

Surgical Treatment for Secondary Aortoesophageal Fistula

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Abstract

Background

Aorto-esophageal fistula (AEF) is a relatively rare condition that is often life-threatening. Secondary AEF is a complication of previous surgery, which can be more critical and challenging than primary AEF. The number of secondary AEF is increasing due to increase in the number of thoracic endovascular aortic repair (TEVAR). Although TEVAR has become a successful alternative surgical strategy for thoracic aortic aneurysms, secondary AEF after TEVAR might be critical than other secondary AEF because of severe adhesion between the esophagus and residual thoracic aortic wall.

Methods

This study analyzed six patients with secondary AEF who were treated at Tokyo Medical University Hospital between 2011 and 2016. These participants included four patients who had undergone TEVAR and two who had undergone total arch replacement.

Results

Although they were subsequently hospitalized for a long period, open surgical repair was completed in two patients who had undergone total arch replacement. TEVAR alone was performed in two patients who had undergone TEVAR and they were discharged without major complications shortly. Combined repair of TEVAR as a bridge to open surgery was planned for two patients who had undergone TEVAR. However, reconstruction of the aorta and esophagus could not be completed in these patients due to severe adhesions, and they died during hospitalization.

Conclusions

Definitive open repair was successfully performed in patients with secondary AEF after total arch replacement. However, in the patients with secondary AEF after TEVAR, severe adhesion between the aorta and esophagus led to difficulty in performing a successful definitive open repair. The strategy for secondary AEF should, therefore, be decided considering the etiology of secondary AEF. In secondary AEF after TEVAR, palliative treatment using TEVAR without reconstruction of aorta and esophagus should be considered.

Background

Aorto-esophageal fistula (AEF) is a relatively rare condition that is often life-threatening [1-3]. Secondary AEF, a complication of surgery in the posterior mediastinum can be more critical than primary AEF because of the presence of adhesion in the pleural space and the poor general status of patients. The number of secondary AEF is increasing due to increase in the number of TEVAR. There have been few studies comparing the surgical results for secondary AEF cases [4, 5] and optimal strategy in management of secondary AEF is still controversial.

Methods

We retrospectively reviewed the clinical charts of six patients who required surgical intervention for the treatment of secondary AEF at Tokyo Medical University Hospital between 2011 and 2016. Primary AEF resulting from esophageal malignancy, thoracic aortic aneurysm, foreign body ingestion, prolonged gastric tube intubation and etc. was excluded. Diagnoses were made based on enhanced computed tomography and endoscopic examination. According to the results of blood cultures, antibiotics were initiated based on the recommendations of the infection control team in our institute. This study was conducted in compliance with the Declaration of Helsinki. All patients provided written informed consent for using their clinical data for scientific presentations or publications.

The surgical treatment strategy for each case was designed based on the patient's frailty and infection severity [1-3]. Treatment strategies were considered by a multidisciplinary team that included cardiac and vascular surgeons, general surgeons, radiologists, and anesthesiologists. Optional treatment strategies for AEF included open surgical repair, thoracic endovascular aortic repair (TEVAR) alone, and combined repair with TEVAR and open surgery. In patients with severe infections indicated by air bubbles between the aorta and esophagus on computed tomography (**Figure 1a**) or an obvious fistula on endoscopy (**Figure 1b**), open surgical repair was considered. In severely deteriorated patients, TEVAR alone was considered. In severely deteriorated patients with severe infection, combined repair with TEVAR as a bridge to open surgery was considered.

Open surgical repair was performed in stages. Following esophagectomy, the proximal stump of the esophagus was pulled out to the left side of the neck and an esophagostomy was performed. Then, reconstruction of the descending aorta using a rifampicin-soaked Dacron graft was performed. After aortic reconstruction, the pleural cavity was left open and copiously irrigated with 12 to 24 liters of 0.2% Gentian violet solution [3] per day for about 3 days. After then, omental wrapping around the artificial graft in the left pleural space was performed and the chest was closed. After several months, when the patient's condition had stabilized, reconstruction of the esophagus using colon interposition was performed through the anterosternal route (**Figure 2a**). Combined repair was also planned in stages. Following TEVAR to control bleeding due to hematemesis and gain hemodynamic stability, open debridement and reconstruction of esophagus and aorta were planned. In all TEVAR procedures, GORE® TAG® Thoracic Stent Graft (Gore & Associates, Flagstaff, AZ) was chosen as stent-graft because of the durability to infection of expanded polytetrafluoroethylene. Open surgical repair was done by one experienced cardiac surgeon and TEVAR was done by one experienced vascular surgeon.

We assessed clinical outcomes including complications of early and late stages. The early and late mortalities, cause of death, major adverse aortic events and recurrence of infection were also evaluated. Feasibility of the treatment strategy was considered based on these outcomes.

Results

Patient characteristics, management strategies, and treatment outcomes are summarized in Table 1. The mean age was 67 years (range, 41–78 years); five patients were male (83%). Four patients had undergone TEVAR, two for thoracic aortic aneurysm, and two for chronic aortic dissection. Three (75%) of the four post-TEVAR cases underwent emergency TEVAR for impending rupture of the thoracic aorta. Two patients had undergone total arch replacement, one for thoracic aortic aneurysm, and one for chronic aortic dissection. There were no patients who had previously undergone esophageal surgery.

Table 1: Patient characteristics, surgical methods, and outcomes

Patient	1	2	3	4	5	6
Age	70	41	78	77	64	67
Gender	m	m	m	m	f	m
AEF	secondary	secondary	secondary	secondary	secondary	secondary
Cause	Post TAR	Post TAR	Post TEVAR	Post TEVAR	Post TEVAR	Post TEVAR
Previous aortic disease	TAA	CAD	CAD	TAA	CAD	TAA
Previous aortic procedure	TAR	TAR	emergency TEVAR	emergency TEVAR	TEVAR	emergency TEVAR
Symptom	fever	fever	fever	fever back pain	fever hemoptysis	fever hematemesis hemoptysis
Microorganism	<i>Streptococcus</i>	<i>Streptococcus</i>	<i>Streptococcus</i>	unknown	<i>Staphylococcus</i>	MRSA
Antibiotics	TAZ	ABPC/SBT	VCM	LZD DAP	ABPC/SBT DAP	VCM
Strategy	Open surgery	Open surgery	TEVAR alone	TEVAR alone	Combined repair	Combined repair
Aortic repair	Aortic removal	yes	yes	no	no	no
	Aortic reconstruction	Graft replacement	Graft replacement			extra anatomical bypass
Esophageal repair	Esophagectomy	yes	yes	no	no	yes
	Esophageal reconstruction	Colon reconstruction	Colon reconstruction			no
Early result (cause of death)	survive	survive	survive	survive	death (ABF)	death (sepsis)
Total hospital days	229	209	28	86	265	118
Late result (cause of death)	death (pneumonia)	survive	survive	death (rupture of aorta)		

Abbreviations AEF: Aorto-esophageal fistula, TAR: Total arch replacement, TEVAR: Thoracic endovascular aortic repair, TAA: Thoracic aortic aneurysm, CAD: Chronic aortic dissection, MRSA: methicillin-resistant *Staphylococcus aureus*, TAZ: Tazobactam, ABPC / SBT: Ampicillin / Sulbactam, VCM: Vancomycin, LZD: Linezolid, DAP: Daptomycin, ABF: aortobronchial fistula

All six patients presented with fever and complained of general fatigue. The causative bacteria were detected in five patients (83%); *Streptococcus* in three and *Staphylococcus* in two. Antibiotics were administered preoperatively and continued for at least 4 weeks following surgery. Gallium scintigraphy successfully detected the primary origin of sepsis in four patients (**Figure 1c**). Computed tomography was performed in all patients and additional endoscopy was performed in five (83%) patients to confirm the diagnosis. In three patients, computed tomography demonstrated severe infection with air bubbles between the aorta and esophagus (**Figure 1a**). In two patients, endoscopy clearly identified the fistulas (**Figure 1b**).

Two patients who had undergone total arch replacement underwent definitive open surgical repair (**Figure 2a**); of the patients who had undergone TEVAR previously, two underwent TEVAR alone and two underwent combined repair (**Figure 2b**). In the patients who had open surgical repair (**Figure 2a**), a longer period until treatment completion was necessary (229 days and 209 days), but they were discharged

without complications. The patients who underwent TEVAR alone had required urgent surgery to control bleeding, and TEVAR was, therefore, performed without esophagectomy or reconstruction of the aorta. These patients were discharged without major complications shortly following surgery, in 28 and 86 days. In one of the two patients who underwent combined repair, the aorta could not be resected due to severe adhesions, and esophageal reconstruction could not be completed following esophagectomy due to the severely deteriorated state of the patient. This patient died of an aortobronchial fistula during hospitalization. In the other patient, an additional extra-anatomical bypass from the ascending aorta to the abdominal aorta with closure of the aortic stump was performed due to severe adhesions (**Figure 2b**) and esophageal repair with plain suturing was performed without esophagectomy. This patient died of sepsis during hospitalization.

Overall, in-hospital mortality occurred in two (33%) of the total 6 patients, who underwent combined repair. The condition of these patients was too deteriorated to undergo definitive repair of the aorta and esophagus, and they were subsequently hospitalized for a long period (118 days and 265 days). Furthermore, they had severe adhesions between the aorta and esophagus. Late mortality occurred in two (50%) of the remained four patients. One patient who underwent TEVAR alone died of rupture of the remaining thoracic aortic aneurysm 6 months following surgery, and one patient who underwent surgical open repair died of pneumonia 1 year following surgery.

Discussion

AEF is a relatively rare condition that is often life-threatening [1-3]. There are several etiologies of primary AEF including thoracic aortic aneurysm, foreign body ingestion, esophageal malignancy, and prolonged gastric intubation [6, 7]. There are several etiologies of secondary AEF resulting from surgery in the posterior mediastinum such as aortic arch replacement, TEVAR to descending aorta, and esophageal surgery [4, 8]. The number of secondary AEF is increasing due to increase in the number of TEVAR being performed. Treatment of secondary AEF can be more challenging than that of primary AEF due to the presence of adhesion in the pleural space and the poor general status of patients. In the patients in this study who underwent combined repair, reconstruction of the aorta and esophagus could not be completed due to severe adhesions caused by previous TEVAR. There have been few studies comparing the degree of adhesion between post-TEVAR cases and post-graft replacement cases, however, secondary AEF after TEVAR can be more critical than secondary AEF after graft replacement.

The exact mechanism of secondary AEF after TEVAR remains unknown. Eggebrecht et al. reported that the incidence of AEF was 1.9% and occurred 1–16 months following intervention in a series of 268 patients who underwent TEVAR [5]. Some reports suggested that its pathogenesis was related to inflammation of the aneurysmal wall [9, 10]. They also suggested that the pathogenesis was related to esophageal ischemia secondary to elevated pressure in the posterior mediastinum, inflammation due to the resorbed hematoma, and mechanical compression by a large aneurysm following TEVAR [9, 10]. In post-TEVAR cases, fistulas were reportedly caused by endoleaks into the residual aneurysmal sac, erosion of the stent-graft through the aorta, and ischemic necrosis of the esophageal wall due to compression of

its feeding arteries by the stent-graft [4, 5]. In accordance with these reports, severe adhesion between the descending aorta and esophagus might occur more frequently in secondary AEF after TEVAR than after graft replacement. In aortic rupture cases, endovascular stenting does not remove the hematoma or the thrombosis, and thoracic compartment syndrome is likely to occur. Therefore, emergency TEVAR is associated with an increased risk of AEF occurrence [4, 5, 11]. In the present study, in three (75%) patients who had undergone TEVAR previously, AEF developed after emergency TEVAR.

It has been previously reported that aggressive treatment for patients with AEF was associated with good outcomes [5, 10, 12] and reduced short-term mortality. In the present study, although patients who received open surgical repair were hospitalized for a longer period, they were discharged without complications. However, the patients who underwent TEVAR alone were also discharged without complications. Moreover, they were hospitalized more shortly than open surgical repair cases. The patients who received combined repair were hospitalized for a long period and died subsequently during hospitalization. In secondary AEF after TEVAR cases, palliative treatment using TEVAR without open reconstruction of aorta and esophagus may be better as an alternative. If the remaining esophagus is problematic or bleeding control is necessary, esophageal stent can be introduced. Although TEVAR was proposed as an alternative surgical management strategy for open surgery [13], late complications of TEVAR are becoming increasingly evident [4, 5]. The treatment strategy for secondary AEF after TEVAR should be carefully designed considering the presence of severe adhesions between the aorta and esophagus. Moreover, the patient's frailty should be considered in the decision of treatment. Further studies on treatment strategy for secondary AEF including surgical indications and exclusion criteria are warranted.

This study had several limitations. First, a small number of patients was included owing to the rarity of secondary AEF. Therefore, accurate evaluation might be difficult because combined surgery was performed on severely ill patients. Second, it was a retrospective study and the data were obtained from a single institution. Therefore, the study results may not reflect the general features of patients with AEF. Third, endovascular treatment strategy has evolved during the time period of this study.

Conclusions

Previous TEVAR may cause severe adhesions between the aorta and esophagus which may result in secondary AEF and make definitive repair of this condition very difficult. In secondary AEF cases, the surgical treatment strategy should be decided depending on each patient's status and the etiology of the fistula. In secondary AEF after open repair, definitive open repair may be feasible, however, in secondary AEF after TEVAR, palliative treatment with TEVAR should be considered.

List Of Abbreviations

Aorto-esophageal fistula (AEF); thoracic endovascular aortic repair (TEVAR)

Declarations

Funding:

Not applicable.

Ethics approval and consent to participate:

All procedures were performed in accordance with the Declaration of Helsinki. Upon first consultation at the hospital, the patient provided written informed consent that his clinical data might be used for scientific presentations or publications. This case was determined not to require the approval of Ethics Committee because it was an anonymized data and not an intervention study.

Consent for publication:

The patient provided permission to publish the features of his case. The identity of the patient has been protected.

Availability of data and materials:

Not applicable.

Competing interests:

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Authors' contributions:

analysis: KS, SS; interpretation of data: KS; drafting and revising the paper: KS; final approval of the paper: all authors; agreement to be accountable for the integrity of the case reports: all authors. All authors have read and approved the final manuscript.

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Conflict of Interest:

The authors have no conflicts of interest to declare.

Author contributions

Study conception: KS; Data collection: KS, SS, TF; Analysis: KS, NK, MS, HO; Investigation: KS, NK, HO;

Writing: KS; Funding acquisition: KS; Critical review and revision: all authors; Final approval of the article: all authors; Accountability for all aspects of the work: all authors.

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Figures

Figure 1a



Figure 1b

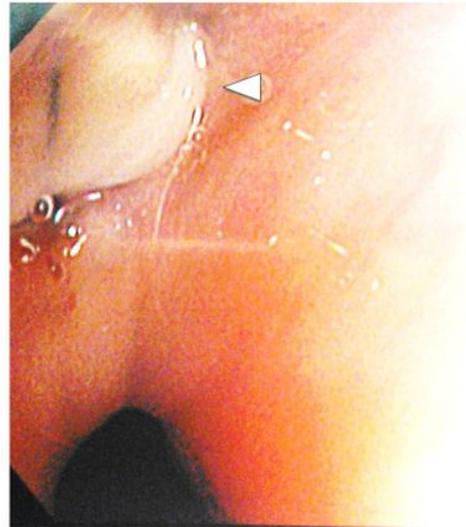


Figure 1c

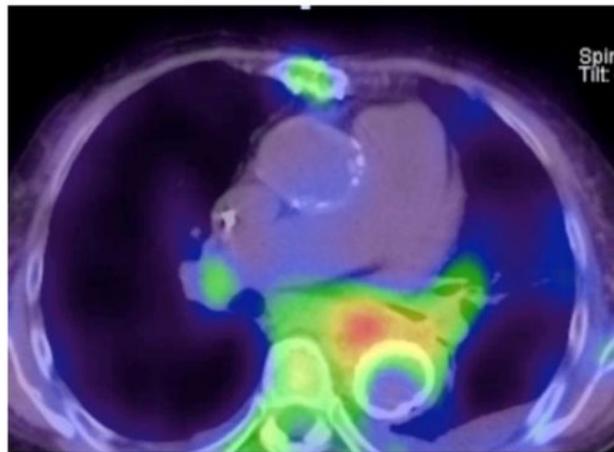


Figure 1

1a: Preoperative computed tomography scan of a combined repair case demonstrating massive air bubbles around the previous stent-graft 1b: Endoscopic view showing exposure of the sutures and pledget (white arrow head) of the previous graft 1c: Preoperative gallium scintigraphy demonstrating enhancement between the aorta and esophagus

Figure 2a



Figure 2b



Figure 2

2a: Intra-operative photograph showing reconstruction of the esophagus using the terminal ileum and right colon 2b: The resected stent-graft in a combined repair case that was treated with an extra-anatomical bypass