

# Effect of fecal microbiota transplantation on neurological restoration in a spinal cord injury mouse model: involvement of brain-gut axis

**Yingli Jing**

China Rehabilitation Science Institute

**Yan Yu**

China Rehabilitation Science Institute

**Fan Bai**

China Rehabilitation Science Institute

**Limiao Wang**

China Rehabilitation Science Institute

**Degang Yang**

Chian Rehabilitation Research Center

**Chao Zhang**

China Rehabilitation Science Institute

**Chuan Qin**

China Rehabilitation Science Institute

**Mingliang Yang**

China Rehabilitation Research Center

**Dong Zhang**

Beijing Friendship Hospital

**Yanbing Zhu**

Beijing Friendship Hospital

**Jianjun Li**

China Astronautics Standards Institute

**Zhiguo Chen** (✉ [chenzhiguo@gmail.com](mailto:chenzhiguo@gmail.com))

Beijing Stomatological Hospital <https://orcid.org/0000-0003-1508-510X>

---

## Research

**Keywords:** fecal microbiota transplantation, neurological function, GI function, gut microbiota, neuroinflammation

**Posted Date:** April 1st, 2020

**DOI:** <https://doi.org/10.21203/rs.3.rs-20108/v1>

**License:**  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

---

**Version of Record:** A version of this preprint was published at Microbiome on March 7th, 2021. See the published version at <https://doi.org/10.1186/s40168-021-01007-y>.

1 **Effect of fecal microbiota transplantation on neurological restoration in a spinal**  
2 **cord injury mouse model: involvement of brain-gut axis**

3 Yingli Jing<sup>1,2,3,4\*</sup>, Yan Yu<sup>1,2,3,4\*</sup>, Fan Bai<sup>1,2,3,4\*</sup>, Limiao Wang<sup>1,2,3,4</sup>, Degang Yang<sup>1,3,4,5,6</sup>,  
4 Chao Zhang<sup>1,3,4,5,6</sup>, Chuan Qin<sup>1,3,4,5,6</sup>, Mingliang Yang<sup>1,3,4,5,6</sup>, Dong Zhang<sup>7,8,9</sup>, Yanbing  
5 Zhu<sup>7,8,9</sup>, Jianjun Li<sup>1,2,3,4,5,6&</sup>, Zhiguo Chen<sup>4,10&</sup>

6

7 <sup>1</sup>China Rehabilitation Science Institute, Beijing 100068, China

8 <sup>2</sup>Institute of Rehabilitation medicine, China Rehabilitation Research Center, Beijing  
9 100068, China

10 <sup>3</sup>Beijing Key Laboratory of Neural Injury and Rehabilitation, Beijing 100068, China

11 <sup>4</sup>Center of Neural Injury and Repair, Beijing Institute for Brain Disorders, Beijing  
12 100068, China

13 <sup>5</sup>Department of Spinal and Neural Function Reconstruction, China Rehabilitation  
14 Research Center, Beijing 100068, China

15 <sup>6</sup>School of Rehabilitation Medicine, Capital Medical University, Beijing 100068,  
16 China

17 <sup>7</sup>Immunology Research Center for Oral and Systemic Health, Beijing Friendship  
18 Hospital, Capital Medical University, Beijing, 100050, China

19 <sup>8</sup>Beijing Key Laboratory of Tolerance Induction and Organ Protection in  
20 Transplantation, Beijing, 100050, China

21 <sup>9</sup>Beijing Clinical Research Institute, Beijing, 100050, China

22 <sup>10</sup>Cell Therapy Center, Beijing Institute of Geriatrics, Xuanwu Hospital Capital

23 Medical University, National Clinical Research Center for Geriatric Diseases, and  
24 Key Laboratory of Neurodegenerative Diseases, Ministry of Education, Beijing  
25 100053, China

26

27

28 \* Yingli Jing, Yan Yu and Fan Bai contributed equally to this work.

29 & Corresponding authors: Jianjun Li ([13718331416@163.com](mailto:13718331416@163.com))

30 and Zhiguo Chen ([chenzhiguo@gmail.com](mailto:chenzhiguo@gmail.com).)

31

32

33 Yingli Jing. Email: [jingling.1090@163.com](mailto:jingling.1090@163.com).

34 Yan Yu. Email: [yuyancrrc@163.com](mailto:yuyancrrc@163.com).

35 Fan Bai. Email: [baifan\\_ren@163.com](mailto:baifan_ren@163.com).

36 Limiao Wang. Email: [limiaowang@foxmail.com](mailto:limiaowang@foxmail.com).

37 Degang Yang. Email: [zydyg2006@126.com](mailto:zydyg2006@126.com).

38 Chao Zhang. Email: [790316393@qq.com](mailto:790316393@qq.com).

39 Chuan Qin. Email: [qinchuanlove@126.com](mailto:qinchuanlove@126.com).

40 Mingliang Yang. Email: [chinayml3@163.com](mailto:chinayml3@163.com).

41 Dong Zhang. Email: [zhangd@ccmu.edu.cn](mailto:zhangd@ccmu.edu.cn)

42 Yanbing Zhu. Email: [zhuyanbing@ccmu.edu.cn](mailto:zhuyanbing@ccmu.edu.cn)

43

44

45 **Abstract:**

46 **Background:** Spinal cord injury (SCI) patients display disruption of gut microbiome  
47 and gut dysbiosis exacerbate neurological impairment in SCI models. Cumulative  
48 data support an important role of gut microbiome in SCI. Here, we investigated the  
49 hypothesis that fecal microbiota transplantation (FMT) may exert a neuroprotective  
50 effect on SCI mice.

51 **Results:** We found that FMT facilitated functional recovery, promoted neural axonal  
52 regeneration, improved animal weight gain and metabolic profiling, and enhanced  
53 intestinal barrier integrity and GI motility. High-throughput sequencing revealed that  
54 levels of phylum Firmicutes, genus Blautia, Anaerostipes and Lactobacillus were  
55 reduced in fecal samples of SCI mice, and FMT remarkably reshaped gut microbiome.  
56 Also, FMT-treated SCI mice showed increased amount of fecal short-chain fatty acids  
57 (SCFAs), which correlated with alteration of intestinal permeability and locomotor  
58 recovery. Furthermore, FMT down-regulated IL-1 $\beta$ /NF- $\kappa$ B signaling in spinal cord  
59 and NF- $\kappa$ B signaling in gut.

60 **Conclusion:** Our study demonstrates that reprogramming of gut microbiota by FMT  
61 improves locomotor and GI functions in SCI mice, possibly through the  
62 anti-inflammatory functions of SCFAs.

63

64 **Keywords:** fecal microbiota transplantation, neurological function, GI function, gut  
65 microbiota, neuroinflammation

66

67 **Background**

68 The gastrointestinal (GI) tract has the unique property of harboring numerous  
69 microbes within the lumen, and the cell number and genetic content outnumber those  
70 of the host by a factor of 10 and 150-fold, respectively [1, 2]. The commensal  
71 microbiome affects intestinal physiology, and modulates functions of the immune and  
72 endocrine systems of host [3-6]. Emerging evidence indicates that the composition  
73 and metabolites of microbiome not only regulate normal development in the central  
74 nervous system (CNS) such as formation of blood brain barrier, myelination,  
75 neurogenesis and microglia maturation [7-9], but also contribute to the onset and/or  
76 progression of neurological diseases including Alzheimer's disease, Parkinson's  
77 Disease, stroke, depression, anxiety, and autism [10-15].

78

79 Traumatic spinal cord injury (SCI) causes neurological impairment and secondary  
80 complications [16], such as colorectal, bladder and sexual dysfunctions, among which  
81 recovery of bowel function is even prioritized above the ability to walk to some  
82 researchers [17-19]. GI dysfunction often manifests as diminished colonic transit,  
83 constipation, evacuation dyssynergia, and overflow incontinence, which occur  
84 frequently in SCI and may aggravate neurological impairment [20]. Most recently,  
85 many lines of evidences demonstrate that aberrant gut microbial community is  
86 involved in the pathogenesis and clinical phenotypes of SCI [21-24]. Moreover, a  
87 strong correlation between the relative abundance of Clostridiales and  
88 Anaeroplasmatales and open-field locomotor has been observed in SCI mice,

89 indicating that the proportion of these bacteria might predict the size of functional  
90 recovery [22]. Recent investigations demonstrated that induced gut dysbiosis  
91 exacerbates lesion pathology and impairs functional recovery after SCI; whereas  
92 remodeling gut microbes is beneficial to locomotor recovery following injury [25, 23].  
93 These studies have emphasized a strong correlation between gut dysbiosis and SCI,  
94 and further imply the significance of gut microbiome in neurological regulation.

95

96 Based on fecal transfer experiment and gut microbiota remodeling results, a  
97 microbiota-targeted technique, i.e, FMT might be useful for treatment of different  
98 CNS diseases. Due to the complexity of gut microbiome and the numerous ways of  
99 interaction with host, the mechanisms of FMT in different CNS diseases have not  
100 been well understood. Currently, the research field on microbiota-gut-brain axis is  
101 gaining more attention in hope of shedding more light on the physiological and  
102 pathologic basis of neural restoration. Microbiota and brain communicate via various  
103 routes including the immune system and nervous system, involving microbial  
104 metabolites such as short-chain fatty acids [26]. In APP/PS1 transgenic mice, FMT  
105 alleviates Alzheimer's disease-like pathogenesis by reduction of COX-2 and CD11b  
106 levels, and alteration of gut microbiota and SCFAs [27]. In an MPTP-induced  
107 Parkinson's disease mouse model, FMT exerts a neuroprotective effect via inhibition  
108 of glia cell activation and modulating expression of fecal SCFAs [28]. In this study,  
109 we hypothesize that FMT may remodel gut microbiome and be neuroprotective in  
110 SCI.

111 **Materials**

112 **Animals**

113 Adult female C57BL/6 (18-22 g) mice were purchased from the Center of  
114 Experimental Animals, Capital Medical University (Beijing, China). Mice were kept  
115 under standard conditions (temperature  $22 \pm 2$  °C, humidity  $55 \pm 10$  %) with a 12:12  
116 light/dark cycle. Food and water were available *ad libitum*. Animal protocols have  
117 been approved by the Animal Care and Use Committee of Capital Medical  
118 University.

119

120 **Spinal cord injury**

121 Mice were anesthetized with 2% isoflurane. After anesthetization, the T10 spinal cord  
122 was exposed by laminectomy, followed by a 70-kilodyne contusion using the Infinite  
123 Horizons Impactor (Precision Systems & Instrumentation, Lexington, KY, USA).  
124 Afterwards, the muscle and the incision opening were sutured. During the surgical  
125 procedure and recovery from anesthesia, mice were placed in a warming chamber  
126 until they were completely awake. Postoperatively, animals were hydrated with 0.5 ml  
127 Ringer's solution (S. C.) for 5 days. Bladders were voided manually at least twice  
128 daily for the duration of the study. Surgical interventions and postoperative animal  
129 care were performed in accordance with the guidelines and policies for rodent  
130 survival surgery provided by the Experimental Animal Committee of Capital Medical  
131 University.

132

133 **Experimental groups**

134 Mice were randomly assigned to four groups (Sham, Sham + FMT, SCI, SCI + FMT)  
135 with 20 mice in each group. (1) the Sham group underwent a T10 laminectomy  
136 without SCI and received vehicle (0.1 ml saline); (2) mice in the Sham + FMT group  
137 underwent a T10 laminectomy without SCI and were treated with FMT for 4 weeks;  
138 (3) mice in the SCI group were subjected to SCI and were given vehicle; and (4) mice  
139 in the SCI + FMT group were subjected to SCI and were treated with FMT for 4  
140 weeks. We gave antibiotics to adult mice (6 weeks of age) through drinking water  
141 containing 0.2 g/L ampicillin, neomycin, and metronidazole, and 0.1 g/L vancomycin  
142 daily for 2 weeks. After this treatment, a total of 100 µl of the resuspended fecal  
143 transplant material was given by oral gavage to FMT mice (Sham+FMT, SCI+FMT)  
144 daily over a period of 4 weeks.

145

146 **Preparation of donor fecal transplant material**

147 The fecal material was collected and isolated as previously reported [29, 30]. The  
148 healthy female C57BL/6 mice were kept in same housing and environmental  
149 conditions. Antibiotics untreated, age-matched healthy female mice were used as  
150 donors to collect gut microbiota. The donor's fecal pellets were collected under SPF  
151 conditions. Stools from donor mice were pooled and 100 mg was re-suspended in 1  
152 ml of sterile saline (100 mg: 1 ml). The solution was vigorously mixed for 10 s using  
153 a benchtop vortex (Vortex-Genie 2, Scientific Industries, USA; speed 9), before  
154 centrifugation at 800 g for 3 min. The supernatant was collected and used as

155 transplant material as described below. Donor stool was freshly prepared on the day of  
156 transplant within 2 h before oral gavage administration to prevent changes in bacterial  
157 composition.

158

### 159 **Behavioral analysis**

160 The Basso Mouse Scale (BMS) was used to score hind limb movements as previously  
161 described [31]. Animals were assessed in an open field for 4 min before surgery and  
162 on day 3, 7, 14, 21 and 28 post-surgery. The performance of left and right hind limbs  
163 was rated separately and averaged to generate BMS scores and subscores. Specific  
164 parameters of locomotion were quantified using the DigiGait Image Analysis System  
165 [32, 33]. Mice were trained at a speed of 15 cm/s before SCI for 7 days, and then  
166 tested at 4 w at a speed of 9 cm/s. For each test, at least 5 complete step cycles were  
167 recorded, and the movement of each paw was analyzed using the Digigait analysis  
168 software (Digigait 12.4). Bilateral hind limb motor function was evaluated using a  
169 grip strength meter [34, 35]. Animals holding a grip bar were rapidly pulled away to  
170 assess the peak grip force. Seven consecutive trials were performed weekly for 4 w  
171 with the highest and lowest values removed to calculate the mean value for each time  
172 point.

173

### 174 **Recording of motor-evoked potentials (MEPs)**

175 Animals were anesthetized with pentobarbital sodium (40 mg/kg, i.p.) and two 30-G  
176 stimulating electrodes made of stainless steel were placed overlying the left and right

177 motor cortex. MEP was elicited by transcranial electrical stimulation with a pulse of 1  
178 ms at 7 mA using a DS3 constant current isolated stimulator (Digitimer). Responses  
179 were recorded from the gastrocnemius muscle using 30-G platinum transcutaneous  
180 needle electrodes (distance between recording electrodes was ~1 cm). Recording  
181 electrodes were connected to an active headstage (3110W Headstage; Warner  
182 Instruments) and signals amplified using a DP-311 differential amplifier (Warner  
183 Instruments). Amplified signal was acquired by the PowerLab 8/30 data-acquisition  
184 system (AD Instruments) at a sampling frequency of 20 kHz, digitized and stored in  
185 computer for analysis.

186

### 187 **Immunohistochemistry**

188 At 4 w after SCI, animals were perfused with 0.1 M PBS (pH 7.4, 37 °C) followed by  
189 4% (w/v) paraformaldehyde in 0.1 M PBS. Frozen sections of the spinal cord and  
190 colonic tissues were prepared at 20 µm thickness by using a cryostat microtome  
191 (Leica CM 3500, Wetzlar, Germany) and mounted on gelatin-coated glass slides.  
192 Sections were equilibrated in 0.1 M Tris-buffered saline for 10 min. After blocking  
193 with 10% normal goat serum in PBS for 1 h, sections of spinal cord were incubated  
194 for 1 h with primary antibodies, including mouse monoclonal anti-NeuN (1:100,  
195 Abcam, Cambridge, MA, USA), rabbit polyclonal anti-synapsin (1:100, Abcam,  
196 Cambridge, MA, USA), or rabbit polyclonal anti-NF-200 (1:100, Abcam, Cambridge,  
197 MA, USA), and sections of colon were incubated for 1 h with primary antibodies,  
198 including rabbit polyclonal anti-ZO-1 (1:100, Abcam, Cambridge, MA, USA), or

199 rabbit monoclonal anti-occludin (1:100, Abcam, Cambridge, MA, USA). After  
200 primary antibody incubation, slides were rinsed in PBS, followed by incubation with  
201 secondary antibodies. The slides were coverslipped with glycerinum-mounting media  
202 and examined by using fluorescence microscopy. The relative fluorescence intensity  
203 was calculated by using Image Pro Plus7.0 (Media Cybernetics, Silver Spring, MD,  
204 USA).

205

206 Paraffin sections of the spinal cord and colonic tissues were prepared at 8  $\mu\text{m}$   
207 thickness by using a microtome (Leica RM 2235, Wetzlar, Germany) and mounted on  
208 gelatin-coated glass slides. Sections were equilibrated in 0.1 M Tris-buffered saline  
209 for 10 min. After incubation in 0.3% hydrogen peroxide for 30 min, the sections were  
210 permeabilized with 0.1% Triton X-100 for 30 min. After blocking with 10% normal  
211 goat serum in PBS for 1 h, sections of spinal cord were incubated for 1 h with primary  
212 antibodies, including rabbit polyclonal anti-  $\text{TNF}\alpha$  (1:100, Abcam, Cambridge, MA,  
213 USA), rabbit polyclonal anti-  $\text{IL-1}\beta$  (1:100, Abcam, Cambridge, MA, USA), or rabbit  
214 polyclonal anti-  $\text{NF-}\kappa\text{B}$  (1:100, Abcam, Cambridge, MA, USA). After primary  
215 antibody incubation, slides were rinsed in PBS, followed by incubation with  
216 secondary antibodies. The slides were coverslipped with glycerinum-mounting media  
217 and examined by fluorescence microscopy. The relative gray value was calculated by  
218 using Image Pro Plus7.0 (Media Cybernetics, Silver Spring, MD, USA).

219

220 **Metabolic parameters**

221 Metabolic parameters were measured by using metabolic phenotyping chambers  
222 (Mouse Promethion Continuous caging system; Sable Systems™, Las Vegas, NV).  
223 To start the metabolic phenotyping, animals were transferred to the chambers  
224 individually under normal housing conditions. Air within the cages was sampled  
225 through micro-perforated stainless steel sampling tubes located around the bottom of  
226 the cages, above the bedding. Gas sensors were calibrated before each run with 100%  
227 N<sub>2</sub> as reference value zero. The incurrent flow rate was set at 2000 mL/min and gases  
228 were sampled continuously for each cage, from multiple points within the cage (250  
229 ml/min). Oxygen consumption and carbon dioxide (CO<sub>2</sub>) production were recorded  
230 for each mouse. Respiratory exchange quotient (RQ) was calculated as the ratio of  
231 CO<sub>2</sub> production over O<sub>2</sub> consumption. Energy expenditure was calculated using the  
232 Weir equation:  $\text{Kcal/h} = 60 * (0.003941 * \text{VO}_2 + 0.001106 * \text{VCO}_2)$  [36]. Values  
233 were calculated after application of algorithms using macros provided with the  
234 analysis software ExpeData [37].

235

### 236 **FITC–dextran permeability assay**

237 Four weeks after injury, the mice were fasted for 14 h and gavaged with fluorescein  
238 isothiocyanate–dextran (FITC–dextran, 4 KD; Sigma-Aldrich, Madrid, Spain) at a  
239 dose of 60 mg per 100 g body weight in a volume of 0.2 ml. Four hours later, the  
240 blood were collected by cardiac puncture and clotted for 30 min, followed by a 90 s  
241 centrifugation at 6,000 g. Serum was equally diluted with PBS, and 100 µl dilution  
242 was measured in a 96-well plate using a plate reader (EnSpire; Perkin Elmer) at an

243 excitation of 481 nm and an emission of 524 nm. The FITC-dextran was quantified by  
244 referring to standard curve measurements in the same plate.

245

#### 246 **Gastrointestinal transit assessment**

247 GI motility was assessed by using radiographic methods as described previously at 4  
248 w following injury. In detail, animals were intragastrically gavaged of barium (0.2 ml,  
249 2 g/ml), and immobilized in a prone position by using an adjustable hand-made  
250 transparent plastic tube. The plain facial radiographs of the GI tract were obtained  
251 using a digital X-ray apparatus (Siemens; 50 kV, 10 mA) and processed with NPG  
252 Real DVD Studio II software. Exposure time was adjusted to 0.06 s. To further reduce  
253 stress, mice were released immediately after each image shot (immobilization lasted  
254 1-2 min). X-rays were recorded at different times (immediately and 0.5, 1, 2, 3, 4, 6  
255 and 8 h after administration of barium). Analysis of the radiographs was performed by  
256 a trained investigator blind to the different groups. Alterations in GI motility were  
257 semiquantitatively determined from the images by assigning a compounded value to  
258 indicated regions of the GI tract considering the following parameters: percentage of  
259 the GI region filled with contrast (0–4); intensity of contrast (0–4); homogeneity of  
260 contrast (0–2); and sharpness of the GI region profile (0–2). Each of these parameters  
261 was scored and a sum (0–12 points) was made. X-ray images were also  
262 morphometrically analyzed using ImageJ software (version 1.38, National Institute of  
263 Health, USA), and the alterations in the stomach and colorectum were quantified.

264

265 **Microbial DNA extraction and PCR amplification**

266 Microbial DNA was extracted from stool samples using the E.Z.N.A.® Stool DNA  
267 Kit (Omega Bio-tek, Norcross, GA, U.S.) according to manufacturer's protocols. The  
268 V3-V4 region of the bacteria 16S rRNA gene was amplified by using PCR (95 °C for  
269 2 min, followed by 25 cycles at 95 °C for 30 s, 55 °C for 30 s, and 72 °C for 30 s and  
270 a final extension at 72 °C for 5 min) using primers 338F 5'-  
271 ACTCCTACGGGAGGCAGCA-3' and 806R 5'-  
272 GGACTACHVGGGTWTCTAAT-3'. PCR reactions were performed in triplicate  
273 20 µL mixture containing 4 µL of 5 × FastPfu Buffer, 2 µL of 2.5 mM dNTPs, 0.8 µL  
274 of each primer (5 µM), 0.4 µL of FastPfu Polymerase, and 10 ng of template DNA.

275

276 **Illumina MiSeq sequencing**

277 Amplicons were extracted from 2% agarose gels, purified by using the AxyPrep DNA  
278 Gel Extraction Kit (Axygen Biosciences, Union City, CA, U.S.), and quantified by  
279 using QuantiFluor™ -ST (Promega, U.S.). Purified amplicons were pooled in  
280 equimolar and paired-end sequenced (2 × 300 bp) on an Illumina MiSeq platform  
281 according to the standard protocols.

282

283 **Processing of sequencing data**

284 Raw fastq files were quality-filtered by Trimmomatic and merged by FLASH with the  
285 following criteria: (i) The reads were truncated at any site receiving an average quality  
286 score < 20 over a 50 bp sliding window. (ii) Sequences whose overlap being longer

287 than 10 bp were merged according to their overlap with mismatch no more than 2 bp.  
288 (iii) Sequences of each sample were separated according to barcodes (exact match)  
289 and primers (allowing 2 nucleotide mismatch), and reads containing ambiguous bases  
290 were removed.

291

292 Operational taxonomic units (OTUs) were clustered with 97% similarity cutoff  
293 using UPARSE (version 7.1) with a novel 'greedy' algorithm that performs chimera  
294 filtering and OTU clustering simultaneously. The taxonomy of each 16S rRNA gene  
295 sequence was analyzed by RDP Classifier algorithm against the Silva (SSU128) 16S  
296 rRNA database using confidence threshold of 70% [38].

297

### 298 **Fecal SCFA detection**

299 Fecal samples were weighed and then 20 mg transferred into a 2 ml EP tube, and 1  
300 mL phosphoric acid (0.5% v/v) solution was added in the EP tube, followed by  
301 vortexing for 10 min, and ultrasonic wave treatment for 5 min. Then 0.1 mL  
302 supernatant was added to a 1.5 mL centrifugal tube, and 0.5 mL MTBE (containing  
303 internal standard) solution was added, followed by vortexing for 3 min, and  
304 ultrasound treatment for 5 min. After that, the samples were centrifuged for 10 min at  
305 12,000 r/min at 4 °C. After centrifugation, the supernatant was analyzed using a gas  
306 chromatography-mass spectrometry (GC-MS/MS 7890B-7000D; Agilent  
307 Technologies Inc.) on a silica capillary column (DB-FFAP, 30m x 0.25mm x 0.25um,  
308 Agilent J&W) under the following conditions: injected sample size, 2 µL, splitless;

309 injector temperature at 200 °C; initial oven temperature at 95 °C, held for 1 min,  
310 raised to 100 °C at a rate of 25 °C/min, raised to 130 °C at a rate of 17 °C/min, held  
311 for 0.4 min, raised to 200 °C at a rate of 25 °C/min, held for 0.5 min. Helium was used  
312 as a carrier gas at 1.2 ml/min.

313

314 The main mass spectrometry conditions were as follows: Ion Source, EI; transfer  
315 line temperature, 230 °C; ion source temperature, 230 °C; quad temperature, 150 °C,  
316 electron energy, 70 eV; scan mode, MRM; and solvent delay, 2.4 min.

317

#### 318 **Western blot analysis**

319 A section of spinal cord 1 cm of length (epicenter  $\pm$  5 mm) and colonic tissue 1 cm of  
320 length were collected. The total protein was prepared in a lysis buffer (Beyotime,  
321 China) by lysing tissue homogenates for 1 h, and then centrifuged at 14,000 g for 8  
322 min at 4°C. The protein content of the supernatant was determined by using a protein  
323 assay kit (BCA, Pierce, Rockford, IN, USA). Equal amounts of total protein (50  $\mu$ g)  
324 were separated by using 12% sodium dodecyl sulfate-polyacrylamide gel  
325 electrophoresis and transferred to polyvinylidene difluoride membranes. The  
326 membranes were blocked with 5% non-fat skim milk in Tris-buffered saline solution  
327 with 0.05% Tween-20 (TBST) for 1 h, and then incubated with antibodies against  
328 TNF $\alpha$  (1:100, Abcam), IL-1 $\beta$  (1:100, Abcam), or NF- $\kappa$ B (1:100, Abcam) at 4°C  
329 overnight. After washing 3 times with TBST, appropriate horseradish  
330 peroxidase-conjugated secondary antibodies were added.  $\beta$ -actin (1:1000, Cell

331 Signaling Technology) was used as an internal control. The bands were visualized by  
332 using enhanced chemiluminescence, and images were acquired with ChemiDoc MP  
333 System (Bio-Rad, Hercules, CA, USA). The relative band intensities were quantified  
334 by using Quantity One (Bio-Rad, Hercules, CA, USA).

335

### 336 **Statistical analysis**

337 Results were presented as the mean values with the standard error of mean (SEM).  
338 The data were analyzed by using SPSS, version 17.0 statistic software package (SPSS  
339 Inc., Chicago, Illinois, USA). Student's t-tests were used to determine significance  
340 between two groups. Multivariate analysis of variance (MANOVA) was conducted to  
341 test between-group differences on the dependent measures. One-way analysis of  
342 variance followed by post-hoc Tukey's analysis was performed to compare groups of  
343 three or more. In addition, relationships between significant SCFAs changes and  
344 behavior scores (BMS), BMS subscores and gut permeability were evaluated using  
345 the Pearson correlation method. All analyses were conducted with an alpha level of p  
346 < 0.05 using SPSS statistical software. Effect size was reported as either a R<sup>2</sup> for the  
347 correlation analysis or Partial Eta<sup>2</sup> for MANOVA.

348

349 Qiime software package (Version 1.7.0) was used to analyze alpha diversity and  
350 beta diversity. Alpha diversity indices referring to community richness (Ace and Chao)  
351 were calculated based on the OTUs information of Sham, Sham+FMT, SCI and  
352 SCI+FMT groups. The beta diversities, including principal co-ordinate analysis

353 (PCoA) and non-metric multidimensional scaling (NMDS), were evaluated with  
354 uniFrac-weighted distance created by Qiime 1.7.0. Differential abundance of genera  
355 was tested by using Wilcoxon rank sum test, and P values were corrected for multiple  
356 testing with Benjamin and false discovery rate method.

357

## 358 **Results**

### 359 **FMT treatment improves locomotor recovery in spinal cord injury mice.**

360 The locomotor recovery was observed during the four weeks post-injury in all groups.  
361 FMT treatment further significantly increased hind limb locomotor function starting  
362 from fourteen days after injury compared to that of SCI group, and the improvement  
363 in BMS scores and BMS subscores continued until the end of the experiment (Fig.  
364 1a-b). Moreover, digigait and grip analysis are complementary behavioral tests used  
365 to evaluate the hindlimb gait and strength. The percentage of stride duration spent in  
366 the swing phase was decreased in SCI mice and this parameter was significantly  
367 improved in FMT treatment group (Fig. 1c). The percentage of the stride duration  
368 spent in the stance phase was significantly reduced following FMT treatment  
369 compared to SCI group (Fig. 1c). Accordingly, FMT treatment resulted in a significant  
370 increased swing to stance ratio in SCI mice (Fig. 1c). Additionally, stride length was  
371 increased and stride frequency was decreased, which was reversed by FMT treatment  
372 (Fig. 1d). To a certain extent, FMT were able to ameliorate the gait abnormality  
373 induced by SCI, and increase the coordination of gait. Measurements of grip strength  
374 were presented as a percentage of the baseline grip strength. All animals demonstrated

375 a gradual continued recovery of grip strength after injury. After treatment, grip  
376 strength differed between SCI group and FMT group showing a nonsignificant trend  
377 of improvement at 7 day post injury (dpi), 14 dpi and 21 dpi. Only at 28 dpi, FMT  
378 treatment group demonstrated a statistically significant improvement compared to SCI  
379 group (Fig. 1e). Altogether, mice treated with FMT exhibited a relatively greater  
380 locomotor recovery compared to injured mice without FMT treatment.

381

### 382 **FMT treatment facilitates restoration of descending motor pathways.**

383 Next, to examine the function of descending pathways from the motor cortex to the  
384 hindlimb motor neurons, we monitored motor evoked potentials (MEPs) at 4 w after  
385 injury (Fig. 2). MEPs, which reflect the connectivity of neuromuscular unit, were  
386 recorded at the gastrocnemius muscle after electrical stimulation on the motor cortex  
387 (Fig. 2a). In Sham and Sham+FMT groups, typical waveforms of MEPs were detected.  
388 Following injury, the MEPs were mostly abolished, indicating a disruption of the  
389 neuromuscular unit. With FMT treatment, the SCI mice displayed larger amplitude,  
390 compared to SCI mice without FMT treatment (Fig. 2b). The quantification of the  
391 amplitudes in different groups was shown in Figure 2c. Additionally, SCI mice  
392 developed significant delayed (to 17.8 ms) in MEP latency compared with Sham  
393 group (4.63 ms), the latencies of MEP showed no significant difference between SCI  
394 and SCI+FMT groups, although there was a trend toward shorter latencies in the FMT  
395 group (Fig. 2d). These observations indicated that FMT treatment is beneficial, and  
396 may further enhance functional recovery after SCI.

397

### 398 **FMT treatment promotes neuronal survival and synaptic regeneration.**

399 To investigate the anatomical basis of the observed locomotor recovery, we  
400 performed immunofluorescent staining on the spinal cord sections (Fig. 3). In the  
401 Sham group, neurons in the ventral horn appeared normal, with large cell bodies and  
402 intact axons. SCI induced a significant loss of NeuN-positive neurons. However, the  
403 number of NeuN-positive cells was significantly higher in the FMT group compared  
404 to that of the SCI group (Fig. 3a). The quantification of neuronal cell bodies across  
405 the four groups was shown in Figure 3b. Synapsin (SYN) is a type of vesicle protein  
406 that marks the presynaptic membranes. Immunostaining analysis showed a reduction  
407 in synapsin staining in SCI group at 4 w post-injury, and the staining intensity was  
408 increased by FMT treatment (Fig. 3a, 3c). Neurofilaments (NF-200) are cell  
409 type-specific proteins abundant in neuronal axons and the staining has been applied  
410 for evaluation of neuronal and axonal damage [39, 40]. Compared with the SCI group,  
411 staining against NF-200 in the lesion areas was increased with FMT treatment at 4 w  
412 post-injury (Fig. 3a, 3d). The data suggested that FMT treatment may have promoted  
413 neuronal survival and axonal regeneration after traumatic SCI.

414

#### 415 **FMT treatment improves weight gain and metabolic profile in SCI mice.**

416 The body weights were monitored and compared at indicated time points. The Sham  
417 and Sham+FMT groups showed stable and comparable body weights over the 4 w of  
418 observation. For both SCI and SCI+FMT groups, body weight rapidly decreased  
419 during the first 3 days after surgery, and gradually gained back in the following days.  
420 Compared with SCI group, SCI+FMT mice gained more weight, which showed

421 statistically significant difference at 14, 21 and 28 days post-injury (Fig. 4a).  
422 Consistent with these results, an increase in food intake and water consumption was  
423 observed in the SCI+FMT group as compared to the SCI group, especially at day 28  
424 post-injury (Fig. 4b-c). In addition, the metabolic parameters were assessed over a 24  
425 h period at week 4 post-injury. Indirect calorimetry revealed that the average energy  
426 expenditure was significantly elevated with FMT treatment in SCI animals (Fig. 4d-e).  
427 As shown in Figure 4f and g, the average respiratory exchange quotient (RQ) values  
428 were restored in SCI+FMT group. These data demonstrated that FMT treatment after  
429 SCI led to more food and water consumption, higher energy expenditure, and greater  
430 body weight gains.

431

432 **FMT treatment is conducive to maintaining intestinal barrier integrity in SCI**  
433 **mice.**

434 Altered intestinal barrier integrity and subsequent gastrointestinal dysfunction have  
435 been postulated as a pathophysiological event in SCI. To test whether FMT treatment  
436 had any impact on intestinal barrier permeability after SCI, the mice were gavaged  
437 with FITC-labeled dextran (4 KD) at week 4 post-injury, and FITC levels in blood  
438 were measured. Permeability in colon was more severe in SCI mice compared to that  
439 of SCI+FMT mice (Fig. 5a). Intestinal tight junctions (TJs) have been shown to be  
440 associated with intestinal barrier integrity [41]. Therefore, we investigated the  
441 expression and distribution of TJ proteins in the colon. As depicted in Figure 5c,  
442 expressions of ZO-1 and occludin indicated an increased disruption and

443 disorganization at the apical surface, and FMT treatment stabilized TJ structures, as  
444 evidenced by smooth and organized localization of ZO-1 and occludin (Fig. 5b). The  
445 results demonstrated that FMT treatment had facilitated to maintain intestinal barrier  
446 integrity and upregulate the expression of tight junction proteins after SCI.

447

#### 448 **FMT treatment accelerates GI transit in SCI mice.**

449 GI transit, as an overall measure of GI motility, was assessed in mice by using barium  
450 gavage followed by X-ray imaging. Representative images from different groups were  
451 shown in Fig. 6a at different time points (2, 3 and 8 h). Overall, SCI mice displayed a  
452 higher level of filling of GI tract, indicative of a slower GI transit, while FMT  
453 treatment accelerated GI transit in mice after injury (Fig. 6a). With regard to filling of  
454 colorectum, the dynamics for Sham+FMT group was similar to that for Sham group.  
455 GI motility was markedly delayed after injury, which was improved at certain time  
456 points in SCI+FMT mice (Fig. 6a-b). Morphometric analysis showed that injury  
457 increased the filling of colorectum, which was reversed by FMT treatment (Fig. 6a,  
458 6c). Collectively, FMT treatment might have contributed to the faster GI transit  
459 following SCI.

460

#### 461 **FMT treatment modulates gut microbiota composition in SCI mice.**

462 To test whether FMT has modulated gut microbiota, we performed 16S rRNA  
463 (V3+V4 regions) gene sequencing to analyze the bacterial taxonomic composition  
464 following microbial therapy in SCI mice. Based on a 97% similarity threshold, the

465 effective reads were clustered into 221 operational taxonomic units (OTUs), which  
466 included 123 species, 90 genera, 46 families, 30 orders, 20 classes and 11 phyla. As  
467 shown in Figure 7a and 7b, there were significant differences in the ace and chao  
468 indices between the sham group and SCI group. FMT treatment significantly  
469 increased the richness of the intestinal microbiota in SCI mice. To measure the degree  
470 of similarity between microbial communities,  $\beta$  diversity was further evaluated by  
471 using uniFrac-weighted principal coordinate analysis (PCoA) and non-metric  
472 multi-dimensional scaling (NMDS). Sham+FMT group clustered closely to Sham  
473 group, suggesting that FMT treatment did not have significant effect on gut  
474 microbiota in normal animals without SCI. SCI group clustered distinctly from sham  
475 group, and FMT treatment changed the profile of SCI-disrupted gut microbiota (Fig.  
476 7c-d). The differences in microbial communities among groups suggested that the  
477 presence of gut dysbiosis in SCI mice was modulated following FMT treatment. By  
478 investigating the abundance and distribution of gut microbiota in Sham group, SCI  
479 group and SCI+FMT group, we identified a number of altered microbiota that might  
480 be responsible for microbial dysbiosis. The heatmap showed a significant difference  
481 in the relative abundance across the groups at the phylum level (Fig. 7e). Compared to  
482 Sham group, the abundance of Firmicutes was reduced in SCI group, which was  
483 reversed by FMT treatment. In contrast, the abundance of Bacteroidetes in SCI mice  
484 did not differ from those of Sham and SCI+FMT mice (Fig. 7e). To further explore  
485 the changes in the gut microbial community structure among groups, the genus level  
486 analysis was performed. As shown in Figure 7f, SCI significantly decreased the

487 relative abundance of *Blautia*, *Anaerostipes* and *Lactobacillus*. FMT treatment  
488 markedly increased the relative abundance of *Blautia* and *Anaerostipes*, while it had  
489 little effect on that of *Lactobacillus* (Fig. 7f). Compared to Sham group, Sham+FMT  
490 group did not show significant changes in microbiota at phylum and genus levels  
491 (data not shown). Together, these data indicated that FMT treatment could have  
492 modulated the microbiota composition to alleviate gut microbial dysbiosis in SCI  
493 mice.

494

#### 495 **FMT treatment restores fecal short-chain fatty acids (SCFAs) in SCI mice**

496 Certain end products of fermentation by the gut microbes could enter the bloodstream  
497 and impact the physiology of the CNS in the host [7, 42]. Among the potential factors  
498 regulating the microbiota gut-brain axis, microbial metabolites SCFAs may be the  
499 major mediators. We examined the fecal concentrations of certain SCFAs including  
500 acetic acid, propionic acid, butyric acid, isobutyric acid, valeric acid, isovaleric acid  
501 and caproic acid in the different groups. Among the tested fecal SCFAs, butyric acid  
502 content was altered to the greatest extent, a decrease by 58.6% in SCI compared to  
503 that of sham group. FMT upregulated fecal butyric acid level by 46.7% compared to  
504 that of SCI mice (Fig. 8b). Similar to butyric acid, propionic acid and isobutyric acid  
505 were also decreased in SCI mice by 21.2% and 39.4%, respectively, compared to  
506 those of Sham group, and FMT treatment significantly augmented fecal propionic  
507 acid and isobutyric acid levels by 21.3% and 65.0% in SCI mice (Fig. 8a, 8c). Caproic  
508 acid was decreased by 31.8% in SCI mice, but FMT treatment did not significantly

509 change the amount of caproic acid (Fig. 8d). Additionally, no significant changes  
510 were found as to acetic acid, valeric acid and isovaleric acid (Table s1). The data  
511 suggested that FMT treatment might have mediated pathophysiological changes in the  
512 host through alteration of fecal SCFAs.

513

514 **Correlations between SCFAs and locomotor recovery/ intestinal barrier**  
515 **permeability.**

516 We next assessed whether the contents of propionic acid, butyric acid, and isobutyric  
517 acid were correlated with locomotor recovery or intestinal integrity. A multivariate  
518 analysis of variance (MANOVA) was performed with groups as the independent  
519 variable, motor outcomes (BMS scores and subscores), intestinal permeability  
520 (FITC-dextran) and level of metabolites (Butyricacid, Propionicacid, Isobutyricacid)  
521 as the dependent variables. Hotelling's Trace revealed a significant multivariate effect  
522 of group on corresponding index [ $F(12,30) = 33.83$ ;  $p < 0.001$ ]. Univariate ANOVAs  
523 revealed significant effects among different groups on BMS scores [ $F(2,21) = 97.04$ ;  
524  $p < 0.001$ ], BMS Subscore [ $F(2,21) = 210.79$ ;  $p < 0.001$ ], FITC-dextran [ $F(2,21) =$   
525  $10.04$ ;  $p = 0.001$ ], Butyricacid [ $F(2,21) = 7.79$ ;  $p = 0.003$ ], Propionicacid [ $F(2,21) =$   
526  $4.76$ ;  $p = 0.02$ ] and Isobutyricacid [ $F(2,21) = 3.61$ ;  $p = 0.045$ ] (Table s2).

527

528 As shown in Figure 9, the content of propionic acid was positively correlated with  
529 open field locomotor (BMS) scores and BMS subscores; similar results were obtained  
530 with regard to the correlation of butyric acid amount to BMS scores and BMS

531 subscores. Inverse relationships were found between the content of butyric acid and  
532 FITC-dextran permeability. In addition, the content of isobutyric acid was positively  
533 correlated with BMS subscores. And the association between the content of isobutyric  
534 acid and BMS scores / FITC-dextran permeability was not statistically significant. It  
535 seems that the contents of certain SCFAs could provide certain predictive power as to  
536 functional recovery and barrier integrity after SCI.

537

538 **FMT alleviates neuroinflammation possibly by suppressing IL-1 $\beta$ / NF- $\kappa$ B**  
539 **signaling pathway.**

540 To further explore the molecular interactions between gut microbial dysbiosis and  
541 neuroinflammation in SCI, we characterized spinal cord expression of TNF $\alpha$ , IL-1 $\beta$   
542 and NF- $\kappa$ B by applying immunohistochemical analysis and western blotting. Figure  
543 10a and b indicated that the expression of TNF $\alpha$  did not show significant alterations  
544 among different groups. While, a substantial increase in IL-1 $\beta$  and NF- $\kappa$ B positive  
545 staining was found in spinal cord tissues collected from mice at 4 w after SCI.  
546 However, treatment with FMT reduced the positive staining of both IL-1 $\beta$  and NF- $\kappa$ B.  
547 Next, the result of western blotting indicated that FMT treatment remarkably  
548 attenuated the expressions of IL-1 $\beta$  and NF- $\kappa$ B following injury and did not  
549 significantly alter the expression of TNF $\alpha$ , which was consistent with the result of  
550 immunostaining analysis.

551

552 **FMT alleviates gut inflammation possibly by suppressing NF- $\kappa$ B signaling**

553 **pathway.**

554 We also investigated whether inflammation was involved in gut. Figure 11a and b  
555 showed that the expression of TNF $\alpha$  and IL-1 $\beta$  did not differ significantly between  
556 groups. However, expression of NF- $\kappa$ B was upregulated in the colon of SCI mice vs.  
557 that of Sham mice, and SCI+FMT mice down-regulated NF- $\kappa$ B pathway in colon  
558 compared with that of SCI mice. The results suggested that NF- $\kappa$ B signaling pathway  
559 was involved in gut inflammation and neuroinflammation. Recent studies have  
560 indicated that SCFAs exert anti-inflammatory and neuroprotective effects in  
561 neurodegenerative disorders [28, 43]. FMT may alter SCFA expression profiles and  
562 alleviate gut inflammation and neuroinflammation.

563

## 564 **Discussion**

565 Accumulating evidence suggests that gut microbial dysbiosis may be involved in SCI  
566 pathogenesis and clinical manifestations [22, 23, 25]. In the present study, we found  
567 that FMT not only reshaped microbiota in SCI mice, but also improved neurological  
568 functions of SCI mice. FMT could attenuate GI dysfunction and modulate microbiota  
569 metabolites in SCI mice. Moreover, FMT had no apparent side effect on behavioral  
570 and GI functions in sham mice. These data suggest that FMT treatment can ameliorate  
571 gut microbial dysbiosis and modulate metabolites, which subsequently lead to  
572 alleviated functional impairment, elevated neuromuscular connection and improved  
573 neurological regeneration.

574 Studies have shown that gut microbial dysbiosis occurs in SCI patients and

575 murine models of SCI. Kigerl and colleagues reported that microbiome dysbiosis  
576 impedes functional recovery in SCI mice, which can be reversed by administration of  
577 probiotics [23]. In the previous study we explored the functions of melatonin on  
578 intestinal microbiota in SCI mice. That study showed that gut microbiota may have  
579 directly or indirectly contributed to melatonin-induced beneficial effects in SCI mice  
580 [25]. In the current study, we continued to investigate whether FMT can be applied as  
581 an interventional approach to improve functional recovery in SCI; and if so, what  
582 components of the fecal transplant might have exerted such effects. By employing a  
583 mouse SCI model, we revealed that phylum Firmicutes, genus *Blautia* and genus  
584 *Anaerostipes* may be involved in SCI-induced dysbiosis and act as the effective  
585 components in fecal transplant.

586

587 Through 16S rRNA sequencing, we identified Firmicutes and Bacteroidetes (two  
588 major bacterial taxa) that were changed in SCI mice, and FMT treatment significantly  
589 increased the amount of Firmicutes. A positive correlation was observed between the  
590 level of Firmicutes and locomotor recovery. However, phylum Firmicutes consists of  
591 a mixture of members with different, even opposing effects; therefore it is required to  
592 investigate further down to the genus level, which revealed that *Blautia* and  
593 *Anaerostipes* levels were reversed by FMT treatment. These microbes belong to the  
594 putative short-chain fatty acid (SCFA)-producing bacteria and butyrate-producing  
595 bacteria, respectively. Studies have showed that SCFA-producing bacteria may  
596 benefit the host through protecting the mucosa from pathogen-induced damage,

597 supplying nutrients to colonocytes, and mitigation of inflammation [44, 45]. The  
598 interactions between the resident beneficial gut bacteria (eg SCFA-producing bacteria)  
599 and opportunistic pathogens (eg endotoxin-producing bacteria) have been considered  
600 as a crucial factor for intestinal homeostasis [46]. Decrease of SCFA-producing  
601 bacteria has been observed as a quite common phenomenon in metabolic diseases  
602 such as insulin resistance and obesity [46, 47], two indications that frequently occurred  
603 in SCI patients. A previous study showed that certain drug intervention (e.g. berberin)  
604 can effectively prevent high-fat diet (HFD)-induced insulin resistance through  
605 enriching SCFA-producing *Blautia* and *Allobaculum* in the gut of rats [47]. Liping  
606 Zhao and colleagues reported that, enrichment of SCFA-producing bacteria by  
607 administration of berberine or metformin may be beneficial to ameliorate  
608 HFD-induced obesity in rats [48]. In the current study, increase of the genus *Blautia*  
609 and *Anaerostipes* was observed following FMT, indicating that enrichment of  
610 SCFA-producing bacteria may be a potential mechanism underlying the beneficial  
611 effect of FMT treatment.

612

613 SCFAs are usually produced by gut commensal bacteria through anaerobic  
614 fermentation of undigested carbohydrates. These particular fatty acids are relatively  
615 small in size, thus are capable of crossing the blood brain barrier (BBB) via  
616 monocarboxylate transporters to impact the physiology of the CNS [7, 42, 49].  
617 SCFAs have profound effect on gut function by mediating intestinal immune function  
618 and suppressing intestinal inflammation [50-52]. Also, SCFAs have potent

619 anti-inflammatory effects on macrophages and can suppress ongoing inflammation in  
620 the CNS [53, 54]. Among the SCFAs, sodium butyrate exerts neuroprotective effects  
621 and anti-inflammatory properties following spinal cord injury [43]. Kukkar et al.  
622 showed that oral administration of butyrate attenuates neuropathic pain symptoms in a  
623 chronic constriction injury (CCI) model, which may be mainly attributed to its ability  
624 to reduce the release of proinflammatory mediators during neuropathy development  
625 [56]. Clinical data revealed a significant reduction in butyrate producing phylum  
626 members in SCI patients, suggesting that reduced levels of butyrate may have an  
627 impact on long-term recovery after SCI [21]. Our study demonstrates that the  
628 decreased amount of fecal SCFAs in SCI mice correlates with higher levels of  
629 inflammation in spinal cord and colon. Accordingly, we observed a higher amount of  
630 fecal SCFAs and a lower level of inflammatory indicators such as IL-1 $\beta$  and NF- $\kappa$ B  
631 in spinal cord and NF- $\kappa$ B in colon, following FMT treatment in SCI mice. The study  
632 suggests that FMT may exert a neuroprotective effect in SCI via upregulating  
633 expression of fecal SCFAs and suppressing ongoing inflammation.

634

635       However, some concerns existed regarding the application of FMT for SCI  
636 treatment. The foremost concern is the safety of FMT, although most studies have  
637 shown that adverse events associated with FMT are mild and transient, such as  
638 abdominal discomfort, nausea, vomiting, bloating or flatulence [56, 57]. Recent  
639 studies reported unpredictable risk of drug-resistant E.coli Bacteremia transmitted by  
640 FMT [58, 59] and FDA has since issued safety warning regarding clinical application

641 of FMT. In our study, no obvious side effects of FMT were observed on sham group,  
642 but more thorough investigations on the safety and adverse reactions are necessary  
643 prior to clinical use can be considered. Another issue is related to the complexity of  
644 gut microbiome itself and the numerous ways it may interact with the host. Most  
645 microbiota studies rely on 16S RNA sequencing technology, which still lacks the  
646 resolution power to go beyond Genus level. Therefore, it would be difficult to identify  
647 microbes at strain level and delineate the causative relationship that may lead to a  
648 more precise interventional strategy. But this issue may be solved with advancement  
649 of sequencing technology and optimization of data processing [60]. Another new  
650 approach in gut microbiota studies is application of bacteriophages, which seems to  
651 have the power to modulate gut microbiota at a strain level [61]. Future studies may  
652 take advantage of these new technologies to further elucidate the mechanisms  
653 underlying the impact of FMT on SCI mice, and to tease out the causative relationship  
654 of microbiota-host and microbiota-microbiota interactions.

655

## 656 **Conclusions**

657 FMT treatment facilitated functional recovery, promoted neural axonal regeneration,  
658 improved animal weight gain and metabolic profiling, as well as enhanced intestinal  
659 barrier integrity and GI motility. Additionally, FMT treatment significantly altered the  
660 composition of intestinal microbiota and the amount of fecal short-chain fatty acids.  
661 Furthermore, FMT down-regulated IL-1 $\beta$ /NF- $\kappa$ B signaling in spinal cord and NF- $\kappa$ B  
662 signaling in gut. The data demonstrated that FMT reprogramming gut microbiota

663 improved locomotor function and GI function which might concentrate to the  
664 anti-inflammatory of SCFAs in SCI mice.

665

666 **Declarations**

667 **Acknowledgements**

668 Not applicable.

669 **Availability of data and materials**

670 All data generated or analysed during this study are included in this published article  
671 and its supplementary information file.

672 **Funding**

673 This work was supported by the National Natural Science Foundation of China  
674 (81901272) and the Special Fund for Basic Scientific Research of Central Public  
675 Research Institutes, grant number: 2016cz-1, 2018cz-8.

676 **Authors' contributions**

677 JL and ZC conceived the study and directed the study; YJ, YY and FB designed the  
678 experiments, interpreted the results and wrote the manuscript; LW and DY carried out  
679 the animal experiments and obtained the data; YJ, CZ and CQ performed behavioral  
680 tests, biochemical experiments and histological analysis; YJ and FB analyzed the data;  
681 MY, DZ and YZ revised the manuscript. All authors have read and approved the final  
682 version of the manuscript.

683 **Competing interests**

684 The authors declare that they have no competing interests.

685 **Consent for publication**

686 All the authors consented to the publication of the study once it is accepted.

687 **Ethics approval and consent to participate**

688 Animal protocols have been approved by the Animal Care and Use Committee of  
689 Capital Medical University. Surgical interventions and postoperative animal care were  
690 performed in accordance with the guidelines and policies for rodent survival surgery  
691 provided by the Experimental Animal Committee of Capital Medical University.

692

693 **References**

- 694 1. de Vos WM, de Vos EA. Role of the intestinal microbiome in health and disease:  
695 from correlation to causation. *Nutr Rev.* 2012;70 Suppl 1:S45-56.
- 696 2. Lozupone CA, Stombaugh JI, Gordon JI, Jansson JK, Knight R. Diversity,  
697 stability and resilience of the human gut microbiota. *Nature.* 2012;489:220-30.
- 698 3. Simren M, Barbara G, Flint HJ, Spiegel BM, Spiller RC, Vanner S, et al.  
699 Intestinal microbiota in functional bowel disorders: a Rome foundation report.  
700 *Gut.* 2013;62:159-76.
- 701 4. Clemente JC, Ursell LK, Parfrey LW, Knight R. The impact of the gut microbiota  
702 on human health: an integrative view. *Cell.* 2012;148:1258-70.
- 703 5. Round JL, Mazmanian SK. The gut microbiota shapes intestinal immune  
704 responses during health and disease. *Nat Rev Immunol.* 2009;9:313-23.
- 705 6. Forsythe P, Kunze WA. Voices from within: gut microbes and the CNS. *Cell Mol*  
706 *Life Sci.* 2013;70:55-69.

- 707 7. Sharon G, Sampson TR, Geschwind DH, Mazmanian SK. The Central Nervous  
708 System and the Gut Microbiome. *Cell*. 2016;167:915-32.
- 709 8. Hoban AE, Stilling RM, Ryan FJ, Shanahan F, Dinan TG, Claesson MJ, et al.  
710 Regulation of prefrontal cortex myelination by the microbiota. *Transl Psychiatry*.  
711 2016;6:e774.
- 712 9. Braniste V, Al-Asmakh M, Kowal C, Anuar F, Abbaspour A, Toth M, et al. The  
713 gut microbiota influences blood-brain barrier permeability in mice. *Sci Transl*  
714 *Med*. 2014;6:263ra158.
- 715 10. Liu P, Wu L, Peng G, Han Y, Tang R, Ge J, et al. Altered microbiomes distinguish  
716 Alzheimer's disease from amnesic mild cognitive impairment and health in a  
717 Chinese cohort. *Brain Behav Immun*. 2019;80:633-43.
- 718 11. Sampson TR, Debelius JW, Thron T, Janssen S, Shastri GG, Ilhan ZE, et al. Gut  
719 Microbiota Regulate Motor Deficits and Neuroinflammation in a Model of  
720 Parkinson's Disease. *Cell*. 2016;167:1469-80 e12.
- 721 12. Benakis C, Brea D, Caballero S, Faraco G, Moore J, Murphy M, et al.  
722 Commensal microbiota affects ischemic stroke outcome by regulating intestinal  
723 gammadelta T cells. *Nat Med*. 2016;22:516-23.
- 724 13. Foster J, Neufeld KA. Gut-brain axis: How the microbiome influences anxiety  
725 and depression. *Trends Neurosci*. 2013;36:305-12.
- 726 14. Kang DW, Adams JB, Gregory AC, Borody T, Chittick L, Fasano A, et al.  
727 Microbiota Transfer Therapy alters gut ecosystem and improves gastrointestinal  
728 and autism symptoms: an open-label study. *Microbiome*. 2017;5.

- 729 15. Chen K, Luan X, Liu Q, Wang J, Chang X, Snijders AM, et al. *Drosophila*  
730 Histone Demethylase KDM5 Regulates Social Behavior through Immune Control  
731 and Gut Microbiota Maintenance. *Cell Host Microbe*. 2019;25:537-52 e8.
- 732 16. Bauman WA, Spungen AM. Carbohydrate and lipid metabolism in chronic spinal  
733 cord injury. *J Spinal Cord Med*. 2001;24:266-77.
- 734 17. Lynch AC, Antony A, Dobbs BR, Frizelle FA. Bowel dysfunction following  
735 spinal cord injury. *Spinal Cord*. 2001;39:193-203.
- 736 18. Anderson KD. Targeting recovery: priorities of the spinal cord-injured population.  
737 *J Neurotrauma*. 2004;21:1371-83.
- 738 19. Simpson LA, Eng JJ, Hsieh JT, Wolfe DL, Spinal Cord Injury Rehabilitation  
739 Evidence Scire Research T. The health and life priorities of individuals with  
740 spinal cord injury: a systematic review. *J Neurotrauma*. 2012;29:1548-55.
- 741 20. White AR, Holmes GM. Anatomical and Functional Changes to the Colonic  
742 Neuromuscular Compartment after Experimental Spinal Cord Injury. *J*  
743 *Neurotrauma*. 2018;35:1079-90.
- 744 21. Gungor B, Adiguzel E, Gursel I, Yilmaz B, Gursel M. Intestinal Microbiota in  
745 Patients with Spinal Cord Injury. *PLoS One*. 2016;11:e0145878.
- 746 22. Zhang C, Zhang W, Zhang J, Jing Y, Yang M, Du L, et al. Gut microbiota  
747 dysbiosis in male patients with chronic traumatic complete spinal cord injury. *J*  
748 *Transl Med*. 2018;16:353.
- 749 23. Kigerl KA, Hall JCE, Wang LL, Mo XK, Yu ZT, Popovich PG. Gut dysbiosis  
750 impairs recovery after spinal cord injury. *J Exp Med*. 2016;213:2603-20.

- 751 24. O'Connor G, Jeffrey E, Madorma D, Marcillo A, Abreu MT, Deo SK, et al.  
752 Investigation of Microbiota Alterations and Intestinal Inflammation Post-Spinal  
753 Cord Injury in Rat Model. *J Neurotrauma*. 2018;35:2159-66.
- 754 25. Jing YL, Yang DG, Bai F, Zhang C, Qin C, Li D, et al. Melatonin Treatment  
755 Alleviates Spinal Cord Injury-Induced Gut Dysbiosis in Mice. *J Neurotrauma*.  
756 2019;36:2646-64.
- 757 26. Cryan JF, O'Riordan KJ, Cowan CSM, Sandhu KV, Bastiaanssen TFS, Boehme  
758 M, et al. The Microbiota-Gut-Brain Axis. *Physiol Rev*. 2019;99:1877-2013.
- 759 27. Sun J, Xu J, Ling Y, Wang F, Gong T, Yang C, et al. Fecal microbiota  
760 transplantation alleviated Alzheimer's disease-like pathogenesis in APP/PS1  
761 transgenic mice. *Transl Psychiatry*. 2019;9:189.
- 762 28. Sun MF, Zhu YL, Zhou ZL, Jia XB, Xu YD, Yang Q, et al. Neuroprotective  
763 effects of fecal microbiota transplantation on MPTP-induced Parkinson's disease  
764 mice: Gut microbiota, glial reaction and TLR4/TNF-alpha signaling pathway.  
765 *Brain Behav Immun*. 2018;70:48-60.
- 766 29. Chang CJ, Lin CS, Lu CC, Martel J, Ko YF, Ojcius DM, et al. *Ganoderma*  
767 *lucidum* reduces obesity in mice by modulating the composition of the gut  
768 microbiota. *Nat Commun*. 2015;6:7489.
- 769 30. Borody TJ, Paramsothy S, Agrawal G. Fecal microbiota transplantation:  
770 indications, methods, evidence, and future directions. *Curr Gastroenterol Rep*.  
771 2013;15:337.
- 772 31. Basso DM, Fisher LC, Anderson AJ, Jakeman LB, McTigue DM, Popovich PG.

773 Basso Mouse Scale for locomotion detects differences in recovery after spinal  
774 cord injury in five common mouse strains. *J Neurotrauma*. 2006;23:635-59.

775 32. Sashindranath M, Daglas M, Medcalf RL. Evaluation of gait impairment in mice  
776 subjected to craniotomy and traumatic brain injury. *Behav Brain Res*.  
777 2015;286:33-8.

778 33. Suzuki H, Ahuja CS, Salewski RP, Li LJ, Satkunendrarajah K, Nagoshi N, et al.  
779 Neural stem cell mediated recovery is enhanced by Chondroitinase ABC  
780 pretreatment in chronic cervical spinal cord injury. *Plos One*. 2017;12:e0182339.

781 34. Iwasaki M, Wilcox JT, Nishimura Y, Zweckberger K, Suzuki H, Wang J, et al.  
782 Synergistic effects of self-assembling peptide and neural stem/progenitor cells to  
783 promote tissue repair and forelimb functional recovery in cervical spinal cord  
784 injury. *Biomaterials*. 2014;35:2617-29.

785 35. Onifer SM, Rodriguez JF, Santiago DI, Benitez JC, Kim DT, Brunschwig JP, et al.  
786 Cervical spinal cord injury in the adult rat: assessment of forelimb dysfunction.  
787 *Restor Neurol Neurosci*. 1997;11:211-23.

788 36. Weir JB. New methods for calculating metabolic rate with special reference to  
789 protein metabolism. *J Physiol*. 1949;109:1-9.

790 37. Kothari V, Luo Y, Tornabene T, O'Neill AM, Greene MW, Geetha T, et al. High  
791 fat diet induces brain insulin resistance and cognitive impairment in mice.  
792 *Biochim Biophys Acta Mol Basis Dis*. 2017;1863:499-508.

793 38. Amato KR, Yeoman CJ, Kent A, Righini N, Carbonero F, Estrada A, et al. Habitat  
794 degradation impacts black howler monkey (*Alouatta pigra*) gastrointestinal

795 microbiomes. *ISME J.* 2013Jul;7:1344-53.

796 39. Petzold A. Neurofilament phosphoforms: surrogate markers for axonal injury,  
797 degeneration and loss. *J Neurol Sci.* 2005;233:183-98.

798 40. Posmantur R, Hayes RL, Dixon CE, Taft WC. Neurofilament 68 and  
799 neurofilament 200 protein levels decrease after traumatic brain injury. *J*  
800 *Neurotrauma.* 1994;11:533-45.

801 41. Grander C, Adolph TE, Wieser V, Lowe P, Wrzosek L, Gyongyosi B, et al.  
802 Recovery of ethanol-induced *Akkermansia muciniphila* depletion ameliorates  
803 alcoholic liver disease. *Gut.* 2018;67:891-901.

804 42. Mitchell RW, On NH, Del Bigio MR, Miller DW, Hatch GM. Fatty acid transport  
805 protein expression in human brain and potential role in fatty acid transport across  
806 human brain microvessel endothelial cells. *J Neurochem.* 2011;117:735-46.

807 43. Lanza M, Campolo M, Casili G, Filippone A, Paterniti I, Cuzzocrea S, et al.  
808 Sodium Butyrate Exerts Neuroprotective Effects in Spinal Cord Injury. *Mol*  
809 *Neurobiol.* 2019;56:3937-47.

810 44. Maslowski KM, Vieira AT, Ng A, Kranich J, Sierro F, Yu D, et al. Regulation of  
811 inflammatory responses by gut microbiota and chemoattractant receptor GPR43.  
812 *Nature.* 2009;461:1282-6.

813 45. De Filippo C, Cavalieri D, Di Paola M, Ramazzotti M, Poullet JB, Massart S, et  
814 al. Impact of diet in shaping gut microbiota revealed by a comparative study in  
815 children from Europe and rural Africa. *Proc Natl Acad Sci U S A.*  
816 2010;107:14691-6.

- 817 46. Qin J, Li Y, Cai Z, Li S, Zhu J, Zhang F, et al. A metagenome-wide association  
818 study of gut microbiota in type 2 diabetes. *Nature*. 2012;490:55-60.
- 819 47. Zhang X, Zhao Y, Zhang M, Pang X, Xu J, Kang C, et al. Structural changes of  
820 gut microbiota during berberine-mediated prevention of obesity and insulin  
821 resistance in high-fat diet-fed rats. *PLoS One*. 2012;7(8):e42529.
- 822 48. Zhang X, Zhao Y, Xu J, Xue Z, Zhang M, Pang X, et al. Modulation of gut  
823 microbiota by berberine and metformin during the treatment of high-fat  
824 diet-induced obesity in rats. *Sci Rep*. 2015;5:14405.
- 825 49. Vijay N, Morris ME. Role of monocarboxylate transporters in drug delivery to  
826 the brain. *Curr Pharm Des*. 2014;20:1487-98.
- 827 50. Arpaia N, Campbell C, Fan X, Dikiy S, van der Veeken J, deRoos P, et al.  
828 Metabolites produced by commensal bacteria promote peripheral regulatory  
829 T-cell generation. *Nature*. 2013;504:451-5.
- 830 51. Smith PM, Howitt MR, Panikov N, Michaud M, Gallini CA, Bohlooly YM, et al.  
831 The microbial metabolites, short-chain fatty acids, regulate colonic Treg cell  
832 homeostasis. *Science*. 2013;341:569-73.
- 833 52. Sun J, Chang EB. Exploring gut microbes in human health and disease: Pushing  
834 the envelope. *Genes Dis*. 2014;1:132-9.
- 835 53. Chen PS, Wang CC, Bortner CD, Peng GS, Wu X, Pang H, et al. Valproic acid  
836 and other histone deacetylase inhibitors induce microglial apoptosis and attenuate  
837 lipopolysaccharide-induced dopaminergic neurotoxicity. *Neuroscience*.  
838 2007;149:203-12.

- 839 54. Kim HJ, Rowe M, Ren M, Hong JS, Chen PS, Chuang DM. Histone deacetylase  
840 inhibitors exhibit anti-inflammatory and neuroprotective effects in a rat  
841 permanent ischemic model of stroke: multiple mechanisms of action. *J Pharmacol*  
842 *Exp Ther.* 2007;321:892-901.
- 843 55. Kukkar A, Singh N, Jaggi AS. Attenuation of neuropathic pain by sodium  
844 butyrate in an experimental model of chronic constriction injury in rats. *J Formos*  
845 *Med Assoc.* 2014;113:921-8.
- 846 56. Wang JW, Kuo CH, Kuo FC, Wang YK, Hsu WH, Yu FJ, et al. Fecal microbiota  
847 transplantation: Review and update. *J Formos Med Assoc.* 2019;118 Suppl  
848 1:S23-S31.
- 849 57. Vindigni SM, Surawicz CM. Fecal Microbiota Transplantation. *Gastroenterol*  
850 *Clin North Am.* 2017;46:171-85.
- 851 58. Blaser MJ. Fecal Microbiota Transplantation for Dysbiosis - Predictable Risks. *N*  
852 *Engl J Med.* 2019;381:2064-6.
- 853 59. DeFilipp Z, Bloom PP, Torres Soto M, Mansour MK, Sater MRA, Huntley MH,  
854 et al. Drug-Resistant *E. coli* Bacteremia Transmitted by Fecal Microbiota  
855 Transplant. *N Engl J Med.* 2019;381:2043-50.
- 856 60. Zou Y, Xue W, Luo G, Deng Z, Qin P, Guo R, et al. 1,520 reference genomes  
857 from cultivated human gut bacteria enable functional microbiome analyses. *Nat*  
858 *Biotechnol.* 2019;37:179-85.
- 859 61. Hsu BB, Gibson TE, Yeliseyev V, Liu Q, Lyon L, Bry L, et al. Dynamic  
860 Modulation of the Gut Microbiota and Metabolome by Bacteriophages in a

862

863 **Figure legend**

864 **Fig. 1** Effect of FMT treatment on locomotor recovery. **a, b** Time course of locomotor  
865 functional recovery as assessed by BMS (**a**) and BMS subscore (**b**). **c-d** Gait  
866 analysis by using an automated treadmill (DigiGait). (**c**) Swing to stride ratio, stance  
867 to stride ratio, and swing to stance ratio. (**d**) Stride length and stride frequency. **e**  
868 Hindlimb grip strength. Data were normalized to pretreatment (post-injury) baseline  
869 with a value “1” referring to no difference after treatment and values above “1”  
870 indicating improvement. \* $p < 0.05$  compared to SCI group, \*\* $p < 0.01$  compared to SCI  
871 group. LR, left rear; RR: right rear.

872

873 **Fig. 2** Effect of FMT treatment on spinal cord conduction capability. **a** A schematic  
874 diagram of MEP recording experiment. MEP was recorded from the gastrocnemius  
875 muscle in an anesthetized state after electrical stimulation on the motor cortex. **b**  
876 Representative MEPs recorded from Sham mice and SCI mice that had received the  
877 indicated treatment 4 w after injury. The amplitude (**c**) and the latency (**d**) were  
878 quantified and statistically analyzed. \* $p < 0.05$  compared to Sham group; \*\* $p < 0.01$   
879 compared to Sham group; ## $p < 0.01$  compared to SCI group.

880

881 **Fig. 3** Effect of FMT treatment on neuronal survival and synaptic regeneration  
882 following SCI. **a** NeuN-positive neurons were examined in the different treatment  
883 groups by immunofluorescence staining ( $n = 4$ ). **b** Quantification of NeuN-positive

884 neuronal cell bodies in the T10 region in different groups. **a,c** Quantification of  
885 synapsin immunoreactivity (red) with representative images of the ventral horn. **a,d**  
886 Quantification of NF-200 immunoreactivity (red) with representative images of the  
887 ventral horn. Scale bar, 50  $\mu$ m. \* $p$ <0.05 compared to Sham group; \*\* $p$ <0.01  
888 compared to Sham group; # $p$ <0.05 compared to SCI group; ## $p$ <0.01 compared to  
889 SCI group.

890

891 **Fig. 4** Effect of FMT treatment on body weight, food intake, water consumption and  
892 metabolism. **a** Changes in body weight over time in Sham, Sham+FMT, SCI, and  
893 SCI+FMT groups. **b-c** food intake (**b**) and water consumption (**c**) were examined  
894 during the 4 weeks in the four groups. Respiratory quotient (RQ) (**d**) and energy  
895 expenditure (EE) (**f**) were measured at the end of the experiments. The mean  
896 respiratory quotient (Avg\_RQ) (**e**) and mean energy expenditure (Avg\_EE) (**g**) were  
897 measured every 5 min for 24 h in SCI group and SCI+FMT group. \* $p$ <0.05 compared  
898 to SCI group; \*\* $p$ <0.01 compared to SCI group.

899

900 **Fig. 5** Effect of FMT treatment on intestinal permeability and expression of tight  
901 junction proteins. **a** Intestinal permeability was assessed 4 weeks following injury by  
902 measuring FITC intensity in serum after oral gavage of FITC-dextran. **b-c**  
903 Quantification of occludin immunoreactivity or ZO-1 immunoreactivity (green) with  
904 representative immunofluorescence images of colon sections. DAPI, blue; \* $p$ <0.05  
905 compared to SCI group; Scale bar, 50  $\mu$ m; \*\* $p$ <0.01 compared to SCI group.

906

907 **Fig. 6** Effect of FMT on gastrointestinal motility in SCI mice. **a** Representative  
908 images of Sham, Sham+FMT, SCI, and SCI+FMT groups at 2, 3 and 8 h after  
909 administration of barium. **b** Filling of colorectum was measured by radiological  
910 methods. **c** Colorectum size was determined by using Image J. \*\* $p < 0.01$  compared to  
911 Sham group; # $p < 0.05$  compared to SCI group; ## $p < 0.01$  compared to SCI group.

912

913 **Fig. 7** Effect of FMT treatment on gut bacterial composition after SCI. **a-b**  
914 Comparison of ace index (**a**) and chao index (**b**) based on OUT levels in the four  
915 groups. **c-d** Scatter plots of principal coordinate analysis (PCoA) (**c**) and non-metric  
916 multi-dimensional scaling (NMDS) (**d**) showing similarity of the bacterial  
917 communities based on uniFrac-weighted distance. (**e**) Bacterial composition of the  
918 different communities at phylum level and quantitative analyses of relative  
919 abundances of Firmicutes and Bacteroidetes among different groups. (**f**) Bacterial  
920 composition of different communities at genus level and quantitative analyses of the  
921 relative abundances of Blautia, Anaerostipes and Lactobacillus among different  
922 groups. \* $p < 0.05$  compared to Sham group; \*\* $p < 0.01$  compared to Sham group;  
923 # $p < 0.05$  compared to SCI group.

924

925 **Fig. 8** Effect of FMT treatment on fecal SCFA levels in mice. The SCI-mediated  
926 decrease of propionic acid, butyric acid and isobutyric acid expression was  
927 ameliorated by FMT treatment. **a** Fecal propionic acid content. **b** Fecal butyric acid

928 content. **c** Fecal isobutyric acid content. The SCI-mediated decrease of caproic acid  
929 expression was not significantly changed by FMT treatment. **d** Fecal caproic acid  
930 content. SCFAs were analyzed by GC-MS. \* $p < 0.05$  compared to SCI group;  
931 \*\* $p < 0.01$  compared to SCI group; NS, not significant.

932

933 **Fig. 9** Correlations between SCFAs and BMS scores/BMS subscores/FITC-dextran  
934 permeability. **A-c** Correlations between propionic acid and BMS scores (**a**), BMS  
935 subscores (**b**), and FITC-dextran permeability (**c**). **d-f** Correlations between butyric  
936 acid and BMS scores (**d**), BMS subscores (**e**), and FITC-dextran permeability (**f**). **h-g**  
937 Correlations between isobutyric acid and BMS scores (**h**), BMS subscores (**i**), and  
938 FITC-dextran permeability (**g**).

939

940 **Fig. 10** Effect of FMT treatment on expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B in spinal  
941 cord. **a** TNF $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B were stained by immunofluorescence on spinal cord  
942 sections from each group. Scale bar, 50  $\mu$ m. **b** The expression of TNF  $\alpha$ , IL-1 $\beta$  and  
943 NF- $\kappa$ B was detected by western blot, and the relative amount of TNF $\alpha$  (**c**), IL-1 $\beta$  (**d**)  
944 and NF- $\kappa$ B (**e**) were semi-quantified.

945

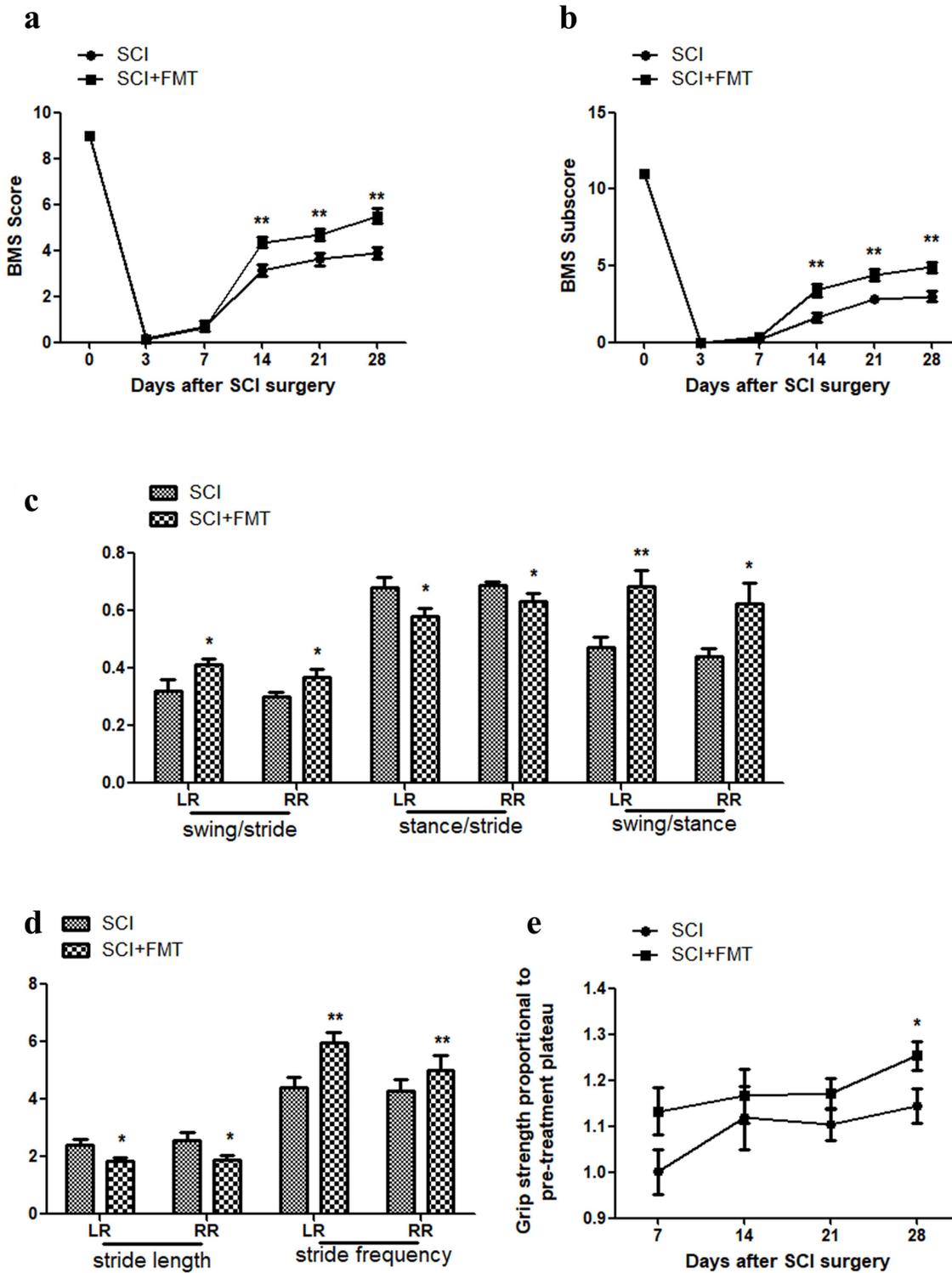
946 **Fig. 11** Effect of FMT treatment on expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B in colon.  
947 **a** TNF $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B were stained by immunofluorescence on colonic tissue  
948 from each group. Scale bar, 50  $\mu$ m. **b** The expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B  
949 were analyzed by western blot, and the relative amount of TNF  $\alpha$  (**c**), IL-1 $\beta$  (**d**) and

950 NF- $\kappa$ B (e) were semi-quantified in the different treatment groups.

951

952

# Figures



**Figure 1**

Effect of FMT treatment on locomotor recovery. a, b Time course of locomotor functional recovery as assessed by BMS (a) and BMS subscore (b). c-d Gait analysis by using an automated treadmill (DigiGait). (c) Swing to stride ratio, stance to stride ratio, and swing to stance ratio. (d) Stride length and

stride frequency. e Hindlimb grip strength. Data were normalized to pretreatment (post-injury) baseline with a value "1" referring to no difference after treatment and values above "1" indicating improvement. \* $p < 0.05$  compared to SCI group, \*\* $p < 0.01$  compared to SCI

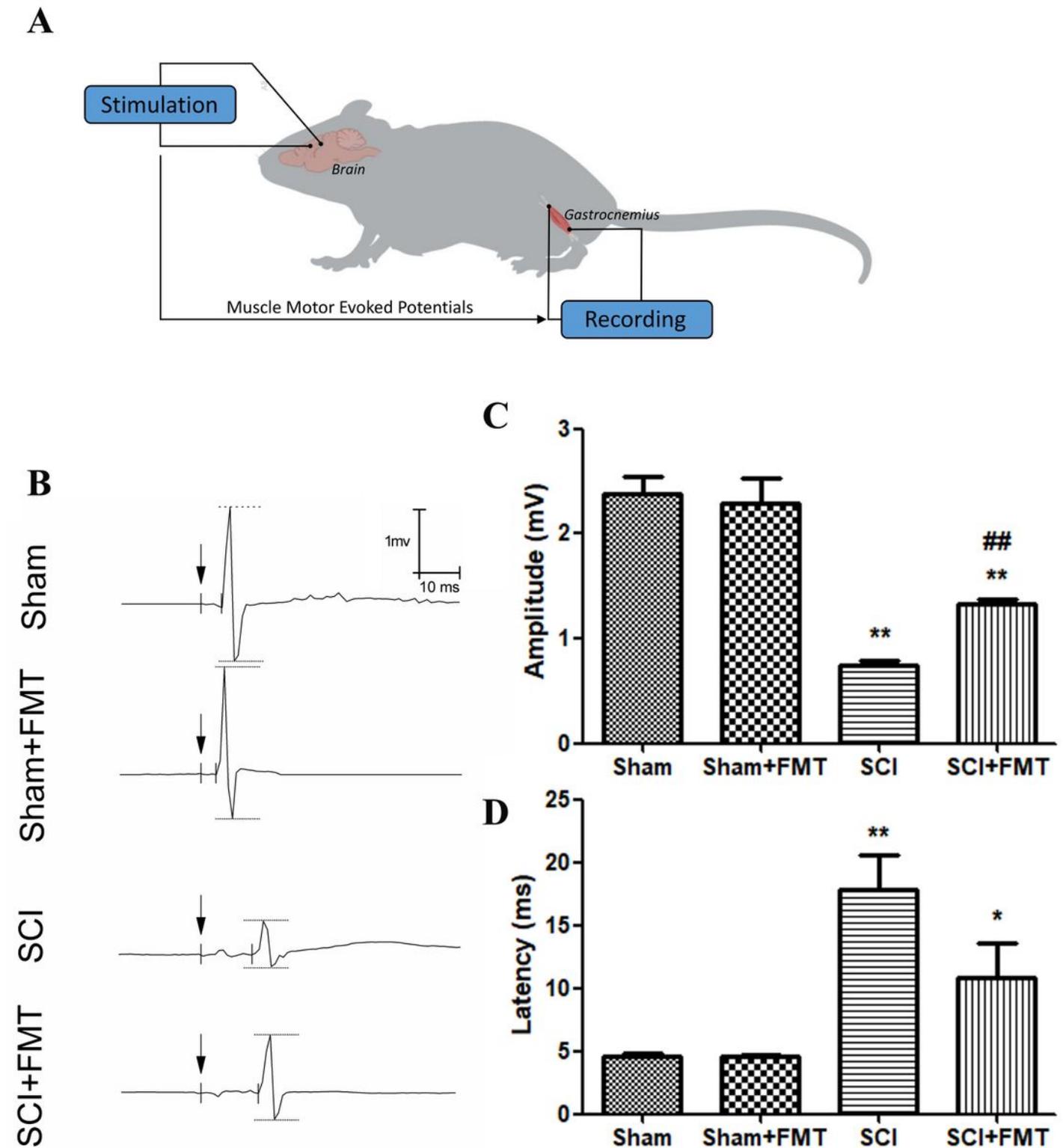
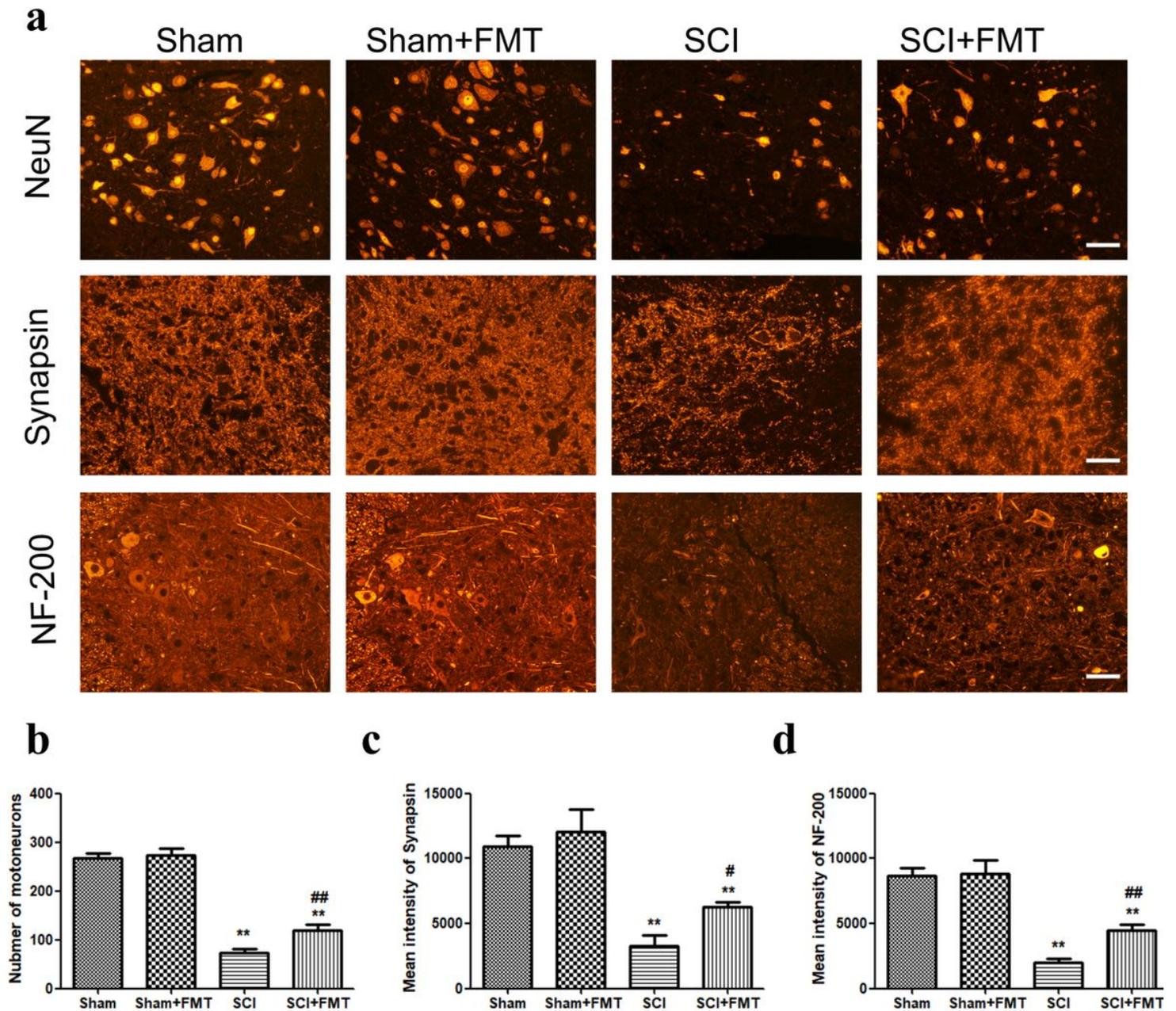


Figure 2

Effect of FMT treatment on spinal cord conduction capability. a A schematic diagram of MEP recording experiment. MEP was recorded from the gastrocnemius muscle in an anesthetized state after electrical

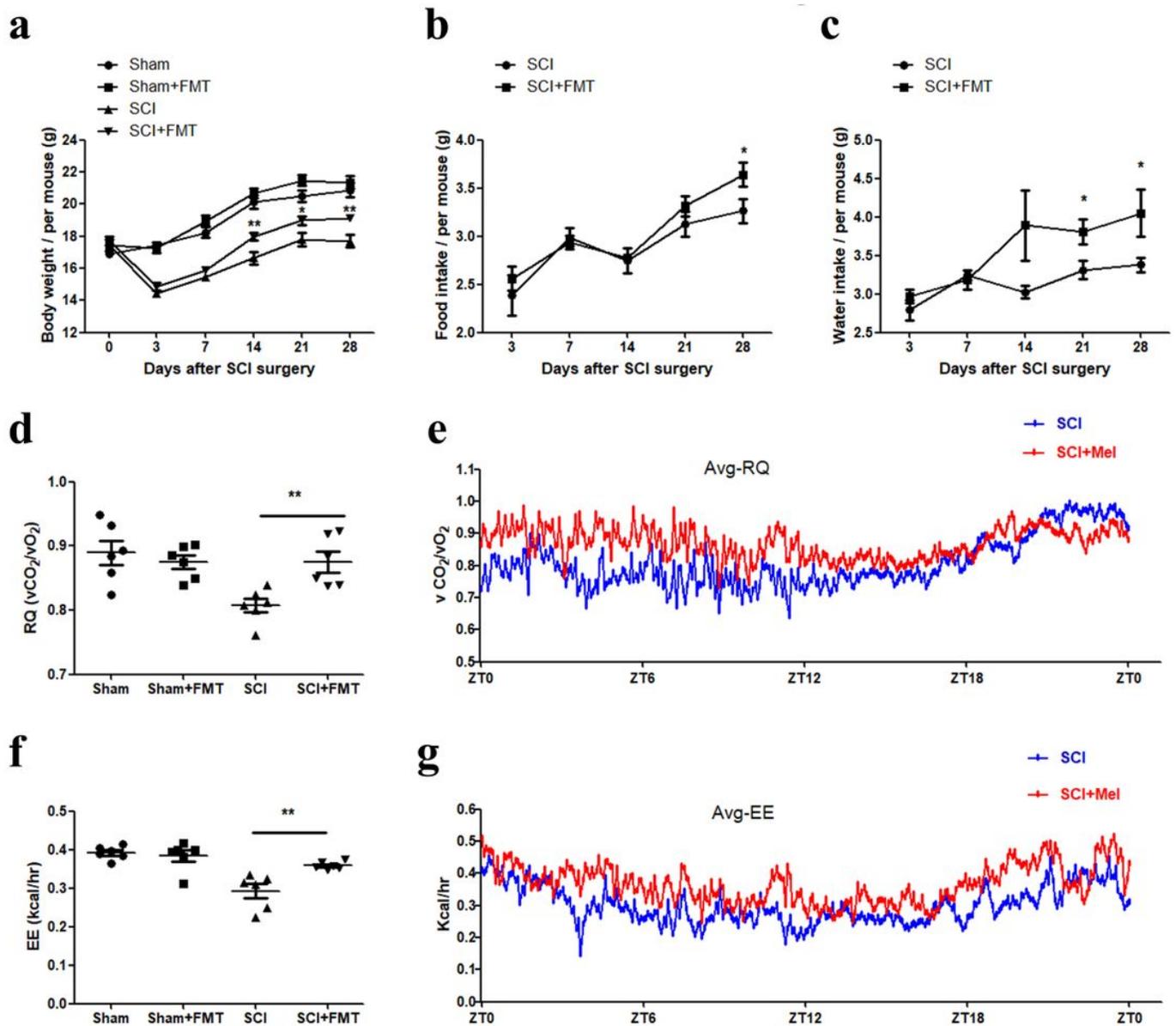
stimulation on the motor cortex. b Representative MEPs recorded from Sham mice and SCI mice that had received the indicated treatment 4 w after injury. The amplitude (c) and the latency (d) were quantified and statistically analyzed. \* $p < 0.05$  compared to Sham group; \*\* $p < 0.01$  compared to Sham group; ## $p < 0.01$  compared to SCI group.



**Figure 3**

Effect of FMT treatment on neuronal survival and synaptic regeneration following SCI. a NeuN-positive neurons were examined in the different treatment groups by immunofluorescence staining (n = 4). b

Quantification of NeuN-positive neuronal cell bodies in the T10 region in different groups. a,c Quantification of synapsin immunoreactivity (red) with representative images of the ventral horn. a,d Quantification of NF-200 immunoreactivity (red) with representative images of the ventral horn. Scale bar, 50  $\mu$ m. \* $p$ <0.05 compared to Sham group; \*\* $p$ <0.01 compared to Sham group; # $p$ <0.05 compared to SCI group; ## $p$ <0.01 compared to SCI group.



**Figure 4**

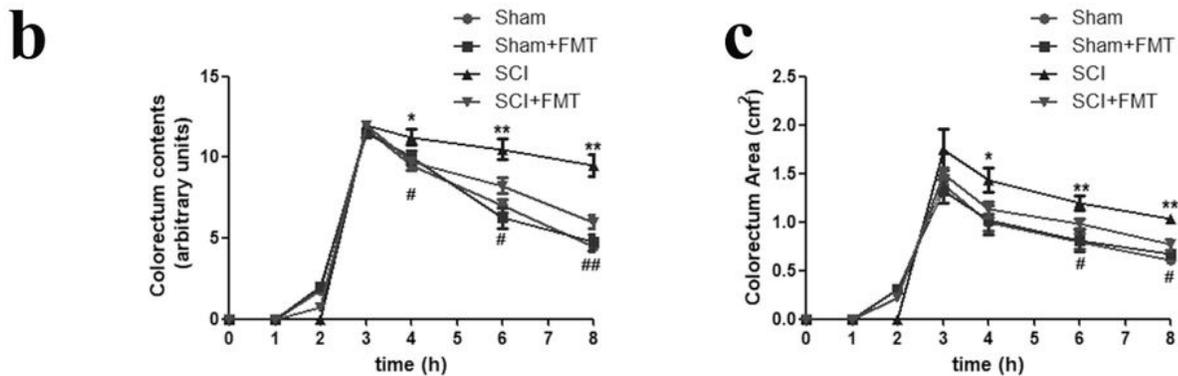
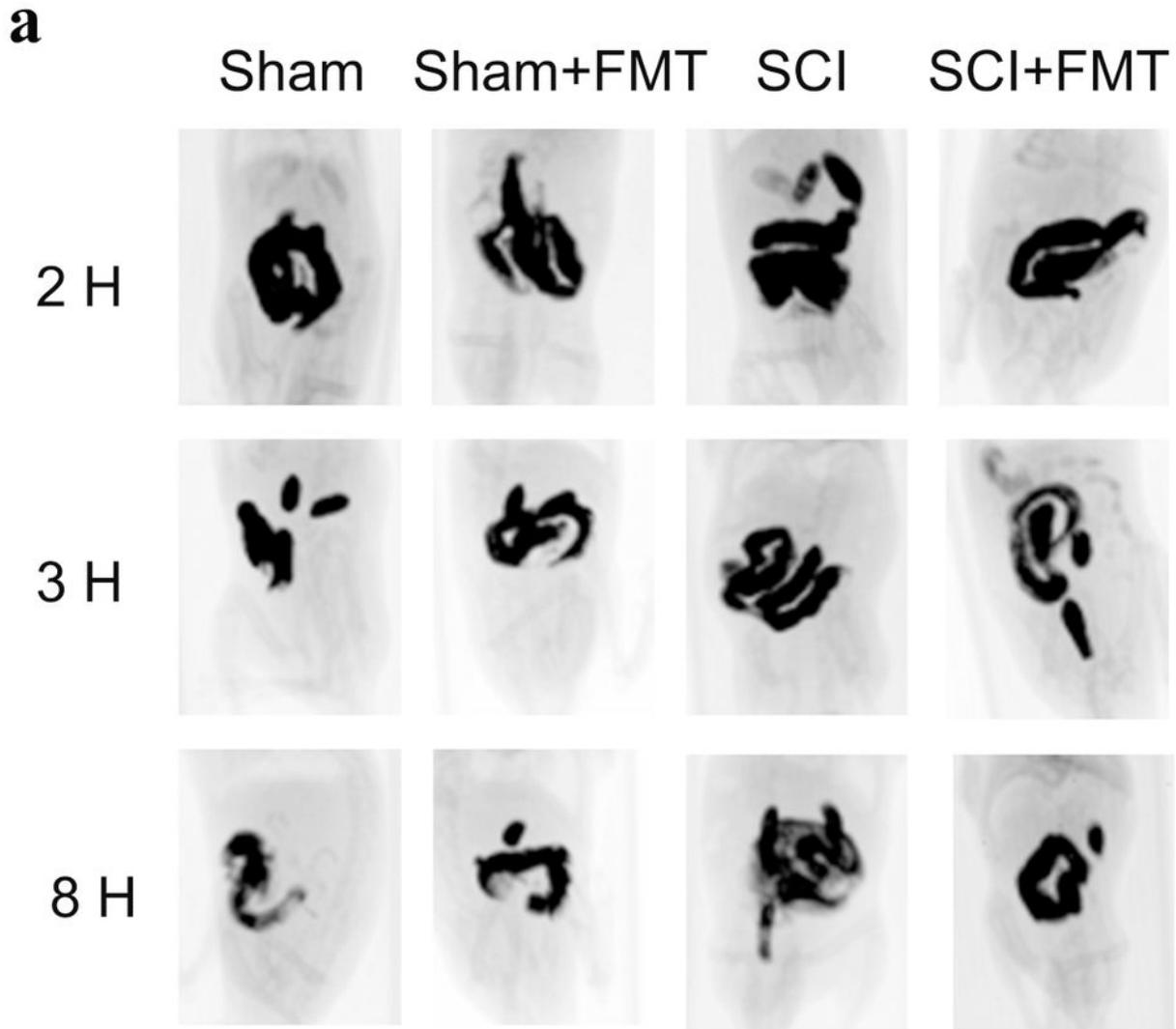
Effect of FMT treatment on body weight, food intake, water consumption and metabolism. a Changes in body weight over time in Sham, Sham+FMT, SCI, and SCI+FMT groups. b-c food intake (b) and water consumption (c) were examined during the 4 weeks in the four groups. Respiratory quotient (RQ) (d) and energy expenditure (EE) (f) were measured at the end of the experiments. The mean respiratory quotient

(Avg\_RQ) (e) and mean energy expenditure (Avg\_EE) (g) were measured every 5 min for 24 h in SCI group and SCI+FMT group. \* $p < 0.05$  compared to SCI group; \*\* $p < 0.01$  compared to SCI group.



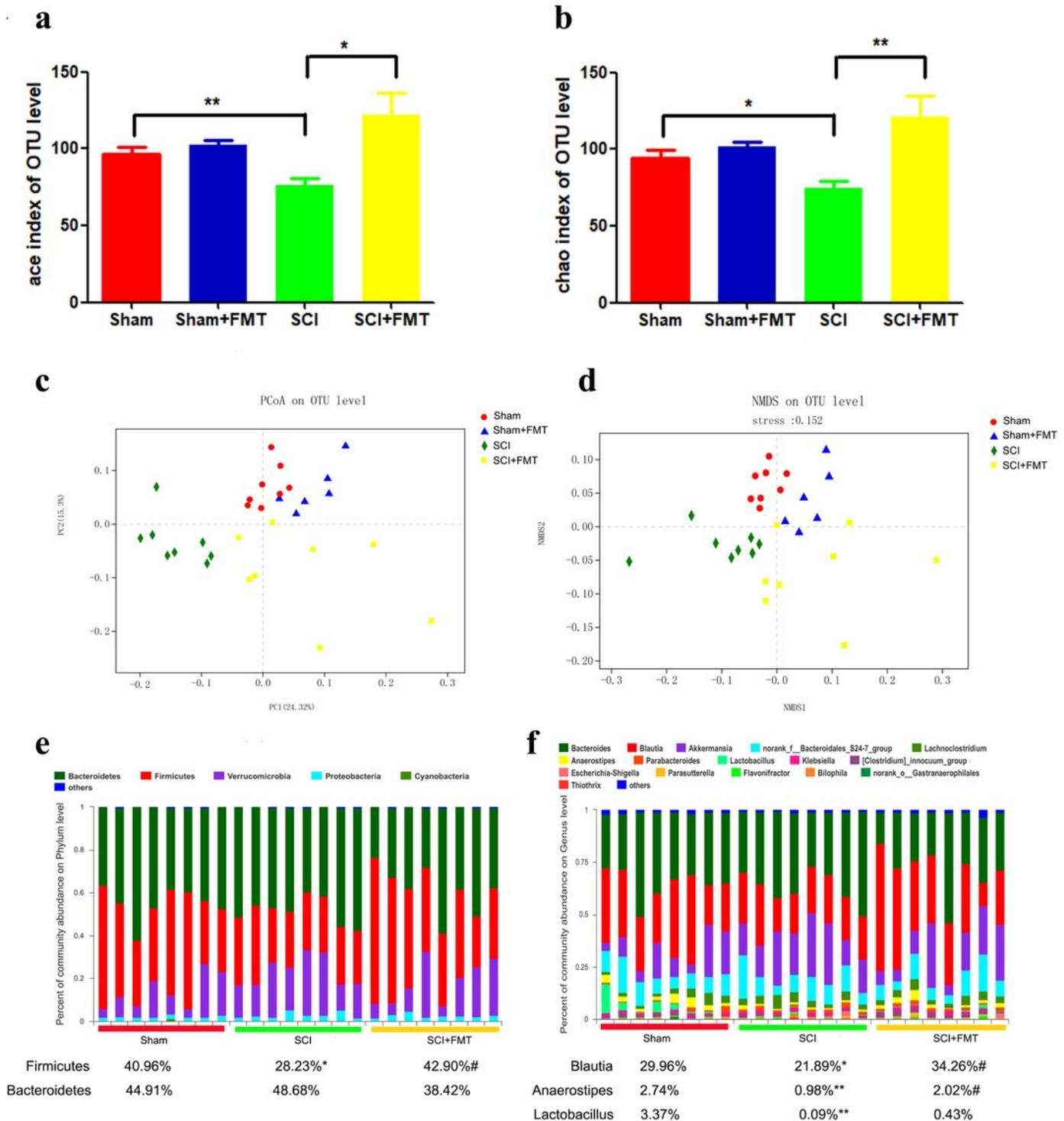
## Figure 5

Effect of FMT treatment on intestinal permeability and expression of tight junction proteins. a Intestinal permeability was assessed 4 weeks following injury by measuring FITC intensity in serum after oral gavage of FITC-dextran. b-c Quantification of occludin immunoreactivity or ZO-1 immunoreactivity (green) with representative immunofluorescence images of colon sections. DAPI, blue; \* $p < 0.05$  compared to SCI group; Scale bar, 50  $\mu\text{m}$ ; \*\* $p < 0.01$  compared to SCI group.



**Figure 6**

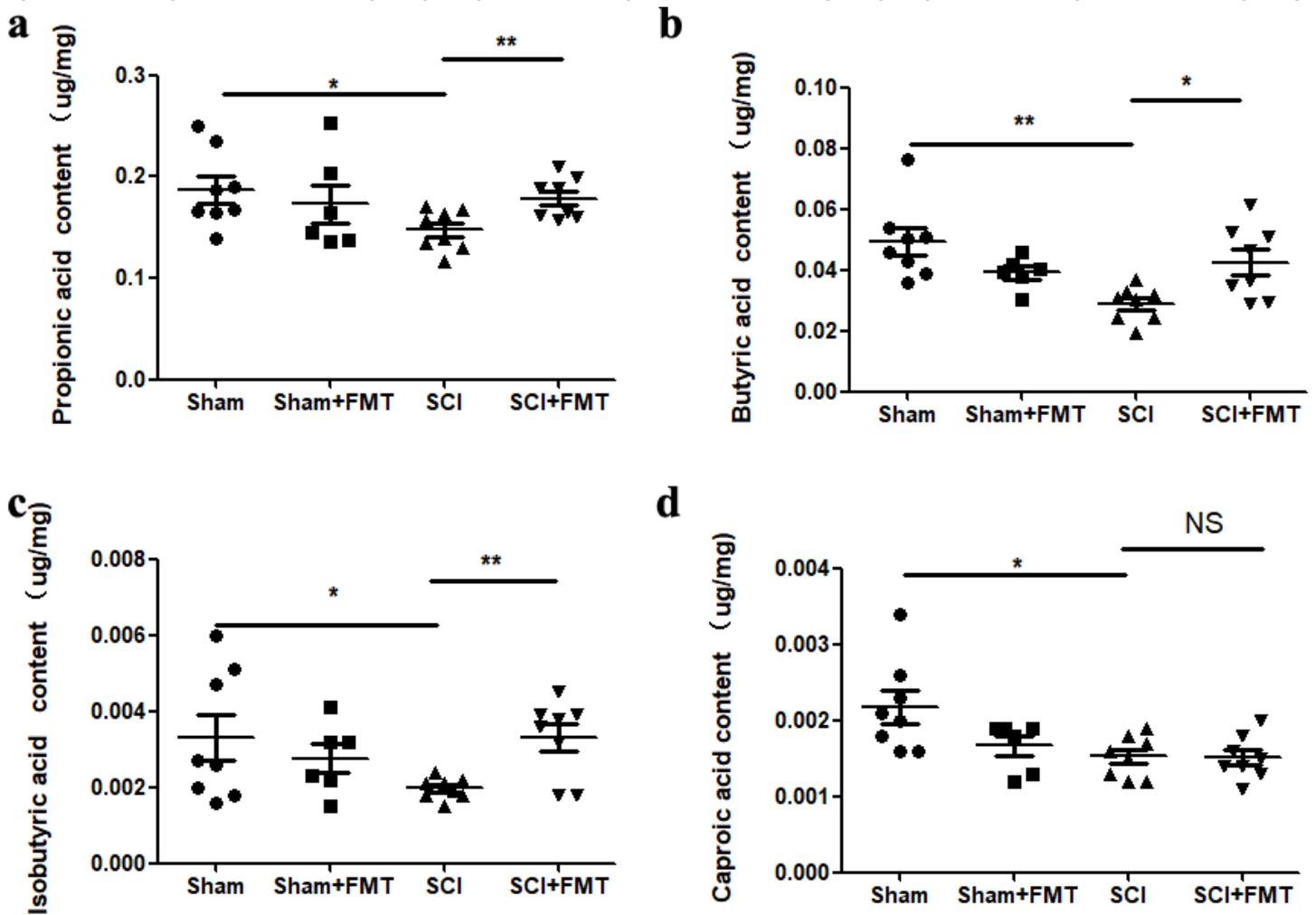
Effect of FMT on gastrointestinal motility in SCI mice. a Representative images of Sham, Sham+FMT, SCI, and SCI+FMT groups at 2, 3 and 8 h after administration of barium. b Filling of colorectum was measured by radiological methods. c Colorectum size was determined by using Image J. \*\* $p < 0.01$  compared to Sham group; # $p < 0.05$  compared to SCI group; ## $p < 0.01$  compared to SCI group.



**Figure 7**

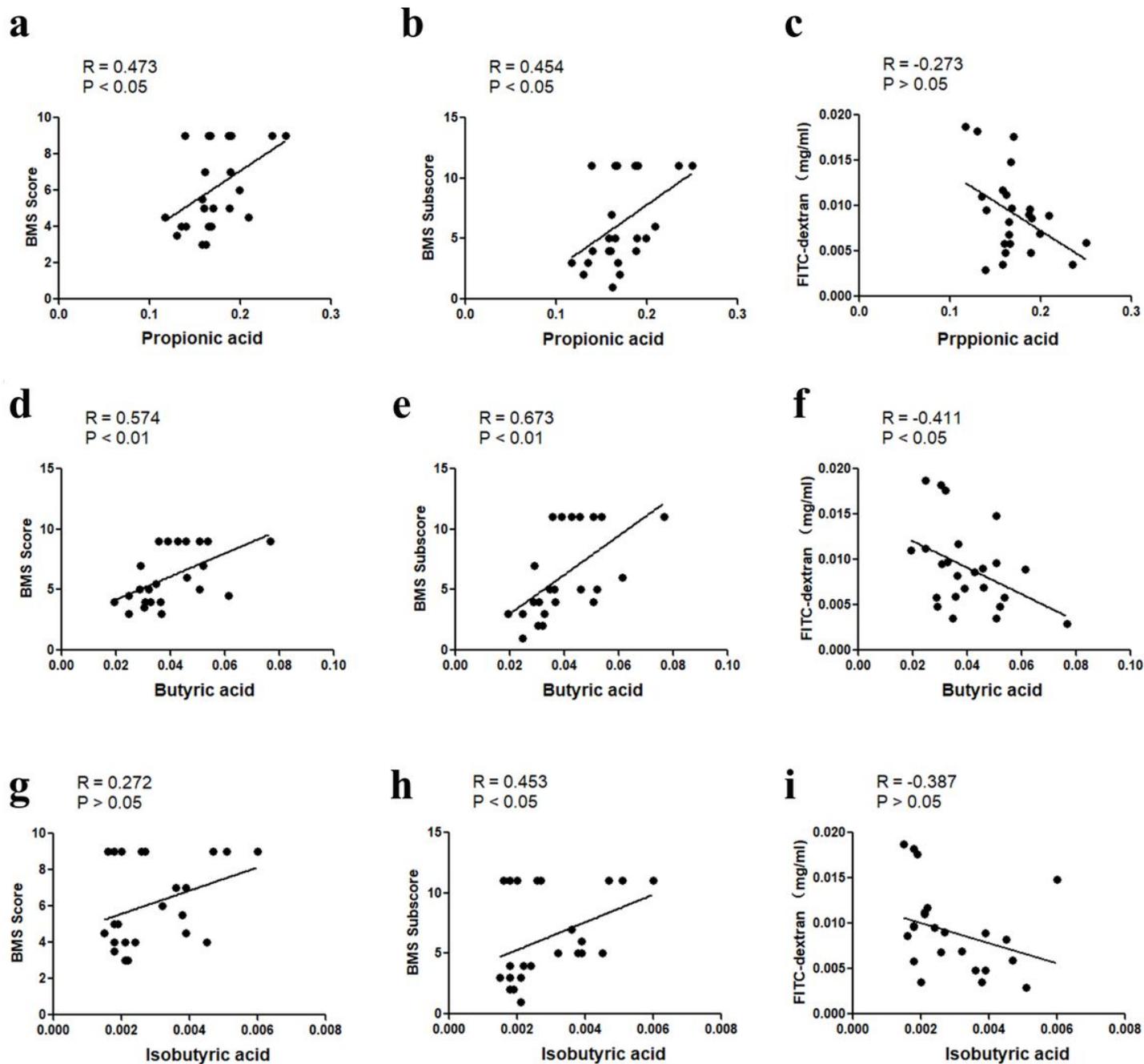
Effect of FMT treatment on gut bacterial composition after SCI. a-b Comparison of ace index (a) and chao index (b) based on OUT levels in the four groups. c-d Scatter plots of principal coordinate analysis (PCoA) (c) and non-metric multi-dimensional scaling (NMDS) (d) showing similarity of the bacterial communities based on uniFrac-weighted distance. (e) Bacterial composition of the different communities at phylum level and quantitative analyses of relative abundances of Firmicutes and Bacteroidetes among

different groups. (f) Bacterial composition of different communities at genus level and quantitative analyses of the relative abundances of *Blautia*, *Anaerostipes* and *Lactobacillus* among different groups. \* $p < 0.05$  compared to Sham group; \*\* $p < 0.01$  compared to Sham group; # $p < 0.05$  compared to SCI group.



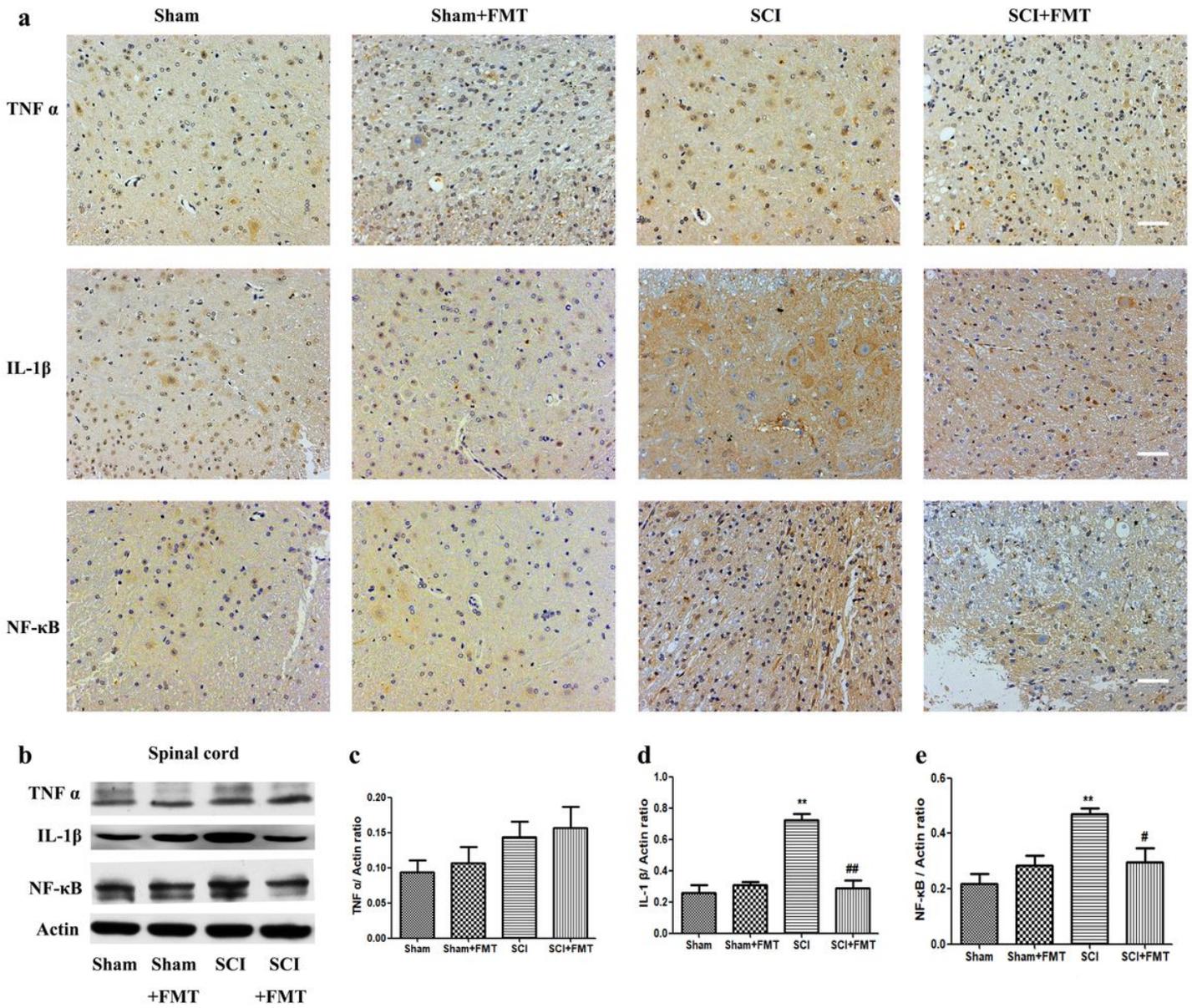
**Figure 8**

Effect of FMT treatment on fecal SCFA levels in mice. The SCI-mediated decrease of propionic acid, butyric acid and isobutyric acid expression was ameliorated by FMT treatment. a Fecal propionic acid content. b Fecal butyric acid content. c Fecal isobutyric acid content. The SCI-mediated decrease of caproic acid expression was not significantly changed by FMT treatment. d Fecal caproic acid content. SCFAs were analyzed by GC-MS. \* $p < 0.05$  compared to SCI group; \*\* $p < 0.01$  compared to SCI group; NS, not significant.



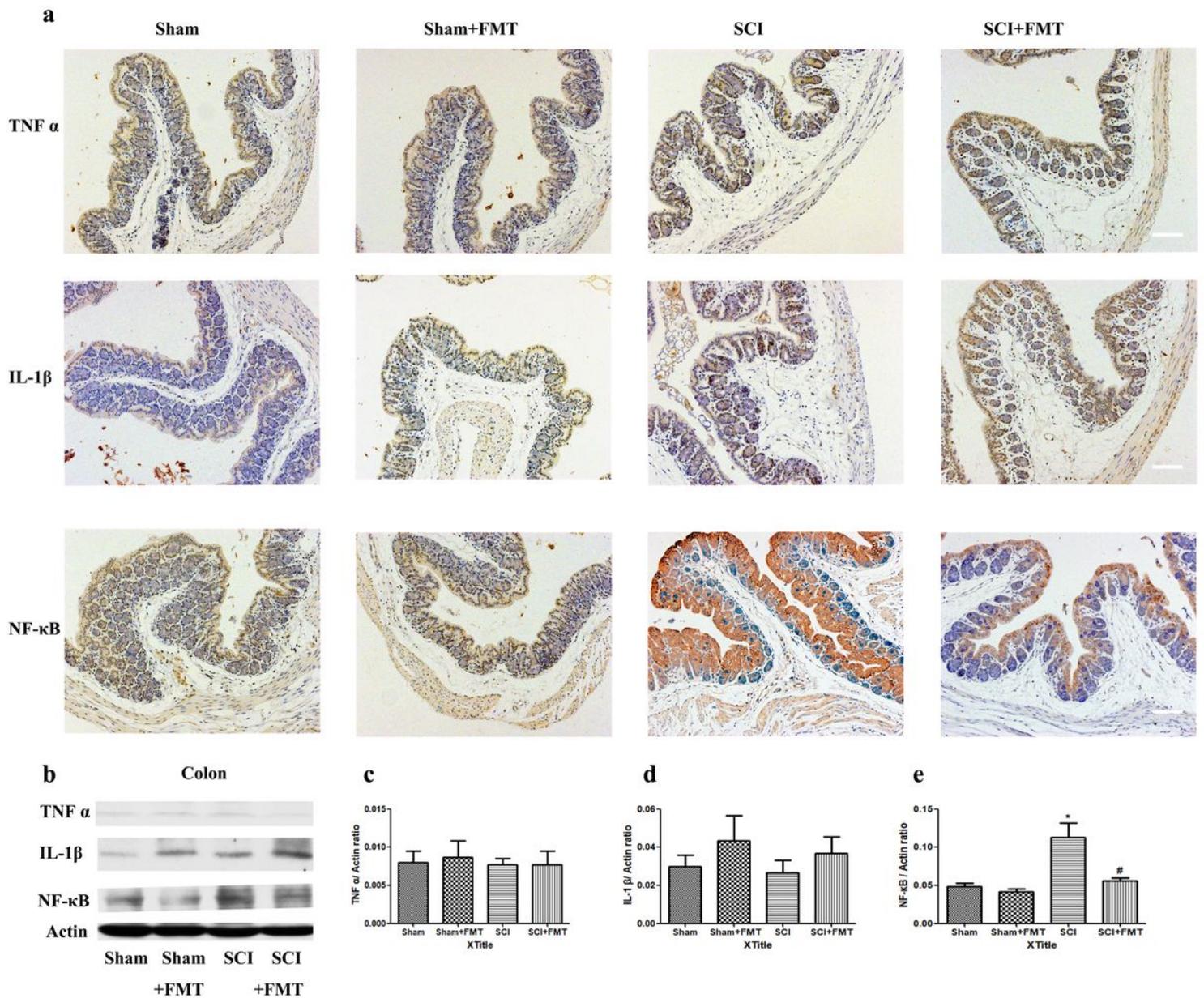
**Figure 9**

Correlations between SCFAs and BMS scores/BMS subscores/FITC-dextran permeability. A-c Correlations between propionic acid and BMS scores (a), BMS subscores (b), and FITC-dextran permeability (c). d-f Correlations between butyric acid and BMS scores (d), BMS subscores (e), and FITC-dextran permeability (f). h-g Correlations between isobutyric acid and BMS scores (h), BMS subscores (i), and FITC-dextran permeability (g).



**Figure 10**

Effect of FMT treatment on expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B in spinal cord. a TNF $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B were stained by immunofluorescence on spinal cord sections from each group. Scale bar, 50  $\mu$ m. b The expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B was detected by western blot, and the relative amount of TNF $\alpha$  (c), IL-1 $\beta$  (d) and NF- $\kappa$ B (e) were semi-quantified.



**Figure 11**

Effect of FMT treatment on expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B in colon. a TNF $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B were stained by immunofluorescence on colonic tissue from each group. Scale bar, 50  $\mu$ m. b The expression of TNF  $\alpha$ , IL-1 $\beta$  and NF- $\kappa$ B were analyzed by western blot, and the relative amount of TNF  $\alpha$  (c), IL-1 $\beta$  (d) and NF- $\kappa$ B (e) were semi-quantified in the different treatment groups.

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [supplementarymaterials.docx](#)