

1 Higher aggrecan 1-F21 epitope concentration in synovial fluid early
2 after anterior cruciate ligament injury is associated with worse knee
3 cartilage quality assessed by gadolinium enhanced magnetic
4 resonance imaging 20 years later

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23 **Abstract**

24 *Background.* To investigate if cartilage related biomarkers in synovial fluid are associated with
25 knee cartilage status 20 years after an anterior cruciate ligament (ACL) injury.

26 *Methods.* We studied 25 patients with a complete ACL rupture without subsequent ACL
27 reconstruction or radiographic knee OA. All had a delayed gadolinium-enhanced magnetic
28 resonance imaging of cartilage (dGEMRIC) 20 years after the ACL injury, using the T1
29 transverse relaxation time in the presence of gadolinium (T1Gd) which estimates the
30 concentration of glycosaminoglycans in hyaline cartilage. Synovial fluid samples were
31 aspirated acutely (between 0 and 18 days) and during 1 to 5 follow up visits between 0.5 and
32 7.5 years after injury. We quantified synovial fluid concentrations of aggrecan (epitopes 1-
33 F21 and ARGS), cartilage oligomeric matrix protein, matrix metalloproteinase-3 and tissue
34 inhibitor of metalloproteinase-1 by immunoassays, and sulfated glycosaminoglycans by
35 Alcian blue precipitation.

36 *Results.* Linear regression analyses (adjusted for age, sex, body mass index and time between
37 injury and sampling) showed that acute higher synovial fluid 1-F21-aggrecan concentrations
38 were associated with shorter T1Gd values 20 years after injury, i.e. inferior cartilage quality
39 (standardized effects between -0.67 and -1.0). No other statistically significant association
40 was found between molecular biomarkers and T1Gd values.

41 *Conclusion.* Higher acute synovial fluid 1-F21-aggrecan concentrations in ACL injured
42 patients, who managed to cope without ACL reconstruction and were without radiographic
43 knee OA, were associated with worse knee cartilage quality assessed by dGEMRIC 20 years
44 after injury.

45 Keywords: ACL injury, aggrecan, biomarkers, synovial fluid, dGEMRIC

46

47 **Background**

48 Post-traumatic osteoarthritis (OA) is common after an anterior cruciate ligament (ACL) injury
49 and is manifested by radiographic structural knee joint changes with osteophytes and
50 decreased cartilage height, and with patients experiencing knee pain and stiffness (1-6).
51 Concomitant acute traumatic knee cartilage injuries are very common in ACL injured knees
52 (7). The mechanical damage is usually evidenced by superficial cartilage fibrillation and
53 sometimes also with visible cracks down to the subchondral bone, and bone marrow lesions
54 are present in almost every magnetic resonance imaging (MRI) after an acute ACL injury (8,
55 9). Even if there is no visual damage to the cartilage surfaces at the time of arthroscopy there
56 may be micro-damage to cartilage matrix and cell death especially in the superficial regions
57 (10). The ACL injury with cartilage damage triggers an immediate inflammatory response
58 which acts in combination with an abnormal long-term mechanical loading of the injured
59 knee believed to generate post-traumatic OA (11, 12).

60 We lack means to diagnose and treat early microscopic joint changes in cartilage; radiography
61 is limited by its insensitivity in detecting these early joint changes, and they are not visible
62 until years after disease onset when the cartilage might be beyond repair (13, 14). Different
63 molecular markers or combinations of biomarkers in synovial fluid, serum and urine have
64 been suggested to be useful as prognostic OA-markers (15-21). Altered turnover and loss of
65 cartilage sulfated glycosaminoglycans (sGAG) is a recognized and important early event of
66 the development of OA (22). The delayed gadolinium-enhanced MRI of cartilage
67 (dGEMRIC) is a non-invasive quantitative MRI technique that reflects the content of highly
68 negatively charged macromolecules, such as sGAG, in the cartilage (23). A strong correlation
69 between dGEMRIC estimated cartilage sGAG content and histological scores has been found
70 (24). The dGEMRIC technique and study protocol have been validated (25), and clinically
71 relevant associations between the dGEMRIC and risk factors for OA have been presented (26,

72 27). The dGEMRIC technique has also proved to have a prognostic value for OA
73 development (28-30).

74 Studies of associations between molecular biomarkers and MRI cartilage findings have been
75 called for (31). Only a couple of studies on association between synovial fluid molecular
76 biomarkers and MRI cartilage findings 3 to 5 years after an ACL injury have been published
77 (32, 33), and studies with longer follow-up time are lacking.

78 The aim of the present study was to examine if the concentration of molecular biomarkers in
79 synovial fluid taken 0 to 7.5 years after ACL-injury were associated with knee cartilage
80 quality assessed by dGEMRIC 20 years later.

81

82 **Methods**

83 *Subjects and visits*

84 Patients were from a well characterized cohort of 100 consecutive ACL-injured subjects
85 prospectively recruited at the Lund University Hospital between 1985 and 1989 (34). All 100
86 subjects had a complete ACL tear and were within 18 days after initial trauma assessed by
87 arthroscopy and x-ray with no significant signs of pre-existing knee OA (Figure 1a and 1b).

88 The participants were treated with early physiotherapeutic knee rehabilitation without primary
89 ACL reconstruction. Synovial fluid was collected early after injury (called acute visit; 0 to 18
90 days) and prospectively at 1 to 5 visits during the following 7.5 years (Figure 1b). For another
91 study with the purpose to examine the association between knee cartilage quality and knee
92 function, 32 subjects without ACL reconstruction or radiographic signs of OA at the 16-year
93 follow-up (described below) were examined with dGEMRIC 20 years after their ACL injury
94 (35). Since the dGEMRIC method is reliant on the presence of joint cartilage, only subjects
95 having Osteoarthritis Research Society International (OARSI, (36)) atlas grades of ≤ 1 were
96 included in the study. Twenty-five of the 32 subjects examined with dGEMRIC had one or

97 more available synovial fluid sample aspirated following their injury and were included in
98 this study (Figures 1a and 1b, Table 1).

99

100 *Radiography at the 16 year follow up*

101 Radiographs at the 16 year (range 11-19) follow up were obtained in standardized standing
102 anteroposterior knee position with both knees in 20° of flexion and weight bearing on a tilt
103 table; a fluoroscopically positioned x-ray beam was used to optimize medial tibial plateau
104 alignment. The radiographs were independently read by two observers blinded to clinical
105 details. Joint space narrowing (JSN) and osteophytes were graded independently on frontal
106 images on a 4-point scale (range 0-3, 0 = no evidence of JSN or bony change) according to
107 the OARSI atlas.

108

109 *Synovial fluid sampling*

110 Of the 25 subjects included in this study, 20 had synovial fluid aspirated at the acute visit
111 within 18 days (median 6 days) after injury (Figure 1b, Table 1). Thereafter, 22 subjects had
112 their synovial fluids collected at between one and five visits during the subsequent 7.5 years
113 of follow-up (median 4 years); these synovial fluids are called chronic samples (Figure 1b,
114 Table 1). The subjects visited the orthopedic outpatient ward only for study purposes (34, 37).
115 All synovial fluids were collected without joint lavage, and the samples were centrifuged at
116 3000xg for 10 minutes in room temperature and supernatants were stored at -80°C.

117

118 *Molecular markers analyses in synovial fluid*

119 sGAG, in synovial fluid mainly chondroitin and keratan sulfate (CS and KS), was quantified
120 by Alcian Blue precipitation (38). Two different aggrecan epitopes were quantified using

121 immunoassays and the monoclonal antibodies (mAb) 1-F21 and OA-1. According to previous
122 publications, mAb 1-F21 is suggested to recognize a protein sequence within or close to the
123 KS region of aggrecan (17, 39). mAb OA-1 recognizes the ARGS neoepitope generated by
124 aggrecanase cleavage at the TEGE³⁹²↓³⁹³ARG site in the interglobular domain of aggrecan
125 (40). Cartilage oligomeric matrix protein (COMP) was quantified using a commercial assay
126 from AnaMar AB/IDS (cat. no. AN-14-1006-71); the AnaMar COMP-epitope has not been
127 published. Matrix metalloproteinase-3 (MMP-3) and tissue inhibitor of metalloproteinase-1
128 (TIMP-1) were quantified using monoclonal and polyclonal antibodies; the MMP-3 immuno-
129 assay recognizes both the pro- and active form of the protease and the complex with TIMP;
130 the TIMP-1 immuno-assay detects only free TIMP-1 (41-43). Data on ARGS-aggrecan was
131 generated for this study, all other biomarker data were available from previous studies on the
132 described ACL cohort (44, 45).

133 The ratio MMP-3/TIMP-1 was used to investigate differences in these biomarkers alone or as
134 a ratio between the enzyme and its inhibitor. We further investigated the ratios of
135 sGAG/COMP, ARGS-aggrecan/COMP and 1-F21 aggrecan/COMP as biomarkers; ratios like
136 these have been suggested to minimize the influence of varying amounts of obtainable
137 synovial fluid (46).

138

139 *Assessment with dGEMRIC at the 20 year follow up*

140 Subjects were investigated with dGEMRIC on average 20.6 years (range between 18 and 23
141 years) after the ACL injury (Figure 1b, Table 1). Briefly, Gd-DTPA²⁻ (Magnevist®, Schering
142 AG, Berlin, Germany) was injected intravenously at a dose of 0.3 mmol/kg body weight. To
143 optimize the uptake of Gd-DTPA²⁻ into the cartilage, subjects exercised by walking up and
144 down the stairs for approximately ten minutes, starting five minutes after injection. Two hours
145 after injection, post-contrast imaging of the cartilage was performed using a standard 1.5 T

146 MRI system with a dedicated knee coil (Magnetom Vision; Siemens Medical Solutions,
147 Erlangen, Germany). Central parts of the weight-bearing lateral and medial femoral cartilage
148 between the center of the tibial plateau and the rear insertion of the meniscus were identified,
149 and quantitative relaxation time calculations were performed in a 3 mm thick sagittal slice on
150 each condyle, using sets of six turbo inversion recovery images with different inversion times
151 as described. A full-thickness region of interest (ROI) in the cartilage was examined. T1Gd
152 was calculated using the mean signal intensity from each ROI (47), and the dGEMRIC
153 images were analyzed and ROIs were drawn using the MATLAB-based Mokkula software
154 (25). All MRI data was available from a previous study (35).

155

156 *Western blot of aggrecan*

157 Aggrecan fragments from synovial fluid (pooled from 47 subjects with knee OA or knee
158 injury) were purified by mini-preparations of cesium-chloride density-gradient centrifugation
159 in absence or presence of guanidinium chloride, collecting the associative A1 and dissociative
160 D1 fractions, as described (48). Purified aggrecan (i.e. A1D1 fraction prepared from pooled
161 knee cartilage from ten subjects with OA) was *in vitro* digested using aggrecanase-1
162 (ADAMTS-4, a disintegrin and metalloproteinase with thrombospondin motifs-4) or MMP-3
163 as described (49). The samples were deglycosylated and separated by SDS-PAGE on 3-8%
164 Tris-acetate mini-gels and transferred to PVDF-membranes (38). For the immune-reaction we
165 used antibodies against aggrecan G1-domain (Affinity BioReagents no. PA1-1747, polyclonal
166 IgG diluted 1:400), 1-F21 aggrecan epitope (IgG monoclonal antibody diluted 1:75000),
167 ARGS-aggrecan epitope (IgG monoclonal neoepitope antibody OA-1 diluted to 5.3 µg/ml)
168 and chondroitin sulfate clone 3B3 (Seikagaku no. 270789 IgM monoclonal antibody against
169 chondroitinase treated chondroitin 6-sulfate diluted to 0.33 µg/ml). Secondary antibodies were
170 peroxidase-conjugated horse anti-mouse IgG (CST no. 7076S diluted to 10 ng/ml), goat anti-

171 mouse IgM (Sigma no. 8786 diluted to 10 ng/ml) and goat anti rabbit IgG (KPL no. 074-1516
172 diluted to 13 ng/ml). The immunobands were visualized using Pierce ECL Plus Western
173 Blotting Substrate (no. 32132) and film (Amersham Hyperfilm ECL) or luminescence image
174 analyser Bio-Rad ChemiDoc MP.

175

176 *Statistical analysis*

177 Associations between the molecular biomarkers and dGEMRIC T1Gd values were
178 investigated using linear regression models with adjustments for age at injury, sex, body mass
179 index at dGEMRIC examination and time between injury and biomarker sampling. Results
180 from crude (without adjustments) linear regression analyses are presented as a supplement
181 (Table S1). For correlation analysis Spearman's rank (r_s) was used. For subjects with more
182 than one chronic sample, the average biomarker concentration and the average time after
183 injury were used in the linear regression model. The dGEMRIC values were normally
184 distributed. Biomarker data were log10 transformed to obtain normal distribution. To be able
185 to compare effect sizes between biomarkers, we report standardized effects from the linear
186 regression analyses. The reported effects estimate how many standard deviations the
187 dependent variable (dGEMRIC) will change per standard deviation increase in the predictor
188 variable (biomarker concentration). All tests were 2-tailed and $P \leq 0.05$ was considered
189 statistically significant. The statistical analysis was performed with SPSS 24.0 for Windows
190 software package.

191

192 **Results**

193 *dGEMRIC (T1Gd) and synovial fluid biomarker values*

194 The mean (standard deviation, SD) T1Gd dGEMRIC values at 20 years post injury for the 25
195 subjects was 397 ms (53) for the medial femoral cartilage, 431 ms (81) for the lateral femoral
196 cartilage and 414 ms (58) for the medial and lateral femoral cartilage. For all biomarkers
197 measured in synovial fluid, the concentrations were higher in the acute samples compared to
198 chronic samples (Table 2, statistical analyses not shown).

199

200 *Associations between synovial fluid biomarkers and dGEMRIC at 20 years*

201 Of all investigated biomarkers, the only statistically significant associations found were
202 between dGEMRIC and 1-F21 aggrecan and 1-F21 aggrecan/COMP ratio in the acute
203 samples (Figure 2). These biomarker values were inversely associated with T1Gd values in
204 the medial, lateral and combined compartments (Figure 2). The standardized effect sizes
205 ranged from -0.67 to -1.0, and were similar between 1-F21 aggrecan alone or as a ratio of 1-
206 F21 aggrecan/COMP. Crude linear regression analyses between molecular biomarkers and
207 dGEMRIC showed similar associations as the adjusted analyses (Supplementary Table S1).

208

209 *Investigation of aggrecan assay specificity*

210 There was a positive correlation between the aggrecan markers (1-F21 aggrecan, sGAG and
211 ARGS-aggrecan) detected in the acute samples (r_s = between 0.697 and 0.789, $p \leq 0.006$, $n =$
212 14-16). Since only 1-F21 aggrecan of the three different aggrecan assays showed associations
213 with subsequent cartilage quality, we investigated what type of aggrecan and proteoglycans
214 the different quantitative aggrecan and proteoglycan assays detected in synovial fluid. In
215 Western blots we used the same aggrecan antibodies as in the immunoassays (i.e. against
216 ARGS-aggrecan and 1-F21 aggrecan) and as a control for Alcian Blue detected proteoglycans
217 we used the 3B3 antibody. Samples used in these experiments were two different density-
218 gradient centrifuge fractions (A1 and D1) of aggrecan purified from pooled synovial fluid.

219 The result showed clear differences in the type of aggrecan fragments detected by the
220 antibodies in synovial fluid (Figure 3A). The ARGs aggrecan antibody (mAb OA-1) detected
221 three distinct protein fragments of aggrecan approximated to be ARGs-CS2, ARGs-CS1 and
222 ARGs-KS. The 3B3 antibody detected the widest spectrum of aggrecan species, including
223 fragments of the sizes of ARGs-CS2 and ARGs-CS1, but showed no, or very weak reactivity
224 against fragments around 64 kDa where ARGs-KS migrates. The 1-F21 antibody detected
225 only high molecular weight species of sizes above 170 kDa, thus likely detecting the ARGs-
226 CS2 species but not the ARGs-CS1 and ARGs-KS species (Figure 3A).

227 To further determine the location of the 1-F21 epitope, we made Western blots using samples
228 of aggrecan which had been *in vitro* digested with ADAMTS-4 or MMP-3. The 1-F21
229 antibody detected high molecular aggrecan fragments of sizes corresponding to ARGs-CS2
230 and FFGV-CS2 in ADAMTS-4 or MMP-3 digested material, respectively (Figure 3B).
231 However, no reactivity was noted against the corresponding G1-TEGE and G1-IPEN
232 fragments, or against ARGs-CS1 that is present in the ADAMTS-4 digested aggrecan sample
233 (Figure 3B). These results suggest that the 1-F21 epitope is located within the CS2 region of
234 aggrecan (Figure 4).

235

236 Discussion

237 This study presents a long-term follow-up of an ACL-injury cohort where patients were
238 treated with knee rehabilitation without ACL reconstruction and were without definite
239 radiographic signs of radiographic OA 16 years after their injury. We found that in this patient
240 group higher acute synovial fluid concentrations of large aggrecan fragments detected with
241 the 1-F21 antibody were associated with lower T1Gd values measured by dGEMRIC 20 years
242 later. None of the other investigated biomarkers measured acutely after injury or up to 7.5

243 years after injury were associated with dGEMRIC T1Gd at the follow up. Similar findings
244 have been observed in rheumatoid arthritis, where subjects with destructive disease (that
245 required joint replacement) had higher initial levels of 1-F21 aggrecan compared to subjects
246 with non-destructive disease when evaluated up to 12 years later (46).

247

248 Using an *ex vivo* biomechanical cartilage injury model culturing explants in the presence of
249 inflammatory cytokines, Wang et al. showed that large size aggrecan fragments were released
250 from the injured cartilage momentarily and during the first 14 days (50). Based on a similar
251 cartilage explant model exposing the cartilage for cyclic loading, Orozco et al. showed a
252 decrease in aggrecan concentration and presence of chondrocyte death around the cartilage
253 cracks, which was not observed in the intact cartilage (51). The same authors suggested that
254 the early decrease of aggrecan in cartilage extra cellular matrix following injury and
255 subsequent tissue loading, without the addition of inflammatory drive, might be caused by the
256 release of aggrecan through the damaged cartilage surface into the synovial cavity by high
257 pressure fluid outflow. The cartilage leakage of structural proteins such as aggrecan into the
258 synovial fluid is most likely dependent on the amount of compression and the shear forces on
259 the joint surfaces at the trauma situation, but also on the quality of the affected cartilage. High
260 quality knee cartilage of well-trained athletes is densely packed with proteoglycans, and
261 higher synovial fluid concentrations of proteoglycans were found after an ACL injury in well-
262 trained athletes compared to levels in less well-trained individuals with ACL injured knees
263 (52). However, in the patients from this cohort we found no association between the measured
264 molecular biomarkers or T1Gd values and their rather uniform activity levels (data not
265 shown).

266

267 Previous reports have suggested that the 1-F21 epitope resides within or close to the KS-
268 region of aggrecan (39). However, since neither the N-terminal fragments G1-TEGE and G1-
269 IPEN, nor ARGS-KS-CS1 or the shorter ARGS-KS fragments were detected by the 1-F21
270 antibody in the Western blots, the position of the 1-F21 epitope is further distal and most
271 likely resides within the CS2 region (Figure 4).

272

273 Using the same assays as herein for the detection of aggrecan fragments in the synovial fluid
274 we have shown that the concentration of 1-F21 aggrecan, ARGS aggrecan and sGAG were
275 increased directly after a knee injury (17, 19, 45, 53). From the Western blot investigation in
276 this study it is evident that there are differences in what aggrecan fragments these three
277 aggrecan assays detect. While the ARGS aggrecan assay detects specific aggrecanase
278 generated ARGS-fragments, the sGAG and 1-F21 assays detect a variety of similar broad
279 range large aggrecan fragments, concordant with the strong correlation between the sGAG
280 and 1-F21 biomarkers (17). Although there was a strong positive correlation between the
281 aggrecan markers for the acute samples in this study, only 1-F21 aggrecan was associated
282 with dGEMRIC values.

283

284 There are limitations in this study. Although the study design planned for repeated sampling
285 of synovial fluid from the injured knee over several years we do not have a complete set of
286 data from every subject (Table 1). The study cohort is a selected subgroup that managed to
287 cope well with their ACL injury without ACL reconstruction and had no radiographic knee
288 OA at long-term follow-up, and the results may thus not be generalizable to all ACL injured
289 subjects. On the other hand, the selection of investigated patients could be an important factor
290 to explain our results in this study. These ACL-injured subjects had few subsequent knee

291 injuries that would blur the association between the magnitude of the first traumatic cartilage
292 injury and dGEMRIC values 20 years later. Other knee injury studies are more variable
293 regarding inclusion, sampling time, age of subjects and highly variable knee pathologies and
294 surgeries which might influence the results from these cohorts (17, 19, 54).

295

296 **Conclusion**

297 In conclusion, higher synovial fluid concentrations of large aggrecan fragments detected by
298 the 1-F21 antibody early after ACL injury were associated with worse knee cartilage quality
299 estimated by dGEMRIC 20 years later. High synovial fluid concentrations of large sized
300 aggrecan fragments in acutely ACL injured knees may reflect the magnitude of the acute
301 concomitant knee cartilage trauma, associated with later joint cartilage quality.

302

303 **Supplementary information**

304 Supplementary Table S1. Crude linear regression analyses between molecular biomarkers and
305 dGEMRIC. (Additional file 1.PDF).

306

307 **Abbreviations**

308 OA: osteoarthritis; ACL: anterior cruciate ligament; MRI: magnetic resonance imaging;
309 sGAG: sulfated glycosaminoglycans; dGEMRIC: delayed gadolinium-enhanced MRI of
310 cartilage; OARSI: Osteoarthritis Research Society International; JSN: joint space narrowing;
311 CS: chondroitin sulfate; KS: keratan sulfate; mAb: monoclonal antibody; COMP: cartilage
312 oligomeric matrix protein; MMP-3: matrix metalloproteinase-3; TIMP-1: tissue inhibitor of
313 metalloproteinase-1; ROI: region of interest; ADAMTS-4: a disintegrin and metalloproteinase

314 with thrombospondin motifs-4; SD: standard deviation; ARGs agcan: ARGs neoepitope of
315 aggrecan; IGD: interglobular domain; SF: synovial fluid.

316

317 **Declarations**

318

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322

323 **AUTHORS' CONTRIBUTIONS**

324 All authors have substantially contributed to either the conception and/or design of the study
325 (PN, SL, LSL, AS), acquisition of data (PN, AS), or analyses and interpretation of data (PN,
326 SL, LSL, AS). All authors have participated in the writing process and approved the final
327 version of the manuscript. Paul Neuman (paul.neuman@skane.se) takes responsibility for the
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329

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334 collection, analysis, interpretation of data, writing or in the decision to submit the manuscript
335 for publication.

336

337 **AVAILABILITY OF DATA AND MATERIALS**

338 The datasets used and/or analysed during the current study are available from the
339 corresponding author on reasonable request.

340

341 **ETHICS APPROVAL AND CONSENT TO PARTICIPATE**

342 This study was approved by the Lund University Medical Faculty Research Ethics Committee
343 (Dnr 38-1986, LU 506-02). Written informed consent for inclusion in the study was obtained
344 from all patients.

345

346 **CONSENT TO PUBLISH**

347 Not applicable.

348

349 **COMPETING INTERESTS**

350 A Struglics is a member of the journal's editorial board.

351

352

353

Table 1. Characteristics of the study subjects with dGEMRIC examination at the 20 years follow-up and available acute and/or chronic synovial fluid samples.

	¹ Both dGEMRIC and SF samples, n	Time after injury to SF sampling	Age at injury mean (SD)	Men, %	BMI at injury, mean (SD)	BMI 20 years post injury, mean (SD)
Total study group	25	0 days to 7.5 years	24.5 (6.2)	52	23.6 (3.0)	25.3 (3.5)
	Subjects with SF samples, n	Time after injury				
Acute samples	20	0-18 days (median 6 days)				
Chronic samples	22	0.5-7.5 years (median 4 years)				
	4	0.5-1.5 years				
	17	1.5-2.5 years				
	12	2.5-3.5 years				
	11	3.5-4.5 years				
	10	4.5-5.5 years				
	3	5.5-6.5 years				
	1	6.5-7.5 years				

¹Delayed gadolinium enhanced MRI of cartilage (dGEMRIC) examination: mean = 20.6 years (range = 18 to 23 years) after injury. SF = synovial fluid. SD = standard deviation.

Table 2. Concentration of biomarkers, expressed as mean and standard deviation (SD), in acute and chronic samples.

Biomarkers	Acute samples		Chronic samples	
	Mean (SD)	N	Mean (SD)	N
sGAG, µg/ml	222.5 (120.2)	16	61.0 (21.9)	21
1-F21 agcan, µg/ml	748.2 (473.4)	16	132.6 (66.6)	14
ARGS agcan, nM	15.2 (10.5)	18	1.8 (1.1)	22
COMP, µg/ml	189.0 (53.5)	13	62.0 (13.2)	12
MMP-3, nM	57.2 (63.0)	18	5.9 (5.5)	17
TIMP-1, nM	58.3 (24.2)	18	7.7 (2.4)	17
sGAG/COMP	1.2 (0.5)	11	0.9 (0.2)	12
1-F21 agcan/COMP	4.3 (2.4)	11	1.8 (0.7)	9
ARGS agcan/COMP	0.08 (0.07)	12	0.03 (0.03)	12
MMP-3/TIMP-1	1.0 (1.1)	18	0.7 (0.6)	17

sGAG = sulfated glycosaminoglycans, 1-F21 agcan = 1-F21 epitope of aggrecan, ARGS agecan = ARGS neopeptipe of aggrecan, COMP = cartilage oligomeric matrix protein, MMP-3 = matrix metalloproteinase 3, TIMP-1 = tissue inhibitor of metalloproteinase 1.

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Figure Legends

Figure 1. (a) Flow diagram of study subjects. (b) Timeline showing synovial fluid sampling and imaging and arthroscopic acquisitions. The 16-year x-ray examinations were done between 11-19 years after the ACL injury, while the 20-year dGEMRIC assessments were done 18-23 years after injury.

Figure 2. Adjusted linear regression analyses between molecular biomarkers and dGEMRIC. Molecular biomarkers in acute and chronic synovial fluid samples were used as prognostic variables for cartilage quality assessed by dGEMRIC 20 years post ACL injury. *Squares*: mean effect with size being proportional to number of available biomarker data. *Grey area*: highlights statistical significance with an alpha level of 0.05. *Standardized effect*: the estimate of the average change in dGEMRIC T1Gd (expressed as standard deviation) that corresponds to a 1 standard deviation change in the prognostic factor. 1-F21 agcan = 1-F21 epitope of aggrecan, ARGs agcan = ARGs neoepitope of aggrecan, COMP = cartilage oligomeric matrix protein, MMP-3 = matrix metalloproteinase 3, sGAG = sulfated glycosaminoglycans, TIMP-1 = tissue inhibitor of metalloproteinase 1.

Figure 3. Western blot of synovial fluid and cartilage samples. (A) Synovial fluid A1 and D1 samples on membranes probed with antibodies against 6-sulfated chondroitin sulfate stubs (3B3), aggrecan epitope 1-F21 and ARGs-aggrecan. (B) ADAMTS-4 or MMP-3 *in vitro* digested cartilage A1D1 aggrecan samples on membranes probed with antibodies against aggrecan epitope 1-F21 and G1-domain of aggrecan. The position of Mw markers (left side) and the immunobands are indicated. The images are from different experiments showing representative signals from full size blotted gel. Keratan sulfate region (KS), chondroitin

sulfate region (CS) and globular domains (G1, G2 and G3) are illustrated in Figure 4. One to three µg sGAG was loaded per well. IGD = interglobular domain.

Figure 4. Schematic figure of aggrecan showing MMP (IPEN/FFGV) and aggrecanase (TEGE/ARGS) cleavage sites in the inter-globular domain (IGD). The amino acid numberings are based on the full-length human aggrecan amino acid sequence starting with the N-terminus ¹MTTL and finishing with the C-terminus STA^{H2415} (NCBI accession no. P16112). The positions for recognition of 3B3 and aggrecan 1-F21 antibodies are shown by dashed lines. IGD = interglobular domain; KS = keratan sulfate region; CS = chondroitin sulfate region; G = globular domains.