion and excellent
382 stability of the amyloid-like protein-polymer layer on the fabrics. In this regard, the
383 unique advantage of PTL-pSBMA compared with existing examples is its rapid filming
384 capability on versatile surfaces and robust interfacial adhesion stability, which thus
385 enable long-term oil stain resistance through circulating fabric surface modification.
386 For this purpose, the PTL-pSBMA-modified fabrics after oil staining were subjected to
387 treatment in a washing machine with water, and it was found that the oil resistance
388 could be well maintained after 20 washing-staining cycles (**Figure S41**). After that, the
389 fabric could be remodified with PTL-pSBMA by simple dip coating in the PTL-pSBMA
390 emulsion, and the refreshed PTL-pSBMA@fabrics again showed excellent oil
391 resistance after periodic washing-staining cycles. By this coating-regeneration process
392 (CAW concept), the excellent detergency performance of PTL-pSBMA-modified silk,
393 vinylon and Dacron was well maintained for at least 200 cycles of washing-
394 regeneration (**Figure 6**). Second, regarding the expendability of the application scope,
395 the PTL-pSBMA-supported detergent-free cleaning method of textiles was further
396 extended to clean kitchenware, such as plates, bowls and dishes. In the chili oil
397 resistance test, the cleaning efficiencies of the PTL-pSBMA-modified dishes (plastic,
398 stainless steel, ceramic and glass plates) were all above 99%, which were significantly
399 higher than those of the DWL and blank groups (**Figure 7 and Movie S3**). More
400 importantly, due to the ease of oil stain cleaning, the cleaning time (correlating to energy)
401 and water consumption in the PTL-pSBMA group were decreased by at least 50%
402 compared with those in the DWL group (**Figure S42**). These results indicated that PTL-
403 pSBMA could not only reduce the large dosage of detergent needed for kitchenware
404 cleaning but also significantly decrease the consumption of water and energy (more
405 than 50%) during the tableware oil cleaning process.



406

407 **Figure 6.** The CAW concept-based oil removal on the PTL-pSBMA-modified fabrics
 408 (a). Optical images to show the removal of chili oil from the CAW-based PTL-pSBMA-
 409 modified white Dacron, vinylon and silk fabrics for 0-200 cycles of washing and
 410 staining (b); (c, d) the corresponding detergency and whiteness retention of PTL-
 411 pSBMA@fabrics to (b).



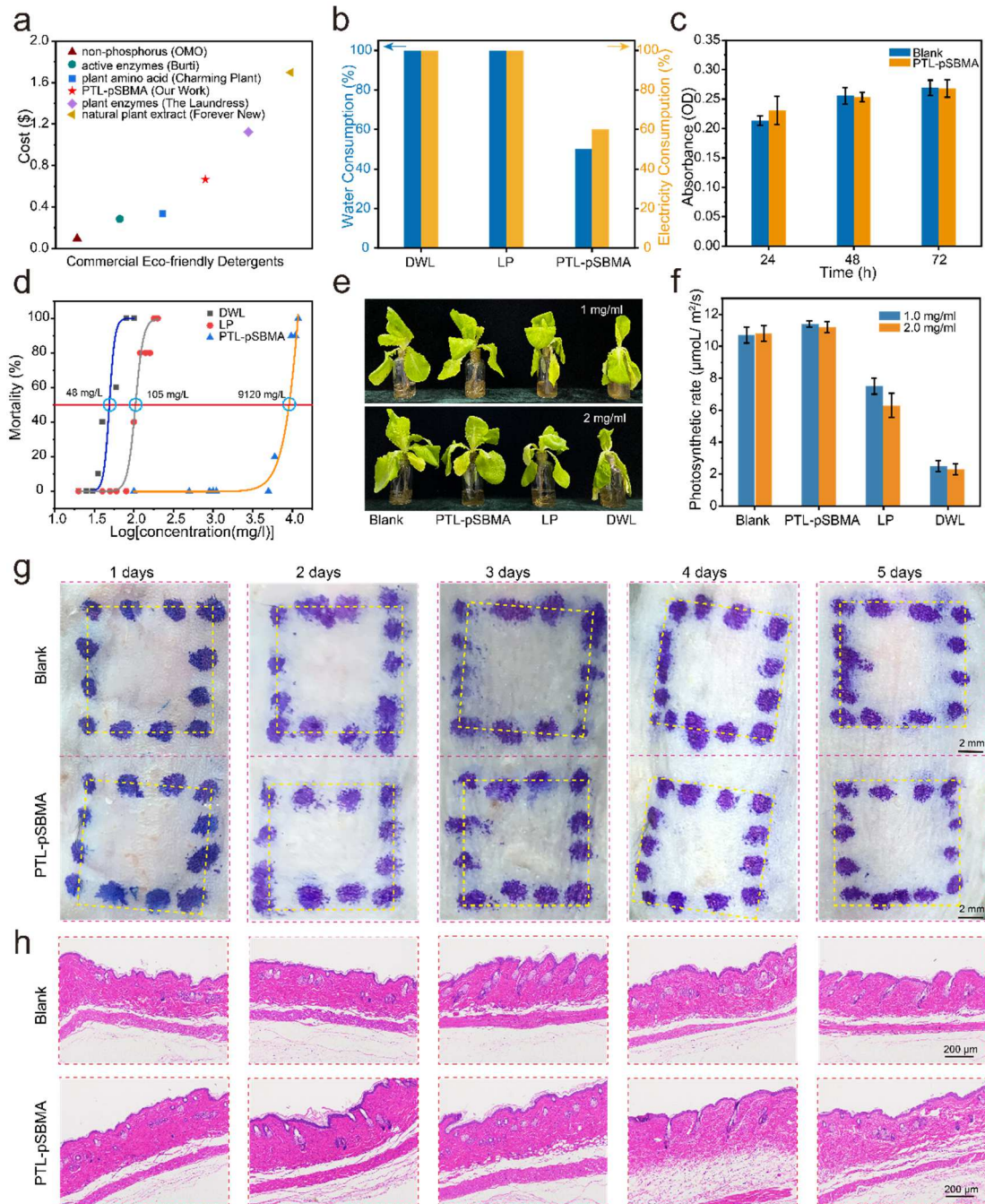
412

413 **Figure 7.** The optical images to show cleaning effect of PTL-pSBMA compared to
 414 DWL to remove chili oil from plastic, stainless steel, ceramic, and glass plates (a) and
 415 the corresponding cleaning efficiency values (b).

416

417 On the basis of the excellent oil resistance, a series of requirements for sustainable
 418 scale-up application are further explored. From the perspective of material cost and
 419 energy consumption, the cost to wash 1 kg clothes by PTL-pSBMA is approximately
 420 \$0.675, which is much lower than those of plant enzymes and natural plant extract
 421 detergent (**Figure 8a**). Low reagent cost is further supported with a low washing dosage,
 422 as the consumption of PTL-pSBMA to wash clothes is only 2.5% of DWL or LP
 423 (**Figure S43, S44**)⁵¹⁻⁵³. It was further determined that compared with conventional
 424 DWL and LP treatments, PTL-pSBMA utilization could reduce water consumption by
 425 50% and electricity consumption by 40% (**Figure 8b**). Furthermore, due to the

426 proteinaceous nature and biocompatibility of betaine derivatives, the negligible
427 cytotoxicity of PTL-pSBMA was then reflected by the MTT method in L929 cells
428 (**Figure 8c**). Then, the biological friendliness of PTL-pSBMA was again confirmed by
429 classical behavioural and developmental evaluations of larval deformation in aquatic
430 creatures. This method is often utilized as a standard evaluation protocol for
431 commercial detergents. Based on the mortality (%) test for zebrafish, the LC50 (median
432 lethal concentration) for the test detergent samples were found to be 9.120, 0.105 and
433 0.048 g/L for PTL-pSBMA, LP and DWL, respectively (**Figure 8d**). This suggests that
434 DWL and LP are highly toxic to zebrafish, while PTL-pSBMA, which showed a rather
435 high LC50, had basically no toxic effects on zebrafish. In addition to aquatic animals,
436 the effect of PTL-pSBMA in water on plant growth was further evaluated, since
437 domestic wastewater often plays an important role in agricultural irrigation. By
438 photographing and measuring the photosynthetic rates after culturing aquatic lettuce
439 with PTL-pSBMA, DWL and LP at concentrations of 1 mg/mL and 2 mg/mL
440 respectively, it was found that the growth status of the plants in the groups of PTL-
441 pSBMA and blank (without the use of any PTL-pSBMA or other detergents) was
442 basically the same; in these groups, the leaves and roots were not withered, and the
443 photosynthetic rate was normal (**Figure 8e, 8f**). However, in the DWL and LP groups,
444 the leaves withered, roots turned brown, and photosynthetic rates decreased
445 significantly. This result indicated that in contrast to the notable toxicity of DWL and
446 LP, PTL-pSBMA had no significant influence on the growth of lettuce, proving its low
447 negative impact on the ecological environment. The biocompatibility of PTL-pSBMA
448 was further assessed based on a skin irritation test by directly applying the PTL-
449 pSBMA@fabrics to the rear skin of male mice. Similar to the results observed in the
450 blank group (pristine fabrics), neither erythema nor oedema was found after 1, 2, 3, 4,
451 and 5 days^{54,55}, and the haematoxylin and eosin (H&E) staining images further indicated
452 that there were no visible histopathological abnormalities in all tested regions covered
453 with PTL-pSBMA@fabrics (**Figure 8g-h**). Consequently, the principal irritation
454 indices of the PTL-pSBMA@fabrics were all negligible.



455

456 **Figure 8.** Economic and safety evaluation of PTL-pSBMA. (a) Cost comparison
 457 between PTL-pSBMA and commercial eco-friendly detergents; (b) the comparison of
 458 water and electricity consumption between PTL-pSBMA and commercial DWL and LP;
 459 (c) the cytotoxicity test of the PTL-pSBMA nanofilm; (d) the mortality test of zebrafish
 460 for the PTL-pSBMA, LP and DWL; (e, f) Photosynthetic rates of hydroponic lettuce
 461 treated with the groups of the PTL-pSBMA, LP and DWL after 48 h of cultivation at
 462 1 and 2 mg/mL, respectively; (g, h) optical and H&E staining images showing mouse
 463 back contacting with the blank and PTL-pSBMA@fabrics for 1-5 days.

464

465

466

467 **3. Conclusion.**

468 In conclusion, the present work addressed the issue of aggressive detergent pollution
469 impeding sustainable society development and endeavoured to develop a detergent-free
470 cleaning concept for fabrics and kitchenware. This concept featured the manipulation
471 of the amyloid-like aggregation of lysozyme-pSBMA, a protein-zwitterionic polymer
472 conjugate. The resultant product, PTL-pSBMA, as a new type of surface-active
473 substance, quickly primed virtually arbitrary surfaces (metal, glass, plastic, ceramic and
474 fabric) at a low dosage (0.005% w.t.) to impart them with high hydrophilicity and
475 corresponding excellent underwater superoleophobicity. The resultant PTL-pSBMA
476 coating on fabrics and kitchenware could autonomously remove oily stains (chili oil,
477 grass stains, coffee and ketchup) by the hydrophilic polymer chains, leading to the facile
478 water-induced removal of the oily stains without the addition of detergent. This method
479 achieved a cleaning efficiency comparable to or even better than those of normal
480 detergent-based cleaning, and the CAW (coating at will) concept was further proposed
481 to regenerate the PTL-pSBMA-primed surface at any time by simple recoating with
482 PTL-pSBMA. In this way, the detergent-free water cleaning mode supported by the
483 PTL-pSBMA coating on fabrics and kitchenware can be maintained for an unlimited
484 period (passing through at least 200 washing-staining cycles). Compared with the
485 normal detergent-based cleaning mode, the water and energy consumption with the
486 PTL-pSBMA system was reduced by 40%-50%. In further combination with its cost-
487 effectiveness (\$675/ton), low washing dosage, good optical transparency and
488 biocompatibility, as well as excellent anti-biofouling properties, the PTL-pSBMA and
489 corresponding CAW concept opens a door for household and industrial detergent-free
490 cleaning with outstanding cleaning efficiency and ecological safety, providing a solid
491 market-ready base to power the development of a sustainable modern society with a
492 minimized ecological impact. In light of the great importance of surface wettability
493 modulation in advanced technologies, it is further expected that our strategy may evoke
494 great interest in a variety of relative fields to stimulate the development of sustainability
495 science and technology, such as droplet manipulation, membrane separation, resource
496 recycling and water protection.

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509

510 **Conflicts of Interest.**

511 The authors declare no conflicts of interest.

512

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