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Revisiting the Equatorial Pacific Sea Surface Temperature Response to Global Warming

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ABSTRACT

13 The relative roles of the oceanic and atmospheric processes in the pattern formation of the 14 equatorial Pacific sea surface temperature (SST) response to global warming is investigated 15 using a set of climate model experiments embedded with a novel partial coupling technique. 16 The modeling results show that the SST response experiences a transition from a La Niña-like 17 warming pattern at the initial stage to an El Niño-like warming pattern at the quasi-equilibrium 18 stage. By decomposing anomalous equatorial Pacific SST into atmosphere-forced passive 19 component and ocean dynamically induced active component, it is found that the SST warming 20 pattern at both stages is entirely induced by its active component. Specifically, the meridional 21 and vertical ocean circulation changes play a dominant role in forming the La Niña-like SST 22 warming pattern at the initial stage, and the zonal and meridional ocean circulation changes are 23 responsible for the formation of the El Niño-like SST warming pattern at the quasi-equilibrium 24 stage. In contrast, the *passive* SST at both stages is characterized by a zonally uniform warming 25 along the equator, which can be explained by a balance between the total effect of the heat 26 transport divergence associated with the mean ocean circulation and the effect of the passive 27 surface heat flux change. In addition, this study finds that it is the slowdown of the Pacific 28 subtropical cells during the transition period that controls the evolution of the equatorial SST 29 warming pattern by changing the meridional and vertical ocean heat transports.

30 Keywords: Pacific Ocean; Tropics; Sea surface temperature; Climate change; Ocean dynamics

31 **1 Introduction**

32 Given its active air-sea dynamic coupling and profound impact on a variety of climate 33 phenomena such as tropical cyclone activity and ENSO variability (Jin 1996; Fedorov and 34 Philander 2000; Schneider et al. 2009; Collins et al. 2010; DiNezio et al. 2012; Hu and Fedorov 35 2017), considerable effort has been made to understand how the tropical Pacific sea surface 36 temperature (SST) may change in response to global warming (Clement et al. 1996; Collins 37 2005; Liu et al., 2005; Xie et al. 2010; Lu and Zhao 2012; Ma and Yu 2014; Luo et al. 2015; 38 Luo et al. 2017; Heede et al. 2020, 2021; Seager et al. 2022; Ying et al. 2022). Typical features 39 of the tropical Pacific SST warming pattern have been identified and studied in previous 40 literature. For example, modelling studies have found a robust equatorially peaked warming 41 pattern, which is attributed to climatological minimum of evaporative cooling at the equator 42 (Liu et al. 2005; Xie et al. 2010; Ying et al. 2016). However, there is lesser consensus on the 43 zonal pattern of the equatorial Pacific SST response, as well as the physical mechanisms 44 responsible for the pattern. While a majority of models in the Climate Model Intercomparison 45 Project phase 5 (CMIP5) simulated a weakening of the zonal SST gradient along the equatorial 46 Pacific in a warming climate, leading to an El Niño-like warming pattern (DiNezio et al. 2013; 47 Ying et al. 2016; Coats and Karnauskas 2017; Plesca et al. 2018), some models simulated no 48 change in the zonal SST gradient (Collins et al. 2005; Liu et al. 2005) or even a strengthening 49 of the zonal SST gradient, i.e., a La Niña-like warming pattern (Cane et al. 1997; Seager and 50 Murtugudde 1997; Fang and Wu 2008; Kohyama et al. 2017; Kohyama and Hartmann 2017). 51 In addition, the historical simulations of CMIP models failed to reproduce the observed 52 strengthening of the zonal SST gradients over the past several decades (Kociuba and Power 53 2015; Seager et al. 2022). This has been attributed to the lack of vigor in the simulated internal 54 variability (Kosaka and Xie, 2013; England et al. 2014; Kociuba and Power 2015; Bordbar et 55 al. 2017), and the lack of inter-basin interaction of SST change patterns (Wang 2006; Zhang et 56 al. 2019; Cai et al. 2019; Wang 2019; Fosu et al. 2020). Therefore, it is important to enhance 57 our understanding of the dominant mechanisms of equatorial Pacific SST changes and what 58 causes such a large spread among the CMIP models. Moreover, studies also found that the response of the equatorial Pacific SST to global warming experiences a fast phase and a slow phase. The fast response is characterized with an enhanced zonal SST gradient, followed by a gradual transition to an El Niño–like pattern with time (Liu 1998; Luo et al. 2017; Heede et al. 2020, 2021).

63 Several distinct mechanisms have been proposed to explain the zonal structure of the equatorial Pacific SST warming pattern. The first is the weakened Walker cell mechanism that 64 65 contributes to formation of the El Niño-like warming pattern (Vecchi et al. 2006; Vecchi and 66 Soden, 2007), i.e., the weakened Walker circulation, which results from the reduced vertical 67 mass flux in the tropical circulation (Held and Soden 2006), will reduce the zonal SST gradient 68 by decreasing the cold upwelling in the equatorial eastern Pacific Ocean. Secondly, greater 69 evaporative cooling over the warm pool than the cold tongue is also thought to be a mechanism 70 that promotes the El Niño-like warming pattern (Knutson and Manabe 1995; Merlis and 71 Schneider 2011; Lu and Zhao 2012; Ying et al. 2016). The cloud-shortwave-radiation-SST 72 feedback is suggested to be another factor favoring the El Niño-like warming pattern 73 (Ramanathan and Collins 1991; Ying et al. 2016), i.e. there is stronger decreased shortwave 74 radiation over the western Pacific than the eastern Pacific that cools the former more. In addition, 75 the oceanic tunnel mechanism can warm the water upwelled in the equatorial eastern Pacific, 76 favoring an El Niño-like SST warming pattern. Specifically, there are two processes that adjust 77 the temperature of water upwelled in the equatorial eastern Pacific through its connection with 78 the extra-tropics. On the one hand, the extratropical warm SST anomalies in response to climate 79 warming first subduct into the thermocline, then are transferred to the tropics within the 80 subsurface branch of the Pacific subtropical cells (STCs), and eventually upwell to the surface 81 in the equatorial eastern Pacific (McCreary and Lu 1994; Gu and Philander 1997; Rodgers et 82 al. 2003; Burls et al. 2017). On the other hand, the reduction in the strength of the STCs could 83 also warm the equatorial eastern Pacific by reducing the amount of cold thermocline water that 84 upwells there (Kleeman et al. 1999; Yamanaka et al. 2015). Thus, the oceanic tunnel contains 85 effects of both mean ocean circulation and ocean circulation change. Counter to the aforesaid 86 mechanisms promoting the El Niño-like warming pattern, the background cold upwelling tends

to give rise to a La Niña-like pattern by damping the SST warming in the equatorial eastern
Pacific, which is known as the oceanic dynamical thermostat (ODT) mechanism (Clement et al.
1996; Seager and Murtugudde 1997; Vecchi et al. 2008).

90 Although all of these mechanisms mentioned above are theoretically reasonable, the jury 91 is still out on their relative importance and potential interaction, as well as which mechanisms 92 will ultimately dominate the formation of zonal warming pattern and the transition from the fast 93 to slow response. Recently, the relative importance of different theories has been investigated 94 using a sequence of model experiments (Luo et al. 2015; Luo et al. 2017; Seager et al. 2019; 95 Heede et al. 2020; Heede et al. 2021). For example, Luo et al. (2015) applied an overriding 96 technique in the ocean component of a climate model to isolate the role of ocean dynamical 97 process from air-sea thermal interaction in tropical SST warming pattern formation. They 98 found that the weakening of the equatorial easterlies contributes only 20% to the formation of 99 El Niño-like SST warming. In other words, the mechanisms related to air-sea thermal 100 interaction play a more important role than the weakened Walker cell mechanism. However, 101 the role of ocean dynamical process has not been separated cleanly in their study, since the 102 thermodynamic flux change can also drive ocean circulation change. Using a series of idealized 103 CO₂ forcing experiments, Heede et al. (2020, 2021) investigated the relative importance of 104 divergent mechanisms in equatorial Pacific SST warming patterns and tried to combine them 105 into a coherent framework. They found that different patterns of the fast and slow responses 106 can be attributed to different balance between mechanisms that counteract or amplify the ODT 107 effect. In addition, they indicated that the shift from the fast to the slow response pattern is 108 driven by both the increased extratropical warming being transported to the tropics by the mean 109 STCs and a slowdown of the STCs itself, which is consistent with the results of Liu (1998) and 110 Luo et al. (2017). However, the relative importance of the mean STCs and the slowdown of the 111 STCs in the temporal evolution of the equatorial Pacific SST warming pattern is still unclear.

112 This study aims to address the relative roles of the oceanic and atmospheric processes in 113 the formation of the equatorial Pacific SST warming pattern by precisely separating them. To 114 this end, we use a set of purposely designed experiments in the Community Earth System Model

115 (CESM) by Garuba et al. (2018a). A tracer decomposition method (Banks and Gregory 2006; 116 Xie and Vallis 2012) is applied to decompose the anomalous equatorial Pacific SST into 117 atmosphere-forced and ocean-driven components, the former being forced by atmospheric 118 processes (referred to as the *passive* component) and the latter driven by ocean circulation 119 changes (referred to as the *active* component), respectively. Specifically, the contribution of the 120 atmospheric processes to SST anomaly is isolated by disabling the effect of the ocean 121 circulation changes on the temperature response and its feedback to the air-sea interaction, 122 while the ocean-driven component is then obtained by subtracting the atmosphere-forced 123 component from the total response. Compared with the study of Luo et al. (2015), in which 124 ocean dynamical process is wind-driven only, the active component here contains the total 125 contribution of ocean dynamical changes. This partial coupling technique has already been used 126 to reveal the relative important roles of ocean and atmosphere in regulating climate sensitivity 127 (Garuba et al. 2018a) and in driving Atlantic multidecadal variability (Garuba et al. 2018b), as 128 well as in regulating the Southern Ocean heat uptake and storage (Li et al. 2022).

The rest of the paper is organized as follows. Section 2 describes the model experiments and metrics used in this study. Section 3 presents the quasi-equilibrium response and the temporal evolution of the SST response pattern in the equatorial Pacific, as well as the relative contributions of atmospheric and oceanic processes. Section 4 compares the warming patterns between the *passive* SST and the slab ocean SST response. Section 5 is a discussion and conclusion.

135

136 2 Model experiments and analysis methods

137 2.1 Coupled experiments

We use the output of the CESM experiments performed by Garuba et al. (2018a), which consist of three simulations (Table 1). First, a control simulation (CTRL) is integrated with no external forcing using the CESM, initialized from a 1000-year preindustrial simulation already existing at NCAR. Then, the fully and partially coupled simulations are branched out from the preindustrial control run, forced by abrupt CO₂ quadrupling. In the former (FULL), the standard atmosphere-ocean coupling is used. In the partially coupled experiment (PARTIAL), although the same bulk formula in the coupler is used for the air-sea thermal coupling, the effect of the SST anomalies due to the ocean circulation changes are suppressed in the surface coupling as the term *partial coupling* implies (see Section 2.1b for details). All three simulations are integrated for 150 years. Next, we explain how to isolate the ocean circulation feedback effect from the full climate change response through the comparison between FULL and PARTIAL experiments and the implementation of temperature-like tracers.

150

164

151 a. Fully coupled experiment

152 In FULL, the change of ocean temperature (T'_{OF}) response to external forcing can be 153 expressed as:

154
$$\frac{DT'_{OF}}{Dt} = Q' - \boldsymbol{\nu}'_F \cdot \nabla \bar{T}$$
(1)

where Q' is the surface heat flux anomaly, T'_{OF} is ocean temperature anomaly, and v'_{F} is three-155 156 dimensional ocean circulation anomaly; subscript F denotes the variables in FULL; overbar 157 represents the control value, and primes denote anomalies in response to external forcing; D/Dt158 is the total derivative, which consists of the time derivative and the advection due to the ocean 159 circulation (i.e., $D/Dt = \partial/\partial t + v$). Eq. (1) represents the ocean temperature anomaly that is 160 caused by both the change in surface heat flux (Q') and the change in the ocean circulation through advecting the control ocean temperature field $(\boldsymbol{\nu}_F' \cdot \nabla \overline{T})$. Thus, we can partition the 161 change of ocean temperature into two parts based on these forcing effects: 162

163
$$T'_{OF} = T'_{FS} + T'_{FD}$$
(2)

$$\frac{DT'_{FS}}{Dt} = Q' \tag{3}$$

165
$$\frac{DT'_{FD}}{Dt} = -\boldsymbol{v}'_F \cdot \nabla \overline{T}$$
(4)

166 T'_{FS} is referred to as the surface-forced component due to the surface heat flux anomaly Q', and 167 T'_{FD} can be thought of as the dynamically induced component due to the ocean circulation 168 change that advects the control ocean temperature field $\boldsymbol{v}'_F \cdot \nabla \overline{T}$.

169 To obtain T'_{FS} and T'_{FD} in FULL, two temperature-like tracers (P_1 and P_2) are introduced following Banks and Gregory (2006) and Xie and Vallis (2012). The first tracer P_1 is designed 170 to represent the surface-forced ocean temperature anomaly (T'_{FS}) . It is set to zero everywhere at 171 initialization and is forced by the surface heat flux anomaly Q', which is constructed by 172 subtracting the surface heat flux in CTRL from that in FULL (i.e., $Q' = Q - \overline{Q}$). The tracer 173 P_1 so implemented satisfies Eq. (3) precisely and gives us the information of T'_{FS} . The second 174 tracer P_2 is set to be the control ocean temperature \overline{T} at initialization and forced by the baseline 175 surface heat flux \overline{Q} from CTRL. Since P_2 evolves along with a perturbed circulation $\overline{v} + v'_F$ 176 rather than control circulation \overline{v} , it will deviate from \overline{T} with time because of ocean circulation 177 changes v'_F . The difference between tracer P_2 and \overline{T} represents the dynamics-induced 178 temperature anomaly (i.e., $T'_{FD} = P_2 - \overline{T}$). The sum of the two response components obtained 179 by the two tracer approaches, i.e., $T'_{FS} + T'_{FD}$, agrees well with the total temperature anomaly 180 181 (comparing Fig. 1a with 1b), validating the tracer approaches for decomposing the ocean 182 temperature response in FULL.



Fig. 1. Changes of SST (°C) in (a) the total response and (b) the sum of surface-forced and dynamically induced components in FULL. (c) and (d) are same as (a) and (b) but for the PARTIAL. A mean of the last 50 years of each simulation is used for analysis. The resemblance between the sum of tracers and the actual SST response supports the validity of the tracer approach.

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However, there is a caveat in the decomposition above; the T'_{FS} component does not cleanly isolate the atmosphere-forced component from the ocean-driven one. To distinguish the purely atmosphere-forced component from the T'_{FS} component, and better delineate the concept of the former, we conceptually decompose the surface heat flux forcing for the tracer P_1 in FULL as follows:

$$Q' = \alpha (T'_{AF} - T'_{OF})|_{s} = \alpha (T'_{AF} - T'_{FS} - T'_{FD})|_{s}$$
(5)

where T'_{AF} is the atmospheric temperature anomaly, which is ultimately attributable to the CO₂ 195 196 forcing and the response in the atmosphere; T'_{OF} is the oceanic temperature anomaly; $|_s$ represents surface values of the variables; α is the coupling coefficient (varying in space and 197 198 time) that represents the strength of the coupling between the atmosphere and ocean. In practice, 199 the surface heat flux forcing (Q') is calculated online by subtracting the baseline surface heat 200 flux (computed from CTRL) from the total surface heat flux, which is calculated by the coupler 201 of the model using the bulk formula. Eq. (5) proves to be a good approximation to the bulk 202 formula used for the calculation of the surface heat flux anomaly (Haney 1971; Rahmstorf and 203 Willebrand 1995; Rivin and Tziperman 1997; He et al. 2022). Eq. (5) shows the total surface 204 heat flux anomaly (Q') is proportional to the difference between the surface atmospheric 205 temperature anomaly and the SST anomaly, which itself is induced partly by the ocean 206 circulation changes (i.e., $T'_{FD}|_s$). Therefore, in FULL the surface forcing responsible for T'_{FS} is 207 not purely atmosphere-forced and the T'_{FS} component has been indirectly affected by ocean 208 circulation changes. As a result, there is an inconsistency between the so-called surface-forced component (T'_{FS}) and the surface heat flux anomaly (Q'), and a causal relationship is attempted 209 210 to be established between the two.

Given this caveat, there is a need to design a cleaner decomposition method to separate the *active*, ocean-driven temperature anomaly (T'_{active}) from the *passive*, purely atmosphereforced anomaly $(T'_{passive})$. The key to isolate the purely atmosphere-forced temperature response is to remove the ocean-forced component from the surface heat flux anomaly: to decompose the surface heat flux anomaly (Q') into a passive component $(Q'_{passive})$ caused directly by atmospheric CO₂ increase and an active component (Q'_{active}) caused indirectly by ocean circulation change, i.e., $Q' = Q'_{passive} + Q'_{active}$. To this end, a novel partial coupling technique is employed to configure a case where the surface heat flux change under CO₂ forcing is purely atmospherically-induced so that the *passive* surface heat flux anomaly can be isolated from the *active* one. A recapitulation of the partial coupling approach is provided as follows, and interested readers are referred to Garuba et al. (2018a) and Garuba and Rasch (2020) for further technical details.

223

b. Partially coupled experiment

As demonstrated in Garuba et al. (2018a) and Garuba and Rasch (2020), a consistent isolation of the purely surface-forced, *passive* temperature response is achievable in a partially coupled configuration, wherein the surface heat flux anomaly is the result of partial coupling to the surface-forced component of the ocean temperature anomaly, which itself is solely forced by the *passive* surface heat flux anomaly. To realize this consistency, a surface-forced temperature tracer T'_{PS} is introduced to be only subject to the *passive* surface flux anomaly formulated as:

232

$$Q'_{passive} = \alpha (T'_{AP} - T'_{PS})|_s \tag{6}$$

where T'_{AP} is the atmospheric temperature anomaly, which is induced by CO₂ increase. And the evolution of T'_{PS} is governed by:

235

$$\frac{DT'_{PS}}{Dt} = Q'_{passive} \tag{7}$$

In the actual execution of the partial coupling, the $T'_{PS}|_s$ is added to the baseline SST 236 237 (computed from CTRL run) and the resulted value is then used to substitute the SST into the 238 bulk formula to compute the surface heat flux. The resultant surface heat flux provides the actual thermal interaction between the atmosphere and the ocean in PARTIAL (i.e., $Q_P = \overline{Q} +$ 239 240 $Q'_{passive}$). In addition, the temperature-like tracer P_1 is introduced to diagnose T'_{PS} , which is set 241 to zero at initialization and subject to the forcing of the surface heat flux anomaly (i.e., $Q'_{vassive}$). 242 Like in the FULL, the ocean temperature anomaly in PARTIAL can also be decomposed into surface-forced and dynamically induced components (i.e., $T'_{OP} = T'_{PS} + T'_{PD}$, subscript P 243 244 denotes the variables in PARTIAL), and the validity of the tracer approach is verified by the

good agreement between the sum of the two tracers and the actual SST response (comparingFig. 1c with 1d).

As such, a better consistency is achieved in PARTIAL between the surface heat flux anomaly $(Q'_{passive})$ and the surface-forced ocean temperature tracer (T'_{PS}) (comparing to the fully-coupled counterpart Eqs. (3) and (5)). In other word, the surface-forced ocean temperature (T'_{PS}) in the PARTIAL is entirely atmosphere-originated and can be referred to as the *passive* component $(T'_{passive})$ in the context of this study, which can be expressed as:

252
$$\frac{DT'_{passive}}{Dt} = Q'_{passive}$$
(8)

By corollary, the active component due to the ocean circulation adjustment to CO₂ forcing can be inferred as the difference between the total temperature anomaly (T'_{OF}) in FULL and $T'_{passive}$ in PARTIAL, and it will be referred to as the *active* component (T'_{active}) hereafter. Its evolution can be derived from Eq. (1) minus Eq. (8):

257
$$\frac{DT'_{active}}{Dt} = Q'_{active} - \boldsymbol{\nu}'_F \cdot \nabla \bar{T}$$
(9)

As implied by Eq. (9), T'_{active} can be understood as the response to the direct effect of the ocean circulation change through advecting the mean temperature $(v'_F \cdot \nabla \overline{T})$ plus the response to the indirect effect due to the surface heat flux anomalies (Q'_{active}) induced by the ocean circulation change.

262 In summary, through the fully and partially coupled experiments, we construct a clean 263 decomposition framework as expressed by Eqs. (8)-(9), which affords an interpretation of the 264 full CO₂-forced response as the sum of the atmosphere-forced component (or passive component: $T'_{passive}$ and $Q'_{passive}$) and the ocean circulation change-driven component (or 265 active component: T'_{active} and Q'_{active}). The key advantage of this approach over the 266 267 conventional implementation of a tracer (Banks and Gregory, 2006; Xie and Vallis, 2012) is 268 that the ocean temperature response and the surface flux anomaly are self-consistent in both 269 FULL and PARTIAL experiments, so are the differences between the two experiments. The 270 validity of the active component derived from linearly subtracting the PARTIAL from the 271 FULL has been demonstrated by Garuba and Rasch (2020), who performed an additional ocean-272 driven partially coupled simulation to obtain the *active* component directly, showing that the total response in the fully coupled experiment can be recovered from the sum of the *active* and *passive* components simulated separately.

275

276

Table 1: Model experiments with CESM1				
Name	Run (yrs)	Description		
Coupled simulations				
CTRL	150	Control fully coupled simulation (Preindustrial CO ₂)		
FULL	150	Perturbed fully coupled simulation (4×CO ₂)		
PARTIAL	150	Perturbed partially coupled simulation (4×CO ₂)		
Slab ocean simulations				
CTRL-slab	90	Control slab ocean simulation (Preindustrial CO ₂)		
4×CO ₂ -slab	90	Perturbed slab ocean simulation (4×CO ₂)		

277

278 2.2 Slab ocean experiments

279 To further verify the role of the atmospheric processes in ocean temperature response 280 isolated using the PARTIAL, we use a slab ocean version of CESM (CESM-SOM) to 281 investigate the tropical Pacific SST warming pattern. In the CESM-SOM, the ocean and 282 atmosphere are only thermodynamically coupled, and SST is computed from surface heat flux 283 and prescribed ocean energy flux divergence (Q-flux). Both the slab ocean control run (CTRLslab) and perturbation run (4xCO₂-slab) are integrated for 90 years (Table 1), in which the 284 285 mixed layer depth and Q-flux are both derived from the climatology of CTRL simulation. A 286 mean of the last 20 years of the model integration is used for our analysis in this study.

The ocean temperature response obtained from the slab ocean experiment can help to circumstantially validate the results of the partially coupled experiment, since both the partially coupled experiment and slab ocean experiment are designed to isolate the role of atmospheric processes, but with some notable differences. In the partially coupled experiment, the mean ocean circulation acting on the ocean temperature anomaly produces anomalous ocean heat convergence, which, however, is excluded in the slab ocean model. Hence, by comparing the ocean temperature response between these two experiments, we can infer the effect of anomalous ocean heat convergence on the ocean temperature response due to the mean oceancirculation advection (such as the ODT effect).

296

303

297 2.3 Mixed layer heat budget analysis

The formation mechanisms of the equatorial Pacific SST warming pattern have been studied with the heat budget analysis in many previous studies (DiNezio et al. 2009; Luo et al. 2015,2017; Liu et al. 2017; Ying et al. 2016). Following DiNezio et al. (2009) and Xie et al. (2010), the heat budget can be computed by vertically integrating the temperature equation over mixed layer:

$$\frac{\partial Q}{\partial t} = Q_{net} + D_0 + R \tag{10}$$

where $\frac{\partial Q}{\partial t}$ is the vertically integrated heat storage rate; Q_{net} is the net surface heat flux obtained by subtracting the radiative flux at the bottom of the mixed layer from the surface heat flux, and it is comprised of the longwave radiation (Q_{LW}) , shortwave radiation (Q_{SW}) , latent heat flux (Q_E) , and sensible heat flux (Q_H) ; D_O represents the ocean heat transport; *R* is the residual term, which includes sub-grid scale processes (e.g., vertical mixing and lateral entrainment). D_O can be decomposed as:

310

$$D_0 = Q_u + Q_v + Q_w \tag{11}$$

311 where Q_u , Q_v and Q_w represent the zonal, meridional and vertical ocean heat transport 312 divergences, respectively. The sum of D_o and R represent the total effect of ocean dynamical 313 processes.

For an equilibrium state, the heat storage rate is negligible, so the right-hand side of Eq. (10) is zero. The heat budget is thus balanced between the surface heat flux and the ocean dynamical processes:

317

$$Q_{LW} + Q_{SW} + Q_E + Q_H + Q_u + Q_v + Q_w + R = 0$$
(12)

318 A change of each term in Eq. (12) in response to quadrupled CO₂ represents the effect of 319 different mechanism in modifying SST. For example, the latent heat change (ΔQ_E) represents 320 the effect of evaporative cooling, the shortwave radiation change (ΔQ_{SW}) indicates the effect of 321 cloud-shortwave-radiation-SST feedback, and the effect of the ODT can be implied in the 322 vertical ocean heat transport divergence (ΔQ_w).

323 Furthermore, since the terms of ΔQ_u , ΔQ_v and ΔQ_w include both the effects of ocean 324 circulation change and ocean temperature gradient change, which are associated with different 325 mechanisms, we decompose the changes of ocean heat transport divergence into three parts:

326
$$\Delta Q_{u} = -\rho_{0}C_{p}\int_{-H}^{0}u\frac{\partial\Delta T}{\partial x}dz - \rho_{0}C_{p}\int_{-H}^{0}\Delta u\frac{\partial T}{\partial x}dz - \rho_{0}C_{p}\int_{-H}^{0}\Delta u\frac{\partial\Delta T}{\partial x}dz$$

$$= \Delta Q_{u1} + \Delta Q_{u2} + \Delta Q_{u3}$$
(13)

$$327 \qquad \qquad = \Delta Q_{u1} + \Delta Q_{u2} + \Delta Q_{u3}$$

328
$$\Delta Q_{\nu} = -\rho_0 C_p \int_{-H}^{0} \nu \frac{\partial \Delta T}{\partial y} dz - \rho_0 C_p \int_{-H}^{0} \Delta \nu \frac{\partial T}{\partial y} dz - \rho_0 C_p \int_{-H}^{0} \Delta \nu \frac{\partial \Delta T}{\partial y} dz$$

$$329 \qquad \qquad = \Delta Q_{\nu 1} + \Delta Q_{\nu 2} + \Delta Q_{\nu 3} \tag{14}$$

$$\Delta Q_w = -\rho_0 C_p \int_{-H}^0 w \frac{\partial \Delta T}{\partial z} dz - \rho_0 C_p \int_{-H}^0 \Delta w \frac{\partial T}{\partial z} dz - \rho_0 C_p \int_{-H}^0 \Delta w \frac{\partial \Delta T}{\partial z} dz$$

$$= \Delta Q_{w1} + \Delta Q_{w2} + \Delta Q_{w3}$$
(15)

where ρ_0 is seawater density; C_p is seawater specific heat; H denotes the mixed layer depth, 332 333 which is chosen as a constant of 55 m following Luo et al. (2015) and Liu et al. (2017); T is ocean temperature in the control simulation (i.e., $T = \overline{T}$); u, v, w are zonal, meridional and 334 335 vertical ocean currents in the control simulation, respectively; Δ denotes the difference of variables between the fully coupled and control simulations (i.e., $\Delta T = T'_{OF}$). ΔQ_{u1} , ΔQ_{v1} and 336 337 ΔQ_{w1} represent the advection of the temperature anomalies by the mean ocean circulation. ΔQ_{u2} , ΔQ_{v2} and ΔQ_{w2} represent the advection of the mean temperature by the ocean circulation 338 339 anomalies. ΔQ_{u3} , ΔQ_{v3} and ΔQ_{w3} are the non-linear terms, representing the interactions 340 between ocean circulation changes and ocean temperature gradient changes. The mixed layer 341 heat budget in FULL helps to verify the effects of ocean circulation changes in the temperature 342 response that have been clearly isolated through the FULL and PARTIAL experiments (i.e., the 343 *active* component) and to quantify the relative importance of each of the identified processes.

344

3 Results 345

346 3.1 The SST response at the quasi-equilibrium stage

347 We first examine the quasi-equilibrium pattern of SST over the tropical Pacific in response 348 to quadrupled CO₂. Since the SST anomalies stabilize after 100 years of integration (not shown), 349 a mean of the model years of 101-150 is taken to represent the quasi-equilibrium response in 350 this section. The total response of the tropical Pacific SST is characterized by an El Niño-like 351 warming pattern in the equator and a minimum warming in the southeastern subtropics (Fig. 352 1a), which are broadly consistent with previous studies (Meehl et al. 2007; Lu et al. 2008; Xie 353 et al. 2010; DiNezio et al. 2013; Kociuba and Power 2015; Luo et al. 2015; Ying et al. 2016; 354 Coats and Karnauskas 2017; Plesca et al. 2018). Making use of the fully and partially coupled 355 experiments (Table 1), we decompose the total SST response into the atmosphere-forced 356 passive component (Fig. 2b) and ocean-dynamically induced active component (Fig. 2c). It is 357 found that, although the *passive* SST change in the tropical Pacific is characterized by a greater 358 warming north of the equator than south of the equator and a minimum warming in the 359 southeastern subtropics, it is nearly uniform warming along the equator and thus has no 360 contribution to the El Niño-like warming pattern. On the contrary, the active SST change is 361 featured with a cooling in the western equator but a warming in the central and eastern equator, 362 resulting in a decreased SST zonal gradient along the equator and thus an El Niño-like warming 363 pattern. Therefore, the decomposition indicates that the El Niño-like SST warming pattern is 364 predominantly the result of ocean circulation changes, while the atmospheric processes have no 365 contribution. To further demonstrate the dominant role of ocean dynamical processes for the El 366 Niño-like warming pattern formation, we calculate the regional mean of SST anomalies in 367 western equatorial Pacific (WEP; 5°S–5°N, 130°E–180°), central and eastern equatorial Pacific 368 (CEP; 5°S–5°N, 160°–100°W), and the difference between them (Fig. 2d). It is found that, 369 while the total warming of SST in both WEP and CEP (left and middle gray bars in Fig. 2d) is 370 dominated by the *passive* component (left and middle red bars in Fig. 2d), the decreased zonal 371 gradient of SST (right gray bar in Fig. 2d) is almost solely determined by the active component 372 (right blue bar in Fig. 2d).

373 As reviewed in the introduction, Luo et al. (2015) have found that the weakening of the 374 equatorial easterlies contributes only 20% to the El Niño-like SST warming. Hence, they 375 concluded that the role of ocean dynamical process is feeble in the formation of El Niño-like 376 warming pattern. However, the contribution of ocean dynamics has not been fully isolated from 377 the contribution of the thermal warming effect in their study, since the latter can also lead to an 378 ocean circulation change. In this study, we can isolate the effect of total ocean circulation 379 change (the *active* component) from the total tropical SST response to global warming. It is 380 found that the El Niño-like SST warming pattern over the equatorial Pacific is determined 381 entirely by the total effect of ocean circulation change (Fig. 2c). Therefore, in combination with 382 the modeling result of Luo et al. (2015), we can conclude that the ocean circulation changes 383 induced by both buoyancy fluxes and wind stress play positive roles in the El Niño-like 384 warming pattern, but the former is clearly dominant over the latter. In fact, the importance of 385 buoyancy fluxes in changing the Pacific tropical ocean circulation has been identified with the 386 help of the overriding technique in previous studies (Luo et al. 2015; Liu et al. 2017). For 387 example, in response to global warming, the STC weakening was found to be mainly driven by 388 more stratified subtropical ocean induced by buoyancy flux changes.





Fig. 2. Changes of SST (°C) in (a) the total response and its (b) passive and (c) active components. Superimposed is the mean SST field in CTRL (contour interval (CI) = 2 °C). The boxes in (a) represent the western equatorial Pacific (WEP; 5°S–5°N, 130°E–180°) and the central and eastern equatorial Pacific (CEP; 5°S–5°N, 160°–100°W) regions, respectively. (d) Changes of SST in the WEP and CEP as well as their differences (CEP minus WEP) in the total response (grey bars) and its passive (red bars) and active (blue bars) components.

Next, we examine the changes in surface heat flux and its *passive* and *active* components (Fig. 3). The total change in the surface heat flux includes a heat loss along the equator and in the southeast subtropics, which is dominated by its *active* component (comparing Figs. 3a with 3c). In addition, there is an intriguing cancellation in the surface flux response between the passive and the active components along the equator. The maximum warming in the eastern equator corresponds to the maximum surface heat flux loss (comparing Figs. 2a with 3a), suggesting a damping role of the surface heat flux in the equatorial Pacific SST warming. This 405 further verifies the decisive role of the ocean dynamical change in the formation of the El Niño-406 like SST warming along the equator. The passive heat flux change includes a large heat gain in 407 the central and eastern equatorial regions as well as the zonal band around 10°N, and a large 408 heat loss in the southeast subtropics (Fig. 3b), which explains the minimum warming there (Fig. 409 2b). However, the *passive* SST response is zonally uniform along the equator despite the 410 stronger heat gain in the equatorial eastern Pacific. This mismatch between the atmosphere-411 forced surface heat flux change and SST response pattern alludes to ocean heat divergence 412 caused by the mean ocean circulation, which will be discussed in detail next. 413



414

415 Fig. 3. Changes of surface heat flux (W m⁻²) in (a) the total response and its (b) passive and (c) active 416 components. Superimposed is the mean surface heat flux field in CTRL (CI = 50 W m⁻²).



419 Fig. 4. Changes in the mixed layer heat budget in response to quadrupled CO_2 in FULL: (a) net surface 420 heat flux (ΔQ_{net}), zonal heat transport divergence (ΔQ_u), meridional heat transport divergence (ΔQ_v), vertical 421 heat transport divergence (ΔQ_w), and the residual (ΔR); (b) a decomposition of changes in the surface heat 422 flux into latent heat flux (ΔQ_E), sensible heat flux (ΔQ_H), shortwave radiation (ΔQ_{SW}), and longwave 423 radiation (ΔQ_{LW}). (c)-(e) a decomposition of changes in the zonal, meridional and vertical heat transport 424 divergence into components associated with effects of temperature gradient changes ($\Delta Q_{u1}, \Delta Q_{v1}, \Delta Q_{w1}$), 425 ocean circulation changes ($\Delta Q_{u2}, \Delta Q_{v2}, \Delta Q_{w2}$), and their nonlinear interactions ($\Delta Q_{u3}, \Delta Q_{v3}, \Delta Q_{w3}$). Orange, 426 red, and green bars represent the changes in WEP and CEP regions as well as their differences (CEP minus 427 WEP), respectively.

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429 To elucidate the particular oceanic processes that maintain the equatorial Pacific warming 430 pattern in response to quadrupled CO₂, we apply the mixed layer heat budget analysis in FULL. 431 We calculate the regional mean of heat budget in WEP and CEP, and use the difference between 432 them for the budget of the zonal SST gradient. The positive term over the WEP and CEP 433 represents the process that warms the SST there (red and orange bars in Fig. 4). Since the 434 climatological value of CEP-WEP is negative, a positive change of CEP-WEP represents a 435 decrease in the zonal SST gradient (green bars in Fig. 4). The result shows that the warming in 436 the WEP (orange bars in Fig. 4a) is dominated by a decrease in the zonal heat convergence, 437 which is damped by the heat transport from the residual term. For the CEP, both the zonal and 438 meridional heat divergence changes contribute to its warming, while the heat divergence 439 changes from the vertical advection and the residual term play a cooling role (red bars in Fig.

440 4a). Regarding the decrease in the zonal SST gradient (i.e., positive change of CEP-WEP) 441 that we are more interested in, the main contribution comes from changes in the zonal and 442 meridional heat transport divergence, with non-negligible contribution from a change in the 443 heat divergence from the residual term, while both changes in the surface heat flux and vertical 444 heat transport divergence contribute negatively to the decrease in the zonal SST gradient (green 445 bars in Fig. 4a).

446 The zonal, meridional and vertical heat transport divergence changes are further decomposed into components associated with temperature gradient changes ($\Delta Q_{u1}, \Delta Q_{v1}$, and 447 ΔQ_{w1}), ocean circulation changes (ΔQ_{u2} , ΔQ_{v2} , and ΔQ_{w2}), and their nonlinear interactions 448 $(\Delta Q_{u3}, \Delta Q_{v3}, \text{and } \Delta Q_{w3})$. Results show that the ocean circulation changes in all three directions 449 450 act to decrease the zonal gradient of SST (the third green bars from the left in Figs. 4c-4d), 451 favoring the El Niño-like warming pattern. This corroborates our previous conclusion that the 452 decreased zonal gradient of SST is determined by its active component. Specifically, the 453 eastward zonal current anomaly (Fig. 5a) induced by the weakened equatorial easterly (Fig. 5b) 454 warms the eastern equatorial ocean by transporting more warm water from the warm pool to 455 the cold tongue. Meanwhile, the weakened easterly produces less Ekman transport away from 456 the equator and thus leads to an increase of SST in the eastern equator. Interestingly, the reduced 457 upwelling over the equatorial eastern Pacific (Fig. 6b) also plays a role in warming the surface water there. In addition, the change in the meridional temperature gradient (ΔQ_{v1}) also 458 459 contributes significantly to the SST warming in the eastern Pacific. In contrast, the most 460 prominent damping effect on the El Niño-like warming pattern stems from the heat transport 461 divergence due to the change in vertical temperature gradient (ΔQ_{w1}), which has been referred 462 to as the ODT effect in the literature (Cane et al. 1997; Seager and Murtugudde 1997; An and 463 Im, 2014). This is caused by an intensified stratification of the equatorial ocean in response to 464 the quadrupled CO₂ (shading in Fig. 6a). Overall, the negative contribution of the ODT effect 465 (ΔQ_{w1}) on the El Niño-like warming pattern overcompensates the positive contribution by ΔQ_{v1} , 466 the total effect of the ocean temperature gradient changes is to hinder the El Niño-like warming 467 pattern. The results of our budget analysis are consistent with previous studies (DiNezio et al.

468 2009; Luo et al. 2015; Ying et al. 2016). A new finding here is that it is the cooling effect of 469 ODT due to the background upwelling (the second red bar from the left in Fig. 4e) that primarily 470 compensates the warming effect of the *passive* surface heat flux (Fig. 3b) in the eastern 471 equatorial Pacific, leading to a zonally uniform warming along the equator in the *passive* SST 472 response (Fig. 2b), while the ocean heat transport divergence due to the zonal and meridional 473 temperature gradient change also plays an important role.

474 Further examination of the surface heat flux (Fig. 4b) reveals its damping effect on the El 475 Niño-like SST gradient, implying that surface heat flux mainly works to damp the ocean 476 dynamically induced SST pattern over the equatorial Pacific. More specifically, this damping 477 effect stems mainly from shortwave radiative flux (ΔQ_{SW}), the effect of which is partly 478 compensated by the longwave radiative flux and the latent heat flux. The latent heat flux change 479 can be decomposed into four major terms associated with the change of SST, the change of 480 wind speed, the change of relative humidity, and the change of air-sea surface temperature 481 difference, respectively (Du and Xie 2008; Richter and Xie 2008; Xie et al. 2010; Luo et al. 482 2017). It is found that the latent heat flux change is dominated by the change of wind speed 483 (SST) over the CEP (WEP) region (not shown). The decrease of the shortwave radiative flux 484 in the equatorial Pacific can be attributed mainly to the negative cloud-shortwave-radiation-485 SST feedback there. Moreover, this negative feedback is greater in the CEP than in the WEP 486 due to the eastward shift of convective clouds (not shown).









Fig. 6. (a) Changes of equatorial (averaged between $5^{\circ}S-5^{\circ}N$) vertical temperature gradients (shading; °C m⁻¹) in response to quadrupled CO₂ and equatorial vertical velocity in CTRL (contours; CI = 2×10⁻⁶ m/s). (b) The equatorial vertical temperature gradients in CTRL (shading; °C m⁻¹) and changes of equatorial vertical velocity (contours; CI = 1×10⁻⁶ m/s) in response to quadrupled CO₂. The solid and dashed lines indicate upwelling and downwelling, respectively.

497 In summary, the results of fully and partially coupled experiments illustrate that the El 498 Niño-like SST warming pattern over the equatorial Pacific is entirely induced by the effect of 499 ocean dynamic changes (Fig. 2c). Making use of the mixed layer heat budget analysis, we find 500 that the zonal and meridional ocean circulation changes play a dominant role for the formation 501 of the El Niño-like warming pattern, with the vertical circulation change making a minor 502 contribution. In addition, the air-sea interaction without the ocean dynamical feedbacks results 503 in a zonally uniform warming in the passive SST response (Fig. 2b), which can be explained 504 by the close balance between the total effect due to the mean advection (especially the ODT 505 effect) and the effect of passive surface heat uptake. This result suggests that the ODT effect in 506 shaping the ultimate spatial pattern of the equatorial Pacific SST response to global warming is 507 weaker than previously thought.

508

509 3.2 The temporal evolution of SST response

510 In this section, we investigate the temporal evolution of the SST response pattern in the 511 equatorial Pacific. Figure 7 shows the SST anomaly along the equator in different phases of 512 response to quadrupled CO₂ as well as its *passive* and *active* components. Note that the areal mean increase of SST in the equatorial Pacific (5°S-5°N, 120°E-80°W) is removed to highlight 513 514 the zonal SST gradient change. Consistent with previous studies (Liu 1998; Luo et al. 2017; 515 Heede et al. 2020, 2021), there is an increase of the zonal SST gradient along the equator during 516 the initial stage, followed by a weakening of this SST gradient when the system moves toward 517 equilibrium (Fig. 7a). By decomposing the total SST response into the atmosphere-forced 518 passive component and ocean-dynamically induced active component, we find that the 519 temporal evolution of the equatorial SST response is almost entirely determined by the latter 520 (comparing Figs. 7c with 7a). In other words, the temporal evolution of equatorial Pacific SST response is controlled by the ocean circulation changes. The passive component contributes 521 522 little to the temporal evolution of equatorial Pacific SST response, as the passive SST anomalies 523 are always zonally uniform along the equator (Fig. 7b).



Fig. 7. (a) Zonal distribution of SST changes (°C) along the equator $(5^{\circ}S-5^{\circ}N)$ averaged, and the equatorial Pacific mean has been removed) in different phases of response to quadrupled CO₂ (red lines for years 1-5, yellow lines for years 6-50, green lines for years 51-100, and blue lines for years 101-150) and its (b) passive, and (c) active components.



530 Fig. 8. Changes of surface heat flux (W m⁻²) over the WEP and CEP regions as well as their differences

(CEP minus WEP) in different phases of response to quadrupled CO₂: (a) years 1-5, (b) years 6-50, (c) years
 51-100, and (d) years 101-150. The grey, orange and blue bars represent the total response, its passive, and

533 its active components, respectively.





Fig. 9. Changes of the Pacific subtropical cells (STCs; Sv) in different phases of response to quadrupled CO₂: (a) years 1-5, (b) years 6-50, (c) years 51-100, and (d) years 101-150. The superimposed contours are the mean STCs in CTRL averaged over years 101-150 (solid and dashed lines for clockwise and anticlockwise circulations, respectively; CI = 8 Sv).

Figure 8 shows the changes of the surface heat flux in different stages over the WEP and CEP regions, as well as their gradients. The *active* surface heat flux change over the CEP region is negative during all time periods (middle blue bars in Fig. 8), so it cannot explain the gradual warming of the *active* SST over time in the CEP region (Fig. 7c). Hence, it is the ocean circulation change itself, rather than the *active* surface heat flux change, that is responsible for the temporal evolution of equatorial Pacific SST response pattern. This result, combining with 547 previous studies (e.g., Liu 1998; Heede et al. 2020, 2021), suggests that the changes in the STCs 548 play a significant role for the temporal evolution of equatorial Pacific SST warming pattern. 549 Figure 9 shows the STC changes during different stages in response to CO₂ forcing. Under the 550 warming, the STCs is found to slowdown in the northern hemisphere in all stages, but accelerate 551 during the initial stage and then decelerate during the later stage in the southern hemisphere 552 (Figs. 9a and 9b). The strength of the STCs stabilizes after 50 years of model integration in both 553 hemispheres (Figs. 9c and 9d). Since the STCs transports warmer water out of the tropics within 554 the surface layer and brings subsurface colder water to the surface in the eastern equatorial 555 Pacific (McCreary and Lu 1994), its slowdown will cause a warming in the cold tongue region 556 and thus a decrease of the zonal SST gradient. In addition, as pointed out by Luo et al. (2005), 557 since there is a potential vorticity island in the northern tropics that blocks the connection 558 between the equator and the northern subtropics, the influence from the southern STC appears 559 to be more direct. Therefore, the temporal evolution of the STCs, especially its southern branch, 560 accounts for the temporal evolution of the active SST along the equator. Specifically, the switch 561 of the sign of the zonal SST gradient anomaly (red and yellow lines in Fig. 7c) appears to be 562 synchronized with the opposite change of the STC in the southern hemisphere in the first two 563 stages (Figs. 9a and 9b). After 50 years when the strength of the STCs is relatively stabilized 564 (Figs. 9c and 9d), the zonal gradient of SST along the equator appears to level off (blue and 565 green lines in Fig. 7c). According to previous studies (Luo et al. 2015; Liu et al. 2017), the 566 response of the STCs to global warming is determined by both effects of the wind stress change 567 and the buoyancy flux change. In particular, the weaker (stronger) trade winds can weaken 568 (strengthen) the STCs. In addition, the increased upper ocean stratification over the subtropical 569 Pacific may weaken the STCs by reducing water subduction. Thus, the shift of the southern 570 STC change in the first two phases is mainly associated with the decrease of the easterly 571 anomaly in the South Pacific and the increase of the upper-ocean stratification over the 572 subtropical Pacific. Specifically, the wind-driven intensification of the southern STC 573 overwhelms its reduction caused by increased upper-ocean stratification, resulting in an initial 574 acceleration of the southern STC. Subsequently, the wind-driven acceleration of the southern 575 STC weakens significantly along with the weakening of the easterly anomaly in the South 576 Pacific. The southern STC begins to decelerate as the buoyancy flux change plays a more 577 dominant role.

578 This result is different from the earlier conclusion from passive tracer experiment with an 579 ocean-alone model in Luo et al. (2017), who found that the decrease of SST zonal gradient 580 change with time results largely from the passive advection of global warming-induced warmer 581 extratropical waters by mean STCs. We believe that much of this discrepancy is to do with how 582 the surface flux is treated in the passive tracer experiments using an ocean-alone model versus 583 a coupled climate model. In the ocean-alone experiment, the passive tracer is restored to a 584 constant surface temperature anomaly, so the realized "passive" surface temperature is the 585 result of the heat balance between the restoration flux and the advection effect of the mean 586 ocean circulation, and the pattern of the tracer is determined by the spatial distribution of the 587 mean ocean circulation. In the PARTIAL used in this study, however, the passive surface heat 588 flux change is "self-induced" by the passive ocean temperature warming, meanwhile subject to 589 atmospheric adjustment. Due to the interactive atmosphere, both the atmospheric feedbacks and 590 the mean ocean circulation determine the pattern of the tracer. In the CEP, the warming effect 591 of the passive surface heat flux is gradually weakened (middle orange bars in Fig. 8) and the 592 advective cooling effect by the mean ocean circulation gradually decay with time (not shown), 593 and these two cancel each other out. As a result, the passive SST anomaly along the equator is 594 always zonally uniform (Fig. 7b), and the temporal evolution of equatorial Pacific SST warming 595 pattern can be only attributed to the changes in the STC strength.

To further understand the shift in the equatorial Pacific SST warming pattern, two periods with the greatest difference in response patterns are chosen for the following analysis. The first five years (from year 1 to year 5) is taken as the fast response phase (the initial stage), and the last fifty years (from year 101 to year 150) as the slow response phase (the quasi-equilibrium stage). In contrast to the slow response at the quasi-equilibrium stage discussed in Section 3.1, the fast response of SST shows a La Niña-like warming pattern over the equatorial Pacific (i.e., an increased zonal gradient of SST along the equator) (Fig. 10a). At this initial stage, the *passive* 603 SST anomalies show a widespread warming in the tropics, with a minimum warming at equator 604 and a slight inter-hemispheric asymmetry favoring the northern hemisphere (Fig. 10b); in 605 contrast, the active SST anomalies are characterized by a cooling over the tropics, with stronger anomalies in the CEP region and southeast subtropics (Fig. 10c). Similar to what happens 606 607 during the slow response phase, the east-west gradient of the equatorial Pacific SST during the 608 fast response phase is also dominated by its active component. Quantitatively, the zonal SST 609 gradient in the fast response phase is increased by 0.5 °C, which is determined almost entirely 610 by its active component (Fig. 10d).



611 612

Fig. 10. Same as figure 2 but for the fast response phase.

613

To help elucidate the processes that maintain the La Niña-like warming pattern during the fast response phase, the mixed layer heat budget analysis is also applied to the initial stage (Fig. 11). Result shows that the warming in the WEP is dominated by changes in the surface heat 617 flux and the residual term, while changes in all ocean heat transport divergence play negative 618 roles (orange bars in Fig. 11a). For the CEP warming, the changes in both the surface heat flux 619 and zonal heat transport divergence have positive contributions, while the changes in the 620 meridional and vertical heat transport divergence contribute negatively (red bars in Fig. 11a). 621 For the increase in the zonal SST gradient (i.e., negative change of CEP-WEP), the main 622 contribution comes from changes in the meridional and vertical heat transport divergence, while 623 the changes in the surface heat flux and zonal heat transport divergence play a damping role 624 (green bars in Fig. 11a). By decomposing the changes in the ocean heat transport divergence 625 into components controlled by ocean circulation change and temperature gradient change, we find that both effects of the meridional and vertical ocean circulation changes ($\Delta Q_{\nu 2}$ and $\Delta Q_{w 2}$) 626 act to increase the zonal gradient of SST, leading to the La Niña-like warming pattern, which 627 628 is opposite to their roles in the slow response phase. Specifically, the change in meridional 629 current cools the east more than the west and thus increases the zonal SST gradient along the 630 equator, which can be attributed to the increased southern STC at the initial stage (Fig. 9a) that 631 transports more warm water away from the equatorial eastern Pacific. Meanwhile, the 632 upwelling over the CEP is increased in the fast response phase (not shown), which brings more 633 subsurface cold water up to cool the surface ocean and thus also increase the zonal SST gradient. In addition, the contribution of vertical temperature gradient change (ΔQ_{w1} ; the second red bar 634 635 from the left in Fig. 11e), i.e., the ODT effect, is another effective factor that cools the surface 636 ocean in the CEP region. However, this cooling effect of mean upwelling is balanced with the 637 warming effect of *passive* surface heat flux (middle orange bar in Fig. 8a) in the CEP region, 638 thus the *passive* SST in the fast response phase is also zonally uniform along the equator (Fig. 639 10b).

In summary, the comparison of the heat budget analyses for the fast and slow response phases shows that the surface heat flux change plays a damping role for the SST pattern formation during both phases, while the ODT effect due to background upwelling cools the CEP region and thus increase the zonal SST gradient in both stages. The major difference between the two stages is the effects of meridional and vertical ocean circulation changes. More





655 4 The slab ocean response

656 It is interesting to compare the warming patterns between the *passive* SST and slab ocean 657 SST response as they are both designed to identify the role of atmospheric processes. The SST 658 response pattern in the slab ocean model bears some resemblance to that in the passive 659 component of the PARTIAL (comparing Figs. 12a with 2b), except that there is an El Niño-660 like warming along the equator in the slab ocean model, corroborating the finding of Vecchi et al. (2008). In addition, the magnitude of the passive SST response appears to be weaker than 661 662 that of the slab ocean model. These differences can be explained by anomalous ocean heat 663 convergence response that is included in the *passive* component but not in the slab ocean model. In other words, while the effect of the surface flux processes acts on both the *passive* SST and slab ocean SST, the ODT effect only works on the former and balances part of the surfaceforced warming in the eastern equatorial Pacific.

667 It is also worth noting that the *passive* component of tropical SST response is warmer in the northern hemisphere than the southern hemisphere, which is also true in the slab ocean 668 669 model. This inter-hemispheric asymmetric SST warming pattern may arise from the WES 670 feedback (Xie et al. 2010; Lu and Zhao 2012), consistent with the WES-induced SST pattern 671 in Luo et al. (2015). Figure 12b shows the latent heat flux change due to wind speed change (Q_{EW}) from the slab ocean experiment, which represents the effect of the WES feedback. It can 672 673 be seen that it matches the SST warming pattern well (Fig. 12). In particular, the weakening of 674 the northeast trade winds leads to stronger SST warming in the northern subtropical Pacific, 675 while the strengthening of the southeast trade winds leads to the minimum warming in the 676 southeast subtropics. This result is consistent with previous studies (Meehl et al. 2007; Lu et al. 677 2008; Luo et al. 2015). Since the surface flux processes play a similar role in the passive SST 678 and the slab ocean SST response, we can infer that the inter-hemispheric asymmetric SST 679 warming pattern of the *passive* component can be mainly attributed to the WES feedback, 680 corroborating the conclusion of Xie et al. (2010) that wind speed change dominates the SST 681 pattern formation in the subtropical Pacific.



Fig. 12. (a) Changes of SST (°C) in the slab ocean model. Superimposed is mean SST field in CTRLslab (CI = 2 °C). (b) Changes of latent heat flux due to wind speed change (Q_{EW} ; W m⁻²) in the slab ocean model. Superimposed is mean latent heat flux field in CTRL-slab (CI = 50 W m⁻²).

686 **5 Conclusion and Discussion**

687 The pattern of equatorial Pacific SST response to global warming is studied in light of a 688 new decomposition of the atmospheric and oceanic processes. To quantify the relative 689 contributions of oceanic and atmospheric processes to the equatorial Pacific SST response to 690 anthropogenic CO_2 forcing, we analyze a pair of fully and partially coupled simulations, the 691 latter being purposefully designed by Garuba et al. (2018a) and Garuba and Rasch (2020). With 692 the assistance of this partially coupled experiment, the SST response due to the surface heat 693 flux and subject to the advection of the mean ocean circulation can be isolated and considered 694 as the atmosphere-forced *passive* component. In contrast, the contribution of the ocean dynamic 695 changes, obtained as the residual of the full temperature response minus the *passive* component, 696 can be considered as the ocean-dynamically induced active component.

697 In response to quadrupled CO₂, the tropical Pacific SST at the slow response or quasi-698 equilibrium phase is characterized by an El Niño-like warming pattern in the equatorial region 699 and a minimum warming in the southeast subtropics, which are broadly consistent with previous 700 studies (Meehl et al. 2007; Lu et al. 2008; Xie et al. 2010; DiNezio et al. 2013; Kociuba and 701 Power 2015; Luo et al. 2015; Ying et al. 2016; Coats and Karnauskas 2017; Plesca et al. 2018). 702 However, the equatorial Pacific SST warming pattern appears to experience a transition from a 703 fast response to slow response phase. There is an increase of zonal SST gradient along the 704 equator during the fast response phase, followed by a weakening of this SST gradient with time, 705 which conforms with previous studies (Liu 1998; Luo et al. 2017; Heede et al. 2020, 2021). 706 The most important advance in our work is that we can cleanly separate the roles of atmospheric 707 versus ocean dynamic processes in the SST response through a self-consistent decomposition 708 framework.

For the El Niño-like warming pattern at the quasi-equilibrium stage, we find it is entirely determined by the *active* component, while the *passive* SST is characterized by a zonally uniform warming along the equator. The maximum warming in the equatorial eastern Pacific corresponds to the maximum surface heat flux loss, indicating that the surface heat flux plays a damping role in the formation of the El Niño-like warming pattern. Thus, we can conclude 714 that the ocean circulation changes are responsible for the El Niño-like warming pattern by 715 redistributing the background ocean temperature, while the active surface heat flux works just 716 to compensate the SST changes. A mixed layer heat budget analysis reveals that the zonal and 717 meridional ocean circulation changes dominate the formation of the El Niño-like warming 718 pattern, and the vertical circulation change plays a positive but secondary role. Specifically, the 719 eastward zonal current anomaly warms the eastern equator by transporting more warm water 720 from the warm pool to the cold tongue, the weakening of the STCs warms the SST in the 721 equatorial eastern Pacific by transporting less warm water away from the equator, and the 722 weakened upwelling over the equatorial eastern Pacific brings slightly less cold waters from 723 the subsurface and thus leads to an increase of SST there. For the air-sea interaction without 724 the ocean dynamical feedbacks, it is found to give rise to a zonally uniform warming along the 725 equatorial Pacific, which is the result of the close balance between the total effect of heat 726 transport divergence associated with mean ocean circulation and the effect of passive surface 727 heat flux change. This finding suggests that the effect of ODT in shaping the spatial pattern of 728 the equatorial Pacific SST response to global warming is weaker than previously thought, at 729 least within the model framework used here.

730 For the temporal evolution of the equatorial Pacific SST response to global warming, we 731 find it is also controlled by the ocean circulation changes. Since the active surface heat flux 732 change over the CEP is negative throughout and thus cannot explain the gradual warming of 733 the active SST in the region over time. In other words, the temporal evolution of the equatorial 734 Pacific SST response is totally dynamically induced. On the basis of previous studies, we 735 conclude that it is the temporal evolution of the STCs, especially its southern branch, that 736 controls the temporal evolution of SST along the equator. Particularly, the change in sign of the 737 zonal SST gradient anomaly coincides with the reversal of changes of the STCs in the southern 738 hemisphere. After 50 years of model integration, as the strength of the STCs stabilizes, so does 739 the zonal gradient of SST along the equator. The role of changes in the STCs on the transition 740 of equatorial Pacific SST warming pattern is further verified with the results of mixed layer 741 heat budget analysis. In particular, the surface heat flux change is found to play a damping role 742 in the formation of both the fast and slow response warming patterns. Meanwhile, the ODT 743 effect cools the CEP region and thus increases the zonal SST gradient in both stages. In the fast 744 response stage, the changes in the meridional and vertical ocean circulations cool the CEP, 745 leading to a La Niña-like warming pattern, while in the slow response stage, they act to warm 746 the CEP, leading to an El Niño-like warming pattern. In summary, the slowdown of the STCs 747 controls the evolution of the equatorial Pacific SST warming pattern by changing the meridional 748 and vertical ocean heat transport divergence. This finding is in contrast to the conclusion from 749 an ocean-only passive tracer experiment in Luo et al. (2017), who found that the decrease of 750 SST zonal gradient with time results largely from the passive advection of warmer extratropical 751 waters by mean STCs. This is due to the fact that their ocean-only passive tracer experiment 752 could not accurately capture the effect of 'passive' surface heat flux change in driving the SST 753 response pattern evolution. Within the atmosphere-ocean coupled framework employed in this 754 study, the passive surface heat flux change works together with the mean ocean circulation to 755 drive the temporal evolution of the passive SST. The gradually weakening warming effect of 756 the *passive* surface heat flux is accompanied by the gradually declining cooling effect of the 757 mean ocean circulation, and they cancel each other out. As a result, the *passive* SST anomaly 758 along the equator is always zonally uniform, and the temporal evolution of the equatorial Pacific 759 SST warming pattern can only be attributed to the changes of the STCs.

760 The ocean circulation changes that are fully responsible for the El Niño-like SST warming 761 response to global warming can be driven by changes in both surface winds and buoyancy 762 fluxes. The role of wind-driven ocean circulation change in the equatorial Pacific SST warming 763 has been studied by Luo et al. (2015), who found that the weakening of the equatorial easterlies 764 contributes only 20% to the El Niño-like SST warming pattern. Hence, in combination with 765 Luo et al.'s result, we infer that the ocean circulation change induced by the buoyancy flux 766 change plays a more important role in forming the El Niño-like warming pattern than the wind-767 driven ocean circulation change. However, the exact role of the buoyancy-induced ocean 768 circulation change on the equatorial Pacific SST response cannot be separated out in either our 769 or Luo et al.'s experimental design. How exactly the buoyancy-induced ocean circulation change contributes to the El Niño-like warming pattern remains an open question for futureinvestigation.

772 One important caveat of this study is that only one single model with single forcing has 773 been used to decompose the passive and active components. The passive and active 774 decomposition as well as the relative roles of different oceanic and atmospheric processes in 775 the formation of the equatorial Pacific SST warming pattern may vary with different models as 776 the ocean dynamics, cloud feedbacks and other atmospheric mechanisms may differ from 777 model to model. For example, the effect of cloud-shortwave-radiation-SST feedback varies 778 among models, which has been proved as a major source for the model uncertainty in the 779 tropical Pacific SST warming pattern (Ying and Huang 2016). Specifically, the cloud-780 shortwave-radiation–SST feedback plays a positive role for the weakening of the zonal SST 781 gradient in the ensemble of CMIP5 models, while it plays a negative role in the CESM model. 782 In addition, the ODT effect also behave differently in the models: some models show an 783 increased zonal SST gradient in the initial stage due to strong ODT effect, while others show 784 no ODT effect and thus generate an immediate weakening of the zonal SST gradient in response 785 to CO₂ increase (Heede and Fedorov 2021). Further studies with different models and forcing 786 scenarios will be needed to demonstrate the robustness of the relative importance of the oceanic 787 and atmospheric processes in the formation of the equatorial Pacific SST warming pattern.

788 Furthermore, it should also be noted that the tropical Pacific response to climate warming 789 might be affected by systematical biases in climate models, such as the tropical Pacific cold 790 tongue bias, overestimation of surface heat flux, underestimation of the Bjerknes feedback, 791 underestimation of local negative SST-cloud feedback, and so on (e.g., Burls et al. 2017; Luo 792 et al. 2018; Seager et al. 2019; Li et al. 2020; Ying 2020; Tang et al. 2021). On the one hand, 793 the projected response of the tropical Pacific may have large model spread due to model biases, 794 so we can expect other models to have different responses than the CESM. For example, 795 different mean state biases in ocean stratification and equatorial upwelling over the tropical 796 Pacific may lead to different ODT effects among models, which further lead to differences in 797 future projections of the tropical Pacific SST (Luo et al. 2018; Heede and Fedorov 2021). 798 Therefore, future efforts should focus on the relationships between the tropical Pacific response 799 and model biases across different models and how they might affect the uncertainty in future 800 projections. On the other hand, the models' systematic biases may reduce the reliability of the 801 projected changes in the tropical Pacific SST. According to Seager et al. (2022), the CESM 802 tends to bias towards producing a stronger warming trend in the equatorial Pacific than has been 803 observed in recent decades, which may compromise its ability in simulating the response of the 804 tropical Pacific SST to CO₂ forcing. Furthermore, Kohyama and Hartmann (2017) found that 805 most CMIP5 models, including the CESM, cannot reproduce realistic El Niño-Southern 806 Oscillation (ENSO) nonlinearity, which is the reason for their El Niño-like SST response under 807 climate warming. Therefore, further efforts to reduce the common model biases are also needed 808 to help improve projections of climate change in the tropical Pacific.

809 Notwithstanding the limitations above, by separating the ocean dynamically induced 810 temperature anomaly from the purely atmosphere-forced temperature anomaly, this study 811 directs our attention to the ocean dynamical adjustment as the more likely source for the El 812 Niño-like SST warming pattern in the tropical Pacific under greenhouse gas forcing. In 813 particular, the slowdown of the STCs (especially its southern branch) is found to be the 814 controlling factor for the temporal evolution of the equatorial Pacific SST response to global 815 warming. Thus, the emphasis of the future inquiries into the causal mechanisms for the tropical 816 Pacific SST pattern response should be placed on understanding the ocean dynamical processes 817 and reducing the associated uncertainties.

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