

Interactions between isolated pea globulins and purified egg white proteins in solution

Jian Kuang

Université Bourgogne Franche-Comté, L'Institut Agro Dijon, PAM UMR A

Pascaline Hamon

STLO, INRAE, INSTITUT AGRO RENNES-ANGERS

Florence Rousseau

STLO, INRAE, INSTITUT AGRO RENNES-ANGERS

Eliane Cases

Université Bourgogne Franche-Comté, L'Institut Agro Dijon, PAM UMR A

Saïd Bouhallab

STLO, INRAE, INSTITUT AGRO RENNES-ANGERS

Rémi Saurel

Université Bourgogne Franche-Comté, L'Institut Agro Dijon, PAM UMR A

Valérie Lechevalier (✉ valerie.lechevalier@agrocampus-ouest.fr)

STLO, INRAE, INSTITUT AGRO RENNES-ANGERS

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15 **Abstract**

16 In the present work, the interactions and associations between low denatured pea
17 globulins (PPI) and purified main egg white proteins (ovalbumin (OVA), ovotransferrin
18 (OVT), and lysozyme (LYS)) were studied at pH 7.5 and 9.0 by using isothermal
19 titration calorimetry (ITC), dynamic light scattering (DLS), laser granulometry and
20 confocal laser scanning microscopy (CLSM). From ITC, we detected strong exothermic
21 interactions between PPI and LYS at both pHs, which led to aggregation. At these pH
22 values, the net positive charge of lysozyme favored electrostatic interactions with
23 negative charges of pea proteins, and oligomers were formed during titration
24 experiments. Furthermore, DLS, laser granulometry, and CLSM data showed that the
25 particle size of the mixture increased with increasing LYS to PPI molar ratio (from 0.8
26 to 20). Large irregular aggregates up to 20-25 μm were formed at high molar ratios and
27 no complex coacervate was observed. No or very weak interactions were detected
28 between OVT or OVA and PPI whatever the pH. These results suggest the role of
29 electrostatic interactions between LYS and PPI when considering protein mixtures.

30

31 **Keywords: interactions, pea protein isolate, lysozyme, ITC, DLS, confocal**
32 **microscopy**

33

34 **1. Introduction**

35 With the increase in world population and food transition in emerging countries,
36 the demand for protein is expected to double by 2050 [1]. The demand for animal
37 proteins increases in emerging countries, which is a ticking time bomb in terms of
38 sustainability and food security, as noted by various United Nations assessments [2, 3].
39 However, raw animal materials like milk, eggs, meat, and seafood continue to be the
40 most important sources of protein recently employed by food companies, followed by
41 plant sources like legumes and nuts [4]. Meanwhile, animal protein production is
42 connected with high greenhouse gas emissions and increased land requirements,
43 whereas plant proteins have a lower economic cost and lower ecological footprint [4,
44 5]. Legumes proteins, on the other hand, are produced for animal feed yet having
45 physicochemical features that make them valuable for human consumption [6].
46 Furthermore, excessive intake of animal proteins can have a severe influence on human
47 health, including the development of illnesses such as obesity, cardiovascular disease,
48 neurological disorders, allergies, and so on [7]. As a result, the partial substitution of
49 animal protein with plant protein is gaining popularity in designed goods [8-11]. They
50 are frequently sold as "healthier" and sustainable new foods as "substitutes" for
51 traditional animal-derived food items [12]. However, studies dealing with partial
52 substitution of animal protein by plant protein mainly deals with milk or meat proteins
53 as animal sources. Despite they are the most sustainable animal proteins, there is thus
54 currently a lack of research on egg proteins as an animal source of protein blended with
55 plant protein.

56 Egg is well-known for its high nutritional content, great digestibility, and full
57 essential amino acid supply. Egg white, especially is widely used for its foaming and
58 gelling properties. Proteins indeed account for more than 90% of the dry substance in
59 egg white, giving it its single functional properties. It is a good candidate for mixing
60 with plant proteins, especially because its basic pH (from 7.5 just after laying to 9.5 a
61 few days later) may help their solubilization. Egg white contains more than 40 different
62 proteins. Ovalbumin (OVA) is the major one and represents about 54% of the total egg
63 white proteins, while ovotransferrin (OVT) and lysozyme (LYS) constitute about 12%
64 and 3.4%, respectively [13, 14]. OVA is a peptide chain containing 385 amino acid
65 residues and its isoelectric point is 4.5. It has a molecular weight of 44.5 kDa and
66 contains four thiols and one disulfide bond. OVT is a glycosylated peptide chain of 686
67 amino acids. Its molecular weight is 77.7 kDa and its isoelectric point is 6.1. OVT has
68 15 disulfide bonds and about 55% reactive residues. LYS is a relatively small secretory
69 glycoprotein, consisting of 129 amino acids linked by four disulfide bonds. It is a 14.4
70 kDa protein with an isoelectric point of 10.7 [15-17].

71 A few works were dedicated to the study of gelation and thermal aggregation of
72 egg white protein mixed with soy protein [18; 19], or cold gelation of egg and hempseed
73 proteins [20]. Complex formation through electrostatic interactions and hydrogen
74 bonds between lysozyme (LYS) and soy protein isolates was highlighted by Zheng et
75 al. [21]. However, no study was found on mixtures of egg white proteins and pea
76 proteins. Yet, recently, there has been a lot of attention in pea proteins (*Pisum Sativum*
77 L), which have a lot of promises in the food supply because of their high yields and low

78 pricing [22, 23]. Peas are one of the world's most frequently farmed and consumed
79 legumes, namely in Canada, France, China, Russia, and the United States [6, 24]. Pea
80 proteins have quite comparable functional qualities as soy proteins however it is non-
81 allergenic [25]. This protein source is thought to be a viable alternative to animal and
82 soy proteins [24, 26]. However, there are some limits for pea proteins to be used as an
83 ingredient, primarily due to a lack of understanding of their structure and functional
84 features [26, 27]. Protein accounts for 20-30% of pea seed, which mainly consists in
85 globulins and albumins. Globulins, known as salt-soluble proteins, represent around 50-
86 60% of total pea proteins while the water-soluble albumins accounted for 15-25% [28].
87 Meanwhile, legumin (11S) and vicilin/convicilin (7S) constitute pea globulins.
88 Legumin is a hexameric homo-oligomer with a molecular weight (Mw) of 360-400 kDa.
89 Each subunit is around 60 kDa which consists in an acidic (~ 40 kDa) and a basic
90 polypeptide (~20 kDa) linked by a disulfide bond. The acidic chain also has one free
91 thiol [29, 30]. Vicilin is a trimeric protein with a molecular weight of around 150 kDa,
92 where the main vicilin subunit (~50 kDa) can undergo in vivo proteolysis at two
93 potential cleavage sites. The vicilin-associated protein, convicilin, is a 210-290 kDa
94 protein, consisting of subunits (~71 kDa) associated in trimeric or tetrameric form [30].

95 Few studies were carried out on the interactions between pea protein isolate and
96 animal protein. However, Messinon et al. [31] investigated the aggregation of proteins
97 after heat treatment of a mixed system constituted of casein micelles and pea globulins
98 separated into vicilin and legumin. In admixture, casein micelles were not engaged in
99 pea protein aggregation, even though heat-induced pea protein interactions were

100 changed compared to pure pea protein systems. More recently, Kristensen et al. [32-34]
101 studied interactions between pea and whey protein isolates. Under neutral or alkaline
102 pH, a simple mixing of these proteins, increased their solubility, emulsifying and
103 foaming abilities compared to separated protein. The co-aggregates formed by the
104 heating of the mixture of these proteins implied electrostatic interactions and disulfide
105 bonds, especially between pea legumin and β -lactoglobulin [35, 36].

106 Although more and more researches focus on the mixtures of plant protein and
107 animal proteins, they mainly concern soy and dairy proteins. The mixture of egg white
108 proteins as a sustainable animal protein source and pea proteins as a promising non-
109 allergenic plant protein source has not been studied yet.

110 To better understand the behavior of these two protein sources in association in
111 food systems, this study proposes a first approach to investigate the interactions
112 between pea globulins and purified egg white proteins in aqueous mixtures at neutral
113 and alkaline pH (pH 7.5 and 9.0), close to that of egg white. The potential interaction
114 of whole pea globulins with purified LYS, OVA, or OVT was firstly examined by
115 isothermal titration calorimetry (ITC) and ζ -potential measurements. The detected
116 attractive interactions between LYS and pea globulins were further explored at different
117 pH via characterization of formed structures by dynamic light scattering (DLS), laser
118 granulometry, and confocal laser scanning microscopy (CLSM).

119

120 **2. Materials and methods**

121 **2.1 Protein extraction**

122 Pea globulins were extracted from smooth yellow pea flour (*P. sativum* L.),
123 supplied by Cosucra (Lestrem, France). Isoelectric-precipitation technique was used to
124 prepare pea protein isolate (PPI), containing mainly globulins, based on the method of
125 Chihi et al. [36] with some modifications. Pea flour was mixed with distilled water at
126 100 g/L, and the pH was adjusted to pH 8 with 1 M NaOH every two hours and stirred
127 overnight at 4 °C . After adjusting the pH, insoluble materials were removed by
128 centrifugation (10 000 g, 30 min, 25°C) and the recovered solution was adjusted to pH
129 4.8 by using 0.5 M HCl. After acidification, the precipitated proteins were recovered by
130 centrifugation (10 000 g, 25 min, 4°C). Afterward, the pellets were dissolved in 5L 0.1
131 M phosphate buffer at pH 8 overnight at 4°C for complete dissolution. The protein
132 suspension was obtained by centrifugation (10 000 g, 20 min, 20 °C) and then
133 concentrated 5 times by ultrafiltration (from 5L to 800-900 mL) and desalted by
134 diafiltration against 10 L 5 mM ammonium buffer pH 7.2 and 0.05% sodium azide on
135 an 1115 cm² Kwick lab Cassette (UFELA0010010ST, GE Healthcare, Amersham
136 Biosciences, Uppsala, Sweden) with a molecular weight cut-off of 10 kDa. Protein
137 powder (89% based on dry basis) as PPI was obtained after freeze-drying. Differential
138 scanning calorimetry analysis indicated the recovery of low denaturated PPI after the
139 extraction procedure (data not shown).

140 OVA was extracted from fresh eggs from the local market according to
141 Croguennec et al. [37]. Egg white recovered from 12 eggs were diluted with 1:2 (v/v)
142 volumes of distilled water, then the pH was adjusted to pH 6.0 with 1 M HCl to
143 precipitate ovomucin. Subsequently, the solution was stirred at 4°C overnight. Then

144 the supernatant was recovered after centrifugation (10 000 g, 4°C, 30 min) and adjusted
145 to pH 8.4 with 5 M NaOH. After centrifugation (10 000 g, 25 °C , 25 min), the
146 supernatant was filtered with a plastic strainer and injected to an anion exchange
147 chromatography Q-Sepharose Fast flow column (Pharmacia Biotech AB, Saclay,
148 France) to separate the OVA from the other egg white proteins. The OVA (96% protein
149 content) powder was obtained after freeze-drying. OVT (94% protein content) and LYS
150 (95% protein content) were supplied from EUROVO (Annezin-les-Béthunes, France
151 and Occhiobello, Italy, respectively). All other reagents and chemicals purchased from
152 Sigma-Aldrich (St-Quentin Fallavier, France) were of analytical grade.

153 **2.2 Protein content**

154 The protein content was measured according to Kjeldahl AOAC International
155 method 920.87. [38] with nitrogen-to-protein conversion factors of 5.44 for pea proteins
156 [39] and 6.32 for egg proteins [40].

157 **2.3 Protein stock solutions**

158 Stock solutions of PPI (0.008 mM, considering an average molecular weight of
159 236 kDa as explained in section 2.4), LYS (0.92 mM), OVA (1.65 mM), and OVT (0.66
160 mM) were prepared by solubilizing the protein powders either in 10 mM HEPES at pH
161 7.5 or in 10 mM TRIS buffer at pH 7.5 or pH 9.0 and stirred mechanically at 400 rpm
162 over 3 hours at room temperature to ensure complete hydration of the protein powders.
163 The insoluble protein part was estimated as negligible. The pH of the protein
164 suspensions was then adjusted by 0.1 M HCl or NaOH before each test.

165 **2.4 Isothermal titration calorimetry (ITC)**

166 ITC experiments were carried out using an VP-ITC microcalorimeter (Microcal,
167 Northampton, MA) with a standard volume of 1.425 mL at 25°C. Stock solutions were
168 filtered through 0.2 µm filters and degassed under vacuum to guarantee no bubbles
169 inside the solutions. The solutions of PPI, egg white proteins (LYS, OVA, OVT), and
170 buffer were placed in the reaction cell, syringe, and reference cell respectively. A total
171 number of 29 injections of egg white protein stock solutions (10 µL of each) were
172 performed after the calorimeter finalized the primary equilibration, with 200 s interval
173 between the injections, leaving 60 s at the beginning of the experiment before the first
174 injection. The stirring rate was set at 300 rpm. Data resulting from the subtraction of
175 reference values (dilution heat) from the sample values were analyzed by Micro
176 ORIGIN version 7.0 (Microcal, Northampton, MA). Control experiments were
177 performed in each case by titrating the egg white protein into the buffer and were
178 subtracted from raw data to determine corrected enthalpy changes. Each ITC data were
179 collected by at least two independent measurements and reproducible data was
180 employed.

181 To analyze ITC results in terms of LYS/PPI molar ratio variation, the mean
182 molecular weight of globulins in PPI (M_w PPI) was approximated by the following
183 equation:

$$184 \quad M_w \text{ PPI} = (M_w \text{ PPI-11S}) \cdot (11S\text{-to-}(7S+11S) \text{ ratio}) + (M_w \text{ PPI-7S}) \cdot (7S\text{-to-}(7S+11S) \\ 185 \text{ ratio}) \quad (\text{Eq. 3})$$

186 with M_w PPI-11S = 360 kDa, M_w PPI-7S = 150 kDa, and 11S-to-(7S+11S) ratio = 0.41
187 and 7S-to-(7S+11S) ratio = 0.59; the two last ratios were deduced from enthalpy area

188 deconvolution from Differential Scanning Calorimetry spectra showing two
189 characteristic peaks considering 7S and 11S pea proteins had the same denaturation
190 enthalpy (data not shown).

191 The Mw PPI value was thus estimated at 236 kDa.

192 **2.5 Dynamic light scattering (DLS) and laser granulometry**

193 The size distribution of PPI and LYS was determined by DLS (Nanosizer, Malvern
194 Instruments, UK). PPI and LYS stock solutions were first diluted 5 times in Tris-HCl
195 buffer at pH 7.5 or 9.0, before measurement. PPI (0.008 mM) and LYS (0.92 mM) stock
196 solutions were then mixed at 10 different LYS/PPI molar ratios (3.2, 4.8, 6.4, 8.0, 9.6,
197 11.2, 12.8, 14.4, 21.0, 23.2 and 5.2, 8.7, 12.2, 14.0, 15.7, 17.5, 19.2, 20.9, 23.6, 25.3 at
198 pH 7.5 and 9.0, respectively) corresponding to 10 ratios distributed all along the ITC
199 titration curve. The size distribution of the particles in the different molar ratio LYS-
200 PPI mixtures was determined by laser granulometry (Mastersizer 2000, Malvern
201 Instruments, UK).

202 **2.6 ζ -Potential**

203 The ζ -potential of PPI (0.008 mM), LYS (0.92 mM), and their mixtures prepared
204 in TRIS buffer at pH 7.5 and 9.0 at the 10 LYS/PPI molar ratios described before was
205 determined in the pH range of 2-12 using a Malvern Zetasizer Nano ZS (Nanosizer,
206 Malvern Instruments, UK). 0.1-1 M HCl or NaOH was used to adjust pH from 2-12.
207 The ζ -potential was measured at 25°C using a laser Doppler velocimetry and phase
208 analysis light scattering (M3-PALS0) using disposable electrophoretic mobility cells
209 (DTS1070). The equilibration time was set at 120 s, and at least 11 runs were performed

210 for each measurement. The measurements were repeated three times for each sample
211 (PPI, LYS, and LYS-PPI mixtures at pH 7.5 and 9.0).

212 **2.7 Confocal laser scanning microscopy (CLSM)**

213 Protein particle formation for LYS-PPI mixtures in TRIS buffer at pH 7.5 at 20°C
214 was observed by confocal laser scanning microscopy (CLSM) using a ZEISS LSM 880
215 inverted confocal microscope (Carl Zeiss AG, Oberkochen, Germany) using the
216 methods previously developed by Halabi et al. [41] and Somaratne et al. [42]. Images
217 were observed inside the channel slide system using the high-resolution mode of the
218 confocal microscope equipped with the Airyscan detection unit and a Plan Apochromat
219 63x with a high numerical aperture (NA = 1.40) oil objective. Samples (200 µL) were
220 gently mixed with Fast Green aqueous solution (1% w/v; 6 µL) and the mixture was
221 kept in dark at 20°C for at least 10 mins. 20 µL of the mixture was deposited on a glass
222 slide in a spacer and a coverslip was placed on top of all samples. Fast green was excited
223 using a He–Ne laser system at a wavelength of 633 nm at a 1.72 µs pixel dwell scanning
224 rate and detected using a PMT between 635 and 735 nm. Images were processed using
225 confocal acquisition software Zen Black 2.1 (Version 13.0.0.0) to process the acquired
226 datasets using the 2D mode at default setting of the Airyscan processing function.

227 **2.8 Statistical analysis**

228 Values were expressed as means ± standard deviations of triplicate determinations.
229 The significant difference was determined at the $P < 0.05$ level for the ONE-WAY
230 Analysis of variance test by using STATISTICA 12 (64 BIT) software.

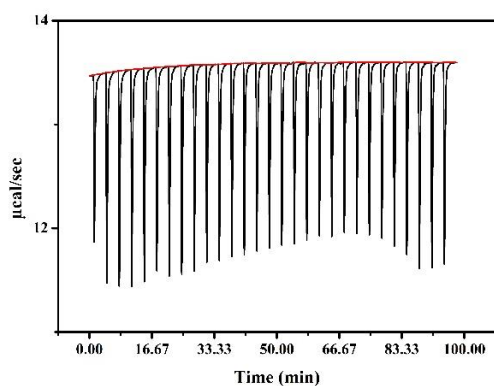
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232 **3 Results and discussions**

233 **3.1 Electrostatic interactions between LYS and PPI**

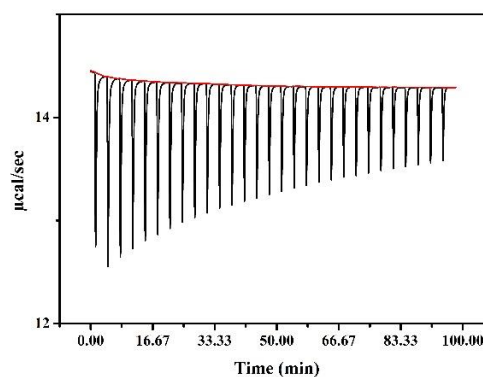
234 The ITC method was used to provide a detailed thermodynamic description and a
235 better understanding of the mechanism of interactions of PPI and egg white proteins in
236 solution. The ITC profiles for PPI with OVA (as acidic protein), OVT (as neutral
237 protein), and LYS (as basic protein) were measured. The heat flow versus time profiles
238 resulting from the titration of the PPI with the three egg proteins at various conditions
239 are shown in **Fig. 1**.

240

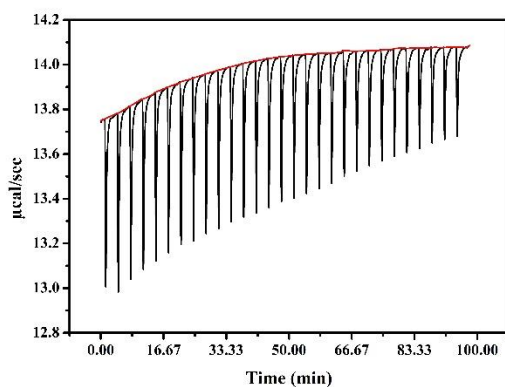


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242 (a1)

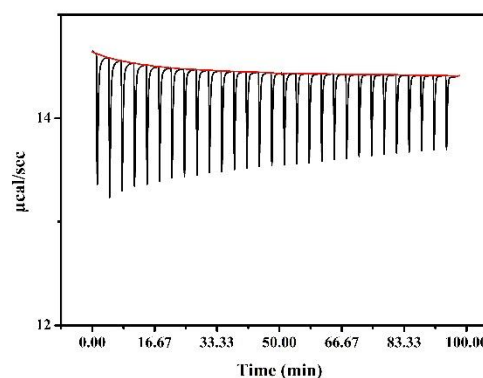


(a2)

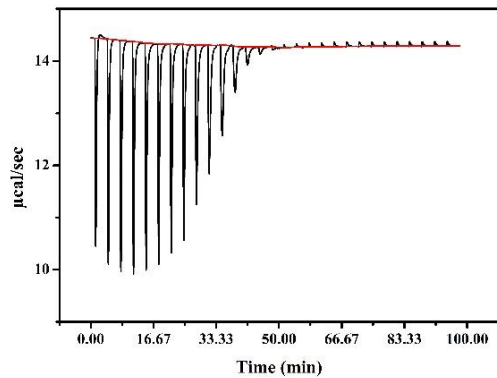


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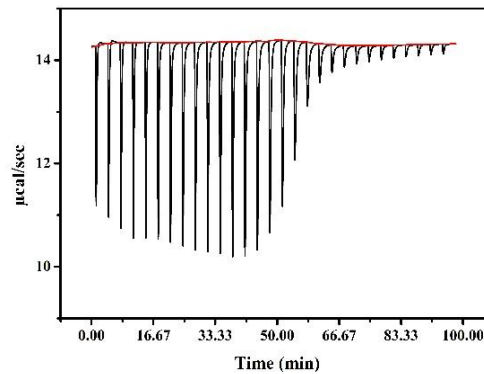
244 (b1)



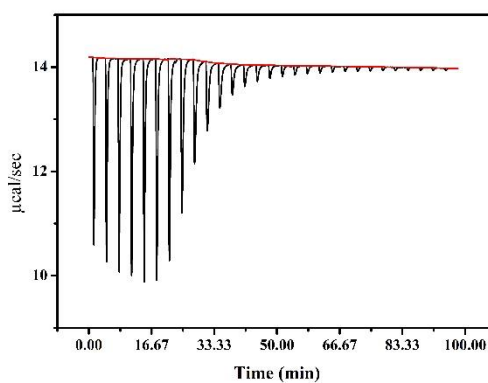
(b2)



(c1)



(c2)



(d)

245

246

247

248

249 **Fig. 1** Thermograms for the titration of PPI (0.008 mM) with OVA (1.65 mM) in

250 HEPES buffer pH 7.5 (a1) and in Tris-HCl buffer pH 9.0 (a2), with OVT (0.66 mM) in

251 HEPES buffer pH 7.5 (b1) and in Tris-HCl buffer pH 9.0 (b2), with LYS (0.92 mM) in

252 HEPES buffer pH 7.5 (c1) and in Tris-HCl buffer pH 9.0 (c2), with LYS (0.92 mM) in

253 Tris buffer pH 7.5 (d). All the titration experiments were performed at 25°C.

254

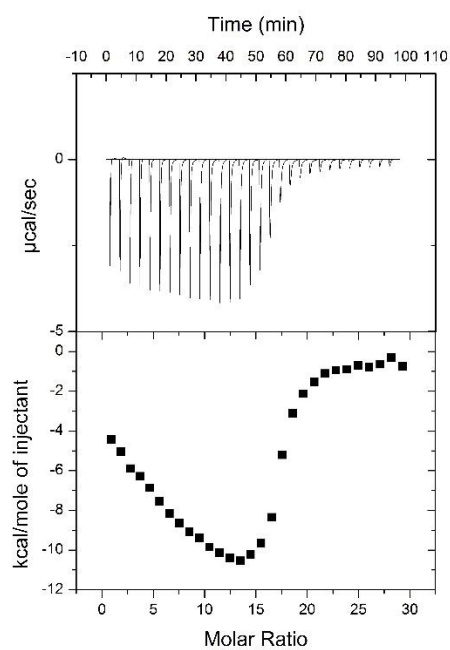
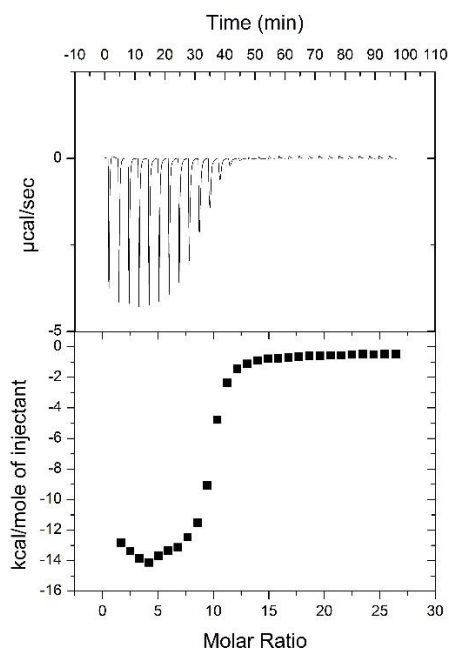
255 Whatever the egg protein studied, the ITC signal exhibited an exothermic profile.

256 However, the signal intensity depended on the protein injected and the pH value (**Fig.**

257 **1**). Weak interactions were observed between OVA or OVT and PPI at both pHs (7.5

258 and pH 9.0) (**Fig. 1a1, a2, b1, b2**). The observed interactions in these mixed systems

259 exhibited a saturating behavior but the signals were too weak to allow access to the
260 thermodynamic parameters. These results suggested that when mixed with PPI, OVA
261 or OVT co-existed in solution without co-aggregation or complexation at neutral to
262 basic pH values and low ionic strength. In contrast, when LYS was injected on PPI, a
263 large exothermic signal was obtained at pH 7.5 but also at pH 9.0 (**Fig. 1 c1, c2**).
264 Meanwhile, to be consistent with the same buffer at both pH, and to avoid the potential
265 buffer/protein interaction already reported by Rabiller-Baudry & Chaufer [43], LYS in
266 TRIS-HCl buffer at pH 7.5 was kept for further analyses.

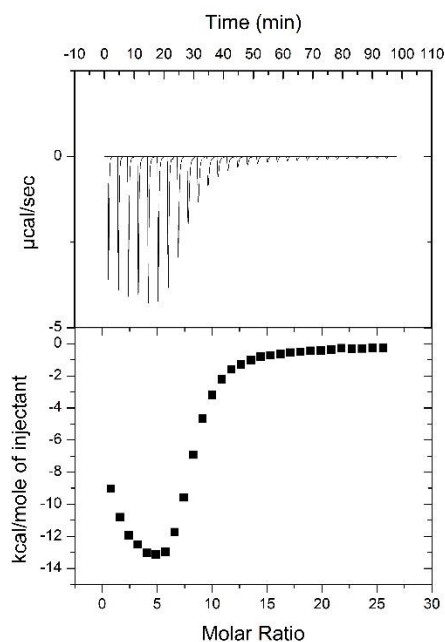


267

268

(a)

(b)



269

270

(c)

271 **Fig. 2** Thermograms (top panels) and binding isotherms (bottom panels) for the titration
 272 of PPI (0.008 mM) with LYS (0.92 mM) in HEPES buffer pH 7.5 (a), in Tris-HCl buffer
 273 pH 9.0 (b), and in Tris-HCl buffer pH 7.5 (c). All the titration experiments were
 274 performed at 25°C

275

276 The strong interaction between LYS and PPI was further explored. **Fig. 2** shows
 277 the ITC profiles and corresponding binding isotherms of the injection of LYS into PPI
 278 solution at pH 7.5 and 9.0. The isotherms resulting from titrating PPI with LYS
 279 exhibited a visually obvious biphasic profile. The initially integrated heats of injection
 280 show a trend toward increasingly negative enthalpy, while later data trend positively
 281 until saturation was reached.

282 The area under each peak represented the heat exchange within the ITC cell after
 283 each injection, after subtraction of the heat of dilution of LYS into the buffer solution.

284 While the overall ITC profiles were similar at both pH values, the enthalpy of the
285 interaction was higher at pH 7.5 than at pH 9.0. The observed difference does not seem
286 to be linked to the buffer nature as observed in other protein systems [44]. Indeed, the
287 same ITC signal was recovered at pH 7.5 when HEPES-buffer was substituted by Tris-
288 HCl (**Fig. 2 a, c**).

289 At both pHs studied, a strong biphasic exothermic signal was obtained, underlying
290 at least two distinct events. During the first phase, the height of the exothermic peaks
291 continuously increased with the addition of LYS until a critical value of LYS/PPI molar
292 ratio beyond which the trend was reversed; further addition of LYS decreased the
293 exothermic intensity of the signal (phase 2) until saturation. By comparing the general
294 appearance of the two signals, two major linked differences could be noticed: i) the
295 slope of the two phases was steeper at pH 7.5 than at pH 9.0; ii) the critical inversion
296 LYS/PPI molar ratio shifted to higher-value at pH 9.0, i.e., around 13 against 5 at pH
297 7.5. Similar biphasic ITC profiles were reported for other heteroprotein systems
298 involving LYS such as LYS/bovine lactalbumin at 45°C [45] and LYS/conglycinin [46].
299 Such results were explained by ionic complexation between oppositely charged
300 polymers forming supramolecular structures.

301 The shift of the molar ratio can be explained by the change of the negative-positive
302 charge balance at the surface of the proteins, in particular LYS given its high isoelectric
303 point (I_p). At pH 9.0, a value approaching its I_p (i.e., 10.7), the LYS is less positively
304 charged than at pH 7.5. Consequently, more LYS molecules are required to neutralize
305 the actual number of negative charges on one PPI molecule, which do not vary

306 significantly from pH 7.5 to pH 9.0. Charge compensation is the main parameter driving
307 electrostatic complexation between oppositely charged proteins [47].

308 The explanation of what happens during the two phases was not simple since each
309 thermodynamic signal could be the result of the contribution of several phenomena:
310 classical interaction, protein conformational change, release of water, protons, and other
311 ions, complexation, reorganizations, aggregation, etc [48]. The measured signal,
312 therefore, comes from endothermic and exothermic reactions whose final absolute
313 value is the result of the dominant energy.

314 To go further in the exploration of the thermodynamic changes occurring during
315 titration, we tried to fit the binding isotherms using different binding models offered by
316 Microcal Origin software. The ‘two sets of sites’ model seems to better match with the
317 experimental titration profiles (data not shown). However, as already pointed out by
318 other authors relating to other macromolecular systems [49, 50], we are convinced that
319 the existence of two independent sets of binding sites has no physical meaning when
320 dealing with interactions involving two macromolecules, in particular because of the
321 simultaneous occurrence of several complex events as mentioned above. Hence, the use
322 of the “2-stages structuring model” expression, underlying the presence of two distinct
323 structuring phases instead of the “2-sites model” was more appropriate.

324 When using the “2-binding site model” as an approximation to extract the
325 thermodynamic parameters of the interaction (namely, the affinity constant, K_a and
326 binding reaction’s enthalpy, ΔH) between LYS and PPI at the three experimental
327 conditions, erroneous values with large errors were obtained (data not shown).

328 Consequently, we were unable to quantify the binding parameters using the ITC
329 Microcal associated origin software because the curves were complex and difficult to
330 fit.

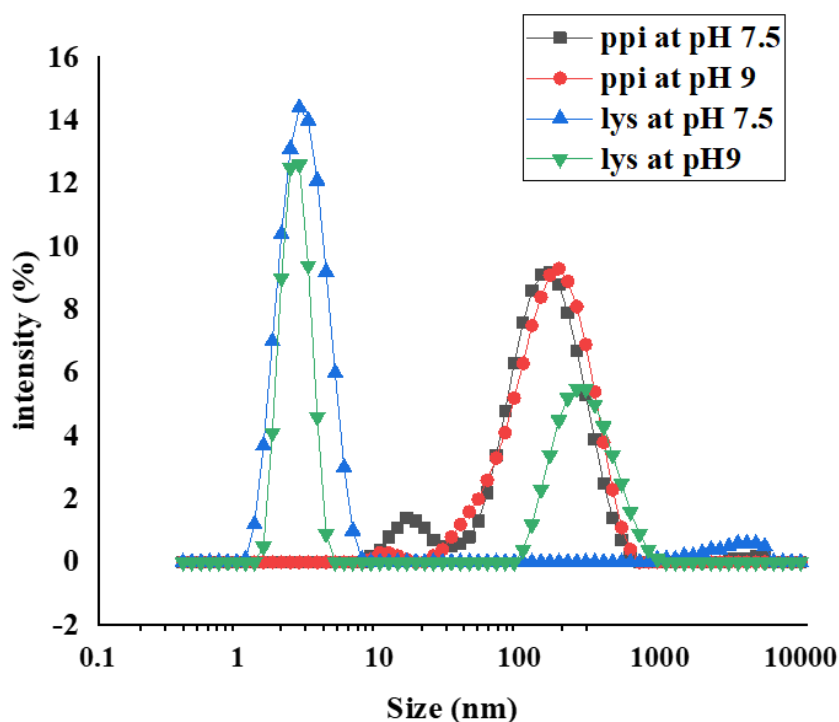
331 Although the appropriate thermodynamic parameters for the interaction between
332 LYS and PPI could not be calculated, it was clear that the overall process leading to
333 particle formation was enthalpically driven. A contrary situation occurred with the two
334 other egg proteins tested, with no or only small negative heats detected by ITC. From
335 the literature data [51, 52], enthalpy (ΔH) was related to the energy involved in
336 molecular interactions and reflects the contribution of hydrogen bonds, electrostatic
337 interactions, and van der Waals forces, while the change in entropy ($T\Delta S$) reflects a
338 change in the order of the system and is related to hydrophobic interactions.

339 As possible particle formation between PPI and LYS was supposed from ITC data,
340 the aqueous mixture of both proteins was further analyzed in terms of particle size, ζ -
341 potential, and microstructure.

342

343 **3.2 LYS-PPI aggregates size distribution**

344 From the previous study of ITC, two steps in aggregation between PPI and LYS
345 happened. To characterize the particle size of the solution of PPI and LYS, DLS was
346 performed (**Fig. 3**).

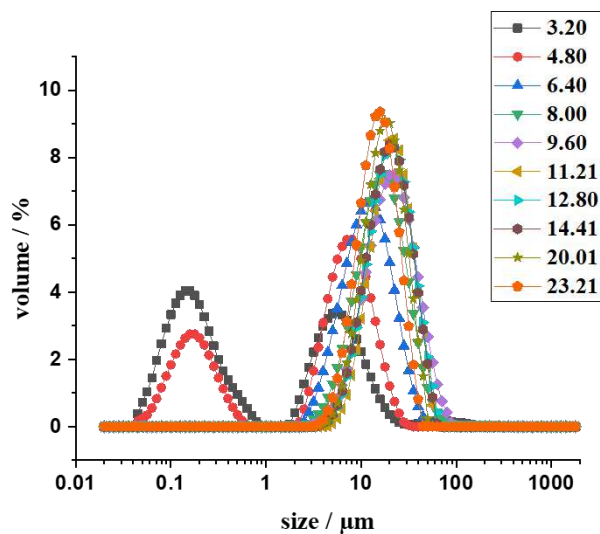


347

348 **Fig. 3** Particle size distribution measured by DLS of PPI (0.008mM) and LYS (0.92
 349 mM) suspensions in TRIS buffer at pH 7.5 and 9.0

350 **Fig. 3** showed that the size distribution of PPI evidenced a bimodal distribution at pH
 351 7.5 and 9.0. Particles around 19 and 11 nm at pH 7.5 and 9, respectively, may
 352 correspond to 7S and 11S oligomers, whereas those around 180 nm and 189 nm at pH
 353 7.5 and 9.0, respectively, could be aggregated protein particles formed during PPI
 354 preparation or initially present [36, 53]. The mean size of LYS at pH 7.5 and pH 9.0
 355 was in the range of 2.5 to 3.0 nm, in line with the LYS monomer [54]. At pH 9.0, results
 356 also showed a double distribution where particles around 314 nm could originate from
 357 the aggregation of LYS resulting from less electrostatic repulsion between protein
 358 molecules at this pH closer to the I_p of LYS. To characterize aggregation for the mixture
 359 in a larger range of particle size, laser granulometry was used.

360



361

362

(a)

(b)



LYS/PPI
molar ratio

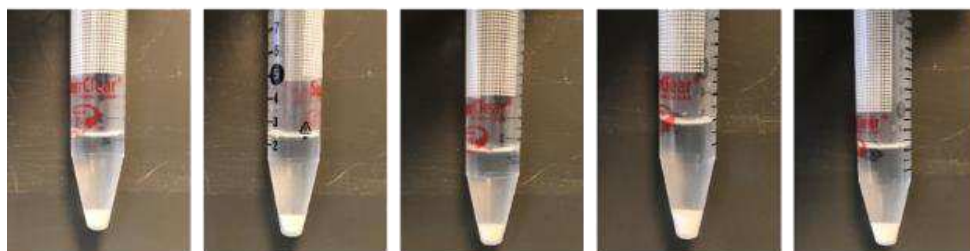
3.20

4.80

6.40

8.00

9.60



LYS/PPI
molar ratio

11.21

12.80

14.41

21.01

23.21

363

364

365

366

367

Fig. 4 Particle size distribution by laser granulometry (a) and pictures (b) of LYS-PPI suspensions at different LYS/PPI molar ratio in TRIS buffer pH 7.5

368

Table 1: The D (4,3) values of LYS-PPI mixtures in TRIS buffer at pH 7.5 and 9.0.

pH 7.5		pH 9.0	
Samples LYS/PPI molar ratio	D [4, 3] - Volume weighted mean (μm)	Samples LYS/PPI molar ratio	D [4, 3] - Volume weighted mean (μm)
3.2	5.2 \pm 0.6a	5.2	4.9 \pm 0.2a
4.8	6.2 \pm 0.005a	8.7	5.5 \pm 0.5a
6.4	12.8 \pm 0.04b	12.2	11.8 \pm 0.1b
8.0	21.7 \pm 0.5de	14.0	21.9 \pm 0.2c
9.6	22.7 \pm 0.1df	15.7	27.2 \pm 0.4e
11.2	25.3 \pm 0.1g	17.5	28.1 \pm 0.2e
12.8	23.8 \pm 0.2f	19.2	27.9 \pm 0.2e
14.4	23.1 \pm 0.2df	20.9	27.0 \pm 0.5e
20.0	20.5 \pm 0.1d	23.6	23.9 \pm 0.2d
23.2	17.2 \pm 0.1c	25.3	22.0 \pm 0.2c

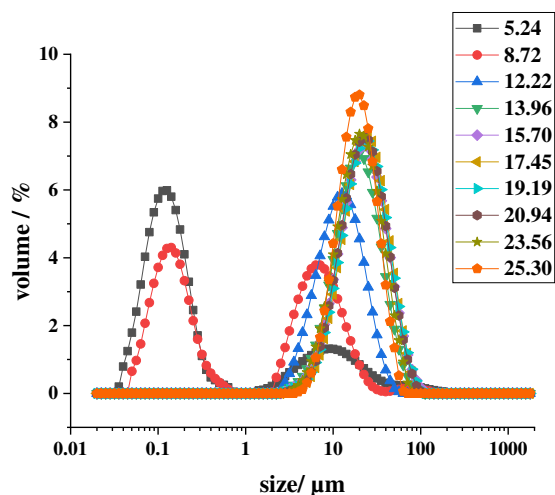
369

Means followed by different small letter for the same column are significantly different

370

(P<0.05)

371

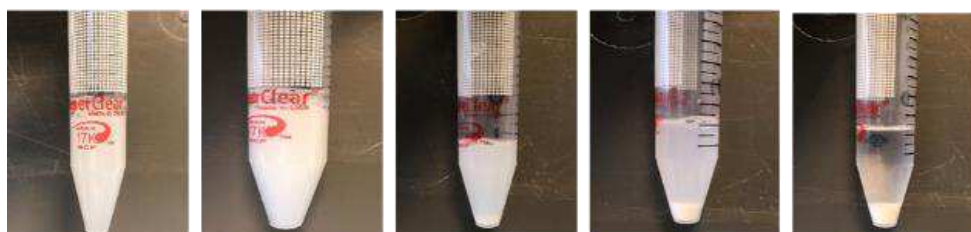


372

373

(a)

(b)



LYS/PPI molar ratio **5.24** **8.72** **12.22** **13.96** **15.70**



LYS/PPI molar ratio **17.45** **19.19** **20.9** **23.56** **25.30**

374

375 **Fig. 5** Particle size distribution by laser granulometry (a) and pictures (b) of LYS-PPI
 376 suspensions at different LYS/PPI molar ratios in TRIS buffer at pH 9.0

377

378 **Fig. 4** and **Fig. 5** demonstrated the particle size distribution by laser granulometry
 379 (a) and visual appearance (b) of LYS-PPI mixtures at pH 7.5 and 9.0, respectively. The
 380 particle size of the mixtures formed by PPI and LYS at different LYS/PPI molar ratios
 381 were reported in Table 1 for the respective pH. As shown in Table 1, the size particle in

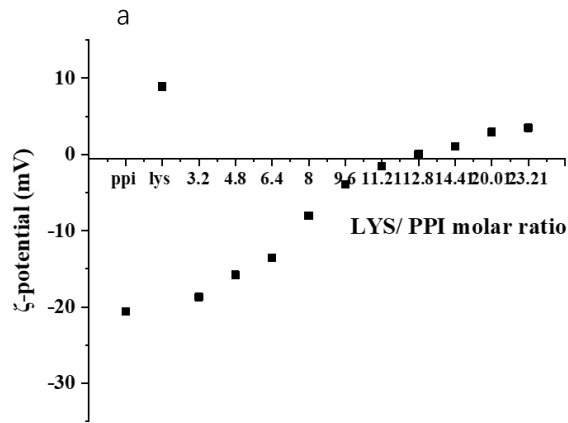
382 the LYS-PPI mixture at pH 7.5 showed two distinct situations. First, it increased with
383 the increasing proportion of LYS, then decreased when the LYS/PPI molar ratio was
384 more than 11.21. Table 1 also gave the mean particle size for the pH 9.0 counterparts,
385 showing similar behavior to the results at pH 7.5 with a maximum particle size for a
386 LYS/PPI molar ratio of 17.45. As the particle size decreased from a LYS/PPI molar ratio
387 of ~11 at pH 7.5 and 17 at pH 9.0, respectively (Table 1), it could be hypothesized that
388 mixed aggregates became more and more compact from this threshold, as repulsive
389 forces between aggregates increased with the addition of LYS. This increased the
390 density of the aggregates which led to increase their precipitation, as suggested by the
391 lower quantity of the protein material on the CLSM pictures (**Fig. 7g** and **h**).
392 Furthermore, **Fig. 4b** and **Fig. 5b** showed the visual appearance of LYS-PPI mixtures
393 at different molar ratios at pH 7.5 and 9.0, respectively. Precipitates were observed
394 directly after mixing PPI and LYS as the molar ratio exceeded the inflection point
395 previously revealed for ITC binding isotherms, i.e. > 5 and > 12 at pH 7.5 and 9.0
396 respectively.

397

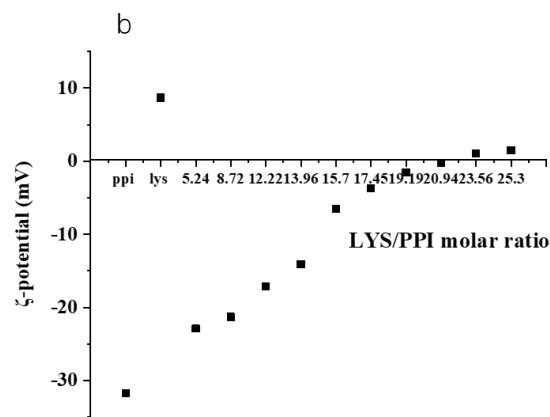
398 **3.3 Relationship between protein charge and aggregates size**

399 The ζ -Potential of PPI, LYS, and their mixtures were measured in TRIS buffer at
400 pH 7.5 and 9.0 (**Fig. 6a-b**). The ζ -Potential of PPI and LYS as a function of pH was also
401 presented in Fig. 6C. The points where ζ -Potential change from positive to negative
402 values indicated the I_p of PPI and LYS were around 4.9 and 10.7, respectively, in good
403 agreement with the previously reported I_p values of these proteins [55-58]. Therefore,

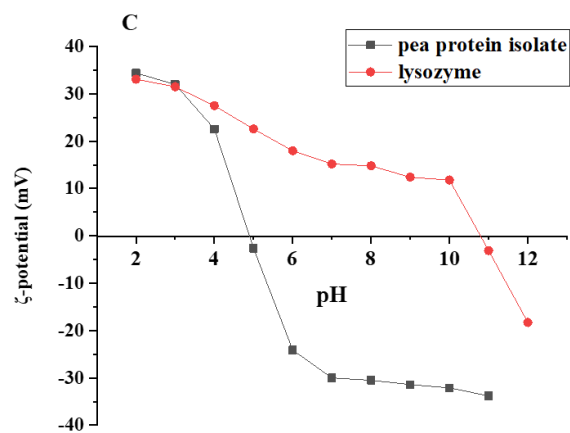
404 LYS showed a positive charge at pH 7.5 and 9.0, whereas PPI showed a negative charge
 405 respectively.



406



407



408

409 **Fig. 6** The ζ-potential of LYS-PPI mixtures as a function of LYS/PPI molar ratios in

410 TRIS buffer at pH 7.5 (a) and pH 9.0 (b), and of PPI and LYS solutions as a function of
411 pH (c)

412

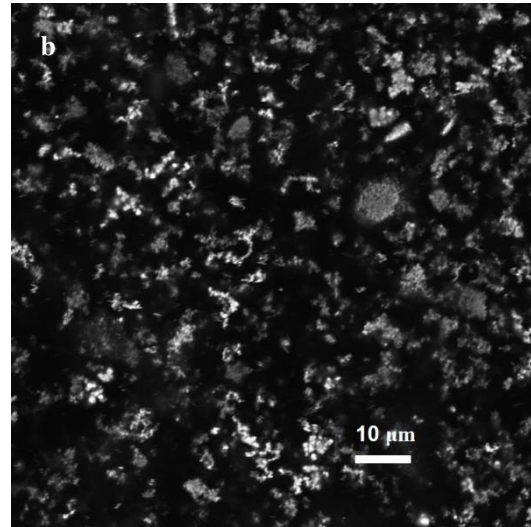
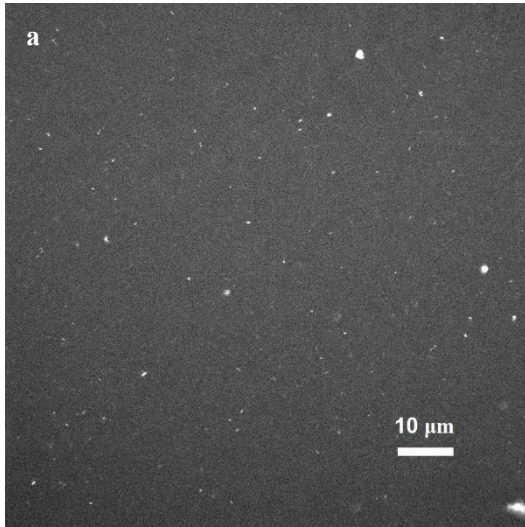
413 At both pHs, the LYS-PPI mixture's charge increases with LYS content, ranging
414 from a negative charge at the smaller LYS/PPI ratio in the mixture to a positive charge
415 at a higher LYS ratio in the mixture. The variation of the ζ -Potential showed a typical
416 charge inversion from positive ζ -Potential values when the polycation was in excess to
417 negative ones when the polyanion was in excess (**Fig. 6**) in line with the recent work of
418 Rodriguez et al. [59]. We can hypothesize that positive charges of LYS interacted with
419 negatively charged segments of PPI, leading to the formation of electrostatic complexes.
420 This behavior indicated the presence of interactions between the carboxyl groups of PPI
421 and the amino group of LYS, featuring electrostatic binding. The charge was null for
422 molar ratios close to 12 and 21 at pH 7.5 and 9.0, respectively. These results agreed
423 with the previous results of ITC where the enthalpy didn't change anymore with the
424 increasing proportion of LYS from similar molar ratios (**Fig. 2**). It could indicate that
425 at these concentrations, LYS molecules had completely counteracted PPI charges.

426

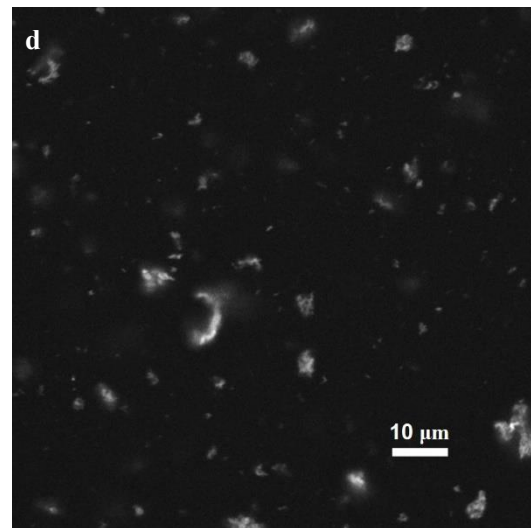
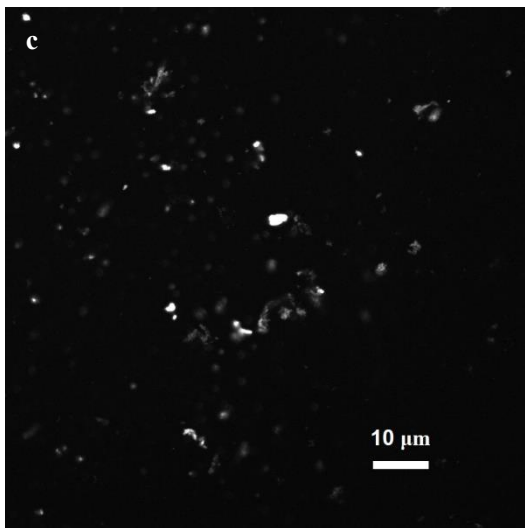
427 **3.4 Confocal microscopic observations of aggregates**

428 In order to better understand the microstructural properties and aggregation
429 phenomena in LYS-PPI mixture systems, PPI and LYS stock solution and six
430 suspensions at different LYS/PPI molar ratios (0.8, 1.6, 3.2, 4.8, 11.2, and 20) were
431 analyzed by CLSM at pH 7.5 (**Fig. 7**). The white color indicated the protein particles

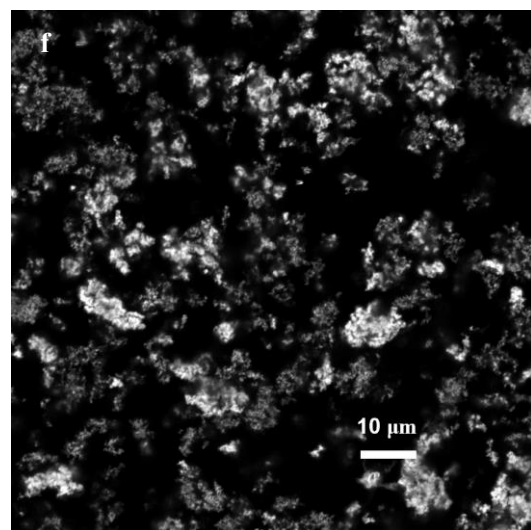
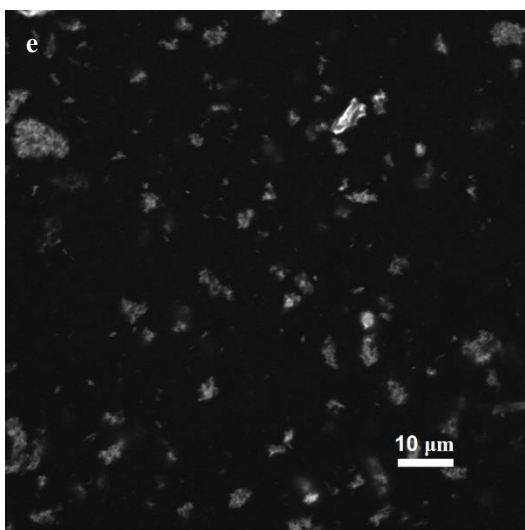
432 stained by Fast Green.



433

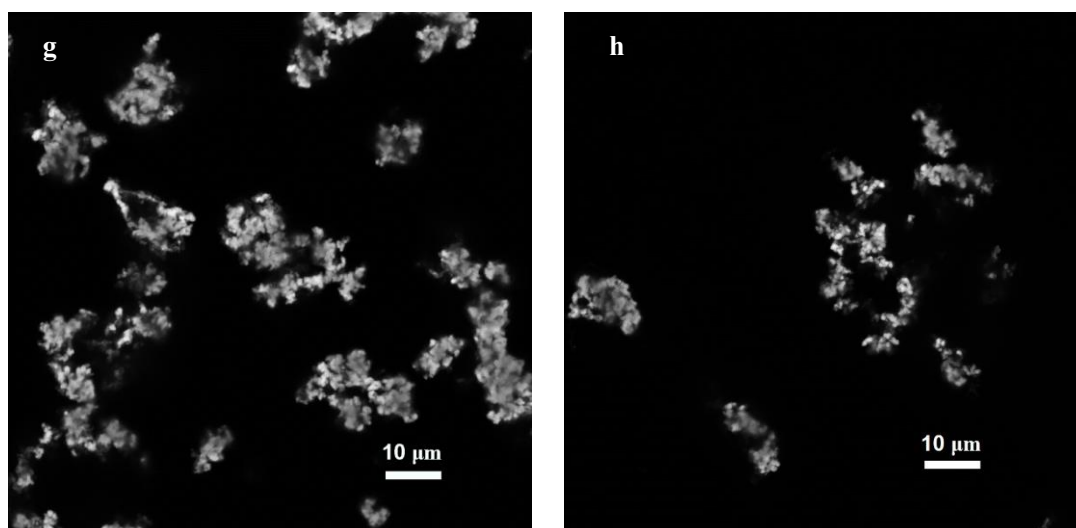


434



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437
438

439 **Fig. 7** Microscopic observations by CLSM of mixed LYS-PPI suspensions at 20 °C in
440 TRIS buffer at pH 7.5: PPI (a), LYS (b), and LYS/PPI molar ratio of 0.8 (c), 1.6 (d),
441 3.2(e), 4.8 (f), 11.2 (g), 20 (h)

442

443 From **Fig. 7a**, the PPI solution showed homogeneous distribution of tiny particles.
444 A similar microstructure was previously reported for soluble PPI [60]. LYS showed
445 aggregates (**Fig. 7Bb**) that may be due to some impurities in LYS powder introduced
446 during purification or drying and/or to traces of misfolded lysozyme, as suggested by
447 Nikarjam et al. [61]. However, when mixed with the PPI solution, the aggregates
448 dissociated with dilution and no more aggregates were observed as suggested by DLS
449 results (**Fig. 3**). As the concentration of LYS increased, large aggregates with increased
450 size were observed (**Fig. 7 c to h**), in agreement with the previous particle size results
451 (**Fig. 5**). These protein aggregates had heterogeneous forms with irregular shapes. This
452 increased size of protein particles could be attributed to strong attractive interactions
453 between the two oppositely charged proteins (i.e., PPI and LYS) and contributed to form

454 larger aggregated complexes which increased with LYS addition. As the particle size
455 decreased from a LYS/PPI molar ratio of ~ 11 at pH 7.5 (Table 1), it could be
456 hypothesized that mixed aggregates became more and more compact and more and
457 more individualized from this threshold. Similar CLSM images of complex aggregation
458 were also previously reported in PPI-low-methoxyl pectin mixture [60], whey protein–
459 beet pectin [62], and soybean protein-chitosan [63]. Obviously, the present results
460 showed that no spherical-shaped aggregates between PPI and LYS were formed
461 excluding the possibility of complex coacervation in the studied conditions.

462

463 **4 Conclusion**

464 The interactions and aggregation phenomena of pea proteins with three different
465 egg white proteins were investigated. Only weak interaction was detected between PPI
466 and acidic or neutral proteins from egg like OVA and OVT, respectively. Special
467 attention was paid to the mixture of PPI and LYS which showed specific interaction–
468 aggregation behavior. It was evidenced that non-spherical aggregates were formed from
469 low LYS/PPI molar ratio growing into large irregular aggregated structures that
470 insolubilized at high molar ratio excluding the formation of pure complex coacervates.
471 By combining the results obtained by the different techniques implemented here, we
472 proposed a simple mechanism for the interaction–aggregation that occurred when LYS
473 was mixed with PPI. At low ionic strength, LYS interacted with PPI at pH 7.5 and pH
474 9.0 according to two major structuring step processes: (i) the first step led to the
475 spontaneous formation of soluble complexes, and (ii) the second step involved the

476 aggregation of these structures to form large separated aggregates with higher size
477 centered around 20-25 μm . The transition from step 1 to step 2 was governed by pH-
478 dependent protein stoichiometry needed to achieve opposite charge compensation. This
479 transition occurred at a lower LYS/PPI ratio at pH 7.5 thanks to the higher surface
480 positive charge of LYS as compared to pH 9.0. These results suggested that LYS, as egg
481 basic protein, will play a key interacting role when PPI is mixed with egg white for
482 application purpose that deserves to be studied in depth in such a complex system.

483

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487

488 **Conflict of interest**

489 The authors declare no competing interests

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