

# SERCA2a related miRNA miR-140-3p as a potential biomarker for chronic heart failure

**Wei-Yin Wu**

Xiamen University

**Tao Ye**

Xiamen University

**Hai-Feng Qiang**

Xiamen University

**Xiao-Xia Zhou**

Xiamen University

**Gang Li** (✉ [gangli1982@outlook.com](mailto:gangli1982@outlook.com))

Xiamen University <https://orcid.org/0000-0003-3875-2112>

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## Research article

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# Abstract

## Background

Multiple miRNAs were reported to be associated with sarcoplasmic reticulum  $\text{Ca}^{2+}$ -ATPase (SERCA2a) in mediating the process of heart failure. However, whether these miRNAs are relevant to chronic heart failure (CHF) is rarely reported.

## Methods

This study was designed to explore a new biomarker from the SERCA2a related candidate miRNAs for CHF. A total of 195 blood samples from 84 CHF patients, 86 non-heart failure patients and 25 healthy subjects were collected. The circulating expression of SERCA2a related candidate miRNAs (let-7a-5p, miR-24-3p, miR-25-3p, miR-133a-3p, miR-137a-3p, miR-140-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p) were detected with qRT-PCR. The area under curve value, correlations between miRNAs and NT-proBNP were applied to determine the relationship between CHF and the candidate miRNAs.

## Results

The results showed among the 10 candidate miRNAs, only let-7a-5p, miR-25-3p, and miR-140-3p were significantly increased of CHF patients. However, only miR-140-3p showed the high area under the curve (AUC) value (ROC = 0.8873) and strong positive correlations ( $r = 0.5113$ ) between miR-140-3p levels and NT-proBNP concentration. The level of miR-140-3p in LVEF < 45% of CHF patients was higher than in LVEF > 45%. However, there was no significant difference between hypertension and non-hypertension of the levels of miR-140-3p in CHF patients. Interestingly, the level of miR-140-3p was higher in NYHA IV CHF patients than in NYHA II or III. More important, the miR-140-3p level also declined when the heart function of NYHA IV patients was improved after treatment.

## Conclusions

These results indicated circulation levels of miR-140-3p is related to the severity of chronic heart failure, and miR-140-3p may be an important biomarker for heart failure with reduced ejection fraction.

## 1. Introduction

Chronic heart failure (CHF) is the primary endpoint of various cardiovascular disorders, including atherosclerosis, ischemic cardiomyopathies, familial cardiomyopathies, valvular-induced myocardial pathologies, as well as arterial hypertension [1, 2]. Appropriate use of biomarkers in clinical diagnosis is important for identifying heart failure (HF) in its early stage [3]. Experimental studies have demonstrated

that stabilization of  $\text{Ca}^{2+}$  cycling abnormalities in cardiomyocytes is very important in the pathophysiology of HF [4, 5]. SERCA2a is an important determinant of cardiac contractility and is responsible for  $\text{Ca}^{2+}$  re-uptake from cytosol during excitation-contraction coupling. Series of studies demonstrated the reduced expression or activity of SERCA2a is one of the hallmarks of heart failure, which suggest that SERCA2a is an important potential therapeutic target for heart failure [6–11]. In this regard, the SERCA2a and its regulators have shown to be important targets for intervention on heart failure [7, 9, 12, 13].

MicroRNAs (miRNAs) are 20–25 nucleotides and their major function is to mediate post-transcriptional gene silencing [14, 15]. Preclinical research into miRNAs has shown their important role in the control of calcium cycling and the development of ventricular hypertrophy and heart failure [16]. In the past ten years, many studies have demonstrated that different miRNAs regulated heart failure by targeting SERCA2a, such as let-7, miR25, miR-133, miR-142, and many others [17–26]. In the present study, ten candidate miRNAs (Let-7a-5p, miR-24-3p, miR-25-3p, miR-133a-3p, miR-137-3p, miR-140-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p), which are potential targeting SERCA2a (Table 2), are reported as important regulators in heart failure by mediating myocardial infarction, cardiac hypertrophy, cardiomyocytes apoptosis, autophagy, experimental autoimmune myocarditis, cardiac fibrosis, as well as other heart-related diseases [23, 27–34]. However, the level of these miRNAs in chronic heart failure and the relationship between these miRNAs and the severity of CHF have not yet been demonstrated. This study was designed to investigate the expression of these miRNAs in CHF patients and to explore the relationship between candidate miRNAs and the severity of CHF.

Table 2  
MiRNAs information and target sites on ATP2A2 (SERCA2A)

| ID              | Accession    | Target sites on ATP2A2                     |   |
|-----------------|--------------|--|---|
| hsa-let-7a-5p   | MIMAT0000062 | ATP2A2 target region<br>Let-75-5p sequence | Position 490–497 of ATP2A2 3' UTR<br>5' ...CUGAGCAGAGUCUUGCUACCUCA...<br>     <br>3' UUGAUAUGUUGGAUGAUGGAGU   |
| hsa-miR-24-3p   | MIMAT0000080 | ATP2A2 target region<br>miR-24-3p sequence | Position 307–313 of ATP2A2 3' UTR<br>5' ...UAUAAAAAAAAUAGUUGAGCCAG...<br>     <br>3' GACAAGGACGACUUGACUCGGU   |
| hsa-miR-25-3p   | MIMAT0000081 | ATP2A2 target region<br>miR-25-3p sequence | Position 4450–4457 of ATP2A2 3' UTR 5' ...AGUAGACAGAUGUUGGUGCAAUA...<br>     <br>3' AGUCUGGCUCUGUUCACGUUAC    |
| hsa-miR-133a-3p | MIMAT0000427 | ATP2A2 target region<br>miR-25-3p sequence | Position 1143–1149 of ATP2A2 3' UTR<br>5' ...CUGUAAAUAGCACAUGACCAAU...<br>     <br>3' GUCGACCAACUCCCCUGGUUU   |
| hsa-miR-137-3p  | MIMAT0000429 | ATP2A2 target region<br>miR-25-3p sequence | Position 3820–3826 of ATP2A2 3' UTR<br>5' ...CUCUCUUUCCUUUCAGCAAUAC...<br>     <br>3' GAUGCGCAUAAGAAUUCGUUAUU |
| hsa-miR-140-3p  | MIMAT0004597 | ATP2A2 target region<br>miR-25-3p sequence | Position 1278–1284 of ATP2A2 3' UTR<br>5' ...CAUUAACAGUCCUAACUGUGGUG...<br>     <br>3' GGCACCAAGAUGGGACACCAU  |
| hsa-miR-141-3p  | MIMAT0000432 | ATP2A2 target region<br>miR-25-3p sequence | Position 265–271 of ATP2A2 3' UTR<br>5' ...AUGAAAAGCAUGUACAGUGUUC...<br>     <br>3' GGUAGAAAUGGUCUGUCACAAU    |



## 2.3 RNA Isolation, cDNA synthesis, and real-time PCR

All serum samples from the subjects in the three groups are extracted with the manufacturer's kit for total miRNA. MiRNA Reverse Transcription Kit was used for reverse transcription (RT) according to the manufacturer's recommendations. Briefly, 1 µg total mRNA was combined with dNTPs, MultiScribe™ reverse transcriptase, and the primer specific for the target miRNAs. The cDNA was diluted and used in PCR reactions. Realtime-PCR was performed according to the manufacturer's recommendation using the Bio-Rad CFX96.

## 2.4 Echocardiography

All patients with chronic heart failure underwent echocardiography for the detection of the heart function after admission. Echocardiographic examinations were performed by using an ACUSON SC2000 PRIME cardiac ultrasound system (SIEMENS Healthineers, Germany) equipped with a 3.5-MHz transducer. All the echocardiographic analysis was performed by an experienced clinical echocardiographer, who was blinded to the clinical information of the patients.

## 2.5 Statistical analysis

All the statistical calculations were performed using Graph Pad Prism 5.0 and data were presented as mean  $\pm$  S.E.M or as median with interquartile range, as appropriate. The one-way analysis of variance (ANOVA) with a Fisher's least significant difference was used to determine whether the fold changes in miRNA levels were statistically significant among the 3 groups or CHF subgroups formed according to the disease severity. Spearman correlation coefficients were computed to assess the correlations between NT-proBNP and miRNA levels. We also assessed the discrimination of miRNA levels with a fitted logistic model, via the receiver operating characteristic (ROC) curve.

## 3. Results

### 3.1 Clinical characteristics of the patients.

The baseline and clinical characteristics and demographics of the three groups are shown in Table 1. The healthy control group enrolled 25 healthy subjects, the non-heart failure group consisted 86 patients with cardiovascular disease but not heart failure, including coronary artery disease (CAD), congenital heart disease (CHD), dissection of the aorta, angina pectoris, arrhythmia, hypertension, or/and diabetes, and the CHF group consisted of 84 subjects. None-heart failure and CHF groups were similar regarding age, gender, diabetes, hypertension, smoking habits but different NT-proBNP, echocardiographic and clinical diagnosis. In CHF cases, 48 (57%) subjects had an ejection fraction (EF) lower than 45%, whereas 36 (43%) subjects had an EF more than 45%.

Table 1  
characteristics of patients.

|                    | Healthy group | None-Heart failure group | Chronic heart failure group |
|--------------------|---------------|--------------------------|-----------------------------|
| patients(n)        | 25            | 86                       | 84                          |
| Mean age, years    | 57.25 ± 14.36 | 53.89 ± 15.82            | 56.02 ± 12.99               |
| Sex, male/female   | 17/8          | 47/39                    | 46/38                       |
| NT-ProBNP, pg/ml   | 29.38 ± 4.28  | 50.38 ± 34.72            | 5182.61 ± 675.20**##        |
| Diabetes, %(n)     | NA            | 16(14)                   | 14(12)                      |
| Smokers, %(n)      | 48(12)        | 43(37)                   | 42(35)                      |
| Hypertension, %(n) | NA            | 55(47)                   | 54(45)                      |
| NYHA grade, %      |               |                          |                             |
| class II           | -             | -                        | 27                          |
| class III          | -             | -                        | 28                          |
| class IV           | -             | -                        | 29                          |
| LVEF               | 68.28 ± 1.32  | 67.91 ± 6.63             | 40.55 ± 7.69**##            |
| >45%               | -             | -                        | 36                          |
| <45%               | -             | -                        | 48                          |

## 3.2 Sequences and targeting sites of miRNA on SERCA2a.

As shown in Table 2, the sequences and binding sites of let-7a-5p, miR-24-3p, miR-25-3p, miR-133a-3p, miR-137-3p, miR-140-3p, miR-141-3p, miR-142-3p, miR-148a-3p and miR-153-3p on SERCA2a (ATP2a2) was shown. The potential targeting sites of corresponding miRNAs on SERCA2a was explored with Target Scan (<http://www.targetscan.org>).

## 3.3 Circulating levels of SERCA2a related miRNAs in three groups.

The fold changes of miRNAs in three different groups are shown in Fig. 1. Compared to the non-HF group and healthy group, CHF patients had significantly higher serum levels of let-7a-5p (Fig. 1A), miR-25-3p (Fig. 1C), and miR-140-3p (Fig. 1F). In contrast, the serum levels of other miRNAs, miR-24-3p, miR-133-3p, miR-137-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p showed little increase in CHF patients than other two groups, and no significant difference was found.

## 3.4 Diagnostic accuracy of let-7a-5p, miR-25-3p, and miR-140-3p in chronic heart failure patients.

The ROC curve analysis was applied to further determine the diagnostic accuracy of the three up-regulated miRNAs (let-7a-5p, miR-25-3p and miR-140-3p) in chronic heart failure. As shown in the Fig. 2, the miR140-3p showed the highest area under curve value (AUC: 0.8873; 95% confidence interval: 0.8360 to 0.9387;  $P < 0.0001$ ) (Fig. 2C) followed by miR-25-3p (AUC: 0.7556; 95% confidence interval: 0.6786 to 0.8345;  $P = 0.0008378$ ) (Fig. 2B) and let-7a-5p (AUC: 0.5774; 95% confidence interval: 0.4898 to 0.6650;  $P = 0.07980$ ) (Fig. 2A).

The Spearman correlation coefficient analysis was applied to further evaluate the relationship between candidate miRNAs and NT-proBNP levels. As shown in Fig. 3, the strongest positively correlation with NT-proBNP levels was observed for miR-140-3p ( $r = 0.4769$ ;  $P < 0.0001$ ) (Fig. 2F) followed by miR-25-3p ( $r = 0.4258$ ;  $P < 0.0001$ ) (Fig. 2D) and let-7a-5p ( $r = 0.1216$ ;  $P = 0.1186$ ) (Fig. 2E). These results indicated that miR-140-3p is more correlation with chronic heart failure than other SERCA2a related miRNAs.

### 3.5 Circulating miR-140-3p levels & disease severity

To investigate whether three up-expressed miRNAs are related to chronic heart failure severity or etiology, we categorized CHF patients according to their EF or NYHA class. Levels of circulating miR140-3p (Fig. 3C) were higher in subjects with EF of  $< 45\%$ , compared to subjects with EF of  $> 45\%$ , while the levels of circulating let-7a-5p (Fig. 3A) and miR-25-3p (Fig. 3B) were slightly higher in subjects with EF of  $< 45\%$ , but this did not reach statistical significance. We also compared the levels of let-7a-5p (Fig. 3D), miR-25-3p (Fig. 3E), and miR-140-3p (Fig. 3F) in CHF patients with or without hypertension. The levels of let-7a-5p, miR-25-3p, and miR-140-3p showed no significant difference between none hypertension and hypertension CHF patients.

In order to explore the relationship between the severity of heart failure and the levels of three miRNAs, we compared the levels of three miRNAs in patients with different NYHA grade. The results showed that circulating levels of miR-140-3p (Fig. 4C) and miR-25-3p (Fig. 4B) increased with increasing NYHA class ( $P < 0.05$ ), except let-7a-5p (Fig. 4A). We also explored the expression of miR-140-5p in CHF patients who have been treated and the heart function has improved. Interestingly, only the level of miR-140-5p was significantly decreased after the heart function was improved (Fig. 4F). These results indicated that the circulating levels of miR140-3p may be related to heart failure severity.

## 4. Discussion

Chronic heart failure (HF) is a global pandemic affecting millions of people worldwide [35]. Prediction of the of CHF patients is still a challenging task even using many clinical predictors [36]. Changed of  $\text{Ca}^{2+}$  homeostasis is an important feature of HF. SERCA2a is a transmembrane protein with a molecular mass of 110 kDa that can be divided into 3 distinct regions, which plays an important role in regulating  $\text{Ca}^{2+}$  levels in cardiomyocytes [37]. Reduced SERCA2a expression and/or activity are at least partly responsible for dysregulation of cellular  $\text{Ca}^{2+}$  homeostasis in heart failure [38].

Recently, several miRNAs have gained attention as potential biomarkers for personalized healthcare of patients with heart failure [39–42]. A series of studies have demonstrated that miR-24-3p, miR-133a-3p, miR-137-3p, miR-141-3p, miR-142-3p, miR-148a-3p and miR-153-3p are important regulators in several cardiovascular disease, which have an identical SERCA2a. For example, miR-24 regulates cardiac fibrosis [30], cardiac hypertrophy [43], myocardial infarction [44], cardiomyocytes apoptosis [45], and many other cardiovascular-related disease [46–48]. MiR-133 was reported to be associated with signs of heart failure in patients undergoing coronary bypass surgery [49], arrhythmogenesis in heart failure [21], modulating myocardial matrix remodeling [50], and regulating SERCA2a in congestive heart failure [17]. Alterations in the levels of several miRNAs (miR-1, miR-21, and miR-133) have been observed in human failing myocardium [51]. MiR-137 plays an important role in the pathophysiology of heart failure and reverse remodeling during mechanical support [28]. MiR-141-3p binds to STAT4 and suppresses its expression and regulates inflammation in experimental autoimmune myocarditis [29]. MiR-148-3p expression is altered in diabetic *Ins2<sup>+/-</sup>* Akita hearts [34]. MiR-153 was demonstrated as a regulator on cardiomyocytes autophagy [24] and on cardiac hypertrophy [33]. However, in the present study, the circulating levels of miR-24-3p, miR-133a-3p, miR-137-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p in chronic heart failure patients did not show significant alternation compared to non-HF patients or the healthy subjects. Interestingly, three candidate miRNAs (let-7a-5p, miR-25-3p, and miR-140-3p) showed a significant increase in CHF patients. Then, we explored the potential roles of these miRNAs as a novel biomarker for heart failure. Interestingly, the results found that the miR-140-3p levels, but not let-7a-5p and miR-25, in receiver operating characteristic curve (ROC) analysis shows a high AUC value, and the correlation between miR-140-3p and NT-proBNP present highest correlations compared to other studies. The value of ROC and the correlation value between NT-proBNP and miR-140-3p is higher than the previous studies of miR-423-5p [52] and miR-210 [53, 54] respectively in heart failure-related studies.

Let-7i is reported to be a biomarker for dilated cardiomyopathy [19]. Other previous studies have reported let-7 s regulates hypoxia-mediated cardiomyocytes apoptosis [55], cardiac dysfunction after myocardial infarction [27], or myocardial remodeling post-infarction in mice [56]. In the present study, we found that although the expression of let-7 is significantly increased in the serum of CHF patients, the ROC value is only 0.5774 and the r-value of the correlation between let-7 and NT-proBNP is only 0.1216, which is most less than these values of miR-140-3p and indicates that let-7 have not much correlation on CHF.

Multiple studies have demonstrated that inhibition of miR-25 improves cardiac contractility in the failing heart by targeting on SERCA2a [18, 20, 57, 58] or Six 1 [26]. Another study found a combination of miR-19b-5p, miR-221, miR-25-5p, and hypertension correlates with an increased heart failure risk in coronary heart disease patients [59]. However, there is not any study explored the expression of miR-25 in the serum of CHF patients. Our results showed that although the expression level of miR-25 is significantly increased in CHF patients compared to the non-heart failure patients or the healthy subjects, miR-25 may not be a predictor for CHF because there is little correlation value between the miR-25 expression and NT-proBNP.

Two previous studies have reported miR-140 plays important roles in cardiovascular diseases. One study found miR-140 is elevated in the right ventricles of pulmonary arterial hypertension rats and plays an important role in the pathogenesis of PAH-associated right ventricular dysfunction [22]. The other study explored the potential biomarker in heart failure patients, they found the failing heart released let-7b-5p, let-7c-5p, let-7e-5p, miR-122-5p, and miR-21-5p, and absorbed miR-16-5p, miR-17-5p, miR-27a-3p, miR-30a-5p, miR-30d-5p, miR-30e-5p, miR-130a-3p, miR-140-5p, miR-199a-5p, and miR-451a [60], but there was no in-depth study explored. Interestingly, in our present study, we found the circulating level of miR-140-3p significantly increased in CHF patients and shows more correlation between the expression level of miR-140-3p and NT-proBNP, and miR-140-3p shows more expression levels in LVEF < 45% and NYHA IV patients than others, which may explain the important role of miR-140 in regulating the progress of right ventricular dysfunction in the previous study [22]. More importantly, we also found the levels of miR-140-3p in NYHA IV patients can decrease along with the heart function improved, which means miR-140-3p may be an important heart failure indicator. These results indicated that miR-140-3p may be a novel biomarker for chronic heart failure patients.

Collectively, in the present study, we explored the expression of ten candidate miRNAs in CHF patients (let-7a-5p, miR-25, miR-24-3p, miR-133a-3p, miR-137-3p, miR-140-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p) which have the same target on the heart failure regulator SERCA2a. The results found that the expression of miR-24-3p, miR-133a-3p, miR-137-3p, miR-141-3p, miR-142-3p, miR-148a-3p, and miR-153-3p showed no alternation in CHF patients compared to other cardiovascular diseases patients and healthy subjects. The expression of let-7a-5p, miR-25-3p, and miR-140-3p showed an increase in CHF patients, and only miR-140-3p appear to be a biomarker for the diagnosis of CHF and the severity of chronic heart failure. However, the limitation of our studies is obviously that there are not enough numbers of subjects to prove our results and find. Larger numbers of clinical series are needed to verify for our conclusion.

## Declarations

**Ethics approval and consent to participate:** The experimental protocol was established, according to the ethical guidelines of the Helsinki Declaration and was approved by the Human Ethics Committee of Xiamen cardiovascular Hospital, Xiamen University. Written informed consent was obtained from individual or guardian participants.

**Consent to Publish:** All the authors agree to publish the article in the journal.

**Availability of data and materials:** The datasets used and/or analyzed during the current study available from the corresponding author on reasonable request.

**Competing interests:** None declared.

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**Author's Contributions:** G.L. conceived and designed the experiments; W.Y.W., T.Y., H.F.Q. performed the study; G.L., and X.X.Z., analyzed the data and wrote the paper; All the authors approved the submission.

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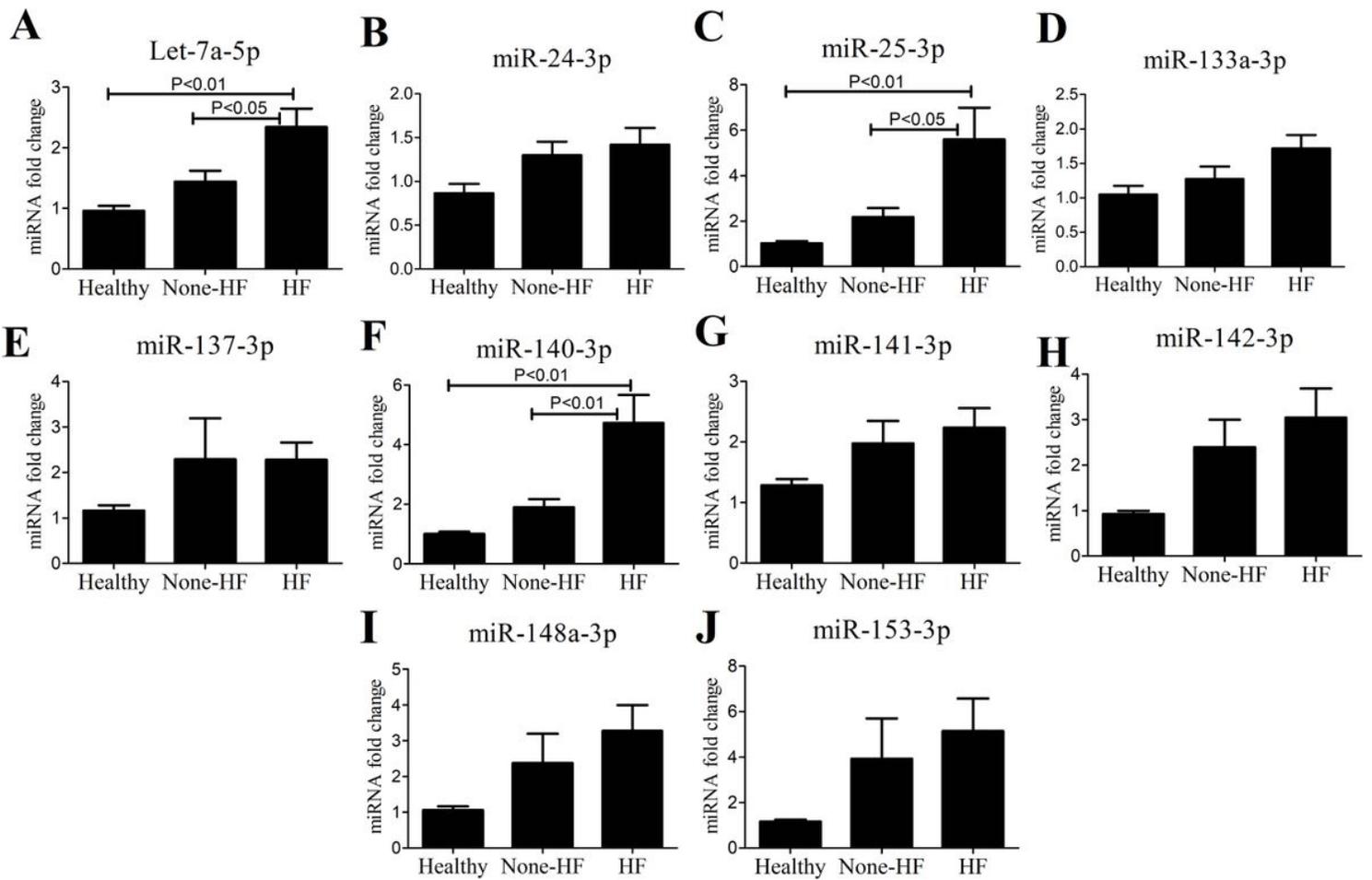
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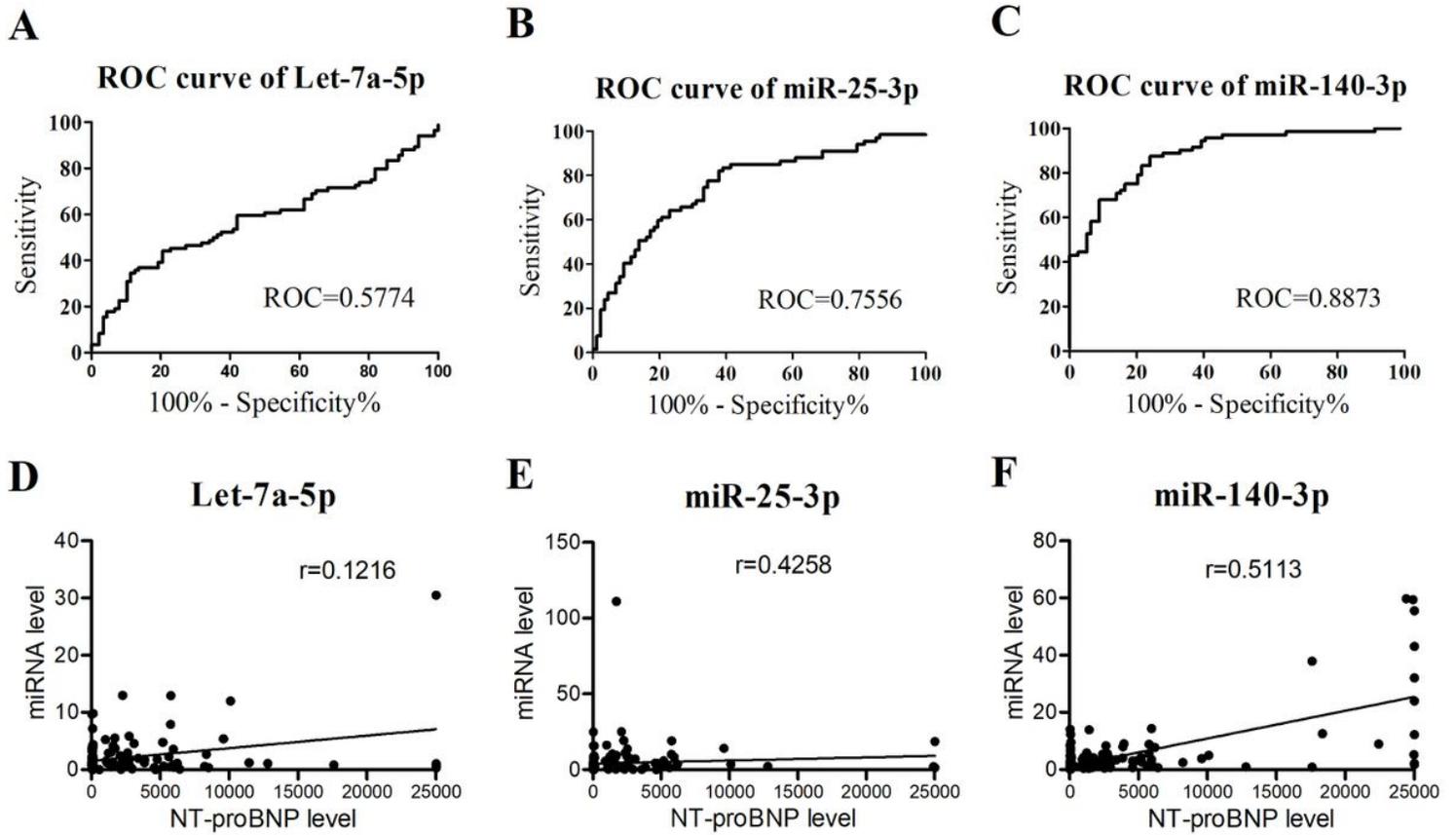
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## Figures



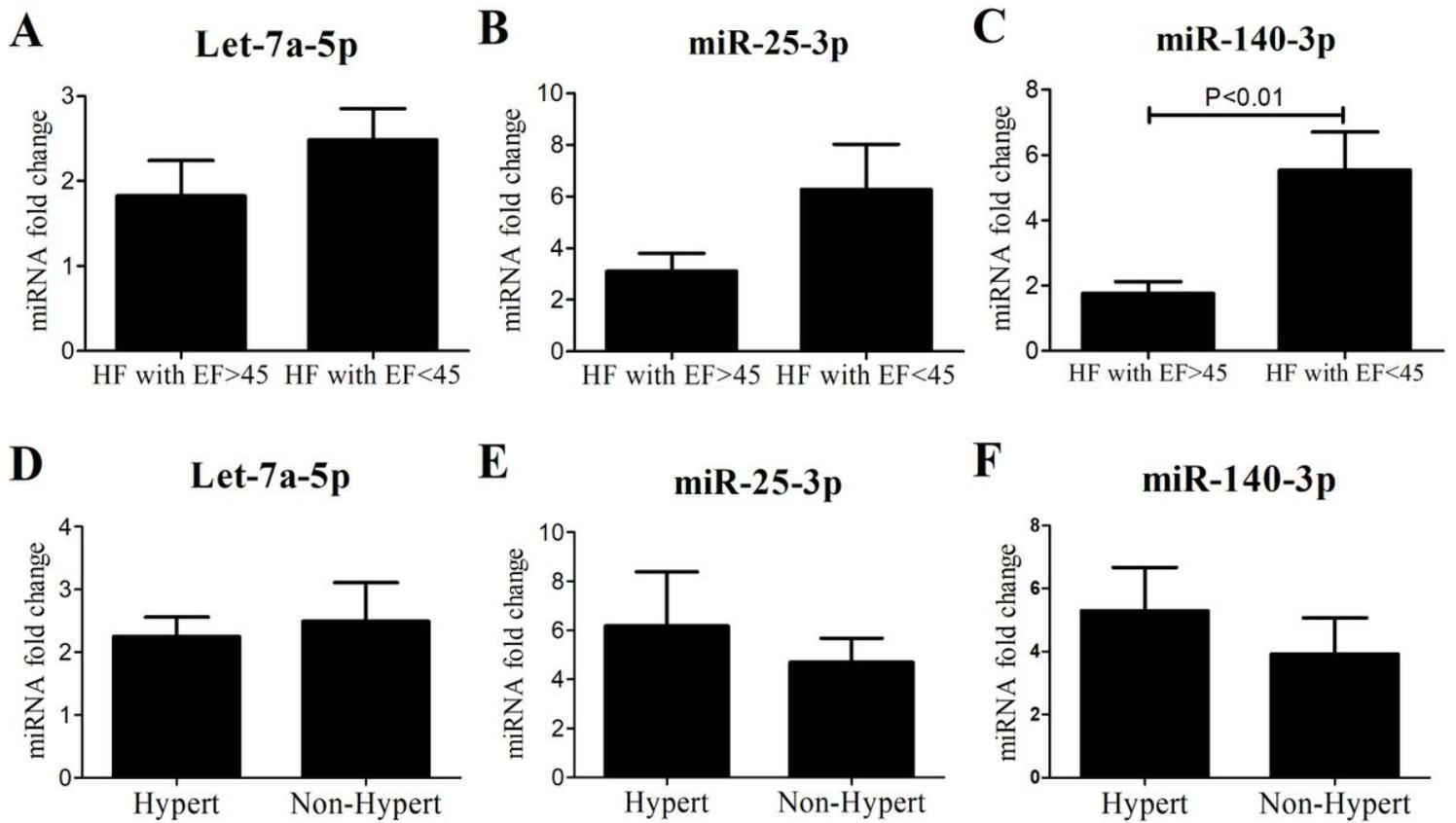
**Figure 1**

Expression profiling of the candidate miRNAs. Circulating levels of let-7a-5p (A), miR-24-3p (B), miR-25-3p (C), miR-133a-3p (D), miR-137-3p (E), miR-140-3p (F), miR-141-3p (G), miR-142-3p (H), miR-148-3p (I) and miR-153-3p (J) in healthy group (Healthy), none-chronic heart failure patients group (none-HF) and chronic heart failure group (HF) of subjects. Data are presented as means  $\pm$  SEM.



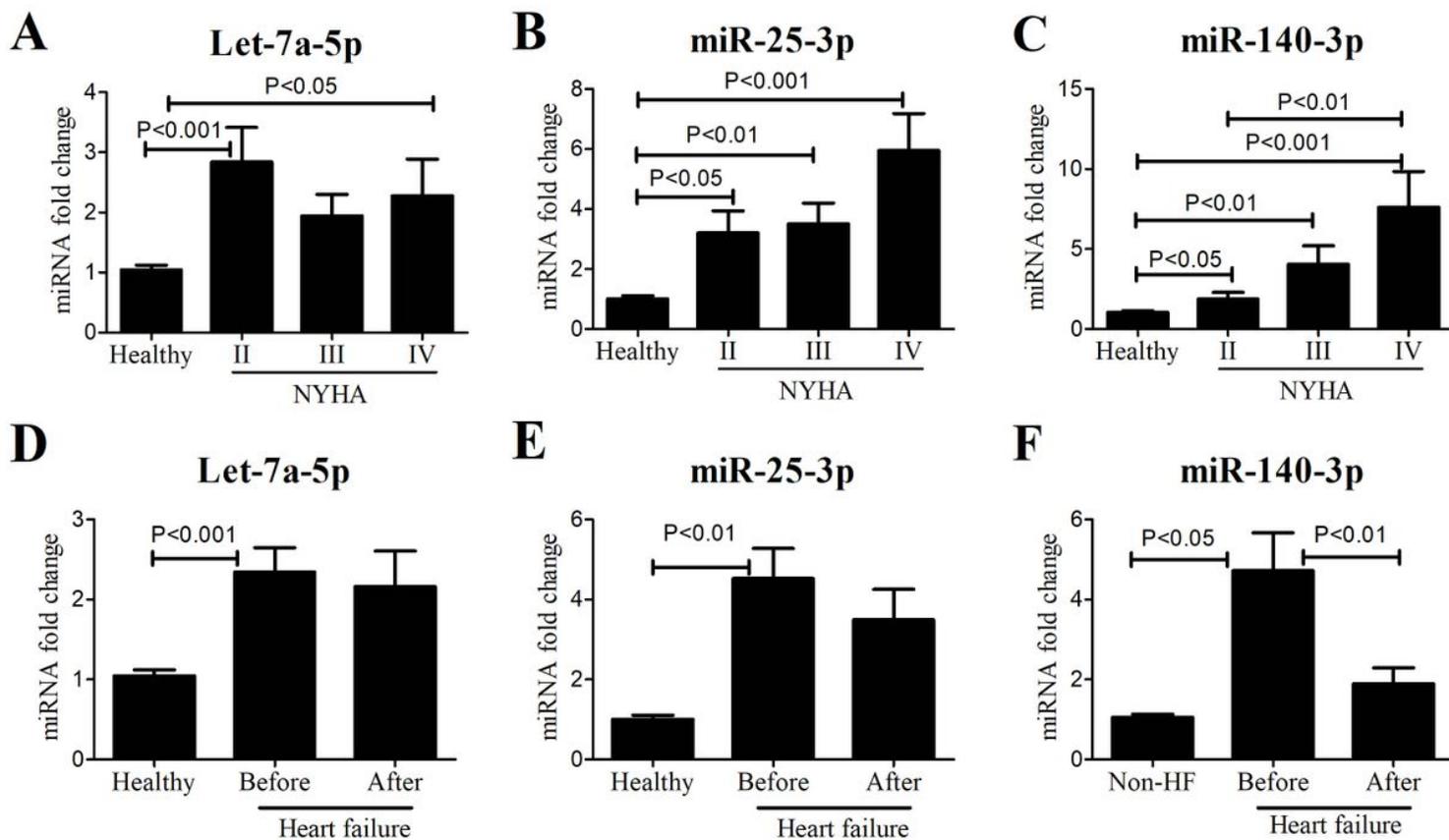
**Figure 2**

The receiver operating characteristic (ROC) curve analysis and correlations between NT-proBNP and miRNAs levels. The ROC analysis showed among the let-7a-5p (A), miR-25-3p (B) and miR-140-3p (C). The correlation between NT-proBNP and miRNAs levels was observed for let-7a-5p (D), miR-25-3p (E) and miR-140-3p (F).



**Figure 3**

Comparison of miRNAs levels of CHF patients according to their LVEF values and with or without hypertension. The circulation expression of let-7a-5p (D), miR-25-3p (E) and miR-140-3p (F) were respectively shown between patients with a LVEF  $\leq$  45% (n=53) and those who had a LVEF > 45% (n=31), and the levels of let-7a-5p (D), miR-25-3p (E) and miR-140-3p (F) in CHF patients with or without hypertension. Data are presented as means  $\pm$  SEM.



**Figure 4**

Comparison of miRNAs levels of CHF patients with different NYHA grades, and before or after treatment of NYHA IV CHF patients. CHF patients with NYHA class II (n=27), III (n=28) and IV (n=28) were compared to healthy subjects among let-7a-5p (A), miR-25-3p (B) and miR-140-3p (C). The levels of let-7a-5p (D), miR-25-3p (E), and miR-140-3p (F) of 20 NYHA IV patients, who were treated and with improved heart functions, were compared to healthy subjects in NYHA IV CHF patients before or after treatment. Data are presented as means  $\pm$  SEM.