

Reconstructing and Forecasting the COVID-19 Epidemic in the US Using a 5-Parameter Logistic Growth Model

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2 Using a 5-Parameter Logistic Growth Model

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24 **Abstract**

25 **Background:** Many studies have modeled and predicted the spread of COVID-19 (coronavirus
26 disease 2019) in the U.S. using data that begins with the first reported cases. However, the
27 shortage of testing services to detect infected persons makes this approach subject to error due to
28 its underdetection of early cases in the U.S. Our new approach overcomes this limitation and
29 provides data supporting the public policy decisions intended to combat the spread of COVID-19
30 epidemic.

31 **Methods:** We used Centers for Disease Control and Prevention data documenting the daily new
32 and cumulative cases of confirmed COVID-19 in the U.S. from January 22 to April 6, 2020, and
33 reconstructed the epidemic using a 5-parameter logistic growth model. We fitted our model to
34 data from a 2-week window (i.e., from March 21 to April 4, approximately one incubation
35 period) during which large-scale testing was being conducted. With parameters obtained from
36 this modeling, we reconstructed and predicted the growth of the epidemic and evaluated the
37 extent and potential effects of underdetection.

38 **Results:** The data fit the model satisfactorily. The estimated daily growth rate was 16.8% overall
39 with 95% CI: [15.95%, 17.76%], suggesting a doubling period of 4 days. Based on the modeling
40 result, the tipping point at which new cases will begin to decline will be on April 7th, 2020, with
41 a peak of 32,860 new cases on that day. By the end of the epidemic, at least 792,548 (95% CI:
42 [789,162, 795,934]) will be infected in the U.S. Based on our model, a total of 12,029 cases were
43 not detected between January 22 (when the first case was detected in the U.S.) and April 4.

44 **Conclusions:** Our findings demonstrate the utility of a 5-parameter logistic growth model with
45 reliable data that comes from a specified period during which governmental interventions were

46 appropriately implemented. Beyond informing public health decision-making, our model adds a
47 tool for more faithfully capturing the spread of the COVID-19 epidemic.

48 **Keywords:** COVID-19; epidemics; disease dynamics; population-based model; logistic growth
49 model; prediction; reconstruction; under-detection; tipping point; USA

50 **List of Abbreviations:** CDC (Centers for Disease Control and Prevention); CI (confidence
51 interval); COVID-19 (coronavirus disease 2019); SE (standard error)

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Introduction

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Coronavirus disease 2019 (COVID-19) is an infection caused by a novel pathogen named SARS-Cov-2. Spreading worldwide in less than five months, the COVID-19 pandemic is a typical example of a global health issue.¹ In the months since the first COVID-19 case was reported in the United States on January 22, 2020, many studies have employed different models to reconstruct the epidemic (i.e., the spread of COVID-19 within the United States only) and forecast its future trends, from simple growth models to classic susceptible-infected-recovered models.² Yet due to the scarcity of available information about the early period of the COVID-19 epidemic, researchers lack sufficient data to construct complex and classic epidemiological models. In this context, the population-based ecological growth model is the preferable option for predicting the epidemic's future trajectory.

Researchers have developed various population-based models for modeling population dynamics and disease epidemics. One such model is the 1-parameter exponential growth model. In this model, population growth has no upper limit and is determined by one parameter of growth rate. To account for the upper limit of population growth, the 2-parameter logistic growth model was developed. In this model, the population growth rate is exponential in the beginning, but this growth rate gets smaller and smaller as population size approaches a maximum carrying capacity as detailed described in Richards³, McIntosh⁴, Renshaw⁵, Kingsland⁶, and Vandermeer.⁷

To account for additional key characteristics of population growth, the 2-parameter logistic growth model has since been extended to 3-parameter, 4-parameter, and 5-parameter logistic growth models. These models have been widely used in other fields of research, including demography and analytical chemistry.^{8,9} Despite the many analytical advantages of these models, to our knowledge, no study has employed this 5-parameter logistic growth model

76 to examine the COVID-19 epidemic in the United States or in other countries. Thus, one purpose
77 of this study is to assess the utility of the 5-parameter growth model in studying the dynamics of
78 the spread of COVID-19.

79 Unlike typical population growth models (in which the initial population is a known
80 quantity), only a small number of COVID-19 cases were detected during the early phase of the
81 epidemic in the United States. In all contexts, more extensive testing services detect more cases;
82 when the initial time of an epidemic's outbreak is known, extensive testing can yield data that
83 more accurately reflects the true growth of the epidemic. Data indicate that the incubation period
84 of COVID-19 is about 14 days¹⁰, and COVID-19 testing services in the U.S. became available in
85 mid-March and were sustained thereafter following CDC guidelines. Therefore, the 14-day
86 interval following the widespread implementation of testing should demonstrate the highest level
87 of detection rates unaffected by the removal of infected individuals from the growth curve,
88 presenting ideal data for model building. In principle, a model built with this data would more
89 accurately capture and predict the growth of COVID-19 than models constructed from infection
90 data ranging from the first detected case to the present.

91 **Methods**

92 **Data**

93 Data for this study were the daily cumulative cases of COVID-19 in the U.S. from
94 January 22 to April 6, 2020. This real-time data were compiled by the Centers for Disease
95 Control and Prevention (CDC) and made available on their website at the time we conducted our
96 study.¹¹

97 **Models**

98 We modeled the data using the 5-parameter logistic growth model as below:

99
$$C(t) = C_{min} + \frac{C_{max} - C_{min}}{[1 + e^{-r(t-t_{mid})}]^\alpha} \quad (1)$$

100 where

- 101 1) $C(t)$ is the number of cumulative cases of COVID-19 over time, t ($t = 1/22/2020,$
 102 $1/23/2020, \dots, 4/6/2020$);
- 103 2) C_{min} is the minimum number of cases at the beginning of the epidemic on January 22,
 104 2020, when the first case was reported in the U.S.;
- 105 3) C_{max} is the maximum number of people infected by the time the epidemic ends (i.e. the
 106 model-predicted total number of Americans who will be infected with COVID-19);
- 107 4) r is the daily exponential growth rate;
- 108 5) t_{mid} is the estimated tipping point when the number of new daily cases begins to level off
 109 and then to decrease; and
- 110 6) α is an asymmetric parameter quantifying the skewness of the distribution of daily new
 111 cases. $\alpha = 1$ indicates a symmetric distribution centered at t_{mid} ; $\alpha > 1$ indicates faster
 112 increases in new cases before t_{mid} and slower after t_{mid} ; and the reverse if $\alpha < 1$.

113 With Model 1 defined above, daily new cases $D(t)$ can be obtained by taking the first derivative
 114 of the model:

115
$$D(t) = C'(t) = \frac{\alpha r (C_{max} - C_{min})}{[1 + e^{-r(t-t_{mid})}]^{\alpha+1}} \times e^{-r(t-t_{mid})} + \epsilon(t), \quad (2)$$

116 where the error term $\epsilon(t)$ is assumed to be normally distributed with mean 0 and standard
 117 deviation of σ .

118 **Implementation of Modeling Analysis**

119 We conducted our data analysis using the software R. A 5-parameter logistic growth
 120 model was fitted to the data for new daily infections from March 21, 2020 to April 4, 2020, as

121 shown in Model 2. Using the R function “optim,” we implemented modeling analysis using a
 122 nonlinear optimization algorithm to minimize the sum of squared errors between the observed
 123 and model-estimated data. The optimization process yielded estimates for the five parameters
 124 C_{min} , C_{max} , t_{mid} , r , and α with a significance level set at $p < 0.05$ (two-sided).

125 With these five estimated model parameters, we estimated model-based cumulative cases
 126 (using Model 1) and new cases (using Model 2) for each day from March 21 to April 4 and made
 127 predictions about cumulative and new daily cases after April 4. We calculated the underdetection
 128 of cases in this 2-week window by measuring the differences between the reported number and
 129 the model-predicted number of cases.

130 Results

131 Model 2 fitted the observed cumulative daily cases from March 21 to April 4
 132 satisfactorily and the model fit converged nicely. Table 1 summarizes the estimated parameters,
 133 their standard error (SE), and their 95% confidence intervals (CI). Except for C_{min} , all model
 134 parameters were statistically significant at $p < 0.001$ level. The lack of significance for
 135 C_{min} appears to be reasonable given the small scale of this number relative to the other
 136 parameters and the practical difficulties of determining the number of actual cases at the
 137 beginning of the epidemic when the first few COVID-19 cases were detected and reported.

138

139 **Table 1.** Summary of parameter estimation

Parameter	Estimate	SE	p-value	Lower 95% CI	Upper 95% CI
C_{min}	29.999	2059.86	0.988	-4007.33	4067.32
C_{max}	792,548	1727.56	< 0.0001	789,162	795,934

t_{mid}	76.9	0.456	< 0.0001	75.952	77.739
r	0.16854	0.00463	< 0.0001	0.15947	0.17761
α	0.95364	0.06194	< 0.0001	0.83224	1.07504

140 Note: Parameters were estimated based on daily cases of COVID-19 in the U.S. between March
141 21, 2020 and April 4, 2020.
142

143 Based on our model estimates, at least 792,548 (95% CI: [789,162, 795,934]) Americans
144 will have been infected with COVID-19 by the time the epidemic ends. This number is slightly
145 more than twice the number of infections that had occurred in the U.S. by April 6. For reasons
146 we discuss later, this estimate may be conservative, as the total number of reported cases
147 exceeded 800,000 on April 21, as we completed our revisions of this paper.

148 Our estimated tipping point for new daily cases was on about April 7, 77 days (95% CI:
149 [76, 78]) from the beginning of the epidemic on January 22. In other words, our model predicted
150 that the epidemic curve in the U.S. would begin to flatten around April 6-8, 2020. This
151 estimation corroborates recent reporting that new daily cases in the U.S. have remained
152 somewhat constant beginning in early April.¹² This tipping point suggests that it will take three
153 to four more COVID-19 incubation periods (i.e., 6 to 8 weeks) for the U.S. to bring the epidemic
154 under control, given our documentation and analysis of this process in China.^{10,13}

155 The estimated exponential daily growth rate of COVID-19 in the U.S. population is
156 16.9% (95% CI: [15.9%, 17.8%]), nearly the rate observed in China (17.12%).¹⁰ This U.S. rate
157 suggests that the number of total COVID-19 cases in the U.S. will double every four days if no
158 anti-epidemic actions are in place. The estimated asymmetric parameter α was 0.954 (95% CI:
159 [0.832, 1.075]), which is not statistically different than $\alpha = 1.0$. This result indicates that changes
160 in COVID-19 cases before and after the predicted tipping point of April 7 will follow a similar
161 pattern.

162 For further illustration, Table 2 summarizes three sets of information ordered by days
 163 from the beginning of the epidemic: the data used for the model fitting section, a smaller
 164 reconstruction section, and a prediction section. Our fitted model detected substantial
 165 underdetected COVID-19 cases. By April 7, when this study was completed, the CDC reported a
 166 total of 395,011 detected cases; with our model, we predicted that CDC data for reported cases in
 167 fact underreported about 19,291 cases up to April 9.

168 Using a 2-week interval (i.e., March 21 to April 4) of data, our model’s prediction of the
 169 number of new daily cases from April 5 to April 11 matched quite well with the observed data.
 170 For example, the model-predicted number on April 9 was 31,705, very close to the observed
 171 number of 31,582.

172 These results should be interpreted with caution. The estimated sum square of error $\hat{\sigma} =$
 173 2638.434 is quite large, meaning that although our model fitted the 2-week interval of data very
 174 well, a large amount of variation in the data is not explained by this model.

175
 176 **Table 2.** Illustration of data usage with reported, predicted, and underreported counts
 177

Data Usage	Days	Date	Reported Cases		Predicted		Under-reported
			Total	Daily	Daily	Total	
Reconstruction	54	3/15/2020	3487	1253	3108	19781	16294
	55	3/16/2020	4226	739	3623	23141	18915
	56	3/17/2020	7038	2812	4218	27054	20016
	57	3/18/2020	10442	3404	4902	31606	21164
	58	3/19/2020	15219	4777	5687	36892	21673
	59	3/20/2020	18747	3528	6584	43019	24272
Fitting	60	3/21/2020	24583	5836	7603	50102	25519
	61	3/22/2020	33404	8821	8755	58269	24865
	62	3/23/2020	44183	10779	10047	67658	23475
	63	3/24/2020	54453	10270	11485	78411	23958
	64	3/25/2020	68440	13987	13070	90676	22236
	65	3/26/2020	85356	16916	14797	104598	19242
	66	3/27/2020	103321	17965	16656	120315	16994
	67	3/28/2020	122653	19332	18624	137947	15294
	68	3/29/2020	140904	18251	20670	157589	16685
	69	3/30/2020	163539	22635	22750	179298	15759
	70	3/31/2020	186101	22562	24810	203082	16981

	71	4/1/2020	213144	27043	26784	228889	15745
	72	4/2/2020	239279	26135	28600	256597	17318
	73	4/3/2020	277205	37926	30180	286010	8805
	74	4/4/2020	304826	27621	31453	316855	12029
Forecast	75	4/5/2020	330891	26065	32352	348791	17900
	76	4/6/2020	374329	43438	32830	381419	7090
	77	4/7/2020	395011	20682	32860	414302	19291
	78	4/8/2020	427460	32449	32436	446987	19527
	79	4/9/2020	459165	31705	31582	479030	19865
	80	4/10/2020	492416	33251	30340	510021	17605

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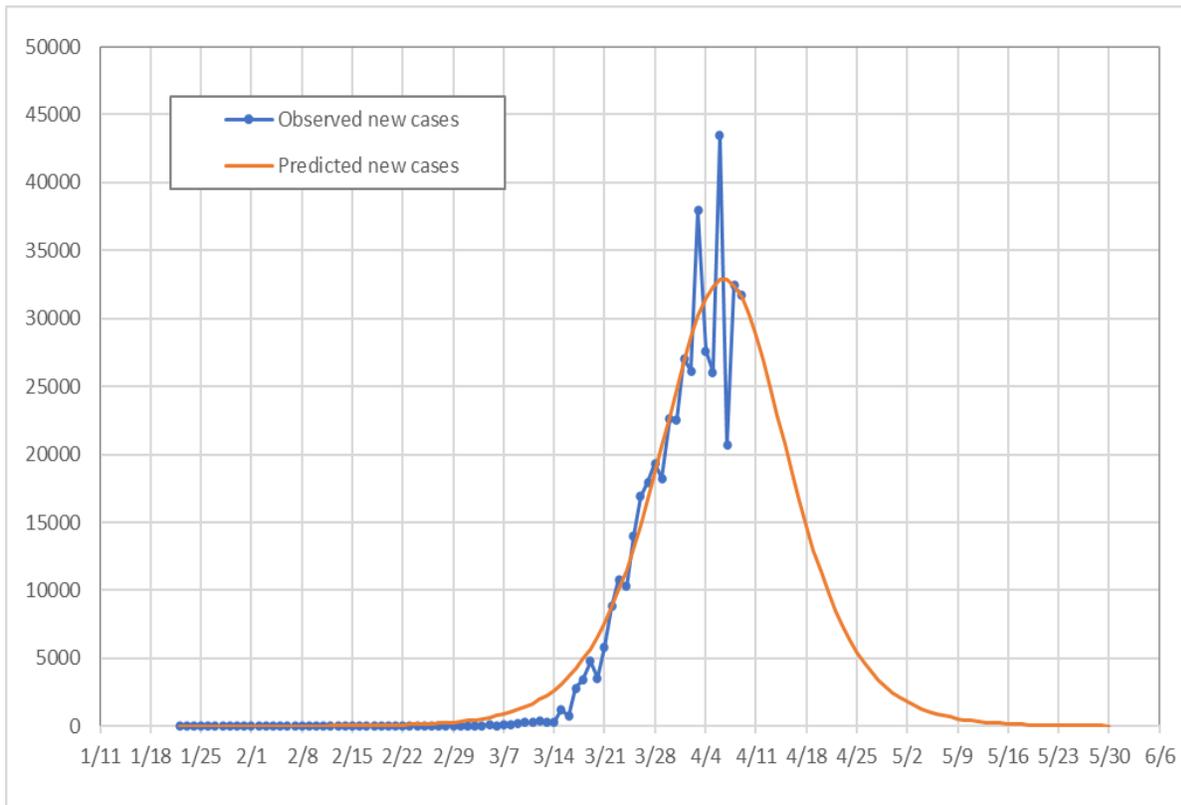
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Below we provide two figures comparing the observed and model-predicted dynamics of new daily cases (Figure 1) and of cumulative cases (Figure 2). Overall, the model we constructed from only two weeks of data very closely predicted the reported numbers of both new and cumulative cases. Correspondingly, our model predicts that the cumulative cases will continue to increase rapidly after the tipping point until early May, as illustrated in Figure 2.

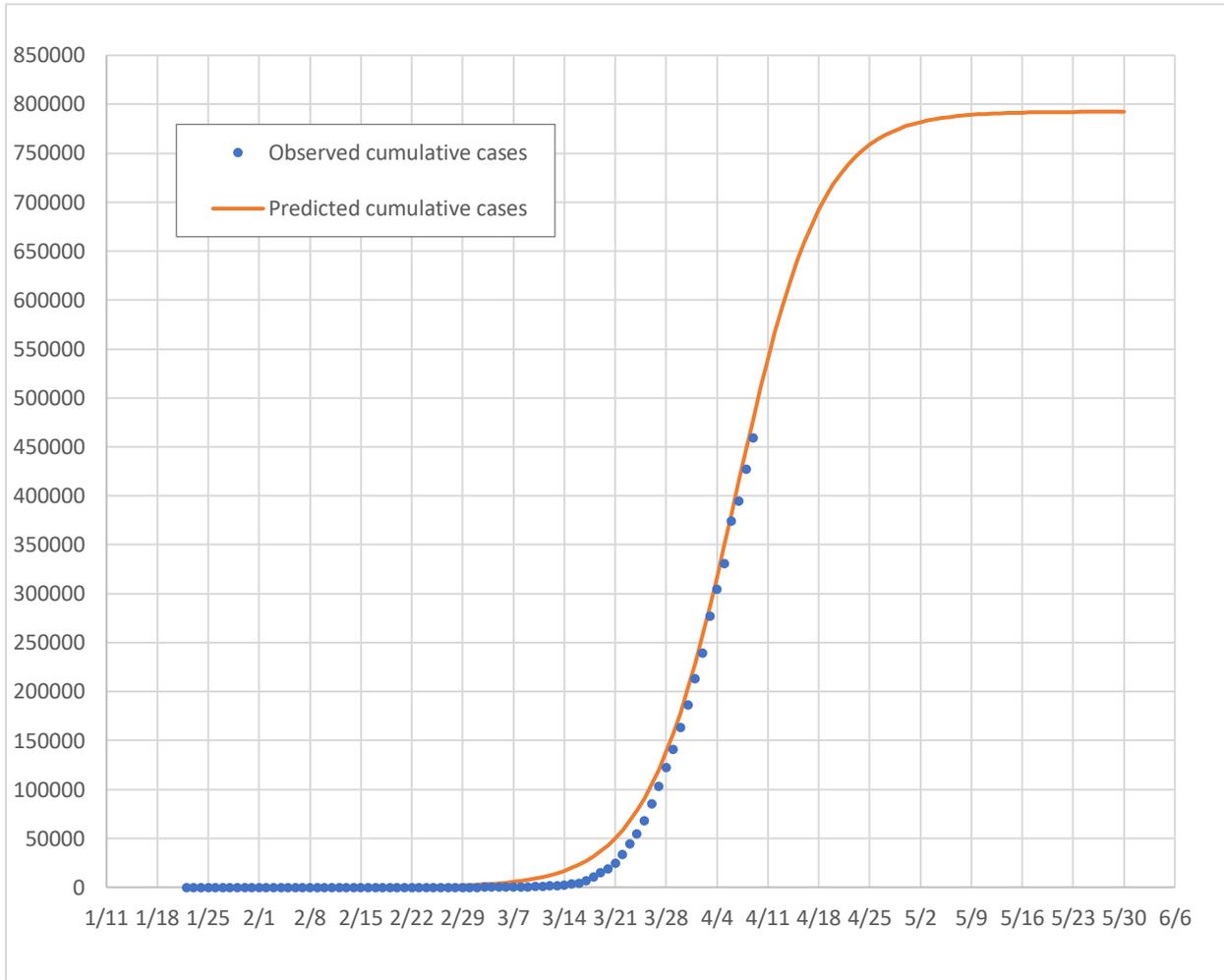


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Figure 1. Observed vs. model-estimated and forecasted daily new COVID-19 cases, January 22 - May 30, U.S.A.



188 **Figure 2.** Observed vs. model-estimated and forecasted daily cumulative COVID-19 cases,
189 January 22 - May 30, U.S.A.

190

191 **Discussion**

192 This study details our efforts to model, reconstruct, and forecast the COVID-19 epidemic
193 using a 5-parameter logistic growth model – a method widely used in demography, biology, and
194 other hard sciences. To our knowledge, we are the first to use this model to analyze the COVID-
195 19 epidemic in the U.S. We also developed and used our model through an innovative approach.
196 Namely, to fit the model we intentionally used data from a 2-week period when new cases could
197 be more completely detected, and we then used this fitted model to reconstruct the growth of

198 cases before and after the 2-week period as well as to forecast the future development of the
199 epidemic beyond the study period.

200 Based on findings from our modeling analysis, there is not a high likelihood that the
201 number of daily new cases will increase continuously after the tipping point (i.e., April 7, 2020).
202 However, our model’s estimation that at least 800,000 Americans will be infected over the
203 course of the epidemic may be conservative, given that the total number of reported cases
204 exceeded 800,000 on April 21, as we completed our revisions of this paper, while the new cases
205 fluctuated between 26,000 and 35,000 per day due to the increased appearance of cases in other
206 cities and states outside of New York.

207 This conservative estimation is potentially attributable to three factors. First, the
208 exponential growth of our logistic model is very sensitive to differences in growth rate, and a
209 small difference in the number of early cases can lead to a sizeable difference in predictions of
210 subsequent cases. Second, although we strategically selected a 2-week interval of data that we
211 believed would yield the best model for predicting the epidemic’s growth, this data likely still
212 underreported the actual number of COVID-19 infections, making our estimated growth rate
213 smaller than the true growth rate. For example, the estimated exponential growth rate of COVID-
214 19 is 17.12% for China¹⁰, higher than 16.85%, the rate we estimated for the U.S. A small
215 difference in the exponential growth rate can result in substantial differences in the maximum
216 number of infections. And third, the data used for this analysis is from March 21 to April 4,
217 2020, where most of the reported cases are from the states of New York and New Jersey. The
218 reported cases from these two states are flattened from reported CDC. Still, more cases are
219 reported from other states, especially from the states of Michigan, Florida, Louisiana, which
220 would add to the cases from New York and New Jersey to exceed the 800,000 predicted.

221 The accuracy of our model is also contingent on the federal- and state-level policy
222 decisions that emerge in coming months. Although many states have implemented strict shelter-
223 in-place policies to slow down the epidemic’s spread, several states still have no such policies in
224 place. In the absence of further policy action, we expect that more cases will be reported which
225 may greatly surpass the estimated 800,000, and that the actual infection tipping point may occur
226 later in April. Indeed, significant variations still persist in the estimated total infections in the
227 U.S. even in light of available data: Ferguson et al.¹⁴ predicted 2.2 million cases whereas the
228 CDC’s worst-case scenario model predicted a shocking 214 million cases.¹⁵ At this moment, it
229 remains unclear which estimates are more reliable. The accuracy of our estimation will be tested
230 in light of emerging data on the progression of the epidemic in the United States.

231 The daily exponential growth rate of COVID-19 is 16.85% for the U.S. population,
232 nearly the rate observed in China (17.12%).¹⁰ Daily exponential growth rates can be obtained
233 with limited data in the early period of an epidemic, and they provide a dynamic measure of
234 instantaneous change, making doubling times calculated based on growth rate highly useful for
235 directing and evaluating anti-epidemic measures. The U.S.’s daily exponential growth rate
236 suggests that the number of COVID-19 infections will double every four days. For example, if
237 the total cases are 500,000 today, there will be 1,000,000 in four days (with 40,000 anticipated
238 deaths) if no timely anti-epidemic measures are implemented. No one – including policymakers,
239 medical and health professionals, and the general public – should ignore this evidence of the
240 pressing need to control the pandemic.

241 **Conclusion**

242 Understanding and curbing the COVID-19 epidemic in the U.S. is an essential part of
243 fighting the pandemic globally.¹ This study provides data important for informing public health

244 decision-making designed to end the epidemic in the U.S. Our study also demonstrates the utility
245 and efficiency of the 5-parameter logistic growth model for examining the dynamics of an
246 epidemic in its early period when little data is available. Additionally, our selection of the 5-
247 parameter logistic exponential growth model was based on intensive testing of other models,
248 including 2-parameter, 3-parameter, and 4-parameter models. Of all models tested, the 5-
249 parameter produced the most accurate results and generated key information, including the
250 exponential growth rate, the doubling time for the epidemic, and the tipping point when daily
251 new cases will level off.

252 Our study’s findings should be considered in light of their limitations. First, our strategic
253 selection of data from a specific timeframe is more subjective than objective, and not applicable
254 in all contexts. Researchers applying this method in different countries/regions with different
255 anti-epidemic strategies implemented in different ways should make their own determinations
256 regarding the optimal timeframe to select for their modeling. We selected the 2-week interval
257 from March 21 to April 4 because this interval spans approximately one COVID-19 incubation
258 period and because the U.S. government began implementing widespread testing services by the
259 beginning of this period, meaning that data from this interval potentially captured a more
260 representative set of new cases. Interested readers can conduct their own analyses using this
261 model while expanding on this time window to further assess the utility of this method. So far,
262 the model’s short-term predicted daily cases are quite close to the observed daily cases, as shown
263 by Table 2. However, our model’s long-term predictions of future new daily cases may not be
264 accurate (which is true of any model-based long-term prediction), so these long-term predictions
265 should be considered with caution.

289 The dataset supporting the conclusions of this article is available from the Centers for Disease
290 Control website,
291 <https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html>.

292 **Competing interests**

293 The authors declare no competing interests associated with this study.

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296 **Authors' contributions**

297 All three authors participated in data validation, data analysis, and manuscript preparation.

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Figures

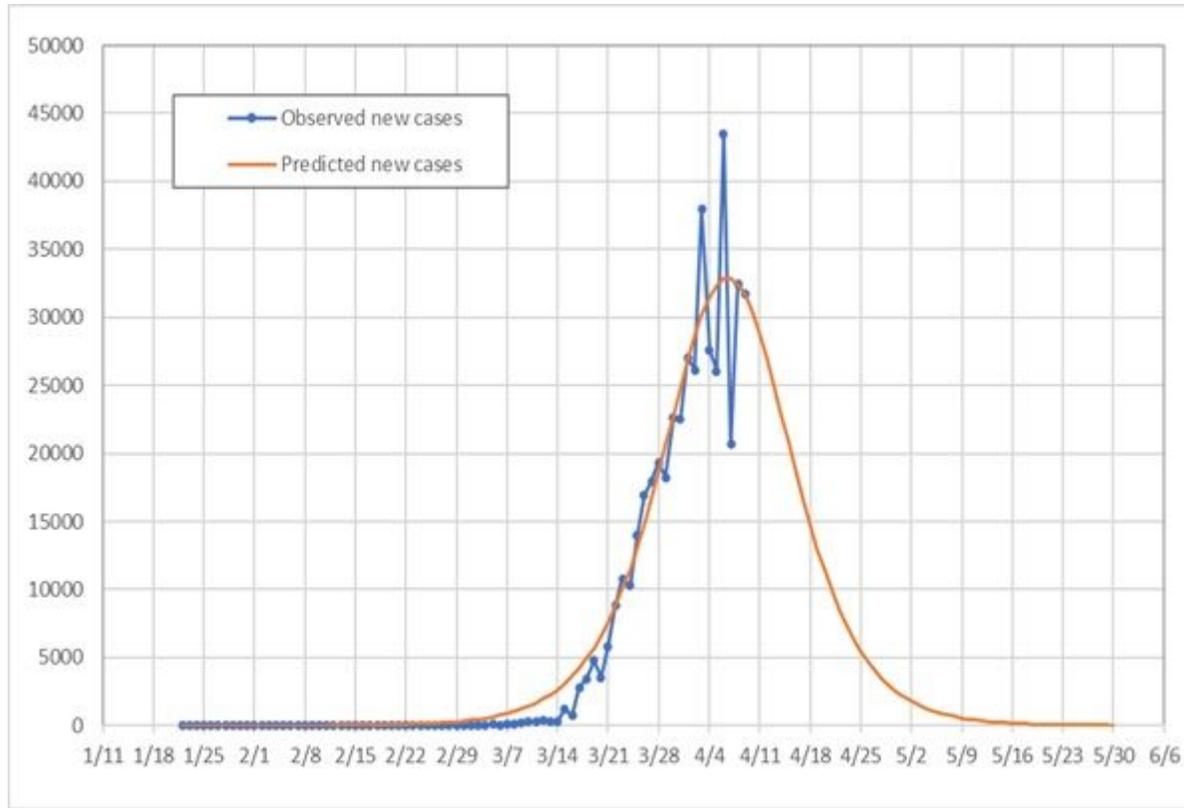


Figure 1

Observed vs. model-estimated and forecasted daily new COVID-19 cases, January 22 - May 30, U.S.A.

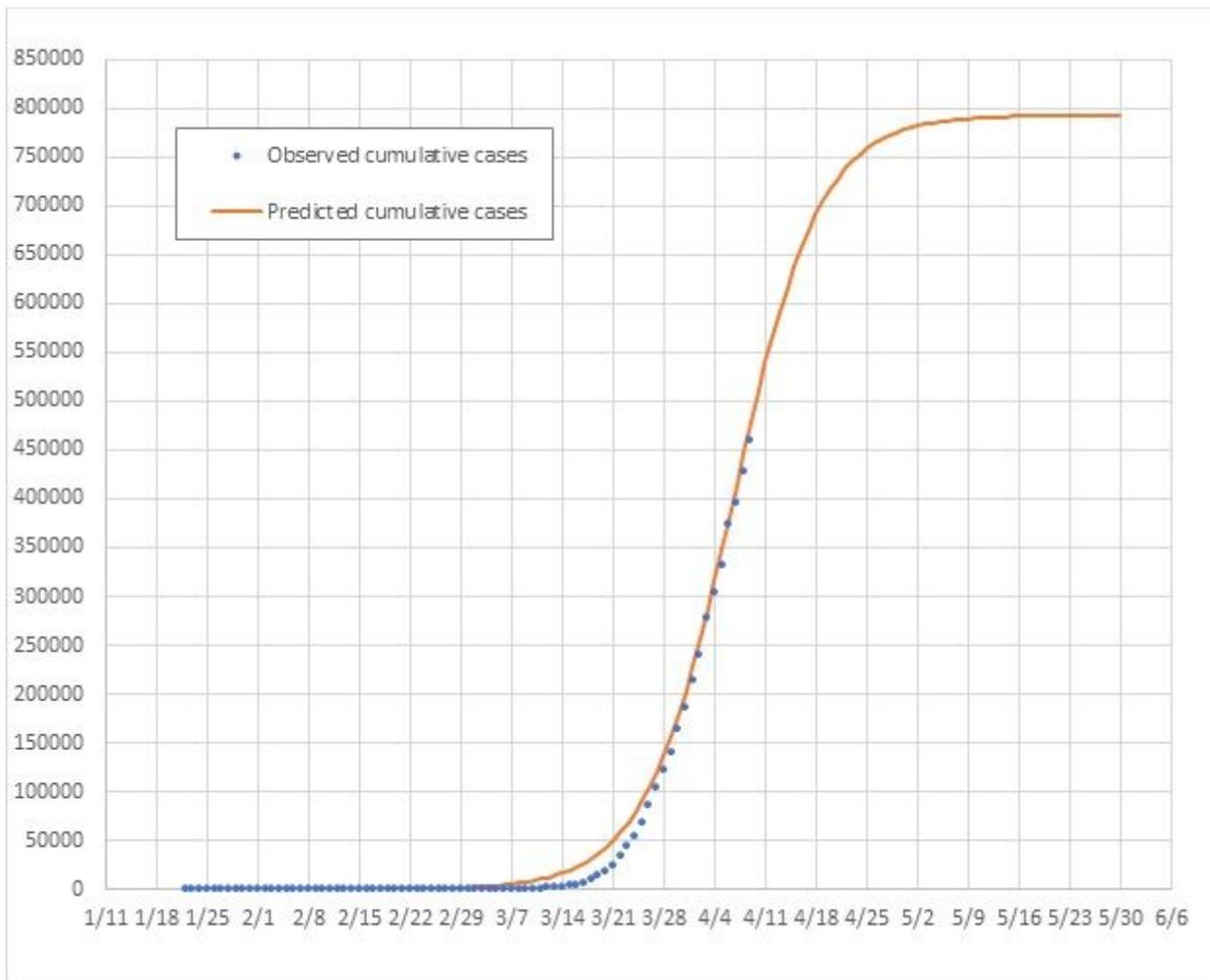


Figure 2

Observed vs. model-estimated and forecasted daily cumulative COVID-19 cases, January 22 - May 30, U.S.A.