Preoperative systemic immune-inflammation index predicts prognosis of patients with non-metastatic renal cancer carcinoma: a propensity score-matched analysis

Xu Hu

Sichuan University West China Hospital

Yan-Xiang Shao

Sichuan University West China Hospital

Zhi-Qiang Yang

Sichuan University West China Hospital

Wei-Chao Dou

Sichuan University West China Hospital

San-Chao Xiong

Sichuan University West China Hospital

Xiang Li (✉ hx_uro@sina.com)

Sichuan University West China Hospital <https://orcid.org/0000-0003-0765-1546>

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Abstract

Background: A novel systemic immune-inflammation index (SII), based on the neutrophils, lymphocytes and platelet counts, is associated with the prognosis of several cancers. The present study evaluates the prognostic significance of SII in non-metastatic renal cell carcinoma (RCC).

Method: The present study retrospectively reviewed the medical record of patients with non-metastatic RCC who underwent nephrectomy between 2010 and 2013. Receiver operating characteristic (ROC) curve analysis was performed to identify the optimal cut-off value. In addition, the propensity score matching (PSM) was performed with a matching ratio of 1:1. Univariate and multivariate Cox proportional hazards models were used to identify the prognostic factors. The results were reported by hazard ratio (HR) with 95% confidence interval (95% CI).

Results: A total of 646 patients were included in the final analysis. High SII group (>529) was significantly associated with older age ($P=0.014$), larger tumor ($P<0.001$), higher pathological T stage ($P<0.001$), higher tumor grade ($P<0.001$) and more tumor necrosis ($P<0.001$). Multivariate Cox regression analysis demonstrated that the higher preoperative SII was significantly associated with worse OS (HR=2.26; 95%CI 1.44-3.54; $P<0.001$) and CSS (HR=2.17; 95%CI 1.33-3.55; $P=0.002$). After PSM, elevated preoperative SII was an independent predictor of poor OS (HR=1.78; 95%CI 1.1-2.87; $P=0.018$) and CSS (HR=1.8; 95%CI 1.07-3.03; $P=0.027$).

Conclusion: In conclusion, preoperative SII is associated with adverse factors for RCC. Furthermore, higher preoperative SII is an independent predictor of poor OS and CSS in surgically treated patients with non-metastatic RCC. While more prospective and large scale studies are warranted to validate our findings.

Background

Renal cell carcinoma (RCC) is one of the most common urological cancers, represents an increased global burden on human healthcare¹. RCC accounts for approximately 2%-3% of all malignancies, with an estimated 403,262 new cases and 175,098 new deaths worldwide in 2018². Surgical resection is the curative treatment for localized RCC³. However, reportedly, about 20–30% of patients will develop recurrence^{4–5}. Nowadays, several treatment strategies have developed well, such as immunotherapy, radiotherapy and molecular target drugs, and the clinical outcomes of the advanced disease have been improved^{3,6–7}. However, the clinical outcomes remain not encouraging due to the low objective response rate, local recurrence of distant metastases. Therefore, identifying the prognostic factors of patients would be of great value to patients' risk stratification, treatment selection, and long-term outcomes.

TNM stage, tumor grade, and histology are commonly used prognostic factors, however, these factors would miss information associated patient-related factors. Increasing evidence suggested that host inflammation response plays an important role in cancer development and progression^{8–9}. Previous

reported have reported that immune-inflammatory circulating cells, such as lymphocytes, neutrophils, and platelet, could contribute to promoting cancer cell proliferation and invasion⁸⁻¹¹. Several studies have evaluated these circulating cells and found that these are associated with the prognosis of malignancies¹¹⁻¹².

A novel systemic immune-inflammation index (SII), based on the neutrophils, lymphocytes and platelet counts, has been found to be associated with the prognosis of several cancers, such as gastric cancer, hepatocellular carcinoma, bladder cancer as well as RCC¹³⁻¹⁶. However, the prognostic value of SII in non-metastatic RCC is not well explored. Hence, the present study was performed to evaluate the prognostic significance of preoperative SII in non-metastatic RCC who underwent nephrectomy.

Material And Methods

Patients

After approval by the institutional review board of Sichuan University West China Hospital, the present study retrospectively reviewed the medical record of patients with non-metastatic RCC who underwent nephrectomy between 2010 and 2013. Patients with multiple tumors, presence of inflammation, insufficient information, positive lymph node, and distant metastasis were excluded. At last, a total of 646 patients were included in the final analysis.

The following clinicopathological characteristics were retracted from medical records: age, gender, hypertension, diabetes mellitus, tumor laterality, surgical approach and type, tumor stage, grade, neutrophils, lymphocytes, and platelet counts. All laboratory tests were performed within 1 week before surgery. SII was calculated based on the following formula: platelet $\times$ neutrophil/lymphocyte. In addition, the X-ray or computed tomography (CT) scan of the chest and CT or magnetic resonance imaging (MRI) scan of the abdomen should be performed for patients to identify the preoperative stage. Lymph node dissection was conducted in patients with enlarged nodes on preoperative imaging or palpable nodes during surgery. The pathological stage was classified based on the 8th edition of the tumor-node-metastasis (TNM) classification¹⁷. The pathological evaluation was made according to the 2016 WHO classification¹⁸.

Follow-up Data

All patients were followed up regularly, every 3 months within 2 years after surgery, every 6 months for the next 3 years, and then once a year. Patients should undergo a medical history, physical examination, laboratory test, X-ray or CT of the chest, ultrasound or CT or MRI of the abdomen. The clinical outcomes include overall survival (OS) and cancer-specific survival (CSS). OS is defined as the interval time between the day of surgery and the last follow-up or all-cause death. CSS is measured from the day of surgery and last follow-up or cancer-related death.

Statistical analysis

Continuous variables are presented as mean $\pm$ standard deviation (SD) or median (interquartile range, IQR). Categorized variables are described as frequency (percentage). Chi-square test and Student's t test were used to compare the categorized and continuous variables, respectively. Receiver operating characteristic (ROC) curve analysis was performed to identify the sensitivity and specificity of the prognostic factor. The optimal cut-off value of the prognostic factor was chosen based on the Youden Index. Kaplan-Meier survival curve and the log-rank test were carried out to compare the survival outcomes between groups. Univariate and multivariate Cox proportional hazards models were used to identify the prognostic factors of OS and CSS. The results were reported by hazard ratio (HR) with 95% confidence interval (95% CI).

In addition, the propensity score matching (PSM) was performed using the nearest neighbor method with 0.02 calibration adjusting for preoperative characteristics. The matching ratio is 1:1, and SII (low vs high) is the dependent variable. The standardized difference was calculated to evaluate the covariate balance, with a value < 0.10 regarded as balanced¹⁹. A two-tailed P-value < 0.05 was regarded as statistically significant. All statistical analyses were performed by R software version 3.6.2 (<http://www.r-project.org/>) and IBM SPSS Statistics version 23.0 (IBM Corp, Armonk, NY).

Results

Clinical characteristics of patients

The clinical characteristics of the included patients were summarized in Table 1. The mean age of the patients was 54.77 years (SD $\pm$ 12.61). The final cohort included 394 men (60.99%) and 252 women (39.01%) with a mean tumor size of 4.97 cm (SD $\pm$ 2.53). More than half of the patients received open surgery (69.81%) and radical nephrectomy (67.49%). Most patients (n = 543, 84.06%) had clear cell RCC. Pathological T stage was T1 in 522 cases (80.80%), T2 in 53 (8.2%), T3 in 63 (9.75%), and T4 in 8 (1.24%). The median follow-up was 84 months (IQR, 75–93 months).

Table 1
Clinical characteristics of the patients

	Before PSM				After PSM		
	Total	SII			SII		
		< 529	> 529	P-value	< 529	> 529	P-value
No. of patients	646	483	163		163	163	
Age (years)	54.77 ± 12.61	54.03 ± 12.52	56.95 ± 12.68	0.014	54.93 ± 12.84	56.95 ± 12.68	0.214
Gender	394	287	107	0.159	105	107	0.816
Male	(60.99%)	(59.42%)	(65.64%)		(64.42%)	(65.64%)	
Female	252	196	56		58	56	
	(39.01%)	(40.58%)	(34.36%)		(35.58%)	(34.36%)	
Hypertension	169	114	55	0.011	44	55	0.185
	(26.16%)	(23.60%)	(33.74%)		(26.99%)	(33.74%)	
Diabetes mellitus	77	51	26	0.066	18	26	0.195
	(11.92%)	(10.56%)	(15.95%)		(11.04%)	(15.95%)	
Laterality	313	227	86	0.203	80	86	0.506
Left	(48.45%)	(47.00%)	(52.76%)		(49.08%)	(52.76%)	
Right	333	256	77		83	77	
	(51.55%)	(53.00%)	(47.24%)		(50.92%)	(47.24%)	
Tumor size(cm)	4.97 ± 2.53	4.57 ± 2.13	6.16 ± 3.16	< 0.001	5.85 ± 2.71	6.16 ± 3.16	0.641
Operative approach	451	332	119	0.305	122	119	0.705
Open	(69.81%)	(68.74%)	(73.01%)		(74.85%)	(73.01%)	
Laparoscopic	195	151	44		41	44	
	(30.19%)	(31.26%)	(26.99%)		(25.15%)	(26.99%)	
Nephrectomy	436	308	128	< 0.001	124	128	0.597
Radical	(67.49%)	(63.77%)	(78.53%)		(76.07%)	(78.53%)	
Partial	210	175	35		39	35	
	(32.51%)	(36.23%)	(21.47%)		(23.93%)	(21.47%)	
Pathological T stage	522	413	109	< 0.001	111	109	0.486
T1	(80.80%)	(85.51%)	(66.87%)		(68.10%)	(66.87%)	
T2	53	32	21		28	21	
	(8.20%)	(6.63%)	(12.88%)		(17.18%)	(12.88%)	
T3	63	34	29		21	29	
	(9.75%)	(7.04%)	(17.79%)		(12.88%)	(17.79%)	
T4	8	4	4		3	4	
	(1.24%)	(0.83%)	(2.45%)		(1.84%)	(2.45%)	
Histologic subtype	543	405	138	0.807	141	138	0.636
Clear cell	(84.06%)	(83.85%)	(84.66%)		(86.50%)	(84.66%)	
Non-clear cell	103	78	25		22	25	
	(15.94%)	(16.15%)	(15.34%)		(13.50%)	(15.34%)	

	Before PSM				After PSM		
Tumor grade	24	20	4	< 0.001	3	4	0.145
G1	(3.72%)	(4.14%)	(2.45%)		(1.84%)	(2.45%)	
G2	340	276	64		72	64	
G3	(52.63%)	(57.14%)	(39.26%)		(44.17%)	(39.26%)	
G4	263	181	82		84	82	
	(40.71%)	(37.47%)	(50.31%)		(51.53%)	(50.31%)	
	19	6	13		4	13	
	(2.94%)	(1.24%)	(7.98%)		(2.45%)	(7.98%)	
Tumor necrosis	71	38	33	< 0.001	32	33	0.890
	(10.99%)	(7.87%)	(20.25%)		(19.63%)	(20.25%)	
Sarcomatoid differentiations	7	3	4	0.072	2	4	0.685
	(1.08%)	(0.62%)	(2.45%)		(1.23%)	(2.45%)	

The optimal cut-off value of SII is 529 based on the maximum Youden index (Fig. 1). Thus, the patients were divided into two groups. The patients in high SII group (> 529) was significantly associated with older age ($P = 0.014$), larger tumor ($P < 0.001$), higher pathological T stage ($P < 0.001$), higher tumor grade ($P < 0.001$) and more tumor necrosis ($P < 0.001$), compared with those in low SII group (< 529). After PSM, 163 paired patients were identified, and there was no significant difference in baseline between low and high SII group.

Association between preoperative SII and survival outcomes before PSM

After a median follow-up of 84 months, 85 patients (13.16%) had died and 71 deaths (10.99%) were related to RCC. The 5-year OS rates were 93.79% and 76.67% for the patients in low SII and high SII groups, respectively. The 5-year CSS rate was 94.39% for the low SII group, 79.38% for the high SII group. Kaplan-Meier survival curve showed that the low SII had a better OS ($P < 0.001$; Fig. 2A) and CSS ($P < 0.001$; Fig. 2B) than the high SII group. Besides, the multivariate Cox regression analysis demonstrated that the higher preoperative SII was significantly associated with worse survival outcomes in terms of OS (HR = 2.26; 95%CI 1.44–3.54; $P < 0.001$) and CSS (HR = 2.17; 95%CI 1.33–3.55; $P = 0.002$). Furthermore, age, surgical approach and type, T stage, tumor grade, tumor necrosis, and sarcomatoid feature were also the independent predictors of prognosis (Table 2).

Table 2

Univariate and Multivariate Analyses of Prognostic Factors for OS, CSS and PFS in patients with non-metastatic RCC (n = 646)

	OS		CSS	
	Univariate	Multivariate	Univariate	Multivariate
	HR(95%CI) P-value	HR(95%CI) P-value	HR(95%CI) P-value	HR(95%CI) P-value
Age (≥ 55 vs < 55)	2.9(1.79–4.72) < 0.001	1.77(1.07–2.92) 0.025	2.39(1.44–3.98) 0.001	
Gender (male vs female)	1.19(0.76–1.86) 0.437		1.28(0.78–2.09) 0.332	
Surgical approach (laparoscopic vs open)	0.29(0.15–0.56) < 0.001	0.41(0.21–0.81) 0.009	0.24(0.11–0.52) < 0.001	0.36(0.16–0.79) 0.011
Type of surgery (partial vs radical)	0.17(0.08–0.37) < 0.001	0.37(0.17–0.83) 0.016	0.11(0.04–0.31) < 0.001	0.29(0.1–0.82) 0.019
Histology (non-clear cell vs clear cell)	0.96(0.53–1.74) 0.896		1.08(0.58–2.01) 0.807	
T stage (3–4 vs 1–2)	8.9(5.78–13.7) < 0.001	3.99(2.5–6.37) < 0.001	12.4(7.77–19.8) < 0.001	5.25(3.16–8.7) < 0.001
Tumor grade (G3–4 vs G1–2)	4.4(2.69–7.21) < 0.001	1.83(1.06–3.14) 0.03	5.83(3.25–10.5) < 0.001	2.15(1.14–4.08) 0.019
Tumor necrosis (yes vs no)	5.29(3.39–8.26) < 0.001	2.38(1.49–3.79) < 0.001	6.2(3.85–9.99) < 0.001	2.65(1.62–4.36) < 0.001
Sarcomatoid feature (yes vs no)	10.66(4.3–26.4) < 0.001	2.92(1.14–7.45) 0.025	12.6(5.06–31.5) < 0.001	3.72(1.44–9.6) 0.007
SII (> 529 vs < 529)	4.23(2.76–6.49) < 0.001	2.26(1.44–3.54) < 0.001	4.38(2.74–7.01) < 0.001	2.17(1.33–3.55) 0.002

Association between preoperative SII and survival outcomes after PSM

After a median follow-up of 81 months, 74 patients (22.70%) had died and 63 deaths (19.33%) were related to RCC. The 5-year OS rates were 86.50% and 76.67% for the patients in low SII and high SII groups, respectively. The 5-year CSS rate was 88.24% for the low SII group, 79.38% for the high SII group. Kaplan-Meier survival curve indicated that higher preoperative SII was associated with inferior OS ($P = 0.006$; Fig. 3A) and CSS ($P = 0.012$; Fig. 3B). Based on the multivariate analysis, the elevated preoperative SII was an independent predictor of poor prognosis regarding OS (HR = 1.78; 95%CI 1.1–2.87; $P = 0.018$) and CSS (HR = 1.8; 95%CI 1.07–3.03; $P = 0.027$; Table 3).

Table 3

Univariate and Multivariate Analyses of Prognostic Factors for OS, CSS and PFS in patients with non-metastatic RCC after PSM(n = 326)

	OS		CSS	
	Univariate	Multivariate	Univariate	Multivariate
	HR(95%CI) P-value	HR(95%CI) P-value	HR(95%CI) P-value	HR(95%CI) P-value
Age (≥ 55 vs < 55)	2.06(1.25–3.4) 0.004		1.74(1.03–2.94) 0.038	
Gender (male vs female)	1.16(0.71–1.89) 0.550		1.39(0.81–2.41) 0.234	
Surgical approach (laparoscopic vs open)	0.31(0.15–0.65) 0.002	0.42(0.2–0.87) 0.021	0.22(0.09–0.55) 0.001	0.32(0.13–0.8) 0.015
Type of surgery (partial vs radical)	0.17(0.06–0.46) 0.001	0.31(0.11–0.88) 0.028	0.15(0.05–0.47) 0.001	
Histology (non-clear cell vs clear cell)	0.71(0.34–1.48) 0.365		0.86(0.41–1.8) 0.682	
T stage (3–4 vs 1–2)	6.4(4.04–10.14) < 0.001	4.09(2.49–6.71) < 0.001	8.91(5.4–14.7) < 0.001	5.39(3.14–9.25) < 0.001
Tumor grade (G3–4 vs G1–2)	2.79(1.64–4.75) < 0.001		3.81(2.03–7.14) < 0.001	
Tumor necrosis (yes vs no)	2.91(1.83–4.65) < 0.001	2.15(1.33–3.48) 0.002	3.38(2.05–5.57) < 0.001	2.45(1.46–4.09) 0.001
Sarcomatoid feature (yes vs no)	5.53(2.01–15.2) < 0.001		6.55(2.37–18.1) < 0.001	3.27(1.14–9.37) 0.028
SII (> 529 vs < 529)	1.92(1.19–3.08) 0.007	1.78(1.1–2.87) 0.018	1.91(1.14–3.19) 0.013	1.8(1.07–3.03) 0.027

Discussion

In the present study, we explored the prognostic value of preoperative SII in non-metastatic RCC patients who underwent nephrectomy. We observed that high SII is likely to be associated with adverse factors, such as age, tumor size, pathological T stage, tumor grade, and necrosis. Multivariate analyses showed SII was an independent predictor of OS and CSS. Moreover, to limit the influence of bias, we performed PSM and demonstrated that high SII was also an unfavorable factor for OS and CSS in the matched cohort.

The association between inflammation and malignancy has been widely explored in the past decades. Immune cells play an essential role in the inflammatory process leading to the production of cytokines and chemokines that promote tumor development, invasion and metastasis⁸. Therefore, the complex balance between immune cells and substances secreted by inflammation may affect the type of cells detectable in the peripheral circulation. SII, a novel inflammation index, based on the neutrophil, platelet, and lymphocyte, was found to be associated with the prognosis of several malignancies. A retrospective multicenter cohort study revealed that high SII (> 900) is associated with poor CSS (HR = 2.32; 95%CI 1.55–3.48) in patients with resectable pancreatic cancer²⁰. Chen et al included 1383 colorectal cancer patients and found high SII (> 340) was an independent predictor of OS and disease-free survival²¹. Zhang et al. conducted a retrospective analysis of 209 patients with BC undergoing radical cystectomy, finding SII was an independent predictor for OS and provide more accurate prognostic predication than neutrophil-to-lymphocyte ratio (NLR), platelet-to-lymphocyte ratio (PLR), and C-reactive protein/albumin ratio¹⁵. Similarly, Jan et al. observed that SII is superior to NLR, PLR and monocyte-to-lymphocyte ratio (MLR) as a predictor of survival in patients with UTUC²². Besides, a high SII was associated with adverse characteristics such as lymphovascular invasion, positive lymph node, more aggressive phenotype, which is consistent with our findings.

Similarly, SII was also reported to be associated with survival outcomes in patients with RCC. Chrom et al. involved mRCC patients treated with the tyrosine kinase inhibitor and found that high SII was an independent factor for inferior OS²³. Besides, they found that the addition of the SII to the International Metastatic Renal Cell Carcinoma Consortium (IMDC) model in place of neutrophil and platelet counts increased the model's prognostic performance. Lolli et al. also included patients with mRCC treated with sunitinib and observed SII was associated with the OS¹⁶. To be noted, the improvement of SII value at 6 weeks (from ≥ 730 to < 730) was correlated to a better prognosis, as a possible effect of sunitinib on peripheral blood cells secondary to decline in inflammation process¹⁶. De Giorgi et al. suggested that SII appears superior to the NLR as a prognostic marker in mRCC patients treated with immune check-point inhibitors²⁴. Furthermore, recently, a retrospective study of 176 RCC patients who underwent radical nephrectomy observed that high SII was associated with poor OS ($P = 0.034$)²⁵. SII is also associated with an increased TNM stage, which is similar to our results. However, no significant association was found for CSS ($P = 0.29$). Although their study was limited by the small number of patients and the short duration of follow-up, it was valuable for exploring the prognostic value of SII in the non-metastatic RCC. To the best of our knowledge, there are no other studies focusing on the prognostic impact of SII in surgically treated non-metastatic RCC patients. There is no standard cut-off value of SII, and the cut-off value of SII differs from study to study. Hence, the multicenter study is required to identify standard cut-off value.

The potential mechanism for the prognostic significance of this combination might be explained by the functions of neutrophil, platelet, and lymphocyte. Neutrophils promote angiogenesis and inhibit anti-tumor immune system response, leading to tumor development^{9–10, 26}. Neutrophils also play an important role in the lymphangiogenesis²⁷. Furthermore, neutrophils could secret circulating growth

factors such as vascular endothelial growth factor, facilitating adhesion and tumor seeding^{27–28}. Huang et al. Observed that neutrophilia is an independent predictor of recurrence in patients with RCC²⁹. Besides, the intratumoral neutrophil is associated with poor prognosis in patients with localized and metastatic RCC^{30–31}. Platelet could protect circulating tumor cells (CTCs) during circulation, induce CTC epithelial-mesenchymal transition, and facilitate the extraction of tumor cells, leading to the metastasis of tumor cells³². Moschini et al. revealed that the platelet count was associated with survival in patients with BC³³. Yun et al. also found that decreased mean platelet volume was independently associated with RCC³⁴. Lymphocyte plays an important role in anti-tumor immunity. Lymphocyte could induce cytotoxic cell death and inhibit tumor proliferation and migration by secreting cytokines, leading to a host immune response to malignancy⁸. A decreased lymphocyte count might result in the attenuation of immunological anti-tumor response. Lymphopenia was found to be associated with inferior survival in patients with advanced bladder cancer and RCC^{35–36}. Besides, higher tumor-infiltrating lymphocytes mean more strongly anti-tumor effect and better survival outcomes³⁷. Therefore, the high SII, which reflects thrombocytopenia, neutrophilia, or lymphopenia, suggesting weak adaptive immune response in patients. All of these could lead to more tumor cells escape from the host immune system, increasing circulating growth factors and tumor cells, and finally facilitating the tumor invasion and metastasis. Based on the above-mentioned evidence, high SII could be served as an unfavorable factor in cancer patients. However, more large scale studies are required to verify our findings.

SII had significance in clinical practice. SII was calculated based on the neutrophil, platelet, and lymphocyte, which is convenient, easily obtained and commonly tested before the treatment. SII could predict the prognosis of patients, which could be used for risk stratification. It could provide physicians with useful information and guide the treatment, adjuvant therapy and follow-up for patients. But the individual conditions should be considered during the treatment strategy decision.

Our study is not devoid of limitations. Firstly, the present study is a retrospective study with potential selection bias. To limit the influence of bias, propensity score matching was conducted to balance the baseline. Secondly, the data was extracted from single center, and the sample size is moderate. The multicenter study with a large scale is further required. Next, although we excluded the patients with the presence of inflammation, other unknown conditions may exist which affect the neutrophil, lymphocyte, and platelet. Finally, there is no standard cut-off value of SII, we determined the cut-off value based on our data. More studies are necessary to identify optimal cut-off value.

Conclusions

In conclusion, preoperative SII is associated with adverse factors for RCC. Furthermore, higher preoperative SII is an independent predictor of poor OS and CSS in surgically treated patients with non-metastatic RCC. While more prospective and large scale studies are warranted to validate our findings.

Abbreviations

RCC: Renal Cell Carcinoma; OS: Overall Survival; CSS: Cancer-specific Survival; HR: Hazard Ratio; CI: Confidence Interval; SII: Systemic Immune-inflammation Index; ROC: Receiver Operating Characteristic

Declarations

Author Contributions: Conception and design: Xiang Li and Xu Hu; Collection and assembly of data: Xu Hu, Yan-Xiang Shao, and Zhi-Qiang Yang; Data analysis and interpretation: Xiang Li, Xu Hu, Wei-Chao Dou and San-Chao Xiong; Manuscript writing: All authors; Final approval of manuscript: All authors

Availability of data and materials: The data used during the current study are available from the corresponding author on reasonable request.

Ethical approval and consent to participate: All procedures performed in studies involving human participants were according to the ethical standards of the ethics committee of Sichuan University West China Hospital. The ethics committee of Sichuan University West China Hospital approved this study, and informed consent was waived by the board.

Competing interests: The authors declare that there is no conflict of interest.

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Figures

Figure 1

ROC curve analysis of CSS for RCC patients

Figure 2

Association between SII and A): OS and B): CSS in non-metastatic RCC patients after nephrectomy before PSM

Figure 3

Association between SII and A): OS and B): CSS in non-metastatic RCC patients after nephrectomy after PSM