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Climate change dominates the increasing exposure of global population to compound heatwave and humidity extremes in the future

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1 Abstract

2 Under global warming, compound event arises increasing attract as it can lead to a 3 growing impact on water resources management, human society, and ecosystem, 4 especially for the compound heatwave and humidity extremes (CHHE), which can exert 5 harmful influence on human health. However, the understanding of changes in CHHE 6 both in the historical and future, and attribution of global population exposure to CHHE 7 are far from enough. In this study, we selected the wet-bulb temperature (T_w) to define the CHHE, and used the Coupled Model Intercomparison Project Phase 6 (CMIP6) data 8 9 to investigate future changes in global CHHE. Furthermore, we quantified the relative 10 contributions of population, climate change and their interaction effect to the change in 11 population exposure to CHHE. We found that all scenarios (SSP1-2.6, SSP2-4.5, SSP3-12 7.0 and SSP5-8.5) show an increasing trend of CHHE. For SSP5-8.5, the global mean 13 T_w will increase by 7°C, and the northern North America and central Africa experience warming approaching 10°C by the end of 21st century. Under SSP3-7.0 and SSP5-8.5, 14 15 large equatorial regions will witness T_w exceeding 35°C resulting in an exposure of 10⁵ 16 million person-days. All the scenarios presented an increase in population exposure to 17 CHHE, which is mainly contributed by climate change (50%-90%) rather than 18 population under different scenarios. We also found that the contribution of population-19 climate interaction is significantly higher in Africa than in other regions, which mainly 20 due to high population growth rates in the future. Our study provides scientific basis

- 21 and useful information for the development of adaptation strategies to reduce disaster
- 22 risks caused by CHHE.

23 Highlights

24 (1) Wet bulb temperature is projected to increase significantly under different

25 scenarios.

- 26 (2) Population exposure in equatorial area will rise under high emission scenarios.
- 27 (3) Climate change dominants the increase in global population exposure.

28 Keywords

29 climate change; compound heatwave and humidity extremes; CMIP6

30 **1 Introduction**

31 Under climate change, the frequency and/or intensity of various extremes (such as 32 heatwaves, droughts, and heavy precipitations) increases, causing huge loss of life and 33 economic damage (IPCC, 2021; Kurz et al., 2008; Lesk et al., 2017). For instance, 2003 34 European heatwave event killed tens of thousands of people and the 2010 Russian 35 heatwave event led to higher global food prices than normal years (Haines et al., 2006; Wegren, 2013). In the future, global warming will continue due to human emissions of 36 37 greenhouse gases, and the frequency and intensity of heatwave will continue to increase, 38 projected to affect more people (Byrne and O'Gorman, 2018). Research on extreme 39 events has received significant attention in recent years due to their severe impact on human societies and economies (Alexander et al., 2006; Cook et al., 2020; Q Zhang et 40 41 al., 2022). Compound events can be defined as two or more extreme events occurring 42 simultaneously or successively, such as compound flood and hot events (Gu et al., 43 2022), combination of tropical cyclones and moist heat (Rajeev & Mishra, 2022), 44 compound drought and heatwave events (Zhang et al., 2022) and compound heatwave 45 and humidity (IPCC, 2021; Coffel et al., 2018). Compared with single extreme events, 46 compound extremes may have more devastating effects on water resources 47 management, human society and ecosystem (Ridder et al., 2020; Rogers et al., 2021; 48 Zscheischler et al., 2018; Tripathy et al., 2023). Specially, the compound heat and 49 humidity extremes (CHHE), which can be defined as the co-occurrence of heatwave 50 and high humidity, have much more severe threat to human than single heatwave event

51	(Coffel et al., 2018; Raymond et al., 2020). Some studies suggested that heat-humidity
52	extremes have increased faster and effect more people than heat extremes (Li, 2020;
53	Rogers et al., 2021). Recent researches found that both high temperature and humidity
54	caused the high mortality in India and Pakistan during the 2015 heatwave event
55	(Wehner, Stone, Krishnan, AchutaRao, & Castillo, 2016). With the acceleration of
56	urbanization, anthropogenic heat emission will increase, which can aggravate urban
57	heat island (Huang, Song, Wang, Chui, & Chan, 2021). The use of cooling and
58	dehumidifying facilities leads to increase urban moisture island (Shi et al., 2019). The
59	hot and humidity cities will regulate region climate and increase heat-related morbidity
60	and mortality. Hence, it is essential to investigate the exposure of global population to
61	compound heatwave and humidity extremes, which is beneficial to provide useful
62	information for the development of adaptation strategies.
63	CHHE affect human body through multiple factors, such as temperature, humidity,
64	wind speed, radiation, human's activities and clothing. The heat index (such as wet-
65	bulb temperature (Tw), wet bulb globe temperature (WBGT), discomfort index (DI),
66	and etc.) is widely used to quantify CHHE (Enstein & Moran 2006: Li 2020: Sherwood

wind speed, radiation, human's activities and clothing. The heat index (such as wetbulb temperature (T_w), wet bulb globe temperature (WBGT), discomfort index (DI), and etc.) is widely used to quantify CHHE (*Epstein & Moran*, 2006; *Li*, 2020; *Sherwood & Huber*, 2010). Most of heat indices focused on how to measure the high air temperature and high humidity conditions as both temperature and humidity affect the heat exchange between the human body and the environment (*Petkova et al.*, 2013). At high air temperature, the human body can effectively dissipate heat through evaporation if the humidity is low, but the human body becomes less efficient at evaporating heat

72	with high temperature and high humidity conditions, which can increase body
73	temperature and eventually lead to heat stroke or even death (Raymond et al., 2020).
74	The threat to human health from heatwave events cannot be accurately assessed if only
75	air temperature is considered (Diffenbaugh et al., 2007; Dunne et al., 2013; Fischer and
76	Schär, 2010). Some heat indexes (such as WBGT) consider many variables such as
77	wind speed, radiation, air temperature, humidity, and these indices may characterize
78	heat stress to human body theoretically. However, the data needed in these index are
79	often limited in availability and quality (Rogers et al., 2021). Previous studies also
80	suggested that the ambient heat stress reflected by WBGT is strongly influenced by
81	clothing and human activity, while $T_{\rm w}$ establishes clear thermodynamic limits that
82	eliminate these effects (Sherwood and Huber, 2010). Numerous studies have been
83	conducted to analyze the heatwave event at different scales using $T_{\rm w}$. Under current
84	climate conditions, Tw rarely exceeds 35°C (Pal and Eltahir, 2016; Raymond et al.,
85	2020; Schär, 2016). Some studies suggest that T_w will exceed 35°C in South Asia and
86	the Middle East (Im et al., 2017; Pal and Eltahir, 2015), and the number of high-risk
87	days will increase 10-30% in West, Central and Northeast Africa by the end of the 21st
88	century (Fotso-Nguemo et al., 2023).

Population exposure is a common metric to assess the impact of compound events
on human society (*Feng et al.*, 2022; *Yu and Zhai*, 2020). For example, Li et al. (2020)
speculate that 1.22 billion people will be exposed to extreme wet heat events if the globe
warms by 3°C. Population exposure is affected by both climate change and population

93 change (G. Zhang et al., 2022). Coffel et al. (2018) suggested that changes in global extreme humidity and heatwave events mainly caused by population change, climate 94 95 change, and the population-climate interactions, and they concluded that the increase 96 in global exposure was largely attributable to climate change. Similar work given by 97 Chen et al. (2022) also concluded that the contribution of population change was almost 98 zero in China. We can find that the conclusions from the previous studies on the 99 contribution proportion of population-climate interactions are inconsistent under 100 different regions and scenarios.

101 Generally, previous studies mainly focused on the regional change of CHHE 102 during the historical or future period. Although almost all the studies suggested CHHE 103 is experiencing rapidly increasing trend during the historical period and will continue 104 to increase in the future, there are serval studies evaluating the projection characteristics 105 globally, and only limit future scenarios (representative concentration pathways, RCP 106 4.5 and RCP 8.5) were selected (Ballester et al., 2023; Rogers et al., 2021; Wehner, 107 Stone, Krishnan, AchutaRao, & Castillo, 2016). Such as Coffel et al. (2018) evaluated 108 the change of CHHE and population exposure using CMIP5 data under RCP 4.5 and 109 RCP 8.5. With the development of CMIP6 data, the higher resolution and improved 110 physical processes data can be used to projected future change (Zhang et al., 2022). 111 Chen et al. (2022) used CMIP6 data to evaluate the change of CHHE under four Shared 112 Socioeconomic Pathway (SSP) scenarios in China. However, the understanding of 113 change of population exposure is far from enough, especially lacks the further

assessment of the spatially variability in different regions and their contributing factorsof population exposure to CHHE changes.

116 In this study, we calculated the global T_w and population exposure of CHHE in 117 historical (1979-2014) and various future (2015-2100) scenarios (i.e., SSP-RCP 118 scenario) using CMIP6 data. Furthermore, we quantitatively attributed the changes in exposure into three components, i.e., population change, climate change, and 119 120 population-climate interactions in different regions and future time periods. The 121 objectives of the study include: (a) reveal the spatial and temporal patterns of global 122 historical and future CHHE, (b) investigate the effects of CHHE on human society, (c) 123 attribution analysis of population exposure to CHHE. Our study can provide a 124 theoretical basis for improving population adaptive capacity and developing mitigation 125 measures.

- 126 2 Materials and Methods
- 127 **2.1 Data**

We used a multi-model ensemble containing 10 GCMs from CMIP6 in this study (Table 1). To calculate the daily T_w , we downloaded daily maximum air temperature (T_{max}), surface pressure (p) and relative humidity (H_r) for the historical simulation period (1979-2014) and future period (2015-2100) under four scenarios (SSP1-2.6, SSP2-4.5, SSP3-7.0, SSP5-8.5) from the GCMs (*Bardon et al.*, 2021; *O'Neill et al.*, 2016; *Riahi et al.*, 2017). Global population data is obtained from the 134 International Institute for Applied Systems Analysis (IIASA), including 182 countries 135 and territories worldwide under four SSP scenarios which resolution is $0.5^{\circ} \times 0.5^{\circ}$ (*Kc* 136 *and Lutz*, 2017).

137 The global land daily gridded maximum temperature product provided by Climate Prediction Center (CPC-Unified) for the period from 1979 to 2014 with a 138 139 spatial resolution of 0.5°×0.5° is used to validate the GCM's outputs. The CPC-Unified 140 dataset is widely used in hydrometeorological studies due to its strict quality control 141 and high accuracy (Mukherjee and Mishra, 2021; Nashwan et al., 2019; Tarek et al., 142 2021). The daily surface pressure relative humidity data from ERA5 (the fifth 143 generation of European Center for Medium Weather Forecasting atmospheric reanalysis) is also used to calculate daily T_w. Both CMIP6 model data and observed 144 145 data were re-gridded to $0.5^{\circ} \times 0.5^{\circ}$ using bilinear interpolation.

146 We used the Quantile Mapping (QM) method (Cannon et al., 2015; Maraun, 147 2013) to correct the daily maximum temperature and relative humidity data of CMIP6 148 based on CPC-unified and ERA5 data. The QM method has been widely used in the 149 bias correction of climate data due to its accuracy and simplicity (Maurer et al., 2010; 150 *Tang et al.*, 2021; *Thrasher et al.*, 2012). And we use root mean square error (RMSE) 151 to assess the performance of bias correction (a smaller value of RMSE suggests a better 152 performance of the bias correction). Additionally, we used 44 global land regions from 153 IPCC AR6 (IPCC, 2021) to assess the spatial variability of CHHE (Figure 1). 154 Table 1 Selected CMIP6 models in this study

Model	Organization	Resolution
CanESM5	Canadian Centre for Climate Modelling and Analysis, Canada	128×64
EC-Earth3	EC-Earth-Consortium	512×256
IPSL-CM6ALR	Institute Pierre-Simon Laplace, France	144×143
	National Institute of Meteorological Sciences/	
KACE-1-0-G	Korea Meteorological Administration, Climate	192×144
	Research Division, Republic of Korea	
	Japan Agency for Marine-Earth Science and	
	Technology, Japan/ Atmosphere and Ocean	256×128
MIROCO	Research Institute, The University of Tokyo,	
WIIKOC0	Japan/ National Institute for Environmental	
	Studies/ RIKEN Center for Computational	
	Science, Japan	
MPLFSM1_2_HP	Max Planck Institute for Meteorology,	192×96
WII I-LOWII-2-IIIX	Germany	172×70
MDI ESM1 2 I D	Max Planck Institute for Meteorology,	320×160
IVIT I-LOIVIT-2-LIC	Germany	520×100
NorESM2-LM	Norwegian Climate Centre, Norway	144×96
NorESM2-MM	Norwegian Climate Centre, Norway	288×192
UKESM1-0-LL	National Centre for Atmospheric Science, UK/ Met Office Hadley Centre, UK	192×144



156 Figure 1 Geographic location and description of 44 land regions derived from IPCC

AR6 (*IPCC*, 2021)

155

157

158 **2.2 Definition of Compound Heatwave and Humidity Extremes**

159 We used T_w to measure the intensity of compound heatwave and humidity

160 extremes. T_w was calculated by the algorithm proposed by Davies-Jones (*Davies-Jones*,

161 2008). When the daily ambient T_w is greater than 35°C, the evaporative heat dissipation

162 efficiency of the human body through the skin will be greatly reduced and the body will

163 not be able to maintain a stable body temperature (H. Chen et al., 2022). To maintain

164 the body temperature at 37°C, T_w needs to be less than 35°C (*Pal and Eltahir*, 2015; 165 Sherwood and Huber, 2010). However, data from the 2003 European heatwave showed 166 that a T_w of around 30°C can cause thousands of human deaths (Fouillet et al., 2008), 167 and empirical data show that working outdoors above 32°C is also very dangerous 168 (Buzan et al., 2015; Liang et al., 2011). Therefore, we mainly investigated the change in T_w with threshold exceeding $T_w 35^{\circ}C$ and we also explore the case of T_w exceed 169 170 32°C as supplementary analysis in this study. This provides an early warning for 171 vulnerable people, such as children and the elderly, in these areas, as well as an 172 indication of higher-risk areas in the future.

173 The calculation of T_w is given as follows:

174

$$T_{E} - 273.15 - \frac{2675 * r_{s}}{1 + 2675 * r_{s} * d \ln(T_{E}) / dT_{E}} \qquad \left(\frac{273.15}{T_{E}}\right)^{3.504} > D(\pi)$$

$$k_{1}(\pi) - k_{2}(\pi)(273.15 / T_{E})^{3.504} \qquad 1 \le \left(\frac{273.15}{T_{E}}\right)^{3.504} \le D(\pi)$$

$$k_{1}(\pi) - 1.21) - \left(k_{2}(\pi) - 1.21\right) \left(\frac{273.15}{T_{E}}\right)^{3.504} \qquad 0.4 \le \left(\frac{273.15}{T_{E}}\right)^{3.504} < 1$$

$$\left(k_{1}(\pi) - 2.66\right) - \left(k_{2}(\pi) - 1.21\right) \left(\frac{273.15}{T_{E}}\right)^{3.504} + 0.58 \left(\frac{273.15}{T_{E}}\right)^{-3.504} \qquad \left(\frac{273.15}{T_{E}}\right)^{3.504} < 0.4 \le \left(\frac{273.15}{T_{E}}\right)^{3.504} < 0.4 \le \left(\frac{273.15}{T_{E}}\right)^{3.504} < 0.4 \le \left(\frac{273.15}{T_{E}}\right)^{-3.504} < 0.4 \le \left(\frac{273.15}{T_{E}}\right)^{-3.504}$$

(1)

176

177
$$r_s = 610.78e^{\frac{17.27(T_{\text{max}} - 273.15)}{T_{\text{max}} - 35.86}}$$
(2)

178
$$T_E = T + 1.95 * \frac{r_s * H_R}{100T}$$
(3)

179
$$k_1(\pi) = -38.5\pi^2 + 137.81\pi - 53.737$$
 (4)

180
$$k_2(\pi) = -4.392\pi^2 + 56.831\pi - 0.384$$
 (5)

181
$$D(p) = (0.1859 p / p_0 + 0.6512)^{-1}$$
(6)

182
$$\pi = (p / p_0)^{-3.504}$$
 (7)

183 where T_w is wet bulb temperature (K), T_E is equivalent temperature (K), r_s is saturation 184 mixing ratio calculated by T_{max} , H_R is relative humidity, p is surface pressure (Pa), p_0 is 185 standard atmospheric pressure (Pa).

186 **2.3 Attribution of Population Exposure to CHHE**

Population exposure is defined as the product of the number of compound event days and the number of people in each pixel (*H. Chen and Sun*, 2021; *Tuholske et al.*, 2021). We used the approach developed by Jones et al. (2015) to analyze the contribution of population and climate change to the increase of population exposure, which has been widely applied to the attribution analysis of extreme events (*Ullah et al.*, 2022; *Weber et al.*, 2020). We attribute the change of population exposure to three parts: population change, climate change and population-climate interactions:

194
$$\Delta E = CE_H \times \Delta P + P_H \times \Delta CE + \Delta P \times \Delta CE + \delta$$
(8)

195 where ΔE represents the change of population exposure, CE_H and P_H represent the 196 occurrence of compound events and population in the historical period, and ΔCE and 197 ΔP represent their change in the future compared to the historical period, δ represent 198 data bias. The contribution rate of each item can be calculated as follows:

199
$$CR_P = \frac{CE_H \times \Delta P}{\Delta E} \times 100\%$$
(9)

200
$$CR_{clim} = \frac{P_H \times \Delta CE}{\Delta E} \times 100\%$$
(10)

201
$$CR_{int} = \frac{\Delta P \times \Delta CE}{\Delta E} \times 100\%$$
(11)

where CR_P , CP_{clim} and CR_{int} represent the contribution rate of population change, climate change and population-climate interactions, respectively.

204 **3 Results and discussions**

3.1 Projected Changes in Tw characteristics

206 We first examine the performance of the raw and corrected multi-model 207 ensembles average in simulating the T_{max} and H_r (Figure 1). For T_{max} , we find the raw CMIP6 data tends to underestimate the annual average. According to Figure 1b, QM 208 209 method is better for high temperature corrections. As this study mainly focuses on mid 210 to low latitude regions, the effect of the poorer correction in low temperature on the 211 results can be ignored. For H_r, we find that the raw CMIP6 data slightly overestimates 212 the annual average, and the correction effectively reduces the error. Overall, the QM 213 method effectively reduces the RMSE of the model data and the corrected CMIP6 data 214 can simulate the T_{max} and H_r of the historical period well, so we speculate that it is 215 reasonable to use the corrected CMIP6 data to calculate the future compound extremes (Figure 2). 216



Figure 2. Bias correction performance of annual average T_{max} form multi-model ensemble for 1979-2014 over global land areas. (a) Bin scatter of the raw T_{max} and observed Tmax for all global land pixels. (b) is corrected T_{max} . (c) change in global land T_{max} for 1979-2014. (d-f) is same for H_r.

222

217

223	We divided the future period into three sub-periods according to the IPCC AR6
224	(near term (2021-2040), mid-term (2041-2060), long term (2081-2100)) and use
225	observed data and corrected CMIP6 data to calculate the historical and future T_w . Figure
226	3 showed the spatial feature and global average change of T_w for historical and different
227	scenarios future period. Then we calculated the $T_{\rm w}$ changes relative to the baseline
228	period (1979-2014) for different periods. T_w has an increasing trend in almost all land
229	pixels under four future scenarios. The spatial distribution of $T_{\rm w}$ increases in the three
230	scenarios with higher emissions (SSP2-4.5, SPP3-7.0, SSP5-8.5) is similar, with the
231	greatest warming in northern North America, central Africa, the Qinghai-Tibet Plateau,
232	and the Malay Archipelago than the remaining regions. In the near term, there is no
233	significant difference in increase between the four future scenarios, the warming in all
234	scenarios is around 1.8°C. But for the long term, the SSP3-7.0 and SSP5-8.5 scenarios
235	have very significant warming, with most of the global land pixels warming above 5°C
236	and some regions will warm by more than 7°C.



Figure 3. Spatial features of T_w using 1979-2014 baseline for diverse future scenarios at (a) Near Term (2021-2040), (b) Mid-Term (2041-2060) and (c) Long Term (2081-240 2100).

241 We then calculated the full time series of the global average T_w and probability 242 density function (PDF). According to Figure 4, the four future scenarios do not differ 243 significantly in warming magnitudes until 2050. After 2050, the warming in the SSP1-244 2.6 scenario almost stops and remains at 1.8°C due to lower emission levels and mitigation measures, while the other three scenarios show continuous warming, with 245 246 the SSP5-8.5 scenario showing the fastest warming, reaching 6.7°C at the end of 21st century. The same conclusion can be drawn from the probability density plot, where 247 248 both the mean and variance are smaller for scenario SSP1-2.6, implying that the 249 warming in this scenario is smaller and closer to historical values. The higher emissions 250 scenarios have larger means and variances, implying higher warming level.

251



Figure 4 (a) Time series and probability density function (b) Probability density
 function of global annual average T_w relative to 1979-2014. Shading areas denote the
 interquartile ensemble spread, i.e. the range between the 25th and 75th percentiles of
 the model ensemble, representing the inter-model uncertainty.

252

257 We divided the global land area into 46 sub-regions based on the IPCC AR6 258 and analyzed 44 non-polar sub-regions. Figure 5 shows the Tw of history period and 259 four future scenarios over different regions. In the historical and near term, the average 260 T_w is below 32°C in all regions of the world, and there was little difference in warming 261 between sub-regions. In the mid-term, the average T_w of CAR and SEA is close to 35°C, 262 meaning that in some areas T_w has already above 35°C, which can pose a serious threat 263 to human body. In the long term, the average T_w of CAR, SEA, WAF, CAF, NEAF, 264 SEAF and SEA is close or more than 35°C, meaning that the equatorial region will face 265 serious threats in the future. By the end of 21st century, the GIC, NEN, CAR, NEAF and SEAF sub-regions will have warmed much more than the global average, 266 267 approaching 9°C in scenario SSP5-8.5. This puts a huge strain on the adaptive capacity of the local population. Although the latitude of NWN, NEN and GIC is high and T_w is 268 269 still safe for human in the future, the significant increase of T_w in these regions may pose other environmental problems that will also require attention in the future. 270



Figure 5 Heatmap of T_w for history period and four future scenarios in different subregions. (a) Near Term (2021-2040). (b) Mid-Term (2041-2060). (c) Long Term
(2080-2100).

3.2 Projected Changes in Population Exposure

271

Since T_w is a measure of environmental heat stress on humans, it is necessary 276 277 to combine population data to assess the impact of T_w rise on humans. In the historical 278 period, only a few land pixels of T_w occasionally exceeded 35°C. Figure 6(a-d) shows 279 the spatial distribution of the number of days in a year when T_w exceeds 35°C for 280 different emission scenarios at the end of 21st century. In scenarios SSP1-2.6 and SSP2-281 4.5, the exposed areas at the end of 21st century are very similar to the current ones due 282 to the low level of warming, and only a few pixels such as CAR, WAF and SEA have 283 some exposure. In scenarios SSP3-7.0 and SSP5-8.5, exposure occurs in regions near 284 the equator, in the Caribbean, and in southeastern China. The area exposed under the 285 scenario SSP3-7.0 is small, but the excessive population makes the exposure under this 286 scenario almost equal to scenario SSP5-8.5 which has the higher temperature. In addition, the area of exposure in the Indian region is not large (308 and 642 thousand
square kilometer under scenario SSP3-7.0 and SSP5-8.5, respectively), but the
exposure remains large due to the extremely high population density in the region.

290





292 Figure 6. Spatiotemporal features of future population exposure and exposure area. (a-

d) Spatial distribution of exposure under four scenarios (SSP1-2.6, SSP2-4.5, SSP3-

7.0, SSP5-8.5) in the long term, respectively. (1-3) is an enlargement of focus area of
(a-d). (e) Sub-regions exposure area for each scenario at 35°C threshold. (b) Subregion exposure area exceeded different thresholds under scenario SSP5-8.5.

298	We also analyzed the time series of population exposure (Figure 7). Population
299	exposure is low for each scenario until 2050, and after 2050 there is a slow increase in
300	exposure in the SSP2-4.5 scenario and a rapid increase in exposure in SSP5-8.5 and
301	SSP3-7.0. In the middle and late stages of scenario SSP1-2.6, population exposure tends
302	to decrease as T_w stops increase and the population decreases, but in the SSP2-4.5 and
303	SSP5-8.5 scenarios, the increase in $T_{\rm w}$ offsets the decrease in population and the
304	population exposure remains on an upward trend. Due to the rapid population growth
305	in the scenario SSP3-7.0 and the strong temperature rise in the scenario SSP5-8.5, the
306	population exposure in both scenarios increased rapidly, reaching 10 ⁵ million person-
307	day at the end of 21 st century.





Figure 7. Time series of future global population exposure to CHHE under four
scenarios (SSP1-2.6, SSP2-4.5, SSP3-7.0, SSP5-8.5). Shading areas denote the
interquartile ensemble spread, i.e. the range between the 25th and 75th percentiles of
the model ensemble, representing the inter-model uncertainty.





Figure 8. Spatial distribution of exposure at different thresholds of T_w at the end of 21st century under scenario SSP3-7.0 and SSP5-8.5. (a-c) represent 32°C, 33°C and 322 34°C thresholds, respectively.



328 **3.3 Contributions of population and climate change to increased**

329 exposure

To better understand how heatwaves affect humans and to develop mitigation measures, we analyzed the contribution of future climate and population changes to exposure changes globally and in 44 sub-regions. Population changes accounts for about 20% in 2020 and decreases over time, converging to 0 after 2050 (Fig. 10). In the long term, the contribution of each factor is relatively stable under scenario SSP1-2.6, with climate change accounting for about 80% and the population-climate interactions for 20%. In scenarios SSP2-4.5 and SSP3-7.0, the proportion of interactions gradually increases and approaches 50% at the end of 21st century, indirectly indicating a further
increase in the relative role of population change. In scenario SSP5-8.5, the proportion
of interactions increases and then decreases due to strong warming effects, with an
extreme value in 2060 and a share of about 10% at the end of 21st century. These results
suggest that climate change dominates future increases in population exposure,
particularly in Africa, and the impact of population growth cannot be ignored.



Figure 10. Contributions of climate, population and population-climate interaction
effects to change in total population exposure in four scenarios. (a-d) Global average
contribution proportion for scenarios of SSP1-2.6, SSP2-4.5, SSP3-7.0, SSP5-8.5,
respectively.

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The contribution of each factor was calculated for the scenarios, considering the variability between regions (Fig. 11). Because not every sub-region has exposure and attribution analysis for a smaller number of exposure sub-regions would have a larger error, we only considered sub-regions with more than 100 exposure pixels. In the scenario SSP3-7.0, the African region has a rapid population increase, so the interaction proportion is significantly higher in the WAF, CAF, NEAF and SEAF sub-regions than 355 in the other regions. In the exposed areas, only EAS has some population decrease, so 356 the interaction proportion is negative. In scenario SSP5-8.5, the EAS, SAS, SEA and Americas all experience population declines at the end of 21st century, so the interaction 357 358 proportions for this region are all negative. There is a small amount of population 359 growth in Africa, so the interaction ratio is positive, but less than the scenario SSP3-360 7.0. According to Figure 11, WAF, CAF, NEAF and SEAF sub-regions will experience 361 higher warming than the global average, and their populations will grow rapidly with 362 lack of adaption and cooling infrastructures.



369 **3.4 Discussion**

In this study, we first examined projected changes in the future CHHE. Our result show that global T_w will increase significantly in the future due to climate change. This is consistent with pervious studied in Africa and China (*Fotso-Nguemo et al.*, 2023; *H. Chen et al.*, 2022). Even in the scenario SSP1-2.6 with minimum emissions and mitigation measures, where anthropogenic greenhouse gas emissions are significantly

reduced to reach carbon neutrality, there is a 1.8° C warming in T_w, which would result in T_w exceeding 32°C in the CAR SEA region, and outdoor work in summer would be affected. In contrast, under scenario SSP5-8.5 global average warming of T_w would reach 6.7°C, with some areas approaching 9°C. Large areas near the equator would have T_w exceeding 35°, and without cooling facilities, prolonged outdoor activities would become unfeasible.

381 Under scenarios SSP3-7.0 and SSP5-8.5, the region near the equator will have 382 a large area exposed to $T_w>35^\circ$, while the scenarios SSP2-4.5 and SSP1-2.6 are safer 383 with few area of exposure. Presumably high forest cover and high relative humidity in 384 areas such as SEA NSA and CAF, resulting in a high heat index. On the other hand, the 385 African region is experiencing higher warming, so the heat stress index is also rising 386 faster. In the future, much of Africa is expected to still lack adequate adaptation and 387 mitigation measures, especially considering the rapid population growth (Asefi-388 Najafabady et al., 2018; Weber et al., 2018). Without the establishment of effective 389 cooling facilities in these areas, heatwave and humidity extremes could lead to severe 390 heat stroke and fatalities (Thiery et al., 2021).

In the European heatwave of 2003, a 32° C T_w already caused the deaths of elderly people and children (*Coffel et al.*, 2018; *Fouillet et al.*, 2008). To explore potential future risk exposure and impact on outdoor labor, we calculated exposure under different thresholds for scenario SSP3-7.0 and SSP5-8.5. At the 32°C threshold, there is a several-fold increase in exposure in both equatorial regions. In addition, the 396 EAS and ENA sub-regions have much higher increases in exposure than other regions 397 at the same latitude, but these two sub-regions are more developed in the future, are 398 better able to develop continuous mitigation policies and have more cooling facilities, 399 and the impact of high temperatures on human health will be less than in low-income 400 areas. However, heatwave events can affect outdoor work and increase stress on power 401 systems. In these areas, future studies should pay more attention to the impact of 402 heatwaves on infrastructure and the economy (Rajeev and Mishra, 2022; Yin et al., 403 2023).

404 Climate change, population change, and their interaction effect are main factors causing increased exposure (Coffel et al., 2018; Raymond et al., 2020). When we 405 calculated the relative contribution of population, we used historical meteorological 406 407 data, which rarely exceeded the threshold, making the contribution of population 408 change almost zero (Chen et al., 2022; Coffel et al., 2018). Population exposure in 409 2020s is small but its uncertainty range is large that means population exposure has 410 large relative bias in 2020s. The large uncertainty make sum of three contribution 411 proportion exceed 1. The portion above 1 represents the effect of data uncertainty. As 412 population exposure increase, the influence of uncertainties decreases, the sum of three 413 factors' contribution proportion is close to 1. The proportion of population climate 414 interactions indirectly reflects the impact of population change when the change of 415 population exposure is large and the uncertainties of data cannot influence the result 416 too much. Climate change dominates the increase in exposure at all future times in all 417 scenarios. As populations in Africa and South Asia will continue to increase in the 418 future, the contribution of population-climate interactions in these regions is greater 419 than in other regions, exceeding 50% in scenario SSP3-7.0. In scenario SSP5-8.5, the 420 population decrease in many sub-regions, leading negative contribution of interaction. 421 Only several Africa sub-region which have much population having small positive 422 contribution of interaction (Coffel et al., 2018). There is an urgent need to reduce 423 anthropogenic greenhouse gas emissions and reduce the extent of global warming on a global scale. In developing countries in Africa and SEA, mitigation policies, universal 424 425 access to cooling facilities and controlled population growth should be put in place to help reduce losses in the areas most affected by extreme heatwave events (Fotso-426 Nguemo et al., 2023; Tuholske et al., 2021). 427

428 Recently, some studies started to focus on the effects of radiation on human 429 health. Previous indicated solar radiation can reduce human endurance exercise 430 capacity (Otani, Kaya, Tamaki, Watson, & Maughan, 2016). Human's head directly 431 expose to solar radiation outdoor, and human's brain is vulnerable to the environmental 432 conditions. Exposure to direct solar radiation at lower temperatures may also be hazardous to human health (Piil et al., 2020). There is longer hours of sunlight and 433 stronger radiation in equatorial regions and peoples there may face the greater threat in 434 435 the future.

Although we used bias correction and multi-model ensemble data to simulate
future CHHE, uncertainty of future data is still inevitable. Uncertainties of T_w change

438 and population increase as time. However, with population exposure increase as time, uncertainties of contribution decrease. Because the larger ΔCE bring larger ΔE , and the 439 440 value of contribution is related to $\Delta CE/\Delta E$, the variance between the different model 441 will be smaller than single factor. Scenario SSP1-2.6 has largest uncertainty because of 442 smallest population exposure. Scenario SSP3-7.0 and SSP5-8.5 have very small 443 uncertainties at the end of century. Besides the model uncertainty mentioned above, 444 observed data, resample method and bias correction method we used may also have uncertainties. Recently, several studies used machine learning method to generate high 445 446 resolution climate data, these new methods provide a new way to improve the accuracy of future projections (Anderson & Lucas, 2018; Yuval & O'Gorman, 2020). 447

448 **4 Conclusions**

In this study, we investigated the changes of compound heatwave and humidity extremes in global scale, using T_w from CMIP6 models under historical and different future scenarios including SSP1-2.6, SSP2-4.5, SSP3-7.0 and SSP5-8.5. Furthermore, we explore the characteristics of population exposure change and attribution of exposure change. The main conclusions are down as follows.

- 454 (1) The global T_w will increase significantly in the future. The warming under four
 455 scenarios (SSP1-2.6, SSP2-4.5, SSP3-7.0, SSP5-8.5) is 1.79°C, 3.37°C, 5.46°C, 6.69°C,
- 456 respectively. Large areas near the equator would have T_w exceeding 35°.
- 457 (2) Population exposure in the equatorial region will increase significantly under
 458 high emissions scenarios, reaching 10⁵ million person-day by the end of 21st century.

459 And the rate of exposure increase in southeastern American and southeastern China is460 faster than other regions.

461 (3) Climate change dominates the increase in exposure at all future times in all
462 scenarios. At the end of 21st century, climate change dominates the increase in exposure
463 in all scenarios, with a proportion of 80%, 60%, 45%, and 90% under SSP1-2.6, SSP2464 4.5, SSP3-7.0, and SSP5-8.5 scenarios, respectively.

465 Author contributions

- 466 All authors contributed to the study conception and design. The idea of this study was
- 467 proposed by DS. Data was collected by TW. YW, JX, GW, QZ, SH and YZ analyzed
- 468 the data and YW wrote the initial manuscript. All the authors have read the
- 469 manuscript and accepted the author's agreement.

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474 Availability of data and material

- 475 CMIP6 data is available at <u>https://esgf-node.llnl.gov/search/cmip6/</u>. Climate
- 476 Prediction Center data can be downloaded from
- 477 <u>https://psl.noaa.gov/data/gridded/data.cpc.globaltemp.html</u>. ERA5 data is available at

- 478 <u>https://cds.climate.copernicus.eu/cdsapp#!/dataset/reanalysis-era5-land</u>. Population
- 479 data is available at <u>https://iiasa.ac.at/models-tools-data/ssp</u>.

480 **Declarations**

481 **Conflict of interest** The authors declare that they have no competing interests.

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