

# A Desmoplastic Fibroblastoma that Developed in the Anterior Mediastinum

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## Case report

**Keywords:** Desmoplastic fibroblastoma, Collagenous fibroma, Mediastinal tumor, Video-assisted thoracoscopic surgery

**Posted Date:** February 15th, 2021

**DOI:** <https://doi.org/10.21203/rs.3.rs-216070/v1>

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## **Abstract**

### Background:

Desmoplastic fibroblastoma (also known as collagenous fibroma) is a benign, slowly growing soft tissue tumor. Most desmoplastic fibroblastomas develop in the limbs, neck, or trunk. A mediastinal origin is quite rare.

### Case presentation:

A 32-year-old female was referred to us for the diagnosis and treatment of an anterior mediastinal tumor. The tumor was 80 mm in the largest diameter and was located on the pericardium. No invasion was evident. She underwent resection of the tumor via video-assisted thoracoscopic resection. The tumor was totally encapsulated, and its pedicle was on the pericardium. The resected specimen was very rigid, making it difficult to remove from the intercostal space. Histologically, the tumor was composed of a paucicellular dense collagenous tissue. Mitosis was rarely observed, and cellular atypia was not evident, suggesting that the tumor was benign. We diagnosed the tumor as a desmoplastic fibroblastoma by morphology and immunohistochemistry.

### Conclusions:

Desmoplastic fibroblastoma of the mediastinum is a rare disease. Preoperative diagnosis is difficult. Early surgical resection is suitable for diagnosis and treatment planning.

## **Background**

Desmoplastic fibroblastomas are benign, collagen-rich soft tissue tumors. This tumor mostly develops in the limb, neck, and trunk. We report a rare case of desmoplastic fibroblastoma that arose from the pericardium.

## **Case Presentation**

A 32-year-old female visited us for examination of an abnormality on her chest X-ray. There was a well-defined mass lesion around the apex of the heart. The mass had developed and grown within one year (Fig. 1A and B). The patient had never smoked and had a history of hyperthyroidism treated with thiamazole. There was no remarkable family history of illness, including cancer. Chest computed tomography revealed a pear-shaped mass lesion measuring 80mm in the largest diameter that had developed between the pericardium and the left lung (Fig. 2). The lesion was monotonous and had a computed tomography value between 23 and 32 HU. It was growing expansively and did not seem to invade the adjacent organs. The lesion showed a low signal on T1-weighted magnetic resonance imaging and a low and heterogeneous signal on T2-weighted fat-sat imaging (Fig. 3A and B).

The preoperative diagnosis was a benign anterior mediastinal tumor or a thymoma. Video-assisted thoracoscopic resection of the tumor was performed under general anesthesia. The patient was placed in the right lateral position. An 11.5 mm port was placed in the seventh intercostal space at the lower end of the scapula. Two 5 mm ports were set in the fifth and ninth intercostal spaces on the anterior and posterior axial lines, respectively. The tumor was located on the pericardium, slightly anterior to the phrenic nerve (Fig. 4A). It was an encapsulated mass and did not appear to invade the lung or diaphragm. We exfoliated the tumor and fat tissues from the pericardium. The tumor had a pedicle on the pericardium, suggesting its origin (Fig. 4B). After the tumor was resected, we placed it in the specimen bag and attempted to remove it through the largest port. However, the lesion was very rigid, so we could not remove it. We had to enlarge the wound to 3.5 cm. Her postoperative course was uneventful. She was followed up for one year with no evidence of recurrence.

The resected tumor was completely encapsulated. There was no invasion to the surrounding pericardial fat or thymus. Macroscopically, cut-surface of the tumor showed a dense mesh network of collagen fibers (Fig. 5A). Hematoxylin-eosin staining showed that the paucicellular tumor composed of vaguely arranged bundles of wavy collagen fibers (Fig. 5B). The pedicle of the tumor was composed of longitudinally arranged fibrous bundles connected to the pericardium, suggesting its origin (Fig. 5C). The cellularity was sparse. The tumor cells did not seem to be atypical. Some nonspecific lymphocytes (or mononuclear cell) infiltration could be seen around the tumor vasculature with different intensities. Immunohistochemical analysis showed positive reaction for alpha-smooth muscle actin (αSMA), desmin, and CD34. Integrase interactor 1 (INI1) expression was intact. Staining for cytokeratin (AE1/AE3), epithelial membrane antigen (EMA), β-catenin, S100 protein, D2-40, MDM2, and STAT6 was negative. There was no infiltration of IgG4-positive plasma cells. These results suggested fibroblastic or myofibroblastic differentiation.. The Ki-67 labeling index was less than 5%. Anaplastic leukemia kinase (ALK) staining was negative on immunohistochemistry. Fluorescent in situ hybridization indicated no breakage of the ALK gene. Finally, the tumor was diagnosed as desmoplastic fibroblastoma.

## Discussion

We report a rare case of desmoplastic fibroblastoma originating from the pericardium. Our study is the first report of a tumor that developed in the anterior mediastinum to the best of our knowledge.

Desmoplastic fibroblastoma (also known as collagenous fibroma) is a benign, slow-growing soft tissue tumor. Evans et al. reported the first case in 1995.[1] This tumor occurs mostly in middle-aged or older men.[2] Most of these tumors arise in subcutaneous tissues, the fascia and the skeletal muscles. Common sites of origin include the limbs, neck, and trunk. [2, 3] However, rarer sites of origin have also been reported, including the palate, parotid glands, and thyroid glands.[4–6] One case involving a chest wall origin was reported, but a pericardial origin is quite rare.[7]

The preoperative diagnosis was difficult. Computed tomography showed a uniform tumor connected to the pericardium. The computed tomography value of the tumor and the MRI findings excluded the

probability of cystic disease. Imaging differential diagnosis included diverse kinds of soft tissue tumors and thymic epithelial tumors. However, the pear shaped of the tumor is not typical of thymoma. Both CT and MRI showed no fat component inside the tumor, so lipoma and liposarcoma were ruled out. Due to the rarity of soft tissue tumors of the mediastinum, further diagnosis by imaging alone was difficult.

Interestingly, the tumor grew almost double in size within a year. However, mitosis was seldom seen microscopically. This would suggest that the tumor produced abundant fibrous tissues that mimicked tumor growth. Because the collagenous fibers were quite dense, we could not shape or compress the tumor to extract it through the intercostal space.

The histologic differential diagnosis included desmoid-type fibromatosis, solitary fibrous tumor, sclerosing rhabdomyosarcoma, and inflammatory myofibroblastic tumor. The absence of  $\beta$ -catenin immunostaining and the morphology did not match desmoid-type fibromatosis. Monotonous histology, lack of the pericyomatous pattern of the vasculature and negativity of STAT6 staining excluded the possibility of solitary fibrous tumor. The lack of atypia and mitosis did not match the features of rhabdomyosarcoma. Neither ALK staining on immunohistochemistry nor the breakage of the ALK gene fluorescent in situ hybridization was detected. Therefore, the probability of an inflammatory myofibroblastic tumor was also low. Finally, the tumor was diagnosed as desmoplastic fibroblastoma. It has been reported that immunohistochemical studies are of little help in making a diagnosis of desmoplastic fibroblastoma because of the lack of tumor-specific markers.<sup>[8]</sup> Nevertheless, immunohistochemical examinations are useful for exclusionary diagnosis. Cytogenetic analysis describing a chromosomal rearrangement in 11q12 and translocation(2;11) has been reported in the diagnosis of desmoplastic fibroblastoma.<sup>[3]</sup> However, an in situ hybridization probe was not available for this case. Instead, we attempted whole-genome sequencing for this tumor. Unfortunately, it was impossible because the quality and amount of DNA from the formalin-fixed paraffin-embedded samples was insufficient. DNA sampling was impossible due to the desmoplastic nature and scant cellularity of this tumor.

## Conclusions

We report the first case of desmoplastic fibroblastoma arising from the pericardium. A preoperative diagnosis of this kind of tumor is almost impossible. Surgical resection is suitable for the diagnosis and cure of this benign disease. The tumor grows quickly, but little mitosis is seen in histology. Surgical resection should be performed as soon as possible because removing this tumor from the very small opening is difficult due to its the desmoplastic nature.

## Declarations

Ethics approval and consent to participate

Not applicable

## Consent for publication

Written informed consent for publication was obtained from the patient.

## Availability of data and material

All data used and analyzed during the current study are available from the corresponding author on reasonable request.

## Competing interests

The authors declare that they have no competing interests.

## Funding

The authors declare no financial support.

## Authors' contributions

TH and MN designed the report. HK, MY, AS, YI, KA, FH, and TH collected the patient's clinical information. TH, GM, JK, TY, and MN wrote the paper. JK, JT, TF, and TY performed the pathologic analyses. All authors read and approved the final manuscript.

## Acknowledgments

Not applicable

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## Figures

Fig 1 A



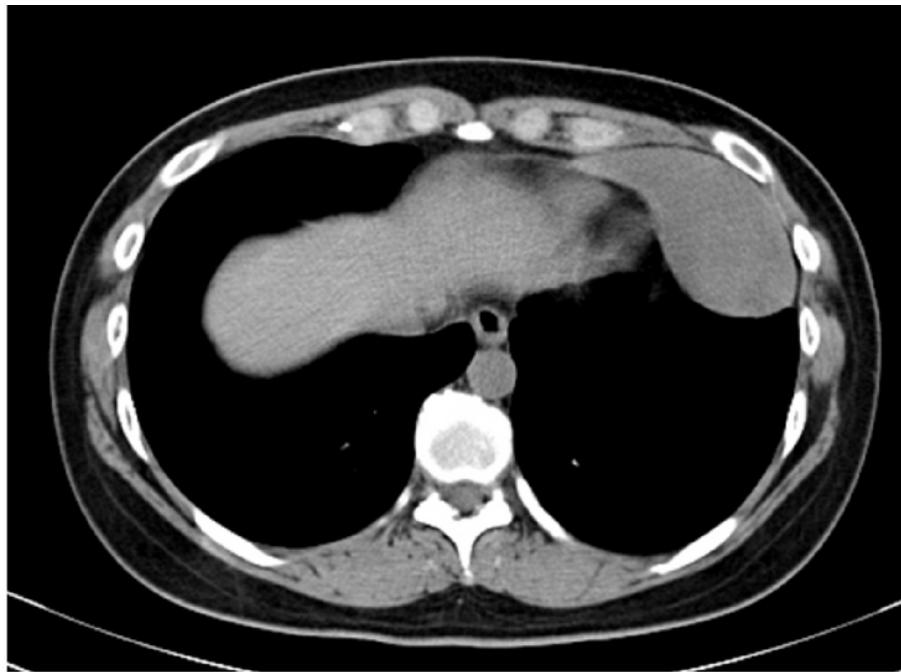
B



Figure 1

Chest X-ray taken in A) 2018 and B) 2019. The tumor size enlarged from 34mm to 64mm in the largest diameter.

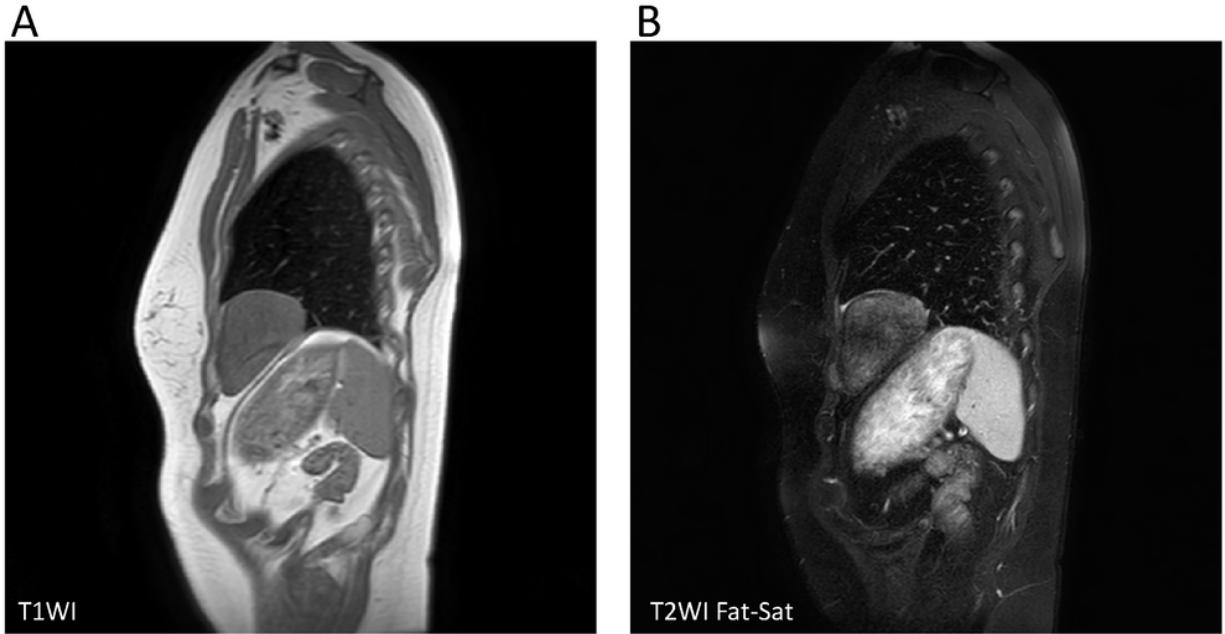
**Fig 2**



**Figure 2**

Chest CT image of the tumor. The tumor was located on the pericardium and did not seem to invade the adjacent organs. The tumor had a pedicle on the pericardium.

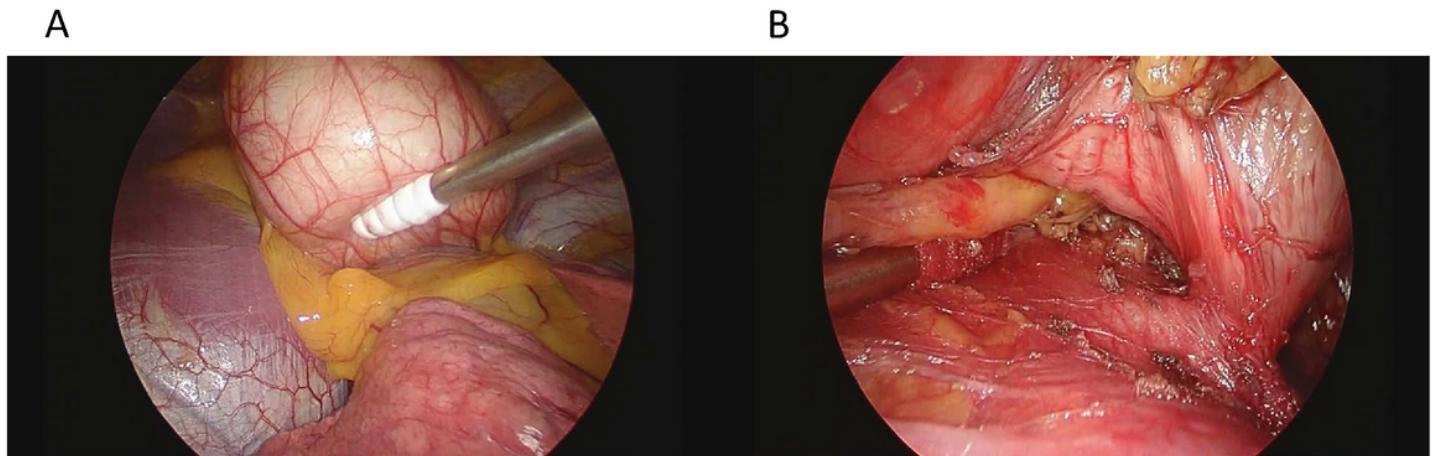
**Fig 3**



**Figure 3**

Magnetic resonance images of the tumor. A) T1-weighted image B) T2-weighted fat-sat image. There was no fat intensity detected inside the tumor.

**Fig 4**



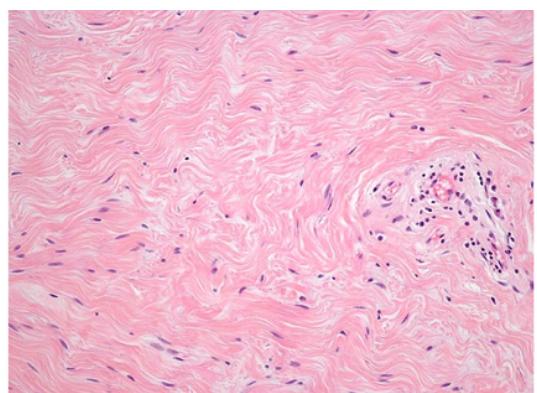
**Figure 4**

Intraoperative findings. A) The tumor was located on the pericardium slightly anterior to the phrenic nerve. B) The tumor pushed aside with a cotton stick. The pedicle of the tumor was connected to the pericardium.

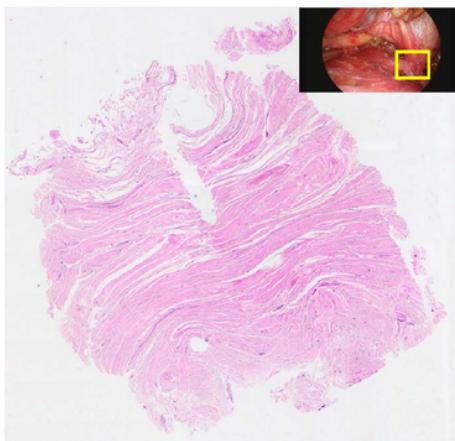
**Fig 5 A**



**B**



**C**



**Figure 5**

Macroscopic and microscopic findings of the tumor. A) Gross appearance of the tumor. The cut-surface of the tumor showed a dense mesh network of collagen fibers B) Hematoxylin-eosin staining showed that the paucicellular tumor composed of vaguely arranged bundles of wavy collagenous fibers.C) The pedicle of the tumor was composed of longitudinally arranged fibrous bundles connected to the pericardium, suggesting its origin.