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1 Robust acceleration of Earth system heating observed over the

2 past six decades

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8 Abstract

9 Global heating of the Earth system is unequivocal. However, detecting an acceleration of Earth 10 heating has remained elusive to date, despite suggestive evidence of a potential increase in 11 heating rates. In this study, we demonstrate that since 1960, the warming of the world ocean has 12 accelerated at a relatively consistent pace of 0.15 ± 0.02 W/m²/decade, while the land, cryosphere, 13 and atmosphere have exhibited an acceleration pace of 0.013±0.002 W/m²/decade. This has led 14 to a substantial increase in ocean warming, with a magnitude of 0.82 ± 0.47 W/m² between the 15 decades 1960-1970 and 2010-2020, which overlays significant decadal-scale variability in ocean 16 warming of up to 0.6 W/m^2 . Our findings withstand a wide range of sensitivity analyses and are 17 consistent across different observation-based datasets. The long-term acceleration of Earth 18 warming aligns qualitatively with the rise in CO₂ concentrations and the decline in aerosol 19 concentration during the same period, but further investigations are necessary to properly 20 attribute these changes.

21 In the past 150 years, Earth's climate has been warming at a rate that is unprecedented in at least 22 the last 2000 years¹. This human-caused warming has caused widespread adverse impacts and 23 related losses and damages to nature and people, which will continue in the future as global 24 climate continues to warm². Detecting changes in the rate of warming is crucial for informed 25 decision-making in international climate negotiations, with the aim of limiting global warming to 26 specific levels. However, it remains a significant challenge to detect such changes due to the 27 substantial internal variability of the climate system on a decadal scale (e.g., ref. ³). In this paper, 28 we address this challenge by examining the global heat accumulation rate across the entire 29 climate system, including the ocean, atmosphere, cryosphere, and land. By focusing on this 30 integrated view, rather than solely relying on changes in global mean surface temperature, we 31 can mitigate the impact of variability and gain a more comprehensive understanding^{4,5}.

32 Global heat accumulation in the climate system, resulting from the current positive Earth's Energy 33 Imbalance (EEI) at the top of the atmosphere, is primarily dominated by changes in Global Ocean 34 Heat Content (GOHC)⁴. GOHC changes account for approximately 90% of the total heat increase 35 in the past fifty years, while land heating, ice melting, and atmospheric warming contribute around 5%, 3%, and 1% respectively⁶⁻⁸. Several studies have indicated an increase in the global 36 37 heat accumulation rate in recent decades, with values rising from 0.5 $[0.32 \text{ to } 0.69] \text{ W/m}^2$ during 38 the period 1971–2006 to 0.79 [0.52 to 1.06] W/m² for the period 2006–2018 (ref.^{4,6-22} and Fig. 39 1). Some studies have even suggested a potential doubling of EEI in the last decade compared to 40 the previous one^{6,17}.

Despite this suggestive body of evidence, no study has conducted a comprehensive analysis and quantification of heat accumulation acceleration to date. While the results presented in Fig. 1 provide insights, they represent accumulation rates computed over varying time spans, with higher rates calculated over decadal periods and lower rates calculated over multi-decadal periods. This variation in time spans makes it challenging to make definitive statements about acceleration. Additionally, the utilisation of diverse datasets and methodologies can significantly 47 impact the calculated accumulation rates. Moreover, it is important to note that a change in rates 48 between two periods does not necessarily indicate acceleration, which would require the 49 detection of a positive second derivative. The only notable climate variable where acceleration 50 has previously been detected in past decades is Global Mean Sea Level (GMSL)²³⁻³⁰. This GMSL 51 acceleration has been attributed to factors such as increasing GOHC leading to thermal expansion 52 of seawater, declining land water storage, or increasing land ice melt^{25-27,31}

53 In this paper, we present the first observational-based quantification of the acceleration of Earth's 54 heat content. Our study adopts a systematic approach, incorporating multiple datasets and 55 employing various methods. We estimate the rate of change and acceleration of Earth's heat 56 content using a collection of GOHC time series derived from in-situ temperature data spanning 57 from 1960 to 2020. Additionally, we utilise ocean reanalyses data from 2005 to 2020 and satellite 58 altimetry and gravimetry data from 2002 to 2020. To complement our analysis, we also 59 incorporate non-ocean heat content time series covering the period from 1960 to 2020, and 60 compare our findings to observation of the net radiative flux at the top of the atmosphere (TOA) 61 spanning from 2001 to 2020.

62 Heat content rate of change

63 Several research groups have developed four-dimensional global ocean temperature datasets, which enable the estimation of GOHC. In this study, we utilise an ensemble of ten products (refer 64 65 to Table S2 for the exhaustive list and associated references) and take a systematic approach to 66 assess their consistency and discrepancies (see Methods section). We compare this ensemble 67 mean to three other estimates of GOHC based on the ensemble mean of three ocean reanalyses, 68 one satellite-derived estimate²⁰, and a composite ensemble⁷ of sixteen products developed within 69 the framework of the Global Climate Observing System (referred to as GCOS heat content). It 70 should be noted that not all products cover the same time period (see Fig. S1 and Table S2), and 71 we have aimed to maximise the number of products used for each discussed time period 72 throughout this paper.

73 None of these GOHC estimates can be considered flawless. The process of producing these 74 estimates is accompanied by significant challenges stemming from observational gaps, historical 75 changes in observational coverage, and potential sensor errors^{32–34}. Consequently, each research 76 group must make important assumptions regarding data quality control, data correction, and 77 strategies for filling spatio-temporal gaps. These assumptions collectively contribute to the 78 uncertainty associated with the reconstruction of the GOHC^{35–37}. Unfortunately, producers do not 79 always provide the GOHC uncertainty associated with their methodological choices (see Table 80 S2), commonly referred to as internal GOHC uncertainty³⁸. Alternatively, one can compute a 81 posteriori estimate of GOHC uncertainty by determining the ensemble spread of a set of products, 82 referred to as structural uncertainty³⁸⁻⁴¹. In this study, we aim to investigate how these different 83 estimates of uncertainty, as well as our chosen statistical methodology for inferring time-84 derivatives, can impact the computation of GOHC rates of change.

85 The IAP product⁴² (see Table S2) is one of the few that provides an estimation of its internal 86 uncertainty. We took this opportunity to compare the internal uncertainty estimate of the IAP 87 product with the structural uncertainty of the GCOS heat content^{6,7}. Additionally, we calculated 88 our own structural uncertainty based on our set of products. Both structural uncertainties 89 encompass the IAP internal uncertainty in the GOHC anomaly time series (Fig. 2a). When 90 propagated to determine the uncertainty of the GOHC rate of change, the structural uncertainty 91 also provides the largest uncertainty estimate (Fig. 2b). Consequently, for the remainder of this 92 study, we will employ the GOHC structural uncertainty in our calculations of GOHC rates of 93 change. Furthermore, we tested five different methods for computing GOHC rates of change (see 94 Methods section). Although the choice of method has minimal impact on the computed rate of 95 change itself, it does influence the associated uncertainty (Fig. 2c). Among the tested methods, 96 the Weighted Least Squares regression (WLS) suggests the largest uncertainty. As a 97 precautionary measure, we have selected to utilise this methodology for the remainder of this 98 paper.

99 Regardless of the methodological choice (Fig. 2), the specific product used, and the time period 100 considered within the past sixty years, all GOHC time series utilised in this study (Fig. 3), along 101 with their associated rates of change (Fig. 4 and Fig. S2), exhibit consistency within their 102 respective uncertainty ranges. This remarkable consistency instils high confidence in the finding 103 that the global ocean has experienced a warming rate of 0.65 ± 0.06 W/m², 0.69 ± 0.14 W/m², or 104 0.70 ± 0.08 W/m² during the period of 2006–2020, as indicated by the ensemble constructed in 105 this study, the GCOS ensemble, or the ensemble of ocean reanalysis, respectively (Fig. 4). Only the 106 indirect satellite-derived GOHC estimate suggests a slightly higher rate of change during the 107 period 2006–2020, reaching a value of 0.87±0.23 W/m² (Fig. 4). Nonetheless, all of these warming 108 rates for the period 2006-2020 are greater than rates computed over longer time periods, 109 particularly surpassing the rates for the period of 1993–2020, which stand at 0.61±0.04 W/m² 110 (or 0.61 ± 0.08 W/m² as estimated by GCOS), and significantly exceeding the rates for the period 111 of 1971–2020, which amount to 0.45±0.03 W/m² (0.48±0.04 W/m²).

112 Although the rates of heat content change for the land, atmosphere, and cryosphere are an order 113 of magnitude smaller than the rates for the ocean, all components exhibit higher rates when 114 focusing on more recent decades (Fig. 4). Importantly, this increased warming rate in shorter and 115 more recent time periods is observed to occur at a comparable pace in terms of the percentage of 116 increase across the different Earth system components. Compared to the period of 1971–2020, 117 the in-situ GOHC rate was higher by 34±11% (or 28±17% based on the GCOS estimate) in the 118 period of 1993–2020 and by 42±14% (or 44±29% based on the GCOS estimate) in the period of 119 2006–2020. The rate of change in heat content for the land component increased by a similar 120 proportion, with a percentage increase of $38\pm23\%$ and $51\pm75\%$ for the respective periods. The 121 percentage increase in the rate of change for the cryosphere and atmosphere is also comparable, 122 albeit slightly larger, at 60±20% and 117±46% for the atmosphere, and 56±47% and 64±129% 123 for the cryosphere (see also ref. ⁷).

124 The increase in the rate of GOHC as we focus on more recent periods aligns with the wide range 125 of estimates from individual published studies and international literature assessments (Fig. 1). 126 However, the precise time evolution of this increase and the impact of comparing periods of 127 different lengths, potentially affected by different processes, remain less clear. To address this, 128 we calculate the heat content rates over consistent 10-year periods using a moving window 129 spanning from 1960 to 2020 (Fig. 5). Despite a large error range in the early years of the time-130 series and significant decadal variability of up to 0.6 W/m², we observe a clear and steady low-131 frequency increase in the decadal GOHC rate from 1960 to 2020. The decadal GOHC rate has been 132 consistently rising since the 1960s, with an increase of $+0.82\pm0.47$ W/m² between the first decade 133 (1960-1970) and the last decade (2010-2020).

134 Heat content acceleration

135 Over the past 20 years, in addition to products based on ocean in-situ measurements, we have 136 access to other sources of evidence, such as ocean reanalysis and satellite data, which provide 137 estimates of ocean heat content and energy flux at the top of the atmosphere^{43,44} (Fig. 5). The 138 increase in Earth's decadal heat content rate estimated from these mostly independent sources 139 of observations is notably consistent and exhibits a clear upward trend (Fig. 4 and 5). This leads 140 us to the question: can we formally detect an acceleration of the total Earth's heat content using 141 the existing global climate observing system? To address this question, we employ a WLS 142 methodology to estimate acceleration, consistent with our computation of the rate of change (see 143 Methods). We calculate acceleration using a first-order linear fit to the 10-year moving-window 144 rate of change shown in Fig. 5, as well as a second-order quadratic fit to the annual GOHC 145 estimates shown in Fig. 3. We apply these two approaches to the ensemble of GOHC constructed 146 in this study and to the GCOS ensemble, resulting in four acceleration estimates and associated 147 uncertainties. All of these estimates robustly indicate a significant acceleration of GOHC since 148 1960, with an average rate (across the four estimates) of 0.15±0.02 W/m²/decade. Importantly, 149 this GOHC acceleration remains remarkably consistent when computed over different multidecadal time periods (Fig. 6). While not entirely independent, the consistency of the estimated acceleration when using slightly different methods, time periods, and observation-based ensembles enhances our confidence in the robustness of this multi-decadal GOHC acceleration. Similarly, acceleration of non-ocean heat content is also significantly detected over these multidecadal time periods at a rate of 0.013±0.002 W/m²/decade (green bars in Fig. 6).

155 The shorter the time period, the more sensitive the quadratic fit is to noise. As a result, the 156 uncertainties associated with the computed acceleration over the past two decades (2002–2020) 157 are much larger compared to when computed over a longer timespan (Fig. 6). Interestingly, 158 however, the computed in-situ GOHC acceleration over these two decades remains significant, 159 exceeding the standard error, and is notably larger than when computed over a longer timespan. 160 The 2002–2020 in-situ GOHC acceleration is estimated at 0.32 ± 0.19 W/m²/decade (same as 161 above: average across the four estimates), approximately double the value compared to the 1960-162 2020 in-situ GOHC acceleration estimate. This substantial in-situ GOHC acceleration estimate in 163 2002-2020 is supported by two independent estimates: one based on satellite-derived GOHC 164 $(0.42\pm0.41 \text{ W/m}^2/\text{decade})$ and the other on satellite-based energy flux at TOA (0.42\pm0.21) 165 W/m²/decade). However, our results also indicate that the acceleration estimates over two 166 decades, in contrast to estimates over longer periods, are sensitive to methodological choices. 167 This sensitivity prevents us from drawing firm conclusions regarding increased acceleration over 168 the past two decades (Fig. S4b, S5b and S6).

169 **Discussion**

Several recent studies have examined changes in GOHC rates over time^{16,17,20,45-47}. However, these studies have focused only on the most recent two decades and have not considered changes over a longer period of more than half a century, as we have done in this paper. Using different observational products and methodologies, these studies have estimated an increase in the energy flux at TOA at a rate of 0.42±0.23 W/m²/decade for the period 2000-2020 (ref. ⁴⁶), or a rate of 0.38±0.24 W/m²/decade for the period 2001-2020 (ref. ⁴⁵), and an increase in GOHC rates 176 of 0.43±0.40 W/m²/decade for the period 2005-2019 (ref. ¹⁷). These previous estimates align well 177 with our multi-product estimate of the acceleration of in-situ GOHC from 2002 to 2020, which is 178 0.32±0.19 W/m²/decade. However, it is worth noting that due to the relatively short time span, 179 the acceleration estimate and its associated uncertainty are sensitive to methodological choices. 180 In contrast, our methodology in this study allows us to present compelling evidence that the 181 acceleration of heat content in the Earth system began in the 1960s. GOHC has been steadily 182 accelerating at a rate of approximately 0.15±0.02 W/m²/decade since then, while other 183 components of the climate system have been accelerating at a rate of 0.013 ± 0.002 W/m²/decade.

184 At the multidecadal scale, our findings indicate that the acceleration of Earth's heat content since 185 the 1960s is robust to methodological choices and has remained relatively stable over a span of 186 forty years. This provides empirical evidence supporting the notion that the acceleration is a 187 result of long-term changes in the climate system. The observed multidecadal acceleration in heat 188 content accumulation in the Earth system is qualitatively consistent with the documented likely 189 increase in the rate of total anthropogenic effective radiative forcing since the 1970s, as estimated 190 in the most recent IPCC report⁴⁸. This increase is primarily attributed to the growing 191 concentrations of CO₂ and the declining concentrations of aerosols⁴⁸.

192 The rate at which heat accumulates in the Earth system is influenced by three main factors: 193 radiative forcing, physical climate feedback, and land or sea surface temperature, which can 194 modulate the intensity of feedback processes. Radiative forcing encompasses both natural factors 195 (such as solar radiation and volcanic activity) and human-induced factors (such as greenhouse 196 gas and aerosols emissions). The internal variability of the climate system can also affect this heat 197 budget by influencing land or sea surface temperatures^{45,49}. The extent to which the observed 198 increase in Earth's heat content rates over the past two decades can be attributed to internal variability or forced by human activities has been a subject of debate^{17,45}. The in-situ ocean 199 observation products presented in this study show variability in heat accumulation at a decadal 200 201 scale, reaching up to 0.6 W/m^2 , but the causality behind these variations remains unclear. The

role of internal variability^{49,50}, changes in anthropogenic forcing⁴⁵, and the presence of
 uncertainties or undetected biases in the observing system^{35,51,52} in explaining these changes still
 require further investigation.

205 In the past two decades, there is some indication that the acceleration of GOHC has increased 206 compared to the previous sixty years, although this finding is sensitive to methodological choices. 207 Raghuraman et al. (2021)⁴⁵, using climate model experiments, suggested that it is highly unlikely 208 for the observed 2001-2020 trend in TOA net radiative flux to be solely explained by internal 209 variability. However, they did propose that internal variability could contribute up to ± 0.19 210 W/m^2 /decade over a 20-year period. Therefore, the possible increased acceleration over the past 211 twenty years may result from the combination of internal variability in the climate system 212 superimposed on the lower-frequency acceleration induced by human activities since the 1960s. 213 However, there are also alternative possible explanations that suggest that the acceleration of the 214 past twenty years could be linked to factors such as a significant rise in radiative forcing due to 215 decreased aerosol concentration^{47,53–55}, and changes in clouds and sea-ice leading to reduced 216 climate feedback^{17,55}. Combined, these effects could induce a recent increase in rate of 217 acceleration. To better quantify, understand and attribute this potential recent increase in 218 acceleration, further investigation and quantification are needed.

219 Although consistent within their uncertainty ranges, it is worth noting a noticeable difference of 220 0.11 W/m²/decade between the central estimate of acceleration derived from in-situ ocean 221 observation products $(0.32\pm0.19 \text{ W/m}^2/\text{decade})$ and those obtained from remote sensing, such 222 as satellite-derived ocean heat content (0.42±0.41 W/m²/decade) or satellite-based energy net 223 flux at the top of the atmosphere (0.42 ± 0.21 W/m²/decade). We should interpret this difference 224 cautiously, considering that it is smaller than the uncertainty associated with each individual 225 estimate. Nonetheless, it does raise questions and emphasises the distinction among the various 226 products used in this study. An important factor contributing to the difference between these 227 products is their spatial coverage. While the satellite-based energy flux estimate encompasses the

228 entire globe, satellite-based ocean heat content excludes latitudes greater than 66°, and ocean in-229 situ products exclude regions beyond latitudes greater than 60° and the ocean below 2000 m 230 depth. Consequently, we need to consider the potential impact of these different spatial coverages 231 on our results. When we remove high latitudes poleward of 60° from our estimate of energy flux 232 at TOA, the acceleration estimate is reduced by approximately 15%, bringing it closer to the ocean 233 in-situ estimate. However, it is worth noting that satellite-based ocean heat content, which also 234 excludes polar regions, still produces an acceleration estimate consistent with the energy flux at 235 TOA. Therefore, a more plausible factor contributing to the difference may lie in the contribution 236 of the deep ocean below 2000 m. Due to the lack of in-situ ocean coverage below 2000 m, we are 237 unable to quantify the acceleration in this part of the ocean globally. However, one study has 238 reported acceleration of deep ocean warming below 2000 m in the South Pacific Ocean⁵⁶. 239 Additionally, Bagnell and DeVries (2021)¹⁸ attempted to reconstruct global deep ocean 240 temperature change over the past century and demonstrated a significant increase in the rate of 241 deep ocean warming from the 1990s-2000s, following a cooling phase that may have delayed the 242 acceleration of full-depth GOHC.

243 Our findings are based on a comprehensive set of products derived from complex datasets that 244 have inherent limitations in their coverage of vast ocean areas. Dealing with errors and 245 uncertainties presents a significant challenge, especially when detecting trends and acceleration³. 246 In this study, we have addressed these challenges by testing our results using various approaches 247 to represent and propagate uncertainties in trends and acceleration (see Supplementary 248 Information). Furthermore, we have included a diverse range of products, each employing 249 different methodologies to construct their datasets. Through extensive sensitivity analyses, our 250 results have consistently shown robustness, thereby increasing confidence in their validity. 251 However, it is important to acknowledge that uncertainties persist, particularly concerning the 252 limitations of the observing system during the early years of the analysed period^{35,57}.

10

253 We reveal a previously uncharted acceleration of the GOHC since the 1960s. These observations 254 serve as crucial indicators of climate change and play a vital role in enhancing our understanding 255 of the Earth's response to human activities. In addition to quantifying the acceleration, our 256 findings highlight the consistent insights provided by the current global climate observing system 257 into past changes in Earth's heat content. It is imperative to prioritise the maintenance and improvement of the global climate observing system to ensure its continued effectiveness in 258 259 monitoring climate change in the future⁷. Furthermore, expanding the coverage of the global 260 climate observing system to currently undersampled ocean regions and addressing data gaps in 261 non-ocean components^{6,7} would enable more refined analyses of acceleration in ocean warming 262 and reduce uncertainties in detecting and attributing global climate change.



263

Figure 1 | Assessment of observation-based Earth's Energy Imbalance (EEI) absolute values as available in literature, considering various approaches and time periods (refer to table S1 for references). The black dots highlight the EEI values derived from an international assessment conducted within the Global Climate Observing System⁷ (GCOS) framework. Notably, these values show a significant agreement with the EEI values estimated in the latest IPCC report⁴, which are represented by the purple dots.



Figure 2 | Global Ocean Heat Content (GOHC) rate of change and its corresponding uncertainty estimates. (a) Comparison between structural and internal GOHC uncertainties. The GOHC from the IAP product⁴² is represented by the plain blue line, surrounded by its associated internal uncertainty, depicted by blue shading. The dashed blue lines indicate the structural uncertainties derived from this study, while the red dashed lines represent the structural uncertainties from the GCOS product⁷. (b) Sensitivity test on GOHC rate of change uncertainties calculations. The bars display two times the WLS regression standard errors using the internal IAP uncertainty (shown in blue) and the structural GOHC uncertainty from this

- study (indicated by dashed blue), as well as the GCOS product (depicted by dashed red). (c) Sensitivity test
- 278 on GOHC trends computation for different decades. Five methods are evaluated on the GOHC time series
- for the IAP product : WLS (medium blue), OLS (purple), OLS+AC (light blue), LOWESS (red), QUADRATIC
- 280 (yellow). Further information on these methods can be found in the Methods section. All uncertainties are
- 281 shown at the 95% confidence level $(\pm 2\sigma)$.



283 Figure 3 | Time evolution of Global Ocean Heat Content (GOHC) anomalies. This study's in-situ 284 estimates of GOHC are represented by the blue dashed curve for individual products and the bold blue 285 curve for the ensemble mean. These estimates are compared to the GOHC from GCOS⁷ (red curve), as well 286 as reanalyses (pink curve) and satellite estimates²⁰ (MOHHeaCAN; orange curve). The shadings on the 287 graph indicate the structural GOHC uncertainties from this study (blue shading), GCOS (red shading), and 288 reanalyses (pink shading). Additionally, the orange shading represents the internal uncertainty 289 corresponding to the satellite-based GOHC estimate²⁰. All uncertainties are depicted at the 95% confidence 290 level $(\pm 2\sigma)$. The anomalies are presented relative to a baseline period of 2005-2020 (refer to the Methods 291 section for detailed information on the GOHC processing). Refer to Table S2 for product references and 292 additional details.







Figure 5 | 1960-2020 time evolution of decadal heating rates of the Earth. The in-situ 303 304 estimates of ocean heating rates are represented for each individual product (blue dashed curve, 305 refer to Table S2 for references) and for the ensemble mean (bold blue curve). These estimates 306 are compared to GCOS⁷ (bold red curve), reanalyses (pink curve) and satellite²⁰ (MOHeaCAN; 307 orange curve) ocean heating rates. Non-ocean heating rates (green curve) are computed from 308 GCOS heat content time series⁷, and equal to the sum of atmosphere, land and cryosphere heating 309 rates. The 10-year means of the top-of-atmosphere (TOA) net radiative flux (black curve) are 310 anchored on the 2005-2020 Earth Heat Inventory (EHI) trend of 0.75±0.17 W/m² (refer to the 311 Methods section for detailed information on TOA net flux anchoring). Heating rates and 312 associated uncertainties are computed from WLS regression and are relative to the Earth's 313 surface at the top-of-atmosphere (as described in the Methods section). The uncertainties are 314 shown at the 95% confidence level $(\pm 2\sigma)$ for all estimates except TOA net radiative flux, where uncertainties of ±0.1 W/m² have been reported⁴³. The black triangles indicate major volcanic 315

- 316 eruptions that have occurred since 1960. In the context of the heating rates, a positive value
- 317 indicates that the Earth system is experiencing warming, while a negative value is associated with
- 318 a cooling.



320 Figure 6 | Earth system heating acceleration. The acceleration rates are estimated using alinear in time 321 WLS regressions of the decadal heating rate time-series (dark bars) and from a quadratic in time WLS 322 regression of the annual GOHC time-series (light bars) (see Methods section). The in-situ ocean estimates 323 from this study (blue bars) are compared to GCOS ocean estimates⁷ (red bars), and satellite ocean 324 estimates²⁰ (MOHeaCAN; orange bars). The non-ocean components (green bars) are estimated by summing 325 the atmosphere, land and cryosphere GCOS⁷ heat content time series. The top-of-atmosphere (TOA) 326 estimates of warming acceleration (bars with black contours) are computed from a linear OLS regression 327 accounting for autocorrelation^{17,46}, over global TOA net radiative flux (white bar) and near-global TOA net 328 radiative flux (which excludes latitudes higher than 60°, represented by the hatched white bar). 329 Uncertainties for all estimates are shown at the 95% confidence level $(\pm 2\sigma)$. A positive value indicates that 330 the heat content is accelerating, while a negative value suggests deceleration.

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463 Methods

464 In-situ GOHC timeseries

The global ocean heat content (GOHC) constitutes the major pillar (~90%) of the Earth heat inventory^{6,7}, and currently, its rates of change provide the most accurate estimate of the absolute value of the Earth's energy imbalance.

When the four-dimensional gridded temperature datasets were available (see Table S2), we computed the GOHC (in Joules) at each month *t* by integrating the temperature T between 0-2000 m over the global ocean surface, as follows:

471
$$GOHC(t) = \rho * C * \sum_{x} \sum_{y} \sum_{z} T(t, x, y, z) * h(x, y, z) * A(x, y),$$
(1)

472 where h is the layer thickness in metres, ρ =1030 kg/m³, the reference water density, C=3980 473 $J^{\circ}C/kg$, the heat capacity of water, and A, the grid cell area at longitude and latitude (x,y) in m². 474 We used a common mask for all gridded products, i.e., the most restrictive mask between all 475 products (here the IPRC product is the one which has the smaller ocean domain), after masking 476 the polar regions (i.e., poleward of 60° latitude) and shallow ocean areas (i.e., where bathymetry 477 is less than 300 metres). To account for deep ocean contribution (i.e., ocean below 2000 m), we 478 added a linear trend on GOHC time series of 0.97 ± 0.48 ZJ/year (0.06 ± 03 W/m²) from 1992 to 479 2020 (ref. ⁷). We then computed annual averages of GOHC and calculated the GOHC anomalies 480 relative to the 2005-2020 mean.

481 **TOA net flux anchoring**

The net radiative flux at the top of the atmosphere provides one of the most accurate estimates of the time evolution of the Earth's energy imbalance to-date, which can be determined to within 0.3 W/m²/decade (ref. ⁵⁸). However, its absolute value is more uncertain. For example, uncertainty resulting from calibration alone is 2 W/m² (ref. ⁵⁹). There are also other sources of uncertainties associated with radiance-to-flux conversion and time interpolation (~0.2 W/m² for each)⁵⁸⁻⁶⁰, or in assuming a 20 km reference level (0.1 W/m²)⁶¹. Currently, the net imbalance from the standard CERES data products is ~ 4.3 W/m² (ref. ⁴³) which is much larger than the expected EEI to be $0.5-1W/m^2$ (ref. ⁵). Therefore, to overcome this issue in its absolute value, the TOA net flux is commonly adjusted to be consistent with an estimate from ocean in-situ temperature change^{12,17}. We chose to offset the TOA net radiative flux time-series to match the Earth Heat Inventory rate of change over 2005-2020 estimated from the GCOS ensemble at 0.75 ± 0.17 W/m² (ref. ⁷), such that TOA net radiative flux mean value over the 2005-2020 period is equal with the GCOS trend value. Applying this offset allows us to plot the TOA net radiative flux time-series on the same axis as other estimates, and has no implication on the calculation of TOA net flux trends.

496 Heat content trend evaluation

There are many ways of estimating trends in a time series in the field of climate research (see for example the ref. ⁶²). We focus here on the most classical and often used techniques for estimating trends in the field of GOHC research. In Fig. 2, we tested the sensitivity of GOHC rates of change and its uncertainties to five methods which can be grouped into two types of calculations. One is based on a delta approach³⁸, and another one is based on a linear least squares approach (e.g., ref. ^{36,63-66}). These two approaches are described below.

503 **Delta approach**

504 For the delta approach, the change in heat content series y(t) over a specific period, Δy , is 505 calculated by subtracting the first value to the last value over a specific period. We then computed 506 the linear trend y_t over the same period by dividing the change (in Joules) by the length of the 507 period (in seconds). This method is widely used in the literature for estimating GOHC linear 508 trends (e.g., ref. ^{4,11,67}). To reduce the effect of high-frequency variability, data noise or changes in 509 the observing system, before computing the trend, we first smoothed the time series y(t), using a 510 weighted scatterplot smoothing approach^{7,57} (named LOWESS in Fig. 2), or a quadratic fit (named 511 QUADRATIC in Fig. 2).

To obtain an uncertainty range on our estimate of the rate of change, and to take into account the sensitivity of the calculation to interannual variability, we implemented a Monte-Carlo bootstrap to generate 1000 surrogates' series y_{random}(t), under the assumption of a given mean (our fitted time series $y_{fit}(t)$ ⁵⁷. Each surrogate $y_{random}(t)$ consists of the fitted time series $y_{fit}(t)$ plus a randomly generated residual which follows a normal (Gaussian) distribution of standard deviation equal to the uncertainty associated to the time series y(t). The surrogate is then smoothed with a LOWESS or QUADRATIC fit, and the trend is estimated from it. The 95% confidence interval for the linear trend y_t is calculated based on ± 2 times the standard deviation $(\pm 2-\sigma)$ of all 1000 rates of change $y_{random, t}$.

521 Linear Least Squares Approach

522 The Ordinary Least Square (OLS) approach is a classical method for estimating trends in key 523 climate variables such as global mean surface temperature (GMST), global mean sea level (GMSL) or GOHC (e.g., ref. ^{10,36}). The standard error of OLS regression can be adjusted to consider the 524 serial autocorrelation that can be very strong in the time series of climate variables, such as 525 526 GMST⁶⁸⁻⁷⁰ or radiative fluxes at the top of the atmosphere^{17,46}. However, the OLS regression does 527 not consider the uncertainty associated with the variable for which we aim to estimate the trend, 528 which is why some studies use other methods such as the Weighted Least Square (WLS) 529 regression (e.g., ref. ^{36,64–66}). In this study, we consider these types of regressions together, with 530 the aim of choosing the most suitable method for our case study in terms of approximating 531 uncertainties and trends.

We regressed the equation $y = \beta t + \varepsilon$, where y is the observed quantity (here the GOHC series), t is the time vector, β are unknown regression coefficients and ε are the associated errors which are assumed to be Gaussian with mean zero. The regression was performed using either an ordinary least squares (named OLS in Fig. 2), or a weighted least squares (named WLS in Fig. 2) regressions.

537 The OLS regression estimates β_{OLS} and their associated variances are given by the following 538 equations (ref. ⁶³):

539
$$\hat{\beta}_{OLS} = (X^T X)^{-1} X^T Y,$$
 (2)

28

540 and:

541
$$var(\hat{\beta}_{OLS}) = \hat{\sigma}^2 (X^T X)^{-1},$$
 (3)

542 where X is the design matrix (with ones in the first column and time values in the second column),

543 Y=y^{*T*}. In equation (3) $\hat{\sigma}$ is the standard error of the regression, computed as:

544
$$\hat{\sigma}^2 = \frac{1}{N-2} \times \sum_{i=1}^{N} e_i^{2}$$
, (4)

545 where N is the sample size, and *e* are the residuals of the regression.

To test the impact of accounting for autocorrelation in a time series, we adjusted the standard errors by replacing the sample size N in eq. 3 by an effective sample size N_e (this last method is named OLS+AC in Fig. 2). The effective sample size is computed following the methodology of Santer et al. (2008)⁶⁸, as $N_e = N \frac{1-\rho}{1+\rho}$, with ρ the lag-1 temporal autocorrelation coefficient of the regression residuals. We also used the OLS+AC approach to compute trends in TOA net radiative flux^{17,46}.

552 The only difference between OLS and OLS+AC regression is the standard error of the regression 553 (in other words, the standard error of the OLS+AC regression is the *adjusted* standard error of the 554 OLS regression), but the regression coefficients β remain the same.

555 The WLS regression estimates β_{WLS} and their associated variances are given by the following 556 equations (ref. ^{63,65}):

557
$$\hat{\beta}_{WLS} = (X'^T X')^{-1} X'^T Y', (5)$$

558 and:

559
$$Var(\hat{\beta}_{WLS}) = (X^T W X)^{-1},$$
 (6)

560 with:

561
$$W = diag(\frac{1}{w_{ii}^2}),$$
 (7)

562 where W is a weighting matrix in which w_{ii} are chosen to be the uncertainties associated to y (for

563 example the structural uncertainty of in-situ GOHC time series), $Y' = W^{\frac{1}{2}}Y$ and $X' = W^{\frac{1}{2}}X$.

564 The 95% confidence interval for the trend is calculated based on ± 2 times the standard error (\pm 565 2- σ) of the regression.

566 Heat content acceleration evaluation

In Fig. 6, we attempt two different methods to detect an acceleration of heat content. The first method consists of calculating two successive linear WLS regressions (dark bars in Fig. 6): the first WLS regression is computed on the heat content time series over a 10-year moving window (Fig. 5), using the heat content uncertainties as weighting matrix (see equation 7) and the second WLS regressions are performed over the period presented in Fig. 6, using the standard errors of the first WLS regressions as weighting matrix.

The second method consists of regressing a quadratic from the yearly heat content time series using a second-order WLS regression (i.e. we add a third column including a quadratic term t^2 in the design matrix X of equations 5 and 6) (light bars in Fig. 6), using the GOHC structural uncertainty as weighting matrix.

The two approaches should provide similar results, though with small differences, since the first
method would naturally smooth out interannual variability at periods shorter than 10 years but
might be more sensitive to noise from the multiple regressions applied.

580 **Reference surface**

To ensure consistency with TOA net radiative flux estimate, all the heat content trend and acceleration values are given relative to the Earth's surface at the top-of-atmosphere, S_{TOA} , computed as follows: $S_{TOA} = 4\pi (R_T + z_{TOA})^2$ with R_T the Earth's radius equals 6371 km, and z_{TOA} the altitude of the top-of-atmosphere equals 20 km^{20,61}.

585 Data availability

- All datasets used in this study are freely available and can be downloaded from websites listed in
- 587 Table S2.

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631 Contributions

- All subsequent analysis for this paper was performed by A.M. and supervised by K.v.S and J.-B.S.
- All authors contributed to interpreting the results and writing the manuscript.

634 **Ethics declarations**

635 Competing interests

636 The authors declare no competing interests.

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