

Speciation of Two Heavy Metals in Pastures and Animals: An Assessment of Health Risk

Fu Chen

university

Laraib Saqlain

university

Jing Ma

university

Zafar Iqbal Khan (✉ zafar.khan@uos.edu.pk)

University of Sargodha

Kafeel Ahmad

University

Asma Ashfaq

university

Razia Sultana

university

Fatima Ghulam Muhammad

university

Ayesha Maqsood

university

Majida Naeem

university

Ifra Saleem Malik

university

Mudasra Munir

university

Muhammad Nadeem

university

Yongjun Yang

University

Research Article

Keywords: Seasonal variation, Health risk index, Bio concentration, Pollution Load Index, Pakistan

Posted Date: May 19th, 2021

DOI: <https://doi.org/10.21203/rs.3.rs-347131/v1>

License:  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Version of Record: A version of this preprint was published at Environmental Science and Pollution Research on August 13th, 2021. See the published version at <https://doi.org/10.1007/s11356-021-15821-2>.

1 Speciation of two heavy metals in pastures and animals: An assessment of health risk

2 Fu Chen¹, Laraib Saqlain², Jing Ma¹, Zafar Iqbal Khan², Kafeel Ahmad², Asma Ashfaq², Razia
3 Sultana², Fatima Ghulam Muhammad², Ayesha Maqsood², Majida Naeem¹, Ifra Saleem Malik²
4 ,Mudasra Munir², Muhammad Nadeem³, Yongjun Yang⁴

5 ¹School of Environmental Science and Spatial Informatics., China University Mining and Technology, Xuzhou, China

6 ²Department of Botany, University of Sargodha, Pakistan

7 ³Institute of Food Technology and Nutrition, University of Sargodha Pakistan

8 ⁴School of Environment Science and spatial informatics, china university of mining and Technology, Xuzhou 221043,
9 china.

10 Corresponding Author: zafar.khan@uos.edu.pk

11 Abstract

12 The aim of study was access the cobalt and lead contamination in soil, forages and animals. Heavy
13 metal pollution is a matter of prime significance in natural environment. Through food chain
14 toxicity of heavy metals and their bioaccumulation potential are transferred into humans .Higher
15 concentrations of metallic compounds are toxic to living organisms but these are essential to
16 maintain body metabolism. Intake of food crops polluted with heavy metals is chief food chain
17 channel for human exposure. Animals are exposed to heavy metal stress by the intake of richly
18 contaminated food crops those are chief part of food chain. We collected samples of soil, plant,
19 animal blood, hair and faeces to find contamination through wet digestion process in lab and metal
20 analysis. Different forages were collected to study Zn amount in forages whilst soil and animals
21 in Mianwali Pakistan. The health risk index (HRI) calculation was our major concern in this study.
22 Our present findings also emphasized on the assessment of bio-concentration factor (BCF). We
23 also calculated other significant indices i.e. Pollution load index (PLI), daily intake of metal
24 (DIM), Health Risk Index (HRI) and Enrichment factor (EF). While the experimentation result
25 showed different concentrations of metal in different seasons. When the Zn concentration in
26 forages was (32.59-42.17mg/kg) and in soil (21.82-35.09 mg/kg). Soil samples showed higher
27 level of (PLI) Pollution load index. Bio-concentration of zinc was (1.03-1.57mg/kg). It can be
28 concluded as regular monitoring of the level metal is essential evaluate the contamination status.

29 **Key words:** Seasonal variation, Health risk index, Bio concentration, Pollution Load Index,
30 Pakistan

31 Introduction

32 In different ecological systems and atmosphere heavy metals are harsh contaminants of
33 environment. By anthropogenic actions alterations of land use patterns, population explosion,
34 industrial activities and intensive farming the soil quality is worsening in whole world (Pathak et

35 al.2015). In soil the heavy metal pollution is cause of hazardous problems in agricultural ecosystem
36 and cause potential detrimental effects (Bhatti et al. 2016; Tian et al. 2017).

37 Manipulation and the accessibility of some crucial metals in the body of living being is produced
38 by level of Bio-concentrations of some heavy metals. In food chain heavy metal load is measured
39 by degree of contamination at specific area. Toxicity of heavy metals is measured by assessment
40 of biomagnifications in trophic levels from soil-forages-animal continuum and its bioaccumulation
41 beside this by evaluation of contamination in fodder crops and water (Has-Schön et al. 2006;
42 Saleemi et al. 2019).

43 Zinc (Zn) is necessary for six enzyme classes e.g, ligases, hydrolases, lyases, erases,
44 oxidoreductases, transferases and it is fundamental constituent in numerous metabolical reactions
45 in forages. Hence, suitable concentrations of Zn (Zinc) should be present in soil for survival of
46 plants. In unpolluted environment iron zinc (Zn) constitutes 8–100 mg/kg in forages (Nagajyoti et
47 al. 2010). Metals cause great hazards to plant survival and growth when present above the critical
48 limits (Suresh 2005).

49 With soil pH Zinc is readily obtainable by forages and trace amount of metals are lixiviate into
50 subsurface water table since in acidic soil pH, the action mechanism of Zn^{2+} ions intensify
51 counter effect for zinc (Zn) exchange sites, ingestion of heavy metals by principal contamination
52 routes of the trophic chain is by virtue of utilization of forages contaminated by metal traces is
53 carcinogenic, are underlying of activating cell mutation in forages and nervous system
54 disturbances in organisms. Some forage species accumulate or tolerate more heavy metals than
55 others without clear toxicity symptoms (Singh et al. 2010).

56 Forages and animals accumulate Zn in them that are risky for human these trace metals are
57 transported through food chain (Hongyu et al. 2005; Ahmad et al. 2018b). From one trophic level
58 to higher trophic level biomagnifications and transport of Zinc take place by this more
59 bioaccumulation of toxins occur in food of animals (Monteiro et al. 1996). Due to soil and forage
60 heavy metal bio-accumulation produce the gastrointestinal cancer in animals (Zhuang et al. 2009;
61 Dogan and Ugulu 2013).

62 Microelement (Zn) is element that required in lesser amount for animals and plants that is present
63 in environment and is essential for organisms for sustainability of life i.e. minerals and vitamins.

64 Macronutrients and micronutrients of all types fulfill the particular nutritious needs of animals and
65 forages. In soil-forage-animal continuum heavy metals and other mineral nutrients perform a
66 significant role in metabolic, catabolic, biochemical, biological, chemical and enzymatic activities
67 of living cell in organisms (Pais and Jones 1997).

68 **MATERIALS AND METHODS**

69 **Study Area**

70 District Mianwali is located in south-western region of province Punjab. This district is consists
71 of the plains of western area of salt range. It is situated near the Sakesar hill. Mianwali district has
72 boundaries with Khushab, D.I Khan, Bhakkar and Bannu districts. This district is part of Sargodha
73 Division. Temperature of this area ranges from 47°C maximum and 19°C minimum per annum.
74 In Mianwali the maximum rain fall occur in July about 6.6mm annual mean rain fall is about 3.3
75 mm. Soil condition of this area characterize as loamy, sandy and clay soil. Pea nut, mung, mash,
76 mustard, Eruca, fennel, wheat, barley and oat are important crops. Forest cover area is very low
77 because trees are used as fuel and timber. Canal irrigation system is very less developed, only a
78 little area is irrigated with Indus river irrigation system (Ghani et al. 2016; Qureshi et al. 2007).

79 **Sample collection from sites**

80 In district Mianwali four sites were selected for sampling. The 3 samples of agricultural soil,
81 forages and animal blood, hair and faeces were taken to examine the metal profile of soil-forage-
82 animal continuum. The samples were taken from Wan bhachran site, Mianwali, Esakhel and
83 Piplan. S1 (Summer), S2 (Autumn) and S3 (Winter) was selected for sampling. The samples were
84 taken randomly from sites.

85 **Soil sample collection**

86 In the district Mianwali four sites were selected to collect the samples. 3 samples of soil were
87 collected with equal distances in the field. Stainless steel auger was used to dig up the upper layer
88 of soil about 12-15 cm (Siddique et al. 2019). These samples were packed into plastic bags to avoid
89 the mixing of other chemical compounds into it. Samples were stored in laboratory and labeled
90 then metal analysis was performed. For each sample three composite samples were made. The

91 collected samples were firstly air then oven drying at 72⁰C for 2 days. The samples were placed in
92 incubators at 70 ⁰C temperature for 5 days.

93 **Forage sample collection**

94 Sterilized apparatus were used to collect the forage samples. Forage and soil were collected from
95 same field and place. Only those forages were selected for taking samples that are used as common
96 feed of livestock. 3 samples of each forage plant were taken from the sampling area. The samples
97 were washed with distilled water to clear impurities and dirt. These samples were dried to eliminate
98 moisture in the freshly collected samples. The collected samples were dried for further process.

99 These are following species that were selected for sampling.

<i>Calotropis procera</i>	Apocynaceae	Apple of Sodom
<i>Dactyloctenium aegyptium</i>	Poaceae	Egyptian crowfoot grass
<i>Parthenium hysterophorus</i>	Asteraceae	carrot grass
<i>Rumex dentatus</i>	Polygonaceae	Jangali palak
<i>Ziziphus jujube</i>	Rhamnaceae	red date, Chinese date

100

101 **Animal blood plasma, hair and faeces sample collection**

102 Blood samples of cow, buffalo and sheep of Mianwali was taken in 2020. Young animals within
103 age of two years were selected for sampling. Blood was collected from four sites of district
104 Mianwali. Animal blood was calculated from 10 animals (Cow, buffalo and sheep) each from each
105 sampling site and heavy metal evaluation was done. Sterilized syringe was used to obtain the blood
106 samples. The grazing ruminant's blood was taken from the vein. The vacuum was created in
107 evacuated tubes while collecting blood to minimize the extent of clotting. The blood was collected
108 in heparinized Na-citrate voiles quickly. For 15 minutes blood was centrifuged at 3000 rpm and
109 blood plasma was separated. Polyethylene tubes were used to store the blood plasma and frozen at
110 -20 ⁰C. Hair and faeces samples were also collected and stored for the further digestion process.

111 **Sample measurement and preparation**

112 Arrangement and preparation of samples involves the digestion process. This method of digestion
113 is called wet digestion. It has following steps.

114 1.Digestion 2.Dilution 3. Filtration 4. Analysis of samples

115 Acid and hydrogen per oxide is used for complete digestion process. Distilled water is added after
116 digestion into prepared samples for dilution purpose. After that filtration of samples occur. In next
117 step Atomic Absorption Spectrophotometer (AAS) is an apparatus through which metal analysis
118 is done.

119 **Apparatus and chemicals for digestion**

120 Chemicals that are used for digestion process includes the 10 mL nitric acid ,70% Sulphuric acid
121 (H_2SO_4), 50% Hydrogen peroxide (H_2O_2) and newly synthesized condensed water or distilled
122 (H_2O). The apparatus for digestion includes digestion flasks of 100 ml, measuring cylinder (50
123 ml), beakers (50ml) and (100ml), pipette (10 ml), filter paper, stirrer, hotplate and gloves.

124 **Digestion of soil, forages and Animal samples**

125 Digestion of soil and forages and animal samples (blood, hair and faeces) include various steps.
126 First of all the samples are air dried and followed by oven dried process at $72^{\circ}C$ for 5 days until
127 the moisture content is removed. When plants are completely dried they weighed with electrical
128 balance. Standard procedure of digestion was applied to digest the samples (Siddique et al. 2019).
129 1gm sample was weighed by electrical balance and placed in a beaker of 50ml. 10 ml nitric acid
130 was added to beaker and was kept overnight. Hot plate was used for digestion of particular sample
131 by pouring H_2O_2 drop wise until solution becomes transparent. Cooling at room temperature
132 was done. For dilution purpose 50 ml distilled water was added to solution. To filter the solution
133 Whatman filter paper of 42 μm was used. Then this prepared solution was kept in plastic bottles
134 for metal profile evaluation.

135 Blood samples collected from the Mianwali district were stored and freezed at $-20^{\circ}C$. For digestion
136 process the samples were from freezer and digested with same standard procedure as applied to
137 soil and forages (Siddique et al. 2019).Hair sample was sun dried and was cut into pieces of 1.0-
138 2.9 cm. De-ionized water was used to wash the samples and ethanol was also applied to wash.
139 Oven drying process was carried out and for 4 hours and then desiccator cooling was performed
140 (Hashem et al. 2017). Faeces samples were collected from cow, buffalo and sheep after air drying
141 and oven dry the samples were submitted for digestion (Nicholson et al. 1999).

142 **Metal profile evaluation analysis**

143 The prepared samples were then analyzed for metal contents by Atomic Absorption
144 Spectrophotometer (Perkin-Elmer Corp., 1980). Nutritional minerals that were evaluated in the
145 sample was Zn. Standard solution was prepared to get the standardized curve. The metal analysis
146 was done by running the samples through Atomic Absorption Spectrophotometer. This apparatus
147 is equipped with a graphite furnace. The each metal is measured according to value of standard
148 solution. The amount of each metal occurring in the sample is obtained in absolute form. While
149 sample is run through the Atomic Absorption Spectrophotometer the little quantity of sample is
150 sprayed at the flame. Atomic resonance absorption line by element is calculated and measured.
151 The apparatus is convenient for analysis. Any radiation that is emitted by flame had no effect on
152 the working of apparatus. The absorption method is independent of the excitation potential of the
153 spectral line used.

154 **Evaluation Indices:**

155 **Bio concentration Factor (BCF):**

156 For assessment of metal (mg/kg) transport from agricultural soil and forages that are growing on
157 this soil, a BCF is applied (Cui et al. 2004).

158 BCF for soil to forage

$$159 \quad (\text{BCF}) = \text{Level of metal in forage} / \text{Level of metal in soil}$$

160 **Pollution load index (PLI)**

161 Liu et al. (2005) described a formula which was used to find this indices.

$$162 \quad \text{Pollution Load Index} = \frac{(\text{M})\text{IS}}{(\text{M})\text{RS}}$$

164 Where,

165 (M)IS = (mg/kg) Concentration of metal that occurs in soil to investigate

166 (M)RS= Soil reference value of metal

167 Reference values for soil in Zn was taken as 44.9 suggested by Singh et al. (2010)

168 **Enrichment factor (EF)**

169 Formula for Enrichment factor is described by Buat-Menard and Chesselet (1979).

$$170 \quad \text{Enrichment factor (EF)} = \frac{(\text{Conc. of metal in plant}/\text{Conc. of metal in soil}) \text{ sample}}{(\text{Conc. of metal in plant}/\text{Conc. of metal in soil}) \text{ standard}}$$

172 According to FAO/WHO (2001) standard reference value for Zn was used 99.4 mg/kg.

173

174 **Daily intake of metals (DIM)**

175 Daily intake of metal (DIM) can be calculated by following equation

$$176 \text{ DIM} = C_{\text{factor}} \times C_{\text{metal}} \times D_{\text{food intake}} / B_{\text{average weight}} \text{ Sajjad et al. (2009).}$$

177 where,

178 C_{metal} is the concentration of metals in forages,

179 $D_{\text{food intake}}$ is the daily intake of forages,

180 $B_{\text{average weight}}$ is the average body weight.

181 For calculating this daily intake of metal the conversion factor was taken 0.085 (Jan et al. 2010).

182 Daily intake metal for cow was calculated by using animal body weight 600 kg and daily forage

183 intake 12 kg while for sheep body weight was taken 75 kg and daily forage intake 1.3 kg (Johnsen

184 and Aaneby 2019). To calculate the DIM for buffalo body weight was taken 550 kg and daily

185 forage intake (TDI) was taken 12.5 kg (Yang et al. 2020).

186 **Health Risk Index (HRI)**

187 Health risk index is the ratio of daily intake of metals in the forages to oral reference dose (RfD)

188 and was calculated by the help formula (USEPA 2002).

$$189 \text{ Health risk index (HRI)} = \text{DIM} / \text{RfD}$$

190 DIM = Daily intake of heavy metal

191 RfD = Oral reference dose

192 An HRI > 1.0 for any single metal indicates that the health of consumer population is at risk or it

193 is carcinogenic (USEPA 2013). According to FAO/WHO (2013) oral reference dose for Zn was

194 taken as 0.3 (mg/kg/day).

195

196 **Result and Discussion for Zinc metal**

197 **Table 1 Analysis of variance table for Zn concentration in soil, forages and animals**

Source	Degree of freedom	Mean Square
--------	-------------------	-------------

Zn in Soil		
Season	2	171.594***
Soil	4	5.59 ^{ns}
Season x soil	8	22.24*
Zn in forages		
Season	2	70.785***
Forage	4	19.87 ^{ns}
Season x Forage	8	11.283 ^{ns}
Zn in Animals		
Season	2	19.025***
Animal	2	1.302 ^{ns}
Source	2	3.971**
Season x Animal	4	0.163 ^{ns}
Season x Source	4	0.704 ^{ns}
Animal x Source	4	0.668 ^{ns}
Season x Animal x Source	8	0.587 ^{ns}

198

199 **Table 2: The mean concentration of Zn (mg/kg) in soil and forages**

Samples	Seasons		
	S 1	S 2	S 3
Zinc in Soil of forages			
Soil of forage C. procera	26.91±2.36	29.47±1.06	31.33±0.64
Soil of forage D. aegyptium	25.02±1.25	25.48±1.42	32.33±1.63
Soil of forage P. hysterothorus	23.56±2.94	28.58±2.44	32.21±1.10
Soil of forage R. dentatus	26.22±1.52	28.92±1.77	26.39±2.64
Soil of forage Z. jujube	21.82±0.852	28.35±2.29	35.09±0.31

200

201 **Zinc in forages**

<i>C. procera</i>	36.01±2.94	39.25±1.51	41.49±0.677
<i>D. aegyptium</i>	37.40±1.47	37.73±2.70	38.33±0.355
<i>P.hysterophorus</i>	36.10±1.54	37.78±0.25	42.17±1.64
<i>R. dentatus</i>	32.59±0.932	33.93±1.14	39.93±1.41
<i>Z. jujube</i>	34.17±2.391	38.91±1.35	36.05±0.399

202

203 **Table 3: The Mean concentration of Zn in animals blood, hair and faeces (mg/kg).**

Source	Animal	S1	S2	S3
Blood	Cow	1.87±0.230	1.89±0.163	2.48±0.395
	Buffalo	1.24±0.177	1.69±0.229	1.96±0.233
	Sheep	0.927±0.135	1.70±0.267	1.93±0.353
Hair	Cow	1.10±0.257	2.27±0.304	2.52±0.387
	Buffalo	1.24±0.175	1.87±0.326	1.98±0.283
	Sheep	1.03±0.183	2.10±0.321	2.84±0.449
Faeces	Cow	1.37±0.158	1.95±0.317	1.33±0.420
	Buffalo	1.44±0.263	1.7±0.258	1.17±0.369
	Sheep	1.34±0.214	1.98±0.357	0.923±0.293

204

205 **Table 4: Pollution indexes for Zinc**

Forages	Seasons
---------	---------

	S 1	S 2	S 3	
206	BCF (Zn)			
	<i>C. procera</i>	1.34	1.33	1.32
	<i>D. aegyptium</i>	1.49	1.48	1.19
	<i>P. hysterothorus</i>	1.53	1.32	1.31
	<i>R. dentatus</i>	1.24	1.17	1.51
	<i>Z. jujube</i>	1.57	1.37	1.03
	PLI (Zn)			
	<i>C. procera</i>	0.599	0.656	0.698
	<i>D. aegyptium</i>	0.557	0.567	0.720
	<i>P. hysterothorus</i>	0.525	0.637	0.717
	<i>R. dentatus</i>	0.584	0.644	0.588
	<i>Z. jujube</i>	0.486	0.631	0.782
207	EF (Co)			
	<i>C. procera</i>	0.595	0.592	0.589
	<i>D. aegyptium</i>	0.665	0.658	0.527
	<i>P. hysterothorus</i>	0.681	0.588	0.582
	<i>R. dentatus</i>	0.553	0.522	0.673
	<i>Z. jujube</i>	0.696	0.610	0.457

208

209 **Table 5: Daily intake metal and Health risk index for Zinc**

Forages	Cow			Buffalo			Sheep			
	S1	S2	S3	S1	S2	S3	S1	S2	S3	
210	DIM (Zn)									
	<i>C. procera</i>	0.061	0.067	0.071	0.069	0.076	0.080	0.053	0.058	0.061
	<i>D. aegyptium</i>	0.064	0.064	0.06	0.072	0.073	0.074	0.055	0.055	0.056
	<i>P.hysterothorus</i>	0.061	0.064	0.072	0.070	0.073	0.081	0.053	0.056	0.062

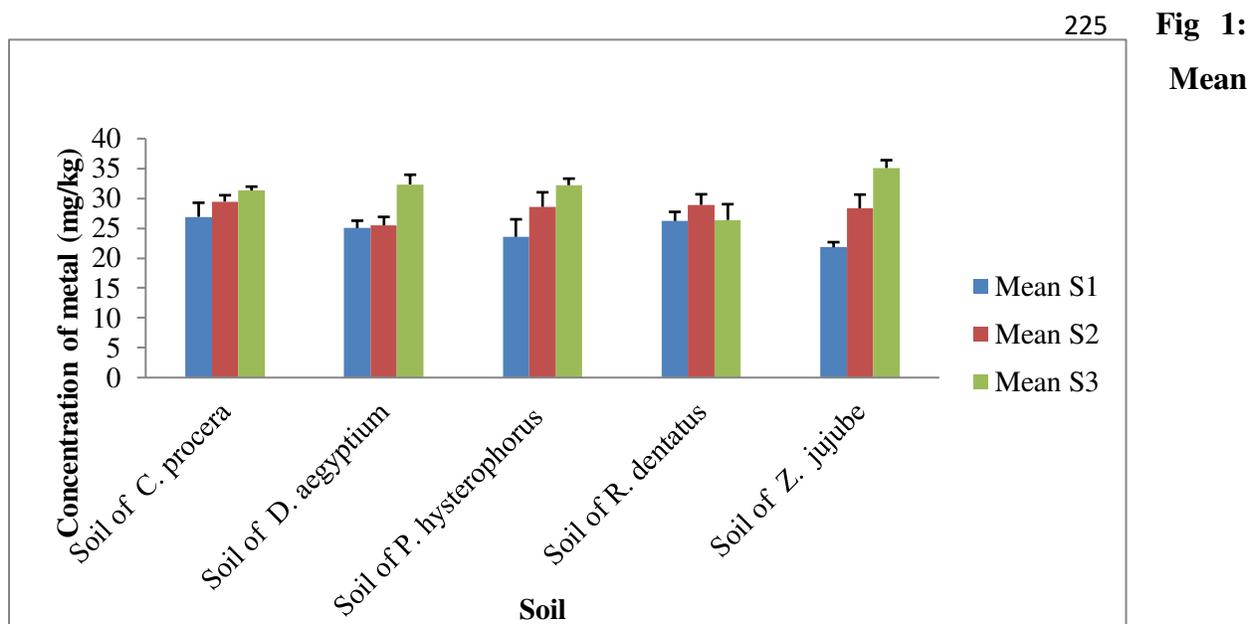
211	<i>R. dentatus</i>	0.055	0.058	0.068	0.063	0.066	0.077	0.048	0.050	0.059
	<i>Z. jujube</i>	0.058	0.066	0.061	0.066	0.075	0.070	0.050	0.057	0.053
212	HRI (Zn)									
	<i>C. procera</i>	0.204	0.222	0.235	0.232	0.253	0.267	0.177	0.193	0.204
	<i>D. aegyptium</i>	0.212	0.214	0.217	0.241	0.243	0.247	0.184	0.185	0.188
	<i>P.hysterophorus</i>	0.205	0.214	0.239	0.232	0.243	0.272	0.177	0.186	0.207
	<i>R. dentatus</i>	0.185	0.192	0.226	0.210	0.218	0.257	0.160	0.167	0.196
	<i>Z. jujube</i>	0.194	0.220	0.204	0.220	0.251	0.232	0.168	0.191	0.177

213

214 **Result and Discussion**

215 The results from ANOVA of Zn for soil samples depicted significant effect ($p < 0.05$) of season and
216 season \times soil while the reverse was true for Soil. The analysis of variance exhibited the significant
217 effect ($p < 0.05$) of Zn season while non-significant ($p > 0.05$) in forages and season \times forage. The
218 ANOVA of Zn in animal demonstrated significant ($p < 0.05$) impact on season and source while
219 exhibited non-significant effect ($p > 0.05$) on Season \times Animal, Season \times Source, Animal \times Source
220 and Season \times Animal \times Source (Table 1).

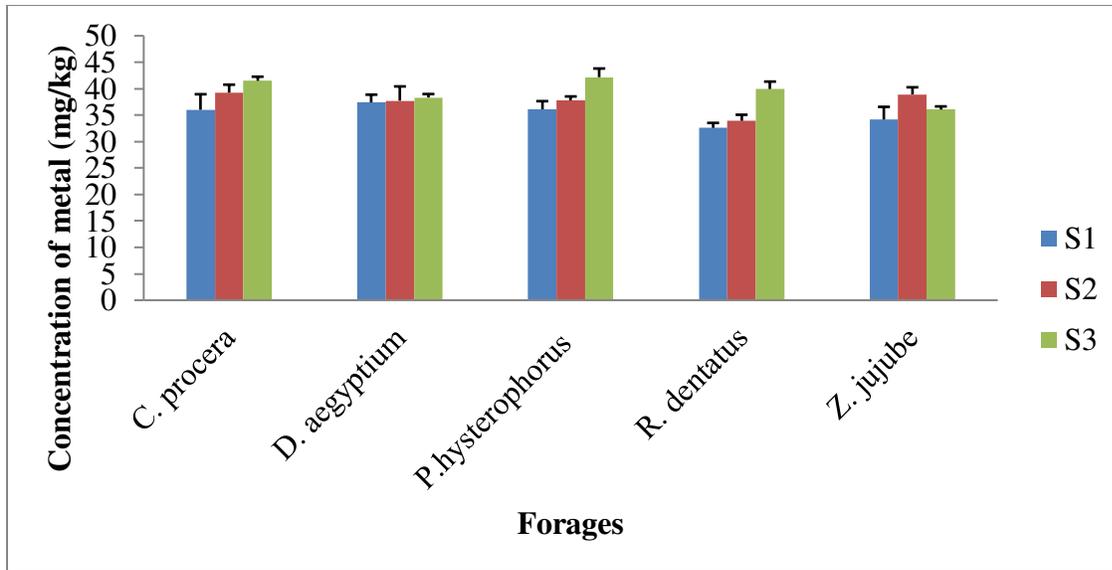
221 The level of Zn in soil samples varied within range 21.82 mg/kg minimum and 35.09 mg/kg
222 maximum (Table 2). The minimum Zn value was noticed in soil of *Z. jujube* in S1 and its maximum
223 value was observed in soil of *Z. jujube* during S3 (Fig 1). The present study had the Zn value below
224 the permissible limits of 300 mg/kg suggested by WHO /FAO (2001).



227 **concentration of Zn in soil of forages mg/kg**

228 The Zn concentration occurred in different amounts in forage samples. The minimum
229 concentration of Zn was recorded in *R. dentatus* during S1 while the minimum amount of Zn was
230 noticed 32.59 mg/kg (Table 2). The maximum amount of Zn was recorded in *P. hysterophorus*
231 during S3 while the maximum value of Zn was 42.17 mg/kg (Fig 2). The present value of Zn in
232 forages had the values within the permissible limits of 50 mg/kg suggested by WHO (1998).

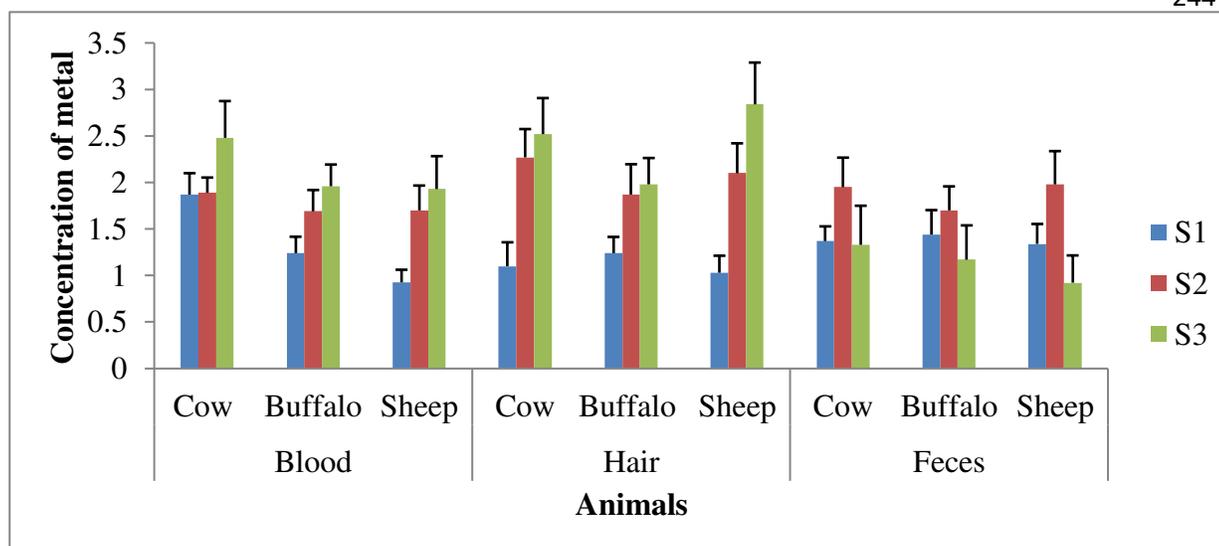
233



234

235 **Fig 2: Mean concentration of Zinc in forages mg/kg**

236 The Zn metal concentration varied in all samples of blood. The mean value ranged from 0.927-
 237 2.48 mg/kg correspondingly. The minimum level of blood was present in sheep during S1 and
 238 maximum level was observed in cow blood of S3 (Table 3).The present investigation of Zn was
 239 found in the range of permissible limit 1.45 mg/l as suggested by NRC (2007). The Zn level in
 240 hair sample was ranged minimum to maximum 1.03- 2.84 mg/kg (Fig 3). In S1 season the sheep
 241 hair had minimum values. In S3 the sheep had maximum level of Zn. In the faeces samples the Zn
 242 concentration had minimum level 0.923 mg/kg in sheep during S3. The maximum concentration
 243 of Zn was noticed 1.98 mg/kg during sheep of S2.



252 **Figure 3: The Zn concentration in Animals blood, hair and faeces in different seasons**

253 Bio-concentration factor for Zn from soil to forage varied in the range from 1.03-1.57 mg/kg. The
 254 higher content of heavy metal was present in *Z. jujube* of S1 while lower amount of heavy metals
 255 occurred in *Z. jujube* of S3. The value of pollution load index for Zn varied within the range from
 256 (0.486-0.782 mg/kg). The lower value was noticed in *Z. jujube* of S1 while the higher amount was
 257 observed in *Z. jujube* of S3. The values of enrichment factor for Zn ranged from minimum
 258 concentration to maximum concentration (0.457-0.696 mg/kg). The minimum concentration was
 259 noticed in *Z. jujube* during S3 (Table 4). The daily intake of metal for Zn ranged from 0.048-0.081
 260 from minimum to maximum. The lowest value of daily intake of metal was depicted by sheep
 261 during S1 while the highest DIM was noticed in buffalo during S3. The health risk index for Zn
 262 ranged from 0.160-0.272 from lower to higher values. The health risk index (HRI) was depicted
 263 lowest in sheep during S1 while the highest value found in the buffalo during S3 (Table 5).

264 The current concentration of Zn in soil was found lower as compared to concentration of Zn (0.83-
 265 37.33 mg/kg) as reported by Fosu-Mensah et al. (2017). Level of Zn in this study was lower than
 266 permissible limits of Zn 250 mg kg⁻¹ (UNEP 2013). The amount of Zn (24-179 mg/kg) reported
 267 by Muhammad et al. (2011) was greater than the present values of Zn in soil samples. Zn was bio-
 268 accumulated in forages that were grown in wastewater irrigated soil. The uptake of Zn trace and

269 its toxicity increased in forages due to sewage water irrigation as compare to irrigation by ground
270 water (Rusan et al. 2007).

271 The Zn value found in forages of current investigation was found to be lower than Zn (17.4-202
272 mg/kg) as recorded by Ogundiran et al. (2012). In our present work the value of Zn was found
273 greater than reported Zn concentration in forages (18.67 mg/kg to 25.83 mg/kg) by Raeside et al.
274 (2012). Our present investigation was found lower than those Zn concentration (211.7 mg·kg⁻¹ to
275 901.7 mg·kg⁻¹) recorded by Zhang et al. (2014). Raeside et al.(2012) stated that zinc metal played
276 a significant role in absorption of Cu so its amount should be increased upto 100 mg Zn/kg; hence
277 a very low level of Zn was present in that forages. The calculated value of zinc in present work
278 was also low as compare to suggested value of Raeside et al. (2012).

279 In present findings the Zn concentration in cow blood plasma was lower than the findings of
280 Mohajeri et al. (2014). The current study Zn was recorded greater than the Zn values reported in
281 cow blood by Noaman et al. (2012). Zn bioaccumulation in blood plasma is directly affected by
282 seasonal variations. Zn accumulation is decreased due to hyper-thermal stress so that's why Zn
283 value varies in the samples of different season (Radostits et al. 2007). Environmental pollutant Zn
284 was higher at the sampling sites due to metal containing forage consumption by the ruminants
285 (Mohajeri et al. 2014). The observed value of Zn in buffalo blood was higher than the critical
286 values as suggested by the Underwood and Suttle (1999). In our results were below the limits
287 reference values as suggested by the results of Noaman et al. (2012). Our present investigations
288 were lower for Zn concentration in sheep than those recorded by Shen et al. (2020). Our findings
289 were higher in Zn concentration present in sheep blood plasma as compare to results of Šoch et al.
290 (2011). This present study exhibited the lower Zn values in sheep blood than the values given by
291 Popovic et al. (2010). These findings provided the greater value of Zn in cow hair and lower values
292 in buffalo hairs as compare to results of the Kumar and Kewalramani (2011). Reason for the greater
293 accumulation of Zn is due to mineral supplementation to ruminants at the farms of sampling sites.
294 Different forage species have different chemical composition and metallic constituents; hence,
295 minerals have interaction with Zn in animal body (Kumar and Kewalramani 2011). Our
296 investigation about Zn in sheep wool and buffalo hair was respectively lower and higher as
297 compare to the values found by Hashem et al. (2017). His recorded values for faeces were also
298 greater for Zn in cow and buffalo than present study. Zn metal is excreted out in faeces so

299 comparatively less metal is accumulated in the animal body. Fluctuating amount of Zn in animal
300 samples is present due to numerous factors such as supplementation of mineral, antagonistic
301 affects of elements and changes in climate (Šoch et al. 2013).

302 Our present calculated values of BCF for Zn was lower than findings of Al-Rashdi and Sulaiman
303 (2013). Current findings Zn bio-concentration factor was higher than the findings of Alborno et
304 al. (2016). The observed values of bio-concentration factor (BCF) Zn in soil to forage was similar
305 with the recorded values of Meng et al. (2013). The present Zn bio-concentration was lower than
306 the given value of Zhang et al. (2014).

307 Our result for PLI was similar to the results given by Ogbeibu et al. (2014). Our present
308 investigation for pollution load index was higher than those recorded by Barakat et al. (2012).
309 These findings were lower than concentration of pollution load index for Zn as compare to the
310 results of Ngole and Ekosse (2012). The pollution load index in present work was ($PLI < 1$) so the
311 sampling site was not polluted.

312 The maximum concentration was noticed in *Z. jujube in SI*. The results demonstrated in present
313 finding for enrichment factor was lower than the range of ($EF < 2$) as described by the Barakat et
314 al. (2012). The results of enrichment factors showed the similarities with the results of Alghobar
315 and Suresha (2015). Current findings for EF were lower than those values given by the Uduma
316 and Awagu (2014). In this present experiment the enrichment factor was ($EF < 2$) hence, there was
317 deficient enrichment of zinc.

318 The investigated value of DIM for Zn was higher than the observed values of Chaoua et al. (2019).
319 The found value of daily metal intake was lower than the daily intake metal of Zn by Orisakwe et
320 al. (2017). In our work the ($DIM < 1$) for Zn that can be characterized as non-toxic concentration.

321 Health risk index for Zn was found higher as compared to the HRI given by Chaoua et al. (2019).
322 HRI for Zn was observed lower than the recorded by Orisakwe et al. (2017). Health risk index was
323 observed ($HRI < 1$) for Zn that non toxic.

324 **Conclusion**

325 It was concluded that seasonal changes gave different fluctuating concentrations of metals and
326 sites also gave fluctuating metal readings in soil-forage-animal continuum. In soil and forage

327 samples collected from semi-arid environment was found safe according to FAO/WHO. In animal
328 samples Zn was found safe according to NRC standards. Bio-concentration factor and pollution
329 load index for Zn was noticed greater than 1. Enrichment factor was also in safe limits for all
330 metals that was less than 1. Daily intake metal and health risk index was found less than 1.

331 **Ethical Statement**

332 All the study protocols were approved by Institutional Animal Ethics Committee, University of
333 Sargodha (Approval No. 25-A18 IEC UOS). All the experiments performed complied with the
334 rules of National Research Council and all methods were performed in accordance with relevant
335 guidelines and regulations.

336 **Ethical Approval:** Ethical approval was taken from Department Ethical Review Committee to
337 conduct study as animals were involved in this study So ethical approval was very essential

338 **Consent to Participate:** Informed consent was taken from formers to conduct the study and to
339 collect the samples. They were briefed about the research plan in details.

340 **Consent to Publish:** Written consent was sought from each author to publish the manuscript.

341 **Authors Contributions:** Fu chen, Laraib Saqlain, jing Ma and Zafar Iqbal Khan conceived and
342 designed the study and critically revised the manuscript and approved the final version study was
343 supervised by Kafeel Ahmad and Asma Ashfaq. Razia Sultana, Fatima Ghulam Muhammad,
344 Majida Naeem and Ayesha maqsood executed the experiment and compiled data. Muhammad
345 Nadeem statistically analyzed the data and help in chemical analysis. Yongjun Yang interpreted
346 the results and critically edited and revised the manuscript. Ifra Saleem Malik and Mudrasa Munir
347 helped in sample collection and chemical analysis

348 **Competing Interests:** There is no competing interest in the publication of this manuscript.

349 **Availability of data and materials:** Data and material is available for research purpose and for
350 reference.

351 **Acknowledgement**

352 The authors acknowledge the funding support for this work was supported by the National Natural
353 sciences foundation of china (no.51974313, 419074405) and the Natural science foundation of
354 Jiangsu Province (no.BK20180641)

355 **Funding**

356 Not applicable

357 **References**

358 Ahmad K, Nawaz K, Khan ZI, Nadeem M, Wajid K, Ashfaq A, Mehmood N, Ugulu I, Dogan Y
359 2018b. Effect of diverse regimes of irrigation on metals accumulation in wheat crop: An
360 assessment – dire need of the day. *Fresenius Environmental Bulletin* 27: 846-855.

361 Albornoz CB, Larsen K, Landa R, Quiroga MA, Najle R, Marcovecchio J 2016 Lead and zinc
362 determinations in *Festuca arundinacea* and *Cynodon dactylon* collected from contaminated
363 soils in Tandil (Buenos Aires Province, Argentina). *Environmental Earth Sciences*, 75(9),
364 742.

365 Alghobar MA, Suresha S 2015. Evaluation of nutrients and trace metals and their enrichment
366 factors in soil and sugarcane crop irrigated with wastewater. *Journal of Geoscience and*
367 *Environment Protection*, 3(08), 46.

368 Al-Rashdi TT, Sulaiman H 2013. Bioconcentration of heavy metals in Alfalfa (*Medicago sativa*)
369 from farm soils around Sohar industrial area in Oman. *APCBEE procedia*, 5(1), 271-278.

370 Barakat A, El-Baghdadi M, Rais J, Nadem S 2012. Assessment of heavy metal in surface
371 sediments of Day River at Beni-Mellal region, Morocco. *Research Journal of*
372 *Environmental and Earth Sciences*, 4(8): 797-806.

373 Bhatti SS, Sambyal V, Nagpal AK 2016. Heavy metals bioaccumulation in Berseem (*Trifolium*
374 *alexandrinum*) cultivated in areas under intensive agriculture, Punjab, India. *SpringerPlus*, 5(1),
375 173.

376 Buat-Menard P, Chesselet R (1979). Variable influence of atmospheric flux on the trace metal
377 chemistry of oceanic suspended matter. *Earth and Plan. Sci. Lett.* 42: 398-411

378 Chaoua S, Boussaa S, El Gharmali A and Boumezzough A 2019. Impact of irrigation with
379 wastewater on accumulation of heavy metals in soil and crops in the region of Marrakech
380 in Morocco. *Journal of the Saudi Society of Agricultural Sciences*, 18(4), 429-436.

381 Cui YJ, Y.G. Zhu, R.H. Zhai, D.Y. Chen, Y.Z. Huang, Y. Qui and J.Z. Liang. 2004. Transfer of
382 metals from near a smelter in Nanning, China. *Environ. Int.*, 30: 785-791.

383 Dogan Y and Ugulu I (2013) Medicinal plants used for gastrointestinal disorders in some districts
384 of Izmir province, Turkey. *Studies on Ethno-Medicine*, 7(3): 149-161.

385 FAO/WHO (2001) Codex Alimentarius Commission. Food additive and contaminants. Joint
386 FAO/WHO Food Standards Programme ALINORM 01/12A 1-289.

387 FAO/WHO. 2001. Codex Alimentarius Commission. Food additive and contaminants. Joint
388 FAO/WHO Food Standards Programme, ALINORM 01/12A, pp. 1-289.

389 FAOSTAT (2013). FAO Statistics Division 2013. www.faostat.fao.org

390 Fosu-Mensah BY, Addae E, Yirenya-Tawiah D, Nyame F 2017. Heavy metals concentration and
391 distribution in soils and vegetation at Korle Lagoon area in Accra, Ghana. *Cogent
392 Environmental Science*, 3(1):1405887.

393 Ghani A, Nadeem M, Ahmed MM, Hussain M, Ikram M, Imran M (2016) Spatial variations in
394 nutritional and elemental profile of Mako (*Solanum nigrum*) collected from different
395 tehsils of district Mianwali, Punjab, Pakistan. *Sci. Int* 5251-5255.

396 Hashem MA, Nur-A-Tomal MS, Mondal NR, Rahman MA (2017) Hair burning and liming in
397 tanneries is a source of pollution by arsenic, lead, zinc, manganese and iron. *Environmental
398 Chemistry Letters* 15:501-506.

399 Has-Schön E, Bogut I, Strelec I. 2006. Heavy metal profile in five fish species included in human
400 diet, domiciled in the end flow of River Neretva (Croatia). Archives of environmental
401 contamination and toxicology, 50(4), 545-551.

402 Hongyu L, Anne P, Bohan L. 2005. Metal contamination of soils and crop affected by the
403 Cehenzhou lead/ zinc mine spill (Hunan, China). *Sci Total Environ* 339: 153-166.

404 Jan FA, Ishaq M, Khan S, Ihsanullah I, Ahmad I, Shakirullah M (2010) A comparative study of
405 human health risks via consumption of food crops grown on wastewater irrigated soil
406 (Peshawar) and relatively clean water irrigated soil (lower Dir). Journal of hazardous
407 materials 179: 612-621.

408 Johnsen IV, Aaneby J (2019) Soil intake in ruminants grazing on heavy-metal contaminated
409 shooting ranges. Science of the total environment 687: 41-49.

410 Kumar K, Kewalramani N. 2011. Copper, zinc and iron status of milk and hair samples of dairy
411 animals in Haryana. *Animal Nutrition and Feed Technology*, 11(2): 271-276.

412 Liu WH, Zhao JZ, Ouyang ZY, Soderlund L, Liu GH (2005) Impacts of sewage irrigation on
413 heavy metals distribution and contamination in Beijing, China. *Environ. Int.* 31:805-812.

414 Meng L, Guo Q, Mao P, Tian X. 2013. Accumulation and tolerance characteristics of zinc in
415 *Agropyron cristatum* plants exposed to zinc-contaminated soil. *Bulletin of environmental*
416 *contamination and toxicology*, 91(3): 298-301.

417 Mohajeri G, Norouzi MA, Mohseni M, Afzalzadeh A 2014. Changes in blood metals,
418 hematology and hepatic enzyme activities in lactating cows reared in the vicinity of a Lead–
419 zinc smelter. *Bulletin of environmental contamination and toxicology*, 92(6): 693-697.

420 Monteiro LR, Costa V, Furness RW, Santos RS (1996). Mercury concentrations in prey fish
421 indicate enhanced bioaccumulation in mesopelagic environments. *Marine Ecol Progress*
422 *Series* 141: 21-25

423 Muhammad S, Shah MT, Khan S. 2011. Heavy metal concentrations in soil and wild plants
424 growing around Pb–Zn sulfide terrain in the Kohistan region, northern
425 Pakistan. *Microchemical Journal*, 99(1): 67-75.

426 Nagajyoti PC, Lee KD, Sreekanth TVM. 2010. Heavy metals, occurrence and toxicity for plants:
427 a review. *Environmental chemistry letters*, 8(3), 199-216.

428 National Research Council, Board on Agriculture, Committee on the Nutrient Requirements of
429 Small Ruminants, Division on Earth, & Life Studies. 2007. Nutrient requirements of small
430 ruminants: sheep, goats, cervids, and new world camelids. 中国法制出版社.

431 Ngole VM, Ekosse GIE. 2012. Copper, nickel and zinc contamination in soils within the precincts
432 of mining and landfilling environments. *International Journal of Environmental Science
433 and Technology*, 9(3): 485-494.

434 Nicholson FA, Chambers BJ, Williams JR, Unwin RJ (1999) Heavy metal contents of livestock
435 feeds and animal manures in England and Wales. *Bioresource Technology* 70: 23-31.

436 Noaman V, Rasti M, Ranjbari AR, Shirvani E. 2012. Copper, zinc, and iron concentrations in
437 blood serum and diet of dairy cattle on semi-industrial farms in central Iran. *Tropical
438 animal health and production*, 44(3): 407-411.

439 Ogbeibu AE, Omoigberale MO, Ezenwa IM, Eziza JO, Igwe JO 2014. Using pollution load index
440 and geoaccumulation index for the assessment of heavy metal pollution and sediment
441 quality of the Benin River, Nigeria. *Natural Environment*, 2(1): 1-9.

442 Ogundiran MB, Ogundele DT, Afolayan PG, Osibanjo, O. 2012. Heavy metals levels in forage
443 grasses, leachate and lactating cows reared around lead slag dumpsites in
444 Nigeria. *International Journal of Environmental Research*, 6(3): 695-702.

445 Orisakwe OE, Oladipo OO, Ajaezi GC, Udowelle NA. 2017. Horizontal and vertical distribution
446 of heavy metals in farm produce and livestock around lead-contaminated goldmine in
447 Dareta and Abare, Zamfara State, Northern Nigeria. *Journal of environmental and public
448 health*. <https://doi.org/10.1155/2017/3506949>

- 449 Pais, I. and Jones Jr, J. B. 1997. The handbook of trace elements. CRC Press.
- 450 Popovic D, Bozic T, Stevanovic J, Frontasyeva M, Todorovic D, Ajtic J, Jokic VS 2010.
451 Concentration of trace elements in blood and feed of homebred animals in Southern
452 Serbia. *Environmental Science and Pollution Research*, 17(5): 1119-1128.
- 453 Qureshi RA, Gilani SA, Ghufuran MA (2007) Ethnobotanical studies of plants of Mianwali district
454 Punjab, Pakistan. *Pak. J. Bot* 39(7): 2285-2290.
- 455 Radostits OM, Gay CC, Hinchcliff KW, Constable PD, Jacobs DE, Ikede BO, McKenzie RA,
456 Colwell D, Osweiler GD, Bildfell RJ 2007. *Veterinary medicine: A textbook of the diseases
457 of cattle, sheep, pigs, goats and horses.* Toronto: Saunders Elsevier.
- 458 Raeside MC, Nie Z, Behrendt, R. 2012. Improving mineral availability for grazing livestock in
459 Australian pasture systems by using plantain and lucerne. In *Capturing opportunities and
460 overcoming obstacles in Australian agronomy; proceedings of the 16th Australian
461 agronomy conference*, Armidale, NSW.(Ed. I. Yunusa).
- 462 Reuter, M. A., Hudson, C., Van Schaik, A., Heiskanen, K., Meskers, C. and Hagelüken, C. 2013.
463 UNEP, Environmental risk and challenges and anthropogenic metals flow and cycles: A Report of
464 the Working Group on the Global Metal Flows to the International Resource Panel. p.231.
- 465 Rusan, M. J. M., Hinnawi, S. and Rousan, L. 2007. Long term effect of wastewater irrigation of
466 forage crops on soil and plant quality parameters. *Desalination*, 215(1-3): 143-152.
- 467 Sajjad K, Farooq R, Shahbaz S, Khan MA, Sadique M (2009) Health risk assessment of heavy
468 metals for population via consumption of vegetables. *World Applied Science Journal*
469 6:1602-1606.
- 470 Saleemi, M. K., Tahir, M. W., Abbas, R. Z., Akhtar, M., Ali, A., Javed, M. T. and Hassan, Z. U.
471 2019. Amelioration of toxicopathological effects of cadmium with silymarin and milk thistle in
472 male Japanese quail (*Coturnix japonica*). *Environmental Science and Pollution Research*, 26(21),
473 21371-21380.

- 474 Sher, Z., Hussain, F. and Badshah, L. 2011. Micro-mineral contents in eight forage shrubs at three
475 phenological stages in a Pakistans rangeland. *African Journal of Plant Science*, 5(10): 557-
476 564.
- 477 Siddique S, Ahmad K, Khan ZI, Wajid K, Bashir H, Munir M, Nadeem M, Noorka IR, Malik IS,
478 Ashfaq A, Ugulu I, Akhtar M, Akhtar P, Mehmood N, Muqadas H, Shehzadi M (2019)
479 Sodium status of soil, forages, and small ruminants of Punjab, Pakistan. *Pure and Applied*
480 *Biology (PAB)* 8(3):1950-1961.
- 481 Singh A, Sharma RK, Agrawal M, Marshall FM (2010) Health risk assessment of heavy metals
482 via dietary intake of food stuffs from the waste water irrigated site of a dry tropical area of
483 India. *Food and Chemical Toxicology* 48:611-619.
- 484 Šoch, M., Brouček, J. and Šrejberová, P. 2011. Hematology and blood microelements of sheep in
485 south Bohemia. *Biologia*, 66(1):181-186.
- 486 Šoch, M., Vydrová, P., Brouček, J., Suchý, K., Smutný, L., Smutná, Š., Čermák, B., Zábanský,
487 L. Šimková, A., Švejdová, K. and Šimková, A. 2013. Relationship between copper and
488 zinc content in the soil and plants and their consequent content in blood and excrements of
489 cattle and sheep under various forms of breeding. *Scientific Papers Animal Science and*
490 *Biotechnologies*, 46(1): 316-320.
- 491 Suresh, S. 2005. Characteristics of soils prone to iron toxicity and management—A
492 review. *Agricultural Reviews*, 26(1), 50-58.
- 493 Tian, K., Huang, B., Xing, Z. and Hu, W. 2017. Geochemical baseline establishment and
494 ecological risk evaluation of heavy metals in greenhouse soils from Dongtai, China. *Ecological*
495 *Indicators*, 72, 510-520.
- 496 Uduma, A. U. and Awagu, E. F. 2014. Interpretation of zinc concentrations in selected
497 contaminated arable soils of Nigeria using iron as a reference element. *International*
498 *Journal of Current Microbiology and Applied Sciences*, 3(1): 745-753.

499 Underwood, E. J., & Suttle, N. F. 1999. The mineral nutrition of livestock, 3rd. *Edition*, CAB
500 *International*, 614.

501 USEPA (2010). Integrated Risk Information System (IRIS). Arsenic, inorganic (CASRN 7440-
502 38-2), Cadmium (CASRN 7440-43-
503 9). <http://cfpub.epa.gov/ncea/iris/index.cfm?fuseaction=iris.showSubstanceList>. Accessed 21 Apr
504 2010.

505 USEPA (2013) Integrated Risk Information System (IRIS). United States Environment Protection
506 Agency.

507 USEPA (Environmental Protection Agency). 2010. Integrated Risk Information System.

508 USEPA (US Environmental Protection Agency) (2002) Region 9, Preliminary Remediation Goals.
509 Office of Research and Development, Washington, DC, USA.

510 World Health Organization (WHO) .1998. Quality Control Methods for Medicinal Plant
511 Materials, Geneva, Switzerland: pp. 1

512 Yang Y, Khan ZI, Ahmad K, Arshad N, Rehman SU, Ullah MF, Wajid K, Mahpara S, Bashir H,
513 Nadeem N, Ahmad T, Munir M, Malik IS, Ashfaq A, Ugulu I, Ma J, Chen F, Ahmad T
514 (2020) Does the chromium element in forages and fodders grown in contaminated pasture
515 lands cause toxicity in livestock: assessing the potential risk. *Rev Chim* 71(7): 397-405.

516 Zhang, X. Q., Jin, Y. M., Zhang, Y. J., Yu, Z., & Yan, W. H. (2014). Silage quality and
517 preservation of *Urtica cannabina* ensiled alone and with additive treatment. *Grass and Forage*
518 *Science*, 69(3), 405-414.

519 Zhuang, P., Zou, B., Li, N. Y. and Li, Z. A. 2009. Heavy metal contamination in soils and food
520 crops around Dabaoshan mine in Guangdong, China: implication for human
521 health. *Environmental Geochemistry and Health*, 31(6): 707-715.

522

523

524

525

526

527

528

529



Figures

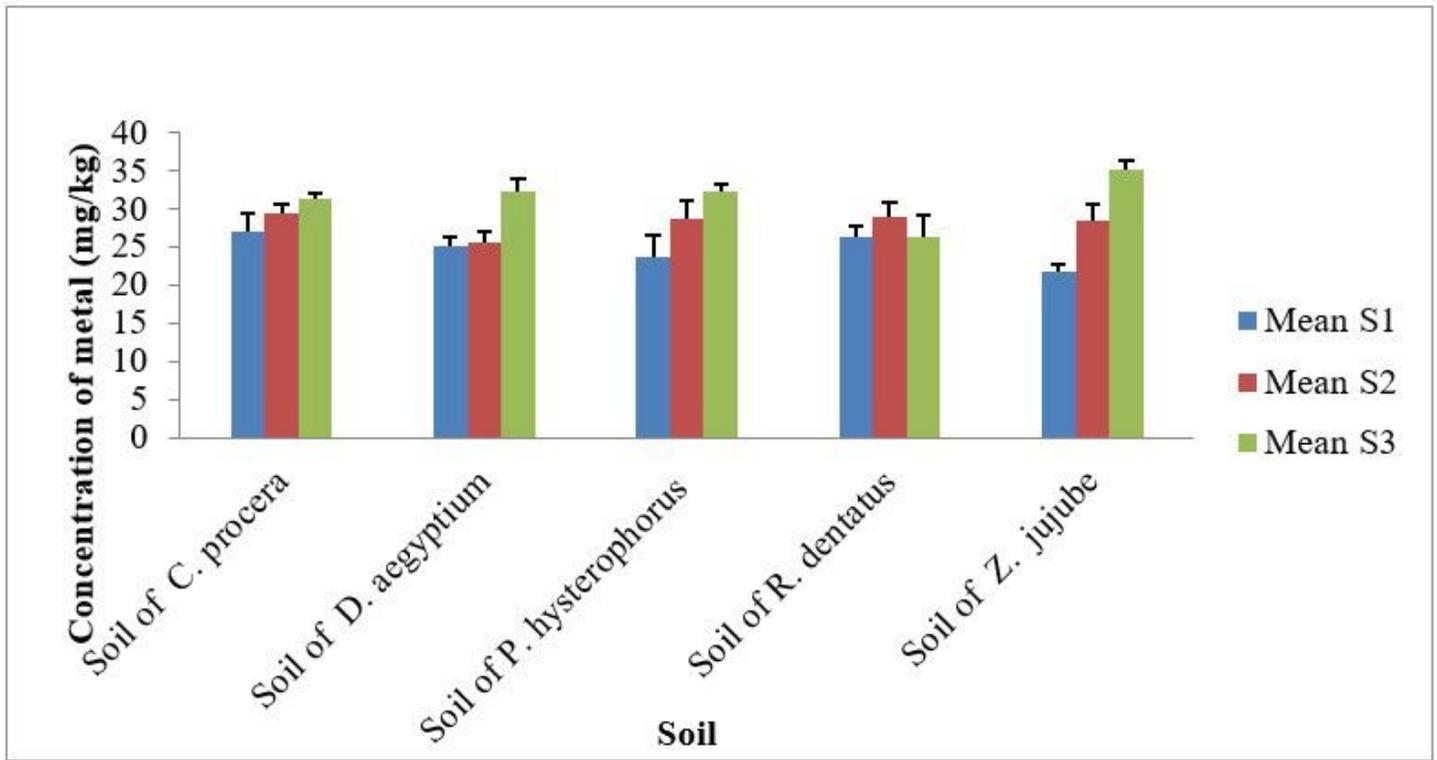


Figure 1

Mean concentration of Zn in soil of forages mg/kg

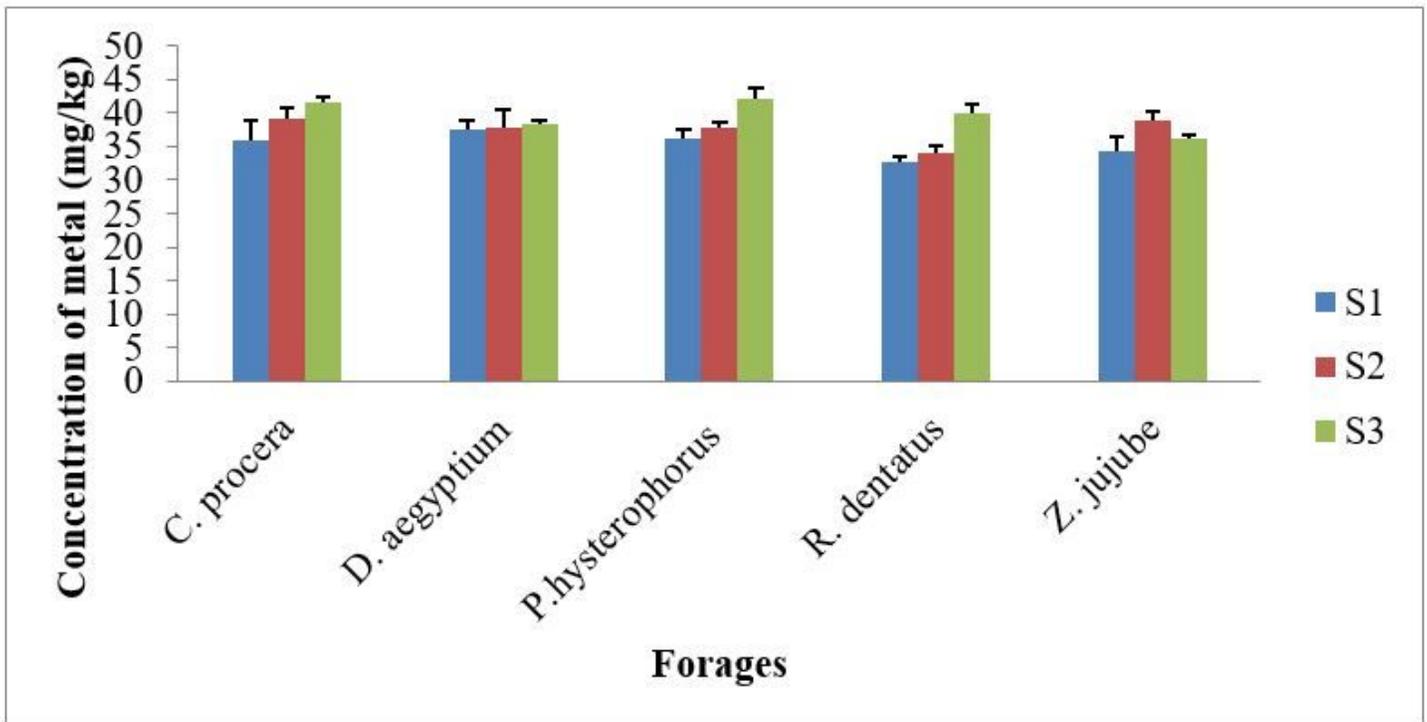


Figure 2

Mean concentration of Zinc in forages mg/kg

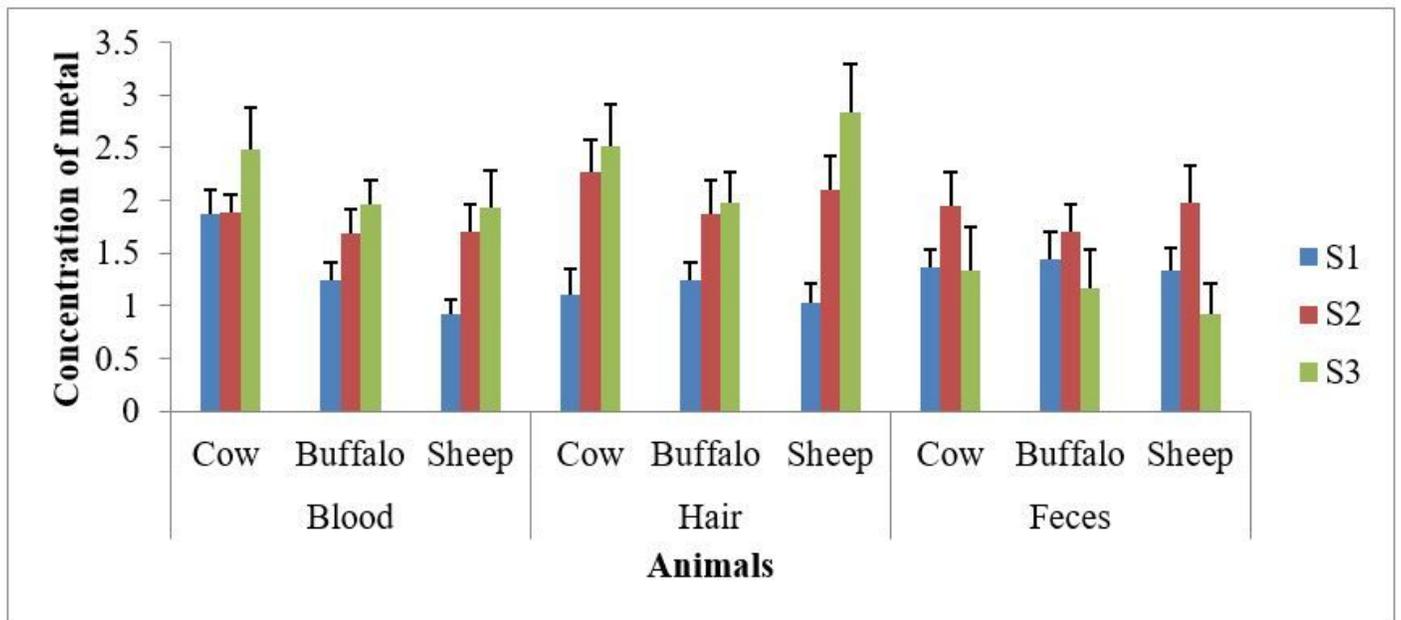


Figure 3

The Zn concentration in Animals blood, hair and faeces in different seasons