

# Hepatocyte high-mobility group box 1 protects against steatosis and cellular stress during high fat diet feeding

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## Research article

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## Abstract

## Background

Circulating HMGB1 plays important roles in the pathogenesis of NAFLD. Intracellular HMGB1 is critical for the biology of hepatocytes. However, the intracellular role of HMGB1 in hepatocellular steatosis is unknown. Therefore, we aimed to investigate the role of hepatocyte-specific HMGB1 (HC-HMGB1) in development of hepatic steatosis.

## Methods

Wild type (WT) C57BL/6 and HC-HMGB1<sup>-/-</sup> mice were fed high-fat diet (HFD) or low-fat diet (LFD) for up to 16 weeks.

## Results

As expected, HMGB1 translocated from nuclear into cytoplasm and released into circulation after HFD treatment. HC-HMGB1 deficiency significantly reduced circulating HMGB1, suggesting that hepatocyte is a major source of circulating HMGB1 during NAFLD. Unexpectedly, HC-HMGB1 deficiency promoted rapid weight gain with enhanced hepatic fat deposition compared with WT at as early as 4 weeks after HFD treatment. Furthermore, there was no difference between WT and HC-HMGB1<sup>-/-</sup> mice in glucose tolerance, energy expenditure, liver damage or systemic inflammation. Interestingly, hepatic gene expression related to FFA β-oxidation was significantly down-regulated in HC-HMGB1<sup>-/-</sup> mice compared with WT, and ER-stress markers were significantly higher in livers of HC-HMGB1<sup>-/-</sup> mice. *In vitro* experiments using primary mouse hepatocytes showed absence of HMGB1 increased FFA-induced intracellular lipid accumulation, accompanied by increased ER-stress, significant downregulation of FFA β-oxidation, and reduced oxidative phosphorylation.

## Conclusions

Our findings suggest hepatocyte HMGB1 protects against dysregulated lipid metabolism via maintenance of β-oxidation and prevention of ER-stress. This represents a novel mechanism for HMGB1-regulation of hepatocellular steatosis, and suggests that stabilizing HMGB1 in hepatocytes may be effective strategies for prevention and treatment of NAFLD.

## Background

The global epidemic of nonalcoholic fatty liver disease (NAFLD) poses a drastic threat to public health systems because of its increasing incidence around the world, especially in Western countries. In the

United States, NAFLD one of the most common chronic liver conditions, affecting an estimated 80 to 100 million individuals (1). The condition covers a wide range of liver changes, from simple steatosis and non-alcoholic steatohepatitis (NASH) to liver cirrhosis and hepatocellular carcinoma (2). The hallmark of NAFLD is abnormal lipid accumulation in the liver. Patients with NAFLD are at increased risk of liver-related as well as cardiovascular mortality, and NAFLD is closely linked to metabolic comorbidities, including obesity, insulin resistance, type 2 diabetes and metabolic syndrome (3). Although much attention has focused on NAFLD in recent decades, its pathogenesis remains largely obscure.

High-mobility group box 1 (HMGB1) is a highly conserved, ubiquitous nuclear protein constitutively expressed in nearly all cell types (4). Absence of HMGB1 in global knockout mice is lethal within a few days of birth, with newborn knockout mice succumbing to hypoglycemia (5), although HMGB1 can be inducibly knocked out globally in adult mice (6), suggesting a specific role for HMGB1 in development and early metabolism. HMGB1 has separate intracellular and extracellular functions (7). Under physiologic conditions, as a structural component in the chromatin complex it is involved in maintaining DNA structure in the nucleus and influences multiple processes such as DNA binding, replication, repair and bending, and gene transcription and stability (8–10). In response to cellular stress HMGB1 is mobilized from the nucleus into the cytoplasm, where it can influence intracellular processes such as autophagy. HMGB1 can also be actively and passively released from cells where it can act as a pro-inflammatory damage-associated molecular pattern (DAMP) (11).

Recently, HMGB1 has been identified as a potent inflammatory mediator in several liver diseases (2), and mounting evidence indicates an important role of extracellular HMGB1 in the development of NAFLD (12). HMGB1 translocates from nucleus to cytoplasm in NAFLD (13), and circulating HMGB1 accelerates HFD-induced liver damage and inflammation during early stages of NAFLD (13). In addition, circulating HMGB1 level also correlates with the severity of inflammation and hepatic fibrosis associated with NAFLD (14, 15), and inhibition of HMGB1 release from hepatocytes, or treatment with neutralizing antibodies to HMGB1, attenuates liver damage during NAFLD (16). However, intracellular functions of HMGB1 in the pathogenesis of NAFLD are unexplored. We and others have observed that total HMGB1 in hepatocytes decreases in response to fatty acid stimulation (17). However, whether loss of intracellular HMGB1 in hepatocytes also plays a role in the pathogenesis of NAFLD is unclear.

We explored roles of hepatocyte-specific HMGB1 (HC-HMGB1) using cell-type specific knockout mice, generated using cre-lox technology (18), to mimic *in vivo* the loss of intracellular HMGB1. We found that HC-HMGB1<sup>-/-</sup> mice had early, rapid weight gain with significantly increased lipid accumulation compared with WT controls. Liver and hepatocytes from HC-HMGB1<sup>-/-</sup> mice also had increased evidence of endoplasmic reticulum (ER) stress, which was associated with decreased hepatic β-oxidation. Our findings uncover a novel role for intracellular HMGB1 in hepatocytes in the regulation of lipid metabolism.

## Methods

**Animal use and treatment.** All animal protocols were approved by the animal care and use committee of the University of Pittsburgh, and experiments were performed in strict adherence to the National Institutes of Health Guidelines for the Use of Laboratory Animals. Male wild-type (WT) C57BL/6 mice were purchased from The Jackson Laboratory (Bar Harbor, ME, USA). HC-HMGB1<sup>-/-</sup> mice were bred at our facility as described previously (18). Starting at 10 weeks of age, mice of similar starting weights were randomized to either get high-fat diet (HFD) (45%kcal%fat; Research diet, New Brunswick, NJ, USA) or low-fat diet (LFD) (10%kcal%fat; Research diet, New Brunswick, NJ, USA) for up to 16 weeks. Mouse weight and food intake were measured weekly. Housing conditions and access to food and water were the same for all mice. Mice were euthanized and blood was obtained by cardiac puncture. Liver was removed, rinsed with ice-cold saline and either immediately fixed in formalin or snap-frozen in liquid nitrogen.

**Body fat composition, energy expenditure and glucose tolerance test (GTT).** Whole-body fat was measured in conscious mice using magnetic resonance spectroscopy (EchoMRI-100; Echomedical Systems, Houston, TX) (19). To evaluate energy expenditure, O<sub>2</sub> consumption was monitored by The Comprehensive Lab Animal Monitoring System (CLAMS) (Columbus Instruments, Columbus, OH). Blood glucose was measured using a TRUEtrack blood glucose meter (TRIVIDIA, Fort Lauderdale, FL, USA) in blood collected from the tails of mice. Mice were fasted for 6h before the test with free access to water. Blood glucose was then measured just before the intraperitoneal glucose injection (1g/kg body wt in saline) and subsequently at 15, 30, 60, 90, and 120min post-administration.

**Biochemical analysis.** Serum alanine amino-transferase (ALT) levels were measured using the DRI-CHEM 4000 Chemistry Analyzer System (Heska, Des Moines, IA). Serum interleukin (IL)-6 levels in mice were detected by an enzyme-linked immunosorbent assay (ELISA) kit (R&D Systems, Minneapolis, MN). HMGB1 was quantified using by ELISA (IBL International Corp., Toronto, Ontario, Canada).

**Histology.** Specimens were fixed in 10% neutral buffered formalin, paraffin embedded, and sectioned. Hepatic lipid accumulation was evaluated using hematoxylin and eosin (H&E)-stained histological sections. All histology was assessed by an investigator blinded to treatment group.

**Immunofluorescent staining.** The whole animal was perfused with PBS. Followed by 2% paraformaldehyde. Tissue was then placed in 2% paraformaldehyde for an additional 2hrs of further fixation, followed by 3 changes in 30% sucrose in distilled water over 24 hrs. Tissue sections of 5 µm were incubated with 5% normal goat serum (NGS) for 45 min. Samples were incubated with 2 µg/ml HMGB1 (rabbit IgG, Abcam, ab18256) for 1 hr. Sections were then incubated with Alexa 488-conjugated F-actin phalloidin (1:500, Invitrogen, San Diego, CA, USA); Cy3-conjugated goat anti-rabbit IgG (1:1000, for anti-HMGB1 antibody, Jackson Immunoresearch 111-165-003) for 1 h. A Hoechst nuclear stain was applied for 30 s and slides were prepared for imaging. Imaging conditions were maintained at identical settings within each antibody-labeling experiment with original gating performed using the negative control. Large area images in X and Y using a Nikon A1 confocal microscope (purchased with 1S10OD019973-01 awarded to Dr. Simon C. Watkins).

**Mouse hepatocyte isolation and cell culture.** Primary mouse hepatocytes from WT and HC-HMGB1<sup>-/-</sup> mice were isolated and plated as previously described (20). Hepatocytes (150,000 cells/mL) were plated on gelatin-coated culture plates or coverslips precoated with Collagen I (BD Pharmingen, San Diego, CA) in Williams medium E with 10% calf serum, 15mM HEPES, 10<sup>-6</sup>M insulin, 2mM L-glutamine, 100U/mL penicillin, and 100U/mL streptomycin. Palmitic acid (PA; Sigma-Aldrich, St Louis, MO, USA)-induced fat accumulation *in vitro* in hepatocytes was established as previously described (13, 16, 21). PA was dissolved in 95% ethanol at 100mM stock solution, which was then mixed with Williams medium E containing 10% calf serum to 8mM stock concentration. PA concentration used ranged from 200 to 800µM, which is similar to fasting plasma total FFA concentration in human nonalcoholic steatohepatitis(22). Hepatocytes were allowed to attach to plates for 6h and prior to PA treatments cell culture media was changed to serum-free media for 12h. Isolated hepatocytes were exposed to tunicamycin (TM; Sigma-Aldrich) (2µg/mL for 6h) to induce ER stress, or pretreated with 4-phenylbutyric acid (PBA; Sigma-Aldrich) (200 M for 12h) to inhibit ER stress. olation of human hepatocytes

**Human hepatocytes isolation and culture.** Human hepatocytes were isolated from histologically normal liver and were kindly provided by Dr. David Geller (University of Pittsburgh Department of Surgery, Pittsburgh, PA) according to a protocol approved by the Institutional Review Board. Human hepatocytes were prepared by a three-step collagenase perfusion technique. Isolated human hepatocytes were cultured in William's medium E (Invitrogen Life Technologies) supplemented with 5 % calf serum (GE Healthcare Life Sciences), penicillin (100 U/ml), streptomycin (100 U/m l), 2 mM L-glutamine, and 15 mM HEPES.

**LDH Cytotoxicity Assay.** Culture medium from treated hepatocytes (50µl) was transferred to a 96-well plate and the LDH reaction was performed using Pierce LDH Cytotoxicity Assay Kit (Thermo Fisher Scientific, Waltham, MA, USA) following manufacturer's instructions. Absorbance at 680nm (background signal) was subtracted from the absorbance at 490nm. LDH activity was normalized to protein concentration and results are shown as fold of controls.

**Oil red O staining.** Hepatocytes from each experimental group plated in six-well plates were rinsed three times with PBS, fixed in 4% paraformaldehyde for 30min, stained for 60min at RT in freshly diluted oil red O, rinsed three times with PBS, redyed for 30sec in hematoxylin staining solution and rinsed with PBS twice. Intracellular lipid droplets were imaged with Nikon TS100 inverted microscope connected to a digital camera.

**Real-time RT-PCR analysis.** Total RNA was extracted from liver tissue or hepatocytes using RNeasy Mini Kit (Qiagen). mRNA for carnitine-palmitoyl transferase 1a (CPT-1a), medium-chain acyl-CoA dehydrogenase (MCAD), long-chain acyl-CoA dehydrogenase (LCAD), very-long chain acyl-CoA dehydrogenase (VLCAD), fatty acid synthase (FAS), lipoprotein lipase (LPL), sterol regulatory element-binding protein 1 (SREBP-1), peroxisome proliferator-activated receptor gamma (PPAR-γ), adipophilin, collagen type 1A1 (COL1A1), collagen type 1A2 (COL1A2), tissue inhibitors of metalloproteinases (TIMP), α-smooth muscle actin (α-SMA), stearoyl-CoA desaturase-1 (SCD-1), and b-actin were quantified in

triplicate by SYBR Green quantitative reverse-transcriptase polymerase chain reaction (RT-PCR). PCR reaction mixture was prepared using SYBR Green PCR Master Mix (Applied Biosystems, Foster City, CA), using above-described primers. See Supplemental Table for PCR primer sequences.

**Immunoblotting.** Western blot was performed using whole-cell lysates from either liver tissue or hepatocytes, as previously described (20). Membranes were incubated overnight with antibodies against Akt, phospho-Akt (p-Akt) (Ser473) (Cell Signaling), β-actin, GAPDH, ATF6 and CHOP (Abcam). Blot density was quantified using Image J.

**Statistical analysis.** Data are presented as mean ± standard error of mean (SEM). Experimental results are analyzed for their significance by Student's t-test. Significance was established at the 95% confidence level ( $P < 0.05$ ).

## Results

### ***HFD triggers HMGB1 loss in hepatocytes and increases serum HMGB1 level***

Extracellular HMGB1 has been identified as a mediator of HFD-induced liver damage and inflammation during the early stages of NAFLD (13). We examined HMGB1 expression, cellular location and release into circulation in HFD-fed mice. In WT mice as early as 2 weeks of HFD there was significant movement of HMGB1 into the cytoplasm and intercellular space of hepatocytes and this increased in a time-dependent manner. In contrast, HMGB1 remained in the nucleus of hepatocytes in the livers of LFD-treated WT mice (Fig.1A). Furthermore, serum HMGB1 levels increased 5 folds in HFD treated mice compared with LFD-treated mice after only 2 weeks of HFD, and this was maintained until 16 weeks (Fig.1B). Levels did not change over time in LFD treated WT mice. This confirms mobilization of HMGB1, and relative deficiency of HMGB1 in hepatocytes after HFD feeding. We also treated human and mouse hepatocytes with palmitic acid (PA), the most abundant fatty acid in HFD and in serum of NAFLD patients (23), and assessed HMGB1 levels. In both human and mouse cells HMGB1 levels decreased and HMGB1 levels in the culture medium increased with PA exposure, suggesting similar mobilization (Fig.1 C and D). These results indicate that hepatocytes loss of HMGB1 and HC-HMGB1 is a major source of circulating HMGB1 during the development of NAFLD.

### ***HC-HMGB1 deficiency promotes early HFD-induced weight gain and obesity***

Since HMGB1 is closely linked to obesity and obesity-induced inflammation (24), we monitored the weight changes of WT and HC-HMGB1<sup>-/-</sup> mice weekly. HFD steadily increased body weight of WT mice over the 16-week experiment compared with mice fed with LFD (Fig.2A). Interestingly, HC-HMGB1<sup>-/-</sup> mice showed rapid, early weight gain, particularly over the first 4 weeks of HFD feeding, and gained significantly more body weight than WT mice by 8 weeks (Fig.2A). However, weight of the HC-HMGB1<sup>-/-</sup> mice plateaued after 8 weeks and by 16 weeks were of similar weights to WT. The weight gain of HFD-fed HC-HMGB1<sup>-/-</sup> mice corresponded with increased body fat content (Fig.2B), suggesting altered lipid metabolism or storage.

## ***HC-HMGB1 deletion has no effects on glucose intolerance, food intake and energy expenditure***

Since obesity can lead to metabolic syndrome and hyperglycemia, we assessed glucose tolerance in both WT and HC-HMGB1<sup>-/-</sup> mice. Glucose intolerance (Fig.2C) was increased after HFD in both WT and HC-HMGB1<sup>-/-</sup> mice to a similar extent. The insulin signaling in hepatocytes from both genotypes was also analyzed by detecting phosphorylation of Akt, and we found that p-Akt was not affected by the knockout of HC-HMGB1 gene (Figure 2D-F). Dietary intake was also similar between WT and HC-HMGB1<sup>-/-</sup> mice throughout 16 weeks of HFD or LFD administration (Suppl.Fig.1A). We also assessed energy expenditure in both strains and found no significant differences in O<sub>2</sub> consumption (V<sub>O<sub>2</sub></sub>) between WT and HC-HMGB1<sup>-/-</sup> mice (Suppl.Fig.1B). These findings suggest that HC-HMGB1 may influence lipid metabolism in liver, and subsequent fat storage, without affecting systemic energy and glucose homeostasis.

## ***Increased hepatic steatosis and liver injury in HC-HMGB1<sup>-/-</sup> after HFD***

H&E-stained liver sections were next assessed for hepatic steatosis. HC-HMGB1<sup>-/-</sup> mice developed severe steatosis as early as 2 weeks after HFD, and this was maintained for up to 16 weeks (Fig.3A). WT mice showed evidence of fat accumulation in liver after 16 weeks of HFD, but this was less extensive than in HC-HMGB1<sup>-/-</sup> mice (Fig.3A). Interestingly HC-HMGB1<sup>-/-</sup> mice on LFD also showed increased fat accumulation by 16 weeks (Fig.3A), which further suggests deficiencies in hepatocyte lipid metabolism and storage with HMGB1-deficiency. Consistently, hepatocytes lacking HMGB1 had increased lipid deposition at 24 h after PA treatment compared with controls, as shown by Oil O Red staining (Fig.3C). Despite obvious increased hepatic steatosis in HC-HMGB1<sup>-/-</sup> mice early, serum levels of ALT (marker of liver injury) and IL-6 (systemic inflammation) were not significantly higher compared to controls mice until 16 weeks (Suppl.Fig.2 A&B). We also measured HMGB1 levels and found significantly lower levels of circulating HMGB1 in HC-HMGB1<sup>-/-</sup> mice compared with WT (Fig.3B), confirming the importance of liver and hepatocytes as sources of HMGB1 in the circulation. Given that circulating HMGB1 is a known inflammatory DAMP it may be that the HC-HMGB1<sup>-/-</sup> mice are relatively protected from systemic inflammation despite increased hepatocyte stress and damage from lipid accumulation. Indeed, using an *in vitro* assay we showed that HC-HMGB1<sup>-/-</sup> hepatocytes were more susceptible to PA-induced cell death (Fig.3D). These results indicate that loss of HMGB1 increases liver injury and cytotoxicity in hepatocytes during NAFLD.

## ***Loss of HC-HMGB1 induces endoplasmic reticulum (ER) stress***

It is increasingly clear that perturbed ER proteostasis in hepatocytes is involved in pathogenesis of NAFLD through the activation of ER stress signaling (25), and pharmacological induction of ER stress increases hepatic steatosis during NAFLD (26, 27). We therefore assessed ER stress in livers of WT and HC-HMGB1<sup>-/-</sup> mice after LFD or HFD feeding. ER stress, indicated by levels of cleaved ATF6 and CHOP, was enhanced in HC-HMGB1<sup>-/-</sup> mice compared with WT regardless of HFD or LFD feeding (Fig.4A-C, quantified in Suppl.Fig.3). Similarly, HMGB1<sup>-/-</sup> hepatocytes treated with PA *in vitro* had increased cleaved

ATF6 and CHOP compared to similarly treated WT cells (Fig.4D). Consistently, the levels of cleaved ATF6 and CHOP was increased after PA treatment in human hepatocytes (Fig. 4E). These results suggest a role for HMGB1 in homeostasis in hepatocytes via regulation of ER stress.

***Deletion of HC-HMGB1 down-regulates hepatic gene expression related to  $\beta$ -oxidation.***

Given our data above suggesting a role for intracellular HMGB1 in lipid metabolism in hepatocytes, we measured mRNA levels of mouse liver enzymes involved in free fatty acid (FFA)  $\beta$ -oxidation, lipogenesis and lipolysis. Dysregulation of these pathways contributes to lipid metabolic disorders and lipid accumulation (28-30). We screened multiple genes (Table 1), and found hepatic gene expression related to  $\beta$ -oxidation (CPT-1a, LCAD and VLCAD) was significantly down-regulated in HC-HMGB1<sup>-/-</sup> mice compared with WT throughout the 16 weeks of HFD feeding (Table.1 and Fig.5A). To further investigate the underlying mechanisms we used our *in vitro* model of hepatocytes isolated from WT and HC-HMGB1<sup>-/-</sup> mice exposed to PA. Similar to our *in vivo* results, HMGB1<sup>-/-</sup> hepatocytes also had significantly decreased CPT-1a, LCAD and VLCAD gene expression after stimulation with PA (Fig.5B). Oxidative phosphorylation levels, and indication of metabolic activation of cells, were also lower in HC-HMGB1<sup>-/-</sup> hepatocytes compared with WT (Fig.5C). These data demonstrate that hepatocyte HMGB1 regulates lipid accumulation via  $\beta$ -oxidation-related gene expression, suggesting  $\beta$ -oxidation as a downstream target of intracellular HC-HMGB1 during NAFLD.

Table 1

Gene	mRNA Relative Expression					
	LFD		HFD			
	WT	HC-hmgb1 <sup>-/-</sup>	P value	WT	HC-hmgb1 <sup>-/-</sup>	P value
<b>β-oxidation</b>						
CPT-1a	1.24 ± 0.46	0.63 ± 0.24	0.069	0.98 ± 0.14	0.56 ± 0.18	<b>0.010</b>
MCAD	1.08 ± 0.35	0.57 ± 0.15	0.052	1.26 ± 0.20	0.48 ± 0.07	<b>0.002</b>
LCAD	0.97 ± 0.14	0.91 ± 0.07	0.450	0.99 ± 0.14	0.52 ± 0.14	<b>0.003</b>
VLCAD	1.01 ± 0.34	0.49 ± 0.27	0.054	0.91 ± 0.021	0.41 ± 0.0	<b>&lt; 0.001</b>
<b>Lipogenesis</b>						
FAS	0.96 ± 0.05	0.87 ± 0.32	0.610	0.93 ± 0.41	0.78 ± 0.18	0.550
PPAR-γ	0.96 ± 0.04	0.70 ± 0.24	0.120	1.87 ± 0.66	1.69 ± 0.17	0.630
SCD-1	1.01 ± 0.29	1.47 ± 0.39	0.110	0.80 ± 0.10	2.32 ± 0.98	0.053
Adipophilin	0.89 ± 0.21	0.41 ± 0.38	0.091	2.78 ± 1.99	0.44 ± 0.49	0.096
<b>Lipolysis</b>						
LPL	1.18 ± 0.25	0.28 ± 0.30	<b>0.004</b>	0.16 ± 0.15	0.40 ± 0.17	0.079
SREBP1	1.42 ± 0.21	1.16 ± 0.21	0.130	0.96 ± 0.29	0.62 ± 0.14	0.098

### ***ER stress is associated with lipid accumulation in hepatocytes***

Having demonstrated that steatosis in hepatocytes lacking HMGB1 is accompanied by ER stress, we wanted to examine this relationship further. We therefore induced ER stress in WT mouse hepatocytes, using ER stress inducer tunicamycin (2 µg/mL for 6 h). We confirmed induction of ER stress with tunicamycin (Fig. 6A, quantified in Suppl. Figure 4) and saw enhanced intracellular lipid accumulation in tunicamycin-treated cells after PA treatment (Fig. 6C). Interestingly, we also saw suppression of the same β-oxidation genes in tunicamycin-treated WT hepatocytes suppressed in HMGB1<sup>-/-</sup> liver and hepatocytes (Fig. 7A). We also inhibited ER stress in HMGB1<sup>-/-</sup> hepatocytes using 4-phenylbutyrate (200µM for 12 h), and confirmed that this was able to reduce ER stress in response to PA treatment (Fig. 6A-B, quantified in Suppl. Figure 4). We saw corresponding reduced lipid deposition in cells (Fig. 6C), and increased expression of key β-oxidation genes (Fig. 7B). Next we assessed β-oxidation gene expression in WT and HC- HMGB1<sup>-/-</sup> hepatocytes, as well as HC-HMGB1<sup>-/-</sup> hepatocytes transfected with plasmids expressing His-tagged HMGB1. Induced HMGB1 expression in HC-HMGB1<sup>-/-</sup> hepatocytes was able to significantly increase expression of Cpt-1a and MCAD compared with control plasmid-treated cells (Fig. 7C). However,

the levels were still significantly lower than in WT cells. These data suggest ER stress and HMGB1 are intricately linked with hepatocyte lipid metabolism.

## Discussion

Understanding the mechanisms driving NAFLD and hepatosteatosis is key to developing new approaches to treatments. HMGB1 is a multifunctional protein that has specific biological functions dependent on whether it is located in the nucleus, cytosol or is circulating/extracellular (7, 31). Extracellular HMGB1, released either passively after lytic cell death or actively from stressed and damaged cells, has been shown to be an important mediator of liver injury in NAFLD (13). It is also reported that HMGB1 mediates inflammatory pathway that is receptor for advanced glycation end products (RAGE) and redox signaling dependent and helps promote ectopic intestinal inflammation in NAFLD(32). This is consistent with the role of HMGB1 as a damage-associated molecular pattern contributing to injury, inflammation, apoptosis, and immune responses (2).

Circulating HMGB1 mainly comes from hepatocytes in multiple pathologies, including sepsis (33). Here we show that HC-HMGB1<sup>-/-</sup> mice have significantly reduced circulating HMGB1 in response to HFD feeding (Fig. 3B), again confirming that hepatocytes are major sources of HMGB1. Recent studies suggest that HMGB1 is a key protein participating in the pathogenesis of acute liver injuries and chronic liver diseases (2, 12) with circulating HMGB1 levels correlating with severity of inflammation and fibrosis in NAFLD (14, 15). Increased circulating HMGB1 levels were confirmed in a mouse model of NAFLD, and neutralizing antibodies to HMGB1 were protective (17). Toll-like receptors (TLR)-2/4/9 and RAGE have all been shown to mediate HMGB1 signaling (2, 34). In 2011, Li et al. reported HMGB1 releasing from hepatocytes in response to free fatty acid activates TLR4/MyD88 to induce cytokines expression *in vitro* and *in vivo*. Treatment with neutralizing antibody to HMGB1 protects against FFA-induced tumor necrosis factor alpha and interleukin-6 production(13). Chandrashekaran et al. also identified systemic circulating HMGB1, acting via RAGE, as a key mediator accelerating intestinal inflammation in NAFLD (32). Despite that all these published data indicated extracellular HMGB1 may be detrimental in liver damage, there still exists controversy over the role of circulating HMGB1 plays in liver injury and its association with serum ALT. Although HMGB1 is found to be correlated with ALT activity during clinical acetaminophen hepatotoxicity(35), it is also reported that serum HMGB1 was not related to histological severity or serum ALT in adult and children NAFLD (36). In our mouse models, serum HMGB1 levels were significantly elevated by HFD from week 2, while ALT levels were not significantly different between HFD and LFD groups. To investigate the link among circulating HMGB1, serum ALT and liver damage, further studies to expand the results found here are warranted.

In sharp contrast to numerous studies examining the effect of extracellular HMGB1 on acute and chronic liver diseases, few studies have demonstrated the role of intracellular HMGB1 plays in liver damage, except that intracellular HMGB1 in hepatocytes has been shown to be protective during liver ischemia and reperfusion injury (18). So far, little is known about the role intracellular hepatocyte HMGB1 plays in the pathogenesis of NAFLD and liver cell injury. In this study, we uncover a novel pathway of hepatocyte

HMGB1-mediated hepatoprotection from lipid accumulation, hepatosteatosis and liver damage during HFD feeding. Lack of HMGB1 increases ER stress in hepatocytes, and reduced β-oxidation resulting in increased lipid accumulation and cell injury.

ER plays an essential role in multiple cellular processes including secretory and transmembrane protein folding, calcium homeostasis and lipid biogenesis (37). Perturbation of ER homeostasis results in ER stress and activation of the unfolded protein response (UPR), which is initiated to restore ER proteostasis (38), (39). Emerging evidence points to an important role of HMGB1 in UPR and ER stress induced by *Clostridium difficile* Toxin A, one of the major virulence factors of *C. difficile* infection (40). Exogenous recombinant HMGB1 also induced ER stress in CT26 cells (the murine colon adenocarcinoma cell line), while glycyrrhizin, an HMGB1 inhibitor, decreased ER stress (40). Again, extracellular HMGB1 seems to induce detrimental signaling and increases liver cell injury and stress. However, our data in this study show that intracellular HMGB1 can actually be protective and plays a role in maintaining ER homeostasis and preventing FFA-induced liver damage.

Maintenance of hepatic ER homeostasis is pivotal for sustaining membrane lipid composition and maintaining both intrahepatic and plasma lipid homeostasis (30). The hallmark of NAFLD is the abnormal lipid accumulation in the liver, which subsequently leads to cellular stress and hepatic injury. Excessive hepatic fat accumulation often coincides with perturbed ER homeostasis in hepatocytes (27), and ER stress has been associated with NAFLD pathogenesis (25). ER membrane-localized transcription factors regulate de novo lipogenesis: sterol regulatory element-binding proteins (SREBP1c (*SREBF1*) for fatty acid synthesis and SREBP2 (*SREBF2*) for sterol synthesis (30). Hepatocytes also store lipids in the form of triglycerides that are synthesized from fatty acids and glycerol by ER-localized acyltransferase enzymes, including diacylglycerol acyltransferase (DGAT). Very-low-density lipoprotein (VLDL), which is assembled in the ER prior to trafficking to the Golgi (41), is an important mediator of lipid and cholesterol uptake into cells, including hepatocytes. Recently, Lebeaupin et al. reviewed available evidence linking ER stress to NAFLD and concluded that chronic ER stress can affect hepatic lipid metabolism directly by inducing de novo lipogenesis, and indirectly through the alteration of VLDL secretion, insulin signaling and autophagy (27). Conversely, increased hepatocyte lipid content can also initiate chronic ER stress (27), creating a potential feed-forward potentiation of NAFLD-mediated liver damage. Our data suggest intracellular HMGB1 is integral to these homeostatic pathways and contributes to maintaining lipid homeostasis under normal and pathogenic conditions.

Given all those published data on the detrimental effects of extracellular HMGB1, we were initially surprised by our findings that HC-HMGB1 is protective in HFD feeding. However, our subsequent findings suggest that the intracellular effects of HMGB1-deficiency on cell stress and injury outweigh any benefit of reduced circulating HMGB1, highlighting the importance of effects on cellular lipid metabolism in the pathogenesis of NAFLD.

In addition, in this study we identified a remarkable increase of body weight gain, fat content and hepatic lipid accumulation in HC-HMGB1<sup>-/-</sup> mice at as early as 2 weeks after HFD administration. Blood glucose,

food intake and energy expenditure did not significantly differ between HC-HMGB1<sup>-/-</sup> and WT mice over the same period. It seems that HC-HMGB1<sup>-/-</sup> mice were more susceptible to obesity and fatty liver when HFD-fed than WT mice at the early stage. Intracellular HMGB1 may associate with the susceptibility of body weight increase and hepatic lipid deposition. By administering anti-HMGB1 antibody to C57Bl/6 mice, Montes et al.(42) previously reported that anti-HMGB1 treatment reduced weight gain in mice fed a high (60%)-fat diet from the second week and thus HMGB1 was inferred to play a crucial role in weight gain at the early stage of obesity, though they did not observe differences in glucose, insulin tolerance and adipose tissue inflammation between HMGB1 neutralizing and control groups. Taking all of these evidences together, despite that the mechanism of HMGB1-mediated weight change is incompletely understood, we could draw a preliminary conclusion that HMGB1 may have a key role in weight change at the early stage of HFD. More experiments should be undertaken to elucidate the crosstalk among intracellular HMGB1 in hepatocytes, body weight and fat content.

In our study, it is also interesting to see increases in steatosis and ER stress without increases in serum IL-6 (systemic inflammation) or ALT (liver damage). Our interpretation is that endogenous hepatic HMGB1 is having multiple effects, and our data suggest that hepatocyte-derived HMGB1 not only regulates lipid metabolism within cells, but also plays a role in promoting systemic inflammation and augmenting hepatocyte cell death as part of its role as a recognized DAMP. This is similar to effects we have seen in other model systems (e.g. sepsis) where hepatocyte-derived HMGB1 is the main source of HMGB1 and drives inflammatory responses and also can induce inflammatory cell death (33). In addition, for the minor differences seen between our in vivo and in vitro experiments, we accept that PA treatment in a more acute setting in vitro in isolated hepatocytes does not necessarily recapitulate the in vivo findings.

In summary, we demonstrate a novel protective role for intracellular hepatocyte HMGB1 in preventing HFD-mediated liver injury, in part through regulation of ER stress and FA β-oxidation. Modulation of these pathways may therefore represent attractive future pharmacological targets to arrest NAFLD progression at an early stage. Whether the differences observed in HC-HMGB1<sup>-/-</sup> and WT mouse strains are exclusively attributed to multiple differences in genetic background or whether the constitutive adaption of HMGB1<sup>-/-</sup> hepatocytes plays a specific role in maintenance of liver ER homeostasis and lipid metabolism in this pathological state remains to be fully investigated. Further studies should be warranted to explore the possible HC-HMGB1-stabilizing therapeutic strategies for preventing the hepatic fat accumulation in early cases of NAFLD by way of regulating ER stress and FA β-oxidation.

## Abbreviations

NAFLD: nonalcoholic fatty liver disease; NASH: non-alcoholic steatohepatitis; HMGB1: High-mobility group box 1; DAMP, damage-associated molecular pattern; HC-HMGB1: hepatocyte-specific HMGB1; ER: endoplasmic reticulum; WT: wild-type; HFD: high-fat diet; LFD: low-fat diet; ALT: alanine amino-transferase; IL: interleukin; ELISA: enzyme-linked immunosorbent assay; H&E: hematoxylin and eosin; NGS: normal goat serum; PA: palmitic acid; TM: tunicamycin; PBA: 4-phenylbutyric acid; CPT-1α: carnitine-palmitoyl transferase 1α; MCAD: medium-chain acyl-CoA dehydrogenase; LCAD: long-chain acyl-

CoA dehydrogenase; VLCAD: very-long chain acyl-CoA dehydrogenase; FAS: fatty acid synthase; LPL: lipoprotein lipase; SREBP-1: sterol regulatory element-binding protein 1; PPAR- $\gamma$ : peroxisome proliferator-activated receptor gamma; COL1A1: adipophilin, collagen type 1A1; COL1A2: collagen type 1A2; TIMP: tissue inhibitors of metalloproteinases;  $\alpha$ -SMA:  $\alpha$ -smooth muscle actin; SCD-1: stearoyl-CoA desaturase-1; RT-PCR: reverse-transcriptase polymerase chain reaction; p-Akt: phospho-Akt ; SEM: standard error of mean; FFA: free fatty acid; TLR: toll-like receptors; RAGE: receptor for advanced glycation end products; UPR: unfolded protein response; rHMGB1: recombinant HMGB1; SREBP: sterol regulatory element-binding protein; DGAT: diacylglycerol acyltransferase; VLDL: very-low-density lipoprotein

## Declarations

**Conflict of interest:** None to declare.

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## Supplemental Figures

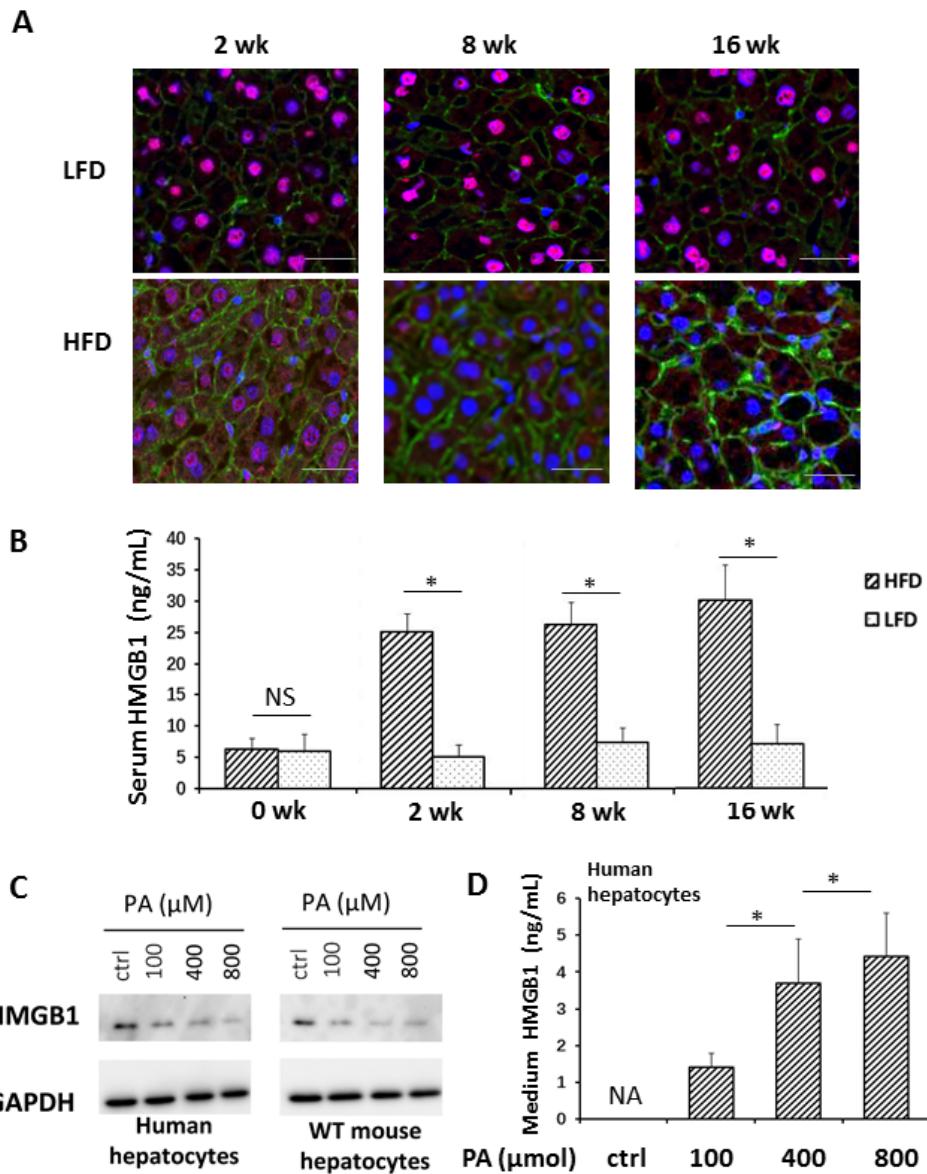
**Supplemental Fig 1.** Food intake and energy expenditure in WT and HC-HMGB1<sup>-/-</sup> mice up to 16 weeks after LFD or HFD feeding. A: Food intake levels. B: Energy expenditure (VO<sub>2</sub>). \*P< 0.05 between WT LFD and KO LFD, or WT HFD and KO HFD groups; NS, not significant.

**Supplemental Fig 2. A:** Serum ALT and **B:** serum IL-6 levels WT and HC-HMGB1<sup>-/-</sup> (KO) mice up to 16 weeks after LFD or HFD feeding. N=8/gp; data show mean+/-SEM. \*P< 0.05 between WT LFD and KO LFD, or WT HFD and KO HFD groups; NS, not significant.

**Supplemental Fig 3.** Relative protein expression of cleaved ATF6 and CHOP in mouse livers or cultured hepatocytes were measured by western blot. Gray analysis was performed for quantization of protein expression. Three independent experiments were performed. All data are means±SEM. \*P< 0.05.

**Supplemental Fig 4.** Relative protein expression of cleaved ATF6 and CHOP in cultured mouse hepatocytes were measured by western blot. Gray analysis was performed for quantization of protein expression. Three independent experiments were performed. All data are means±SEM. \*P< 0.05.

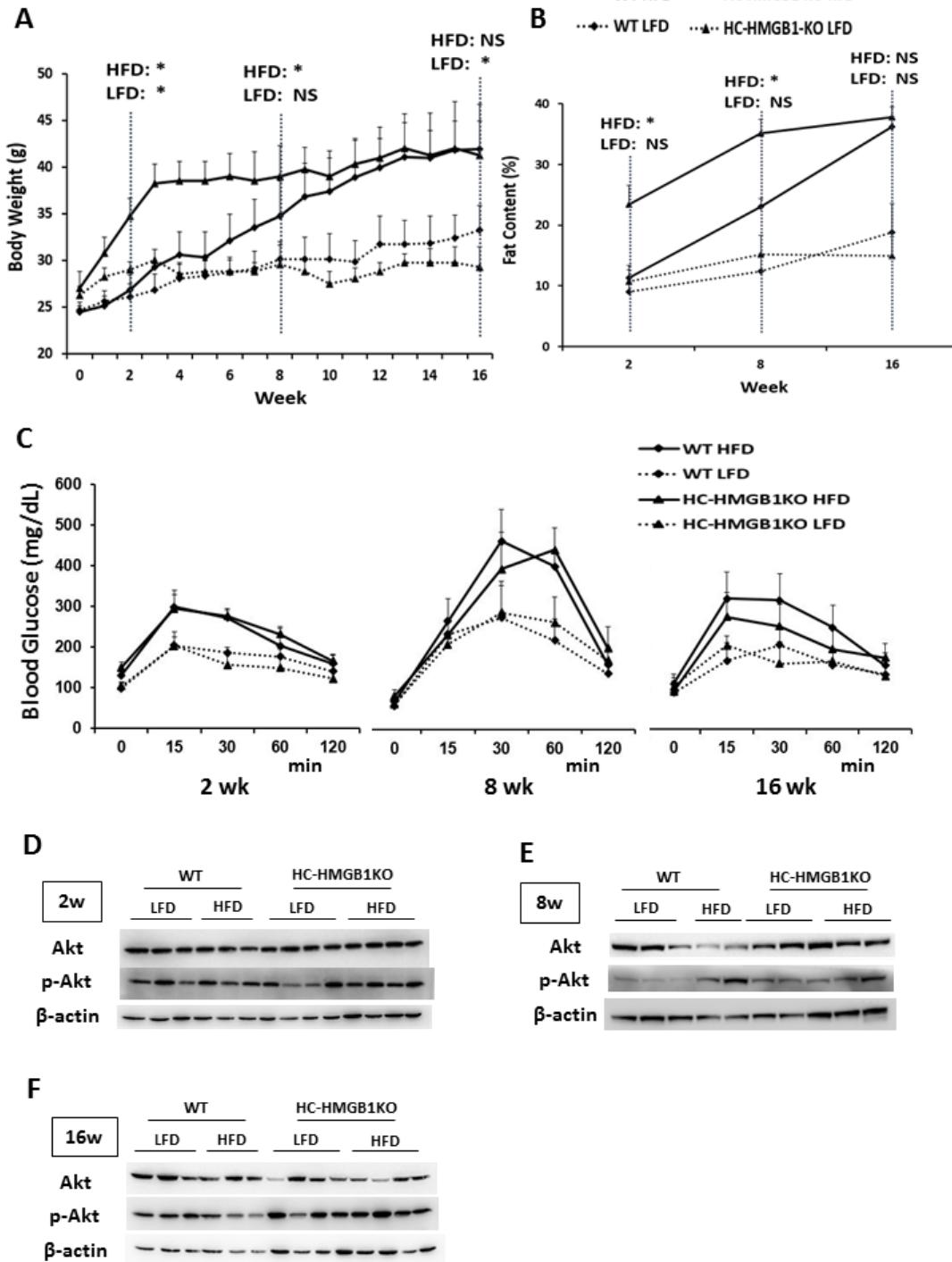
## Figures

**Figure 1****Figure 1**

HMGB1 mobilization from hepatocytes of human and mice during high-fat diet (HFD) feeding. A: Representative confocal immunofluorescence imaging of liver tissue of WT mice after 2, 8 and 16 weeks of low-fat diet (LFD) or HFD feeding. HMGB1 (red), actin (green) and 4',6-diamidino-2-phenylindole (DAPI) nuclear staining (blue). Scale bars represent 20 $\mu\text{m}$ . x60 magnification. B: Serum HMGB1 levels in WT mice after LFD or HFD feeding for 2, 8 and 16 weeks. N=8/gp; data represent mean+/-SEM; \*P< 0.05

between indicated groups. C: Representative Western blot images of HMGB1 in whole cell lysates of human (left) and WT mouse (right) hepatocytes at 24h after up to 800 $\mu$ M palmitic acid (PA) treatment. Images representative of at least 3 repeats. Ctrl=no treatment. GAPDH used a loading control. D: HMGB1 levels in the culture medium of human hepatocytes with PA exposure. Data presented as mean+/-SEM. Data representative of at least three repeats. \*P< 0.05 between indicated groups.

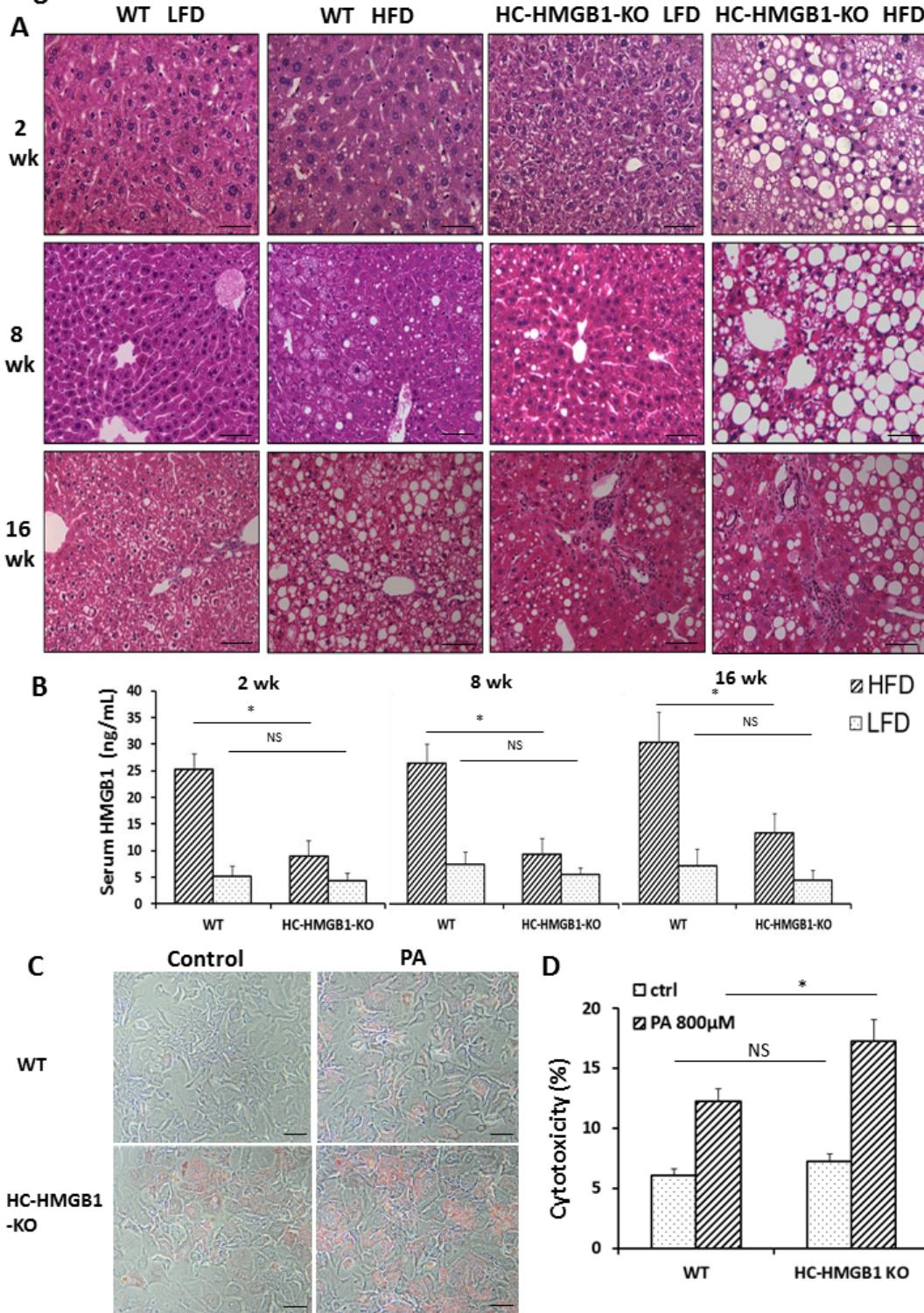
**Figure 2**



**Figure 2**

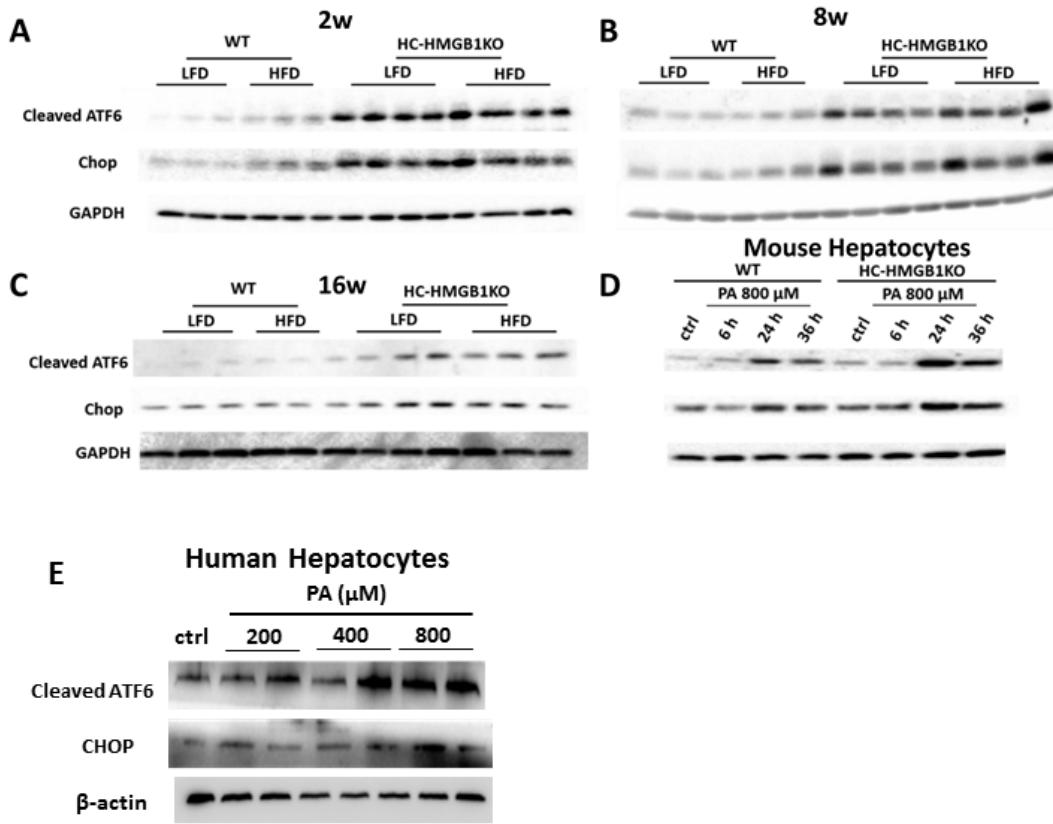
Body weight, fat content and glucose metabolism in WT and HC-HMGB1<sup>-/-</sup> mice up to 16 weeks after LFD or HFD feeding. A: Body weight measurements of WT and HC-HMGB1<sup>-/-</sup> (KO) mice. B: Fat content. C: Blood glucose tolerance test. \*P< 0.05 between WT LFD and KO LFD, or WT HFD and KO HFD groups; NS, not significant. D-F: The insulin signaling. Western blot analysis of levels of Akt and p-Akt (insulin signaling markers) in WT and HC-HMGB1<sup>-/-</sup> (KO) liver at D: 2 weeks, E: 8 weeks and F: 16 weeks after LFD or HFD feeding. Lysates from one mouse liver per lane. Images representative of at least 3 repeated experiments. See Supplemental Figure 1 for quantification of blots.

**Figure 3**



### Figure 3

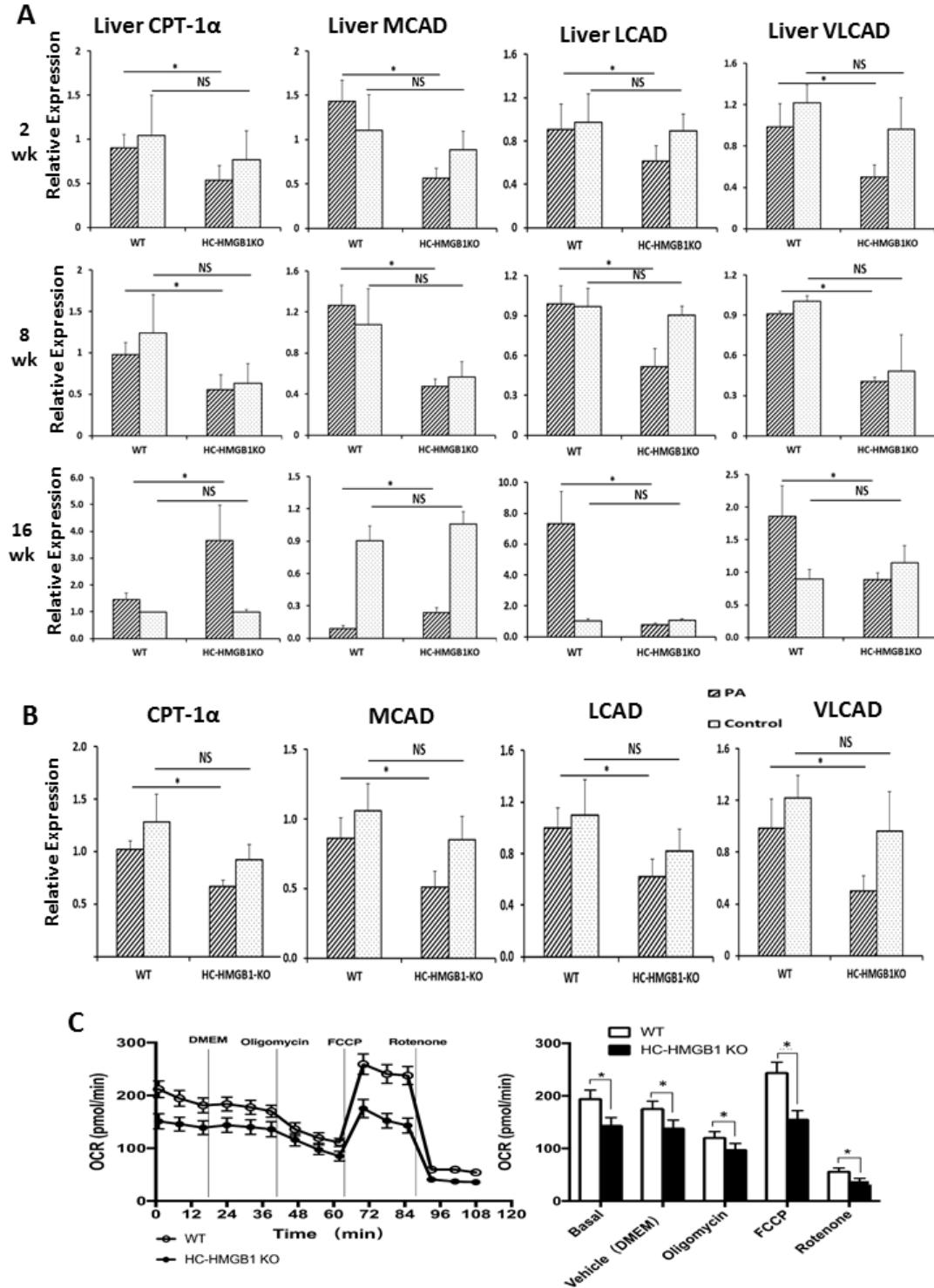
Steatosis, liver injury, inflammation and serum HMGB1 levels in WT and HC-HMGB1<sup>-/-</sup> mice up to 16 weeks after LFD or HFD feeding. A: Representative hematoxylin and eosin (H&E) stained liver sections. N=4/gp; ×40 magnification; scale bar, 50µm. B: Levels of serum HMGB1 in mice subjected to LFD or HFD for 2 weeks, 8 weeks and 16 weeks. C: Lipid accumulation shown by Oil O Red Staining (red) in WT and HC-HMGB1<sup>-/-</sup> mouse primary hepatocytes at 24h after palmitic acid (PA 800µM) treatment. D: Hepatocyte cytotoxicity (%) measured by LDH release in vitro after PA (800µM) treatment for 24h. Data show mean+-SEM for one experiment performed in triplicate and representative of three separate repeats. \*P< 0.05 between indicated groups; NS, not significant.

**Figure 4****Figure 4**

ER stress in WT and HC-HMGB1-/- (KO) liver up to 16 weeks after low fat diet (LFD) or high fat diet (HFD) feeding, and in hepatocytes after PA treatment. Western blot analysis of levels of cleaved ATF6 and CHOP (ER stress markers) in WT and HC-HMGB1-/- (KO) liver at A: 2 weeks, B: 8 weeks and C: 16 weeks after LFD or HFD feeding. Lysates from one mouse liver per lane. D: Western blot of WT and HC-HMGB1-/- (KO) hepatocyte whole cell lysates in control (ctrl – no treatment), or time points up to 36h

after palmitic acid (PA) treatment. E: Western blot of human hepatocyte whole cell lysates in control (ctrl – no treatment), or 24h after PA treatment. GAPDH and  $\beta$ -actin were used as a loading control. Images representative of at least 3 repeated experiments. See Supplemental Figure 4 for quantification of blots.

**Figure 5**

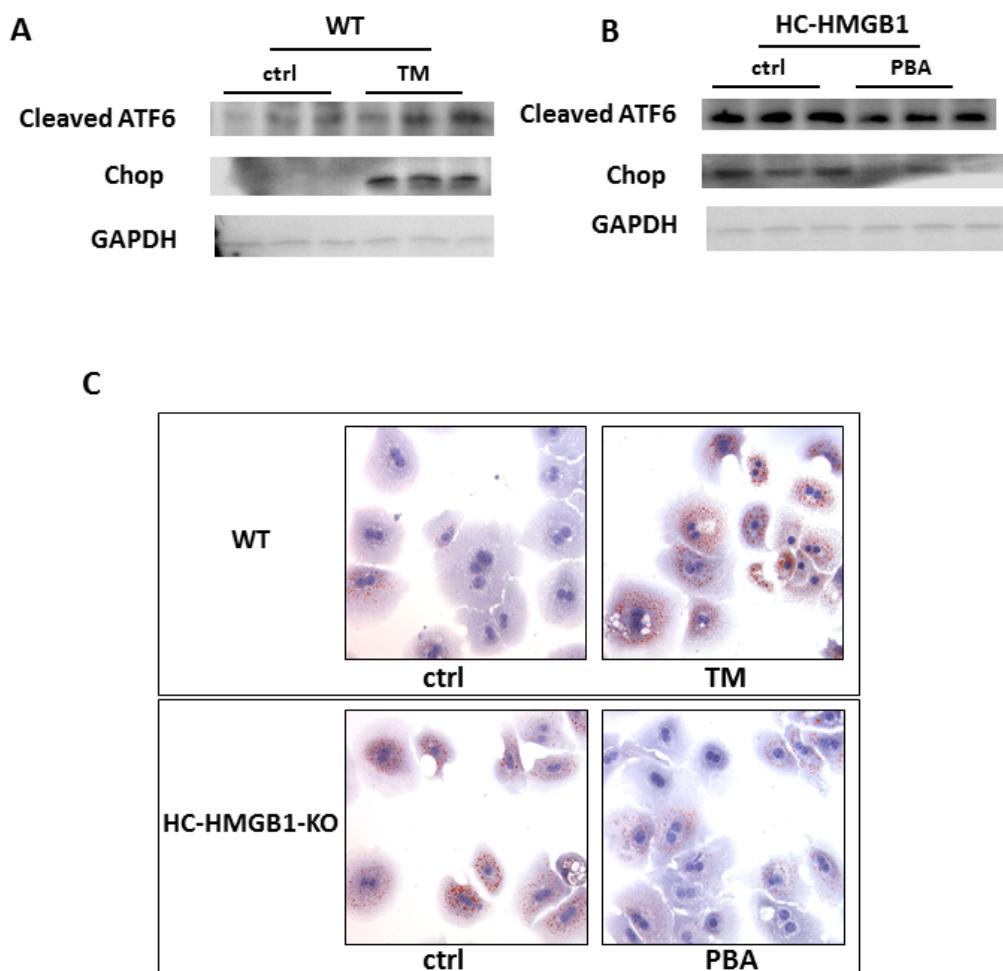


**Figure 5**

Deletion of HC-HMGB1 down-regulates hepatic gene expression related to  $\beta$ -oxidation in WT and HC-HMGB1-/-(KO) mice up to 16 weeks and mouse hepatocytes at 24h after PA treatment. A: Relative gene

expression of CPT-1, MCAD, LCAD and VLCAD in WT and HC-HMGB1-KO mice on LFD or HFD (n=4 for each). B: Relative gene expression of CPT-1, MCAD, LCAD and VLCAD in mouse hepatocytes at 24h after PA treatment (800  $\mu$ M). C: Oxygen consumption rate (OCR) in WT and HC-HMGB1-/ mouse hepatocytes measured using Seahorse XF-24 Metabolic Flux Analyzer. Representative OCR tracing includes vertical lines indicating time of addition of mitochondrial inhibitors: oligomycin (4 $\mu$ M), FCCP (1 $\mu$ M), and rotenone (1 $\mu$ M). OCR was normalized to protein content and is shown as fold changes of normoxic control. Data are mean $\pm$ SEM, graphs show collated data from 10 individual measurements from at least 3 separate experiments. \*P< 0.05 between indicated groups; NS, not significant.

**Figure 6**

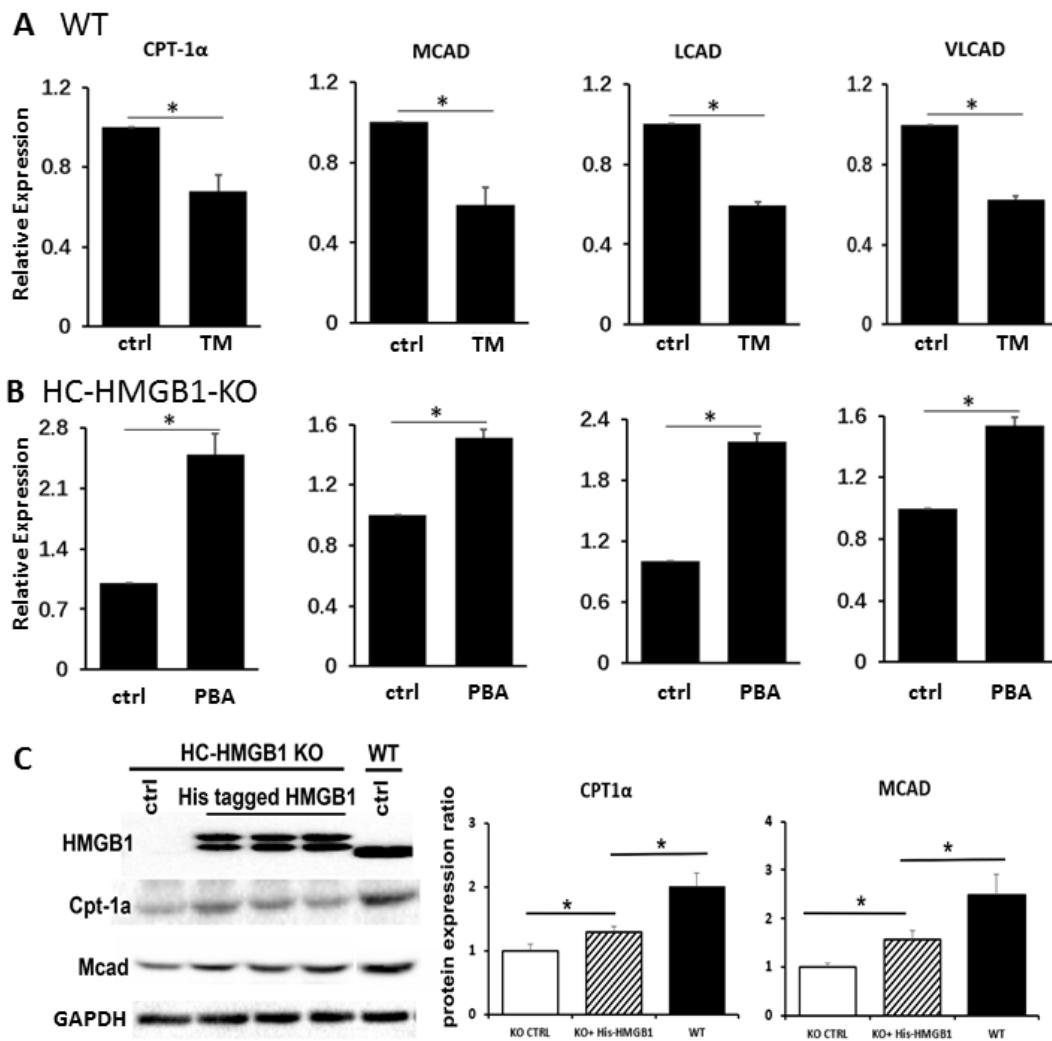


**Figure 6**

ER stress is associated with lipid accumulation in hepatocytes and suppression of  $\beta$ -oxidation gene expression. A: Western blots showing levels of ER stress markers (cleaved ATF and CHOP) in hepatocytes. WT mice with and without treatment with ER stress inducer tunicamycin (TM; 2 $\mu$ g/mL) for 6h. GAPDH was used as a loading control. Images representative of at least 3 repeated experiments. B: Western blots showing levels of ER stress markers (cleaved ATF and CHOP) in hepatocytes from HC-

HMGB1-KO mice with and without treatment with ER stress inhibitor 4-phenylbutyric acid (PBA; 200 $\mu$ M) for 12h. GAPDH was used as a loading control. Images representative of at least 3 repeated experiments. C: Lipid accumulation shown by Oil O Red Staining (red) in WT mouse hepatocytes treated with/without TM, or HC-HMGB1-KO mouse hepatocytes treated with/without PBA. x60 magnification. Representative images of multiple fields of view. Experiment repeated at least twice.

**Figure 7**



**Figure 7**

ER stress is associated with lipid accumulation in hepatocytes and suppression of  $\beta$ -oxidation gene expression. A: Relative gene expression of CPT-1 $\alpha$ , MCAD, LCAD and VLCAD  $\beta$ -oxidation genes in WT mouse hepatocytes treated with/without TM; B: Relative gene expression of CPT-1 $\alpha$ , MCAD, LCAD and VLCAD  $\beta$ -oxidation genes in HC-HMGB1-KO mouse hepatocytes treated with/without PBA. N=4/gp. Data are expressed as mean $\pm$ SEM. \*P< 0.05 between indicated groups. C: Representative Western blot image of HMGB1, Cpt-1 $\alpha$  and MCAD protein expression in whole cell lysates of WT and HC-HMGB1-KO hepatocytes at 40h after transfection with control plasmid (ctrl) or plasmid expressing His-HMGB1. Quantification of relative protein expression shown below. Data presented as mean $\pm$ SEM. Data representative of at least three repeats. \*P< 0.05 between indicated groups.

## Supplementary Files

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