

Global stakeholder perspectives of home birth: a systematic scoping review.

Ginny Brunton (✉ ginny.brunton@ontariotechu.ca)

Ontario Tech University: University of Ontario Institute of Technology <https://orcid.org/0000-0002-6940-712X>

Samira Wahab

Ontario Tech University: University of Ontario Institute of Technology

Hassan Sheikh

Ontario Tech University: University of Ontario Institute of Technology

Beth Murray Davis

McMaster University Department of Obstetrics and Gynecology

Research

Keywords: home birth, systematic review, stakeholders, health policy, perspectives, qualitative research

Posted Date: March 17th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-299685/v1>

License:  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Abstract

Home birth is experienced by people very differently worldwide. These experiences likely differ by the type of stakeholder involved (women, their support persons, birth attendants, policy-makers), the experience itself (low-risk birth, transfer to hospital, previous deliveries), and by the health system within which home birth occurs (e.g. high-resource versus low- and middle-resource countries). Research evidence of stakeholders' perspectives of home birth could usefully inform personal and policy decisions about choosing and providing home birth, but the current literature is fragmented and its breadth is not fully understood.

We conducted a systematic scoping review to understand how the research literature on stakeholders' perspectives of home birth is characterized in terms of populations, settings and identified issues, and what potential gaps exist in the research evidence. A range of electronic, web-based and key informant sources of evidence were searched. Located references were assessed, data extracted and analysed using robust methods.

Our analysis included 387 full reports. Findings from 181 reports of studies in high-resource countries suggested that research with fathers, midwives and vulnerable populations and perspectives of freebirth and transfer to hospital could be synthesized, but gaps in primary research exist with respect to family members, policy makers, and those living in rural and remote locations. A further 206 reports of studies in low- and middle-resource countries suggested evidence for syntheses related to fathers and other family members, policy makers and other health care providers, and examination of issues related to emergency transfer to hospital, rural and remote home birth and those who birth out of hospital, often at home, despite receiving antenatal care intended to increase healthcare-seeking behaviour. Gaps in primary research suggest an examination is needed of perspectives in countries with higher maternal mortality, and among first-time mothers and young mothers.

Our scoping review identified a considerable body of research evidence on stakeholder perspectives of home birth. These could inform the complex factors influencing personal decisions and health system planning around home birth in both high- and low- and middle-resource countries. Future primary research is warranted on specific stakeholders worldwide and with vulnerable populations in areas of high maternal mortality.

Background

Rationale

Childbirth is an important event for a woman and her family (1–3). Birth takes place in many settings worldwide including hospitals, home, freestanding- and alongside-midwifery units, and community maternity and primary health centers (4–7). Home births are experienced by women in both high- and low-resource countries; however the circumstances surrounding these home births are very different.

Between 1% and 16% of childbearing people in high-resource countries (HRCs) choose to give birth at home, where midwifery services are well-integrated into the health system model of care (8–11). Here, women are supported to make informed choices about their maternity care, including where to give birth (4, 5, 9, 12, 13). For women at low risk of complications, this integration of health system support for home birth in high-resource countries has been associated with maternal and newborn outcomes similar to those of women experiencing hospital delivery (14, 15). However, in low- and middle-resource countries (LMRCs), birth at home occurs much more frequently and may be associated with high mortality, although the number of facility-based births is increasing (16, 17). Up until 2016, an estimated 0.3–90.6% of all births take place outside of healthcare institutions in low- and middle-resource countries worldwide (18). In 2017, an estimated 810 women worldwide died daily from preventable complications of pregnancy and childbirth, with 94% of these occurring in low-resource settings (19). In low-resource settings, the provision of safe home birth is complicated by multiple factors. These include: a lack of skilled birth attendants (20, 21); access to, and quality of, care in obstetric facilities in the event of complications (6, 7); pregnant women’s knowledge of complications (22, 23); their cultural beliefs (24, 25); and societal norms related to women’s autonomy (26).

Within this myriad of personal, societal and health system influences, women decide whether to birth at home, their partners decide whether and how to support them, and practitioners and policy makers plan, deliver and evaluate home birth services. Evidence from research examining the experiences of key stakeholders, including women, partners, family members, health care practitioners, policy and decision-makers, could usefully inform personal and policy decisions regarding home birth. Different stakeholders’ perspectives can provide an important source of evidence underpinning quality of care in both hospital facilities and planned home births (27). Listening to diverse women’s experiences of birth, across different countries and under varied circumstances, can also address gender equity issues in health (28).

A large amount of qualitative research on women’s experiences of home birth exists and may be useful, however, this evidence comes from diverse populations. Several previous systematic reviews have examined the perspectives of women, midwives and nurses. The majority of these focus on women’s views in high-resource countries (29–38). Of these, six are now outdated; and the remaining current reviews focus on perspectives in the United Kingdom only (30, 38) or are systematic review protocols (33, 34). Fewer systematic reviews focus on practitioners’ perspectives of home birth: three systematic reviews examined the perspectives of midwives and nurses, and of these, two conducted with stakeholders in HRCs are no longer current (39, 40). The third examines midwives’ perspectives of home birth in LMRCs (41). No systematic reviews were located that sought the perspectives of other key stakeholders in high- or low-resource settings, including those of fathers, other health care providers or policy decision-makers.

The primary research exploring perspectives other than women or practitioners is disparate and may provide conflicting findings in countries where home birth is, and is not, well integrated (42–48). These primary studies have also highlighted a range of topic areas, including decision-making and satisfaction,

the characteristics and risk status of those who choose home birth, and the influence of geographic location on birthplace (49–58).

To facilitate evidence-informed decision-making amongst women, their support persons, health care professionals, and those setting clinical and policy standards, there is a need to understand the body of research examining the experiences and perspectives of home birth as voiced by those who are involved in home birth decisions. This involves first understanding the breadth of evidence that has been conducted and the types of participants, settings and contexts in which home birth research has been conducted.

By mapping or scoping the breadth of research on people’s perspectives of home birth, our aim is to understand the range of debates on the value and place of home birth in different communities and amongst different populations. Bringing this research literature together can identify where research has been conducted examining determinants such as ethnicity, socioeconomic status, disability, sexual/gender orientation, migration status, age, geography and health system factors which interact with issues of sex or gender and influence birth processes and outcomes (59, 60). Such understanding could help women decide where to give birth, allow clinicians to provide individualized, evidence-informed care that enlightens and supports choice, and help policy decision-makers assess the fit between the research evidence, service user needs and values, and the availability of birth place options (61). To foster these decisions, we conducted a scoping review to identify the breadth and nature of the evidence worldwide.

Objectives

In order to prioritize the populations and topics where home birth research exists and could be synthesized usefully for evidence-informed policy, practice and personal decisions, the research landscape must be understood (62). A scoping review is best suited to this purpose. Scoping reviews utilize systematic review methods and map the breadth of research undertaken on home birth, its key characteristics, and any evidence gaps where future primary research is needed (62, 63). Two research questions were addressed:

1. How is the research literature on stakeholder perspectives, opinions and views of planned home birth characterised in terms of populations, settings and identified issues?
2. Where are there gaps in the research evidence on stakeholder perspectives of planned home birth?

Methods

Stakeholder engagement

As part of a larger CIHR-funded knowledge planning and dissemination grant (CIHR #162186), we consulted an advisory group comprised of midwifery researchers, obstetric, family practice and midwifery practitioners, and a member of the public with maternity policy expertise. Advisory group members were

consulted twice: first, to advise on review methods and identify potentially relevant key research; and second, to consider and interpret emerging findings.

Search strategy

Searches were updated from our previous systematic review of home birth (14, 15) and supplemented using a range of medical and social databases, including EMBASE, MEDLINE, CINAHL, AMED, ASSIA, ProQuest Thesis Dissertations and Cochrane Library. In addition, key websites (e.g. World Health Organization and International Congress of Midwives) and journal hand searching (e.g. Canadian Journal of Midwifery Research, Birth, British Midwifery Journal, Midwifery) were conducted. Search terms incorporated subject headings and free-text terms for home birth or home delivery, translated from MEDLINE out to other databases. A search strategy for MEDLINE is provided in Appendix 1.

Eligibility criteria

All identified references were screened hierarchically, and included in the review if they:

- were an empirical study (containing a description of an identified sample, data collection and analysis);
- concerned women/clients who planned to or did give birth at home;
- aimed to elicit views, perspectives, opinions or experiences of any stakeholders (including women/clients, partners, health care providers, policy and decision-makers);
- were published in English or are translatable; and
- were published from 2010 onward.

We excluded narrative descriptive birth stories that described events or outcomes, but any research including rationales, reasons, motivation, values, perspectives and decision making as part of the descriptive were included. As English language is the research team's primary language, this was the minimum required for adequate eligibility screening. However, studies in other languages were marked for possible future research. To ensure that the included research reflected current professional guidance and stakeholder perspectives on home birth, a date limit of 2010 was used. This reflected either the date since data were collected or when the reference was published. Studies were also excluded that focused solely on hospital birth or alternative birth centre settings.

Data extraction

Data from included studies were extracted using previously developed modified coding frameworks that were informed by the advisory group (64, 65). Extracted data included study aims, geographic location, type of participant (women/clients, partner, clinician, policy maker) or parity. Emerging findings were shared during consultations with advisory group members. This helped the research team to interpret the

findings, evaluate our methods and determine future research and dissemination collaborations to support evidence-informed decision-making.

Data analysis

To establish the breadth of research conducted on home birth, extracted study characteristics were descriptively analyzed and summarised in tabular format. Findings from the scoping review are reported separately for high-resource countries (HRC) and low- and middle-resource countries (LMRC). This is due to differences in health systems provision of integrated home birth services, which may influence both stakeholders' perspectives as well as the nature of the research conducted (8, 66). Descriptive frequencies were calculated using Excel. Assessing risk of bias or critical appraisal of studies included in a scoping review is not indicated (67, 72) and thus was not done. Similarly, assessment of both meta-biases and confidence in cumulative evidence are not required for a scoping review (67, 68).

Quality assurance

EPPI-Reviewer software was utilised for review processes. The protocol and final report were developed as per PRISMA(P) reporting guidelines (69, 70). For screening and data extraction, two researchers worked independently, establishing agreement on a common sub-set of studies with disagreements resolved by a third researcher.

Results

Protocol alterations

As a scoping review, registration was not possible in PROSPERO's systematic review register. Instead, the protocol was made publicly available on McMaster University's Midwifery Research Centre website (71). Two alterations in the protocol were made at the request of and confirmation by our Advisory Group. First, very few studies reported whether the women planning or experiencing home birth were considered to be of low risk. Therefore, all studies of women who planned or gave birth at home, regardless of risk status, were included in the scoping review. Second, a high number of studies conducted in LMRCs focused on reasons for home birth despite access to health facilities. This was considered by the Advisory Group to be an important need to understand; thus these studies were also included for analysis.

Overall findings

Searching identified 9,279 references. After duplicate removal and screening on title and abstract, a total of 657 references were retrieved for assessment based on the full report. Of these, 387 met the eligibility criteria and were included in the scoping review analysis. Most studies were excluded because they were not empirical research (n = 3,237), were not focused on home birth (n = 2,545), or were not research on people's perspectives (n = 1,652). The flow of studies through the review is provided in Fig. 1 below.

Stakeholder perspectives of home birth have been studied globally across 68 different countries. Studies were distributed almost equally between HRCs and LMRCs (72), with 54% conducted in LMRCs compared to 46% in HRCs.

Home birth in high-resource countries

A total of 179 studies examining stakeholder research on home birth were located within 23 HRCs, as illustrated in Fig. 2 below.

Research examining stakeholders' views of home birth was conducted most often in the United Kingdom (24% of 181 HRC-based studies), followed by Australia (18%), the USA (14%), The Netherlands (12%) and Canada (10%). It should be noted that some studies sampled from more than one country, hence numbers add up to the overall totals for HRCs reported above. Several HRCs were not represented, including Chile and Colombia, South Korea, and several countries within Europe (i.e., Estonia, Latvia, Lithuania, France, Luxembourg, Hungary, Poland, Portugal, Slovak Republic, Slovenia, and Turkey).

Populations studied in high-resource countries

The experiences of a wide range of clients, support persons, health care practitioners were sought across high-resource countries, as illustrated in Fig. 3 below.

Women's experiences were most often reported (117 studies, 65% of 181 HRCs), although the perspectives of fathers (10%) and family members (2%) were also included in some studies. Midwives were the most frequently researched healthcare providers (35%), followed by obstetricians (13%), nurses (6%) and family practitioners (4%). Pediatricians (1%) and other health care providers (including doulas and traditional birth attendants) were studied less often (3%). The views of service managers (4%) and staff members (2%) were studied infrequently. The perspectives of community leaders (n = 2) and policy makers (n = 1) regarding home birth were rarely studied.

Home birth issues studied in high-resource countries

A range of issues related to home birth were studied within high-resource countries, as shown in Fig. 4 below.

Within HRCs, home birth studies focused most often on the perspectives of those who were planning or had experienced home birth (96 studies, 53% of 181 studies from HRCs). Another 61 studies (34%) focused on understanding home birth from the perspectives of those providing home birth services.

The perspectives of different types of clients were also the main focus of a group of studies. Perspectives of home birth among women experiencing their first pregnancy was reported in 20 studies within HRCs (11%), with only 4% asking multiparous women. The experiences of rural and remote participants (2%), Indigenous groups (2%), and immigrants (one study) were less often reported.

Some studies also explored the views of partners and family members: the perspectives of fathers or partners were the specific focus in nine studies (5%). Only one study sought the experiences of children/siblings who were present during home births.

Perspectives on risk in home birth were also a focus. A total of 11 studies (6%) considered the experiences of those who chose to freebirth. The experiences of home birth for those with high-risk pregnancy were reported in eleven studies (6%); and of women who had a previous hospital delivery in eight studies (4%). The perspectives of those who experienced transfer from home to hospital during birth were reported in 15 of the included HRC studies (8%).

Home birth low- and middle-resource countries

A slightly higher proportion of the included studies took place in low- and middle-resource countries (LMRCs): a total of 206 studies eliciting the views of stakeholders about home birth across 43 countries. This is shown in Fig. 5 below.

Studies of stakeholder perspectives of home birth were conducted in multiple LMRCs, as illustrated in Fig. 6 below.

The largest body of research in this group has been conducted in Ethiopia (33 studies, 16%). A modest number of studies have been conducted in other countries with high rates of maternal mortality including Nigeria (7%), India (6%), Kenya, Zambia and Tanzania (5% each), Nepal and Bangladesh (4% each). Countries with the highest maternal mortality rates (over 1,000 per 100,000 live births (73) were represented: three studies were located in Sierra Leone and four studies in Sudan (including south Sudan). However, no research on stakeholder perspectives of home birth could be located originating from Chad.

Populations studied in low- and middle-resource countries

As in studies conducted in HRCs, the perspectives of women experiencing home birth in LMRCs were most often sought (183 of 206 LMRC studies, 88%). This is shown in Fig. 7 below.

Many different types of stakeholders participated in home birth research studies across LMRCs. Fathers perspectives were explored in 36 studies (17%), as were family members (8%). A diversity of healthcare providers perspectives were also studied, including outreach workers, health extension workers and unspecified health workers (17%). The experiences of traditional birth attendants were reported nearly as often (16.5%), followed by midwives (8%), nurses (7%) and skilled birth attendants (3%). The experiences of service managers (4%) and staff members and obstetricians (2% each), family practitioners (two studies) and pediatricians (one study) were less often reported.

A modest number of studies within LMRCs included the perspectives of community leaders (10%), followed by community members (9%), and policy makers (3%). Perspectives of academics or social service personnel (two studies each) and religious leaders (one study) were less often stated.

Home birth issues studied in low- and middle-resource countries

A wide range of topics were studied across LMRCs, as shown in Fig. 8 below.

Within LMRCs, the perspectives of those experiencing rural or remote home birth (73 studies, 35% of 206 LMRC studies), in poorly resourced areas (24%), nomadic or pastoralist communities (6%) were most often studied.

Almost one-third of the studies in LMRCs sought to understand home birth from the perspective of those people experiencing home birth (67 of the 206 studies conducted in LMRCs, 33%). The focus of those providing home birth services was examined in 23 studies (11%).

Many of the studies conducted in LMRCs sought to understand why home birth took place despite an emphasis on promoting health facility delivery (31%). Other related studies examined perspectives of women who experienced home birth despite receiving antenatal care (7%), or not utilizing antenatal care (2%). The views of those women experiencing previous hospital delivery were reported in four studies (2%). Another six studies (3%) examined the views of those experiencing transfer from home to hospital.

Specific populations at risk of poor outcomes were less often studied, including first time mothers, Indigenous groups, refugees and migrants (three studies each), and those with high risk pregnancies (two studies). Studies with a specific focus on the perspectives of multiparas or fathers only were rarely reported (two studies and one study respectively).

Discussion

Stakeholder-focused research

It has long been considered important that health policy and practice should be informed by the perspectives of those who plan, provide and are affected by them (74). The research literature on women's perspectives of home birth in high-resource countries including the UK and Brazil have been systematically reviewed (30, 38, 40). However, these syntheses are in need of updating. The large number of recent research from HRCs on women's perspectives of home birth could address this need. While current efforts are underway to review the research on women's perspectives of home birth across all high-resource countries (33, 34), consideration should be given to the differences between countries in terms of the nature and quality of health care provision, including the integration of home birth services (8). There is also a need to understand women's experiences of home birth in LMRCs. Research with women in LMRCs comprised the largest body of evidence located in our scoping review; and this has yet to be brought together in a qualitative evidence synthesis. Examination of these perspectives both within and across countries with the highest maternal mortality could highlight areas where health systems could be strengthened. While a large body of research was located examining nulliparous women's views of home birth in high-income countries, this has yet to be integrated into a qualitative evidence synthesis. Similarly, the primary evidence on multiparous women's experiences of home birth in HRCs has accumulated and could usefully update and inform previous research syntheses of this population (29).

In HRCs, a body of research was located on fathers' experiences of home birth, although no literature was located on the perspectives of same-sex childbirth partners. A synthesis of the existing literature on fathers' perspectives of home birth in high resource countries is an important area of need, as this appears to be a new area of birth research. In LMRCs, it has been suggested that fathers and other family members influence women's health care decisions, including place of birth (75–79). Our scoping review identified several studies eliciting the views of fathers and other family members in LMRCs about home birth, which could be synthesized usefully. Integration of this evidence could further identify the ways in which family members influence the decision on women's place of birth in LMRCs (80, 81).

Related to this, a substantial number of studies examining LMRC community members' views of home birth were also located. This could further supplement existing evidence syntheses of community interventions to prevent maternal and newborn mortality (82, 83). In addition, a small body of literature was located examining the perspectives of community leaders and policy makers in LMRCs regarding home birth. Synthesizing this literature would provide an understanding of the health system factors that must be leveraged in order to integrate midwifery and skilled birth attendant home birth services into LMRC health system infrastructure.

Health professionals' perspectives of home birth also hold the potential to inform maternity policy and practice, however, only one previous systematic review was located which examined midwives' discussions of place of birth options with women in HRCs (39). This scoping review located multiple primary studies that assessed the views of midwives, medical staff and other health care providers in high-resource countries. Further synthesis of this literature would add to the existing evidence and could expand our understanding of the views of other health care providers in high-resource settings. In LMRCs, one recent systematic review examined the perspectives of midwives and skilled birth attendants concerning home birth (41). This evidence could be enhanced and updated by synthesizing the evidence located in our scoping review which identified research with community health workers, health extension workers, lady health workers and service managers and staff members. By understanding these perspectives, birth services may be configured to address key stakeholders' concerns.

Issue-focused research

Several topics or issues of interest also emerged from the analysis of HRC research on stakeholder views of home birth. This included new primary research on people's perspectives of freebirth or unassisted birth, where women choose to birth without a trained professional present, even where there is access to medical facilities (31). This body of literature is currently being synthesized in order to supplement previous research in this area (31, 84, 85).

Similarly, our scoping review identified multiple research studies of stakeholder perspectives on home birth in high-risk pregnancy, in those who had a previous hospital delivery and among women experiencing transfer from home to hospital. Integration of this body of research conducted in high-resource settings could broaden our understanding of home birth with reference to safety and risk. For example, this could update an existing evidence synthesis examining perspectives of transfer from home

to hospital (32). This focus was also seen in LMRC-based studies. Several studies focused on stakeholder perspectives of transfer from home to hospital, their experiences of home birth in high risk pregnancy, and the experiences of those who give birth at home despite access to antenatal care and/or hospital facilities. A synthesis of these topics would update and extend prior outdated work in this area (86).

Several studies originating in LMRCs also examined stakeholder perspectives of home birth where the population is rural, remote or has poor access to health services. It has been noted that poor geographic access to hospital facilities in LMRCs impedes health care utilization (87). Stakeholder research of rural and remote access and home birth in HRC populations has been previously examined (35, 36) but has yet to be synthesized for populations living in LMRCs. A synthesis of this literature could further inform understanding of the factors influencing where women give birth and how health systems infrastructure could better support childbearing women in rural and remote locations.

Gaps in primary stakeholder research on home birth

This scoping review of stakeholder research about home birth also identified several gaps in primary research. For example, in high-resource countries very little research was identified which sought the views of same-sex childbearing partners, or other family members, such as grandparents. Given the influence of family members on women's birth decisions (75, 78, 79), this constitutes an important gap in the evidence. Perspectives of those experiencing home birth in high-resource rural and remote locations is also lacking. This evidence could help to inform maternity service provision and personal decisions. While several studies of Indigenous perspectives of home birth exist in both high- and low- and middle-resource countries (88, 89), more recent research in this area could reflect recent changes to service provision in some high-resource countries (90, 91).

The views of specific populations concerning home birth also bear further examination. These include the perspectives of stakeholders in countries of higher maternal mortality, including countries in sub-Saharan Africa and Southeast Asia (19).

Research on the perspectives of first-time mothers and multiparas, whose experiences may differ from one another, could also suggest different avenues of health system support.

In addition, primary research seeking young mothers' perspectives of home birth was rarely located. Given that the highest rate of maternal mortality in LMRCs occurs in women aged 10 to 14 years, this is an important area of future research (19).

Finally, primary stakeholder research on home birth among specific and potentially more vulnerable populations is also lacking in both HRCs and LMRCs, including Indigenous populations, immigrants, refugees and migrants. Displaced populations are at higher risk of maternal mortality due to the associated conflict and humanitarian crises (73). This suggests that this may also be a very useful area of future primary research inquiry to influence maternal service provision in these fragile states (73).

Strengths and limitations of the review

The main strength of this systematic scoping review lies in its broad search for relevant literature and consistent methods of screening, coding and analysis. To our knowledge, this is the first representation of the landscape of qualitative literature worldwide focused specifically on stakeholders' experience and perspectives of home birth. As such, it provides a valuable resource for researchers, members of the public and decision-makers for informing personal and policy decisions related to home birth and identifies areas for future research.

The results of this review are limited by the depth of analysis possible using scoping review methods, a challenge noted by others (92, 93). The breadth of research and resources available limit the amount of data extraction and analysis possible (62). However, the intent of this scoping review was to inform subsequent qualitative evidence syntheses. To mitigate this, data extraction was designed in consultation with an advisory group of stakeholders to capture key characteristics of the studies, which will inform future collaborative research decisions.

Conclusions

Our systematic scoping review identified a large body of research literature that privileged the experiences and perspectives of a wide range of key stakeholders about home birth in both high and low and middle income countries.

Groups of primary research focused on different topics and populations within HRCs and LMRCs could be usefully synthesized to inform personal practice and policy decisions. However, these research syntheses would be best informed by collaboration between researchers and childbearing women and their support people, clinicians, professional organizations, research funders and clinical and policy decision-makers. Working together to collectively identify emerging issues, priorities, and the associated research questions will inform personal and policy decisions (74, 94, 95). Important gaps in primary research should also be addressed with respect to perspectives of family members in HRCs, stakeholders in countries with high maternal mortality, young mothers and Indigenous populations, immigrants, migrants and refugees.

Abbreviations

HRCs High-resource countries

LMRCs Low- and middle-resource countries

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Availability of data and materials

The datasets generated and analyzed during the current study are not publicly available due to their generation and maintenance on third party software, but are available from the corresponding author on reasonable request.

Competing interests

The authors declare they have no competing interests.

Funding

This project was funded through a Canadian Institutes of Health Research (CIHR) Institute of Population and Public Health Planning and Dissemination Grant (#168264).

Authors' contributions

GB and BMD co-led on protocol development, Advisory Group consultations and final manuscript revisions. GB was responsible for quality assurance of all stages of the review, led on data analysis and interpretation, and on preparation and submission of this manuscript. HS and SW conducted eligibility screening, searching updates, assisted in data analysis and interpretation and reviewed manuscript drafts.

Acknowledgements

We would like to acknowledge the thoughtful and supportive contributions of our Advisory Group: Jenny Gilbert, Liz Darling, Saraswathi Vedam, Harrison Banner, Jill Wiwcharuk and Karyn Kaufman.

References

1. Basseley Etowa J. Becoming a mother: The meaning of childbirth for African–Canadian women. *Contemporary Nurse*. 2012;41(1):28–40.
2. Luyben AG, Kinn SR, Fleming VE. Becoming a mother: women's journeys from expectation to experience in three European countries. *International Journal of Childbirth*. 2011;1(1):13–26.
3. Oakley A. *From here to maternity (reissue): becoming a mother*: Policy Press; 2018.
4. Public Health Agency of Canada. *Family-centred maternity and newborn care: national guidelines*. Ottawa Canada: Public Health Agency of Canada; 2019.

5. (NICE) NifHaCE. Intrapartum care for healthy women and babies: clinical guideline. London: National Institute for Health and Care Excellence (NICE); 2017. p. 90.
6. Gage AD, Carnes F, Blossom J, Aluvaala J, Amatya A, Mahat K, et al. In Low-And Middle-Income Countries, Is Delivery In High-Quality Obstetric Facilities Geographically Feasible? *Health Aff.* 2019;38(9):1576–84.
7. Moyer CA, Mustafa A. Drivers and deterrents of facility delivery in sub-Saharan Africa: a systematic review. *Reproductive health.* 2013;10(1):40.
8. Comeau A, Hutton EK, Simioni J, Anvari E, Bowen M, Kruegar S, et al. Home birth integration into the health care systems of eleven international jurisdictions. *Birth.* 2018;45(3):311–21.
9. Sandall J. Place of birth in Europe. *Entre Nous The Eur Mag Sexual Reprod Health.* 2015;81:16–7.
10. MacDorman MF, Mathews TJ, Declerq E. Trends in out-of-hospital births in the United States, 1990–2012. *NCHS Data Brief.* Atlanta GA: National Center for Health Statistics, Centers for Disease Control and Prevention; 2014.
11. Statistics Canada. Live births and fetal death (stillbirths), by place of birth (hospital or non-hospital). In: Canada S, editor. Ottawa: Government of Canada; 2018.
12. Society of Obstetricians and Gynecologists of Canada (SOGC). No. 372: Statement on planned homebirth. *Journal of Obstetrics Gynaecology Canada.* 2019;41(2):223.
13. The Royal Australian and New Zealand College of Obstetricians and Gynaecologists. Position statement: home births. Australia: RANZCOG; 2017. p. 19.
14. Hutton EK, Reitsma A, Simioni J, Brunton G, Kaufman K. Perinatal or neonatal mortality among women who intend at the onset of labour to give birth at home compared to women of low obstetrical risk who intend to give birth in hospital: a systematic review and meta-analyses. *EClinicalMedicine.* 2019;14:59–70.
15. Reitsma A, Simioni J, Brunton G, Kaufman K, Hutton EK. Maternal outcomes and birth interventions among women who begin labour intending to give birth at home compared to women of low obstetrical risk who intend to give birth in hospital: A systematic review and meta-analyses. *EClinicalMedicine.* 2020;21:100319.
16. Montagu D, Sudhinaraset M, Diamond-Smith N, Campbell O, Gabrysch S, Freedman L, et al. Where women go to deliver: understanding the changing landscape of childbirth in Africa and Asia. *Health policy planning.* 2017;32(8):1146–52.
17. Montagu D, Yamey G, Visconti A, Harding A, Yoong J. Where do poor women in developing countries give birth? A multi-country analysis of demographic and health survey data. *PloS one.* 2011;6(2):e17155.
18. Global Health Observatory. Institutional births: data by country. In: Organization WH, editor. Geneva: Global Health Observatory; 2020.
19. World Health Organization. Maternal mortality. Geneva. World Health Organization; 2020 [updated 19 September 2019; cited 2020 3 November]. Available from: <https://www.who.int/en/news-room/fact-sheets/detail/maternal-mortality>.

20. Renfrew MJ, McFadden A, Bastos MH, Campbell J, Channon AA, Cheung NF, et al. Midwifery and quality care: findings from a new evidence-informed framework for maternal and newborn care. *The Lancet*. 2014;384(9948):1129–45.
21. UNICEF. Delivery care.: UNICEF. 2020 [Available from: <https://data.unicef.org/topic/maternal-health/delivery-care/>].
22. Geleto A, Chojenta C, Musa A, Loxton D. WOMEN's Knowledge of Obstetric Danger signs in Ethiopia (WOMEN's KODE): a systematic review and meta-analysis. *Systematic reviews*. 2019;8(1):63.
23. Kifle MM, Kesete HF, Gaim HT, Angosom GS, Araya MB. Health facility or home delivery? Factors influencing the choice of delivery place among mothers living in rural communities of Eritrea. *Journal of Health Population Nutrition*. 2018;37(1):22.
24. Ahmed M, Demissie M, Worku A, Abrha A, Berhane Y. Socio-cultural factors favoring home delivery in Afar pastoral community, northeast Ethiopia: A Qualitative Study. *Reproductive health*. 2019;16(1):1–9.
25. Preis H, Gozlan M, Dan U, Benyamini Y. A quantitative investigation into women's basic beliefs about birth and planned birth choices. *Midwifery*. 2018;63:46–51.
26. Tiruneh FN, Chuang K-Y, Chuang Y-C. Women's autonomy and maternal healthcare service utilization in Ethiopia. *BMC Health Serv Res*. 2017;17(1):718.
27. Health Quality Ontario. Quality matters: Realizing excellent care for all. Retrieved from the Health Quality Ontario (HQO) website: <http://www.hqontario.org.ca/Portals/0/documents/health-quality/realizing-excellent-care-for-all-en.pdf>. 2015.
28. McCaw-Binns A, Askew I, Temmerman M, Spicer A, Chartrand-Hudson E. Listen to women: thriving before, during and after pregnancy. Plenary session.. *Women Deliver 2019; Vancouver, Canada 2019*.
29. Ashley S, Weaver J. Factors influencing multiparous women who choose a home birth –a literature review. *British Journal of Midwifery*. 2012;20(9):646–52.
30. Coxon K, Chisholm A, Malouf R, Rowe R, Hollowell J. What influences birth place preferences, choices and decision-making amongst healthy women with straightforward pregnancies in the UK? A qualitative evidence synthesis using a 'best fit' framework approach. *BMC Pregnancy Childbirth*. 2017;17(1):103.
31. Feeley Claire BRM, Burns Ethel Ph DMRMRN, Adams Eike Ph DMB, Thomson Gill Ph DMB. Why do some women choose to freebirth? A meta-thematic synthesis, part one. *Evidence Based Midwifery*. 2015;13(1):4–9.
32. Fox D, Sheehan A, Homer C. Experiences of Women Planning a Home Birth Who Require Intrapartum Transfer to Hospital: A Metasynthesis of the Qualitative Literature. *International Journal of Childbirth*. 2014;4(2):103–19.
33. Healy M, Bamidele O, Gillen P. Women's experiences of planning a home birth with maternity care providers in middle to high-income countries: a systematic review protocol. 2020.
34. Hill L. Women's experiences of planned home birth: a review of the literature. *MIDIRS Midwifery Digest*. 2020;30(1):89–93.

35. Hoang H, Le Q, Ogden K. Women's maternity care needs and related service models in rural areas: A comprehensive systematic review of qualitative evidence. *Women Birth: Journal of the Australian College of Midwives*. 2014;27(4):233–41.
36. O'Driscoll T, Kelly L, Payne L, St P-H, Natalie, Cromarty H, et al. Delivering away from home: the perinatal experiences of First Nations women in northwestern Ontario. *Canadian Journal of Rural Medicine (Joule Inc)*. 2011;16(4):126–30.
37. Madi BC. Women's decision-making and factors affecting their choice of place of delivery: systematic review and qualitative study: University of Surrey; 2001.
38. Hollowell J, Li Y, Malouf R, Buchanan J. Women's birth place preferences in the United Kingdom: a systematic review and narrative synthesis of the quantitative literature. *BMC Pregnancy Childbirth*. 2016;16(1):213.
39. Henshall C, Taylor B, Kenyon S. A systematic review to examine the evidence regarding discussions by midwives, with women, around their options for where to give birth. *BMC Pregnancy Childbirth*. 2016;16:53.
40. Silveira F, Iara S, Monticelli M, Volkmer C, Angeloni B, Renata. Brazilian scientific publications of obstetrical nurses on home delivery: systematic literature review. *Texto Contexto Enfermagem*. 2013;22(1):247–56.
41. Munabi-Babigumira S, Glenton C, Lewin S, Fretheim A, Nabudere H. Factors that influence the provision of intrapartum and postnatal care by skilled birth attendants in low- and middle-income countries: a qualitative evidence synthesis [Systematic Review]. *Cochrane Database of Systematic Reviews*. 2018;2:2.
42. Hutton E, Reitsma A, Thorpe J, Brunton G, Kaufman K. Protocol: systematic review and meta-analyses of birth outcomes for women who intend at the onset of labour to give birth at home compared to women of low obstetrical risk who intend to give birth in hospital.. *Systematic Reviews*. 2014;3(1).
43. Borrelli SE, Spiby H, Walsh D. The kaleidoscopic midwife: A conceptual metaphor illustrating first-time mothers' perspectives of a good midwife during childbirth. A grounded theory study. *Midwifery*. 2016;39:103–11.
44. Borrelli SE, Walsh D, Spiby H. First-time mothers' choice of birthplace: influencing factors, expectations of the midwife's role and perceived safety. *J Adv Nurs*. 2017;73(8):1937–46.
45. Borquez HA, Wiegers TA. A comparison of labour and birth experiences of women delivering in a birthing centre and at home in the Netherlands. *Midwifery*. 2006;22(4):339–47.
46. Bastian H. Personal beliefs and alternative childbirth choices: a survey of 552 women who planned to give birth at home. *Birth*. 1993;20(4):186–92.
47. Broussart A. Self-efficacy for childbirth: A qualitative study of pregnant women planning homebirth 1995.
48. Arcia A. US nulliparas' perceptions of roles and of the birth experience as predictors of their delivery preferences. *Midwifery*. 2013;29(8):885–94.

49. Holten L, de Miranda E. Women's motivations for having unassisted birth or high-risk homebirth: an exploration of the literature on 'birthing outside the system'. *Midwifery*. 2016;38:55–62.
50. Janssen PA, Carty EA, Reime B. Satisfaction with planned place of birth among midwifery clients in British Columbia. *Journal of Midwifery Women's Health*. 2006;51(2):91–7.
51. Janssen PA, Henderson AD, Saraswathi V. The experience of planned home birth: views of the first 500 women. *Birth*. 2009;36(4):297–304.
52. Kornelsen J, Grzybowski S. The reality of resistance: the experiences of rural parturient women. *Journal of Midwifery Women's Health*. 2006;51(4):260–5.
53. Kornelsen J, Kotaska A, Waterfall P, Willie L, Wilson D. The geography of belonging: the experience of birthing at home for First Nations women. *Health Place*. 2010;16(4):638–45.
54. Kornelsen J, Kotaska A, Waterfall P, Willie L, Wilson D. Alienation and resilience: the dynamics of birth outside their community for rural First Nations women. *International Journal of Indigenous Health*. 2011;7(1).
55. Lawford KM, Giles AR, Bourgeault IL. Canada's evacuation policy for pregnant First Nations women: Resignation, resilience, and resistance. *Women: Journal of the Australian College of Midwives*; 2018.
56. Murray-Davis B, McDonald H, Reitsma A, Coubrough M, Hutton E. Deciding on home or hospital birth: results of the Ontario choice of birthplace survey. *Midwifery*. 2014;30(7):869–76.
57. Murray-Davis B, McNiven P, McDonald H, Malott A, Elarar L, Hutton E. Why home birth? A qualitative study exploring women's decision making about place of birth in two Canadian provinces. *Midwifery*. 2012;28(5):576–81.
58. Zelek B, Orrantia E, Poole H, Strike J. Home or away? Factors affecting where women choose to give birth. *Can Fam Physician*. 2007;53(1):78–83.
59. Canadian Institutes of Health Research. How to integrate sex and gender into research. Ottawa CA: Canadian Institutes of Health Research; 2019 [Available from: <http://www.cihr-irsc.gc.ca/e/50836.html>].
60. Brocklehurst P, Puddicombe D, Hollowell J, Stewart M, Linsell L, Macfarlane A, et al. Perinatal and maternal outcomes by planned place of birth for healthy women with low risk pregnancies: the Birthplace in England national prospective cohort study. *BMJ*. 2011;343:d7400.
61. College of Midwives of Ontario. Professional standards for midwives. Toronto: College of Midwives of Ontario,; 2018. p. 7.
62. Gough D, Thomas J, Oliver S. Clarifying differences between reviews within evidence ecosystems. *Systematic reviews*. 2019;8(1):170.
63. Arksey H, O'Malley L. Scoping studies: towards a methodological framework. *Int J Soc Res Methodol*. 2005;8(1):19–32.
64. Peersman G, Oliver S. EPPI-Centre health promotion keywording strategy. London: EPPI-Centre, Social Science Research Unit, Institute of Education ….

65. Coxon K, Chisholm A, Malouf R, Rowe R, Hollowell J. What influences birth place preferences, choices and decision-making amongst healthy women with straightforward pregnancies in the UK? A qualitative evidence synthesis using a 'best fit' framework approach.. *BMC Pregnancy and Childbirth*. 2017;17(1).
66. Vedam S, Stoll K, McRae DN, Korchinski M, Velasquez R, Wang J, et al. Patient-led decision making: Measuring autonomy and respect in Canadian maternity care. *Patient Educ Couns*. 2019;102(3):586–94.
67. Higgins JP, Altman DG, Gøtzsche PC, Jüni P, Moher D, Oxman AD. The Cochrane Collaboration's tool for assessing risk of bias in randomised trials. *BMJ*. 2011;343:d5928.
68. Lewin S, Glenton C, Muthne-Kaas H, Carlesen B, Colvin CJ, Gulmezoglu M, et al. Using qualitative evidence in decision making for health and social interventions: an approach to assess confidence in findings from qualitative evidence syntheses (GRADE-CERQual). *PLOS Medicine*. 2015.
69. Moher D, Shamseer L, Clarke M, Ghersi D, Liberati A, Petticrew M, et al. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement. *Systematic reviews*. 2015;4(1):1.
70. Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, et al. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. *Bmj*. 2015;349:g7647.
71. Brunton G, Murray Davis B. Planning for home birth knowledge mobilization: a scoping review and stakeholder consultation: Protocol. Hamilton ON: McMaster University; 2020 [updated 12 March 2020. Available from: <https://healthsci.mcmaster.ca/mmrc/research-topics/project/2020/05/29/planning-for-home-birth-knowledge-mobilization-a-scoping-review-and-stakeholder-consultation>.
72. The World Bank. How does the World Bank classify countries?: The World Bank; 2020 [Available from: <https://datahelpdesk.worldbank.org/knowledgebase/articles/378834-how-does-the-world-bank-classify-countries>.
73. Maternal mortality in humanitarian crises and fragile settings. [press release]. New York: United Nations Population Fund; 2015.
74. Rees R, Oliver S. Stakeholder perspectives and participation in reviews. In: Gough D, Oliver S, Thomas J, editors. *An introduction to systematic reviews*. 2 ed. London: Sage; 2017.
75. Blanchard AK, Bruce SG, Jayanna K, Gurav K, Mohan HL, Avery L, et al. An exploration of decision-making processes on infant delivery site from the perspective of pregnant women, new mothers, and their families in northern Karnataka, India. *Matern Child Health J*. 2015;19(9):2074–80.
76. Speizer IS, Story WT, Singh K. Factors associated with institutional delivery in Ghana: the role of decision-making autonomy and community norms. *BMC Pregnancy Childbirth*. 2014;14(1):398.
77. Osamor PE, Grady C. Women's autonomy in health care decision-making in developing countries: a synthesis of the literature. *International journal of women's health*. 2016;8:191.

78. Dahlberg M, Södergård B, Thorson A, Alfvén T, Awiti-Ujiji O. Being perceived as 'a real woman' or following one's own convictions: a qualitative study to understand individual, family, and community influences on the place of childbirth in Busia, Kenya. *Cult Health Sex*. 2015;17(3):326–42.
79. Lessa HF, Tyrrell MAR, Alves VH, Rodrigues DP. Social Relations and the option for planned home birth: an institutional ethnographic study. *Online Brazilian Journal of Nursing*. 2014;13(2):239–49.
80. Treacy L, Sagbakken M. Exploration of perceptions and decision-making processes related to childbirth in rural Sierra Leone. *BMC Pregnancy Childbirth*. 2015;15(1):1–12.
81. Treacy L, Bolkan HA, Sagbakken M. Distance, accessibility and costs. Decision-making during childbirth in rural Sierra Leone: A qualitative study. *PloS one*. 2018;13(2):e0188280.
82. Prost A, Colbourn T, Seward N, Azad K, Coomarasamy A, Copas A, et al. Women's groups practising participatory learning and action to improve maternal and newborn health in low-resource settings: a systematic review and meta-analysis. *The Lancet*. 2013;381(9879):1736–46.
83. Sharma BB, Jones L, Loxton DJ, Booth D, Smith R. Systematic review of community participation interventions to improve maternal health outcomes in rural South Asia. *BMC Pregnancy Childbirth*. 2018;18(1):327.
84. Brunton G, Ramkumar K. Freebirth in high-resource countries: a qualitative evidence synthesis protocol.. University of York UK: PROSPERO 2021 in press.
85. Macdonald D, Etowa J, Helwig M. Experiences of women who have planned unassisted home births: a systematic review protocol. *JBIC Evidence Synthesis*. 2019;17(1):16–21.
86. Bohren MA, Hunter EC, Munthe-Kaas HM, Souza JP, Vogel JP, Gülmezoglu AM. Facilitators and barriers to facility-based delivery in low-and middle-income countries: a qualitative evidence synthesis. *Reproductive health*. 2014;11(1):71.
87. Wong KL, Benova L, Campbell OM. A look back on how far to walk: systematic review and meta-analysis of physical access to skilled care for childbirth in sub-Saharan Africa. *PLoS One*. 2017;12(9):e0184432.
88. Gleit D, Goldman N. Understanding ethnic variation in pregnancy-related care in rural Guatemala. *Ethnicity Health*. 2000;5(1):5–22.
89. Kwagala B. Birthing choices among the Sabiny of Uganda. *Cult Health Sex*. 2013;15(sup3):401-S14.
90. Kornelsen J, Kotaska A, Waterfall P, Willie L, Wilson D. The geography of belonging: the experience of birthing at home for First Nations women. *Health Place*. 2010;16(4):638–45.
91. Marriott R, Reibel T, Coffin J, Gliddon J, Griffin D, Robinson M, et al. "Our culture, how it is to be us"—Listening to Aboriginal women about on Country urban birthing. *Women Birth*. 2019;32(5):391–403.
92. Brien SE, Lorenzetti DL, Lewis S, Kennedy J, Ghali WA. Overview of a formal scoping review on health system report cards. *Implementation Science*. 2010;5(1):2.
93. Cronin de Chavez A, Backett-Milburn K, Parry O, Platt S. Understanding and researching wellbeing: Its usage in different disciplines and potential for health research and health promotion. *Health Education Journal*. 2005;64(1):70–87.

94. Canadian Foundation for Healthcare Improvement. Evidence-informed decision-making. Canadian Foundation for Healthcare Improvement; 2019 [Available from: <https://www.cfhi-fcass.ca/WhatWeDo/a-z-topics/evidence-informed-decision-making>].
95. Ciliska D. Introduction to evidence-informed decision making. 2012.

Figures

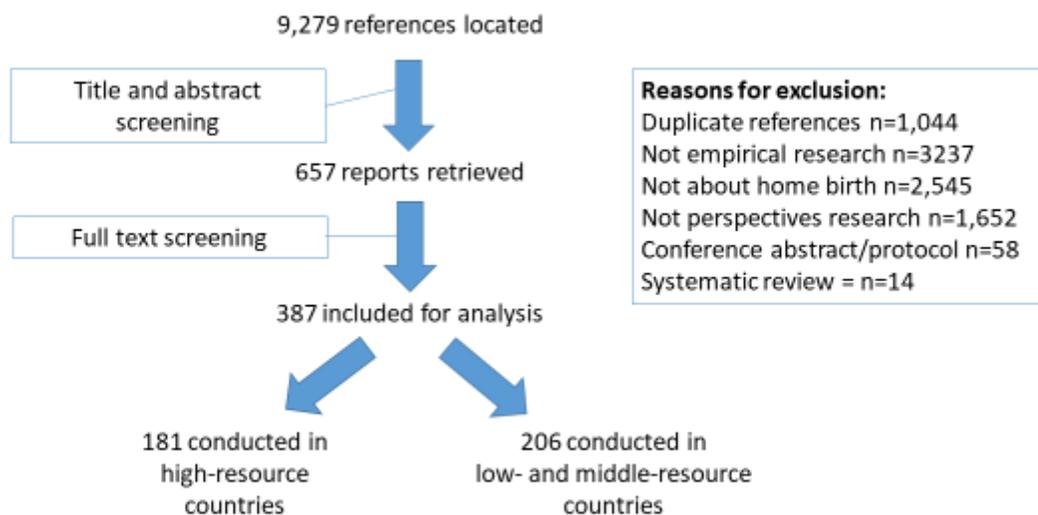


Figure 1

PRISMA Diagram

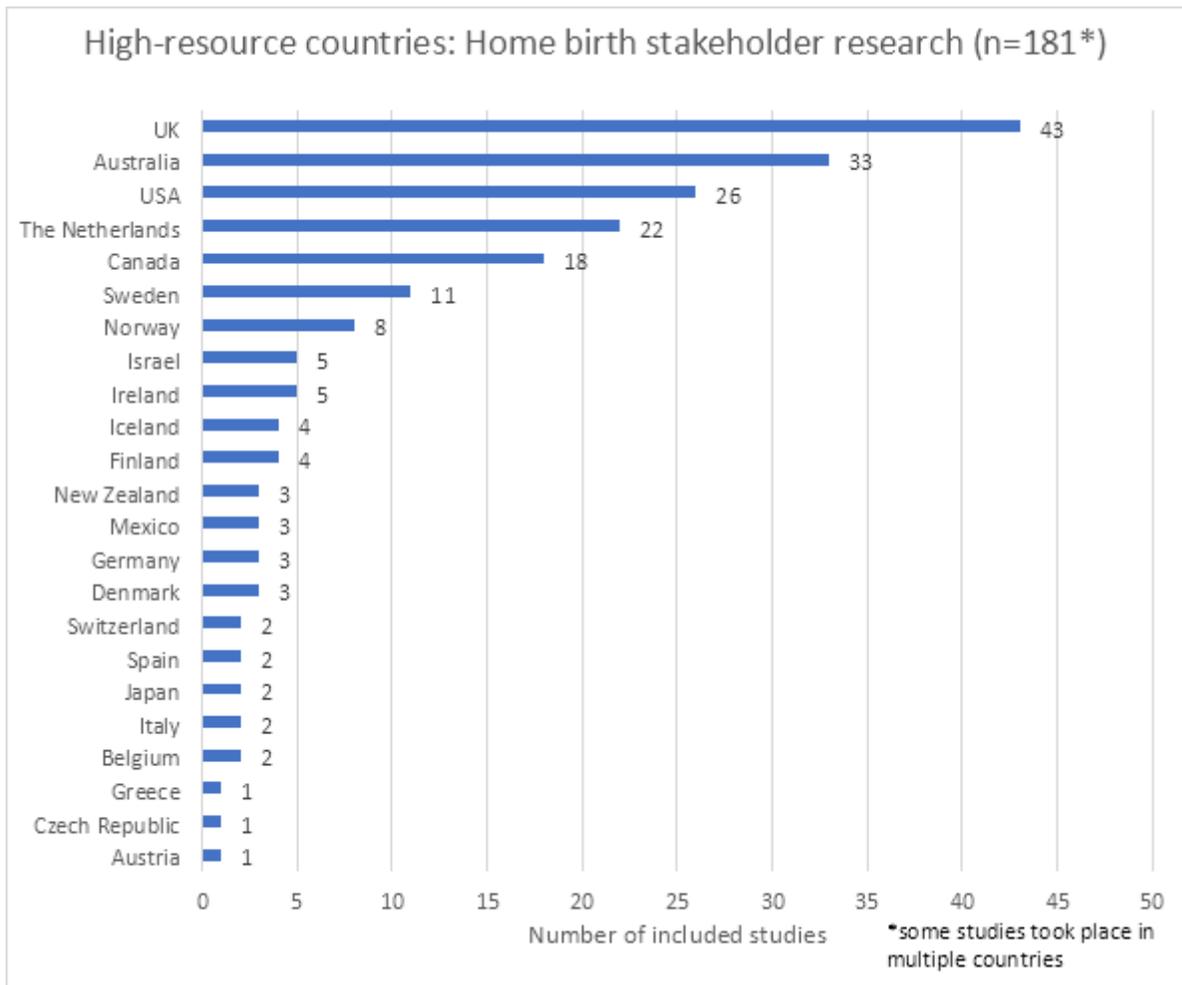


Figure 2

High-resource countries conducting stakeholder research

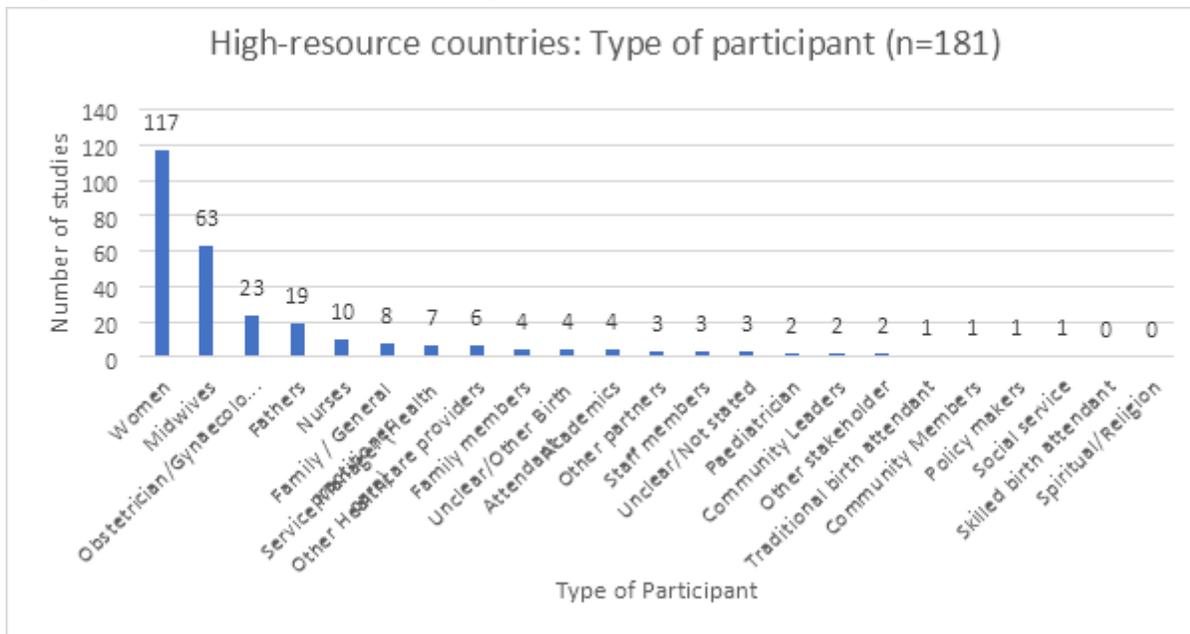


Figure 3

High-resource countries: Type of participant

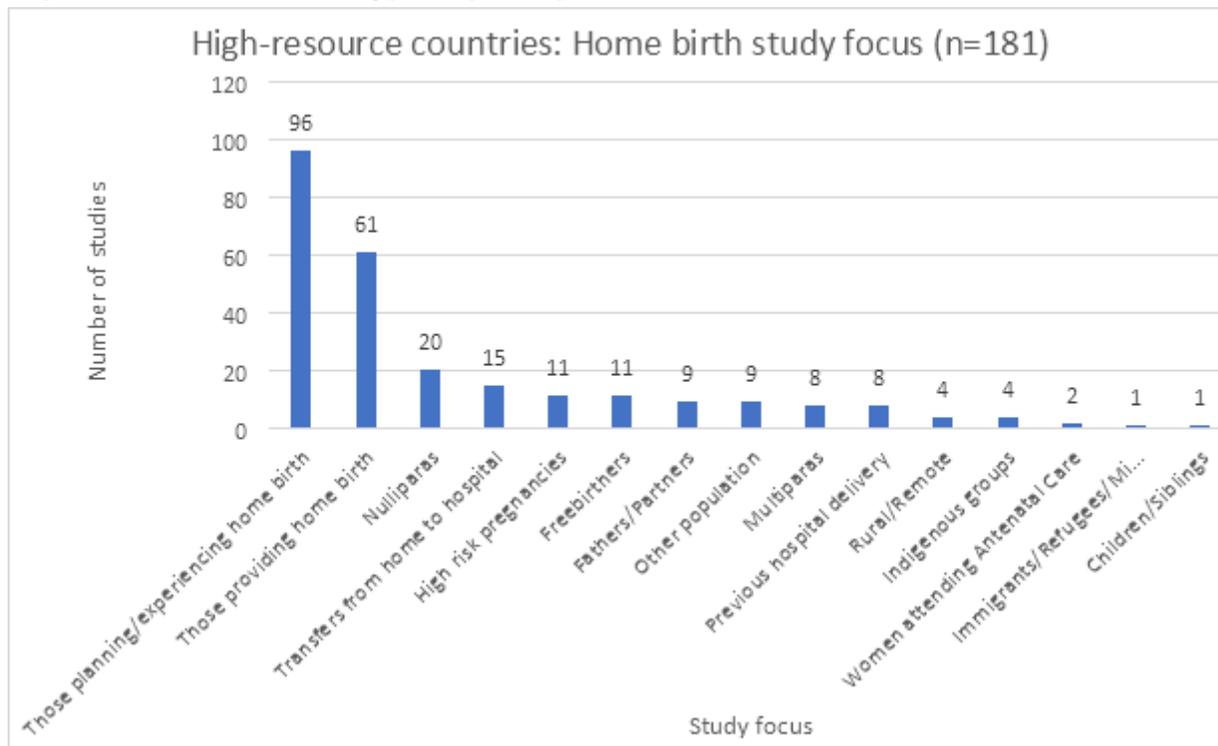


Figure 4

High-resource countries: Study focus

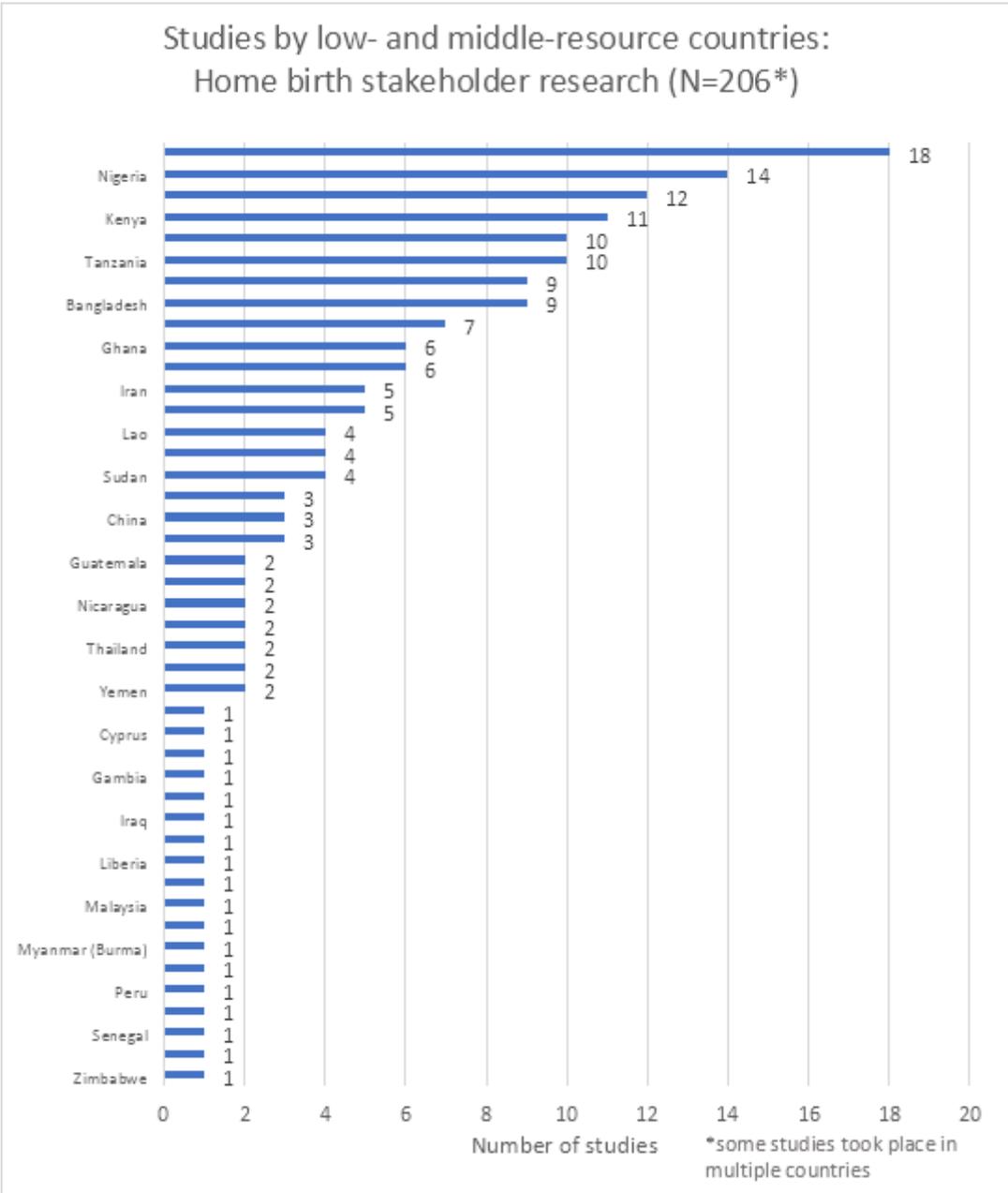


Figure 5

Low- and middle income countries conducting stakeholder research

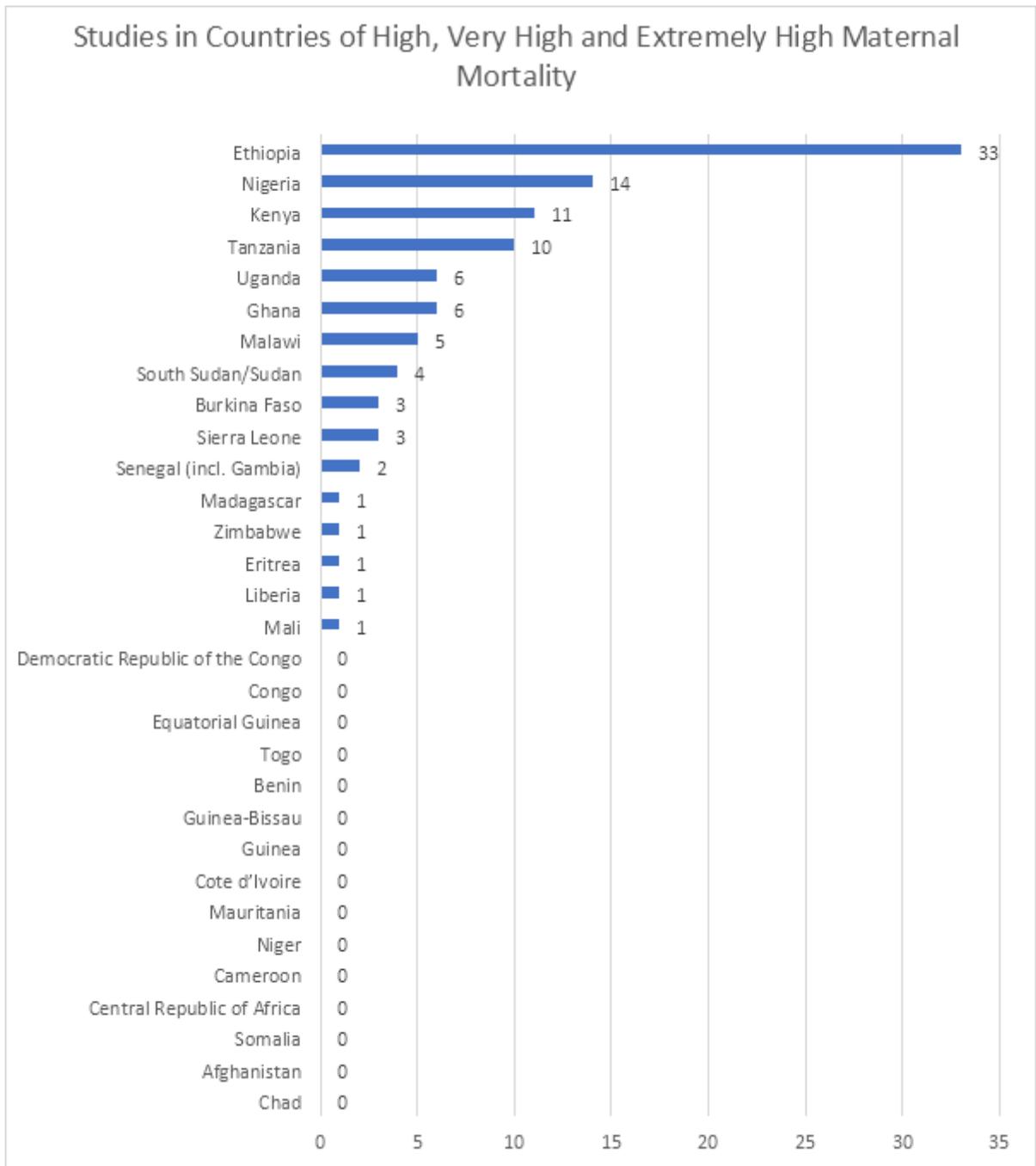


Figure 6

Number of studies by country of high, very high or extremely high maternal mortality

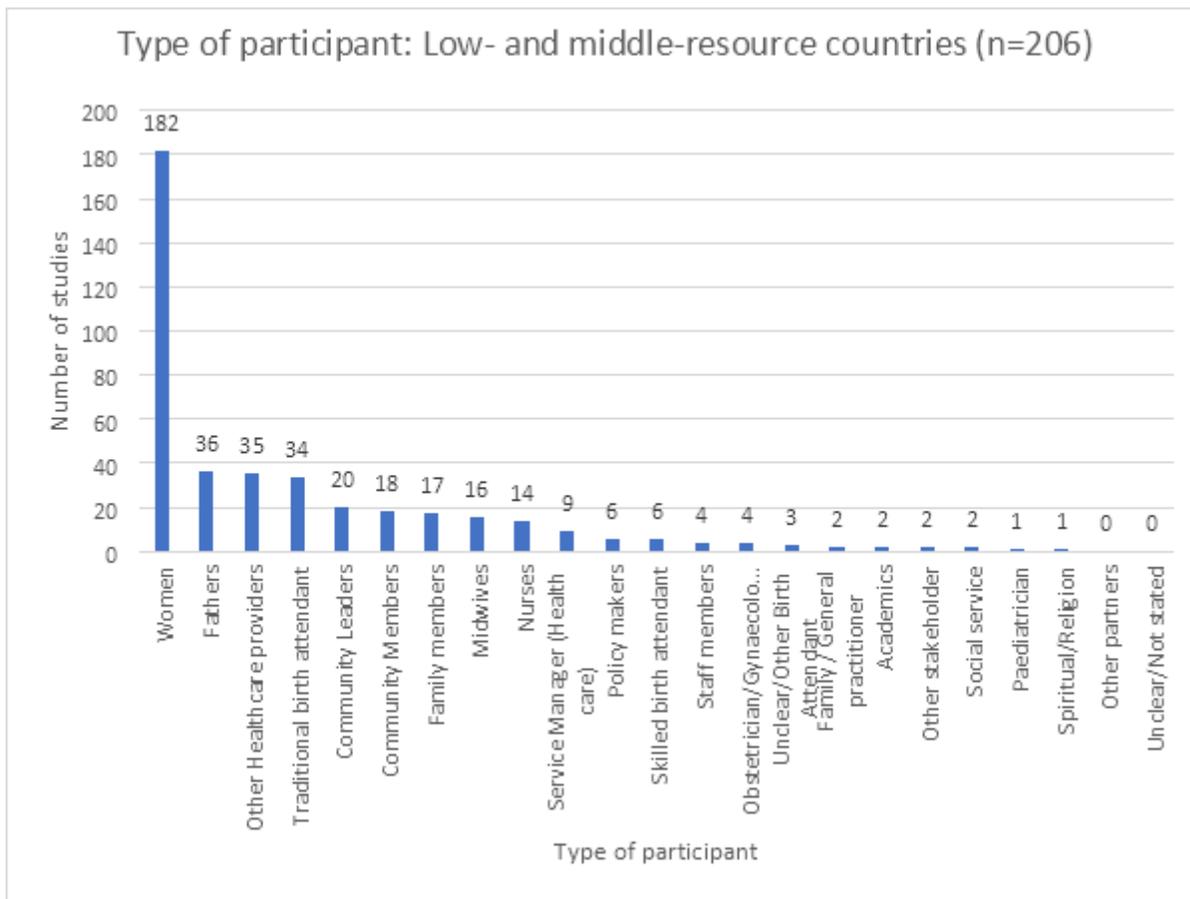


Figure 7

Low- and middle-resource countries: Type of participant

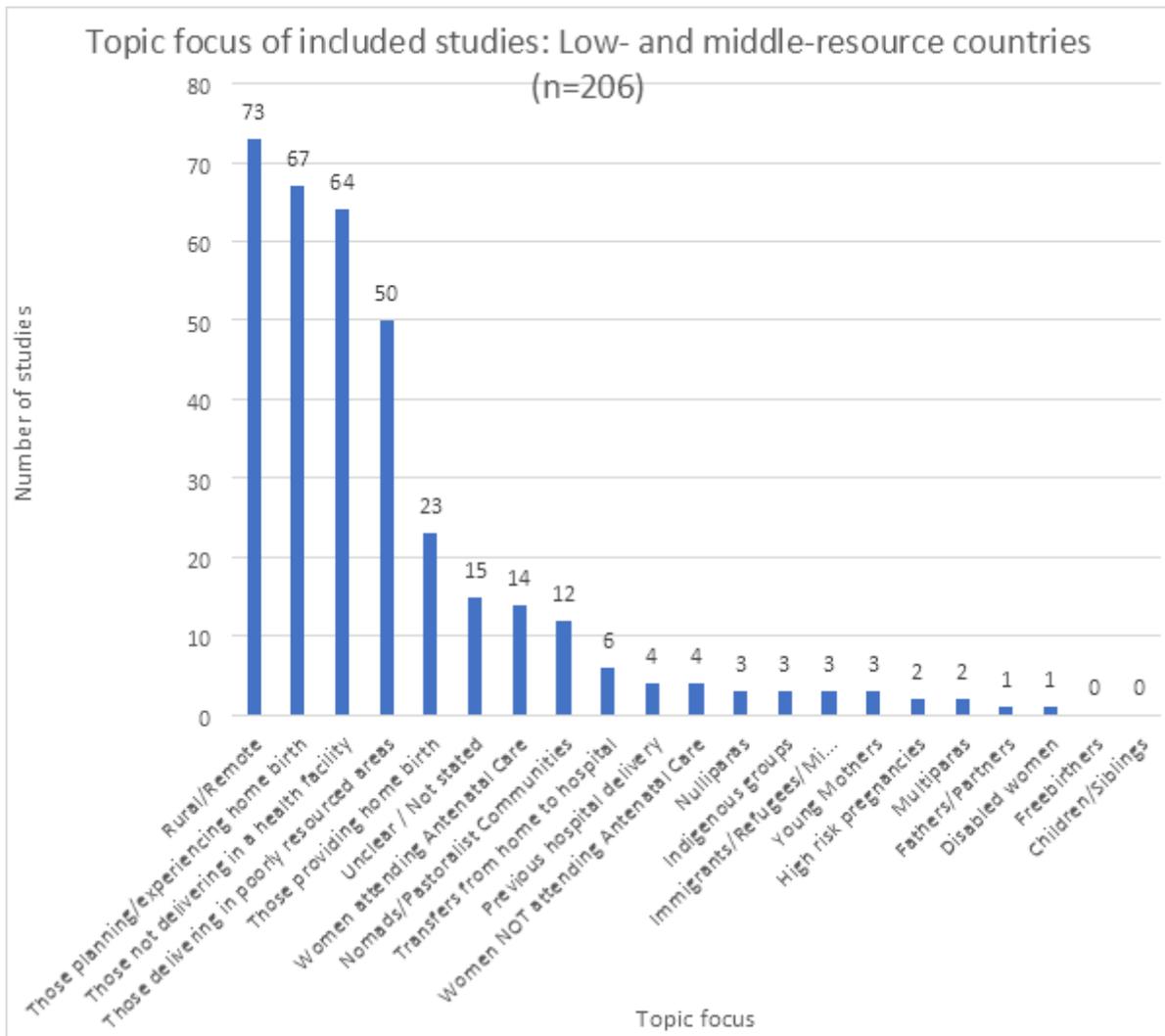


Figure 8

Topic focus of included studies: Low- and middle-resource countries