

Evaluation of the environmental impact of two types of food in intensive farming of rainbow trout fry (*Onchoryncus mykiss*. Walbaum, 1792).

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Abstract

The environmental impact of two types of food distributed during the first phase of intensive breeding of rainbow trout (*Oncorhynchus mykiss*) fry at the station of the National Center for Hydrobiology and Pisciculture constitutes the main objective of this study. The method used for the evaluation of the impact of these two foods is the mass balance method based on the calculation of the quantities of nitrogen and phosphorus excreted according to the quantities of food ingested and the composition of the carcasses. The results obtained show that the weight growth of fry and the rate of nitrogen and phosphorus rejection during the experimental period are very different and vary depending on the type of food received.

1- Introduction

Food requirements for animal protein continue to increase due to global population growth. Fish farming, which constitutes the main branch of aquaculture, can contribute on the one hand to the increased demand for protein, on the other hand, to the reduction of the impact on the natural resources of the marine environment. The last two decades have seen significant fish production; in 2014, the contribution of fish farming to fish intended for human consumption exceeded that of the fishing sector for the first time [1]. This increase and intensification of world production, especially in freshwater environments, could have some impacts on the environment. Typical changes in the quality of water after its use for fish farming, among others the decrease in oxygen, the variation of the Hydrogen potential (pH), the increase in suspended matter [2] and especially phosphorus and nitrogen inputs.

These last elements constitute potential sources of food for phytoplankton and consequently the increase in the productivity of the aquatic ecosystem causing the phenomenon of eutrophication which is directly associated with discharges of solids and metabolic waste and therefore depends on the quality and the biological valorization of food [3, 4, 5, 6].

The main objective of this study is to assess the impact of fish discharges from the rainbow trout (*Oncorhynchus mykiss*, Walbaum, 1792) fry fed two types of food at the National Center fish farm. Hydrobiology and fish farming (Morocco). In order to reach our objective, we followed the weight growth which varies according to the composition of the food, their digestibility and the rate of food conversion. These various parameters largely condition the level of discards from fish farming [7], especially for phosphorus and nitrogen which play a crucial role in the phenomenon of eutrophication which leads to the imbalance of species aquatic. [8]. In addition, the presence of nitrogenous forms (ammonia nitrogen) in water can cause poisoning in fish farming [9].

2- Methods And Material

2 – 1 Description of the experimental station

The experiment was carried out in an incubation and nursery room at the National Center of Hydrobiological and Pisciculture (NCHP) salmon aquaculture station in specific rectangular troughs in parallel with a suitable volume of the order of 0.16 m³ and circular tanks. The water supply was made by taps with a flow rate of 0.97 m³ / h whose origin is a source. The troughs are equipped with a ventilation system by diffuser allowing the concentration of dissolved oxygen to be kept close to saturation if necessary. During the experimental period (nursery phase), physicochemical parameters (pH, dissolved oxygen and temperature) were monitored by calibrated devices of the Oreon type.

2–2 Biological material and food ration

After hatching, 2000 fry from the same batch of eggs were distributed randomly and equally in 4 troughs (A1, A2, A3 and A4). The fry of the different troughs are subject to the same nursery conditions. Each week, and in order to determine the food ration for all the biomass according to the rationing table provided by the manufacturer, the weight of 30 fish per trough was determined after anesthesia. The fry in groups 1 and 2 are fed on food A and those in groups 3 and 4 are fed on food B (Table 1). The quantity of food was distributed in four meals from 9 a.m. to 5 p.m. during the whole experimental period.

Table 1
Composition of two foods tested

Components	Food A	Food B
Crud protein	47%	48%
Crud fat	18%	22%
Crud cellulose	1,33%	2,2%
Crud ash	8,75%	8,3%
Total phosphorus	1,32%	0,8%
Calcium	0,80%	—
Sodium	0,62%	—

The food ration is determined according to the biomass of the different trout by the following formula:
 $TN = (\text{Biomass} \times \text{Feeding rate}) / 100$ [10].

2–3 Zootechnical parameters

Monitoring of weight growth is an important parameter in species biology regardless of the type of breeding. The evaluation of the quality of a feed in an intensive fish farm and therefore the rate of phosphorus and nitrogen rejection and their impact on the environment can be determined from the combination of several parameters including the weight gain during the experimentation period.

According to [11], the weight gain is calculated as follows: $G.P\% = (P_{m\ f}(g) - P_{m\ i}(g))$:

With, P_{m_f} = Average weight at the end of the breeding period and P_{m_i} = Initial average weight at the start of the breeding.

In addition to the weight growth parameter, we carried out the survival rate (SR %) of the fry during the nursery period according to the following formula:

$$SR (\%) = (Final\ number\ of\ fish \times 100) / Initial\ number\ of\ fish$$

2-4 Determination of the quantity of phosphorus and nitrogen discharge.

To grow, organisms need fundamental nutritious food, among which phosphorus (P) and nitrogen (N). Plants assimilate dissolved forms of P and N in water (ortho phosphates and nitrates) in synergy with other nutrients [4].

In contrast, intensively farmed fish receive these two elements in their diet. P and N are involved in several metabolic processes in fish. Unfortunately, the quantities provided by food are not completely ingested and digested [12], and therefore they are released into the aquatic environment in different forms.

The quantity of P and N discharges into the aquatic environment closely depends on the quantity of protein in the fish diet and on the Conversion Index (CI) which quantifies the performance of fish farming [13]. For rainbow trout, 40 to 60% of N contained in the proteins received is excreted in dissolved form through the urine and the gills, 10 to 25% is found in the fecal matter, only the remaining 35% are used in fish growth.

For P, the retention rate is between 20% and 55% [14, 15, 16, 17]. These quantities vary depending on the food, its digestibility rate and environmental conditions. According to these different authors, for rainbow trout, 60 to 80% of the phosphorus is rejected in particulate form (the phosphorus not ingested is eliminated by the faeces), and between 40 to 20% is eliminated in dissolved form through the urine and gills. On average, only 40% of phosphorus in food proteins is used by fish for growth. With respect to environmental impact, the dissolved part of phosphorus and nitrogen is the major problem compared to the solid part that undergoes treatments that improve over time through decanter or filtration systems [16, 18]. In our case, the removal of the solid part was carried out by the siphoning technique during the whole period of breeding. The evaluation of the quantity of phosphorus and nitrogen discharges into the environmental medium in a fish farm varies according to several methods. The models developed for the assessment of fish discharges present different results [14, 19]. In this study, we used mass balances to calculate nitrogen and phosphorus excretion based on the amounts ingested and the composition of the carcasses [20, 21, 22]. This nutritional method was developed to overcome the heaviness, costs and biases caused by other methods. The quantities of nitrogen and phosphorus released to water were evaluated as follows.

For nitrogen releases : $kg\ N = (A \times C\ Na) - (Pr \times CN\ p)$, with, A : Quantity of food distributed (kg), C Na: Percentage by weight of nitrogen in the food (% protein + 6.25), Pr: Weight gain achieved by the fish (kg),

and C Np: Percentage by weight of nitrogen in the fish (3%).

For phosphorus discharges: $\text{kg P} = (\text{A} \times \text{C Pa}) - (\text{Pr} \times \text{C Pp})$ with, A: Quantity of food distributed (kg), C Pa: Percentage by weight of phosphorus in the food, Pr: Weight gain made by fish (kg) and CPp: Percentage by weight of phosphorus in fish (0.4%).

3- Results And Discussion

3-1 Physicochemical parameters of water

Monitoring of basic physico-chemical parameters, temperature ($^{\circ}\text{C}$), dissolved oxygen (mg / L) and hydrogen potential (pH) during the experimental period shows that the averages of the determined parameters (Table 2) are in accordance the needs of the nursery stage in salmonids [23]. The results obtained [24] corroborate those obtained by [25].

Table 2
Average of physicochemical parameters of water

Parameters	O ₂ dissolved (mg/L)	Temperature ($^{\circ}\text{C}$)	Potential Hydrogen
Average	6,9	14	7

2-3 Zootechnical parameters

The study of the zootechnical parameters during the test period per week (S1, S2, ... S13) shows a big difference between the final weight and the weight gain of each fry according to the type of food received. Table 2 shows the average of the results (G1 + G2 and G3 + G4) of the weight growth of the fry according to the composition of the food tested. The fry fed with food A, show a significant growth, their average weight passed from 2,58 g (t0: first day of the experiment) to an average weight of 50 g at the thirteenth week (S13) of breeding against only 9.28 g for fry fed on food B. The average weight gain (g) and the survival rate (%) are respectively 47.42 g and 99.8% for the first batch of fry (G1 + G2) against only 6.7 g and 25.3% for the batch (G3 + G4) (Table 3, 4).

Table 3
Average weight growth (Wa) of fry according to the food tested

Breeding Weeks	W (g) fry	W (g) fry	Standard deviation
	(G1 + G2)/2	(G3 + G4)/2	
T0	2,58	2,58	0
S1	3,605	3,425	0,12727922
S2	4,935	5,025	0,06363961
S3	6,845	6,315	0,37476659
S4	8,5	6,695	1,27632774
S5	12,235	7,425	3,40118362
S6	14,22	7,185	4,97449621
S7	15,195	8,385	4,81539718
S8	22,04	7,41	10,3449722
S9	26,545	7,43	13,5163461
S10	32,195	8,11	17,0306668
S11	35,8	8,28	19,4595786
S12	41	9,555	22,2349727
S13	50	9,28	28,7933881

Table 4
Average of the zootechnical parameters of the fry according to the food tested

Zootechnical parameters	Food tested	Standard deviation
A B		
Initial fry weight (g)	2,58 2,58	0
Final fry weight (g)	50 9,28	28,7933881
Average weight (g)	47,42 6,7	28,7933881
Survival rates%	99,8 25,3%	52,6794552

3-3 Nitrogen and phosphorus discharges from tested foods

The quantities of nitrogen and phosphorus released to water were evaluated according to the following formulas: Nitrogen releases: $\text{kg N} = (\text{A} \times \text{C Na}) - (\text{Pr} \times \text{C Np})$, Phosphorus releases: $\text{kg P} = (\text{A} \times \text{C Pa}) - (\text{Pr} \times \text{C Pp})$.

The calculation of the quantity of feed distributed per week is determined according to the total biomass of the fry in the troughs and according to the water temperature (14 ° C) and the ration table.

The biomass of the fry at time t0 and that of the fry at the end of the experiment S13 on the one hand, and the quantity of feed distributed during the whole nursery period on the other hand (Table 5) make it possible to evaluate the pollution rate generated by each food and therefore its impact on the environment.

Table 5
Average biomass of fry per week and different amounts of food (A and B) distributed during the experiment

Breeding weeks	Biomass (G1 + G2/2)/	Quantity of food A distributed / week	Biomass (G3 + G4/2)/	Quantity of food distributed B /week
	Week		week	
T0	2,58	0,116	2,58	0,121
S1	3,605	0,162	3,425	0,154
S2	4,935	0,222	5,025	0,226
S3	6,845	0,238	6,315	0,221
S4	8,5	0,297	6,695	0,234
S5	12,235	0,318	7,425	0,260
S6	14,22	0,370	7,185	0,252
S7	15,195	0,395	8,385	0,293
S8	22,04	0,573	7,41	0,260
S9	26,545	0,557	7,43	0,260
S10	32,195	0,676	8,11	0,284
S11	35,8	0,739	8,28	0,290
S12	41	0,738	9,555	0,335
S13	50	5,40	9,28	3,184
Total	50Kg	5,4 Kg	9,3 Kg	3,2 Kg

Table 6
Nitrogen and Phosphorus discharges of the two foods during the nursery period

Nitrogen discharges: Kg / 107days		Phosphorus discharges: Kg/107days
Food A	0,254Kg	0,097 Kg
Food B	0,034Kg	0,026 kg

The amount of nitrogen and phosphorus generated by the two foods tested are listed in Table 6.

During the nursery period, the total biomass obtained is 50 kg for the fry fed by food A and 9.3 Kg for the fry fed by food B. The quantity of feed distributed is respectively 5,4 kg for the first batch of fry and 3.2Kg for the second batch. In terms of zootechnical parameters, which are the basis in fish farming, the results clearly show the efficiency of food A compared to that of food B. This big difference is explained in particular by the rate of survival which is 99.8% for the fry fed on food A, against only 25.3% for the fry fed on food B.

The quantities of nitrogen and phosphorus released into the natural environment during the nursery period are respectively around 0.254 kg of N and 0.097 kg of P for food A; and 0.034 kg of N and 0.026 kg of P for food B. These results clearly show that food B has more negative impact on the environment compared to food A since, the amount of 'food B (3.2Kg) distributed generates more nitrogen released into the natural environment (1.5KgN) than the amount of nitrogen (1.4Kg) eliminated by the use of 5.4Kg of food A. These results can be explained by the fact that the digestibility of food B is not important, this corroborates with the weight gain which is very low for food B compared to food A. For phosphorus, the impact on the natural environment of food A is of the order of 0.12 kg / 107 d for a quantity of food distributed equal to 5.4 kg, for food B, the quantity of P released is 0.015Kg / 107J for 3.2Kg of food distributed. This difference in results can be explained on the one hand, by the quantity of food distributed (5.4 and 3.2Kg / 107J), on the other hand, the quantity of phosphorus contained in the two foods which is respectively 1,32% P for food A, against only 0.8% for food B.

Conclusion

Foods used in the field of breeding in general, and in fish farming mainly, must meet some criteria. On the one hand, the yield, the quality of the fish pulp, availability at a lower price and the welfare of the fish and on the other hand respect for the environment. By way of this experimental study, the main objective of which is the evaluation of the impact of these two foods on water resources, it can be concluded that food A meets the needs of the farmer vis-à-vis the yield since the survival rate of fry is close to 100% with a biomass which far exceeds that of food B. In terms of impact on the environment, food A, shows good results for discards in nitrogen since the quantity eliminated is not significant compared to the quantity of food distributed. For phosphorus, the impact of the two foods on water resources is high for food A.

Declarations

Availability of data and materials

The data used to support the findings of this study are available from the corresponding author upon request

Competing interests

The authors declare they have no competing interests

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Authors' contributions

Conceptualization, A.E.H.; Methodology, A.E.H., and D.O.; Supervision, A.R.; Writing—original draft, A.E.H., and D.O. Writing—review & editing, A.E.H., D.O., and E.Y.A.

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