

# Evaluation of Circulating Plasma Proteins in Breast Cancer: A Mendelian Randomization Analysis

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# 1 Evaluation of Circulating Plasma Proteins in Breast Cancer: A

## 2 Mendelian Randomization Analysis

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32 **Abstract**

33

34 The blood proteome reflects homeostatic and dynamic cellular processes across human organs.  
35 However, few blood proteomics studies of sufficient depth and size have been reported in breast  
36 cancer. To comprehensively identify circulating proteins with a causal role in breast cancer we  
37 measured 2,929 unique proteins in plasma from 598 women selected from the Karolinska  
38 Mammography Project and explored associations between proteins levels, clinical characteristics,  
39 and gene variants. The analysis revealed 812 cis-acting protein quantitative trait loci (pQTL), which  
40 were used as instruments in Mendelian randomisation (MR) analysis of breast cancer. Five proteins  
41 ( $P < 1.7 \times 10^{-5}$ , Bonferroni-corrected) with a potential causal role in breast cancer risk were revealed  
42 (CD160, DNPH1, LAYN, LRRC37A2 and TLR1). Confirming the MR findings in independent cohorts  
43 (FinnGen R9 and the UK Biobank), our study suggests that these proteins should be further explored  
44 as potential drug targets in breast cancer.

## 45 Introduction

46  
47 Breast cancer is globally the most common cancer in women and is associated with significant  
48 morbidity and mortality <sup>1</sup>. Genome-wide and exome-wide genetic association studies have  
49 successfully identified over 300 breast cancer susceptibility loci <sup>2-4</sup> but the mechanisms underpinning  
50 most loci and specific gene variants remain uncharacterized, which limits translation of genetic  
51 susceptibility loci to new therapies and precision medicine tools <sup>4</sup>.

52  
53 Mendelian randomisation (MR) offers an alternative approach to the mapping and understanding of  
54 etiologically important pathways in cancer risk and development. MR aims to elucidate causal  
55 relationships between modifiable risk factors and disease based on the analysis of genetic variants in  
56 observational data <sup>5</sup>. In comparison to genome-wide association studies (GWAS), MR exploits a more  
57 confined test space, which increases statistical power, and inherently supports causal gene  
58 identification. MR can be further supported by genetic colocalization analysis of exposure and  
59 outcome <sup>6</sup>. The relevance of MR has been evaluated and supported by retrospective analyses of drug  
60 targets with a proven aetiological or causal role in disease from randomised controlled trials (RCT) <sup>7,8</sup>.

61  
62 Circulating proteins possess many of the characteristics suitable for discovery of breast cancer  
63 biology using MR. Firstly, the plasma proteome has been shown to reflect both normal physiology  
64 and pathogenic biological processes in cancer <sup>9</sup>. Secondly, circulating proteins can be measured with  
65 high throughput and precision a variety of advanced methods <sup>10 11</sup>. Thirdly, recent studies have  
66 shown that a majority of circulating proteins are associated with cis-acting protein quantitative trait  
67 loci (pQTL) i.e. located within 1 Mbp from the protein-encoding gene <sup>12,13</sup>. Fourthly, individual cis-  
68 pQTL explain relatively large proportions of variance in the protein, making them statistically  
69 powerful instrumental variables for causal inference using MR <sup>12 14</sup>. Hundreds of pQTL for plasma  
70 proteins have been identified, but so far no studies have reported pQTL in an entirely female  
71 population <sup>7,12,13,15-19</sup>.

72  
73 Here, we measured a total of 2,929 unique proteins using the Olink PEA Explore assay in plasma  
74 samples taken from 598 women who were free of a breast cancer diagnosis at the time of sampling.  
75 We i) performed genetic association analysis of protein levels to identify cis-pQTL and ii) used the cis-  
76 pQTL as instrumental variables in MR analysis of breast cancer in the BCAC case-control meta- analysis  
77 of breast cancer risk, and iii), replicated MR findings in a second breast cancer case-control meta-  
78 analysis of FinnGen <sup>20</sup> and the UK Biobank <sup>21</sup>. Lastly, we followed up on significant proteins identified  
79 in the MR analysis by visualising and evaluating colocalization of the protein and breast

80 cancer genetic associations and evaluated potential causal relationships with established and  
81 emerging breast cancer risk factors, also using MR (figure 1).

82  
83 Out of 737 plasma proteins evaluated using MR, genetically elevated levels of five proteins were  
84 associated with breast cancer risk, namely CD160, 2'-deoxynucleoside 5'-phosphate N-hydrolase 1  
85 (DNPH1), layilin (LAYN), Leucine rich repeat containing 37 member A2 (LRRC37A2) and toll-like  
86 receptor 1 (TLR1), which were confirmed in an independent set of data. Our results suggest that  
87 these five proteins are aetiologically relevant for breast cancer development. Pending further  
88 validation, these findings may point to novel drug target opportunities or stratification biomarkers in  
89 breast cancer.

90

## 91 Results

92

### 93 Sample characteristics

94

95 The KARMA study consented and recruited a total of 70,877 women during mammography screening  
96 from two Swedish regions (Stockholm and Skåne). The aim of the project is identification of risk  
97 factors for breast cancer<sup>22</sup>. The sample for the present substudy was selected for the purpose of  
98 evaluating plasma protein biomarkers in relation to incident breast cancer within 2 years from blood  
99 sampling, which is described in our companion paper by Grassmann et al. The selection included  
100 samples from 299 women in the Southern Sweden (Skåne) region who received a breast cancer  
101 diagnosis within 2 years after blood draw and 299 random controls from the same region, who, as of  
102 2021, had remained breast cancer free. No difference between cases and controls was seen for  
103 median age, body mass index or percent women receiving hormone replacement therapy at time of  
104 blood draw. The proportion of smokers and women with a family history of breast cancer were more  
105 common among cases (Table 1).

106

### 107 Protein analysis, detectability, and quality control

108

109 We chose to analyse the plasma samples using an affinity proteomics approach. While targeted  
110 methods, such as the Olink PEA approach, are inherently biased towards the subset of proteins that  
111 are measured, we attempted to maximise the possibility for discovery by measuring as many  
112 proteins as possible. Hence, we used the recently launched version of Olink's Explore I and II panels,  
113 which includes 2,949 proteins (Supplementary table 5). Out of this set, 2,213 (75%) could be  
114 detected in > 50% of the samples when judging their normalized protein expression levels (NPX)  
115 above limit of detection (LOD) (Supplementary figure 1, Supplementary table 5). The ranges per

116 protein varied between 0.17 NPX and 9.27 NPX (Supplementary figure 2). The proportion of proteins  
117 above LOD were lower for the most recent addition to the panels (Explore II). However, it is worth  
118 noting that the set of proteins in Explore II are, on average, less abundant than those of the Explore I  
119 panel, as shown in a comparison of average levels across proteins overlapping with a mass  
120 spectrometry peptide-based analysis generated by the Human Protein Atlas effort (Supplementary  
121 table 3, Supplementary figure 3) <sup>23</sup>.

122

## 123 Association between plasma protein levels and clinical characteristics

124

125 To examine observational relationships between protein levels and clinical characteristics of the  
126 KARMA women, we regressed each measured protein against seven factors (age, alcohol  
127 consumption, number of births, body mass index (BMI), hormone replacement therapy (HRT), peri-  
128 and post-menopause and current smoking. In these analyses we included both women who  
129 developed breast cancer and those who did not as there were no significant differences between  
130 both groups in our companion paper, indicating that the protein levels are similar between both  
131 groups at blood draw. All associations are shown in Supplementary table 6. A total of 684 proteins  
132 were associated with BMI and 459 proteins were associated with age (Figure 2). Several of the  
133 observed associations have previously been described such as higher plasma levels of leptin and  
134 fatty-acid binding protein 4 (FABP4) with increasing BMI <sup>24</sup>, higher FSHB in post-menopausal women  
135 and higher PLAP levels in smokers <sup>25</sup>. Some less described correlations included lower plasma levels  
136 of glycodelin (PAEP) and chordin like 2 (CHRDL2) and higher levels of glycoprotein hormone alpha  
137 polypeptide (CGA) in post- and peri-menopausal women, and lower levels of osteomodulin (OMD) in  
138 women using hormone replacement therapy (HRT).

139

140 The replication of known trait-to-protein associations suggest that the data quality was satisfactory,  
141 and that additional trait-to-protein associations are enabled by expansion of the number of  
142 detectable proteins.

143

## 144 Identification of cis-pQTL

145

146 To identify genetic instruments for the downstream causality testing using MR, gene variants within a  
147 range of 1Mbp up and downstream of genes encoding each of the 2,929 unique proteins were tested  
148 for association with levels of the corresponding protein. Significant associations ( $p < 2.2 \times 10^{-4}$ ) were  
149 observed for a total of 812 independent variants ( $R^2 > 0.1$ ) and 737 proteins, henceforth referred to as  
150 cis-pQTL (supplementary table 1). Most of the pQTL were observed for proteins on Olink Explore I  
151 panel (n=523) but several pQTL were also observed for Explore II proteins (n=289). Some of the cis-

152 pQTL showed effect sizes well above 1 standard deviation, including the nucleotidase NT5C  
153 (missense, Pro68Leu, MAF 3 %), acylphosphatase (ACYP1) (~7 kbp upstream of gene, MAF 1.5 %) and  
154 carboxypeptidase Q (CPQ) (intron, MAF 1.7 %).

155 We conclude that pQTL are readily detected for proteins on both Explore I and II panels, providing  
156 potential MR instruments for 737 proteins.

## 157 158 Replication analysis

159 To investigate the validity of the cis-pQTL identified in KARMA, effect sizes were compared with cis-  
160 pQTL previously reported for a subset of 90 proteins measured using Olink PEA in the SCALLOP CVD-I  
161 study<sup>7</sup>. Measurements for all 90 proteins were available in the KARMA study. Of those 90, cis-pQTL  
162 for 33 of the proteins reported by the SCALLOP CVD-I study were associated in KARMA at  $p < 0.05$ . The  
163 Pearson correlation coefficient between effect sizes for the 33 overlapping variants was 0.91  
164 (supplementary figure 4).

166 To also investigate the generalisability of the identified cis-pQTL, the variants, or those in high linkage  
167 disequilibrium (LD) ( $> 0.8$ ), were looked up in previously published studies reporting cis-pQTL based  
168 on the Somascan proteomics platform<sup>26,27</sup>. The overlap of Olink proteins available after quality  
169 control in the KARMA study and proteins measured in previously published work based on the  
170 Somascan platform was 569 proteins (supplementary table 1). Of the 603 significant cis-pQTL  
171 observed in KARMA for the subset of overlapping proteins, we observed evidence of replication for  
172 374 proteins at Bonferroni-corrected  $p < 6.1 \times 10^{-5}$  whereas a total of 229 cis-pQTL did not show  
173 evidence of replication at the aforementioned p-value threshold.

## 175 176 Mendelian randomization analysis

177 We performed two-sample inverse-variance weighted or Wald-scores MR analysis using protein  
178 exposures from the KARMA cis-pQTL to investigate potential causal effects on breast cancer risk  
179 using outcome data from BCAC and from the FinnGen R8-UK-biobank meta-analysis<sup>5</sup>. We were  
180 unable to identify genetic proxies for seven of the proteins with cis-pQTL in KARMA, resulting in the  
181 testing of 730 protein exposures. Of those, seven proteins surpassed the statistical threshold for  
182 significance ( $p < 7.5 \times 10^{-5}$ ) in the discovery study (Figure 3) of which five replicated in the independent  
183 breast cancer case control study from FinnGen<sup>20</sup> and UK-biobank<sup>21</sup> with consistent effect sizes and  
184 directions (Table 2). The replicated proteins, shown here by the names of their encoding genes, were  
185 CD160, DNPH1, LAYN, LRRC37A2 and TLR1. The full summary of MR results is provided in  
186 Supplementary table 4.



188 We further investigated whether the five proteins with replicated MR evidence for all breast cancers  
189 were equally associated in estrogen-receptor (ER) positive compared to ER negative breast cancer  
190 (Table 3). However, the effect sizes were similar across ER+ and ER- breast cancer risk, suggesting  
191 these five proteins associate equally with ER+ and ER- breast cancer risk.

192  
193 It was also hypothesised that proteins with MR evidence for an etiologically important role in breast  
194 cancer might influence breast cancer risk via a breast cancer risk factor. To test this, further MR  
195 analysis was performed using GWAS of potential breast cancer risk factors as outcomes, including  
196 age at menarche, age at menopause, waist-hip ratio, mammographic density, sex hormone binding  
197 globulin and insulin growth factor 1 levels (IGF-1)<sup>28</sup>. LRRC37A2 showed MR evidence for later age at  
198 menarche and earlier age at menopause in two independent outcome datasets, and also for higher  
199 IGF-1 levels (Supplementary table 2). CD160 showed nominal MR evidence for an etiological role  
200 lower age at menarche.

201  
202 To summarise, the MR analysis showed that genetic elevation of CD160, DNPH1, LAYN, LRRC37A2  
203 and TLR1 associate with breast cancer risk, and with similar effects on ER+ and ER- cancer.

## 204 205 Colocalisation analysis

206  
207 All imputed variants in proximity to the cis-pQTL for proteins with significant MR evidence were  
208 visually inspected with the corresponding genomic region for breast cancer risk using mirror plots.  
209 The cis-regions around DNPH1 and LRRC37A2 showed the strongest degree of concordance between  
210 lead variants for protein levels and breast cancer risk (Supplementary figure 7 and 8). Lead pQTL in  
211 cis-regions for CD160, LAYN and TLR1 were not the variants with the lowest p-values for breast  
212 cancer risk but were localised in the same, size limited, genomic region. We considered the cis-pQTL  
213 to be colocalised with breast cancer risk (Supplementary figure 6, 8 and 10).

## 214 215 Systematic search for drugs targeting CD160, DNPH1, LAYN, LRRC37A2 and TLR1

216  
217 To investigate if any of the five proteins identified in the present investigation had been previously  
218 explored as drug targets, we performed a systematic search across several databases, including NIH  
219 Pharos Consortium, IUPHAR/BPS Guide to Pharmacology, DrugBank and ClinicalTrials.gov. With the  
220 exception of LAYN, targeted by Hyaluronic acid, none of the proteins were registered as known drug  
221 targets<sup>29</sup>.

## 222 Discussion

223  
224 We measured 2,949 circulating proteins in plasma from 598 women to identify 812 independent cis-  
225 pQTL which were applied in MR to investigate associations between genetically predicted protein  
226 levels and breast cancer risk. We found that genetically lower levels of CD160 and LRRC37A2 and  
227 genetically higher levels of DNPH1, LAYN and TLR1 were associated with increased risk of breast  
228 cancer. In addition, genetically higher levels of LRRC37A2 associated with age at menarche, which  
229 adds to previous knowledge of its modest MR evidence for breast cancer risk<sup>28</sup>. MR using cis-pQTL  
230 instruments allowed us to model life-long genetic exposure to higher/lower protein levels, which  
231 implies an aetiologically important role of associated proteins in disease. In our companion paper by  
232 Grassmann et al., we found no circulating proteins associated with 2-year risk of incident breast  
233 cancer. Indeed, none of the five proteins identified in the present investigation were significantly  
234 associated with incident breast cancer. This indicates that genetically predicted protein levels did not  
235 capture this short-term risk.

236  
237 Among the five proteins identified in our study, DNPH1, also described as Rcl, encodes the enzyme  
238 2'-deoxynucleoside 5'-phosphate N-hydrolase, which plays a role in nucleotide metabolism and is a  
239 target of ETV1 -a transcription factor expressed in breast tumours<sup>30</sup>. Two independent CRISPR  
240 screens for modulators of BRCA-associated breast tumour sensitivity to PARP inhibitors, an  
241 established treatment in BRCA-deficient breast cancer, have shown that genomic inhibition DNPH1  
242 sensitizes BRCA-deficient cells to treatment with PARP inhibitors<sup>31,32</sup>. The lead pQTL identified in  
243 KARMA, rs75591122, is located ~18.2 kbp upstream from the DNPH1 gene on chromosome 6 and is  
244 one of several variants proximal to the DNPH1 gene associated with DNPH1 gene expression levels  
245 across multiple tissues<sup>33</sup>. Genetically increased circulating protein levels of DNPH1 was in our study  
246 associated with increased breast cancer risk, which is concordant with experimental studies  
247 suggesting that DNPH1 inhibition in breast cancer may be promising avenue for drug development.

248  
249 Another of the five proteins was CD160, which is a receptor expressed in immune cells that has been  
250 described to play important roles in NK cell biology, predominantly functioning as an activating NK-  
251 cell receptor<sup>34</sup>. CD160 is predominantly expressed on healthy NK cells and is one of the driver genes  
252 for a specific NK subset related to higher cytokine production<sup>35</sup>. Reduction in CD160 expression led  
253 to impaired NK cells and poor outcomes in Hepatocellular carcinoma patients<sup>36</sup> and since  
254 dysfunctional NK cells also correlate with breast cancer progression<sup>37</sup> it can be hypothesized that  
255 CD160 could have a similar protective role in breast cancer. Indeed, in our study, genetically elevated  
256 circulating protein levels of CD160 associated with a protective effect in breast cancer, suggesting

257 that a drug activating CD160 specifically on NK cells may enhance anti-tumour immune responses in  
258 breast cancer.

259  
260 Our search for drug targets highlighted the connection between LAYN and Hyaluronic Acid. LAYN  
261 encodes Layilin, which is a talin-binding transmembrane and integral membrane protein functioning  
262 as a receptor for Hyaluronic acid (HA), with a role in cell adhesion and motility<sup>38,39</sup>. HA is an  
263 extracellular matrix component that impacts tumor microenvironment where elevated HA levels has  
264 been reported in multiple cancer types including breast cancer<sup>40</sup>. Interestingly, targeted depletion of  
265 HA controlled the breast cancer tumor growth in xenotransplant mouse models of  
266 immunocompetent mice but not of immunodeficient mice, which indicates a potential tumor-  
267 immunity role for its receptors i.e. Layilin<sup>41</sup>. Accordingly, high LAYN expression belongs to  
268 transcriptomic signatures specific for regulatory T cells (Tregs) and exhausted CD8+ T cells for several  
269 cancer types including breast cancer<sup>42,43</sup>. In our study, genetic elevation of LAYN protein levels  
270 associated with increased breast cancer risk, suggesting a LAYN inhibitor would be desired for  
271 treatment of breast cancer. However, mechanistic studies will be required to confirm the direction of  
272 effect proposed by the MR evidence and to validate LAYN as drug target in breast cancer.

273  
274 Several other studies have investigated genetic elevation of circulating proteins to identify potential  
275 aetiological or causal factors for breast cancer risk. Murphy et al. reported that genetically elevated  
276 circulating insulin growth factor levels (IGF-1) were associated with a weak but significantly increased  
277 risk of breast cancer whereas IGF-binding protein-3 was unassociated<sup>44</sup>. Zhu et al. demonstrated  
278 absence of association with breast cancer for genetically elevated levels of C-reactive protein<sup>45</sup> and  
279 Shu et al. reported a wider MR analysis, instrumenting 1,469 proteins using Somascan-based pQTL in  
280 the INTERVAL cohort, of which genetic instruments for 26 proteins were found to be associated<sup>45,46</sup>.  
281 Bouras et al. instrumented 47 inflammatory cytokines and reported that genetically increased levels  
282 of CXCL1 and decreased levels of MIF associated with breast cancer<sup>47</sup>. Our study included 10 of the 28  
283 proteins previously reported in breast cancer MR studies, and while none of the reported proteins  
284 surpassed statistical significance in our study, SCG3 and TFPI showed nominal significance in our  
285 discovery MR (Supplementary table 4).

286  
287 Our study has both strengths and limitations. One of the strengths is the large number of proteins  
288 tested for cis-pQTL and that the cis-pQTL used to instrument genetic elevation using MR were  
289 identified in women only, which should provide better estimates in MR for female breast cancer.  
290 Another strength is that the protein exposures meeting statistical significance in our discovery MR,  
291 using data from the BCAC consortium as outcome, were replicated in the independent case-control  
292 analysis that combined breast cancer cases and controls in FinnGen and the UK-Biobank.

293 However, our study had limited sample size for discovering cis-pQTL with smaller effect sizes.  
294 Therefore, we cannot exclude that additional proteins on the Olink Explore II panels harbour  
295 significant cis-pQTL but remained undetected in the KARMA sample. To decrease the false-negative  
296 error rate we only included variants in cis to decrease the multiple-test burden and corrected the p-  
297 value threshold for significant for the number of independent variants in each cis-region. Effect-sizes  
298 observed in KARMA were highly concordant with an overlapping set of 33 cis-pQTL for proteins  
299 measured with Olink PEA that were previously reported. To evaluate the robustness of cis-pQTL  
300 identified in KARMA, we sought replication for an overlapping set of 569 proteins measured with  
301 Somascan. Of those, 2/3 (374/569) were replicated, which is on par with the expected replication  
302 rate given differences in protein analysis methods<sup>16</sup>.

303  
304 In conclusion, by applying an MR approach for a broad range of circulating proteins we found that  
305 genetically elevated CD160, DNPH1, LAYN, LRRC37A2 and TLR1 associate with breast cancer. This  
306 suggests that these five proteins play an aetiological or causal role in breast cancer, providing a basis  
307 for further functional evaluation of their potential as drug targets.

## 308 **Materials and methods**

### 309 **KARMA study collection**

310  
311 We included 299 breast cancer cases and 299 breast cancer free controls from the Swedish KARMA  
312 study in the analysis. The cohorts are thoroughly described elsewhere and previously analysed in  
313 several BCAC studies. Briefly, the KARMA Cohort consists of 70,877 women performing a screening or  
314 clinical mammogram at 4 hospitals in Sweden during the period October 2010–March 2013.

### 315 **Plasma protein measurements on Olink Explore**

316  
317 Plasma proteomics was performed in samples from 299 BC cases and 299 BC free controls from the  
318 Swedish KARMA study using the Olink Explore I and II panels (Olink Proteomics AB, Uppsala, Sweden)  
319 according to the manufacturer's protocol. Explore combines the Proximity Extension Assay (PEA)  
320 technology with Next generation sequencing (NGS).

321  
322 In brief, the PEA technology uses matching pairs of oligonucleotide-labelled antibody probes. The  
323 PEA probes bind to target antigens producing a binding complex where the complimentary  
324 oligonucleotides exist in close proximity to each other, enabling the formation of a target sequence.  
325 The dual targeting of probes has been proven to produce outstanding specificity enabling for a high  
326 degree of multiplexing while maintaining sensitivity and a broad dynamic range. In the Olink Explore  
327  
328  
329

330 protocol, target sequence is amplified in a double PCR reaction and purified before the NGS. The  
331 sequence data is processed and normalized to produce Olinks relative quantification unit Normalized  
332 Protein eXpression (NPX). The produced DNA signal functionally works as a proxy for the protein  
333 levels present in the sample. Further details on the Olink Explore protocol and internal quality control  
334 are available in the Supplementary methods 1 document.

### 335 336 Olink analysis quality control

337  
338 The Olink QC-system includes negative controls, used to monitor the background noise and to set the  
339 limit of detection (LOD). Supplementary figure 1 and Supplementary table 5 show the percentage of  
340 samples with NPX above LOD.

### 341 342 Association with clinical characteristics

343  
344 For each of the 2,949 measured protein levels, the following linear regression model was fitted:  $NPX$   
345  $\sim age + bmi + menopause\_preVSperi + menopause\_preVSpost + birth\_times + hrt\_status +$   
346  $alcohol\_gram\_week + smoking\_status$  where *menopause\_preVSperi* contrasts pre- versus peri-  
347 menopausal patients, *menopause\_pre VS post* contrasts pre- versus post-menopausal patients,  
348 *hrt\_status* contrasts current users of hormone replacement therapy versus patients who have never  
349 used it or who have used it in the past, and *smoking\_status* contrast current smokers versus those  
350 who have never smoked or smoked in the past. All p-values were FDR corrected for the 2,949 x 7  
351 performed tests.

### 352 353 Protein QTL mapping

354  
355 Genome-wide genotyping in the KARMA study was performed using the Illumina iSelect or Oncoarray  
356 arrays, followed by imputation using the Wellcome Trust Sanger Institute imputation service using  
357 the 1000 genomes phase 3 as reference. Standard quality control was applied as previously  
358 described. Variants with a minor allele frequency < 0.01 were filtered out prior to analysis. The final  
359 dataset included 9,087 million variants.

360 Proteins >75 % of NPX values below LOD were filtered out before the pQTL analysis, yielding a total  
361 of 2,476 proteins in the analysis. Values below LOD were included. The pQTL discovery analysis was  
362 performed using an additive model with adjustments for age, BMI and 10 genetic PCs in PLINK 2.0 .  
363 To preserve statistical power for pQTL identification, only variants within a 1 mega-base pair window  
364 of the protein coding gene were tested for association with respective circulating protein level. To  
365 manage multiple test correction, while limiting false-negatives, the total number of variants per cis-

366 region were calculated as well as the number of independent variants ( $R^2 < 0.1$ ). The average number  
367 of variants per cis-region was 6,249 (Supplementary Figure 5) and 180 independent variants (min,max  
368 12-511). Statistical significance was therefore defined as an alpha of 0.05 divided by 180 to  
369 account for average number of independent variants tested per cis-region ( $p = 2.77E-04$ ). A false-  
370 discovery rate (FDR) at 5 % provided a similar estimate ( $p < 5.54E-04$ ).

### 371 Mendelian Randomization analysis

372  
373  
374 We performed Two-sample MR using the R package Two-Sample MR to test for proteins with a  
375 potential causal role in breast cancer. Independent cis-pQTL ( $r^2 < 0.001$ ) were used as instrumental  
376 variables (IV), and GWAS of breast cancer risk from the BCAC consortium were used as outcome,  
377 which included data from 122,977 breast cancer cases and 105,974 controls. In the case of a single  
378 independent IV Wald Ratio was applied, otherwise inverse-variance weighted estimates were  
379 reported. The threshold for statistical significance was defined as ( $7.5 \times 10^{-5}$ ) to account for multiple  
380 testing. The replication analysis was performed in a meta-analysis of FinnGen R9 and the UK-biobank,  
381 which included 25,807 cases and 355,307 controls. Only the seven proteins that met statistical  
382 significance in the BCAC discovery analysis were included in the replication analysis, and hence a  
383 nominal p-value of 0.05 was considered statistically significant.

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385  
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### 392 Conflicts of interest

393  
394 AM, AH and TH are employees of Pfizer Inc. SKF, PE and MU are employees of Olink Proteomics AB.  
395  
396

### 397 Disclaimer

398  
399 Where authors are identified as personnel of the International Agency for Research on Cancer /  
400 World Health Organization, the authors alone are responsible for the views expressed in this article  
401 and they do not necessarily represent the decisions, policy or views of the International Agency for  
402 Research on Cancer / World Health Organization.

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412 **Data availability**

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414 Access to phenotypes, biospecimen and genotypes from the KARMA study can be requested from  
415 <https://karmastudy.org/contact/data-access/>. Access to scripts and pipelines will be provided  
416 through GitHub.

417 **Tables**

418  
419 **Table 1**

Variable	Controls (BC negative)	Cases (incident BC)
Number of individuals	299	299
Age at baseline (S.D) [years]	58.83 (9.26)	58.11 (9.49)
Body mass index at interview (S.D) [kg/m <sup>2</sup> ]	25.20 (4.16)	25.73 (4.14)
Hormone replacement therapy ever [%]	35.66	37.76
Current smoker at interview [%]	11.23	16.32
Family history of BC [%]	11.27	20.92

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426 **Table 2**

Exposures	BCAC, all breast cancer			FinnGen and UK-Biobank		
	nsnp	beta	pval	nsnp	beta	pval
CD160	1	-0.09	1.70E-06	1	-0.07	1.50E-02
DNPH1	1	0.08	3.80E-07	1	0.05	3.50E-02
LAYN	1	0.13	1.40E-05	1	0.12	8.40E-03
LRRC37A2	1	-0.05	5.70E-10	1	-0.05	6.80E-05
MST1	1	0.03	7.20E-05	1	0.02	6.60E-02
TLR1	1	0.07	6.40E-06	1	0.11	7.40E-05
TXK	1	0.07	3.10E-06	1	0.03	3.40E-01

429  
430 **Table 3**  
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Exposures	ER+ breast cancer				ER- breast cancer			
	BCAC		FinnGen		BCAC		FinnGen	
	beta	pval	beta	pval	beta	pval	beta	pval
CD160	-0.08	5.10E-04	-0.14	6.90E-03	-0.06	9.30E-02	-0.07	2.80E-01
DNPH1	0.08	6.20E-06	0.07	8.80E-02	0.09	6.00E-04	0.05	3.40E-01
LAYN	0.12	5.50E-04	0.13	1.20E-01	0.12	2.60E-02	0.17	1.00E-01
LRRC37A2	-0.04	1.80E-06	-0.06	3.50E-02	-0.04	7.90E-03	-0.01	8.30E-01
TLR1	0.07	1.60E-04	0.11	4.10E-02	0.09	2.30E-03	0.11	9.40E-02



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577 **Figures**

578

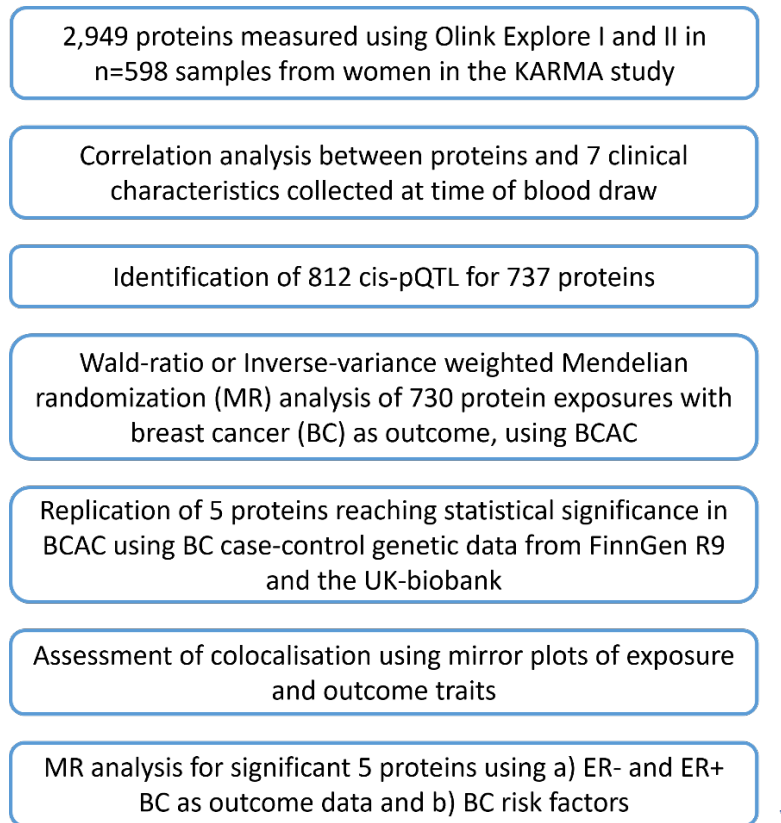
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581 **Figure 1**

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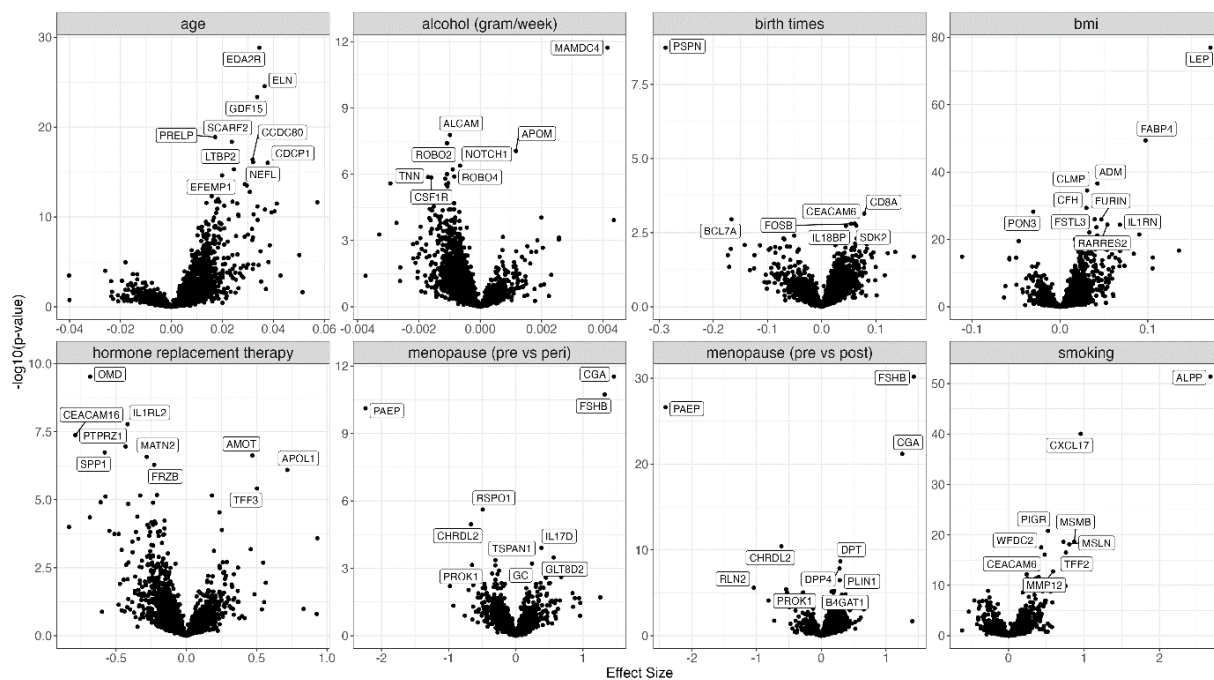
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587 **Figure 1.** Flow chart of study design, analyses and main results

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Figure 2

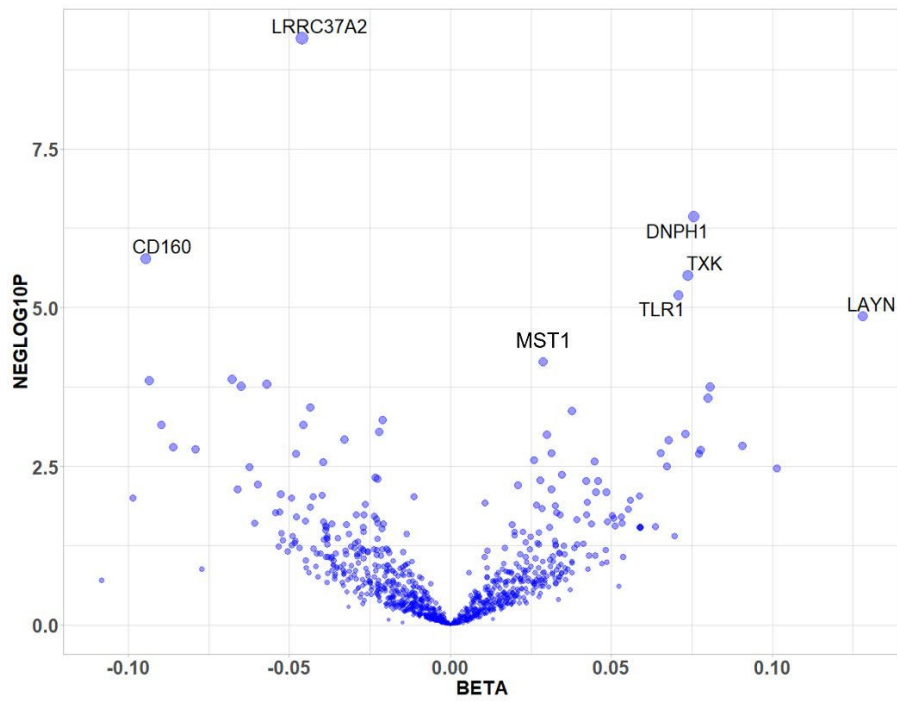


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593 Figure 2: Volcano plots showing estimated effect sizes (x-axis) and the corresponding non-adjusted –  
594  $-\log_{10}(\text{p-value})$  (y-axis). Effect sizes were given by a linear regression model per protein, including all 7  
595 traits. Each panel shows one of the investigated baseline traits, corresponding to one term in the  
596 regression model. The names of the topmost significant proteins per trait are indicated in each  
597 panel. The number of proteins reaching FDR corrected statistical significance were for age:459,  
598 Alcohol consumption:172, Birth times:7, BMI:684, HRT:93, Menopause pre vs. peri:18, Menopause  
599 pre vs post:127, Current smoking:213.

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Figure 3



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605 Figure 3: Mendelian randomization analysis on breast cancer risk in the BCAC study was performed  
606 by modelling exposure to genetically higher plasma levels of 730 proteins with at least one cis-pQTL.  
607 The Y-axis shows the  $-\log_{10}$  p-value of the Wald-score or IVW and the X-axis shows the beta-  
608 estimates of the MR result for each protein that was tested.

## Supplementary Files

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- [SupplementarymethodsKARMA.pdf](#)
- [MRstudyKARMA3ksubmitversionfrompdf2.pdf](#)
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