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# Evaluation of epigenetic methylation biomarkers for the detection of colorectal cancer using droplet digital PCR

Joel Petit (S c3286347@uon.edu.au) University of Newcastle Georgia Carroll John Hunter Hospital Jie Zhao John Hunter Hospital Ellise Roper Hunter Medical Research Institute Peter Pockney University of Newcastle R. J. Scott Hunter Medical Research Institute

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### Abstract

Colorectal cancer (CRC) is the third most common cancer worldwide. Screening programs allow early diagnosis and have improved the clinical management of this disease. Aberrant DNA methylation is increasingly being explored as potential biomarkers for many types of cancers. In this study we investigate the methylation of ten target genes in 105 CRC and paired normal adjacent tissue samples using a MethylLight droplet digital PCR (ML-ddPCR) assay. Receiver operator characteristic (ROC) curves were used to determine the diagnostic performance of all target genes individually and in combination. All 515 different combinations of genes showed significantly higher levels of methylation in CRC tissue. The combination of multiple target genes into a single test generally resulted in greater diagnostic accuracy when compared to single target genes. Our data indicates that aberrant DNA methylation in a specific selection of target genes illustrates very strong potential for use as a screening marker for CRC.

### Introduction

Colorectal cancer (CRC) is the third most common cancer worldwide with at least 1.9 million new cases diagnosed and over 900,000 deaths annually [1]. Screening programs for CRC vary between countries but usually involve an initial non-invasive faecal-based test. The current faecal immunochemical test (FIT) detects the presence of occult bleeding within the bowel. Participants with positive screening tests are then recommended to undergo endoscopic examination of the colon. The implementation of this process as a national screening program has been shown to reduce the risk of death from colorectal cancer as well as reducing the stage of cancer when a person is diagnosed [2–3]. Whilst this is the gold standard for diagnosis of CRC and adenomas there are limitations with this process. Firstly, colonoscopy is an invasive test and comes with potential discomfort and risk of harm to the patient. Furthermore, implementation and maintenance of a successful national screening program requires significant investment in health resources and infrastructure as well as uptake by the general population. Currently, in Australia there is only a 42% participation rate in the National Bowel Cancer Screening Program (NBCSP) [3]. This poor participation rate has been shown to be partially due to a general preference for blood-based tests rather than faecal-based tests, 78% vs 22%, respectively [4].

The development of a highly accurate genetic blood test can potentially address both these issues. Firstly, the development of a genetic-based biomarker that is more precise than the current screening test could reduce the number of negative colonoscopies, defined as: screening colonoscopies that are performed and find no pathology. This is a necessary consequence of a colorectal cancer screening program but by improving the accuracy and precision of the test the overall number of these can be reduced. Thus, the healthcare cost and overall risk of complications for patients would both be reduced. Furthermore, a blood-based test has the potential to increase the participation rate in the NBCSP and simultaneously improve the ease at which General Practitioner led screening can be achieved through inclusion of the test in routine bloods performed for appropriately selected patients. New genetic screening tests are beginning to emerge for CRC and one of the main areas of focus in this field is identifying tumour-specific methylome patterns [5]. Aberrant epigenetic methylation patterns are associated with many types of cancers and are considered one of the key mechanisms of tumour suppressor gene inactivation that ultimately contributes to carcinogenesis [6–7]. Hypermethylation of CpG islands within the promoter region of genes is a normal regulatory cell function that leads to silencing of transcription. However, when this normal process is disturbed and results in transcriptional silencing of tumour suppressor genes then the cells gain a growth advantage similar to that observed in classical mutation acquired cancers. Numerous hypermethylated genes have been studied in CRC and as a result, there are new methylated epigenetic biomarkers that are beginning to emerge which potentially offer a higher level of precision when compared to current tests [8–10]. This is because they are based upon individual cancer genetics rather than detection of non-specific bleeding from the colon. However, to date the clinical performance of these CRC biomarkers are not suitable for screening or initial diagnostic purposes, only for monitoring of disease recurrence or response to chemotherapy treatments.

High cost and low through-put methods of genetic-based tests have resulted in poor cost-efficiency when compared to the FIT test. ML-ddPCR offers the potential to overcome some of the limitations of previous tests. The system is automated and can provide a high-throughput methodology that is highly reliable and reproducible without the need for serial dilution calibration [11]. Furthermore, ML-ddPCR is 25-fold more sensitive when compared to conventional ML-PCR which is critically important in assessing the inherently small amounts of circulating tumour DNA (ctDNA) obtained from blood samples [12]. The current study aimed at validating the diagnostic potential of 10 different methylated genes in a large cohort of colorectal cancer patients.

### Methods

# **Clinical Specimens and ethics**

Fresh frozen tissue from primary tumours and paired normal adjacent tissue (NAT) from CRC patients were collected from patients undergoing resection for CRC, from 2011 to 2013, at John Hunter Hospital and Newcastle Private Hospital. A total of 105 matched tumour and NAT samples were obtained during this period and used in this study. After surgical resection and macroscopic histopathological examination samples were immediately archived and stored at -80°C. Complete histopathological examination and status of the tumour was confirmed by a certified pathologist and staged using the TNM system defined by the Union for International Cancer Control (UICC) [13]. Clinicopathological characteristics of the patients from whom the samples were collected are listed in Table 1. The study was conducted in accordance with the Helsinki declaration and was approved by the Hunter New England Human Research Ethics Committee (2019/ETH01147, 11/04/20/4.03). Informed consent for the collection of specimens and further genetic analysis was obtained from all patients prior to their operations.

# **DNA Isolation and bisulfite treatment**

Genomic DNA was isolated from the fresh frozen tissue specimens using an ethanol and salt extraction method (Supplementary Material S1) and stored at -80 °C. 500ng-1µg of DNA from each sample was bisulfite treated using the EZ DNA Methylation-Gold kit (Zymo Research, Irvine, Ca) according to the manufacturer's instructions and eluted in a volume of 40uL Elution Buffer. Unmethylated and methylated genomic DNA (Cells-to-CpG methylated and unmethylated gDNA control kit) was similarly bisulfite treated and used as positive and negative controls for PCR. The bisulfite treated DNA was then sonicated using the protocol; 15 seconds ON, 90 seconds OFF, 8 cycles, in the Bioruptor sonication device. The DNA was quantified using Qubit 2.0, ssDNA assay (Life Technologies, Carlsbad, CA) and stored at -80 °C.

Characteristics	Number (%)
Age (median and range)	
Gender	
Male	57 (54)
Female	48 (46)
BMI (median)	27.9
CCI (median)	5
Tumour Site	
Left	63 (60)
Right	39 (37)
Both	2 (2)
Unknown	1 (1)
Tumour Grade	
Low/Moderate	68 (65)
High	37 (35)
Tumour Stage	
I	24 (23)
ll	35 (33)
III	40 (38)
IV	6 (6)
Tumour	
T1	9 (9)
T2	22 (21)
Т3	62 (59)
Τ4	11 (10)
Тх	1 (1)
Nodal Status	

#### Table 1 Clinicopathological features of colorectal cancer patients

Characteristics	Number (%)	
N0	60 (57)	
N1	34 (32)	
N2	10 (10)	
Nx	1 (1)	
LVI		
Yes	45 (43)	
No	60 (57)	
Metastatic Disease		
Yes	6 (6)	
No	99 (94)	
Smoking Status		
Non-smoker	65 (62)	
Ex-smoker	28 (27)	
Smoker	12 (11)	

# MethylLight Droplet Digital PCR Protocol

ML-ddPCR was performed using the Bio-Rad QX200 system. Custom primer and probe sequences were designed for the bisulfite converted methylated alleles of each gene of interest and the Actin-beta (ACTB) refence gene (Table 2). The 10 target genes that were chosen after systematic review of the literature have illustrated high potential as isolated colorectal cancer biomarkers [5]. The segment of the reference gene (ACTB) that has been used has no CpG islands that would result in differentially bisulfite converted products. A second set of primers were designed for the reference gene to overcome non-specific interaction between the reference gene primers and the ITGA4 gene probe. The choice of specific target gene sequences was guided by previously identified hypermethylated regions of these genes as well as the promotor region identified using Ensembl [14]. Two different sets of primer and probe sequences were used for the IKZF1 gene. Version 1 (v1) was designed based on the CpG island and promotor region identified using Ensembl 2 (v2) had been previously investigated [8]. Optimisation of individual assays for each gene of interest was initially performed with a temperature gradient, followed by serial dilutions of each primer and probe.

ML-ddPCR was performed using  $1-8\mu$ L volume of sample DNA in each reaction well. Stock solutions were made so that  $1\mu$ L was required in the final PCR well volume to achieve the optimal concentration of target and reference gene primers and probes. Individual master mixes were made for all different volumes of sample used in each run. Master mixes contained  $1\mu$ L of each target and reference gene

stock probe solutions, 1µL of each target and reference gene stock primer solutions, 11µL of ddPCR Supermix and Autoclaved Millipore water in variable volumes relative to the sample input volume. Sample and master mix were combined to achieve a total end volume in each PCR well of 22µL. The 96well plate was then sealed, centrifuged at 300rpm for 5 seconds, gently vortexed and recentrifuged at 300rpm. The plate-seal was removed, and the plate was then run on the QX200 AutoDG Droplet Digital PCR system, immediately foil heat sealed using the PX1 PCR Plate Sealer and run on the C1000 Touch Thermocycler. The PCR cycling conditions were 94°C for 10 minutes followed by 40 cycles of 94°C for 20 seconds, 52°C for 20 seconds, 66°C for 30 seconds and finally 98°C for 10 minutes and 4°C finishing temperature. The plate was then placed into the QX200 Droplet Reader for analysis and the data was analysed using QuantaSoft software (Bio-rad). The reproducibility of results using the ML-ddPCR protocol was analysed for each target gene with two separate plates using methylated control DNA (Supplementary Material S2).

Target Gene		Primer Sequence	
ACTB (a)	FORWARD	TGGTGATGGAGGAGGTTTAGTAAG	
	REVERSE	ACCAATAAAACCTACTCCTCCCTTA	
ACTB (b)	FORWARD	GAGGAGGTTTAGTAAGTTTTTTGGAT	
	REVERSE	ТАСТССТСССТТАААААТТАСАААААССАС	
BCAT1	FORWARD	GTTTTCGTCGCGAGAGGGTC	
	REVERSE	CAAAACCTAAAACAATACCCGAAACG	
GATA5	FORWARD	CGAGGAAATCGCGGGGTTTTC	
	REVERSE	GTTACGTAACCGCACCCG	
IKZF1 (V1)	FORWARD	TGCGCGTTTCGTTTTTTGTATCG	
	REVERSE	GATCCCTACTCGACCTACCCCGC	
IKZF1 (V2)	FORWARD	GACGACGTATTTTTTCGTGTTTC	
	REVERSE	GCGCACCTCTCGACCG	
IRF4	FORWARD	TGGGTGTTTTGGACGGTTTC	
	REVERSE	CGCCTACCCTCCGCG	
ITGA4	FORWARD	TTAGCGTTTTTTGTAGTCGC	
	REVERSE	ACCGCTAAATAAAATCCCGAACG	
HIC1	FORWARD	TTCGTCGTTAGTCGGGTTC	
	REVERSE	AATACACCCGAAACGACCGAC	
NPY	FORWARD	TCGAGGTTTTTTTTGTCGC	
	REVERSE	ATACTATCGAACGAACGTCT	
SDC2	FORWARD	AAATTAATAAGTGAGAGGGGCGTC	
	REVERSE	GACTCAAACTCGAAAACTCGAA	
SEPT9	FORWARD	TTTCGTCGTTGTTTTTCG	
	REVERSE	TCGAAATCCGAAATAATCCC	
WIF1	FORWARD	CGCGTTTAGTCGTTTAAAC	
	REVERSE	CTCCTCGCTACCGAAA	

# Statistical analysis

Statistical analysis was performed using SPSS. The Methylation Index (MI) is calculated as the total methylation value of the target gene (copies/µL) divided by the total value of the reference gene (copies/ µL). The target genes were analysed in isolation as well as in all two, three and four gene combinations. A total of 515 possible combinations were analysed. The combinations of genes were analysed by combining the total target gene MI values for each gene into a Cumulative Methylation Index (CMI). The optimal sensitivity and specificity of the MI and CMI for the diagnosis of CRC was determined by receiver operator characteristic (ROC) curve analysis and the Youden Index. Potential biomarker combinations were selected based on their performance using this methodology whilst maintaining a high level of sensitivity at specificities above 94%. Additionally, ROC curve and Youden Index analysis was performed for each pathological stage separately. Scatter plots and Spearman's rank-order correlation was performed to assess the strength of relationships between two individual target genes in both the CRC tissue and NAT. Correlation was assessed as weak, moderate and strong for values 0.1-0.29, 0.3-0.49 and > 0.5, respectively. Univariate analysis of the difference in methylation levels between normal tissue and tumour tissue was performed using the non-parametric Wilcoxon-signed rank test and the Mann-Whitney U test. Univariate analysis using both the Mann-Whitney U test and the Kruskal Wallis H test was also performed to assess for any association between methylation levels and other potentially confounding variables such as age, gender, body mass index (BMI), co-morbidities using the Charlson Comorbidity Index (CCI), immunosuppression, smoking status, N-stage, T-stage, size of tumour or metastatic disease.

### Results

# MI and CMI of individual target genes

The MI of the target genes all had significantly greater methylation in CRC (P < 0.0001) (Supplementary Material 2). Using the ROC curves the greatest area under the curve (AUC) observed was 0.887 (*ITGA4*, *95% Cl 0.836–0.937*) whilst the lowest was 0.621 (HIC1, 95% Cl 0.546–0.697) (Table 3, Supplementary Material S4). Except for *WIF1* and *HIC1* there was a high sensitivity and specificity found for all target genes. For each of the target genes there was a statistically significant difference in the MI between CRC tissue and NAT (Supplementary Material 2). There was a similarly high level of both sensitivity and specificity seen across all the target genes in relation to pathological stage of disease, except for *WIF1* and *HIC1* (Table 4–5). Notably, most of the target genes were highly methylated in early stage I and II cancers as well as later stage III and IV cancers. The CMI values showed the same characteristics as above with a statistically significantly greater methylation in CRC and a high sensitivity and specificity overall as well as in all stages of cancer (Supplementary Material 2). There were 151 combinations of target genes that had a specificity above 94% and 63 with a specificity above 95%. A total of 15 of those combinations with a specificity data for all genes and combinations is listed in supplementary material S3.

Gene	AUC (CI)	Sensitivity (%)	Specificity (%)	P-value
BCAT1	0.827	73.3-75.2	92.4-94.3	< 0.0001
	(0.765-0.889)			
GATA5	0.838	73.3-74.3	91.4-92.4	< 0.0001
	(0.78-0.895)			
IKZF1 (V1)	0.86	75.2	93.3	< 0.0001
	(0.805-0.914)			
IKZF1 (V2)	0.812	70.5	95.2	< 0.0001
	(0.749-0.875)			
IRF4	0.875	81.9-82.9	90.5-91.4	< 0.0001
	(0.823-0.927)			
ITGA4	0.887	82.9	88.6-89.5	< 0.0001
	(0.836-0.937)			
HIC1	0.621	43.8	78.1	< 0.0001
	(0.546-0.697)			
NPY	0.872	80	90.5	< 0.0001
	(0.819-0.924)			
SDC2	0.873	75.2-76.2	94.3-95.2	< 0.0001
	(0.823-0.923)			
SEPT9	0.861	70.5-72.4	88.6-90.5	< 0.0001
	(0.809-0.913)			
WIF1	0.749	65.7	96.2	< 0.0003
	(0.676-0.823)			

Table 3 – AUC, Sensitivity and Specificity for individual genes

Gene	Stage I (%)	Stage II (%)	Stage III (%)	Stage IV (%)
BCAT1	87.5	80	65	100
GATA5	79.2	74.3	70-75	83.3
IKZF1 (V1)	87.5	65.7	70	100
IKZF1 (V2)	79.2-83.3	65.7	67.5	100
IRF4	87.5	77.1	82.5	100
ITGA4	91.7	80-88.6	80	100
HIC1	41.7-50	45.7	22.5	16.7-66.7
NPY	79.2-91.7	68.6-77.1	75-77.5	100
SDC2	75-87.5	80-85.7	70	100
SEPT9	87.5	68.6-71.4	77.5-80	66.7-100
WIF1	75-79.2	68.6-71.4	57.5	83.3

Table 4 Stage specific sensitivity

#### Table 5 Stage specific specificity Stage II (%) Stage IV (%) Gene Stage I (%) Stage III (%) BCAT1 100 85.7 92.5 100 GATA5 95.8 91.4 87.5-92.5 100 IKZF1 (V1) 100 97.1 95 100 IKZF1 (V2) 91.7-95.8 95 100 97.1 IRF4 100 95.8 91.4 90 ITGA4 83.3 82.9-91.4 92.5 100 HIC1 70.8-79.2 88.6 95 50-100 NPY 92.5-95 100 83.3-95.8 88.6-97.1 SDC2 83.3-95.8 88.6-94.3 95 100 66.7-100 SEPT9 87.5 80-82.5 91.4-94.3

91.4-94.3

95

100

WIF1

95.8-100

Target Gene(s)	AUC	Sensitivity (%)	Specificity (%)
SEPT9 / IKZF1 v2 / SDC2	0.893	81.0	95.2
SEPT9 / IKZF1 v2 / WIF1	0.890	81.9	95.2
SEPT9 / IKZF1 v1 / SDC2	0.898	81.0	95.2
SEPT9 / IKZF1 v1 / ITGA4	0.899	80.0	95.2
SEPT9 / IKZF1 v2 / NPY / SDC2	0.885	81.0	95.2
SEPT9 / IKZF1 v2 / GATA5 / SDC2	0.896	81.0	95.2
SEPT9 / IKZF1 v2 / SDC2 / HIC1	0.892	81.0	95.2
SEPT9 / IKZF1 v2 / SDC2 / ITGA4	0.899	81.0	95.2
SEPT9 / IKZF1 v2 / WIF1 / HIC1	0.888	81.9	95.2
SEPT9 / IKZF1 v1 / IRF4 / SDC2	0.894	80.0	95.2
SEPT9 / IKZF1 v1 / NPY / SDC2	0.889	81.0	95.2
SEPT9 / IKZF1 v1 / GATA5 / SDC2	0.900	81.0	95.2
SEPT9 / IKZF1 v1 /SDC2 / HIC1	0.896	81.0	95.2
SEPT9 / IKZF1 v1 / SDC2 / ITGA4	0.903	80.0	95.2
SEPT9 / SDC2 / HIC1 / ITGA4	0.898	80.0	95.2

Table 6 – Gene combinations with high specificity and sensitivity

Intergenic correlation of MI

In the CRC tissues there was a significant and strong correlation between the majority of individual target genes in both the CRC tissue and NAT groups (p < 0.01). The two genes that exhibited a variable strength of association were *WIF1* and *HIC1* (Supplementary Material S5). WIF1 showed only a moderate association to *SEPT9* and *HIC1* but a strong correlation to all other genes. *HIC1* displayed only a weak correlation for *BCAT1*, *GATA5* and *ITGA4* (p < 0.05) and a moderate correlation with *SDC2* and WIF1 (p < 0.01). However, there was no significant correlation found between *HIC1* and *SEPT9*, *IKZF1* v1, *IKZF1* v2, *IRF4* or *NPY* (p > 0.05). The only other variation was a moderate correlation observed between SEPT9 and both *IKZF1* v2 and *GATA5* (p < 0.01). Whilst most correlations in the MI for NAT specimens were significant there was a much more variable strength of this association (Supplementary Material S6). The weakest correlation was again seen with *WIF1* and *HIC1* in the NAT samples.

# Univariate analysis of confounding factors

In CRC tissue there was no significant association between methylation levels and gender, smoking status, immunosuppression, size of tumour, N-stage or T-stage. There was a variable association seen

between the MI in CRC for age, metastatic disease and CCI. The majority of individual target genes showed no significant association to age with the exception of *BCAT1*, *GATA5*, *SDC2* and *WIF1*. A significant association to age was seen for all CMI except 22 combinations. In terms of metastatic disease there was variable level of association seen in the CMI values with a significant association seen only in the *ITGA4* and *SDC2* individual genes. There was a significant association seen between the CCI and most individual or combinations of target genes except with *HIC1*, *SEPT9*, *IKZF1* v1, *IKZF1* v2, *NPY* and 22 CMI combinations (Supplementary Material 2).

In NAT there was no significant association between methylation levels and gender, immunosuppression or metastatic disease. A significant association with age was seen for the majority of both MI and CMI except for *HIC1*, *IKZF1* v1, *IKZF1* v2, *SDC2*, *GATA5* and 45 CMI combinations. Smoking status was only found to show a significant association with *GATA5*, *SEPT9* and 8 CMI combinations. There was a statistically significant association between methylation levels and CCI for all except *IKZF1* v1, *IKZF1* v2, *WIF1*, *HIC1*, *ITGA4* and 5 other CMI combinations (Supplementary Material 2).

### Discussion

The concept of using molecular tests to detect epigenetic methylation changes in circulating cell-free DNA has gained much enthusiasm as a simple and non-invasive method for CRC and adenoma population-based screening. Our results demonstrate the potential for using epigenetic DNA methylation signatures to identify patients with colorectal cancer. We focused on ten highly prospective target genes and the majority of these displayed high differential methylation between CRC tissue and healthy NAT (Fig. 1). Although each of the target genes performed well individually a combined marker panel was observed to have an overall higher sensitivity and specificity. This could be due to the inherent genetic variability among colorectal cancers which means that testing for a single target gene is likely to lead to more false negative results than testing for multiple targets at once.

Importantly, we found that the sensitivity and specificity of the both the target genes and combined gene panels were high in early stage I and II disease. This quality is imperative for any diagnostic test in CRC since the patient outcomes of treatment for early-stage disease are significantly better than late-stage disease. Previous studies have found a variable association between stage of CRC and levels of CpG island methylation. For instance, the same research group has found various levels of association across multiple publications investigating *BCAT1 and IKZF1* [8, 15–16]. Whilst most of the research suggests an increasing level of methylation with stage the results are inconsistent. Perhaps the important feature to highlight is that the diagnostic accuracy of most genes seen in this study in stage I and II disease is equal to or above the expected results of the currently used FIT (73% stage I; 80% stage II) [17]. Johnson et al. and Symonds et al. similarly found no significant difference in diagnostic accuracy when they directly compared epigenetic methylation biomarkers to faecal immunochemical tests [15, 18].

There are several factors other than cancer that have been shown to alter CpG island methylation patterns. Smokers has been found to have a significantly altered genome-wide methylation pattern when

compared to non-smokers [19]. Furthermore, complex age-related DNA methylation changes have been shown to occur throughout life. In early life, there is methylation gain globally but this is more focussed at the CpG islands and intergenic regions. However, in later life there is overall DNA methylation loss, but the CpG islands continue to gain methylation [20]. In this study the potential association of DNA methylation in the target genes to confounding variables such as age, smoking, metastatic disease, and comorbidities is important because of the effects this could have on the utility of these genes as biomarkers. For instance, the cut-off values for a positive result may have to be altered based on age or smoking status. Similarly, these markers may not be as accurate in the presence of significant comorbidities that are associated with higher methylation levels is of more importance in clinical diagnostic tests. Although there is a complex relationship between CpG island methylation and potential confounding factors this does not discount the significant differences seen in this study between CRC tissue and normal colonic tissue. Although there were significant associations found between certain individual genes and the age and CCI, this study is not designed to look at these factors specifically and there is a need for more clarification on their effect on epigenetic based biomarkers.

There has been a limited number of blood-based circulating tumour DNA assays approved for clinical use. The most notable of these are Epi proColon 2.0 which detects methylated *SEPT9* and Colvera which detects methylated *BCAT1* and *IKZF1*. Both tests have had large cohort studies performed to assess their efficacy. Epi proColon 2.0 is the most studied marker and exhibits a large variation in the sensitivity (48–95%) and specificity (80–99%) between studies [21–22]. However, this range is in part due to the variability with which the results are analysed. Colvera was found to have a lower variation in sensitivity (62–77%) and specificity (89–94%) when compared to the Epi proColon 2.0 test [8, 15, 23–24]. Additionally, in a direct comparison to FIT the Colvera test was found to have a comparable sensitivity with slightly better specificity. However, the sensitivity for the detection of advanced adenomas was significantly higher for FIT [15]. For these reasons the Colvera test is currently only used for monitoring for disease recurrence rather than primary diagnosis or CRC screening. Despite the approval for use of these tests in the clinical setting their role has been limited due to their high cost, limited potential benefit when compared to currently used methods of detection and poor ability to detect pre-cancerous polyps. In fact, a cost-effectiveness analysis of SEPT9 methylation concluded that FIT is less costly and more effective [25].

There are several limitations in this study. Even though it was small, the sample size was adequate as a pilot study to provide preliminary data on the methodology of detection and overall statistical efficacy. The samples used here are from tissue only and although there is sufficient evidence of plasma ctDNA detection in CRC among other studies, the ability of the biomarker panels from this study to be translated into a liquid biopsy platform remains unknown at this time. Furthermore, there were no pre-cancerous adenoma tissues used in this study and therefore we cannot predict how these markers may be altered in these lesions.

## Conclusion

This study investigated a panel of 10 genes that have been found to show elevated levels of DNA methylation in CRC tissue compared to paired non-neoplastic colonic tissue. Eight of these genes show sufficiently altered methylation in CRC tissues to be considered candidate biomarkers for blood-based CRC diagnostic tests. The highly sensitive and reproducible ML-ddPCR technique developed here will be utilised to investigate a combined marker panel in circulating tumour DNA blood samples.

### Declarations

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#### Author contributions:

R.J.S.: study conception and design, original sample collection, drafting of the manuscript. P.P: study conception and design, original sample collection, drafting of the manuscript. E.R.: original sample collection, sample processing, J.Z.: data acquisition. G.M.C.: sample processing, data acquisition, drafting of manuscript. J.A.P.: study conception and design, sample processing, sample analysis and data acquisition, data analysis and interpretation, statistical analysis, drafting of the manuscript.

#### Data availability statement:

The datasets used and/or analysed during the current study available from the corresponding author on reasonable request.

#### Competing Interests:

The authors declare that they have no competing interests.

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#### **Figures**



#### Figure 1

Methylation index of tumour tissue vs healthy tissue (normal adjacent tissue) for target genes.

Blue bars represent the MI of tumour tissue, orange bars represent the MI of NAT. Bars are organised from left to right in ascending value of MI according to tumour tissue. The matched NAT is adjacent to the respective tumour tissue value.

#### **Supplementary Files**

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- SupplementaryMaterial1.docx
- SupplementaryMaterial2.xlsx