

# Loss of p53 expression in the gastric epithelial cells of *Helicobacter pylori* infected Jordanian patients

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## Research article

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29 **Abstract**

30 **Background:** *Helicobacter pylori* infection is one of the most common chronic infections  
31 worldwide. Around half of the global population is chronically infected with this stomach  
32 bacterium. *H. pylori* infection is a strong risk factor for gastric cancer development. It is well-  
33 established that infection of the gastric epithelium with *H. pylori* induces the production of reactive  
34 oxygen species, DNA damage and accelerates the degradation of the tumor suppressor protein  
35 p53. This p53 dysregulation induced by *H. pylori* infection contributes to gastric carcinogenesis  
36 through complex processes including but not limited to cell proliferation and apoptosis.

37 **Methods:** In the current study, we examined whether the epithelium of the gastric glands express  
38 p53 in subjects infected, chronically, with *H. pylori*. Seventy-five samples from Jordanian patients  
39 were analyzed for the presence of *H. pylori* as well as the p53 expression levels in the mucosa and  
40 submucosa by immunohistochemical analyses.

41 **Results:** In *H. pylori* positive-specimens, p53-positive cells in the gastric mucosa were found  
42 significantly lower than in *H. pylori* negative-specimens.

43 **Conclusion:** We demonstrated that p53 expression level is downregulated in gastric mucosa of  
44 patients from Jordan infected with *H. pylori* and this alteration may predispose individuals for  
45 possible tumor initiation in individuals chronically infected with *H. pylori*.

46 **Keywords:** *Helicobacter pylori*; p53; Immunohistochemistry; Gastritis; Jordan.

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## 52 **Introduction**

53 *Helicobacter pylori* (*H. pylori*) is a Gram-negative, spiral-shaped, microaerophilic  
54 bacterium that colonizes the human stomach (1). *H. pylori* infection is acquired early in life, and  
55 it is the strongest identified bacterial risk factor for the development of antral gastritis, peptic ulcer  
56 and gastric cancer (2). More than 4.4 billion individuals are infected globally with *H. pylori* in  
57 2015 (3). *H. pylori* is classified as a group 1 carcinogen according to the International Agency for  
58 Research on Cancer (IARC). Infection with *H. pylori* is recognized as a necessary but insufficient  
59 cause of gastric carcinoma (1, 4). This is due to the complex interplay between bacterial virulence  
60 factors and host factors that determine the progression and chronicity of infection (4). The most  
61 studied *H. pylori* virulence genes are located in a 40kb region of DNA called cytotoxin-associated  
62 gene Pathogenicity Island (cagPAI) (5). One of the most distinctive virulent gene of the cagPAI is  
63 the cytotoxin-associated gene A (*CagA*) which is delivered into epithelial cells by cagPAI encoded  
64 type IV secretion system after bacterial attachment to the host. In turn, CagA as an oncoprotein  
65 can disrupt several essential signaling pathways of the host into oncogenic ones (5).

66 Development of gastric cancer is anticipated to be a multistep and a multifactorial process,  
67 including activation of oncogenes, inhibition of tumor suppressor genes, related to oxidative stress  
68 and damage induced by pathogen (6). Creating a sequence of events starting from gastritis,  
69 atrophy, intestinal metaplasia, dysplasia, and finally gastric cancer; this sequence of events can  
70 take several decades to develop (5). It has been reported that, in gastric metaplasia and  
71 adenocarcinoma, *H. pylori* cagA positive strain contribute to the loss of function of p53 (7, 8).  
72 While other studies have shown that p53 is expressed in the mucosa of patients with pre-neoplastic  
73 lesions infected with *H. pylori* (9, 10). In contrast, the inflammatory response was found to induce  
74 the expression of the wild type p53 during chronic gastritis and gastric ulcer (11). Similarly, *in vitro*

75 studies revealed the same effect of *H. pylori* infection on the expression level of wild type p53 (12,  
76 13). In contrast, it was shown that *H. pylori* infection is able to activate Akt1 kinase. In turn Akt1  
77 leads to the activation of HDM2 and subsequent degradation of p53 in gastric epithelial cells (14).

78 *H. pylori* infection remains highly prevalent in most developing countries due to  
79 socioeconomic status and hygienic conditions (15). The prevalence of *H. pylori* infection is 79.1%,  
80 63.4%, and 54.7% in Africa, Latin America, and Asia respectively, while it has been reported  
81 around 37.1% in Northern America (3). In Jordan, the nationwide seroprevalence of *H. pylori* is  
82 around 88.6% in 2018 (16). Among Jordanian patients, the prevalence of *H. pylori* in gastritis and  
83 peptic ulcer, intestinal-type adenocarcinomas, and adenocarcinomas cases were 82%, 55.6%, and  
84 48.8%, respectively (17, 18). A recent study showed that all individuals tested for *H. pylori* in the  
85 dental plaque were positive among Jordanian people (19). Even though the prevalence of *H. pylori*  
86 in Jordan is high no previous studies were carried out to study the expression levels of p53 in the  
87 gastric mucosa from patients infected with *H. pylori*. P53 degradation induction is considered the  
88 most common phenotypes related to oxidative stress, and DNA damage during infection which is  
89 accompanied by altered cell survival and apoptosis (6). Therefore, we aim in this study is to dissect  
90 the p53 expression in gastric tissues from Jordanian patients infected with *H. pylori*.

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## 102 **Materials and Methods**

### 103 **Sample collection**

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105 Retrospective case-control study conducted on 75 formaldehyde-fixed paraffin-embedded  
106 (FFPE) gastric biopsies from *H. pylori* negative (n=25) and *H. pylori* positive (chronic *H. pylori*  
107 pangastritis) (n=50). Samples were collected between 2015 to 2017 from the archives of the  
108 pathology departments from two selected referral medical centers in the middle (King Hussein  
109 Medical City) and Northern of Jordan (Al-Karak Governmental Hospital). In this retrospective  
110 analysis in archival material, the inclusion criteria were the age range (15-80 years) and the  
111 histopathology analysis for the presence of *H. pylori* in the gastric glands of the patients. As  
112 mentioned in the records, the participants were clinically suffering from abdominal pain, weight  
113 loss, epigastric pain, vomiting, and dyspepsia. Gastric samples that were histopathologically  
114 diagnosed of having no *H. pylori* infection and any other abnormalities were included in this study,  
115 as negative controls. The exclusion criteria were *H. pylori* eradication therapy during the last three  
116 months before the study as well as a history of gastric surgery or gastric cancer.

### 117 **Immunohistochemistry**

118 Formalin-fixed, paraffin-embedded gastric biopsies were subjected to  
119 immunohistochemical staining as described before (20). Five  $\mu\text{m}$  block sections were  
120 deparaffinized in xylene and rehydrated in a graded series of ethanol. Then, samples were heated  
121 at 95°C for 15 min using antigen retrieval buffer for antigen retrieval (Dako, USA). Samples were  
122 then incubated with 3%  $\text{H}_2\text{O}_2$  for 30 min at room temperature to block the endogenous peroxidase  
123 activity. The samples were blocked 1% bovine serum albumin in PBS for one hour at room  
124 temperature. Samples were then stained for p53, *H. pylori*, and DNA using the monoclonal mouse  
125 anti-p53 DO-1 antibody from Santa Cruz (sc-126) (1:100 dilutions in blocking buffer), polyclonal

126 rabbit anti-Urease antibody from Santa Cruz (sc-21016) (1:100 dilution) and DAPI for DNA  
127 staining (Sigma-Aldrich) for two hours at RT. Secondary labeled antibodies for  
128 immunofluorescence and Western immunoblot analyses were purchased from Jackson Immuno  
129 Research Laboratories as published before (21).

### 130 **Western blotting**

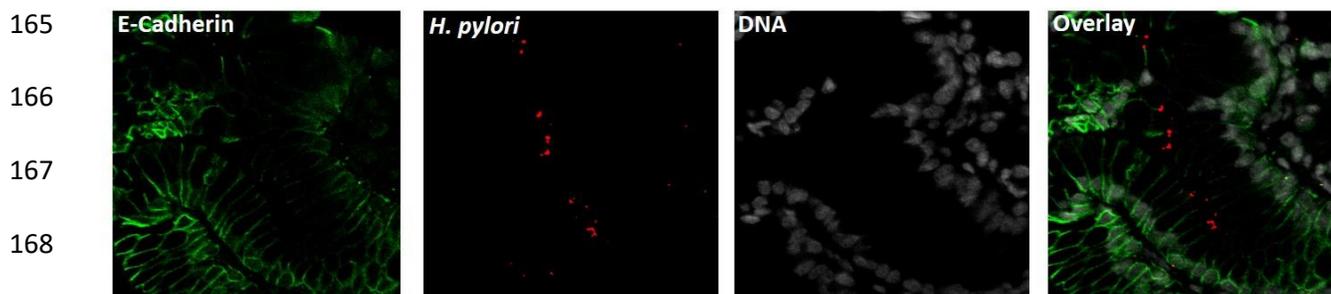
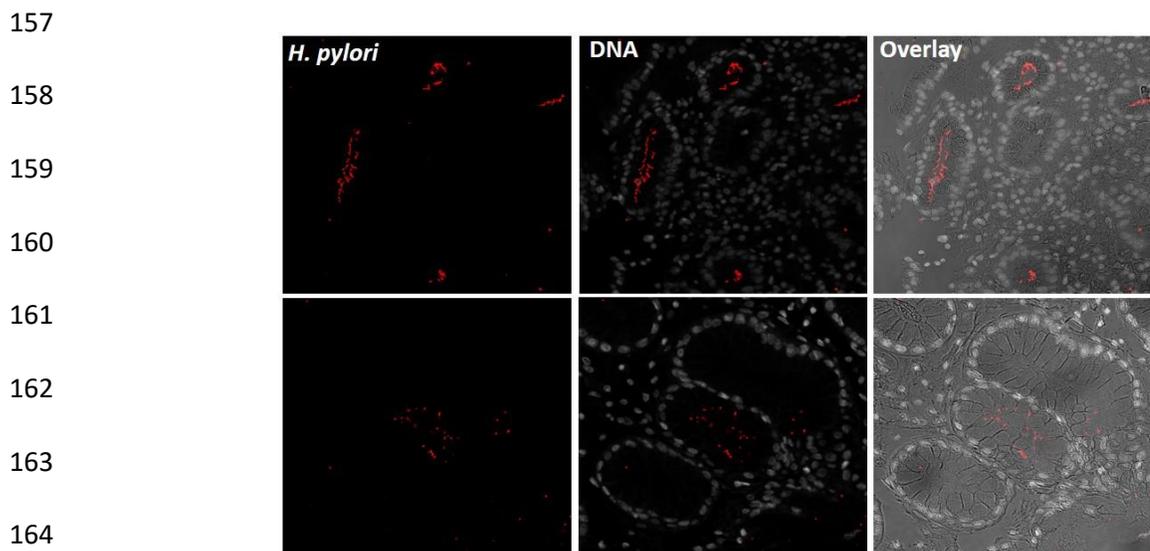
131 Total protein was extracted from the paraffinized tissues according to the manufacturer's  
132 instructions (Qproteome FFPE Tissue, Qiagen). Briefly, using xylene the deparaffinized sections  
133 were incubated in 100  $\mu$ l extraction buffer. After centrifugation, extracted proteins were recovered  
134 in the supernatant. Recovered proteins were mixed directly with sample buffers and boiled at 95°C  
135 for 10 min. Then, gel electrophoresis was carried out using the vertical Biorad Mini-Protean II  
136 electrophoresis system, USA. Equal amounts of proteins were subjected to 12% sodium dodecyl  
137 sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). Proteins were separated under reducing  
138 conditions for two hours at 120 V. Protein bands were transferred electrophoretically onto  
139 Immobilon-P polyvinylidene difluoridemembranes (Millipore, MA, USA) using a Biorad  
140 electroblotting system (Biorad MiniTrans-Blot Electrophoretic Transfer Cell, USA) (22). Finally,  
141 the transfer was carried out for three hours using 250 mA at 4°C. The membranes were blocked  
142 with 5% fat-skim milk in Tris-buffered saline (TBS) pH 7.5, containing 0.05% Tween-20 for one  
143 h at RT. Next, membranes were incubated with the anti-p53, anti-cagA, and anti- $\beta$ -actin (one hour  
144 at room temperature) diluted in TBS-0.05% Tween-20. The membranes were washed 3 times for  
145 20 min with TBS-0.05% Tween-20 and then incubated with secondary antibodies conjugated with  
146 horseradish peroxidase. Signal detection was performed with the enhanced chemiluminescence  
147 system (ECL, Amersham), by mixing chemiluminescence solutions one and two in 1:1 ratio.

148

149 **RESULTS:**

150 **Detection of *H. pylori* in gastric biopsy specimens using immunohistochemistry**

151 The presence of *H. pylori* in the gastric biopsies from Jordanian patients (75 samples) was  
152 confirmed using immunohistochemistry (IHC). *H. pylori* was detected in the gastric biopsies using  
153 specific antibody against the urease enzyme of *H. pylori*. Fifty biopsies were diagnosed  
154 histologically for the presence of *H. pylori* infection (Figure 1). The bacterium, red fluorescent  
155 signal, was detected at the mucosal surface, and in the lumen of the gastric glands (Figure 1). No  
156 signal for *H. pylori* was detected in all negative controls samples.



170 **Figure 1: Detection of *H. pylori* in gastric biopsy specimens.** An immunohistochemical staining of gastric glands  
171 obtained from *H. pylori*-positive patients stained for epithelial marker E-Cadherin (green), *H. pylori* (red),  
172 and nuclear DNA using DAPI. Results show that most of the gastric glands are heavily infected with *H.*  
173 *pylori*.

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175 **Expression level of p53 in gastric biopsies infected with *H. pylori***

176 Immunohistochemical staining was used to analyze the expression level of p53 in *H.*  
177 *pylori*-positive and negative gastric biopsy specimens. In control samples, were no *H. pylori* is  
178 detectable, the p53 fluorescence signal was strong and detected in all samples irrespective of  
179 sectioning sites. Further, the p53 signal was localized to the nucleus of the epithelium of the gastric  
180 glands (Figure 2). In contrast, patients harboring *H. pylori* in their gastric glands did not express  
181 p53 in the nucleus. Rather, expression levels of p53 in infected patients were significantly low or  
182 even undetectable compared to control, *H. pylori* negative biopsy specimens (Figure 2).  
183 Interestingly, in the stromal cells p53 expression was devoid from the nucleus and localized in the  
184 cytoplasm of the *H. pylori* infected mucosa.

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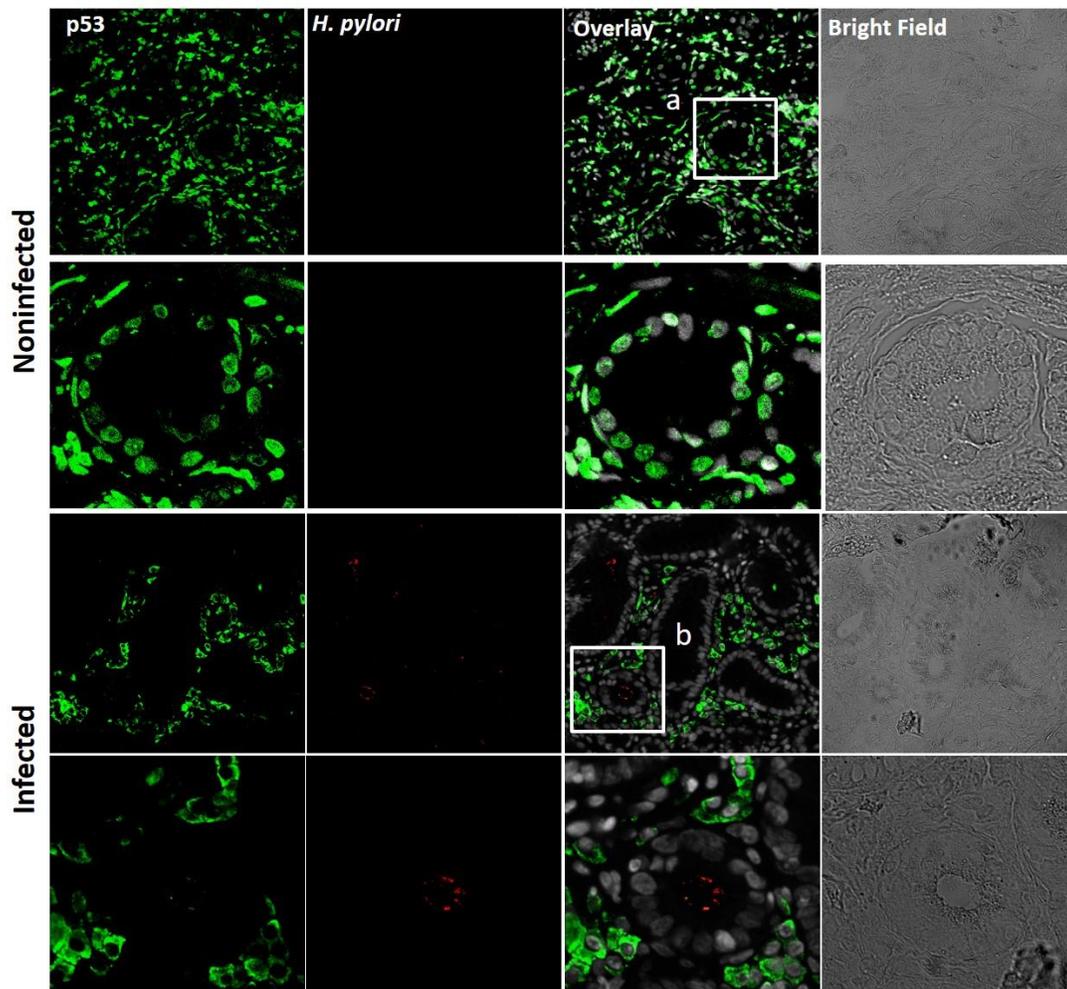
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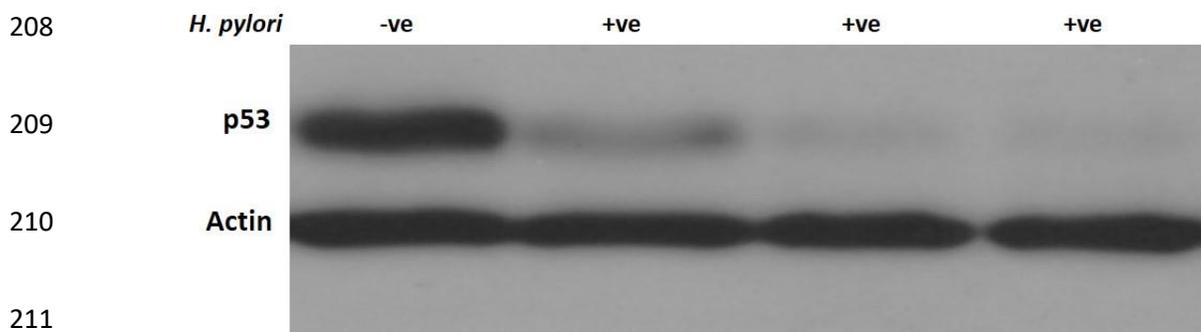
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197 **Figure 2: p53 expression in *H. pylori* infected and non-infected gastric glands.** a) Control gastric glands (no *H.*  
198 *pylori* infection) exhibit wild-type pattern of p53 (green) expression in the epithelium and the stroma  
199 inside the nuclei b) p53 staining in gastric glands infected with *H. pylori* (red) exhibit a complete loss of  
200 the nuclear p53 staining of the epithelium unlike the stromal cells which display cytoplasmic staining of  
201 p53 (green).

202 To further support our data, we used western blotting to check the expression levels of p53  
203 from infected vs. control uninfected gastric biopsies (Figure 3). Interestingly, results from western  
204 blotting showed significant reduction of p53 expression from gastric biopsies infected with *H.*  
205 *pylori* unlike uninfected biopsies confirming our immunohistochemical findings that subject  
206 infected with *H. pylori* suffer from loss or significant reduction of the nuclear p53 expression  
207 (Figure 3).



212 **Figure 3: Western blotting analysis of total p53 from paraffinized gastric biopsy specimens.** Total protein isolated  
213 from gastric tissues infected with *H. pylori* and control non-infected tissues blotted against p53  
214 demonstrated that p53 protein levels were significantly reduced in patients infected with *H. pylori* unlike  
215 non-infected patients. Actin was used as a loading control.

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220 **Discussion**

221 As in many other infections, *H. pylori* triggers the downregulation of p53 protein by which the  
222 bacterium blocks apoptosis one of the main defensive mechanism in infected cells (23, 24). This  
223 protective function of p53 is also impaired in many forms of cancer (25, 26). Our present study  
224 underpins the direct relationship between chronic infection with *H. pylori* and the loss of p53  
225 expression from the epithelium in the gastric mucosa. Loss of nuclear p53 from the gastric mucosa  
226 may render the epithelial cells of the stomach vulnerable for hundreds of mutations that occur  
227 every day in almost every cell in our body in individuals infected with *H. pylori*. In contrast, intact  
228 p53 protects cells during DNA damage by activating DNA damage response and subsequently  
229 DNA repair or apoptosis (25). In this manner, cells are normally sheltered against unwanted  
230 changes that might predispose cells for possible transformation or cancer. This scenario is not  
231 happening in gastric tissues infected with *H. pylori* which dispose the diseased tissue for cancer  
232 development. Further, it has been shown that *H. pylori* ensure the survival of host cells by breaking  
233 down p53 *in vitro* and *in vivo* (8, 23, 24), by activating pathways that are already present in cells  
234 (14). Yet, this has possibly lethal consequences for the host as the damage of p53, the central  
235 “guardian of the genome”, upsurges the risk of mutant cells to survive and develop into cancer  
236 cells (25, 26)

237 Numerous bacterial contagions are now supposed to be a factor in cancer development but  
238 their association is not so decisively proven as for *H. pylori*, which can induce chronic gastritis,  
239 gastric ulcer and finally lead to cancer development(7) . Consequently, the more verified  
240 connection between infection and cancer raises the importance to develop effective vaccines and  
241 antibiotics to preclude cancer. With the recognition of *H. pylori*'s cagPAI type 4 secretion system  
242 (T4SS) as a significant virulence factor, our study did not show whether Cag A is expressed in

243 patients infected with *H. pylori* and this needs further investigation. CagA is an inflammatory and  
244 potentially transforming determinant of *H. pylori* (23). The translocation of CagA effector protein  
245 into host cells and its phosphorylation by Src kinase and uncovered crucial signaling routes  
246 induced by CagA, including its function in downregulating innate epithelial defense factors, are  
247 responsible for the vast pro-inflammatory activity of the T4SS(27). Our data shows that infected  
248 gastric epithelial with *H. pylori* lost the nuclear p53 expression, unlike normal healthy *H. pylori*-  
249 negative glands using immunohistochemistry. The loss of p53 expression from the epithelium is  
250 correlated with the presence of *H. pylori* within the lumen of the gastric glands. The unique ability  
251 of the bacterium to escape the mucosal defense and thereby ensure life-long persistence that could  
252 be related to higher colonization grades of bacteria and p53 expression.

253 To date, all the evidences point towards a role of p53 in tumor suppression as well as its  
254 role as a nuclear transcription factor (14). Therefore, p53 interactions, modifications  
255 and subcellular localization in the cytoplasm might reserve new unexpected aspects of this  
256 extensively studied protein and provide a rationale for therapeutic intervention. Interestingly, our  
257 findings suggest that p53 is localized to the cytoplasm of the stromal cells in patients infected with  
258 *H. pylori*. Whether, *H. pylori* directly or indirectly influenced the subcellular localization and or  
259 posttranslational modification of p53 in the stroma is an open question which needs further  
260 investigation. However, this localization may affect signal transduction, metabolism, and  
261 apoptosis (28). While several mechanisms of p53 cytoplasmic that lead to the activation of  
262 apoptosis have been described to date, most of the mechanisms regulating its cytoplasmic activities  
263 remain largely unknown (29). However, possible contribution of cytoplasmic p53 to foster  
264 oncogenesis cannot be excluded but needs further studies to understand the exact role of the  
265 stromal cells in rendering or enhancing the gastric carcinogenesis.

266 In conclusion, while it has been widely accepted that *H. pylori* plays a major role in the  
267 development of gastric cancer, our results represent an approach that can reveal a causality  
268 between a particular bacterial infection and the development of cancer in humans. This bacterium  
269 induces the loss of p53 from the epithelium that might enhance cell proliferation and inhibition of  
270 apoptosis. Moreover, infected cells may acquire a cancer-related phenotype thus providing deep  
271 insight into the cancer-promoting potential of *H. pylori*.

## 272 **Conclusion**

273 In conclusion, the nuclear expression of p53 is drastically downregulated in gastric mucosa  
274 of individuals from Jordan infected with *H. pylori* and this may facilitate tumor initiation. Further  
275 studies are needed in order to further correlate the relationship between the bacterium serotype,  
276 inflammation and severity of disease development.

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289 **Ethical consideration**

290 This project was conducted with approval from the Ethics Committee of faculty of  
291 medicine, Mutah University, Al-Karak-Jordan under the number 20170 according to the local  
292 institutional ethical considerations and guidelines that was in agreement with the ethical guidelines  
293 of the Declaration of Helsinki. Human tissues were obtained from the histopathology department  
294 from two selected referral medical centers in the middle (King Hussein Medical City) and Northern  
295 of Jordan (Al-Karak Governmental Hospital) as this a retrospective study in compliance with the  
296 standards of institutional ethical committee.

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298 All authors declare no financial support.

299 **Conflict of interest**

300 All authors declare that they have no conflict of interest.

301 **Consent for publication**

302 Not applicable.

303 **Author's contributions**

304 MAL and MAZ: study concept and design; acquisition of data; analysis and interpretation of data;  
305 drafting of the manuscript; MAL, MAZ and WH resources; MAL, MAZ, AA, GH, DJ and WH  
306 technical, or material support; study supervision study concept and design; critical revision of the  
307 manuscript, administrative, technical, or material support; MAL, MAZ, AA and GH: critical  
308 revision of the manuscript for important intellectual content administrative. All authors approved  
309 the final version of the manuscript.

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316

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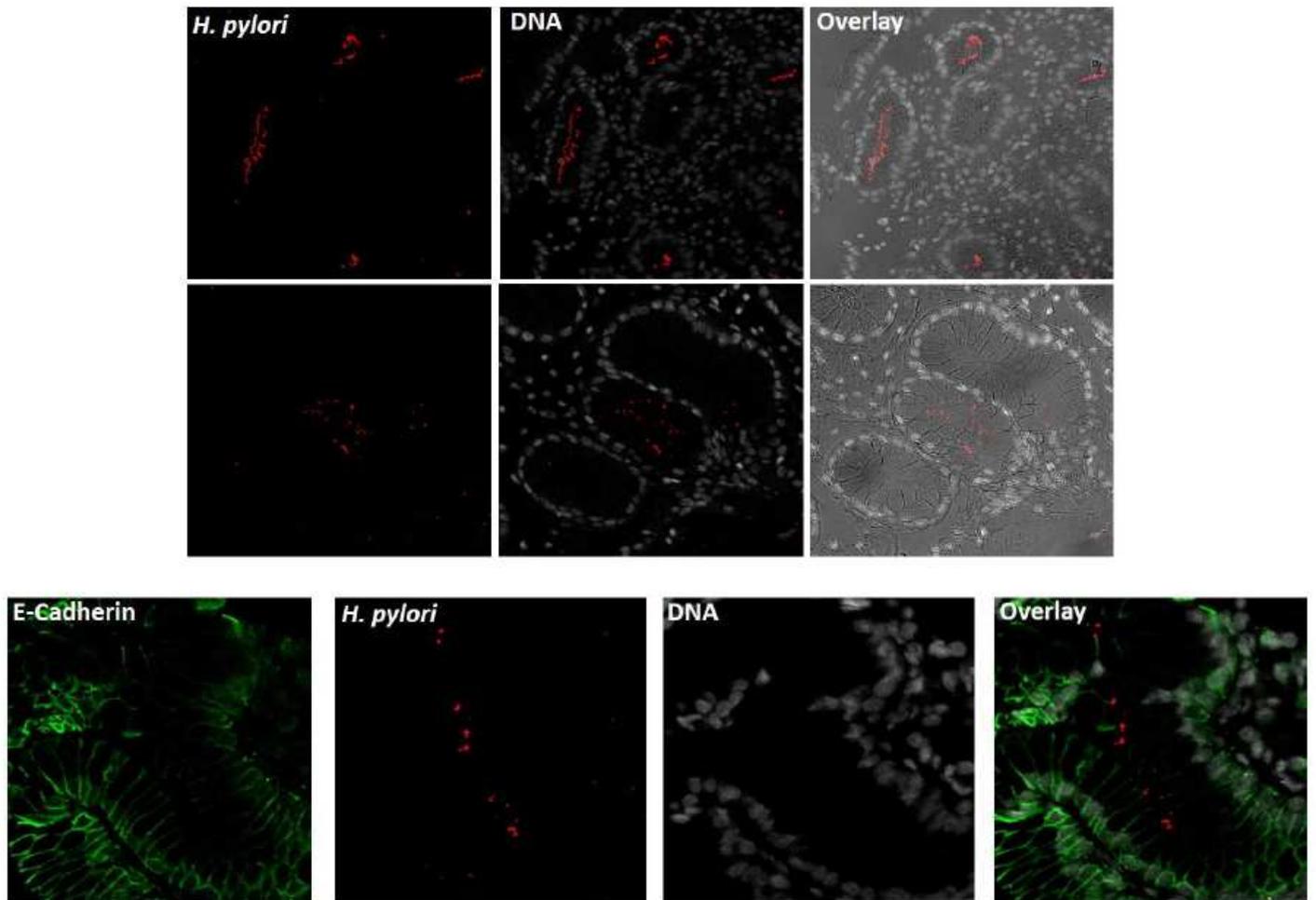
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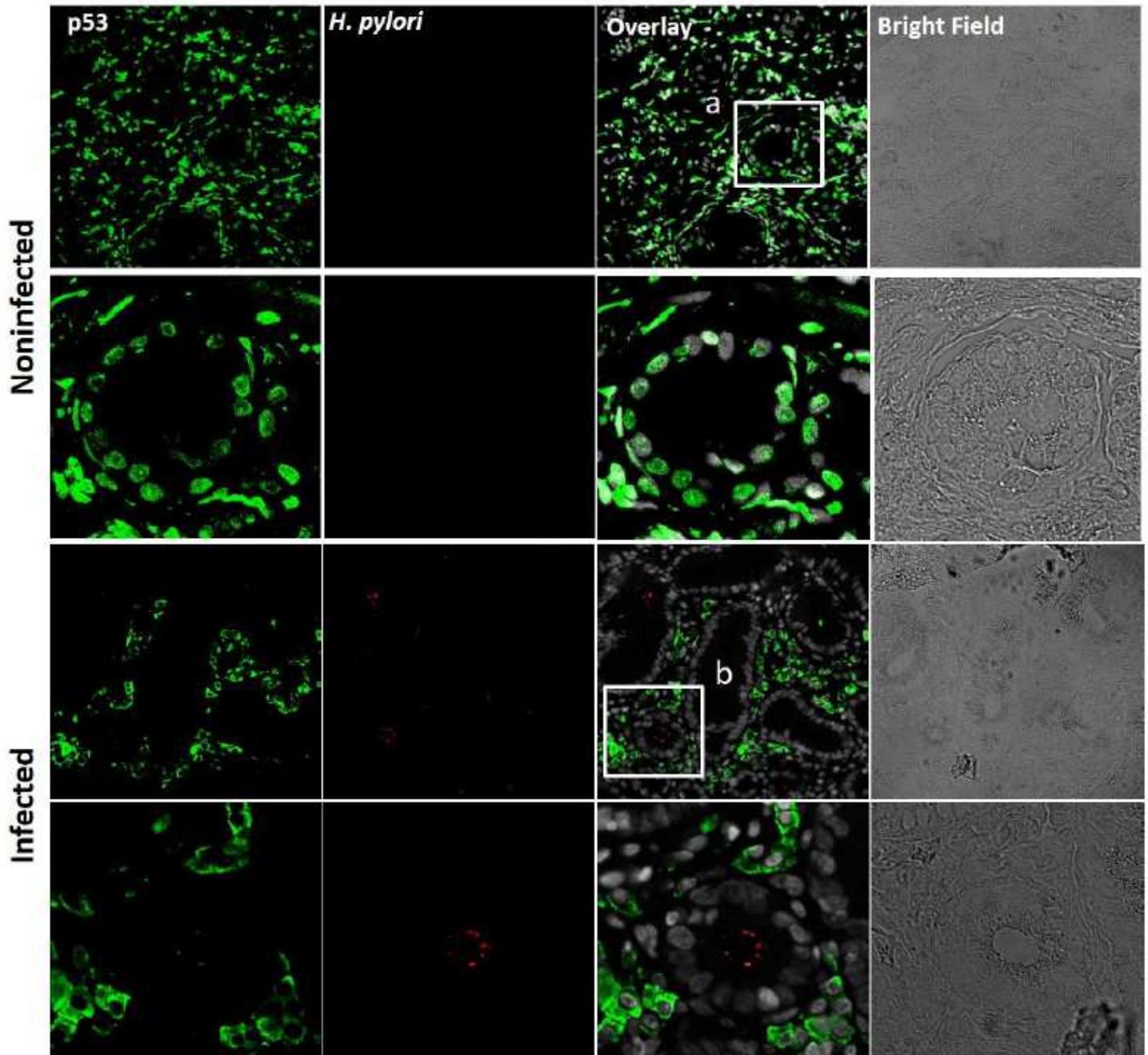
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# Figures



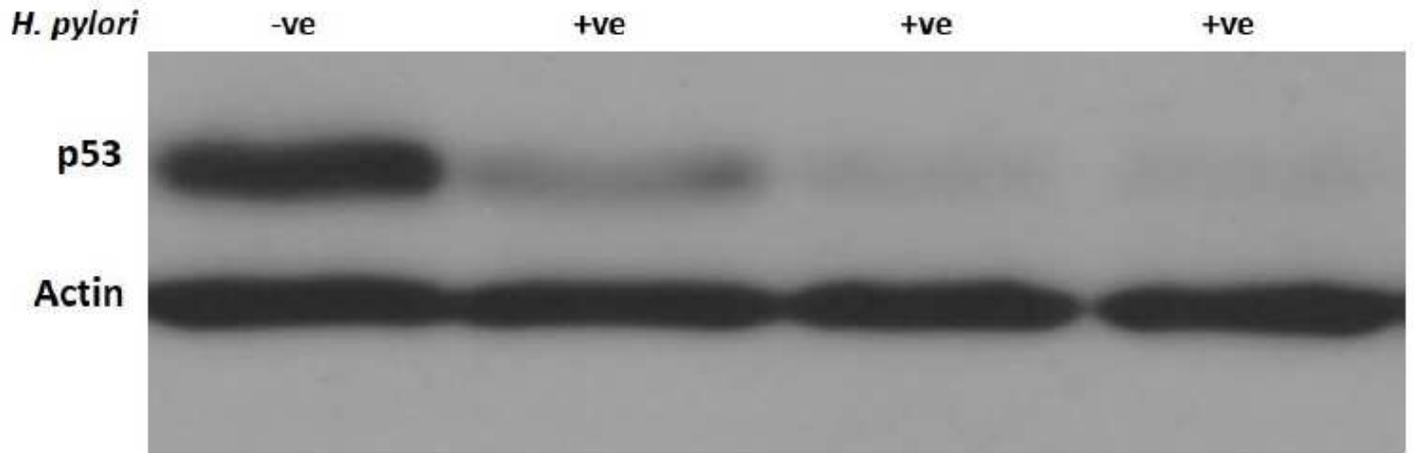
**Figure 1**

Detection of *H. pylori* in gastric biopsy specimens. An immunohistochemical staining of gastric glands obtained from *H. pylori*-positive patients stained for epithelial marker E-Cadherin (green), *H. pylori* (red), and nuclear DNA using DAPI. Results show that most of the gastric glands are heavily infected with *H. pylori*.



**Figure 2**

p53 expression in *H. pylori* infected and non-infected gastric glands. a) Control gastric glands (no *H. pylori* infection) exhibit wild-type pattern of p53 (green) expression in the epithelium and the stroma inside the nuclei b) p53 staining in gastric glands infected with *H. pylori* (red) exhibit a complete loss of the nuclear p53 staining of the epithelium unlike the stromal cells which display cytoplasmic staining of p53 (green).



**Figure 3**

Western blotting analysis of total p53 from paraffinized gastric biopsy specimens. Total protein isolated from gastric tissues infected with *H. pylori* and control non-infected tissues blotted against p53 demonstrated that p53 protein levels were significantly reduced in patients infected with *H. pylori* unlike non-infected patients. Actin was used as a loading control.