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Urban water systems as entry points for river plastic pollution

Paolo Tasseron (paolo.tasseron@wur.nl)

Wageningen University & Research https://orcid.org/0000-0002-2007-3456

Finn Begemann Wageningen University & Research

Nonna Joosse

Wageningen University & Research

Martine van der Ploeg

Wageningen University & Research

Joppe van Driel

Amsterdam Institute for Metropolitan Solutions

Tim van Emmerik

Wageningen University & Research

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2	plastic pollution
3 4	Paolo Tasseron ^{1*} , Finn Begemann ¹ , Nonna Joosse ¹ , Martine van der Ploeg ¹ , Joppe van Driel ² and Tim van Emmerik ¹
5	¹ Hydrology and Quantitative Water Management Group,
6	Wageningen University and Research, 6709 PB, Wageningen, The
7	Netherlands.
8	² Amsterdam Institute for Advanced Metropolitan Solutions, 1018
9	JA, Amsterdam, The Netherlands.
10	*Corresponding author(s). E-mail(s): paolo.tasseron@wur.nl;
11	Contributing authors: finn.begemann@wur.nl;
12	nonna.joosse@wur.nl; martine.vanderploeg@wur.nl;
13	joppe.vandriel@ams-institute.org; tim.vanemmerik@wur.nl;
14	Abstract
15	Accumulation of plastic in aquatic environments negatively impacts

1 ecosystems and human livelihood. Urban areas are assumed to the main 16 source of plastic pollution in these environments, because of high anthro-17 pogenic activity. Yet, the drivers of plastic emissions, abundance and 18 retention within these systems and subsequent transport to river sys-19 tems is poorly understood. In this study, we demonstrate that urban 20 water systems function as major contributors to river plastic pollu-21 tion, and explore the potential driving factors contributing to the 22 transport dynamics. Monthly visual counting of floating litter at six 23 outlets of the Amsterdam water system results in an estimated 2.7 mil-24 lion items to enter the closely connected IJ river annually, ranking it 25 among the most polluting systems measured in the Netherlands and 26 Europe. Subsequent analyses of environmental drivers (including rain-27 fall, sunlight, wind speed and tidal regimes) and litter flux showed no 28 strong correlations (r = -0.19 - 0.16), implying additional investigation 29 of potential drivers is required. High frequency observations at vari-30 ous locations within the urban water system and advanced monitoring 31 using novel technologies could be explored to harmonize and automate 32 monitoring. Once litter type and abundance are well-defined with a 33

clear origin, communication of the results with local communities and
 stakeholders could help co-develop solutions and stimulate behavioural
 change geared to reduce plastic pollution in urban environments.

Keywords: Macrolitter, Plastic Soup, Hydrology, Floating Litter,
 Macroplastic

³⁹ 1 Introduction

Plastic pollution in aquatic environments is of increasing concern, because 40 of its negative impacts on freshwater ecosystems, marine fauna, and local 41 economies. Accumulation of plastic in urban and riverine water systems could 42 lead to direct damage to essential infrastructure, limit water supply, and cause 43 increased flood risks [4, 20, 44]. It is estimated that 19-23 million metric 44 tonnes of macroplastic enter aquatic ecosystems annually [8, 27]. Urban water 45 systems are assumed to be one of the largest sources of this macroplastic pol-46 lution [40, 45], yet the relation to river plastic pollution, and the connection 47 between urban and natural water systems are poorly understood. High anthro-48 pogenic activity including recreation, open air markets, and tourism [11, 26] 49 are assumed to be the main causes for macrolitter leakage in urban water sys-50 tems. Subsequent transport to riverine and marine environments is facilitated 51 by (extreme) rainfall events and stormwater overflow [1], hydrologic conditions 52 [42], and other environmental factors [33]. However, a lack of observational 53 data prevents further exploration of the abundance, transport and retention 54 dynamics in urban water systems. 55

Recent studies of plastic pollution in urban water systems aim to quan-56 tify its abundance and identify accumulation zones or hotspots. For instance, 57 Tramoy et al. [39] used GPS trackers in the Seine River, identifying several 58 hotspots of plastic accumulation and observing increased floating plastic item 59 discharges. Tramoy et al. [40] explore the use of screened materials collected 60 by grey infrastructures in a small urban river to characterise the macroplas-61 tic composition and mass flow. Naidoo et al. [29] showed urban harbours to 62 have high input and retention of macroplastics, as well as an attenuating 63 plastic abundance further away from urban city centers. Another study by 64 Treilles et al. [41] examined micro- and macrolitter concentrations of suburban 65 stormwater runoff, aiming to estimate plastic mass fluxes per hectare of urban 66 impervious surfaces and per capita. Even though accurate estimates of urban 67 macroplastic abundance and its spatial distribution are made, the drivers of 68 transport and the relation to river plastic pollution are poorly understood. 69 Improving this understanding is critical, since many rivers are directly con-70 nected to urban water systems, which are often seen as main input locations 71 for plastic litter (e.g. Rotterdam (Rhine) [42], Ho Chi Minh City (Saigon) [23], 72 Paris (Seine) [40, 41], Barcelona (LLobregat & Besòs) [34], Jakarta (Ciliwung) 73 [30], Kuala Lumpur (Klang) [49]) [24, 27]. 74

This paper studies the emissions of floating litter from urban water sys-75 tems and its relation to riverine plastic pollution for the water system of 76 Amsterdam. This system is characterised by a dense network of urban canals 77 directly connected to the IJ river, from which 42 metric tonnes of floating 78 plastic is removed annually [48]. The IJ river is in turn flowing into the North 79 sea, which makes the urban water system of Amsterdam relevant to study 80 urban-natural water system connections. By conducting monthly visual count-81 ing measurements from bridges close to outlets into the IJ river, we estimated 82 the litter outflow for Amsterdam. Subsequent comparisons with litter abun-83 dance in larger river systems were made to show urban water systems as entry 84 points for river plastic pollution. Furthermore, correlations between potential 85 environmental drivers of litter transport and observed litter fluxes were deter-86 mined to understand their influence on emissions to the IJ river. The goal of 87 this study is to assess and quantify the role of urban water systems as a source 88 of river plastic pollution. 89

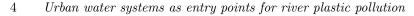
Methods 2 90

2.1 Study Area 91

In this study, floating litter items were counted from bridges in Amsterdam, the 92 Netherlands (52° 22′ 52" N 4° 53′ 50" E). Home to 820,000 inhabitants, it is 93 the largest city in the Netherlands, welcoming approximately eighteen million 94 tourists every year [13]. The urban water system in Amsterdam is characterised 95 by extensive canals exceeding 100 km in length, consisting of multiple rings 96 surrounding the historic and touristic city centre [32]. Northwest of the city 97 center, the IJ river splits the urban area of Amsterdam and flows through the 98 Noordzeekanaal to the North Sea. 99

The bridges used as observation locations were selected at the outlets of 100 the six main canals in the inner city area of Amsterdam (Fig. 1). From down-101 stream to upstream in relation to the flow direction of the IJ river, these are: 102 Westerkanaal (L1), Westerdok (L2), Westertoegang (L3), Geldersekade (L4), 103 Oudezijdskolkbrug (L5), and Piet Heinkade (L6). Each bridge is divided into 104 1 to 3 segments, depending on the length of the bridge. Consequently, each 105 segment covers a part of the canal within the field of view of the observer. 106 enabling the identification of all floating items within a given segment. 107

Some bridges contain unique properties that might influence the accuracy 108 of the results. Downstream of the Westerdok (L2), a bubble barrier (https://www.action.com/actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-actional-109 //thegreatbubblebarrier.com/) infrastructure is installed, aiming to prevent 110 (plastic) litter being discharged into the IJ river. It generates a screen of bub-111 bles, directing suspended and floating litter to a catchment system. In addition, 112 both Geldersekade (L4) and Oudezijdskolkbrug (L5) are both not situated 113 directly at the outlet of the canal into the IJ river. Yet, since the bridge at 114 Oostertoegang (Fig. 1) was under construction at the time of measurements, 115 the combination of these two bridges approach the closest estimate for litter 116 emitted into the IJ river. 117



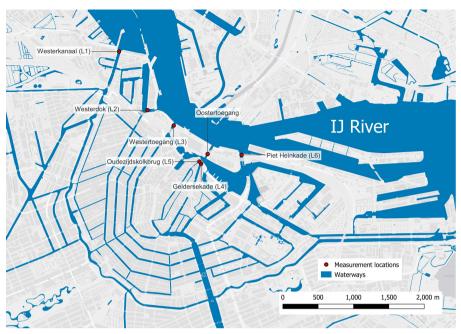


Fig. 1 IJ River, innercity waterways and measurement locations (bridges)

118 2.2 Data collection and processing

Data collection was pursued through the visual counting method developed by 119 González-Fernández and Hanke [17]. This method allows for accurate and reli-120 able quantitative data collection of floating litter fluxes. The observer counts 121 litter items in seven categories for a predetermined time interval and observa-122 tion width on top of a bridge [46]. Based on different polymer configurations, 123 these categories are: PET (polyethylene terephthalate). PS (polystyrene). EPS 124 (expanded polystyrene), PO Hard (polyolefins), PO Soft (polyolefins), Multi-125 layer (multilayer plastics), and one category containing all other anthropogenic 126 litter items (Other). Several examples of each category are summarised in Fig. 127 2, adopted from Tasseron et al. [37]. 128



Fig. 2 Categories used for visual counting in this research, with examples of characteristic items for these classes. The 'Other' category cointains all anthropogenic litter outside of the six polymer-based classes. Adopted from Tasseron et al. [37].

Measurements were done bi-weekly from February 2021 until February 129 2022, spread over all days of the week (except Saturdays) between 7:00 AM and 130 7:00 PM. All observed items were logged with timestamps, location (latitude 131 and longitude) and measurement interval duration. In total, 28 measurement 132 days took place, with a total observed time of 37 hours and 5 minutes. Depend-133 ing on the flow velocity of the water and the level of pollution in the water 134 system, measurements were done with a time span ranging from 5 to 20 min-135 utes per segment. Stationary floating items close to the bridge were not counted 136 as discharged items and noted in the comments of the data sheet. 137

The floating litter flux F_{outlet} for each outlet was calculated using the following formula, adapted from van Emmerik et al. [42]:

$$F_{outlet} = \sum_{i=1}^{S} \frac{\bar{f}_i}{w_i} \frac{1}{S} * W * T \tag{1}$$

in which \bar{f} is the mean litter flux [items h⁻¹] for bridge segment *i*, with 140 total segments S, segment observation width w_i [m], total waterway width W 141 [m], and extrapolation period T (e.g. day, month, year). To compute the total 142 emission fluxes in the IJ river, the F_{outlet} values of all six outlets were summed 143 and extrapolated to a time period of one year. In addition, an estimate of 144 the floating litter mass transport M_{outlet} was made using the F_{outlet} flux, and 145 the mean/median mass statistics of a detailed dataset containing over 16,000 146 weighed macrolitter items collected from Dutch riverbanks [43]. The following 147 equation was used to calculate the litter mass transport per outlet: 148

$$M_{outlet} = \sum_{c=1}^{7} F_c * \bar{m_c} \tag{2}$$

¹⁴⁹ in which $\bar{m_c}$ is the mean/median mass of litter category c [kg] (Figure 2), ¹⁵⁰ and $\bar{F_c}$ the mean litter flux of the associated category [items h⁻¹].

To analyse local drivers impacting litter abundance, retention and trans-151 port, litter fluxes were correlated to meteorological data. The meteorological 152 variables were obtained from the Royal Netherlands Meteorological Institute 153 (KNMI) data platform (https://dataplatform.knmi.nl/). Variables obtained 154 from this data platform are: daily sun hours, accumulated daily rainfall, rainfall 155 duration (hours), average wind speed, maximum wind speed, and wind direc-156 tion. These are derived using the Schiphol Airport weather station, located 157 approximately 10 km outside the Amsterdam city center. Information about 158 tidal regimes (at IJmuiden, 20 kilometers downstream of Amsterdam) were 159 obtained from Rijkswaterstaat (Dutch Directorate-General for Public Works 160 and Water Management, https://getij.rws.nl/). The MATLAB software was 161 used to derive Pearson correlations between meteorological variables, tidal 162 regimes and observed floating litter fluxes. All data and scripts are included 163 as supplementary material, as summarised in the data availability statement. 164

¹⁶⁵ 3 Results and Discussion

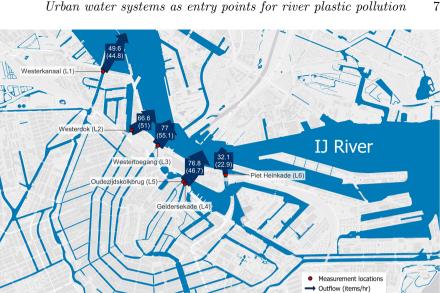
¹⁶⁶ 3.1 Outlet emissions

A total of 1,006 items were counted at six outlets over a period of 13 months. Of 167 these items, 735 (73%) were categorised as plastic according to the six different 168 polymer categories. This percentage is comparable to Tramov et al. [40], in 169 which 83% of anthropogenic items in urban water systems were characterised 170 as plastics. Additionally, Luo et al. [25] found plastic made up 70.3% of the total 171 items found in littered mangroves close to Hongkong, which is also comparable 172 to the 73% in our study. The largest amount of items observed were plastics 173 in the 'PO_{Soft}' category (35%), followed by 'Other' (27%) and 'Multilayer' 174 (23%). These high observations can be related to consumer products, such 175 as shopping and grocery bags (PO_{Soft}), Cigarette butts (Other) and single 176 use food wrappers and packaging (Multilayer). The emissions of the other 177 plastic categories 'EPS' (6%), 'PO_{Hard}', (5%), 'PS' (2%), and 'PET' (2%) are 178 significantly smaller. van Emmerik et al. [42] observed comparable shares of 179 floating PO_{Soft} (39.5%), Multilaver (17.1%), EPS (7.7%), and PET (1.1%) in 180 Dutch rivers, implying that these categories are possibly linked to emissions 181 from urban water systems. 182

The item fluxes of the individual outlets are shown in Fig. 3. The total flux 183 of all outlets combined was 302 items/hr (221 plastic items/hr), approximately 184 2.7 million items/year (1.9 million plastic items/year). These flux values rank 185 the Amsterdam canal system among the highest in comparison with 42 rivers 186 in eleven European countries, of which the Danube river is most polluting (3.0)187 million items/year) [18]. Interestingly, the estimated yearly flux of the Amster-188 dam system into the IJ river is similar to estimates of the Dutch Rhine (2.7-3.5 189 million items/year), IJssel (2.4-2.6 million items/year) and Meuse (2.3-3.8 mil-190 lion items/year) rivers [42], implying that urban water systems are major 191 contributors to river plastic pollution. Converted to mass estimates based on 192 mean category mass, approximately 39.5 metric tons of litter (19.5 metric tons 193 of plastic) flows in the IJ river annually. The mass estimates based on median 194 category mass are 2.7 metric tons of litter (2.6 metric tons of plastic). These 195 mean and median estimates are well within the range of estimates for Dutch 196 rivers by van Emmerik et al. [42], further corroborating the major role of urban 197 water systems in river plastic pollution. 198

¹⁹⁹ 3.2 Spatiotemporal variation

Variations in litter type and abundance were observed between the different
measurement locations (Fig. 4a), at hours of the day (Fig. 4b), and monthly
variation (Fig. 4c). Highest litter emissions were observed at the Westertoegang
bridge (L3, 77 items/hr), at 13:00 (48.4 items/hr) and in May 2021 (588 items/hr). Possible causes for the variations in litter type and abundance include
a range of explanations. Amongst others, these are (1) presence of people and
the intensity of human activity [26], (2) new policy measures to reduce litter



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Fig. 3 Litter fluxes for each outlet, expressed in items per hour. Geldersekade (L4) and Oudezijdskolkbrug (L5) are combined. Numbers in parentheses indicate plastic fluxes.

Waterways

1,000

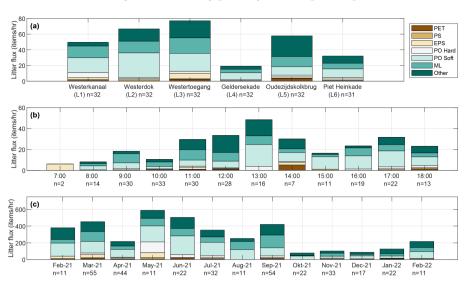
1,500

500

2,000 m

emissions [28], (3) presence of traditional open air markets [11], (4) COVID-207 19 regulations and impacts [12], and (5) environmental drivers [33], which is 208 discussed in the next subsection. 209

Several variations in litter abundance depicted in Fig. 4 could be linked to 210 these explanations. For instance, the number of people present and the inten-211 sity of human activities might cause immediate higher litter emissions to the 212 channels [2]. People can use areas in vicinity of the canals as recreational areas 213 [21], or dispose of waste illegally [16, 22]. Bridges discharging canals from the 214 touristic city center discharge relatively more (66.6, 7, and 76.8 items/hr) com-215 pared to bridges discharging areas with less human activity (49.6 and 32.1 216 items/hr) (Fig. 3). Another factor that seemed to influence litter abundance 217 is the behaviour of street workers and maintenance personnel. For multiple 218 measurements at various locations, it was observed that street workers used 219 leaf blowers to purposely mobilise litter items from the sidewalks and streets 220 into the canals. As depicted in Fig. 4b, low litter fluxes were observed early in 221 the mornings (7:00-10:00), whereas this increased to peak around lunchtime 222 (13:00). An increase in 'PO_{Soft}' and 'Other' items throughout the day could 223 be attributed to increased disposal of single use consumer products. No mea-224 surements were done between 18:00-07:00, so fluxes during the night remain 225 unknown. An example of new measures to reduce litter emissions is the intro-226 duction of a C 0.15 deposit on small PET bottles in the Netherlands in July 227 2021 [19]. Yet, this does not result in a clear decrease of PET litter fluxes after 228



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Fig. 4 Overview of categorised litter fluxes, with: (a) mean item fluxes per measurement location, (b) mean item fluxes per time of day, (c) mean item fluxes per month. For each flux, the number of individual measurements (n) is given.

this introduction (Fig. 4c). Even though these explanations could potentially
lead to variation in litter abundance, additional monitoring close to actual
sources, rather than at the outlets in the IJ river is necessary.

232 3.3 Environmental factors

Pearson correlations between environmental drivers and the observed litter 233 fluxes are low, ranging from -0.19 to 0.16 (Fig. 5). During the measurements, 234 wind gusts were observed to influence mobilisation and transport of floating 235 litter at outlets, yet the correlation between highest daily wind gusts (Wind-236 speed max (m/s) and outflow of all item categories combined is low (0.13). 237 Even though correlations between wind speed, rainfall and observed item fluxes 238 are low, the sign of the correlation is positive for most categories and com-239 parable to the explanatory power and sign of environmental drivers found by 240 Roebroek et al. [33], who used multi-linear regression models to link various 241 environmental factors with riverbank litter observations. 242

The other environmental factors (sunlight and tide) showed no strong or 243 significant correlations with observed item fluxes, with two exceptions (Tide-244 PS, and Sunlight-Other). It is possible that a non-trivial combination of factors 245 determine the spatiotemporal variability of observed fluxes. In combination 246 with the low correlation values of windspeed and rainfall, it is evident that 247 transport of floating litter in urban water systems is complex. The latter is cor-248 roborated by Roebroek et al. [34], stating that multi-linear regression models 249 only using environmental factors to explain plastic litter fluxes in rivers are 250

Urban water systems as entry points for river plastic pollution

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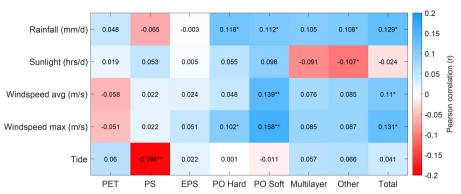


Fig. 5 Pearson correlations between the litter categories used for visual counting and environmental factors. Stars indicate the level of significance: $p \le 0.05(*), p \le 0.01(**)$.

unlikely to perform well. Anthropogenic activity, littering and transport mechanisms should be included in such models, especially in urban areas where litter generation is concentrated [40, 41].

²⁵⁴ 4 Synthesis and outlook

²⁵⁵ 4.1 Complexity and drivers of litter transport

Anthropogenic litter pollution in urban water systems and subsequent trans-256 port to river systems is complex and dynamic. In this study, monthly visual 257 counting measurements at six outlets of the Amsterdam urban water system 258 resulted in an estimate of approximately 2.7 million items/year to enter the IJ 259 river. Even though this estimate is based on reliable observations, the current 260 impacts of potential drivers on transport and retention of litter is poorly under-261 stood. While environmental factors, such as (high intensity) rainfall events in 262 urban areas could be drivers of litter transport to rivers [42], it is argued that 263 these factors on its own cannot fully explain observed litter fluxes [34]. The low 264 correlation values between precipitation, sunlight, wind speed, tidal regimes 265 and observed item fluxes in our study confirm the latter. Therefore, under-266 standing other drivers such as direct littering and stormwater overflow [41], 267 and intensity of anthropogenic activities [11, 26] is key for future efforts. These 268 efforts could focus on high-frequency monitoring at locations with a variety of 269 indicators for anthropogenic activity: e.g. open air markets, restaurants, city 270 parks, public transport nodes, and other potential sources of emission. 271

4.2 Local factors and mitigating measures

In addition, local factors and indirect drivers can influence litter abundance,
retention, and transport. For instance, regulatory instruments to mitigate
or prevent direct littering could promote sudden changes in anthropogenic
behaviour [5]. Other local factors include systems to collect litter, such as

The Great Bubble Barrier structure in Amsterdam, or larger initiatives focus-277 ing on reducing outflow to marine ecosystems (e.g. Plastic Smart Cities 278 https://plasticsmartcities.org/). Another factor includes targeted cleanups, 279 such as the 'Plastic Whale' initiative (https://plasticwhale.com/). This initia-280 tive collects floating litter from canals in Amsterdam, which is subsequently 281 recycled to make furniture and fishing boats. While these instruments con-282 tribute to reducing litter abundance, they also influence estimations of litter 283 transport from urban water systems to rivers and oceans. The latter is increas-284 ingly important for policymakers [42], which emphasises the need of including 285 local factors in future estimations of litter transport. These efforts should also 286 relate the abundance of (floating) litter with the presence of waste bins, open 287 air markets, restaurants and other potential sources of emission. To these ends, 288 it would be beneficial to expand the polymer-based categorisation with waste 289 sectors (i.e. 'food', 'industry', 'housekeeping', etc.). In summary, it is relevant 290 to include both contributing factors (emissions) and mitigating factors (local 291 cleanups and regulatory measures) of litter transport and couple these to waste 292 sectors. 293

²⁹⁴ 4.3 Future research directions for advanced monitoring

Future research should explore additional monitoring techniques to quantify 295 litter outflow. Since the relation between floating plastics and total plastics 296 in the water column is unclear [42], the estimation of total outflow quantities 297 based on just floating plastics could be inaccurate. Current technologies are 298 either labour intensive and require heavy equipment [7, 31] or are based on 200 rudimentary techniques, such as acoustic sonar [9, 15]. The Great Bubble Bar-300 rier could form the interface between these techniques, as it mobilises litter 301 suspended in the water column to the surface, where it is captured. Additional 302 monitoring techniques involve camera systems on bridges or drones, either 303 RGB [47], multispectral [6, 14] or hyperspectral systems [3, 10, 38]. Using these 304 systems in Amsterdam could greatly improve the temporal resolution of data 305 sets and reduce the labour intensive visual counting from bridges. In addi-306 tion, strategic application of these systems contributes to the understanding of 307 direct and indirect drivers, including tidal regimes and dynamic environmental 308 conditions. 309

4.4 Practical applications integration in communities

Finally, it is important to consider the practical applications of detailed mon-311 itoring techniques. At some point, well-defined types of litter with a clear 312 origin, their abundance and transport mechanisms are determined. Commu-313 nicating these results with local communities and municipalities could help to 314 raise awareness and stimulate creative solutions to mitigate litter abundance 315 and prevent emissions to urban water systems [35]. Various stakeholders in 316 polluted areas such as restaurants, waste managers and/or citizen/community-317 based initiatives could be involved in experiments to reduce litter emissions. 318

³¹⁹ Subsequent integration of the monitoring results, creative ideas and experi-³²⁰ ments in urban living labs would provide an innovative inclusive environment ³²¹ for solutions to be smoothly and swiftly implemented [36].

322 5 Conclusion

Urban water systems are estimated to the main source of plastic pollution 323 in rivers, seas and oceans. The goal of this paper is to provide fundamental 324 evidence for the latter, linking emission quantities and item categories to river 325 plastic pollution. In this study, novel insights in assessing and quantifying the 326 role of urban water systems as a source of river plastic pollution were delivered. 327 Based on visual counting floating of litter from bridges, it is estimated that 2.7 328 million items enter the IJ river annually. This emission ranks the Amsterdam 329 water system among Europe's most polluted rivers observed to date. 330

Variations in litter type and abundance at various spatiotemporal scales include a range of possible explanations. Environmental drivers including wind, precipitation, sunlight and tidal regimes lack strong correlations with observed item fluxes (r = -0.19 - 0.16). These results call for other factors such as the intensity of human activity, the influence of point sources (street markets, restaurants) to be included in future correlation analyses.

Aditionally, the largest amount of items were plastics in the 'PO_{Soft}' category (35%), can be related to consumer products such as shopping and grocery bags. Yet, the categorisation of litter items in future efforts should include more detailed item categories, and include their waste sectors (i.e. 'food', 'industry', etc.). Communicating and integrating these results with local stakeholders in polluted areas could eventually provide an innovative environment for solutions to be efficiently implemented.

With this paper we present a first one-year assessment of floating plastic emissions from the Amsterdam water system into the IJ river. We aimed to shed new light on plastic transport dynamics within urban water systems, and its contribution to river plastic pollution. Future research is needed to further disentangle the driving factors of the observed spatiotemporal variability.

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³⁶⁰ Data Availability Statement. Data sheets and associated MATLAB files

³⁶¹ are available online at

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FB, NJ and TvE; Formal Analysis, PT, FB; Investigation, PT, FB; Resources,
TvE; Data Curation, PT, FB, NJ; Writing Original Draft Preparation, PT,
FB; Writing Review & Editing, All authors; Visualization, PT; Supervision,
TvE.

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371 Declarations

- 372 Ethical approval. Not applicable.
- ³⁷³ Consent to participate. Not applicable.
- 374 Consent for publication. Not applicable.

Conflict of interest. The authors declare that the research was conducted
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