

# Is Lutikizumab, an Anti-Interleukin-1 $\alpha$ /β Dual Variable Domain Immunoglobulin, efficacious for Osteoarthritis? Results from a bayesian network meta-analysis

Ziqin Cao

Second Xiangya Hospital

Xutao Hu

Second Xiangya Hospital

Jian Zhou

Second Xiangya Hospital

Tong Wu

Second Xiangya Hospital

Dilihumae Aili

Second Xiangya Hospital

Zeling Long

Mayo Clinic Rochester

Yihan Li

University of California Davis

Jingjing Sun

Second Xiangya Hospital

Wanchun Wang

Second Xiangya Hospital

Ren Wu (✉ [wurenraul@hotmail.com](mailto:wurenraul@hotmail.com))

Second Xiangya Hospital

---

## Research article

### Keywords:

**Posted Date:** April 30th, 2020

**DOI:** <https://doi.org/10.21203/rs.3.rs-23372/v1>

**License:**  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

---

**Version of Record:** A version of this preprint was published at BioMed Research International on November 4th, 2020. See the published version at <https://doi.org/10.1155/2020/9013283>.

# **Abstract**

## **OBJECTIVE**

Osteoarthritis (OA) is the most common form of joint disease which usually affects load-bearing joints such as hip and knee joints. Most guidelines recommend the use non-steroidal anti-inflammatory drugs (NSAIDs), duloxetine and tramadol for the non-operative treatment of OA, the use of them is limited by the tolerability and safety concerns. Lutikizumab is a novel anti-IL-1 $\alpha$ / $\beta$  dual variable domain immunoglobulin that can simultaneously binds and inhibits IL-1 $\alpha$  and IL-1 $\beta$  to relieve the pain and dysfunction symptoms. We conducted this network meta-analysis to comprehensively compare the clinical efficacy and safety of lutikizumab with other drugs recommended by guidelines.

## **DESIGN**

Systematic review and Bayesian network meta-analysis.

## **DATA SOURCES**

All eligible studies in PubMed, CKNI, EMBASE and Web of Science databases, from January 2000 to January 2020.

## **METHODS**

Bayesian network and conventional meta-analyses were conducted. Pain relief, function improvement and risk of adverse effects (AEs) were assessed.

## **RESULTS**

24 articles with 11858 patients were included. Lutikizumab showed no benefit compared with placebo for both pain relief (SMD 1.11, 95% CI [-2.29 to 4.52]) and function improvement (SMD 0.992, 95% CI [-0.433 to 4.25]). Lutikizumab and all other drugs are of favorable tolerance for patients in treatment of OA compared with placebo.

## **CONCLUSIONS**

The results show that lutikizumab, the new anti-Interleukin-1 $\alpha$ / $\beta$  dual variable domain immunoglobulin, did not improve pain or function in the comparison with placebo. Selective cox-2 inhibitors remain the most effective and safest treatment for osteoarthritis. More high-quality trials are still needed to reconfirm the findings of this study.

# **Introduction**

Osteoarthritis (OA) is the most common form of joint disease which usually affects load-bearing joints such as hip and knee joints (1). OA could lead to local pain, stiffness in early stages, and could cause to

dysfunction even disability of limbs in the late stages. Approximately 302 million people suffer from Osteoarthritis in the worldwide every year (2). The OA-related pain and dysfunction symptoms increase the mortality risk (3) as well as the societal economic burden (4). To address the health issue, most guidelines recommend the use non-steroidal anti-inflammatory drugs (NSAIDs), duloxetine and tramadol for the non-operative treatment of OA (2). However, the use of aforementioned drugs is limited by the tolerability and safety concerns (5).

Previous literature has confirmed that the proinflammatory cytokines, interleukin-1 $\alpha$  and 1 $\beta$  (IL-1 $\alpha/\beta$ ), are pain mediators and play an important role in the pathogenesis of OA (6, 7). The unactivated IL-1 $\alpha$  is stored in the cell or on the membrane. Upon cell damage and IL-1 $\alpha$  would be activated and released, and then induce IL-1 $\beta$  activation and promote the production of other important cytokines important for the pathogenesis of OA (8, 9). IL-1 $\alpha$  and IL-1 $\beta$  both bind to the IL-1 receptor 1 (IL-1R1), causing joint pain, inflammation, cartilage destruction and bone resorption (10–13). In addition, the researchers also found that the concentration of IL-1 in the serum and joint fluid of patients with osteoarthritis would be elevated (14, 15). Subsequently, numerous IL-1R antagonists and IL-1R1 antibodies have been developed. However, their clinical trials in patients with OA did not report the desired results (16, 17). Lutikizumab is a new anti-IL-1 $\alpha/\beta$  dual variable domain immunoglobulin that can simultaneously binds and inhibits IL-1 $\alpha$  and IL-1 $\beta$  without interfering with other IL-1 family members such as IL-1Ra (18). Multiple animal experiments and clinical trials already have showed the potential of lutikizumab in treatment of OA (19–21).

To comprehensively assessing the clinical efficacy, including pain reduction and physical function improvement, and the safety of lutikizumab for treatment of OA, we designed and conducted a bayesian network meta-analysis. 10 drugs were included into our network meta-analysis. Based on these drugs' activity mechanism, we divided them into 5 groups: anti-Interleukin-1 $\alpha/\beta$  dual variable domain immunoglobulins (Lutikizumab), selective cox-2 inhibitors (celecoxib, etoricoxib), duloxetine, opioid (tramadol) and traditional NSAIDs (Ibuprofen, naproxen, diclofenac, paracetamol/acetaminophen).

## Method

### Literature search

We conducted a systematic search of the PubMed, CKNI, EMBASE and Web of Science databases, from January 2000 to January 2020, with the search terms consisted of ('Lutikizumab' OR 'anti-Interleukin-1 $\alpha/\beta$  dual variable domain immunoglobulin' OR 'anti-Interleukin-1 $\alpha/\beta$ ') OR ('selective cox-2 inhibitor' OR 'cox-2 inhibitor' OR 'etoricoxib' OR 'celecoxib') OR ('NSAIDs' OR 'non-steroidal anti-inflammatory drugs' OR 'acetaminophen' OR 'diclofenac' OR 'naproxen' OR 'paracetamol' OR 'ibuprofen') OR ('duloxetine') OR ('opioids' OR 'Tramadol') AND ('osteoarthritis' OR 'degenerative joint disease' OR 'OA').

Reference lists of relevant systematic reviews and meta-analyses were also reviewed to identify additionally eligible studies. Only randomized clinical trials (RCTs) were included, but no restriction was placed on the language of publication.

## **Eligibility criteria**

The inclusion criteria were as follows: (1) Only randomized clinical trials (RCTs); (2) Studies comparing the target drugs with each other or placebo in participants with OA at any joint. The exclusion criteria were as follows: (1) Dose-escalation studies of only one drug; (2) Studies on postoperative patients with OA; (3) Reviews, systematic reviews and meta-analyses, case report, conference abstractions, letters, pharmacokinetic or pharmacodynamical studies, and animal experimental studies.

## **Quality assessment**

Two author conducted the methodological quality and bias assessment of included studies with the Cochrane risk of the bias assessment tool strictly. The following indexes were evaluated and ranked as low risk of bias, unclear risk of bias, or high risk of bias: Sequence generation, allocation concealment, blinding, incomplete outcome data, selection outcome reporting and other sources of bias (22). All disputes were resolved through discussion.

## **Data extraction**

Author, publication year, number of patients, mean age, gender ratio (male/female), diseased joint, funded or not, intervention methods, follow-up period, and outcome data were extracted from included studies. We would give priority to select the data from the intention-to-treat analysis to reduce the withdrawal bias if available.

## **Outcome measures**

The primary efficacy endpoint was pain relief, and the secondary efficacy outcome was function improvement. Considering the differences between the baseline value of each included study, which may lower the reliability of the results and conclusions, the change-from-baseline score at the last follow-up (mean  $\pm$  SD) was used to evaluate the efficacy to minimize the biases caused by heterogeneity of baseline values. No restriction was placed on the types of questionnaire used in pain evaluation. The function subscales of Western Ontario and McMaster Universities Arthritis Index (WOMAC) were used to evaluate the function improvements preferentially. Any other functional measurement scales, such as Lequesne index, would be used if no WOMAC function score was reported. For studies involving multiple treatment groups with different doses of the same drug, we selected the most effective dose group based on respective study's recommendations (23). Standardized mean difference (SMD) was used because results from different scales were included into the same network.

The safety outcomes included the withdrawal due to adverse effects (AEs), serious AEs and any drug-related AEs. Serious AEs included any AEs that resulted in death, was life-threatening, needed for hospitalization or prolonged the existing hospitalization, caused disability/incapacity, or caused anomaly/birth defect. The odds ratio [OR] with 95% confidence intervals (CI) was used to measure the safety of target drugs versus placebo or against each other.

## **Statistical analysis**

Conventional direct meta-analyses comparing the efficacy and safety of treatments with placebo were conducted in Stata/MP (version 14.0, Stata Corp, College Station, Texas, USA). The heterogeneity across studies was tested by the Q and I<sup>2</sup> statistic, in which P<0.05 or I<sup>2</sup>>50% implies significantly heterogeneity. If significant heterogeneity across studies was found, a random-effects model would be used. Otherwise, a fixed-effects model would be preferred.

Bayesian network meta-analyses were conducted in Aggregate Data Drug Information System (ADDIS, version 1.16.8). This method can augment the number of studies within each comparison and narrow the CIs' width, and then increase the reliability of result and conclusion (24-27). Non-informative uniform and normal prior distributions was used in this study, then four different sets of starting values were set to fit the model to yield 40000 iterations (10000 per chain) and obtain the posterior distributions of model parameters (28, 29). The thinning interval was set at 20 and the burn-ins at 1000 for each chain. Convergence of iterations was assessed using the Gelman-Rubin-Brooks statistic. Consistency of the network meta-analysis was reconfirmed via global inconsistency tests and node-split tests in Stata/MP (version 14.0). SMDs and ORs with 95% CI would be generated from the posterior distribution medians. Significant differences were considered between treatments being compared when the corresponding 95% CI did not contain 0 for the SMD or 1 for OR. Surface under the cumulative ranking (SUCRA) and the cluster-ranking plots was used to rank the efficacy and safety of different treatments.

The following subgroup analyses would be performed if available: according to the drug delivery route (topical, oral or injective) and according to the diseased joint (hip, knee, hand or ankle).

## **Results**

### **Study selection**

This network meta-analysis was conducted strictly with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (30).

24 eligible studies, including 26 trials, were finally identified (31-54). The details of the selection process is shown in Supplementary appendix Figure 1. Six treatment arms (anti-Interleukin-1 $\alpha$ / $\beta$  dual variable domain immunoglobulins (ALI), selective cox-2 inhibitors (SCI), NSADIs (NSA), duloxetine (DUL), opioids (OPI) and placebo (PLA)) were included into the network (Figure 1).

### **Study characteristics**

11858 patients were assessed in this study. Most of included 26 trials studied on knee or hip OA, only two trials with 541 patients studied on hand OA.

Across the trials, the mean age of the patients was 62.35 years (ranged from 58.15 to 60.00 years), the proportion of male patients was 30.22% (ranged from 15.31% to 54.03%), and the median follow-up was

84 days (IQR 42–89.25 days). The number of patients enrolled for each treatment were 326 (ALI), 2518 (SCI), 3985 (NSA), 621 (DUL), 1405 (OPI) and 3033 (Placebo) respectively.

The details of baseline characteristics are presented in Supplementary appendix Table 1. The methodological quality and bias-risk evaluations of all included studies are presented in Supplementary appendix Table 2. Based on this results, the main contributing factors to risks of bias were performance bias, selection bias, and attrition bias.

### **Primary efficacy endpoint**

#### **Conventional direct meta-analysis**

22 trials comparing 5 drugs with placebo were analyzed. The random-effects model was used because of the heterogeneity of the included studies and interventions.

No significant difference was found in the comparison of placebo, with ALI (SMD 1.118, 95% CI [-0.374 to 2.610]) and OPI (SMD 1.914, 95% CI [-2.833 to 6.660]). The efficacies of other treatments were all stronger to placebo for pain relief. DUL had the largest efficacy for pain relief (SMD 4.764, 95% CI [3.895 to 5.632]). The details of the direct meta-analyses for all treatments compared with placebo are presented in Table 1.

#### **Network meta-analysis**

26 trials were analyzed in pain-relief network. No significant inconsistency was reported in global inconsistency tests and node-split tests, and then the consistency model was used.

DUL was the most efficacious treatment for pain relief (SMD compared with placebo 4.76, 95% CI [2.35 to 7.17]), while both ADL (SMD 1.11, 95% CI [-2.29 to 4.52]) and OPI (SMD 1.65, 95% CI [-1.53 to 4.83]) showed no benefit compared with placebo (Figure 2 and Table 2). According to the SUCRA value, DUL had the largest effect for pain relief (SUCRA=88.7%), followed by SCI (SUCRA=88.4%), and lastly ALI (SUCRA=28.6%). The detailed results of the SUCRA rank are presented in Supplementary appendix Table 3.

### **Secondary efficacy endpoint**

#### **Conventional direct meta-analysis**

Except for ALI (SMD 0.99, 95% CI [-2.27 to 2.417]) and OPI (SMD 1.700, 95% CI [-2.920 to 6.320]), all of other treatments were superior to placebo. SCI had the highest efficacy for physical function improvement (SMD 4.498, 95% CI [2.402 to 6.594]). The details of the direct meta-analyses for all treatments compared with placebo are presented in Table 1.

#### **Network meta-analysis**

A total of 26 trials were included into the function-improvement network. No significant inconsistency was found, the consistency model was more statistically suitable than the inconsistency model.

Similar to the results of direct meta-analysis, non significant difference was found in the comparison of placebo with ALI (SMD 0.992, 95% CI [-0.433 to 4.25]) and OPI (SMD 1.12, 95% CI [-1.92 to 4.17]), and SCI was the most efficacious treatment for physical function improvement (SMD 3.94, 95% CI [2.48 to 5.40]) (Figure 2 and Table 2). The result of most SURCA ranking showed that the most efficacious treatment was SCI (SUCRA=88.4%), and the least effective one was ALI (SUCRA=29.6%) (Supplementary appendix Table 3).

## Safety endpoint

### Conventional direct meta-analysis

20 trials involving all 5 therapies were analyzed in the conventional direct meta-analyses. There was no significant heterogeneity reported, and fixed-effects model was used. DUL, NSA and OPI had greater rates for all of safety endpoints compared with placebo, while ALI and SCI did not show a significantly higher risk for any safety endpoint. The details of the pairwise meta-analysis for all drugs compared with placebo are shown in Table 1.

### Network meta-analysis

24 trials involving all 5 treatments were analyzed in the safety network. Node-split tests and global inconsistency tests were performed, and no inconsistency was reported. The consistency model was preferred rather than the inconsistency model.

All treatments had neither more withdrawals due to AE, nor higher incidence of serious AEs, nor any drug-related AEs. Based on the results of network comparison, SCI has the lowest rate of withdrawal due to AEs (SURCA 92.6%, OR -0.11, 95% CI [-0.40 to 0.17]), the lowest rate of serious AEs (SURCA 80.2%, OR -0.01, 95% CI [-0.70 to 0.68]) and the lowest rate of drug-related AEs (SURCA 75.5%, OR 0.07, 95% CI [-0.10 to 0.24]). The cluster rank plots showed that SCI was the optimum treatment from the perspective of safety and efficacy (The results of cluster-rank plots can be seen in Supplementary appendix Figure 2). The relative safety between different treatments was presented in Table 3. The SURCA and relative safety compare to placebo are presented in Supplementary appendix Table 4.

## Subgroup analysis

Two subgroup analyses were conducted.

The first subgroup analysis was conducted exploited the impacts of different drug delivery route. Three of the 26 trials used topical drug delivery methods. After excluding these studies, no substantial change was revealed samely. DUL had the largest efficacy for pain relief (SMD 4.76, 95% CI [2.33 to 7.19]), and SCI for

function improvement (SMD 4.19, 95% CI [2.70 to 5.68]). No treatment showed a higher risk of any safety endpoint (Supplementary appendix Table 5).

In the second one, there were only two trials studied on hand joint while others all studied on knee or hip joints. After excluding these studies, no substantial change was reported. Similarly, DUL had the highest effect for pain relief (SMD 4.76, 95% CI [2.32 to 7.20]), and SCI for function improvement (SMD 4.07, 95% CI [2.59 to 5.55]). No treatment showed a higher risk of any safety endpoint (Supplementary appendix Table 5).

## Discussion

This is the first network meta-analysis comparing the efficacy and safety of lutikizumab, the new anti-Interleukin-1 $\alpha$ / $\beta$  dual variable domain immunoglobulin, for treating OA with drugs recommended by guidelines (2). We included all available evidence from RCTs directly or indirectly comparing lutikizumab with traditional treatments for OA and used the bayesian method to increase the numer of the comparision in the study, which can enhance the power of this study. As mentioned above, considering the difference in the baseline values from different included study populations and its influence to the results, we chose the change-from-baseline score as the outcome measures, and only included the literature that reported the results of change-from-baseline score. Our main findings are: (1) ALI (lutikizumab) was not associated with pain relief or function improvement of OA compared with placebo; (2) DUL, SCI and NSA therapies all can improve every symptoms of OA effectively, and have an significant advantage over OPI and ALI; (3) SCI, ALI, DUL, NSA and OPI are of favorable tolerance for patients in long-term treatment of OA compared with placebo. These results indicated that lutikizumab is not suitable for the treatment of OA because it brings no improvement in joint pain and dysfunction, while selective cox-2 inhibitiors (such as celecoxib and etoricoxib) are the ideal choice for the treatment of OA from the perspective of safety and efficacy. Combining with the results from other chincal trials (55, 56), the inhibition of IL- $\alpha$ / $\beta$  does not seem to be a new way to treat osteoarthritis in the future.

There are still several limitations in this study. Considering of the unmanageable confounding factors in non-RCTs and their unpredictable influences on the result of network meta-analysis, only RCTs were included, While non-RCTs especially observational studies can examine the long-term effectiveness and safety of treatment for OA. Besides that, to enhance the the credibility of this meta-analysis, only high-quality studies were included. These may be contributed to the small number of included studies. Consequentially publication bias can be a significant problem for this study, especially the funnel plots showed a dubious asymmetry. We tried to adjust the publication bias by trimming and filling method. However, a previous study suggested that the result of trimming and filling method should be interpreted as a sensitivity analysis rather than a corrected estimate of publication bias (57). So the results of this study should be interpreted cautiously, particular for part of ALI in which the number of included study is smaller compared with other treatments. Although we have conducted two subgroup analyses to reduce the impact of potential confounding factors, there are still many other factors that could affect the reliability of the results, such as the differences of comorbidities, duration of osteoarthritis and grade of

osteoarthritis in study population. For a instance, comorbidities usually cause to worse symptom management and consequentially affect the results of analgesic effectiveness assessment. Paradoxically, researches on analgesics often excludes people with clinically significant comorbidities and do not systematically describe the distribution of comorbidities in the study population. Most of included studies, coincidentally, failed to report accurate grade or duration of osteoarthritis. We were unable to adjust for these factors because of the insufficiency of related data, and thus, those results should be interpreted with caution. More high-quality trials are needed.

## Conclusion

24 studies, involving 26 trials assessing 11858 patients were included in this network meta-analysis. The results show that lutikizumab, the new anti-Interleukin-1 $\alpha$ / $\beta$  dual variable domain immunoglobulin, did not improve pain or function in the comparison with placebo. Selective cox-2 inhibitors remain the most effective and safest treatment for osteoarthritis. More high-quality trials are needed to reconfirm the findings of this study.

## Declarations

**Author contributions:** Wanchun Wang and Ren Wu conceived the study, participated in its design and coordination, and critically revised the manuscript. Ziqin Cao, Xuantao Hu and Yihan Li had full access to all of the data collection, analysis and interpretation. Ziqin Cao drafted the manuscript. Jian Zhou and Jingjing Sun were study investigators and contributed to the process of data collection. Tong Wu, Diliuhumaer Ailiand Zeling Long contributed to the process of study selection. All authors read and approved the final manuscript.

**Acknowledgements:** The authors would like to thank Ms. Xintong Liu for English language support in preparing manuscript. This work was supported by the Mittal Innovation Project of Central South University (Grant No. GCX20190879Y) and The Fundamental Research Funds for the Central Universities of Central South University (Grant No. 2018zzts930). The study funders/sponsors had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

**Competing interests:** The authors declare that they do not have any competing interests.

## Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

**Funding:** This work was supported by the Mittal Innovation Project of Central South University (Grant No. GCX20190879Y), the Fundamental Research Funds for the Central Universities of Central South University (Grant No. 2018zzts930).

**Patient consent for publication:** Not applicable.

## References

1. Johannes CB, Le TK, Zhou X, Johnston JA, Dworkin RH. The prevalence of chronic pain in United States adults: results of an Internet-based survey. *J PAIN*. [Journal Article; Research Support, Non-U.S. Gov't]. 2010 2010-11-01;11(11):1230–9.
2. Kolasinski SL, Neogi T, Hochberg MC, Oatis C, Guyatt G, Block J, et al. 2019 American College of Rheumatology/Arthritis Foundation Guideline for the Management of Osteoarthritis of the Hand, Hip, and Knee. *ARTHRITIS RHEUMATOL*. [Journal Article]. 2020 2020-02-01;72(2):220–33.
3. Nuesch E, Dieppe P, Reichenbach S, Williams S, Iff S, Juni P. All cause and disease specific mortality in patients with knee or hip osteoarthritis: population based cohort study. *BMJ*. [Journal Article; Research Support, Non-U.S. Gov't]. 2011 2011-03-08;342:d1165.
4. Institute of Medicine US Committee on Advancing Pain Research CA, Education. *Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research*. Washington (DC): National Academies Press (US); 2011.
5. Glyn-Jones S, Palmer AJ, Agricola R, Price AJ, Vincent TL, Weinans H, et al. Osteoarthritis. *LANCET*. [Journal Article; Research Support, Non-U.S. Gov't; Review]. 2015 2015-07-25;386(9991):376–87.
6. de Oliveira CM, Sakata RK, Issy AM, Gerola LR, Salomao R. Cytokines and pain. *REV BRAS ANESTESIOL*. [Journal Article; Review]. 2011 2011-03-01;61(2):255-9, 260-5, 137 – 42.
7. Kapoor M, Martel-Pelletier J, Lajeunesse D, Pelletier JP, Fahmi H. Role of proinflammatory cytokines in the pathophysiology of osteoarthritis. *NAT REV RHEUMATOL*. [Journal Article; Review]. 2011 2011-01-01;7(1):33–42.
8. Garlanda C, Dinarello CA, Mantovani A. The interleukin-1 family: back to the future. *IMMUNITY*. [Journal Article; Research Support, N.I.H., Extramural; Research Support, Non-U.S. Gov't; Review]. 2013 2013-12-12;39(6):1003–18.
9. Schett G, Dayer JM, Manger B. Interleukin-1 function and role in rheumatic disease. *NAT REV RHEUMATOL*. [Journal Article; Review]. 2016 2016-01-01;12(1):14–24.
10. Miller RE, Miller RJ, Malfait AM. Osteoarthritis joint pain: the cytokine connection. *CYTOKINE*. [Journal Article; Research Support, N.I.H., Extramural; Review]. 2014 2014-12-01;70(2):185–93.
11. Lorenzo J, Horowitz M, Choi Y. Osteoimmunology: interactions of the bone and immune system. *ENDOCR REV*. [Journal Article; Research Support, N.I.H., Extramural; Research Support, Non-U.S. Gov't; Review]. 2008 2008-06-01;29(4):403–40.
12. Brennan FM, McInnes IB. Evidence that cytokines play a role in rheumatoid arthritis. *J CLIN INVEST*. [Journal Article; Review]. 2008 2008-11-01;118(11):3537–45.
13. Goldring MB, Birkhead J, Sandell LJ, Kimura T, Krane SM. Interleukin 1 suppresses expression of cartilage-specific types II and IX collagens and increases types I and III collagens in human

- chondrocytes. *J CLIN INVEST.* [Journal Article; Research Support, U.S. Gov't, P.H.S.]. 1988 1988-12-01;82(6):2026–37.
14. Towle CA, Hung HH, Bonassar LJ, Treadwell BV, Mangham DC. Detection of interleukin-1 in the cartilage of patients with osteoarthritis: a possible autocrine/paracrine role in pathogenesis. *Osteoarthritis Cartilage.* [Journal Article; Research Support, U.S. Gov't, P.H.S.]. 1997 1997-09-01;5(5):293–300.
  15. Farahat MN, Yanni G, Poston R, Panayi GS. Cytokine expression in synovial membranes of patients with rheumatoid arthritis and osteoarthritis. *ANN RHEUM DIS.* [Comparative Study; Journal Article; Research Support, Non-U.S. Gov't]. 1993 1993-12-01;52(12):870–5.
  16. Chevalier X, Goupille P, Beaulieu AD, Burch FX, Bensen WG, Conrozier T, et al. Intraarticular injection of anakinra in osteoarthritis of the knee: a multicenter, randomized, double-blind, placebo-controlled study. *Arthritis Rheum.* [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2009 2009-03-15;61(3):344–52.
  17. Cohen SB, Proudman S, Kivitz AJ, Burch FX, Donohue JP, Burstein D, et al. A randomized, double-blind study of AMG 108 (a fully human monoclonal antibody to IL-1R1) in patients with osteoarthritis of the knee. *ARTHRITIS RES THER.* [Journal Article; Randomized Controlled Trial]. 2011 2011-07-29;13(4):R125.
  18. Lacy SE, Wu C, Ambrosi DJ, Hsieh CM, Bose S, Miller R, et al. Generation and characterization of ABT-981, a dual variable domain immunoglobulin (DVD-Ig(TM)) molecule that specifically and potently neutralizes both IL-1alpha and IL-1beta. *MABS-AUSTIN.* [Journal Article; Research Support, Non-U.S. Gov't]. 2015 2015-01-20;7(3):605–19.
  19. Kamath RVHMCD. Simultaneous targeting of IL-1A and IL-1B by a dual-variable-domain immunoglobulin (DVD-IG) prevents cartilage degradation in preclinical models of osteoarthritis. *Osteoarthritis Cartilage.* 2011:19–64.
  20. Kamath RVSGZC. Blockade of both IL-1A and IL-1B by a combination of monoclonal antibodies prevents the development and reverses established pain in a preclinical model of osteoarthritis. *Osteoarthritis Cartilage.* 2012:20–62.
  21. Wang SX, Abramson SB, Attur M, Karsdal MA, Preston RA, Lozada CJ, et al. Safety, tolerability, and pharmacodynamics of an anti-interleukin-1alpha/beta dual variable domain immunoglobulin in patients with osteoarthritis of the knee: a randomized phase 1 study. *Osteoarthritis Cartilage.* [Clinical Trial, Phase I; Journal Article; Randomized Controlled Trial]. 2017 2017-12-01;25(12):1952–61.
  22. Higgins JPT. *TJJCJ. Cochrane Handbook for Systematic Reviews of Interventions version 6.0* 2019. Available from: .
  23. DJAD. HJ. Chapter 16: Special topics in statistics. In: Higgins JPT, Green S, editors. *Cochrane Handbook for Systematic Reviews of Interventions.* Version 5.1.0 [updated March 2011]. The Cochrane Collaboration, 2011. Available from .

24. Bucher HC, Guyatt GH, Griffith LE, Walter SD. The results of direct and indirect treatment comparisons in meta-analysis of randomized controlled trials. *J CLIN EPIDEMIOL.* [Comparative Study; Journal Article; Research Support, Non-U.S. Gov't]. 1997 1997-06-01;50(6):683–91.
25. Caldwell DM, Ades AE, Higgins JP. Simultaneous comparison of multiple treatments: combining direct and indirect evidence. *BMJ.* [Journal Article; Review]. 2005 2005-10-15;331(7521):897–900.
26. Caldwell DM, Welton NJ, Ades AE. Mixed treatment comparison analysis provides internally coherent treatment effect estimates based on overviews of reviews and can reveal inconsistency. *J CLIN EPIDEMIOL.* [Journal Article; Research Support, Non-U.S. Gov't]. 2010 2010-08-01;63(8):875–82.
27. Lu G, Ades AE. Combination of direct and indirect evidence in mixed treatment comparisons. *STAT MED.* [Comparative Study; Journal Article]. 2004 2004-10-30;23(20):3105–24.
28. Ades AE, Sculpher M, Sutton A, Abrams K, Cooper N, Welton N, et al. Bayesian methods for evidence synthesis in cost-effectiveness analysis. *PHARMACOECONOMICS.* [Journal Article; Review]. 2006 2006-01-20;24(1):1–19.
29. Sutton A, Ades AE, Cooper N, Abrams K. Use of indirect and mixed treatment comparisons for technology assessment. *PHARMACOECONOMICS.* [Journal Article; Research Support, Non-U.S. Gov't; Review]. 2008 2008-01-20;26(9):753–67.
30. Moher D, Shamseer L, Clarke M, Ghersi D, Liberati A, Petticrew M, et al. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Syst Rev.* [Journal Article; Research Support, Non-U.S. Gov't; Research Support, U.S. Gov't, P.H.S.]. 2015 2015-01-01;4:1.
31. Zacher J, Feldman D, Gerli R, Scott D, Hou SM, Uebelhart D, et al. A comparison of the therapeutic efficacy and tolerability of etoricoxib and diclofenac in patients with osteoarthritis. *CURR MED RES OPIN.* [Clinical Trial; Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2003 2003-01-20;19(8):725–36.
32. Puopolo A, Boice JA, Fidelholtz JL, Littlejohn TW, Miranda P, Berrocal A, et al. A randomized placebo-controlled trial comparing the efficacy of etoricoxib 30 mg and ibuprofen 2400 mg for the treatment of patients with osteoarthritis. *Osteoarthritis Cartilage.* [Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2007 2007-12-01;15(12):1348–56.
33. Prior MJ, Harrison DD, Frustaci ME. A randomized, double-blind, placebo-controlled 12 week trial of acetaminophen extended release for the treatment of signs and symptoms of osteoarthritis. *CURR MED RES OPIN.* [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2014 2014-11-01;30(11):2377–87.
34. Emery P, Koncz T, Pan S, Lowry S. Analgesic effectiveness of celecoxib and diclofenac in patients with osteoarthritis of the hip requiring joint replacement surgery: a 12-week, multicenter, randomized, double-blind, parallel-group, double-dummy, noninferiority study. *CLIN THER.* [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2008 2008-01-01;30(1):70–83.

35. McKenna F, Borenstein D, Wendt H, Wallemark C, Lefkowith JB, Geis GS. Celecoxib versus diclofenac in the management of osteoarthritis of the knee. *SCAND J RHEUMATOL*. [Clinical Trial; Comparative Study; Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2001 2001-01-20;30(1):11–8.
36. Altman RD, Dreiser RL, Fisher CL, Chase WF, Dreher DS, Zacher J. Diclofenac sodium gel in patients with primary hand osteoarthritis: a randomized, double-blind, placebo-controlled trial. *J RHEUMATOL*. [Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2009 2009-09-01;36(9):1991–9.
37. Bookman AA, Williams KS, Shainhouse JZ. Effect of a topical diclofenac solution for relieving symptoms of primary osteoarthritis of the knee: a randomized controlled trial. *CMAJ*. [Clinical Trial; Journal Article; Multicenter Study; Randomized Controlled Trial]. 2004 2004-08-17;171(4):333–8.
38. Gibofsky A, Hochberg MC, Jaros MJ, Young CL. Efficacy and safety of low-dose submicron diclofenac for the treatment of osteoarthritis pain: a 12 week, phase 3 study. *CURR MED RES OPIN*. [Clinical Trial, Phase III. Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2014 2014-09-01;30(9):1883–93.
39. Essex MN, O'Connell MA, Behar R, Bao W. Efficacy and safety of nonsteroidal anti-inflammatory drugs in Asian patients with knee osteoarthritis: summary of a randomized, placebo-controlled study. *INT J RHEUM DIS*. [Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2016 2016-03-01;19(3):262–70.
40. Reed K, Collaku A, Moreira S. Efficacy and safety of twice daily sustained-release paracetamol formulation for osteoarthritis pain of the knee or hip: a randomized, double-blind, placebo-controlled, twelve-week study. *CURR MED RES OPIN*. [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2018 2018-04-01;34(4):689–99.
41. Essex MN, Bhadra P, Sands GH. Efficacy and tolerability of celecoxib versus naproxen in patients with osteoarthritis of the knee: a randomized, double-blind, double-dummy trial. *J INT MED RES*. 2012;40(4):1357–70. [Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't].. . 2012-01-20.
42. Leung AT, Malmstrom K, Gallacher AE, Sarembock B, Poor G, Beaulieu A, et al. Efficacy and tolerability profile of etoricoxib in patients with osteoarthritis: A randomized, double-blind, placebo and active-comparator controlled 12-week efficacy trial. *CURR MED RES OPIN*. [Clinical Trial; Comparative Study; Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2002 2002-01-20;18(2):49–58.
43. Gordo AC, Walker C, Armada B, Zhou D. Efficacy of celecoxib versus ibuprofen for the treatment of patients with osteoarthritis of the knee: A randomized double-blind, non-inferiority trial. *J INT MED RES*. [Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial]. 2017 2017-02-01;45(1):59–74.
44. Niethard FU, Gold MS, Solomon GS, Liu JM, Unkauf M, Albrecht HH, et al. Efficacy of topical diclofenac diethylamine gel in osteoarthritis of the knee. *J RHEUMATOL*. [Journal Article; Multicenter

- Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2005 2005-12-01;32(12):2384–92.
45. DeLemos BP, Xiang J, Benson C, Gana TJ, Pascual ML, Rosanna R, et al. Tramadol hydrochloride extended-release once-daily in the treatment of osteoarthritis of the knee and/or hip: a double-blind, randomized, dose-ranging trial. *AM J THER*. [Clinical Trial, Phase III; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2011 2011-05-01;18(3):216–26.
46. Reginster JY, Malmstrom K, Mehta A, Bergman G, Ko AT, Curtis SP, et al. Evaluation of the efficacy and safety of etoricoxib compared with naproxen in two, 138-week randomised studies of patients with osteoarthritis. *ANN RHEUM DIS*. [Comparative Study; Journal Article; Multicenter Study; Randomized Controlled Trial]. 2007 2007-07-01;66(7):945–51.
47. Gana TJ, Pascual ML, Fleming RR, Schein JR, Janagap CC, Xiang J, et al. Extended-release tramadol in the treatment of osteoarthritis: a multicenter, randomized, double-blind, placebo-controlled clinical trial. *CURR MED RES OPIN*. [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2006 2006-07-01;22(7):1391–401.
48. Svensson O, Malmenas M, Fajutrao L, Roos EM, Lohmander LS. Greater reduction of knee than hip pain in osteoarthritis treated with naproxen, as evaluated by WOMAC and SF-36. *ANN RHEUM DIS*. [Comparative Study; Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2006 2006-06-01;65(6):781–4.
49. Fleischmann RM, Bliddal H, Blanco FJ, Schnitzer TJ, Peterfy C, Chen S, et al. A Phase II Trial of Lutikizumab, an Anti-Interleukin-1alpha/beta Dual Variable Domain Immunoglobulin, in Knee Osteoarthritis Patients With Synovitis. *ARTHRITIS RHEUMATOL*. [Clinical Trial, Phase II; Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2019 2019-07-01;71(7):1056–69.
50. Kloppenburg M, Peterfy C, Haugen IK, Kroon F, Chen S, Wang L, et al. Phase IIa, placebo-controlled, randomised study of lutikizumab, an anti-interleukin-1alpha and anti-interleukin-1beta dual variable domain immunoglobulin, in patients with erosive hand osteoarthritis. *ANN RHEUM DIS*. [Clinical Trial, Phase II; Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2019 2019-03-01;78(3):413–20.
51. Chappell AS, Desaiah D, Liu-Seifert H, Zhang S, Skljarevski V, Belenkoy Y, et al. A double-blind, randomized, placebo-controlled study of the efficacy and safety of duloxetine for the treatment of chronic pain due to osteoarthritis of the knee. *PAIN PRACT*. [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2011 2011-01-01;11(1):33–41.
52. Uchio Y, Enomoto H, Alev L, Kato Y, Ishihara H, Tsuji T, et al. A randomized, double-blind, placebo-controlled Phase III trial of duloxetine in Japanese patients with knee pain due to osteoarthritis. *J PAIN RES*. [Journal Article]. 2018 2018-01-20;11:809 – 21.
53. Chappell AS, Ossanna MJ, Liu-Seifert H, Iyengar S, Skljarevski V, Li LC, et al. Duloxetine, a centrally acting analgesic, in the treatment of patients with osteoarthritis knee pain: a 13-week, randomized,

placebo-controlled trial. PAIN. [Journal Article; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2009 2009-12-01;146(3):253–60.

54. Wang G, Bi L, Li X, Li Z, Zhao D, Chen J, et al. Efficacy and safety of duloxetine in Chinese patients with chronic pain due to osteoarthritis: a randomized, double-blind, placebo-controlled study. Osteoarthritis Cartilage. [Clinical Trial, Phase III; Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2017 2017-06-01;25(6):832–8.
55. Chevalier X, Goupille P, Beaulieu AD, Burch FX, Bensen WG, Conrozier T, et al. Intraarticular injection of anakinra in osteoarthritis of the knee: a multicenter, randomized, double-blind, placebo-controlled study. Arthritis Rheum. [Journal Article; Multicenter Study; Randomized Controlled Trial; Research Support, Non-U.S. Gov't]. 2009 2009-03-15;61(3):344–52.
56. Cohen SB, Proudman S, Kivitz AJ, Burch FX, Donohue JP, Burstein D, et al. A randomized, double-blind study of AMG 108 (a fully human monoclonal antibody to IL-1R1) in patients with osteoarthritis of the knee. ARTHRITIS RES THER. [Journal Article; Randomized Controlled Trial]. 2011 2011-07-29;13(4):R125.
57. Duval S, Tweedie R. Trim and fill: A simple funnel-plot-based method of testing and adjusting for publication bias in meta-analysis. BIOMETRICS. [Journal Article]. 2000 2000-06-01;56(2):455–63.

## Tables

**Table 1.** Characteristics of the included comparisons and the results of direct pair-wise meta-analysis (No. of pts, number of patients included; No. of trials, number of trials included into direct pair-wise meta-analysis; SMD, standardised mean difference; OR, odds ratio)

Comparison	No. of trials	No. of pts	Target joint	SMD (95%CI) for pain relief	SMD (95%CI) for function improvement	OR (95%CI) for withdrawal due to AEs	OR (95%CI) for serious AEs	OR (95%CI) for any drug-related AEs
ALI vs PLA	2	478	Hand, Hip and Knee	1.118 (-0.374 to 2.610)	0.992 (-0.433 to 2.417)	1.408 (0.647 to 3.061)	0.595 (0.211 to 1.681)	1.014 (0.732 to 1.405)
SCI vs PLA	7	4402	Hip and Knee	4.594 (2.381 to 6.807)	4.498 (2.402 to 6.594)	0.899 (0.631 to 1.282)	0.947 (0.329 to 2.727)	1.062 (0.890 to 1.267)
DUL vs PLA	2	1247	Hip and Knee	4.764 (3.895 to 5.632)	3.455 [2.470 to 4.440]	2.766 [1.721 to 4.445]	1.018 (0.309 to 3.352)	1.337 (1.098 to 1.627)
NSA vs PLA	14	6305	Hand, Hip and Knee	2.688 (1.741 to 3.635)	2.849 [1.819 to 3.878]	1.473 [1.119 to 1.940]	1.758 (0.987 to 3.133)	1.332 (1.129 to 1.572)
OPI vs PLA	2	2012	Hip and Knee	1.914 (-2.833 to 6.660)	1.700 [-2.920 to 6.320]	2.419 [1.600 to 3.656]	1.012 (0.063 to 16.241)	1.281 (1.028 to 1.596)

**Table 2.** Detailed results of network meta-analysis for pain (Red) and function (Blue) (Data are standardised mean difference, from the top left to the bottom right, higher comparator vs lower comparator, and their related 95%CI).

<b>ALI</b>	2.95 (-0.62 to 6.53)	2.46 (-1.53 to 6.45)	2.16 (-1.31 to 5.64)	0.14 (-4.32 to 4.60)	-0.99 (-4.25 to 2.27)		
	-3.11 (-6.85 to 0.62)	<b>SCI</b>	-0.49 (-3.22 to 2.24)	-0.79 (-2.18 to 0.59)	-2.82 (-6.01 to 0.37)	-3.94 (-5.40 to -2.48)	
	-3.65 (-7.82 to 0.53)	-0.53 (-3.39 to 2.33)	<b>DLU</b>	-0.30 (-2.91 to 2.30)	-2.33 (-6.14 to 1.49)	-3.45 (-5.76 to -1.15)	
	-1.77 (-5.40 to 1.85)	1.34 (-0.07 to 2.76)	1.87 (-0.84 to 4.59)	<b>NSA</b>	-2.02 (-5.23 to 1.18)	-3.15 (-4.36 to -1.94)	
	-0.54 (-5.20 to 4.13)	2.58 (-0.76 to 5.91)	3.11 (-0.89 to 7.10)	1.23 (-2.10 to 4.57)	<b>OPI</b>	-1.12 (-4.17 to 1.92)	
	1.11 (-2.29 to 4.52)	4.23 (2.70 to 5.76)	4.76 (2.35 to 7.17)	2.89 (1.65 to 4.13)	1.65 (-1.53 to 4.83)	<b>PLA</b>	

**Table 3.** Detailed results of network meta-analysis for safety endpoints (Data are odds ratio, from the top left to the bottom right, higher comparator vs lower comparator, and their related 95%CI).

#### Withdrawal Due to AEs

<b>ALI</b>	-0.47 (-1.31 to 0.37)	0.72 (-0.20 to 1.65)	0.02 (-0.81 to 0.85)	0.59 (-0.28 to 1.47)	-0.36 (-1.15 to 0.43)		
0.47 (-0.37 to 1.31)	<b>SCI</b>	1.19 (0.63 to 1.75)	0.49 (0.28 to 0.70)	1.06 (0.65 to 1.48)	0.11 (-0.17 to 0.40)		
-0.72 (-1.65 to 0.20)	-1.19 (-1.75 to -0.63)	<b>Dul</b>	-0.70 (-1.25 to -0.15)	-0.13 (-0.74 to 0.48)	-1.08 (-1.56 to -0.60)		
-0.02 (-0.85 to 0.81)	-0.49 (-0.70 to -0.28)	0.70 (0.15 to 1.25)	<b>NSA</b>	0.57 (0.15 to 0.99)	-0.38 (-0.64 to -0.12)		
-0.59 (-1.47 to 0.28)	-1.06 (-1.48 to -0.65)	0.13 (-0.48 to 0.74)	-0.57 (-0.99 to -0.15)	<b>OPI</b>	-0.95 (-1.33 to -0.57)		
0.36 (-0.43 to 1.15)	-0.11 (-0.40 to 0.17)	1.08 (0.60 to 1.56)	0.38 (0.12 to 0.64)	0.95 (0.57 to 1.33)	<b>Placebo</b>		

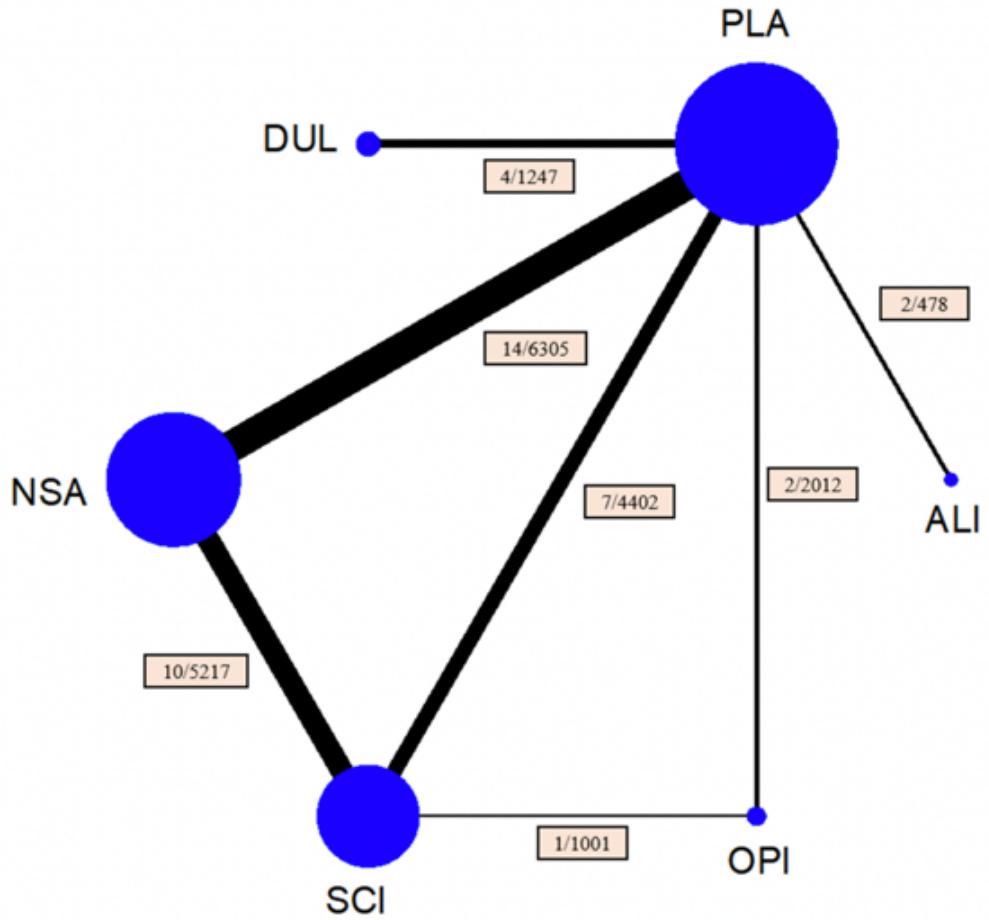
#### Serious AEs

<b>ALI</b>	0.54 (-0.72 to 1.80)	0.58 (-1.03 to 2.19)	1.03 (-0.18 to 2.24)	0.56 (-2.22 to 3.34)	0.55 (-0.50 to 1.60)		
-0.54 (-1.80 to 0.72)	<b>SCI</b>	0.04 (-1.36 to 1.44)	0.49 (0.10 to 0.88)	0.02 (-2.59 to 2.64)	0.01 (-0.68 to 0.70)		
-0.58 (-2.19 to 1.03)	-0.04 (-1.44 to 1.36)	<b>Dul</b>	0.45 (-0.91 to 1.81)	-0.02 (-2.87 to 2.84)	-0.03 (-1.25 to 1.19)		
-1.03 (-2.24 to 0.18)	-0.49 (-0.88 to -0.10)	-0.45 (-1.81 to 0.91)	<b>NSA</b>	-0.47 (-3.08 to 2.14)	-0.48 (-1.08 to 0.12)		
-0.56 (-3.34 to 2.22)	-0.02 (-2.64 to 2.59)	0.02 (-2.84 to 2.87)	0.47 (-2.14 to 3.08)	<b>OPI</b>	-0.01 (-2.59 to 2.57)		
-0.55 (-1.60 to 0.50)	-0.01 (-0.70 to 0.68)	0.03 (-1.19 to 1.25)	0.48 (-0.12 to 1.08)	0.01 (-2.57 to 2.59)	<b>PLA</b>		

#### Any drug-related AEs

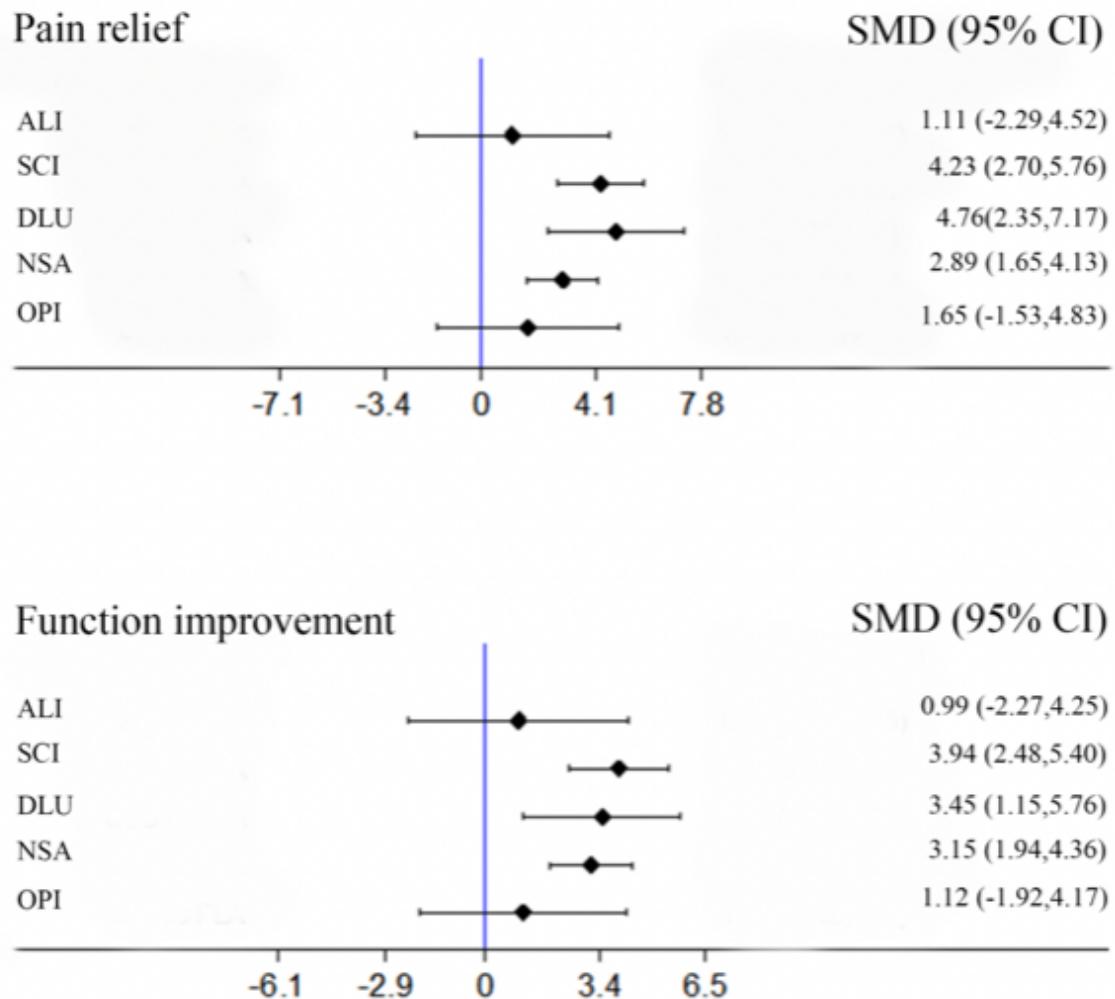
<b>ALI</b>	-0.08 (-0.88 to 0.72)	0.44 (-0.38 to 1.25)	0.20 (-0.60 to 1.00)	0.59 (-0.24 to 1.42)	-0.15 (-0.93 to 0.63)		
0.08 (-0.72 to 0.88)	<b>SCI</b>	0.51 (0.23 to 0.80)	0.28 (0.15 to 0.40)	0.67 (0.36 to 0.98)	-0.07 (-0.24 to 0.10)		
-0.44 (-1.25 to 0.38)	-0.51 (-0.80 to -0.23)	<b>Dul</b>	-0.24 (-0.52 to 0.05)	0.15 (-0.21 to 0.52)	-0.59 (-0.82 to -0.36)		
-0.20 (-1.00 to 0.60)	-0.28 (-0.40 to -0.15)	0.24 (-0.05 to 0.52)	<b>NSA</b>	0.39 (0.08 to 0.70)	-0.35 (-0.51 to -0.19)		
-0.59 (-1.42 to 0.24)	-0.67 (-0.98 to -0.36)	-0.15 (-0.52 to 0.21)	-0.39 (-0.70 to -0.08)	<b>OPI</b>	-0.74 (-1.03 to -0.46)		
0.15 (-0.63 to 0.93)	0.07 (-0.10 to 0.24)	0.59 (0.36 to 0.82)	0.35 (0.19 to 0.51)	0.74 (0.46 to 1.03)	<b>Placebo</b>		

## Figures



**Figure 1**

Structure of network formed by interventions. The lines between treatment nodes indicate the direct comparisons made within randomised controlled trials. Numbers (n/n) near the line indicate 'number of trials/number of participants' of the related comparisons.



**Figure 2**

The forest plots. The forest plots of pain relief and function improvement for network meta-analysis. (SMD, standardised mean difference; CI, confidence interval).

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- PRISMA2009checklist.doc

- Onlineonlydocument.docx