

# Longitudinal Associations Between TPO Gene Variants and TPOAb Seroconversion in a Population Based Study: Tehran Thyroid Study (TTS)

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## Research Article

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Title page

# Longitudinal Associations between TPO gene variants and TPOAb seroconversion in a population based study: Tehran Thyroid Study (TTS)

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۱۳      **Abstract**

۱۴      **Background:** Autoimmune thyroid diseases are among the most common autoimmune  
۱۵      diseases in the world. They are usually accompanied by the presence of anti-thyroid  
۱۶      antibodies as the early predictive marker. Genetic determinants of the susceptibility to  
۱۷      develop thyroid antibodies are still poorly understood. This study aimed to investigate the  
۱۸      relation between thyroid peroxidase (TPO) gene variants (53 SNPs) and positive TPOAb  
۱۹      and also to evaluate the effect of some environmental factors on changes from negative to  
۲۰      positive TPOAb (Seroconversion).

۲۱      **Methods:** Participants from the Tehran Thyroid Study (TTS) in phases 1 and 2 (N=5317, ≥  
۲۲      20 years) were evaluated for the positive TPOAb and its relationship with 53 SNPs from  
۲۳      TPO gene (a cross-sectional approach). At the second stage of the study (a longitudinal  
۲۴      approach), negative TPOAb participants (control group, N= 4815) were followed up for  
۲۵      about 5.5 ( $5.54 \pm 1.62$ ) years until they have had positive results for TPOAb (“TPOAb  
۲۶      seroconversion”). The association between TPO gene polymorphisms and TPOAb  
۲۷      seroconversion was evaluated using logistic regression analysis and SKAT package  
۲۸      (sequence kernel association test).

۲۹      **Results:** In cross-sectional analyses, 17 SNPs were associated with TPOAb positivity (521  
۳۰      positive TPOAb participants) after the adjustment for age, sex, body mass index (BMI),  
۳۱      smoking, the number of parity and oral contraceptive consumption ( $P <0.05$ ). In  
۳۲      longitudinal analyses, there was an association between TPOAb seroconversion and four  
۳۳      SNPs before, and three SNPs after adjustment ( $P <0.05$ ).

¶ **Conclusions:** TPOAb seroconversion could be affected by some thyroid peroxidase gene  
§ variants.

¶ **Keywords:** Autoimmune thyroid diseases, TPOAb, seroconversion, TPO gene, single  
¤ nucleotide polymorphism, SNP.

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۲۹

## Background

۳۰

Autoimmune thyroid diseases (AITDs) are among the most prevalent type of autoimmune  
۳۱ disorders (1). Although the exact pathogenesis of these disorders is not yet understood,  
۳۲ there is increasing evidence in favor of a role of genetic factors in collaboration with  
۳۳ environmental triggers (2). The basis for development of these disorders is production of  
۳۴ antibodies against cellular and molecular structures of thyroid gland. Although thyroid  
۳۵ peroxidase antibody (TPOAb) has not been identified as a direct cause of thyroid cell  
۳۶ destruction, there is a strong association between TPOAb and autoimmune thyroid  
۳۷ disorders and they are present in the serum of 90% to 95% of Hashimoto thyroiditis  
۳۸ patients (3). This association make them a reliable serological marker for diagnosis of  
۳۹ AITDs. The prevalence of anti-thyroid antibodies is between 5% to 24% among different  
۴۰ communities. This prevalence has been reported above 10% in a study that has been  
۴۱ performed in the framework of NHANES<sup>۱</sup>; with a prevalence of 13% for TPOAb and  
۴۲ 11.5% for thyroglobulin antibody (TgAb) (4). The prevalence of TPOAb was reported  
۴۳ 12.8% in Tehran Thyroid Study (TSS) (5).

۶۴

Genetic background plays the most important role in predisposition to an autoimmune  
۶۵ disorder (6-8). Preliminary studies for determination of genetic contribution to  
۶۶ autoimmune thyroid disorders performed by “candidate gene identification” approach  
۶۷ and mainly focused upon the genes having a role in the regulation of the immune system.  
۶۸ With the introduction of the Genome-wide association studies (GWAS), it has become  
۶۹ possible to perform genotyping on numerous individuals and at a high rate (9).

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<sup>۱</sup> National Health and Nutrition Examination Survey

✓. Genome-Wide Association Studies for detecting the relationship between genetic  
✓ polymorphisms and levels of TPOAb in prospective cohorts are still scarce. Soo-Heon  
✓ Kwak et al. in 2014 performed a two-stage GWAS on 4238 individuals along with  
✓ measurement of their serum levels of TSH, T4, and TPOAb (10). They identified a novel  
✓ variant of thyroid peroxidase (TPO) gene that was associated with TPOAb positivity.  
✓ Two meta-analysis surveys assessed GWAS studies for demonstrating the association  
✓ between genetic polymorphism and positive TPOAb and serum levels. In a meta-analysis  
✓ survey by Medici et al in 2014, it was shown that the coexistence of multiple variants in  
✓ an individual, considerably increases the risk of positive TPOAb and also the risk of  
✓ increased levels of TSH (11). In the other meta-analysis by Matana et al in 2017, a novel  
✓ polymorphism in the GRIN3A gene was significantly associated with levels of TPOAb in  
✓ women (12). No study has longitudinally evaluated the association between SNPs of TPO  
✓ gene and TPOAb seroconversion.

✓ The purpose of this study was to investigate the relation between the variants in TPO locus  
✓ (53 SNPs) and TPOAb positivity/seroconversion and also to evaluate the effect of some  
✓ environmental factors on the conversion.

## ✓ **Materials and Methods**

### ✓ **Subjects and Study design**

✓ This study was conducted in the framework of the Tehran Thyroid Study (TTS); a cohort  
✓ study, being performed in the context of Tehran Lipid and Glucose Study (TLGS), to  
✓ collect comprehensive information on the thyroid diseases and their long-term  
✓ consequences in the population of Tehran, the capital of Iran. TLGS and TTS have been

described extensively elsewhere (13). Briefly, TTS has been started at 1997. It designed in two stages, first stage was cross-sectional (phase 1) and second was a longitudinal study (phase 2, 3, and 4). The length of each study phase was about three years and the intervals between phases were four years. A total population of TTS was 5783. In the first phase 4174 and in second phase 1609 new subjects participated. The subjects of TTS were adults (aged  $\geq$  20 years) with thyroid function test results (5).

In the present study, the first stage was a cross-sectional (the first phase of TTS), and the second one was a longitudinal study (phases 2-4 of TTS). The study population was TTS participants who had genotype data for selected polymorphisms of the TPO gene and also had information for TPOAb test results at baseline (first and second phase of TTS). Pregnant women (n=40) were excluded. In the cross-sectional stage, we examined the correlation of different polymorphisms genotypes of the TPO gene with positive TPOAb. In the second stage of the study, TPOAb positive subjects (n=521) were excluded from the analysis, and negative TPOAb subjects (n=4237) were examined in subsequent phases until TPOAb seroconversion (until phase 4). Flowchart of participants through the study is shown in Fig.1.

The effect of polymorphisms on seroconversion was evaluated in the presence of some probable effective factors, such as age, sex, BMI, smoking, the number of parity and the use of Oral Contraceptive pills (OCPs).

**Phenotypic measurements and covariates** TPOAb measurements were performed on frozen serum samples. Measurement for all samples were done in the same day using

114 IEEMA (Immunoenzymometric assay) method by monoband Inc. Lake Forest, CA 92630,  
115 USA kit. Inter and intra-assay CVs were 3.9% and 4.7%, respectively. The normal  
116 (negative) range defined for this kit was less than 35 IU/ml (5). Body mass index (BMI)  
117 was calculated as weight in kilograms divided by the height in meters squared. Weight  
118 and height were taken by trained health care provider and were measured according to the  
119 standard protocol. Data on Parity, smoking and OCP consumption (biphasic or triphasic  
120 contraceptive tablets) were obtained by questionnaire. Smoking status was categorized as  
121 ever (daily or sometimes consumption) and never smokers by question at questionnaire  
122 (14).

### 123 **Genetic Data**

124 Genotyping: Blood samples used for extraction of genomic DNA from peripheral  
125 lymphocytes as previously described (Truett et al., 2000). Quality and quantity of  
126 extracted DNA were assessed by electrophoresis and spectrophotometry. Genotyping was  
127 performed with Illumina Human OmniExpress-24-v1-0 bead chip containing 649,932  
128 SNP loci (Illumina Inc., San Diego, CA, USA) (14). A total of 65 SNPs of TPO gene was  
129 recognized. After the quality check, the genotype information for selected markers was  
130 extracted from the chipped dataset for all individuals.

### 131 **Quality control and genetic association**

132 Deviation from Hardy-Weinberg equilibrium ( $P < 0.01$ ) used to filter low-quality SNPs.  
133 Forty-nine SNPs with MAF greater than 0.05 (4 SNPs had MAF<0.05) were considered  
134 for association analysis by logistic regression (Supplementary Table 1 and  
135 Supplementary figure 1). The reference alleles, for running logistic regression, were

136 selected according to the GWAS catalog web reference (<https://www.ebi.ac.uk/gwas/>).  
137 The reference homozygote genotype level was considered as the reference genotype for  
138 reporting odds ratio (OR). All models adjusted for age, sex, BMI, smoking, OCP use and  
139 number of parity as covariates, using principal components (PC1 and PC2) from the  
140 genome-wide SNP data. To calculate Hardy-Weinberg equilibrium (HWE), and  
141 statistically evaluation of genetic association we used PLINK2 (<https://www.cog-genomics.org/plink/2.0/>) (genomic inflation=1.001). Sequence-based kernel machine  
142 association test (SKAT) was used to increase the study capability where the minor MAF  
143 was less than 0.05 or sparse samples. Therefore, 53 SNPs were tested by SKAT  
144 (Supplementary Table 1). SKAT model was designed and implemented in two steps.  
145 During the first step, by the Haplovview software and using the Four Gamet rule, SNPs  
146 were split into linkage disequilibrium (LD) blocks. In this step, SNPs were grouped into  
147 17 blocks (supplementary figures 2&3). In the second step, the relationship between  
148 positive TPOAb and the blocks (adjusted for age, sex, smoking, parity, BMI, and OCP  
149 consumption) and pc1 and pc2 under the SKAT model was measured.  
150

151 The statistical power of two stages of the study by the SKAT package for a sample size of  
152 5327 in the cross-sectional step (the first step) and 4531 in the second step, considering  
153 17 LD blocks and a significant level of 0.05, was 76% and 72% for first and second  
154 stages, respectively.

## 155 **Statistical Analysis**

156 For describing the basic characteristics of the subjects, for continuous variables (age, number  
157 of parities, and body mass index), mean and standard deviation were used, for continuous

variables with non-normal distribution (TPOAb level), median and interquartile range were used and qualitative variables (gender, smoking, and OCP consumption) were reported as a percentage and numeric. To evaluate SNPs and describing allele frequency indices, MAF, and heterozygosity were used. Finally, testing for deviations from HWE was also performed by the Chi-Square test. To investigate the differences leven test (for equality of variances), t-test (for equality of means), and Chi-Square test (for equality of proportions) were used. Data were analyzed using Haplovew, R (SKAT and SnpStats packages), and PLINK software.

## Results

Baseline characteristics of participants have been summarized and shown in the table 1. Of the 5783 participants in the Tehran Thyroid Study, 5327 subjects took part in the current study (40 pregnant women and 416 subjects without genotyping were excluded) (Figure 1). At the baseline TPOAb negative and positive subjects were 4531(85.2%) and 787(14.8%), respectively. At the first stage, with a cross-sectional approach, 49 SNPs were assessed by the logistic regression model with the outcome of positive TPOAb. Among these, 17 SNPs had a significant association with positive TPOAb, after adjustment for age, gender, smoking status, BMI, and the number of parities ( $P<0.05$ ) (Table 2). A number of SNPs were also significant but were not included in the table due to irrational odds ratio. Age and female sex increased the probability of positive TPOAb ( $OR>1$ ;  $P<0.05$ ), but smoking had a protective role ( $OR<1$ ;  $P<0.05$ ). In longitudinal stage, among 294 subjects with seroconversion, 4 SNPs showed a significant association with TPOAb seroconversion, before adjustment for the confounder variables (rs9326161, rs13431646, rs11896517, and rs6605278) ( $P<0.05$ ). After adjustment for age, gender,

smoking, BMI, number of parities, and OCP consumption, 3 SNPs had a significant association with TPOAb seroconversion (rs6605278, rs1126799, rs4927624) ( $P<0.05$ ) (Table 3). Among these SNPs, rs6605278 showed statistically significant association before and after adjustment.

In longitudinal approach, our results showed that age and BMI had significant effect on the association between aforementioned SNPs and seroconversion. Age had a protective effect on the TPOAb seroconversion risk while BMI increased it ( $P<0.001$ ). We observed significant difference between two sex for rs1126799 in the cross-sectional and also longitudinal stages, there is significant difference between two sex, which suggests that minor allele (T) of this SNP increases the risk in one while decreases the risk in another. For almost all polymorphisms, the effect of the confounders was the same; Exceptions: In the two SNPs (rs9678469, rs4927616) the effect of age was not significant. In two SNPs (rs1514684, rs13431646) the effect of smoking was not significant. In one SNP (rs9678469) the effect of BMI was not significant. About number of parities, significant association (protective effect) was found only in two SNPs (rs938330 and rs13431646). And about OCP consumption, just in one SNP (rs11682968) significant association with positive TPOAb (seroconversion) was found.

### Genetic analysis results

Genetic analysis using the PLINK software showed that; after adjustment for the variables of age, gender, smoking, BMI, number of parities, and OCP consumption, there was no significant association between the SNPs and positive TPOAb, in either cross-sectional or longitudinal stages (Supplementary Tables 2, 3).

Using SKAT, 53 studied polymorphisms were divided into 17 blocks according to their common LD. Results of the final analysis in the cross-sectional stage showed that 2 of the blocks had a significant association with positive TPOAb (block number 4 including: rs11211644, rs1546588, rs11675342, rs11675434, rs13400534, rs11682968; P=0.009 and block number 11 including: rs6588678, rs2048722, rs1126797, rs13430369, rs2276704, rs13431173, rs732609, rs3755551, rs9383300; P=0.015); but in longitudinal analyses, none of the blocks showed a significant association with TPOAb seroconversion (P>0.05) (Table 4). All SNPs with significant association in each stages of the study along with statistical analyses used, have been summarized in table 5.

## Discussion

Factors affecting the production of antibodies against thyroid structure are not yet well understood. In recent years, several studies have been performed to investigate the genetic susceptibility to raise autoimmune thyroid diseases by examination of thyroid specific and/or immune regulatory genes (6-8, 15, 16) . In the present study we investigated the association of 53 SNP near or within TPO gene polymorphims with TPOAb positivity and also with changes from negative to positive TPOAb (TPOAb seroconversion) over the time. Our study included an adult sample of 5327 and whom all had TPOAb test results at baseline and 4 phases of TTS. We detected significant association between positive TPOAb and 21 SNPs (17 SNPs in cross-sectional and 4 SNPs in longitudinal phases) and 2 blocks of SNPs in SKAT method.. Among these 21 variants, according to dbSNP (<https://www.ncbi.nlm.nih.gov/snp/>), 14 SNPs (rs4490233, rs13423589, rs11897977, rs1967512, rs2070882, rs6588678, rs3755551, rs938330,

٢٢٥ rs4927621, rs12465127, rs17732233, rs1126799, rs2048727, rs6605278) are reporting for  
٢٢٦ the first time in association with TPOAb.

٢٢٧ Previous GWAS studies have reported the association of many variants with TPOAb levels  
٢٢٨ and/or positivity (10-12, 16). Among the associated variants a few number are located in  
٢٢٩ or near TPO locus. Kwak et al. have identified 9 variants of TPO gene been suggestively  
٢٣٠ associated with TPOAb positivity in Koreans. There was only one variant, rs2071403, of  
٢٣١ significant association ( $p=1\times 10^{-10}$ )(10). Rs2071403 and two of the suggestively identified  
٢٣٢ associated SNPs (rs11682968 and rs13400534) were included in our study; the first one  
٢٣٣ deviated from HWE and failed to pass the quality control but the two last ones were in  
٢٣٤ the associated block no. 11. Rs2071403 was also included in the Tomari examination  
٢٣٥ (2017) and showed no significant association with TPOAb in patients with AITD,  
٢٣٦ although it was associated with the development of their disease. Tomari et al. examined  
٢٣٧ the relationship between 8 SNPs of TPO gene and development, severity and  
٢٣٨ intractability of AITDs in Japanese patients (17). They found that the serum levels of  
٢٣٩ TPOAb were significantly associated with rs2071400 and rs2048722 polymorphisms.  
٢٤٠ Rs2048722 is an intronic variant and was associated with TPOAb positivity in the first  
٢٤١ stage of our study. Two SNPs; including rs732609 and rs1126797 were showed no  
٢٤٢ significant association in Tomari et. al. study while both of them are located in the  
٢٤٣ associated block no.4 in our study. Rs732609 has previously been reported to be  
٢٤٤ associated with TPOAb levels in Iranians with subclinical hypothyroidism (18). This  
٢٤٥ variant is a missense mutation in exon 12 (Thr725Pro) and could affect the interactions  
٢٤٦ with heme prosthetic group in the catalytic site (19). This is conceivable that slight

٢٤٧ changes in the TPO structure, occurs following single residual substitution, may trigger  
٢٤٨ autoimmune reaction.

٢٤٩ The next associated SNP from the cross stage is rs7048722 that has previously reported as  
٢٥٠ associated variant (17). In our study, this intronic variant is present in the associated  
٢٥١ block no. 11.

٢٥٢ We recognized rs11675434, which is located near the TPO gene, in block no.4. This SNP has  
٢٥٣ been reported in a GWAS meta-analyses in 18,297 individuals for TPOAb-positivity and  
٢٥٤ in 12,353 individuals for TPOAb serum levels (11) and showed significant association  
٢٥٥ with both phenotypes ( $p=1.5\times10^{-6}$  &  $1.4\times10^{-13}$  respectively). Considering the strong  
٢٥٦ association of this variant, it seems probable that this block has been recognized as  
٢٥٧ associated block because of being included rs11675434. Rs2071402 and 1126799 are  
٢٥٨ other associated variants in our study that have been examined in relation with TPOAb  
٢٥٩ and showed no association (17). Remaining 17 associated variants of TPO gene (table 2)  
٢٦٠ are reported for the first in relation with TPOAb positivity/seroconversion. Among these  
٢٦١ newly reported variants only rs13431173 is located in coding region and resulted in  
٢٦٢ replacement of Methionine for Valine.

٢٦٣ About the confounders, observations in the first stage indicate that age, female sex, and  
٢٦٤ higher BMI increase the probability of positive TPOAb, but smoking has a protective role  
٢٦٥ in most variants. Previously, the protective effect of smoking on developing HT and the  
٢٦٦ production of anti-thyroid antibodies such as TPOAb and TgAb have been reported (20,  
٢٦٧ 21). In longitudinal approach, we found that increasing age did not always increase the  
٢٦٨ likelihood of TPOAb positivity. This means that the risk increases until a certain age, but  
٢٦٩ then decreases. More details were noticeable in Amouzegar et al. longitudinal survey on

TTS population which has showed that TPOAb seroconversion was higher in women than in men and decreased with increasing age but increased again in the elderly male population (5). This finding was different from the results of Li et al. study which showed no significant association between both age and gender with TPOAb seroconversion (22). This difference may be due to decrease in the number of subjects in elderly population in Li study. In current study, with increasing BMI, the risk of TPOAb positivity also increases. It is suggested that weight gain increases the incidence of thyroid autoimmunity. The association between obesity and the increased prevalence of autoimmune diseases, including AITDs, has been reported in several previous studies (23-27). The observations of this study were in line with previous studies. It seems that chronic low-grade inflammation in obesity is involved in pathogenesis of autoimmune diseases such as AITDs and TPOAb positivity (26). More broadly, the lack of effect of parity on TPOAb positivity in the TTS population has been reported in a concurrent study (28). Similar results about parity and negative effect of OCP consumption has been reported in several previous studies (29-32).

In this study, we examined the association between TPO gene variants and seroconversion during about 5.5 ( $5.54\pm1.62$ ) years follow up. This longitudinal association has not been previously examined. We detected a significant association between four variants before adjustment for covariates and 3 variants after adjustment. Rs1126799 is common between cross and longitudinally associated variants and the others are reported for the first time in regards of TPOAb.

٢٩٢ The strengths of this study were; having a good sample size in cross-sectional approach, the  
٢٩٣ prospective approach of the study for evaluation of confounder variables and acceptable  
٢٩٤ length of follow-up. The longitudinal view has been conducted in very little studies and  
٢٩٥ can examine the effect of the confounders on an outcome in the presence of a specific  
٢٩٦ SNP. Simultaneous analysis of all SNPs of a gene together in a GWAS study is much  
٢٩٧ stronger than "candidate gene" studies. The use of genetic statistical analysis methods,  
٢٩٨ especially the "Sequence Kernel Association Test", such as SKAT software used in this  
٢٩٩ study, can increase the strength of statistical analysis in the field of genetics.

٣٠٠ As limitation in this study, reducing the TPOAb positive subjects in longitudinal approach  
٣٠١ resulted in insufficient sample size for an acceptable power. Positive TPOAb levels alone  
٣٠٢ would not be indicative of autoimmune thyroid disease, so it was better to use thyroid  
٣٠٣ function tests to diagnose the clinical condition of the thyroid. In the present study, the  
٣٠٤ extraction of genetic polymorphisms was from ChIP-PED data in GWAS test, but the  
٣٠٥ number of SNPs selected for final analysis is much lower than conventional GWAS  
٣٠٦ studies. Of course, conducting studies based on the whole genome would be better and  
٣٠٧ have a more powerful achievement in genetic studies.

٣٠٨ This study was performed on a gene. Further studies, based on GWAS review data, are  
٣٠٩ recommended on other genes, for example, those related to thyroid structure, immune  
٣١٠ system, and non-thyroid structures, and even chromosomes. And the value will be greatly  
٣١١ enhanced by comparing the outcomes of clinical diseases such as hypothyroidism with  
٣١٢ genetic findings. Subsequent studies based on longitudinal approach with long-term  
٣١٣ follow-up of individuals can examine more effective confounders in the occurrence of a  
٣١٤ gene. Undoubtedly, such studies can open a new window to Personalized (Precision)

၃၁၀ Medicine and can be used to detect, track or treat autoimmune diseases such as  
၃၁၆ Hashimoto's thyroiditis.

၃၁၇ **Conclusion**

၃၁၈ For the first time, we found in a population-based study significant relationship between  
၃၁၉ some TPO gene SNPs and positive TPOAb and show the effect of age, sex, and BMI as  
၃၂၀ confounders on the incidence of TPOAb seroconversion.

၃၂၁ **List of abbreviations**

၃၂၂ Autoimmune thyroid diseases (ATIDs), thyroid peroxidase antibody (TPOAb), thyroglobulin  
၃၂၃ antibody (TgAb), Tehran Thyroid Study (TSS), Genome-wide association studies  
၃၂၄ (GWAS), thyroid peroxidase (TPO), Tehran Lipid and Glucose Study (TLGS), body  
၃၂၅ mass index (BMI), Sequence-based kernel association test (SKAT), minor allele  
၃၂၆ frequency (MAF), linkage disequilibrium (LD), Hardy-Weinberg equilibrium (HWE),  
၃၂၇ Oral Contraceptive pills (OCPs).

၃၂၈ **Declaration**

၃၂၉ **Ethics approval and consent to participate**

۲۳۰ This study was reviewed by the Ethics Committee of the Endocrine and Metabolism  
۲۳۱ Research Center of Shahid Beheshti University of Medical Sciences and its code was  
۲۳۲ IR.SBMU.ENDOCRINE.REC.1398.017.

۲۳۳ **Consent for publication**

۲۳۴ All information of the participants in this study has been obtained with their knowledge  
۲۳۵ and consent.

۲۳۶ **Availability of data and materials**

۲۳۷ Fundamental information about TLGS and TTS studies are available in previous  
۲۳۸ published articles like reference number 14. The datasets used and/or analyzed during the  
۲۳۹ current study are available from the corresponding author on reasonable request after  
۲۴۰ permission of Endocrine and Metabolism Research Center of Shahid Beheshti University  
۲۴۱ of Medical Science.

۲۴۲ **Competing interests**

۲۴۳ The authors declare that they have no competing interests.

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۳۴۶

### Authors' contributions

۳۴۷ AG: collected database and integrated study design, result and discussion. AZ: strict  
۳۴۸ supervised and made fundamental changes in article, BR: collected database, result and  
۳۴۹ discussion. SJN: collected database, result and discussion. MA: analyzed data and  
۳۵۰ prepared result. AA: supervised and guided study design. MSD: supervised in genetic  
۳۵۱ guidance. DK and YM: guided in data analysis and result. FS and SAE: supervised. FA:  
۳۵۲ strict supervised.

۳۵۳

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۳۵۶

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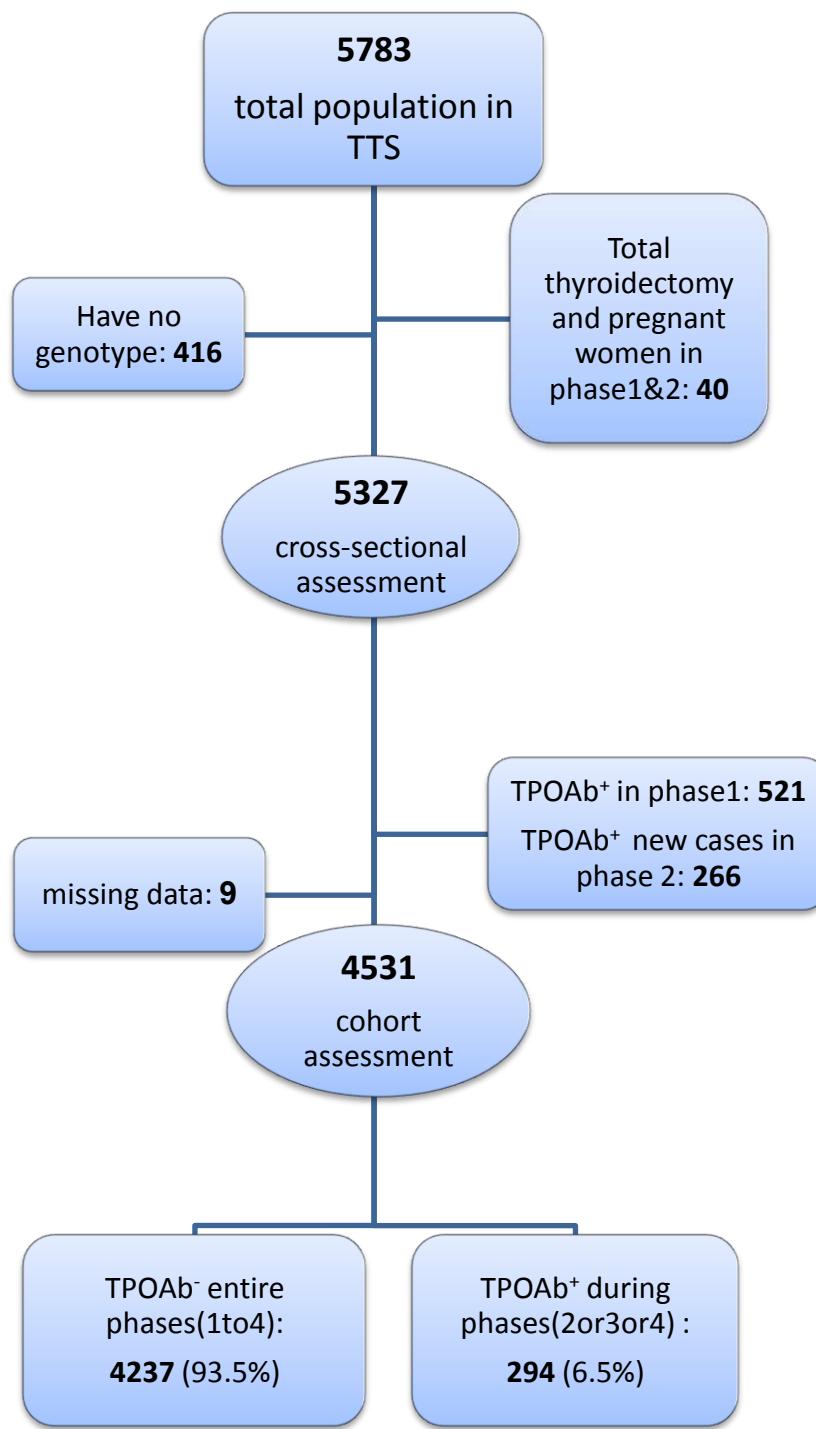
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٤٠٣ **Tables and figures**



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Figure 1: Flowchart of participants in Tehran Thyroid Study (TTS)

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**Table 1: Baseline characteristics of participants based on positive and negative TPOAb beginning of phase 1**

	<b>TPOAb negative*</b> <b>N= 4531(85.2%)**</b>	<b>TPOAb positive*</b> <b>N=787(14.8%)**</b>	<b>P-Value</b>
<b>Age, years, mean(<math>\pm</math> SD)</b>	40.06( $\pm$ 11.66)	41.18( $\pm$ 13.47)	0.02
<b>Sex, n(%)</b>			
<b>Male, 2209(42%)</b>	2032(91.9%)	177(8.0%)	<0.001
<b>Female, 3109(58%)</b>	2499(81.0%)	610(19.0%)	OR:2.62 (95%CI 2.34-3.34)
<b>Smoking, n(%)</b>			
<b>daily</b>	290(81%)	68(19%)	0.65
<b>no</b>	3020(81.2%)	697(18.8%)	
<b>sometime</b>	1221(98.3%)	22(1.7%)	
<b>BMI (kg/m<sup>2</sup>), mean <math>\pm</math>SD</b>	26.38 $\pm$ 4.68	27.94 $\pm$ 5.62	<0.001
<b>Parity, number</b>			
<b>Mean</b>	2.17	3.02	0.46
<b>(min-max)</b>	(0-13)	(0-13)	
<b>(SD)</b>	(2.38)	(3.04)	
<b>OCP in women*** n(%)</b>			
<b>yes</b>	1603(79.1%)	422(20.9%)	<0.001
<b>no</b>	896(82.6%)	188(17.4%)	OR:1.25 (95%CI 1.04-1.51)

\* Positive TPOAb means TPOAb $\geq$ 35 IU / ml

\*\* The number and percentage of TPOAb positive and negative individuals were evaluated based on all individuals in phase 1 and 2.

\*\*\* based on OCP use in Phase 2 (OCP consumption information in Phase 1 not available)

**Table 2: Significant associations between 17 SNPs and Positive TPOAb in Cross-Sectional approach after adjustment for confounders\***

SNP	Genotype	frequency		OR	P-value	SNP	Variables	frequency		OR	P-value
		control	Case					control	Case		
<b>rs4490233</b>	(AA) ref.	403	20			<b>rs3755551</b>	(TT) ref.	334	20		
	(AG)	1869	222	2.266	<b>0.001</b>		(TC)	1729	275	2.496	<b>&lt;0.001</b>
	(GG)	2151	538	4.879	<b>&lt;0.001</b>		(CC)	2361	482	3.338	<b>&lt;0.001</b>
<b>rs13423589</b>	(TT) ref.	117	6			<b>rs938330</b>	(CC) ref.	486	194		
	(TG)	1185	254	3.686	<b>0.002</b>		(CT)	1898	422	0.527	<b>&lt;0.001</b>
	(GG)	3125	520	2.99	<b>0.01</b>		(TT)	2036	164	0.199	<b>&lt;0.001</b>
<b>rs11897977</b>	(GG) ref.	49	4			<b>rs4927621</b>	(GG) ref.	870	80		
	(GA)	915	261	3.083	<b>0.034</b>		(GA)	2155	397	1.937	<b>&lt;0.001</b>
	(AA)	3456	515	1.66	0.337		(AA)	1403	303	2.433	<b>&lt;0.001</b>
<b>rs2071402</b>	(AA) ref.	795	22			<b>rs12465127</b>	(AA) ref	929	249		
	(AG)	2088	339	5.612	<b>&lt;0.001</b>		(AG)	2137	374	0.632	<b>&lt;0.001</b>
	(GG)	1534	419	10.03	<b>&lt;0.001</b>		(GG)	1362	155	0.428	<b>&lt;0.001</b>
<b>rs10193983</b>	(AA) ref.	60	107			<b>rs17732233</b>	(TT) ref.	342	229		
	(AG)	877	384	0.247	<b>&lt;0.001</b>		(TC)	1698	393	0.317	<b>&lt;0.001</b>
	(GG)	3488	288	0.046	<b>&lt;0.001</b>		(CC)	2388	156	0.094	<b>&lt;0.001</b>
<b>rs1967512</b>	(CC) ref.	444	175			<b>rs1126799</b>	(CC) ref.	1101	137		
	(CT)	1833	561	0.75	<b>0.007</b>		(CT)	2208	398	1.398	<b>0.002</b>
	(TT)	2148	43	0.048	<b>&lt;0.001</b>		(TT)	1112	243	1.77	<b>&lt;0.001</b>
<b>rs2070882</b>	(TT) ref.	896	278			<b>rs2048727</b>	(AA) ref.	1931	184		
	(TC)	2132	373	0.546	<b>&lt;0.001</b>		(AG)	1946	374	0.486	<b>&lt;0.001</b>
	(CC)	1399	129	0.29	<b>&lt;0.001</b>		(GG)	547	205	0.247	<b>&lt;0.001</b>
<b>rs6588678</b>	(GG) ref.	1899	205			<b>rs6605278</b>	(TT) ref.	116	175		
	(GA)	1965	416	1.88	<b>&lt;0.001</b>		(TC)	1126	561	0.311	<b>&lt;0.001</b>
	(AA)	563	157	2.512	<b>&lt;0.001</b>		(CC)	3185	43	0.008	<b>&lt;0.001</b>
<b>rs2048722</b>	(GG) ref.	966	134								
	(GA)	2162	441	1.468	<b>0.001</b>						
	(AA)	1294	204	1.176	0.19						

\* Confounders were age, sex, BMI, smoking and number of parities. Age, gender and BMI had significant effect on positive TPOAb and smoking had significant protective effect.

**Table 3: Significant associations between 6 SNPs and TPOAb seroconversion in longitudinal study before and after adjustment for confounder variables\***

SNP	Genotype	Before Adjustment			After Adjustment*			
		L95	U95	P-value	OR	L95	U95	P-value
OR								
<b>rs9326161</b>	(TT) ref.							
	(TC)	0.287	0.076	1.081	0.065	0.292	0.051	1.686
	(CC)	0.227	0.063	0.82	<b>0.024</b>	0.202	0.037	1.092
<b>rs13431646</b>	(TT) ref.							
	(TC)	0.227	0.06	0.865	<b>0.03</b>	0.297	0.034	2.609
	(CC)	0.258	0.072	0.922	<b>0.037</b>	0.314	0.038	2.570
<b>rs11896517</b>	(CC) ref.							
	(CT)	0.444	0.191	1.032	0.059	0.651	0.166	2.555
	(TT)	0.404	0.18	0.907	<b>0.028</b>	0.461	0.122	1.744
<b>rs6605278</b>	(TT) ref.							
	(TC)	0.408	0.228	0.73	<b>0.003</b>	0.283	0.125	0.641
	(CC)	0.379	0.219	0.656	<b>0.001</b>	0.237	0.108	0.516
<b>rs4927624</b>	(CC) ref.							
	(CT)	0.830	0.621	1.109	0.208	0.711	0.474	1.066
	(TT)	0.797	0.564	1.126	0.198	0.594	0.359	0.985
<b>rs1126799</b>	(CC) ref.							
	(CT)	0.823	0.613	1.104	0.194	0.653	0.434	0.981
	(TT)	0.810	0.574	1.144	0.231	0.583	0.354	0.961

\* Confounder were age, sex, BMI, smoking, number of parities and OCP consumption.

**Table 4: Association between TPO gene SNPs blocks (based on common LD) and TPOAb positivity in cross-sectional and longitudinal approaches with SKAT software**

BLOCK	SNP	POSITION	MAP1*	MAP2**	BLOCK	SNP	POSITION	MAP1*	MAP2**
1	<b>rs4490233</b>	1372933	0.729	0.438	10	<b>rs13431646</b>	1472441	0.182	0.667
	<b>rs13423589</b>	1373270							
2	<b>rs9326161</b>	1375171				<b>rs6588678</b>	1479168		
	<b>rs4076290</b>	1375197				<b>rs2048722</b>	1492028		
	<b>rs11897977</b>	1380953	0.434	0.341		<b>rs1126797</b>	1494031		
	<b>rs10153889</b>	1393643				<b>rs13430369</b>	1494742		
	<b>rs10190521</b>	1394200			11	<b>rs2276704</b>	1495956	<b>0.015</b>	0.575
	<b>rs1996207</b>	1394528				<b>rs13431173</b>	1496098		
3	<b>rs938326</b>	1398009	0.094	0.554		<b>rs732609</b>	1496155		
						<b>rs3755551</b>	1498985		
						<b>rs938330</b>	1502370		
4	<b>rs11211644</b>	1400723			12	<b>rs4927621</b>	1504913		
	<b>rs1546588</b>	1403306				<b>rs12465127</b>	1512593	0.438	0.733
	<b>rs11675342</b>	1403856							
	<b>rs11675434</b>	1404043	<b>0.009</b>	0.051	13	<b>rs4927624</b>	1512908	0.216	0.237
	<b>rs13400534</b>	1408111							
	<b>rs11682968</b>	1408458							
5	<b>rs2071402</b>	1413427			14	<b>rs13398180</b>	1513015	0.846	0.897
	<b>rs10193983</b>	1419511	0.425	0.750					
6	<b>rs1967512</b>	1419728	0.061	0.351	15	<b>rs11896517</b>	1514340	0.259	0.629
	<b>rs9678469</b>	1423335							
7	<b>rs10519477</b>	1427818			16	<b>rs17732233</b>	1515292		
	<b>rs4927606</b>	1431524	0.878	0.995		<b>rs1126799</b>	1516904	0.238	0.843
	<b>rs1514684</b>	1437406				<b>rs2048727</b>	1519979		
8	<b>rs9751407</b>	1437777			17	<b>rs4927625</b>	1521757		
	<b>rs7602332</b>	1446194	0.484	0.119		<b>rs6605278</b>	1543458	0.345	0.640
	<b>rs10204515</b>	1447925							
9	<b>rs4927608</b>	1449756							
	<b>rs2070882</b>	1454229							
	<b>rs6706775</b>	1455689							
	<b>rs4927611</b>	1456232	0.544	0.309					
	<b>rs4927612</b>	1456368							
	<b>rs4927616</b>	1459113							
	<b>rs6732480</b>	1459640							

MAP = Minimum Achieved P-value (significant is MAP &lt;0.05)

\*MAP in cross-sectional stage

\*\*MAP in cohort stage

88.

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**Table 5: Polymorphisms with significant association**

Significant SNPs in the first stage (cross- sectional) after adjusting variables	Significant SNPs in the second stage (longitudinal) before adjusting variables	Significant SNPs in the second stage (longitudinal) after adjusting the variables	Significant SNPs in the SKAT analysis in cross- sectional stage
<b>rs4490233</b>	rs9326161	rs4927624	(Block 4):
<b>rs13423589</b>	rs13431646	rs1126799*	rs11211644
<b>rs11897977</b>			rs1546588
<b>rs2071402</b>	rs11896517	rs6605278*	rs11675342
<b>rs10193983</b>	rs6605278*		rs11675434
<b>rs1967512</b>			rs13400534
<b>rs2070882</b>			rs11682968
<b>rs6588678</b>			
<b>rs2048722**</b>			(Block 11):
<b>rs3755551**</b>			rs6588678
<b>rs938330**</b>			rs2048722**
<b>rs4927621</b>			rs1126797
<b>rs12465127</b>			rs13430369
<b>rs17732233</b>			rs2276704
<b>rs1126799*</b>			rs13431173
<b>rs2048727</b>			rs732609
<b>rs6605278*</b>			rs3755551**
			rs938330**

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\* Both in the cross-sectional and longitudinal study is significant.

883

\*\* Both in the logistic regression and in the SKAT analysis (in the cross-sectional stage) is significant.

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## Figures

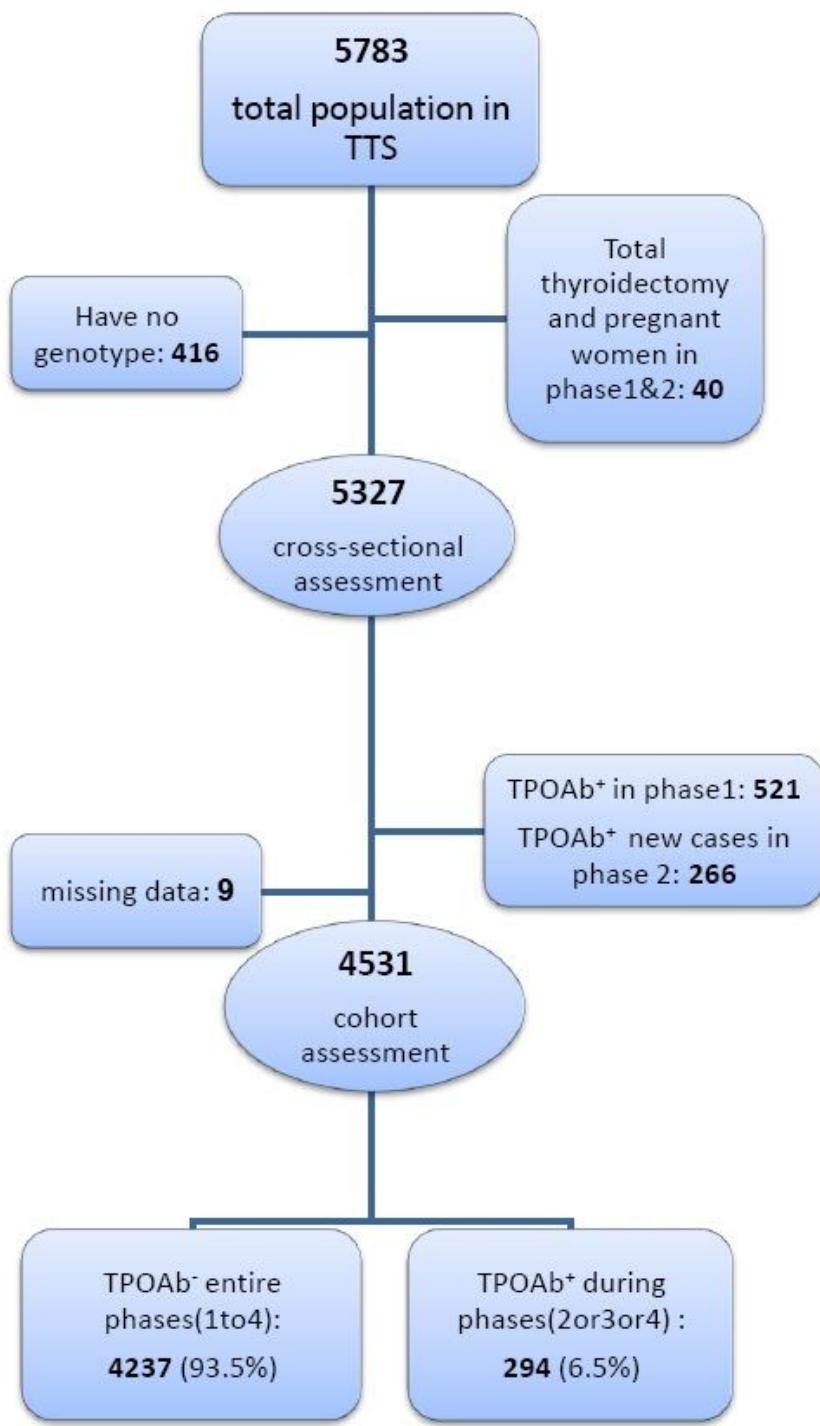


Figure 1

Flowchart of participants in Tehran Thyroid Study (TTS)

## Supplementary Files

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