

Cross-Calibration of Bone Mineral Densities and Body Composition Between GE-Lunar Prodigy and Osteosys Primus

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Research article

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Abstract

Background:The aim of this study was to investigate the correlation between bone mineral density (BMD) and body composition measured by the Osteosys Primus[®] and the GE Lunar Prodigy[®] and to calculate the conversion formula between the two devices.

Methods:The forty subjects were men and women in aged 20-29 years old. Study subjects with a body mass index (BMI) greater than or equal to 17 kg / m² and less than or equal to 35 kg / m²with a negative pregnancy test at the time of screening, and participants who voluntarily participated and agreed to provide written consent were included in the study. The study exclusion criteria were patients with scoliosis, osteoarthritis, rigid vertebral osteomalacia, or other clinical vertebral deformities, adverse events after previous DXA or radiography, pregnant or lactating women, those with artificial pacemakers, or implanted cardiac pacemakers, and those with mental illnesses, such as severe depression. All participants were scanned twice on both the Osteosys Primus (OsteoSys, Seoul, Korea) and the GE-Lunar Prodigy (Madison, WI, USA) DXA systems using the manufacturers' standard scanning and positioning protocols.

Results:Compared to the GE Lunar device, the mean Osteosys fat mass was overestimated to be 12.1 % (1776.9 g) in the whole body, 5.1 % (163.9 g) in gynoid, and 6.7 % (87.2 g) in android. Compared with the GE Lunar device, the mean BMDs of the Osteosys Primus were underestimated to be 2.3 % (0.023 g/cm²) in the whole body and 3.1 % (0.035 g/cm²) in L1-4. Compared with the GE Lunar device, the mean lean mass derived by the Osteosys Primus were underestimated to 2.3 % (1045.3 g) in the total body, 3.8 % (179.4 g) in arms, and 7.7 % (1104.8 g) in legs, respectively. There were a strong correlation of BMD and body composition between both groups.

Conclusion:There was a very high correlation of BMD and muscle mass between theOsteosys Primus and the GE Lunar Prodigy.

Background

Osteoporosis is a disease of bone metabolism characterized by the loss of the bone mass and microarchitectural alterations, which result in bone fragility and an increased risk of fractures [1–3]. Representative diagnostic tools for osteoporosis are the measurement of bone mineral density (BMD) and biochemical markers [4]. Recently, the measurement of body composition has been emphasized by the addition of sarcopenic diseases [5–8].

The most common method used to measure BMD or body composition is dual energy X-ray absorptiometry (DXA) [9, 10]. DXA scans are often used because they are safe, accurate, and precise [11]. Advances in densitometric technology have been made over the last few decades, including replacing pencil beams with fan beams, higher output X-ray tubes, reduced pixel size, multiple detectors, wider

transverse scanning widths, faster scanning times, improved accuracy, and scanning beds to accommodate higher body weights for patients [12].

However, as different types of instruments are developed, the measurement values of the various devices differ [6, 13]. Therefore, many studies have been conducted to develop a conversion formula to analyze the differences between the various instruments and for calibrating the measurement values between the different devices.

Osteosys Primus[®] is a fan beam-type DXA equipment developed in Korea. Measurements made by this equipment should correlate with the values of BMD and muscle mass measured by the commonly-used GE Lunar Prodigy[®].

Therefore, the aim of this study was to investigate the correlation between BMD and muscle mass measured by Osteosys Primus[®] and GE Lunar Prodigy[®]. In addition, we calculated the conversion formula between the two devices.

Methods

Study Group

The forty subjects were men and women in aged 20–29 years old. Study subjects with a body mass index (BMI) greater than or equal to 17 kg / m² and less than or equal to 35 kg / m² with a negative pregnancy test at the time of screening, and participants who voluntarily participated in the study and provided written consent were included in the study. The study exclusion criteria were those with scoliosis, osteoarthritis, osteomalacia, or other clinical vertebral deformities, adverse events after previous DXA or radiography, pregnant or lactating women, those with artificial pacemakers, or implanted cardiac pacemakers, and patients with mental illnesses, such as severe depression.

Ethical approval for the study was provided by the Chung-Ang University Hospital Research Ethics Committee and informed signed consent was provided by all participants before the scans were obtained. All activities performed in the present study were in accordance with the Declaration of Helsinki.

DXA Measurements

All participants were scanned twice on both the Osteosys Primus (OsteoSys, Seoul, Korea) and the GE-Lunar Prodigy (Madison, WI, USA) DXA systems using each manufacturer's standard scanning and positioning protocols.

The arms and trunk were separated through the glenohumeral joints by lines, and the trunk and legs were separated at 45 ° to the sagittal plane of the body image by lines obliquely through the hip joint. A transverse line below the mandible excluded the head from the trunk region. The trunk included the thorax, the abdomen, the pelvis, and a portion of the medial thigh. The android region of interest (ROI) was at the lower pelvis cut boundary and the upper boundary was above the pelvis cut, 20 percent of the

pelvis-neck cut distance. The arm cuts were the lateral boundaries. The upper limit of the gynoid ROI was 1.5 times the height of the android ROI below the pelvis, and the height of the gynoid ROI was 2 times the height of the android ROI. The external leg cuts were the lateral boundaries. For consistency, the same experienced and ISCD-certified clinical densitometrist performed manual ROI analysis of each scan.

Statistical analyses

The null hypothesis was that the correlation coefficient between the two instruments was 0.8 or more for each measurement site. The sample was calculated to require 36 subjects by correcting the power according to the alternative hypothesis at 5% of the significance level and 80% of the power. A total of 40 subjects were needed, considering a dropout rate of 10 percent. The number of samples was calculated using G Power 3.1.9.2. To assess accuracy, we plotted the differences for a particular manufacturer between each replicate BMD and lean mass measurement and the estimated true value and calculated the agreement limits as defined by Bland and Altman. Concordance correlation coefficient (CCC) was used to analyze the correlation between both devices to determine precision and accuracy. A correlation coefficient between 0.2 and 0.4 was considered to be weakly correlated, between 0.4 and 0.6 was considered to be moderate, between 0.6 and 0.8 was strongly correlated, and between 0.8 and 1.0 was very strongly correlated [14].

To calculate the conversion formula, the relationship between the Osteosys Primus and the GE Lunar software was defined using linear regression. All statistical analyses were performed using R-Statistic Software (version 3.4.1).

Results

Forty subjects were included in the study. There were no dropouts. The mean age of the subjects was 24.9 years (SD, 1.69; range, 23 to 33 years). There were 14 men (35%) and 26 women (65%) in the study. The mean body weight was 62.9 kg (SD, 10.19; range, 40 to 80 kg) and the mean height was 169.74 cm (SD, 8.61; range, 151 to 187 cm). The body mass index (BMI) was 21.72 (SD, 2.26; range, 17.53 to 26.73) (Table 1).

Table 1
Demographic characteristics included study

Variables	Number (40)
Age (years)	*24.9 ± 1.69
Gender (Male/Female)	26 (65%) /14 (35%)
Weight (kg)	*24.9 ± 1.69
Height (m)	*169.74 ± 8.61
BMI (kg/m ²)	*21.71 ± 2.26
*Mean ± SD, BMI: body mass index	

Compared to the GE Lunar Prodigy, the voltage and current were high in the Osteosys Primus instrument, pixel size was small and scan times were longer by nine minutes (Table 2). Table 3 summarizes the composition of the body and the BMD data of the entire body. Table 3 also illustrates the mean difference and the limits of the Bland and Altman plots. The mean difference was significantly different from zero for fat mass ($p < 0.001$), whole body BMCs ($p < 0.001$), whole body BMDs ($p < 0.001$), and lean mass ($p < 0.001$). Figure 1 is the Bland and Altman plot for the body composition and whole body BMD data.

Table 2
Comparison of GE Lunar Prodigy and Osteosys Primus Scan Parameters

	GE Lunar Prodigy	Osteosys Primus
Scan mode	Standard	Standard
Voltage (kV)	76	83
Current (mA)	0.150	0.200
Reference counts: high	131,902	173,530
Reference counts: low	159,964	287,190
Scan dimensions (cm)	197.6 × 60.0	202.0 × 63.0
Pixel size (mm)	4.8 × 13.0	4.0 × 8.0
Pixel area (mm ²)	62.4	32.0
Scan time (min)	6.0	9.0
Dose (μGy)	0.4	0.55
Weight limit (kg)	160	150

Table 3
Summary of the Bland and Altman Plots for the body composition and whole body BMD data

	GE Lunar (n = 40)	Osteosys (n = 40)	Mean difference	Lower limit of agreement	Upper limit of agreement	P- value
	Mean ± SD	Mean ± SD				
Whole body fat mass (g)	14641.7 ± 5302.9	16418.6 ± 5803.3	-1776.925	-4287.001	733.151	< 0.001
Gynoid fat mass (g)	3032.32 ± 976.41	3196.18 ± 1052.01	-163.85	-588.1282	260.4282	< 0.001
Android fat mass (g)	1211.28 ± 561.50	1298.42 ± 568.58	-87.15	-55.857	230.157	< 0.001
Whole body BMC (g)	2739.3 ± 499.5	2883.7 ± 426.5	-144.425	-398.219	109.369	< 0.001
Arm BMC (g)	333.98 ± 79.52	346.88 ± 69.03	-12.9	-59.814	34.014	< 0.001
Leg BMC (g)	1013.30 ± 215.09	957.40 ± 187.78	55.9	-22.20	134.0	< 0.001
Whole body BMD (g/cm ²)	1.04 ± 0.14	1.02 ± 0.14	0.02255	-0.03785465	0.08295465	< 0.001
L1-L4 BMD (g/cm ²)	1.18 ± 0.13	1.15 ± 0.14	0.034725	-0.03699393	0.1064439	< 0.001
Total lean mass (g)	45639.7 ± 8564.6	44594.4 ± 9460.3	1045.275	-3544.892	1454.342	< 0.001
Arms lean mass (g)	4912.5 ± 1551.5	4733.1 ± 1711.3	179.4	-620.3948	979.1948	< 0.001
Legs lean mass (g)	15542.9 ± 3118.5	14438.2 ± 3430.2	1104.775	-346.8012	2556.351	< 0.001
BMC; bone mineral contents, BMD; bone mineral density 1298.42 ± 568.58						

Compared with the GE Lunar device, the mean Osteosys fat mass was overestimated to be 12.1% (1776.9 g) in the whole body, 5.1% (163.85 g) in gynoid, and 6.7% (87.15 g) in android. Compared with the GE Lunar device, the mean BMDs of the Osteosys Primus were underestimated at 5.4% (0.023 g/cm²) in the whole body and 7.2% (0.035 g/cm²) in L1-4. Compared with the GE Lunar device, mean lean mass of the Osteosys Primus were underestimated at 2.3% (1045.3 g) in the total body, 3.8% (179.4 g) in arms, and 7.7% (1104.8 g) in legs (Table 3). There were a strong correlation of BMD and body composition between both groups (Table 4, Fig. 2). The Osteosys conversion formula using BMD and muscle mass

from the GE Lunar is shown in Supplementary Table 1. The GE Lunar conversion formula using BMD and muscle mass from Osteosys is shown in in Supplementary Table 2.

Table 4
Correlation coefficient of body composition and whole body BMD data between two devices

Region of interest	Correlation coefficient (R)
Total fat mass	0.92
Arm fat mass	0.96
Android fat mass	0.98
Whole body BMC	0.92
Arm BMC	0.93
Leg BMC	0.94
Whole body BMD	0.96
Arms lean mass	0.96
Leg lean mass	0.92
BMC; bone mineral contents, BMD ; bone mineral density	

Discussion

The principal finding of this study was a high correlation between the Osteosys Primus and the GE Lunar Prodigy. Whole body fat mass and BMCs were significantly higher in Osteosys Primus. However, lean mass of the arms and legs and whole body BMDs were lower in Osteosys Primus. This is in agreement with the findings of the other cross-calibration studies and the BMD and BMC differences are consistent with the well-known differences in calibration between the manufacturers for measurements of hip and spine BMDs [5, 6, 13, 15].

So far, cross-calibration between DXA equipment for whole body BMDs and body composition measurements has been reported in only a few studies in the last decade [5, 6, 13, 15]. Cross-calibration of body composition and entire body BMC and BMD between Hologic QDR2000 (Hologic Inc. Bedford MA, USA) and GE Healthcare Lunar Prodigy (GE Healthcare, Madison WI, USA) found similar lean body masses throughout the body [13]. However, fat mass and percent fat were significantly higher on the Hologic QDR2000. The difference in calibration between the instruments might be related to the variation between the instruments, even those from the same manufacturer. The DPXL gave lower fat mass values than the iDXA and Prodigy in adults, with a corresponding greater increase in mean lean body mass (LBM) values [16]. These findings correspond to our results. In this study, Osteosys Primus gave higher fat mass values than Lunar Prodigy in adults with corresponding lower mean LBM values. The reasons

for the negative correlation of BMI and fat mass (FM) using the k value were explained by Pearson et al. The k value is the ratio of low-energy to high-energy attenuation coefficients in soft tissue, and as the ratio of fat increases in tissue, the attenuation of the beam's high-energy component is lower than the low-energy component. Also, the difference in LBM has been negatively correlated with differences in FMs. That is, as the difference in LBM got bigger, the difference in FM fell [13, 15].

In an *in vivo* cross-calibration study, the BMD from Primus was consistently lower than that from Prodigy. So far, there has been no comparative cross-calibration study using humans [17]. Park et al. assessed the accuracy and precision of 36 DXA devices from three manufacturers (10 Hologic, 16 Lunar, and 10 Osteosys) using the European Spine Phantom (ESP), in which the three vertebrae represent low (L1), medium (L2), and high (L3) densities, with actual BMD values of 0.496 g/cm², 0.990 g/cm², and 1.499 g/cm², respectively. The average BMDs of L1, L2, and L3 in Osteosys Dexxum-T devices and the Lunar Prodigy device were 0.605 g/cm² vs. 0.433 g/cm² in L1, 1.072 g/cm² vs. 0.928 g/cm² in L2, and 1.574 g/cm² vs 1.424 g/cm², respectively. The BMDs in Osteosys Dexxum-T devices were consistently lower than those from the Lunar Prodigy device[17]. Although this was a comparative study using EPS between different instruments, the findings corresponded with a previous study. According to cross-calibration studies, translational formulas for the Prodigy and Primus devices could be established and are described in supplementary Table 1,2.

In this study, we compared the scan parameters between both devices. Using a higher voltage than GE Lunar, Osteosys Primus is designed to enable more precise measurements. Due to the small pixel size, more measurement time is required compared to GE Lunar equipment, but it has a higher resolution. Compared to the GE Lunar instrument, the exposure dose was not significantly different, despite the long measurement time.

This study had two limitations. First, it was the first study of comparing Osteosys Primus and the GE Lunar Prodigy were included in the study. To generalize the results of this study to other races, further studies including Caucasians are needed [18]. Second, only a single total body phantom was used for calibration. In future studies, whole body phantom should be developed and used for accurate correction.

In summary, there were a very high correlation of BMDs and muscle mass between the Osteosys Primus and the GE lunar prodigy. In addition, body compositions measured by Osteosys Primus were consistently lower than those of the GE Lunar prodigy by 2.4% to 7.7 percent. There was a high agreement between all DXA systems in estimating BMCs and body compositions (R² = 0.85–0.99).

Nevertheless, cross-calibration equations should be used to examine data across systems to avoid erroneous conclusions.

Declarations

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The authors have no support or funding to report.

Conflict of interest

JI Yoo and YCHa declare that they have no conflict of interest.

Author Contribution

Conceived and designed the experiments: JI Yoo and YCHa

Analyzed the data: JI Yoo, Contributed reagents/materials/analysis tools: YC Ha

Wrote the paper: JI Yoo and YCHa

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Figures

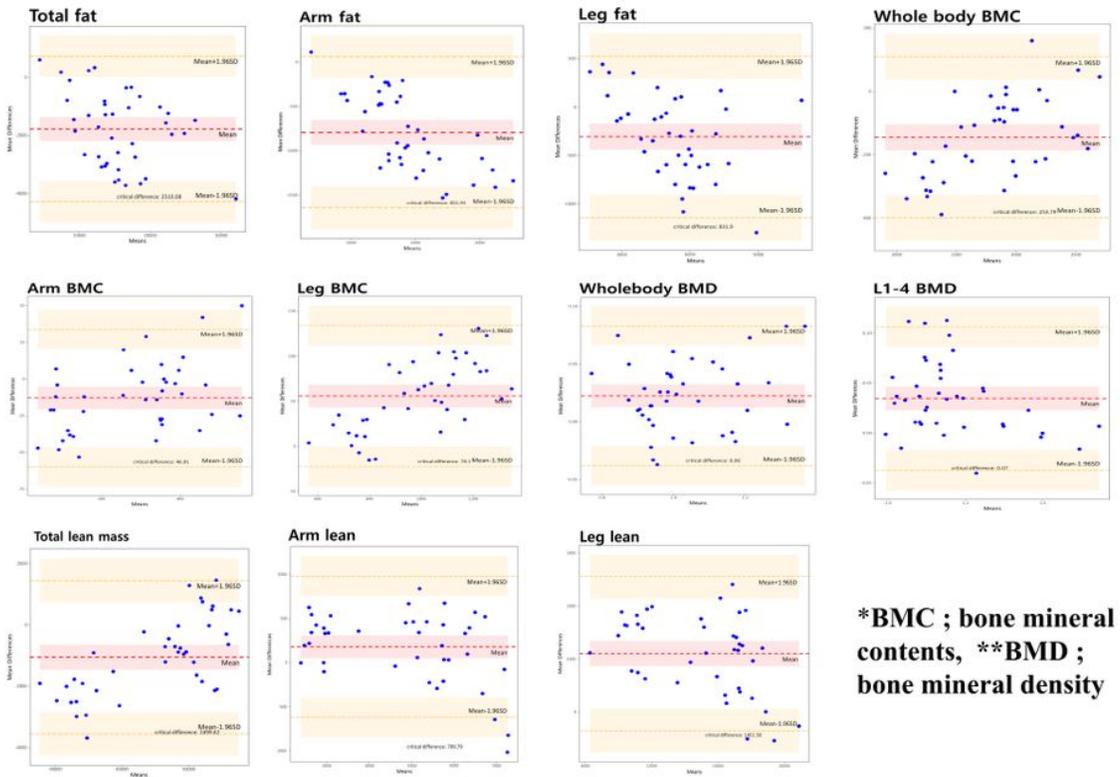


Figure 1

Bland-Altman plots of body composition and whole body BMD data between the Osteosys Primus and the GE Lunar Prodigy.

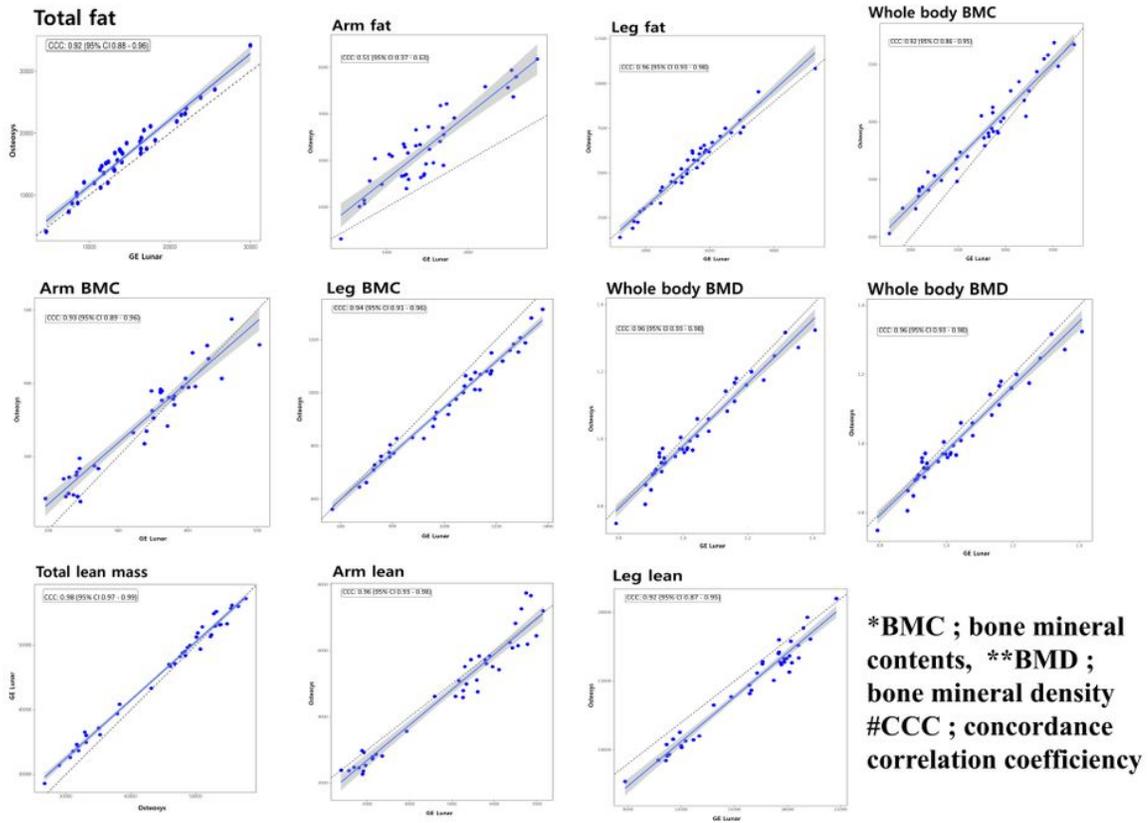


Figure 2

Correlation analysis of body composition and whole body BMD data between the two devices.

Supplementary Files

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