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Research Article

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Development of a Winter Abnormal Cold Climate Index and Its Influencing Factors

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Abstract: The prediction of extreme weather and climate events is a difficulty in the field of climate prediction. In practice, seasonal and monthly mean temperature has been used as the climate prediction index. However, the mean temperature forecast on seasonal and annual time scales cannot truly reflect the real climate situation as the mean temperature on a certain time scale smoothes abnormal cold and warm climate events. For instance, an abnormal cold climate event may occur even if the winter mean temperature is forecasted to be normal in a certain year. An abnormal warm climate event may also occur at the same time. Both affect the accuracy of climate prediction. Based on extreme weather events, this paper constructs a winter abnormal cold climate index, named WACCI, to represent the characteristics of extremely low temperature events. The index is composed of three factors, including cold duration, extremely cold temperature anomaly, and temperature cumulative anomaly. Taking Heilongjiang Province in China as the study area, relationships between WACCI and winter mean temperature, atmospheric circulation, and sea surface temperature (SST) are analyzed and compared. The analysis shows that the polar and mid-high latitude circulations have a significant impact on WACCI. The meridional circulation is dominant in the mid-high latitudes of Eurasia when the polar vortex area in the Northern Hemisphere is large, the intensity of the polar vortex is weak, and the polar vortex splits southward. Additionally, the intensity of the East Asian trough is strong and arctic oscillation (AO) is in an abnormal negative phase, which tends to result in a large WACCI. According to those atmospheric circulation factors, the regional and even global abnormal cold climate can be predicted in practice instead of using the prediction of winter mean temperature. The abnormal cold climate index proposed in this paper provides a new way for the extreme climate event occurrence trend, mechanism research, and short-term climate prediction (i.e., monthly or seasonal).

Key words: abnormal cold climate index, atmospheric circulation factors, sea surface temperature index of key regions, Heilongjiang Province

1 INTRODUCTION

Under the background of global warming, there are various types of short-term and regional abnormal changes in the global climate system. In recent years, regional low temperature extreme events (RELTEs) occur frequently in the Northern Hemisphere with large impact range and long duration. For example, an extremely rare national low temperature extreme event occurred in China in January 2011. The wide range and long duration of the event made it the most significant event since 1977 (Hu et al., 2007). Since RELTEs occur more frequently and can result in huge disasters, better methods to detect RELTEs are needed. (Wu et al., 2017; Zhai et al., 2007; Wang et al., 2013; Gong and Wang, 2010; Zhai and Pan, 2003; Wang et al., 2004; Katz and Brown, 1992). At present, the prediction of long-term temperature change on seasonal and annual scales is mainly based on the seasonal and annual mean temperature which, however, can only reflect the average

45 situation in a certain period. If there are strong low and high temperature extreme events in this period, the
46 mean temperature would smooth out the extreme temperature signal. Therefore, the mean temperature cannot
47 truly reflect the occurrence of extreme climate events. There are many past studies on the detection, diagnosis,
48 and analysis of extreme climate events in China and abroad (Alexander et al., 2006; Soltani et al., 2016; Fu et
49 al., 2011; Wang et al., 2014; Li et al., 2014; Wang and Ding, 2006). Nevertheless, the prediction of extreme
50 climate events is still weak, especially for the seasonal and annual low temperature extreme events with long
51 time scales. Meanwhile, the atmospheric circulation situation of cold and warm extreme events are different in
52 the atmospheric circulation system. If the mean temperature is taken as the prediction index of extreme climate
53 events, two possibly opposite atmospheric circulation index signals would be mixed and make it difficult to
54 reveal the mechanism of atmospheric circulation affecting extreme climate events. Hence, if an abnormal
55 extreme climate index could be constructed to separate low temperature extreme events from high temperature
56 extreme events, it should realize the forecast and prediction of extreme climate events and promote the
57 progress of climate operations. Furthermore, it should be able to objectively reflect the distribution and change
58 of extreme climate events and reveal the occurrence mechanism of extreme climate events.

59 An extreme climate event refers to the occurrence of an abnormal climate variable value which is higher
60 (or lower) than a certain threshold near the upper (or lower) end of the observation range of the variable
61 (Stocker et al., 2013). Extreme temperature events are one kind of extreme climate events. There are currently
62 three main types of detection and diagnosis of extreme temperature events, including absolute critical value
63 method (Zhou and Ren, 2011), percentile method (Li et al., 2011; Sun et al., 2016; Wei et al., 2016; Choi et al.,
64 2009), and standard deviation method (Qian et al., 2007; Pan et al., 2020). The absolute critical value method
65 is to select a certain critical meteorological element value which affects human or living things. For instance, if
66 the daily maximum temperature is higher than 35°C, it is defined as a high temperature extreme event. If the
67 daily minimum temperature is lower than 0°C, it is defined as a low temperature extreme event. The percentile
68 method is defined relative to the percentile critical values of the local climate state, that is, the small
69 probability events counted from the perspective of probability distribution (Bonsal et al., 2001). To be specific,
70 this method is to arrange the mean temperature of a certain period in an ascending order and take the 90th and
71 10th percentiles as the threshold values of extreme temperature events. If the temperature is greater than the
72 90th percentile value, it is considered that there is a high temperature extreme event in that year. If it is less
73 than the 10th percentile value, it is considered that there is a low temperature extreme event in that year. Last
74 but not least, the standard deviation method uses the standard deviation of $\pm n$ times of the mean value of
75 regional temperature to determine the threshold value. The value of n depends on the distribution of specific
76 values (Qian et al., 2007). The three methods have a common feature where they all can diagnose the
77 frequency of extreme temperature events but cannot express the degree of extreme temperature events.
78 Therefore, in addition to frequency, the abnormal extreme climate index should include the degree of abnormal
79 extreme climate events.

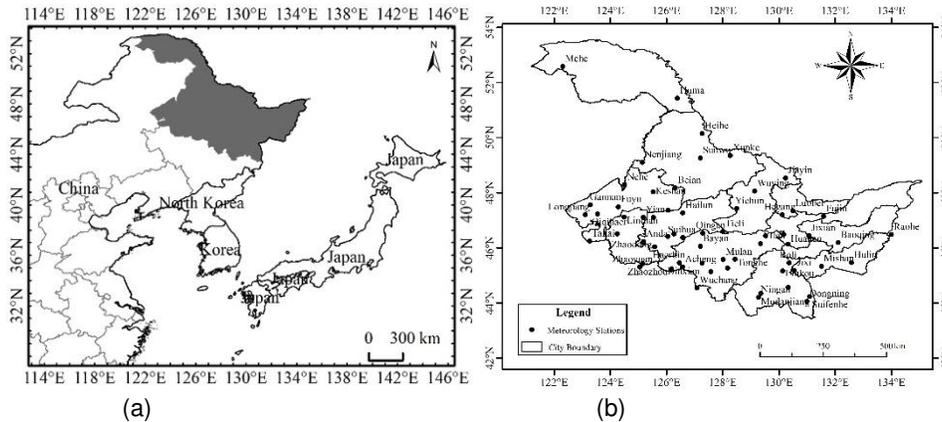
80 The paper constructs a comprehensive extreme climate event based on the frequency and degree of
81 extreme weather events. The extreme cold climate events are separated from the extreme warm climate events.
82 The seasonal scale is defined to represent the WACCI of winter low temperature extreme events. Besides, the
83 paper analyzes the long-term change trend of low temperature extreme event index, reveals the impact
84 mechanism of atmospheric circulation factors and external forcing of SST on the index, provides a new idea to
85 realize monthly and seasonal short-term climate prediction, and promotes the climate prediction operations.
86 Also, the paper provides a new method to study the distribution and change trend of extreme climate events
87 under the background of climate change and to reveal its mechanism. Moreover, the paper illustrates the
88 advantage of WACCI, taking Heilongjiang Province in China as an example.

89

90 **2 BRIEF INTRODUCTION OF HEILONGJIANG PROVINCE IN CHINA**

91 Heilongjiang Province, located in northeastern China (121°11'–135°05'E, 43°26'–53°33'N), is the most
92 northerly territory of the country (Fig. 1). It borders Russia in the north along Heilongjiang River.

93 Characterized with a temperate continental monsoon climate. Impacted by the geographical environment, sea-
94 land air mass, and monsoon alternation, it has long, cold winters and short summers. The annual average
95 temperature ranges from -4°C and 5°C from north to south of the study area. Its annual total precipitation is
96 around 400–650 mm that gradually decreases from east to west. Relevant research shows that cold winters
97 frequently occur in Heilongjiang Province in recent ten years. There are five consecutive years of cold winters
98 in Heilongjiang Province from 2009 to 2013 (Song et al., 2011; Li et al., 2010; Li et al., 2011). In the winter of
99 2017, there were multiple cold wave weather. Besides, the lowest temperature in the same period since records
100 was recorded at several stations (Ban et al., 2019).



101
102
103 Fig. 1 Maps showing the location of Heilongjiang Province within northeastern China (a) and its administrative subdivisions (b).

104 105 3 DATA

106 Below are data used in this study:

107 (1) Daily mean temperature, provided by the Heilongjiang Meteorological Observatory first established in
108 1951. Since then, 83 stations have been built, which are divided into the national standard meteorological
109 observation stations, national basic meteorological observation stations, and general meteorological
110 observation stations. According to the requirements of data continuity and the number of stations needed for
111 analysis, 61 stations with continuous and complete observation data since 1961 are selected. The spatial
112 distribution is shown in Fig. 1b. The basic data used in the study are daily temperature data. The time scale is
113 from January 1961 to February 2018. Plus, the research period is winter which is defined as November of the
114 current year to February of the next year.

115 (2) Global grid data of 500 hPa geopotential height field on monthly scale, using the NCEP/NCAR
116 reanalysis data, resolution of $2.5^{\circ} \times 2.5^{\circ}$, and time scale from December 1961 to February 2019. Data are from
117 the U.S. National Oceanic and Atmospheric Administration. Registered download at website
118 <https://psl.noaa.gov/data/gridded/data.ncep.reanalysis.html>.

119 (3) Global grid data of SST on monthly scale, utilizing the NOAA extended reconstruction of SST data
120 set (ERSSTv4), resolution of $2.0^{\circ} \times 2.0^{\circ}$, and time scale from December 1959 to February 2019. Data are from
121 the U.S. National Oceanic and Atmospheric Administration. Registered download at website
122 <https://psl.noaa.gov/data/gridded/data.noaa.ersst.v4.html>

123 (4) Arctic oscillation index (AO). Data are from the U.S. Climate Prediction Center (CPC) with a time
124 scale from December 1961 to February 2019. The data download address is as follows:
125 [https://www.cpc.ncep.noaa.gov/products/precip/CWlink/daily_ao_index/monthly_ao_index.b50.current.ascii.ta](https://www.cpc.ncep.noaa.gov/products/precip/CWlink/daily_ao_index/monthly_ao_index.b50.current.ascii.table)
126 [ble](https://www.cpc.ncep.noaa.gov/products/precip/CWlink/daily_ao_index/monthly_ao_index.b50.current.ascii.table).

127 (5) Monthly atmospheric circulation index, derived from the National Climate Center of China
128 Meteorological Administration. Circulation indices include the area and intensity of polar vortex in the
129 Northern Hemisphere and Asia, the zonal circulation index in Eurasia, and the position and intensity of the

130 East Asian trough. The time scale is from December 1961 to February 2019.

131 4 RESEARCH METHOD

132 4.1 Pearson correlation coefficient

133 The Pearson correlation coefficient is a commonly used indicator to describe the degree of correlation
134 between climate variables (Jia, 2018). Let $(x_1, y_1), (x_2, y_2), \dots, (x_n, y_n)$ be the n pairs of observation values of
135 the two-dimensional climate variable (X, Y), then their Pearson correlation coefficient r is

$$136 r = \frac{\sum_{i=1}^n (x_i - \bar{X})(y_i - \bar{Y})}{\sqrt{\sum_{i=1}^n (x_i - \bar{X})^2} \sqrt{\sum_{i=1}^n (y_i - \bar{Y})^2}} \quad (1)$$

137 where \bar{X} and \bar{Y} are the mean values of sequences X and Y, respectively. The value range of r is $0 \leq |r| \leq 1$.
138 The size of r reflects the strength of the linear relationship between two variables. The larger $|r|$, the closer the
139 linear correlation; the smaller $|r|$, the weaker the linear correlation. In addition, if r is positive, it means
140 positive correlation; if r is negative, it means inverse correlation.

141 4.2 Trend analysis

142 Trend analysis on the time series of snowfall amount was carried out by the linear trend estimation
143 method:

$$144 y = ax + b \quad (2)$$

145 where a and b are constants, and x represents the year. The trend coefficient a and the regression coefficient b
146 are obtained by least squares. The value of a being positive or negative represents the direction of the data
147 series change with time, and the absolute value of a represents the rate of change.

148

149 5 RESULTS

150 5.1 Construction of WACCI

151 In the paper, the cold duration days (τ , d), extremely cold temperature anomaly (t_m , °C), and temperature
152 cumulative anomaly (t_a , °C) were selected to construct the WACCI.

153 (1) Determination method of cold duration days (τ) in a certain year: τ was based on historical long
154 sequences of daily temperature data. First, the standard deviation method was used to select the winter
155 abnormal cold climate events in Heilongjiang Province. Next, the accumulated days of winter abnormal cold
156 climate events were calculated. The specific method was to calculate the daily mean temperature and standard
157 deviation of the historically recorded daily mean temperature sequences (from 1961 to 2018 in the paper). The
158 mean value was subtracted from daily temperature values in order to obtain the anomaly sequence (Δt) and
159 calculate the sequence standard deviation (σ). In the sequence, an abnormal cold climate event was defined if
160 the negative anomaly was more than 1 time of standard deviation ($\Delta t > \sigma$) in the daily mean temperature
161 anomaly sequence for 5 consecutive days. If there were multiple winter abnormal cold climate events in a
162 certain year, the accumulated days of all abnormal cold climate events were calculated. If there was no
163 abnormal cold climate event, the one with the longest duration of negative daily temperature anomaly was
164 selected as the general cold climate event and the duration days were calculated. Lastly, the duration was 0 if
165 the winter mean daily temperature anomaly was positive.

166 (2) Determination method of extremely cold temperature anomaly t_m in a certain year: In winter abnormal
167 cold climate events in a certain year, the temperature anomaly on the day with the lowest daily temperature

168 was selected as the extremely cold temperature anomaly. If there was no winter abnormal cold climate event,
 169 the temperature anomaly was calculated on the day when the temperature was the lowest in the same period of
 170 history and was defined as an extremely cold temperature anomaly. Lastly, the term was 0 if the winter mean
 171 daily temperature anomaly of a certain year was positive.

172 (3) Determination method of temperature cumulative anomaly t_a in a certain year: The temperature
 173 cumulative anomaly of all the days in a winter abnormal cold climate event was calculated. If there was no
 174 winter abnormal cold climate event, the days of a general cold climate event were selected to calculate the
 175 temperature cumulative anomaly. The term was 0 if the winter daily temperature anomaly was positive.

176 S_t , S_{tm} , and S_{ta} were obtained after standardizing τ , t_m , and t_a . The WACCI was constructed as follows:

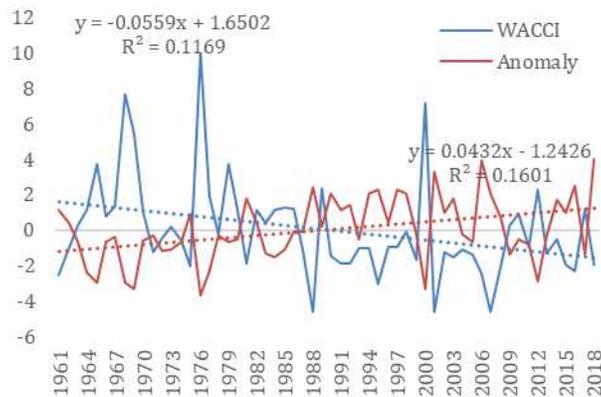
177
$$WACCI = S_{\tau} - S_{tm} - S_{ta} \quad (3)$$

178 It can be seen from Equation (3) that the greater the WACCI in a certain year, the greater the intensity of
 179 winter abnormal cold climate events in that year.

180 5.2 Application of WACCI

181 The WACCI was an important indicator of climate change. Fig. 2 shows the variation trend of WACCI
 182 and winter mean temperature in Heilongjiang Province from 1961 to 2018, taking Heilongjiang Province as an
 183 example. As can be seen in Fig. 2, the WACCI of Heilongjiang Province appears to have had a very significant
 184 downward trend from 1961 to 2018 with a trend value of $-0.56/10$ a ($P < 0.01$). A very significant upward
 185 trend was observed for the winter mean temperature in Heilongjiang Province from 1961 to 2018 with a trend
 186 value of $0.258^{\circ}\text{C}/10$ a ($P < 0.01$). It can be seen that the winter mean temperature in Heilongjiang Province
 187 increased significantly from 1961 to 2018. The winter mean temperature in recent 10 years rose by 1.29°C
 188 compared with that in the 1960s, while the WACCI dropped significantly with a decline of 2.8 in recent 10
 189 years compared with that in the 1960s. The correlation coefficient was -0.79 ($P < 0.05$) which was a
 190 significantly negative correlation. Therefore, the accelerated reduction of abnormal cold climate events was
 191 one of the reasons for the significant increase of winter temperature. In other words, the winter temperature
 192 warming in Heilongjiang Province was caused by the reduction of extreme cold climate events. Hence, the
 193 WACCI constructed in the paper is an important indicator of climate change.

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195
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Fig. 2 Change chart of WACCI and winter temperature in Heilongjiang Province from 1961 to 2018

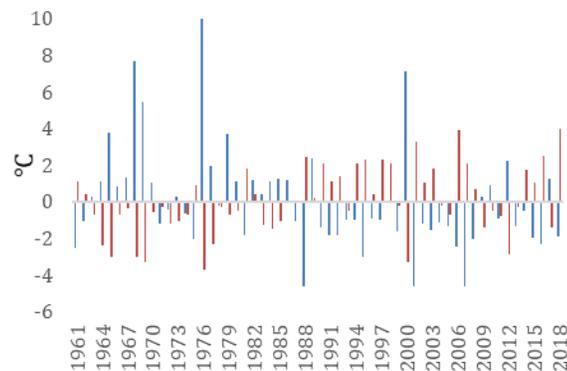
197

198 The WACCI and temperature anomaly values were further compared. It can be seen from Fig. 3 that the
 199 temperature in the 1960s and 1970s was low in winter and the WACCI appeared to be large for multiple
 200 consecutive years. Starting from the mid-1980s, the winter temperature in Heilongjiang Province turned to a
 201 warm background. Meanwhile, the corresponding WACCI turned to a small trend. Besides, the interdecadal
 202 variation trends of the two were consistent while there were certain differences in the interannual changes. It

203 can be seen from the regression equation:

204
$$\Delta T = -0.523 + 0.031 \text{WACCI}, R^2 = 0.629, P < 0.01 \quad (4)$$

205 It indicated that WACCI determined 63% of ΔT . However, 37% of ΔT was not determined by WACCI,
206 which meant it may occur that ΔT was small in the year of large WACCI. For example, the WACCI values in
207 1989 and 1982 were 2.33 and 1.16 respectively, ranking the 7th and 14th in history. It showed that the strong
208 cold air activity led to the strong intensity of abnormal cold climate events in Heilongjiang Province. Yet the
209 winter temperature was 0.2°C and 0.4°C respectively, which belong to years with normal to slightly high
210 winter temperature. The WACCI values in 2005, 2011, and 1999 were all less than -0.9, which were weak
211 years of abnormal cold climate events in Heilongjiang Province. However, the winter temperature was slightly
212 low or low. Furthermore, the WACCI value was -0.45 in 1972, indicating that the occurrence of abnormal
213 cold climate events in Heilongjiang Province was weak while the winter temperature anomaly in that year was
214 -1.2°C. It can be concluded that the WACCI constructed in the paper did not completely match the winter
215 temperature. Therefore, it revealed that there may be abnormal warm events in mismatched years. The
216 abnormal warm events offset the impact of abnormal cold events. Another possibility is that the intensity and
217 frequency of abnormal warm events were weaker than the intensity and frequency of abnormal cold events,
218 which further proved that it was unscientific to use winter mean temperature to express winter abnormal cold
219 and warm events. The degree and trend of temperature extreme change can be objectively reflected if abnormal
220 cold events were separated from abnormal warm events.
221



222 Fig. 3 WACCI and temperature anomalies
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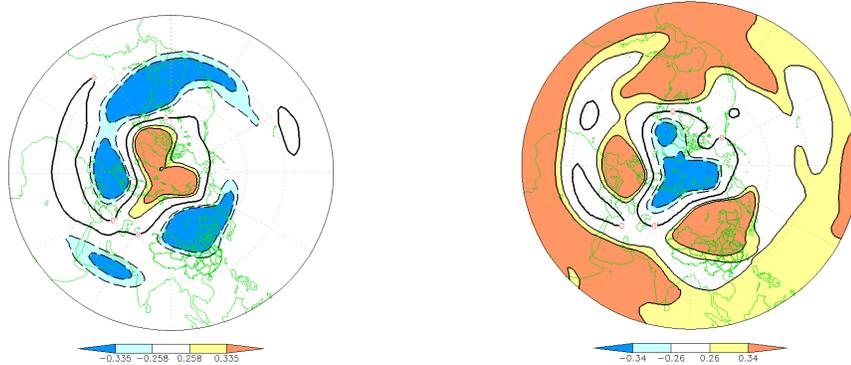
225 5.3 Relationship between WACCI and atmospheric circulation field

226 5.3.1 Relationship comparison between WACCI and 500 hPa winter height field

227 Fig. 4(a) shows the distribution of correlation coefficients between WACCI and the intensity of the 500
228 hPa height field in the same period. A correlation distribution pattern of “-, +, -” in the mid-high latitudes of
229 Eurasia and a positive correlation in the Arctic polar region is shown. In addition, most regions except the
230 North Pacific and Ural Mountains had a negative correlation between 40°N and 60°N. The majority of the
231 regional correlation coefficients passed the significance test ($P < 0.05$). The analysis explained that the
232 intensity of the polar vortex center was weak when the positive altitude anomaly occurred at 500 hPa in the
233 Arctic. The polar vortex center was easy to split southward, which led to the anomaly distribution pattern of
234 “positive in the North and negative in the South” in the height field. At this time, frequent cold air activities
235 easily resulted in strong cooling in Heilongjiang Province.

236 Fig. 4(b) shows the distribution of correlation coefficients between winter mean temperature and 500 hPa
237 height field in the same period. The correlation between the distribution characteristics and WACCI was
238 consistent in the mid-high latitudes. However, the correlation coefficients in subtropical low latitudes were
239 quite different than those in Fig. 4(a), i.e., the correlation between the winter mean temperature and most

240 regions north of the equator passed the significance test ($P < 0.05$). This result indicated that the low latitude
241 system also had an impact on the temperature, in addition to the mid-high latitude circulation system. However,
242 the low latitude system had small impact on WACCI. Therefore, compared with winter mean temperature,
243 factors affecting the WACCI were fewer and WACCI prediction is less difficult.



244 Fig. 4 Correlation distribution between 500 hPa height field and WACCI (a), temperature (b) in Heilongjiang Province
245 during 1961–2018
246

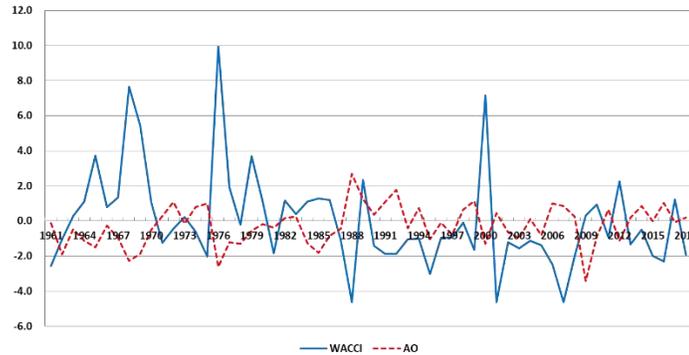
247 5.3.2 Relationship comparison between WACCI and AO

248 AO reflects the reverse variation of sea level pressure over the Arctic and middle latitudes. After AO was
249 proposed by Thompson and Wallace in 1998 (Thompson and Wallace, 1998), many scholars studied the
250 climate in East Asia (Gong and Wang, 2010; Song et al., 2011; Li et al., 2010; Li et al., 2011; Ban et al., 2019;
251 Shen, 2013; Qiao et al., 2014). It was concluded that AO affected the East Asian monsoon by affecting the
252 Siberian high, though East Asia is far away from the north pole. In terms of dynamic mechanism, when the AO
253 phase was positive, the polar vortex was strengthened and the westerly belt in the middle latitudes was
254 strengthened and northerly. The cold air was confined in the polar region, which was easy to cause a warm
255 winter in East Asia. When the AO phase was negative, the corresponding polar vortex weakened and the
256 westerly belt in the middle latitudes weakened and moved southward. The Arctic cold air easily erupted
257 southward, affecting North America, Europe, and Asia.

258 It can be seen from Fig. 5 that WACCI and AO had a significant negative correlation. The correlation
259 coefficient was -0.61 ($P < 0.01$). AO was significantly in the negative phase and WACCI was in a strong stage
260 from the 1960s to the middle and late 1980s. From the middle and late 1980s to the end of 1990s, AO was
261 mainly in the positive phase while WACCI correspondingly appeared in a weak stage. After the 21st century,
262 AO fluctuated significantly. There was a reverse relationship between WACCI and AO in 15 a of the total 19 a
263 from 2000 to 2018. It can be seen that the variation of the mid-high latitude circulation system was an essential
264 factor affecting WACCI in Heilongjiang Province. When AO was in the negative (positive) phase, the
265 distribution pattern of geopotential height field in the mid-high latitudes of the Northern Hemisphere was the
266 opposite. That is, the polar region was positive (negative) and negative (positive) height anomaly occurred
267 from the south of the polar region to the subtropical zone. This distribution pattern was beneficial (unfavorable)
268 to the transportation of cold air to Heilongjiang Province, which led to the occurrence (no occurrence) of
269 abnormal cold climate events.

270 The relationship between WACCI, winter mean daily temperature, and AO was further compared. The
271 AO was divided into strong and weak degrees. AOs greater than 1 (less than -1) were marked as abnormal
272 positive (negative) phase and the rest were normal positive (negative) phase. From 1961 to 2018, there were 8
273 a with the abnormal positive phase of AO. In the 8 a, WACCI was less than -2 for 6 a while the winter mean
274 temperature anomaly was more than 2°C for only 3 a. There were 14 a with the abnormal negative phase of
275 AO. In the 14 a, WACCI was greater than 2 for 6 a while the winter mean temperature anomaly was less than
276 -2°C for 8 a. It can be seen that when AO appeared in the abnormal positive phase, its indicative significance
277 for WACCI was stronger than that for winter temperature. In the special six years (1989, 1982, 2005, 2011,

278 1999, and 1972) that had large differences between WACCI and temperature anomaly, both AO and WACCI
 279 showed a significant reverse relationship in 2011, 1999, and 1972. Specifically, AO was positive while
 280 WACCI was negative, which further indicated that the positive phase of AO had a strong indicative
 281 significance for the negative WACCI.



282 Fig. 5 Annual change curve of AO and WACCI in Heilongjiang Province from 1961 to 2018
 283
 284

285 5.3.3 Relationship comparison between WACCI and the atmospheric circulation indexes

286 Based on the correlation analysis of 88 atmospheric circulation indices and WACCI, several atmospheric
 287 circulation indices were selected ($P < 0.01$), including polar vortex area index in the Northern Hemisphere,
 288 polar vortex center intensity index in the Northern Hemisphere, Eurasian zonal circulation index, and East
 289 Asian trough intensity index. Their correlation coefficients with WACCI were 0.51, 0.41, -0.42 , and -0.46 ,
 290 respectively. In addition, the correlation coefficients between winter mean temperature and four indices were
 291 -0.48 , -0.34 , 0.57 , and 0.48 , respectively. It can be seen that the correlation between WACCI and the polar
 292 vortex area index and the polar vortex center intensity index was better than that of temperature. The
 293 correlation between temperature and Eurasian zonal circulation index was stronger than that of WACCI.
 294 Moreover, correlations between the East Asian trough intensity index and WACCI and temperature were
 295 similar. From the perspective of physical mechanism, when the polar vortex area in the Northern Hemisphere
 296 was large, the polar vortex center intensity was weak, the meridional circulation was dominant in the mid-high
 297 latitudes of Eurasia, and the intensity of East Asian trough was strong. As a result, it was conducive to a large
 298 WACCI. Specifically, when the polar region was controlled by positive height anomaly, the polar vortex
 299 intensity was weak and the polar vortex split southward. At this time, the meridional circulation appeared in
 300 the mid-high latitudes of Eurasia and the East Asian trough was significantly established. Heilongjiang
 301 Province was located behind the ridge front trough and controlled by the northwest airflow, which were
 302 conducive to the transportation of cold air to Heilongjiang Province. Consequently, it caused strong abnormal
 303 cold climate events and made WACCI large. Hence, the corresponding relationship between WACCI and
 304 atmospheric circulation index was better than that of mean temperature.

305 The responses of WACCI and winter temperature to the above circulation indices (the polar vortex area
 306 index in the Northern Hemisphere, the polar vortex center intensity index in the Northern Hemisphere, the
 307 zonal circulation index in Eurasia, and the East Asian trough intensity index) were analyzed by using specific
 308 examples. As shown in Table 1, except for the East Asian trough intensity index, the corresponding
 309 relationships between WACCI and the other three factors in abnormal years were better than that of winter
 310 temperature. Through the analysis of special years (1989, 1982, 2005, 2011, 1999, and 1972), it was found that
 311 the polar vortex area index in the Northern Hemisphere corresponded to WACCI for 5 a in those 6 a.
 312 Furthermore, the corresponding relationship was better than that of winter temperature.

313 Table 1 Years of the relationship between the winter abnormal cold climate index (WACCI) and atmospheric circulation

Factors	Abnormal	Years corresponding	Years corresponding
---------	----------	---------------------	---------------------

	years (a)	to WACCI (a)	to temperature (a)
Polar vortex area index in the Northern Hemisphere	11	5	4
Polar vortex center intensity index in the Northern Hemisphere	8	6	3
Eurasian zonal circulation index	11	4	3
East Asian trough intensity index	11	8	7

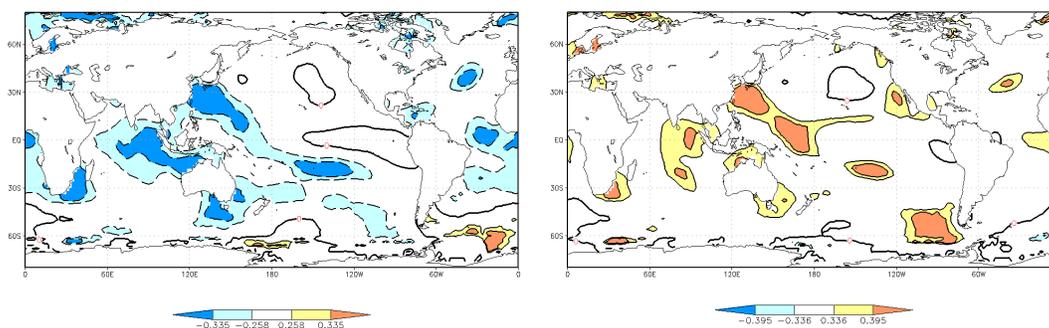
314

315 5.3.4 Relationship comparison between WACCI and SST field

316 The correlation coefficients of WACCI, winter mean temperature, and moving mean SST field every
 317 three months in the previous year (starting from December last year, December to February, January to April,
 318 and so on) were calculated. The correlation coefficient of WACCI, winter temperature, and mean SST field in
 319 summer (June to August) was the highest. Fig. 6 shows regions where the correlation coefficients were
 320 significant for WACCI, winter temperature, and summer mean SST field. It can be seen that WACCI was
 321 negatively correlated with summer mean SST field. Winter mean temperature was positively correlated with
 322 summer mean SST field. Meanwhile, the spatial distribution of the correlation coefficients was also different.
 323 As shown in Fig. 6(a), regions of good correlation with WACCI ($P < 0.01$) were located in the South Pacific,
 324 the West Pacific warm pool to the offshore China, and sea waters of Northwest Australia. Fig. 6(b) shows that
 325 regions of good correlation between winter temperature and summer SST were also located in the South
 326 Pacific, Northwest Pacific, and offshore China. In addition, there were high correlation regions in waters of
 327 North Australia and East Indian Ocean. The greatest difference occurred in the Indian Ocean, comparing the
 328 two figures. Compared with the two charts, the biggest difference of correlation coefficient is in the Indian
 329 Ocean area. The correlation coefficient between the Indian Ocean SST and WACCI in the Indian Ocean area is
 330 greater than that with winter average temperature.

331 In Fig. 6(a), 330 grids with negative correlation between summer mean SST and WACCI and passing
 332 99% significance test were selected. Besides, the key SST index (KSI) with significant impact on WACCI was
 333 calculated. The correlation coefficient between KSI and WACCI was -0.49 ($P < 0.01$). In Fig. 5(b), 330 grids
 334 with negative correlation between summer mean SST and winter mean temperature passed the 99%
 335 significance test. The correlation coefficient between KSI and winter mean temperature was -0.49 ($P < 0.01$).
 336 Therefore it can be seen that the relationship between wacci and mean sea surface temperature in summer is
 337 greater.

338 Based on the analysis of the special years (1989, 1982, 2005, 2011, 1999, and 1972), the corresponding
 339 relationship between KSI and WACCI was consistent in 5 a out of 6 a. There was only 1 a when KSI was
 340 consistent with the winter temperature anomaly. It revealed that the impact of KSI on WACCI was better than
 341 that of winter temperature. For most years, the abnormally low summer key SST was significantly
 342 corresponding to the high WACCI in Heilongjiang Province.



343

344 Fig. 6 Correlation distribution between summer sea surface temperature and WACCI (a), temperature (b) in Heilongjiang
345 Province from 1961 to 2018

346 It can be concluded from analyses of 5.3.1 to 5.3.4 that the correlation between WACCI and 500 hPa
347 height field, AO, the polar vortex area index in the Northern Hemisphere, the polar vortex center intensity
348 index in the Northern Hemisphere, and the summer mean SST were significantly higher than that of winter
349 mean temperature. Hence, it was advantageous and indicative to predict WACCI based on the 500 hPa height
350 field, AO, the polar vortex area index in the Northern Hemisphere, the polar vortex center intensity index in
351 the Northern Hemisphere, and the summer SST. These results further indicated that WACCI can be separated
352 from the mean temperature to have better predictability.

353 **6 DISCUSSION**

354 1) To date, the definition of extreme climate events in China and abroad reflects the characteristics of a
355 single extreme climate event and rarely reflects the intensity and frequency of extreme climate events on a
356 seasonal scale. The WACCI constructed in the paper can reflect the real situation of extreme cold climate
357 events on the seasonal scale and separate the abnormal cold climate events from the mean state.

358 2) In practice, the seasonal mean temperature is still used as the index for the prediction of long series
359 (seasonal scale) extreme climate events. Extreme cold and warm climate events are mixed to smooth out the
360 signal of extreme climate events. The results show that the relationship of either atmospheric circulation index
361 or KSI with WACCI is closer than that of those with winter mean temperature in Heilongjiang Province. It is
362 proved that the construction of WACCI can better reflect the influence of atmospheric circulation factors and
363 SST on the weather and climate process. WACCI is more predictive than mean temperature and the prediction
364 mechanism description is more convincing than that of mean temperature. Moreover, the accuracy of
365 prediction results may be relatively high. This is a new idea to promote the improvement of short-term climate
366 prediction ability.

367 3) Based on the WACCI proposed in the paper, the abnormal warm climate index can be constructed to
368 represent the intensity of abnormal warm climate events. Thus, the mixed cold and warm states can be
369 separated to further reveal the characteristics of temperature variation in the local area. Meanwhile, the
370 WACCI proposed in the paper can improve the prediction accuracy of extreme climate events. This research
371 idea can not only be applied to climate prediction, but also has positive significance for the analysis of extreme
372 weather and climate events. Separating the extreme events from the mean value can clearly demonstrate the
373 real spatiotemporal evolution trend of the extreme weather and climate process.

374 4) The study suggests that the two extremes can be separated in the process of monthly, seasonal, or any
375 time scale mean temperature. The monthly, seasonal, or any time scale index describing the extreme of the
376 predicted object can each be constructed. Then, the mean state or total amount is predicted based on the
377 forecast of those two indices. This research concept can be extended to other abnormal climate factor events
378 and used in the analysis and prediction of other abnormal extreme events such as abnormal precipitation events
379 and abnormal wind events.

380 **7 CONCLUSIONS**

381 1) WACCI is constructed, which consists of three factors including the winter cold duration days, the
382 extremely cold temperature anomaly, and the temperature cumulative anomaly.

383 2) The decreasing rate of WACCI was 0.56/10 a from 1961 to 2018, which was higher than the winter
384 warming rate (0.258/10 a) in the province. It indicates that the accelerated reduction of severe abnormal cold
385 climate events has made a principal contribution to the winter warming in the province.

386 3) Only the mid-high latitudes are correlated to WACCI in the correlation diagram of 500 hPa height field,
387 which are less than those regions correlated to temperature. The prediction effect of WACCI is better than that
388 of temperature. When AO appears in the abnormal positive phase, WACCI corresponds to more abnormal
389 years than that of temperature. At the same time, the correlation between WACCI and AO is better than that of
390 winter mean temperature. In the special years when the difference between WACCI and winter temperature is

391 large, the relationship between the polar vortex area index in the Northern Hemisphere and WACCI is better
392 than that of winter temperature. Besides, the relationship between SST and WACCI is closer than that of
393 winter temperature. For most years, the abnormally low summer key SST is significantly corresponding to the
394 high WACCI in Heilongjiang Province. Therefore, WACCI performs better than winter mean temperature in
395 indicating extreme cold events.
396

397 **Conflict of Interest Statement**

398 We declare that we have no financial and personal relationships with other people or organizations that can
399 inappropriately influence our work, there is no professional or other personal interest of any nature or kind in
400 any product, service and/or company that could be construed as influencing the position presented in, or the
401 review of, the manuscript.

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408

409 **Author's Contribution**

410 **Li Chen:** Conceptualization, Methodology, Software, Formal analysis, Writing - Original Draft

411 **Lijuan Zhang:** Conceptualization, Methodology, Writing - Review & Editing

412 **Jin Ban:** Methodology, Software, Formal analysis

413 **Dong Liu:** Resources, Formal analysis

414 **Jiaying Zhao:** Resources

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427 **Availability of data and material:** The datasets used and/or analyzed during the current study are available
428 from the corresponding author on reasonable request
429 **Code availability:** Not applicable
430 **Ethical Approval:** Not applicable
431 **Consent to participate:** All authors have read and approved the manuscript being submitted, and agree to its
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433 **Consent for publication:** Not applicable
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Figures

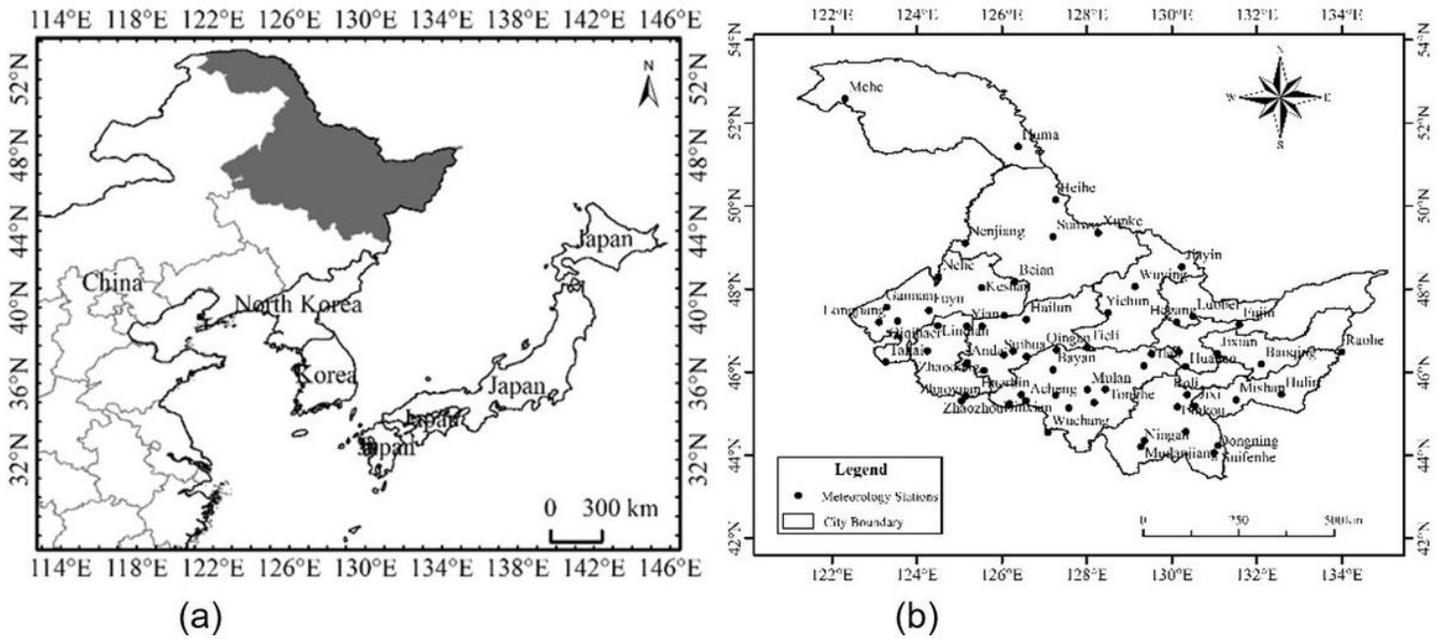


Figure 1

Maps showing the location of Heilongjiang Province within northeastern China (a) and its administrative subdivisions (b). Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

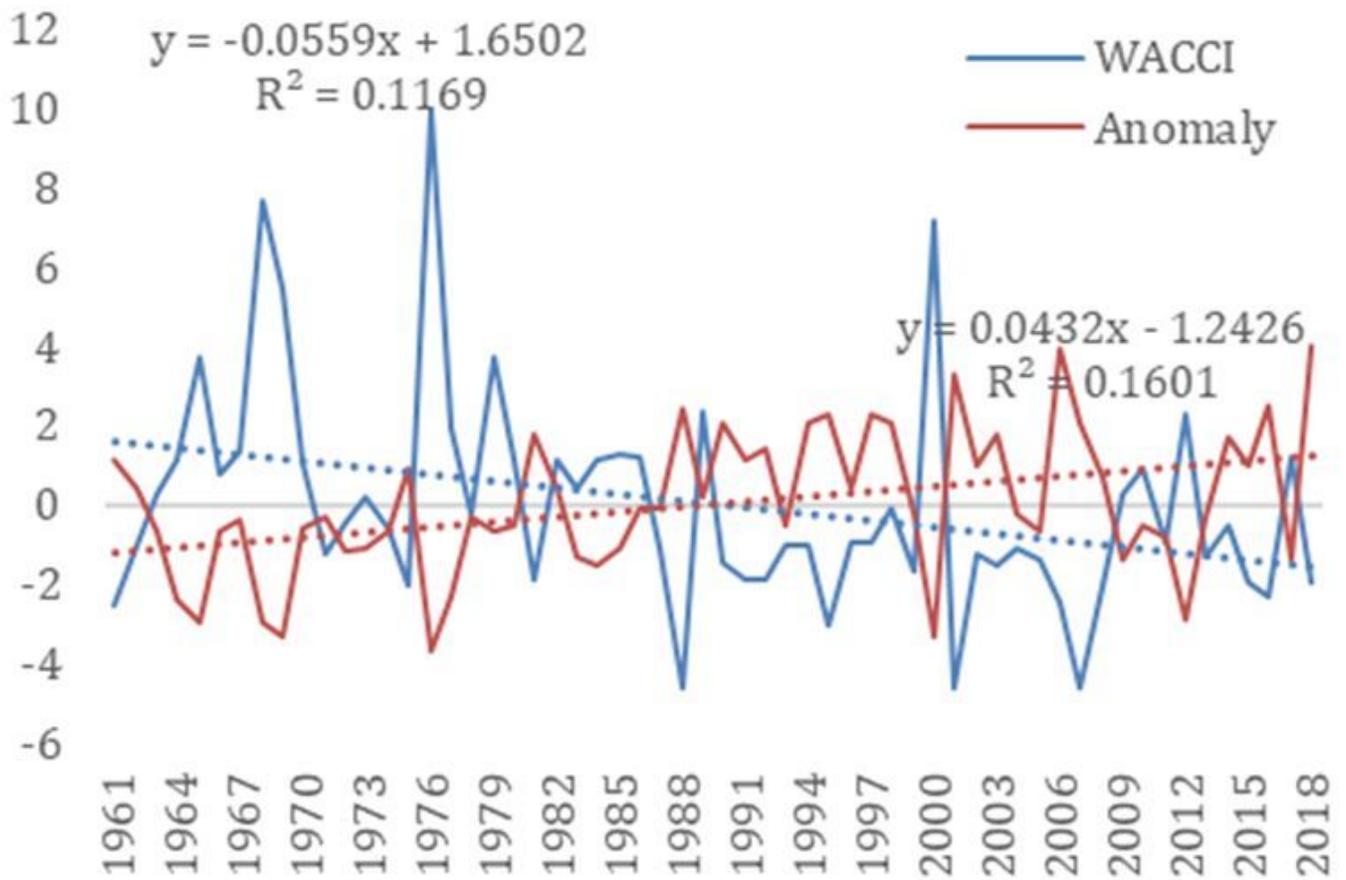


Figure 2

Change chart of WACCI and winter temperature in Heilongjiang Province from 1961 to 2018

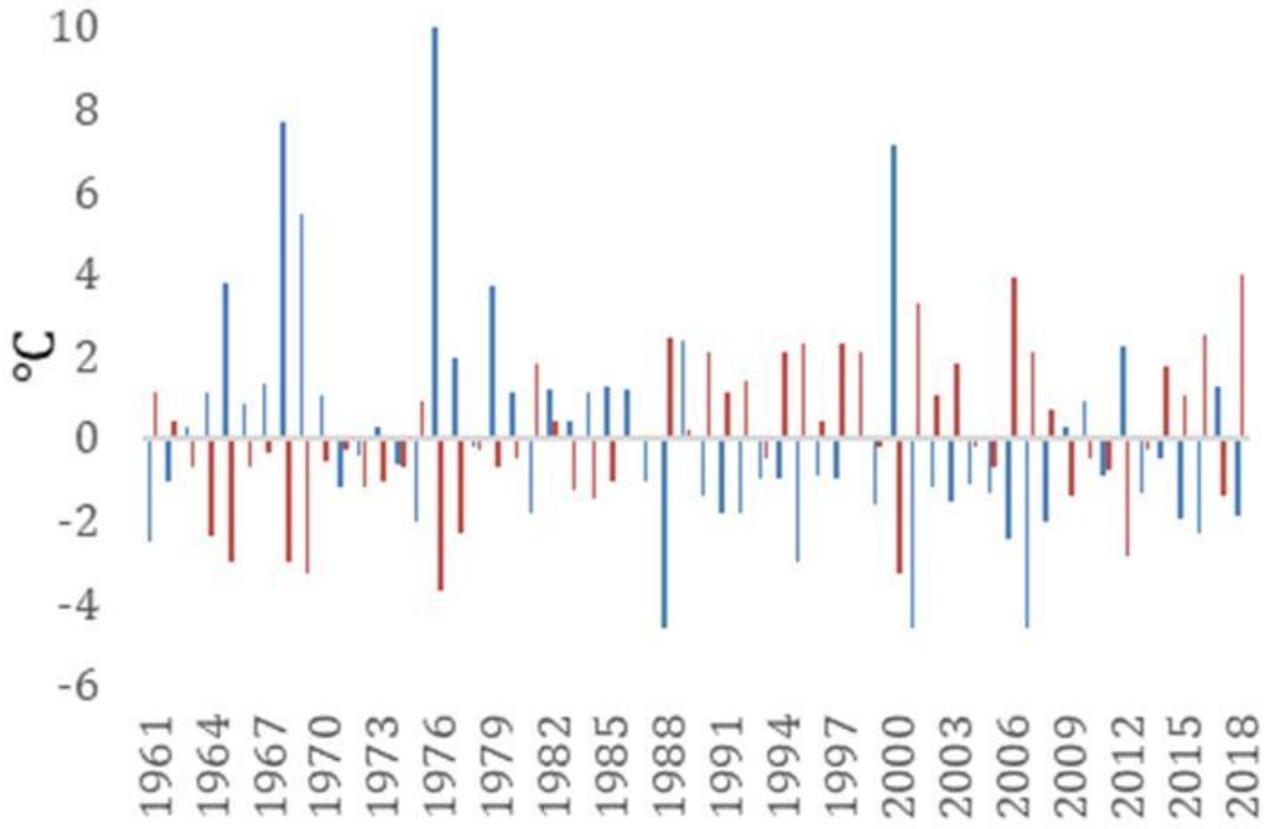


Figure 3

WACCI and temperature anomalies

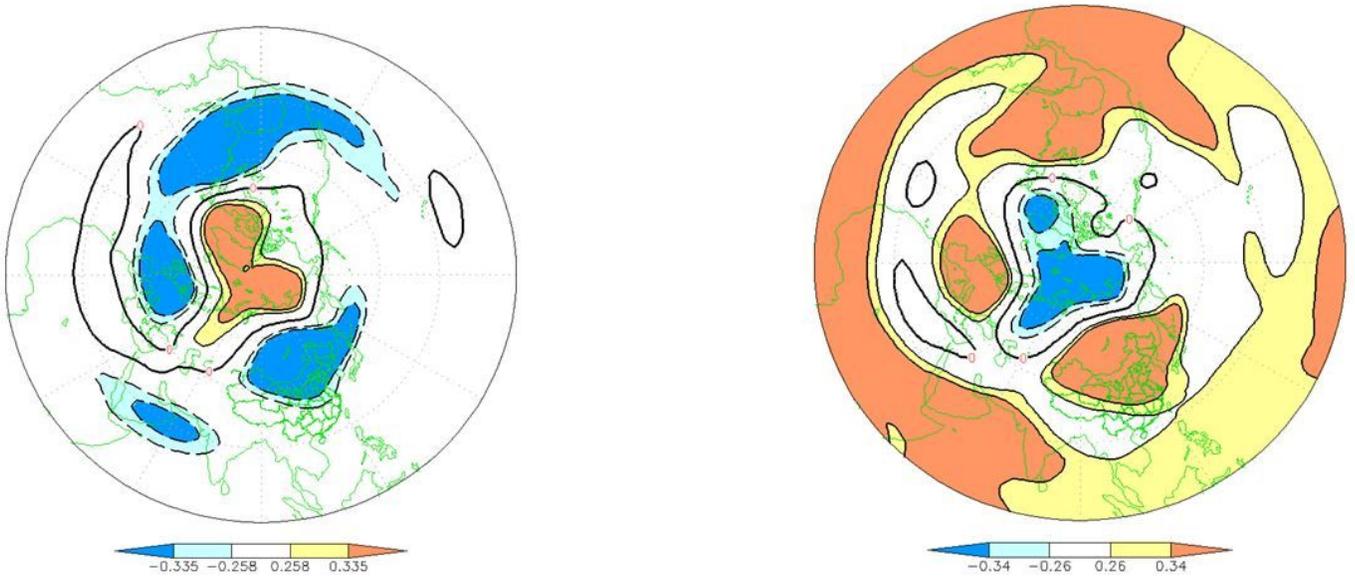


Figure 4

Correlation distribution between 500 hPa height field and WACCI (a), temperature (b) in Heilongjiang Province during 1961–2018

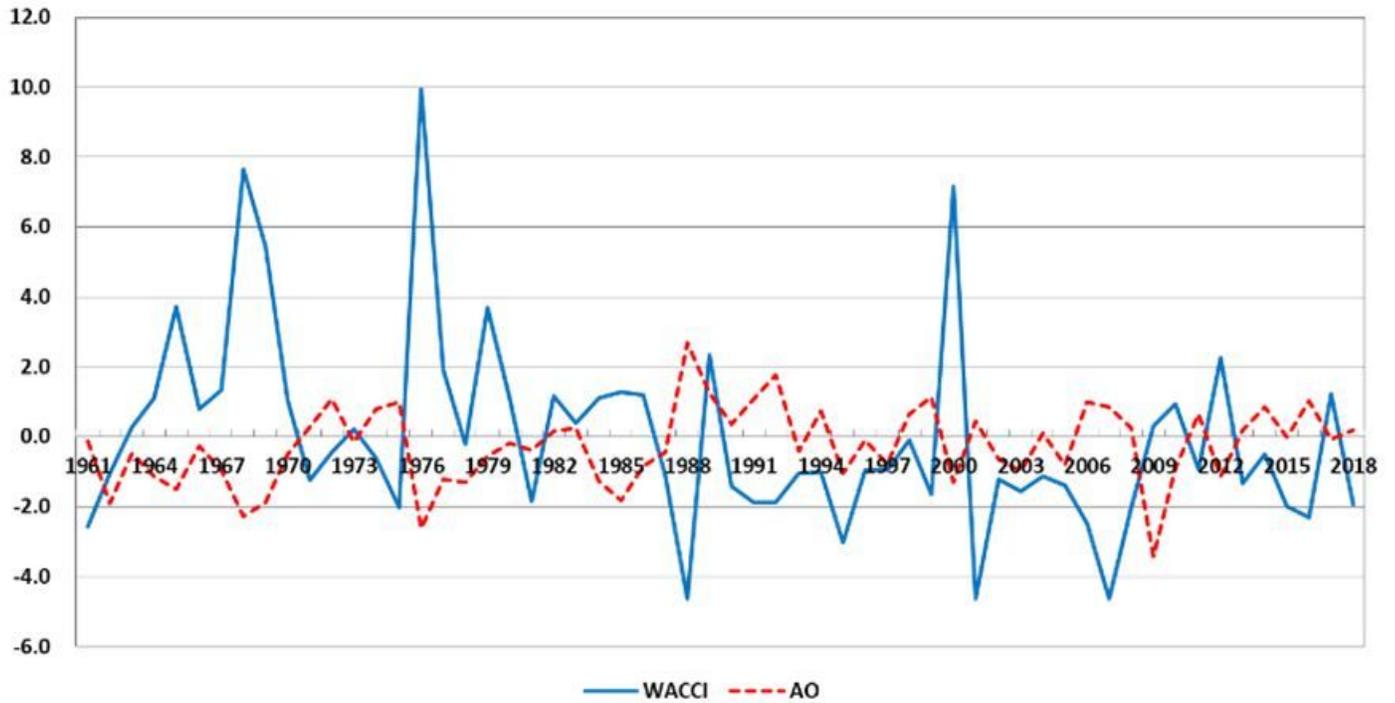


Figure 5

Annual change curve of AO and WACCI in Heilongjiang Province from 1961 to 2018

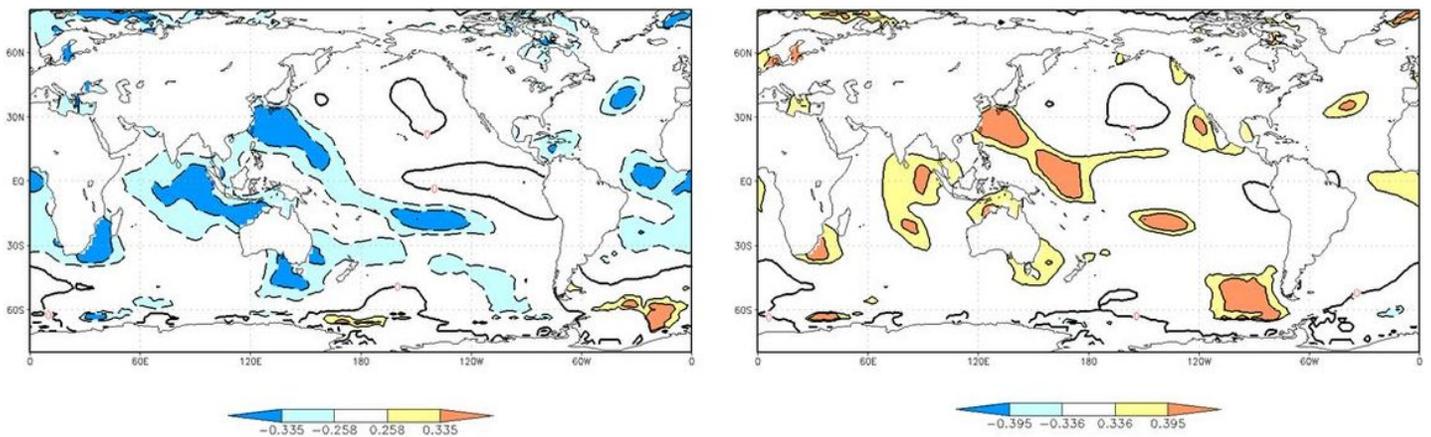


Figure 6

Correlation distribution between summer sea surface temperature and WACCI (a), temperature (b) in Heilongjiang Province from 1961 to 2018