

# People with higher autistic traits show stronger binding for color–shape associations

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## Research Article

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# Abstract

Non-synesthetes exhibit a tendency to associate specific shapes with particular colors (i.e., circle–red, triangle–yellow, and square–blue). Such color–shape associations (CSAs) could potentially affect the feature binding of colors and shapes, thus resulting in people reporting more binding errors in the case of incongruent, rather than congruent, colored-shape pairs. Individuals with autism spectrum disorder (ASD) exhibit atypical sensory processing and impaired multisensory integration. These features may also affect CSAs. Here, we examined whether autistic traits (Autism-Spectrum Quotient; AQ) influence the strength of color–shape associations, as evidenced by the occurrence of binding errors. Participants took part in an experiment designed to reveal binding errors in visual working memory induced by incongruent and congruent colored-shape pairs, and completed the AQ–50 Japanese version. The results revealed a significant correlation between AQ scores and occurrence of binding errors when participants were presented with the circle–red and triangle–yellow CSAs: That is, individuals with higher autistic traits tend to make more binding errors in incongruent minus congruent colored-shape pairs for circle and triangle, indicating a stronger binding of circle–red and triangle–yellow associations. These results therefore suggest that autistic traits play a role in forming color–shape associations, shedding light on the nature of both color–shape associations and autistic perception.

## Introduction

### Color–shape associations (CSAs)

Color–shape associations (CSAs) refer to the naturally-biased associations that people have been documented to experience between specific colors and particular shapes. When asked to match a geometric shape with a color, people choose certain colors more frequently than others, leading to the existence of several widely-documented consensual color–shape associations (e.g., yellow–triangle) [1]. CSAs have captured the interest to artists and researchers for nearly a century, although it is only more recently that this phenomenon has been examined systematically [1-11].

According to Chen et al. [1,12], Japanese people exhibit systematic CSAs (i.e., circle–red, triangle–yellow, and square–blue), which can be picked up using both direct (e.g., explicit color-shape matching tasks) [1] and indirect (e.g., using the so-called implicit association test, IAT) [12] experimental methods. Moreover, those naturally-biased CSAs could be explained by semantic sensory correspondences between colors and shapes (e.g., the shared semantics of “warm/cold” between colors and shapes) [1]. Thus, CSAs would appear to be acquired rather than innate. CSAs have been shown to influence visual processing when people discriminate and bind color and shape features [13]. That is, participants tend to respond more rapidly to color and shape features, when discriminating congruent color-shape combinations that share the same behavior responses (i.e., IATs) [12], and when discriminating color and shape features following the priming of congruent CSAs (Go/No-go task) [13]. Participants make more binding errors following the visual presentation of incongruent (than congruent) colored-shape pairs [14]. Taken

together, these findings suggest that CSAs constitute learned high-level associations, which could bias low-level visual perceptual processing, perhaps through a top-down effect.

Strictly-speaking, CSAs can be thought of as intramodal visual sensory correspondences, understood by reference to the emerging field of research on the crossmodal correspondences. Spence [15-17] suggests four main hypotheses to explain those synesthesia-like crossmodal correspondences: structural, statistical, emotion, and semantic correspondences. Structural correspondences occur when the neural system codes information from different sensory channels in adjacent brain areas or in similar ways (e.g., loudness–brightness) [18]. Statistical correspondences are acquired through perceptual learning with repeated exposure to natural co-occurrences (e.g., sound–elevation, pitch–size) [19]. Emotional correspondences arise from the emotional associations that people have with particular sensory stimuli (e.g., music–color) [20-21]. Semantic (or perhaps better-said linguistic) correspondences refer to the associations developed from the linguistic terms or semantic information underlying these sensory properties (e.g., possibly pitch–elevation, where the same linguistic terms are used e.g., ‘high’ / ‘low’) [22]. Among them, semantic/emotional sensory correspondences between colors and shapes have been suggested to account for CSAs (e.g., both visual features being associated with the same “warm/cold”, preference, and/or arousal values) [1,2,3,5,6]. However, CSAs may also be mediated by other structural/statistical correspondence factors that have yet to be articulated.

### **Feature integration theory**

It has long been recognized that colors and shapes are registered and processed by discrete brain areas [23], raising the question of how the unified binding of features associated with specific visual objects takes place [24]. According to the predominant theory of feature integration, visual features are initially processed in parallel in separate feature maps, and later bound together through spatial attention and/or top-down processes to their common locations [25-28]. Beyond perceiving, the memory system also maintains the specific conjunctions between individual features belong to the same object/stimulus. Wheeler and Treisman [29] proposed that binding is selectively stored if task-relevant, which is dependent on sustained attention, and when the attention is withdrawn or distributed too widely, the joint object representations may break down into individual features. As such, multiple opportunities for errors, both perceptual in nature and memory-based (i.e., forgetting), arise when it comes to distinguishing an individual feature. Previous studies observed that responses are not only dispersed around the report feature of the target, but are also clustered around the features of other non-target items from the perceptual array [30-32]. Reporting the feature value of a non-target item is often referred to as a “swap” error, reflecting a failure to retrieve the correct item from memory for the target feature [30]. Binding errors (i.e., swap errors) [33] indicate a failure in binding and provide an important insight into the strength of feature binding.

CSAs have been shown to bias feature binding in memory, with incongruent colored-shape pairs being subject to more binding errors than congruent colored-shape pairs, indicating a stronger binding of congruent color–shape combinations [34]. Regardless of whether performance errors in Chen and

Watanabe's study [34] reflect perceptual or memory errors, they nevertheless both support the claim that the binding of congruent CSAs are stronger than incongruent ones. The congruency effect of CSAs on biasing feature binding may result from a top-down effect of CSAs, or CSAs occurring earlier before binding process and consequently biased binding of color and shape features. However, little is known concerning the factors related to the effect of CSAs on feature binding.

## **Autism Spectrum Disorder (ASD)**

Autism spectrum disorder (ASD) is a pervasive neurobiological developmental disorder, characterized by difficulties in social interaction and communication, restricted and repetitive behaviors/interests/activities, and atypical sensory behaviors [35]. Sensory symptoms, including hyper- or hypo-sensitivity to sensory stimuli, and deficits in multisensory integration, have been documented to occur in over 90% of autistic individuals [36-37]. A growing body of scientific evidence suggests that abnormalities in low-level visual perception and attention may account for the core deficits such as problems in social communication and repetitive behaviors [38-39]. Moreover, individuals with ASD have been shown to exhibit impaired multisensory integration and show less pronounced crossmodal correspondences. For example, the well-known "Bouba-Kiki" effect (i.e., people associate rounded shapes with words like "bouba" or "maluma," and spiky shapes with words like "kiki" or "takete") [40] was weaker in individuals with ASDs than in controls [41-44]. Chen et al. [34] reported that individuals with higher autistic traits showed fewer consensual color-taste (e.g., yellow-sour taste) and CSAs using a questionnaire survey. Hidaka and Yaguchi [45] found that people with lower autistic traits exhibited a stronger cross-modal congruency effect for brightness-loudness associations in the speeded visual classification task, suggesting that they experienced stronger brightness-loudness associations than did those with higher autistic traits.

Several theories have been put forward to interpret the unusual sensory processing documented in individuals with ASDs. The Weak Central Coherence theory (WCC) [46-47] refers to the detail-focused processing style in autistic perception, which suggests that individuals with ASD exhibit a relative advantage in the processing of local information at the expense of global processing to extract meaning and gist. An alternative to the WCC is the Enhanced Perceptual Functioning theory (EPF) [48-49], according to which, dominant low-level sensory perceptions inhibit integrated high-level processes (e.g., social interaction). Based on those accounts, Pellicano and Burr [50] proposed a Bayesian model, suggesting that the attenuated Bayesian priors (hypo-priors), a tendency to perceive the world more accurately rather than modulated by prior experience, could perhaps explain the unusual sensory experience in ASDs. They suggested that the current sensory input is given proportionally greater weight than the learned priors, which may result in the difficulties in understanding the relationships of cross-sensory inputs and consequently lead to atypical multisensory integration [37,50,51]. According to these models, it might be possible that autistic traits affect the learned CSAs, with people with higher autistic traits showing weaker binding in the case of congruent CSAs.

## **The current study**

Based on those previous findings, the aim of the current study was to explore the effect of autistic traits on CSAs, tested by examining the nature of any binding errors that were induced by CSAs. Using an experimental paradigm designed to reveal the strengths and binding errors associated with maintaining color–shape combinations in visual working memory, the participants were presented with brief displays of paired incongruent or congruent colored-shapes under conditions of divided attention, and reported the color of one of the two shapes. The errors of mistakenly reporting the color of the adjacent shape presented in the display were defined as binding errors. The differences of those binding errors between incongruent minus congruent colored-shape conditions were calculated as binding errors induced by each pair of CSAs. The binding errors may represent the strength and sensitivity of binding of CSAs in memory. If the binding errors induced by CSAs were found to correlate with AQ scores, it might suggest that autistic traits play a role in the binding of CSAs; if not, the null result may be taken to suggest little effect of autistic traits on CSAs. We hypothesized that autistic traits could affect CSAs that people with higher autistic traits exhibit a weaker binding in the case of CSAs, and we obtained results contrary to our hypothesis. Further, the relationship between subscales of the AQ (Social Skills, Attention Switching, Attention to Detail, Communication, Imagination) and binding errors induced by CSAs is examined statistically, to further reveal the factors influencing the relationship between autistic traits and CSAs.

## Method

### Participants

Fifty-one residents of Japan (twenty-four males,  $M$  age = 23 years,  $SD$  = 4.22) recruited from research participant pool of the National Rehabilitation Center for Persons with Disabilities took part in the experiment. A prior power analysis with G\*power 3 determined that a sample of 44 individuals would be sufficient to detect a correlation coefficient of 0.4 with an alpha of 0.05, and a power of 80% [52-53]. We collected more data in the case of some participants' poor performance (e.g., making more than 50% errors in the letter task). None of the participants reported experiencing synesthesia and all had normal or corrected-to-normal visual acuity and normal color vision by self-report. Two participants who made more than 50% errors in the letter task were excluded, thus the data from forty-nine participants were used for data analysis. Ten participants were diagnosed with ASDs by a medical doctor (see Supplementary Table 1). The sample size of participants diagnosed with ASDs was chosen on the basis of a recent study investigating the effect of autistic traits on sensory processing [54], and the availability of respondents from participants. Those participants with ASD received the Japanese version of the Autism Diagnostic Observation Schedule Component, Second Edition (ADOS-2) [55-56] and a Japanese version of the Wechsler Adult Intelligence Scale-III [57-58]. This study was reviewed and approved by the ethics committee of the National Rehabilitation Center for Persons with Disabilities (2020-134; 2021-001) and conducted in accordance with the ethical standards laid down in the Declaration of Helsinki. Written informed consent was obtained from all participants in advance.

### Apparatus and stimuli

We adopted the experimental paradigm used in our previous study [14]. The experiment was programmed in E-Prime 2.0 (Psychology Software Tools; <http://pstnet.com/products/e-prime/>). The stimuli were displayed on a 24-inch LED monitor (EIZO CS2410, EIZO Corp, Hakusan, Japan), with a 1920 × 1080-pixel resolution and a refresh rate of 100 Hz. Participants viewed the monitor at a distance of approximately 60 cm.

Nine colored-shapes and two black letters were used as stimuli. Three colors (i.e., red, yellow, blue) and three shapes (i.e., circle, triangle, square) generated nine colored-shape combinations. The three colors were measured by PR-655 (Photo Research, Chatsworth, CA, USA) and each color was measured 10 times and the average calculated. The color information was as follows: Yellow:  $L^* = 80.16$ ,  $a^* = -4.07$ ,  $b^* = 60.20$ ; Red:  $L^* = 74.07$ ,  $a^* = 100.7$ ,  $b^* = 36.70$ ; Blue:  $L^* = 79.48$ ,  $a^* = -24.59$ ,  $b^* = -94.51$ . The three shape stimuli were all black line drawings. The circle was  $2.1^\circ$  in diameter, the square was  $1.8^\circ$  (in height) ×  $1.8^\circ$  (in width), and the triangle was  $2.4^\circ$  (in height) ×  $2.1^\circ$  (in width). The three shape stimuli were presented in the upward orientation against a white background. The two colored-shapes were horizontally aligned, and the shape near the center of the screen maintained a distance of  $10^\circ$  of visual angle to the left or to the right side of the screen. The two colored-shapes were separated by  $2.6^\circ$  of visual angle. Two black letters served as fixation stimuli (H and F) appeared at the center of the screen and subtended  $\sim 0.7^\circ \times 0.7^\circ$  of visual angle. Two hash signals served as the masks for the colored-shapes (see an example in Fig.1). They were printed in black, and were presented at  $\sim 1.8^\circ \times 1.8^\circ$  of visual angle.

## Procedure

The experiment was carried out in a laboratory with the lighting dimmed. The structure of the study was based on the previous study [14]. Following a variable interval (from 600 to 1200 ms), the stimulus display was presented for 160 ms, consisting of the simultaneous presentation of two letters at the center of the screen and two colored-shapes presented either to the left or to the right side of the letters (see Fig. 1). The letters were presented vertically and were either the same (i.e., H/H, F/F) or different (i.e., H/F, F/H). Following the offset of the stimulus display, two pattern masks consisting of two hash symbols were presented for 250 ms where the two colored-shapes had been presented. The presentation of the masks was followed by a blank with a fixation of 500 ms. The participants had to make three responses. First, they reported whether the two letters presented at the center of the display were the “same” or “different”. Second, they reported the color of one of the two shapes that had been presented (e.g., what was the color of the circle in Figure 1). Finally, they were required to indicate their confidence level regarding their color choice for the target shape, using a scale from 1 to 6 (1 = least confident, 6 = most confident). The order of the responses was kept constant during the session. Response options were given by labeled keys on the computer keyboard. The letter *u* and *i* were labeled as “same” and “different”, respectively; the letters *j*, *k*, and *l* were labeled red, yellow, and blue, respectively. The confidence response was given by pressing the numbers 1-6 on the keyboard.

The two shapes presented on each trial were always different and randomly chosen from the three shapes (i.e., circle, triangle, square), giving rise to six possible combinations of two shapes. There was

one within-subject factor, the color–shape congruency concerning the Japanese CSAs (i.e., circle–red, triangle–yellow, and square–blue). Therefore, for each pair of shapes, the color–shape assignments were either congruent or incongruent with the color–shape associations, leading to 12 possible colored-shape combinations, combined with the two shapes, giving rise to a total of 24 combinations. Taking the circle and triangle pair as an example, the colored-shape pairs were either congruent (circle–red/triangle–yellow pairs) or incongruent (circle–yellow/triangle–red pairs; the opposite of congruent pairs). The other colored-circle or colored-triangle stimulus (e.g., a blue–circle or blue–triangle) was not presented. Then, for each colored-shape pair that had been presented, the participants were asked about the color of each of the shapes in a random order (e.g., “What was the color of circle?” and “What was the color of square?” in the example shown in Figure 1). Finally, the position of the colored-shape stimuli could be on the left or right to the screen center. With the first question on letter conditions, we generated three conditions (i.e., (H/H, F/F), H/F, F/H). In all, there could be 24 (colored-shape combination) × 2 (color choice for one shape) × 2 (stimuli location) × 3 (letter condition) = 288 trials. The experiment trials were preceded by 30 practice trials. The 288 trials were broken into six blocks of 48 trials. At the end of each block, participants took a self-determined break. The whole experiment took approximately 45~60 mins to complete.

### **Autism Spectrum Quotient**

Finally, the participants completed a Japanese version of the AQ-50 developed by Baron-Cohen et al. [59]. The AQ is a widely used self-reported questionnaire to measure autistic traits in the general population. A total AQ score was ranging from 0 to 50, with individual subscale scores ranging from 1 to 10 (social skills, attention switching, attention to detail, communication, and imagination) [59-60]. Higher total AQ scores indicate a greater magnitude of autistic traits, and higher subscale AQ scores indicate poor social skills, communication, and imagination, inefficient attention-switching and a higher tendency to attend to detail. Distribution of the total AQ scores for the 49 participants is shown in Figure 2.

### **Analysis**

There were three possible outcomes for reporting the color of the shape: Hit, binding error (BE), and feature error (FE). Taking the stimuli displayed in Fig.1 as an example, when the question asked about the color of circle, a hit refers to the correct report of the color of the target—in this case, “blue.” A BE refers to the report of the color of the distractor—in this case, reporting “red”. Finally, a FE refers to the report of a color that was not presented in the display—in this case, reporting “yellow”. We calculated the mean proportion of hits, BEs, and FEs (number of trials × 100%/ 288 trials) for each participant with color–shape congruency factor (congruent CSAs: circle–red, triangle–yellow, and square–blue). A paired-sample *t*-test was used to examine the congruency effect of CSAs on hits, BEs, and FEs. For instance, the BEs in the congruent and incongruent conditions for the three colored-shape pairs were compared using a paired-sample *t*-test with the Bonferroni correction (the significance level was 0.05/3 = 0.017), separately. To further quality the results, the Bayes Factors (BF10) were referred to, in order to determine whether or not there was support in favor of the alternative (H1) or null (H0) hypotheses [61]. A value of 1 means

that null and alternative are equally likely, larger values suggest that the data are in favor of the alternative hypothesis, and smaller values indicate that the data are in favor of the null hypothesis.

BEs induced by each pair of CSAs were calculated by the difference of BEs in incongruent minus congruent colored-shape pairs (i.e., BEs induced by each of the three pairs of CSAs = (BEs in incongruent-CSA – BEs in congruent-CSA). Taking the BEs induced by circle–red and triangle–yellow associations as an example:  $\Delta\text{BEs} = (\text{BEs in circle–yellow and triangle–red pair}) - (\text{BEs in circle–red and triangle–yellow pair})$ . The more BEs induced by incongruent as compared to congruent colored-shape pairs, the stronger binding of the pair of congruent CSAs.

The AQ scores were normally distributed in the current sample ( $W = 0.97, p = .25$ ; Shapiro–Wilk’s test). Pearson’s correlation analysis was used to examine the relationships between the total AQ scores and the BEs induced by each pair of CSAs. We further examined the correlations between the BEs induced by CSAs and subscales of the AQ (social skills, attention switching, attention to detail, communication, and imagination).

To further understand the effect of autistic traits on BEs induced by CSAs, participants with typical development (TD) were divided into high-AQ and low-AQ groups. In order to balance the sample size, the medium value of AQ score (AQ = 20) in the current sample was used as the criterion for the high (AQ  $\geq$  20,  $n = 20$ ) and low (AQ < 20,  $n = 19$ ) AQ groups [62]. Thus, there were three groups: participants with ASD ( $n = 10$ ; Supplementary Table 1), participants with high-AQ ( $n = 20$ ), and participants with low-AQ ( $n = 19$ ). A one-way Analysis of Variance (ANOVA) was used to compare the BEs induced by CSAs in the three groups (i.e., ASD/high-AQ/low-AQ group).

During the experiment, the participants made an unspeeded response when reporting the color choice, we therefore analyzed the reaction times (RTs) in the correct responses (hits) as a supportive analysis. A two-way ANOVA analysis was used to examine the differences in RTs for the three target colors in congruent and incongruent conditions. Data analysis were performed using R 4.0.2 software [63].

## Results

Accuracy on the letter task was 93.96% ( $SD = 5.24\%$ ) and accuracy on the color task was 72.73% ( $SD = 12.91\%$ ). We analyzed the mean proportion of hits, BEs, and FEs for each participant with color–shape congruency factor (congruent CSAs: circle–red, triangle–yellow, and square–blue) from the color task and the confidences of color choices from the confidence rating task.

### *Mean proportion of BEs, hits, and FEs.*

Fig. 3 shows the congruency effect of CSAs on hits, BEs, and FEs. A paired-sample  $t$ -test revealed a significant difference in BEs between the congruent and incongruent conditions,  $t(48) = 7.42$ , Bonferroni corrected  $p < .01$ , Cohen’s  $d = 1.06$ ,  $BF_{10} = 6917306$ , with participants making more BEs in the incongruent conditions (14.48%) than in the congruent conditions (9.23%). For hits, there was also a significant



difference,  $t(48) = 7.96$ , Bonferroni corrected  $p < .01$ , Cohen's  $d = 1.14$ ,  $BF_{10} = 41153391$ , with participants making significantly more hits on the congruent (39.11%) than on the incongruent trials (33.62%). FEs did not differ between the congruent (1.67%) and incongruent conditions (1.90%),  $t(48) = 1.86$ , Bonferroni corrected  $p = .21$ , Cohen's  $d = 0.27$ ,  $BF_{10} = 0.76$ . These results indicate that participants made more BEs for the incongruent than for the congruent colored-shape pairs.

#### *BEs for each of the color–shape pairs*

Next, we further explored the BEs in the congruent and incongruent conditions by examining each pair of colored-shape combinations separately (i.e., for the circle/square pair, congruent: circle–red/square–blue; incongruent: circle–blue/square–red; for the circle/triangle pair, congruent: circle–red/triangle–yellow; incongruent: circle–yellow/triangle–red; for the triangle/square pair, congruent: triangle–yellow/square–blue; incongruent: triangle–blue/square–yellow; Fig. 4). Paired sample  $t$ -tests revealed that for each colored-shape pair, the BEs in the incongruent condition were significantly larger than were those in the congruent condition (circle/square pair, 5.73% vs. 3.10%,  $t(48) = 7.18$ , Bonferroni corrected  $p < .01$ ,  $d = 1.03$ ,  $BF_{10} = 3131724$ ; circle/triangle pair, 4.18% vs. 2.95%,  $t(48) = 3.95$ , Bonferroni corrected  $p < .01$ ,  $d = 0.56$ ,  $BF_{10} = 97.82$ ; triangle/square pair, 4.57% vs. 3.18%,  $t(48) = 4.86$ , Bonferroni corrected  $p < .01$ ,  $d = 0.69$ ,  $BF_{10} = 1521.45$ ). Therefore, BEs occurred more frequently in the incongruent conditions than in the congruent conditions for all three of the colored-shape pairs, consistent with Chen and Watanabe's previous findings [14].

#### *Correlation of BEs induced by CSAs and AQ scores*

Pearson's correlation analysis showed a significant correlation between the total AQ scores and BEs induced by circle–red and triangle–yellow associations ( $r = 0.41$ ,  $p = .003$ ,  $BF_{10} = 15.80$ ; Fig. 5). No significant correlations were observed between total AQ scores and BEs induced by circle–red and square–blue associations ( $r = -0.12$ ,  $p = .41$ ,  $BF_{10} = 0.44$ ), or between total AQ scores and BEs induced by triangle–yellow and square–blue associations ( $r = -0.04$ ,  $p = .79$ ,  $BF_{10} = 0.33$ ). We further investigated whether BEs induced by circle–red and triangle–yellow associations were associated with subscales of the AQ. The results revealed a significant correlation between the AQ subscale of Attention Switching ( $r = 0.40$ ,  $p = .004$ , FDR corrected;  $BF_{10} = 12.89$ ) and Communication ( $r = 0.34$ ,  $p = .02$ , FDR corrected;  $BF_{10} = 4.49$ ) with the BEs induced by the circle–red and triangle–yellow associations (see Table 2). Thus, decreased attention switching and communication and increased attention to detail appeared to be related to the stronger binding of circle–red and triangle–yellow associations in people with higher autistic traits.

Table 2. Correlations between BEs by circle–red/triangle–yellow associations and AQ subscales

	Social skill	Attention switching	Attention to detail	Communication	Imagination	Total AQ
<i>r</i>	0.22	<b>0.40**</b>	0.30	<b>0.34*</b>	0.25	<b>0.41**</b>
95%CI	-0.06 ~ 0.48	0.14 ~ 0.61	0.02 ~ 0.53	0.07~ 0.57	-0.03 ~ 0.50	0.15~0.62
<i>p</i>	0.12	0.004	0.04	0.015	0.08	0.003
BF <sub>10</sub>	0.94	12.89	2.18	4.49	1.23	15.80

Note: significant correlations are indicated in bold: \*\* $p < .01$ , \* $p < .05$  ( $p$  before FDR correction).

A one-way ANOVA showed a significant difference on BEs induced by circle–red and triangle–yellow associations between the three groups of participants,  $F(2, 46) = 4.62$ ,  $p = .015$ ,  $\eta_p^2 = 0.17$  (Fig. 6).  $\Delta$ BEs in ASD (mean = 2.26,  $sd = 1.73$ ; Tukey’s HSD,  $p = .029$ ) and high-AQ (mean = 1.75,  $sd = 2.02$ ; Tukey’s HSD,  $p = .045$ ) groups were significantly larger than those in the low-AQ group (mean = 0.15,  $sd = 2.19$ ), and there was no difference between the ASD and high-AQ groups (Tukey’s HSD,  $p = .80$ ). Moreover, for the ASD and high-AQ groups, the  $\Delta$ BEs were significantly greater than zero (ASD:  $t(9) = 4.13$ , Bonferroni corrected  $p = .009$ , Cohen’s  $d = 1.31$ ,  $BF_{10} = 18.85$ ; High-AQ group:  $t(19) = 3.88$ , Bonferroni corrected  $p = .003$ , Cohen’s  $d = 0.87$ ,  $BF_{10} = 36.06$ ), while there was no difference between the  $\Delta$ BEs and zero in the low-AQ groups ( $t(18) = 0.29$ , Bonferroni corrected  $p > 1$ , Cohen’s  $d = 0.07$ ,  $BF_{10} = 0.25$ ). Thus, participants with ASD and high-AQ scores tended to show more BEs induced by circle–red and triangle–yellow associations, indicating a stronger binding of circle–red and triangle–yellow associations.

Moreover, there was no significant correlation between the total AQ scores and the sum of BEs (BEs in congruent plus incongruent colored-shape pairs) for each of three colored-shape pairs (circle/square:  $r = -0.18$ ,  $p = .22$ ,  $BF_{10} = 0.64$ ; circle/triangle:  $r = -0.04$ ,  $p = .77$ ,  $BF_{10} = 0.33$ ; square/triangle:  $r = -0.21$ ,  $p = .14$ ,  $BF_{10} = 0.85$ ). Furthermore, no significant correlation was observed between total AQ scores and the sum of BEs, hits, and FEs across the three colored-shape pairs (BEs:  $r = -0.15$ ,  $p = .29$ ,  $BF_{10} = 0.53$ ; hits:  $r = 0.16$ ,  $p = .26$ ,  $BF_{10} = 0.57$ ; FEs:  $r = -0.14$ ,  $p = .33$ ,  $BF_{10} = 0.49$ ).

### Reaction times (RTs) for hits

RTs for the hits (the correct report of color) in congruent and incongruent colored-shape combinations were calculated. Error trials from the letter task (5.75% of all trials), and RTs of less than 200 ms or more than 7000 ms, and then RTs exceeding 2.5  $SD$ s from the mean of the RTs per participant and per condition (4.45% of the left trials) were excluded from the analysis. A congruency condition (2; congruent vs. incongruent)  $\times$  target color (3; red vs. yellow vs. blue) two-way ANOVA on RTs for hits showed a significant main effect of congruency condition,  $F(1, 9237) = 11.78$ ,  $p = .0006$ ,  $\eta_p^2 = 0.001$ , a significant main effect of target color,  $F(2, 9237) = 8.16$ ,  $p = .0002$ ,  $\eta_p^2 = 0.002$ , and a significant interaction,  $F(2, 9237) = 4.19$ ,  $p = .015$ ,  $\eta_p^2 = 0.001$ . RTs in the congruent (mean RT = 2251ms,  $SD = 990$ ) conditions were

significantly shorter than for the incongruent (mean RT = 2323ms,  $SD = 1029$ ) colored-shape combinations. RTs for yellow target were significantly shorter than RTs for red (Tukey's HSD,  $p = .0002$ ) and blue colors (Tukey's HSD,  $p = .03$ ). There was no difference between RTs for red and blue target colors (Tukey's HSD,  $p = .34$ ). For the yellow target color, RTs in the congruent conditions (mean RT = 2161 ms,  $SD = 949$ ) were significantly shorter than incongruent conditions (mean RT = 2309 ms,  $SD = 1019$ ; Tukey's HSD,  $p = .0005$ ). That is, participants responded reported the color yellow faster when it was paired with the triangle shape than with either of the other two shapes (i.e., circle and square). No significant RT difference was observed in congruent and incongruent conditions for red and blue target colors (Tukey's HSD,  $ps > .05$ ). In the congruent conditions, the RTs for yellow-colored targets were significantly shorter than for red (mean RT = 2301 ms,  $SD = 1008$ ; Tukey's HSD,  $p = .0007$ ) and blue (mean RT = 2295 ms,  $SD = 1009$ ; Tukey's HSD,  $p = .001$ ) target colors. There was no significant difference in RTs between the three target colors in the incongruent condition (all  $ps > .05$ ). Moreover, RTs for the yellow color in the congruent conditions (RTs for yellow–triangle) were significantly faster than the RTs for any of the other color-shape combinations (Tukey's HSD, all  $ps < .01$ ; Fig. 7). Thus, participants reported the yellow color for the triangle more rapidly than for the other color and shape combinations, indicating a stronger congruency effect for the yellow-triangle association on RTs.

Correlation analysis between RTs for target colors in congruent colored-shape combinations and AQ scores showed limited correlations (yellow–triangle:  $r = -0.28$ ,  $p = .05$ ,  $BF_{10} = 1.77$ ; red–circle:  $r = -0.26$ ,  $p = .069$ ,  $BF_{10} = 1.41$ ; blue–square:  $r = -0.19$ ,  $p = .18$ ,  $BF_{10} = 0.70$ ). Thus, there might be a limited effect of autistic traits on RTs for congruent CSAs. However, it can be seen that there was a tendency toward negative correlations between RTs and AQ scores. People with a higher AQ score would appear to have a tendency to respond more rapidly when correctly recalling colors for congruent colored-shape combinations (e.g., yellow–triangle).

### *Hits and BEs as a function of confidence ratings*

Next, we examined the confidence ratings for the reported color choices. First, we classified confidence ratings as low (answering 1 or 2), medium (answering 3 or 4), and high (answering 5 or 6). As there were far fewer FEs (3.56%) compared to other response types (i.e., hits and BEs), we excluded FEs from this analysis.

A two-way confidence level (3)  $\times$  congruency conditions (2) ANOVA on the mean proportion of hits was conducted. The results revealed a significant main effect of congruency condition,  $F(1, 254) = 4.02$ ,  $p = .046$ ,  $\eta_p^2 = 0.01$ , a significant effect of confidence level,  $F(2, 254) = 19.84$ ,  $p < .01$ ,  $\eta_p^2 = 0.13$ , but no significant interaction,  $F(2, 254) = 0.12$ ,  $p = .89$ ,  $\eta_p^2 = 0.001$ . Participants made more hit responses in the congruent (15.0%) than in the incongruent (12.5%) conditions. The participants made more hits (correct responses) in high than low confidence trials and in medium than in low confidence trials (with 8.6%, 15.6%, and 17.6% for low, medium and high confidence levels, respectively; Tukey's HSD,  $ps < .01$ ), and there was no difference between high and medium confidence level (Tukey's HSD,  $p = .40$ ).

A two-way ANOVA for BEs revealed a significant main effect of congruency condition,  $F(1, 238) = 10.24, p = .002, \eta_p^2 = 0.04$ , a significant main effect of confidence level,  $F(2, 238) = 5.07, p = .007, \eta_p^2 = 0.04$ , and no significant interaction,  $F(2, 238) = 0.42, p = .66, \eta_p^2 = 0.003$ . Participants made more BEs in the incongruent (5.72%) than in the congruent (3.77%) conditions. Participants made fewer BEs in high (3.27%) than low (5.42%) and medium (5.35%; Tukey's HSD,  $ps < .05$ ) confidence levels. There was no difference between low and medium confidence ratings (Tukey's HSD,  $p = 1$ ).

## Discussion

In the present study, we examined whether autistic traits influenced Japanese CSAs (i.e., circle–red, triangle–yellow, square–blue) [1] tested by binding errors in working memory. The results revealed a significant correlation between total AQ scores and BEs induced by circle–red and triangle–yellow associations. Participants with ASD and those with high AQ scores made more BEs in the incongruent than in the congruent conditions for circle and triangle shape pairs, compared with the participants with a low AQ score. Those results indicate that participants with higher autistic traits are more likely to bind circle–red and triangle–yellow combinations, which is opposite to the hypothesis that people with higher autistic traits exhibit a weaker binding in the case of CSAs. Moreover, participants made more BEs in the incongruent than in the congruent conditions for all the three colored-shape combinations, replicating our previous findings [14]. Those results demonstrated that autistic traits play a role in the binding of congruent CSAs, that people with higher autistic traits exhibit stronger binding of specific CSAs.

## Binding errors for CSAs

When two colored-shape stimuli were presented shortly and closely in the periphery visual field under conditions of divided attention, participants made more BEs reporting the color of one of the two shapes in the incongruent conditions than congruent conditions in line with CSAs (i.e., circle–red, triangle–yellow, and square–blue) [1]. Thus, CSAs biased the feature binding of colors and shapes, with congruent colored-shape combinations showing stronger binding than incongruent ones when recalling from memory. The higher occurrence of BEs for the incongruent than congruent colored-shape pairs suggest a top-down effect of CSAs, or possibly that some CSAs occur prior to binding. Previous studies have suggested that CSAs are learned semantic sensory correspondences, that shared semantic information describing colors and shapes could explain those CSAs (e.g., warmth/lightness) [1–2]. Those learned high-level CSAs could play a top-down effect to bias the low-level perceptual and memory processing, and modulate the binding of color and shape features [64–66]. Those results are consistent with previous findings that stored knowledge of color–shape conjunctions could modulate binding, which may occur at an early stage of processing, and require modest attention (e.g., yellow for a banana-like shape) [67–72]. The occurrence of BEs may reflect both perceptual mis-combination and memory-based errors. To correctly recalling of color for a shape require the memory strength/sensitivity for the colored-shape combinations. Participants made more hits (i.e., correctly report of color) and less BEs in congruent than

incongruent colored-shape pairs, suggesting that congruent colored-shape combinations are easier to be memorized and recalled.

## Effect of autistic traits on CSAs

Here, we further demonstrated that the BEs induced by certain CSAs (i.e., circle–red and triangle–yellow) were significantly correlated with AQ scores, that participants with higher autistic traits made more BEs in incongruent than congruent conditions for circle and triangle stimuli pairs, indicating a stronger binding of circle–red and triangle–yellow associations in those participants. Moreover, the AQ-subscale of attention switching was significantly correlated with the BEs induced by circle–red and triangle–yellow associations, suggesting that individuals with inefficient attention switching tend to have stronger binding of CSAs. According to previous research, CSAs could be innate, or emerge at an early age [73–78]. For instance, in a forced choice task, 2.5-year-old toddlers are preferentially disposed to pair certain shapes with specific colors [77]. A related disposition has been evidenced in even younger infants (aged 2–3 months) [78]. It has been proposed that early development is a period of exuberant neural connectivity that facilitate arbitrary sensory experience, similar to the sensory experience of adults with synesthesia (i.e., simulation of one sense involuntarily evokes another sense) [79], and dissipates during development [78, 80]. CSAs might also emerge earlier in infants. Spector and Maurer [77] reported that pre-literate children (30–36 months) associated letters of the alphabet with colors based on their shape (e.g., O-white, X-black), and did not show other associations (e.g., B-blue, A-red) seen in literature children (7–9 years) and adults which might be based in language (e.g., B is the first letter of blue) and semantic associations. They suggested that certain color–shape associations are innate, that sensory cortical organization initially binds color to some shapes. Our previous studies showed that children at the age of 6 ~ 8 years of age could show similar patterns of CSAs as adults [73–74]. Those results may indicate that once a prior association is formed in individuals with higher autistic traits, it is likely to remain strongly associated, and tended to be less easily updated by later development, resulting in a hypo-prior [50, 51, 54, 77]. Pellicano and Burr [50] suggested a Bayesian model for autistic perception, that people with autism weight their prior experience less than do neurotypical individuals, leading to a tendency to perceive the world more accurately because less influenced by learned top-down influences. It might be possible that CSAs are innate or emerged earlier in life [73–78], and individuals with higher autistic traits updated little by statistical learning with color and shape conjunctions from the environment in the later development, resulting in less top-down influence and more bottom-up effect on binding of congruent CSAs. However, CSAs in participants with lower autistic traits could be interfered and updated with statistical associations of color and shape features in the environment, which exert more top-down effect and weaken the original binding of congruent CSAs.

Meanwhile, we observed little effect of autistic traits on hits, BEs, and FEs, and little effect of autistic traits on BEs in the three colored-shape combinations, only the effect of autistic traits on biasing the BEs correlated by CSAs (i.e., circle–red, triangle–yellow) was significant. Previous studies suggested that individuals with ASD exhibited atypical sensory processing and difficulties in binding sensory information into a unified percept [81–82]. Some studies also reported enhanced visual perceptual abilities in

individuals with ASD (e.g., color discrimination, visual search tasks) [49]. For instance, Stevenson et al. [33] reported both enhanced sensory processing in terms of accuracy and precision of sensory recall, and increased binding errors of color and spatial location in children with ASD. However, this study showed little effect of autistic traits on the visual working memory of color recall. Thus, the stronger binding of CSAs in participants with higher autistic traits may be little influenced by the effect of autistic traits on low-level visual processing.

The stronger binding of circle–red and triangle–yellow associations in individuals with higher autistic traits may also suggest that CSAs have some structural correspondence basis shaped by the neurological coding system [69]. Studies suggested that individuals with ASD have different connectivity between brain regions in general, and showed atypical brain activity or connectivity when performing visual perceptual tasks, such as relative hyperactivation of the early visual cortex in individuals with ASD in visuospatial tasks, attention shifting tasks [83–84]. The excessively activated low-level visual processing in individuals with ASD might underline a stronger binding of some CSAs in participants with higher autistic traits. Future studies are needed to further explore the brain patterns of connectivity and activity on congruency effect of CSAs during the behavioural performance tasks.

## **Strength of CSAs**

Furthermore, the participants responded more rapidly when reporting the color correctly for target shape in congruent colored-shape pairs than incongruent ones, suggesting that congruent colored-shape could facilitate behavior performance of recognizing and memorizing color and shape features, consistent with previous findings [1, 12, 13]. Furthermore, triangle–yellow associations tend to be memorized and recalled faster than the other color–shape combinations, suggesting a stronger congruent effect of triangle–yellow association on facilitating response times when recalling the color yellow (at least amongst the Japanese sample tested here). Thus, a triangle enhanced the recall of yellow color more than a circle and a square, providing evidence for stronger binding of triangle–yellow associations. It should be noticed that triangle–yellow associations have previously been reported in several different cultures, such as Italian, Japan, China, USA, UK, German [1, 2, 4, 7, 8, 85, 86]. It might be possible that triangle–yellow associations were more universal and stronger than the other CSAs.

Moreover, triangle–yellow and circle–red associations are stronger than the square–blue mapping in Japanese participants, as reported in previous studies using explicit matching task (triangle–yellow: 33%; circle–red: 34%; square–blue: 19%; with a chance level of 12.5%) [1]. The strong circle–red association (especially amongst the Japanese participants tested here) may stem from the image of the Japanese flag. With a red circle, symbolizing the sun, placed on a rectangular white background, the national flag of Japan may play a critical role on the forming of circle–red association in Japanese people. Specially, the white background used in the current study may have enhanced the resemblance to the red-circle in the flag, leading to a strong binding of red and circle [87]. In a previous study using a questionnaire survey, we observed that people with higher autistic traits showed fewer consensual associations between colors and familiar geometric shapes, which might be explained by a reduced prior knowledge effect in individuals with higher autistic traits [34]. When testing the strength of CSAs using behavioral

experimental methods, those individuals with higher autistic traits showed stronger binding of CSAs. It may imply that CSAs have different mechanisms of correspondences, with some being innate, and structurally constructed, while some may be shaped by statistical/semantic learning experiences. Further studies will therefore be needed to further reveal the mechanism underlying CSAs, perhaps through examining individual differences of CSAs with infants/children and people with sensory deprivation (e.g., blind participants) to reveal the developmental effect on CSAs and to test statistic/structural correspondence hypothesis.

## **Confidence ratings**

The confidence ratings for reporting color choices revealed that people made more hits in high and medium confidence levels than low confidence levels, and participants made less BEs in high confidence levels than low and medium confidence levels, as might have been expected. These results suggest that our participants could be aware of their memory errors, that binding errors could be related to subjectively feeling of confidence levels [64, 88].

## **Limitation**

One limitation of the current study is that the congruent color–shape combinations were more frequently presented than incongruent ones, which may lead to a bias in response errors. According to the hypo-priors hypothesis [50], participants with lower autistic traits may perform better for good at statistical learning with the stimuli set, and make fewer binding errors in congruent than incongruent conditions. However, opposite results were observed, that participants with higher autistic traits showed fewer binding errors at congruent than incongruent conditions, providing further evidence for the stronger binding for some CSAs. The other limitation is that only the color choice of the shape target was used to indicate binding errors, future studies may examine the shape choice of the color target induced memory errors, to compare the difference between the color and shape dimensions in binding processes.

## **Summary**

In summary, the results of the present study demonstrate that autistic traits correlate significantly with binding errors induced by circle–red and triangle–yellow associations, and that participants with higher autistic traits tended to show stronger binding of circle–red and triangle–yellow associations. Thus, autistic traits could affect the maintenance of CSAs, and hypo-priors hypothesis in autistic perception may explain these findings. Specific CSAs might be innate or constructed earlier in life, which were kept stronger binding in individuals with higher autistic traits, little influenced by later statistical learning. Future studies are in need to further examine the nature of CSAs by directly testing CSAs in infants/blinds and the effect of learning/training on forming novel CSAs.

## **Declarations**

### **Ethical Approval**

Informed consent was obtained from all participants prior to the experiments. All procedures performed in studies involving human participants were in accordance with the ethical standards of the ethics committee of the National Rehabilitation Center for Persons with Disabilities (2020-134; 2021-001).

### **Competing interests**

The authors have no conflict of interest directly relevant to the content of this article.

### **Authors' contributions**

All authors contributed to the study design. N.C. coded and performed the experiment, analyzed the data, and drafted the manuscript. K.W., C.S., M.W. provided critical revisions. All authors approved the final version of the manuscript for submission.

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### **Availability of data and materials**

The raw data, supplementary materials, and R code for this article is available online. <https://osf.io/mpjeu/>

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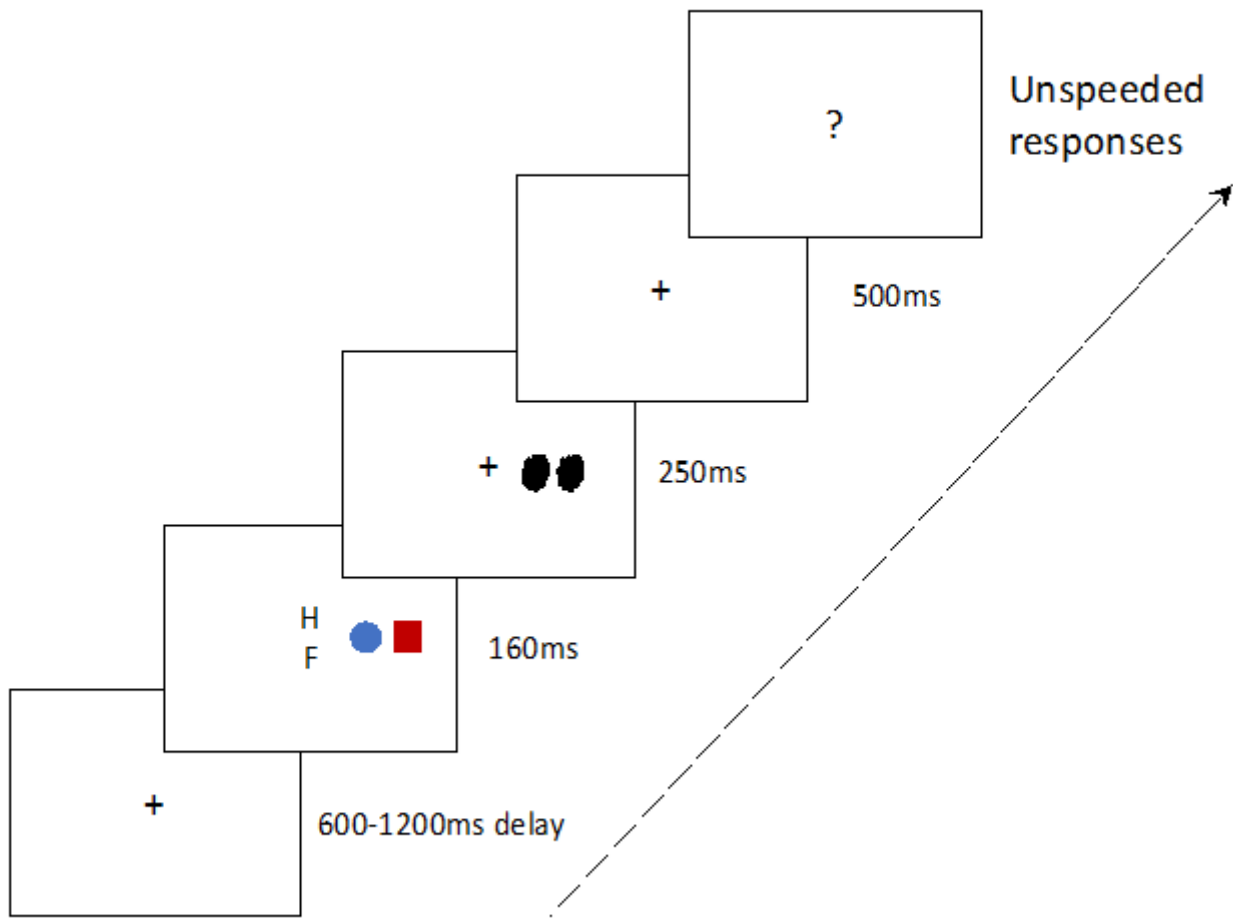
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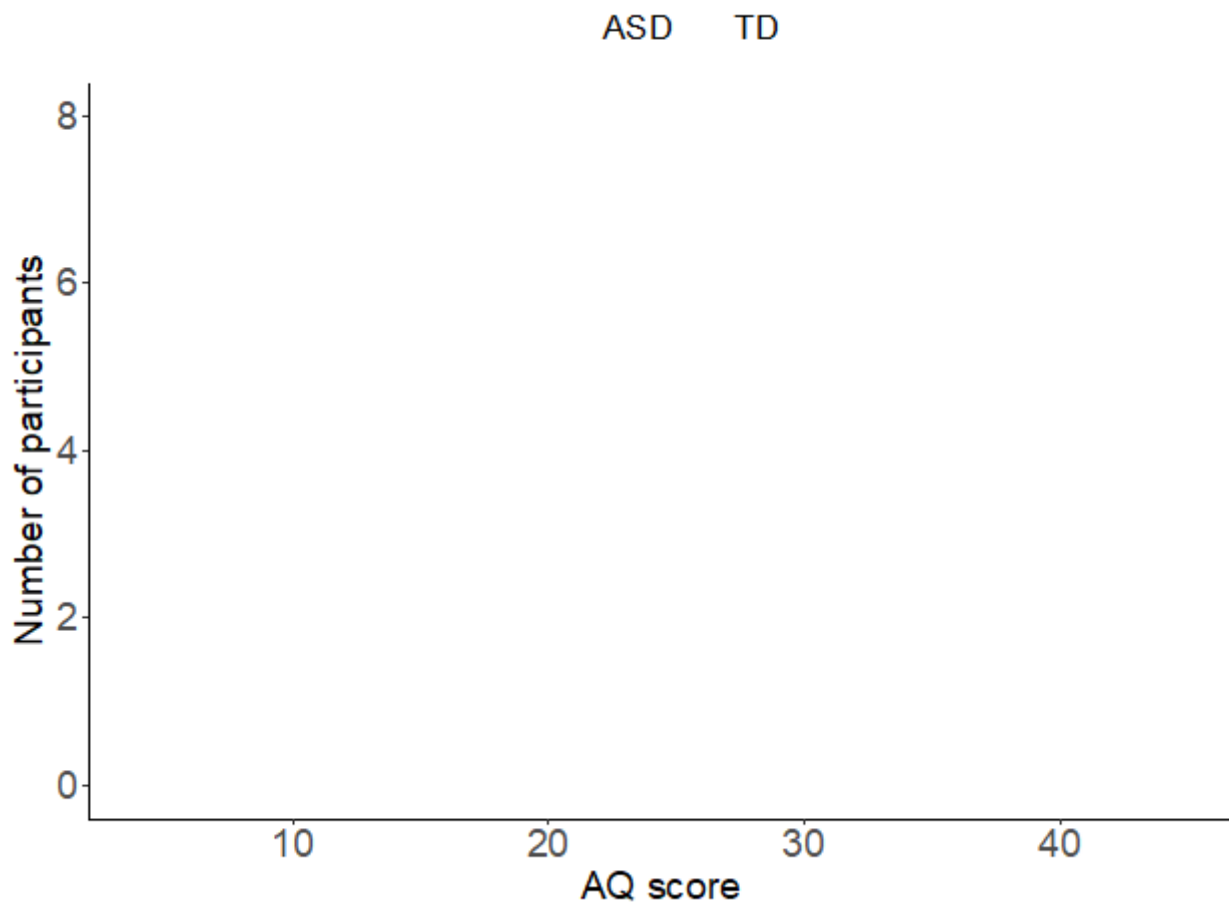
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## Figures



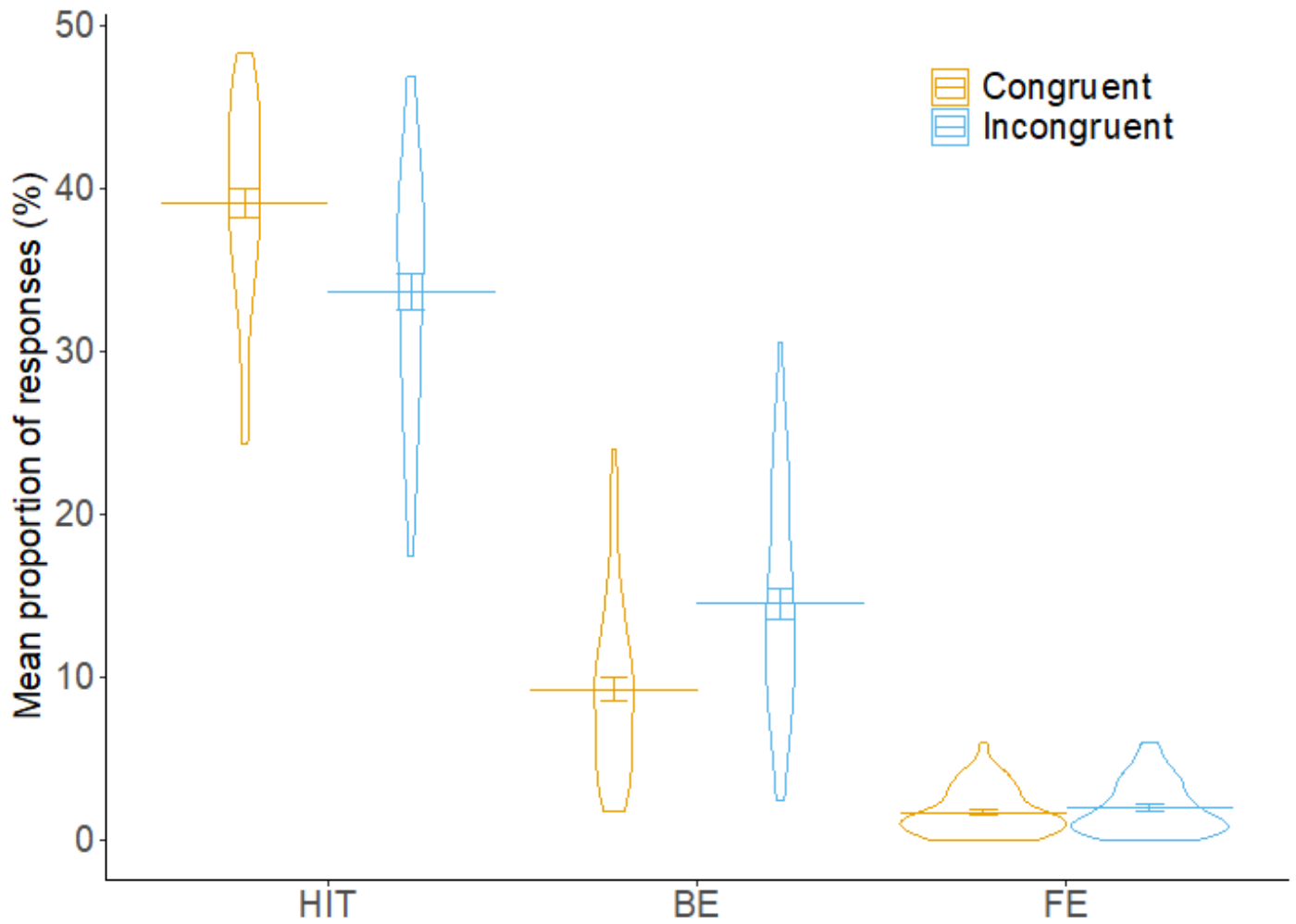
**Figure 1**

An example of the trial sequence. Following a variable interval, two letters appeared in the middle of the screen together with two colored-shapes presented either to either side of the letters. After that, two pattern masks consisting of two hash symbols were presented at the locations where the two colored-shapes had appeared. At the end of the trial, the participants were required to give three responses by key press (same or different letter, the color of one shape (e.g., “What was the color of the circle?”), and a confidence rating concerning their color choice).



**Figure 2**

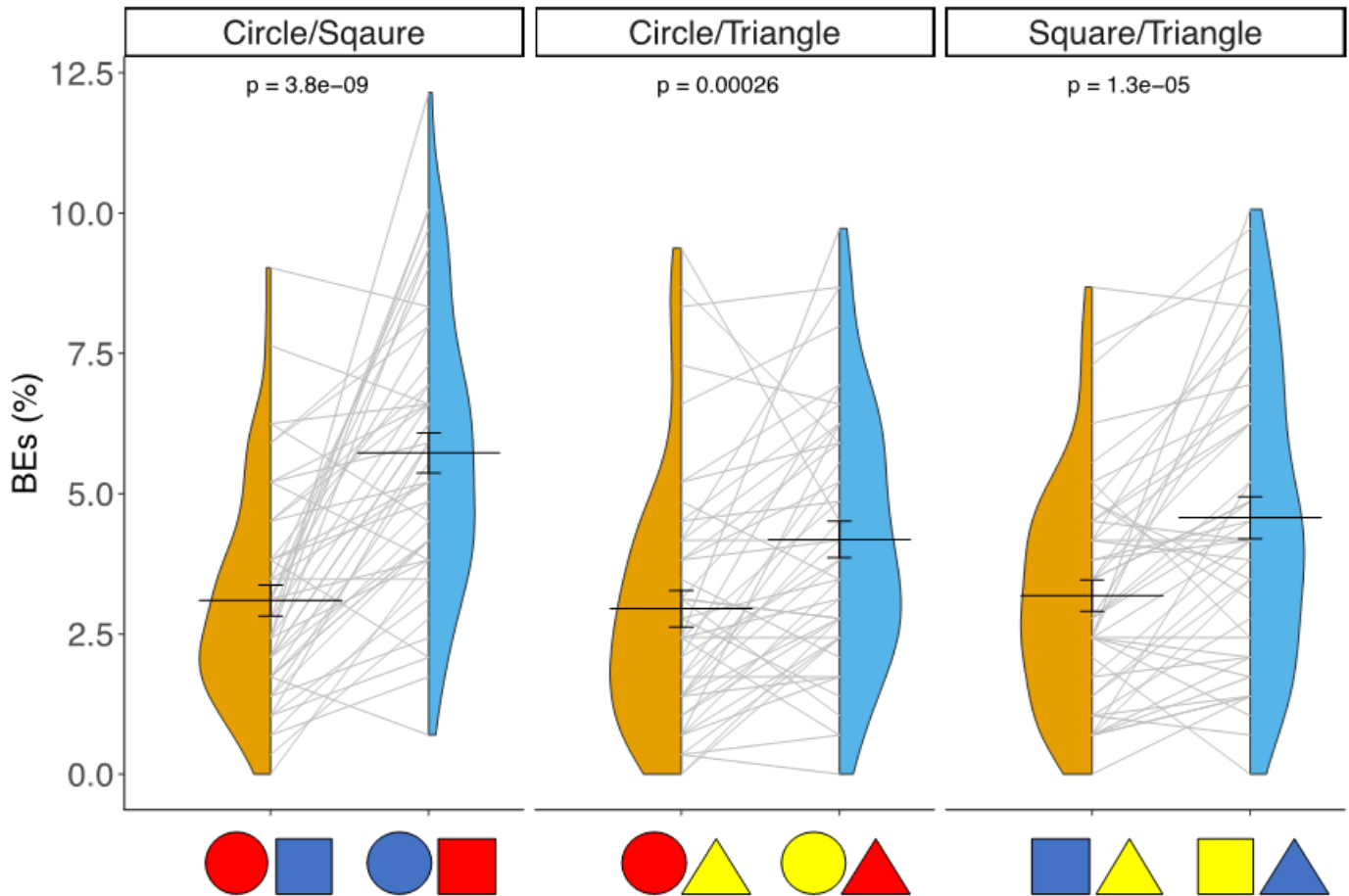
Distribution of participants' AQ scores



**Figure 3**

Violin plot describing the distribution of individual responses of hits, BEs, and FEs in congruent and incongruent conditions. Each dot represents the mean response in each condition for an individual participant. The horizontal line represents the mean. Error bars represent the standard errors of the mean. BE = binding error; HIT = correct responses; FE = feature error.





**Figure 4**

Violin plot showing the distribution of individual BEs in the congruent and incongruent conditions for each of the three colored-shape pairs. The horizontal line represents the mean. Error bars represent the standard errors of the mean.  $p$  values are calculated from paired-sample  $t$ -tests (all  $ps < .001$ ).

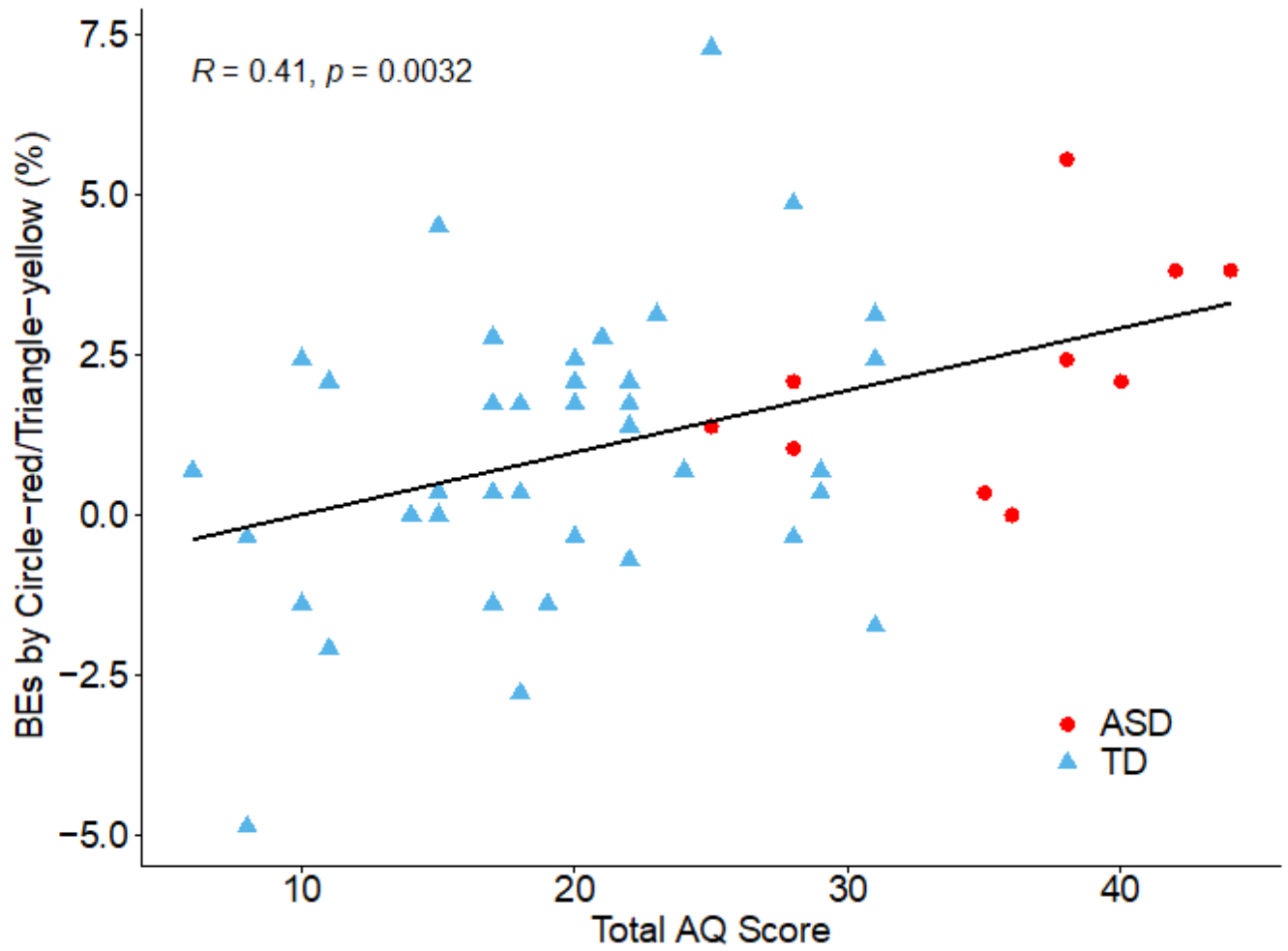
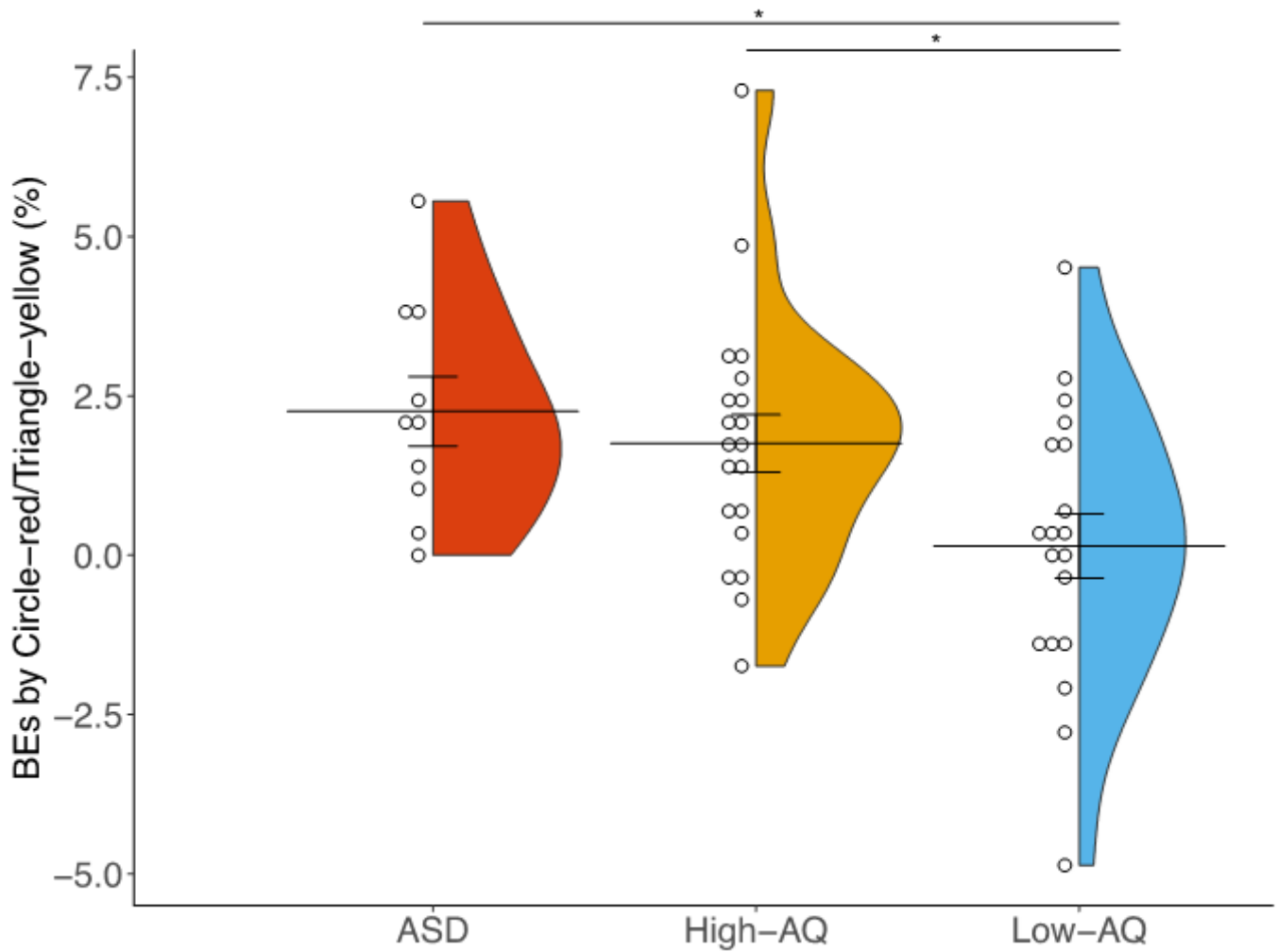


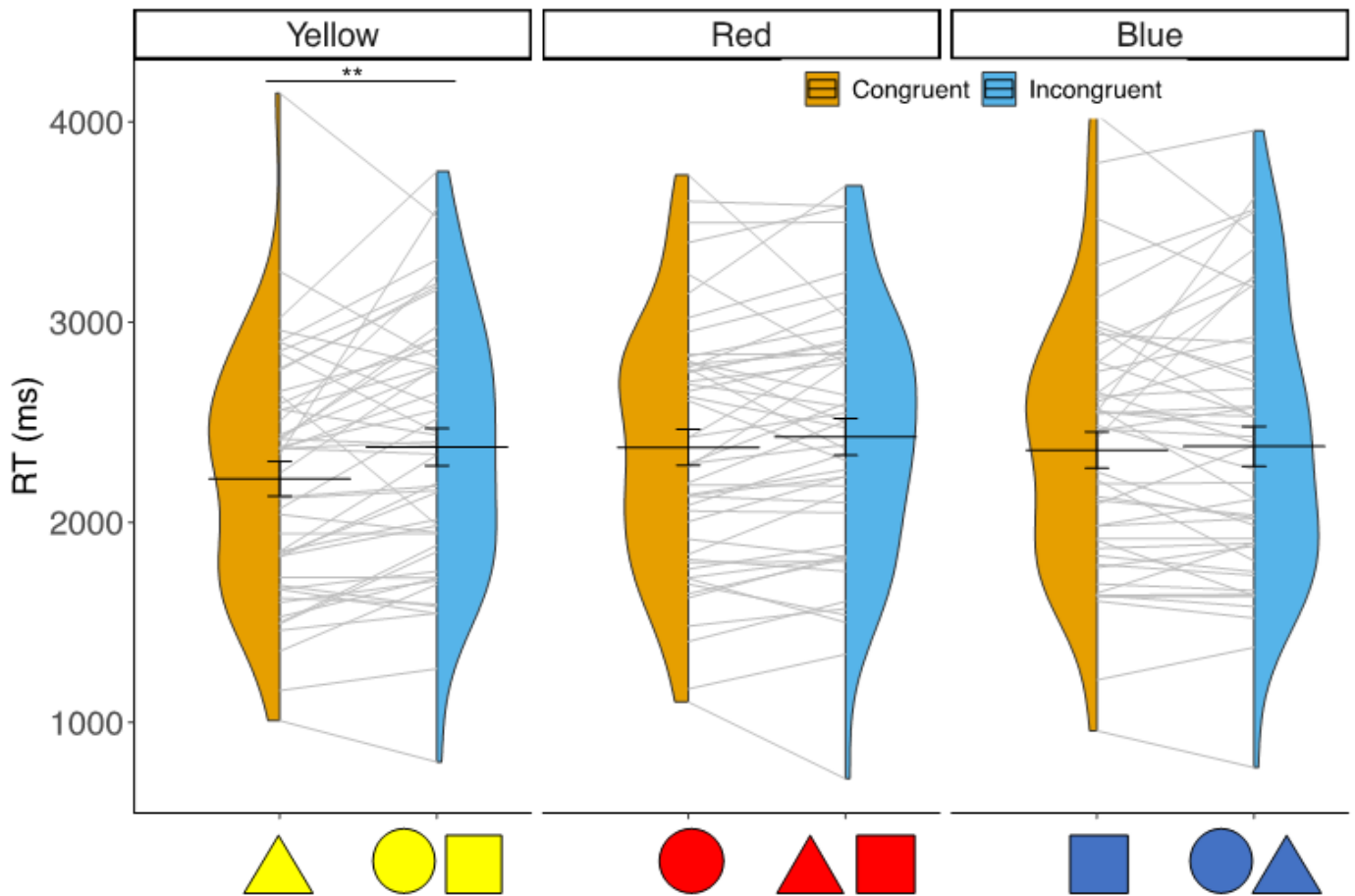
Figure 5

Correlation between total AQ scores and BEs induced by circle-red and triangle-yellow associations.



**Figure 6**

Violin plot showing the distribution of BEs induced by circle-red and triangle-yellow associations in the ASD ( $n = 10$ ), High-AQ ( $n = 20$ ), and Low-AQ ( $n = 19$ ) groups. Each dot represents the mean BE induced by circle-red and triangle-yellow for an individual participant. The horizontal line represents the mean. Error bars represent the standard errors of the mean. ( $*p < .05$ ).



**Figure 7**

Violin plot showing the distribution of RTs for the three target colors in congruent and incongruent colored-shape combinations for the hit responses. The horizontal line represents the mean. Error bars represent the standard errors of the mean (\*\* $p < .01$ ).