

# Lateral septum adenosine A2A receptors control stress-induced depressive-like behaviors via signaling to the hypothalamus and habenula

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## Article

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**Lateral septum adenosine A<sub>2A</sub> receptors control stress-induced depressive-like behaviors via signaling to the hypothalamus and habenula**

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47 **Abstract**

48 Depression is the single largest contributor to the burden of disease, yet the current antidepressant  
49 medications are limited by high non-responsiveness and significant side effects. The lateral septum  
50 (LS) is thought to control of depression, however, the cellular and circuit substrates are largely  
51 unknown. Here, we identified a subpopulation of LS GABAergic adenosine  $A_{2A}$  receptors ( $A_{2A}R$ )-  
52 positive neurons mediating depression via direct projects to the lateral habenula (LHb) and the  
53 hypothalamus. Activation of  $A_{2A}R$  in the LS augmented the spiking frequency of  $A_{2A}R$ -positive neurons  
54 leading to a decreased activation of surrounding neurons. Accordingly, modulation of LS- $A_{2A}R$ -positive  
55 neurons activity via optogenetic stimulation formatted depressive-like phenotype and the  
56 optogenetic activation of LS- $A_{2A}R$ -positive neurons projection terminals to the LHb or the  
57 hypothalamus, phenocopied depressive behaviors. Moreover, we shown a selective upregulation of  
58  $A_{2A}R$  in the LS in two mouse models of repeated stress-induced depression and in postmortem brains  
59 of suicide completers suffered from depression disorder, and the bi-directional manipulation of LS-  
60  $A_{2A}R$  activity demonstrated that LS- $A_{2A}R$ s are necessary and sufficient to trigger depressive phenotypes.  
61 This identification that aberrantly increased  $A_{2A}R$  signaling in the LS is a critical upstream regulator of  
62 repeated stress-induced depressive-like behaviors provides a neurophysiological and circuit-based  
63 justification of the antidepressant potential of  $A_{2A}R$  antagonists, prompting their clinical translation.

64

65 **Keywords:** Depression, Lateral Septum, Adenosine  $A_{2A}$  receptor ( $A_{2A}R$ ), Lateral habenula,

66 Hypothalamus

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## 68 **Introduction**

69 Depression is the single largest contributor to the burden of disease, affecting more than 300 million  
70 people worldwide (1). A major risk of depression is suicide ideation, with over 65% of suicide  
71 completers being affected by mood disorders (2). The traditional antidepressant treatments, such as  
72 with selective serotonin reuptake inhibitors, are limited by slow onset of therapeutic effects, limited  
73 effect size and high proportions of non-responsive patients and the newly emerging fast-acting  
74 antidepressant, such as ketamine, are associated with significant side effects such as addiction  
75 propensity (3). Thus, the identification of novel and effective therapeutic targets to develop  
76 antidepressants is critically needed.

77 The lateral septum (LS), a midline brain structure, has been implicated in a wide variety of functions,  
78 such as emotional, motivational, and social behavior (4, 5). Evidence is accumulating to relate an  
79 abnormal function of the LS with a directional control of stress-induced depressive behavior (reviewed  
80 in (4, 6)): from alterations in neural activity within the LS that correlate with the development of  
81 behavioral manifestations of depression in animal models, to the effects of antidepressant drugs on  
82 LS functioning, to antidepressant-like effects of cell signaling processes in LS neurons. Recent studies  
83 have identified that LS-GABAergic neurons trigger depression-related behaviors through their  
84 periaqueductal gray projections (7), while somatostatin-positive neurons in LS also influence  
85 depression-like behaviors (8). However, disentangling the precise LS circuitry associated with  
86 depressive phenotypes is still far from clear, since the LS is constituted by a majority of GABAergic  
87 neurons forming multiple superimposable circuits inter-linked by intra-septal intrinsic sub-circuits, so  
88 that LS sub-circuits often antagonize each other to influence behavioral outputs (4, 9). The problem is,  
89 in part, due to the complex architecture based on selective gene expression, especially the  
90 neuromodulatory receptors (9). Recently, we have found the expression of adenosine A<sub>2A</sub> receptors  
91 (A<sub>2A</sub>R), an important neuromodulatory receptor (10, 11), in LS via a novel knock-in transgenic mouse  
92 line (12), which raise our interest to explore its role in the regulation of depression.

93 Convergent epidemiological, genetic and pharmacological findings support a role of A<sub>2A</sub>R as a novel  
94 therapeutic target for depression. Human epidemiological investigation into dietary factors associated  
95 with depression unveiled that the consumption of caffeine, the most widely consumed psychoactive  
96 drug, by acting as a non-selective adenosine receptor antagonist (13, 14), is inversely correlated with  
97 depression and the likelihood of suicide in several cohorts (reviewed in (15, 16)). Also, polymorphisms  
98 of the human A<sub>2A</sub>R gene are associated with the incidence and clinical heterogeneity of depression  
99 (17). This potential link of adenosine signaling with depression is attractive since depression is  
100 intrinsically linked to chronic stress, adenosine levels are increased upon brain stressful conditions  
101 (reviewed in (18)) and the upregulation of A<sub>2A</sub>R in different brain regions is a proposed biomarker of  
102 the onset of neuropsychiatric diseases (19). The stress-induced alterations of the adenosine  
103 neuromodulation system are initially homeostatic in nature, but their persistent alteration upon  
104 chronic stress results in synaptic dysfunction (18), which has been proposed to underlie depressive-  
105 like behaviors (20). Indeed, repeated restraint stress (21) and chronic unpredictable stress (22) induce  
106 the upregulation of synaptic A<sub>2A</sub>R and the genetic deletion or pharmacological blockade of A<sub>2A</sub>R  
107 attenuate maladaptive features in various depressive-like behavioral paradigms (21-26). Notably, the  
108 antidepressant-like effect size of A<sub>2A</sub>R antagonists is equivalent to that of classical antidepressants  
109 such as desipramine in the rat learned helplessness model (25). Although the use of forebrain A<sub>2A</sub>R  
110 knockout mice has pinpointed a role for central A<sub>2A</sub>R in the control of depressive-like phenotypes (22),  
111 A<sub>2A</sub>R are located in different types of neurons in different limbic cortical areas that are associated with  
112 depression (27), including ventral tegmental area (VTA), medial prefrontal cortex (mPFC), lateral  
113 habenula (LHb), LS, amygdala and hippocampus. So, to identify the critical locus and neural circuits for  
114 A<sub>2A</sub>R antagonism to elicit antidepressant activity is still a key hurdle for the acceptance and  
115 development of A<sub>2A</sub>R-based therapies.

116 In the present study, we have identified a subpopulation of LS GABAergic A<sub>2A</sub>R-positive neurons  
117 mediating depression via direct projects to the LHb or the hypothalamus. Furthermore, the selective  
118 increased A<sub>2A</sub>R activity in the LS, shown in two chronic stress-induced depression mice models, was

119 necessary and sufficient for development of depressive-like behaviors. Consistently, an upregulation  
120 of A<sub>2A</sub>R was found in the LS of suicide completers suffered from depression disorder. Given the noted  
121 clinical safety profile of A<sub>2A</sub>R antagonists (28), these new insights offer a novel opportunity to treat  
122 depressive disorders by targeting LS-A<sub>2A</sub>R signaling.



## 123 Results

### 124 1. A<sub>2A</sub>R Expression Identifies a Subset of GABAergic LS Neurons

125 In our previous study, A<sub>2A</sub>R were observed in the LS and no staining was detected in the medial septum  
126 or the horizontal and vertical limbs of the diagonal band. To identify the projection areas of LS-A<sub>2A</sub>R<sup>+</sup>  
127 neurons, AAV2/9-syn-DIO-EYFP were injected into the LS of A<sub>2A</sub>R-Cre mice. Three weeks after injecting,  
128 the EYFP-positive projection terminals (*i.e.* from LS-A<sub>2A</sub>R<sup>+</sup> neurons) were found to target the  
129 dorsomedial hypothalamus (DMH) and the lateral habenula (LHb) (Figure 1A). To further validate the  
130 direct connection between LS and DMH or LHb, we used an AAV-mediated anterograde trans-synaptic  
131 tagging system (29). An AAV2/1-hsyn-mcherry-cre virus was injected into the LS, and AAV2/9-syn-DIO-  
132 EYFP virus was injected into the DMH or LHb. Three weeks later, fluorescence imaging confirmed the  
133 direct projections from the LS to the LHb and DMH (Figure 1B).

134 To explore the cellular effect of the A<sub>2A</sub>R signaling in the LS, we determined the effect of the A<sub>2A</sub>R  
135 agonist CGS21680 on neuronal firing of LS-A<sub>2A</sub>R<sup>+</sup> neurons by *in vitro* electrophysiological recordings in  
136 acute brain slices from adult A<sub>2A</sub>R-Cre mice injected with AAV2/9-syn-DIO-EYFP into the LS. The activity  
137 of EYFP-positive cells (*i.e.* LS-A<sub>2A</sub>R<sup>+</sup> neurons) was recorded using a cell-attached voltage-clamp mode  
138 in low-Mg<sup>2+</sup> (1 mM) aCSF solution with biocytin (1%, Thermo Scientific) in the intracellular solution.  
139 This allowed a *post-hoc* morphological characterization of the recorded EYFP-positive neurons, which  
140 showed that A<sub>2A</sub>R<sup>+</sup> neurons possessed long and numerous branches (Figure 2A). A subsequent  
141 immunofluorescent staining of slices revealed that LS-A<sub>2A</sub>R<sup>+</sup> neurons were GABAergic rather than  
142 glutamatergic neurons (Figure 2B). Moreover, single cell RT-PCR analysis of the total mRNA isolated  
143 from recorded cells also confirmed that all recorded EYFP-positive cells were GABAergic neurons  
144 (Figure 2C). Activation of A<sub>2A</sub>R by CGS21680 (30 nM) significantly increased the firing frequency of  
145 EYFP-positive neurons (Figure 2D), indicating that A<sub>2A</sub>R activation augments neuronal activity of LS-  
146 A<sub>2A</sub>R<sup>+</sup> neurons. The effect of CGS21680 was reversible after washout (Figure 2E).

147 Previous investigations have demonstrated that the systemic or local administration of diverse  
148 antidepressants increases the neuronal firing rate of the LS, whereas some stressful situations  
149 decrease its firing rate (6). To determine the effects of  $A_{2A}R$  on the LS circuitry, we first determined  
150 the effect of CGS21680 on non- $A_{2A}R^+$  neurons in LS by *in vitro* electrophysiological recordings in brain  
151 slices of  $A_{2A}R$ -Cre mice injected with AAV-syn-DIO-EYFP. We found that  $A_{2A}R$  activation by CGS21680  
152 (30 nM) reduced the frequency (but not amplitude) of spontaneous inhibitory postsynaptic currents  
153 (sIPSCs) of neurons around EYFP-positive cells, which likely resulted from the increase of  $A_{2A}R^+$   
154 GABAergic inputs to non- $A_{2A}R$  positive neurons in the LS (Figure 2F).

155 To next determine the effects of  $A_{2A}R$  on the activity of the LS as a whole, we measured c-Fos  
156 expression in the LS after the focal infusion in the LS of either CGS21680 (5  $\mu\text{g}/\mu\text{L}$ , 2  $\mu\text{L}$  per injection)  
157 or vehicle (Figure 3A). The focal microinjection of CGS21680 into the LS decreased the number of c-  
158 Fos-positive neurons in the LS compared to vehicle-treated mice (Figure 3B). Furthermore, we found  
159 that CGS21680 infusion into the LS induced a robust upregulation of c-Fos expression in the LHb and  
160 DMH compared to PBS-treated mice (Figure 3C).

161

## 162 **2. Optogenetic modulation of the activity of LS- $A_{2A}R^+$ neurons formats depressive-like phenotype**

163 As the LHb and DMH are important regions involved in depression regulation (30) (31), we next  
164 investigated the selective role of LS- $A_{2A}R^+$  neurons in the regulation of depressive behavior. We  
165 injected the AAV2/9-hEF1a-DIO-ChR2-EYFP or its control virus AAV2/9-hEF1a-DIO-EYFP (200 nL) into  
166 the LS of  $A_{2A}R$ -Cre mice and implanted the optical fibers in the LS (Figure 4A). Three weeks after viral  
167 expression, optogenetic activation of LS- $A_{2A}R^+$  neurons increased the immobility time in the TST  
168 compared to the control virus group (Figure 4B), without affecting either the total travelled distance  
169 and the time spent in the center area in the OFT (Figure 4C, D) or the time spent in the open arms in  
170 the O maze (Figure 4E). Thus, the optogenetic activation of LS- $A_{2A}R^+$  neurons induced some traits of a  
171 depressive-like phenotype. Furthermore, selective inhibition of corresponding circuit elements

172 showed opposing behavioral effects compared with excitation. We injected the AAV2/9-hEF1a-DIO-  
173 eNpHR3.0-EYFP or its control virus AAV2/9-hEF1a-DIO-EYFP (200 nL) into the LS of  $A_{2A}R$ -Cre mice and  
174 implanted the optical fibers in the LS (Figure 4F). Three weeks after viral expression, optogenetic  
175 inhibition of LS- $A_{2A}R^+$  neurons decreased the immobility time in the TST compared to the control virus  
176 group (Figure 3G) and did not modify behavior in both OFT and O-maze test (Figure 4H-J).

177

### 178 **3. Optogenetic activation of the LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→DMH and LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→LHb projections reproduced the** 179 **induction of depressive-like behaviors**

180 The identification of the functional connectivity of the LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→DMH and LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→LHb, together with  
181 the important role of the hypothalamus and habenula in the control of mood behaviors, led us to  
182 investigate a putative critical role of LS→LHb projections and LS→DMH projections in the induction of  
183 depressive-like behaviors. We achieved the targeted expression of ChR2 in  $A_{2A}R^+$  projection terminals  
184 by injecting the AAV2/9-hEF1a-DIO-ChR2-EYFP or its control virus AAV2/9-hEF1a-DIO-EYFP (200 nL)  
185 into the LS of  $A_{2A}R$ -Cre transgenic mice. We implanted the optical fibers in the DMH or LHb (Figure 5A,  
186 E). Optogenetic activation of the LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→DMH projections increased the immobility time in the TST  
187 compared to the control virus group (Figure 5B). There was no difference in the total travelled distance  
188 or in the time spent in the central area in the OFT between the ChR2 group and the control group  
189 (Figure 5C, D). Similarly, optogenetic activation of the LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→LHb projections increased the  
190 immobility time in the TST (Figure 5F), without affecting the total distance travelled or the time spent  
191 in the central area of the OFT (Figure 5G, H). Thus, optogenetic activation of the projection terminals  
192 from the LS- $A_{2A}R^+$  neurons to the DMH and LHb reproduced the induction of depressive-like behaviors.  
193 Together with the viral tracing results, these findings established that the LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→DMH and the  
194 LS<sup>A<sub>2A</sub>R<sup>+</sup></sup>→LHb pathways mediate the depressive-like behavior caused by abnormally elevated  $A_{2A}R$   
195 activity in LS.

196

#### 197 **4. A<sub>2A</sub>R are upregulated selectively in the LS in two mouse models of chronic stress**

198 Since the upregulation of A<sub>2A</sub>R is a proposed biomarker of the dysfunctional brain circuits at the onset  
199 of brain diseases (19), whether A<sub>2A</sub>R is an inducible factor under stress conditions is an interesting  
200 question. We determined alterations of A<sub>2A</sub>R density in multiple brain regions associated with mood  
201 processing in two chronic stress models. First, after chronic restraint stress (CRS) exposure for 14 days,  
202 CRS-mice showed an increase in immobility time in the tail suspension test (TST), without change of  
203 locomotion in the open field test (OFT), and of the time spent in the open arms in the elevated O-  
204 maze test (Figure 6A-D). After behavioral testing, mice were immediately sacrificed and A<sub>2A</sub>R  
205 immunodensity was probed in several mood-associated brain regions, including septum, prefrontal  
206 cortex (PFC), hippocampus, and striatum (Figure 6E, F). Compared to the control group, mice subjected  
207 to CRS displayed a selective upregulation (2.06 times of control, P<0.001) of A<sub>2A</sub>R in the septum.  
208 Although A<sub>2A</sub>R immunodensity varied considerably across samples, we observed a trend for A<sub>2A</sub>R up-  
209 regulation also in PFC and hippocampus, whereas the levels of A<sub>2A</sub>R remained unchanged in striatum,  
210 consisting with previous Western blotting analyses (32, 33).

211 We also evaluated the regional pattern of A<sub>2A</sub>R upregulation in a second stress paradigm, the 5-day  
212 repeated forced swim stress paradigm, described in a previous study (34). Compared to control mice,  
213 stressed mice showed an increased immobility time in the forced swimming test (FST), without  
214 changes in the total distance of movement in the OFT (Figure 7A, B). 5d-RFSS-mice spent less time in  
215 the center area of OFT but similar time in the open arms of an elevated O-maze test compared to the  
216 control group (Figure 7C, D), consistent with previous reports [29]. After behavioral testing, the  
217 analysis of A<sub>2A</sub>R levels in the septum, PFC, hippocampus, striatum and hypothalamus revealed a  
218 selective increase (4.36 times of control, P<0.01) of A<sub>2A</sub>R density in the septum without significant  
219 changes in the 3 other brain regions (Figure 7E, F), as previously observed in the CRS model.

220

#### 221 **5. A<sub>2A</sub>R overexpression in the LS is sufficient to induce a depression-like phenotype**

222 We next investigated whether the A<sub>2A</sub>R overexpression in the LS was sufficient to trigger a depressive-  
223 like behavior. We confirmed achieving an A<sub>2A</sub>R overexpression in the LS by bilateral injections of A<sub>2A</sub>R-  
224 expressing virus (AAV2/9-hSyn-A<sub>2A</sub>R-3xflag-ZsGreen) but not control virus (AAV2/9-hSyn-ZsGreen)  
225 (Figure 8A, B). Three weeks after the viral injection, behavioral analysis revealed that mice transfected  
226 with A<sub>2A</sub>R-expressing virus displayed increased immobility in the TST (Figure 8C). There was no  
227 difference in the total travelled distance and in the time spent in the center area in the OFT (Figure  
228 8D, E) nor in the time spent in the open arms in the O maze (Figure 4F), between mice injected with  
229 the A<sub>2A</sub>R-expressing virus and with the control virus. Furthermore, LS-A<sub>2A</sub>R overexpression also  
230 decreased the consumption of sucrose compared with the control group (Figure 8H) and showed no  
231 difference in the total consumption of liquid (Figure 8G). Thus, A<sub>2A</sub>R overexpression in the LS was  
232 sufficient to induce despair-like behavior, indicating that A<sub>2A</sub>R upregulation is a trigger rather than only  
233 a biological marker of depressive-like behavior.

234

## 235 **6. Focal genetic and pharmacological A<sub>2A</sub>R inactivation selectively in the LS attenuate depressive-** 236 **like phenotype**

237 To further test the function of endogenous A<sub>2A</sub>R activity *in vivo*, we determined the effect of shRNA  
238 knockdown of LS-A<sub>2A</sub>R on depressive-like behaviors. We achieved focal knockdown of LS-A<sub>2A</sub>R by  
239 injection into the LS of AAV2/9-syn-A<sub>2A</sub>RshRNA-GFP (A<sub>2A</sub>R-shRNA) or control virus (AAV2/9-syn-  
240 A<sub>2A</sub>Rshcontrol-GFP, ctrl-shRNA) (Figure 9A). Focal knockdown of LS-A<sub>2A</sub>R reduced immobility in TST  
241 (Figure 9B) without affecting spontaneous motor activity and the time spent in the central area in the  
242 OFT (Figure 9C, D). Furthermore, LS-A<sub>2A</sub>R knockdown also increased the consumption of sucrose  
243 compared with the control group (Figure 9F) and showed no difference in the total consumption of  
244 liquid (Figure 9E). Thus, the selective knockdown of A<sub>2A</sub>R in the LS produced antidepressant-like  
245 behaviors.

246 To explore the translational potential of pharmacological targeting LS-A<sub>2A</sub>R, we determined the ability  
247 of the locally applied A<sub>2A</sub>R antagonist KW6002 (recently approved anti-parkinsonian by US-FDA (28))  
248 to reverse the chronic stress-induced depressive phenotypes (Figure 9G). Mice were first exposed to  
249 either CRS or no-stress stimuli for 14 consecutive days. CRS mice with a confirmed depressive-like  
250 phenotype (Figure 9H-J) or no-stress mice were randomly assigned for treatment of KW6002 (by  
251 unilateral intra-LS infusion of KW6002, 0.5 µg/µL, 2 µL per injection) or vehicle (methylcellulose) daily  
252 for three consecutive days. As expected, CRS-mice treated with vehicle displayed depressive-like  
253 behavior as indicated by increased immobility in the TST. LS infusion of KW6002 not only decreased  
254 the immobility time in the non-stress mice, but also reversed the increased immobility time induced  
255 by CRS, without affecting either locomotion or the time spent in the center in the OFT (Figure 9K-M).  
256 Importantly, two-way ANOVA analysis indicated that there was a CRS x KW6002 treatment interaction  
257 ( $p=0.0436$ ), indicating that KW6002 preferentially reverted the CRS-induced depressive-like behavior.  
258 Thus, pharmacological blockade of LS-A<sub>2A</sub>R can reverse the depressive-like phenotype caused by CRS.

259

## 260 **7. A<sub>2A</sub>R are upregulated in the postmortem LS of suicide completers**

261 To confirm the clinical relevance of LS-A<sub>2A</sub>R upregulation upon depression, we analyzed alterations of  
262 A<sub>2A</sub>R density in the dissected LS from postmortem samples collected from suicide completers, since  
263 over 65% of suicide completers are affected by mood disorders (2). We carried out a receptor binding  
264 quantification using a selective but supramaximal concentration of 2 nM of the A<sub>2A</sub>R antagonist  
265 [<sup>3</sup>H]SCH58261. This was inferred from the saturation isotherm of [<sup>3</sup>H]SCH58261 binding to membranes  
266 of the subgenual area BA25 of 5 controls aged between 42 and 61 years (3 men and 2 women), which  
267 revealed a K<sub>D</sub> of 0.83 nM (95% confidence interval of 0.68-0.98 nM) and a B<sub>max</sub> of 23.6±1.6 fmol/mg  
268 protein (Figure 10A). Thus, after quality control validation (see Methods), LS samples from 6 males  
269 and females suicide completers and 5 age-matched subjects of both sexes, death from natural causes  
270 or road accidents, were processed to obtain total membranes as well as synaptosomal membranes.

271 We report that A<sub>2A</sub>R binding density in the synaptosomal membranes of the LS increased two-fold in  
272 suicide completers compared to control subjects (Figure 10B; P<0.05). This increase of A<sub>2A</sub>R binding  
273 density was selective for synaptosomal membranes since the A<sub>2A</sub>R binding in total membranes of the  
274 LS was not different between the suicide completers and controls (Figure 10B; P=0.0519). This finding  
275 provides the first clinical evidence for A<sub>2A</sub>R upregulation in the LS upon putative mood dysfunction.

276

277

278

279 **Discussion**

280 The present study allowed identifying the LS  $A_{2A}R$ -positive neurons as direct upstream integrative  
281 regulators of depressive-like behavior, as supported by four convergent sets of experimental findings:  
282 (i) the upregulation of  $A_{2A}R$  in the LS in two chronic stress mouse models and in suicide completers; (ii)  
283 the sufficiency and necessity of  $A_{2A}R$  activation in the LS to produce depressive-like behaviors; (iii)  $A_{2A}R$   
284 activation in LS- $A_{2A}R^+$  neurons increased their neuronal firing leading to a suppressed activity of their  
285 surrounding LS neurons; (iv) the emergence of depressive-like behavior upon activation of LS- $A_{2A}R^+$   
286 neurons by signaling via their downstream LS- $A_{2A}R^+ \rightarrow$ LHb and LS- $A_{2A}R^+ \rightarrow$ DMH pathways. This cellular  
287 and neural circuit dissection prompts a rationale to understand the antidepressant effects of  $A_{2A}R$   
288 antagonists, based on a novel working model whereby aberrantly enhanced LS- $A_{2A}R$  signaling mimics  
289 stressor signals to trigger depressant behavior: LS- $A_{2A}R^+$  GABAergic neurons sense information from  
290 internal and external stressors upregulating  $A_{2A}R$  signaling to increase their firing rate and to  
291 simultaneously decrease LS activity and activate the LS- $A_{2A}R^+ \rightarrow$ LHb and LS- $A_{2A}R^+ \rightarrow$ DMH pathways to  
292 trigger depressant-like behaviors.

293

294 These findings align with the involvement of LS circuitry in the expression of chronic stress-induced  
295 depressive like behavior. Amongst this complexity of LS circuitry, we teased apart the functional  
296 relevance of LS- $A_{2A}R^+$  neurons that emerged as key orchestrators of stress-induced depressive-like  
297 behavior. LS- $A_{2A}R^+$  neurons were essentially GABAergic neurons and the pharmacological activation of  
298  $A_{2A}R$  increased their firing frequency. This coincides with the ability of  $A_{2A}R$  to bolster the activity of  
299 defined populations of GABAergic neurons in other brain structures such as in the hippocampus (35),  
300 central amygdala (36), prefrontal cortex (37), globus pallidus (38), tuberomammillary nucleus (39) or  
301 in the nucleus of the solitary tract (40). The activation of LS- $A_{2A}R^+$  GABAergic neurons lead to a  
302 suppression of the activity of surrounding LS cells, as concluded by a decreased c-Fos-  
303 immunoreactivity. This is in agreement with the general conclusion that the LS acts a mood regulator



304 exerting a tonic inhibition onto various subcortical nuclei (reviewed in [24,28]), as heralded by the  
305 evidence that activation of LS neurons endowed with dopamine D3 receptors rescues early life stress-  
306 induced social impairments (41), the metabotropic Glu2/3 receptor agonist LY379268-induced  
307 increase of LS activity relieves stress-induced social withdrawal symptoms (42), activation of Takeda  
308 G protein-coupled receptor 5 increases somatostatin-GABAergic neurons of the dorsolateral septum  
309 decreasing depressive-like symptoms (8), genetic elimination of neuroligin-2 reduces LS inhibition to  
310 stress-induced activation of downstream hypothalamic nuclei reducing avoidance behavior (43) and a  
311 5HT<sub>1A</sub> receptor agonist increases LS activity to suppress the HPA axis and increase escape behavior in  
312 a forced swimming stress model (37).

313

314 In the present study, we characterized the specific downstream targets of the LS-A<sub>2A</sub>R<sup>+</sup> neurons  
315 involved in the control of stress-induced mood dysfunction, since distinct LS neuron populations  
316 project to different downstream targets to exert distinct behavioral modulation (reviewed in (4)). Our  
317 circuit level analysis identified the LS-A<sub>2A</sub>R<sup>+</sup>→ dorsomedial hypothalamus (DMH) and LS-A<sub>2A</sub>R<sup>+</sup>→lateral  
318 habenula (LHb) pathways as the main downstream target for top-down control of depressive-like  
319 behavior by LS-A<sub>2A</sub>R. The DMH is a main established output of the LS, establishing a feedback loop to  
320 control LS circuits through peptidergic signals such as CRF and vasopressin, which is proposed to be  
321 involved in depression, fear and anxiety (reviewed in (4, 6)). In agreement with this important role of  
322 the DMH, our virus tracing using A<sub>2A</sub>R-Cre mice identified the DMH as the main downstream target of  
323 LS-A<sub>2A</sub>R<sup>+</sup> neurons through a direct projection. Furthermore, activation of LS-A<sub>2A</sub>R<sup>+</sup> neurons produced a  
324 more robust increase of c-Fos in the DMH. Critically, optogenetic activation of the LS-A<sub>2A</sub>R<sup>+</sup>→DMH  
325 pathway recaptured the depressant phenotype of LS-A<sub>2A</sub>R activation. Based on the parallel effects of  
326 5HT<sub>1A</sub> receptor agonists and of A<sub>2A</sub>R antagonists (25, 44) and the proposed heteromerization of both  
327 receptors (45), the previously identified bidirectional ability of LS-5HT<sub>1A</sub> receptors to control the HPA  
328 axis and define stress-induced mood alterations (37), prompts the proposal that LS-A<sub>2A</sub>R may also  
329 control CRH release and HPA axis in the DMH. This contention provides a tentative mechanism for the

330 recent finding that A<sub>2A</sub>R blockade reverts the depressive-like behavioral, electrophysiological and  
331 morphological alterations induced by early-life maternal separation through a restoration of the  
332 activity of the HPA axis (33).

333

334 Our circuit level analysis also identified the involvement of an unreported LS-A<sub>2A</sub>R<sup>+</sup>→LHb pathway in  
335 the stress-induced expression of depressive-like behavior. This conclusion was based on the combined  
336 observations that: (i) virus tracing identified the LHb as a downstream target of LA-A<sub>2A</sub>R<sup>+</sup> neurons; (ii)  
337 c-Fos expression analysis confirmed the functional activation of LS-A<sub>2A</sub>R-LHb pathway upon LS-A<sub>2A</sub>R  
338 activation, in accordance with a recently identified stress-induced functional circuit from LS to LHb  
339 (46); (iii) optogenetic activation of LS-A<sub>2A</sub>R<sup>+</sup>→LHb projections induced depressant effects. The  
340 identification of the LS-A<sub>2A</sub>R<sup>+</sup>→LHb pathway as a downstream target for LS-A<sub>2A</sub>R control of depressive-  
341 like behavior is consistent with the role of the LHb in the development of depression, as heralded by  
342 the persistent and robust activity in the LHb of depressed animals (47, 48) (reviewed in (49)), by the  
343 experimental ability of increased LHb activity to trigger depressive-like behaviors (50-52), by the ability  
344 of the fast-acting antidepressant drug ketamine to wane LHb neuronal activity (53) and by the impact  
345 of deep-brain stimulation in the LHb to alleviate depressive-like symptoms (54, 55). While the specific  
346 types of neurons in the LHb controlled by the LS-A<sub>2A</sub>R<sup>+</sup> neurons still await to be identified, LS-A<sub>2A</sub>R  
347 signaling is concluded to be an upstream regulator of the LHb to implement stress-induced depressive-  
348 like maladaptive behavior.

349

350 While previous studies have demonstrated that systemic administration of A<sub>2A</sub>R antagonists or genetic  
351 inactivation of A<sub>2A</sub>R produces antidepressant effects, the critical action site for A<sub>2A</sub>R to control  
352 depressive-like behavior was unclear. A<sub>2A</sub>R are enriched in the striatum with a predominant post-  
353 synaptic localization to control dopamine signaling (56), with comparatively lower densities in brain  
354 regions associated with depression, such as mPFC, hippocampus and amygdala (57, 58), where A<sub>2A</sub>R

355 are mostly presynaptic controlling synaptic plasticity (reviewed in (18)) and synaptic remodeling (59).  
356 Altered functioning of neuronal networks leads to a maladaptive up-regulation of A<sub>2A</sub>R, which  
357 constitutes a biomarker of progressive synaptic failure and neurodegeneration (19). This has been  
358 documented in hippocampal synapses in models of Alzheimer's disease (60), in cerebrocortical  
359 synapses in models of epilepsy (61, 62) or of Rasmussen encephalopathy (63), in corticostriatal  
360 synapses in models of Huntington's disease (64) or of restless leg syndrome (65) or in cerebellar  
361 synapses in models of spinocerebellar ataxia (66). We now identified a stress-induced aberrant up-  
362 regulation of A<sub>2A</sub>R in the LS, which occurred selectively in synapses in the LS of suicide completers and  
363 was more robust compared with the prefrontal cortex, hippocampus and striatum in two chronic  
364 stress models. Overall, these findings prompt LS-A<sub>2A</sub>R as a central adaptive feature relating stress  
365 exposure and A<sub>2A</sub>R-mediated modulation of chronic stress-induced depressive-like behavior.

366

367 In summary, we have uncovered and identified aberrantly increased A<sub>2A</sub>R signaling in the LS as a key  
368 upstream regulator for stress-induced depressive-like behavior by controlling LS activity and signaling  
369 through the LS-A<sub>2A</sub>R<sup>+</sup>→DMH and LS-A<sub>2A</sub>R<sup>+</sup>→LHb pathways. This new understanding of the precise  
370 circuit targets of LS-A<sub>2A</sub>R signal as an upstream and integrated regulator of stress-induced depressive-  
371 like behavior provides the required rationale to expand the clinical translation of A<sub>2A</sub>R antagonist as a  
372 potentially novel and effective anti-depressant, which has already been recently approved by US-FDA  
373 for the treatment of Parkinson's disease with a notable safety profile (28).

374

## 375 **Materials and methods**

376

### 377 **Animals**

378 Male adult C57BL/6J mice (8-16 weeks of age, Shanghai JieSiJie Laboratory Animal Co., Ltd.) and male  
379 A<sub>2A</sub>R-Cre mice (8-16 weeks of age, MMRRC, Stock Number: 031168-UCD) were maintained and used

380 in accordance with protocols approved by the Institutional Ethics Committee for Animal Use in  
381 Research and Education at Wenzhou Medical University, China. Mice were housed 3-5 per cage in a  
382 suitable temperature ( $23 \pm 1$  °C) and relative humidity room ( $60 \pm 2\%$ ) under a 12 h light/ dark cycle  
383 (light on from 8 a.m. to 8 p.m.) with *ad libitum* food and water, unless otherwise specified.

384

### 385 **Viral Vectors**

386 AAV2/9-hsyn-hA<sub>2A</sub>R-3fxflag-ZsGreen (titre:  $1.5E+12$  vector genome (v.g.)/mL, Hanbio Biotechnology),  
387 AAV2/9-hSyn-ZsGreen (titre:  $1.8E+12$  v.g./mL, Hanbio Biotechnology), AAV2/9-A<sub>2A</sub>R-shRNA-GFP (titre:  
388  $1.5E+12$  v.g./mL, Taitol Biotechnology), AAV2/9-A<sub>2A</sub>R-shcontrol-GFP (titre:  $1.5E+12$  v.g./mL, Taitol  
389 Biotechnology), rAAV2/9-Ef1a-DIO-hChR<sub>2</sub>(H134R)-EYFP (titre:  $2.0E+12$  v.g./mL, BrainVTA), AAV2/9-  
390 hEF1a-DIO-eNpHR3.0-EYFP (titre:  $5.94E+12$  v.g./mL, BrainVTA), rAAV2/9-EF1a-DIO-EYFP (titre:  
391  $2.0E+12$  v.g./mL, BrainVTA), rAAV2/9-hsyn-DIO-EYFP (titre:  $5.14E+12$  v.g./mL, BrainVTA), AAV2/1-  
392 hSyn-mcherry-A<sub>2A</sub>R-Cre (titre:  $1.19E+13$  v.g./mL, OBiO Technology), AAV2/9-syn-EGFP (titre:  $1.2E+12$   
393 v.g./mL, Hanbio Biotechnology).

394

### 395 **Stereotaxic Surgery, AAVs microinjection and Optical Fiber Implantation**

396 For stereotaxic surgery, animals were anesthetized with Avertin (250 mg/kg, Sigma-Aldrich). Virus  
397 were ipsilateral or bilaterally injected by a pressure microinjector with a pulled glass capillary into the  
398 different brain regions according to the different experiments: LS (+0.8 mm AP;  $\pm 0.35$  mm ML; -2.75  
399 mm DV from the brain surface), LHb (-1.72 mm AP;  $\pm 0.46$  mm ML; -2.7 mm DV), DMH (-1.70 mm AP;  
400  $\pm 0.5$  mm ML; -5.0 mm DV). Volumes of virus ranged between 100-200 nL (at the rate of 20 nL/min)  
401 per side. The capillary was left in the brain for 5-10 min after the injection. Mice were put on a heat  
402 pad for recovering from anesthesia after the surgery. The viral injection sites were verified by post  
403 immunohistochemistry experiment.

404 For optic fiber implantation, 200  $\mu\text{m}$  diameter optic fibers (Newdoon Technology) were implanted  
405 0.05 mm above the virus injection site and fixed to the skull using dental cement.

406

#### 407 **Cannula Infusion Experiment**

408 The cannula (customized by Kedou (Suzhou) Brain-computer Technology Co., Ltd), constituted by a  
409 hollow catheter (0.5 mm outer diameter) and a protective cap containing the inner core (outer  
410 diameter is 0.25 mm), was ipsilateral implanted into the LS of C57BL/6J mice. After the surgery, a  
411 double dummy cannula with a 0.5 mm extension beyond the end of the guide cannula with a metal  
412 cap, was inserted into the guide cannula. One week after surgery, CGS21680 (0.5  $\mu\text{g}/\mu\text{L}$ ) or vehicle  
413 (DMSO+PBS) was microinjected into the LS with a drug delivery inner core connected to the  
414 microinjection pump. For KW6002 treatment manipulation, KW6002 (istradefylline; 0.5  $\mu\text{g}/\mu\text{L}$   
415 dissolved in 0.5% methylcellulose, synthesized as described previously (67)) or vehicle  
416 (methylcellulose + PBS) was microinjected into the LS for a consecutive 3 days after 14 days CRS. The  
417 drug (2  $\mu\text{L}$ ) was then infused into the LS though the cannula. The injector cannula inner core was left  
418 in the LS for an additional 5 min to allow adequate local drug diffusion and minimize spread of the  
419 drug along the injection track. Only data with a correct site of injection, confirmed by HE-stain, were  
420 used.

421

#### 422 **Animals stress models**

423 Male mice (8 weeks old) were used in the stress-related experiments. Before starting any stress  
424 paradigm, mice with matched age and weight were randomly assigned into the non-stress or stress  
425 groups.

426

427 Chronic Restraint Stress (CRS)

428 CRS was performed in 50 mL centrifuge tubes with holes for ventilation. Mice were restrained  
429 horizontally in tubes for 3 h in the first 7 days and for 4-5 h in the next 7 days (up to 14 days) (53).  
430 Non-stressed mice were left undisturbed in their home cages.

431

432 5 days repeated forced swim stress (5d-RFSS)

433 The mice were subjected to repeat swimming in a transparent cylinder (15 cm diameter, 25 cm height)  
434 containing 20 cm of water (22–25°C) for 10 min daily for 5 consecutive days (induction phase). From  
435 day 6 on, the mice were kept in the home cage without swimming for 4 weeks, after which a last swim  
436 was imposed on day 32 (test phase) (34).

437

#### 438 **Behavioral Tests**

439 All behavior tests were performed between 10:00 AM and 5:00 AM in a sound attenuation booth and  
440 were recorded on videotape for offline analysis with the EthoVision XT system. Between trials, the  
441 chamber was cleaned with 70% ethanol. All behavioral experiments were carried out with the  
442 experimenter blind to genotype and/or treatment history.

443

444 Open field test (OFT)

445 Animals were individually placed in the center of a chamber (40 x 40 x 40 cm) in a soundproof  
446 environment with gentle light and their movement was analyzed during 10 min.

447

448 Tail suspension test (TST)

449 The mice tails were wrapped with tape at approximately 1 cm from the end of the tail. The mice were  
450 then fixed upside down on a horizontal bar with the nose tip about 30 cm above the ground. Animal  
451 behaviors' were recorded for 6 min and the immobility time during the last 4 min was analyzed.

452

453 Elevated O maze

454 The maze was constructed in a circular track 10 cm wide, 105 cm in diameter, and elevated 72 cm  
455 from the floor. The maze was divided in four quadrants of equal length with two opposing open  
456 quadrants with 1 cm high curbs to prevent falls and two opposing closed quadrants with walls 28 cm  
457 in height. A 10 min trial under gentle light conditions was carried out with the animal placed in the  
458 center of a closed quadrant to analyze their movement.

459

460 Forced swim test (FST)

461 Animals were individually placed in vertical clear glass cylinder (20 cm in diameter, 30 cm in height)  
462 filled with water (21-25°C). Water depth was set to prevent mice from touching the glass bottom with  
463 their limbs or tails. The test lasted for 6 min and the immobility time was counted from 2 to 6 min.  
464 Mice were regarded as immobile when floating motionless or making only movements that were  
465 necessary to hold its head above the water.

466

467 Sucrose preference test (SPT)

468 Mice were single housed and habituated with 1% sucrose and water for 2 days and the bottle positions  
469 were counterbalanced every 12 h. On the testing day, mice were water and food-deprived for 12 h  
470 and then exposed to pre-weighed identical bottles (one bottle of water and one bottle of 1% sucrose)  
471 for 12 h in the dark phase. Sucrose preference was calculated by dividing the consumption of sucrose  
472 by the total consumed liquid (water and sucrose).

473

#### 474 **Western blots**

475 For Western blot analysis, brains were quickly removed from euthanized mice and brain regions  
476 (septum, striatum, mPFC and hippocampus) were carefully excised with pincers. Tissues were lysed  
477 by sonication in ice-cold RIPA lysis buffer (Beyotime) with complete protease inhibitor cocktail  
478 (Beyotime) and phosphatase inhibitors mix (Bimake), incubated on a roller for 30 min at 4°C and  
479 cleared by centrifugation at 14,000 rpm for 15 min. The supernatant was collected and the protein  
480 concentration was estimated using Enhanced BCA Protein Assay Kit (Beyotime). Samples were diluted  
481 in 5x SDS sample buffer and analyzed by SDS-PAGE. Anti-A<sub>2A</sub>R (Santa Cruz Biotechnology, 1:200) or  
482 anti-actin (Proteintech, 1:3000) antibodies were used to evaluate the relative amount of A<sub>2A</sub>R.

483

#### 484 **Immunofluorescence staining**

485 For immunofluorescence staining, 60 min after injecting CGS21680 into LS, mice were anesthetized  
486 and perfused with PBS followed by 4% paraformaldehyde (PFA) in PBS (pH 7.4). The brains were  
487 quickly removed, post-fixed in 4% PFA overnight, and then dehydrated in 30% sucrose solutions in PBS  
488 for 3 days. The brain was sectioned to a thickness of 30 µm using a cryostat (Leica CM1950) and  
489 preserved in PBS. Free-floating sections were blocked in blocking solution (0.3% Triton X-100 in PBS  
490 and 5% normal donkey serum) for 1 h at room temperature. Sections were then incubated with the  
491 primary antibody in antibody solution (5% normal goat serum, 0.3% Triton X-100, 1% bovine serum  
492 albumin in PBS) overnight at 4 °C. Sections were then washed with PBS (3x 10 min) and incubated for  
493 2 h at room temperature with the secondary antibodies and DAPI. Finally, sections were washed with  
494 PBS (3x 10 min). According to the anatomical location of each brain area (identified with the 4<sup>th</sup> edition  
495 of Mouse Brain Atlas), nine sections containing LS, LHb and DMH were selected for counting. The  
496 following antibodies were used: rabbit anti-c-Fos (EMD Millipore, 1:1000); donkey anti-rabbit 488



497 (Invitrogen, 1:500). All fluorescent image acquisition was performed with a Leica DM6B microscope  
498 and a Zeiss LSM 880 NLO confocal microscope.

499 For immunofluorescence staining after *in vitro* electrophysiology recording, 300  $\mu\text{m}$  slices were  
500 collected and post-fixed in 4% PFA overnight. Free-floating sections were blocked in blocking solution  
501 (0.3% Triton X-100 in PBS and 10% normal donkey serum) for 1 h at room temperature and then  
502 incubated with rabbit anti-GAD65/67 antibody (Abcam, 1:200) in antibody solution (0.3% Triton X-100  
503 in PBS and 5% normal donkey serum) overnight at 4°C. After washing with PBS, the sections were  
504 incubated with secondary antibodies (donkey anti-rabbit 488, Invitrogen, 1:500, or Texas Red Avidin  
505 D, Vector Laboratories, 1:500).

506

#### 507 **RNA extraction and quantitative Real-Time PCR**

508 Total RNAs from mice brains were extracted according to the manual by using Trizol reagent  
509 (Invitrogen). Reverse transcription was carried out using PrimeScript™ RT Master Mix (Takara). The  
510 reaction mixture was incubated for 10 min at 25°C, followed by 50 min at 37°C, then heat inactivated  
511 at 70°C for 15 min. Real-time PCR was performed with StepOne Real-time PCR system by iTaq  
512 Universal SYBR Green Supermix (Bio-RAD). Relative LS A<sub>2A</sub>R expression levels were calculated by  
513 comparative CT method. Q-PCR primers used were:

514 A<sub>2A</sub>R Forward primer: 5'-CCGAATCCACTCCGGTACA-3'

515 A<sub>2A</sub>R Reverse primer: 5'-CAGTTGTTCCAGCCCAGCAT-3'

516

#### 517 **Acute slice preparation**

518 AAV2/9-hSyn-DIO-EGFP virus was injected into LS of A<sub>2A</sub>R-Cre mice (aged 8 weeks). Two to three weeks  
519 later, A<sub>2A</sub>R-Cre mice were anesthetized with 3% isoflurane, perfused with an oxygenated high sucrose  
520 and ice-cold slicing solution (in mM: 234 sucrose, 11 glucose, 26 NaHCO<sub>3</sub>, 2.5 KCl, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 10

521 MgSO<sub>4</sub> and 0.5 CaCl<sub>2</sub>; gassed with 95% O<sub>2</sub>/5% CO<sub>2</sub>). The brains were quickly removed and placed into  
522 the oxygenated and ice-cold high sucrose slicing solution for 2-3 min. Coronal slices (300 μm thick)  
523 containing the LS (AP +1.8) were sectioned in ice-cold aCSF (in mM: 126 NaCl, 26 NaHCO<sub>3</sub>, 10 glucose,  
524 2.5 KCl, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 2 MgCl<sub>2</sub>, and 2 CaCl<sub>2</sub>; pH 7.4, bubbled with 95% O<sub>2</sub>/5% CO<sub>2</sub>) with a Leica VT1200S  
525 vibratome. Before recordings, slices were allowed to recover for at least 1 h in aCSF continuously  
526 gassed with 95% O<sub>2</sub>/5% CO<sub>2</sub>.

527

### 528 **In vitro Electrophysiology**

529 Patch clamp recordings were made from LS neurons under an upright microscope (Olympus). During  
530 recording, LS slices were continuously superfused at 2-3 mL/min with oxygenated aCSF and  
531 maintained at 32°C. The patch pipettes were pulled with a pipette puller (PC-100, Narishige) from  
532 borosilicate glass (Sutter Instrument) and had a resistance of 5-6 MΩ. Electrophysiological recordings  
533 were made using a Multiclamp 700B amplifier. Signals were amplified, filtered at 2 kHz and sampled  
534 at 10 kHz using Digidata 1550B. Clampfit 10.6 (Molecular Devices) and Mini Analysis Program  
535 (Synaptosoft Inc., NJ) were used to analyze offline electrophysiological data.

536 A cell-attached mode was used to assess the effects of A<sub>2A</sub>R drugs on the excitability of LS-A<sub>2A</sub>R<sup>+</sup>  
537 neurons. Glass pipettes were filled with intracellular solution (in mM: 130 K-gluconate, 10 KCl, 10  
538 HEPES, 10 EGTA, 2 MgCl<sub>2</sub>, 2 Na<sub>2</sub>ATP, 0.3 Na<sub>3</sub>GTP). While approaching the cell, positive pressure was  
539 applied to the patch pipette. The seal (10 MΩ → 5 GΩ) between the recording pipette and the cell  
540 membrane was obtained by applying suction to the electrode. Action potential currents were  
541 recorded in voltage-clamp mode or alternatively in “search” mode, which maintains an average 0 pA  
542 holding current. Resting membrane potential and synaptic potentials were recorded in current-clamp  
543 mode as described in the RESULTS.

544 In whole-cell patch clamp recordings, a gigaseal was formed between glass pipette and the cell. In the  
545 presence of the glutamate receptor blockers 6,7-dinitroquinoxaline-2,3-dione (DNQX, 20 μM, Tocris)

546 and DL-2-amino-5-phosphonopentanoic acid (DL-AP<sub>5</sub>, 100 μM, Tocris), the IPSCs were recorded in  
547 voltage clamp mode ( $V_{\text{Hold}} = -60$  mV). For chemogenetic experiments, CGS21680 (30 nM) or KW6002  
548 (100 nM) was added through the aCSF.

549 In order to investigate the morphology of each recorded cell, biocytin (1%, Thermo Scientific) was  
550 added to the intracellular solution, allowing its diffusion into the patched neuron during  
551 electrophysiological recordings.

552

### 553 **Signal cell Reverse transcription quantitative PCR (RT-qPCR)**

554 Cell cytoplasm was harvested by glass pipettes and expelled into 0.5 mL Eppendorf tube containing 2  
555 μL of 5x PrimeScript RT Master Mix (Takara) and 6 μL RNase Free dH<sub>2</sub>O, then mixed well. Intracellular  
556 pipette solution and RNase Free dH<sub>2</sub>O were used as controls during the reverse transcription. This  
557 mixture was incubated for 10 min at 25°C, followed by 50 min at 37°C, then heat inactivated at 70°C  
558 for 15 min, using the entire cDNA template reaction (10 μL) in the first round of PCR amplification.  
559 Each of the first round of reaction was prepared as follows: GAPDH F1 1 μL, P1 1 μL; VGAT F1 1 μL, P1  
560 1 μL; cDNA 10 μL, mix 10 μL, ddH<sub>2</sub>O 26 μL. For the second round of PCR, the nested primers (internal  
561 to the first-round pairs) were used. Each of the second round of reaction was prepared as  
562 follows: GAPDH F1 1 μL, P2 1 μL; VGAT F1 1 μL, P2 1 μL; cDNA 1 μL, mix 10 μL, ddH<sub>2</sub>O 5 μL. The thermal  
563 cycling program of the second round was: 94°C for 1 min, 30 cycles of amplification representing three  
564 steps of denaturing, annealing and extension (94°C for 30 s; 55°C for 1 min; 72°C for 1 min) and a final  
565 extension at 72°C for 7 min. Amplification products were analyzed on a 2% agarose gel and visualized  
566 by staining with ethidium bromide.

567 RT-PCR primers used were:

568 GAPDH Forward primer: TGGAAAGCTGTGGCGTGAT

569 GAPDH Reverse primer1: GTTGCTGTTGAAGTCGCAGG 292

570 GAPDH Reverse primer2: GACGGACACATTGGGGGTAG 151

571 GAD67 Forward primer: AATACTACCAACCTGCGCCC

572 GAD67 Reverse primer1: CCCGTTCTTAGCTGGAAGCA 270

573 GAD67 Reverse primer2: AACAGGTTGGAGAAGTCGGTC 250

574

## 575 **Human subjects**

576 Post-mortem tissues were collected at autopsy at the Portuguese National Legal Institute and Forensic  
577 Sciences (INML), after official approval (IM004-21/07/2021). Samples were collected from suicide  
578 completers with recorded depression, excluding individuals with other psychiatric conditions such as  
579 addiction, eating disorders, schizophrenia or phobia and from age-matched-controls deceased upon  
580 car or work accidents or natural causes, excluding individuals consuming psychotropic drugs (except  
581 alcohol) based on the toxicological screening done during autopsy. The quality control of brain tissue  
582 was based on their pH and on their RNA Integrity Number (RIN), as previously described [65] and the  
583 manually dissected lateral septum or BA25 were either immediately processed or frozen rapidly in  
584 liquid nitrogen and stored at -80°C until further use.

585

## 586 **Membrane-Binding Assays**

587 To evaluate the density of A<sub>2A</sub>R by radioligand-binding assays, a selective A<sub>2A</sub>R antagonist [<sup>3</sup>H]  
588 SCH58261 (6 nM; provided by E. Ongini, Schering-Plough, Milan, Italy) was used. Binding was  
589 measured at 25 °C for 4 h with 30–100 µg of protein in a final volume of 200 µL solution containing 50  
590 mM Tris-HCl, 10 mM MgCl<sub>2</sub>, pH 7.4, as previously described [28], with some modifications. A  
591 saturation curve was constructed using five different concentrations of [<sup>3</sup>H]-SCH58261 (0.3, 0.6, 1, 3  
592 and 10 nM). Specific binding was determined by subtraction of the non-specific binding, which was  
593 determined in the presence of 2 µM XAC (from Research Biochemical Inc., Sigma-Aldrich). Each

594 binding assay data point was performed in duplicate. The binding reactions were stopped by rapid  
595 vacuum filtration through glass fiber filters (GF/C filters), which were immediately washed with 4 mL  
596 ice-cold buffer. Radioactivity in the filters was determined by scintillation counting with an efficiency  
597 of 55–60%. The specific binding from saturation experiments was fitted by non-linear regression to a  
598 one binding site equation using the GraphPad Inplot software to determine the binding parameters  
599 (dissociation constant,  $K_D$ , and maximal number of binding sites,  $B_{max}$ ).

600

### 601 **Statistics**

602 In all behavioral, electrophysiological and molecular experiments, mice were randomly grouped and  
603 the offline data statistical analysis was performed blindly using SPSS 16.0 or GraphPad Prism 8.0  
604 (GraphPad, San Diego, California). If viral injection or drug delivery was not correctly sited, the data  
605 points were excluded from analyses. All data were checked for normality and homogeneity of variance.  
606 Student's t-test (unpaired or paired), Mann-Whitney test, and Wilcoxon test were used to compare  
607 means between two groups, and two-way analysis of variance followed by Tukey's or Bonferroni *post*  
608 *hoc* tests were used to determine significant differences among multiple groups. Differences were  
609 considered significant if  $p < 0.05$ . All data were presented as mean  $\pm$  SEM. No statistical methods were  
610 used to predetermine sample sizes, but our sample sizes are similar to those generally employed in  
611 comparable studies.

612

### 613 **Study approval**

614 Written, informed consent was received from all participants. Post-mortem tissues were collected at  
615 autopsy at the Portuguese National Legal Institute and Forensic Sciences (INML), after official approval  
616 (IM004-21/07/2021). All animal studies were approved by the Institutional Ethics Committee for  
617 Animal Use in Research and Education at Wenzhou Medical University, China.

618

619 **Author Contributions**

620 Conceptualization: W.G., M.W., P.L.; Methodology: W.G., M.W. P.L.; Formal analysis: W.G., M.W., B.S.,  
621 ZW.L., W.Z., Y.H., T.X., R.C.; Investigation: W.G., M.W., B.S., ZW.L., W.Z., Y.H., T.X. C.C. L.D.; Resources:  
622 Y.D., M.Y., ZQ.L., J.Z., X.Z., F.Y.; Writing - Original Draft: W.G., M.W., P.L.; Writing - Review & Editing:  
623 W.G., J.C., R.C.; Visualization: M.W., B.S., ZW.L.; Supervision: J.C.; Project administration: W.G.;  
624 Funding acquisition: W.G., J.C., P.L., R.C., X.Z.

625

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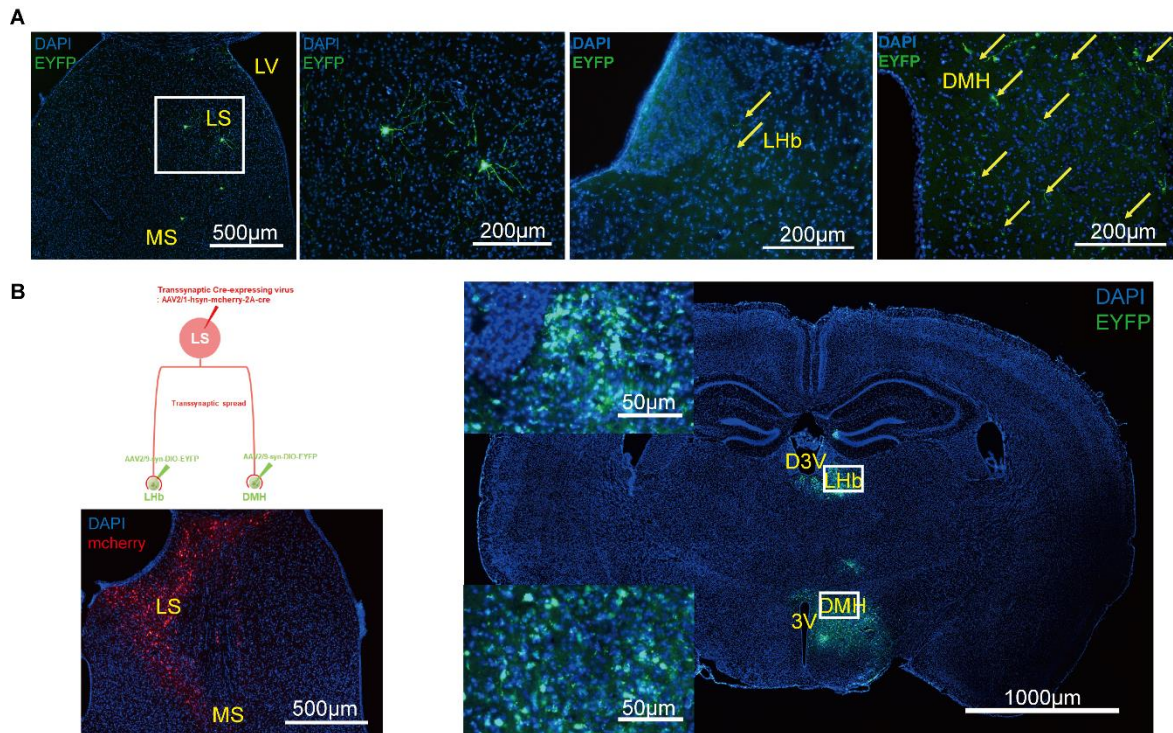
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806 18.  
807

808 **Figures and Figure Legends**



809

810

811 **Figure 1. Dorsomedial hypothalamus (DMH) and lateral habenula (LHb) are the main outputs of the**  
812 **lateral septum (LS)**

813 (A) Confocal images of coronal sections showing LS A2AR+ neurons terminals in the DMH and LHb.

814 Three weeks after injecting AAV2/9-syn-DIO-EYFP into the LS of A2AR-Cre mice, GFP-positive

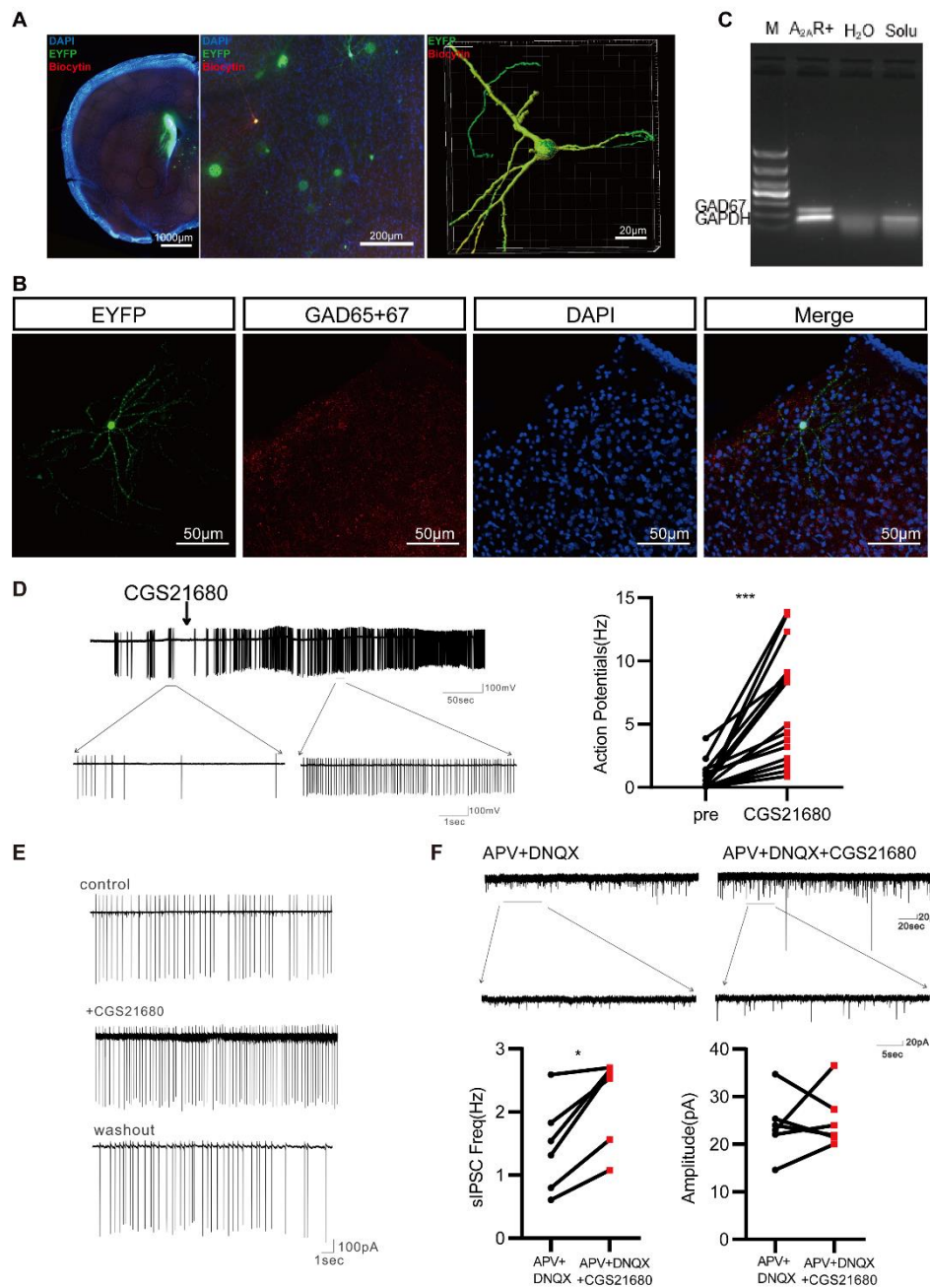
815 projection terminals were found in the DMH and LHb. Scale bar: 500/200 µm. (B) Injecting anterograde

816 trans-synaptic tagging virus AAV2/1-hSyn-mcherry-cre (red) in LS and virus AAV2/9-syn-DIO-EYFP

817 (green) in either LHb or DMH confirmed the direct connectivity from LS to LHb and DMH. Scale bar:

818 500/1000/50 µm.

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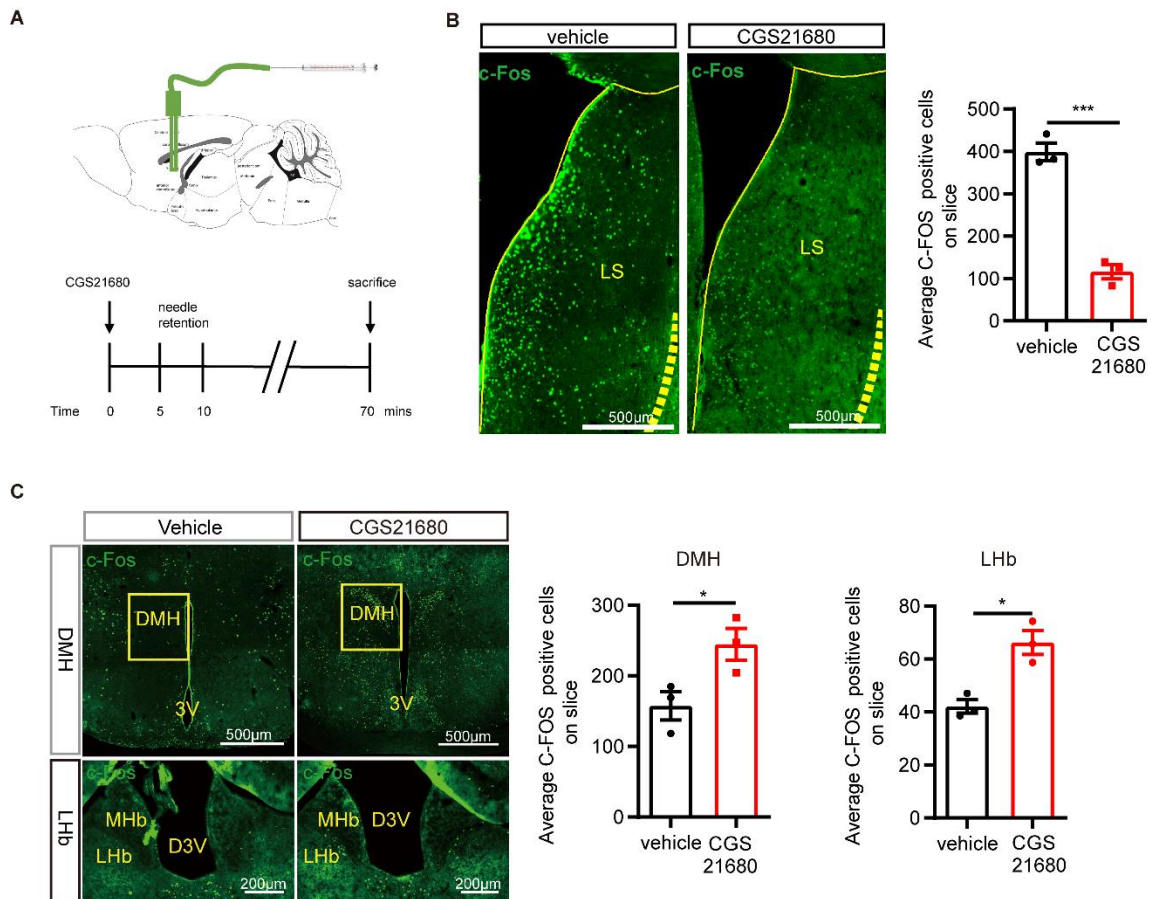
821 **Figure 2. Activation of A<sub>2A</sub>R in the lateral septum (LS) augments spiking frequency of LS-A<sub>2A</sub>R<sup>+</sup>**  
 822 **neurons with suppression of surrounding neurons**

823 (A) Biocytin (red) in the intracellular solution diffused into the cells on brain slices from A<sub>2A</sub>R-Cre mice  
 824 injected with AAV2/9-hSyn-DIO-EYFP into LS during the in vitro electrophysiological recordings. The  
 825 recorded A<sub>2A</sub>R<sup>+</sup> neurons (stained yellow) displayed long and numerous branches observed using  
 826 confocal microscopy combined with 3D surface volume rendering. Scale bar: 1000/200/20 µm. (B)  
 827 A<sub>2A</sub>R<sup>+</sup> neurons (green) co-immunostained with anti-GAD65/67 antibody (red) in LS. Nuclei stained with



828 DAPI in blue. Scale bar: 50  $\mu$ m. (C) Single cell RT-PCR analysis with total mRNA isolated from recorded  
829 cells showed that all EYFP-positive cells were GABAergic neurons. (D) Representative trace and  
830 statistical graph showing that the activation of  $A_{2A}R$  by CGS21680 (30 nM) increased the firing  
831 frequency of EYFP-positive neurons (n=16 cells, 8 mice). (E) Representative trace showing that the  
832 effect of CGS21680 on EYFP-positive neurons was reversible after washout. (F) Up: Representative  
833 voltage-clamp recording showing the alterations of sIPSC (recorded upon blockade of glutamatergic  
834 activity 50  $\mu$ M APV and 20  $\mu$ M DNQX) in LS non- $A_{2A}R^+$  neurons surrounding  $A_{2A}R^+$  neurons before and  
835 after the application of CGS21680 (30 nM). Down: Statistical graph showing that CGS21680 increased  
836 sIPSCs frequency, without altering their amplitude (n=7 cells, 4 mice). Data are mean  $\pm$  SEM (Wilcoxon  
837 test, \* $p$ <0.05, \*\*\* $p$ <0.001).

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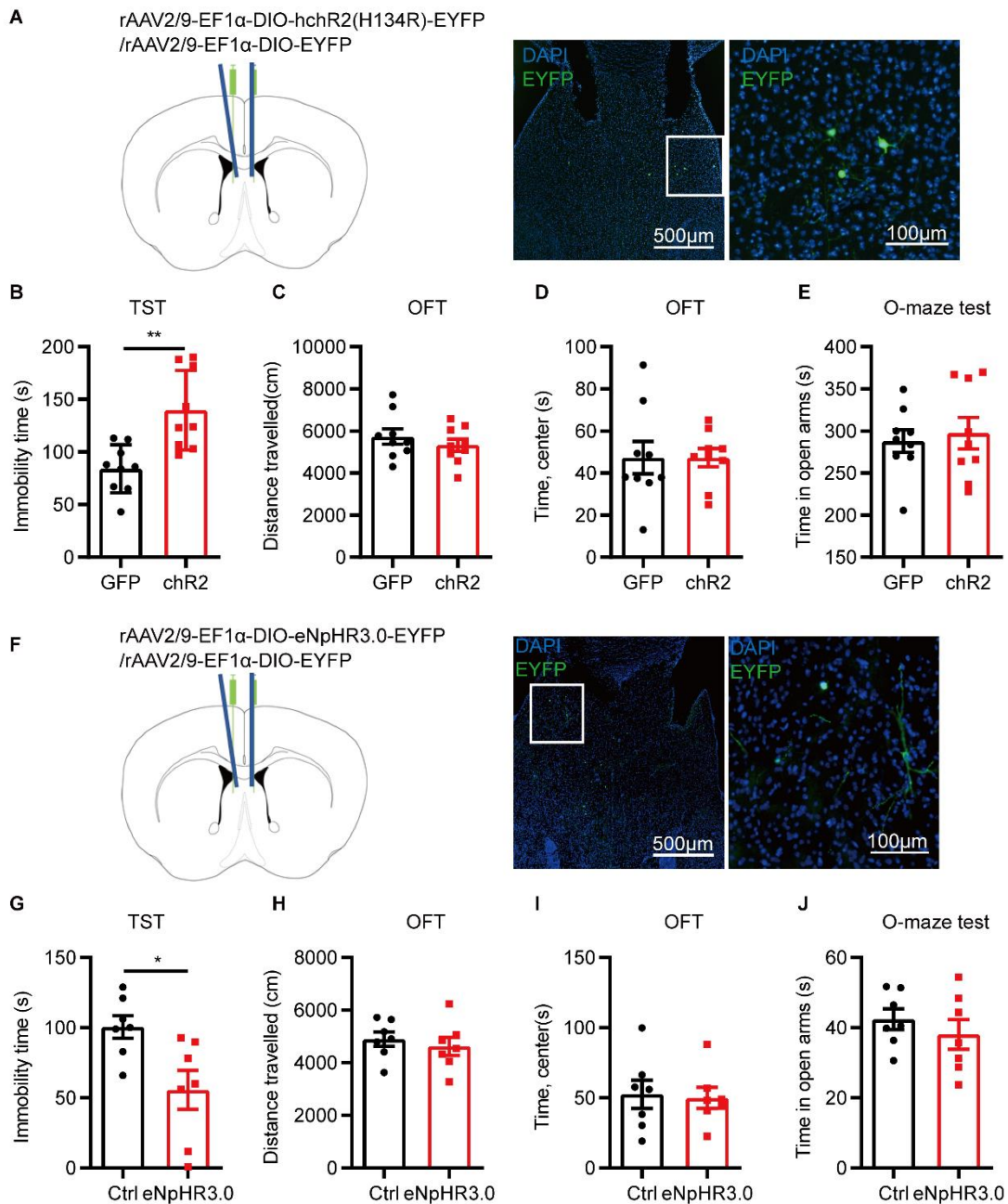


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840 **Figure 3. A<sub>2A</sub>R agonist CGS21680 injection into the lateral septum (LS) suppresses c-Fos expression**  
 841 **in the LS and increases c-Fos expression in the LHb and DMH**

842 (A) Schematic protocol for investigating the role of the A<sub>2A</sub>R agonist CGS21680. (B) Representative  
 843 immunofluorescence images and average bar graph illustrating the decreased expression of c-Fos in  
 844 LS (n=3 mice/group, each mice include 9 slices). Scale bar: 500 μm. (C) Representative  
 845 immunofluorescence images and statistical graphs illustrating the increased expression of c-Fos in  
 846 DMH and LHb after focal microinjection of the A<sub>2A</sub>R agonist CGS21680 into LS (n=3 mice/group, each  
 847 mice include 9 slices). Scale bar: 500/200 μm. Data are mean ± SEM (unpaired t-test, \**p*<0.05,  
 848 \*\*\**p*<0.001).

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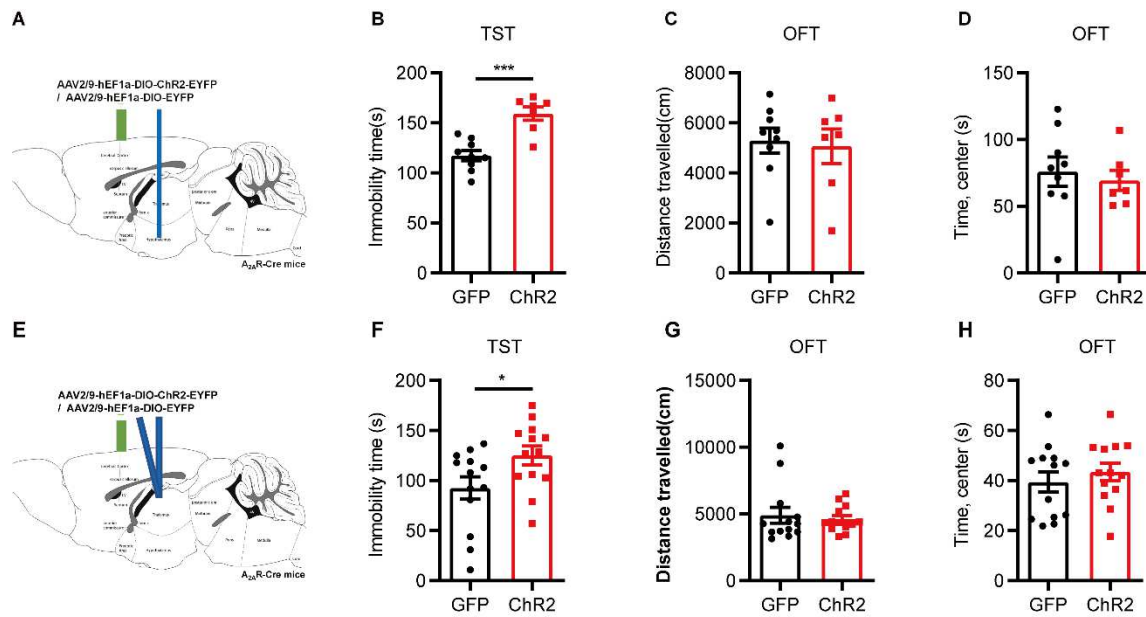
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851 **Figure 4. Optogenetic modulation of the activity of A<sub>2A</sub>R<sup>+</sup> neurons in the lateral septum (LS)**  
 852 **influences depressive-like phenotype**

853 (A) Left: Schematic illustration of the location of virus injection and optic fibers implantation in A<sub>2A</sub>R-  
 854 Cre mice. Right: A representative fluorescent image showing the ChR2-positive neurons (green) and  
 855 the localization of the optic fibers. Nuclei are stained with DAPI in blue. Scale bar:500/100  $\mu$ m. (B-E)  
 856 Optogenetic activation of LS-A<sub>2A</sub>R<sup>+</sup> neurons increased the immobility time in the tail suspension test  
 857 (TST) (B) without affecting the total distance travelled (C) or the time in the central area in the open

858 field (OF) test (D) and in the O maze test (E) (n=9 mice/group). (F) Left: Schematic illustration of the  
859 location of virus injection and optic fibers implantation in A<sub>2A</sub>R-Cre mice. Right: A representative  
860 fluorescent image shows the eNPHR3.0 positive neurons (green) and the sites of optic fibers. Nuclei  
861 stained with DAPI in blue. Scale bar: 500/100 μm. Optogenetic suppression of LS A<sub>2A</sub>R-positive neurons  
862 decrease the immobility time in the tail suspension test (TST) (G), without affecting the total  
863 movement distance in the open field (OF) test (H), the time spending in the central area of open field  
864 (I), and the duration in the open arm of the O-maze (J) (n=7 mice/group). Data are mean ± SEM  
865 (unpaired t test, \**p*<0.05, \*\**p* < 0.01).

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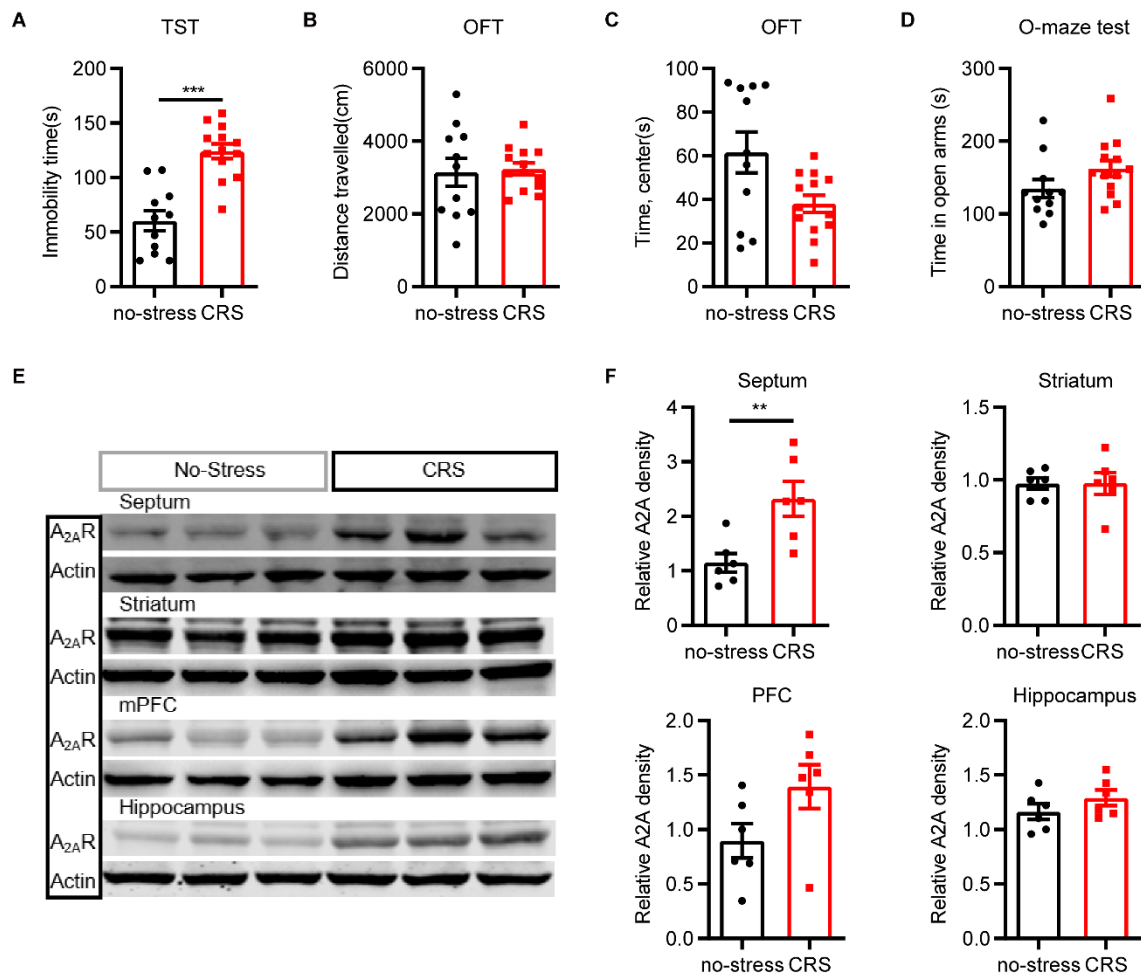


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868 **Figure 5. Optogenetic activation of the projection terminals in the dorsomedial hypothalamus (DMH)**  
 869 **and lateral habenula (LHb) of  $A_{2A}R$ -containing neurons in the lateral septum (LS) reproduced**  
 870 **depressive-like behaviors**

871 (A-D) Schematic representation of the optogenetic activation of the LS- $A_{2A}R$ -DMH terminals (A).  
 872 Optogenetic activation of LS-DMH projection terminals of  $A_{2A}R$ -containing neurons increased  
 873 immobility in the tail suspension test (TST) (B), without altering the total distance travelled and the  
 874 time spent in the center in the open field (OF) test (C, D) (n=9/7 mice/group). Data are mean  $\pm$  SEM  
 875 (unpaired t-test, \*\* $p < 0.01$ ). (E-H) Schematic representation of the optogenetic activation of the LS-  
 876  $A_{2A}R$ -LHb terminals (E). Optogenetic activation of LS-LHb projection terminals increased immobility in  
 877 TST (F), without altering the total distance travelled and the time spent in the center in an OF test (G,  
 878 H) (n=13 mice/group). Data are mean  $\pm$  SEM (Mann-Whitney test, \* $p < 0.05$ ).

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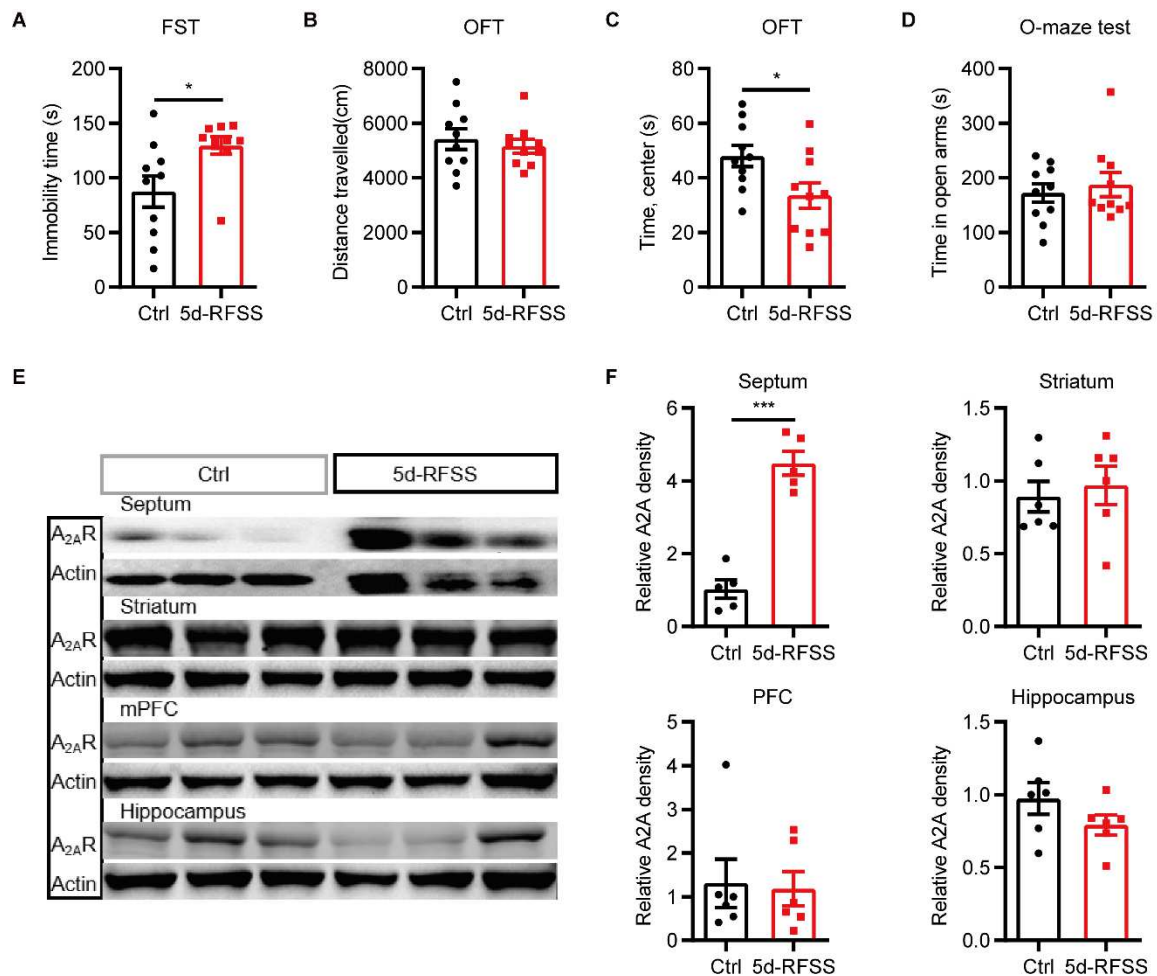


880

881 **Figure 6. A<sub>2A</sub>R are selectively upregulated in the lateral septum (LS) in chronic restricted stress (CRS)**  
 882 **model**

883 (A-D) Compared with control mice (n=11), CRS mice (n=13) showed an increase in immobility time in  
 884 a tail suspension test (TST) (A) (unpaired t-test), without changes in the total distance travelled in an  
 885 open field (OF) test (B) (unpaired t-test). CRS mice spent similar time in the center area of an OF (C)  
 886 (Mann-Whitney test) and in the open arms of an O-maze test (D) (unpaired t-test). n=11, 13/group,  
 887 data are mean ± SEM (\*\*\*)  $p < 0.001$ . (E, F) Representative Western blot and quantification of A<sub>2A</sub>R  
 888 protein levels in the septum, prefrontal cortex (PFC), hippocampus, and striatum of CRS and control  
 889 mice (n=6 /group). CRS mice displayed a selective upregulation of A<sub>2A</sub>R in the septum without  
 890 significant changes in the other three brain regions. Data are mean ± SEM (unpaired t-test, \*\*  $p < 0.01$ ).

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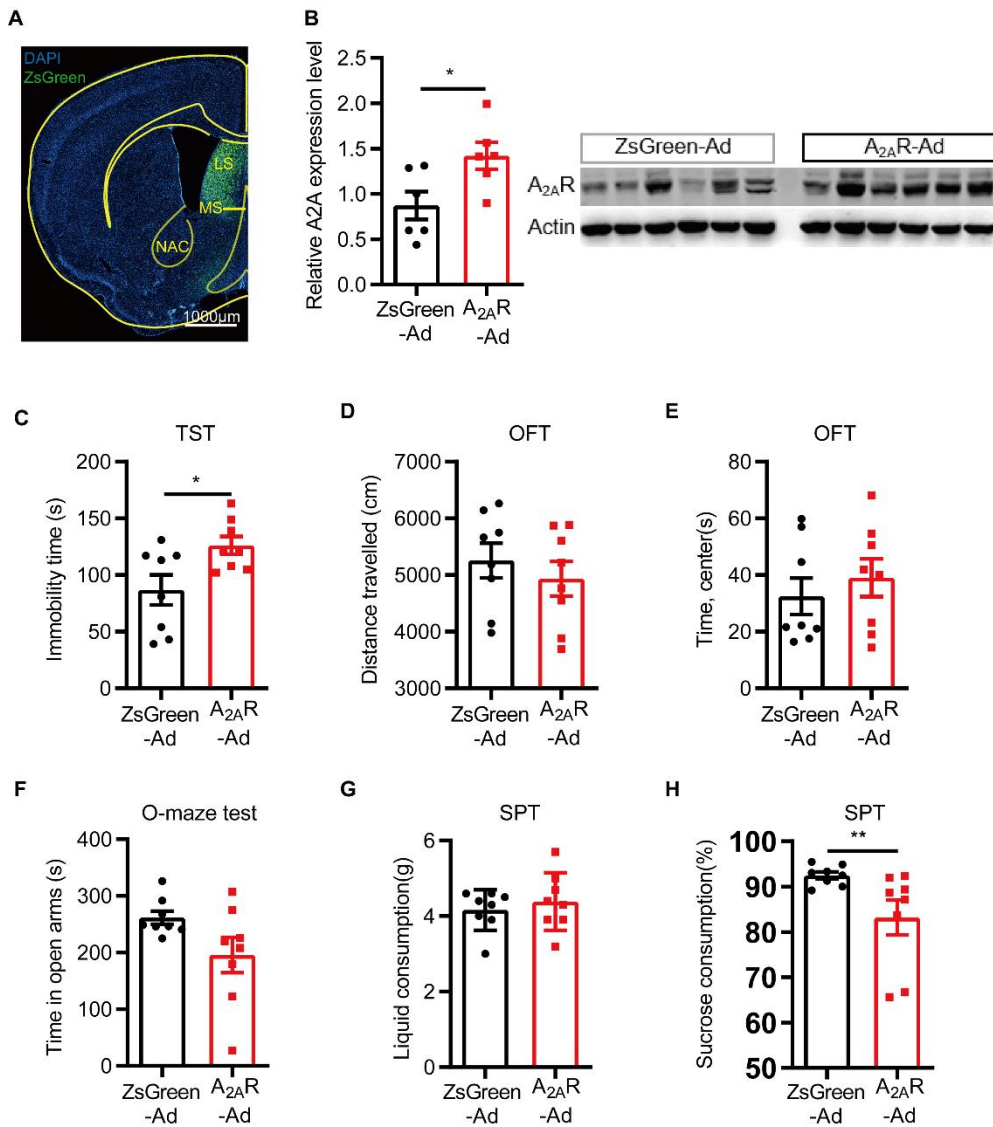


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893 **Figure 7. A<sub>2A</sub>R are selectively upregulated in the lateral septum (LS) in the 5 days repeated forced**  
 894 **swim stress (5d-RFSS) model**

895 (A-D) Compared to control mice (n=10), 5d-RFSS mice (n=10) showed increased immobility time in a  
 896 forced swimming test (FST) (A) (Mann-Whitney test) and reduced time in the central area in an open  
 897 field (OF) test (B), without change of the total distance travelled in OF (C) (unpaired t-test) and time  
 898 spent in the open arms in an elevated O-maze test (D) (Mann-Whitney test). (E, F) Representative  
 899 Western blot and quantification of A<sub>2A</sub>R protein levels in the septum (unpaired t-test), prefrontal  
 900 cortex (PFC) (Mann-Whitney test), hippocampus (unpaired t-test) and striatum (Mann-Whitney test)  
 901 of 5d-RFSS and control mice (n=6/group). 5d-RFSS mice displayed a selective upregulation of A<sub>2A</sub>R in  
 902 the septum without significant changes in the other three brain regions. Data are mean ± SEM  
 903 (unpaired t-test, \*p<0.05, \*\*\*p<0.001).

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905

906 **Figure 8. A<sub>2A</sub>R overexpression in the lateral septum (LS) induces depression-like behaviors**

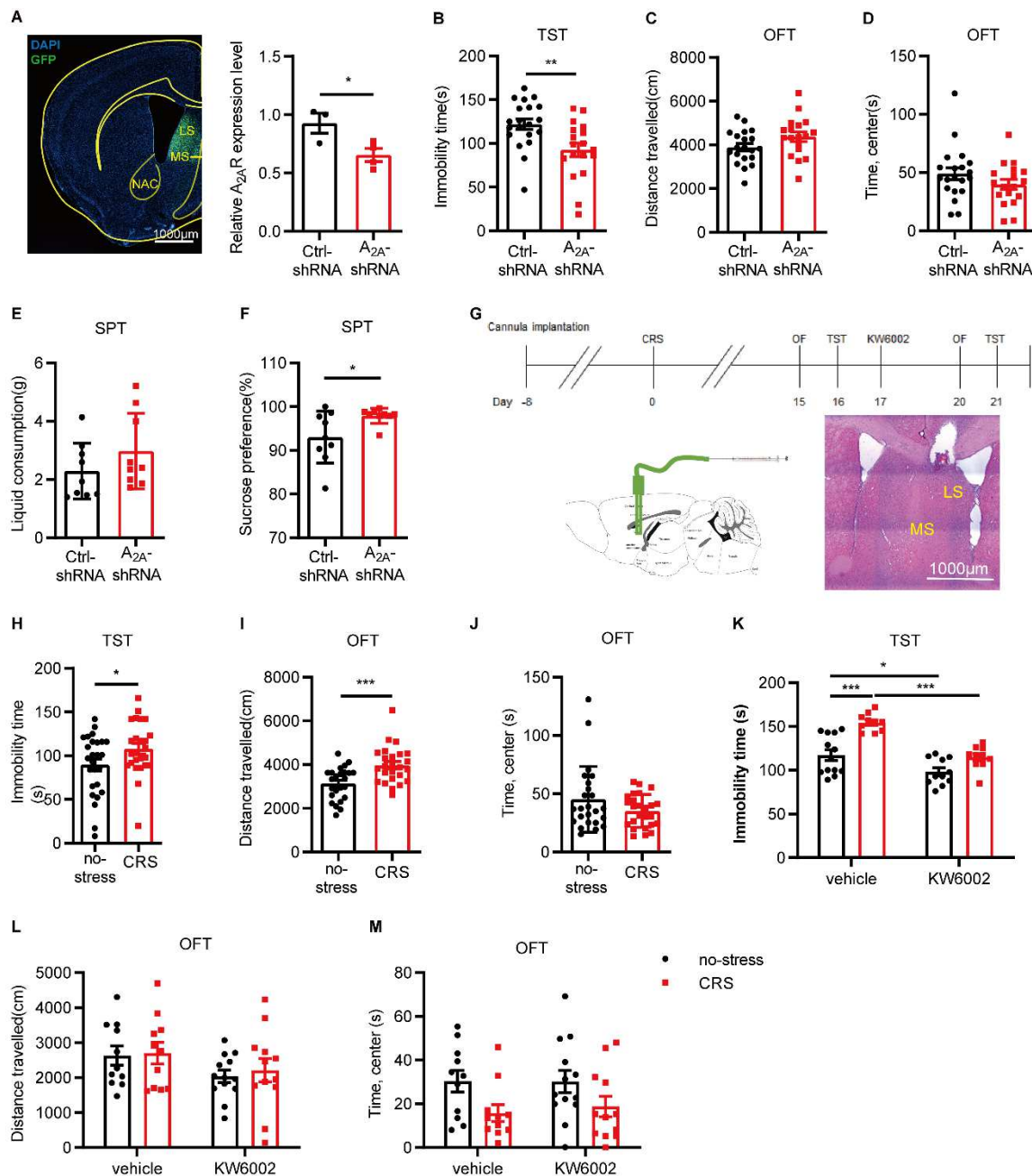
907 (A) Adenovirus expressing A<sub>2A</sub>R (A<sub>2A</sub>R-Ad) and ZsGreen (ZsGreen-Ad) in LS. Nuclei are stained with DAPI  
 908 in blue. Scale bar: 1000 µm. (B) Representative Western blots and quantification of A<sub>2A</sub> receptor  
 909 protein levels of mice injected with A<sub>2A</sub>R-Ad and ZsGreen-Ad (unpaired t-test). (C-H) Compared to  
 910 control mice (n=9), A<sub>2A</sub>R-Ad mice (n=9) displayed increased immobility in the tail suspension test (TST)  
 911 (C) (unpaired t-test), no change of the total distance travelled (D) (unpaired t-test) or the time in the  
 912 central area in the open field (OF) test (E) (Mann-Whitney test) and O maze test (F) (unpaired t-test).  
 913 A<sub>2A</sub>R-Ad mice (n=8) displayed similar total liquid consumption (G) (unpaired t test) but a decreased



914 consumption of sucrose compared with the control group (H) (Mann-Whitney test). Data are mean  $\pm$

915 SEM (unpaired t-test, \* $p < 0.05$ ).

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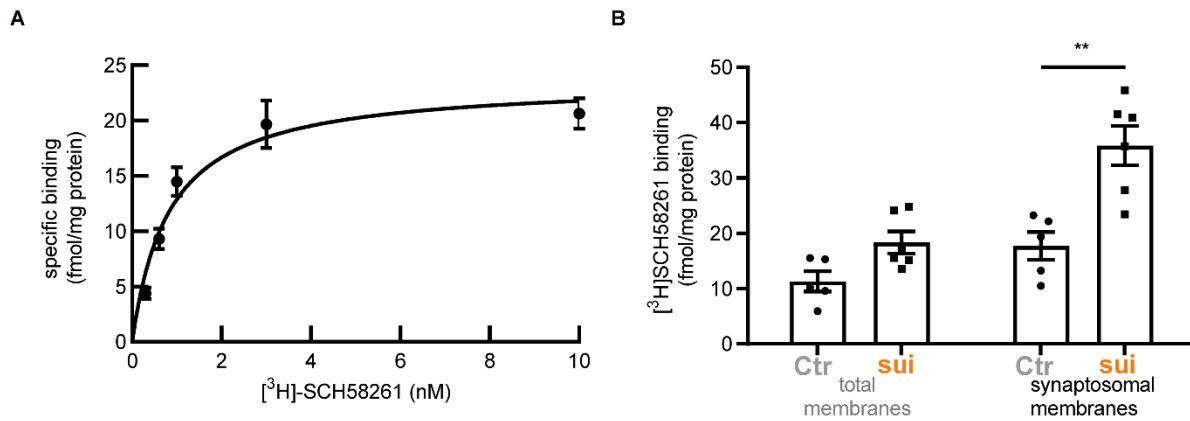
918 **Figure 9. Focal genetic and pharmacological inactivation of  $A_{2A}R$  in the lateral septum (LS) affords**  
 919 **an anti-depressant-like phenotype**

920 (A) Left:  $A_{2A}R$ -specific interference virus (AAV9-syn- $A_{2A}R$ -shRNA-EGFP) and control virus (AAV9-syn-  
 921  $A_{2A}R$ -shcontrol-EGFP) were injected in LS of C57BL/6J mice. Nuclei are stained with DAPI in blue. Scale  
 922 bar: 1000  $\mu$ m. Right: The downregulation of  $A_{2A}$  in LS was verified by qPCR ( $n=3$ /group) (unpaired t-  
 923 test). (B) Knockdown of  $A_{2A}R$  ( $n=18-20$  mice/group) reduced immobility in the tail suspension test (TST)  
 924 (unpaired t-test) without affecting basic motor activity (unpaired t-test) and time spent in the central

925 area (Mann-Whitney test) in the open field (OF) test (C, D). (E, F) LS-A<sub>2A</sub>R knockdown displayed similar  
926 total liquid consumption but increased the consumption of sucrose compared with control mice (n=9  
927 mice/group; Mann-Whitney test). (G) Schematic protocol for investigating the role of the A<sub>2A</sub>R  
928 antagonist KW6002 to reverse the CRS-induced depressive phenotypes. HE staining showing the  
929 position of the cannulas. Scale bar: 1000 μm. (H-J) After confirming the depressive-like behaviors in  
930 the CRS model by TST (G) and OF test (H, I) (unpaired t-test, Mann-Whitney test, \**p*<0.05, \*\*\**p*<0.001),  
931 (K-M) injection of KW6002 (0.5 μg/μL, 2 μL) into LS for three consecutive days can reverse the  
932 increased immobility in TST caused by CRS (K), but did not affect the performance of mice in OF test  
933 (L, M) (n=11-13/group; Two-way ANOVA with Bonferroni post hoc test, \**p*<0.05, \*\*\**p*<0.001). Data are  
934 mean ± SEM.

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937

938 **Figure 10. A<sub>2A</sub>R are upregulated in the postmortem lateral septum (LS) of suicide completers**

939 (A) Receptor binding quantification was inferred from the saturation isotherm of [<sup>3</sup>H]SCH58261  
 940 binding to membranes of the subgenual area BA25 of 5 controls. (B) Brain tissues from 6 suicide  
 941 completers with previous record of depressive conditions and 5 age-matched psychiatrically healthy  
 942 control subjects were collected and processed to prepare total membranes and synaptosomal  
 943 membranes used for quantitative radioligand receptor binding analysis with 2 nM of the A<sub>2A</sub>R  
 944 antagonist - [<sup>3</sup>H]SCH58261. The binding density in synaptosomal membranes (unpaired t-test,  
 945 \*\*p<0.01), but not the total membranes (Mann-Whitney test, p=0.0519), increased in suicide  
 946 completers compared to control subjects. Data are mean ± SEM.

947