

1 Significant progressive heterobeltiosis in banana crossbreeding

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7 8 Abstract

9 **Background:** Heterobeltiosis is the phenomenon when the hybrid's performance is superior to its
10 best performing parent. Banana (*Musa* spp. AAA) breeding is a tedious, time-consuming process,
11 taking up to two decades to develop a consumer acceptable hybrid. Exploiting heterobeltiosis in
12 banana breeding will contribute to selecting breeding material with high compatibility, thus
13 increasing banana breeding efficiency. The aim of this study was therefore to determine and
14 document the level of heterobeltiosis of bunch weight and plant stature in the East African highland
15 bananas, in order to identify potential parents that can be used to produce offspring with desired
16 bunch weight and stature after a few crosses.

17 **Results:** This study found significant progressive heterobeltiosis in cross-bred 'Matooke' banana
18 hybrids, also known as NARITAs, when grown together across years with their parents and
19 grandparents in Uganda. All NARITAs exhibited positive heterobeltiosis for bunch weight,
20 whereas half of them had negative heterobeltiosis for stature. NARITA 17 had the highest
21 heterobeltiosis for bunch weight (248.7%), followed by 26666S-1 (229.3%), while the lowest was
22 noted in NARITA 19 (1.2%). Heritability for yield potential and bunch weight were high (0.84
23 and 0.76 respectively), while that of plant stature was very low (0.0035). There was a positive
24 significant correlation ($P \leq 0.05$) between grandparent heterobeltiosis for bunch weight and genetic
25 distance between NARITAs' parents ($r = 0.39$, $P = 0.036$), bunch weight ($r = 0.7$, $P < 0.001$), plant

26 stature ($r = 0.38$, $P = 0.033$) and yield potential ($r = 0.59$, $P = 0.0004$). Grandparent heterobeltiosis
27 for plant stature was significantly, but negatively, correlated to the genetic distance between
28 NARITA parents ($r = -0.6$, $P = 0.0004$).

29 **Conclusions:** Such significant heterobeltiosis exhibited for bunch weight is to our knowledge the
30 largest among main food crops. Since bananas are vegetatively propagated, the effect of
31 heterobeltiosis is easily fixed in the hybrids and will not be lost over time after the release and
32 further commercialization of these hybrids.

33

34 *Key words:* Bunch weight, East African highland banana, Genetic distance, Heterobeltiosis,
35 *Musa* spp., NARITA

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39 **Background**

40 Bananas and plantains (*Musa* spp. L) are important food and cash crops to millions of people in
41 the tropical and subtropical regions of the world [1]. They are grown in more than 135 countries.
42 In India, the largest banana producer, the crop occupies 20% of the area under fruit crops. Bananas
43 and plantains rank among the most important food crops in the developing world [2]. In Uganda,
44 bananas are grown by at least 75% of the farmers and cover an estimate of 38% of the total land
45 under crops [3]. However, the production has declined over the past three decades due to mainly
46 declining soil fertility and drought [4], plus pests and diseases. The most economically important
47 pests for bananas in the Great Lakes region of Africa are the burrowing nematode (*Radopholus*
48 *similis*) and banana weevil (*Cosmopolites sordidus*). The diseases are caused by pathogens which

49 thrive in tropical conditions, the most important of which are *Xanthomonas vasicola* pv.
50 *musacearum* (formerly *Xanthomonas campestris* pv. *musacearum*) leading to banana bacterial wilt
51 [5], *Pseudocercospora fijiensis*, causing black Sigatoka or black leaf streak disease [6, 7], and
52 *Fusarium oxysporum* f. sp. *cubense* causing fusarium wilt or Panama disease [8]. Breeding of
53 resistant/tolerant cultivars is the most sustainable intervention for banana health management [9,
54 10, 11]. However, plant breeding is a long process requiring efficient selection of suitable parents
55 with desired traits to produce superior hybrids [12]. Utilization of heterosis or heterobeltiosis can
56 speed up the process of generating superior hybrids. Heterosis, or hybrid vigour, is the superiority
57 of the hybrid for a certain trait over the mean of the parents, whereas heterobeltiosis is a form of
58 heterosis where the hybrid is superior to its best performing parent [13]. Jones [14] defined
59 heterosis as the expression of dominance deviation, a variance from mid parent value, which may
60 be explained by the additive effects of several desired dominant alleles, or as “overdominance,”
61 the combined effect of (two) different alleles at the same gene locus, or a combination of both.
62 From the definitions, heterobeltiosis helps a breeder to make more stringent selections than
63 heterosis, as also reported by Lamkey and Edwards [15]. Both positive and negative heterosis can
64 be useful depending on the breeding objectives. Generally, positive heterosis is very useful when
65 selecting for yield and its components, whereas negative heterosis is desired when selecting for
66 short plant height and fast or early cycling [16,15]. Gowda et al. [12] reported that selection of
67 promising parents to obtain superior hybrids primarily depends on the predominance of the genes
68 for the additive effect due to heterosis and heterobeltiosis. The underlying genetic and molecular
69 mechanisms of heterosis remain unknown [13]. Some of the theories for heterosis include
70 dominance, over-dominance and epistasis [17,18]. Tao et al. [19] reported that it is possible to
71 efficiently screen for superior parents and predict the heterosis of parental combinations. They

72 further pointed out that genetic differences between parents are the primary cause of heterosis.
73 Also, the correlation between the genetic distance and heterosis was said to depend on the type of
74 materials. Many studies have been done by plant breeders to investigate the genetic diversities
75 between parents and their relationship with heterosis. However, according to Hinze and Lamkey
76 [20], limitations in traditional methods based on geographic origins, genetic relationships,
77 morphological markers and isozymes make the prediction of heterosis difficult. The development
78 of molecular marker techniques is seen as a new and more effective way for heterosis prediction,
79 which will in turn improve the efficiency of hybrid breeding. van Ginkel and Ortiz [21] reported
80 that heterosis in selfing crops is often driven by additive and additive \times additive gene action. They
81 further argued that this can be relatively easily fixed in homozygous lines, meaning that their seed
82 can simply be re-sown to express the heterosis, unlike nonadditive heterosis.

83 Goff [22] proposed a concept of heterosis which summarizes other theories that were earlier
84 proposed about the physiology of heterosis. It states that “heterosis is a result of allele-specific
85 expression, which favors the expression of the most energy-saving, stable alleles”. In hybrids,
86 alleles at a locus are likely to be different, and there are multiple opportunities for allele-specific
87 expression of the more stable gene product. Hybrids are therefore more efficient in overall energy
88 use than their parents, with most loci in homozygous state and can use the saved energy for other
89 tasks. The saved energy can be invested in higher growth rates compared with the parental lines,
90 a phenomenon we perceive as heterosis. van Ginkel and Ortiz [21] reported that heterosis due to
91 dominance can be captured in homozygous individuals, as the favorable allele can be present twice
92 in homozygous lines or doubled haploids, unlike heterosis due to overdominance, which involves
93 different alleles of the same gene. More recent research is showing that, in selfing and some
94 outcrossing crops, dominance is more important than overdominance, implying that additive gene

95 expression exceeds non-additive gene action [23, 24]. However, Goldringer et al. [25] reported a
96 larger epistatic effect than additive genetic variance for grain yield in wheat. The more the additive
97 and additive × additive gene actions dominate in hybrids, the more effectively the F₁ performance
98 predicts the subsequent derived line performance.

99 Recent research gives an insight in gene actions driving heterosis in various crops. Heterosis for
100 grain yield components appears to be controlled by additive gene action [12], but also, as noted by
101 Beche et al. [13], by additive × additive gene effects. Early research in barley revealed that
102 heterosis in seed yield is due to additive and “homozygous–homozygous” gene effects [26, 27],
103 while heterosis for grain yield in rice seems to be determined by additive and additive × additive
104 gene action [28, 29, 30]. Scanty research results are available about heterosis in bananas [31],
105 though not in the East African highland bananas. The aim of this study was therefore to determine
106 and document the level of heterobeltiosis of bunch weight and plant stature in the East African
107 highland bananas, in order to identify potential parents that can be used to produce offspring with
108 desired bunch weight and plant stature after a few crosses, thereby improving the efficiency of the
109 banana breeding program.

110

111 **Results**

112 Broad sense heritability (H^2) for yield was 0.84, for bunch weight 0.76 and for plant stature 0.0035.
113 NARITA 23 had the highest bunch weight (29.3 kg), followed by NARITA 17 (29.0 kg) and
114 NARITA 18 (28.6 kg) while NARITA 19 had the smallest bunch weight (11.1 kg; Table 1).
115 However, NARITA 17 had the highest yield potential (35.6 t ha⁻¹ yr⁻¹), followed by NARITA 23
116 (35.0 t ha⁻¹ yr⁻¹) and NARITA 18 (34.4 t ha⁻¹ yr⁻¹) whereas NARITA 19 had the lowest yield

117 potential (14.7 t ha⁻¹ yr⁻¹). Similarly, NARITA 17 had the highest heterobeltiosis of 248.7% (Table
118 1), followed by 26666S-1 (229.3%), and NARITA 9 (201.2%) while NARITA 19 had the lowest
119 heterobeltiosis of 1.2%. NARITA 7, the only released NARITA hybrid cultivar in Uganda so far,
120 had a heterobeltiosis of 77.2%. All the 31 NARITAs available at the International Institute of
121 Tropical Agriculture (IITA), Sendusu research station, with known pedigrees showed
122 heterobeltiosis for bunch weight, compared to ‘Matooke’ (3x grandparents). Plant stature ranged
123 from 0.16 to 0.21 (Table 2). NARITA 20 had the highest positive grandparent heterobeltiosis for
124 stature (30.5%), followed by 29285S-20 (27.2%), and NARITA 17 (26.9%) while NARITA 1 had
125 the highest negative grandparent heterobeltiosis (-18.4%). Half of the NARITAs had negative
126 grandparent heterobeltiosis for plant stature (Table 2).

127 There was a positive significant correlation (at 95% confidence level) between grandparent
128 heterobeltiosis for bunch weight and genetic distance between NARITA parents ($r = 0.39$, $P =$
129 0.036), bunch weight ($r = 0.7$, $P = 1.028e-05$), plant stature ($r = 0.38$, $P = 0.033$) and yield ($r =$
130 0.59 , $P = 0.0004$) (Table 3). A significant and negative correlation between grandparent
131 heterobeltiosis for plant stature and the genetic distance between NARITA parents ($r = -0.6$, $P =$
132 0.0004) was observed (Table 3). In a cladogram (Fig. 1), genotypes of the same known group
133 clustered together such as NARITA cultivars, female parents of NARITAs, male parents of
134 NARITAs and female grandparents of NARITAs, except ‘cv. Rose’ which clustered among the
135 NARITAs between 29285S-20 (a progeny with ‘cv. Rose’ as the male parent) and NARITA 5.
136 There was a significant ($P \leq 0.05$) progressive heterobeltiosis for bunch weight in bred ‘Matooke’
137 banana hybrids (NARITA), when grown together across years with their ancestors in Uganda (Fig.
138 2, Table 1, Table 3).

139

140 **Discussion**

141 Genetic factors explained a higher proportion of variance for yield and bunch weight than plant
142 stature. The highest broad sense heritability (H^2) was recorded for yield (84%) followed by bunch
143 weight (76%), while plant stature had the lowest H^2 (0.35%). These results differ from those
144 reported by Tenkouano et al. [31] where the heritability estimates of yield components in plantains
145 and derived hybrids were 42% for fruit circumference, 36% for bunch weight and fruit length and
146 zero for number of hands and fruits. However, they argued that this medium heritability enabled
147 yield improvement of individual plants through increased fruit size when recurrent selection was
148 applied. Therefore, additional gains could be obtained through crossbreeding, despite the small
149 recombinative heterosis. They further pointed out that diploid males contributed at least twice as
150 much as tetraploid females to the yield of the progeny, implying that paternal phenotype was more
151 predictive of progeny performance for this trait. This finding suggests that great yield gains are
152 likely to be achieved when favorable alleles are accumulated in a diploid male parent.
153 Incorporation of useful genes in the diploids is much easier than in polyploid parents. When these
154 diploid males are crossed with higher ploidy level females, there is a higher probability of
155 recovering hybrid offspring that show heterosis for the desired traits.

156

157 All the 31 NARITAs with known pedigrees showed positive heterobeltiosis for bunch weight,
158 compared to their grandparents, the triploid 'Matooke' banana, despite the heterozygosity of the
159 parents. This progressive heterosis, which does not ensue from crossing inbred lines [32], could
160 be a result of favorable allele combinations that are kept in linkage disequilibrium through
161 vegetative propagation [33]. Analysis of evolutionary history suggests that bananas underwent
162 instant domestication followed by a few meiosis events. This may account for the very large

163 heterosis and grandparent heterobeltiosis noted in the most high-yielding NARITAs, which was
164 above most of other food crops as per available knowledge [34]. It would be interesting to check
165 if further crossbreeding of the NARITAs could maximize progressive heterosis responses resulting
166 in higher-yielding third generation polyploid hybrids. Perrier et al. [35] postulated that the rise of
167 cultivated triploid bananas from their direct wild ancestors, *M. acuminata* and *M. balbisiana*
168 among others, was a three-step process. The first step was the anthropogenic circulation of pre-
169 domesticated forms of diploid bananas extracted from the different wild gene pools. The second
170 step was the production of edible diploid hybrids, which occasionally produced unreduced
171 gametes. Finally, sexual recombination among cultivated diploids followed by the fusion of
172 reduced and unreduced gametes gave rise to the triploid varieties. The actual number of sexual
173 events that gave rise to the diverse forms of bananas is unknown. However, Bakry and Horry [36]
174 estimated it to be 7-14 events while Sardos et al. [37] estimated that the 208 cultivated diploids in
175 their study may have arisen from 117 distinct sexual events, while 80 sexual events were estimated
176 to be the origin of the 273 triploid accessions based on DArT markers. Yet, the East African
177 highland bananas are believed to have arisen from a single ancestral clone that underwent
178 population expansion by vegetative propagation [38].

179

180 Plant height is one of the agronomic traits that directly or indirectly influence yield. In cereals like
181 wheat, the increase in yield during the ‘Green Revolution’ was attributed to mutant dwarfing
182 alleles in the *Rht-1* gene which resulted in shorter plants that produced more tillers resulting in an
183 increased number of grains and a reduced lodging by wind and rain [39]. Tall banana plants with
184 slender pseudostems are more prone to wind damage especially after flowering due to the weight
185 of the bunch. Half of the NARITAs expressed negative grandparent heterobeltiosis for plant stature

186 indicating that they were taller and slenderer than the grandparents, which is not desirable for
187 bananas due to high risk of breakage by wind. Lamkey and Edwards [15] and Alam et al. [16]
188 suggested that positive heterosis is desired in the selection for yield and its components, whereas
189 negative heterosis is desired for early cycling and short plant height. In our case however, a positive
190 heterobeltiosis for plant stature was desirable since it indicates that the hybrids are shorter or of
191 the same height as the grandparent but with more robust pseudostems. This is because plant stature
192 in the present study was calculated as a ratio of plant girth at 100 cm from the ground to the total
193 height of the plant at flowering (girth/height). A short plant with a large girth therefore would have
194 a higher value for stature than a tall, plant.

195

196 Although there is no unifying theory to explain the phenomenon of heterosis, several mechanisms
197 such as genetic diversity, overdominance, epistasis, and purging of deleterious alleles through
198 heterozygosity have been tested in different models and linked to observed heterosis in complex
199 traits [24]. In the present study, we observed a positive significant correlation between grandparent
200 heterobeltiosis for bunch weight and genetic distance between NARITA parents. These results
201 agree with those of Marcón et al. [40] who also reported a positive relationship between genetic
202 distances among parents and heterosis for forage yield in bahiagrass (*Paspalum notatum*).
203 However, these results contradict with what was observed by Tenkouano et al. [31] in plantains
204 and plantain-derived hybrids. They reported that hybrid performance was negatively but not
205 significantly correlated with the genetic relatedness between the parents. Sant et al. [41] and Joyce
206 et al. [42] also reported negative correlations between genetic distance between parents and hybrid
207 performance in Indian elite chickpea cultivars and white clover (*Trifolium repens* L.), respectively.

208

209 The correlation between heterosis and genetic distance between the parents has been widely
210 studied and, in many cases, a positive relationship has been established although not sufficient on
211 its own to explain heterosis. Xu et al. [43] reported that the genetic distance between parents based
212 on microsatellite data was significantly positively correlated with hybrid yield/yield heterosis in
213 maize, but the coefficient of determination was low and therefore it was not possible to predict the
214 yield heterosis. Genetic distance based on microsatellites was significantly positively correlated
215 with yield heterosis in rice, but not significantly correlated with heterosis for other traits [19]. The
216 correlation coefficient was however too low to be used to predict heterosis. Dias et al. [44] also
217 observed a positive correlation between genetic distances based on random amplified polymorphic
218 DNA markers and heterosis for wet seed weight per plant and wet seed weight per fruit in cacao.
219 They suggested using this as a guide when choosing superior crosses.

220 Beche et al. [13] reported a positive and significant correlation between heterobeltiosis and grain
221 yield per plant in spring wheat. They suggested using heterobeltiosis for indirect selection of a trait
222 which positively and significantly correlates with the heterobeltiosis. In our study, bunch weight
223 correlated positively and significantly with heterobeltiosis for bunch weight. Hence, this
224 information assists in the indirect selection of parents that are likely to produce superior hybrids.
225 For example, the parents of NARITA 17 (1438K-1 × 9719-7), 26666S-1(917K-2 × SH 3362),
226 NARITA 9 (917K-2 × SH 3217), NARITA 22 (917K-2 × 9128-3) and 26874S-5 (917K-2 × 5610S-
227 1), which had the highest heterobeltiosis for bunch weight are likely to produce superior hybrids
228 and therefore might be selected for use in future crosses.

229

230 As indicated by Xu et al. [42], microsatellite markers showing high polymorphism can be used to
231 assess genetic relationships and are widely used in assessing genetic diversity, identifying
232 germplasm and characterizing population structures. The clustering of accessions in the cladogram
233 based on microsatellite markers (Fig. 1) agreed with the known pedigree information as well as
234 the defined *Musa* groups according to taxonomy. The high genetic variation among the NARITAs
235 was attributed to diverse alleles from the diploid male parents because the 3x grandparents and the
236 tetraploid parents clustered together indicating a low genetic diversity among these accessions.
237 Boeven et al. [45] indicated that parents need to be genetically diverse to ensure heterosis in their
238 hybrid offspring. However, genomic-led analysis revealed that diversity does not lead to heterosis
239 [46, 47]. Indeed, there are various reports indicating positive or negative significant correlations
240 between heterosis in hybrid offspring and the genetic distances among their parents. Hence, this
241 association between parental divergence and heterosis does not have to be relevant when pursuing
242 hybrid breeding. Correlations between parental genetic distances and phenotypic hybrid
243 performance have been reported to be very low in most circumstances, which shows that genetic
244 diversity alone is not enough to obtain heterosis. Although the genetic distance does not affect
245 heterosis in a linear fashion, it is still important for obtaining heterosis in crosses. In many
246 circumstances, the expression of heterosis is partly due to genetic diversity which is part of the
247 genomic core for complex interactions of biological pathways that result into increased hybrid
248 vigor.

249

250

251 **Conclusion**

252 Heterobeltiosis in high yielding banana hybrids was kept after two crossing generations, thus
253 suggesting a progressive heterobeltiosis. Such a significant heterobeltiosis appears to be the largest
254 among the main food crops as per available literature. Since bananas are vegetatively propagated,
255 the effect of heterobeltiosis is easily fixed in the hybrids and will not be lost over time after release
256 and further commercialization of the hybrids. The factors behind heterobeltiosis in banana are yet
257 to be defined. Nonetheless, leveraging on this high heterobeltiosis there is a huge potential to
258 improve banana production by developing high yielding banana hybrids in relatively few
259 crossbreeding cycles.

260

261 **Materials and methods**

262 A field experiment was set up in 2015 at Namulonge- Sendusu in Uganda (00°31' 47" N and 32°36'
263 9" E), comprising 34 NARITA cultivars (26 officially named and 8 not yet officially named), their
264 parents, grandparents and local 'Matooke' banana cultivars as controls (Table 4). These cultivars
265 were planted following a 7 × 8 rectangular lattice design using two replications, with a spacing of
266 3 m between rows and 2 m between plants within a row, thereby having a plant density of 1667
267 plants ha⁻¹. Data for bunch weight (kg) were collected at harvest for three crop cycles. Yield
268 potential (t ha⁻¹ yr⁻¹) was calculated as:

$$269 \quad \text{YLD} = \text{BW} \times 365 \times 1667 / (\text{DH} \times 1000)$$

270 where YLD is yield potential (t ha⁻¹ yr⁻¹), BW is bunch weight (kg) and DH is days to harvest.

271 The mean bunch weights and standard errors were calculated and used to determine heterobeltiosis
272 using the formula:

273 Heterobeltiosis (%) = [(“NARITA” mean bunch weight - “3x Grandparent” mean bunch weight)/
274 “3x Grandparent” mean bunch weight] × 100

275 Plant height and plant girth at 100 cm above the ground were measured at flowering. These data
276 were used to estimate plant stature as the ratio of plant girth to height at flowering, which can be
277 interpreted as a measure of the robustness of the pseudo-stem. The mean plant stature and standard
278 errors were calculated and used to determine heterobeltiosis using the formula:

279 Heterobeltiosis (%) = [(“NARITA” mean plant stature - “3x Grandparent” mean plant stature)/
280 “3x Grandmother” mean Plant stature] × 100.

281 Means of 3x grandparents were used to calculate heterobeltiosis of hybrids instead of their parents
282 as the parents are not suitable for consumption and therefore not ideal for comparison. Hence, the
283 type of heterobeltiosis calculated was grandparent heterobeltiosis.

284 Variance components were estimated using the mixed linear model with restricted maximum
285 likelihood (REML) method as follows:

286 Model=lmer (Trait~Block+Rep+ (1|Cycle) +(1|Genotype) +(1|Genotype: Cycle), data = data)

287 Broad sense heritability (H^2) for yield, bunch weight, and plant stature was estimated using the
288 formula:

289 Heritability = var (Genotype) / [var (Genotype) + var (cycle)/no. of cycles + var (Genotype:
290 Cycle)/no. of years for exp't + var (Residual)/(no. of cycles × no. of years of experiment)]

291
292 where var (Genotype) is the variance component of the genotype, var (cycle) is the variance
293 component of the cycle, var (Genotype: Cycle) is the variance component of the interaction

294 between genotype and cycle, and var (Residual) is the variance component of the residual. Since
295 the data were recorded for 3 cycles during a period of 3 years, the formula used was:

$$\text{Heritability} = \frac{\text{var (Genotype)}}{[\text{var (Genotype)} + \text{var}(\text{cycle})/3 + \text{var (Genotype:Cycle)/3} + \text{var}(\text{Residual})/9]}$$

298

299 **Genotyping using SSR**

300 To determine the effect of genetic distance on heterobeltiosis in banana, we genotyped the
301 advanced hybrids (NARITAs), their parents and grandparents using simple sequence repeat (SSR)
302 markers or microsatellites. Fresh young cigar leaf samples were collected from the field in Uganda
303 and shipped under the cold chain to the Institute of Experimental Botany, Olomouc, Czech
304 Republic. Leaf samples were lyophilized in Falcon tubes and stored at room temperature.
305 Approximately 20 mg of lyophilized tissue was crushed into powder in 2 ml Eppendorf tubes using
306 a tissuelyzer. DNA was extracted from tissue powder using NucleoSpin Plant II kit (Macherey-
307 Nagel, Germany) following the manufacturer's instructions. The concentration and quality of
308 DNA was assessed by a NanoDrop ND-1000 spectrophotometer. The working concentration of
309 DNA was adjusted to ~10ng/μl. Genotyping was done using 19 informative *Musa* SSR primers
310 following the protocol of Christelová et al. [48]. Two independent rounds of PCR were performed
311 followed by fragment analysis. Alleles for each sample were inspected in a GeneMarker v1.75
312 (Softgenetics, State College, PA, USA) and manually scored for presence (1) or absence (0) only
313 when concordance of alleles between PCR runs was observed. In case a sample showed
314 inconsistency in allele sizes between two PCR runs, a third PCR run was performed to confirm the
315 alleles. Squared Euclidean distances between genotypes were calculated using R software v3.4
316 [49] using the dist function provided in the package 'ape'. Hierarchical clustering was done with

317 the function hclust based on the ward. D2 method [50, 51]. Pearson's correlation coefficients
318 between grandparent heterobeltiosis for bunch weight and the genetic distances between parents
319 of NARITAs, genetic distance between NARITAs and their female parent's mother, yield, bunch
320 weight and plant stature were calculated. Also, Pearson's correlation coefficients between
321 grandparent heterobeltiosis for plant stature and the genetic distances between parents of
322 NARITAs, genetic distance between NARITAs and their female parent's mother, yield, bunch
323 weight, plant stature and grandparent heterobeltiosis for bunch weight were calculated using R
324 software v3.4 [49].

325

326 **List of abbreviations**

327 BW: Bunch weight; DH: Days to harvest; GD: Genetic distance; GM: Mother of NARITA's
328 female parent; HGP: Heterobeltiosis with female grandparent; PCR: Polymerase chain reaction;
329 SE: Standard error; SSR: Simple sequence repeat; Var: Variance; YLD: Yield potential

330 **Ethics approval and consent to participate**

331 Not applicable

332 **Consent for publication**

333 Not applicable

334 **Availability of data and materials**

335 The datasets generated and analyzed during the current study are available from the corresponding
336 author on reasonable request.

337 **Compliance with ethical standards**

338 Not applicable

339 **Competing interests**

340 The authors declare that they have no competing interests.

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350 **Authors' contributions**

351 MB, RS, BU, AB, HPH, MG and RO contributed to the conception and design of the study; MB,
352 VA and MN conducted the experiment and collected data; MB and MN performed the statistical
353 analysis; MB wrote the draft manuscript, while all co-authors contributed to manuscript revision
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367

368 **Figure captions**

369 Fig. 1. A cladogram showing clustering of NARITAs, their diploid ancestors (parents and 2x wild
370 grandparent, ‘Calcutta 4’), primary tetraploid parents, and triploid Matooke banana grandparents.

371 Fig. 2. Progressive heterobeltiosis for bunch weight in cross-bred ‘Matooke’ banana hybrids
372 (NARITAs), when grown together with their parents and grandparents in Uganda; A: ‘Entukura’
373 (3x female grandparent), B: ‘1438K-1’ (4x female parent) and C: ‘NARITA 17’ (3x hybrid)

374

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