

Trends and Zonal Variability of Extreme Rainfall Events Over East Africa During 1960-2017

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1 **Trends and Zonal Variability of Extreme Rainfall events over East Africa during 1960-**
2 **2017**

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18 **Abstract**

19 East African countries (Uganda, Kenya, Tanzania, Rwanda, and Burundi) are prone to weather
20 extreme events. In this regard; the past occurrence of extreme rainfall events is analyzed for 25 stations
21 following the Expert Team on Climate Change Detection and Indices (ETCCDI) regression method.
22 Detrended Fluctuation Analysis (DFA) is used to show the future development of extreme events.
23 Pearson’s correlation analysis is performed to show the relationship of extreme events between different
24 rainfall zones and their association with El Niño -Southern Oscillation (ENSO and Indian Ocean dipole
25 (IOD) IOD-DMI indices. Results revealed that the consecutive wet day's index (CWD) was decreasing
26 trend in 72% of the stations analyzed, moreover consecutive dry days (CDD) index also indicated a
27 positive trend in 44% of the stations analyzed. Heavy rainfall days index (R10mm) showed a positive
28 trend at 52% of the stations and was statistically significant at a few stations. In light of the extremely
29 heavy rainfall days (R25mm) index, 56% of the stations revealed a decreasing trend for the index and
30 statistically significant trend at some stations. Further, a low correlation coefficient of extreme rainfall
31 events in the regions; and between rainfall extreme indices with the atmospheric teleconnection indices
32 (Dipole Mode Index-DMI and Nino 3.4) ($r = -0.1$ to $r = 0.35$). Most rainfall zones showed a positive
33 correlation between the R95p index and DMI, while 5/8 of the rainfall zones experienced a negative
34 correlation between Nino 3.4 index and the R95p. In light of the highly variable trends of extremes
35 events, we recommend planning adaptation and mitigation measures that consider the occurrence of such
36 high variability. Measures such as rainwater harvesting, stored and used during needs, planned settlement,
37 and improved drainage systems management supported by accurate climate and weather forecasts is
38 highly advised.

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Keywords: *Rainfall extreme events, DFA, East Africa*

50 **1. Introduction**

51 East African (EA) countries (Uganda, Kenya, Tanzania, Rwanda, and Burundi) are prone to
52 climate and weather extreme events that usually expose their population to risks and vulnerability (Kilavi
53 et al. 2018). The rains are highly variable and frequently associated with extremes events such as flash
54 floods (Indeje et al. 2000; Nicholson 2017), and droughts (Gamoyo et al. 2015). These events continue to
55 increase great stress on many EA countries by disrupting food production and distribution channels in the
56 region (FAO 2017). The impact of some climate extreme events such as frequent flash floods, long dry
57 spells, frequent droughts usually result in damages to socio-economic infrastructure, food insecurity, and
58 loss of lives (Schlenker and Lobell 2010; Adhikari et al. 2015; Onyutha 2016; Pereira 2017). Extreme
59 climate events have led to the human population suffering especially in the face of more frequent droughts
60 and floods in the region (Lyon and DeWitt 2012).

61 Several parts of EA have experienced one or more extreme precipitation episodes over the last
62 decades. For example; Uganda has experienced alternating episodes of floods, droughts, or dry spells in
63 eastern and northeastern which have resulted in frequent loss of human lives, livestock, as well as the
64 destruction of socio-economic infrastructure (Onyutha 2016). And according to the World Bank report of
65 2009, Kenya experienced financial loss worth 870 million dollars during 1997/1998 ENSO/ El Niño
66 events that led to flooding in the region (Davis et al. 2009). Besides these; climate extremes events cause
67 massive loss of life of other living organisms and threaten the total extinction of some vital species
68 (Downing 1991; Omondi et al. 2013). Incidences of pests and disease occurrence with extreme climate
69 events have been examined by other authors (e.g Pascal et al. 2006; Stern et al. 2011).

70 Seasonal rainfall over EA is also regulated by the weather phenomena such as the Indian Ocean
71 dipole (IOD) (Behera et al. 2005; Onyutha 2016) and El Niño -Southern Oscillation (ENSO), which are
72 associated with the interannual variability as well as extreme rainfall events (Indeje et al. 2000; Ogwang
73 et al. 2015a; Onyutha 2016). For example; the warm phase of ENSO/ El Niño usually results in extremely
74 high rainfall in most parts of EA which normally causes occasional floods like the episode of 1997/1998
75 (Amissah et al. 2002; Takaoka 2005). Conversely, the cold phase of ENSO/ La Niña is associated with
76 extremely dry air and subsequently drought conditions of most regions of EA.

77 Standardized rainfall anomaly revealed an increase in the intensity of extreme precipitation events
78 for above normal cases over EA (Ongoma et al. 2018), and the region is expected to strongly warm and
79 rainfall extremes increased by the end of the twenty-first century (Ongoma et al. 2017). Results from
80 recent global studies indicate changes in frequencies, intensity, geographical extent, duration, and timing
81 of climate extreme events (Cai et al. 2014). An increase in rainfall extreme events such as very wet days

82 (R95p) and extremely wet days (R99p) predicted in the future (2021-2100) are bounds to cause the loss of
83 lives and destruction of property due to increase in flood intensities and drought frequencies (Ongoma et
84 al. 2017).

85 Moreover, incidences of upward tendencies in the length of the maximum dry spell occurring
86 during rainy months have been reported in the region (Tilya and Mhita 2007; Ojara et al. 2020), which are
87 associated with the reduction to crop production in the region. In addition to these, rainfall related extreme
88 events such as; wet days, annual total precipitation in wet days (PRCPTOT), simple daily intensity index
89 (SDII), heavy precipitation days, very heavy precipitation days, and severe precipitation, have recorded
90 significant changes over the recent decades (Bouagila et al. 2013; Gitau et al. 2018; Ongoma et al. 2018).

91 A recent study suggests that the annual trends of precipitation indices such as the number of days
92 with precipitation ≥ 20 mm (R20mm), (R50mm), and very wet days of precipitation amounts (R95p) were
93 generally decreasing from 1981 to 2010, but positive trends in the indices are revealed under
94 representative concentration pathways (RCP4.5) future climate scenario (Nimusiima et al. 2019).

95 Considering the impacts of extreme rainfall events over EA which range from loss of human and
96 animal lives to the destruction of properties, it is important to fully understand previous climate events
97 and their impacts to make more accurate and reliable forecasts to alleviate their impact (Ogwang et al.,
98 2015b; Onyutha 2016). While we acknowledge previous attempts aimed at generating information on
99 extreme rainfall events over EA (e.g Hague 2010; Ogwang et al. 2015b; Ongoma and Chen 2018; Kilavi
100 et al. 2018; Nimusiima et al. 2019; Nkunuzimana et al. 2019), in-depth and regular comprehensive analysis
101 of rainfall extremes events which are required to support adaptation and mitigation of impacts are still
102 inadequate. The present study analyses daily observed rainfall data to show the recent past occurrence of
103 extreme rainfall events and their consistency for future development in EA.

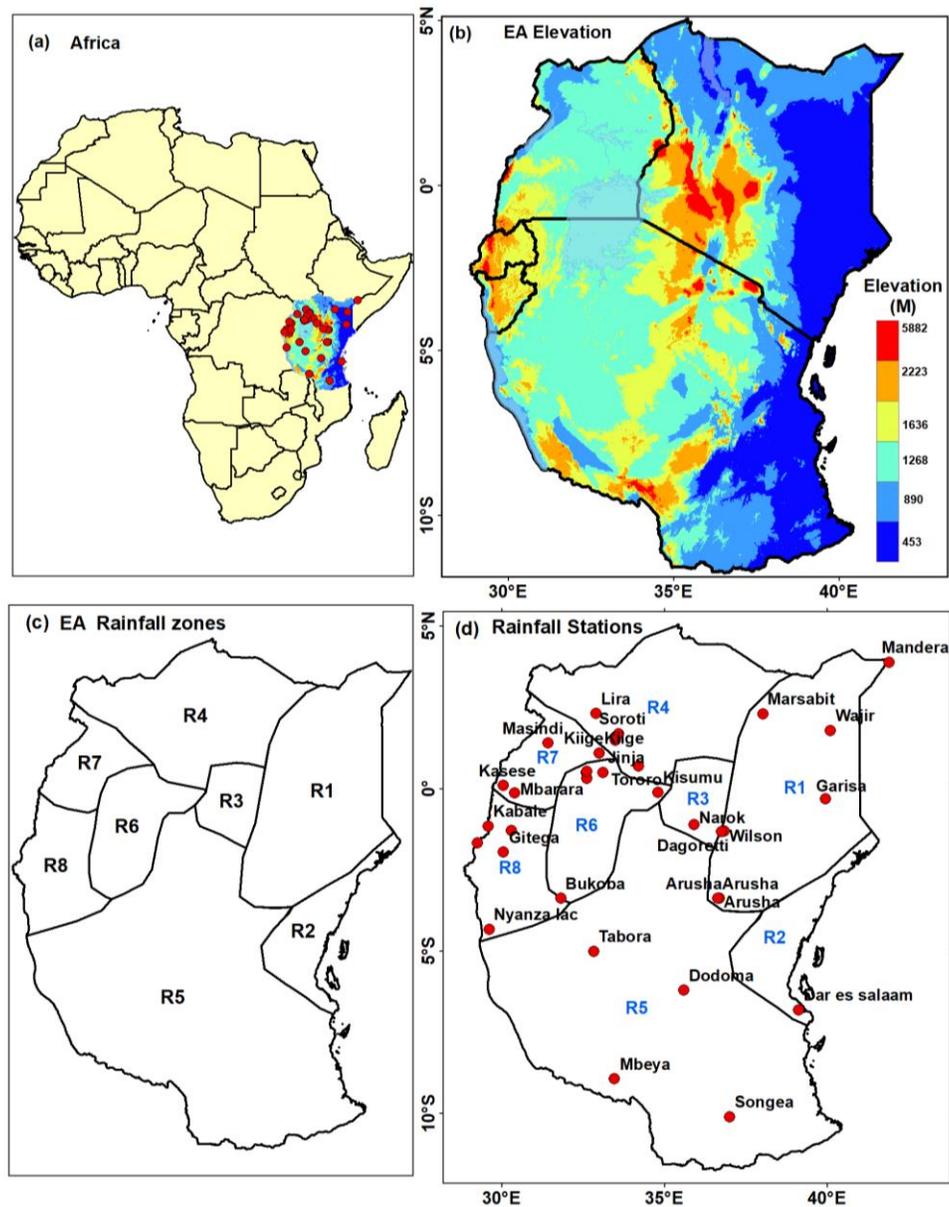
104 The remaining subsequent sections of the present study are structured as follows: Section 2
105 describes the study domain, datasets, and methods. This is followed by section 3 presenting the main
106 results. Section 4 elucidates the conclusion and recommendations based on the findings of this research.

107

108 **2 Data and Methodology**

109 **2.1 Study Area**

110 The study domain is East Africa (EA) comprising 5 countries located in the eastern part of the
111 African continent (Fig.1). The region is enclosed within the geographical latitudes 5.1° N to 11.74° S and
112 longitudes 28.86° E to 41.91° E. The main physical features in the region include open water bodies,
113 valleys, and high mountains with a maximum altitude of 5882 meters above sea level (Fig.1b).



114

115 **Fig.1: Shows map of Africa (a), showing East Africa right (b), and meteorological stations (red dots).**

116

117 Normally; EA experiences two main rainy seasons; the first season occurs in months of March-
 118 April and May (MAM), usually referred to as the “long rains” (Camberlin and Philippon 2002; Gamoyo
 119 et al. 2015; Ogwang et al. 2016; Ongoma and Chen 2017), and this is frequently termed as the Borel
 120 spring. This season follows the Inter-tropical convergence zone (ITCZ) migration to the northern
 121 hemisphere, and the second season usually referred to as “short rains” (Kizza et al. 2009) occurs during
 122 October to December (OND) resulting from the movement of the ITCZ from the north to Southern
 123 hemisphere. The rains are also influenced by atmospheric phenomena such as El-Nino Southern
 Oscillation (ENSO) (Indeje et al. 2000; Ntale and Gan 2004) and the Indian Ocean Dipole (IOD) (Behera

124 [et al. 2005](#)). The El Niño Southern Oscillation (ENSO) phenomena are strongly associated with the inter-
 125 annual variability of rainfall in this region ([Indeje et al. 2000](#)).

126

127 **2.2 Data**

128 **2.2.1 In situ datasets**

129 Daily and monthly rainfall datasets from meteorological agencies namely; Uganda National
 130 Meteorological Authority, Kenya Meteorological Department. Rwanda Meteorology Agency, and
 131 Geographical Institute of Burundi and Tanzania Meteorological Authority were sourced. Detail
 132 geographical and rainfall statistical information for each meteorological station are presented in table 1.

133 *Table 1: Show the details of the Meteorological stations used in this study*

Station name	Long (Deg)	Lat (Deg)	Elevation (Meters)	Data Period	Annual rainfall (mm)			RF zone (R1-R8)
					Min	Max	Mean	
Wajir	41.9	3.9	271.0	1960-2016	80.5	1129.1	334.1	1
Garissa	40.1	1.8	246.1	1957-2016	102.9	369.8	208.1	1
Marsabit	38.0	2.3	1283.2	1960-2016	99.7	1469.4	725.0	1
DAR	39.1	-6.8	156.2	1980-2017	585.0	1990.2	1139.2	2
Dagoretti	36.8	-1.3	1830.0	1961-2016	258.1	1028.3	478.6	3
Narok	35.9	-1.1	1950.4	1964-2016	695.2	867.4	413.0	3
Namulonge	32.6	0.5	1128.1	1963-2017	676.3	1475.6	1120.0	4
Tororo	34.2	0.7	1176.2	1970-2017	1032.4	2160.4	1522.2	4
Soroti	33.6	1.7	1115.1	1961-2014	1011.1	1726.6	1347.6	4
Jinja	33.1	0.5	1175.0	1961-2017	914.0	1700.0	1286.9	4
Lira	32.9	2.3	1120.4	1971-2017	1106.3	1873.1	1501.7	4
Serere	33.5	1.5	1098.2	1961-2017	850.1	2380.2	1356.0	4
Kiige	33.0	1.1	1089.1	1971-2017	735.4	1968.3	1322.0	4
Bukoba	31.8	-3.4	1144.0	1960-2016	1523.6	2736.1	2071.4	5
Mbeya	33.5	-8.9	1791.5	1960-2017	617.4	1287.5	931.0	5
Kisumu	34.8	-0.1	1154.3	1960-2016	178.5	1366.4	936.1	6
Kampala	32.6	0.3	1162.2	1980-2016	223.4	1295.3	783.7	6
Entebbe	32.6	0.5	1117.7	1951-2016	271.7	1592.1	1073.1	6
Mbarara	30.4	-0.1	1408.3	1950-2016	183.4	933.2	451.3	7
Kasese	30.1	0.1	931.0	1964-2016	179.7	975.4	502.2	7
Masindi	31.4	1.4	1136.2	1960-2016	276.0	1298.7	445.1	7
Kabale	29.6	-1.2	1743.1	1960-2016	136.1	1039.6	745.6	8
Gitega	30.1	-2.0	1524.4	1970-2017	381.0	1129.1	413.3	8
Nyagatare	30.3	-1.3	1366.2	1970-2017	203.3	804.0	209.3	8
Nyanza lac	29.6	-4.3	874.0	1970-2017	192.1	1227.1	933.4	8
Gisenyi	29.3	-1.7	1591.8	1970-2017	193.0	995.4	589.1	8

134

135 The duration for all country datasets was taken varying from 1950 to 2017. The data was collected
 136 from manual rain gauges. The stations were selected to represent homogenous rainfall zones of EA

137 (Fig.1). Preliminary quality assessment of data at source includes; checks control to identify the negative
138 precipitations values, typing errors to identify gaps in the dataset, false zeros. Thereafter statistical quality
139 assessments were performed on the datasets as described in the methodology section.

140 2.1.3 Atmospheric Indices.

141 Two main climate indices are used to show the influence of major atmospheric indices on rainfall
142 variability in EA. The indices were selected based on the relevancy demonstrated in past studies
143 explaining the variation in rainfall over EA (Indeje et al. 2000; Behera et al. 2005; Onyutha 2016). First;
144 the El Nino-Southern Oscillation (ENSO), Nino3.4 index which is of monthly temporal resolution
145 represents the interaction between the atmosphere and the Ocean in the Tropical Pacific which
146 periodically causes variation below-normal or above-normal sea surface temperatures and dry and wet
147 conditions over a few years. ENSO climate index was accessed from the link;

148 https://www.esrl.noaa.gov/psd/gcos_wgsp/Timeseries/Data/nino34.long.anom.data

149 The IOD is the anomalous SST difference between the western (50°-70°E and 10°S-10°N) and
150 south-eastern (90°-110°E and 10°S-0°N) of the Indian Ocean (Onyutha 2016). It is an interannual climate
151 pattern exhibited across the tropical Indian Ocean (Saji et al.1999; Behera et al. 2005). Saji et al. (1999)
152 suggest that cooler than normal water and warmer than normal water in the tropical western Indian Ocean
153 characterizes the positive IOD period. On the other hand, a negative IOD period is shown by the positive
154 conditions at the same location in the ocean. The monthly IOD time series data can be downloaded from
155 the NOAA official website (<https://www.esrl.noaa.gov>). These two indices were selected based on the
156 relevancy demonstrated in past studies explaining the variability of rainfall over EA (Indeje et al. 2000;
157 Behera et al. 2005; Onyutha 2016).

158

159 2.1.4 Climate Hazards Group Infrared Precipitation with Stations datasets (CHIRPS)

160 To examine recent spatial variability in extreme events, the CHIRPS gridded dataset of high
161 resolution (0.05°x 0.05°) for 1981 to date was selected. CHIRPS data is one of the best datasets compared
162 to ground observation datasets that have been greatly used for variability studies in East Africa (e.g
163 Gebrechorkos et al. 2019). Lack of well-distributed and managed rain-gauges in the region is a challenge
164 to spatial analysis of climate data (Nicholson et al. 2018; Wainwright et al. 2019), which can only be
165 overcome by the use of satellite or reanalysis datasets. This dataset was developed by merging three types
166 of information of high resolution including global climatology, satellite estimates, and in situ
167 observations, which greatly improved the rainfall products. More details of CHIRPS data can be found

168 from Funk et al. (2015). The performances of Satellite dataset (CHIRPS) using statistical matrices such as
169 correlation coefficient (R), root mean square error (RMSE) and Bias present a good representation of
170 rainfall with station observations over the region except over a few areas (Table S2).

171

172 **2.3. Methodology**

173 **2.3.1 Missing, Outlier, Normality and Homogeneity test**

174 Some stations had few gaps which were filled based on the recommendation that data gaps can be
175 filled if there are no more than 5 consecutive missing days or less than 10 days throughout the monthly
176 data (WMO 2013). The estimation of missing data was performed using linear regression methods as it is
177 simple to compute and gives good results (Kizza et al. 2009).

178 Outlier test was performed using Grubb's test and the results showed 2 outliers in Jinja stations
179 which were found to be due to data entry error after verification with (WMO) form 49A for rainfall data
180 entry. The remaining stations did not show outliers.

181 A normality test was performed using Shapiro-Wilk tests for the distribution type at a 5%
182 significance level. All data were found to be approximately normally distributed. This was followed by
183 the homogeneity test to ensure that variation in the climate data is due to climatic factors only (Aguilar et
184 al. 2003). The test helps in avoiding wrong results leading to bias interpretations and conclusions about
185 the data (Costa and Soares 2009). The data were tested for homogeneity using two methods; Standard
186 normal homogeneity test (SNHT) and Buishand's test at a 5 % significant level. The null hypothesis was
187 that the data were homogenous. Reference can be drawn from (Buishand 1982; Aguilar et al 2003) for a
188 detailed discussion about the homogeneity test. This preliminary result is presented in Table S3.

189

190 **2.3.4 Occurrence of extreme rainfall events.**

191 Statistical metrics for analyzing extreme events in climate indices compiled by the Expert Team
192 on Climate Change Detection Indices (ETCCDI) group have been computed. The method developed by
193 the ETCCDI group to extract moderate climate indices is a regression approach. Typical of these climate
194 indices are well described in (Zhang 2011; Sillmann et al. 2013), these tend to examine only “moderate
195 event” in rainfall and are typically occurring at least once a year (Zhang et al. 2011). In total, 11 rainfall
196 related indices from the ETCCDI lists were extracted using the RClmDex tool (Zhang et al. 2005). The
197 most important factor with this tool is that it is designed to perform quality checks and data harmonization
198 process before the actual analysis is done. The indices are deemed important for this study based on the
199 literature analysis from other authors (Mubiru et al. 2012; Ongoma and Chen. 2017). Descriptions, code

200 names of each rainfall extreme indices are well-described (Table S1) and more detailed mathematical
201 expression can be obtained from the website for ETCCDI;
202 (http://etccdi.pacificclimate.org/list_27_indices.shtml).

203

204 **2.3.5 Relationship between extreme rainfall events with synoptic-scale teleconnections**

205 To show the relationship between extreme rainfall indices and two main synoptic-scale
206 teleconnections; ENSO and IOD within the 8 rainfall zones were established using a correlation
207 coefficient. First; rainfall data for each meteorological station in given rainfall zones were aggregated and
208 extreme rainfall indices were computed. Correlation analysis was performed to show the relationship
209 between extreme rainfall indices within any two given rainfall zones (R1-R8), as well as establish the
210 influence of two atmospheric indices (ENSO-Nino3.4) and Indian Ocean Dipole (DMI) in each of the
211 rainfall zones, Pearson's correlation analysis was performed and the correlation coefficient (r') plotted in
212 a correlation diagrams for some key rainfall indices

213 **2.3.6 Detrended fluctuation analysis (DFA)**

214 Detrended fluctuation analysis (DFA) is a correlation analysis based on a long-range power-law
215 method developed in recent years for the study of Deoxyribonucleic acid (DNA), but it is also suitable for
216 nonstationary time series (Peng et al. 1994). The development of DFA techniques have been accepted and
217 widely used in many studies of the long-range correlation in natural science and systems. For example; Li
218 and Zhang (2007) used the DFA method to quantify fraction dynamics of groundwater systems in a small
219 agricultural watershed and observed that fluctuations of groundwater levels and base flow are dynamic
220 responses of the groundwater system to its recharge e.tc,

221 Varotsos et al. (2006) used the same approach in the study of the global Aerosol Index (AI) to find
222 self-similarity properties in their values extracted from satellite measurement during 1979-2003. In more
223 directly related research, the approach was employed in the scaling of near-surface air temperature
224 fluctuations and its geographical distribution analyzed in the simulation of the current climate with a
225 complex atmosphere-ocean model (Fraedrich and Blender 2003). Recently; DFA techniques were used to
226 analyze the trends and extreme values in extreme temperature and precipitation events in Inner Mongolia
227 (China) during 1960–2017 by Tong et al. (2019)

228 In this study, DFA was used to predict future development trends in extreme climate indices. DFA
229 is computed following Step-wise procedure for calculation of trends in precipitation extremes (Tong et al.
230 2019), given below;

231 First, for precipitation sequence ($x_k, k = 1, 2 \dots N$), N is the length of the precipitation extreme sequence,
 232 \bar{x} is the mean value, and the accumulative deviation sequence of the original sequence is determined by
 233 equation (1) below;

$$234 \quad y(i) = \sum_{k=1}^i (x_k - \bar{x}), \text{ where; } (i = 1, 2, 3, \dots, N) \quad (1)$$

235 Thereafter, the new sequence $y(i)$ was divided into N_s series of non-overlapping sub-intervals with a
 236 length of s :

$$237 \quad N_s = \text{int}(N / s) \quad (2)$$

238 In this computation the sequence is not precisely divisible, thus to ensure the integrity of the information,
 239 the sequence is divided once more in the reverse direction so that a total of $2N_s$ sub-intervals could be
 240 obtained. The value of ' s ' was selected according to the length of the sequence and the operational
 241 requirements.

242 This was followed by a polynomial fitting on the data of each sub-interval $v(v = 1, 2, \dots, 2N_s)$, and a
 243 local trend function $y_v(i)$ was obtained. Then the trend of the original sequence is eliminated in the sub-
 244 function to strain out the trend in the sequence as $y_s(i)$

$$245 \quad y_s(i) = y(i) - y_v(i) \quad (i = 1, 2, 3, \dots, N) \quad (3)$$

246 $y_v(i)$ can be first order, second order, or higher order polynomial; the second-order polynomial is used
 247 here. After the elimination of the trend, the variance in each interval was calculated as follows:

$$248 \quad F^2(v, s) = \frac{1}{s} \sum_{i=1}^s \left\{ y[(v-1)s + i] - y_v(i) \right\}^2 \quad (4)$$

249 , where $(i = 1, 2, 3, \dots, N)$

$$250 \quad F^2(v, s) = \frac{1}{s} \sum_{i=1}^s \left\{ y[N - (v - N_s)s + i] - y_v(i) \right\}^2 \quad (5)$$

251 and $(i = N_s + 1, N_s + 2, N_s + 3, \dots, 2N_s)$

252 The second-order wave function of the whole sequence was determined as follows: F_s

$$253 \quad F(s) = \sqrt{\frac{1}{2N_s}} \sum_{v=1}^{2N_s} F^2(v, s) \quad (6)$$

254 Finally, power-law correlations of $F(s)$ and s changes were analyzed by the equation (7):

255 $F(s) : s^a$ or $\ln F(s) = a \ln s + b$ (7)

256 In this double logarithmic coordinate, the data were fitted by the least square method and the slope ‘a’ of
257 the linear trend is the scaled DFA index. If slope $a = 0.5$, shows that the sequence is random and is an
258 independent random process. But, if $0 < a < 0.5$, then the values of the sequence are not independent and
259 therefore represent a short-range correlation or anti-persistence, which symbolizes that the data series has
260 the opposite trend relative to that of the previous time series. However, if $0.5 < a < 1$, then the process is
261 continuous and the future trend is consistent with the previous trend. The closer the value is to 1, the
262 greater the tendency of this consistency.

263

264 **3. Results and Discussion**

265 **3.1 Normality and Homogeneity test.**

266 The results of the homogeneity test using the Standard Normal Homogeneity Test (SNHT) showed
267 that all the stations are approximately homogeneous, while the Buishand test at a 5% significance level
268 shows that only 2 stations are inhomogeneous in 2 different months. These two stations are; Kotido and
269 Nakasongola station were dropped from further analysis. Rainfall data for most stations in the region were
270 also found to be homogenous (Mugume et al. 2016; Ongoma et al. 2018). Preliminary of this quality
271 control analysis is presented in Table S2 at the Appendix.

272

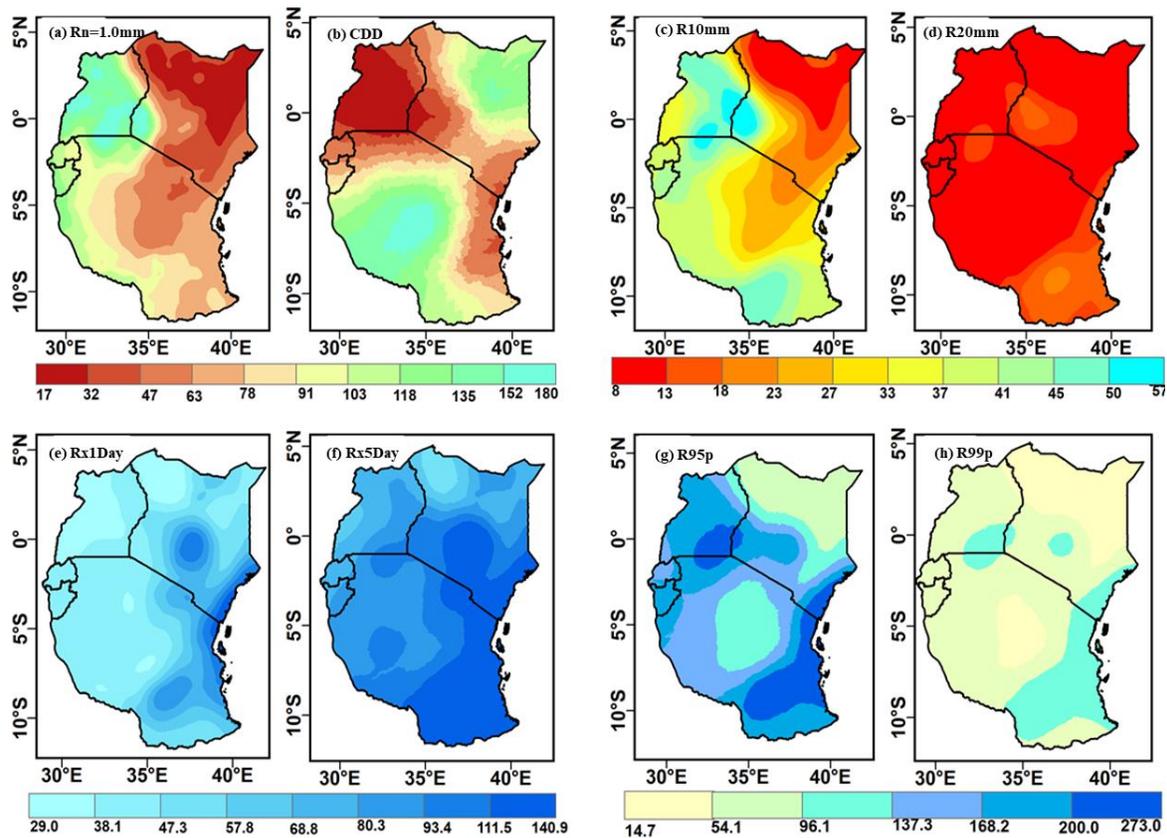
273 **3.3 Spatial distribution and trends of extreme rainfall events**

274 Figure 3 shows the spatial distribution of 8 main rainfall indices over East Africa during the recent
275 period (1981-2017). Results showed that the total number of rainy days index ($R_n=1.0\text{mm}$) in most parts
276 of EA including rainfall zone 4,6,7 and Western Kenya towards Mount Elgon, experienced more numbers
277 of rainy days ranging from 118 to 180 days in a year (Fig.3a). The number of rainy-day patterns shows a
278 reduction towards the highlands of Rwanda, Burundi, and western Tanzania receiving about 91 to 118
279 days of rainfall. In reference to the pattern of consecutive dry days, (CDD) the entire Uganda, Rwanda
280 and Burundi, Western Kenya to northwestern Kenya, Mountain Kenya areas (rainfall zone 3) extending to
281 most parts of rainfall zone 2, and the coastal area along rainfall zone 5 experienced the lowest number of
282 dry days (CDD) ranging from 17 to 91 days, while northeastern Kenya in rainfall zone 1(R1), and most of
283 Southwestern, Western and Central parts of Tanzania, covering a large proportion of rainfall zone 5 (R5)
284 received the highest number of CDD days ranging from 91 to 180 days (Fig.3b).

285 For heavy rainfall days (R10mm), a higher number of days (45-57 days) are observed to be
286 concentrated around Lake Victoria and Mount Elgon, to most parts of northern Uganda, Southwestern
287 Tanzania, and Burundi in rainfall zone 8. With exception of northern Kenya in rainfall zone1 which
288 received less than 20 days of heavy rainfall days (R10mm), the majority of EA received about 18 to 37
289 days of heavy rainfall days (R10mm). (Fig.3c). The result indicated that the entire EA received less than
290 20 days (8 -18 days) of very heavy rainfall days (R20mm) during the period 1981-2017(Fig.3d).

291 Throughout the analysis (1981-2017), the highest rainfall amount in the one day (RX1day) range
292 from 29.0 mm to 140.0 mm, the largest portion of EA showed a range of 29.0 to 80.0 mm. relatively
293 higher values (68.8-140.0mm) are experienced in Mount Kenya located in rainfall zone 3, to the coast
294 bordering the Indian Ocean (Fig.3e). A similar pattern is recorded for the highest rainfall amount in five
295 consecutive days (Rx5day), however; the lowest amount of rainfall recorded for Rx5day is relatively
296 higher than those from RX1day ranging 68.8-140.0mm (Fig.3f).

297 For a very wet day's index (R95p), the highest amount of rainfall (200-273.0 mm) is received in
298 spots around lake Victoria and the coastal region bordering the Indian Ocean and southeastern Tanzania.
299 The majority of EA received between 137.3 to 200.0 mm except the vast portion of ASAL and central
300 Tanzania which received between 54.1 to 137.3 mm of rainfall (Fig.3g). Extremely wet days index
301 (R99p) showed that a large part of EA had 54.1- 96.1mm, followed by 14.1-54.1 mm in the ASAL area
302 and spot in central Tanzania, least by the highest values of 96.1- 137.3 mm in Lake Victoria and the
303 coastal region bordering the Indian Ocean and southeastern Tanzania (Fig.3h).



304

305 **Fig.3.** Shows the spatial distribution for the wet day ($R_n=1.0\text{mm}$ (a), consecutive dry day CDD (b), the
 306 annual count of days when precipitation $\geq 10\text{mm}$ (c), the annual count of days when precipitation $\geq 20\text{mm}$ (d),
 307 max 5-day precipitation amount (RX1day) (e), 5-day precipitation amount (RX5day) (f), Very wet days R95p (g)
 308 and extremely wet days R95p (h) over East Africa during the period 1981-2017

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310 3.4 Temporal trends of extreme rainfall events

311 Table 2 represents the result of trends of rainfall extreme indices for different stations in EA based
 312 on a varying period of 1960 to 2017. According to Alexander et al., (2006), the first category of rainfall
 313 indices that contains CDD, CWD, R10mm, R20mm, and R25mm are used to calculate the frequency of
 314 the index exceeding or not exceeding its defined threshold. The CDD index measures dryness whereas the
 315 CWD index directly represents a time-series relationship that relates to wetter conditions (Kiros et al.,
 316 2017). The second class of Indices such as RX1day, RX5day, PRCPTOT, SDII, R95P, and R99P is used
 317 to measure the rainfall depth in millimeter or intensity of rainfall in millimeter per day (Alexander et
 318 al., 2006; Kiros et al., 2017).

319 In the first category, the analysis of consecutive dry days (CDD) index was able to detect a
 320 positive trend in 44% (11/45) of the stations analyzed. These were found to be statistically significant

321 trends at 3 stations including; Wajir station in the Arid and Semi-Arid region (ASAL) of Kenya in rainfall
322 zone (R11), Serere station in rainfall zone 4 (R4), and Mbeya station in rainfall zone 5(R5). In each case,
323 the rate of increase was; 0.7 days/year, 0.4 days/year, and 0.61 days/year respectively. The increasing
324 tendencies of CDD in the first regions (R1) corresponds to the decreasing trends in precipitation recently
325 reported (Mumo et al., 2019), while for the second rainfall zone (R4), the drying pattern has been
326 observed (Mubiru et al., 2012; Kansime et al., 2013). Similarly; the length of maximum dry spells is
327 revealed to be significantly increased in rainfall zone 4 (R4) over the last 2 decades (Ojara et al., 2020).

328 The consecutive wet day's index (CWD) shows a decreasing trend in 72% (18/25) of the stations
329 analyzed and the trend is statistically significant for Garissa, DAR, and Lira and Mbeya stations in the
330 rainfall zone 1, 2, 4, and 5 respectively. For the few stations (28%) (7/25) that indicated a positive pattern
331 in the CWD index, only the Kisumu station in the rainfall 6 showed a statistically significant trend for the
332 index. The increasing trend of CDD and decreasing trend in CWD in the Greater Horn of Africa (GHA)
333 has also been observed by other recent studies (Omondi et al. 2013). EA is reported to be experiencing a
334 decreasing trend in precipitation especially in the main season) (Lyon and Dewitt 2012; Rowell et al.
335 2015), which is most likely that indices related to precipitation measure will show such a negative trend.

336 Additionally, heavy rainfall days (R10mm) show a positive trend at 52% (13/25) of the stations
337 but the trend is statistically significant at only 3 stations; Jinja, Kisumu, and Kasese stations each
338 increasing at a rate of 0.11 days/year, 0.15 day/year, and 0.142 days/year respectively. The remaining
339 48% (12/25) stations portrayed an insignificance positive trend for the (R10mm) index. Among the
340 stations which revealed a negative trend for heavy rainfall days (R10mm) index; only the Gitega station in
341 rainfall zone 8 showed statistical significance results with a rate of change of -0.365mm/year. Similar
342 results have been observed by other authors linking such an incidental trend to the changing climate in EA
343 (Ongoma et. al 2018). Contrary to this, 60% (15/25) of the stations analyzed revealed a statistical
344 insignificance positive trend for very heavy rainfall days (R20mm) index, and 40% (10/25) indicated a
345 negative trend in the R20mm index with two stations; Kisumu and Entebbe in rainfall zone 6 showing a
346 statistically significant decreasing trend at similar rates of -0.146 day/year and -0.168 day/year
347 respectively.

348 Similarly; extremely heavy rainfall days (R25mm) revealed a decreasing trend in 56%1(4/25) of
349 the stations. Stations such as Kisumu, Entebbe showed a statistically significant trend with a rate of
350 decrease of -0.164mm/year, -0.129mm/year, and -0.157 mm/year respectively. The very heavy rainfall
351 days (R20mm) and extremely heavy rainfall days (R25mm) index are associated to flash floods in the
352 region (Ongoma and Chen 2018).

353 Rainfall indices related to the depth or intensity of rainfall including; (RX1day, RX5day, SDII,
354 R95P R99P, and PRCPTOT also show varied results. The results show that the index; the highest rainfall
355 amount in the one-day (RX1day) was decreasing trend in 40% (10/25) stations and the trends were
356 statistically significant at Wajir; Kisumu, Bukoba, and Entebbe station. The rates of decrease of rainfall in
357 these stations were; -0.59 mm/year, -0.72mm/year, -0.54 mm/year respectively. Besides, rainfall indices
358 showing the highest rainfall amount in five consecutive days (Rx5day) showed a decreasing trend in 36%
359 (9/25) stations but the trend is statistically significant at Entebbe, changing at a rate of -0.95 mm/year. In
360 this case; the remaining 64% (16/25) of the stations revealed positive trends but statistically significant at
361 Dar-es-salaam (DAR) and Jinja stations; each increasing at the rate of 2.06 mm/year and 0.39 mm/year.

362 Simple daily intensity index (SDII) indicated positive trends 60% (15/25) of stations with stations
363 like Namulonge, Jinja, Tororo, Serere in rainfall zone 4, and Kabale stations in rainfall 8 showing a
364 statistically significant trend. SDII index was observed to be changing at a rate of -0.042 to 0.62 mm/year
365 between stations. Stations like Namulonge, Jinja, and Kabale are located within the Lake Victoria basin
366 were found to show the highest increase in SDII values (Ongoma and Chen 2018). SDII revealed a
367 decreasing trend in 40% (10/25) of the stations analyzed, and statistically significant negative trends are
368 observed at Entebbe and Gitega stations, each changing at -0.031mm/year, and -0.042 mm/year
369 respectively.

370 Regarding the trend of very wet days (R95p); 60% (15/25) of the stations showed an increasing
371 trend with 4 stations; Dar-es-salaam (DAR), Tororo, Jinja, and Lira showed statistically significant
372 positive trends, increasing at; 9.57 mm/year, 3.53 mm/year, 5.1mm/year, and 4.96 mm/year respectively
373 (Table 2). The last 3 stations; Tororo, Jinja, and Lira are located in the low-lying area of lake Kyoga Basin
374 in Uganda which is prone to high frequent flash floods and drought events in recent decades (Onyutha
375 2016). The remaining 40% (10/25) stations indicated a negative trend in the very wet day's (R95p) index;
376 but the most notable stations with a significant statistical trend include; Kisumu; Entebbe. For these 3
377 stations; the rates of decrease in (R95p) index over period of analysis are; -4.03 mm/year, -3.06 mm/year;
378 -5.29 mm/year respectively.

379 Besides; (R99p) indicated a negative trend in 52% (13/25) stations although only one station
380 (Entebbe station) was statistically significant while the remaining 48% (12/25) of the stations showed an
381 increasing tendency for the trend of extremely wet days (R99p), but a significant statistical at some few
382 stations such as Tororo, Jinja, and Lira station. The rate of change at these stations was; 2.24 mm/year,
383 3.1mm/year, and 2.77 mm/year respectively (Table 2).

384 Finally, the index wet-day annual total rainfall (PRCPTOT), 60% (15/25) of the stations showed
385 positive trends in the total annual precipitation, and 2 stations Kampala, Jinja, Kiige, and Kasese stations
386 were statistically significant; increasing at 6.75 mm/year, 12.87 mm/year, and 4.52 mm/year respectively.
387 For the remaining 40% (12/25) of stations which indicated a negative trend; only Gitega station was
388 found to be statistically significantly decreasing at the rate of -7.23 mm/year.

389 Results of trends of extreme rainfall events in EA have shown varied results for different indices
390 analyzed for each rainfall zones. This showed the natural heterogeneity of the rainfall in the region that is
391 brought about by much complex association of large-scale controls variables like topography, lakes, and
392 the maritime influence, and seasonal dynamics of tropical circulation, etc. (Nicholson 2017). Generally,
393 the indices showed both negative and positive trends which are either statistically significant or
394 insignificant throughout the analysis, which is in a closed agreement with other studies of extremes in the
395 region (Omondi et al., 2013; Ongoma et al. 2018; Nkunzimana et al. 2019). The most notable negative
396 results have been revealed in consecutive wet day's index (CWD) which showed a decreasing trend in
397 72% (18/25) of the stations analyzed especially in rainfall zone 1(R1) covering parts of north and
398 northeastern Kenya where a reduction in rainfall have been proven (Mumo et al. 2019 and East and
399 northeastern Uganda where rainfall reduction with occasional floods have been reported (Mubiru et al.
400 2012; Nimusiima et al., 213).

401 Simple daily intensity index (SDII) indicated a positive change and was statistically significant on
402 many occasions, perhaps the anticipated pronouncement of the intensity of precipitation in tropical
403 regions as a result of the global warming is now coming to foreplay (Owor et al. 2009), which need to be
404 proven.

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415 **Table 2a: Shows the trends in climatic extreme indices of rainfall for 25 Meteorological stations and**
 416 **eight rainfall zones (R1-R8) in East Africa. The bold and shaded p-values (P-V) indicate statistically**
 417 **significant trends for the index and Q= Sen's' slope for the rate of change at a 5% significance level.**

Stations		Rx1day	Rx5day	SDII	R10	R20	R25	CDD	CWD	R95P	R99P	PRCP TOT
Wajir	Q	-0.59	-0.40	-0.04	-0.03	-0.03	-0.02	0.68	-0.01	-1.30	-0.88	-1.73
	P-V	0.04	0.35	0.31	0.52	0.35	0.46	0.01	0.52	0.15	0.10	0.26
Garissa	Q	0.20	-0.21	0.06	-0.14	-0.06	-0.40	0.60	-0.04	-0.10	0.71	-10.82
	P-V	0.44	0.65	0.30	0.13	0.18	0.00	0.11	0.02	0.91	0.13	0.25
DAR	Q	2.09	2.06	0.23	-0.09	0.14	-0.56	-0.16	-0.11	9.57	3.59	45.87
	P-V	0.00	0.03	0.00	0.40	0.07	0.00	0.17	0.02	0.01	0.06	0.07
Dagoretti	Q	0.29	-0.01	0.13	-0.01	0.01	0.03	0.06		1.13	-0.07	-1.46
	P-V	0.25	0.99	0.00	0.83	0.89	0.39	0.56	0.08	0.40	0.91	0.50
Narok	Q	0.01	-0.31	0.04	-0.06	-0.01	-0.01	-0.02	-0.04	-0.95	-0.49	-2.47
	P-V	0.96	0.22	0.03	0.41	0.82	0.82	0.84	0.18	0.33	0.32	0.17
Namulonge	Q	0.08	0.11	0.05	0.03	0.06	0.08	0.11	-0.03	1.74	0.54	0.57
	P-V	0.58	0.66	0.01	0.74	0.14	0.03	0.13	0.19	0.16	0.45	0.76
Tororo	Q	0.30	0.42	0.05	0.06	0.06	0.10	0.18	-0.08	3.53	2.24	3.74
	P-V	0.18	0.09	0.01	0.44	0.27	0.01	0.10	0.49	0.05	0.04	0.13
Soroti	Q	0.20	0.14	0.01	-0.02	0.00	-0.02	0.10	0.01	0.99	1.10	-0.34
	P-V	0.18	0.52	0.61	0.68	0.90	0.46	0.40	0.70	0.38	0.08	0.82
Jinja	Q	0.25	0.39	0.05	0.11	0.15	0.05	-0.03	-0.03	5.10	3.10	5.13
	P-V	0.14	0.02	0.01	0.05	0.26	0.39	0.55	0.55	0.01	0.00	0.05
Lira	Q	0.13	0.02	-0.01	0.02	0.03	0.05	-0.23	-0.10	4.96	2.77	4.53
	P-V	0.65	0.97	0.55	0.84	0.68	0.39	0.41	0.01	0.01	0.04	0.11
Serere	Q	-0.16	0.05	-0.01	-0.08	-0.06	-0.05	0.39	0.02	-1.41	-0.50	-3.41
	P-V	0.28	0.84	0.62	0.29	0.28	0.35	0.04	0.51	0.34	0.54	0.13
Kiige	Q	1.18	0.90	0.07	0.44	0.27	0.24	-0.25	-0.16	7.18	3.42	12.87
	P-V	0.09	0.27	0.42	0.09	0.19	0.12	0.53	0.20	0.17	0.22	0.05
Mbeya	Q	-0.02	0.16	0.03	-0.01	0.09	-0.36	0.61	-0.18	1.52	-0.16	-0.49
	P-V	0.88	0.61	0.12	0.93	0.16	0.05	0.01	0.01	0.25	0.82	0.79
Bukoba	Q	-0.72	0.32	-0.01	0.12	0.03	0.27	-0.24	-0.07	-2.41	-1.57	2.26
	P-V	0.01	0.57	0.62	0.45	0.73	0.22	0.03	0.08	0.32	0.27	0.46
Kisumu	Q	-0.54	-0.35	-0.02	0.15	-0.15	-0.16	0.07	0.10	-4.03	-1.11	1.87
	P-V	0.01	0.36	0.06	0.04	0.00	0.00	0.35	0.00	0.00	0.14	0.25
Kampala	Q	-0.31	0.22	-0.03	0.18	0.01	-0.03	-0.10	0.04	0.30	-0.32	6.75
	P-V	0.34	0.59	0.15	0.10	0.96	0.74	0.40	0.57	0.90	0.82	0.05
Entebbe	Q	-0.85	-0.95	-0.03	-0.02	-0.17	-0.13	-0.02	-0.01	-3.06	-1.48	-2.66
	P-V	0.00	0.00	0.01	0.69	0.00	0.00	0.74	0.69	0.01	0.05	0.13
Mbarara	Q	-0.03	0.13	0.01	-0.02	0.04	0.04	0.08	-0.01	1.02	0.43	0.02
	P-V	0.79	0.50	0.09	0.70	0.15	0.06	0.64	0.31	0.17	0.36	0.99
Kabale	Q	0.05	0.03	0.03	0.07	-0.01	-0.01	-0.09	-0.03	0.43	0.29	0.90
	P-V	0.69	0.86	0.00	0.20	0.72	0.57	0.53	0.12	0.56	0.51	0.42
Kasese	Q	-0.20	-0.01	0.03	0.14	-0.07	-0.03	-0.15	0.03	-1.18	-0.14	4.52
	P-V	0.18	0.97	0.10	0.05	0.18	0.30	0.47	0.18	0.28	0.82	0.01
Masindi	Q	0.25	0.17	0.01	0.11	0.05	0.05	-0.19	-0.02	1.02	-0.26	2.94
	P-V	0.35	0.59	0.20	0.13	0.39	0.17	0.17	0.34	0.39	0.69	0.18
Gitega	Q	-0.28	-0.21	-0.04	-0.37	-0.17	-0.16	0.24	0.15	-5.29	-0.93	-7.23
	P-V	0.22	0.57	0.02	0.00	0.13	0.04	0.46	0.34	0.05	0.45	0.01
Nyagatare	Q	0.17	0.20	0.01	0.02	0.02	0.05	-0.25	-0.06	2.04	1.12	0.80
	P-V	0.43	0.59	0.52	0.88	0.75	0.25	0.42	0.25	0.19	0.25	0.81
Nyanza lac	Q	0.13	-0.13	-0.02	-0.17	-0.08	-0.05	-0.12	-0.06	-1.90	-0.80	-3.60
	P-V	0.61	0.75	0.25	0.20	0.21	0.42	0.78	0.61	0.27	0.38	0.23
Gisenyi	Q	0.50	0.51	-0.01	0.10	0.05	0.06	-0.33	0.07	2.47	1.51	4.12
	P-V	0.12	0.13	0.52	0.41	0.28	0.09	0.32	0.53	0.12	0.22	0.17

419 **Table 2a: Shows the trends in climatic extreme indices for average rainfall for eight rainfall zones**
 420 **(R1-R8) in East Africa**
 421

R1	Q	-0.19	-0.31	0.01	-0.08	-0.04	-0.21	0.64	-0.03	-0.70	-0.08	-6.28
	P-V	0.24	0.50	0.30	0.32	0.26	0.23	0.06	0.27	0.53	0.12	0.26
R2	Q	2.09	2.06	0.23	-0.09	0.14	-0.56	-0.16	-0.11	9.57	3.59	45.87
	P-V	0.00	0.03	0.00	0.40	0.07	0.00	0.17	0.02	0.01	0.06	0.07
R3	Q	0.15	-0.16	0.08	-0.04	0.00	0.01	0.02	-0.04	0.09	-0.28	-1.96
	P-V	0.62	0.11	0.04	0.20	0.41	0.43	0.45	0.07	0.73	0.12	0.33
R4	Q	0.37	0.45	0.14	0.16	0.14	0.15	-0.03	0.02	3.81	2.10	4.50
	P-V	0.30	0.48	0.03	0.45	0.39	0.25	0.31	0.38	0.16	0.02	0.29
R5	Q	-0.02	0.16	0.03	-0.01	0.09	-0.36	0.61	-0.18	1.52	-0.16	-0.49
	P-V	0.88	0.61	0.12	0.93	0.16	0.05	0.01	0.01	0.25	0.82	0.79
R6	Q	-0.57	-0.36	-0.03	0.10	-0.10	-0.11	-0.02	0.04	-2.26	-0.97	1.99
	P-V	0.05	0.18	0.03	0.36	0.00	0.00	0.55	0.35	0.01	0.10	0.19
R7	Q	0.03	0.08	0.02	0.12	-0.01	0.01	-0.17	0.01	-0.08	-0.20	3.73
	P-V	0.27	0.78	0.15	0.13	0.28	0.23	0.32	0.26	0.34	0.76	0.18
R8	Q	0.27	0.19	-0.01	-0.01	0.00	0.02	-0.23	-0.02	0.87	0.61	0.44
	P-V	0.39	0.49	0.43	0.50	0.41	0.26	0.51	0.46	0.19	0.28	0.40

422 Implications of such trends of extreme rainfall events are most likely to be diverse as both positive
 423 and negative trends have been revealed from the analysis in different regions. For instance, regions such
 424 as northeastern Kenya in the rainfall zone 1(R1) which showed negative trends in CWD, PRCPTOT, and
 425 a positive trend in CDD are most likely to suffer socioeconomic hardship as agriculture will probably
 426 going to be affected by such trend. Measures for improving water availability and management such as
 427 rainwater harvesting, stored and used for crops and livestock are possibly the best options for these
 428 regions. Conversely; there are possibilities of other areas experiences continued flooding as a result of an
 429 increase in indices such as R25mm, R95p, R99p, and PRCPTOT as in rainfall zone 4 (R4) already
 430 reported (Barasa et al. 2015). This is also common in hilly areas of rainfall zone 8 like in Kigali as it has
 431 been reported to cause economic loss (Tsinda et al. 2014). Urban cities like Nairobi, Kampala, etc, have
 432 reported floods as results of very heavy rain days and very wet days (R95p), and extremely wet days
 433 (R99p) (Kilavi et al. 2018). For these locations and regions, the use of accurate forecasts for flood disaster
 434 risk reduction, preparation of response action, and most importantly proper planning of city drainage
 435 systems will reduce the vulnerability of the population

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439 3.7 Detrended fluctuation analysis (DFA)

440 Table 3 presents the results for DFA for individual meteorological stations in EA. Results showed
441 a scaling exponent ‘a’ for Rx1day index satisfying the condition; $0.5 < a < 1$ for most stations with
442 exception of Garissa, Dar es Salaam, Mbeya, and Nyanza-Lac with 0.49 each. For all the stations with
443 DFA scaling component ‘a’ in the range of $0.5 < a < 1$, the values of each sequence were not independent,
444 and all exhibit long-range correlation, indicating that the future trend in each station was consistent with
445 the change in trend over the past years analyzed (1960-2017). This implies that the Rx1day index will
446 continue to decrease or increase at these stations as previously obtained by statistical analysis (Table 2).
447 Perhaps, it is important to note that the Rx1day index revealed a statistically significant negative trend at
448 Wajir and Entebbe stations in rainfall zone 1 and 6 respectively. Conversely; Rx5day indicated a scaling
449 component fulfilling the conditions; $0.5 < a < 1$ for all the stations. The most notable scaling exponent of
450 0.55 is obtained at Dagoretti station which had previously shown a negative trend (Table 2); pointing that
451 the current observed negative trend is most likely to persist at Dagoretti station than any other station.
452 Similarly; the SDII index also indicated DFA scaling component “a” in the range of; $0.5 < a < 1$ for most
453 stations except at Marsabit and Jinja stations. This also implies the currently observed trends at the
454 stations will remain except for those two stations. Most importantly, the latter station had previously
455 expressed a positive statistically significant trend for the SDII index (Table 2).

456 For the case of CDD and CWD indices, most stations also showed DFA scaling exponent “a” in
457 the range of $0.5 < a < 1$. Few stations including; Narok, Namulonge, Tororo, Kiige, Kampala indicated a
458 DFA scaling component showed that; $0 < a < 0.5$, for CDD index, while for CWD index; stations like
459 Garissa, Wajir, Namulonge, Soroti, and Masindi showed the same trend as the latter stations, this implies
460 the values of the sequence are not independent and therefore represent a short-range correlation or anti-
461 persistence, which symbolizes that the data series has the opposite trend relative to that of the previous
462 results (Table 2).

463 Further; for rainfall Indices; R10mm, R20mm, and R25mm, the currently observed trends are
464 bounds to persist at most stations as indicated by DFA scaling exponent “a” which are in the range of; 0.5
465 $< a < 1$. In the case of the R10mm index, conditions of non-future persistence are exhibited at Kiige and
466 Kampala stations. Meanwhile; Jinja, Entebbe, and Mbarara will not experience the persistence of current
467 trends in the R20mm Index. Likewise, only Dagoretti, Lira, Mbeya, and Kisumu stations showed no
468 future persistence of current trends in the R25mm Index as the DFA scaling exponent of their previous
469 trend showed the condition of opposite trend ($0 < a < 0.5$) (Table 2),

470 For the remaining indices that measure the rainfall depth; R95P, R99P, and PRCPTOT; results
 471 showed DFA scaling exponent “a” in the range of $0.5 < a < 1$ in nearly all stations except Kiige and
 472 Mbarara with; $0 < a < 0.5$. For R99p; the trend is similar to the R95p in which a few stations showed
 473 scaling exponent “a” in range of; $0 < a < 0.5$. These include; Dar es salaam, Dagoretti, Tororo, Soroti,
 474 and Mbeya. And a nearly equal number of stations showed scaling exponent “a” $0.5 < a < 1$ and a half
 475 other stations revealed the scaling exponent ‘a’ in the range of; $0 < a < 0.5$ for PRCPTOT (Table 2).

476

477 *Table 3. Shows DFA scaling exponent of extreme rainfall indices for 26 stations taken at individual and as an*
 478 *average over 8 rainfall zones over EA. DFA scaling exponent ‘a’ showing; $0.5 < a < 1$, implies that the current*
 479 *observed trend in the index (Table 2) will persist, while those DFA values in the range $0 < a < 0.5$ (bold in*
 480 *Asterik*), opposite trend relative to that of the previous time series.*

Stations	Rx1day	Rx5day	SDII	R10mm	R20mm	R25mm	CDD	CWD	R95P	R99P	PRCPTOT
Wajir	0.50	0.52	0.52	0.51	0.53	0.51	0.51	0.47*	0.53	0.51	0.49*
Garissa	0.49*	0.52	0.53	0.51	0.52	0.52	0.50	0.48*	0.52	0.55	0.52
Marsabit	0.51	0.50	0.49*	0.51	0.51	0.53	0.52	0.55	0.51	0.51	0.51
DAR	0.49*	0.53	0.51	0.51	0.53	0.51	0.54	0.52	0.51	0.47*	0.52
Dagoretti	0.53	0.55	0.52	0.53	0.51	0.49*	0.52	0.52	0.50	0.48*	0.51
Narok	0.51	0.51	0.51	0.51	0.51	0.50	0.49*	0.51	0.51	0.53	0.52
Namulonge	0.51	0.53	0.52	0.53	0.54	0.52	0.49*	0.49*	0.52	0.54	0.50
Tororo	0.50	0.52	0.54	0.51	0.60	0.54	0.49*	0.50	0.51	0.47*	0.48*
Soroti	0.50	0.52	0.53	0.52	0.51	0.51	0.53	0.49*	0.50	0.48*	0.52
Jinja	0.52	0.52	0.47*	0.51	0.49*	0.53	0.51	0.51	0.53	0.52	0.55
Lira	0.51	0.51	0.50	0.51	0.50	0.49*	0.51	0.51	0.52	0.54	0.51
Serere	0.53	0.53	0.54	0.53	0.49*	0.50	0.52	0.53	0.52	0.54	0.51
Kiige	0.52	0.51	0.50	0.49*	0.54	0.56	0.49*	0.54	0.47*	0.51	0.48*
Mbeya	0.49*	0.54	0.52	0.56	0.50	0.48*	0.51	0.51	0.51	0.47*	0.52
Bukoba	0.53	0.50	0.50	0.52	0.54	0.52	0.51	0.53	0.52	0.53	0.54
Kisumu	0.50	0.52	0.53	0.53	0.51	0.49	0.50	0.52	0.51	0.52	0.52
Kampala	0.51	0.50	0.52	0.49*	0.50	0.52	0.48*	0.55	0.50	0.50	0.48*
Entebbe	0.52	0.51	0.51	0.53	0.46*	0.52	0.50	0.51	0.50	0.52	0.55
Mbarara	0.52	0.52	0.53	0.53	0.49*	0.51	0.54	0.51	0.49*	0.50	0.52
Kabale	0.52	0.52	0.53	0.50	0.52	0.53	0.52	0.54	0.51	0.52	0.52
Kasese	0.54	0.51	0.51	0.51	0.50	0.54	0.53	0.51	0.51	0.52	0.51
Masindi	0.53	0.51	0.54	0.52	0.52	0.52	0.53	0.49*	0.52	0.50	0.49*
Gitega	0.52	0.52	0.52	0.51	0.52	0.51	0.54	0.53	0.55	0.53	0.48*
Nyagatare	0.52	0.54	0.50	0.50	0.51	0.51	0.52	0.50	0.54	0.55	0.49*
Nyanza lac	0.49*	0.50	0.51	0.53	0.56	0.53	0.52	0.54	0.51	0.52	0.51
Gisenyi	0.50	0.51	0.53	0.50	0.52	0.51	0.50	0.51	0.54	0.58	0.54

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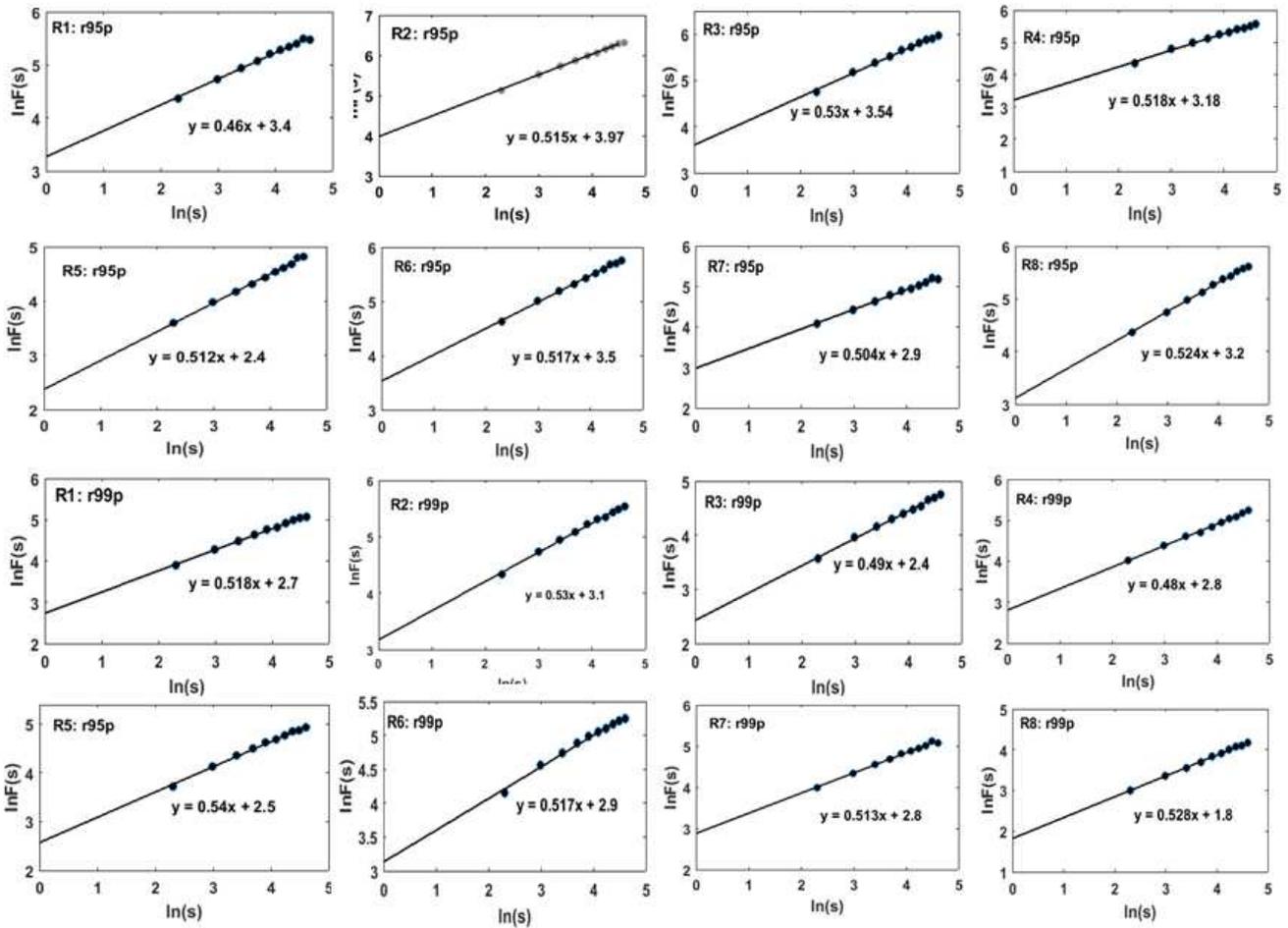
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483

484 3.7 Detrended fluctuation analysis (DFA) for rainfall zones (R1-R8).

485 To examine the changing trend in future extreme precipitation events; a long-range correlation
486 (DFA) was performed based on key rainfall indices of significant importance. Results for r95p and r99p
487 indices for the 8 rainfall zones of EA are presented in (Fig.3). The result showed that the DFA scaling
488 exponent 'a' in r95p and r99p indices varied from one region to the other. For r95p index, the results for 8
489 regions (R1-R8) were; 0.46, 0.515, 0.53, 0.518, 0.512, 0.517, 0.0504, and 0.524 respectively. In this case,
490 with exception of R1, the remaining sequence was not independent, and all exhibit long-range correlation,
491 indicating that the future trend in each region is consistent with the change in trend over the past years
492 analyzed. This implies that r95p will continue to decrease or increase in the regions as previously
493 obtained by statistical analysis (Table 2).

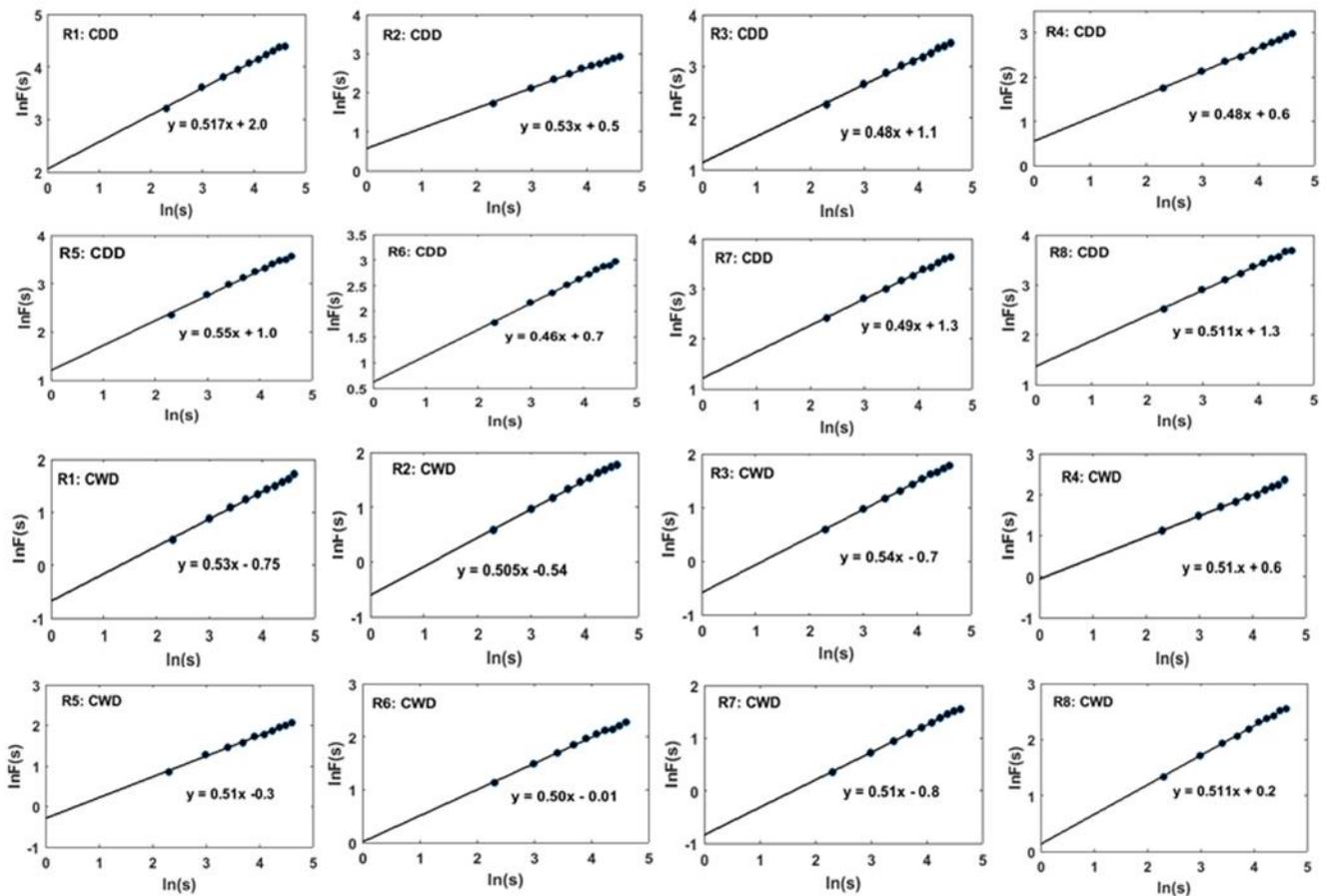
494 Similarly; for the r99p index for all rainfall zones (R1-R8) shown in the lower parts of Fig. 3, the DFA
495 scaling exponent 'a' were; 0.519, 0.53, 0.49, 0.48, 0.54; 0.517, 0.513, and 0.528 respectively. Like in the
496 case of r95p, all the regions with the scaling factor 'a' ≥ 0.5 will continue to decrease or increase as
497 previously obtained for the past years (1960-2017) by statistical analysis of trend presented in Table 2.



498

499 **Fig.3. Shows Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme**
 500 **precipitation indices (r95p) and r99p for 8 rainfall zones (R1-R8) over East Africa.**

501 In other related precipitation Indices such as CDD and CWD (Fig 4); DFA scaling exponent was
 502 able to reveal consistent results in some regions while others were not consistent. For example; scaling
 503 component ‘a’ for CDD shown on the upper part of Fig.4 for rainfall zones (R1-R8) were; 0.517, 0.53,
 504 0.48, 0.48, 0.55, 0.46, 0.49, and 0.511 respectively. The results show that half of the region (R1, R2, R5,
 505 and R8), had a DFA scaling component ‘a’ is greater than 0.5 or $0.5 < a < 1$, the values of each of this
 506 sequence were therefore not independent, and all these regions had a long-range correlation with previous
 507 years, meaning that the future trend in CDD index was consistent with the change in trend over the past
 508 years analyzed (19650–2017). This implies that CDD will continue to decrease or increase in the regions
 509 as previously obtained by statistical analysis of historical CDD over EA as shown in Table 2.



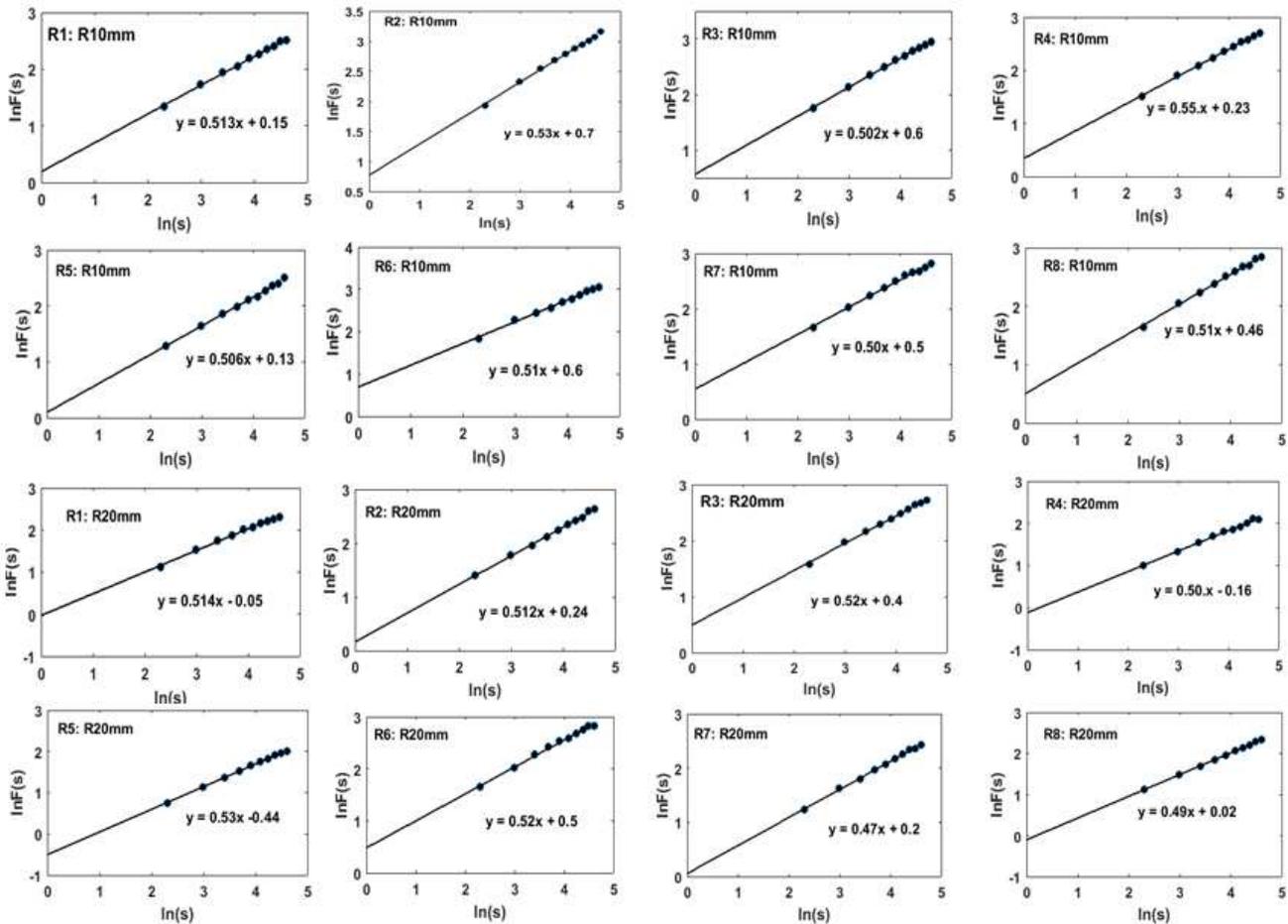
510

511 **Fig.4. Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme precipitation**
 512 **indices CDD and CWD for 8 rainfall zones (R1-R over East Africa**

513 The results for R10mm and R20mm rainfall indices presented in upper Fig.5 also show varied
 514 DFA scaling component ‘a’ in both Indices. For example; for R10 index, the factors were; 0.513, 0.53,
 515 0.502, 0.55, 0.506, 0.51, 0.50, and 0.51 respectively. All regions, therefore, show that the values of each
 516 sequence were therefore not independent, and all had long-range correlation, meaning that the future trend
 517 in the DFA index was consistent with the change in trend over the past years analyzed (1960–2017). This
 518 implies that R10mm will continue to decrease or increase in the regions as previously obtained by
 519 statistical analysis of historical of DFA over EA.

520 The results for R20mm rainfall indices presented in the lower part of (Fig.5) also show varied DFA
 521 scaling component ‘a’ in different regions. The scaling component ‘a’ were; 0.514, 0.512, 0.520, 0.500,
 522 0.53, 0.52, 0.47, and 0.49 respectively. The first 6 regions (R1-R6), therefore, show that the values of
 523 each sequence were therefore not independent, and all had long-range correlation, meaning that the future
 524 trend in the DFA index was consistent with the change in trend over the past years analyzed (19650–

525 2017). This implies that R20mm will continue to decrease or increase in the regions as previously
 526 obtained by statistical analysis of the historical trends over EA as presented in Table 2.



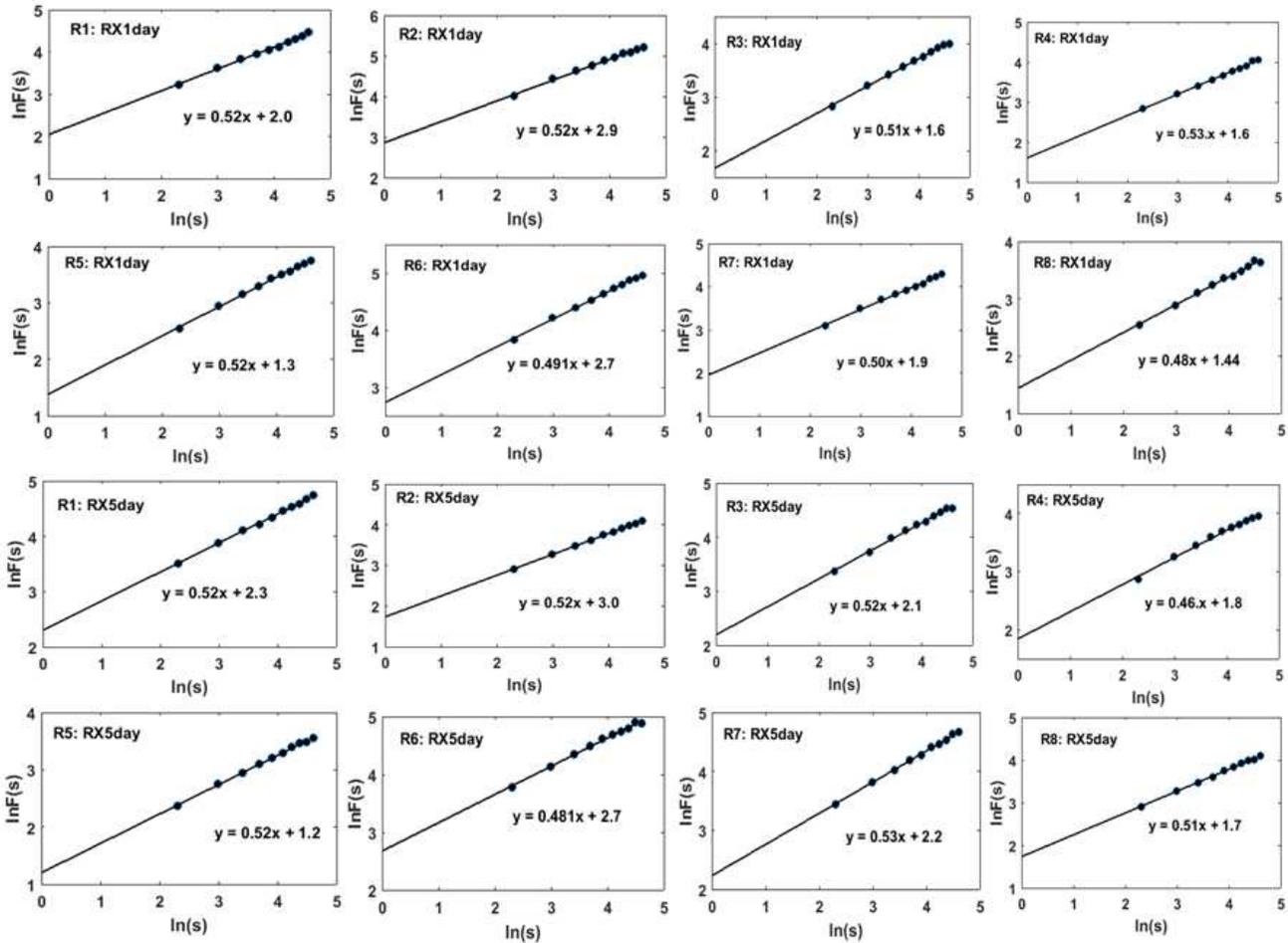
527

528 **Fig.5. Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme precipitation**
 529 **indices R10mm and R20mm for 8 rainfall zone (R1-R) over East Africa.**

530 The results for RX1day indices presented in the upper part of (Fig.6) also show varied DFA
 531 scaling component ‘a’ for the period analyzed. The scaling component ‘a’ were; 0.52, 0.52, 0.51, 0.500,
 532 0.53, 0.52, 0.50, and 0.48 respectively. The first 7 regions (R1-R7) regions, therefore, show that the
 533 values of each sequence were therefore not independent, and all had long-range correlation, meaning that
 534 the future trend in the DFA index was consistent with the change in trend over the past years analyzed
 535 (19650–2017). This implies that RX1day will continue to decrease or increase in the regions as previously
 536 obtained by statistical analysis of historical of DFA over EA (see Table 2).

537 The results for RX5day indices presented in the lower part of (Fig.6) also show varied DFA scaling
 538 component ‘a’ for the period analyzed. The scaling component ‘a’ were; 0.52, 0.52, 0.52, 0.46, 0.52, 0.48,
 539 0.53, and 0.51 respectively. With exception of R4 and R7, the remaining region (R1-R3, R5, and R8)

540 regions, therefore, show that the values of each sequence were therefore not independent, and all had a
 541 long-range correlation, meaning that the future trend in the DFA index was consistent with the change in
 542 trend over the past years analyzed (1960–2017). This implies that RX5day will continue to decrease or
 543 increase in the regions as previously obtained by statistical analysis of historical DFA over EA.



544

545 **Fig.6. Detrended Fluctuation Analysis (DFA) curves for long-range forecasting of extreme**
 546 **precipitation indices RX1day and RX5 days for 8 rainfall zone (R1-R) over East Africa**

547

548 **Figure.7.** Shows the correlation coefficient diagram between rainfall extreme indices and the
 549 atmospheric teleconnections indices (DMI and Nino 3.4) over EA. Results showed a low correlation of
 550 extreme rainfall events in the regions; i.e there is no close relationship between an extreme event
 551 occurring in one region to the other. For instance, for PRCPTOT, the best correlation coefficient (0.47) is
 552 shown between rainfall zone 3 (R3) and rainfall Zone 1(R1), followed by 0.41 between R1 and R5. The
 553 existence of a low correlation coefficient of extreme events between rainfall zones (R1-R8) is common in

554 all rainfall extreme events. This implies that the development of appropriate adaptation and mitigation
555 strategies should be done location-specific as there are low chances of regions experiencing similar
556 extreme events.

557 **3.8 Zonal variability of extreme rainfall events and the relationship ENSO and IOD**

558 **Figure 7** shows the correlation coefficient diagram between rainfall extreme indices and the
559 atmospheric teleconnections indices (DMI and Nino 3.4) over eight rainfall zones (R1-R8) in EA. Results
560 showed a low correlation of extreme rainfall events in the regions; i.e there is no close relationship
561 between extreme events occurring in one region to the other. For instance, for PRCPTOT, the best
562 correlation coefficient (0.47) is shown between rainfall zone 3 (R3) and rainfall Zone 1(R1), followed by
563 0.41 between R1 and R5. The existence of a low correlation coefficient of extreme events between rainfall
564 zones (R1-R8) is common in all the rainfall extreme events (**Fig.7**). This implies that the development of
565 appropriate adaptation and mitigation strategies should be done location-specific as there are low chances
566 of regions experiencing similar extreme events due to inhomogeneity of rainfall events.

567 Regarding the relationship between extreme indices and the two atmospheric teleconnections,
568 results showed both negative and positive correlations in the rainfall zones (**Table 4**). For instance, most
569 rainfall zones showed a positive correlation between PRCPTOT and IOD (Dipole Mode Index-DMI)
570 except R2, while an equal number of positive and negative correlations revealed between ENSO-(Nino
571 3.4) and the same Index in the rainfall zones. The highest correlation ($r = 0.35$) is between DMI and
572 PRCPTOT index in rainfall zone 7(R7). Similarly, most rainfall zones showed a positive correlation
573 between the R95p index and DM, while 5 out of 8 rainfall zones experienced a negative correlation
574 between ENSO-Nino 3.4 index and R95p, with $r = 0.33$ as the highest correlation still obtained in R7. For
575 all remaining indices, R20mm, RX5day, CDD, and CWD, similar trends are observed where a more
576 positive correlation is revealed between DMI and negative results with ENSO-Nino 3.4 Index.

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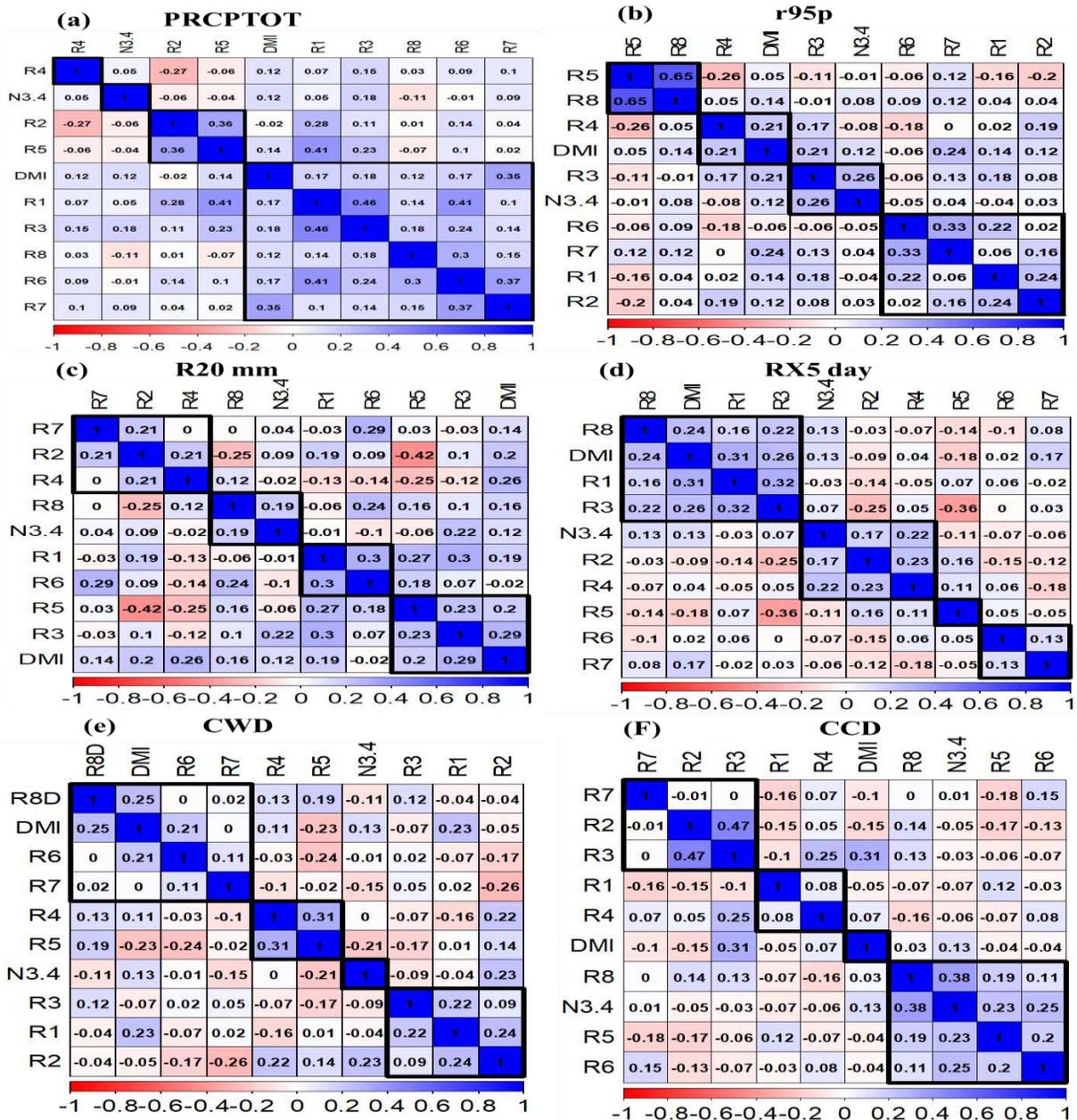
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581

582 **Table 4:** Show a summary of the correlation coefficient (r) of different extreme rainfall index and
 583 two atmospheric teleconnections (DMI and Nino 3.4) in the eight rainfall zones (R1-R8) in EA

RF Zone	PRCPTOT		r95p		R20 mm		RX5day		CDD		CWD	
	DMI	Nino3.4	DMI	Nino3.4	DMI	Nino3.4	DMI	Nino3.4	DMI	Nino3.4	DMI	Nino3.4
R1	0.17	0.05	0.31	-0.07	0.19	-0.01	0.31	-0.03	-0.05	-0.07	0.23	-0.04
R2	-0.02	-0.06	0.24	0.07	0.20	0.09	-0.09	0.17	-0.15	-0.05	-0.05	0.23
R3	0.18	0.18	0.34	0.21	0.29	0.22	0.26	0.07	0.31	-0.03	-0.07	-0.09
R4	0.12	0.05	0.22	-0.07	0.26	-0.02	0.04	0.22	0.07	-0.06	0.11	0.00
R5	0.14	-0.04	-0.02	-0.01	0.20	-0.06	-0.18	-0.11	-0.04	0.23	-0.23	-0.21
R6	0.17	-0.01	0.03	-0.06	-0.02	-0.10	0.02	-0.07	-0.04	0.25	0.21	-0.01
R7	0.35	0.09	0.33	-0.01	0.14	0.04	0.17	-0.06	-0.10	0.01	0.00	-0.15
R8	0.12	-0.11	0.09	0.02	0.16	0.19	0.24	0.13	0.03	0.38	0.25	-0.11

584



585

586

587 *Fig. 7 shows the correlations plots for annual total wet-day precipitation (PRCPTOT) (a), very heavy rainfall*
 588 *(r95p) (b), annual count of days when precipitation ≥ 20mm(c), max 5-day precipitation amount (RX5day) (d),*
 589 *consecutive wet days (CWD) (e), consecutive dry days (CCD)(f). (Note DMI= Dipole Mode Index and N3.4 =*
 590 *Nino 3.4 index).*

591

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594

595 4.0 Conclusions

596 This study examined changes in the occurrence of extreme rainfall events using long-term
597 observed rainfall records for 25 stations varying from 1960-2017. The spatial distribution of extreme
598 rainfall events was generated by geographical information System (GIS) through the Krigging
599 Interpolation technique. Future development of extreme rainfall events was computed using Detrended
600 Fluctuation Analysis (DFA). Results revealed that the consecutive wet day's index (CWD) was a
601 decreasing trend in 72% of the stations analyzed. Moreover, the consecutive dry days (CDD) index also
602 indicated a positive trend in 44% of the stations analyzed especially in the Arid and Semi-Arid region
603 (ASAL) of Kenya in R1.

604 Additionally, heavy rainfall days (R10mm) show a positive trend at 52% of the stations but the
605 trend is statistically significant at only 3 stations; Jinja, Kisumu, and Kasese stations. The remaining 48%
606 stations portrayed an insignificance negative trend for the R10mm index. Moreover; all the 60% (15/25)
607 of the stations analyzed revealed a positive trend for very heavy rainfall days (R20mm) index did not
608 present any statistical significance in the study area, for the remaining stations 40%, a statistically
609 significant negative trend in the R20mm index, were revealed at Entebbe and Kampala. In light of the
610 extremely heavy rainfall days (R25mm) index, 56% of the stations revealed a decreasing trend for the
611 index where stations such as Kisumu, Entebbe in rainfall zone 6 and Gitega in rainfall zone 8 showed a
612 statistically significant trend with a rate of decrease of -0.164 mm/year, -0.129 mm/year, and -0.157
613 mm/year respectively. It can be observed that there is an increasing tendency in all two indices that relates
614 to heavy rainfall days (R10mm), and very heavy rainfall days (R20mm) which are associated to flash
615 floods. Statistically insignificant negative and positive trends are also revealed for the very wet day's
616 index (R95p), and extremely wet days index (R99p), and the most important results have been noticed in
617 rainfall zone 4 where numerous floods and drought events are reported in the area.

618 Results showed a low correlation coefficient of extreme rainfall events in the regions; i.e there is
619 no strong relationship between extreme events occurring in one region to the other. Similarly, the
620 correlation coefficient between rainfall extreme indices and the atmospheric teleconnections indices (DMI
621 and Nino 3.4) were generally low. For instance, most rainfall zones showed a positive correlation between
622 PRCPTOT and IOD (Dipole Mode Index-DMI) except R2, while an equal number of positive and
623 negative correlations revealed between ENSO-(Nino 3.4) and the same Index in the rainfall zones. The
624 highest correlation ($r = 0.35$) is between DMI and PRCPTOT index in rainfall zone 7(R7). Similarly, most
625 rainfall zones showed a positive correlation between the R95p index and DM, while 5 out of 8 rainfall
626 zones experienced a negative correlation between ENSO-Nino 3.4 index and R95p, with $r = 0.33$ as the

627 highest correlation still obtained in R7. The impacts of highly variable trends of extremes events
628 correspond to highly variable rainfall reported in EA which usually impacts adversely on the livelihood of
629 the communities. DFA showed varied results, however most of the stations that the current trends is
630 most likely to persist.

631 Based on these diverse results, we recommend that the development of appropriate adaptation and
632 mitigation strategies be done location-wise as there are low chances of regions experiencing similar
633 extreme events due to heterogeneity of rainfall events. The study provides some important information
634 required for planning mitigation and adaptation strategies, especially in disaster preparedness. Future
635 studies on the influence of atmospheric teleconnections on extreme events may include other variables
636 such as North Atlantic Oscillation (NAO) index, and several high-pressure systems (e.g Mascarene, St.
637 Hellena, Azores and Arabian Ridge, etc.) whose influence is not well known especially under the current
638 changing climate.

639

640 **Conflict of Interest**

641 There is no conflict of interest in this paper.

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794 **Table S1: Shows the codes, indicator names, 5`8 and descriptions of 11 rainfall indices**

Code	Indicator name	Description of Indicator	Units
SDII	Simple Daily Intensity Index	Mean precipitation amount that is registered on wet days	mm
Rx1day	Max 1-day precipitation amount	Maximum 1-day precipitation total	mm
Rx5day	Max 5-day precipitation amount	Maximum 5-day precipitation total	mm
CDD	Consecutive dry days	Maximum number of consecutive days with RR<1 mm	Days
R10 mm	Annual count of days	Number of days with more than 10 mm of precipitation days	Days
R20mm	Annual count of days	Annual count of days when PRCP≥ 20mm	Days
R25mm	Annual count of days	Annual count of days when PRCP≥ 25mm	Days
CWD	Consecutive wet days	Maximum number of consecutive days with RR ≥1 mm	Days
R95p	Very wet days	Annual total PRCP when RR>95 th percentile	mm
R99p	Extremely wet days	Annual total PRCP when RR > 99 th percentile	mm
PRCPTOT	Annual total wet-day precipitation	Annual total PRCP in wet days (RR ≥1 mm)	mm

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800 **Table S2.** Shows the statistical metrics for evaluation of the performance of satellite datasets(CHIRPS),
 801 over 8 rainfall zones of EA(R1-R8). (R= correlation coefficient, RMSD is the root mean squared
 802 difference, BIAS is the statistical bias)

Rainfall	R	RMSD	BIAS
R1	0.92	24.93	-1.32
R2	0.9	39.41	-14.18
R3	0.91	22.99	0.42
R4	0.83	36.77	-16.46
R5	0.94	32.02	17.03
R6	0.9	31.4	-18.33
R7	0.83	30.24	-3.86
8	0.95	21.37	-0.29

803 **Table S2 Shows preliminary quality control result for rainfall datasets for 25 station. The p-values for**
 804 **the Shapiro-Wilk normality test (htest), Grubbs outlier test (qgrubbs), Standard Normal Homogeneity**
 805 **Test (SNHT), and Buishand range test (BR)**

Station	Longitude	Latitude	Elevation	Period	"htest	qgrubbs	SNHT	BR
Wajir	41.9	3.9	271	1960-2016	0.085	0.072	0.233	0.464
Garissa	40.1	1.8	246	1957-2016	0.084	0.074	0.135	0.387
Marsabit	38.02	2.31	1283	1960-2016	0.9	0.054	0.139	0.257
DAR	39.12	-6.8	156	1960-2017	0.941	0.278	0.15	0.282
Dagoretti	36.75	-1.31	1830	1961-2016	0.109	0.291	0.193	0.124
Narok	35.91	-1.1	1950	1964-2016	0.285	0.43	0.247	0.513
Namulonge	32.6	0.51	1128.1	1963-2017	0.893	0.149	0.163	0.073
Tororo	34.21	0.71	1176.2	1970-2017	0.096	0.128	0.243	0.12
Soroti	33.6	1.7	1115	1961-2017	0.059	0.03	0.228	0.173
Jinja	33.11	0.51	1175	1961-2017	0.571	0.092	0.122	0.061
Lira	32.9	2.32	1120.4	1971-2017	0.317	0.242	0.173	0.083
Serere	33.5	1.5	1098.2	1961-2017	0.07	0.232	0.169	0.209
Kiige	33	1.1	1089.1	1971-2017	0.07	0.054	0.11	0.405
Bukoba	31.82	-3.37	1144	1960-2017	0.609	0.981	0.137	0.081
Mbeya	33.47	-8.93	1791	1980-2017	0.083	0.924	0.066	0.335
Kisumu	34.8	-0.1	1154	1980-2016	0.866	0.129	0.26	0.278
Kampala	32.62	0.32	1162	1980-2016	0.893	0.149	0.163	0.203
Entebbe	32.62	0.53	1117	1951-2016	0.423	0.134	0.085	0.12
Mbarara	30.41	-0.13	1408	1950-2016	0.052	0.09	0.583	0.143
Kasese	30.06	0.1	931	1964-2016	0.623	0.182	0.312	0.301
Masindi	31.43	1.41	1136	1960-2016	0.063	0.16	0.501	0.131
Kabale	29.6	-1.15	1743	1960-2016	0.085	0.34	0.887	0.271
Gitega	30.06	-1.95	1524	1970-2018	0.356	0.074	0.316	0.296
Nyagatare	30.31	-1.28	1366	1970-2018	0.343	0.036	0.298	0.066
Nyanza lac	29.62	-4.32	874	1970-2018	0.969	0.118	0.239	0.319
Gisenyi	29.26	-1.66	1591	1970-2018	0.65	0.072	0.495	0.491

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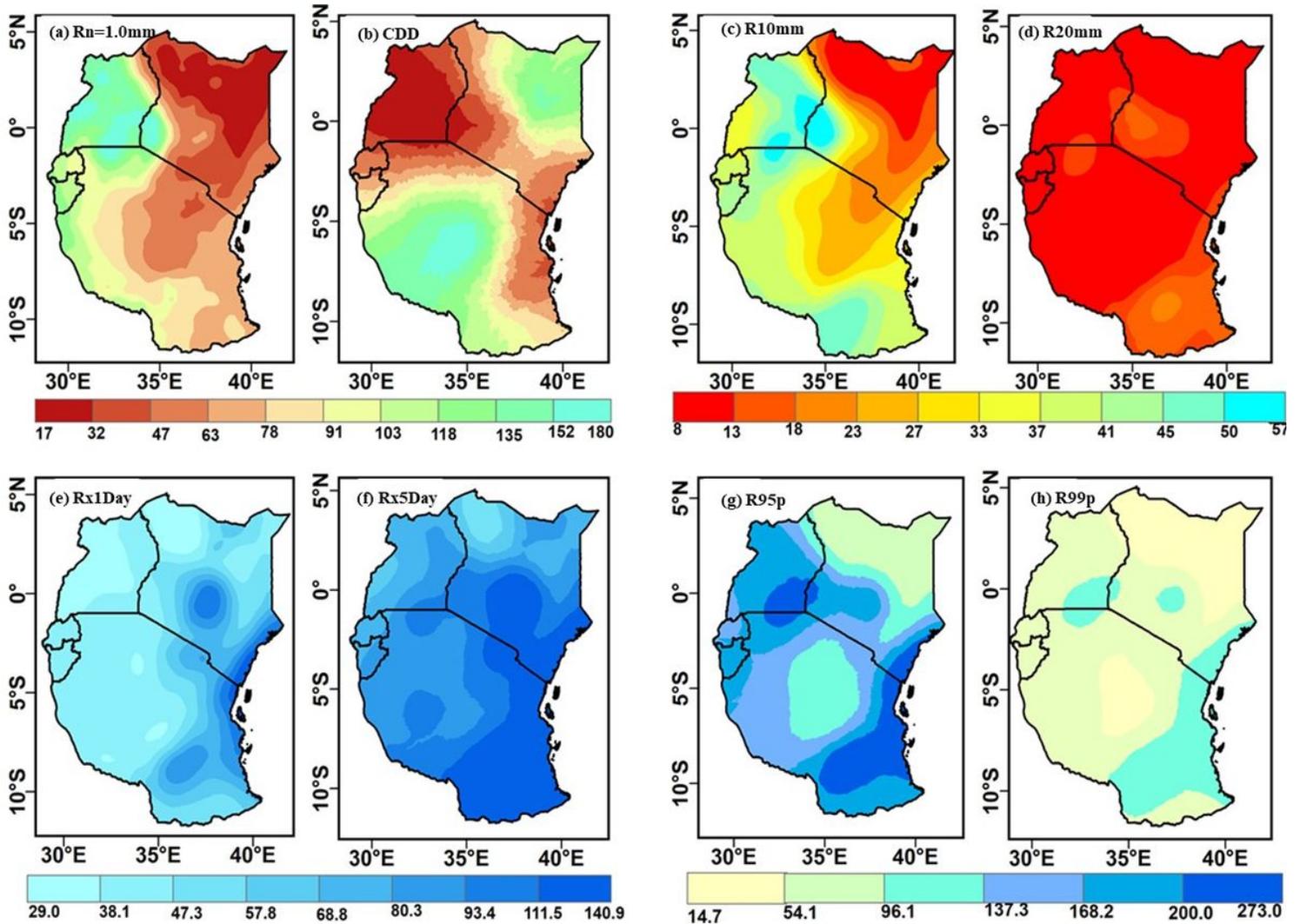


Figure 2

Shows the spatial distribution for the wet day ($R_n=1.0\text{mm}$ (a), consecutive dry day CDD(b), the annual count of days when precipitation $\geq 10\text{mm}$ (c), the annual count of days when precipitation $\geq 20\text{mm}$ (d), max 5-day precipitation amount (RX1day) (e), 5-day precipitation amount (RX5day) (f), Very wet days R95p (g) and extremely wet days R99p (h) over East Africa during the period 1981-2017 Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

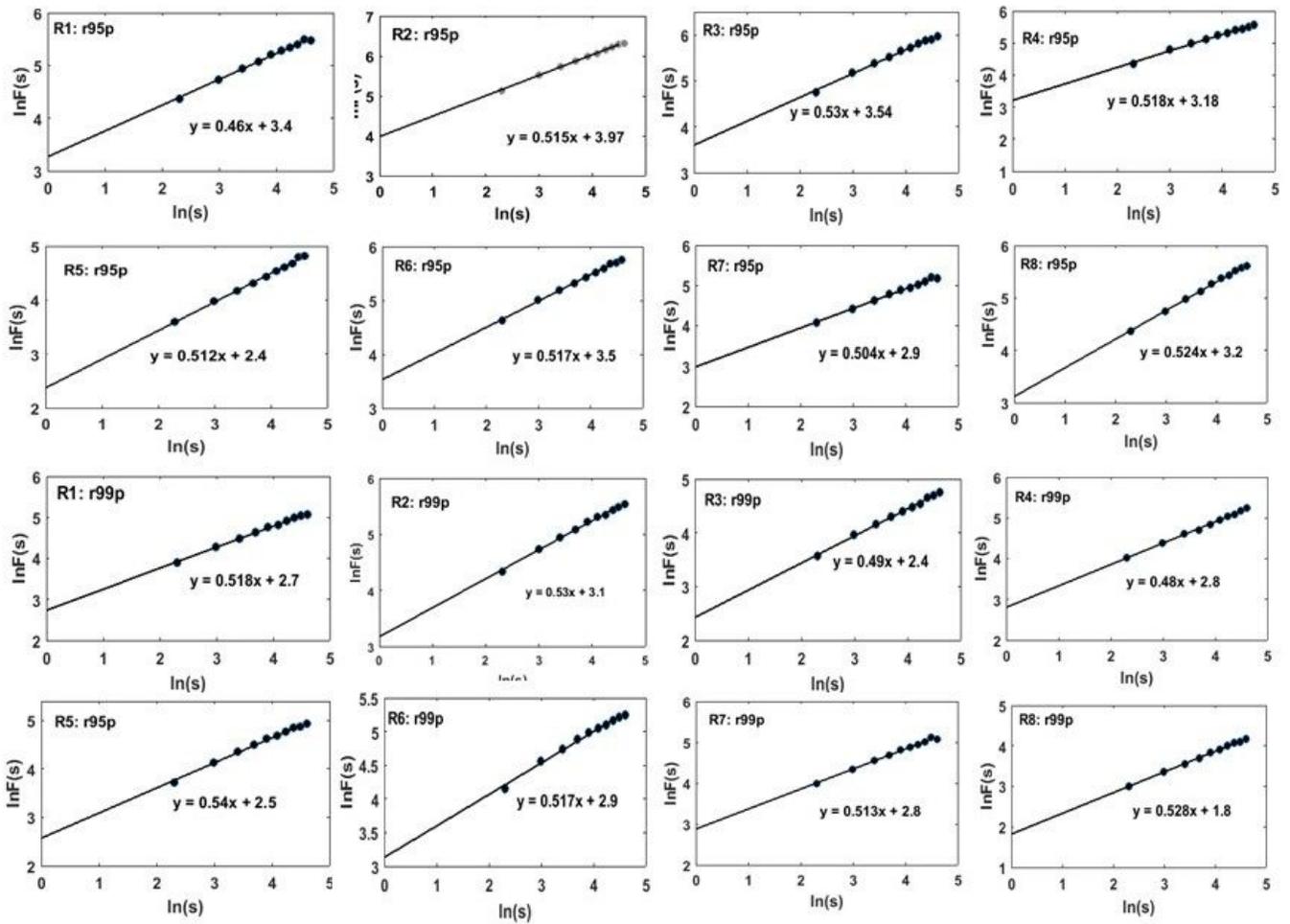


Figure 3

Shows Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme precipitation indices (r95p) and r99p for 8 rainfall zones (R1-R8) over East Africa.

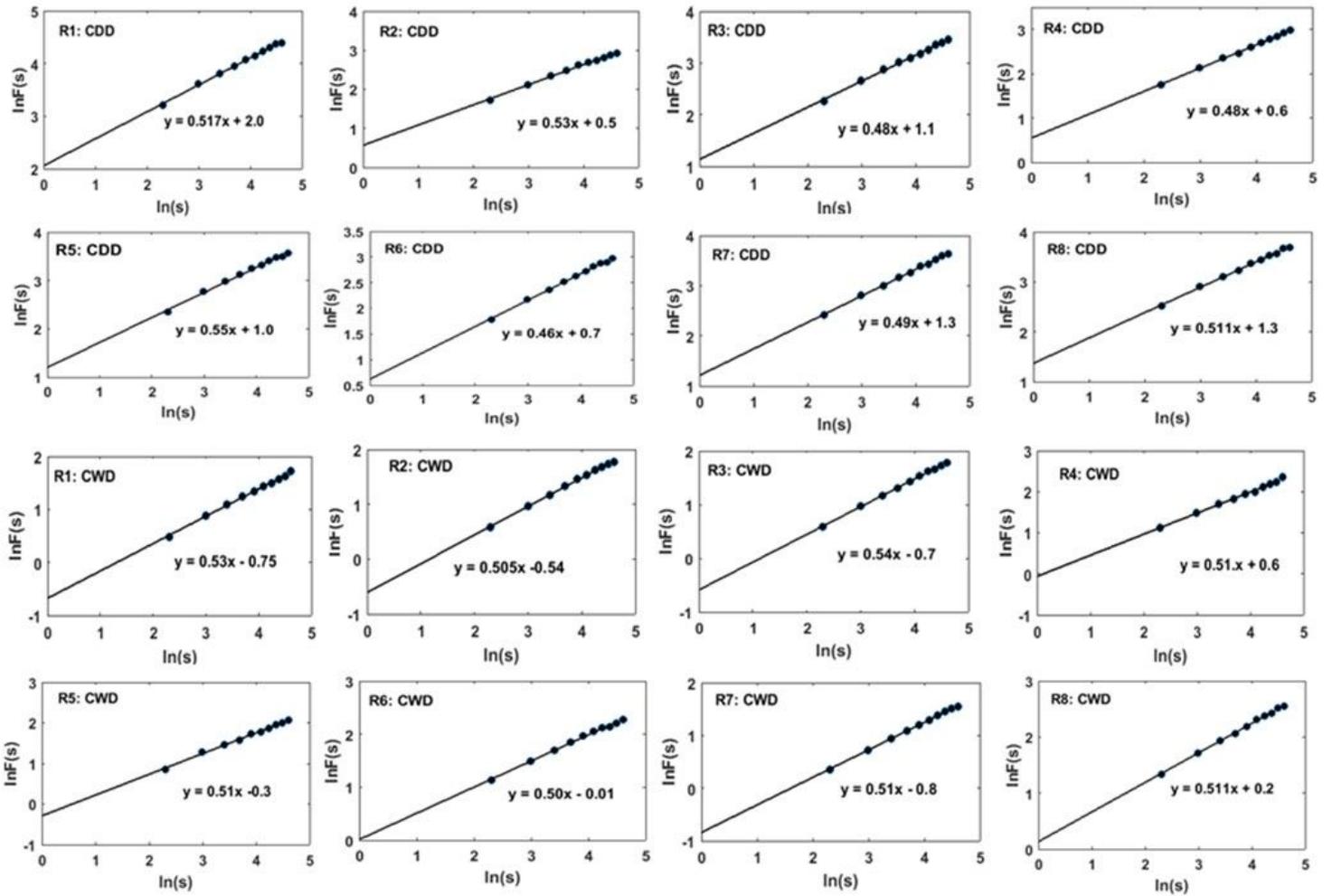


Figure 4

Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme precipitation indices CDD and CWD for 8 rainfall zones (R1-R over East Africa

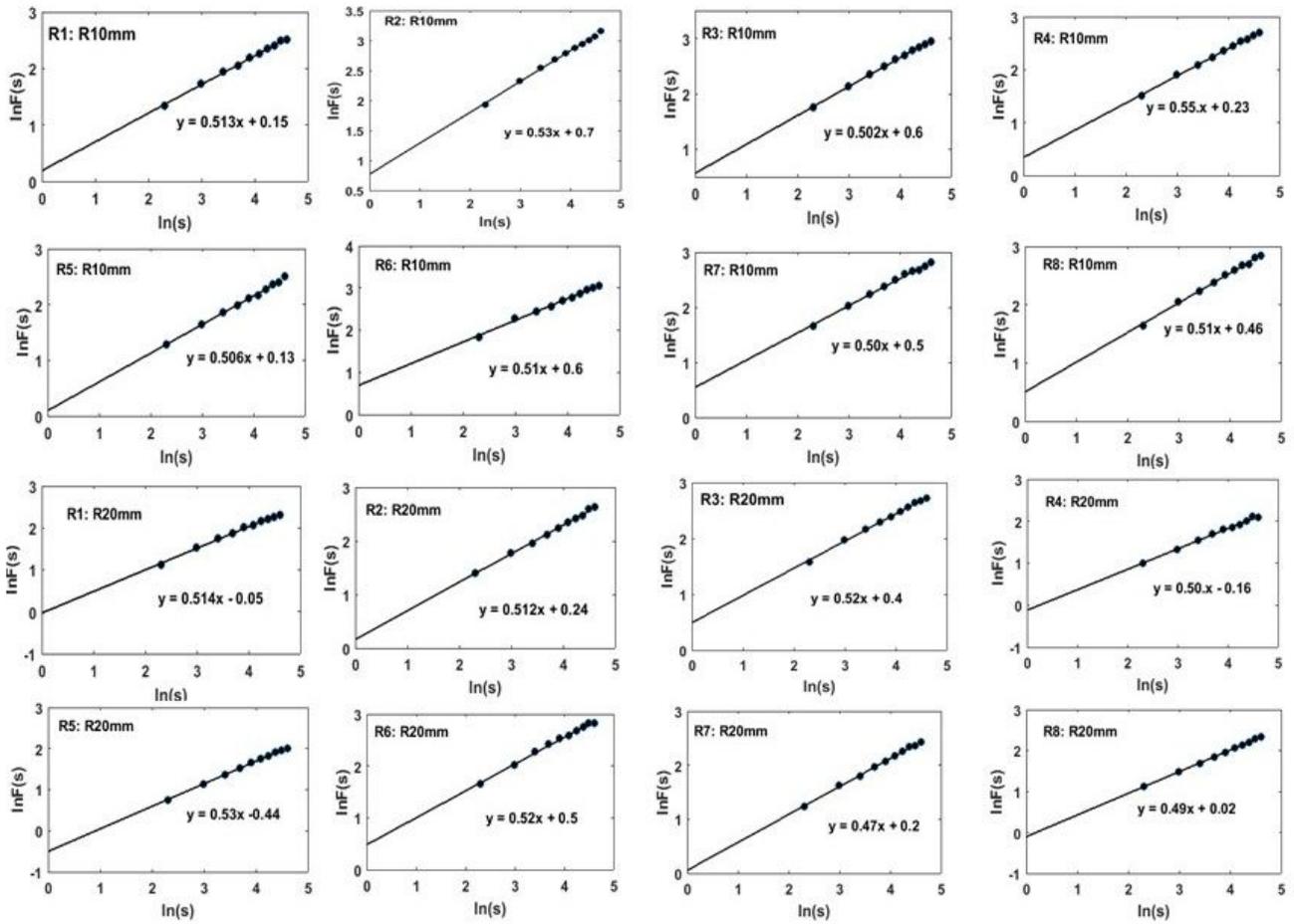


Figure 5

Detrended Fluctuation Analysis (DFA) for long-range forecasting of extreme precipitation indices R10mm and R20mm for 8 rainfall zone (R1-R) over East Africa.

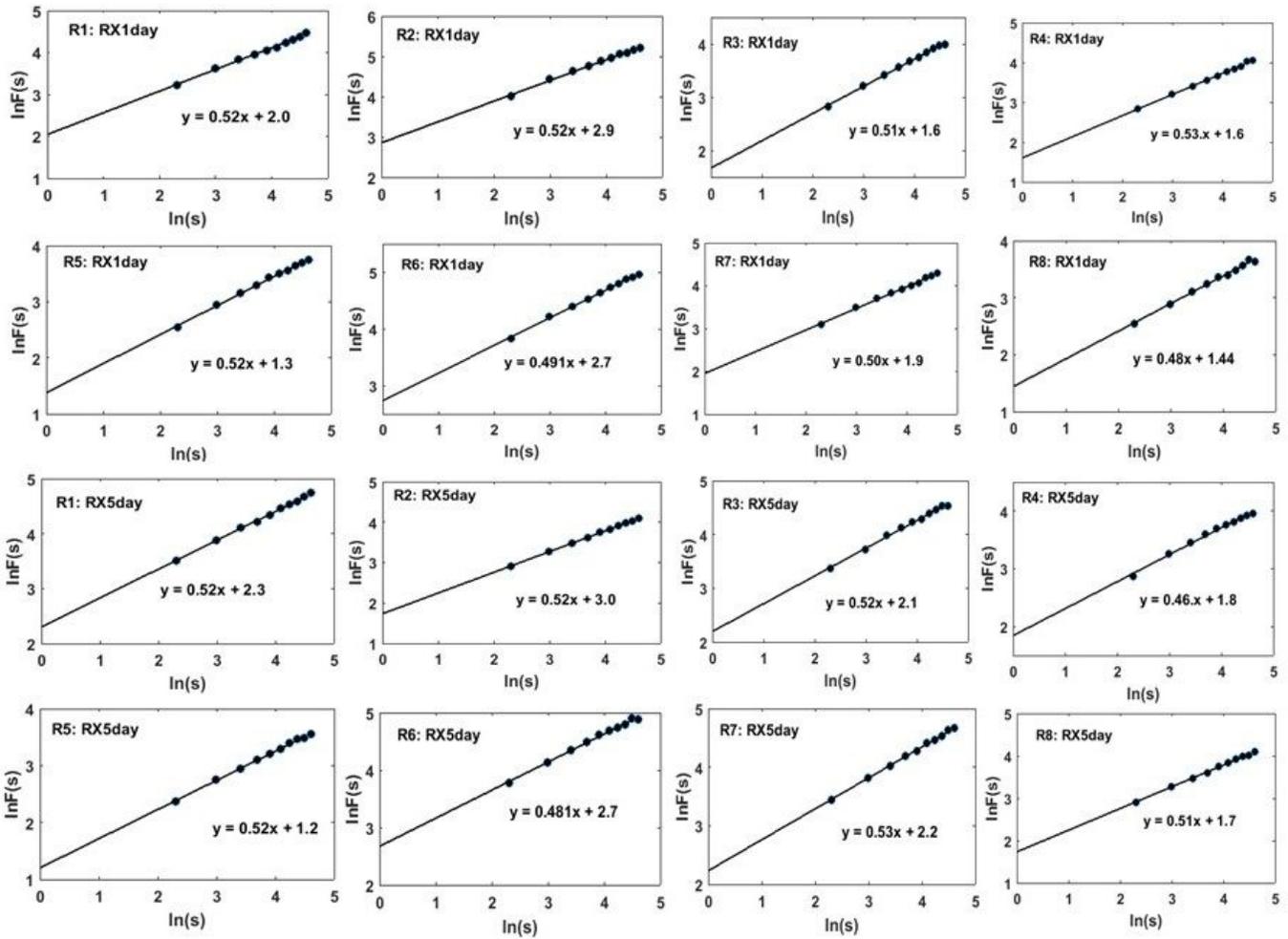


Figure 6

Detrended Fluctuation Analysis (DFA) curves for long-range forecasting of extreme precipitation indices RX1day and RX5 days for 8 rainfall zone (R1-R) over East Africa

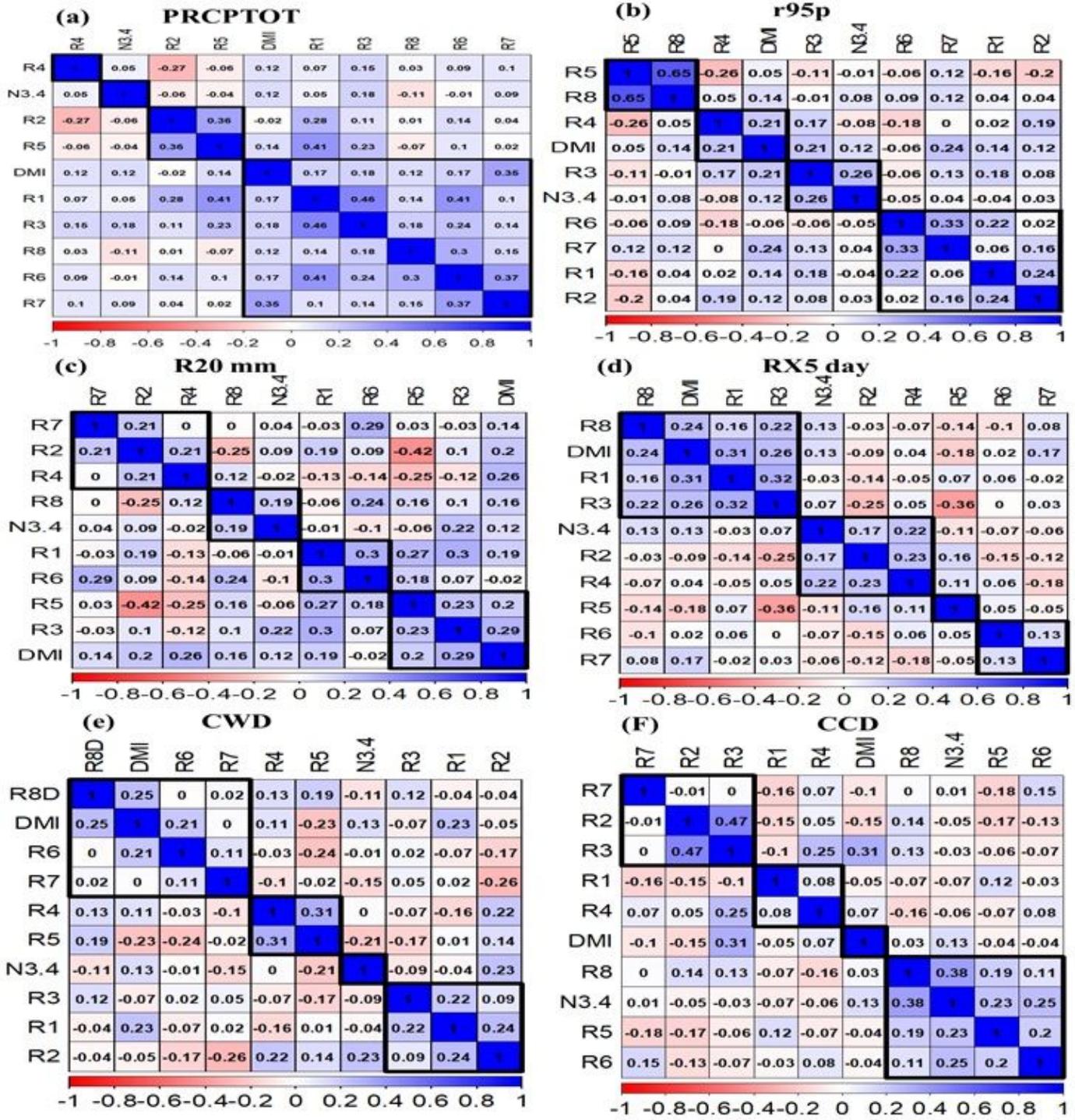


Figure 7

shows the correlations plots for annual total wet-day precipitation (PRCPTOT) (a), very heavy rainfall (r95p) (b), annual count of days when precipitation ≥ 20 mm (c), max 5-day precipitation amount (RX5day) (d), consecutive wet days (CWD) (e), consecutive dry days (CCD) (f). (Note DMI= Dipole Mode Index and N3.4 = Nino 3.4 index).