The Everlasting Peak of the COVID-19 Pandemic in Mexico

Irving Armando Domínguez-Varela (✉ irv_dominguez@hotmail.com)

Instituto Tecnológico y de Estudios Superiores de Monterrey <https://orcid.org/0000-0002-2575-9334>

Original Research

Keywords:

Posted Date: February 4th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-195231/v1>

License: This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Abstract

In Mexico, like other Latin American countries, they have been among the most affected worldwide. And not only COVID-19 attacked us, but also political problems, crime, the high prevalence of chronic degenerative diseases, the lack of job opportunities for families with low income and the lack of seriousness on part of a federal government facing a global problem. COVID-19 cases and deaths continue rising, better strategies, unity, leadership and a little of patience is needed to get ahead this never-ending crisis.

Main Text

In times of the pandemic that has taken everyone by surprise and in the middle of a chaotic government administration, in a country involved in both political and social dilemmas, with a government that in order to clean its image, both nationally and internationally, distorted reality of the number of infections and deaths from COVID-19, hiding real figures with a low level of tests performed.[1] In the middle of this devastating year, we have a third-world-country with a president (López-Obrador) who boasted of being prepared to face this pandemic without concern and without a clear strategic outlook to prevent what happens to us today. “It’s like we doctors are living in two different worlds”, those were the words of the doctors at the beginning of the pandemic, and they raise it again with the idea that at the height of the contagion peak, the reopening of businesses would be decided to recover[2].

As of January 07, Mexico had one of the highest numbers of confirmed cases and deaths (1,493,569 and 131,031, respectively) in the region.[3] And we know that the future of the country will not only remain in the death toll from COVID-19 during the pandemic, it will also affect the economic recovery, the poor planning of a government that has barely been in office for one and a half years, unemployment, the lack of job opportunities, the unstoppable crime (average of 80 intentional homicides per day)[4] and not to mention all the patients with chronic degenerative diseases that have not been checked. And all this added to a government that maintains its position that everything is under control.

The sub-secretary of health of our country began in February 2020 to design a work plan for both public and private sectors of hospital environment, and everything seemed to work well until the peak of cases began. The maximum peak of infected by COVID-19 has not arrived and it has been almost four months (Since May) saying that the peak is approaching by changing the date of said event.[5] That makes us ask ourselves that question of why in other countries they reached a peak and immediately fell, and why do we continue to rise and rise without seeing the maximum peak? This leads us to different ideas which would be that we had more experience from the eastern countries, and we flattened the curve for a longer period, or we simply could not control the curve because we have not had the brake that other countries with greater economic resources could. Probably in our country there is a greater number of people with comorbidities that represent a risk factor for morbidity and mortality from COVID-19.

In the midst of a pandemic, where people in general prefer to express their opinion and trust to what their acquaintances take, instead of looking for scientific evidence. Where traders play with people's ignorance and sell them products that do not protect them against a probable infection.[6] We find a government with a posture inclined towards economic recovery rather than towards health protection, and with this we can only wait until we have a vaccine or that everyone has immunity from being infected, whichever of the two occurs first.

In addition to all these problems, nine governors requested the resignation of the sub-secretary of health, as they consider that the strategy to manage and contain the COVID-19 pandemic has failed. And as if it were a mockery, the president focuses more on his government strategy of more hugs and not gunshots, recommending that the best way to combat the pandemic is "not to get sick".

In a country where people demand that the government give them Chlorine dioxide as a cure for SARS-CoV-2.[7] The real question would be if what really need to be treated in this country is not COVID-19 but the epidemic ignorance in the country. In a country where you feel ashamed to talk about politics or economics with a lawyer or financier respectively, but you don't feel ashamed talking about medicine with a doctor.

Millions of Mexicans must work together with the government to get ahead of this crisis. If they do not do so, each one will go their own way without being able to get out of this black hole in which we find ourselves and from which we do not even know if we have gone through the worst that is "the never-ending peak".

Declarations

Funding: Not applicable

Conflict of Interest/Competing interests: The author declares no conflict of interests.

Availability of data and material: Not applicable

Code availability: Not applicable

Authors' Contributions: No applicable

Ethics approval: Not applicable

Consent to participate: Not applicable

Consent for publication: Not applicable

Acknowledgments: None

References

1. Hidden Toll: Mexico Ignores Wave of Coronavirus Deaths in Capital - The New York Times. <https://www.nytimes.com/2020/05/08/world/americas/mexico-coronavirus-count.html?searchResultPosition=1>. Accessed 07 Jan 2021
2. Reabrir la economía de México en medio de una transmisión intensa puede acelerar los casos de COVID-19 | Noticias ONU. <https://news.un.org/es/story/2020/07/1477301>. Accessed 07 Jan 2021
3. Información Internacional y Nacional sobre nuevo Coronavirus (COVID-2019) | Secretaría de Salud | Gobierno | gob.mx. <https://www.gob.mx/salud/documentos/informacion-internacional-y-nacional-sobre-nuevo-coronavirus-2019-ncov>. Accessed 07 Jan 2021
4. Informe Seguridad. <http://www.informeseguridad.cns.gob.mx/>. Accessed 05 Jan 2021
5. Pico máximo de la epidemia de Covid-19 será el 8 de mayo: López-Gatell | Video | Aristegui Noticias. <https://aristeginoticias.com/0505/mexico/nuevo-pico-maximo-de-la-epidemia-8-de-mayo-lopez-gatell-video/>. Accessed 08 Jan 2021
6. Covid-19: Altos costos en hospitales privados y daño patrimonial. <https://www.forbes.com.mx/economia-covid-19-altos-costos-hospitales-privados-dano-patrimonial/>. Accessed 06 Jan 2021
7. Coronavirus | Dióxido de cloro, el peligroso químico que se promociona como cura para el covid-19 y sobre el que advierten los expertos - BBC News Mundo. <https://www.bbc.com/mundo/noticias-52303363>. Accessed 06 Jan 2021