

# Supplementation of Postbiotic RI11 Improves Antioxidant Enzymes Activity, Upregulated Gut Barrier Genes and Reduced Cytokines, Acute Phase Proteins and HSP70 Gene Expression Levels in Heat-Stressed Broilers

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## Research

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## **Abstract**

## **Background**

To alleviate the adverse impacts of stressful environmental conditions on poultry and promoting the animal's health and growth performance, antibiotics have been added to poultry diets as growth promoters. Nevertheless, improper and overuse of antibiotics as feed additives have resulted the emergence of antibiotic-resistant bacteria and increased the levels of antibiotic residues in animal products, which have disastrous effects on the health of both animals and humans. Postbiotics produced from probiotic *Lactobacillus plantarum* have been the recent research of interest as dietary additives for livestock and potential alternatives to antibiotics. However, there is very scarce of study has considered the effect of postbiotics on broilers under heat stress. The aim of this work was to evaluate the impacts of feeding different levels of postbiotic RI11 on antioxidant enzyme activity, physiological stress indicators, cytokines and gut barrier genes expression in broilers under heat stress.

## **Materials and Methods**

A total of 252 male Cobb 500 were fed with 1 of 7 diets: NC (negative control, 0.0% RI11) basal diet; OTC (positive control) NC + 0.02% (w/w) oxytetracycline; AA (antioxidant control) NC + 0.02% (w/w) ascorbic acid. Four further groups were NC + 0.2, 0.4, 0.6 and 0.8% postbiotic RI11 (v/w) of the respective levels.

## **Results**

Supplementation of different levels of postbiotic RI11 increased plasma glutathione peroxidase, catalase and glutathione enzymes activity. Postbiotic RI11 groups upregulated the mRNA expression of interleukin 10 and downregulated of interleukin 8, tumor necrosis factor-alpha, heat shock protein 70 and alpha 1-acid glycoprotein levels compared to the NC and OTC groups. Feeding various doses of postbiotic RI11 improved the integrity of the intestinal barrier by the upregulation of zonula occludens-1 and mucin2 mRNA expressions. However, no difference was observed in claudin1, ceruloplasmin, interleukin 6, interleukin 2 and interferon expression, but downregulation for occludin expression as compared with the NC group. Supplementation of postbiotic RI11 in different levels quadratically increased the plasma glutathione peroxidase, catalase and glutathione, interleukin 10, mucin2 and zonula occludens-1 mRNA expression, and reduced plasma interleukin 8, tumor necrosis factor-alpha, alpha 1-acid glycoprotein and heat shock protein 70 mRNA expression. Supplementation of postbiotic RI11 at level 0.6% was sufficient to achieve the improvement in health of broiler chickens under heat stress as compared to other levels.

## **Conclusions**

The results suggested that postbiotic produced from *L. plantarum* RI11 particularly at level 0.6% (v/w) could be used as an alternative to antibiotics and natural sources of antioxidants in the poultry industry.

## Introduction

Environmental stressors such as disease challenge and heat stress are the major problems faced by global poultry production, having negative influences on animal physiology, behaviour, health and productive performance causing tremendous economic losses [1–5]. They can adversely affect the biological macromolecules such as proteins, lipids, carbohydrates and DNA by the generation and accumulation of reactive oxygen species (ROS) and free radicals in the cells while performing their normal metabolic functions [6–8], resulting in cell damage and the appearance of pathological symptoms [9, 10]. To lighten the adverse impacts of stressful environmental conditions on poultry and promoting the animal's health and growth performance, antibiotics at sub-therapeutic doses have been added to poultry diets as growth promoters [11–13]. However, the improper and overuse of antibiotics as feed additives have caused the emergence of antibiotic-resistant bacteria and increased the levels of antibiotic residues in animal products, which have disastrous effects on the health of both animals and humans [14, 15]. Thus, the use of antibiotics in livestock farming has been prohibited in European Union [16, 17].

Ascorbic acid is a natural antioxidant and health-promoting agent that has the potential to replace antibiotics growth promoters in fighting bacterial infections [18, 19], and have been thought to be beneficial for heat-stressed broiler chickens. Dietary supplementation of ascorbic acid had the advantage of compensating for incompetent biosynthesis of ascorbic acid and had the potential to ameliorate the harmful effects of hot climate in broiler chickens [20]. Data from several studies suggest that ascorbic acid supplementation may compensate for the reduction in growth rate and feed intake [21, 22], improve overall growth performance and antioxidant status, and reduce serum concentrations of corticosterone, acute phase proteins, cholesterol and lipid oxidation [23, 24], decreased heat shock protein70 gene expression [2].

Using postbiotics as dietary additives for livestock and potential alternatives to antibiotics, postbiotics produced from probiotic *Lactobacillus plantarum* have been the subject of several recent researches. The mechanism of action of postbiotics is not different from that of probiotics, owing to the fact that the same secondary metabolites from probiotics are presented in the postbiotics but not the living cells [25]. Postbiotics contain several antimicrobial components including bacteriocins and organic acids, which can minimise the pH of the gut and prevent the growth of pathogens in both the feed and animal gut [26]. Recent evidence suggests that the postbiotics produced by *L. plantarum* strains have an inhibitory effect on several gut pathogens such as *L. monocytogenes*, VRE, *S. typhimurium* and *Escherichia coli* [27–30]. It has recently been observed that the dietary supplementation of postbiotics promoted the health and growth performance in broilers [31–33], layers [34, 35] and piglets [36, 37]. More recently, postbiotics have been reported enhancing the growth performance, rumen fermentation, immune status, antioxidant defence system, and gut health in small ruminants [38–40]. Under normal environmental temperature,

dietary supplementation of postbiotics improved health and growth performance of broilers by promoting their immune status, growth genes expression and gut health as their supplementation significantly improved the intestinal villus, decreased the population of Enterobacteriaceae and faecal pH, and increased the population of lactic acid bacteria [25, 31–33, 41]. Moreover, improvements in broiler meat quality and reduction in plasma cholesterol were observed with dietary supplementation of postbiotics in broilers [35, 41–43]. Our recent findings from a companion study [44] revealed that dietary supplementation of postbiotics produced from *L. plantarum* increased body weight, body weight gain, FCR, intestinal villus height, immune response, IGF-1 and GHR mRNA expression, caecum non-pathogenic bacteria population, and reduced Enterobacteriaceae and *E. coli* population in heat-stressed broilers.

Aside from developing a healthy gut and promote growth performance, a preliminary study from this laboratory revealed that the postbiotics produced by *L. plantarum* have high antioxidant activities [40]. Similarly, bacterial cultures of *L. plantarum* were reported to exhibit high antioxidative activities [45, 46]. In heat-stressed broilers, probiotics have been demonstrated to up-regulate the hepatic antioxidant capacity [47–49], inhibited the pro-inflammatory cytokines (TNF- $\alpha$  and IL-1 $\beta$ ) and increased the anti-inflammatory cytokines (IL-10) [50]. Another studies reported that chickens fed probiotics increased intestinal epithelial integrity by increased the mucin mRNA expression [51, 52], and postbiotics produced from *L. plantarum* probiotic are expected to provide analogous benefits to those from probiotic bacteria. Whilst considerable research has investigated the beneficial impacts of postbiotics on broiler chickens under normal temperature, there is still a scarcity of information on their impacts on heat-stressed broilers. Therefore, the purpose of this work was to investigate the impacts of feeding different inclusion levels of postbiotic RI11 on the antioxidant enzymes activity, and genes expression related to gut barrier function, acute phase proteins, heat shock protein70 and cytokines in broiler chickens under heat stress.

## Materials And Methods

### Postbiotic Production

The *Lactobacillus plantarum* RI11 strain was procured from the Industrial Biotechnology Laboratory, Faculty of Biotechnology and Biomolecular Sciences, Universiti Putra Malaysia. The culture was preserved by the revival of culture following the procedure of Foo, et al.[53]. The culture was kept at -20 °C in De Man, Rogosa and Sharpe (MRS) medium (Merck, Darmstadt, Germany) with 20% (v/v) glycerol.

A volume of 100  $\mu$ L from stock culture was activated in 10 mL MRS broth, incubated at 30 °C for 48 h and sub-cultured in the same media for another 24 hours. The activated culture was spread onto a plate and incubated at 30 °C for 48 h. A single colony was picked from the plate, inoculated twice into MRS broth (10 mL) and incubated at 30 °C for 48 h and 24 h. Active cells of *L. plantarum* RI11 was first washed using a 0.85% (w/v) NaCl (Merck, Darmstadt, Germany) sterile solution, then adjusted to  $10^9$

CFU/mL and used as an inoculum. For preparing the working culture of the *L. plantarum* RI11 strain, 10% (v/w)  $10^9$  CFU/mL bacterial cells were inoculated into MRS media, incubated for 10 hours at 30 °C, and centrifuged at  $10,000 \times g$  for 15 min at 4 °C. Cell-free supernatant (CFS) was filtered using a membrane of cellulose acetate (Sartorius Minisart, 0.22 µm, Gottingen, Germany) following the procedure described by Loh, et al. [54]. The harvested CFS (postbiotic RI11) was kept at 4 °C until applied in feed within 48 hours.

## Ethical Note, Birds, Diets, Experimental Design and Housing

The feeding trial was performed at the research facilities of the Institute of Tropical Agriculture and Food Security (ITAFoS), Universiti Putra Malaysia. The study was conducted following the guidelines approved by Animal Ethics Committee of Universiti Putra Malaysia (protocol no. UPM/ACUC/AUP-R085/2018), which ascertains that the use and care of research animals are ethical and humane. Two hundred and fifty-two Cobb 500 male chicks (one-day-old) were supplied by a local hatchery. The chicks were housed in wire-floor cages placed in two identical rooms. The rooms were environmentally controlled with each of the two measuring  $9.1 \times 3.8 \times 2.3$  m, length × width × height, whereas measurement of each cage was 120 (length) × 120 (width) × 45 (height) cm. The birds were reared following the management recommendations of Cobb 500 from 1 to 21 days of age (starter period). The chickens in the two rooms were maintained at the recommended temperature of  $32 \pm 1$  °C on the first day, a gradually reduced to around  $24 \pm 1$  °C by 21 days of age. During the finisher period (day 22 to day 42), the birds were divided into 7 treatment groups, 6 replicates per group with 6 chicks in each replicate. The birds were offered 1 of 7 diets: (1) A basal diet without any supplementation as negative control (NC) 0.0% RI11; (2) NC + 0.02% (w/w) oxytetracycline as positive control (OTC); (3) NC + 0.02% (w/w) ascorbic acid as antioxidant control (AA); or four further groups were NC + 0.2, 0.4, 0.6 and 0.8 % postbiotic RI11 (v/w) of the respective levels. The basal diets were formulated using FeedLIVE software [44] following the nutrient specifications of the Cobb 500 Nutrition Guide. From day 22 to day 42, broilers were subjected to  $36 \pm 1$  °C for 3 h per day from 11:00 am to 2:00 pm. Approximately, it took 45 min for the temperature to rise from 24 to 36 °C. Nonetheless, it took 1 h and 30 min for the temperature to decline from 36 to 24 °C. The management and environmental conditions of this current experiment were described in our companion recently published [44].

# Samples Collection

At 42 days of age, around 2 hours and 30 minutes after the daily heat stress, 2 chickens from each cage (12 chickens per treatment group) were selected in random and slaughtered following the Halal procedure, as recommended in the Malaysian Standard [55]. Blood samples (exsanguination) were collected into blood tubes (BD Vacutainer®, New Jersey, USA) containing EDTA as an anticoagulant and kept on ice. Upon centrifugation at  $3500 \times g$  for 15 min at 4 °C, harvested plasma samples were (1.5 mL microcentrifuge tubes) stored at -80 °C for later determination of glutathione peroxidase (GPx), superoxide dismutase (SOD), catalase (CAT) and glutathione (GSH) concentration. A part of the liver and ileum tissue were collected immediately after slaughtering, frozen in liquid nitrogen and stored at -80 °C for gene expression analysis including interleukin 10 (IL-10), interleukin 8 (IL-8), interleukin 6 (IL-6), interleukin 2 (IL-2), interferon (IFN), tumor necrosis factor-alpha (TNF- $\alpha$ ), heat shock protein 70 (HSP70), alpha 1- acid glycoprotein ( $\alpha$ 1-AGP), ceruloplasmin (CPN), zonula occludens-1 (ZO-1), mucin2 (MUC2), claudin1 (CLDN1) and occludin (OCLN) mRNA expressions.

## Plasma Antioxidant Enzymes Biomarkers

### Glutathione Peroxidase Activity

Glutathione peroxidase (GPx) activity was analysed in plasma samples using the EnzyChrom™ Glutathione Peroxidase Assay Kit (EGPx-100, BioAssay Systems, Hayward, USA), which directly measured the consumption of NADPH in the enzyme-coupled reactions. The assay was carried out as recommended in the manufacturer's protocol. The detection range of the kit was 40- 800 U/L GPx. Approximately, 10  $\mu$ L of the sample plus 90  $\mu$ L of working reagent (80  $\mu$ L assay buffer, 5  $\mu$ L glutathione, 3  $\mu$ L NADPH (35 mM), and 2  $\mu$ L gr enzyme) were loaded into the microplate well and tap the plate to mix. A 100  $\mu$ L of substrate solution was added to each sample and control wells. The optical density of the samples and standards were measured immediately at time zero (OD0), and again at 4 min (OD4). The absorbance of the GPx activity was recorded at 340 nm using microplate reader (Multiskan GO, Thermo Scientific, Waltham, Massachusetts, USA). The NADPH standards were used to plot the standard curve. The standard curve was used to calculate the GPx activity in the plasma samples.

## **Superoxide Dismutase Activity**

Superoxide dismutase (SOD) assays were carried out using EnzyChrom™ Superoxide Dismutase Assay Kit (ESOD-100, BioAssay Systems, Hayward, USA) based on protocol provided from the manufacturer. The detection range of the kit was 0.05 - 3 U/mL SOD. The test depended on the addition of xanthine oxidase to the sample as a source of superoxide, and this superoxide reacted with a specific dye to form a coloured product. Based on the activity of SOD in the sample, which acted as a superoxide scavenger, the superoxide was reduced, and then the intensity of colour decreased. The activity of SOD was determined by measuring the colour intensity at 440 nm using a microplate reader (Multiskan GO, Thermo Scientific, Waltham, Massachusetts, USA). The standard curve was used to calculate the concentration of SOD in the samples.

## **Catalase Activity**

Catalase (CAT) activity was measured from plasma using the EnzyChrom™ catalase assay kit (ECAT-100, BioAssay Systems, Hayward, USA), according to the manufacturer's protocol. The detection range of the kit was 0.2 - 5 U/L CAT. The test depended on the degradation of H<sub>2</sub>O<sub>2</sub> using redox dye. After the preparation of the assay, 10 µL of the sample, positive control and assay buffer as blank plus 90 µL of substrate buffer (50 µM) were loaded into micro-plate well, then the plate was shaken and incubated at room temperature for 30 min. During the incubation time, the standard curve was prepared by mixing 40 µL of the 4.8 mM H<sub>2</sub>O<sub>2</sub> reagent with 440 µL of distilled water in the serial concentration, then 10 µL of the standard solution with 90 µL of assay buffer were placed into standard wells. After incubation, 100 µL of detection reagent was combined in each well and incubated for 10 min at room temperature. Finally, the optical density of CAT was read at 570 nm using microplate reader (Multiskan GO, Thermo Scientific, Waltham, Massachusetts, USA). The standard curve was used to calculate the CAT activity in the plasma samples

## **Glutathione Activity**

Glutathione (GSH) activity was measured in plasma using QuantiChrom™ Glutathione Assay Kit (DIGT-250, BioAssay Systems, Hayward, USA) in accordance with the manufacturer's protocol. The principle of

the assay depended on the reaction of 5,5'-dithiobis 2-nitrobenzoic acid with reduced glutathione to form a yellow product. Briefly, 120 µL of 20-fold diluted sample was mixed with 120 µL of reagent A into 1.5 mL tube, centrifuged at 14000 rpm for 5 min and 200 µL of supernatant was transferred into the microplate well. A 100 µL of reagent B was added to each well of samples, tapped the plate for mixing, and incubated for 25 min at room temperature. A 400 µL of the calibrator was mixed in serial dilution with distilled water into separate wells as the standard. A 300 µL of distilled water was pipetted into a separate well as a blank. After incubation, the absorbance was read at 412 nm using a microplate reader (Multiskan GO, Thermo Scientific, Waltham, Massachusetts, USA). The GSH concentration in the plasma was calculated using the standard curve of glutathione.

## RNA extraction and RT-PCR of studied genes

The extraction of total RNA from liver and ileum tissue samples were conducted using an RNeasy® Mini Kit (Qiagen, Hilden, Germany) in accordance with the manufacturer's recommendations and protocols. A thirty mg of liver and ileum tissue samples were homogenised with 600 µL of buffer RLT and centrifuged at 4 °C, 10000 x g for 2 min to obtain the supernatant. The collected supernatant was mixed with an equal volume of 70% (v/v) undenatured ethanol. Then, RNeasy spins column was used for RNA binding and series of buffer RW1 and buffer RPE were used for RNA purification. RNase-free water was used to elute the purified RNA from the spin column. The purified RNA was confirmed for its concentration and purity using a Nanodrop™ 2000 spectrophotometer (Thermo Scientific, Wilmington, DE, USA) at 260/280 nm absorbance ratio. The complementary DNA (cDNA) was generated from purified RNA using a Quantitect® reverse transcription kit (Qiagen, Hilden, Germany) for quantitative PCR.

Reverse transcription real-time PCR was performance on a Bio-Rad CFX96 PCR machine (Bio-Rad Laboratories, Hercules, CA, USA). The standardisation of target genes expression was determined by the GAPDH gene as housekeeping gene. The total of 20 µL PCR reaction mixture for every sample was prepared using QuantiNova™ SYBR Green PCR kit (Qiagen, Hilden, Germany) containing 10 µL of 2X SYBR Green Master Mix, 2 µL of sample cDNA, 1 µL each of 14 µM respective forward and reverse primers and 6 µL of RNase-free water. The sequence of forward and reverse primers of target and housekeeping genes is depicted in (Table 1).

**Table 1** The primer sequences of target genes used for RT-qPCR.

Target gene <sup>1</sup>	Primer sequence 5'-3' <sup>2</sup>	Accession No.	Product size (bp)
	R-CTTGTGGATGGCATGATCT		
IL-8	F-GCCCTCCTCCTGGTTCA G	AJ009800	74
	R-TGGCACCGCAGCTCATT		
IL-6	F-GCTCGCCGGCTTCGA	AJ250838	71
	R-GGTAGGTCTGAAAGGCGAACAG		
IL-2	F-GTGGCTAACTAATCTGCTGTCCA	NM 204153	144
	R-CCGTAGGGCTTACAGAAAGG		
IL-10	F-TAACATCCAAC TGCTCAGCTC	NM 001004414	172
	R-TGATGACTGGTGCTGGTCTG		
IFN-γ	F-GAGCCATCACCAAGAAGATGA	NM 205149	214
	R-TAGGTCCACCGTCAGCTACA		
TNF-α	F-GCTGTTCTATGACCGCCCAGTT	NM 204267.1	140
	R-AACAACCAGCTATGCACCCCCA		
HSP70	F-AGCGTAACACCACCATTCC	NM_001006685.1	372
	R-TGGCTCCCACCCCTATCTC		
α1-AGP	F-TCTGATCTAGACCTGCAGGCTC	AY584568.1	814
	R-ATCCTCGCCATGGGTTGGTG		
CPN	F-GAGAGTAAGGGTGGGGTGGG	XM_015291853.1	4134
	R-TATTCACATTTCCACAAGG		
MUC2	F-TTCATGATGCCTGCTCTTGT	XM_421035	93
	R-CCTGAGCCTGGTACATTCTTG		
CLDN1	F-CATACTCCTGGTCTGGTTGGT	NM_001013611.2	100
	R-GACAGCCATCCGCATCTTCT		
OCLN	F-ACGGCAGCACCTACCTCAA	XM_025144248	123
	R-GGGCGAAGAAGCAGATGAG		
ZO-1	F-CTTCAGGTGTTCTCTCCTCCTC	XM_015278981	131
	R-CTGTGGTTCATGGCTGGATC		
GAPDH	F-CTGGCAAAGTCCAAGTGGTG	NM_204305	275
	R-AGCACCAACCCTTCAGATGAG		

<sup>1</sup> IL-8 = Interleukin 8, IL-6 = Interleukin 6, IL-2 = Interleukin 2, IL-10 = Interleukin 10, IFN-γ = Interferon gamma, TNF-α = Tumor necrosis factor alpha, HSP70 = Heat shock protein 70, α1-AGP = Alpha-1-acid glycoprotein, CPN = Ceruloplasmin, MUC2 = Mucin 2, CLDN1 = Claudin 1, OCLN = Occludin, ZO-1 = Zonula occludens-1, and GAPDH = Glyceraldehyde-3-phosphate dehydrogenase.

<sup>2</sup> F = Forward, R = Reverse,

The real time PCR machine was programmed as follows: initial denaturation at 95 °C for 10 min, following by 40 cycles of denaturation annealing and extension (denaturation at 95 °C for 15 s, annealing at 57 °C for GADPH, HSP70, IL-10 and IFN genes, 59 °C for α1-AGP and CPN genes, 55 °C for TNF-α gene, and 60 °C for IL-6, IL-8, IL-2, OCLN, ZO-1, CLDN1, and MUC2 genes for 30 s, and finally extension at 72 °C for 20 s). Melting curve programme was included post PCR amplification cycles to confirm the amplification specificity of the primers. The efficiency of amplification of both target and housekeeping genes was performed based on standard curve of five-fold serial dilution of cDNA on a real-time PCR machine.. The relative gene expression based on housekeeping gene was quantified following the approach recommended by Livak and Schmittgen [56].

## Statistical analysis

This study was subjected to a completely randomized design with the data analyses were performed using the Statistical Analysis System (SAS) 9.4 software (SAS Institute, Cary, North Carolina, USA). All data were analysed by General Linear Model (GLM) procedure of SAS and the comparison of means were identified by Duncan's Multiple Range Test. The determination of linear and quadratic effects of increasing in inclusion of postbiotic RI11 was conducted by orthogonal polynomial contrast of SAS. The significance of statistical difference between treatments was considered at  $P$ -value < 0.05.

## Results

### Antioxidant enzymes activity

There was significantly higher GPx activity in the groups fed with postbiotic 0.4%, 0.6% and 0.8% RI11 and AA as compared to the NC, 0.2% RI11 and OTC treatment groups (Table 2). No significant difference in the GPx activity was observed between the NC, 0.2% RI11 and OTC or between 0.4%, 0.6% and 0.8% RI11 and AA groups. The SOD results were not different ( $P > 0.05$ ) between the dietary treatment groups in broilers under heat stress. The postbiotic 0.6% RI11 had the highest CAT activity ( $P < 0.05$ ) as compared with the NC and OTC. The postbiotic RI11 groups and AA group were not different ( $P > 0.05$ ) from each other for the CAT activity. The CAT activity results were not significant different between the NC, 0.2% RI11, OTC and AA treatment groups. The highest GSH activity ( $P < 0.05$ ) was observed in the 0.4% and 0.6% RI11 as compared with the NC and OTC, whereas OTC recorded lower ( $P < 0.05$ ) GSH

activity than 0.8% RI11. The activity of GSH was not different ( $P > 0.05$ ) among postbiotic RI11 groups and AA group or between OTC, NC and 0.2% RI11 groups.

Increasing the level of postbiotic RI11 in dietary increased quadratically the GPx and CAT activities ( $P = 0.014$  and  $0.033$ , respectively).

**Table 2** Antioxidant enzymes activities in broiler chickens fed different levels of postbiotic RI11 under heat stress.

Parameters	Dietary treatments <sup>1</sup>							SEM	<i>P</i> -values	Contrast, <i>P</i> -values <sup>2</sup>	
	NC	OTC	AA	0.2%	0.4%	0.6%	0.8%			Linear	Quadratic
GPx (μmol/L)	644 <sup>c</sup>	717.2 <sup>bc</sup>	1012.6 <sup>a</sup>	921.4 <sup>bc</sup>	1052 <sup>a</sup>	1163 <sup>a</sup>	1021.9 <sup>a</sup>	50.53	0.002	0.001	0.014
SOD (U/mL)	1.971	1.793	2.312	2.127	1.998	2.694	2.027	0.081	0.062	0.26	0.249
CAT (U/L)	4.711 <sup>c</sup>	4.870 <sup>bc</sup>	5.217 <sup>abc</sup>	5.231 <sup>abc</sup>	5.329 <sup>ab</sup>	5.638 <sup>a</sup>	5.320 <sup>ab</sup>	0.079	0.027	0.006	0.033
GSH (μM)	53.41 <sup>bc</sup>	52.38 <sup>c</sup>	56.17 <sup>ab</sup>	54.34 <sup>abc</sup>	56.92 <sup>a</sup>	57.47 <sup>a</sup>	56.12 <sup>ab</sup>	0.55	0.013	0.014	0.098

a,b,c Means with different superscripts in the same row indicate significant difference ( $P < 0.05$ ).

<sup>1</sup> Dietary treatments: NC (negative control, 0.0% RI11) = basal diet only, OTC (positive control) = basal diet + 0.02% (w/w) oxytetracycline, AA = basal diet + 0.02% (w/w) ascorbic acid, 0.2%, 0.4%, 0.6% and 0.8% (v/v) sequentially = basal diet + postbiotic RI11.

<sup>2</sup> Contrast, *P*-values = comes from polynomial contrast for (0.0% to 0.8%) treatments. SEM = standard error of means.

## Cytokines mRNA expression

The mRNA expression of IL-6, IL-8, IL-10, IL-2, IFN and TNF-α gene in the ileal tissue of broiler chickens fed different levels of postbiotic RI11 under heat stress are shown in (Table 3). Different levels of postbiotic RI11 supplements did not affect ( $P > 0.05$ ) the IL-6, IL-2 and IFN mRNA expression. The IL-8 expression was significantly downregulated in the RI11 groups and AA than the NC. No significant difference for the expression of IL-8 between the postbiotic RI11 groups, OTC and AA treatment groups.

The mRNA expression of IL-10 was higher ( $P < 0.05$ ) in the 0.4% and 0.6% RI11 than NC, OTC and 0.2% RI11 treatment groups. The AA group was higher ( $P < 0.05$ ) for IL-10 expression than NC and OTC, but not significantly different with RI11 groups. No difference ( $P > 0.05$ ) for the IL-10 expression between the NC, OTC, 0.2% and 0.8% RI11 groups. The addition of postbiotic RI11 in different levels down-regulated the TNF-α mRNA expression as compared with the NC, whereas no difference ( $P > 0.05$ ) was found among the postbiotic RI11 treatment groups. The 0.6% RI11 showed lower ( $P < 0.05$ ) mRNA expression of TNF-α

than NC, OTC, AA, and 0.2% RI11. However, no difference ( $P > 0.05$ ) was observed between the latter groups for the mRNA expression of TNF- $\alpha$ . Increasing the level of postbiotic RI11 in the diet led to quadratic increased ( $P = 0.01$ ) the mRNA expression of IL-10 and decreased ( $P = 0.015$  and 0.014) the mRNA expression for IL-8, IL-6, IL-2 and TNF- $\alpha$  in ileal tissue.

**Table 3** Expression of IL-6, IL-8, IL-10, IL-2, IFN and TNF- $\alpha$  in the ileal tissue of broiler chickens fed different levels of postbiotic RI11 under heat stress.

Parameters (mRNA fold change)	Dietary treatments <sup>1</sup>							SEM	<i>P</i> -values	Contrast, <i>P</i> -values <sup>2</sup>	
	NC	OTC	AA	0.2%	0.4%	0.6%	0.8%			Linear	Quadratic
IL-6	1	0.890	0.720	0.740	0.653	0.5524	0.501	0.062	0.322	0.025	0.505
IL-8	1 <sup>a</sup>	0.719 <sup>ab</sup>	0.579 <sup>b</sup>	0.572 <sup>b</sup>	0.484 <sup>b</sup>	0.422 <sup>b</sup>	0.478 <sup>b</sup>	0.052	0.039	0.001	0.015
IL-10	1 <sup>c</sup>	0.952 <sup>c</sup>	1.743 <sup>ab</sup>	1.191 <sup>bc</sup>	1.838 <sup>a</sup>	1.920 <sup>a</sup>	1.501 <sup>abc</sup>	0.087	0.001	0.003	0.010
IL-2	1	0.680	0.684	0.683	0.655	0.648	0.601	0.051	0.446	0.038	0.225
IFN	1	0.730	0.688	0.728	0.970	0.687	0.717	0.059	0.630	0.195	0.887
TNF- $\alpha$	1 <sup>a</sup>	0.826 <sup>ab</sup>	0.732 <sup>ab</sup>	0.761 <sup>ab</sup>	0.564 <sup>bc</sup>	0.413 <sup>c</sup>	0.528 <sup>bc</sup>	0.045	0.002	<.0001	0.014

<sup>a,b,c</sup> Means with different superscripts in the same row indicate significant difference ( $P < 0.05$ ).

<sup>1</sup> Dietary treatments: NC (negative control, 0.0% RI11) = basal diet only, OTC (positive control) = basal diet + 0.02% (w/w) oxytetracycline, AA = basal diet + 0.02% (w/w) ascorbic acid, 0.2%, 0.4%, 0.6% and 0.8% (v/w) sequentially = basal diet + postbiotic RI11.

<sup>2</sup> Contrast, *P*-values = comes from polynomial contrast for (0.0% to 0.8%) treatments. SEM = standard error of means.

## Gut barrier gene expression

Addition of different levels of postbiotic RI11 as a feed additive in the diet of broiler chickens upregulated ( $P < 0.05$ ) the expression of ZO-1 and MUC2 genes (Table 4). The expression of ZO-1 was the highest significantly in the 0.6% RI11 as compared with NC and OTC. No difference ( $P > 0.05$ ) was observed between the 0.2%, 0.4%, 0.8% RI11 and AA or between postbiotic RI11 groups (except 0.6%), OTC, AA and NC for ZO-1 expression. The mRNA expression of MUC2 was higher ( $P < 0.05$ ) in 0.6% RI11 than NC, 0.2% RI11 and OTC, but not different ( $P > 0.05$ ) with 0.4%, 0.8% and AA groups. A significant higher MUC2 expression was observed in the 0.4% and 0.8% RI11 as compared with NC. No difference ( $P > 0.05$ ) in expression of the MUC2 gene was found between NC, OTC, AA and 0.2% RI11. The OCLN mRNA expression was downregulated in the dietary treatments as compared with NC. There was no dietary effect ( $P > 0.05$ ) on the expression of CLDN1 gene. Increasing the level of RI11 in broilers diet quadratic

( $P = 0.005$  and  $0.049$ ) upregulated the expression of ZO-1 and MUC2 genes and downregulated ( $P = 0.005$ ) the expression of OCLN gene.

**Table 4** Changes in ZO-1, MUC2, CLDN1 and OCLN mRNA expression levels in ileal tissue of broiler chickens fed different levels of postbiotic RI11 under heat stress.

Parameters (mRNA fold change)	Dietary treatments <sup>1</sup>							SEM	<i>P</i> -values	Contrast, <i>P</i> -values <sup>2</sup>	
	NC	OTC	AA	0.2%	0.4%	0.6%	0.8%			Linear	Quadratic
ZO-1	1 <sup>b</sup>	1.010 <sup>b</sup>	1.327 <sup>ab</sup>	1.347 <sup>ab</sup>	1.521 <sup>ab</sup>	1.739 <sup>a</sup>	1.275 <sup>ab</sup>	0.068	0.026	0.044	0.005
MUC2	1 <sup>c</sup>	1.428 <sup>bc</sup>	1.506 <sup>abc</sup>	1.397 <sup>bc</sup>	1.664 <sup>ab</sup>	2.075 <sup>a</sup>	1.673 <sup>ab</sup>	0.080	0.012	0.002	0.049
CLDN1	1	0.936	1.127	1.217	1.396	1.227	1.136	0.061	0.502	0.528	0.073
OCLN	1 <sup>a</sup>	0.449 <sup>b</sup>	0.346 <sup>b</sup>	0.412 <sup>b</sup>	0.446 <sup>b</sup>	0.480 <sup>b</sup>	0.432 <sup>b</sup>	0.048	0.002	0.001	0.005

<sup>a,b,c</sup> Means with different superscripts in the same row indicate significant difference ( $P < 0.05$ ).

<sup>1</sup> Dietary treatments: NC (negative control, 0.0% RI11) = basal diet only, OTC (positive control) = basal diet + 0.02% (w/w) oxytetracycline, AA = basal diet + 0.02% (w/w) ascorbic acid, 0.2%, 0.4%, 0.6% and 0.8% (v/v) sequentially = basal diet + postbiotic RI11.

<sup>2</sup> Contrast, *P*-values = comes from polynomial contrast for (0.0% to 0.8%) treatments. SEM = standard error of means.

## Acute phase proteins and HSP70 mRNA expression

The results of hepatic  $\alpha$ 1-AGP, CPN and HSP70 mRNA expression in broiler chickens fed different levels of postbiotic RI11 under heat stress are shown in (Table 5). There was no diet effect ( $P > 0.05$ ) on the expression of hepatic CPN gene. The expression of  $\alpha$ 1-AGP was downregulation ( $P < 0.05$ ) when broilers fed with 0.4%, 0.6% and 0.8% RI11 diets as compared with NC and OTC diets. The  $\alpha$ 1-AGP expression level of AA group was lower ( $P < 0.05$ ) than that of NC group, whereas it was not different ( $P > 0.05$ ) as compared with all postbiotic RI11 dietary supplemented groups. No significant differences were found for  $\alpha$ 1-AGP expression between NC, OTC and 0.2% RI11 treatment groups.

The expression of HSP70 mRNA was downregulation ( $P < 0.05$ ) in postbiotic 0.4%, 0.6% and 0.8% RI11 dietary supplemented groups as compared with the NC group. There was no significant difference observed for HSP70 expression level between NC, OTC and 0.2% RI11 or between AA and RI11 treatment groups. There was significant down-regulation ( $P < 0.05$ ) in the expression of  $\alpha$ 1-AGP and HSP70 genes by increasing the dietary level of postbiotic RI11.

**Table 5** Changes in hepatic  $\alpha$ 1-AGP, CPN and HSP70 gene expression level in heat-stressed broilers fed different levels of postbiotic RI11.

Parameters (mRNA fold change)	Dietary treatments <sup>1</sup>							SEM	<i>P</i> -values	Contrast, <i>P</i> -values <sup>2</sup>	
	NC	OTC	AA	0.2%	0.4%	0.6%	0.8%			Linear	Quadratic
$\alpha$ 1-AGP	1 <sup>a</sup>	0.87 <sup>ab</sup>	0.617 <sup>bcd</sup>	0.661 <sup>abc</sup>	0.425 <sup>c</sup>	0.305 <sup>c</sup>	0.392 <sup>c</sup>	0.054	0.001	<.0001	0.004
CPN	1	0.917	0.837	0.879	0.922	0.733	0.741	0.046	0.685	0.120	0.958
HSP70	1 <sup>a</sup>	0.778 <sup>ab</sup>	0.63 <sup>b</sup>	0.738 <sup>ab</sup>	0.568 <sup>b</sup>	0.559 <sup>b</sup>	0.604 <sup>b</sup>	0.043	0.018	0.001	0.024

<sup>a,b,c</sup> Means with different superscripts in the same row indicate significant difference (*P* < 0.05).

<sup>1</sup> Dietary treatments: NC (negative control, 0.0% RI11) = basal diet only, OTC (positive control) = basal diet + 0.02% (w/w) oxytetracycline, AA = basal diet + 0.02% (w/w) ascorbic acid, 0.2%, 0.4%, 0.6% and 0.8 % (v/v) sequentially = basal diet + postbiotic RI11.

<sup>2</sup> Contrast, *P*-values = comes from polynomial contrast for (0.0% to 0.8%) treatments. SEM = standard error of means.

## Discussion

### Antioxidant Enzymes Activities

Oxidative stress causes the production of ROS varieties, including hydroxyl free radical and superoxide anions. Various researches reported that overflowed of ROS could damage the biological macromolecules such as proteins and nucleic acids, consequently leading to the development of diseases [57]. In chickens, the main antioxidant enzymes are glutathione peroxidase, superoxide dismutase, catalase and glutathione. These enzymes are important to transform reactive species into non-radical and non-toxic products [58].

In this study, the heat-stressed chickens supplemented with various levels of RI11 (excluding 0.2%) recorded increased GPx activity, but there was no difference between 0.2% RI11 and OTC. However, the result signified that higher levels of RI11 are required to improve GPx activity in broiler chickens under heat stress. There was no effect of the various treatments on SOD activity, whereas CAT and GSH activities were enhanced significantly following postbiotic supplementation with 0.4%, 0.6% and 0.8% RI11. This finding is consistent with Wang et al. [59], who indicated that the feed supplementation with probiotic enhanced CAT, GPx and SOD activities in broilers at day 21, which may be one of the mechanisms of its beneficial effects on health and growth performance of broilers. Another study found that feeding broiler on probiotic *Bacillus subtilis* increased the GPx, GSH and their mRNA expression level [60]. Likewise, two studies reported that broilers under heat challenge had increased activities of CAT, GPx, GSH and SOD [61, 62]. Hence, the dietary postbiotic RI11 showed the capacity to improve antioxidant activities (concentrations of GPx, CAT and GSH) in the plasma of heat-stressed broilers. Postbiotics are a natural source of antimicrobial and antioxidant that can safely alleviate the stress and improve the health of animals. As postbiotics possess the probiotic characteristics [34, 39, 41, 44, 63, 64], probiotic studies can provide useful information to understand how postbiotics could improve the antioxidant capability and develop the oxidative resistance in the body under heat stress. Several studies reported that the supplementation of probiotics in the poultry diets reduced the adverse effects of

oxidative stress and enhanced the antioxidant enzymes activities [57, 65], which might reduce cell damages by inhibiting the production of ROS and finally improving the health of animals [66, 67]. Consistent with our results, Shen, et al. [68] reported that blood antioxidant capacities were significantly enhanced by the inclusion of probiotic *L. plantarum* in the diets and promoted growth performance in broilers.

This study is the first attempt to provide data on the effect of different levels of postbiotic RI11 on antioxidant activities in heat-stressed broilers. However, probiotics have been reported for their ROS removal capacity and promoting broiler health under normal [57] and high-temperature conditions [69].

Vitamin C has been equally reported to improve the activities of antioxidant enzymes including GPx and GSH in layers [70]. Yun et al. [71] showed that mRNA and activity of GPx were improved in heat-stressed broilers supplemented with vitamin C without affecting SOD activity.

## Cytokines mRNA expression

Cytokines are small extracellular signaling protein produced by the host with crucial functions in immunity by enabling cell communication amidst immunological development and immune response [72]. The pro and anti-inflammatory cytokines are produced by immune cells such as T lymphocytes, B lymphocytes, macrophages and natural killer cells [73]. T lymphocytes are divided into two types of cells which are Th1 and Th2. Generally, IL-2, IL-8, IFN- $\gamma$  and TNF- $\alpha$  are known as a Th1 type cytokine which increases cellular immunity, whereas IL-6 and IL-10 are known as a Th2 type cytokine that acts in humoral immunity [74-76]. These small molecules proteins are released when the animal is exposed to infection, inflammation and shock as an immune response [77]. Heat stress affects intestinal integrity and increases intestinal permeability to endotoxin and antigens and inflammatory cytokines [78]. Heat stress has been shown to increase the expression of pro-inflammatory cytokines and suppressed anti-inflammatory cytokines in broilers [79]. Heat stress leads to gut damage and induces commensal bacteria to release endotoxin that encourages the production of the pro-inflammatory cytokines [80]. The current study evident that the increase of the levels of pro-inflammatory cytokines in broilers under heat stress such as IL-8 and TNF- $\alpha$  could be alleviated by postbiotic dietary supplementation. Feeding postbiotic RI11 with various levels would modulate the inflammatory processes by restoring cytokine balance in order to reduce the potential inflammation-induced injury that occur following heat stress in broiler chickens.

In the present study, lower expression of IL-8 and TNF- $\alpha$ , and higher expression of IL-10 were found in postbiotic RI11 fed broilers compared to other treatments. The differential expression of IL-8 seen herein could be due to the interaction between the beneficial bacteria which enhanced by postbiotics and intestinal enterocytes and immune cells of the lamina propria [81]. These findings were in line with that of Kareem et al. [31], who reported reduced cytokines expression in broiler chickens supplemented with various combinations of postbiotics and inulin. Wang [82] documented that supplemented probiotic *B. subtilis* in broiler diets under heat stress decreased the expression levels of IL-6 and TNF- $\alpha$  and increased

IL-10 expression level. Inflammatory cytokines, especially TNF- $\alpha$ , IL-2, IL-8 and IL-6 play important roles in the induction and prolongation of inflammation caused by macrophages. The high levels of TNF- $\alpha$  have the capability to increase tissue damage or sepsis and death [83]. In this study, the TNF- $\alpha$  expression was down-regulated by supplementation with postbiotic RI11 in broilers diets under heat stress as compared to the negative control. Recently, supplementation with a polysaccharide-based bioflocculant (PBB) extracted from *B. subtilis* F9 inhibited the expression of TNF- $\alpha$  and IL-1, whereas that of IL-10 was significantly increased as the anti-inflammatory potential of PBB [50]. Previous studies have demonstrated the effect of probiotics in reducing pro-inflammatory cytokine production [84, 85]. In piglets, Yang et al. [86] posited that pre-treatment of porcine epithelial cells with *L. reuteri* led lowered the expression of TNF- $\alpha$  and IL-6. Moreover, the effects of feeding commensal bacteria such as LAB have been reported to have both pro-inflammatory and anti-inflammatory actions [87]. The high population of *Lactobacillus* and *Bifidobacterium* could play a role in anti-inflammatory cytokine expression, whereas the opposite reaction may be due to lowered pathogens load [88]. In piglets, increased lactobacilli population was associated with decreased expression of IL-8 [89]. This was exemplified in this study based on the significant increment in *Lactobacillus* and *Bifidobacterium* count, reduced pathogenic load and down-regulation of IL-8. In other studies, involving probiotics, reduction in IL-8 secretion in intestinal epithelial cells (IECs) was suggested to occur through different pathways [79]. The IL-2, IL-6 and IFN were not affected by the inclusion of postbiotic in broiler diets under heat stress. However, IL-6 expression was up-regulated in broiler fed a combination of postbiotics and inulin [41] and lambs [39] fed postbiotic RG14.

The results of the current study allowed us to suggest that postbiotic RI11 influences cytokine expression dynamics of broilers by the modulation of the balance between anti-inflammatory and pro-inflammatory cytokines under heat stress. Therefore, postbiotics could ameliorate heat tolerance by upregulation of cytokines expression to tissue stability and repairing mechanisms that are working during and after heat stress recovery.

## Gut barrier genes expressions

The gut mucosal barrier is mainly formed by the intestinal epithelium and remains an essential part of the immune response in the intestine. Upon entry of foreign bodies such as pathogenic microbes, the intestinal epithelial cell (IEC) is the first line of defense and they interact effectively with commensal bacteria and antimicrobial substances to protect intestinal barrier [90]. The IEC function is mediated by multiprotein complexes present at the apical end of the IECs and referred to as tight junctions (TJs). TJs play an immense role in regulating intestinal permeability by shutting the spaces between adjacent IECs [91]. Various factors affect TJ and mucosal barrier functions such as cytokines, probiotics, growth factors and pathogens by transcriptional regulation and post-translational modification of tight junction proteins [90-92]. OCLN, CLDN1 and ZO-1 are some of the major functional components of TJs [93, 94]. The gene for mucin produced by goblet cells is often illustrated as MUC2 a vital component of the mucous layer covering the intestinal epithelium.

In this study, the expression of these TJs was investigated following the postbiotic feeding of broilers exposed to heat stress. The expression of ZO-1 and MUC2 were significantly higher in birds fed with postbiotic RI11 as compared with OTC and negative control, while 0.6% RI11 showed the highest effect among the postbiotic groups. The benefits of inclusion postbiotic at level 0.6% may be attributed to the optimal environment provided for better beneficial bacteria growth, then improve the intestinal integrity, nutrient digestibility and increase the growth performance of broiler. These findings showed that supplementation of postbiotics at various levels prevented the reduction in expression of ZO-1, OCLN and induced MUC2 genes by heat stress. These results were in agreement with the finding of Zhang et al. [95] who found that the addition of probiotics mixture in layer feed resulted in upregulation of ZO-1 mRNA expression under heat stress. Supplementation of probiotic *B. subtilis* in broiler diets significantly increased gene expression of intestinal MUC2 mRNA compared to those fed the control diet coincides with our finding [52]. Broilers fed *L. fermentum* 1.2029 strain showed significantly increased goblet cell density in the jejunum and the level of MUC2 mRNA in both the jejunum and ileum [96]. Inclusion of postbiotics did not affect the expression of CLDN1 gene in this study. These results corroborate the reports from studies conducted previously in mice and pigs, in which the expression of OCLN and ZO-1 were reduced in pulmonary cells in mice and porcine IECs respectively following LPS treatment [86, 97]. A similar scenario regarding the reduced expression of ZO1, MUC2 and OCLN were reported in broilers fed with probiotic after LPS challenge [79].

To the best of our knowledge, there is a paucity of data relating to the expression of TJs related genes in broilers under heat stress. However, the expression of these TJs components illustrates the potential of RI11 to enhance barrier function and preventing antigen entry. The postbiotics used in this study could have improved barrier function, production of mucin and heat shock protein (HSP), thereby modulating signaling pathways and survival of IECs.

A recent study reported that inclusion of postbiotic in post-weaning lamb increased the expression level of TJs genes which is in line with our finding [39]. The improvement of TJs proteins is attributed to the postbiotics, which contain metabolites of probiotic bacteria with ability to affect the regulation of TJs integrity and mucosal barrier function [39]. The interactions of metabolites and bioactive molecules secreted by probiotics with intestinal immune cell receptors modulate epithelial cell function by increasing tight junction integrity and prevent its disruption [92, 98].

## Acute phase proteins and HSP70 mRNA expression

Results from this study showed lower expression of AGP mRNA and HSP70 in heat-stressed broilers supplemented with postbiotics compared to the control. The parameters were also reduced in birds supplemented with ascorbic acid, but not as observed in the postbiotic treated groups.

HSP70 is a useful indicator of cellular insult and predicting the level of thermal stress in chickens [99]. The protein is highly preserved, and they are expressed under stress conditions such as transportation, feed restriction, unpleasant human contact and high temperature [100-102]. During acute heat stress, the

level of HSP70 is increased through the synthesis of HSP70 mRNA either by increased amount of the protein or activity of the heat shock transcription factor [103, 104]. Earlier studies have reported higher levels of HSP70 in various tissues of broilers following exposure to high ambient temperature [104, 105]. In the present study, the down-regulation of HSP70 mRNA in the heat-stressed birds supplemented with postbiotics indicates the amelioration of the effect of the environmental stressor on birds' health status. Moreover, for intestinal barrier to be improved, the expression of heat shock protein is important for the signaling pathways involved in the survival of IECs [106].

The ability of different levels of postbiotic RI11 to induce lower expression of HSP70 mRNA level as observed in this study could be a mechanism to defend the synthesised TJs proteins from the negative impact of heat stress. Accordingly, HSP70 acts as a chaperone by interacting with proteins to defend synthesized proteins against additional injury and reduce ROS production [107]. HSP70 induction guards against stresses such as hyperthermia, ischemia and inflammation [101, 108].

This study showed that higher levels of RI11 and ascorbic acid supplementation induced similar positive effect in improving the HSP70 levels in heat-stressed broilers. Both postbiotics and ascorbic acid supplementation had greater positive effect compared to OTC treated birds. Previous studies have also shown the effect of ascorbic acid in the expression HSP70 mRNA [71, 105, 106, 109]. Heat stressed rats supplemented with vitamin C had significantly lower hepatic HSP70 mRNA compared to those not given the dietary treatment; nevertheless, the thermic HSP70 was not affected by the treatment [71].

There is no scientific report to date to investigate the effect of postbiotics on gene expression of HSP70 and APPs in heat-stressed broilers. However, the findings are comparable to other studies that assessed the effect of other substances on the above-listed proteins. There was no effect of the various treatments on the mRNA expression of CPN. This could be related to the time variation and response kinetics of different APPs in avian species. For instance, hepatic  $\alpha$ 1-AGP was reported to be faster in reaction than CPN following exogenous administration of corticosterone [99]. Moreover, some authors have shown that variation of broiler breeds and examined organs could influence the response of APPs to heat stress and targeted treatments [106, 109].

Another likely mechanism for the positive impact of postbiotics on the HSP70 and  $\alpha$ 1-AGP mRNA expression level is the interaction with antioxidant activities. Gu et al. [105] posited a direct relationship between HSP70 level and antioxidant enzyme activities such as SOD, GPx and total antioxidant capacity. In this study, we observed improved antioxidant enzyme activity and reduced HSP70 and APPs mRNA expression in the heat-stressed broilers supplemented with various levels of postbiotic RI11. Roushdy et al. [109] reported that improved serum antioxidant enzymes level could explain the lower HSP70 expression in the different strains of broilers under heat stress. Such interaction with HSP70 mRNA expression could be vital in ameliorating the extent of mucosal oxidative injury.

## Conclusion

The results of the present study demonstrated that supplementation of postbiotic RI11 in different levels (particularly 0.6%) in the diet of broiler chickens under heat stress increased the plasma concentration of antioxidant enzymes activities (GPx, CAT and GSH) and reduced the heat stress biomarkers such as acute-phase proteins ( $\alpha$ 1-AGP and CPN) and HSP70 mRNA expression. It can be observed that higher mRNA expression level of IL-10, but lower expression IL-8 and TNF- $\alpha$  at the mucosal of ileum supplemented with different dosages of postbiotic RI11. The higher production and secretion of MUC2 into the intestinal mucosal and regulation of intestinal barrier by tight junction proteins in broilers receiving various levels of postbiotic RI11 as can be observed in the upregulation of ZO-1 and MUC2 further increase the health and integrity of the intestinal mucosa. Dietary postbiotic RI11 at level 0.6% is suggested to provide satisfactory effects and potential as alternative to antibiotic growth promoter and antioxidant additive in broiler diets to mitigate the detrimental effects of heat stress.

## Abbreviations

GPx: Glutathione peroxidase; CAT: Catalase; GSH: Glutathione; SOD: superoxide dismutase; cDNA: complementary deoxyribonucleic acid; CLDN-1: Claudin 1; NC: Negative control; OTC: Oxytetracycline; AA: Ascorbic Acid; EDTA: Ethylenediaminetetraacetic acid; GAPDH: Glyceraldehyde-3-phosphate dehydrogenase; IFN: Interferon; IL: Interleukin; OCLD: Occludin; RNA: Ribonucleic acid; rpm: revolution per minute; TJP: Tight junction protein; TNF- $\alpha$ : Tumour necrosis factor alpha; v/w: volume/weight; w/w: weight/weight; VRE: Vancomycin-resistant enterococci; CFU: Colony forming units; ZO-1: Zonula occludin 1; MUC2: Mucin 2; HSP70: Heat shock protein70; APPs: Acute phase proteins;  $\alpha$ 1-AGP: Alpha1-acid glycoprotein; CPN: Ceruloplasmin; M: Molar; mg: milligram; min: minute; mL: millilitre; mM: millimolar; ng: nanogram; nm: nanometre; IECs: Intestinal Epithelial Cells; x g: gravitational force; ROS: Reactive oxygen species.

## Declarations

### Author contributions

H.A.M., L.T.C., F.H.L. and W.I.I. participated in the conceptualization, methodology, project administration, software, formal analysis and investigation; H.A.M. and I.W.I. involved in sampling, data collection, preparation and writing the original draft; L.T.C., F.H.L., S.A.A., Z.I. and M.N.M. contributed to the supervision, resources, review and editing the manuscript; L.T.C. contributed to the funding acquisition.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Ethics approval and consent to participate

All procedures with animals received prior approval from the Animal Care and Use Committee of the Universiti Putra Malaysia (protocol no. UPM/ACUC/AUP-R085/2018), which ascertains that the use and care of research animals are ethical and humane.

#### Consent for publication

Not applicable.

#### Conflicts of Interest

The authors declare no conflicts of interest.

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