

Functional activity and morphology of isolated rat cardiac mitochondria under calcium overload. Effect of naringin

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Abstract

The role of calcium-dependent processes in cardiac physiology and pathophysiology as well as the function of mitochondria as a regulator of myocyte calcium homeostasis have been extensively discussed. The aim of the present work was to evaluate the mechanism(s) of modulation of respiratory activity, morphology, permeability transition, and membrane potential of rat cardiac mitochondria by exogenous Ca²⁺ ions in the absence or in the presence of the plant flavonoid glucoside naringin. Low free Ca²⁺ concentrations (40–250 nM) effectively inhibited the respiratory activity of rat heart mitochondria: decreased the rates of succinate-dependent V2 and ADP-stimulated V3 respiration, remaining unaffected the efficacy of oxygen consumption. In the presence of high exogenous Ca²⁺ ion concentrations (the free Ca²⁺ concentration was 550 µM), we observed a dramatic increase in mitochondrial heterogeneity in size and electron density that was connected with calcium-induced opening of the mitochondrial permeability transition pores (MPTP) and membrane depolarization, observed at free Ca²⁺ concentrations of 150 to 750 µM. As compared to rat liver mitochondria, the sensitivity to Ca²⁺ of rat heart mitochondria was much lower in the case of MPTP opening and much higher in the case of respiration inhibition. Naringin, occurring naturally in citrus fruits, partially prevented Ca²⁺-induced rat cardiac mitochondrial morphological transformations (200 µM), dose-dependently inhibited the respiratory activity of mitochondria (10–75 µM) in the absence or in the presence of calcium ions and promoted membrane potential dissipation and mitochondria swelling in the absence of calcium ions but inhibited calciuminduced MPTP formation at higher concentrations (75 µM).

1. Introduction

The never resting heart is a highly active organ that produces an extraordinary amount of work, requires a high rate of energy flux and a constant supply of metabolic substrates, consumes 10% of the body's total oxygen uptake and makes 35 kg of ATP every day during mitochondrial oxidative phosphorylation (Taegtmeyer 1994). Mitochondria occupy roughly 33% of the cellular volume in each ventricular myocyte (Bers 2001; Bers 2002). This is the largest mitochondrial volume-fraction found in any mammalian cell. To produce energy, the heart muscle mitochondria is known to consume different substrates, fatty acids, glucose, amino acids, pyruvate, lactate, ketone bodies, and even its own constituent proteins. Cardiac mitochondria structural integrity and appropriate functioning are important for normal heart physiology and perturbations in the ability of heart to produce energy or to consume the substrates results in myocardial dysfunctions and cardiovascular disease (Taegtmeyer 1994; Drake et al. 2012; Yu et al. 2022; Williams et al. 2015).

The steady-state mitochondrial Ca²⁺ ([Ca²⁺]m) level is a key regulator of myocardial energy metabolism (Krebs cycle enzymes, an electron transport chain, and F1F0 ATP-synthase), O₂ consumption, proton motive force generation, and ATP production through enhancements in the activities of several mitochondrial substrate transporters and dehydrogenases in myocytes, gene expression and cardiomyocyte growth (Williams et al. 2015; Zhang et al. 2022).

The role of calcium-dependent processes in cardiac physiology and pathophysiology, and *vice versa* the function of mitochondria as a Ca²⁺ buffer and a regulator of calcium homeostasis in cardiac cells have been widely discussed. Impairments in [Ca²⁺]m cycling and mitochondrial network imbalance result in disorders of cellular metabolism and signaling and are the cause of numerous diseases: stroke, heart failure, neurodegeneration, diabetes, and cancer (Carafoli 2002; Gilbert et al. 2020; Garbincius and Elrod 2022; El Hadi et al. 2019).

Induction of the mitochondrial permeability transition pore (MPTP, a high-conductance channel) by Ca²⁺ ions overload and reactive oxygen species (ROS) accumulation can provoke loss of mitochondrial membrane potential and subsequent loss of mitochondrial Ca²⁺. As shown in the earlier work, this transient opening of the MPTP participates in the development of spontaneous contractions and subsequent ventricular arrhythmia (Bowser et al. 1998).

The molecular machinery that mediates calcium flux across the inner mitochondrial membrane includes a highly selective Ruthenium red (RuR)-sensitive mitochondrial Ca²⁺ uniporter complex (consisting of MCU, EMRE, MICU1, MICU2, MICU3, MCUB, and MCUR1 proteins), the mitochondrial Na⁺/Ca²⁺ exchanger (NCLX), the mitochondrial H⁺/Ca²⁺ exchanger (Letm1), the mitochondrial ryanodine receptor, and the MPTP (Garbincius and Elrod 2022; Kirichok et al. 2004; Granatiero et al. 2019). It should be noted that in excitable cells, mitochondria are localized in the vicinity of voltage operated plasma membrane Ca²⁺ channels and can buffer entering Ca²⁺ ions (Santo-Domingo and Demaurex 2010).

Effective heart failure pharmacological therapies appear to lead to mitochondrial dysfunction improvement, regulation of cardiomyocyte calcium homeostasis and prevention of mitochondrial ROS generation (Knowlton et al. 2014; Kumar et al. 2019; Chistiakov et al. 2018). Biologically active natural polyphenolic products, with the flavonoid glycoside naringin being among them, demonstrate high antioxidant, anti-inflammatory, and cardioprotective potential (Rajadurai and Prince 2007). The mechanisms of their biochemical and pharmacological activities are the topics of great interest. In our previous experiments with rat liver mitochondria, we showed stimulation of calcium-induced MPTP formation by the flavonoids naringenin, catechin, and naringin and hypothesized that the effect of the flavonoids on MPTP opening could be mediated by stimulation of the Ca²⁺ uniporter (Zavodnik et al. 2022).

Despite numerous investigations, the details of modulation of mitochondrial and cellular functions in cardiac muscles by Ca²⁺ remain unclear. In the present work, we assessed the mechanism of regulation of MPTP sensitivity, respiratory activity and morphology of isolated rat heart mitochondria under the influence of different concentrations of exogenous Ca²⁺. Simultaneously, we estimated the efficiency of correction of Ca²⁺-induced cardiac mitochondria alterations by the polyphenol naringin (flavanone-7-*O*-glycoside) occurring naturally in citrus fruits.

2. Materials and methods

2.1. Chemicals

Calcium chloride dehydrate, succinic acid disodium salt hexahydrate, sucrose, ethylene glycol-bis(β-aminoethyl ether)-N,N,N',N'-tetraacetic acid tetrasodium salt (EGTA), carbonyl cyanide *p*-trifluoromethoxyphenyl hydrazone (FCCP), bovine serum albumin fraction V (BSA), ethylenediaminetetraacetic acid disodium salt (EDTA), 4-(2-Hydroxyethyl)piperazine-1-ethanesulfonic acid, N-(2-Hydroxyethyl)piperazine-N'-(2-ethanesulfonic acid) (HEPES), Araldite 506 Epoxy resin, adenosine 5'-diphosphate sodium salt (ADP), cyclosporin A (CsA), lead citrate, uranyl acetate, Ruthenium red (RuR), naringin (naringenine-7-rhamnosidoglucoside), ethanol, and other chemicals were from Merck / Sigma-Aldrich (St Louis, MO, USA, or Steinheim am Albuch, Germany), osmium tetroxide suitable for electron microscopy was from Carl Roth GmbH (Karlsruhe, Germany). All solutions were made with water purified in the Milli-Q Direct system (Merck KGaA, Darmstadt, Germany). Organic solvents were of analytical grade and used without further purification.

Free calcium concentrations. To determine the effects of calcium ions on mitochondrial functions in the presence of EGTA, added [Ca²⁺]free for a given [Ca²⁺]total was determined using then Ca-EGTA online calculator (https://pcwww.liv.ac.uk/~petesmif/petesmif/software/_webware06/EGTA/EGTA.htm).

2.2. Isolation of rat heart mitochondria

Male albino Wistar rats (200–230 g) were used. The care, use, and all procedures performed were approved by the Ethic Committee of the Institute of Biochemistry of Biologically Active Compounds of the National Academy of Sciences of Belarus (Protocol No 29/20 of 23.05.2020) and complied with the European Convention for the Protection of Vertebrate Animals Used for Experimental and Other Scientific Purposes and the *Guide for the Care and Use of Laboratory Animals* (https://nap.nationalacademies.org/read/12910/chapter/3).

The coupled myocardium mitochondria were isolated from the rat heart by the method of differential centrifugation (Zhang et al. 2022; Johnson and Lardy 1967; Gostimskaya and Galkin 2010). We used the isolation medium containing 0.25 M sucrose, 0.005 M HEPES, 0.0002 M EDTA, and 0.1% BSA, pH 7.4. The isolated heart was quickly transferred into an ice-cold 0.9% KCl solution and carefully washed from the blood. The muscle tissue was weighed, crushed with scissors on ice and homogenized using a glass homogenizer with a Teflon pestle in the isolation medium at 4 °C. The nuclear fraction was removed by centrifugation at 650 g (10 min, 4 °C) (a Hermle Z 32 HK centrifuge, Hermle Labortechnik GmbH, Germany). The mitochondria were sedimented by centrifugation at 8 500 g (10 min, 4 °C) and washed two times in the isolation medium. The pellet of mitochondria was resuspended to an approximate protein concentration of 25–30 mg/ml in the isolation medium. Protein concentrations in myocardium mitochondria were determined by the method of Lowry et al. (1951).

2.3. Electron microscopy of isolated rat heart mitochondria

Rat cardiac muscle mitochondria (5 mg/ml) were exposed to Ca^{2+} ions (550 μ M free Ca^{2+}), the flavonoid naringin (200 μ M) or Ca^{2+} ions (550 μ M free Ca^{2+}) plus the flavonoid naringin (200 μ M) in the medium containing 0.25 M sucrose, 0.005 M HEPES, 0.005 M KH $_2$ PO $_4$ and 0.00005 M EGTA, pH 7.4, for 30 min (26 °C) *in vitro*. After calcium and flavonoid exposure, the suspensions of mitochondria were centrifuged at 10 000 g, + 4 °C, for 20 min. Then the mitochondrial pellets were fixed by 2.5% glutaric aldehyde and postfixed in two portions of 1% osmium tetroxide solution in 0.1 M Milloning buffer, pH 7.4 at + 4 °C for 2 hours (Milloning 1961).

After dehydration by rinsing in alcohols of increasing concentrations and acetone, the samples were embedded in Araldite Epoxy resin. The sections were prepared using a Leica EM UC7 ultramicrotome (Leica Microsystems GmbH, Germany). Semi-thin sections were stained with a 1% solution of methylene blue, whereas ultrathin (35 nm) sections were contrasted with a 2% solution of uranyl acetate and lead citrate by the method of Reynolds (1963) and analyzed with a JEM-1011 electron microscope (Japanese Electron Optics Laboratory Ltd., Japan) at magnifications of 5 000–40 000 and accelerating voltage of 80 kilowatts. Images were captured with an Olympus Mega View III digital camera (Olympus Corporation, Germany) and the iTEM package of programs for treatment of images (Version 5.0, Build 1224, Olympus Corporation, Germany), which has a number of standard built-in algorithms for morphometry. The digital images were used to determine some ultrastructural parameters characterizing the size and shape of these organelles. The morphometric factors were assessed under 20000x or 40000x microscope magnifications on the representative 10 squares (fields of view) tested. Under these magnifications, 250 to 500 mitochondrial profiles were examined. We used 5 animals in each group.

For evaluation of the ultrastructural mitochondrial changes, we used such morphometric parameters as elongation factor, shape factor, and aspect ratio. The elongation factor assesses the lack of roundness of the object (defined as the ratio of the length to the width of the object); as the "ellipsoidality" increases, this parameter raises above 1. Similarly, the shape factor characterizes the "roundness" of the object: this parameter is equal to 1 for the spheres, and for all other shapes it is less than 1. The aspect ratio depends on the ratio of the maximal width and height of the rectangle within which the object is placed.

2.4. Measurements of mitochondrial respiration and membrane potential

Respiration of cardiac mitochondria was measured using an oxygen Clark-type electrode (Hansatech Instruments Limited, Great Britain) in the medium containing 0.25 M sucrose, 0.005 M KH $_2$ PO $_4$, 0.005 M HEPES, 0.01 M KCl, 0,002 M MgCl $_2$, 0.0002 M EGTA, pH 7.4, at 26 °C. The mitochondrial suspension (0.5 mg protein/ml) in the respiratory buffer was continuously stirred. To study FADH $_2$ -dependent respiration, the oxygen consumption rates were determined in the presence of 5 mM succinate as a substrate (respiratory state 2, V2), after ADP (200 μ M) addition (ADP-stimulated state 3, V3) and after ADP consumption (state 4, V4). The respiratory control ratio (RCR) equal to the ratio of the respiratory rates (V3/V4) of mitochondria in state 3 and state 4 and the coefficient of phosphorylation (ADP/O ratio) were calculated.

Mitochondrial membrane potential was detected using a Perkin-Elmer LS55 spectrofluorometer (Great Britain) as the changes in the fluorescent intensity of the dye safranin O (8 μ M) at λ ex/ λ em 495/586 nm (Akerman and Wikström 1976; Moore and Bonner 1982) in the medium containing 0.25 M sucrose, 0.005 M HEPES, 0.005 M KH₂PO₄, 0.002 M MgCl₂, 0.00005 M EGTA, and 5 mM succinate as a substrate, pH 7.4, at 26 °C. Isolated cardiac mitochondria (0.3 mg of protein/ml) were placed into the media and after 5 min effectors were added. The positively charged dye accumulated in mitochondria depending on the mitochondrial membrane potential, resulting in intramitochondrial dye fluorescence quenching. Complete depolarization of mitochondria to calibrate the dye fluorescence was achieved by addition of the uncoupler FCCP (0.5 μ M). Membrane potential changes in the presence of calcium ions or naringin were presented as the ratio (I_{FCCP} – I)/(I_{FCCP} - I₀) where I₀ is initial safranin O fluorescence intensity in mitochondrial suspension, I is safranin O fluorescence intensity, I_{FCCP} is safranin O fluorescence intensity after FCCP addition.

2.5. Mitochondrial swelling determination

Ca $^{2+}$ -induced swelling of respiring cardiac mitochondria was measured as we described earlier (Golovach et al. 2017). Briefly, the extent of the mitochondrial permeability transition pore (MPTP) formation was determined from the changes in the optical density of mitochondrial suspension at 540 nm and 26 °C using the buffer containing 0.12 M KCl, 0.005 M HEPES, 0.005 M KH $_2$ PO $_4$, 0.002 M MgCl $_2$, 0.00005 M EGTA, pH 7.4. Isolated mitochondria (0.5 mg of protein/ml) were added to the medium containing respiratory substrate (5 mM succinate). After 5 min of incubation, Ca $^{2+}$ ions or the flavonoid naringin were added and the rate (Δ D 540 /min) of the termination phase of swelling was measured, using a Jasco V-650 UV-VIS Spectrophotometer (Japan). At the end of the measurements, the uncoupler FCCP (0.5 μ M) was added to the mitochondria to control the completion of the MPTP formation process. To evaluate the effect of cyclosporine A, an inhibitor of MPTP formation, or RuR, an inhibitor of MCU, the mitochondria were pretreated with 1 μ M CsA or 10 μ M RuR at 26 °C for 3 min.

2.6. Statistics

The data of the experiments, obtained in 5-7 repetitions, were processed statistically by the package of applied program Statistica 10.0 and presented as a median (Me) and an interquartile range between the 25th and the 75th percentile [Q1; Q3]. The normality of distribution was assessed by the Shapiro-Wilk's test. The reliability of differences between the parameters were analyzed using the Mann-Whitney U test and the Kruskal-Wallis H test. The level of significance was considered at P < 0.05.

3. Results

3.1. Electron microscopic examination of the effects of exogenous Ca²⁺ ions on heart mitochondria ultrastructure

A typical picture of the ultrastructure of mitochondria isolated from the cardiomyocytes of 3-month-old Wistar rats is presented in Fig. 1. The purity of the mitochondrial fraction made up 90–95% in all the samples studied. In the majority of cases there were few admixtures as small fragments of microfibrils and individual lysosomes and lipofuscin granules. Most of the control mitochondria were of a round shape and distinguished by variable sizes (Fig. 1a). Multiple densely packed cristae occupied all the area of the mitochondrion section and the matrix was of moderate electron density. Such organelles are conventionally classified as those preserving orthodox biosynthetic functional state. Some of the mitochondria had more or less pronounced ultrastructural changes. These organelles were generally distinguished by an irregular shape, a light matrix and a larger size as compared to the majority of the neighboring organelles. It should be noted that control samples displayed only individual mitochondria with pronounced damage.

After exposure to $550 \, \mu M$ free Ca^{2+} ions, we observed appearance of swollen organelles with an electron-light matrix, a larger size, an irregular shape and a damaged native structure of the inner membrane (Fig. 1b). In the setting of the swollen matrix, mitochondria showed the formation of areas completely devoid of cristae, elongation of the intercristae spaces, the cristae lost contacts with the outer wall, were located irregularly and often aggregated on the periphery (Fig. 1b). In this situation, a mitochondrion, with the cristae area being not less than half the total surface area of the section, was classified as the organelle with a moderately disrupted structure, whereas a mitochondrion, with the cristae area being less than half the total square of the section, was classified as the organelle with a substantially impaired structure. Mitochondria with moderately and substantially impaired structures were seen much more frequently in comparison with control. The visual analysis of the ultrastructural transformations was confirmed by morphometrical measurements (Table). The mitochondrial exposure to 550 μ M free Ca^{2+} induced an increase in the cross-section area (by 20%), in the average perimeter (by 12%) and in the mean diameter (by 15%) of one mitochondrion. The elongation factor elevated and the organelle sphericity decreased, with the shape factor remaining changed.

The exposure of heart mitochondria to the flavonoid naringin ($200 \,\mu\text{M}$) alone induced some visible changes in organelle ultrastructure (Fig. 1d) and affected the morphometrical parameters: increased the average section area (by 10%), the average perimeter of mitochondria, the mean diameter and sphericity, but reduced the aspect ratio and elongation factor (Table). When mitochondria were exposed to Ca^{2+} ions ($550 \,\mu\text{M}$ free Ca^{2+}) in the presence of naringin ($200 \,\mu\text{M}$), we observed prevention of ultrastructural impairments (Fig. 1c, Table). The samples of the mitochondrial fraction of this group showed a greater amount of the organelles with preserved structures as opposed to the group exposed to Ca^{2+} without naringin correction and the majority of the organelles were characterized by a round shape, as in the case of control mitochondria, a matrix of moderate electron density and distinct, random cristae. The mean section area, the mean perimeter, and the mean diameter of mitochondria exposure to Ca^{2+} ions in the presence of naringin were not changed in comparison with control organelles (Table).

Table. Morphometric parameters of isolated rat heart mitochondria before and after treatment by Ca²⁺ ions. Effect of naringin.

Rat cardiac muscle mitochondria (5 mg/ml) were exposure to Ca^{2+} ions (550 μ M Ca^{2+} free), flavonoid naringin (200 μ M) or Ca^{2+} ions (550 μ M Ca^{2+} free) plus flavonoid naringin (200 μ M) in the medium containing 0.25 M sucrose, 0.005 M HEPES, 0.005 M KH_2PO_4 , 0.00005 M EGTA, pH 7.4, for 30 min (26 °C) *in vitro*. We used 5 animals in each group. The results were expressed as Me [Q1; Q3].

Morphometric parameters	Control	550 µM Ca ²⁺ free	550 µM Ca ²⁺ free	naringin 200 µM
			+ naringin 200 μΜ	
Area (average section area of one mitochondrion), µm ²	0.62	0.74	0.62	0.67
	[0.40;0.89]	[0.44;1.26]*	[0.39;0.87]#	[0.46;1.01]*
Perimeter (average perimeter of one mitochondrion), µm	3.21	3.60 [2.78;	3.21	3.38
	[2.55;3.90]	4.68]*	[2.56;3.88]*#	[2.76;4.16]*
Aspect ratio	1.48	1.59 [1.45;	1.57	1.42
	[1.36;1.62]	1.76]*	[1.45;1.73]*	[1.32;1.59]* [@]
Elongation factor	1.48	1.57 [1.41;	1.56	1.42
	[1.34;1.61]	1.73]*	[1.45;1.74]*	[1.29;1.59]* [@]
Mean Gray value (mean relative electron density of mitochondria)	115.4	147.8	129.1	125.1
	[106.5;131.0]	[124.8;161.2]*	[119.4;147.6]* [#]	[108.0;139.3]* [@]
ECD (equivalent circle diameter), µm	0.89	0.98	0.89	0.93
	[0.71;1.07]	[0.75;1.28]*	[0.71;1.05] [#]	[0.76;1.13]* [@]
Mean Diameter (average diameter of one mitochondrion), µm	1.01	1.14	1.01	1.07
	[0.79;1.22]	[0.85;1.49]*	[0.79;1.25] [#]	[0.88;1.29]* [@]
Sphericity	0.46	0.41	0.42	0.52
	[0.38;0.55]	[0.34;0.50]*	[0.34;0.49]*	[0.41;0.61]* [@]
Shape Factor	0.78 [0.72;0.82]	0.77 [0.70;0.81]	0.77 [0.71;0.80]	0.78 [0.71;0.82]
* - p < 0.05 in comparison with Control				
$^{\#}$ - p < 0.05 in comparison with 550 μ M Ca ²⁺ free				
$^{@}$ - p < 0.05 in comparison with 550 μ M Ca ²⁺ free + naringin 200 μ M				

3.2. Respiratory parameters of rat heart mitochondria in vitro in the presence of Ca ²⁺ ions. Effect of plant polyphenol.

In the next step of our *in vitro* experiments, we evaluated the effects of Ca²⁺ ions and the flavonoid naringin on the parameters of mitochondrial respiration. The low concentrations of exogenous free Ca²⁺ ions (we used the 0.0002 M EGTA-containing medium and the calculated Ca²⁺ free concentrations were of 20 to 250 nM) dose-dependently inhibited the substrate-stimulated oxygen consumption rate V2 and the ADP-dependent oxygen consumption rate V3. The coefficient RCR and the coefficient of phosphorylation ADP/O were not considerably changed (Figs. 2a, b)

Taking into consideration the possibility of plant polyphenols to influence mitochondrial activity, we studied the modulatory effects of the flavonoid naringin, widely distributed in the human diet, on the respiratory parameters of isolated rat cardiac mitochondria in the absence or in the presence of calcium ions (Ca^{2+} free = 240 nM) *in vitro*. In the absence or in the presence of Ca^{2+} ions, naringin ($10-75~\mu M$) dose-dependently diminished the ADP-stimulated oxygen-consumption rate V3 in mitochondria (Fig. 3a). Flavonoid increased oxygen-consumption rate V2 in the absence of Ca^{2+} and decrease this parameter in the presence of Ca^{2+} (Fig. 3a), as well as decreased the coefficient RCR (V4/V3), but did not influence the coefficient ADP/O (Fig. 3b).

3.3. Heart mitochondria permeability transition and membrane depolarization induced by Ca²⁺ ions and naringin in vitro

Further we compared the effect of Ca^{2+} ions on respiratory parameters of cardiac mitochondria with those on swelling and membrane potential of cardiac mitochondria energized by succinate. The rate of MPTP formation was measured using the initial part of the kinetic curves of Ca^{2+} -induced mitochondrial swelling. Figures 4a and 4b show representative tracks of rat heart mitochondrial swelling as a result of MPTP opening that was recorded by changing the intensity of mitochondrial suspension light scattering (D⁵⁴⁰) in the presence of increasing concentrations of Ca^{2+} ions.

As one can see, the apparent rate of MPTP formation dose-dependently increased in the presence of calcium ions (Figs. 4, 5). CsA, a known inhibitor of MPTP opening, completely prevented heart mitochondria swelling (Fig. 4a). Simultaneously, the higher concentrations of the calcium chelator EGTA (0.0005 M) also prevented Ca²⁺-induced MPTP opening (Fig. 4a). The specific inhibitor of MCU, RuR, completely inhibited Ca²⁺-induced mitochondria swelling as well (Fig. 4b). The polyphenolic effector naringin (25–75 μ M) promoted mitochondria swelling in the absence of calcium ions (Figs. 4b, 6), but inhibited calcium-induced MPTP formation at higher concentrations (75 μ M).

Figs. 7a and 7b show representative traces of the probe safranin O fluorescence intensity changes after mitochondria exposure to Ca^{2+} ions or naringin. Ca^{2+} ions (Ca^{2+} free = $100-550~\mu M$) effectively dissipated mitochondrial membrane potential in the EGTA-containing media. Simultaneously, the heart

mitochondria exposure to naringin (75 μ M) resulted in dissipation of membrane potential in the absence of Ca²⁺ (Fig. 7). RuR prevented Ca²⁺-induced dissipation of cardiac mitochondria membrane potential in the absence (completely) or in the presence of naringin (partially) (Fig. 7).

4. Discussion

Ca $^{2+}$ signaling pathways play fundamental roles in the heart as regulators of the contractile function and cardiomyocyte growth, and altered Ca $^{2+}$ homeostasis is the main cause of cardiovascular diseases (Gilbert et al. 2020). In the earlier work of Miyamae et al., it was shown that cardiac mitochondrial Ca $^{2+}$ was in the range of 0.1–0.2 μ M, and elevated to a higher steady-state level during increasing beating frequency (Miyamae et al. 1996). The cardiomyocyte possesses spatially separated populations of mitochondria which respond to pathological conditions heterogeneously (Rosca et al. 2008). Subsarcolemmal mitochondria (SSM) exist below the sarcolemma, interfibrillar mitochondria (IFM) reside in the rows between the myofibril contractile apparatus, and perinuclear mitochondria are situated at the nuclear poles in the perinuclear region (Hollander et al. 2014; Shimada et al. 1984). As was shown earlier electron transport chain complex activities do not differ significantly in IFM and SSM (Rosca et al. 2008). Using scanning electron microscopy earlier it was shown that interfibrillar mitochondria were elongated and usually about the same length as the sarcomere and that subsarcolemmal mitochondria varied in size and shape, being rod-like, spherical, polygonal or horseshoe-like (Shimada et al. 1984).

In our experiment, the ultrastructure of the control cardiac rat mitochondria corresponded to the optimal bioenergetic potential. Overload by calcium ions (free Ca^{2+} concentration was 550 μ M) showed a dramatic increase in mitochondrial heterogeneity in size and electron density. The swollen mitochondria in the presence of Ca^{2+} were characterized by lowered bioenergetic and biosynthetic potentials.

Our results demonstrated an influence of naringin alone on the isolated heart mitochondria ultrastructure. In our work, naringin influenced mitochondrial functions and affected the response of the rat heart mitochondria to Ca²⁺ ions: the preliminary exposure of mitochondria to naringin partially prevented Ca²⁺ ion-induced structural transformations, naringin dose-dependently inhibited mitochondrial oxygen consumption, stimulated MPTP opening and membrane depolarization in the absence of Ca²⁺ (this fact correlated with the morphological transformations of mitochondria observed in the presence of naringin), but partially prevented Ca²⁺-induced MPTP opening (25–100 µM). The decrease in membrane potential by naringin probably diminished potential-dependent calcium ion accumulation by mitochondria. In our experiment, RuR, a specific inhibitor of mitochondrial calcium uniporter, completely inhibited Ca²⁺-dependent membrane depolarization, but did not affect markedly the stimulation of these processes by naringin. Therefore, one can suggest, that naringin stimulate mitochondrial membrane Ca²⁺- permeability. The uncoupling effect of the flavonoids and their ability to dissipate mitochondrial membrane potential have been attributed to weak-acidic and hydrophobic nature of the flavonoids [Sandoval-Acuña et al. 2014].

Previously, for rat liver mitochondria we suggested a direct incorporation of the flavonoids, quercetin, catechin and naringenin, in the mitochondrial membrane and a change in membrane stability, as well as an effect of the flavonoids as proton/calcium ions carriers and Ca^{2+} ions chelators (Veiko et al. 2020). It is well known that a large number of plant flavonoids are capable of forming stable metal complexes through their multiple OH groups and the carbonyl moiety and of preventing the toxicity of active metal ions (Cherrak et al. 2016). The reactive polyphenols can act as either agonists or antagonists of MPTP opening depending on the experimental conditions and polyphenol concentrations (Ortega and García 2009; Marchi et al. 2009). One of the main results of the mitochondrial calcium overload is the MPTP formation resulting in Ca^{2+} linked necrotic and apoptotic (or necroapoptotic) myocyte death (Lemasters et al. 2009). We suggested that the Ca^{2+} -induced ultrastructural disturbances in rat heart mitochondria and mitochondrial membrane depolarization, were probably a result of MPTP opening (free Ca^{2+} -concentrations were $150-750~\mu$ M) (Fig. 5) and the changes in the mitochondrial respiratory activity were not related to the MPTP formations.

Using the Lineweaver-Burk plot of the dependence of the reciprocal apparent swelling rate (min/ ΔD^{540}) on the reciprocal Ca²⁺ concentration (1/[Ca²⁺]), we calculated the apparent Michaelis-Menten constant, K_m, of Ca²⁺ ions interaction with rat cardiac mitochondria sites (or Ca²⁺ concentration corresponding to half the maximal swelling rate) (Fig. 5b). The apparent K_m of the MPTP formation for cardiac mitochondria was calculated to be 350 ± 50 μ M. Earlier it was shown that the cardiac MCU conductance is assumed to follow a Michaelis-Menten type relationship with a K_m of 19 mM Ca²⁺ (Williams et al. 2013). For comparison, the apparent K_m for MPTP formation in the isolated rat liver mitochondria was previously calculated to be 75 ± 20 μ M (Golovach et al. 2017). Bernardi has recently suggested at least two pathways for Ca²⁺-dependent mitochondria permeabilization: 1) high-conductance F-ATP synthase-dependent MPTP opening, which is inhibited by CsA, but not by bongkrekate (BKA), and 2) adenine nucleotide translocase (ANT) dependent MPTP opening, which is inhibited by both CsA and BKA (Bernardi 2020). Halestrap et al. suggested the MPTP to be a promising drug target in human cardiovascular disease (Halestrap and Pasdois 2009).

According to our results, low free Ca²⁺ concentrations (40–250 nM) effectively inhibited the respiratory activity of rat heart mitochondria, remaining unaffected the coefficient ADP/O. Inhibition of the respiratory activity of heart mitochondria preceded Ca²⁺-linked MPTP or membrane depolarization.

Biphasic Ca^{2+} effects such as small increases in Ca^{2+} concentration stimulating mitochondrial respiration and considerable Ca^{2+} elevations inhibiting respiration were detected both in heart and kidney mitochondria (Zhang et al. 2022; Anmann et al. 2005). The sensitivity of O_2 utilization and ATP synthesis to Ca^{2+} ions were substrate-dependent and organ (heart and kidney) – specific (Zhang et al. 2022). Similarly, using isolated mice skeletal muscle mitochondria energized by the complex I substrates, glutamate/malate (not succinate), Fink et al. showed that free Ca^{2+} at 450 nM enhanced respiration and ATP production, but inhibited these processes at 10 μ M or higher concentrations (Fink et al. 2017).

We observed earlier that the MPTP opening in rat liver mitochondria caused ultrastructural disturbances, effective inhibition of respiratory activity, uncoupling respiration and oxidation processes, as well as mitochondrial potential dissipation in the presence of lower concentrations of exogenous Ca^{2+} (20–60 μ M) (Zavodnik et al. 2022; Golovach et al. 2017) compared to heart mitochondria. The susceptibility of cardiac mitochondria to calcium-induced MPTP opening was much lower, but the susceptibility of mitochondrial respiration was much higher in comparison with liver mitochondria. Similarly, Drahota and coauthors demonstrated earlier that as compared to liver mitochondria, the MPTP of cardiac mitochondria were more resistant to damaging effects of the calcium load and oxidative stress (Drahota et al. 2012).

Conclusions

Our present findings point out that the low concentrations of exogenous free Ca²⁺ ions (calculated Ca²⁺free concentrations were of 40 to 250 nM) dose-dependently inhibited the succinate-stimulated oxygen consumption rate V2 and the ADP-dependent oxygen consumption rate V3 without significant changes in the coefficients RCR and ADP/O. The high exogenous Ca²⁺ ion concentrations (the free Ca²⁺ concentration was 550 µM) promoted a dramatic increase in mitochondrial heterogeneity in size and electron density due to the occurrence of swollen organelles with an electron-light matrix, a larger size, an irregular shape, elongation of the intercristae spaces, and a damaged native structure of the inner membrane of rat heart mitochondria. The ultrastructural disturbances in heart mitochondria were connected with calcium-induced opening of the MPTP and membrane depolarization, observed at free Ca^{2+} concentrations of 150 to 750 μM . Using the Lineweaver-Burk plot of the dependence of the reciprocal apparent swelling rate (min/ ΔD^{540}) on the reciprocal Ca²⁺ concentration (1/[Ca²⁺]), we calculated the apparent Michaelis-Menten constant of Ca²⁺ ions interaction with rat cardiac mitochondria sites, $K_m = 350 \pm 50 \mu M$. As compared to liver mitochondria, the sensitivity to Ca^{2+} of rat heart mitochondria was much lower in the case of MPTP opening and much higher in the case of respiration inhibition. The preliminary exposure of cardiac mitochondria to the flavonoid naringin alone affected the morphometrical parameters (200 µM): increased the average section area and the perimeter of mitochondria, stimulated mitochondria swelling and membrane potential loss (25–100 µM) in the absence of Ca²⁺, partially prevented Ca²⁺ ion-induced morphological transformations (200 µM) in mitochondria, dose-dependently (25–75 μM) diminished the oxygen-consumption rates V3 and V2 in the absence or in the presence of Ca²⁺ ions, as well as inhibited Ca²⁺ ion-stimulated MPTP opening. These effects of weak-acidic and lipophilic naringin could be explained due to a direct interaction of naringin with isolated mitochondria, its protonophoric/ionophoric properties. One can suggest that the decrease in membrane potential by naringin diminishes the potential-dependent accumulation of calcium ions by mitochondria.

Abbreviations

ADP – adenosine 5'-diphosphate sodium salt, ANT – adenine nucleotide translocase, BKA – bongkrekate, BSA – bovine serum albumin, CsA – cyclosporine A, EDTA – ethylenediaminetetraacetic acid disodium salt, EGTA – ethylene glycol-bis(β -aminoethyl ether)-N,N,N',N'-tetraacetic acid tetrasodium salt, ER/SR – endoplasmic/sarcoplasmic reticulum, FCCP – carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone, HEPES – 4-(2-Hydroxyethyl)piperazine-1-ethanesulfonic acid, N-(2-Hydroxyethyl)piperazine-N'-(2-ethanesulfonic acid), IFM – interfibrillar mitochondria, MAMs – mitochondria associated membranes, Me – median, MCU - mitochondrial Ca²⁺ uniporter, MPTP – mitochondrial permeability transition pore, PBS – isotonic buffered saline, RCR – respiratory control ratio, ROS – reactive oxygen species, RuR – Ruthenium red, SERCA – sarcoplasmic reticulum Ca²⁺-ATPase, SSM – subsarcolemmal mitochondria

Declarations

Conflict of Interest: The authors declare no conflicts of interest.

Informed consent: Informed written consent was obtained from all the individual participants included in the study.

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CRediT author statement

T.A. Kavalenia: investigation, data curation, software, E.A. Lapshina: data curation, validation, software, writing-original draft preparation, T.V. Ilyich: investigation, software, visualization, Hu-Cheng Zhao: conceptualization, methodology, supervision, I.B. Zavodnik: conceptualization, writing-reviewing and editing.

All the authors approved the final version of the manuscript.

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Figures

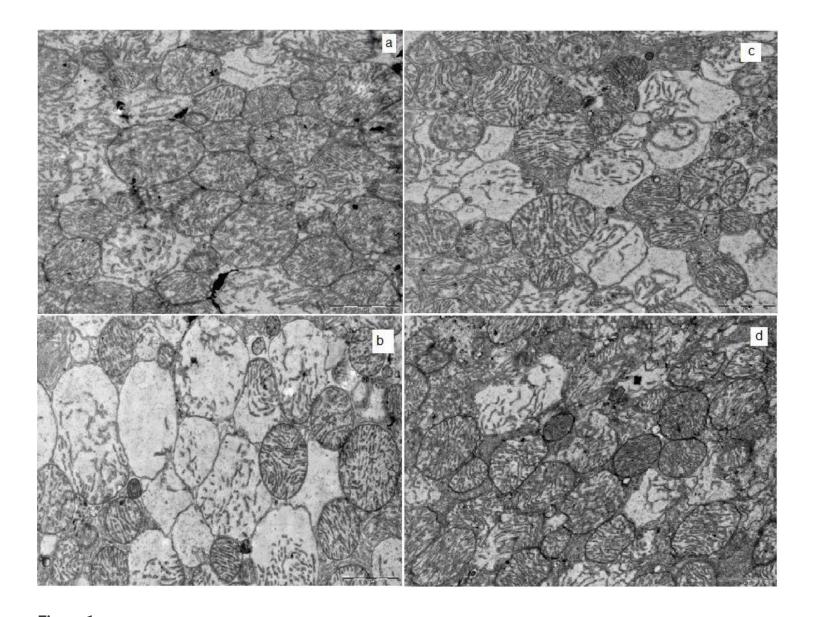


Figure 1

Electron micrographs of isolated rat heart mitochondria:

a) control rat heart mitochondria, b) Ca²⁺-induced morphological transformations of cardiac mitochondria *in vitro* (Ca²⁺ free = 550 μ M, 30 min, 26 °C), c) heart mitochondria exposed to Ca²⁺ ions (550 μ M free Ca²⁺) in the presence of naringin (200 μ M, 30 min, 26 °C), d) mitochondria exposed to the flavonoid naringin (200 μ M, 30 min, 26 °C). 0.25 M sucrose, 0.005 M HEPES, 0.005 M KH₂PO₄, 0.00005 M EGTA, pH 7.4, x40 000. The scale intervals are equal to 1.0 μ m.

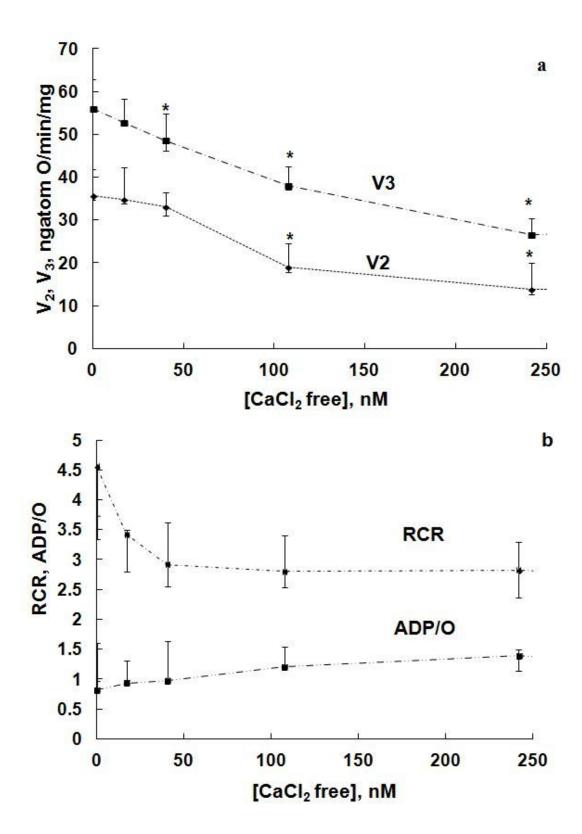


Figure 2

Ca $^{2+}$ ions inhibit respiratory activity of rat heart mitochondria: dependences on Ca $^{2+}$ ion concentrations of the oxygen consumption rate V2, the ADP-dependent oxygen consumption rate V3 (a), and the coefficients RCR and ADP/O (b). Rat heart mitochondria (0.5 mg/ml) were placed in EGTA-containing medium: 0.25 M sucrose, 0.005 M KH $_2$ PO $_4$, 0.005 M HEPES, 0.01 M KCl, 0,002 M MgCl $_2$, 0.0002 M EGTA, pH 7.4, at 26 °C. 5 mM succinate as a substrate and 200 μ M ADP were added.

Significant difference (P<0.05): *vs. that in the absence of calcium ions.

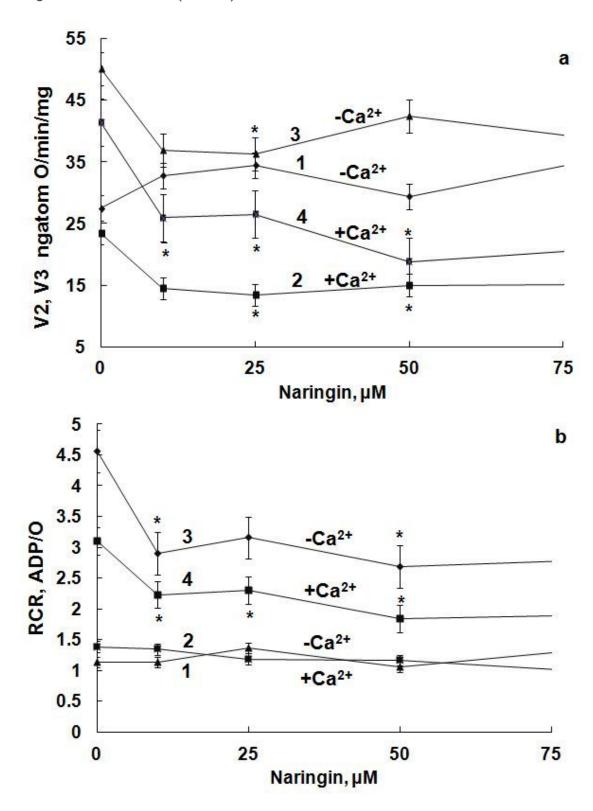


Figure 3

Effect of naringin on the respiration parameters of isolated rat heart mitochondria: (a) the oxygen consumption rates V2 (1, 2) and V3 (3, 4); (b) the coefficient of phosphorylation (ADP/O ratio) (1, 2) and the respiratory control ratio (RCR) (3, 4) in the absence (1, 3) or in the presence of Ca^{2+} ions (Ca^{2+} free =

240 nM) (2, 4). Mitochondria (0.5 mg protein/ml) were placed in the medium containing 0.25 M sucrose, 0.005 M $\rm KH_2PO_4$, 0.005 M HEPES, 0.01 M KCl, 0,002 M $\rm MgCl_2$, 0.0002 M EGTA, pH 7.4, at 26 °C, in the absence or in the presence of naringin. 5 mM succinate as a substrate and 200 μ M ADP were added.

Significant difference (P<0.05): *vs. that in the absence of naringin.

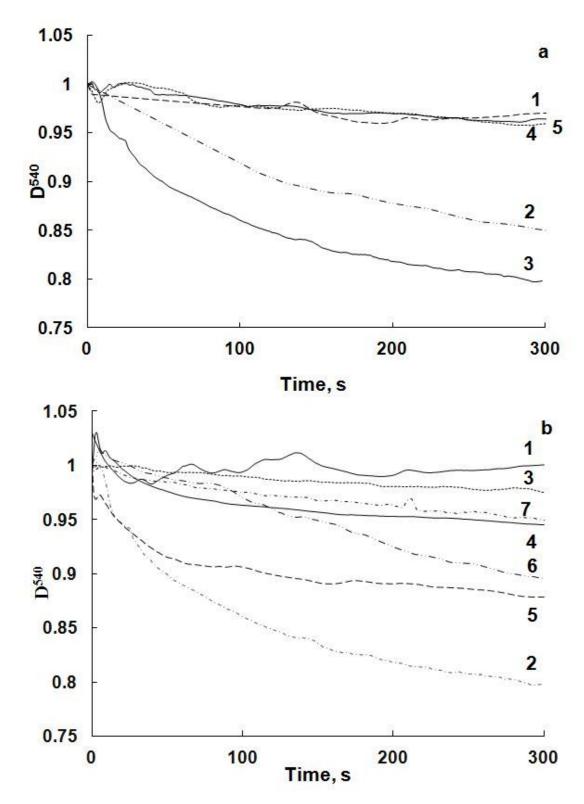


Figure 4

Representative traces of time-dependences of exogenous Ca^{2+} -induced MPTP formations measured as changing optical density (D⁵⁴⁰) of cardiac mitochondrial suspension at 540 nm: a) in the absence (1, control) and in the presence of exogenous free Ca^{2+} ions: 350 mM (2), 550 mM (600 mM total Ca^{2+} ions) (3), 58 mM (600 mM total Ca^{2+} ions in the presence of 0.0005 M EGTA) (4), 550 mM free Ca^{2+} +10 mM RuR (5);

b) in the absence (1, control) and in the presence of exogenous free Ca²⁺ ions and naringin: free Ca²⁺ 550 mM (2), free Ca²⁺ 550 mM + 1 mM CsA (3), naringin 25 mM (4), naringin 100 mM (5), free Ca²⁺ 550 mM + naringin 75 mM (6), free Ca²⁺ 550 mM + naringin 75 mM + 10 mM RuR (7). 0.12 M KCl, 0.005 M HEPES, 0.005 M KH₂PO₄, 0.002 M MgCl₂, and 0.00005 M EGTA, pH 7.4 at 26 °C, 5 mM succinate as a substrate, 0.5 mg protein/ml.

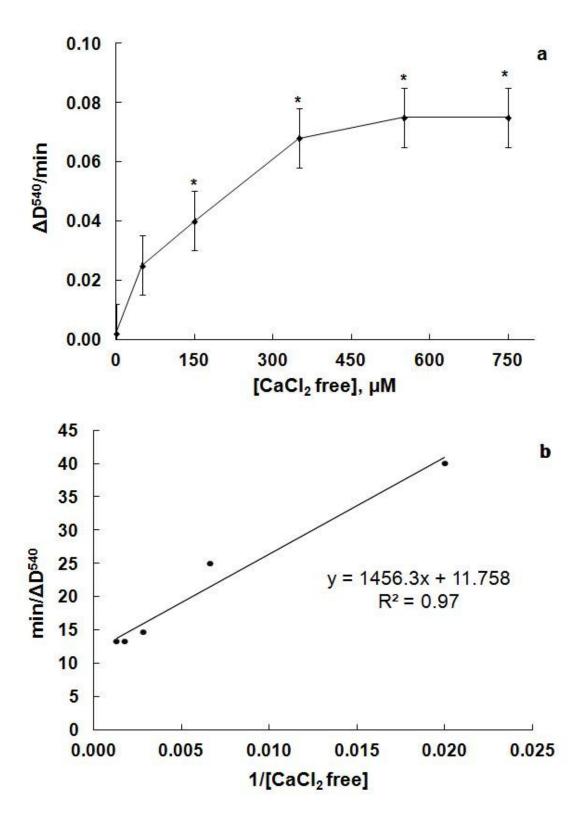


Figure 5

a) Effect of free Ca^{2+} ion concentrations on the rate of MPTP (ΔD^{540} /min) formation for rat heart mitochondria, b) the same dependence represented as the Lineweaver-Burk plot (or a double reciprocal plot).

0.12 M KCl, 0.005 M HEPES, 0.005 M KH $_2$ PO $_4$, 0.002 M MgCl $_2$, and 0.00005 M EGTA, pH 7.4 at 26 °C, 5 mM succinate as a substrate, 0.5 mg protein/ml.

Significant difference (P<0.05): *vs. that in the absence of Ca²⁺ ions.

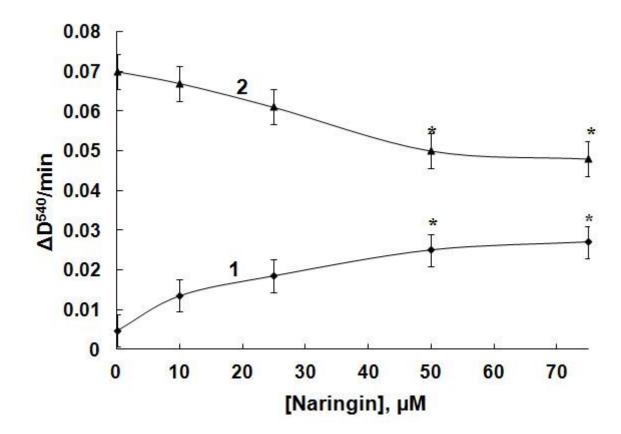
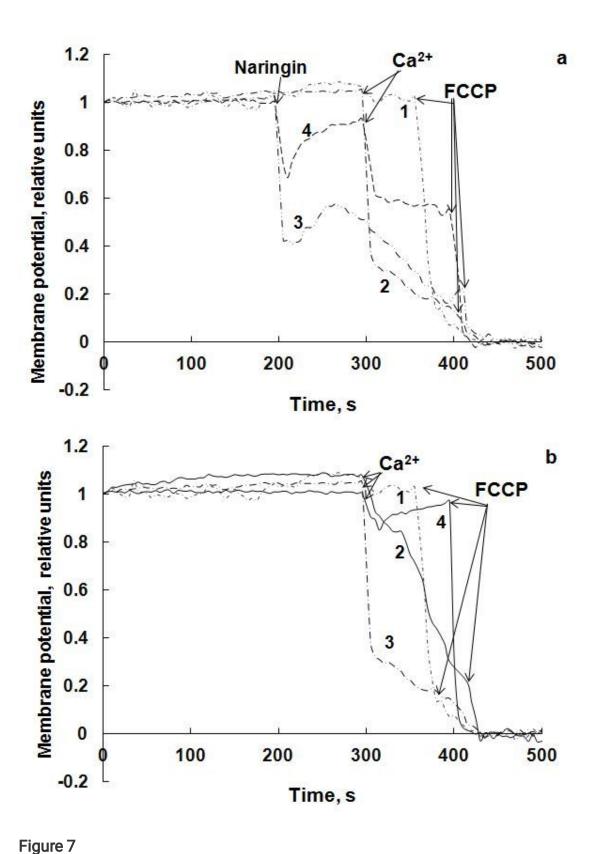


Figure 6

Effect of naringin on the rate of MPTP (ΔD^{540} /min) formation for rat heart mitochondria in the absence (1) and in the presence of free Ca²⁺ 550 mM (2).

0.12 M KCl, 0.005 M HEPES, 0.005 M KH $_2$ PO $_4$, 0.002 M MgCl $_2$, and 0.00005 M EGTA, pH 7.4 at 26 °C, 5 mM succinate as a substrate, 0.5 mg protein/ml.

Significant difference (P<0.05): *vs. that in the absence of naringin.



Representative traces of rat heart mitochondrial membrane potential dissipation: a) control (1); 550 μ M Ca²⁺ (2); 75 μ M naringin (3); 550 μ M Ca²⁺ + 75 μ M naringin + 10 μ M RuR (4);

b) control (1); 100 μ M Ca²⁺ (2); 550 μ M Ca²⁺ (3); 550 μ M Ca²⁺ + 10 μ M RuR (4). Mitochondrial membrane potential was detected using the fluorescent dye safranin O (8 μ M) at λ ex/ λ em 495/586 nm at 27 °C and

5 mM succinate as energizing substrate. Mitochondria (0.3 mg of protein/ml) were added to the medium at constant gentle stirring: 0.25 M sucrose, 0.005 M HEPES, 0.005 M $\rm KH_2PO_4$, 0.002 M $\rm MgCl_2$, 0.00005 M EGTA, and 5 mM succinate as a substrate, pH 7.4, at 26 °C.

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