The acute effect of cold pack applied for different periods on the biomechanical properties of the rectus femoris muscle of healthy individuals: a randomized experimental study

Nuray ALACA (✉ nuray.alaca@acibadem.edu.tr)

Acibadem University <https://orcid.org/0000-0003-3034-9388>

Nilüfer Kablan

health sciences university

Research article

Keywords: Cold pack, temperature, stiffness, tone, elasticity

Posted Date: June 30th, 2020

DOI: <https://doi.org/10.21203/rs.3.rs-30726/v2>

License: © ⓘ This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

The authors have withdrawn this preprint from Research Square